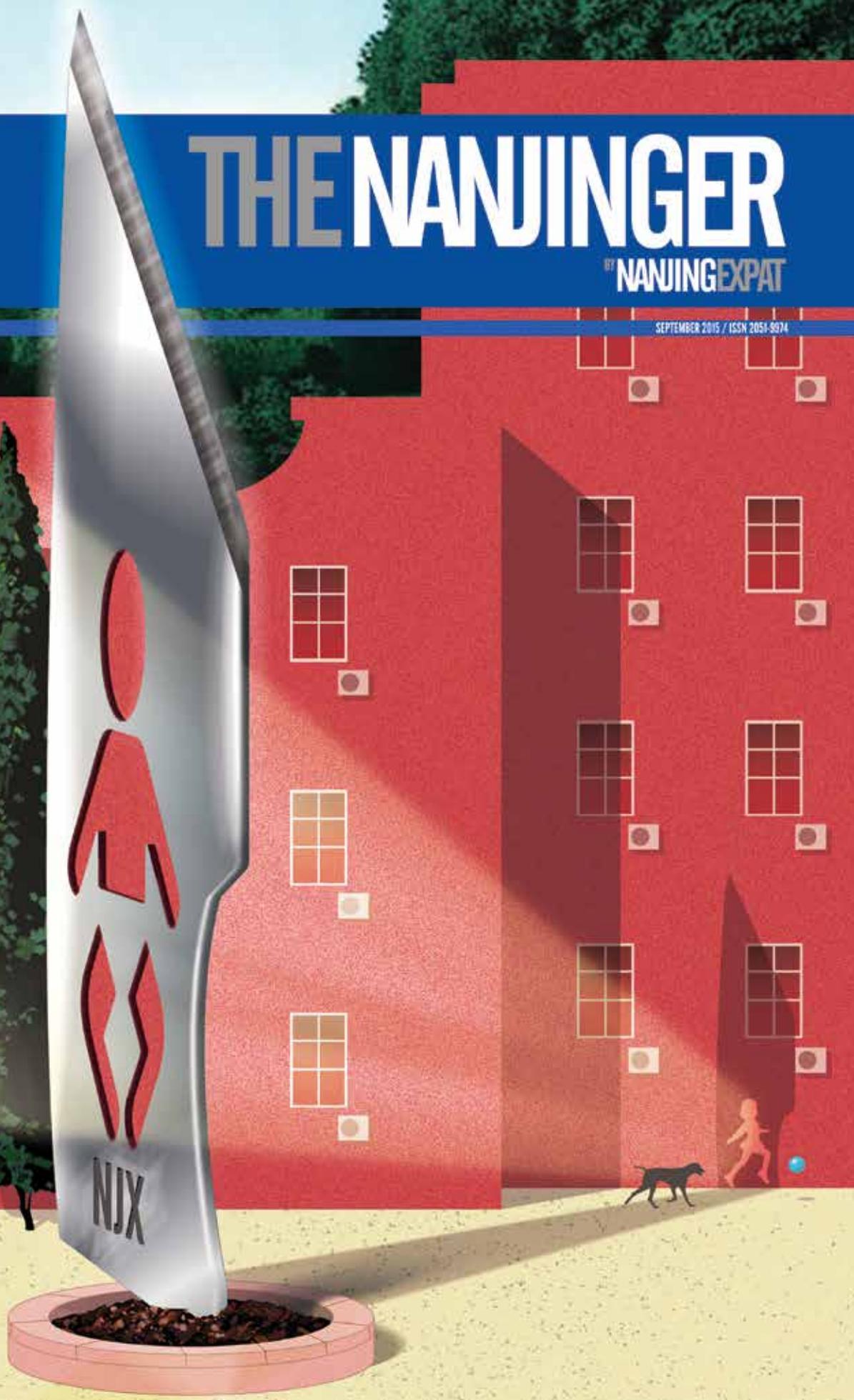


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BY NANJINGEXPAT

SEPTEMBER 2015 / ISSN 2051-9074





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Contributors 特约专稿人
Melissa Morgernstern
Laura Hellen Schmitt
Maitiu Brallaghan

Columnists 专栏作家
Alix Dearing
Andy Heath
Nick McBride
Rick Staff
Matthew Stedman
Steven Wallace

Editor-in-chief, Music Critic and Correspondent for Auto & Galactic Affairs
主编, 音乐评论家与汽车与宇宙事务记者
Frank Hossack 贺福

Creative Director
创意总监
Roy Ingram

Contributing Editor 主编顾问
Ken Ellingwood

Graphic Design and Layout 平面设计与布局
SinoConnexion 贺福传媒
Web: sinoconnexion.com

Client Liason Coordinator 客户联络协调员
May Mei 梅永陈
Marketing (UK) 英国市场
Menglei Zhang 张梦蕾

Legal Consultant 法律顾问
Ma Haipeng 马海鹏

General Enquires & Advertising: +86 25 84718617
English/英文: +86 13851522275
Chinese/中文: +86 15050527655

Email: thenanjinger@sinoconnexion.com

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Introducing some of our contributors, writers and editors

Contributing editor Ken Ellingwood is a former foreign and national correspondent for the Los Angeles Times and author of *Hard Line: Life and Death on the U.S.-Mexico Border*. He teaches Journalism at Nanjing University.

特约编辑 Ken Ellingwood 之前是《洛杉矶时报》的国内外通讯记者, 同时也是“死亡地带”的作者: 描述美国与墨西哥边境的生存与死亡。他目前在南京大学教新闻学。

Roy Ingram has over 25 years experience working as an artist and Creative Director. His early career was with agencies in London but for the past eight years he has lived and worked in Nanjing.

Roy 先生有着超过25年的创意总监和艺术家的工作经历。他早期的职业生涯是在伦敦的一家机构里开始的, 但是在八年前他决定来到南京生活工作。

Nick McBride is a strength and conditioning coach originally from the UK. A former athletic director, he specializes in coaching young athletes and is now Head Coach for the Xianlin Warriors. In his spare time, he obsesses about Newcastle United Football Club.

Nick McBride 是一位来自英国的体能教练。他曾经是一位经验丰富的体育指导员, 他目前作为 Xianlin Warriors 的主教练, 专注于训练年轻运动员。他及其热爱纽卡斯尔联足球俱乐部。

Rick Staff is from the UK and has 20 years cumulative experience as a wine trader, taster, and writer and was editor of 'Superplonk', the UK's popular wine guide, prior to moving to Nanjing in 2008.

Rick Staff 来自英国, 有着二十年丰富经验的葡萄酒商人、品酒师、作家, 并且是《Superplonk》的撰写者, 英国很受欢迎的葡萄酒鉴赏家, 于2008年移居南京。

Andy Heath spent several years working on various news desks of The Times in London before staging a daring escape overseas. Here in Nanjing, he has upgraded his title to Investigative Journalist, seeking out the amazing oddities that China has to offer.

Andy Heath 之前在伦敦 Times 报纸的新闻部工作过, 后来在国外呆了一段时间。现在在南京, 他作为调查性记者, 想深入了解与报道中国那些与众不同的神奇之处。

Legal contributor Carlo D'Andrea is Chair of the Legal & Competition Working group of the European Union Chamber of Commerce in China - Shanghai Chapter, Coordinator of the Nanjing Working Group of the Italian Chamber of Commerce in China and has also taught Chinese law (commercial and contractual) at Rome 3 University.

法律作家代开乐担任中国欧盟商会上海分会法律与竞争工作组主席, 中国意大利商会劳动集团的协调员与曾经在罗马三大担任企业咨询课程中中国商法、合同法的课程教授。

Our Editor-in-chief and Music Critic, Frank Hossack, has been a radio host and producer for the past 30 years, the past 22 of which working in media in China, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

贺福是我们杂志的编辑和音乐评论员, 在过去的30年里一直从事电台主持和电台制片的工作。在中国有近20年的媒体工作经验。工作期间他曾经四次获得过纽约传媒艺术节大奖, 分别是世界前40强节目奖, 最佳编辑奖, 最佳导演奖以及最佳文化艺术奖。

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Class of 2015

Hellen Wu studied at NIS
for 8 years.

She is going to
Cambridge University
to study Biological Sciences.

Her three words
to describe NIS are
"inspiring, challenging,
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This magazine is part of the Nanjing Expat family of English publications that together reach a very large proportion of the foreign population living in Nanjing, along with a good dash of locals, comprising:

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Death on Legs

As people from all walks of life descend upon Nanjing, The Nanjinger in this issue attempts to spread some light on an issue that is often uppermost in many expats minds as they arrive in a country, at least personally, hitherto uncharted.

From what could potentially happen in a local hospital, or being pampered by international healthcare providers, to what to expect if one finds oneself soon to give birth in the Middle Kingdom, these few pages could be the most important you will pick up here.

But, let us not be under any illusion. The Nanjing Municipal Government itself even makes clear through its promotional literature that the city is in many respects on a par with “moderately developed countries”, a fact easy to forget when shopping in Deji Plaza.

Therefore, when strife strikes, and we find ourselves in an untamed and disorderly queue at a local hospital, it may pay to remind ourselves that, it is what it is.

Welcome to Health Services from The Nanjinger.

The Healer

I had a dream: I was hard of hearing,
I wouldn't, couldn't listen
And he came to me
Thick bushy beard and tired eyes.

Wearily, he cleansed me,
Laying healing hands upon each ear,
Compassion clearly his
Second nature.

I sat, cursing my bad luck,
The need for his assistance
Then rose, embarrassed
By what people might think.

As I left the room
I heard the whisper of his goodbyes
Just before the door slammed
Shut.

And I never thought to thank him.

By Maitiu Brallaghan

Letter Of The Month

Dear Nanjinger,

We have just commenced our fifth year in Nanjing and are loving the experiences this opportunity is affording us. We love the city...and there's nothing I love more than to go exploring...so imagine my delight at your August article "Nanjing's Best Kept Secrets". Some secrets I was aware of, but now imagine my frustration when I tried to find one of these "secrets" for myself.

I was fascinated to read about the Air Raid Shelter. I looked on my map and found Yijiangmen, an easy location from my home. My family and I walked on the wall for a while and enjoyed the manicured gardens, before we went in search of "the small hill that lies due south and across the road from Yijiangman". Could we find it, or anything that resembled it? No. We were hot... and getting bothered. It looked like the secret was to remain just that.

Please Nanjinger, if you're going to put articles in the magazine that are going to entice us to explore, then give better directions, a map, or even in Chinese, so we have a better chance of finding what we're looking for!

Kind regards,
Zoe Felton

Dear Zoe,

Our sincerest apologies. After receiving your letter, we revisited the site, recalibrated our compass and found it to be south-east of Yijiangmen and not due south as printed in last month's magazine. We hope a stay in the Novotel will be of some compensation for frustrations endured.

Ed.

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GUIDING
YOU ON HOW TO GET THE
MOST OUT OF CHINA

Born in Style

By Laura Helen Schmitt

CHINESE OBSTETRICS

Each country has their own birthing rituals and practices that shape their health industry, influencing its very nature as well as bringing forth institutions hitherto unheard of in the other parts of the world. In China, one needn't look far to chance upon a unique combination of local characteristics; high-end, c-sections and "month centres".

As with many things in China, it has been the one child policy in combination with the rising middle class that have led to a substantial transformation of the pre and post-natal health care sector.

In terms of where and how to give birth, local standards have risen exponentially. This has led to the existence of what can only be termed luxury gynecologists. With only one shot at producing a healthy heir, families are happy to pay vastly for a high-end delivery experience in hospitals that increasingly resemble five-star hotels.

One such is the HSCYBele hospital close to Mouchou Lake. Taking inspiration from the American approach, one cannot help but feel that one has indeed stepped into the Chinese version of a US medical TV show, with the staff in their pink and purple nurse's scrubs. The entire hospital has its own eco-system including baby spa and

swimming pool, baby photography studio and rooms for pre-natal classes. The luxury chandeliers and gold-bespecked decorative items reveal quite a different approach than the sanitized, impersonal institutions with which one is familiar in Europe. In China, for a cost of between ¥10,000 and ¥35,000 the whole five-star experience is yours, including a 5-day post delivery stay and a nanny to show you the ropes depending on which set deal you order.

Back in America, the same equipment and service would probably be unaffordable, but in a society that values ancestry and familial heritage as much as China, nothing is too expensive when it comes to ensuring a smooth arrival in this world for the long awaited offspring. Gynecological hospitals, much like any other area in the Middle Kingdom, have been bling'd up in the latest fashionable equipment, be that medicinal or interior decoration-wise, for the ultimate birthing experience.

Smooth Operator; The Rise of C-Sections in China

Aside from the where, another aspect of birthing traditions that has been unhinged over the past decades is the how. The delivery process has, much like America, seen a stark tendency towards Cesareans. The trend of having one's

sterilized belly slit open rather than going the old fashioned route has spread through the country like wildfire. The WHO has calculated that China's Cesarean rate quadrupled in just eight years from approximately 5 percent in 1993/1994 to 20 percent in 2001-2002. Five years later, the figures had shot up to almost 50 percent in 2007-2008, putting the Middle Kingdom in the global lead for the highest percentage of birth by operation, an ominous title that is viewed critically by many international health bodies, first and foremost the WHO. Their recommended threshold for C-sections lies at 15 percent, while an operation is deemed necessary in merely 10 to 15 percent of cases worldwide.

A number of factors play into the popularity of the procedure, particularly the set-up of the obstetric care system and certain cultural factors.

Once again, the impact of the one child policy on today's birthing landscape should not be underestimated. The same logic that sees the mother checked in to incredibly expensive specialist institutions is a considerable driver behind the trend to cut. The go-to midwife for foreigners in Beijing known as MK explained to UK newspaper *The Telegraph* in 2013 how the fear that something could go wrong during the birth and the perception among locals that c-sections are the safer option is driving pregnant women to put themselves through the procedure. In addition, NetEase asked in 2010 "Why do so many Chinese mothers want C-sections?" suggesting that the one child generation is too afraid of the pain of vaginal birth, an argument with which some staff at HSCYBele and Beijing midwife MK agree. "Many women born in the 1980s and 90s - the ones under the one-child policy - ... are protected and more spoilt, they are not at all into suffering or pain," explains the medical professional up North.

Then there were those arguments to be found in the NetEase article that can seem a little "out there" to Western minds. For example, a common issue is that the parents-in-law decree, often with help from a professional fortune teller, an auspicious date for the baby's birth. A c-section is the logical conclusion in order to ensure everything proceeds according to schedule. Auspiciousness of certain dates can even go as far as to cause a

"c-section rush hour" as it were. According to local media reports, the number of operations scheduled before the Chinese New Year 2015, which rung in the year of the sheep, was uncharacteristically high due to beliefs associated with this Chinese zodiac. Sheep are seen as meek creatures with a docile character made for following others rather than becoming leaders, on top of which they are also said to suffer bad luck in love. Its predecessor, the year of the horse, on the other hand is considered very auspicious, resulting in parents and grand-parents rushing to hospital to make sure the next generation won't end up a bleating disappointment.

Reason number one for mums to choose the operating table, however, is more rooted in societal structures than superstition. "Because everyone else does it" seems to be the main consideration for Chinese women according to the NetEase report; in a collectivist society where fitting in with the masses is as important as the polluted air we breathe, the latest hype takes only a few days to spread throughout the entire country, c-sections are just another, albeit rather risky, game of "Keeping up with the Wangs".

The final reason is altogether more sinister, leading us away from cultural and on to structural issues with China's obstetric system. The fact that many doctors and nurses alike pressure young women into ignoring nature is a concerning but sadly all too common practice. Due to the high number of overall deliveries in China and low staffing levels in non-private hospitals, c-sections are the more time efficient approach. Reports cite a level of 1.5 nurses per capita, less than a sixth that of the UK. With natural births taking many more hours on average and being unpredictable in terms of duration, doctors prefer to take the operative route. Most importantly, though, the preference for the knife is further solidified by the fact that many physician's salaries are subject to bonuses based on patient volume as well as certain types of procedures. Not only do c-sections deliver a higher completion rate, in the Chinese medical system they also pay more. It is therefore of financial motivation when medical staff are quick to "guide" their patients down the route of an operation.

That being said, private hospital HSCYBele's Dr.

Wang insists that they favour a natural approach. “We look to steer clear from the operating table whenever possible. We even have a quota prescribed by the government we are not allowed to rise above.” While doctors might push less in non-public institutions, it remains questionable whether paying patients demanding an operation would be refused that request.

The veritable Cesarean epidemic is now at a point of becoming dangerous. With the loosening of the one-child policy, in the near future more women will be going through a second pregnancy. However, c-sections hold well-known risks for any follow-up pregnancy, considerably increasing complications such as potential hemorrhage, and therefore making a natural birth mostly impossible for child number two. After all, the fancy name does much to disguise the fact that this is a serious surgery with severe effects on one’s health. In light of this, experts the world over agree that something must be done to steer the Chinese populace in a more natural direction. How this will be achieved in the face of a system that rewards people for cutting is the real challenge the country will have to face in the near future.

Month Centres - An innovative health service

The local tradition of confinement, or sitting the month, as it translates literally, has given rise to an entirely new health service sector unknown in the West; the “Month Centres”.

The custom of Yuezi has been reported on by many a Western media. The accepted practice for women who have just given birth is to return to their home for a month of rest, during which time family members (mainly the mother, mother-in-law and other female relatives) would help care for the newborn. During this time strict rules are to be followed, especially in terms of diet, but also relating to physical hygiene, where in conservative families women are not permitted to shower for the entire month or even brush their teeth, though this is fairly uncommon in today’s modern age.

Living under the same roof as one’s in-laws is not a simple task to many, even under normal circumstances. Add a newborn baby to the mix

plus differing ideas of child rearing between two generations and conflict is almost inevitable, even more so since grandparents at an advanced age are likely not open to new ideas and often find they lack the patience for taking on a newborn full time.

This is without a doubt one of the motivators that led to the invention of the Yuezi Centres. Having come into existence in the mid-1990’s, the luxury confinement centres have been steadily growing in popularity as an alternative to having mum-in-law move in. These institutions, of which a few can also be found in Nanjing, are staffed with a variety of health professionals whose job it is to take care of mother and baby for this critical month after birth. Post-natal care medical staff, nurses, pediatricians, nutrition experts; a host of medical personnel is on-call for fresh mothers 24/7, while they rest-up in their luxury suites.

An argument in support of this latest health trend is over the many rules that need to be obeyed during the period after birth, be they in relation to the mother’s food intake or basic training on how to take care of the little human being one has just produced. Pre-natal classes, though on the rise, are not as integral a part of Chinese culture as they are in the West. Here, once again, the one-child policy rears its head as there are no older siblings who needed care; as a result fresh parents are unprepared for the obligations that come with a newborn.

Yet, the Yuezi centres are facing criticism for their approach of taking the child away from the mother as soon as it screams, which has adverse effects on mother-child bonding. Even at HSCYBele one cannot help but notice how it is the nanny that carries around the few days old newborn in her arms, while the mother strolls leisurely alongside them.

