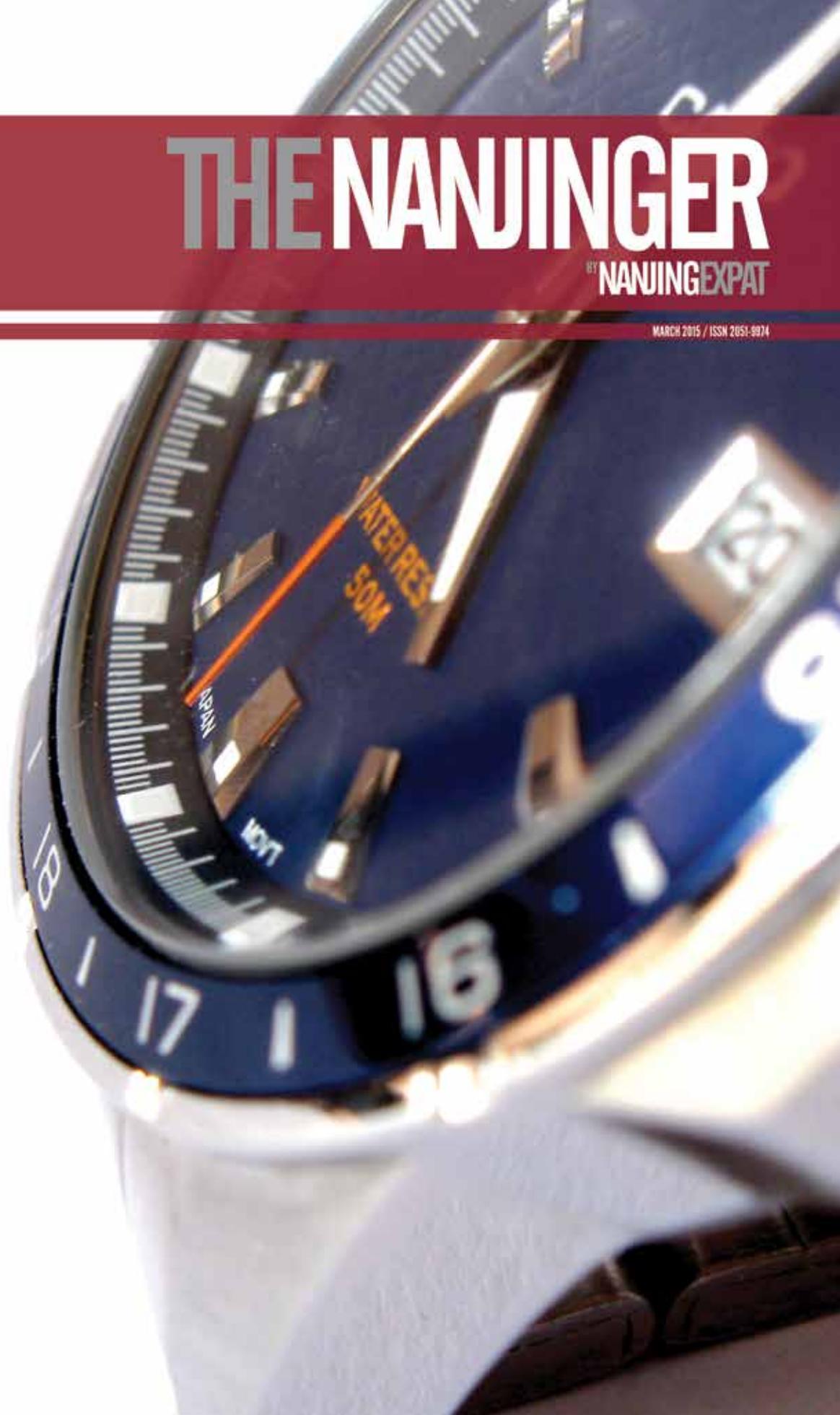


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BY NANJINGEXPAT

MARCH 2015 / ISSN 2051-9924





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泉源本人即是他的座右铭“平庸是一种疾病，我们每天都要与之抗争”的现实化身。作为一位优秀的设计师，他才能丰富创意无限。其网页设计作品还被收入在了代表网页设计艺术成就的权威性行业年鉴内。《网页设计艺术指南一第五册》

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贺福是我们杂志的编辑和音乐评论员，在过去的30年里一直从事电台主持和电台制片的工作。在中国有近20年的媒体工作经验。工作期间他曾经四次获得过纽约传媒艺术节大奖，分别是世界前40强节目奖，最佳编辑奖，最佳导演奖以及最佳文化艺术奖。

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THE NANJINGER #43 CONTENTS

NANJINGEXPAT VOLUME #5 / ISSUE #5

4 | Contributors

8 | Editorial

9 | The Small Print | Letter of the Month

10 | Buying Honour; Chinese Consumer Culture

14 | Where there's Wealth, there's Materialism

18 | Beyond Materialism

22 | Obituary; Knut Jaeger

24 | Let's Get Physical | ABC

27 | Corker | Icons and Inspiration

29 | Pitchfork | A Tale of Two Students; Equality in Education

30 | Bats Balls & Bails | Football

32 | In Their Shoes | The Year of the Gazelle

35 | Strainer | New Year, Old Tea

36 | Our Space

41 | The Nanjinger Bus Table

48 | The Index

56 | Airport Shuttle Bus

58 | City Maps

62 | The Gavel | New PRC Foreign Investment Law Draft

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Material Girl

A diverse mix of opinion is proffered up in this issue of The Nanjinger, as we take to the very public hotbed that is materialism in China.

Approaching the topic from very different, and largely contradictory, angles, we theorise over the differences and similarities of spending, hoarding and flaunting.

Elsewhere, our subjective opinionist Ben Flake tackles, as he decrees it, the Year of the Gazelle, and Alix Dearing ponders while we in the West may find better schools in the countryside, the opposite is true here in China. Just what is being done about it?

Don't forget our new maps of Nanjing, beginning on page 58, with zones tied to the information in The Index to help us all find our way to destinations popular with expats.

All this and a lot more, including six pages of photos from activities over the Chinese New Year break, in this, the March 2015 issue of The Nanjinger.

The Small Print

I bought another watch today,
Now it too times my life:
Proud as a peacock; thrice as expensive; sitting on a shelf

With its five brothers and its two sisters
Reminding me, in its voice so quiet, authoritative, taut.
'You only have one wrist.'

But as you see, it has a so many functions.
So many programmed promises
Encased within so fashionable a shell.

Were I to sail
Dutifully would it inform me of the timings of the tides
To transport me to that foreign shore.

Were I to dive
It would stand sentinel, counting the all-important seconds
As I swam through myriads of merfolk in a dark and dangerous
deep.

Were I to hike
It would befriend me, keeping watch on a lonely mountain, steep
Warn me of inherent dangers in the changes of the weather.

Were I to run
Then would it coach me, filling me with confidence, congratulate
me
As I sprint past dreary lives, so clearly less fulfilled than mine.

Were I to have friends...
It would gossip with me, telling me, in confidence of course, of
that text,
A tweet so sweet I might, so busy socialising, else have missed.

Were I...
Were I...
Were I...

And there it sits. Watching me with one cold, gold eye.
Reminding me, despite such promises, adventures written in a
passing wind,
That I only have one wrist.

by Maitiu Brallaghan

Letter Of The Month

Dear Nanjinger,

For sure, living independently in a completely foreign country is for more than difficult. A lot of adjustments are needed to fit in. Culture shock is one sure thing you will have to endure. Learning a little bit of their native language helps a lot in your daily living.

As for me living here in Nanjing for about 3 years now, the experiences are priceless and incomparable. There were for sure bad times such as queuing up for a long time at the train station ticket booth, crowded subway stations and restaurants, and difficulties in getting a taxi. I am sure all of us expats here have had those experiences. However, good ones are always the best and unforgettable. I have learned a lot about the Chinese cultures as well as their traditions. Their festivals are quite amusing. The national holidays are usually longer which in my opinion is just perfect. The people are friendly, helpful, generous, and accommodating, in short, they are wonderful human beings. After I moved here, I fell in love with the city. It is beautiful, peaceful and there are tons of expats like me who are up for adventures. There are a lot of nice places to visit, different restaurants to try, mountains and lakes to relax, and clubs/bars to hang out in. I have tried many things here that I have never tried before. I ate foods that I didn't even imagine even in my wildest dreams. I have made a lot of friends from different parts of the world which is so far the best and most rewarding experienced I had here.

So far, I'm having the best years of my life in this big city. I'm proud to say that Nanjing is my HOME away from home.

MissJM

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Yat-Sen's mausoleum, Purple Mountain Observatory and Ming Xiaoling all located nearby.



NANJING EAST
SUNING GALAXY



Buying Honour

Chinese Consumer Culture

By Shahnaz Mouhamou

“I measure my success by the things I own.”

71 percent of Chinese respondents agreed with this assessment, according to a survey conducted by IPSOS in September 2014. Leading the pack out of the 20 countries polled, and in stark contrast with the Americans and Canadians at slightly over 20 percent, China has seemingly taken the global lead in materialism. Just a little over 30 years ago, China had virtually no consumer economy. A decade later, the nation coughed up a whopping 90 million emerging shoppers that more than tripled by 2014 to a new class of 350 million super consumers.

Step aside America, because China has officially taken over your place. As the most important market for key luxury sectors, China and its offspring of shopaholics currently account for 29 percent of luxury-goods sales globally, 60 percent of which is spent outside of the mainland. With the spending power of luxury consumers expected to triple in the next 10 years, many analysts are drawing strong parallels to postwar America.

As most expats will have already noted, the world as we knew it, in the span of a few years, has done a 180. Just as America's super consumers brought a seismic shakedown to the world order, the same is happening with China today. With the country on the cusp of superpowerdom, understanding its consumer culture has become an intrinsic part of understanding the nation and providing context to the rise of the world's largest economy.

But what do we really know about those 350 million? Has China's eager attempt to switch to a more mature demand-driven model of economic growth merely created generations of West-idolizing, superficial materialists? Jumping too quickly to these conclusions is a mistake. After all, China is very big, very old, and very different; large companies have learned to adapt and shape their strategies accordingly. Just as a company cannot transplant its Western business model and expect success in China, we cannot analyze the findings of the survey from a Western standpoint. It is easy to look at the success of Starbucks and Bordeaux wine in a tea-drinking culture as a symptom of China's Westernization; yet, this is too simplistic. China and the West do not have a shared history, culture, language or conceptualization of values. As China market entry experts Savio Chan and Michael Zakkour point out in their latest book, *China's Super Consumers: What 1 Billion Customers Want and How*

to Sell it to Them, "...while the destination may look the same, the journey is necessarily quite different."

Like any other nation, Chinese define themselves by their history; one that goes far beyond the tumultuous times of 20th century China. While the West established its modern cultural and social identity through the Enlightenment period, China's focus was internal. East and West developed and operated in two entirely separate worlds. China hardly took notice of the rise and fall of the Egyptian, Greek, Roman, Mayan, Aztec, Native American and modern European empires. Judaism, Christianity and Islam were founded and flourished, while the Chinese empires were busy acquiring territorial conquests, fighting countless civil wars and natural disasters as well as surviving the reign and collapse of great and tyrannical emperors.

Over the course of a few millennia, China's deep and powerful cultural roots shaped most Southeast Asian societies. Historically, the Middle Kingdom has been the world's leading economic superpower; 400 years of Anglo-European dominance seem a mere blip in comparison.

China, with its long history of commerce rooted in a strong value-coded system based on Confucian, Buddhist, and Taoist religio-philosophical tradition, approaches the understanding of time and history in a circular rather than linear manner. Despite modernization, these traditional values define the emotional impulses of the Chinese consumer and their conceptualization of materialism, whereas international consumer theory has been guided by a Socratic and Judeo-Christian set of values emphasizing how individuals fulfill their needs within an individualistic society.

Individualism vs. Collectivism

Research by prominent social psychologists Markus and Kitayama suggests that the "self" is divided into two selves; the private and public. The former is composed of emotions, desires, personal values, memories etc. and the latter characterized by social roles and, as Markus and Kitayama elaborate, "the persona being presented to others." The private or independent construal of self dictates the behaviour of one's identity as being separate from the group. In contrast, the public or interdependent self's identity is expressed through fundamental connectedness between members of one's social relationships.

In Chinese society, individualism as per our Western definition does not exist. Rather, adhering to social norms and making decisions as a representative of a group is the underlying motivation of the average Chinese consumer. This explains why China was also leading in the second part of the IPSOS survey, with 68 percent of Chinese agreeing with the statement “I feel under a lot of pressure to be successful and make money.”

Networks and Social Status

“History has taught the Chinese to have the biggest, strongest safety nets they can manage.”

Chan and Zakkour

Chinese find security in networks and are consistently looking to strengthen them. Other than security, networks provide money and status; so naturally, they heavily influence purchasing decisions and consumer behaviour. The significance of social networks and conformity provides some insight into the role of materialism in Chinese society. The relationship between “losing face” and social status plays an important role in spending habits. It is quite common to see a secretary making ¥4,000 per month buying a ¥6,000 Gucci bag. In 2013, Chinese consumers accounted for 50 percent of Louis Vuitton’s global sales, most of which were only middle-class consumers earning between ¥4,000 and ¥13,000 per month. This trend is also apparent in the purchasing of cars. China has become the world’s largest auto market, despite the fact that on average a car costs 100 percent more than in the US and represents 120 percent of the recipient’s annual income. However, without a vehicle or apartment, individuals (especially men) and their respective families risk losing face and consequently their rank in the hierarchy of their networks. The success of brands among Chinese consumers is largely a result of the ingrained interdependent self-concepts that merge individual with group and allow for material possessions to display social status. At the beginning of the millennium, brands were worn as badges, and recognizable logos were flying off the shelves.

Social Status and Gifting

Materialism and its correlation to social status and power can be seen throughout the nation’s history. In order to maintain its economic and cultural hegemony, the Chinese empire needed a strong material, economic foundation. The prosperity and wealth that defined this thriving society, was dependent on the pursuit and ap-

preciation of material possessions. This was reflected in the writings of Confucius and Mencius, who were strong critics of the opulent and luxurious ways of the elite. Bestowing bronze, jade, silks, and porcelain gifts on its neighbours has been this nation’s secret and powerful weapon throughout the dynasties.

Besides being a tool of diplomacy at the macro level, gifting is just as powerful at establishing and maintaining social networks. Luxury goods provide honour and esteem to both the recipient and gift giver and contribute to the overall sense of wellbeing, as the social capital gained from the practice far outweighs the costs. Unlike the West, the consumption of luxury goods is not a reflection of private preferences but rather stems out of a desire to conform to social norms.

Unfortunately, just like any other culture, Chinese are not immune to giving in to excesses. The gifting practice, ingrained in the social and cultural fabric of greater China, has spiraled out of control leading China’s president Xi Jinping to crack down on spending by officials and eliminate gifting as an official practice. Gifting is not dead however, it has simply been put in check, and rightly so.

The Chinese style of self-expression translates into an hourglass-shaped consumption model. As the China Market Research Group (CMR) points out, products consumed in public “command huge price premiums relative to goods used in private.” Traditionally, people do not invite each other to their homes as much as the West, due in part to the limited space. Consequently, displaying wealth and status necessitates an external outlet. It is the norm to spend 120 percent of one’s annual income on a car but skimp out for the cheapest appliances and furnishings for the home.

Product Safety

Society and culture are not the only factors at play in determining Chinese spending habits. The rapid expansion of China’s economy is not without its pitfalls. Consumers are consistently expressing growing concerns over the Middle Kingdom’s notorious product safety scandals and inadequate social safety nets.

When it comes to health and safety, the hourglass consumption model no longer applies. Middle-class consumers are willing to spend more on private goods if they trust the brand and quality. Product safety has now become the primary consideration when purchasing food, beauty and baby products. The CMR points out that foreign brands from developed markets are more likely to succeed by introducing their products

at a higher price-point than local competitors as consumers associate price (relative to local brands) with a higher quality control of the supply chain.

China's trailblazing transition to a demand-driven economy has generated a large group of optimistic lower and middle-class consumers aspiring to a "rich" future. Unlike more mature consumption-based economies, where people born into the middle-class are content with staying there, the Chinese middle-class does not necessarily view itself as such and consequently spends more freely.

The Chinese consumer landscape is constantly changing and shifting as the market is learning to define itself. In 2012, only Beijing and Shanghai had inhabitants earning more than ¥13,000 per month. The Economist Intelligence Unit estimates that by 2020, inhabitants of as many as 61 cities across the country will be earning as much and 51 percent of the urban population will be considered middle class. New growth for the luxury sector will emerge from second to fifth tiered cities, where an additional 300 million new luxury consumers are expected to materialise. In the next 10 years, the government is also expected to issue 200 million passports to join the 80-90 already in existence, facilitating the purchase of luxury items overseas.

With its continental size, consumption spreading from the coastal regions to the interior and a new influx of Chinese travelling abroad, it has become strategically important to reinterpret Western consumer theory through the lens of the East. Chinese consumers were not born out of a cultural vacuum or influenced by ours. China follows a well-rooted cultural blueprint, evolving with the process of modernization and globalization but all the while remaining distinctively Chinese. Materialism is synonymous with progress and advancement and does not hold the same superficial connotation. Just 20 years ago, China was the world's factory; today it has become a game-changing global force. The last time a class of super consumers was born it came to be called the American Century. As Chan and Zakkour so eloquently put it,

"are we now living at the dawn of the Chinese Century?" 



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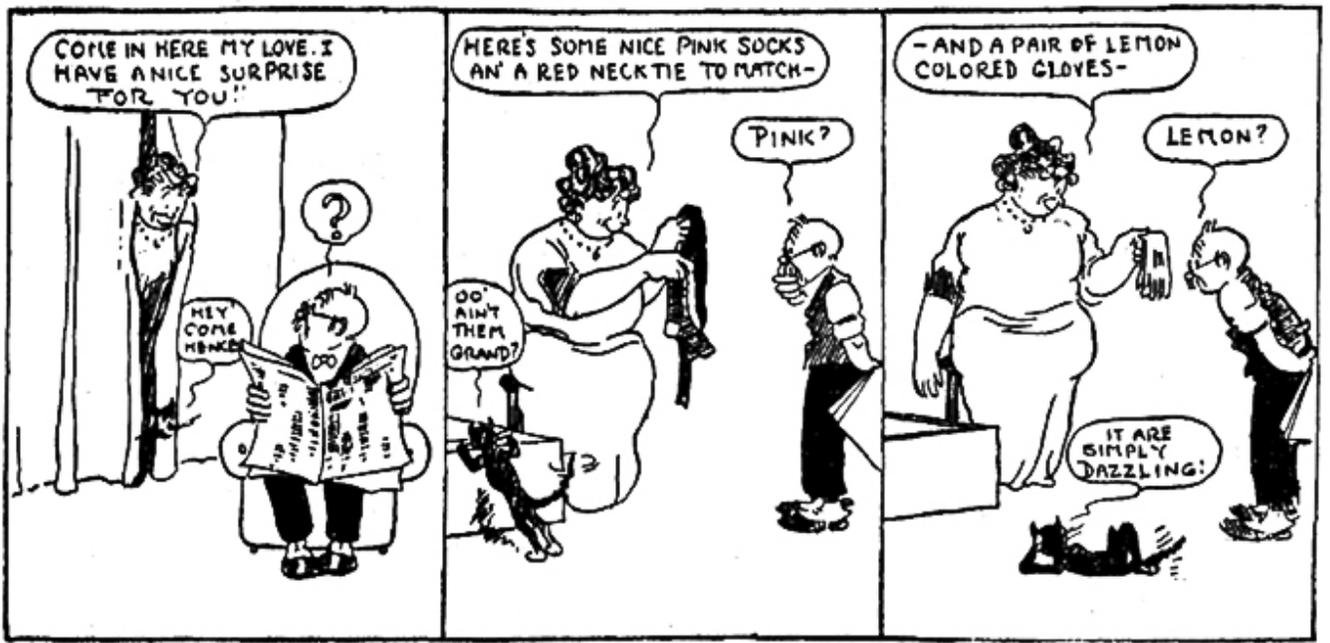
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Where there's Wealth, there's Materialism

By Frank Hossack

While understanding China's consumer culture is certainly a scholarly fashion, and "to get rich is glorious" (Deng, 1992), that contentment has forever been rooted in external endorsement is far from being unique to the Middle Kingdom. For China's growing materialistic aspirations and interest in luxury products have little to do with her traditional cultural values and are no less political or ideological social constructs based on the wavering guidance of Mao and Deng than they are mere traits locked into the core of humanity.

The first iPhone 6 I saw in China was sported by a foreigner. A couple, in fact, and they each had one. And they were both the Plus model. Granted, they had probably just stepped off a plane but, given the theme of this issue, it points to a scenario that exists in Western countries not fundamentally different from that here in China. We are, therefore we aspire. Constantly. We aspire toward owning material possessions since we believe they enhance our experience and quality of life. We believe our problems will no longer trouble us or at least be greatly alleviated should we have these material possessions. More money means more of the means to get more of the things we want.

Percy: "Pay the fellow, Edmund, and damn his impudence."

Blackadder: "I haven't got a thousand, dunghead! I've got 85 quid."

Percy: "But you're always boasting to the Queen about how wealthy you are."

Blackadder: "A cunning web of deceit, subtly spun about the court to improve my standing."

The very fundamentals of materialism are a Western construct. Our consumerist society has its roots in the economic growth experienced in the US and Europe after the end of World War II, fuelled by the technological advances made as necessities of the war itself. Thus, the West discovered materialism while new industries such as mass media and marketing saw a goldmine, and got digging. When the pit runs dry, it is time to trigger a new wave of consumption. And what do you know? We purchase these new products to be happy and discard our old ones. As the aforementioned couple, or any serial iPhone owner will tell you, materialism is a catch 22 situation that demands we seek more material items as soon as the the short term satisfaction of our most recent purchase dissipates.

In the 1958 book "The Affluent Society", Harvard economist John Kenneth Galbraith articulates that new demands (non-organic, i.e. non-essential to human existence) are created by advertisers and the "machinery for consumer-demand creation" that benefit from increased consumer spending, leading to the dependence effect, a process by which "wants are increasingly created by the process by which they are satisfied".



In such ways, the last two decades in China have mirrored the postwar of the West. Back in 1993, when I arrived in Shanghai, there was little advertising that was not more accurately termed “propaganda”. People lived simply and were, on the whole, not very well off; they had barely any money, yet there was not much worth buying anyway. Shortly before my arrival, the British journalist and television broadcaster Alan Whicker made a trip to China, and in Shanghai quipped that the shops had nothing that one wanted to buy, but were full with everything that one did not want to buy. Nevertheless, the Chinese people were arguably more content than they are today. Materialism lies at the root of this discontentment.

This was a time when people were bereft of illusionary beliefs over possessions. Very few looked upon a car as a bridge to an idealised life, since there were hardly any cars that weren’t taxis, or owned by the government or the military. It was next to impossible to buy a house and so that was not going to increase anyone’s happiness. Nobody was seeking to boost their confidence with image enhancing electronic devices, because there were none to be had. Likewise, people did not feel they would be more worthy, or more attractive, with a leather handbag from Italy as the marketeers of consumer goods had yet to create the necessary aspirational images.

How times have changed. Here in 2015 China, it is not just about buying it; there is also flaunting it. Again however, the trend is nothing new. The term “conspicuous consumption” dates back to 1899 when it emerged in the book “The Theory of the Leisure Class” by American economist and sociologist Thorstein Bunde Veblen. Therein, the term

is ascribed to the behaviour of people of “new money” who emerged during the Industrial Revolution of the late 19th and early 20th centuries and their efforts to manifest power and prestige through a very public accumulation of wealth. We know them well; they were the obnoxious ones on the Titanic.

Perhaps no better proof for the global nature of conspicuous consumption can be found in the expression, “Keeping up with the Joneses”, popularised as the name of a comic strip that first appeared in 1913. Through it, society learned to draw comparisons with our neighbours; the first social benchmarking that measured our standard of living in relation to that of our peers. The expression even lent its name to the 2009 movie, “The Joneses” starring Demi Moore and David Duchovny with the theme of stealth marketing to relieve suburban boredom.

Just as in China, social status in Western countries once depended on one’s family name. Consumerism changed that, and social mobility was born. As desirable goods became more available, so evolved a natural tendency for people to define themselves by what they possessed. Conspicuous consumption and materialism have been an insatiable juggernaut ever since. It would appear that China is further in line with Europe or the USA in so far as people who are unable to keep up with the Joneses may become dissatisfied with their lives. A 2010 study carried out by researchers at the University of Warwick and Cardiff University sought to correlate why, over the past 40 years average incomes have risen enormously, and yet people have not become any happier. By analysing data from the British Household Panel Survey (BHPS), the team found

that life satisfaction from a financial income standpoint is comparative; to be happy, people need be able to perceive themselves as earning more than friends, colleagues or the Joneses.

Where China is different to other countries is in so far that materialism does not appear to wane with age. Younger people (those under 40) the world over spend greater amounts of time out shopping with friends, checking out the latest fashionable must haves, aspiring after material goods such as sports cars, a villa in which to live, desiring of more money and becoming better off.

Eventually, the majority of us see the wanton greed for what it is, and start sounding off with expressions such as “you can’t take it with you when you die”. In China, not so. Here, the older generations are as enthusiastic a purchaser of smart phones as the younger hipsters. Visit any apartment or villa showroom in China and there will be just as many grannies nosing in the cupboards as newlyweds. Furthermore, being of such an age in China has only strengthened their belief in conspicuous consumption as the holy grail of symbolic wealth.

Another aspect of materialism that is unique to China lies in its excesses. From fast trains to selfieing, so the advertising and promotion industry too excel in shamelessly feeding the populace symbols of hope, happiness and joy, within a framework that is often only loosely regulated. In fact, the present advertisement law of PRC has remained unchanged since 1995. Fortunately, an amendment to the law should be passed at anytime. Yet, the tricksters have since been having a field day, feeding the materialism frenzy by running amok in a virtually ungoverned environment; how else can a male pop star end up promoting female sanitary products?

Once again, China is little different to other countries; provided the government gets out of the way, people are free to overdose in any way they feel fit. If that means a spending war between themselves and the Zhangs and Wangs who live down the street, then so be it. Yet, once our squabbling teenagers grow up, it is odds-on that materialism will in the next 20 years take a back seat in China, as it has done elsewhere, especially if the economy begins to falter. In some aspects, the writing is already on the wall; a study undertaken by New York-based advertising agency TBWA between 2002 and 2009 suggested that the appeal of traditional values such as loyalty, moderation and respect for elders had received a higher standing in many people’s consciousness whereas material and aspirational motifs such as personal success had declined in importance.

Stepping in to fill the future void left by the departure of materialism will come, we all hope, something that brings longer lasting happiness. Perhaps that’s what Confucius was on about in the first place; Blackadder could do well to pay attention. **NJ**





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Beyond Materialism

By Wong Tianfan

Gucci, Rolex, BMW.

Chinese social media tirelessly overflows with pictures of people flaunting their latest ludicrously priced possession; the combination of the rapid rise from extreme poverty to just as extreme wealth and the Chinese cultural phenomenon of “face” has created a consumption-obsessed society where the masses seem to believe that the value of one’s life is tied to the value of one’s car.