A possible lack of bonding though has done nothing to stymie local’s enthusiasm for the overpriced institutions that in Taiwan charge around ¥3,000 per day. The 21st century Chinese, however, seems to feel more secure with the help of an army of professionally trained people than the household remedies of an older generation. 

HELP!

.....



**WHILE
ABROAD,
TREAT
YOURSELF!**

By Melissa Morgernstern

Despite teeth-grating airport security, Twitter-worthy traveller bad behaviour, and the occasional horrific lost-in-translation story, travelling and living abroad continues to be an eye opening, social media brag-worthy blast. Things can take a turn for the worse, though, when you are abroad and fall sick or just plain-old fall with a broken leg. Questions such as where to go, what to bring, will the insurance cover this and will I be safe, may be racing through your mind as your body seizes up with pain or fever.

Thus is explained the popularity of international standard healthcare providers among expats in China, offering a top-notch level of care and an environment that would soothe any vexed nerve or serious ailment. Away from the foreigners, as China's middle class and wealth continues to grow, so does the demand for international grade items and services. Outfits such as International SOS provide a wide variety of nationalities with individualised and comprehensive healthcare. Customers can expect low wait times and visits with international, high level physicians on an appointment basis. In a country such as China, long lines, language barriers and inconsistent treatment can be common and quite dangerous to individuals who are unfamiliar with the system.

According to Irina Mach, Marketing Manager for International SOS China Clinics for the past five

years, China's population has responded positively to the increasing availability of private international healthcare options. With a BA in Chinese and German Languages and a Masters in International Business, she comments, "Clinics like International SOS are very different to the hospital-based system that is common here. The personalized service and comprehensive, holistic approach to medical care is a growing need in the market". The broad message is that clients, both international and Chinese, are not just looking to treat their symptoms; they are looking for a complete and long term approach to maintaining a high level of overall health.

In addition to a more comprehensive line of treatment and services, private international healthcare offers faster access to highly experienced medical professionals as well as waiting rooms that are quieter and less crowded. Doctors in these facilities are able to take the time to get to know their patients as well as focus on individualised preventative care. This extra time and care also allows doctors to work with patients to identify risky behaviour or external elements that may negatively influence one's health. Although international private healthcare may stray from traditional Chinese healthcare facilities, services fall in line with Chinese medical practices as well as what is important to Chinese medical clients. Mach, who also previously worked for the Australian Chamber of Commerce in Shanghai, states, "We are expecting international private healthcare to continue to grow in China as

patients demand easier and faster access to doctors of choice. Patients are increasingly looking for the personalised comprehensive care that a private facility can provide. China has always had a strong focus on preventative care and international private healthcare fits into this demand”.

While the demand for international private healthcare is on the rise, obstacles still exist in the form of traditional perceptions towards general practitioners and diagnoses. In China, self-diagnoses are much more routine than visiting a general practitioner or family doctor. As self-diagnosis can be inaccurate, individuals can sometimes act on misinformation, which will lead them to a doctor whose specialty may not match their actual needs. That is why having a regular general practitioner available is so important not just for one-off ailments and aches, but for one’s overall health over the long term. The situation becomes acute where one has multiple health issues, perhaps necessitating several specialists. Part of the job of a GP is to ensure these specialists are not working at odds with each other.

As international private healthcare facilities have continued to grow, so have Chinese facilities continued to expand their offerings to both the Chinese and international public. Chinese hospitals in larger tier one and two cities have been building international wings to provide healthcare service similar to that of private international clinics and hospitals. However, the competition is at present unable to provide the wide-ranging services and care

that international clinics and hospitals already have in place. Mach elaborates, “International VIP wings have been around in China for many years, they still face the same challenges around being able to choose which doctor you see and focus primarily on specialist care and not on comprehensive health and well-being.”

Having spent quite a bit of time as both an expat in China and an employee of International SOS in China, Mach has plenty of good advice to offer newcomers to China who have questions about where to go and who to see for their general well being and emergency health needs, “For expatriates, culturally the Chinese health system is very different to what they are used to. It is largely hospital based and there can be significant language barriers. Our advice is that any new arrival to China should identify a facility that they know will provide comprehensive healthcare that they understand.” As the system can vary widely from what international visitors are used to, people should look at the differing health care options before entering a new country. Finding a trustworthy doctor is also very important for anyone considering the big move. Community referrals are especially helpful, and visiting the facility is an especially good move when in the midst of making a decision. For those individuals with pre-existing conditions or who are continuously taking medication, they should see a doctor as soon as possible to help the doctor become familiar with their condition(s) and so they can monitor any changes that may occur while under their care. [NIX](#)

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Doc+ or doc+or, please.

By Frank Hossack

In came the doc, accompanied by a small troupe of medical students who had pounced on the opportunity ever since discovering there was a foreigner in the hospital a few days prior. I was hoping to be out of there that very day and thus turned my line of questioning towards the medical professional. “So, I’m into swimming, you know? I know I have to wait but when do you think I can go swimming again? In a few weeks, or a few months?”. Her reply came, “Never”.

A lot in China operates en-masse, be it going home for Chinese New Year or lunch at 11, group tourism or “ooh, look! It’s a foreigner!”, the “in it together” mentality instilled by Mao still pervades every aspect of society. The health services sector is no exception. A visit in the early evening to any little medical clinic, often found outside community complexes (小区) and many major hospitals will reveal hosts of people sitting around on an intravenous drip (挂水). En-masse, both the medical profession and the populace enjoy a steady alliance whereby IV therapy is believed to be a miracle cure for countless ailments.

The scenario reminds me of the now-ancient hit BBC TV series “Blackadder”, set in Early Modern England, and the episode entitled “Bob”, in which the leech is regarded as the preferred treatment for every imaginable affliction, having being recommended to the medical community by the very highest authority, one that incidentally was also the owner of the largest leech farm in Europe. That many a hospital in China are also stakeholders in saline solution companies may be not a coincidence.

My own internment at the People’s Hospital on Guangzhou Lu was in late 2007. Beginning though a week earlier in Shanghai, the whole process (at least now) serves as an interesting study, no leeches required, in the approach of different cities/provinces/municipalities as regards China’s healthcare services in the treatment of foreigners requiring medical attention. As luck would have it, I was in Shanghai for the weekend, but had not expected to be taken to a random hospital with acute difficulty in breathing. Staff assisted me onto a gurney in what amounted to the entrance to the ER while they (very openly) debated what to do. While it was dawning on me that this particular facility was not going to treat a person from a country other than China, arrangements were in fact being made to allow one of the hospital’s ambulances to be assigned to transfer me to a medical institution permitted to accommodate and treat non-Chinese nationals.

Arriving at said facility (sirens blaring; nice touch, thank you), I am fairly sure my breathing difficulties increased upon observing the relative lavishness of the surroundings and the likely price tag attached. Still, perhaps the upside would be a high standard of health care. Despite internally vowing to leave the facility in the next hour with a dose of medicine in my pocket, instead, I found myself in a hospital bed occupying a quiet, clean and pleasant room, decorated in largely pastel shades of pink, designed for two patients (the other bed being empty), diagnosed with a severe case of Pneumothorax; collapsed lung in layman’s terms. I wasn’t going anywhere, and for quite a while by the looks of it.



Then, the big wait. One can only sit and try not to notice the family crisis evolving a few feet away, the uncontrollable sobbing in one corner, the forlorn looks of those grasping their own drip that speaks of their being there for almost forever in another, while centre stage in front through an open door, those just promoted from the queue consult the medical professional resigned to having process, consult, diagnose and cure all that lay before them, by 11. They are watched by those next in line, who are already in the consultation room, hovering, not entirely unlike vultures.

Assuming death is not in the near future, said professional will hesitantly prod their computer with data supposedly associated with one's condition. A dot matrix printer will exude a piece of paper on which is one's assigned medication. Please now proceed to the pharmacy, collect a number, and wait some more.

Back in Shanghai in my luxury boutique, a kindly young gentleman of a doctor gingerly approached and explained the procedure about to take place. A chest tube was to be placed between my ribs into the space around the lungs to help drain air and allow the lung to re-expand. The tube would need to be left in place for several days. All nice and clinical.

Taking a long needle like object, he proceeded to insert it into my chest. I prefer the term "stab" as he had to have three goes at it before succeeding. No kind of anaesthetic or pain killer was administered beforehand. It was all I could do to not punch him across the room. Two days later he was back. "The tube is not in the right place. We need to move it." Only after a very healthy dose of morphine injected into my rear did I oblige.

The Heath care industry in China undoubtedly faces many a challenge, but it is the infant care sector where the obstacles are arguably epidemic in nature. Witness the daily gridlock on Nanjing's Guangzhou Lu as cars queue interminably for the right to bring the love of their life to join the masses inevitably assigned that IV, or those on foot as they risk life and limb crossing the street to exit or enter the hospital with a newborn so swamped in blankets they are unable to see ahead.

While there are in China very real world factors at play; hygiene, diet and pollution being likely at the top of the list, there nevertheless remains a mentality that a sick child is best cared for in hospital, no matter the ailment or potential pitfalls in getting there. The argument, "it's just a cold; stay home, rest and drink lots of orange juice" is no dissuader.

Back in Shanghai, I'd had enough of my lavishness. Or to be more accurate, my bank had had enough. Requests to my employer to cover part of the medicare costs had fallen





on deaf ears; they rightfully pointing out that I had chosen to have social security payments (that also contribute to health care costs) to be paid to me as a pep to my salary; a given for almost every foreigner working for a Chinese entity. What on Earth good is a pension in China? Or so the argument goes.

Family, however (ever the godsend in China) had stepped in, and had managed to secure me a place at the aforementioned People's Hospital, a bit further west on Guangzhou Lu here in Nanjing. And so our little entourage set out by minibus, with me clutching the pipe in my chest that ended in a bottle resting, not entirely indiscreetly, in an H&M paper bag.

It was good to be home. Kind of. In said hospital I found my new digs to be the centre one of three beds in what ranked as somewhere in the middle, financially, of what the hospital had on offer. With my roommates, accordingly to my hazy memory, in a somewhat worse condition (one of them worryingly and inexplicably disappearing in the middle of night two), and a regime that was breakfast at 5 and lights off at 8, I set about issuing instructions on the preparing of scrambled eggs in the room's microwave, and filling an iPad with movies and episodes of "Absolutely Fabulous" that could send me to the land of nod, way past bedtime.

What followed was largely routine. Three days later, he pipe that I had somehow become quite fond of, was removed; the small incision receiving a disappointing three stitches, and I was discharged. The stitches were taken out a week later at a small medical facility that services the local elderly and employees of a large state owned enterprise for which a family member had toiled most of her life.

None of this has left me disillusioned with China's health care services. Quite the contrary. On this, and quite a few other occasions, when I have been in need of medical attention in China, I have received what I can term very adequate healthcare, given a system over-reaching in the least, served by a team of doctors, nurses, orderlies and technicians who do so with a smile on their face, despite their acute awareness of the challenges ahead. On a lucky day, one only has to visit a medical facility at the right time, when the queues are small and the doctors are more than happy to chat; they will ask you how you are, inquire after your family at home and what you do, and be, well, like any doctor in what we love to call, our developed countries.

But yes, I've gone swimming ever since, when ever the opportunity afforded itself. En-masse is going to have to join the line, for now, for me at least. 





Capitalizing On Your Strengths

YOU WILL BE RIGHT HANDED!

Adrian is left-handed, but he does not know it. Raised in a culture that says left-handed is bad, he was told he was right-handed his entire life. Adrian, and others like him, have spent their lives trying to be something they are not. They compensate for a weakness (using their right hand) instead of capitalising on a strength (using their left hand). This can result in frustration, inefficiency and even lack of self-confidence.

Adrian finally had an “Aha!” moment at the age of 22, when he learned that he was, in fact, left-handed. He now understood why his handwriting was worse than his classmates, and why he couldn’t play tennis as well as his friends. By then he was comfortable using his right hand for everything, but the knowledge that he was left-handed was liberating and gave him new understanding and clarity about himself.

WHAT IS YOUR “LEFT-HANDED” TRAIT?

We all have “left-handed” traits, things we are naturally good at because it is who we are, yet for a host of reasons we ignore our gifts and focus on trying to be something we are not; using tremendous effort compensating for our weaknesses. It is not just in pursuit of self improvement or being well-rounded that we do this; there are roots in pride and jealousy as well. “I want to be more like Jeff because he _____ (fill in the blank)” and “I’m good at everything I apply myself to” are surprisingly common thoughts that prevent us from refining our own strengths and depending on the strengths of others in a healthy way. We mask jealously as admiration and pride as personal development.

TOOLS FOR THE TOOLBOX

When it comes to business opportunities, we can be remarkably systematic analysing them and determining their pros and cons. We consult outsiders for expertise we do not have and take advantage of countless tools (e.g. SWOT) for the entire process. Yet it is equally beneficial to develop a toolbox for looking inward at ourselves to determine our own strengths and weaknesses. Thankfully, such tools exist. StrengthsFinder, Myers Briggs, DISC and other resources can provide profound insight into

who we are, especially when combined with life experience, intuition and personal coaching.

There are lots of personality assessment haters out there, but their reasons can usually be traced to an unwillingness to admit their weaknesses or a misuse of the tool.

You cannot take a 30-minute test online and have a scientifically provable and comprehensive understanding of who you are. There is a reason 1.5 million people take Myers Briggs annually and more than 10 million have used StrengthsFinder. They add value, helping us understand why we behave the way we do, how we interact with others, and much more. Used properly, “Aha!” moments are common.

A personal “Aha!” moment was when I understood the nature of my extrovertedness. I never understood how I could feel extroverted yet dislike all situations involving people unfamiliar to me. I thought I was introverted because of my natural response to these situations, yet I loved being around people all of the time... as long as I knew them well. It was only after understanding my personality type through Myers Briggs that I connected the dots and understood this part of me. I love cutting through the clutter, going deep quickly, and can go for hours. I now understand myself better and how I relate with the world around me. In particular, I learned to avoid environments where I am weakest and seek those where I thrive.

UNLEASHED TO THRIVE

If I want to thrive, really thrive, I must stop comparing myself to others, lay down my pride, learn my strengths and weaknesses, then leverage my strengths and surround myself with others who are strong where am weak.

Steven Wallace is Director of Operations for Chrysalis Consulting, a Nanjing based firm that helps transform teams using strengths-based leadership principles. Contact him on wallace@chrysalisasia.com 



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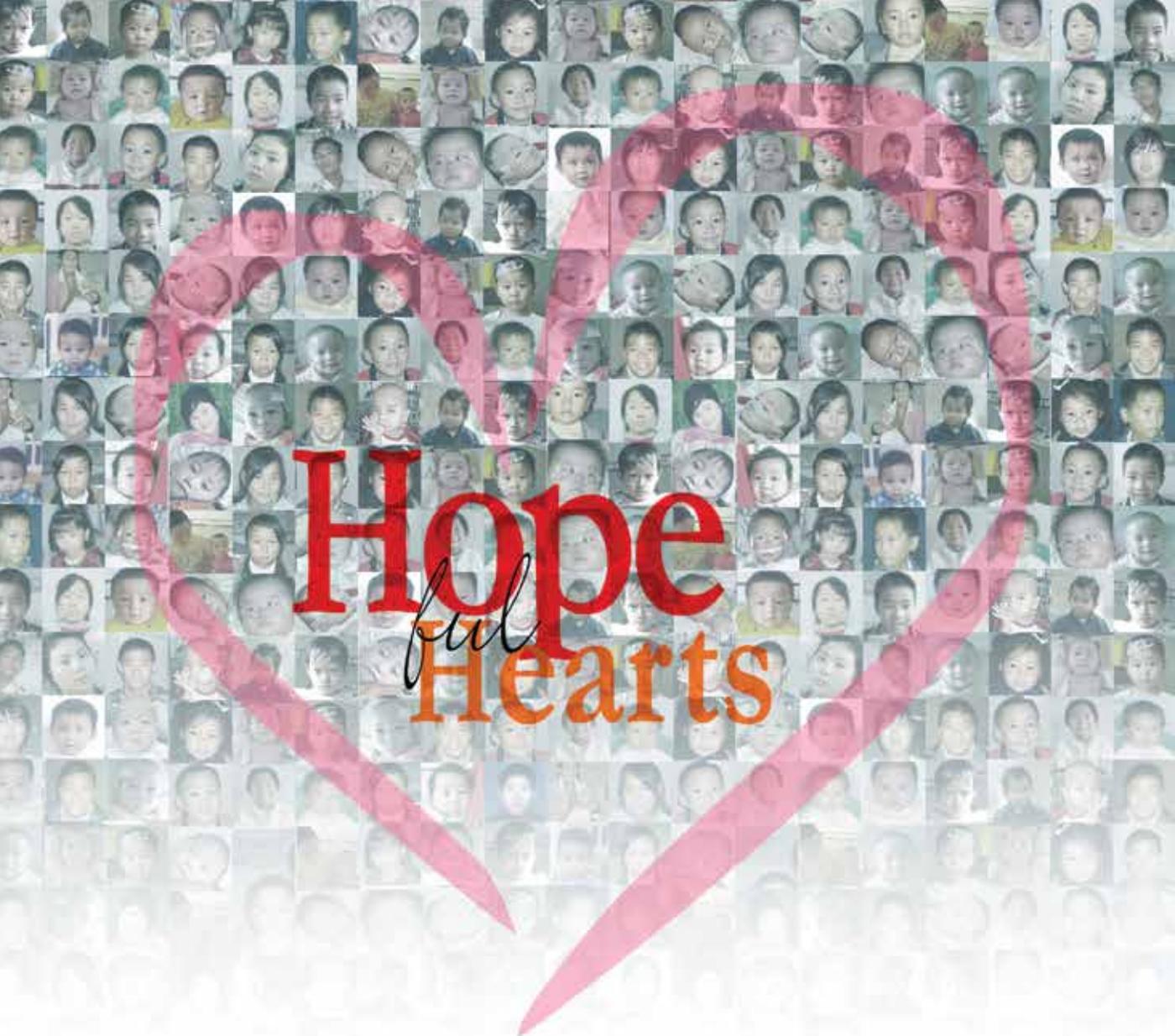
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Stocks & Shopping



Like buying stocks and shares, you knew you didn't need it, but just couldn't resist. Branded, high end shopping tourism; the nouveau riche demand for luxury fashion brand names sold in Mandarin friendly Outlet Malls such as Bicester Village in the UK, is a mainstay of the global tourist industry. But a perfect storm could be brewing. The combination of a) the need to boost domestic consumption, b) a change in the shopping aesthetic from the foreign luxury brands bought by the super rich to cheaper fashion lines appealing to the young, and c) the shock falls of the Chinese stock market of late, could lead to a reversal of this trend. The question is, will Chinese shoppers continue to take their spending power overseas? And will there be any change in the type of goods bought?