Yet, upon closer look, is China really only about materialism? As time passes, awareness is growing that the latest technology gadget from the brand with the half-eaten fruit is not the ingredient for a happy, fulfilled life. As many opponents of a materialistic lifestyle argue, hinging one’s happiness on the purchase of goods is a dangerous catch 22, that can only lead to discontentment. One always feels the need to purchase more items in order to achieve that feeling of satisfaction that comes at the moment of purchase, but disappears within a few moments of acquiring a new gadget. In response to this realisation, a number of developments are taking place across China as locals explore a world beyond materialism.

Sports On The Rise

In the growing urban environment, sports have witnessed a considerable surge in popularity and importance over the recent years, as more and more people become aware of the benefits of an active lifestyle for mental well-being.

Speaking at the Global Partners and Industry Forum in Huai’an on 17th October 2014, Mr Peng Xiao, Vice

Chair of the Centre of Sports Equipment of the State Sport General Administration of P. R. China, explained the change to the way of thinking that is slowly appearing in China.

“With the rapid economic development of the past decades, China has now reached a level of prosperity at which it is not just about making money any more. Now, once the people have reached a certain degree of material wealth, they begin to strive for spiritual wealth as well. A big factor for a spiritually fulfilled life is an active and healthy lifestyle, hence the potential of the sports market in the coming years is incredibly vast.”

No sector is more indicative of the rising interest in keeping fit (while simultaneously connecting with nature) than the field of outdoor activity. As a fairly young market in China, it has experienced a remarkable surge in popularity. According to the China Outdoor Market report 2013 published by the China Outdoor Association (COA), the core market exhibited a 16.2 percent growth compared to 2012. Throughout the last decade its value has expanded from being worth merely ¥0.5 billion in 2003 to 30 times that amount, while spending on outdoor sports products has increased by 38.2 percent over the past two years alone.

These figures indicate that for a growing number of Chinese people, the Louis Vuitton bag is being replaced by a Northland backpack as the disillusioned make their way to the mountains rather than the mall.

Slow City, Slow Life

Going hand-in-hand with China’s economic development and its thirst for financial and materialistic wealth is the hectic pressurized lifestyle of the big urban centres. Although infamous for its rapid pace of development, ironically the Middle Kingdom has at the same time become a pioneer for



the Slow Movement among the world's developing countries.

Our very own Nanjing is leading the march against uncontrolled economic growth and for a sustainable world, as its municipality is home to the village of Yaxi in Gaochun district, which earned the title of "Slow City" as early as 2010.

Slow cities by their designation promote a slow pace and lifestyle, sustainable development and environmental protection; all characteristics with which materialism can simply not be reconciled.

In Yaxi, the only previously polluting industry, a chemical factory, was made to shut down 20 years ago. No high-end technological gadgets and luxury clothes are produced here; instead people are committed to respecting nature according to Cittaslow director Pier Giorgio Olivetti.

The requirements to be awarded the title include a village population not exceeding 50,000 as well as measures against water, air and noise pollution, organic farming practices, the promotion of locally produced crafts and supporting an eco-friendly development.

That Yaxi has hit a nerve with the Chinese populace becomes evident in its popularity as a haven of respite from the stress of city life. In 2010, the year of its designation as International Slow City by Cittaslow, the village welcomed 156,000 visitors. Within the space of two years that number skyrocketed to 1.17 million, making Yaxi a tourist hot spot in the Nanjing area and illustrating perfectly the strong desire among Chinese travellers to leave the high street to experience nature.

Minimalism Entering China

A trend that originated in the US, a country often criticized for its heavy focus on consumption and materialism, is minimalism. This form of ideology attempts to steer away from a life obsessed with the things one owns, for example through movements such as the "100 Things Challenge". According to David Michael Bruno, the creator of the movement, the goal of it is to "break free from the confining habits of excessive consumerism. A

lot of people around the world feel 'stuck in stuff. They feel like their closets and garages are too full of things that do not really make their lives much better."

His way of leading a fulfilling and happy life is therefore to limit the number of his possessions to 100, whereby a pair of socks counts as two items. With this approach, argues Bruno, people will amass less clutter and actually focus on the important things in life.

The trend has already found its way into China. In November 2014, the Global Times Chinese news outlet published an in-depth report of Wang Zhe, an HR employee at an international company in China, who at the age of 34 decided that enough was enough.

When he tried and failed to pick a formal suit out of his sizable clothing collection, Wang experienced an epiphany.

"I used to spend lots of money buying fashionable clothes, hoping to win people's recognition and attention. But at that moment I felt that I had just bought a bunch of useless rubbish," he told the Global Times.

Since this fateful realisation, Wang has completely altered his approach to material possession, and after hearing about the 100 Things Challenge decided to give it a try. He started with only his clothes, reducing the size of his collection from over 400 to less than 100. This already constitutes a considerable achievement, although the challenge originally dictates that one can only own 33 items of clothing. Naturally, the more items Wang threw away the more difficult it became to further limit his possessions. To maintain his minimalist lifestyle, Wang has a one in, one out rule as part of which only broken items will be replaced but no new ones are purchased.

Although packing up one's entire life and throwing it in the bin is undoubtedly quite a drastic step, he speaks very positively of this experiment, explaining that this material clean-out really pushes one to reconsider what is truly important in life; aside from the obvious benefits of putting less pressure on the environment and one's wallet.



The money saved from no longer indulging in unnecessary purchases, the young Chinese chooses to spend on traveling in order to collect real life experiences rather than adding more electronic devices to his possessions.

While his story has definitely attracted the attention of the media and might have even inspired a few followers, minimalism in China has been a topic of discussion for half a decade now. Qi Zhai for the New China magazine asked the question back in 2010 whether such a post-industrial movement was really relevant to the Middle Kingdom; after all in a country where less than 50 years ago a majority of the population were starving to death, owning more than 100 things could be seen as a luxury rather than a problem.

Chinese website Youmi published an article about the 100 Thing Challenge that same year, and according to Qi many of the reader comments suggested at the time that it was too early for a reconsideration of the materialist approach to life.

"These examples from developed countries only make us feel the discrepancy. 'Cutting the fat?' We still hesitate when it comes to buying a meal," commented one user while others joked about how glad they would be if they owned that many items.

Then again, with the rapid pace at which everything in China moves, in the five years that have passed since, Wang Zhe's story has managed to catch the eye of major media outlets, suggesting a certain fascination with the idea.

As Qi Zhai argues, just because it is currently not entirely relevant to a developing country such as China, the nation has the "late mover advantage" of being able to learn from the mistakes of already industrialized nations; after all it is never too early to start reflecting on your life. **NX**

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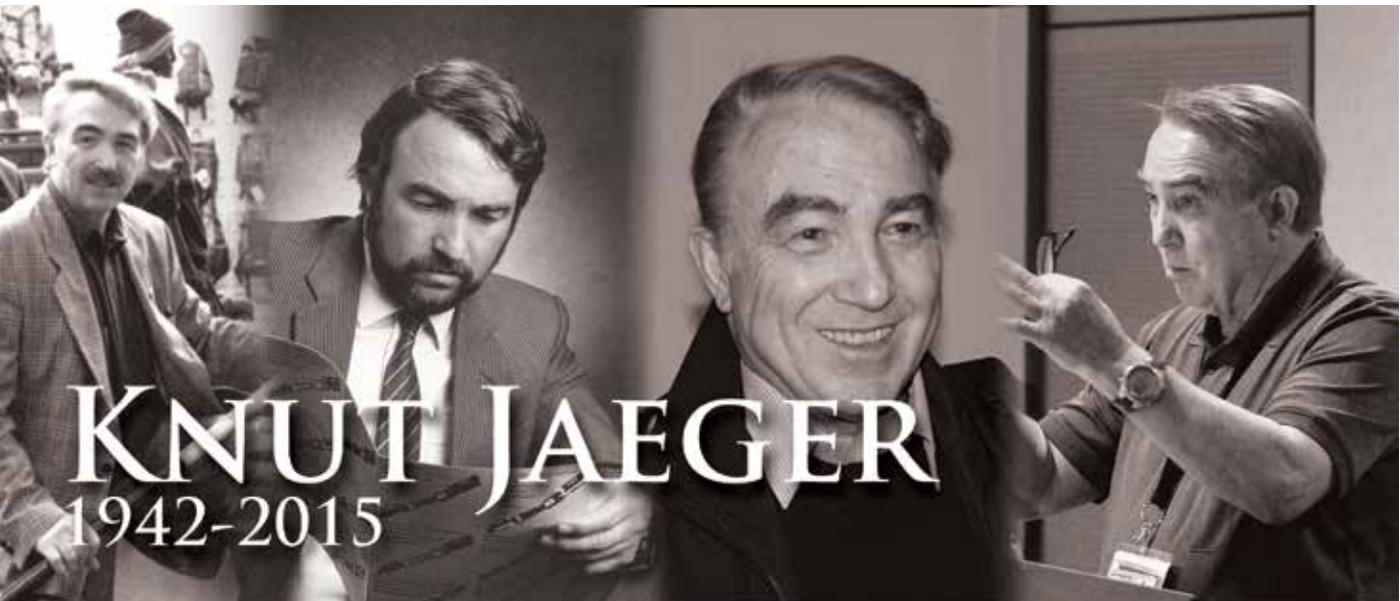
delta pronatura

Hong Kong, 31st January 2015, and the world of outdoor loses a trailblazer as Mr. Knut Jaeger, 72, founder of Nanjing's Asia Outdoor Trade Show and Asia Bike Trade Show passes away following a heart attack.

Asia Outdoor shall celebrate its 10th anniversary when it opens its doors this year on 23rd July; ironic tragedy lies in the fact that Jaeger will not be present to witness his creation come of age.

of the name for the trade fair, with the capital D in the middle, was a quick and logical one. The OutDoor at Lake Constance was also Jaeger's baby.

Jaeger dedicated himself just as strongly to the establishment of Asia Outdoor in Nanjing, which will turn a decade old in July 2015, and to Asia Bike, which every October presents the theme of bicycles in China. As part of a joint venture with Messe Friedrichshafen, Jae-



As a pioneer and guide of the outdoor industry in Europe and China, Jaeger made a great contribution to the industry's development in both Europe and Asia. Everything outdoor was his life and his passion. He enthusiastically and tirelessly worked to promote the outdoor industry and outdoor themes, putting all of his professional effort into making sure that such activities really took off.

Jaeger was a fixture of the international outdoor business. In the early 1990s; he was at the forefront of efforts to create a trade show specifically around outdoor products. He was the chairman of the outdoor working group in the Association of the German Sporting Goods Industry (BSI) and, in close cooperation with the Messe Friedrichshafen Team, developed a new trade fair concept that was centered specifically, and only, on the outdoor theme. **"IT HAS TO BE PURE OUTDOOR"**, Jaeger declared at the time. A host of different but related activities thereby found a new, common trade show roof over their heads, in Friedrichshafen. It was a concept that the sports enthusiast was dedicated to and that he fought for, together with other like-minded colleagues. The choice

ger successfully built up Asian variants of these trade shows at the Nanjing Expo Centre. These developed rapidly and in the process, Jaeger convinced many European and American outdoor and bicycle manufacturers, in addition to the Chinese brands, to become engaged in Asia. As an experienced outdoor man and because of his many years of within the business, Jaeger knew the customs and special characteristics of the Chinese market and paved the way for the international outdoor industry, an enterprise he supported in recent years in Nanjing.

- In 1976, Jaeger founded the outdoor equipment company Big Pack. Two years later, he moved production to China. This made him one of the first German entrepreneurs to set up manufacturing and conclude a licensing agreement when China began to open up to the West.

- In 1990, Jaeger teamed up with other leading manufacturers of functional outdoor equipment to form a specialist "Outdoor" association. He was the director for eight years. German Outdoor Group has developed to be the biggest outdoor market in Europe.

- In 1993, with a view to expanding the Chinese market, Big Pack formed a joint venture with its Chinese manufacturing partner for backpacks and sleeping bags in Nanjing, China. Timely marketing and construction of the company's own factory in China were important competitive advantages for Big Pack.



- In 1994, as one of the founders, Jaeger set up the first European trade fair OutDoor in Friedrichshafen in Germany and thereafter pushed it forward to become the biggest and most influential outdoor trade show in the world.

- At the beginning of 2004, Jaeger set up his own consulting business and established his company **Knut Jaeger, Marketing & Development** in Shanghai to assist European companies in China and Asian companies in Europe. Meanwhile, he was the marketing consultant for Messe Friedrichshafen, Vaude and Meindl in China.

- In 2006, Jaeger started the first Asia Outdoor Trade Show in Nanjing, China. With his leadership, Asia Outdoor has grown to be the biggest specialist outdoor trade fair in Asia and the first outdoor trade show to be granted the status of "UFI Approved Event" in China.

- In 2007, together with Messe Friedrichshafen GmbH, Jaeger established Beijing German Messe Consulting Co., Ltd. He was chairman and worked hard to introduce more global shows into China.

- In 2011, Jaeger founded the first Asia Bike Trade Show in Nanjing, China, and developed it to be the biggest trade show in sports bike industry in China.

- In 2012, Jaeger launched the first Chinese Outdoor Market Report during Asia Outdoor in July, which provided professional industry figures and statistics analysis of the Chinese outdoor industry.

- In 2013, Jaeger proposed to set up the China Outdoor Association (COA for short) for the purpose of mobilizing the communication and cooperation in the industry.

- In 2014, Jaeger started to help nurture AERO ASIA in China which will be held in Zhuhai in 2015 for the first time.

“NEVER GIVE UP!” The passing of Jaeger evokes immense grief in the hearts of the local team that make up Nanjing Ningfei International Exhibition Co. Ltd., operators of both Asia Outdoor and Asia Bike. They in particular recall his “Never Give Up” motto with which he signed off every email. The team vows to pass down his outdoor spirit, carry out his behest, and move on to push the Chinese outdoor industry forwards.



Profoundly saddened by the news from China, the Messe Friedrichshafen team in Germany will fondly remember a colleague who worked so hard for that in which he believed. “Knut Jaeger was a remarkable person, always thinking positive and always on the go. He knew how to motivate others and to bring his team along with him”, stated Klaus Wellmann, CEO of Messe Friedrichshafen. “We will deeply miss his creative force and his dedication, but will continue to move the effort forward, in his memory.”

Family and friends of Knut attended a Memorial Service on 14th February at the Po Fook Memorial Hall in the Tai Wai part of Hong Kong.





LET'S GET PHYSICAL

By Nick McBride

ABC

So now that Christmas has gone and Chinese New Year is no more, it is the time of year to tell you that Summer bodies are made **Now!** Find herein a simple go-to guide to get you started, keep you interested, or to test your knowledge! It's easy as....

ABS. "Abs" refer to your stomach or abdominal muscles. Aiming for a six pack? Then abs are the muscles you need to be targeting, unless of course, you're talking beer. You don't need abs for that.

BICEP CURLS. Bicep curls help build muscles like Madonna's; should you find yourself being removed of a cape before you're ready, as you're walking up some stairs on to a stage full of people; these are the muscles that might just save you from an awkward faceplant on the floor. For toning, go for high reps, low weights. For making them bigger, go for increasingly heavier weights with lower reps!

CIRCUIT TRAINING. Circuit training is a series of 7 to 11 exercises targeting strength, flexibility and stamina. Each exercise is done for a certain number of reps or times before moving on to the next exercise. There is usually a short break in between each exercise, depending on your fitness levels and then a longer break at the end of each circuit. As the exercises are short and there is lots of variety, this is good for people who get bored easily.

DEADLIFT. Don't be misled by the name, it is not as scary as it suggests and you don't need a corpse to participate. This exercise is one of the core strength training moves, which targets many parts of your body at once. Focus on getting the form right, because if you get it wrong you will most likely hurt your back!

ENDURANCE. This essentially means keep going; think long distance running, biking, swimming or trying to get through helping your kid with homework. For any of these, the best way to increase

your endurance is to simply keep going for longer and longer periods of time. Except for the homework; I recommend bribery and corruption to get through that.

FUN. This is to say, find something you actually like doing. Zumba, martial arts, team sports. You are way more likely to get places if you are enjoying what you are doing!

GAINS. If I may be so bold as to have two G's; GROWTH MINDSET. Hold that, make it three; GOALS. Either way, it's about improving upon your performance. Knowing what you want to achieve and working your way to getting there one step at a time. Be it getting faster, harder, fitter, or stronger; pick your goal and GO for it. (That makes four...)

HEALTH. After all, this is what you're doing it all for, right? Make sure you are not hammering it out in the gym everyday, before guzzling down 2 bottles of wine, smoking 20 cigarettes, followed by some deep fried Mars Bars. Think HOLISTICALLY. I need to start an alliteration support group.

INTENSITY. Not how hard you are staring at yourself in the mirror; this is about your heartrate. Unless your heartbeat is 60-80 percent of 220 minus your age, you may as well not bother. Heartrate monitors are inexpensive, TaoBao or Decathlon can easily provide you with what you need here.

JAMMIN' in the words of Bob (Marley). Music is the key to helping you along on the treadmill, pumping you up before the big game, helping you through that last rep. Music is motivation. So get your playlist ready and go for it!

KETTLE BELL. Kettle bells look a bit like cow bells, I guess, but are heavier. Not that I have experience with cow bells. I digress. Kettle bells are a bit of a craze but not a bad one. Easily bought from Decathlon, Kettle bell fitness routines are everywhere on the Internet and something you can do from the comfort of your own home. Perfect for those high pollution days!

LOVE Handles. Getting rid of them is a labour of love, or maybe just labour. I should know. Eat less, run more.

MOTIVATION. Pictures, quotes, photos of your glory days; post them on the fridge, on the mirror, in your wallet. MEASURE your success; be it through an app for running or biking, like Strava or with a measuring tape for inch loss. Be wary of exclusively measuring through weight and weighing yourself too often. Sometimes the scales DO lie!

NEVER ever, let me catch you reading a magazine or a book in the gym. This is my pet peeve, as those of you who read this column regularly will know. If you are relaxed enough to be reading in the gym you might as well go home. Totally and utterly pointless. Grrrr.....

OVERLOAD TRAINING. This is one for the exercise buffs out there. Progressive Overload Training is the most important principle in weight training. You need to keep pushing your body to do what it has never done before. The body adapts quickly, so to keep making gains, you need to push the body beyond what you did last week. If you did five push-ups last week, this week you need to be doing eight!

PAIN. Know your body. Searing pain is not good. Do not train through it. Go to the doctor. Good pain is working your body out of its comfort zone and building to a better you.

QUANTITY and **QUALITY.** Quantity refers to an absolute minimum of three training sessions of 20 minutes a week. For quality, in those 20 minutes you need to be progressing (see O), you need to be sweating (See I) and you'd better hope I don't catch you doing N!

REST. Don't work the same muscle group without a rest in between; or you risk injury and you don't give those muscles time to repair. If you want results, including rest in your session is just as important as factoring in the exercise itself.

SPECIFICITY. Get specific. If you are training to ski, you need to be working your legs and your core with lots of explosive exercises. If you are looking to increase flexibility then Yoga moves are your new best friend. If you want to improve your race times, you need to introduce hills and interval training. Know what it is you want to achieve and train with specificity to achieve your goals.

TABATA. Tabatas are quite simply 20 second bursts of high intensity exercises followed by 10 seconds break, 8 times over. Tabata's are great for torching calories when you are limited on time. Here is a gift of a link for helping you plan your Tabatas: <http://www.tabatatimer.com/>

URINE. Yeah, I said it. Make sure you are hydrated. Drink enough water throughout the day and make sure you replenish fluid after training. Your urine should be pale; if it is not, you definitely need to drink more water.

VO2 MAX. This is your maximal aerobic capacity. To increase yours, introduce some interval training into your workouts. Interval training is similar to the Tabata training, in that you are running at your maximum capacity for bursts, then dropping down to an easier ride, before ramping it up again as before.

WALKING. Simple but effective. Improve your N.E.A.T (Non-exercise activity thermogenesis). This is to say, spend less time sitting down and more time moving around. Instead of sending that email, WALK to the person's desk or office and talk face to face. Instead of sitting on the Metro all the way, get off a stop early and WALK. Instead of taking the lift or elevator, WALK up the stairs. If you are in the house, for every trip up stairs, make it twice. Go up, down and up again! Simple changes, big results.

X-hale. (I know what you're thinking) Okay, so it is a bit of a stretch but really, there is not much I can do with a xylophone. Not in the realm of fitness at any rate. When you are pumping weights and pushing the overload, make sure you check your breathing. Breathe in as you take the strain, breathe out as you eXert the energy.

YOGA. Yoga is a fantastic way to increase flexibility, improve muscle tone and strength, posture, blood pressure; the list goes on and on. Do not confuse Yoga with being the easy option though, this is NOT so! Believe me. I've done it.

Zzzzzzzz. Get your sleep in. The body and mind love regular sleeping patterns, and optimum amounts of it. You should know what sleep you need in order to function well the next day and ensure you get your training in. If you do not get the sleep right, it is going to mess with your ability to make sensible food choices and make you moody and horrible. On that notnjb|kjb|bh...Zzzzzzzz 



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Icons and Inspiration

Rick Staff
with a remit to snaff, taste,
and spit his way around Nanjing
and disseminate the drinkable.

POINT SYSTEM
0-10 A WARNING
11-14 A Feasible Party Prop
15-17 Heartily Recommended
17-19 Exceptionally Good
20 The Apogee Of
WINE EXPRESSION



Transfixed by the sight of the towering cone-shaped singularity of Mont Ventoux some summers back I felt compelled to make an unscheduled extended stay in the area. This inadvertently led to life lessons in painting and poetic insouciance, courtesy of a garrulous local artiste philosophe, and, more lastingly, an abiding interest in the aromatic and intriguing wines from this lesser known appellation.

The fabled “Giant of Provence” lies in the far Southeast of France and looks down upon the vineyards of the Rhône valley to the west and those of Provence to the south and east. The Ventoux appellation resides on its western slopes producing the classic Côtes du Rhône varietals, Messrs. Grenache and Syrah in the main, with touches of Mouvedre, Carignan and Cinsault from the vineyards of an area measuring roughly 48 km north to south comprising 51 communes. The style of these wines is shaped by their exact encépagement (how the grapes are combined), with the soft red fruit flavours of Grenache tending to dominate. Overall, they are generally lighter, fresher and more fruit-driven than the rest of the southern Rhône, influenced by the increased altitude’s slightly cooler climate moderating the intense and plentiful southern French sunshine. This enables an extended “hang time” where the grapes are left on the vine to reach an optimum balance of fruit character with acidity. Indeed, grapes grow so well in these climes that the premium table grape Muscat Noir has established its own AOC du Ventoux appellation.

Escaping the flashy cachet of France’s more fabled wine shrines, the Ventoux is also fertile ground for a bargain. Pierre Chanau is a name you may have seen doing inexpensive rounds in Auchan supermarkets’ wine aisles, it being their in-house label, covering a wide range of French wine territory. Quick-witted shoppers will have correctly gauged Chanau to be an anagram of Auchan, one that is proving to be a fairly reliable stamp of drinkability. One such carrying the imprimatur is the Pierre Chanau Ventoux 2013. Brightly berried and very firm, this is possibly a little too unyielding and remote for some palates as a solo proposition, though certainly on the right side of austerity when pitched against a ripe cheese, thus nudging 16 point territory, and a snip of a sip at just ¥61. The Gonnet La Jeannette Ventoux 2012 (Jaysonwines, 1912 district) is a far fruitier affair; powerful on the frontline with a whiff of gun smoke before the charge of strawberries alongside a smack of liquorice drawing to a peppery finish; there is a lot going on in the glass for the ¥80 asking price (17 points). For a more typical interpretation of the Grenache grape within the Ventoux appellation try the Armand Dartois Ventoux 2012, which is light-bodied, yet savoury and satisfying with a touch of spice and a dash of chocolate emerging over time. This all makes for a moreish quaffer demanding a Friday night and a big juicy burger. Last seen at a ludicrously low ¥45 at Metro; cheap at twice the price (16 points). **NIX**

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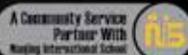
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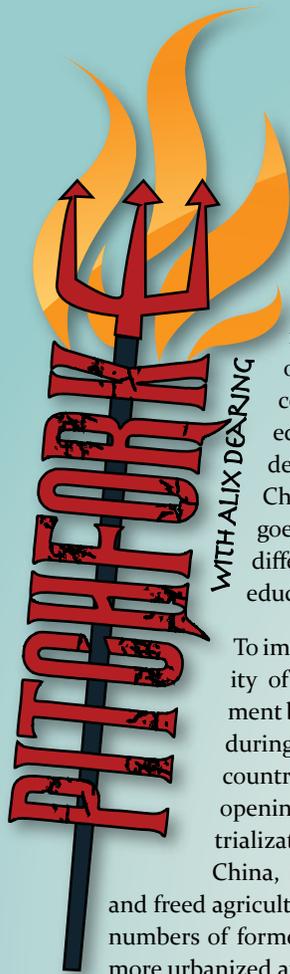
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A TALE OF TWO STUDENTS

EQUALITY IN EDUCATION



WITH ALIX DEARING

China's pursuit of social equality between 1949 and the start of economic reform in the late 1970s is of worldwide fame. Since then, the country has experienced unprecedented economic growth and urban development that has transformed China beyond recognition. So how goes equality now? Let us look at the differences between rural and urban education provision.

To improve school accessibility and equality of opportunity, the Chinese government built many new schools in rural areas during the late 1980s and early 1990s as the country reformed with Deng Xiaoping's opening-up policy. The process of industrialization has accelerated rural reforms in China, increased agricultural productivity, and freed agricultural labour. As a consequence, large numbers of former rural labourers have headed into more urbanized areas, looking for better employment opportunities and sources of income. Some parents have no choice but to leave their children living in rural hometowns. Drop-out rates, though declining, are a constant problem for rural teachers. Since migration nearly always selects positively for the young, the able, and the most aspirational, there is an inbuilt inequality between city and countryside.

The rural-urban disparity is not unique to China of course, though the situation is reversed in many Western countries, where the inner cities are least favoured educationally, while the leafy suburbs and rural areas usually have better schools. Just as divisive in many other countries is the inequality caused by the fee-paying establishments, which leaches the wealthiest families, and their kids, out of the state system. A less rigid curriculum and use of modern teaching methods has not necessarily meant success in the West either; the best Chinese students outperform the UK's in linguistic and mathematical tasks.

Friends from student days, both successful university teachers, are a married couple with very contrasting backgrounds. Tao is from a poor Ordinary School in a rural province, while Li attended a top Local Key School in Shanghai. The vast majority of Key Schools are in ur-

ban areas, and the vast majority of Ordinary Schools in the countryside. Tao comments on the differences in infrastructure and teaching quality; "First, the facilities. I liked playing football, but I could only play on a playground covered by lots of cinder, whereas Li's school had a sports centre. Secondly, the teachers were so different from Li's. I remember nearly all my teachers were not well-educated. My local Normal University aimed to train the best teachers in my home province, but in my Middle School, only one or two of the teachers graduated from there. Instead they were from low-level colleges; some of them even did not even have degrees and were unable to teach the most advanced concepts and knowledge. The question is, where are the top teachers? Of course, they have migrated to urban areas".