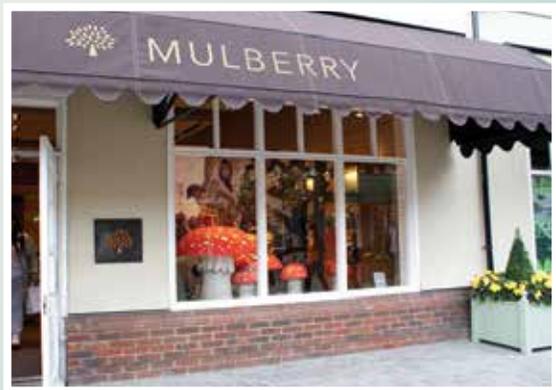
Coveted brands such as Burberry, Lauren, Prada, Chanel, Louis Vuitton and Dior remain desirable. As Shanghai resident

Qui says, "Although these luxuries are not the fashion in season, for most Chinese, just to own one luxury fashion item is more important than what it is. With economic growth, the middle class is expanding, and though they have low brand cognitive, they have more desire to squander money to impress their relatives. Bicester can provide a Chinese shopping guide in almost every shop and Chinese people can use their China Union Pay card. The middle class can get better service, quality guarantees (no fakes), and cheaper prices (including tax return)". This solves, for me, one of the big economic mysteries; why Chinese people travel to the UK to visit an American style Mall, in an Oxfordshire field, to buy something made close to where they live.

As a UK expat, the sight of a t-shirt in Shanghai railway station last year with a price tag of ¥1,300 was enough for me to get out the smelling salts, given the equivalent price in a chain store like Topshop in the UK would be a tenth of that. The price gap is due to three factors. The first is the high consumption tax in China. In the Chinese market, the average price of imported luxury goods is 45 percent higher than that in Hong Kong, 51 percent higher than America and 72 percent higher than France. Secondly, China has too many logistic processes and at each level the

price rises. Thirdly, the pricing policy of these luxury brand companies is based on profit maximization. In other words, pricing is made by brands not manufacturers because the design copyright, raw materials and runs are strictly controlled by that brand.

But there is change in the air. Enter, in 2013, Beijing-born Masha Ma, only 30 years old and fresh from her Fashion course at Central St Martin's in London followed by an internship with celebrated fashionista Alexander McQueen (his retrospective is now running at London's Victoria and Albert Museum). She aims to build China's first truly international designer brand and has opened two "MA by MA" boutiques in Shanghai with plans to open around 100 more in China, and this in addition to producing her regular couture collections for Paris Fashion Week. After years of consuming foreign luxury brands to beyond saturation point the Chinese zeitgeist is now for inventing (not copying) home grown designs. The government crackdown on the "gift culture" and corruption will also play a part in the decline of the Luxury Brand. Finally, in June 2015, China signed the Free Trade Agreement with Australia; goods can be imported at zero tax rates. Qui says, "I think with this agreement, we will be able to buy true, safe and cheap products at a much lower price in the future".



The rich over-35s, dubbed the "Bling Dynasty" by the USA banker turned author Erwan Rambourg, need to buy home grown products and spend less money globetrotting to find the Holy Grail of the brand. Stocks can go down as well as up, and many of the super rich, as well as ordinary people, are discovering this truth as they watch their savings decline. Fashion shopping habits will change. Chinese people like shopping abroad but they will be more sensible. People need to buy what they really want, what they can use, and not waste money on totems of success. Younger age groups are the future, and what they really want are the low cost popular ranges like Topshop offers in the UK. Will this be Masha Ma's next move? **NIX**

Government delivered by Premier Li Keqiang, the term Entrepreneurship was mentioned for 17 times. The government tries to remove every threshold for people, especially college students and graduates, to start business. Startup costs have been decreased to a large extent since requirements on minimum registered capital was scrapped in 2014. Small and micro businesses pay the minimum of one yuan to register and get tax preferences as well.

“All local governments are ‘catching fish,’” says Gu Hongyu, the president of Student Association of Innovation and Entrepreneurship in Nanjing University.

He introduced a program in which governments and enterprises come to the university every year to initiate entrepreneurial project in search of good teams and ideas and invest money to them.

Gu visited a team researching and developing intelligent trash bins several days ago. Those trash bins could call sanitation workers automatically as soon as the bins are full. This entrepreneurial plan attracted a lot of attention in a business plan competition, so the team reached the minimum standards to apply for an office in Zidong Creative Park – a business incubator supported by Nanjing government, charged only a small amount in utility fees.

Like this team, innovation has shown its power in this new wave of entrepreneurship. “China is famous for copycatting, but I believe indigenous innovation will emerge in large numbers,” said Gu Hongyu. Referring to Silicon Valley as a role model which has also seen cases of plagiarism, he believes that with a large number of patents in hand, Chinese entrepreneurs could survive in the competition and finally catch up.

High technology is now the high ground that many Chinese young entrepreneurs compete to seize. “Make ordinary extraordinary.” It is the slogan of CrabxLab companies which were established by a bunch of geeks and design thinkers. Liu Weichao, once a core member of Learning Humanoid Robots Group in the University of Bonn, Germany, founded CrabxLab in March 2014. He shared his experience and ideas with young entrepreneurs in a sharing activity on May 24th 2015.

The core concept of CrabxLab is the Internet of Things (IoT), which means connecting things through the Inter-

net and Artificial Intelligence to make life more convenient. They are currently developing a kind of chip which could send signals stronger and farther than the normal GSM base station. It is the first step for them to create their world.

“We are making cars,” said Liu, using a metaphor indicating that his company is a pioneer like the Ford Motor Company which reformed the way of transportation by making the world first car. Showing a picture of a red small cottage on screen– the Hewlett-Packard Development Company, the origin of Silicon Valley – as well as pictures of garages that have bred Google and Apple, Liu believes his company could make ordinary extraordinary as well.

But there are also some difficulties in starting business. Yuan Rui, a sophomore from Software Institute in Nanjing University, showed both his desire and hesitation in starting his own business.

“Students in our institute have a high employment rate,” said Yuan Rui. “It’s difficult for us to give up jobs with decent salaries to start business which is uncertain.”

He attended a business workshop named “Chuang Ke Dream Factory” sponsored by Youth League Committee of Nanjing University and was encouraged to stay in the workshop, because programmers are desperately needed in many teams in web 2.0 era.

This workshop was set up to help new starters by providing special guidance from experienced entrepreneurs in other fields. Attendants will have opportunities to become interns in creative corporations such as BizArk, a leading E-commerce enterprise, to learn from veterans before they eventually start businesses.

“I was excited when I saw this activity,” said Zhang jie, a graduate student in the School of Social and Behavior Science Nanjing University, who also attended the workshop. She ran a milk tea shop with her friends during her undergraduate years, but it was transferred to other people when she decided to attend the Postgraduate Entrance Exams.

“The desire has long been stored in my body,” she said. “Now it’s time to break out.” 

“Chinese Dreams” stories grew from a month long journalism workshop for students at Nanjing University’s School of Journalism and Communication that explored the lives and attitudes of young people in China, directed by Visiting Fellow Ken Ellingwood. Written in the students’ second language, the pieces have undergone limited editing by The Nanjinger for grammar and style, but otherwise appear as submitted. More can be read online at www.nanjingexpat.com. The series runs from August 2015 to June 2016.



LET'S GET PHYSICAL

By Nick McBride

What do running and baijiu have in common? "Oh no...no, I can't run see...it's my *insert body part of choice*" "OOOOhhh running. Yeah. NO. I don't do that. It makes me really out of breath." "I never run with scissors. Actually those last two words are unnecessary." I saw that on a T-shirt once.

Running is somewhat in the Marmite category, or to give you a Chinese alternative... err, I'm gonna go with baijiu here, or foot massages maybe. You either love it or, you hate it. Mostly, people hate it because it brings back hideous memories of compulsory Cross Country at school, it may you feel awkward or unsuccessful at it, or it hurts. So similar to the reasons why you might hate baijiu really, if you went to a school like mine anyway!

Here is something that may persuade you to try it (running, not baijiu) More than a handful of times, it gets results quicker than any other exercise I know. You get some serious bang for your buck here. One of the things that will eventually draw you in - and it will if you let it - is that you will notice progress quickly. This week you may be running for 2 minutes then walking for 2 minutes. But the third or fourth time you try it, you will notice it's easier and so you find yourself running for 2 minutes and walking for just 1 minute.

Eventually, you'll want to try out some new things; a new route, some intervals, some hills. You'll want to get faster, and by New Year's Day you'll be such a pro that you'll be like any other smug runner "I simply MUST go for a run, you know... sweat it out, feel alive. Now where is my new Christmas Garmin?" Some of you will be reading this and be thinking "No way, not me", but I tell you, running can become physically and mentally addictive.

I'll let you into a wee secret. I am not built for speed. If runners were dogs, I would be a St. Bernard. I've got it all going on; serious body hair, ungraceful motion, tongue flapping in the wind. I go through trainers like

baijiu drinkers go through Alker Seltzer. As I approach the treadmill, facility managers tremble with fear at the maintenance bill of the machines. But I don't care, because once I have my earplugs in and Taylor is telling me to "Shake It Off" I feel I can conquer anything, and you will too... you WILL!

Now we're all travellers at heart here too, right? Running, can take you anywhere and as far as you want to go; from a fun 5k Colour Run in Shenzhen, to a 10k in Shanghai, to a half marathon at Angkor Wat, to the Marathon Des Sables. I defy anybody to train themselves up for a local 5k run, to cross the finish line and say "naah... not for me. I think I'm gonna head back to the stationary bike with my magazine - or maybe I'll try that walking backwards thing?" Not happening!

So, to get started, find your level. Do you need to check yourself out with the doctor first? Be sensible. Start easy, aim to run for 2 minutes and walk for 2 minutes for a total of 20 minutes, three times a week if you are a real beginner. If you find that easy, research a 5k training plan online. There are hundreds of training plans out there designed to push you just enough. I found one called "From Sofa to 5K", there's definitely one out there for you is what I'm saying.

All the other sensible things apply: if you are running outside, especially at the moment, consider early morning or late afternoon, stay hydrated, check the pollution levels. If you're treadmill bound make sure you have one hell of a playlist to keep you going - you don't want to be fiddling with your iPod half way through trying to skip Celine, lose concentration and whizz off the back of the mill. Not cool and not likely to see much action for your gym fee thereafter!

And remember, unlike baijiu, the run never takes more than it gives. I got that from a T-shirt too. 

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17-19	Exceptionally Good
20	The Apogee Of WINE EXPRESSION

Recompense for sacrificing one's liver, and more visibly midriff, in the cause of disseminating gustatory enlightenment over the years, is the tendency for friends, and acquaintances, to put on a bit of a show when they think you know something about wine. The sudden production of a flight of prominent Burgundies, weighing in at the best part of a thousand pounds on a conservative estimate ("you're into this aren't you?"), and an adroit choice from the loftier end of the wine list where the Sauvignon Blanc in question melded perfectly with the clearing evening skies above Graz are recent examples, and never occasions subject to any faux modesty on my part. The most lastingly useful gratuity this summer though came via the more modest courtesy of an earnest Oxford chemistry lecturer, who, after some carefully composed Rioja comparisons over the main dish (along with some authoritative evidence, at the molecular level, to support my theory of never using cheap wine to cook), produced a properly sweet wine to pair with dessert, sharply reminding me that this has been an area of neglect of mine in recent years. It proved an important moment, as so satisfying was the intricately honeyed apricot of the second label Sauternes (when that which is considered a lesser vintage goes out undercover) that I pushed the meringue to one side.

This restraint on pud is not the fatuous nod to calorific indulgence it may at first appear; it marks the turning of a new leaf. The benefits of a regular intake of wine are increasingly acknowledged, especially with regard to cardiovascular health, but just as compelling is a new, sobering, report from the Harvard School of Public Health which finds that drinking alcohol every day, in moderation, reduces men's risk of developing diabetes by a weighty 36 percent. Also take note of the findings in The Archives of Internal Medicine where responsible drinkers of alcohol are found to be indeed thinner, on average, than people who stay off alcohol altogether (though it is sketchy as to explaining why). It is important to drink, therefore, even though there is a great deal of evidence to suggest that excess intake of any kind will result in ballooning to unfeasibly large proportions, and is bad. So, taking a holistic approach to the research it can be concluded that wine for dessert, and not with dessert, is the way forward.

"Properly sweet" refers to a wine hewn from the practice of letting the grapes hang on the vine and literally rot. Noble rot, as it is known, is revered enough a category to have had its own conference termed, with a flair for marketing typical of most of the wine world, the Botrytis Forum. It sounds like an infection, and it is. The most famously infected come from Bordeaux's Sauternes region where the unappetising looking mould, botrytis, sets about its work on very ripe grapes and, subject to the whims of weather and human skill, will turn all to nectar, or possibly just rot. It's a risky and expensive business which is why a Château d'Yquem, a celebrity of the region, can set you back thousands.

No such rot with the following where a richly flavoursome Muscat de Saint Jean de Minervois, from the tiny southern French village of the same name in the Languedoc-Rousillon area, can be found at BHG for ¥198. Aromatic with deliciously sweet citrus fruit in abundance and a zing of clean lemon make a very complete post prandial fist of things (16.5 points). Not to be outdone Auchan has a dependable old friend in the shape of Brown Brothers Orange Muscat and Flora 2012 (37.5 cl) for ¥103.5, where a bouquet of fresh orange gives way to a delicious soft mingle of lemon and pear, all cloaked by a sweet warmth which finally reveals a trace of firming citrus peel at the finish; no finely chiselled d'Yquem this is much more round and Rubenesque with a mouth filling opulence which emanates through and through on every sip, and so resoundingly plump and rich it is, you will need only half a glass at any one sitting, thus you could even pour a little over some ice cream and still feel smug in the knowledge that you are doing the right thing. Now that's a sustainable diet (17.5 points). 



SECOND GLANCE

With Andy Heath

Additional reporting by Kelly Zhang

Almost every night of the week, beside Xuanwu lake, the platform from which an emperor once reviewed his navy, undergoes a transformation. It begins slowly, people drifting by in ones and twos, chatting to each other, sipping bottled tea. They are a wide range of ages and are wearing an even wider range of clothes. Menswear goes from sagging vests and t-shirts rolled to the nipples, through vivid golfing gear to dress shirts with ties. Women sport hot pants, dungarees and party frocks, teamed with everything from gum boots to stilettos.

When the crowd reaches a dozen or so, they start limbering up in earnest. Legs are stretched, limbs are swung. Two men arrive trundling a pair of massive amplifiers on folding metal trollies and source power for them from somewhere. The crowd hits around fifty, the sun sets and dozens of coloured fairy lights wink on, their reflections skittering and rippling on the water. And suddenly things begin to happen, music booms from the speakers, first a waltz, then salsa then a march. Couples come together, as many pairs of men or of women as there are mixed doubles, and dance, joyously and unselfconsciously.

Unlike the square dances that pepper the city, there

are no tight rows, no synchronised routines, no numbing pop. This is a ballroom, open to the night sky and all comers.

I try to start a conversation with a couple of older guys, sitting out a tune, smoking cigarettes, laughing and surveying the scene. "What do you want to know?" says one. "Are you going to ask us to dance?" adds the other and they dissolve into giggles. They insist that they are too new to dancing to answer any questions and, as the couples glide to a halt, direct me to a tall man who is elegantly bowing thanks to his partner.

Mr Zhou is dressed in a black t-shirt, black trousers and leather sandals. He is excited to see a foreigner at the dance, even more so when he finds out I'm English. "Hobby dance began in England," he tells me. "Before, you had to be very skilled to dance. The English changed it!" He tells me that dancing is an excellent way to keep fit, as good as tai chi, which he has practiced for forty years. In one way, he says, it's even better. I ask him how.

"It's a way to make friends," he says. "You can come here and dance with anyone. If you dance with someone you have to talk to them." I ask if he always comes alone or if his family ever join him. "It doesn't matter if your family like dancing or don't like dancing. If your wife doesn't like dancing, you can still come on your own and find a partner who does!"

At this point, he ends my questions by seizing me and swinging me out onto the floor. For the first circuit, I am paralysed by embarrassment and I think Mr Zhou suspects I am pursuing a previously undeclared vendetta against his feet. He shows no sign of being affected by it though, or by the crowds quickly drawn to the sight of a spectacularly graceless six foot male foreigner waltzing with a petit, retired Chinese gentleman. Soon, he has us moving with relative ease and I find myself enjoying the experience. I decide to quit while I'm ahead and bow out as a racy cha cha starts playing. For now, I'll leave it to the experts but, as I go, I promise I will return. If my wife likes dancing. **NUX**





By Matthew Stedman

According to the Tang poet *Lv Dòngbīn...*

“The first cup moistens my lips and throat; the second cup breaks my loneliness; the third cup searches out some thousand volumes of odd ideographs; the fourth cup raises a slight perspiration - all the wrongs of life pass out through my pores...”

Without being reductive, it is fair to say that many of the stimulant and mood-changing effects of tea mentioned in the ancient texts, described almost as supernatural properties, are effects we may attribute to caffeine. Even some of tea’s appetising effects may be attributed to the white, flavourless chemical we know to reside in all tea leaves.

I first discovered tea just over ten years ago, drinking with small groups of friends in Beijing tea houses. I remember the sudden recognition that I had found “my drug”. As well as the elusive floral tastes and fragrances from the tie guan yin (铁观音), this drink made me feel like that cliché; a better version of myself, ready for all my companion’s questions and ready to offer a hundred more. Caffeine. Even the woozy, empty feeling after a long night of tea-talk (and sleepless reflection) could be partly ameliorated with, yep, more tea. More caffeine, you might say.

But, unlike Lv Dòngbīn, tea did not constitute my first or only exposure to the stimulant. I had been oblivious to its presence in chocolate and cola. With Red Bull, a drink more expensive than cola, I had tried hard (and in vain) to ‘feel’ it. I had experimented with coffee

as a revision aid, only to feel more panicked, dried up and worthless than before.

So why the Chinese caffeine epiphany? Part of the difference was surely about environment. For someone like me, essentially lazy and unfocused, a stimulant was always just as likely to turbo-charge my daydreams as any “productivity” faculties. In the tranquil context of a tea house, this was not a problem. Perhaps it was easier for me to master the sensations in this way.

There are other reasons why tea, especially when taken the Chinese way, offers a very different experience from caffeine. Gram for gram (leaves and roasted beans), there is more caffeine in tea. Cup for cup (the “headline rate”), coffee overtakes tea as the more caffeinated drink. But session for session, tea arguably gives a higher and more sustained exposure. Coffee beans are fracked just once, while the caffeine in tea is embedded consistently throughout the infused leaf; it is a recent myth that caffeine can be “scalded off” the surface layers.

Another recognised difference is theanine. This amino acid, particularly prevalent in green tea, is believed to have a calming effect, counteracting the jittery aspects of the “caffeine jolt”. Some have described this as playing a part equal to caffeine in tea’s meditative applications. It may be that there are more complex components in these leaves yet to be discovered.

Tea gives you wings. Fortunately for us, they are not merely the wings of Icarus. 

In December 2015 **The Nanjinger** will
showcase **the best photos** from **our**
readers' travels gathered around **China**
and **Southeast Asia** during the year

The **best overall photographer** shall
win a **return air ticket** from **Nanjing** to
anywhere in **Southeast Asia** ^{*}#

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Closing date: 20th November, 2015. Full Terms and Conditions at www.nanjingexpat.com/photo-contest

For locations where no contact information is given, please refer to The Index

NX OURSPACE

Gastronomy

Dubai

By Frank Hossack

- Born in Syria but raised in Sweden, co-owner (one of three) of Dubai Ali Alkalih is quick to show his grand designs for a future look, if business goes well, that is; as almost an apology for the present decor (a hotchpotch of styles) inherited from the hotel which it occupies. In a wing off the lobby of The Mandarin, one of Nanjing's oldest hotels; its incumbency in Fuzimiao implies a status of national treasure, albeit a slightly unloved one. Indeed, Dubai also acts as the hotel's lobby bar, but that stalwart keeps up a semi-dependable footfall.

We should be quick to note, however, that it is early days; Dubai was opened as recently as 1st August, and that the real point, is the food. The Nanjinger was quick to order a yoghurt and cucumber salad (¥28), French fries with lemon and garlic (¥38), mini mixed appetizers that comprised three dips; hummus, eggplant with sesame sauce and chili (¥78), followed by eggplant Maqluba with lamb (¥72) and a mixed BBQ of kebabs (¥68).



The quality, taste and authenticity are all second to none, while also making for a refreshing change for the tastebuds from the lack in variety on Nanjing's foreign menus eclipsed by all too often by nearby Shanghai.

The kebabs of beef, lamb and chicken stand out (no pork is served at Dubai), but only just, as a nod to their succulence, while the rice, lamb and eggplant dish (nuts too, to those with allergies) is worthy of extra mention as the only dish really representative of the wealthy city from which Dubai derives its moniker.

While The Nanjinger's visit was for a late and extended belly filling Sunday lunch (just the way we like it), we were convinced by claims that it really hots up on a weekend evening. Cue the live music and belly dancers. Outside, observing what little there remains of old Nanjing wander by from the west facing patio that offers generous seating is an excellent and invigorating antidote to watching the rich and supposedly fashionable strut their stuff along the wide boardwalks (as they would likely be termed elsewhere) of Zhongshan Lu in Xinjiekou.

All meat is Halal. Dubai is located in the Mandarin Hotel in Fuzimiao at 9 Zhuang Yuanjing, off Jiankang Lu.

Hostelry Wild

By Roy Ingram

■ A beautifully presented foie gras and a supple glass of Spanish red makes for a delightful Saturday evening out. But that's not all that bar and restaurant Wild has to offer. Located on Nantai Xiang Xi (just off Wang Fu Da Jie) this new joint offers an all day service knocking out top-notch coffee, tantalising deserts and a tempting range of chilled foreign beers, all presented in a chic and comfortable environment with outside seating for passing Europeans with a longing for genuine café culture.

The crowd is a good cross-section of families, trendy young Nanjingers and members of the foreign community all enjoying the professional, friendly and relaxed service.



Great attention to detail has been paid to the design of the bar, menus, furnishing and place settings. Grace, the manager, once worked for one of Nanjing's 3D interior design agencies and she clearly knows her stuff.

Foie gras (¥78) aside, you can also enjoy a cheese platter. (¥98), taboules salad (¥48), Australian beef tenderloin grain fed for 150 days (¥188), or Wild's Big Mac (¥88). Round off your meal with Wild's tiramisu (¥35), or mini vegetarian tarts (¥30 for three).

Go soon, go Wild - Wild is wow.

Technology WAAWO Kids' Watch

By Frank Hossack



- Seen those yellow-clad delivery boys scooting around town recently? That will be LineZero then; fast food delivered to your door by a company that seemingly takes its image seriously. That its website and app are decked out in the same colours is evidence that local firms are finally jumping on the branding bandwagon, and silencing the paper clip counters in the process. It doesn't have to cost a fortune; just a little well thought out preparation is all that is required.

Same is true of WAAWO. Anyone who spends too much time involuntarily watching the Nanjing Office Tower Advertising Channel will have noticed the big spend over the last month or so to market the cute little watch for kids that doubles as a phone and location detector. With our little one turning five recently, we felt it was the perfect birthday present; something fun to play with while giving overbearing parents etc. the peace of mind their child is where she should be. And she can call when she needs us. What joy!

Or so it goes. Or so it wants to go. With Branding and packaging that would not look out of place in Harvey Nicks, it's in the psychology and execution that the problems lie. In the aftermath, do I call her? No. Does she call me? No. She can't. See below.

Step 1: Open the box, gasp a little at how well it has all been put together and then gasp a little more that this is in fact a product borne of our own Nanjing.

Step 2: Read the instructions (no English here; it wouldn't have been that difficult. No proceeding to Go. No £200)

Step 3: Scan the QR code, download the app and enter the Unique Product Identifier.

Step 4: Assign users (phone numbers permitted to call the "watch")

Step 5: Become annoyed that the device can only call the first dotting user entered; disclaimer: unless The Nanjinger, and presumably the light of your eye, is too dim to use the device's one button to select a different person.

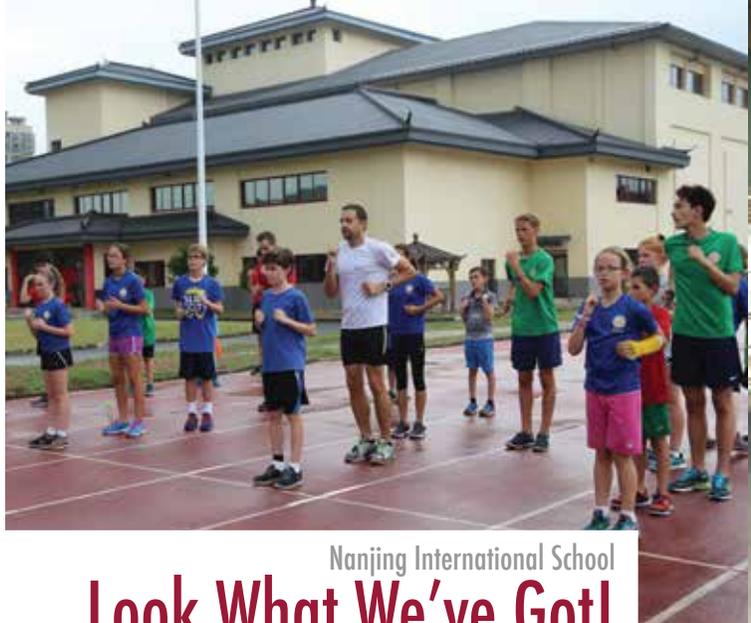
Step 6: Watch, enthralled, as your child plays delightfully with the device for precisely one minute, in which she very quickly discovers she can't call her favourite parent along with truly appalling battery life.

Step 7: Leave said device on charge, pretty much continuously, while the little one moves onto to more intoxicating but simple attractions.

Step 8: Become worried as alert over-consumers of local media report of allegations that the device's code can be easily hacked, revealing where your child is to the unintended.

Undoubtedly, the WAAWO is selling by the bucketload and recouping its advertising budget. But how many kids are running around with the blue or pink little wonders actually strapped to their wrist? How about a few other colours, if only for political correctness? Plus the simple personal choice of taste?

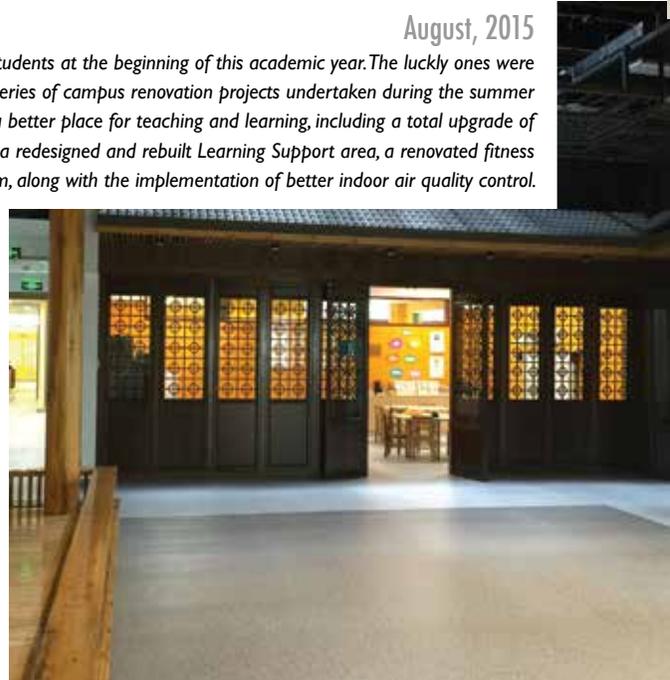
Hopefully Version 2 will address all this. In the meantime, WAAWO rely only serves as an example of how far our supposed second tier city still has to go. In the local dialect of Shanghai, where this kind of thing is sorted, there is even an expression for it; "pretty pillowcase, but inside only stuffing". 



Nanjing International School Look What We've Got!

August, 2015

NIS welcomed 127 new students at the beginning of this academic year. The lucky ones were among the first to experience a series of campus renovation projects undertaken during the summer vacation to make the campus a better place for teaching and learning, including a total upgrade of the Mandarin teaching facility, a redesigned and rebuilt Learning Support area, a renovated fitness room, along with the implementation of better indoor air quality control.





The British School of Nanjing

Look What We Will Have Soon!

August, 2015

Whereas, over at BSN, new and old staff alike were given what was, for most, their first look at a new campus eagerly awaited for some years. The visitors oohed and aahed at facilities that include rooftop café and "The Valley" for outdoor study, while learning about fire and earthquake protection systems installed in the new school that will eventually be able to handle 800 students.



Love Care Hope

Butterfly Children's Hospices



Butterfly Children's Hospices supports the Nanjing Social Welfare Institute to provide care for children with life threatening illnesses or life limiting conditions.



For more information about our work in China; www.butterflych.org/blog

Food & Drink

Western Bars & Restaurants

Bubba's 芭布 G1

Chic Hills, 286 Zhongshan Lu (at Xuejia Xiang)
中山路 286 号羲和广场一楼
85878066

www.bubbasasia.com

Stays true to the unique cooking processes and characters that have become hallmarks of great American barbecue. Applewood log smokers subdue meat cuts to 6-15 hours of "low 'n' slow" smokin' heaven!

Bellini Italian Bar & Restaurant 贝丽妮

12 Nanxiucun 南秀村 12 号 G1

52888857

1-106, 9 Wenfan Lu, Xianlin E2

仙林大学城文苑路9号1-106室

85791577

www.bellinirestaurants.com

Stylish and elegant yet easy in which to relax, Bellini serves up an array of signature dishes and drinks with tempting specials available every day.

Oasis 绿洲西餐吧

133 Mingwalang

明瓦廊133号

83191933

Genuine, modern Western flair plus house music, stylish decor and fabulous lighting create just the right environment in which to sip a cocktail or two. Pizza, lasagna and macaroni cheese dishes are particularly popular with foreign patrons, and with good reason.

Finnegans Wake

芬尼根爱尔兰酒吧餐厅 J2

6 Cinnalane

中山南路 400 号升州路 (原中北汽车站) 熙南里街区 6 号

52207362 / 13057623789

www.finneganswake.com.cn

Guinness, Kilkenny, San Miguel and Rogue-Dead Guy Ale on draught, a wide selection of classic Irish and Scotch single malt whiskies plus a carefully prepared selection of authentic Western food.

Blue Sky Expat Bar & Grill

蓝澳西餐 G1

77 Shanghai Lu

上海路 77 号

86639197

www.the-bluesky.com

admin@the-bluesky.com

One of the original expat bars to open in Nanjing, serving burgers, pizzas, Aussie meat pies and Bundaburg Rum (Bundy). There are also weekly and monthly pool competitions and board games' nights.

Brewsell's 比利时啤酒餐厅 G1

77-1 Shanghai Lu (first place up from Guangzhou Lu)

上海路 77-1 号 (靠近上海路和广州路的路口)

58779429

www.brewsells.com

Quality Belgian drinks & cuisine in a smoke free environment. Imported Belgian draft beers include two types of both Vedette and La Chouffe. Daily happy hour from 5 to 8pm; kitchen open until 11pm.

Studio 21 Grill Restaurant 藤美 P3

193 Shigu Lu (behind the Sheraton)

石鼓路 193 号 (石鼓湾美食休闲街区)

86795269 / 13072525212

Genuine European flavours, grilled meat, seafood specialties and renowned home made desserts. Special Set Lunch Menu with great prices and specials for students and teachers.

Hacker-Pschorr 赫佰仕 H6

Basement, Asia Pacific Tower, Jinling Hotel, 2 Hanzhong Lu

汉中路 2 号金陵饭店亚太商务楼

84660099

www.hacker-pschorr-brauhaus.com/nanjing

German brauhaus that is the first Hacker-Pschorr in China, serving up a proprietary brew created in house, along with the pre-requisite sausages.

Jimmy's 吉米来吧 P3

193 Shigu Road (inside Sunglow Bay

near the Sheraton)

石鼓路 193 号

86792599

www.jimmysnj.com

The place to be for live and recorded sports, especially on Saturday nights, while enjoying American style pizza, BBQ steaks, burgers, hotdogs, tacos and more, accompanied by a large selection of draft and bottled beers plus single malt whiskys and bourbon.

Element Fresh 新元素餐厅 G4

1F, Nanjing IST Mall, 100 Zhongshan Lu

中山路 100 号艾尚天地购物中心一层

85656093

www.elementfresh.com

Born from an expat's passion for food, the multi-award winning Element Fresh first opened its doors in Shanghai in 2002. Since then the chain has expanded to Beijing and Guangzhou and now Nanjing!

Punchline 弥多美式西餐 H6

Building 1, Zhongnan International Mansion, 129 Zhongshan Lu

中山路 129 号中南国际大厦 1 楼

85263703

Authentic American cuisine is the slogan; think burgers, steak sandwiches, fajitas, potato wedges, subs and desserts, plus tempting cocktails.

La Mona 拉莫纳 V2

48, South Commercial District, Lower Carpark, Olympic Centre

奥体中心南商务区 48 号停车柱 近奥体东站

83353881

Classy decor and simply fabulous pizza, fresh out of an impressively large stone oven that rivals the more established Italian eateries in town.

Jack's Place 杰克地方西餐

422, Dongcheng Hui Shopping Mall, Xianlin

文苑路与学思路交叉口东城汇 4 楼 E2

85807866

35 Wang Fu Da Jie 王府大街 35 号 H6

84206485

160 Shanghai Lu 上海路 160 号 F2

83323616

Humble yet honest, Jack's Place has been around Nanjing for more than 15 years, serving up Italian favourites popular with expats and locals alike. Strengths lie in the pastas and mains.

The Wing Italian Restaurant

意之翼-意大利餐厅 V5

4F, The Central, Hexi CBD

江东中路237号中央商场4楼 (雨润国际广场)

13913983339

Open kitchen allows for observation of the chefs at work, while hand-made Italian thin-crust pizza comes from a professional oven. Mix and match your own pasta and great value set lunches available along with MSG-free chicken.

Les 5 Sens 乐尚西餐 G1

52-1 Hankou Lu

汉口路 52-1, 靠近南京大学

83595859

Remaining surprisingly inexpensive since opening its doors in 2005, Les 5 Sens serves authentic and homemade traditional French dishes (fois gras being a particular favourite) in a homely atmosphere.

Motu Burger 摩图 J4

107 Gutong Xiang, Laomendong

老门洞箍桶巷107号

17701598220

Small balcony affords great people watching while munching on delicious Kiwi burgers and ice cream washed down with fine ales.

Dream House 梦想之家音乐西餐

20 Jiangjun Da Dao, Jiangning A2

江宁区将军大道20号

52837977

Continuing Nanjing's fascination with Western food and drink leaning toward the Germanic. Popular with students from NUAAs across the street.

Behind the Wall 答案墨西哥餐厅 F2

150 Shanghai Road (in Nanxiu Cun)

上海路 150 号, 在南秀村

83915630

One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, with perhaps the finest terrace in the city. Live musical performances go well with strong sangria and beer.

Secco Restaurant and Bar

喜客西餐厅

132 Changhong Lu (under the Super 8 Motel)

长虹路 132 号 (速 8 酒店楼下)

83370679

The afterparty may come and go, yet Secco remains one of Nanjing's top options for late night drinks.

Florentina

2-107, 83 Shanghai Lu

上海路 83 号 2 栋 107 G1

3-101, 22 Nanyinyangying

南阴阳营 22 号 3 栋 101 F2

18602560788

Over 100 craft beers waiting for you to try!

Henry's Home 亨利之家 B5

82-2 Fuchunjiang Dong Jie

奥体富春江东街 82-2 号

58577088

One of Nanjing's oldest Western restaurants, with over 20 years experience in serving up western meals; specialties include steaks, fajitas, pizza and organic salads.

Selección Española

57 Zhongshang Dong Lu

中山东路 57 号 H7

Home-made Spanish fast food in the heart of Xinjiekou makes for an attractive and affordable after work option. Open from 5pm, closed Mondays.

Eminence Cellar 香松酒窖 G1

Inside Wutaishan (opposite to Jin Inn),

Guanzhou Lu 广州路·五台山体育场

66012088

High quality Western restaurant offering organic food, breads baked on-site, cigar bar and wine cellar.

Wagas 沃歌斯 G4

1F, Nanjing IST Mall, 100 Zhongshan Lu

中山路 100 号艾尚天地购物中心一层

85656120

www.wagas.com.cn

Western and modern Asian fare with a special focus on food quality, consistency and safety.

Potato Bistro

马铃薯 **E2**

5*301 Kangqiao Sheng Fei, 9 Wenfan Road, Xianlin
仙林文苑路9号 康乔圣菲5幢301
85791293

A bistro based on green, organic, fresh foods and authentic taste. Large balcony offers outdoor BBQ for up to 150 people.

Axis Mexican Restaurant & Pub

Axis墨西哥餐厅 **E1**

Yadong Commercial Plaza, 12 Xianyin Bei Lu
仙隐北路12号 亚东商业广场
15895872728

A real Mexican dining experience offering a wide variety of traditional Mexican dishes as well as continual additions to the menu. Delivery service enjoys an excellent reputation.

Nail Jazz Bar

钉子爵士酒吧 **Q3**

10 Luolang Xiang (200m south of the Sheraton)
罗廊巷10号, 离金丝利酒店200米
8653 2244

A relaxed atmosphere in which to enjoy a wide variety of imported beers and the odd bit of live music.

Ellens Bar

艾伦酒吧

132-3 Guangzhou Lu 广州路132-3号 **G1**

83641119

37 Hunan Lu 湖南路37号 **E1**

83641118

Laid back and relaxed atmosphere plus food & drinks at great value prices.

Middle Eastern Cuisine

Jackob Arabic Restaurant

嘉珂帕

61 Hankou Lu 汉口路61号

86521668

Classic go-to for Middle Eastern fare; grilled Hallal meats, shawarmas and a mouth-watering assortment of dips. Prayer room on the second floor.