The enrolment rate (the proportion of entry level students) is used to value the quality of a school. Tao's school year of 200 students had only eight (not even 8 percent!) in the first level. In Li's school more than 90 percent of students went to university, and more than 50 percent of them were in the first level. Rural schools, of necessity, put the emphasis on test grades in order to compete, and may not be able to encourage the students' all round development of morality, intelligence, physique and aesthetics, as well as the critical thinking vital to the development of an innovative and managerial class for China's future. Even so, Tao says "a good education does mean higher test scores... sometimes I think the education in rural schools is better because the children can have more time to play, not just doing homework".

China has a great history of identifying issues and dealing with them, and fast. Some say the gap is narrowing with the Government's introduction of new measures aimed at investing resources according to need; for example, many Normal Universities now charge no fees for their students if they promise to teach in rural schools. There is also more funding available to pay the better-qualified teachers to move there. On the other hand, personal investment in education is increasingly high and only the richer city dwellers can afford the expensive extra classes for their children, thus widening the gap even further.

A lot of evidence points to the fact that the most stable societies are the most equal, leaving China's harmonious society concept at odds with its educational reality. 

BATS & BALLS

By Misha Maruma

The Game Where You Kick A Ball

There is a saying in Chinese: “英国男人爱足球比老婆多”. English guys love football more than their wife.

While I do love football, I am not married so it is difficult for me say whether this statement is true. But an encounter I had a few weeks ago put this idea into sharp perspective.

I was in a bar with some friends when an American guy on the table next to me leant over and asked: “Do you know where I can play football?”

Having lived in China for a number of years I had to clarify; soccer or American football?

My table neighbour must have heard my British accent because he meant football, as in the game where you kick a ball (hence football), as opposed to American football, where throwing an oval shaped object around a park is also considered “football”.

Anyway, I have to admit I left him disappointed.

Unfortunately, as reported in this column before, the International football leagues have not been running for the past couple of

years. The main reason is the lack of an organiser. Yet, as my bar conversation indicates, there is obviously an appetite for football in Nanjing.

So to help anyone who may want to have a kickabout here are some suggestions:

Nanjing University sports field

Pretty much every day of the week you can go along to the outdoor 4G astroturf football pitch and join in a game of football. You will find here Chinese students playing small games in groups of 10 to 16 people.

Simply take along your sports gear and ask to join in a game. Most of the groups are happy to let a foreigner join in. It helps if you can speak a little Chinese, but the language of football is of course international.

Nanjing International School in Xianlin

Every Wednesday at the indoor sports hall at NIS there are up to 20 people playing. Mainly made up of NIS teachers or parents of the kids, the standard is pretty high.

It is usually foreigners that partake with countries such as Spain, the UK, America and Germany represented. The group usually gathers from 6:30pm and plays until around 8:30pm. The format tends to be six-a-side.

NIS World Cup

This annual event at Nanjing International School is a chance for the different expat groups to play football in an organized event. Last year the event was held in early May.

The competition is made up of eight teams in two groups. Last year Group A included Team GB, Los Latinos, French-Italians and China, while Group B comprised USA, Germany, South Korea and Australia.

Two teams from each group qualify for the semi-finals. Last year the final was played between Team GB and French-Italians with Team GB winning 1-0. The event will be held again this year in May.

If you are interested in playing football at any of these events, or are interested in helping to organise the International football leagues, contact the Nanjinger for more information. [NU](#)

Jiangsu Saintry

The recent AFC Asian Cup gave pessimistic Chinese soccer fans something to cheer about. The national team exceeded all expectations and qualified from their group to enter the knockout stages of the tournament, losing to eventual champions Australia.

Out of the 23-man Chinese squad there were six players from Nanjing's very own Chinese Super League team, Jiangsu Guoxin-Saintry, until last season just



known as Jiangsu Saintry.

The club was founded in April 1958 under the name of Jiangsu Provincial Team. In 1963, Jiangsu suffered relegation to the second tier, but in 1973 the club was again promoted to the elite division.

However, it was to prove a false dawn as the team fell into the Chinese Jia League in 1978. After a 14-year wait, Jiangsu clinched the second division title and returned

back to the top tier.

On 7th January, 2000 the club gained sponsorship from the Jiangsu Saintry International Group and adopted its current name. In 2005, the club relocated to the Nanjing Olympic Sports Centre, which has seating for 62,000 supporters. In fact Jiangsu have some of the highest attendance figures in the Chinese Super League.

Despite this, Saintry have never really tasted major success. In the 2012 season, Jiangsu achieved its highest league placing to date as the team finished runners-up. This gave the club a chance to play in the Asian Champions League

where they did well, but the extra games affected their league form and they finished a disappointing 13th out of 16 teams.

Last year saw the team come back somewhat in the league. They finished in 8th position on 37 points. To put this into perspective, the league champions Guangzhou Evergrande-Taobao finished with 70 points. Saintry still have some way to go to be com-

peting with the best teams.

Nevertheless, Saintry have some of the best fans in the league. If you should ever go to a game, expect a raucous set of "Ultra" fans in the lower tier behind the home goal. Spurred on by a master of ceremonies shouting into a megaphone, the passionate home fans always cheer on their team.

If you also want to join in with the team's official song, the lyrics are as follows:

舜天一起战斗
Shuntian yiqi zhandou

舜天一起战斗
Shuntian yiqi zhandou

蓝色我的梦想
Lanse wo de mengxiang

蓝色我的信仰
Lanse wo de xinyang

The translation goes as follows:

Saintry, together we'll fight
Saintry, together we'll fight
Blue is my dream
Blue is my faith

The blue reference is of course referring to the fact that the team's home kit is blue. When the team play away from home they play in a white strip.

Saintry will play at the Olympic Stadium every other Saturday. The first game of the season is on 8th March against Shanghai SIPG, managed by former England football coach Sven-Göran Eriksson. Tickets are ¥50. 

In Their Shoes



THE YEAR OF THE GAZELLE

By Ben Flake

It was the most wonderful time of year. For those of our Chinese readers who enjoyed marches from one compulsory dinner to another, at least, and mandatory baijiu; but also for those of us who enjoyed seeing an entire country close down and Nanjing emptying out completely with the exception of those areas that had even the slightest attraction to tourists. Those became reasonably accurate approximations of hell, but with more shoving.

Wondrous things were afoot as well; such as the return in the Western media of the depiction of the Chinese that I grew up with as pleasant, strange, and comically superstitious, but decidedly non-threatening.

It is weird uncle of world cultures, the one you might be happy to run into but loath to sit next to for the duration of an entire holiday dinner.

In an exceedingly widely-syndicated article entitled **Chinese New Year 2015: Is it the year of the ram, sheep or goat?**, seemingly most of the English language newspapers in the world grappled with the eponymous question.

Yang (that is, the word synonymous with this year) to the shock and horror of what the article calls "Western dualists," doesn't really

mean sheep so much as two-horned animal with a pointy face. When one encounters a yang one must inquire as to its appellation to determine whether it is a soft yang (a sheep), a mountain yang (a goat), a yellow yang (a gazelle) or some other kind of pointy-faced critter.

What follows is a survey of linguists, historians and average Chinese on the street, the latter of whom are revealed to have never even considered which animal's year they are celebrating, and to be willing to make their determinations based solely on what flavour of yang looks loveliest or seems luckiest at the time.

Having had their minds blown by these Chinese, who seem content to live in a world in flux, where the year itself can change from one horned mammal to another on a whim, the media moved on to more comforting fare; pretty pictures. ***Of fireworks, and red things, and dragons, and incense; and on to the most comforting fare of all, those Chinese and their fortunes.***

Those fortunes are mixed. In fact, worryingly, a large number of Chinese couples told someone who told The Independent (which is a newspaper) that they would be inducing labour to avoid giving birth during the yang year, as it is said that nine out of ten people born thusly will be unhappy in their lives. More relevant to those who have not been recently, or are not soon to be,

born, definitive fortunes for the next year have arrived.

Both CNN.com and Yahoo.ca felt that there might be page views in getting a prognosticator down to prognosticate on the state of the economy in the yang year (although rather parochially the Canadians only asked about the domestic economy). Those prognostications are not particularly specific. Trends will probably continue. Housing prices will...do what everyone said they were going to do.

Buy metal!

This is the advice of "feng shui and destiny consultant" Master Joseph Wong, in whom I place great trust. Aside from this, do your best to have been born in the year of the snake, like Xi Jinping. That is good luck. If at all possible, avoid having been born in the year of the ox, like Barack Obama and myself; things could get rocky. This advice is neither more nor less useful than anything else provided. Upsettingly, CNN then failed to even ask Mr. Wong which sheepish beast was most propitious for the coming year.

A Western dualist himself, your humble columnist cannot abide uncertainty, and so he's going with gazelle. 

In Their Shoes takes a look at reporting practices on China by overseas media.

JJA

Embrace Fresh Spring Greens

Spring brings a rich and colorful rebirth, and delicious, healthy spring vegetables. The potherbs and freshest vegetables are tasty and nourishing, as is the essence of the Huaiyang Cuisine. From March 15 to May 31, the **Plum Garden** of the Jinling Hotel Nanjing will bring the liveliest and most tantalizing seasonal delicacies, including Chicken with Cedrela Sinensis, Braised Bullhead Catfish with Bamboo Shoots, and Steamed Yangtze River Long Tailed Anchovy and much more. We invite you to come and savor them.

From March 1 to April 30, 2015, the **JJA Restaurant** will offer nourishing Spring hot pot delicacies. Staying guests and Jinling Elite Members can enjoy a 40% discount for set menus (Discounts and JinlingPoints cannot be applied simultaneously).



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Meet Gabriel

Recently we had the pleasure of celebrating Gabriel's first birthday. Gabriel first came to us as a fragile premature baby. Initially, he thrived under the loving care of his nannies. Then, Gabriel's head began to grow at an alarming rate. He was diagnosed with hydrocephalus, a condition where fluid is trapped in the skull. This places pressure on the developing brain, and may cause brain damage and developmental delays. However, Gabriel was quickly taken to Shanghai for an operation to insert a shunt. This drains the fluid from his head. You can see by his bright engaging eyes that Gabriel is doing splendidly. He is alert, happy, smiling, babbling and giggling.



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New Year, Old Tea

■ So, Chinese New Year is behind us. As a result, all that tasty food, probably most of it from one single table, is now just one of many pictures on your tablet. But the weather is already hinting at improvement (just one reason why Spring Festival is better than Christmas) and there may be some gifts with which you still have not played.

Now, if you are not Chinese, you perhaps think of gifts as consumable items; somebody chose it for me, so I will use it, even if I do not actually like it a lot. But in China, people can be more pragmatic. The same gift may be redeployed several times before finding its true destiny. One may be extremely grateful for receiving a lavish gift, even considering oneself unworthy of it. Alternatively, one may not anticipate having the money or the time to find better ones in the coming months. Put it in the recycling cupboard.

Gifts are currency. And this is not a problem with clothes and dry goods. They don't deteriorate while changing hands. But for items like tea, and, by the way, I hope you did receive some nice tea, this recycling may be a serious problem.

If you are buying tea for yourself, you are probably bringing it home in just a foil bag. As long as nothing leaks into or out of the bag, you are happy. But as soon as tea is bought for someone else, we all assume that the packaging needs to try harder. And nowhere is tea packaging more lavish than in China.

Tea boxes, like mooncake boxes, are often giant mausoleums to a tiny consumable morsel. A grand, gilded box boasting a term like "pre-Ming" (明前) can send the tea permanently into the "too good to use" category. That is why the world still has good Pu'ers from the 1980s and older. But it is also the reason why that early-picked green tea may disappoint if you ever open it. Don't.

Actually, this is all a bit pessimistic; not all tea rots as fast as greens and the greener oolongs (which sellers actually re-roast if they have been on the shelf for too long). In fact, the more I learn about white teas, the more I realise I have been too precious about storing them.

But people do need to be more realistic about tea. They need to know when its value lies in the recentness of its picking, and when in the auspicious moment of its picking.

In many ways, I like handling a commodity that is produced and sold too haphazardly to implement use-by dates. I like to pass on those cavernous gift boxes re-filled with a bag of fresh tea I have just bought. But I cannot help thinking it would benefit the industry as a whole if it worked harder to emphasise the urgency of consumption.

Also, if some of that packaging could contribute to preserving the product's freshness that may be helpful, too. 

Gastronomy

Laying it on Thick and Smooth

ZingHut Greek Restaurant

By Wang Tiantian

■ It has finally happened. Nanjing's much awaited (at least by this magazine's editorial team), very first Greek restaurant is open for business. With a prime location on Shanghai Lu opposite the more established haunts, this little maritime-themed marvel has in actual fact been around since September 2014. However, the new year has brought with it a new menu including a selection of Adriatic classics, bringing a Mediterranean flair to our doorstep.

Since January the restaurant's chef, who spent many years living in the centre of Antique culture and learning the local's culinary ways, has been testing the waters to see whether Nanjing is ready for the Moussaka Movement.

In terms of taste, no criticism can be made as to the quality of the dishes. Both the Moussaka and the Souvlaki left nothing to be desired by one's tastebuds, while the hummus deserves special mention not only for being served with stunningly crispy



baked flatbread but for being freshly made, offering up a deliciously smooth and yet thick texture pre-packaged products fail to emulate.

A slight point of criticism can only be made of the size of the dishes; the Moussaka in particular seems stuck in its infancy, disappearing into the mouth of a hungry and excited guest in seemingly less than ten bites. By the looks of it, the restaurant's current motto is "small prices, smaller portions", leaving one with an albeit delicious yet ever so slightly disappointing after-taste in terms of value for money.