Indian Cuisine

Baba Restaurant

巴巴餐厅 **D5**

Jinyuan Food Court Outlet, No 11 Hexi Central Park, 341 Jiangdong Lu

江东中路341号 出口南京金源美食广场11号负1楼
13611574929

Reincarnation of Kohinoor, Nanjing's long serving Pakistani restaurant, features a menu that boasts over 200 dishes, all of which taste nothing alike.

Nanjing Ganesh Indian Restaurant

甘尼仕印度餐厅 **E4**

3 Kunlun Lu

昆仑路3号

85860955

www.ganeshchina.com

The unlikely combination of Indian food and jazz music that nevertheless has stood the test of time in both Suzhou and Wuxi. Fabulous decoration in a great location by the city wall at Xuanwu Lake. Hosts the occasional jazz concert.

Himalaya-Nepalese & Indian Restaurant

喜马拉雅尼泊尔印度餐厅 **P3**

193 Shigu Lu (behind the Sheraton)

石鼓路193号

8666 1828

Himalaya is a very popular restaurant serving a variety of Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves.

Taj Mahal

泰姬玛哈印度料理 **H15**

117 Fenggu Lu

丰富路117号

84214123

187-1 Shanghai Lu 上海路187-1号

83350491

Established in 2003, the Taj Mahal offers a great variety and exotic blend of high quality authentic Indian cuisine that it continues to this day, making it forever popular with the foreign community.

Masala Kitchen

玛莎拉印度餐厅-酒吧 **E1**

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu

仙隐北路12号 亚东商业广场 A05

84448858

masala_kitchen@live.com

Offers vegetarian and meat dishes plus savory Tandoori oven dishes and exotic curries cooked fresh by a chef with over 20 years of experience in his hometown of Hyderabad. Also serves a fine selection of imported wines and beers.

Japanese Cuisine

Kagetsu

嘉月 **O5**

62 Taiping Bei Lu, 1912

太平北路62号 1912街区内

86625577

A lifestyle oriented dining experience with a focus on creative cuisine. Balcony affords views over 1912.

Tairy Teppanyaki 大渔铁板烧

57 Zhongshan Lu

中山路57号 **H6**

84729518

All you can eat and drink special offer includes sushi, sashimi, sake, beer and much more. Two more locations in 1912 and near to Xuanwu Gate.

Korean Cuisine

Xianpingjia 咸平家 **E2**

#6, Block 1, Dongfangtianjun, Xianlin

仙林杉湖西路东方天郡门面房6号

84469445

Run by a Korean grandma who has over 30 years of cooking experience. Bulgogi-marinated beef served with vegetables which you cook on the table with Kimchi is a must!

THE Korean 本家 **H20**

B1, Golden Wheel Tower, 108 Hanzhong Lu

新街口汉中中路108号 金轮大厦B1

84469445

Neolithic Barbecue 新石器烤肉

B1, Deji Plaza, 18 Zhongshan Lu

中山路18号德基广场B1楼 B116-117号 **H7**

84764545

B17, B1, Tianyin Plaza, 336 Shangyuan Lu,

Jiangning

上元大街336号天印广场B1楼 B17室

81032949

B1, Wonder City, 222 Changhong Lu

长虹路222号虹悦城B1楼 **K1**

52275687

Stall 121, Building 1, Chenggowu Garden Centre,

699 Zhongshanmen Da Jie, Maqun **H2**

中山门大街699号花园城购物中心1楼121号商铺

8568090

B1, One City, 58 Daqiao Bei Lu, Pukou

大桥北路58号新一城B1楼 **A2**

58400640 58402105

Ke Jia Fu 可家福 **F2**

7 Nan Da Heyuan, 168 Xianlin Dadao

仙林大道168号南大和园7号

86331006

Other Asian Cuisine

Thai Tasty 泰式料理

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu

仙隐北路12号 亚东商业广场 A05 **E1**

84448858

Raydu Mall, 1222 Shuanglong Dadao, Jiangning

双龙大道1222号瑞都购物广场4楼 **R4**

87716166

Building 2, 1912 Bar Street, 288 Changjiang Lu

长江路288号 1912街区2号楼 **O5**

87702166

masala_kitchen@live.com

An extraordinary array of distinctive dishes employing authentic seasonings with fresh local produce.

Thai Orchid 梵泰蘭 **H15**

86-1 Fuchunjiang Dong Jie (La Defense Flower St.)

富春江东路86-1号拉德芳斯异国风情花街(近恒山路口)

83564567

Thai nationals serve as chefs; fantastic groupon deals available, e.g. set meal of ten dishes for half price.

Pho Saigon 西贡堤岸越南餐厅 **H15**

2F Huanya Plaza, 33 Shigu Lu

石鼓路33号环亚广场2楼

84465722

Popular and inexpensive fare that includes the must try Vietnamese noodles, hence "pho".

Taiwan Teppan Corner 三铁板餐厅 **D5**

LD148, Jinyuan Hexi Commercial Plaza, 341

Jiangdong Zhong Lu

江东中路341号南京金源河西商业广场 LD148

13770325443

Quality and affordable Teppanyaki experience aimed at office workers for lunch and dinner.

Keziguli Muslim Restaurant 克兹古丽餐厅 **H15**

53 Wangfu Da Jie

王府大街53号

85981468

Xinjiang restaurant popular with expats; spicy noodles, potatoes, vegetable, chicken and lamb dishes accompanied by dance performances.

Vegetarian

Green Cuisine 绿野香踪素食馆 **M3**

1F Zhengyang Building, 56 Yudao Jie

御道街56号正阳大厦一楼

6661 9222

A wide selection of creative dishes and plenty of fresh vegetables along with special drinks and teas.

Tiandi Sushi 天帝素食

21 Huju Bei Lu, Entrance to Gulun Park

鼓楼区虎踞北路21号森林公园正门口(近北京西路)

83701391

Bakery & Cafe

Skyways

云中食品店

160 Shanghai Road 上海路160号 **F2**

83317103

Weilan Zhidu Homeland,

6-4 Hanzhongmen Da Jie **Q2**

汉中门大街6-4号蔚蓝之都家园商业裙楼

83378812

A18, Yadong Commercial Plaza, 12 Xianyin Bei Lu

E1

仙隐北路12号 亚东广场 A18室

85791391

Wanda West, 222-2 Jiqingmen Da Jie

集庆门大街222-2万达西地区

85637995

A favourite of the expat community with breads, made-to-order sandwiches, cakes, chocolates, desserts, plus imported deli items such as cheese and salami. Shanghai Lu location has a long queue at lunchtimes.

Sculpting in Time Café

雕刻时光咖啡馆

2F, 47 Hankou Lu
汉口路 47 号 2 楼 **G1**

83597180

32 Dashiba Jie (Fizimiao East Gate)

大石坝街 32 号 (夫子庙东门) **J3**

52266082

Delightful atmosphere in which to enjoy coffee, tea, a variety of Western food, plus widely known brownies. Balcony at the Confucius temple branch offers romantic night time views over the Qinhuai river.

Maan Coffee 漫咖啡

1 Qingjiang Lu

清江路 1 号天水滨江花园 **D**

85872858 85607277

1F, Dushi Xihe, 8 Xuejia Xiang (next to Jinrunfa supermarket)

薛家巷 8 号金润发超市旁都市羲和一楼 **G3**

85607266

81-1 Fuchun Jiangdong Jie (La Defense Flower St.)

富春江东街 81-1 号拉德芳斯异国风情花街 (近恒山路口)

D5

85607299

1912 Nightlife district (near Chanjiang Hou Jie)

1912 时尚休闲街区 **O5**

Korean chain serving waffles, salads and all day breakfast options that go down well amid decor that juxtaposes cement, glass and chandeliers.

Délice Capy DC 莫奈花园 **H5**

1st and 2nd Floor, Friendship Mall, 27 Hanzhong Road, Nanjing

南京市汉中路 27 号友谊广场 1 楼 2 楼

86829191

Lounge in comfortable armchairs and indulge in an array of treats, from gooey macaroons and hazelnut slices to molten chocolate cakes.

Nightclubs

Kamakama **O5**

1912 Nightlife district (behind Starbucks)

1912 时尚休闲街区

86701912

Nanjing's answer to the sleek sophisticated cocktail bars of Shanghai. No 1912 mayhem here; instead it's signature cocktails, selected fine wines and classic malts all the way. Excellent pizza too.

MAZZO Club 玛索国际娱乐 **O5**

1912 Nightlife district

1912 时尚休闲街区

84631912

One of the oldest clubs in Nanjing and the preferred hangout for the foreign community in Nanjing that plays contemporary electronica.

Club TNT 潮人会 **O5**

2-1 Changjiang Hou Jie

长江后街 2-1 号

84401199

A big name in the Chinese nightclub industry, with clubs in Nanjing, Chongqing and Hefei.

Enzo

8-3 Changjiang Hou Jie

长江后街 8-3 号 **O5**

83789898

With more of the latest in over-the-top nightclub entertainment, Enzo also has access to many of the big names in entertainment; Paul Oakenfold, DJ R3hab and LMFAO have all played here.

Tourism, Sport & Leisure

Hotel & Hostel

Jinling Hotel Nanjing

南京金陵饭店 **H6**

2 Hanzhong Lu, Xinjiekou Square

新街口汉中路 2 号

84711888

City centre location puts this prize-winning landmark property only two minutes' walk from Xinjiekou metro station. Enjoy eight top-notch restaurants, 970 rooms and suites plus shopping and recreational facilities. International flight and train ticket purchase counter also available.

Holiday Inn Nanjing Qinhuai South Suites

南京上秦淮套房假日酒店 **H1**

12 Mozhou Dong Lu, Jiangning 江宁区秣周东路 12 号

84918888

145 comfortable guest rooms, 83 of which being suites featuring an independent open-style kitchen concept, work desk with ergonomic seating and high-speed internet access. The Umeet All Day Dining Restaurant provides guest a comfortable place to eat that includes the Kids Stay & Eat Free program.

Novotel Nanjing East Suning Galaxy

南京玄武苏宁银河诺富特酒店

9 Suning Dadao, Xianlin 徐庄软件园内苏宁大道 9 号

85208888

www.novotel.com

Good spot for a weekend escape from the city, with Purple Mountain still on its doorstep, while the Nanjing Zhongshan International Golf Resort 27 hole course designed by Gary Player is just 5 minutes away.

Fraser Suites Nanjing

南京辉盛阁国际公寓 **H4**

116 Lushan Lu 庐山路 116 号

87773777

www.frasershospitality.com

International serviced apartment suites offering full balconies, clubhouse and leisure facilities.

The Westin Nanjing

南京威斯汀大酒店 **H1**

Nanjing International Center, 201 Zhongyang Lu

中央路 201 号南京国际广场

85568888

www.westin.com/nanjing

A haven of Chinese distinction in which every room affords a view of scenic Xuanwu Lake.

Sheraton Nanjing Kingsley

金丝利喜来登酒店 **H3**

169 Hanzhong Lu 汉中路 169 号

86668888

Excellent downtown location with amenities including baby sitting and butler service plus car rentals.

Crowne Plaza

南京银城皇冠假日酒店 **H4**

9 Jiahui East Road, Jiangning District

南京江宁区佳湖东路 9 号

81038888

The first five star international hotel in Jiangning.

Fairmont Nanjing

南京金奥费尔蒙酒店 **H5**

333 Jiangdong Zhong Lu 建邺区江东中路 333 号

86728888

www.fairmont.com/nanjing

Elegant international hotel famous for its services and cultural features; the building itself resembles a Chinese lantern.

InterContinental Hotel

紫峰国际酒店 **H4A**

1 Zhongyang Lu, Zifeng Tower 中央路 1 号紫峰大厦

83538888

www.intercontinental.com

A statement of grandeur in the 450 metre high Zifeng Tower; Nanjing's tallest building.

Sofitel Galaxy 南京索菲特银河大酒店 **H**

9 Shanxi Lu 山西路 9 号

83718888

www.sofitel.com

resoff@sofitelnanjing.com

The accommodation of grandeur for many visitors coming to Nanjing, along with all French dignitaries.

Hilton Nanjing Riverside

南京世茂滨江希尔顿酒店

1 Huaibin Lu (cross of Qinhuai and Yangtze Rivers)

淮滨路 1 号 (近秦淮河和扬子江交汇处)

83158888

nanjingriverside.hilton.com

nanjingriverside.info@hilton.com

A more serene statement from Hilton; extensive conference and recreation facilities and rooms with balconies overlooking the Yangtze.

Nanjing Sunflower International Youth Hostel

南京瞻园国际青年旅社 **M3**

142 Dashiba Jie (Fuzimiao west gate)

大石坝街 142 号·在夫子庙西门的附近

52266858 / 66850566

www.nanjingyha.com

A popular youth hostel that includes free pool, DVDs, cable TV, foosball and English speaking staff.

Resorts

Kayumanis Private Villas & Spa

南京香樟华莘温泉度假别墅

Xiangzhang Hua Ping, Sizhuang Village,

Tangshan

江宁区汤山镇寺庄村

84107777

www.kayumanis.com

nanjing@kayumanis.com

High-end private villa with refreshing natural hot spring and mountain view.

Regalia Resort & Spa (Qinhuai River)

南京御庭精品酒店 (秦淮河) **K2**

E5, No 388, Yingtian Da Jie

(inside Chenguang 1865 Technology Park)

应天大街 388 号 (晨光 1865 科技创意产业园) 第 E5 幢

51885688

www.regalia.com.cn

A Thai style spa offering a holistic approach to rejuvenation and relaxation.

Tangshan Easpring Hot Spring Resort

汤山颐尚温泉度假村

8 Wenquan Lu, Tangshan, Jiangning

汤山镇温泉路 8 号

51190666

A leisure hotel in Tangshan offering different types of bathing.

Museums

Nanjing Massacre Memorial

侵华日军南京大屠杀遇难同胞纪念馆

418 Shuiximen Da Jie

水西门大街 418 号 **S2**

86612230 / 86610931

Hours: Tue - Sun from 8:30 to 16:30

www.nj1937.org

Located on a former execution ground and mass burial place of the Nanjing Massacre. Admission is free.

Nanjing Museum 南京博物院 **M1**

321 Zhongshan Dong Lu

中山东路 321 号

One of China's three national level museums displaying Chinese art, pottery and a life-sized Republic of China street scene. Admission is free with valid ID.

Nanjing Municipal Museum (Chaotian Palace)

南京市博物馆 **M3**

4 Chaotiangong

朝天宫 4 号

World class museum presenting ancient pottery and earthenware, calligraphy, clothing, jade etc.

Six Dynasties Museum 六朝博物馆 **O1**

Changjiang Lu / Hanfu Jie

长江路 / 汉府街

Constructed on the ruins of Jiankang Castle, visitors can see over 1,200 artifacts, including porcelain, pottery, epigraphs, stone inscriptions, calligraphy and paintings and even a section of the city wall.

Nanjing Jiangning Imperial Silk Manufacturing Museum 南京江宁织造博物馆 **📍O2** ●

123 Changjiang Lu
南京市玄武区长江路 123 号
83416801
Exhibitions of silk manufacturing, brocade, qipao and most interestingly, one dedicated to "Dream of Red Mansions" in which one can experience settings where many events in the novel happened. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Rabe House

拉贝故居 **📍G1** ●
1 Xiaofenqiao, Guangzhou Lu
小粉桥 1 号
Monday – Friday from 8:30 to 16:30
German industrialist's former home that served as a refugee shelter and saved thousands in 1937. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Purple Mountain Observatory

紫金山天文台
Tianwen Lu, Purple Mountain Area, Nanjing
南京市紫金山天文台
84440768
Very first observatory to be built in mainland China that is known as "the cradle of Chinese astronomy".

Tangshan Homo Erectus Fossil Museum

汤山直立人化石遗址博物馆
Jiangning District, Tangshan Scenic District
南京汤山国家地质公园内
68720777
Insight into the prehistoric life of the Nanjing cave couple, a pair of 600 000 year old skulls discovered in the Tangshan area of Nanjing in 1993. Designed by French architect Odile Decq. Closed on Mondays.

Nanjing Brocade Museum

南京云锦博物馆 **📍S2** ●
240 Chating Dong Jie
茶亭东街 240 号
86518580
Observe wooden looms producing the world's finest brocade. Fabric is also available for purchase.

City Wall Museum

南京明城墙遗址博物馆 **📍J4** ●
8 Jiefang Men 解放门 8 号
83608359
Long-gone city gates, maps and a full-scale model of the walled city.

Nanjing Taiping Heavenly Kingdom History Museum

南京市太平天国历史博物馆 **📍J4** ●
128 Zhanyuan Lu 瞻园路 128 号
58800123
Houses the largest collection of artifacts and documents from the Taiping Heavenly Kingdom.

Nanjing Science Museum

南京科技馆 **📍N2** ●
9 Zijinghua Lu, Yuhua District
雨花台区紫荆花路 9 号
58076158
Hands-on fun and learning for kids. IMAX Cinema.

Nanjing Museum of Paleontology

南京古生物博物馆 **📍J4** ●
39 Beijing Dong Lu
北京东路 39 号
83282252
Full dinosaur skeletons, a mass of fossils from significant digs in China and an interesting lesson in local geology. Open at weekends only.

Nanjing Folk Museum

甘家大院 **📍J2** ●
South Zhongshan Road, across from the Huamei Building
中山南路·在华美大厦的对面
52217104
Study traditional Chinese architecture, including the so-called "99 and a half rooms". Various displays of traditional folk art throughout the year.

Jinghai Temple

静海寺
202 Jianning Lu
建宁路 202 号
58590298
www.yuejianglou.com
In addition to enjoying an insight into the Chinese view of the "unfair treaty" ceding Hong Kong to the British, visitors can learn about the voyages of Zhen He.

Zhen He Treasure Shipyard

南京郑和宝船遗址公园
57 Lijiang Lu
鼓楼区漓江路 57 号
Embark on a replica of one of Zhen He's fleet, view many more models within and sit on the cannons!

Parks & Attractions

Qingliangshan Park 清凉山公园

83 Qingliangshan Lu, near Huju Lu
清凉山路 83 号
Calligraphy and stone museums, as well as an art gallery and pottery studio.

Zixia Lake 紫霞湖

A cold water mountain-fed lake. Exercise with care; the cold undercurrents can cause life-threatening cramps.

Mochou Lake Park 莫愁湖公园 **📍R2** ●

35 Hanzhongmen Da Jie
汉中门大街 35 号
Home to the annual Dragon Boat Race, and great for boating or a walk in a peaceful environment.

Happy World 弘阳欢乐世界 **📍A2**

Daqiao Bei Lu, Pukou District
浦口区大桥北路
Fairly violent looking thrill rides plus giant water slide.

Jiuhuashan Park 九华山公园

20 Juihua Shan 九华山 20 号
Visit the pagoda and get on the city wall for gorgeous views of the city.

Xuanwu Lake Park 玄武湖公园 **📍E4**

Xuanwu Xiang 玄武巷 1 号
Idyllic islands with playgrounds, gardens, restaurants plus boats and bikes for rent.