According to the restaurant manager, the existing menu, which is fairly limited with only six truly Greek dishes, is under construction; as time passes, the establishment is hoping to introduce additional classics currently missing from the selection. Their invitation for feedback was met with enthusiastic demands for Tzatziki and Taramasalata, two items which in my humble opinion simply must be present on any menu hailing from the home of Dionysus.

Which leads me onto the next point; the name. ZingHut instantaneously evokes images of fake Pizza Huts and American burgers, while utterly failing to draw any connection with the country whose national dishes it serves up to its guests. Instead, a Greek flag placed strategically at the entrance is necessary to not-so-subtly inform what kind of cuisine awaits within. Maybe a revamp of the name is in order; there is after all an entire host of Olympic inhabitants, who would, I'm sure, gladly become patrons to this establishment.

An outstanding pieve of work is without a doubt the decor. The nautic theme has been implemented to perfection, wooden sailing ships, shells and blue-and-white coloured knick-knacks



echoing the Hellenic theme. On the second floor little booths provide the ideal retreat from the Shanghai Lu rush. The comfortable and aesthetic interior design is an impressive show of talent by the restaurant's owner, who is, as it turns out, a not so minor celebrity.

Zhou Qing, a director of popular Chinese dating show *Fei Cheng Wu Rao* (非诚勿扰), follows in the footsteps of a long list of TV and movie stars including his colleague, the show's host Meng Fei, to use their brand name in order to open dining establishments. Having spent some time in Greece in his professional capacity, he developed an interest for the country and its signatory alcoholic beverage Ouzo, to be had at ZingHut for a steep ¥399 a bottle in its less pricey incarnation.

Aside from a great environment, tasty dishes and a famous founder, ZingHut also boasts what is according to our current research the cheapest rum & coke in the city at ¥25 a pop. Add to that their outdoor seating and summer promises to be an exciting time on the Shanghai Lu Adria.

Definitely a work in progress, Nanjing's first Greek does have the advantage of holding a monopoly in Nanjing for the time being. How they wear that crown will ultimately make the decision on whether they are here to stay.

ZingHut is located at 82-4 Shanghai Lu, Tel: 18913955099. 

Concert Preview

Going Crazy with Ginkgoa

By Frank Hossack

March is the month for French people to go crazy. More than usual. Now in its eighth incarnation, "Mars en Folie" is one of the Sino-Franco flagship events for 2015. From 7th March, this year's music festival will feature 28 concerts in 14 cities across China, culminating on the 22nd with Ginkgoa's appearance here in Nanjing.

With influences such as the legendary Édith Piaf and the more contemporary Erykah Badu very much evident in their work, Ginkgoa are all about French songs with an American vibe, and American songs with a French touch where time periods cross and inspirations collide.

One look at the video for "De New York à Paris" on their website and it is difficult not to be hooked on this modern music for a global age that combines the swing of old New York with electro beats and poetics. Nicolle's animated performance exudes confidence and her passion for music, that which in 2011

won for Ginkgo the prize of "Favourite Group" in the French-speaking world's largest musical extravaganza, "Les Francofolies", after which they embarked on a tour of France, Switzerland and the USA, picking up more awards along the way.

Yet, the Ginkgo story winds its way through a series of fantastical coincidences that began a year earlier. Nicolle Rochelle came across the works of Antoine Chatenet on the Internet and fell in love with his musical style. That very evening, she found herself in a Parisian jazz club, immersed, in person, in the music of Antoine himself. Speaking with The Nanjinger from Switzerland, Nicolle said, "It was a mystical magical moment for me, kind of made me believe in God for real." Talking from Paris, Antoine added, "It was the first time that I heard my songs sung like that; I was so impressed and touched by emotion of Nicolle and how she took my song for herself". Hence Ginkgoa was born.



With her hailing from New York and him being a true Parisian, Ginkgoa's serendipitous route to success continued when fashion, beauty, and perfume house Rochas selected the group to provide the soundtrack for all the European advertising campaigns of the brand. Antoine outlined how the cooperation came about; "They sent a little note to many people in the [music] business in France, to say they were searching for a song like that, and everybody thought of us! Afterwards, talking to the agency, they really liked the song, and only asked us to change a few words". Nicolle is more philosophical; "They were looking for a song that was kind of jazzy, maybe a bit Manouche".

With their debut album “De New York à Paris” scheduled for release on 1st June, 2015 is shaping up to be a busy and even more successful year for Ginkgo. Catch them now while you can. As part of the dazzling array of music and lyrics that is “Mars en Folie”, Ginkgo play at Nanjing’s Grand Zijin Theatre, 20 Xiaohuowa Xiang 火瓦巷20号 on 22nd March at 7pm. Tickets are priced from ¥48 to ¥280 and are available from Alliance Française, 73 Beijing Xi Lu, or room 511 in the Cultural Art Centre on Changjiang Lu. Tel; 8359 8762 / 8359 8876. **NU**

Activity

Playing a Round (of Golf)

By Frank Hossack

- If golf is known (almost) the world over as the Gentleman’s Game, what of it here in China? An appendage to the exercise of gaining face or a sport in which friendships are solidified, deals are struck and exercise gleaned? The former, it would seem, after playing a round at Nanjing Lvbo Yuan golf club, that troublingly, also goes by the name Virescence Expo Garden Gold Club.

Allegedly the only city golf course in China, Lvbo certainly has going for it its location, situated between the Olympic Centre and the Yangtze River. While the course itself has its charms, such as a plethora of water hazards, on the whole it is sadly just a little uncared for. Granted, our visit came in early February when needless to say it is far from its best, yet from glances snuck by this correspondent during previous summers the unkempt nature of the course seems to be a constant. Green; sometimes. Tidy; no.

In addition to the caddy, who trundles around, often ahead of the players, with a somewhat decrepit device resembling a wheelbarrow frame that has been modified to take two sets of golf clubs, a seemingly limitless supply of balls are included in the price, on account of the water hazards, as exemplified by the 410 yard par five 1st. Here, a monster drive is necessary to clear three man-made lakes; softies should opt for a long iron to bring the ball down between the second and third hazard.

Elsewhere, fun is to be had on the 321 yard par four 5th, an intriguing dogleg, which if misjudged has a good chance of striking a vehicle on the adjacent eight-lane highway. The 165 yard par three 6th wherein a sound 6-iron is called for to avoid the water hazard that virtually surrounds the green area, or on the 430 yard (longest hole on the par 33 course) par five 8th, in which the green is a tiny island all unto itself in the middle of a small lake. Precision needed, not necessarily delivered. Caddy!

All done and dusted, the burning question remained; the car park was full (good ones too, no rubbish) yet the course was almost empty. On our round we did not encounter another player yet, we were informed there were three other groups playing the little nine holer. The answer is they were all on the driving range, preferring to toil away through attempts to perfect their swing, and likely more importantly, to be seen. All the better for those of us who actually want to play golf.

A round at Lvbo Yuan will set you back in the area of ¥400, including a mandatory tip for the eager caddy. Elsewhere, for those wishing to simplify the process of picking up a club in



China, head out sometime with the Nanjing Golf Society, playing most weekends at various courses around Nanjing. An email each week will confirm time and place. Contact Simon Northcott by phone on 15850764645 or via simon3northcott@gmail.com.



Sweety Cone

The colourful kitsch and random items one would expect in a child's bedroom make the message unmistakable; here at Sweety Cone it's all about the sweets. Ice cream to be exact. Their signature dessert is the "never-ending ice cream" 绵绵冰 and by the size of the towers of frosty pleasure served, they are not far off. Tasty variations from mango to peanut and the ever-popular Tiramisu come with additions such as nuts, biscuits or fresh bits of fruit. Not only the creamy goodness convinces, but so does the service. While IST Mall is undoubtedly as central as it gets, the chain store boasts another four branches in similarly great locations such Golden Wheel, Wonder City and close to Purple Mountain. Find Sweety Cone at 3F in IST Mall in Xinjiekou 中山路100号艾尚天地购物中心. 

Jiang Shoushan Residence

Jiang Shoushan's former residence lies in the scenic classical Chinese architecture compound of Laomendong. The site is one of three in Nanjing previously owned by the wealthy merchant. Commonly known as "Jiang Baiwan's Mansion", the residence was built in the fourth year of the reign of Emperor Guangxu in the Qing Dynasty (1878), and is now a cultural relic site under Jiangsu provincial protection. After having undergone a period of renovation, it has been reopened as a museum. Free entry. Find this piece of classic architecture at 18 Santiaoying, Laomendong 老门东三条营18、20号. 



Amphora Greek Supermarket

As one of the few stockists of the, love it or hate it, Ouzo, in Nanjing, imported Greek produce store Amphora brings a pleasant taste of the small Mediterranean nation to the southern capital. In addition to the anis-based liquor, Amphora stocks Greek wine, cookies, cakes, mineral water, honey, wafer rolls, mixed nuts, waffles, marmalade and jam, balsamic vinegar, sea salt, tinned tuna and sardines and somewhat predictably, more olive oil than you can point a stick at. The outstanding location right opposite BHG in Raydu promises a successful business. Amphora is located at A643, Raydu Mall, 1222 Shuanglong Dadao 双龙大道1222号瑞都购物广场B1楼A643室. Tel: 15905175403. 



Cinema

Marvelous Disney

Big Hero 6

By Laura Helen Schmitt

- Probably the most severe shortcoming of *Big Hero 6* is its title. Only to serious comic fans does the franchise hold any meaning at all, while everyone else might end up wondering “How did I miss parts one through five?” Luckily, that’s what trailers are for; in this case more than making up for the serious lack of attraction in the name. In all fairness, nothing much can be done about this if one intends to convey the roots of this film adaptation in the superheroes conceived by Marvel at the end of the past millennium.

It is Disney’s first crack at adapting Marvel characters for the big screen since the former bought up the latter’s parent company in 2007. Undoubtedly fearing a backlash of the fan community if their favourite characters were to be disneyfied beyond recognition, the world’s dreamhouse has taken its time at wading into Marvel waters.

when Japan’s economy was going strong (especially considering that the original Marvel storyline took place in good old Tokyo).

In today’s context of China’s rise to the front row of catered-to parties by America’s movie-making machines, the Japanese demise seems even more prevalent. Yet, to those amongst us who have grown up on a steady diet of anime, the Nippon connection incontestably holds a certain charm.

The storyline’s major shortcoming, depending on one’s personal standpoint, is its is rather formulaic set-up, adhering to the classic Disney structure of dead parents, hero overcoming severe loss, clumsy, funny and loveable sidekick, surprise twist and the obligatory happy ending. Yet, it is exactly this mathematic equation that has kept the behemoth in business and enabled them to touch the hearts of children and adults across the entire globe for what is very quickly shaping up to be a century.

In the case of *Big Hero 6* the result is a heart-warming tale of what grief can do to people and the importance of dealing with your pain. In just over 100 minutes the film manages to captivate the audience to such an extent that tears roll over the



Seven years of waiting have now brought us this fabulous addition to the Disneyverse; adapted from the original, no doubt, but still revealing its very non-Disney origins. The major clues that this storyline stems from another era are the Japanese tendencies of surroundings and characters. With a cast featuring a majority of Japanese names, an Asian-looking protagonist and set in San Fransokyo; a futuristic merger of the two cities complete with pagodas, the famous SF bridge and tons of skyscrapers; the anime feel of the entire flick is undeniable, reminding of a past

heart-wrenching loss of a crew member; the badge of honour for any film no doubt.

Throw into the mix a smashing soundtrack provided by pop punk aficionados Fall Out Boy and the recipe for success is complete. While Disney has definitely not pushed boundaries with this comic adaptation, it has managed to stay true to what it does best, offering fun for the whole family. Thus continues the reign of the Disney dynasty, with an entire new Marvel universe at its disposal. **NIX**

NOW SHOWING IN ENGLISH IN CINEMAS ACROSS NANJING





Event

BSN Chinese New Year Celebrations

17th February

Families and friends of the British School of Nanjing were delighted by the polished performances of students at their annual Chinese New Year Show, this year focusing on the animals of the Chinese Zodiac calendar with each year group level joining in with singing, dancing, storytelling and kung fu. After the show, the Parents and Friends organised a Lion Dance to celebrate Chinese New Year with the students.



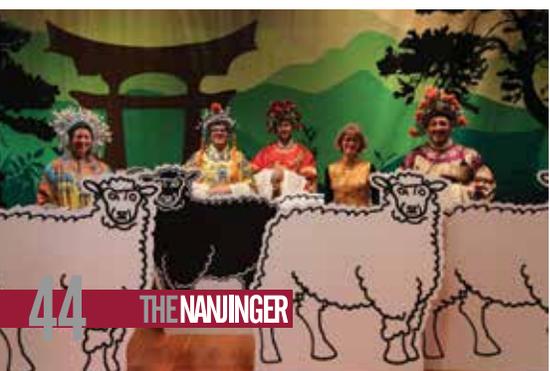


Event

NIS Chinese New Year Celebrations

13th February

NIS celebrated the Chinese New Year on their campus with Dragon Dance, Lion Dance, Guangchang Dance and performances during assemblies.



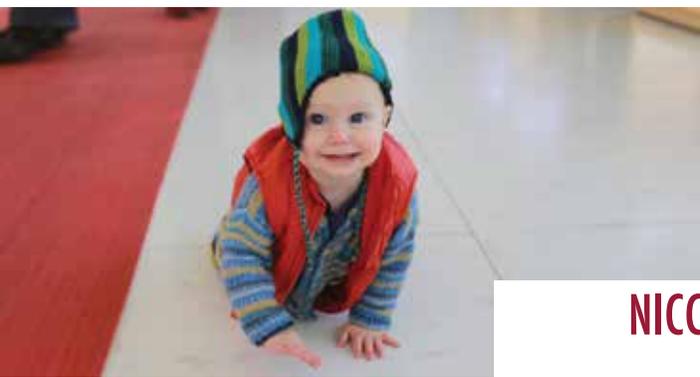




Event
NIC Yangzhou Trip
 11th February

Early in the morning, 27 NIC members and friends went to the Yangzhou Lacquer Ware Manufacturer, only 1 hour away from Nanjing, to explore famous art of China, with a history of more than 2,000 years. After learning about the fascinating process, the gift store was paradise. Last stop was Dongguan historical street, with only a few tourists and many lovely spots in which to relax. Pictures by Maria Calderon, Maria Teresinha Flores Fernandes and Brigitte Koch.





Event
NICC Walking Club
10th February

The NICC took an international group of charming ladies and one little rascal on a trip to the outskirts of Nanjing; Luhe Art Gallery in the Chinese countryside, to gain an understanding of Nanjing's famous Yuhua Stones.



Food & Drink

Western Bars & Restaurants

Bubba's 芭布 **G1**

Chic Hills, 286 Zhongshan Lu (at Xuejia Xiang)
中山路 286 号羲和广场一楼
85878066

www.bubbasasia.com

Stays true to the unique cooking processes and characters that have become hallmarks of great American barbecue. Applewood log smokers subdue meat cuts to 6-15 hours of "low 'n' slow" smokin' heaven!

L'Arôme 芳芳法餐厅 **H6**

B1, Jinling Hotel Asia Pacific Tower, 2 Hanzhong Lu
汉中路 2 号金陵饭店亚太商务楼 B1
13127763730

www.l-arome.com

Parisian style bistro and wine bar in a location to die for at the bottom of the escalator from the lobby of the Jinling Hotel. Also open for lunch and afternoon tea.

Bellini Italian Bar & Restaurant 贝丽妮

12 Nanxiucun 南秀村 12 号 **G1**

52888857

1-106, 9 Wenfan Lu, Xianlin **E2**

仙林大学城文苑路 9 号 1-106 室

85791577

www.bellinirestaurants.com

Stylish and elegant yet easy in which to relax, Bellini serves up an array of signature dishes and drinks with tempting specials available every day.

Finnegans Wake

芬尼根爱尔兰酒吧餐厅 **J2**

6 Cinnalane

中山南路 400 号升州路 (原中北汽车站) 熙南里街区 6 号

52207362 / 13057623789

www.finneganswake.com.cn

Guinness, Kilkenny, San Miguel and Rogue-Dead Guy Ale on draught, a wide selection of classic Irish and Scotch single malt whiskies plus a carefully prepared selection of authentic Western food.

Origin

原粹创意餐厅 **G4**

1F, Nanjing IST Mall, 100 Zhongshan Lu

中山路 100 号艾尚天地购物中心一层

Western-Chinese fusion restaurant with mushrooms as culinary theme, directly imported from Zhejiang province. Fresh fields have also been installed in the shopping centre outside the restaurant. No MSG is employed in any dish.

Blue Sky Expat Bar & Grill

蓝澳西餐厅 **G1**

77 Shanghai Lu

上海路 77 号

86639197

www.the-bluesky.com

admin@the-bluesky.com

One of the original expat bars to open in Nanjing, serving burgers, pizzas, Aussie meat pies and Bundaburg Rum (Bundy). There are also weekly and monthly pool competitions and board games' nights.

Brewsell's

比利时报酒餐厅 **G1**

77-1 Shanghai Lu (first place up from Guangzhou Lu)

上海路 77-1 号 (靠近上海路和广州路的路口)

58779429

www.brewsells.com

Quality Belgian drinks & cuisine in a smoke free environment. Imported Belgian draft beers include two types of both Vedette and La Chouffe. Daily happy hour from 5 to 8pm; kitchen open until 11pm.

Studio 21 Grill Restaurant

藤美 **P3**

193 Shigu Lu (behind the Sheraton)

石鼓路 193 号 (石鼓湾美食休闲街区)

86795269 / 13072525212

Genuine European flavours, grilled meat, seafood specialities and renowned home made desserts. Special Set Lunch Menu with great prices and specials for students and teachers.

Hacker-Pschorr 赫佰仕 **H6**

Basement, Asia Pacific Tower, Jinling Hotel,

2 Hanzhong Lu

汉中路 2 号金陵饭店亚太商务楼

84660099

www.hacker-pschorr-brauhaus.com/nanjing

German brauhaus that is the first Hacker-Pschorr in China, serving up a proprietary brew created in house, along with the pre-requisite sausages.

Jimmy's

吉米莱吧 **P3**

193 Shigu Road (inside Sunglow Bay

near the Sheraton)

石鼓路 193 号

86792599

www.jimmysnj.com

The place to be for live and recorded sports, especially on Saturday nights, while enjoying American style pizza, BBQ steaks, burgers, hotdogs, tacos and more, accompanied by a large selection of draft and bottled beers plus single malt whiskies and bourbon.

Element Fresh

新元素餐厅 **G4**

1F, Nanjing IST Mall, 100 Zhongshan Lu

中山路 100 号艾尚天地购物中心一层

85656093

www.elementfresh.com

Born from an expat's passion for food, the multi-award winning Element Fresh first opened its doors in Shanghai in 2002. Since then the chain has expanded to Beijing and Guangzhou and now Nanjing!

Punchline 弥多美式西餐厅 **H6**

Building 1, Zhongnan International Mansion, 129

Zhongshan Lu

中山路 129 号中南国际大厦 1 楼

85263703

Authentic American cuisine is the slogan; think burgers, steak sandwiches, fajitas, potato wedges, subs and desserts, plus tempting cocktails.

Jack's Place 杰克地方西餐厅

422, Dongcheng Hui Shopping Mall, Xianlin 文苑

路与学思路交叉口东城汇 4 楼 **E2**

85807866

35 Wang Fu Da Jie 王府大街 35 号

84206485

160 Shanghai Lu 上海路 160 号

83323616

Humble yet honest, Jack's Place has been around Nanjing for more than 15 years, serving up Italian favourites popular with expats and locals alike. Strengths lie in the pastas and mains.

The Wing Italian Restaurant

意之翼-意大利餐厅 **V5**

4F, The Central, Hexi CBD

江东中路 237 号中央商场 4 楼 (雨润国际广场)

13913983339

Open kitchen allows for observation of the chefs at work, while hand-made Italian thin-crust pizza comes from a professional oven.

Mix and match your own pasta and great value set lunches available along with MSG-free chicken.

Les 5 Sens

乐尚西餐厅 **G1**

52-1 Hankou Lu

汉口路 52-1, 靠近南京大学

83595859

Remaining surprisingly inexpensive since opening its doors in 2005, Les 5 Sens serves authentic and homemade traditional French dishes (fois gras being a particular favourite) in a homely atmosphere.

Motu Burger 摩图 **J4**

107 Gutong Xiang, Laomendong

老门洞箍桶巷 107 号

17701598220

Small balcony affords great people watching while munching on delicious Kiwi burgers and ice cream washed down with fine ales.

Dream House 梦想之家音乐西餐厅

20 Jiangjun Da Dao, Jiangning **A2**

江宁区将军大道 20 号

52837977

Continuing Nanjing's fascination with Western food and drink leaning toward the Germanic. Popular with students from NUAAC across the street.

Behind the Wall

答案墨西哥餐厅 **F2**

150 Shanghai Road (in Nanxiu Cun)

上海路 150 号, 在南秀村

83915630

One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, with perhaps the finest terrace in the city. Live musical performances go well with strong sangria and beer.

Secco Restaurant and Bar

喜客西餐厅

132 Changhong Lu (under the Super 8 Motel)

长虹路 132 号 (速 8 酒店楼下)

83370679

The afterparty may come and go, yet Secco remains one of Nanjing's top options for late night drinks.

Florentina

2-107, 83 Shanghai Lu

上海路 83 号 2 栋 107 **G1**

3-101, 22 Nanyinyangying

南阴阳营 22 号 3 栋 101 **F2**

18602560788

Over 100 craft beers waiting for you to try!

Henry's Home

亨利之家 **b5**

82-2 Fuchunjiang Dong Jie

奥体富春江东街 82-2 号

58577088

One of Nanjing's oldest Western restaurants, with over 20 years experience in serving up western meals; specialities include steaks, fajitas, pizza and organic salads.

Selección Española

57 Zhongshan Dong Lu

中山东路 57 号 **H7**

Home-made Spanish fast food in the heart of Xinjiekou makes for an attractive and affordable alternative as a lunch option during the 9 to 5.

Eminence Cellar

香松酒窖 **G1**

Inside Wutaishan (opposite to Jin Inn),

Guangzhou Lu 广州路, 五台山体育场

66012088

High quality Western restaurant offering organic food, breads baked on-site, cigar bar and wine cellar.

Wagas 沃歌斯

1F, Nanjing IST Mall, 100 Zhongshan Lu
中山路 100 号艾尚天地购物中心一层
85656120

www.wagas.com.cn

Western and modern Asian fare with a special focus on food quality, consistency and safety.

Potato Bistro

马铃薯 

5*301 Kangqiao Sheng Fei, 9 Wenfan Road, Xianlin

仙林文范路 9 号康乔圣菲 5 幢 301

85791293

A bistro based on green, organic, fresh foods and authentic taste. Large balcony offers outdoor BBQ for up to 150 people.

Axis Mexican Restaurant & Pub

Axis 墨西哥餐厅 

Yadong Commercial Plaza, 12 Xianyin Bei Lu

仙隐北路 12 号亚东商业广场

15895872728

A real Mexican dining experience offering a wide variety of traditional Mexican dishes as well as continual additions to the menu.

Nail Jazz Bar

钉子爵士酒吧 

10 Luolang Xiang (200m south of the Sheraton)

罗廊巷 10 号, 离金丝利酒店 200 米

8653 2244

A relaxed atmosphere in which to enjoy a wide variety of imported beers and the odd bit of live music.

Tony Music Bar

托尼酒吧 

6 Jinxianghe Lu

进香河路 6 号

84068176

One of the preferred hangouts for the local crowd before they hit the clubs.

Ellens Bar

艾伦酒吧

132-3 Guangzhou Lu 广州路 132-3 号 

37 Hunan Lu 湖南路 37 号 

83641118

Laid back and relaxed atmosphere plus food & drinks at great value prices.

Middle Eastern Cuisine

Jacob Arabic Restaurant

嘉珂帕

61 Hankou Lu 汉口路 61 号

86521668

Classic go-to for Middle Eastern fare; grilled Hallal meats, shawarmas and a mouth-watering assortment of dips. Prayer room on the second floor.

Indian Cuisine

Baba Restaurant

巴巴餐厅 

Jinyuan Food Court Outlet, No 11 Hexi Central Park, 341 Jiangdong Lu

江东中路 341 号出口南京金源美食广场 11 号负 1 楼

13611574929

Reincarnation of Kohinoor, Nanjing's long serving Pakistani restaurant, features a menu that boasts over 200 dishes, all of which taste nothing alike.

Nanjing Ganesh Indian Restaurant

甘尼什印度餐厅 

3 Kunlun Lu

昆仑路 3 号

85860955

www.ganeshchina.com

The unlikely combination of Indian food and jazz music that nevertheless has stood the test of time

in both Suzhou and Wuxi. Fabulous decoration in a great location by the city wall at Xuanwu Lake. Hosts the occasional jazz concert.

Himalaya-Nepalese & Indian Restaurant

喜马拉雅尼泊尔印度餐厅 

193 Shigu Lu (behind the Sheraton)

石鼓路 193 号

8666 1828

Himalaya is a very popular restaurant serving a variety of Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves.

Taj Mahal

泰姬玛哈印度料理 

117 Fenggu Lu

丰富路 117 号 

84214123

187-1 Shanghai Lu 上海路 187-1 号 

83350491

Established in 2003, the Taj Mahal offers a great variety and exotic blend of high quality authentic Indian cuisine that it continues to this day, making it forever popular with the foreign community.

Masala Kitchen

玛莎拉印度餐厅-酒吧 

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu

仙隐北路 12 号亚东商业广场 A05

84448858

masala_kitchen@live.com

Offers vegetarian and meat dishes plus savory Tandoori oven dishes and exotic curries cooked fresh by a chef with over 20 years of experience in his hometown of Hyderabad. Also serves a fine selection of imported wines and beers.

Japanese Cuisine

Kegetsu

嘉月 

62 Taiping Bei Lu, 1912

太平北路 62 号 1912 街区

86625577

A lifestyle oriented dining experience with a focus on creative cuisine. Balcony affords views over 1912.

Tairy Teppanyaki 大渔铁板烧

57 Zhongshan Lu

中山路 57 号 

84729518

All you can eat and drink special offer includes sushi, sashimi, sake, beer and much more. Two more locations in 1912 and near to Xuanwu Gate.

Korean Cuisine

Xianpingjia 咸平家

#6, Block 1, Dongfangtianjun, Xianlin

仙林杉湖西路东方天郡门面房 6 号

84469445

Run by a Korean grandma who has over 30 years of cooking experience. Bulgogi-marinated beef served with vegetables which you cook on the table with Kimchi is a must!

THE Korean 本家

B1, Golden Wheel Tower, 108 Hanzhong Lu

新街口汉中中路 108 号 金轮大厦 B1

84469445

Neolithic Barbecue

新石器烤肉 

B1, Deji Plaza, 18 Zhongshan Lu

中山路 18 号德基广场 B1 楼 B116-117 号

84764545

Ke Jia Fu 可家福

7 Nan Da Heyuan, 168 Xianlin Dadao

仙林大道 168 号南大和园 7 号

86331006

Other Asian Cuisine

Thai Tasty

泰式料理 

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu
仙隐北路 12 号亚东商业广场 A05

84448858

masala_kitchen@live.com

An extraordinary array of distinctive dishes employing authentic seasonings with fresh local produce.