Yaxi International Slow City

桡溪国际慢城
6 Shengtai Lu, Yaxi Town
高淳区桡溪镇生态路 6 号
57843968
The village of 20,000 was designated China's first "Slow City" by Cittaslow. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Pearl Spring Resort 南京珍珠泉风景区

178 Zhenzhu Jie, Pukou District
浦口区珍珠街 178 号
A 8.9 sq.km scenic area that includes a zoo, circus, dodgers and cable-car to a so called Great Wall.

Gulin Park 古林公园

21 Huju Bei Lu 虎踞北路 21 号
Gardens, paintball and BBQ plus a view of the city from atop the TV tower.

Zhongshan Botanical Garden

钟山植物园
Covers over 186 hectares and home to more than 3000 plant species.

Nanjing Yangtze River Bridge Park

南京长江大桥(公园)
7 Baotaqiao Dong Jie
宝塔桥东街 7 号
58790362
Memorabilia dating from the construction of the bridge. Ascend to the deck of the bridge by elevator for the obligatory photo.

Memorial for Revolutionary Martyrs

雨花台烈士纪念馆 **📍K3** ●
Yuhua Dong Lu (north gate)
南京市雨花台烈士纪念馆北大门雨花东路
A surprisingly relaxing memorial park, yet used as

a mass execution ground during the anti-communist revolution of 1927.

Drum Tower/Gulou Park

鼓楼公园 **📍F2** ●
1 Gulou Jie
鼓楼街 1 号·在北京西路口
The traditional centre of a Chinese city.

Lao Shan National Forest Park

老山国家森林公园
Chalukou, Pukou
浦口区岔路口
Enjoy a more rustic experience in Nanjing's second National Park; away from the crowds soak in the virgin forest that is rich in species.

Lamendong Neighbourhood

城南·老门东 **📍J4** ●
50 Changle Lu 长乐路 50 号
52201611
A new name card of Nanjing with cultural activities, traditional Chinese architecture and distinctive local features. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Datangjin Fragrant Valley

大塘金香草谷主题餐厅
Zhengfang Da Dao, Jiangning District
江宁区谷里街道大塘金正方大道薰衣草庄园
52716207
Breathe in the intoxicating scents while strolling through the fields of lavender that lead to the shop filled with perfumes, eye patches, pillows, face masks and even lavender perfume.

Sports

Nanjing Zhongshan International Golf Club

南京钟山国际高尔夫俱乐部
9 Huanling Lu 环陵路 9 号
84606666

Nanjing Harvard Golf Club

南京昭富国际高尔夫俱乐部
176 Zhenzhu Jie, Pukou
南京市浦口区珍珠街 176 号
58853333

Nanjing Gingko Lake International Golf

南京银杏湖国际高尔夫俱乐部
1 Guli Yinxing Hu 江宁区谷里银杏湖 1 号
86139988

Century Star Ice Skating Club

世纪星滑冰俱乐部
222 Jiangdong Zhong Lu (Inside Olympic Center)
江东中路222号奥体中心内 **📍V2** ●
86690465 / 86690467
4F, Wonder City, 619 Yingting Street
应天大街 619 号虹悦城 4 楼 **📍K1**
52275768 ext. 8001/8002

Nanjing Leiniaio Paragliding Club

南京雷鸟滑翔伞俱乐部 **📍G1** ●
Wutaishan Sport Center Tennis Stadium
五台山体育中心网球场
84458450 / 15335179782

Pisarev Ballet 比萨列夫芭蕾舞学校

B901 Junlin International Mansion, 5 Guangzhou Lu
广州路 5 号君临国际 B901 室 **📍G1** ●
86975095

Karate Eifuukaikan 空手道影风道场 **📍G3** ●

5F, Nanjing Workers Culture Palace Fitness Centre, 54 Zhongshan Dong Lu
中山东路 54 号工人文化宫 5 层健身中心内
52989189

Zhenqianghui Guns Club 真枪会射击俱乐部

4F, Building 5, Jiaye International, 158 Lushan Lu
建邺区庐山路 158 号嘉业国际城 5 号楼 4 楼
58933533 58933600

Massage & Spa

Pathways Spa & Lifestyle Club

颐庭 Spa 生活会馆 **H15**
13F, Tian'an International Building,
98 Zhongshan Nan Lu 中山南路 98 号天安国际大厦
13 楼
84701266 x 8019
www.pathway-spa.com

Flow SPA 川·天地

46-3 Xijia Datang, Ming Cheng Hui
(200m north of Xuanwu Lake's Jiefang Gate)
明城汇西家大塘 46-3 号
57718777

Theatre

Nanjing Art and Cultural Center

南京文化艺术中心 **H7**
101 Changjiang Lu 长江路 101 号
84797920

Jiangnan 631 Niuda Theatre

江南 631 牛达剧场 **H14**
5 Yanling Xiang 延龄巷 5 号
84419786

Nanjing Art Academy Concert Hall

南京艺术学院音乐厅
15 Huju Lu 虎踞北路 15 号
83498249

Jiangsu Kunqu Theater 兰苑剧场

4 Chaotian Gong 朝天宫 4 号
84469284

Business & Education

International Education

British School of Nanjing

南京英国学校 **R4**
Building 2, Jinling Resort, Jiahu Dong Lu
佳湖东路湖滨金陵饭店 2 号楼
52108987

Nanjing International School

南京国际学校 **E2**
8 Xueheng Lu, Xianlin College
and University Town
仙林大学城学衡路 8 号
85899111

EtonHouse Nanjing

伊顿国际教育集团 **U2**
6 Songhuajiang Xi Jie (near Olympic Stadium)
松花江西街 6 号 金陵中学实验小学内 (靠奥体北门)
86696778

The Overseas

海外国际 **G4**
1606 Block A, Junlin International, 5 Guangzhou Lu
广州路 5 号君临国际 A 幢 1606 室
84533133
admin@the-overseas.com
Wechat: overseas

Youth Moment Educational Investment Co., Ltd.

南京青梦家教育投资有限公司 **M1**
3rd Floor Building E, Kingdee Science and Technology Industrial Park
532 East Zhongshan Road, Nanjing 210016
中山东路 532 号金蝶科技产业园 E 栋 3 楼
83736611, 84530009
www.qingmengjia.com
enquiries@qingmengjia.com
Career guidance, entrepreneurial support, overseas study services for Chinese and foreign students.

Foreign Trade & Economic Development Agencies

European Union Chamber of Commerce

中国欧盟商会 (南京) **H6**
806, Haihua Mansion, 99 Zhongshan Lu
中山路 99 号海华大厦 806
83627330

China-Britain Business Council, Nanjing

英中贸易协会南京代表处 **H3**
Rm 2514-2515, 50 Zhonghua Lu
中华路 50 号 2514-2515 室
52311740

Netherlands Business Support Office

荷兰贸易促进委员会南京代表处 **E2**
Suite 2316, Building B, 23/F, Phoenix Plaza,
1 Hunan Lu
湖南路 1 号凤凰国际广场 B 楼 23 层 2316 室
84703707

Baden-Württemberg International **N2**

德国巴登符腾堡州国际经济和科技合作协会 7-3
Dabei Xiang Meiyuan Xin Cun
梅园新村大悲巷 7-3 号
84728895
www.bw-i.cn

Australian Trade Commission

澳大利亚贸易委员会南京代表处 **H6**
1163, Jinling World Trade Center, 2 Hanzhong Lu
汉中路 2 号金陵饭店世界贸易中心 1163 室
84711888 -1163

Canadian Trade Office Nanjing

加拿大驻南京商务代表处 **H6**
1261, Jinling World Trade Center, 2 Hanzhong Lu
汉中路 2 号金陵饭店世界贸易中心 1261 房
84704574

Business Administration

Sharehouse (Nanjing) Co., Ltd.

赛浩企业管理服务 (南京) 有限公司 **G1**
Maqun Scientific Park, 3 Jinma Lu
南京栖霞区马群科技园金马路 3 号
85720118
www.sharehousechina.com
Enables SMEs to establish their own legal entity in China while keeping overhead costs low through shared resources.

Language Training

New Concept Mandarin

新概念汉语 **O3**
821, Floor 8th, PICC building, No.98 Jianye Lu,
Qinhuai district
秦淮区建邺路 98 号鸿信大厦 8 楼 821 室
84872361
www.newconceptmandarin.com
nanjing@newconceptmandarin.com
Over 20-years experience in applied linguistic research and global teaching.

Nanjing Bozhan Consultancy Co., Ltd

南京博湛教育咨询有限公司 **F2**
#203, Building 3, 19 Jinyin Jie
金银街 19 号 3 栋 203 室
13813944415
bozhan.consultancy@gmail.com
Language training & Mandarin tutoring; from survival to HSK Chinese and enhancement of conversational confidence in English to ESL & IELTS testing.

JESIE - Goethe-Language Centre

JESIE - 歌德语言中心 **F2**
Jiangsu College for International Education, 3rd Floor, 203-207 Shanghai Lu
上海路 203-207 号江苏国际预科学院 3 层
83335690
www.goethe-slz.js.cn

Nanjing No.1 High School

南京市第一中学 **H3**
301 Zhongshan Nan Lu
中山南路 301 号
68187208
Only high school designated by the International Office of National Chinese Language Promotion as base for the international promotion of Chinese language. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Alliance Française de Nanjing

南京法语联盟
4F, Qun Lou, 73 Beijing Xi Lu
北京西路 73 号裙楼 4 楼
83598762 83598876
1F, Bld F4, Zone F, Zidong International Creative Park, Xianlin
南京紫东创意产业园 F 区 F4 幢 1 楼
www.afnanjing.org
info.nanjing@afchine.org

French language and culture centre with classes for individuals and corporations at all levels, cultural events plus a modern library with free access to collections.

Cultural Education

Confucius Temple Primary School

南京市夫子庙小学 **J4**
22 Zhanyuan Lu 瞻园路 22 号
52230929
Founded in 1907 to explore and promulgate the ideology and culture of Confucius. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Clubs & Charities

Nanjing International Community Clubhouse

南京国际社区中心 **R3**
www.yournicc.net
info@yournicc.net
Hosts many activities such as Chinese and English classes, ballet & quickstep classes, wine and tea tastings plus a monthly ladies night. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Nanjing International Club

南京国际俱乐部
Maqun Scientific Park, 3 Jinma Lu
栖霞区马群科技园金马路 3 号
www.nanjinginternationalclub.org
info@nanjinginternationalclub.org
A club with over 500 Members from all around the world. Make new lasting friendships, share, travel and enjoy new experiences with like minded people. Large variety of events offered; cooking, kids' club, book club, dinners, balls, outings, BBQ, concerts, bazaar and more. Fundraising for charities plus opportunities to support, volunteer and become part of an exciting team. Visit "The Hub" the new official club house at Forest Mall.

Nanjing No.1 Toastmasters Club

南京第一家英语演讲俱乐部
www.nanjingtoastmasters.com
Weekly event at 1507, Wuxingnianhua Mansion, Hanzhong Lu/Shanghai Lu.

Hopeful Hearts

www.hopefulhearts.info
Raises funds for medical treatment of children with heart conditions.

Pfrang Association 普方基金会 **N2**

3 Jinma Lu, Maqun Scientific Park
栖霞区马群科技园金马路 3 号
85720118
www.pfrangassociation.org
Sponsors education of children in poor parts of Jiangsu

Butterfly Hospice

Nanjing Butterfly Home
Manager: Linda Huang
njbhmanager@gmail.com
info@butterflych.org
Loving care for cherished lives.

Shopping

For the Home

EAsmart

1F-Z, Wanda Plaza, 68 Zhushan Lu, Jiangning
竹山路 68 号万达广场 1F
52187886
www.eading.com

Fantastic selection of stationary plus coffee machines, electrical and IT appliances, kitchenware and home decoration items.

Working House

生活工场 **F4A**
4F, Zifeng Tower, Zhongshan Bei Lu
中山北路紫峰大厦购物广场 4F
52360109

Stylish kitchenware in dark tones, candles and colourful vases or even camera cases; just a few of the fascinating products that await in every corner.

Living Story

欧洲生活馆 **G1**
173 Shanghai Lu 上海路 173 号
86634155

Compact yet manages to offer coffee grinders, espresso makers, stylish kitchen utensils, picture frames, oil burners and oils, candles, clocks, various pieces of art, wine racks plus a few bottles of wine.

Hongxing Furniture

红星国际家具广场 **E4**
224 Zhongyang Lu 中央路 224 号
83118005

Large furniture mall with many shops. Large range of prices, styles, etc.

Jinsheng Market

金盛百货大市场
2 Jianning Lu
建宁路 2 号 (南京商厦对面)
9 Wangjinshi (off Changjiang Lu) **K2**
长江路网中市 9 号
Daqiao Bei Lu (beside North bus station)
大桥北路 (长途北站旁)
58507000

Large indoor market with everything from home décor to wires, Christmas trinkets and electronics. Cheap but be prepared to bargain.

Jinling Decoration Market

金陵装饰城 **T5**
88 Jiangdong Zhong Lu
江东中路 88 号
86511888
Everything needed for a new home.

Longjiang Flower Market

龙江花卉市场
78 Qingliangmen Da Jie
清凉门大街 78 号
Huge selection of plants, cut flowers, fish tanks and fish, plus gardening tools.

B&Q

百安居 **R1**
90 Kazimen Da Jie (beside Metro)
卡子门大街 90 号麦德龙旁
52450077

IKEA 宜家家居 **P3**

99 Mingchi Lu (East side of Kazimen Plaza)
明匙路 99 号 (卡子门广场东侧)
4008002345

Electronics & Photography

Professional Photography Equipment Market

照相器材专业市场
3F, Binjiang Friendship Shopping Center, 301 Ji-angdong Bei Lu
江东北路 301 号滨江友好商城三楼
Specialists in wedding photography with equipment including lighting, flash etc.

Camera & photography Equipment Market

东鼎照相器材市场 **N2**
Dongding Plaza, 699 Zhujiang Lu
珠江路 699 号东鼎照相器材市场
Widely regarded as the best camera and equipment market in Nanjing.

Mobile phone shops on Danfeng Jie

丹凤街 - 手机 **G4**
Indoor markets specialized in new and second-hand mobile phones and repairs.

IT products on Zhujiang Lu

珠江路 - IT 产品 **O1**
A multitude of stores selling everything you can imagine and more; computers, cameras, MP3 and MP4 players, iPad, webcams, hard drives, and portable flash drives.

Video games on Zhongyang Lu

中央路 - 电子游戏 **F4A**
Any type of video game for all game systems. Also do minor repairs.

Art

Art Home 聚贤堂

84 Shitoucheng Lu 石头城路 84 号
Arguably the best art supplies shop in Nanjing; oil and acrylic paints plus many products by Faber-Castell and Staedler. Framing service available.

Jiangsu Fande Culture and Art Block

江苏凡德文化艺术街区 **K2**
1 Zhengxue Lu 秦淮区正学路 1 号
84711180

An inclusive cultural industry platform for the research and development, creation, display and transaction of art works. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Avant-garde Contemporary Art Centre

先锋当代艺术中心 **K2**
A1-101 Finder Art District, 1865 Creativity Park, 388 Yingtian Da Jie
秦淮区应天大街 388 号 1865 创意园凡德艺术街区 A1-101
52270661 / 13814059763
Dedicated to the promotion of contemporary art.

Fangshan Culture and Art Creative Industry Park

南京方山文化艺术创意产业园 **Y2**
1 Donghuyuan, 588 Longmian Avenue 江宁区龙眠大道 588 号东湖苑 1 号
84933837

Home to 100 cultural industry enterprises, 4 art institutions and over 40 famous artists in photography, oil painting, Chinese painting, sculpture and pottery. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Jiangsu Art Gallery

江苏省美术馆 **P2**
266 Changjiang Lu 长江路 266 号
84506789
Local artists' work, changed frequently.

ART 国艺堂

D-1 Shuimuqinhuai, 99 Shitoucheng Lu
石头城路 99 号水木秦淮 D-1 号
84506789
Picture framing and art related supplies.

Nanjing Luhe Phoenix Art Gallery

南京六合凤凰山艺术馆 **M1**
Fenghuang Shan Park, Yanan Lu, Pukou
六合区延安路凤凰山公园内
57751345
A non-profit institution staging exhibitions and serving as a platform for people to exchange information and experience in art creation and collection. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Shenghua Art Center

南京圣划艺术中心
2 Zhoutai Lu, on Jiangxin Zhou (Grape Island)
江心洲民俗街洲泰路 2 号 (原乡土乐园)
86333097 86333100
Exhibition of contemporary Chinese art.

Stone City Modern Art Creation Gallery

石头城现代艺术创意园
72 Beijing Xi Lu 北京西路 72 号
55583708
Exhibition of modern Chinese art.

Yipai Art

南京艺派文化用品中心
81 Stone City
石头城 81 号
83704786
epair8888@126.com
Well stocked shop, with oil paints, brushes, spatulas, charcoal, easels, drawing instruments, sketch books plus a large selection of pens, pencils and lead refills.

International Groceries

Epermarket 上海赢盘实业有限公司

www.epermarket.com
4007760776
the 1st online supermarket In China to be ISO 9001 certified, delivering more than 5,000 imported & local goods, plus a growing selection of organic products. Shop for fresh produce, personal care products, high-quality imported meats and wine, and more. Customer service in English, French, German and Chinese.

Fields

www.fieldschina.com
4000210049
cs@fieldschina.com
Shanghai-based online grocery store that delivers safe, delicious, high quality and imported groceries directly to your door. Also offers beverages, organic produce, baby & personal care products, plus ready-to-serve items.

Nanjing Bakery

www.nanjingbakery.com
Home made cakes, ready to bake pizzas, lasagna etc. plus a range of items such as pasta, butter, cheese, sauces and spices.

Times Grocery 泰晤士 **F3**

48 Yunnan Lu 云南路 48 号
83685530
Compact yet its location breeds popularity; wide selection of imported but sometimes pricy food.

Happy Orange 乐橙便利店 **A2**

Cuiiping International (North Gate), Hanfu Lu, 20 Jiangjun Avenue, Jiangning
将军大道 20 号翠屏国际城北 (韩府路)
52158366
Small shop with a nice selection of imported items run by a charming couple from Taiwan.

Petite Abeille 法国小蜂蜜进口商店

80 Nenjiang Lu 嫩江路 80 号
83217096
Largest selection of French produce in Nanjing, with an emphasis on biscuits (petite pains, biscottes), chocolate plus home-made heavy breads and baguettes, croissants and apple pie.

Ronnie's Pies

13912379301
www.ronnies.com.cn

Home made Aussie pies in a variety of flavours, including delights such as Cornish pasties, Lancashire pasties and sausage rolls. Each pie comes individually wrapped and labelled. Delivers from Yangzhou.

Wendy's Bakery

温底手作

13611577210
http://wendybakery.taobao.com

Classic apple pie, bacon-cheese scones and inventive cranberry shortbread are all just a phone call away. Utilises only imported ingredients.

Metro 麦德龙

288 Ningli Lu 宁溧路 288 号 **R1**
300 Jianning Lu 鼓楼建宁路 300 号

Originally a B2B operation in which private individuals can now shop. Wide selection of foreign foods plus wines, beers and sprits. Passport/ID sometimes required.

Carrefour 家乐福

235 Zhongshan Dong Lu 中山东路235号 **N2**
341 Jiangdong Zhong Lu 江东中路 341 号 **B6**
26 Jiqingmen Da Jie 集庆门大街 26 号

7 Daqiao Nan Lu 大桥南路 7 号
3 Liuzhou Nan Lu, Pukou 浦口区柳州南路 3 号
Good range of dairy products, especially imported butter, cream and cheese plus snacks, pasta and wine.

Auchan 欧尚

151 Hanzhongmen Da Jie
汉中门大街 151 号 (近纪念馆东路) **B**
11 Qinhuai Zhong Lu 秦淮中路 11 号 **Q1**
866 Yingtian Da Jie 应天大街 866 号 **T1**
Another French hypermarché with probably the city's best selection of cheese.

BHG Market

B2, Aqua City, 1 Jiankang Lu
健康路 1 号水游城地下 2 层 **J3**
B1, Deji Plaza, Zhongshan Lu
德基二期地下 1 层 **H7**
B1, Forest Mall, 301 Zhongshanmen Da Jie 中山门大街 301 号森林摩尔商业街区-1 楼 **J2A**
B1, Raydu Plaza, 1222 Shuanglong Da Dao, 经济技术开发区双龙大道 1222 号 B1 中厅 **R3**
Features a very large stock of imported goods plus fresh organic fruit and veg.

RT Mart 金润发

39 Danfeng Jie 丹凤街 39 号 (近北京东路) **G3**
B1, New City Mall, 99 Caochangmen Da Jie
草场门大街 99 号新城广场 B1
260 Longpan Zhong Lu 龙蟠中路 260 号
Shanghai based supermarket with a decent imported food section, dairy and bakery items.

Q.E. Mart 青恩 **E2**

7 Wenshu Dong Lu, Xianlin 文枢东路 7 号
85862080
Medium-sized supermarket that from the outside is labelled "Korean Market" is the place to head for a wide range of Korean produce.

Sports & Outdoor

Decathlon 迪卡侬

866 Yingtian Xi Lu (same building as Auchan)
应天西路 866 号 **T1**
84218420
286 Ningli Lu (next to Metro)
宁溧路 286 号 (麦德龙对面) **R1**
52401018
Unit 8, Area A, 1 Beijing Dong Lu (opposite Jiangsu TV)
玄武区北京东路 1 号 A 区 08 (江苏广播电视台总台对面)
French sports megastore chain that also stocks a big selection of informal-wear shoes in sizes up to 48.

Sanfo 三夫户外

57 Zhongshan Lu 中山路 57 号 **H6**
84721228 84720512
4F, Zifeng Tower, Zhongshan Bei Lu
中山北路紫峰大厦购物广场 4F **G3**
83518681 83518682
Chinese outdoor chain store stocking equipment for biking and hiking plus backpacks and apparel for outdoor from big names such as Northland, Kailas and The North Face.

Foreign Language Bookstores

Foreign Language Bookstore

外文书店 **N2**
218 Zhongshan Dong Lu (Beside Taiping Nan Lu)
中山东路 218 号长安国际 (太平南路口)
57713287

Xinhua Bookstores

新华书店
56 Zhongshan Dong Lu (near Hongwu Lu)
中山东路 56 号 (近洪武路) **H24**
86645151
54 Hunan Lu (near Matai Jie)
湖南路 54 号 (马台街口) **E1**
83374645

Phoenix International Book Mall

凤凰国际书城 **E1**
1 Hunan Lu
湖南路 1 号八佰伴旁 (近中央路)
83657000 / 83657111

Wine Outlets

Newold Wine World

纽澳酒世界 **B**
Area B, F1, New City Mall, 99 Caochangmen Da Jie
草场门大街 99 号新城市购物中心负一楼 B 区
86265959

Jiangsu Jiuchao Distillery

江苏九朝酒业
278 Hongwu Lu 洪武路 278 号 **B**
84404159
10 Beimen Qiao Lu 北门桥路 10 号 **G4**
84714862
38 Dashiba Jie 大石坝街 38 号
84706778

Jayson Wines

南京杰森酒业 **O5**
52 Taiping Bei Lu 太平北路 52 号
8370 7195

Eminence Cellar

香松酒窖 **G1**
Inside Wutaishan (opposite to Jin Inn)
Guangzhou Lu 广州路五台山体育场
66012088

Aussino Cellar

富隆酒窖 **O3**
Room 109, 198 Zhongshan Dong Lu
中山东路 198 号 109 室
84679799
www.aussino.net

Ziyo Wines

南京紫元酒窖 **Q3**
18 Mochouhu Dong Lu
莫愁湖东路
13770923489

Chateau Family Cellar

名庄世家酒窖 **B**
16-10 Mochouhu Dong Lu
莫愁湖东路 16-10 号
87781899 / 13852287767

Services

Healthcare

Hscybele Hospital

华世佳妇产科医院 **R2**
9 Wenti Xi Lu 文体西路 9 号
24 hour English hotline: 18013919815
www.hswoman.com/en/
Combines an Obstetrics and Gynecology Department, Neonatology Department and Pediatrics Department with a tranquil atmosphere, high standards of hygiene and more than competent English service, including 24/7 telephone hotline. Underwater birth available; international medicare accepted.

International SOS Nanjing Clinic

南京国际(SOS)紧急救援诊所 **M1**
1F, Grand Metropark Hotel, 319 East Zhongshan Lu
中山东路 319 号维景国际酒店 1 楼
84802842 (by appt.)
Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Assistance Center: 010 64629100
www.internationalsos.com
Delivers integrated, quality, comprehensive medical care. Services span from family medicine to 24/7 emergency services. Languages spoken include; English, Chinese, German, and Japanese.

Angel Flossy-Care Dental Center

天使福乐氏口腔连锁 **B**
4F, 10 Kexiang Alley, Qinhuai District 南京市秦淮区科巷 10 号 4 楼
84069389 / 13951994471
www.025yasa.com
Offers all kinds of oral treatments including dental implants, crowns or bridges, dental whitening, cosmetic dentistry, root canal therapy, orthodontics and more. 100% bilingual staff; other branches in Suzhou, Nanjing, Beijing and Shanghai.

Keya Dentistry 科雅口腔 **T5**

Room 411, Building E, Wanda Plaza, Hexi
南京河西万达广场 E 座 411
4008919828 / 83308686
www.keyath.com
Providers of Invisalign; a popular, Western alternative to braces, plus reconstructive and cosmetic teeth surgery. International medicare accepted.

Global Doctor International Medical Centre

环球医生国际医疗中心 **Q3**
1F, Zuolinfengdu, 6 Mochouhu Dong Lu
莫愁湖东路 6 号左邻风度 1 栋 1 楼
86519991 (24 Hours)
www.globaldoctor.com.au
International medical centre offers family medicine & specialist services plus 24 hour emergency assistance to expatriates in Nanjing. Mon-Sat 09:00-18:00. Multilingual staff: EN/JP/ES/KO/CN.

BEN-Q Medical Centre 明基医院 **C4**

71 Hexi Da Jie 河西大街 71 号
52238800
Another popular choice for expats, BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors.

Nanjing Union Dental Clinic 南京友联齿科 **M1**

1F, Grand Metropark Hotel Nanjing,
319 Zhongshan Dong Lu
中山东路 319 号维景国际酒店一层
84818891 / 84808888-6555
dentist@uniondental.cn

Health Examination Center 江苏省国医馆 **B**

168 Qingliangmen Da Jie
清凉门大街 168 号
86216721
www.jsjsgg.com
English speaking staff, diagnosis by imported advanced medical technology and treatment by Traditional Chinese Medicine. 100% non-invasive.

**Nanjing Entrance-Exit
Inspection and Quarantine Bureau**

南京出入境检验检疫局 **📍B2**
1 Guojian Lu, Jiangjun Da Dao, Jiangning
江宁区将军大道国检路1号
52345354

Health checks for work permit / visa applications.

Nanjing Drum Tower Hospital

南京鼓楼医院 **📍F1** ●
321 Zhongshan Lu 中山路321号
83304616
The major trauma hospital (24 hr).

Jiangsu Provincial Hospital

江苏省人民医院 ●
300 Guangzhou Lu 广州路300号
83718836
The major Western medicine hospital.

Nanjing Children's Hospital

南京市儿童医院 **📍G1** ●
72 Guangzhou Lu 广州路72号
83117500 83116969

Jiangsu Provincial Hospital of TCM

江苏省中医院 **📍Q2** ●
155 Hanzhong Lu 汉中中路155号
86617141
The major Chinese medicine hospital.

Nanjing Maternity and Child Healthcare Hospital

南京市妇幼保健院 **📍P1** ●
123 Tianfei Xiang 天妃巷123号
52226777
The major maternity hospital in Nanjing.

Legal

D'Andrea & Partners Law Firm

D' Andrea & Partners 律师事务所 **📍P1** ●
920, Jinglun International Mansion, 8 Hanzhong Lu
汉中中路8号金轮国际广场920室
86505593 / 86505693
nanjing@dandrapartners.com
International consulting firm present in China since 2004 offering legal services in Italian, Chinese, English, French, German and Russian plus assistance in foreign direct investment in China, mergers and acquisitions, international contract law and labour law.

Jeffrey Wang Attorney at Law

王煜卓 | 南京办公室 | 合伙人 / 律师 **📍C2A**
Deheng Law Offices, 3F, 2 Chuangzhi Lu
建邺区河西大街创智路2号3楼 | 德恒律师事务所
18066065862 / 58993266
www.chinalawexpert.com
info@chinalawexpert.com
Business lawyer with more than fifteen years legal practice in Nanjing plus fluent English and legal knowledge in both business and personal areas.

Dacheng Law Offices

大成律师事务所
2F, 72 Beijing Xi Lu
北京西路72号2楼
83755108
nanjing.dachenglaw.com
Hongliang.Hu@dachenglaw.com
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87735531
www.nanjinghouses.com
info@nanjinghouses.com

Provides a unique-to-the-industry process of pre-screening options in order to save time and energy while looking for an apartment or villa.

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Room 1901, Xinghan Mansion, 180 Hanzhong Lu
汉中中路180号星汉大厦1901室
51860592 / 5186 0590
www.shre.com.cn
sunhome@shre.com.cn
Pre-move consulting home search service, orientation and settling-in programs plus vehicle leasing.

Home Caught Relocation Service

吴鸿房地产咨询顾问有限公司 **📍N2** ●
4F, 669 Zhujiang Lu 珠江路669号4F
84800918
www.homecaught.com
lease@homecaught.com
Supplies many a multinational firm with home search and rental services plus bus fleet solutions.

Crown Relocations **📍O3** ●

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Rm 1908, Block B, New Century Plaza,
1 Taiping Nan Lu
太平南路1号新世纪广场B栋1908室
84541017
slaing@crowwww.com
Provides moving services, housing services, school search, immigration services, and orientation services with a global network spanning 60 countries.

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Hequn Xincun, off Shanghai Lu
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150 Shanghai Lu 上海路150号 **📍G1** ●
Wan He Zun Di, 70 Zhongyang Lu
中央路70号万和尊邸
9 Xitong Lu (east gate of Yinlong Ya Yuan)
西桐路9号银龙雅苑东门
400-8090-108
Condominiums of stylish studio flats situated in key parts of Nanjing's foreign community. Common areas provide opportunity for social exchange and integration.

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国际运输代理有限公司
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www.apex15.com
nanjing@apex15.com
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12C1, Jinlun Mansion, 108 Hanzhong Lu
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84701658
www.cmrchina.com
Supplies multinationals, with additional services including driver's license and import/export of pets.

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Nanjing International Christian Fellowship

Ramada Hotel, 45 Zhongshan Bei Lu
中山路45号南京华美达怡华酒店 ● **📍F4A**
Sundays 9:30am to 11:30am
Foreign passport holders only. English service with translation available in Chinese, French and Spanish.

KuanEumHui Korean Buddhist Club

观音会南京韩人佛教会 **📍L3** ●
1703, Building 2, Fuli Shanzhuang
富丽山庄3栋1703室
13222018582
Service: 11:00am

Shigulu Catholic Church

石鼓路天主教堂 **📍P1** ●
112 Shigu Lu 石鼓路112号
84706863
Korean service: Sat 4.30pm
English/Chinese Service: Sun 4.30pm

**The Church of Jesus Christ
of Latter Day Saints**

Yuhua Jingli Hotel, 8 Xiaohang Yaojia'ao
雨花区小行尤家凹8号雨花晶丽酒店 **📍D3**
Mormon service on Sundays at 10am. Foreign passport holders only.

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18551737659
www.chrysalisasia.com
thrive@chrysalisasia.com
A multi-national consulting firm involved in business consulting, solution services, young professional services, business start-ups and care for orphans.

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Coaching for young athletes, adult-personal training and/or Boot Camps.

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V-Salon 香港时光设计有限公司 **📍H5** ●

32F, Golden Eagle Plaza, 89 Hanzhong Lu
汉中中路89号金鹰国际商城32楼
86292980
Run by a stylist for many pop and movie stars, including Nicolas Cage and Julia Roberts.

Mei Lun Shang Pin Hair Saloon

美伦上品私家专属定制 Salon **📍H15** ●
6 Sanyuan Alley, Xinjiekou
新街口三元巷6号
15895936797 84217148
Continuing the trend for pubs that cut your hair, Mei Lun Shang Pin targets the lucrative expat market by having both foreign stylists and translators on hand.

Franck Provost Hair Salon

梵珀巴黎法式发艺 **📍H7** ●
F322 Deji Plaza Phase 2
中山路18号德基广场二期F322店铺
86777366
Resident French stylist available; bookings advised.

Pets

Amy Hao Hao Pet Care 爱咪好好 **📍H15** ●

18 Nantai Xiang Xi (off Wang Fu Da Jie)
王府大街南台巷西18号
84203097 / 13952034351
Professional cat and dog grooming service run by a local Nanjing girl who speaks fluent English.

Puppy & Kitten Pet Store 狗仔猫仔宠物店

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鼓楼区石头城路81号
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Tom Dog Pet Center 汤姆狗宠物中心 📍P2

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86662858

Pet stayover and dog walking service, retail outlet and English speaking staff.

Nanjing Veterinary Station

南京畜牧兽医站宠物总医院
448 Longpan Zhong Lu
龙蟠中路 448 号
84484781

Major centre for vet services and vaccinations.

Photography**Nicolas Harter Photography**

13770761603

www.nicolasharter.com

A French photographer specialising in wedding, commercial and event photography, and author of photo-book "Africa Square", a profile of African artists at the 2010 Shanghai Expo.

Media & Design**SinoConnexion**

南京贺福文化传媒有限公司 ●

14F, Building 1, World Times Square, 8 Dongbao Lu
鼓楼区东宝路 8 号时代天地广场 1 幢 1417 室
84718617 / 13851522275

www.sinoconnexion.com

info@sinoconnexion.com

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58820096 / 18120135627 / 15950575174

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#4004, 40th Floor, Tian'An International, Shigu Lu, Gulou District

新街口大洋百货天安国际 40 楼 4004 (地铁 1、2 号线新街口站 15 号出口)

NJU No.II Dept: Rm 412, Innovation School, NJU Science Park, Xianlin

南京市仙林大学城南大科技园创新创业学院 412 室

4006969469

www.wowtran.com

Offers a full suite of translation services for business, legal, technical and personal use, including official and notary translations, marriage certificates, drivers' licenses plus interpreter services.

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See table below

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Rm.1339,13/F, Kingsley International Centre, 169 Hanzhong Lu 汉中中路 169 号 13 层 1339 室

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www.arval.cn/eng

Lease brand new cars and vans without having to find the initial capital to purchase them. Five years experience in China car rental industry through BNP Paribas' financial leasing business.

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4008 868 868 (CH,EN)

Sales Office: Room 951, World Trade Center, 2 Hanzhong Lu 汉中中路 2 号金陵饭店世贸中心 951 室

Fax: 84722624

nanjing_lufthansa@dlh.de

Lukou Airport Int'l Check-in Service - Rm 417 📍G

Dragonair

港龍航空有限公司 📍H6 ●

Room 751-754, Jinling World Trade Center, 2 Hanzhong Lu

汉中中路 2 号金陵饭店世界贸易中心 751-754 室

84717286

D.T. Travel

大唐国际(香港)商旅服务有限公司

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400 886 1212

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nanjingstv@gmail.com

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Golden Eagle Shopping Center, 89 Hanzhong Lu

汉中中路 89 号金鹰国际

Central Department Store, 79 Zhongshan Nan Lu

中山南路 79 号中央商场

Hong Bang Tailor

红邦裁缝 📍G1 ●

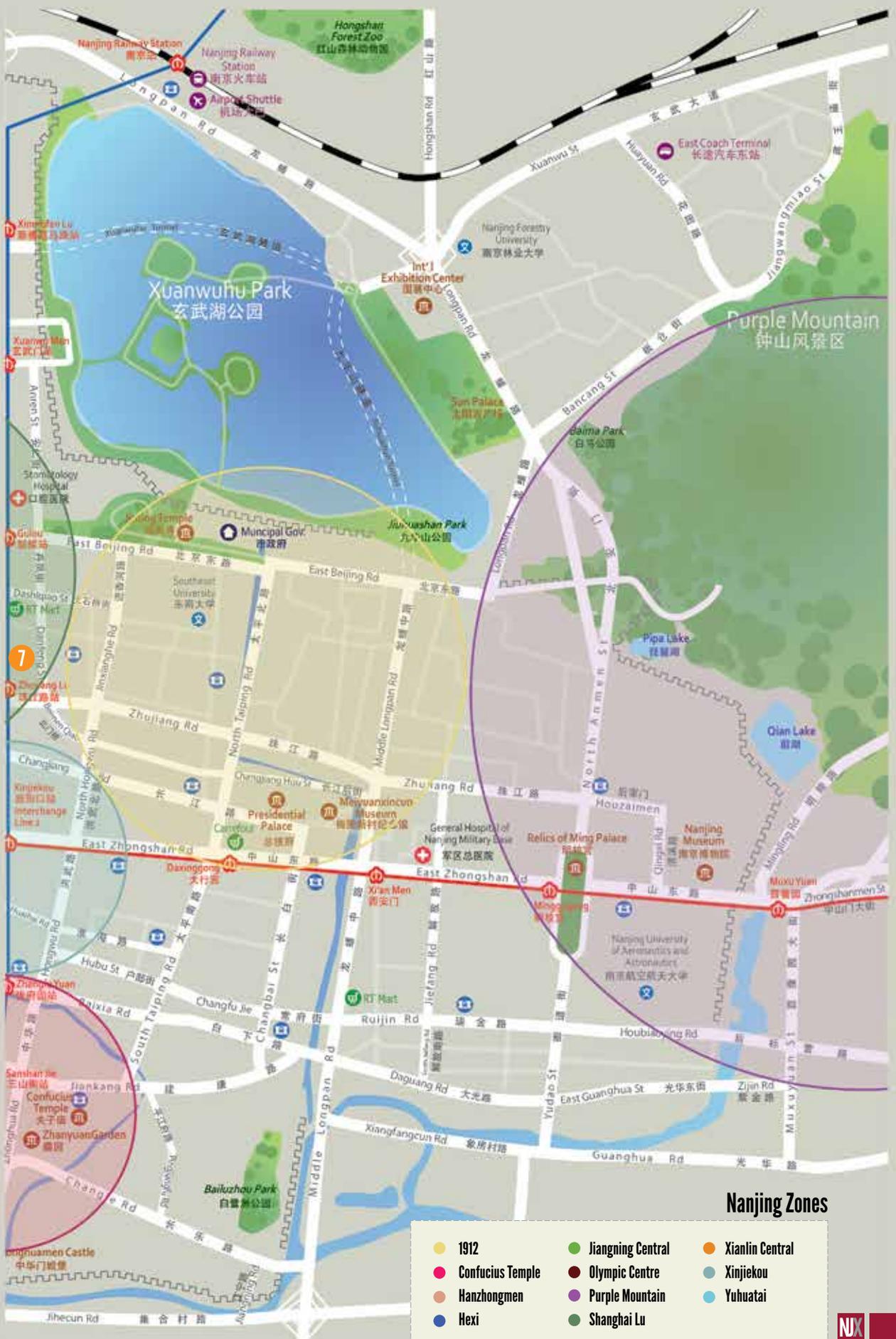
18 Nanxun Cun, Shanghai Lu

上海路南秀村 18 号

Not much to look at, but the tailor of choice for many a Nanjing expat.

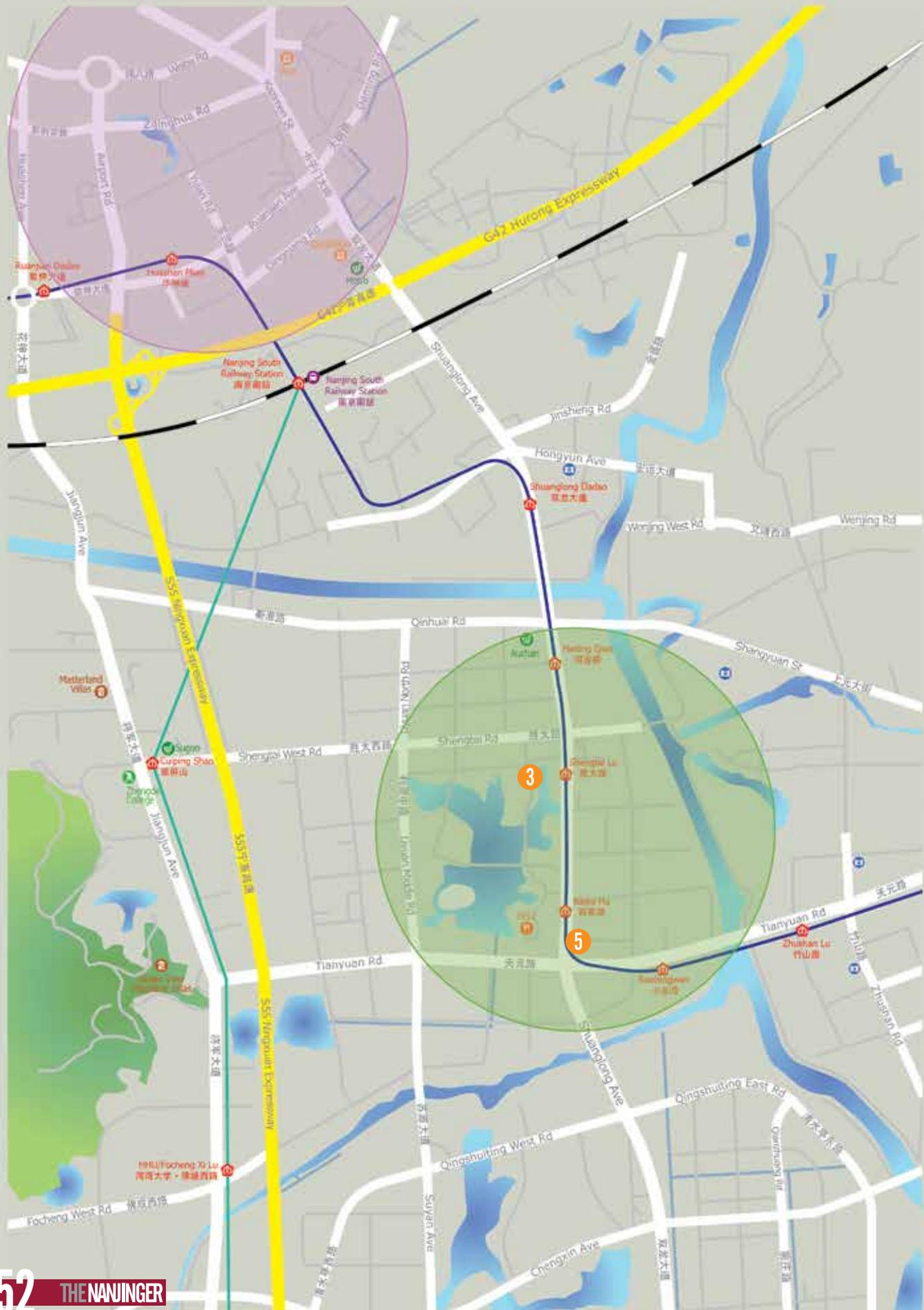
Airport Shuttle Bus						AIRPORT - CITY CENTRE			
Airport Bus Line No 1 机场巴士1号线	Cuipin Shan Hotel 翠屏山宾馆	Yuhua Plaza 雨花广场	Qinzhong Qiao 秦虹桥	Xihuamen 西华门	Nanjing Railway Station 南京火车站				
Service during flight arrival times, departure as soon as bus fills up (approx every 20-30mins), ¥20									
Airport Bus Line No 2 机场巴士2号线	Nanjing South Railway Station 南京南站	Zhonghuamen 中华门	Shuiximen 水西门	Hanzhongmen 汉中门	Caochangmen 草场门	New City Mall 新城市广场	Hexi Wanda 河西万达广场		
Service begins at arrival of first flight until 22:00, departure as soon as bus fills up (approx every 20-30mins), ¥20									
Metro Line S1 地铁S1号线	Airport 机场	7 Stops	Nanjing South Railway Station 南京南站						
Departure 6:00 - 22:00, every 5 - 10 mins, journey time 35 mins, ¥6 - 8									
						CITY CENTRE - AIRPORT			
Nanjing Railway Station 南京火车站	221 Longpan Zhong Lu 龙蟠中路221号	Airport 机场							
Service leaves from NRS East Square 南京火车站东广场 5:30 - 20:40, every 20mins, Longpan Zhong Lu departure 10 - 15 mins later, ¥20									
Nanjing South Railway Station 南京南站	Airport 机场								
Service leaves from NSRS Bus Terminal 南站的汽车客运站 6:00am - 21:00, direct connection to airport, journey time approx. 40mins duration, ¥20									
New City Mall 新城市广场	Hexi Wanda 河西万达广场	Airport 机场							
Leaves from Mo'er Block parking space behind New City Mall 摩尔街区停车场 5:30 - 20:40, every 20mins, Hexi Wanda departure 10 mins later, ¥20									
Metro Line S1 地铁S1号线	Nanjing South Railway Station 南京南站	7 Stops	Airport 机场						
Leaves from Nanjing South Railway Station Metro Station 南京南站地铁站 6:00 - 22:00, every 5 - 10 mins, journey time 35 mins, ¥6 - 8									



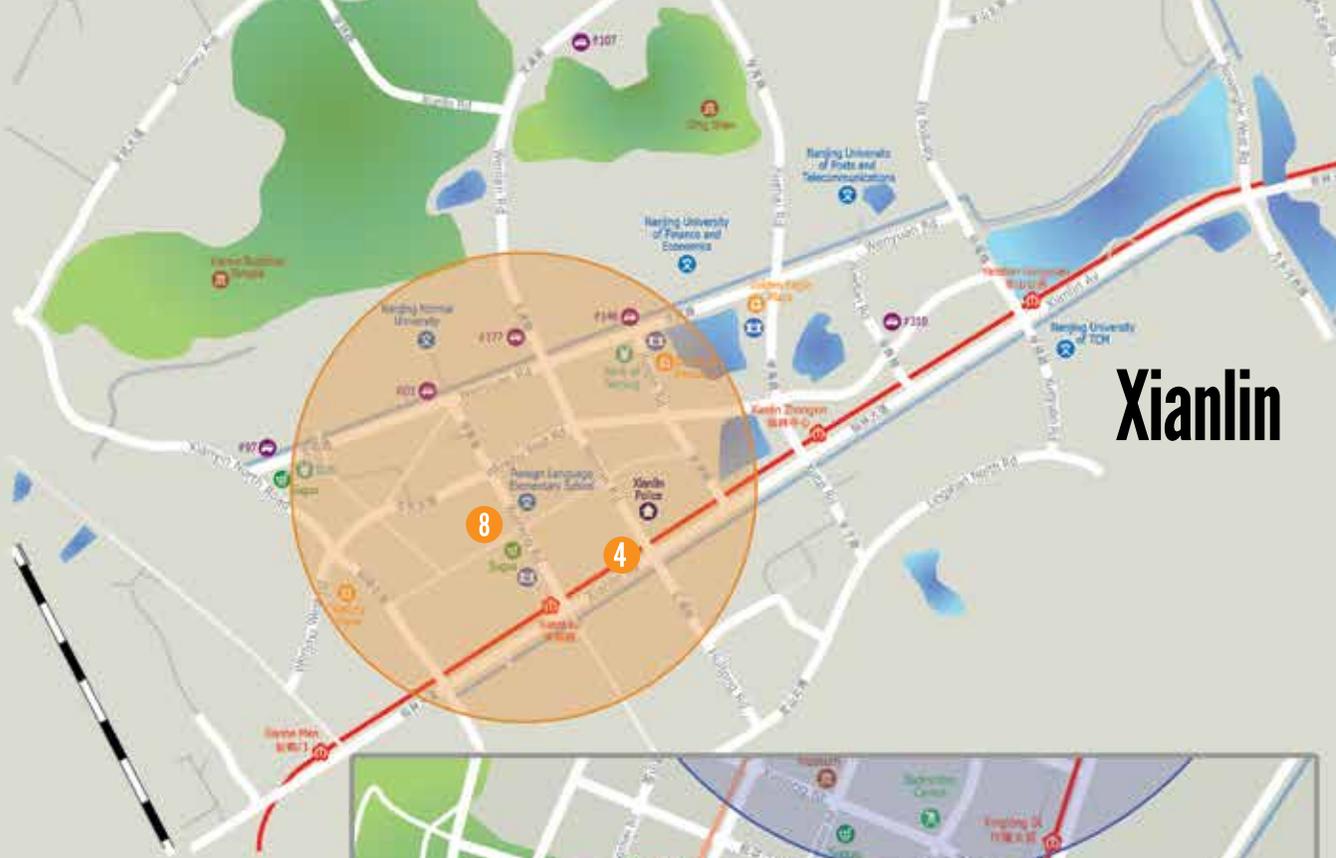


Nanjing Zones

- 1912
- Confucius Temple
- Hanzhongmen
- Hexi
- Jiangning Central
- Olympic Centre
- Purple Mountain
- Shanghai Lu
- Xianlin Central
- Xinjiekou
- Yuhuatai

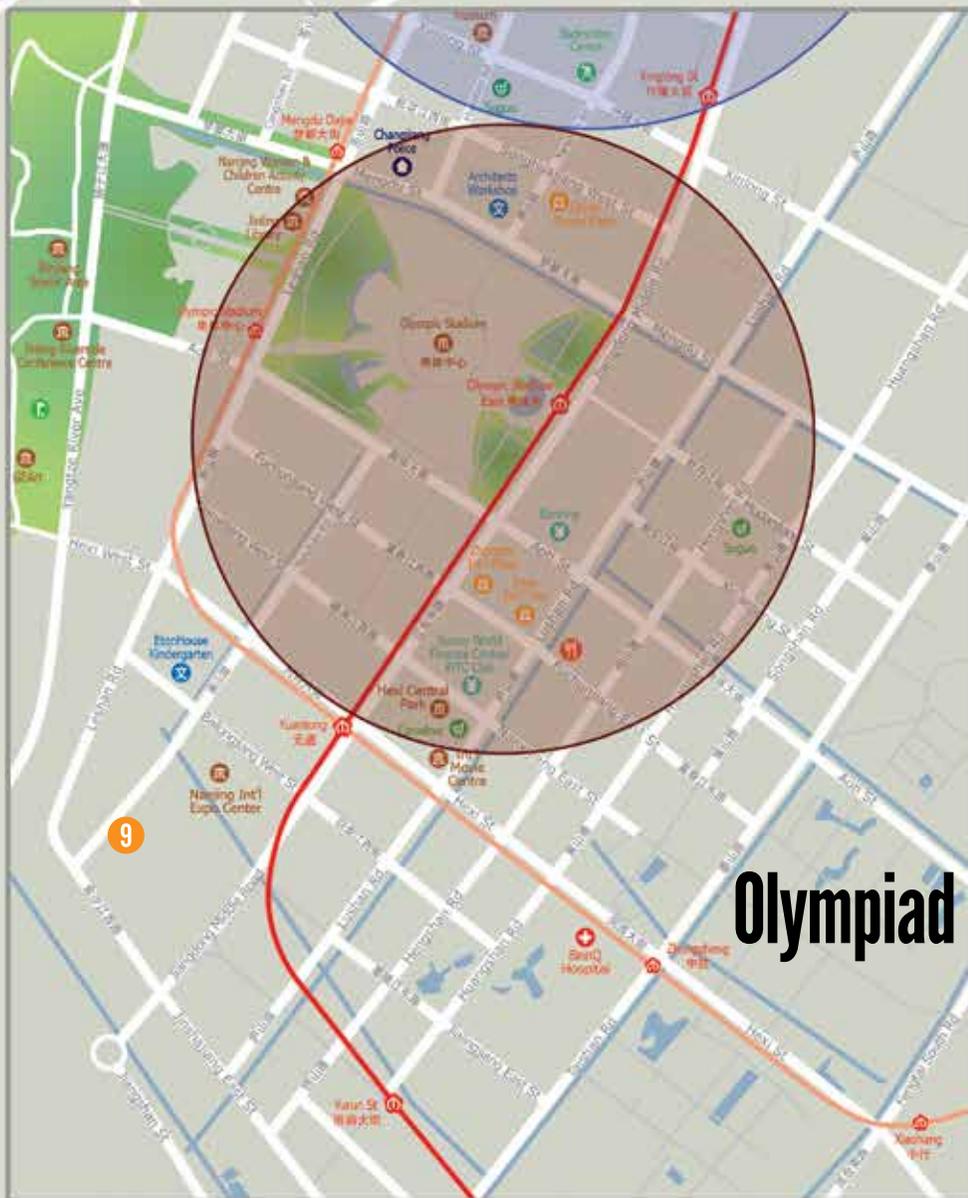


Xianlin



Premium Partners

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Olympiad



What is the Future of Foreign NGOs in China?

- A Non-Governmental Organisation (“NGO”) is an entity that is neither a part of government nor a conventional for-profit business. Usually set up by citizens, NGOs may be funded by governments, foundations, businesses, or private people for different reasons. Some avoid formal funding altogether and are run primarily by volunteers.

In China, there are reportedly approximately 1,000 foreign NGOs engaged in long-term activities in the territory, with another approximately 6,000 in short-term cooperative projects. They are active in many areas, such as poverty alleviation, child and environmental protection, healthcare and education. The amount of financial stimulus into China through foreign NGOs may be annually in the hundreds of millions of US dollars.

The Standing Committee of the National People’s Congress, a de facto legislative body, is drafting a law on the management of foreign NGOs. The second draft of the PRC Foreign Non-governmental Organizations Management Law (“the Draft”) was published to the public to solicit their opinions between April and June of 2015, in which Article 1 reads, “This Law is formulated order to regulate and guide activities conducted by foreign NGOs within mainland China, safeguard their lawful rights and interests, and promote exchanges and cooperation”. Although the legal status of NGOs could be recognised and legal property and rights protected through the legislation, the draft would put NGOs under the supervision of the police and impose a variety of restrictions on them. There are also those who think that the Draft’s true legislative background is to strengthen national security in China.

Improvements and Concerns

(i) Support

In accordance with the Draft, Chinese authorities shall provide foreign NGOs with various support and facilitate foreign NGOs in lawfully carrying out activities in mainland China, such as policy consultation, while receiving preferential tax rates. The state will commend foreign NGOs that make outstanding contributions to the development of China’s public welfare causes, and establish information service platforms online for processes such as registration.

(ii) Unclear Definitions

Many experts believe terms within the Draft, such as “foreign NGOs”, “activities” or “political activities” lack clear

definition, leading to problems in the future. For example, “Foreign NGOs must not engage in or fund for-profit activities or political activities, and must not illegally engage in religious activities or illegally fund religious activities.” Without a clear scope and definition of “political activities”, how can a foreign NGO realise if it is breaking the law?

(iii) Funding

According to the Draft, foreign NGOs and their representative offices must neither solicit contributions nor accept donations within mainland China, except those otherwise provided by the State Council. That donations shall be from lawful sources outside mainland China could restrict the financial resources of foreign NGOs.

(iv) HR

HR is also a significant issue. The Draft states, “the proportion of foreign personnel at foreign NGOs’ representative offices must not exceed 50 percent of total staff numbers.” Meanwhile, they cannot directly hire personnel or recruit volunteers within mainland China though a few selected intermediaries may help them to handle the issue. Such restrictions are seen as unreasonable by many foreign NGOs which would like to personally recruit the people they want.

Conclusion

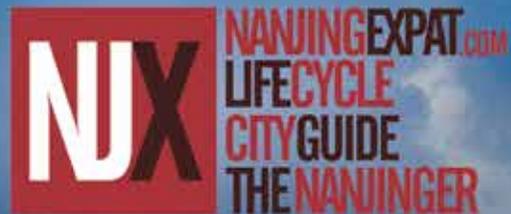
Foreign NGOs, such as foreign industry associations, environmental organizations, science and technology institutes and other NGOs defined under the Draft play an important role not only for foreign communities but also for Chinese people and entities. They have made significant contributions to Chinese economic boom and social development. Public Security Minister Guo Shengkun, speaking at a recent symposium on overseas NGOs, said, “China highly appreciates the contributions made by overseas nongovernmental organizations and will further support their friendly activities in China.” For the NGOs, they merely hope the new law will guide them in complying with Chinese laws, protect their legitimate rights in mainland China, and provide them with greater support and convenience, while imposing a lesser, not greater, financial, administrative, and operational burden. 🇨🇳

Disclaimer

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