Thai Orchid 梵泰蘭

86-1 Fuchunjiang Dong Jie (La Defense Flower Street)

富春江东街 86-1 号拉德芳斯异国风情花街 (近恒山路路口)
83564567

Thai nationals serve as chefs; fantastic group deals available, e.g. set meal of ten dishes for half price.

Pho Saigon

西贡堤岸越南餐厅 

2F Huanya Plaza, 33 Shigu Lu

石鼓路 33 号环亚广场 2 楼

84465722

Popular and inexpensive fare that includes the must try Vietnamese noodles, hence "pho".

Taiwan Teppan Corner

三铁板餐厅 

LD148, Jinyuan Hexi Commercial Plaza, 341 Jiangdong Zhong Lu

江东中路 341 号南京金源河西商业广场 LD148

13770325443

Quality and affordable Teppanyaki experience aimed at office workers for lunch and dinner.

Kezigu Muslim Restaurant

克兹古丽餐厅 

53 Wangfu Da Jie

王府大街 53 号

85981468

Xinjiang restaurant popular with expats; spicy noodles, potatoes, vegetable, chicken and lamb dishes accompanied by dance performances.

Vegetarian

Green Cuisine 绿野香踪素食馆

1F Zhengyang Building, 56 Yudao Jie

御道街 56 号正阳大厦一楼

6661 9222

A wide selection of creative dishes and plenty of fresh vegetables along with special drinks and teas.

Tiandi Sushi 天帝素食

21 Huji Bei Lu, Entrance to Gulin Park

鼓楼区虎踞北路 21 号古林公园正门口 (近北京西路)

83701391

Bakery & Café

Skyways

云中食品店

160 Shanghai Road 上海路 160 号 

83317103

Weilan Zhidu Homeland,

6-4 Hanzhongmen Da Jie 

汉中门大街 6-4 号蔚蓝之都家园商业裙楼

83378812

A18, Yadong Commercial Plaza, 12 Xianyin Bei Lu


仙隐北路 12 号亚东广场 A18 室

85791391

A favourite of the expat community with breads, made-to-order sandwiches, cakes, chocolates, desserts, plus imported deli items such as cheese and salami. Shanghai Lu location has a long queue at lunchtimes.

Sculpting in Time Café

雕刻时光咖啡馆

2F, 47 Hankou Lu

汉口路 47 号 2 楼 **CG1** ●
83597180
32 Dashiba Jie (Fizimiao East Gate)
大石坝街 32 号 (夫子庙东门) **UJ3** ●
52266082

Delightful atmosphere in which to enjoy coffee, tea, a variety of Western food, plus widely known brownies. Balcony at the Confucious temple branch offers romantic night time views over the Qinhuai river.

Maan Coffee 漫咖啡

1 Qingjiang Lu 清江路 1 号天水滨江花园 ●
85872858 85607277
1F, Dushi Xihe, 8 Xuejia Xiang (next to Jinrunfa supermarket)
薛家巷 8 号金润发超市旁都市羲和一楼 ●
85607266

81-1 Fuchun Jiangdong Jie (La Defense Flower Street)
富春江东街 81-1 号拉德芳斯异国风情花街 (近恒山路路口) **tb5** ●
85607299

1912 Nightlife district (near Chanjiang Hou Jie)
1912 时尚休闲街区 **tb2** ●
Korean chain serving waffles, salads and all day breakfast options that go down well amid decor that juxtaposes cement, glass and chandeliers.

Délíce Capy DC 莫奈花园 **tb5** ●

1st and 2nd Floor, Friendship Mall, 27 Hanzhong Road, Nanjing
南京市汉中中路 27 号友谊广场 1 楼 2 楼
86829191
Lounge in comfortable armchairs and indulge in an array of treats, from gooey macaroons and hazelnut slices to molten chocolate cakes.

Nightclubs

Kamakama **tb2** ●

1912 Nightlife district (behind Starbucks)
1912 时尚休闲街区
86701912
Nanjing's answer to the sleek sophisticated cocktail bars of Shanghai. No 1912 mayhem here; instead it's signature cocktails, selected fine wines and classic malts all the way.

MAZZO Club 玛索国际娱乐 **tb2** ●

1912 Nightlife district
1912 时尚休闲街区
84631912
One of the oldest clubs in Nanjing and the preferred hangout for the foreign community in Nanjing that plays contemporary electronica.

Club TNT 潮人会 **tb2** ●

2-1 Changjiang Hou Jie
长江后街 2-1 号
84401199
A big name in the Chinese nightclub industry, with clubs in Nanjing, Chongqing and Hefei.

Enzo

8-3 Changjiang Hou Jie
长江后街 8-3 号 **tb2** ●
83789898
With more of the latest in over-the-top nightclub entertainment, Enzo also has access to many of the big names in entertainment; Paul Oakenfold, DJ R3hab and LMFAO have all played here.

Tourism, Sport & Leisure

Hotel & Hostel

Jinling Hotel Nanjing

南京金陵饭店 **tb6** ●
2 Hanzhong Lu, Xinjiekou Square
新街口汉中中路 2 号
84711888
City centre location puts this prize-winning landmark property only two minutes' walk from Xinjiek-

ou metro station. Enjoy eight top-notch restaurants, 970 rooms and suites plus shopping and recreational facilities. International flight and train ticket purchase counter also available.

Holiday Inn Nanjing Qinhuai South Suites

南京上秦淮套房假日酒店
12 Mzhou Dong Lu, Jiangning
江宁区秣陵周东路 12 号
84918888

145 comfortable guest rooms, 83 of which being suites featuring an independent open-style kitchen concept, work desk with ergonomic seating and high-speed internet access. The Umeet All Day Dining Restaurant provides a comfortable place to eat that includes the Kids Stay & Eat Free program.

Novotel Nanjing East Suning Galaxy

南京玄武苏宁银河诺富特酒店
9 Suning Dadao, Xianlin
徐庄软件园内苏宁大道 9 号
85208888
www.novotel.com
Good spot for a weekend escape from the city, with Purple Mountain still on its doorstep, while the Nanjing Zhongshan International Golf Resort 27 hole course designed by Gary Player is just 5 minutes away.

Fraser Suites Nanjing

南京辉盛阁国际公寓 **tb4** ●
116 Lushan Lu
庐山路 116 号
87773777
www.frasershospitality.com
International serviced apartment suites offering full balconies, clubhouse and leisure facilities.

The Westin Nanjing

南京威斯汀大酒店 **tb1**
Nanjing International Center, 201 Zhongyang Lu
中央路 201 号南京国际广场
85568888
www.westin.com/nanjing
A haven of Chinese distinction in which every room affords a view of scenic Xuanwu Lake.

Sheraton Nanjing Kingsley

金丝利喜来登酒店 **tb3** ●
169 Hanzhong Lu
汉中中路 169 号
86668888
Excellent downtown location with amenities including baby sitting and butler service plus car rentals.

Crowne Plaza

南京银城皇冠假日酒店 **tb4** ●
9 Jiahua East Road, Jiangning District
南京江宁区佳湖东路 9 号
81038888
The first five star international hotel in Jiangning.

Fairmont Nanjing

南京金奥费尔蒙酒店 **tb5** ●
333 Jiangdong Zhong Lu
建邺区江东中路 333 号
86728888
www.fairmont.com/nanjing
Elegant international hotel famous for its services and cultural features; the building itself resembles a Chinese lantern.

InterContinental Hotel

紫峰洲际酒店 **tb4A** ●
1 Zhongyang Lu, Zifeng Tower
中央路 1 号紫峰大厦
83538888
www.intercontinental.com
A statement of grandeur in the 450 metre high Zifeng Tower; Nanjing's tallest building.

Sofitel Galaxy 南京索菲特银河大酒店 ●

9 Shanxi Lu
山西路 9 号

83718888
www.sofitel.com
resoff@sofitelnanjing.com
The accommodation of choice for many visitors coming to Nanjing, along with all French dignitaries.

Hilton Nanjing Riverside

南京世茂滨江希尔顿酒店
1 Huaibin Lu (cross of Qinhuai and Yangtze Rivers)
淮滨路 1 号 (近秦淮河和扬子江交汇处)
83158888
nanjingriverside.hilton.com
nanjingriverside.info@hilton.com
A more serene statement from Hilton; extensive conference and recreation facilities and rooms with balconies overlooking the Yangtze.

Nanjing Sunflower International Youth Hostel

南京瞻园国际青年旅社 **tb4** ●
142 Dashiba Jie (Fuzimiao west gate)
大石坝街 142 号, 在夫子庙西门的附近
52266858 / 66850566
www.nanjingyha.com
A popular youth hostel that includes free pool, DVDs, cable TV, foosball and English speaking staff.

Resorts

Kayumanis Private Villas & Spa

南京香樟华莘温泉度假别墅
Xiangzhang Hua Ping, Sizhuang Village,
Tangshan
江宁区汤山镇寺庄村
84107777
www.kayumanis.com
nanjing@kayumanis.com
High-end private villa with refreshing natural hot spring and mountain view.

Regalia Resort & Spa (Qinhuai River)

南京御庭精品酒店 (秦淮河) **tb2**
E5, No 388, Yingtian Da Jie
(inside Chenguang 1865 Technology Park)
应天大街 388 号 (晨光 1865 科技创意产业园) 第 E5 幢
51885688
www.regalia.com.cn
A Thai style spa offering a holistic approach to rejuvenation and relaxation.

Tangshan Easpring Hot Spring Resort

汤山颐尚温泉度假村
8 Wenquan Lu, Tangshan, Jiangning
汤山镇温泉路 8 号
51190666
A leisure hotel in Tangshan offering different types of bathing.

Museums

Nanjing Massacre Memorial

侵华日军南京大屠杀遇难同胞纪念馆
418 Shuiximen Da Jie
水西门大街 418 号 **tb2** ●
86612230 / 86610931
Hours: Tue - Sun from 8:30 to 16:30
www.nj1937.org
Located on a former execution ground and mass burial place of the Nanjing Massacre. Admission is free.

Nanjing Museum

南京博物院 **tb1** ●
321 Zhongshan Dong Lu
中山东路 321 号
One of China's three national level museums displaying Chinese art, pottery and a life-sized Republic of China street scene. Admission is free with valid ID.

Nanjing Municipal Museum (Chaotian Palace)

南京市博物馆 **tb3** ●
4 Chaotiangong
朝天宫 4 号
World class museum presenting ancient pottery and earthenware, calligraphy, clothing, jade etc.

Six Dynasties Museum

六朝博物馆 **📍O1** ●

Changjiang Lu / Hanfu Jie
长江路 / 汉府街

Constructed on the ruins of Jiankang Castle, visitors can see over 1,200 artifacts, including porcelain, pottery, epigraphs, stone inscriptions, calligraphy and paintings and even a section of the city wall.

Nanjing Jiangning Imperial Silk Manufacturing Museum

南京江宁织造博物馆 **📍O2** ●

123 Changjiang Lu
南京市玄武区长江路 123 号
83416801

Exhibitions of silk manufacturing, brocade, qipao and most interestingly, one dedicated to "Dream of Red Mansions" in which one can experience settings where many events in the novel happened. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Rabe House

拉贝故居 **📍G1** ●

1 Xiaofenqiao, Guangzhou Lu
小粉桥 1 号

Monday – Friday from 8:30 to 16:30

German industrialist's former home that served as a refugee shelter and saved thousands in 1937. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Purple Mountain Observatory

紫金山天文台

Tianwen Lu, Purple Mountain Area, Nanjing

南京市紫金山天文台

84440768

Very first observatory to be built in mainland China that is known as "the cradle of Chinese astronomy".

Tangshan Homo Erectus Fossil Museum

汤山直立人化石遗址博物馆

Jiangning District, Tangshan Scenic District

南京汤山国家地质公园内

68720777

Insight into the prehistoric life of the Nanjing cave couple, a pair of 600 000 year old skulls discovered in the Tangshan area of Nanjing in 1993. Designed by French architect Odile Decq. Closed on Mondays.

Nanjing Brocade Museum

南京云锦博物馆 **📍S2** ●

240 Chating Dong Jie

茶亭东街 240 号

86518580

Observe wooden looms producing the world's finest brocade. Fabric is also available for purchase.

City Wall Museum

南京明城墙遗址博物馆 ●

8 Jiefang Men 解放门 8 号

83608359

Long-gone city gates, maps and a full-scale model of the walled city.

Nanjing Taiping Heavenly Kingdom History Museum

南京市太平天国历史博物馆 **📍J4** ●

128 Zhanyuan Lu 瞻园路 128 号

58800123

Houses the largest collection of artifacts and documents from the Taiping Heavenly Kingdom.

Nanjing Science Museum

南京科技馆 ●

9 Zijinghua Lu, Yuhua District

雨花台区紫荆花路 9 号

58076158

Hands-on fun and learning for kids. IMAX Cinema.

Nanjing Museum of Paleontology

南京古生物博物馆 ●

39 Beijing Dong Lu

北京东路 39 号

83282252

Full dinosaur skeletons, a mass of fossils from significant digs in China and an interesting lesson in local geology. Open at weekends only.

Nanjing Folk Museum

甘家大院 **📍J2** ●

South Zhongshan Road, across from the Huamei Building

中山南路 · 在华美大厦的对面

52217104

Study traditional Chinese architecture, including the so-called "99 and a half rooms". Various displays of traditional folk art throughout the year.

Jinghai Temple

静海寺

202 Jianning Lu

建宁路 202 号

58590298

www.yuejianglou.com

In addition to enjoying an insight into the Chinese view of the "unfair treaty" ceding Hong Kong to the British, visitors can learn about the voyages of Zheng He.

Zheng He Treasure Shipyard

南京郑和宝船遗址公园

57 Lijiang Lu

鼓楼区漓江路 57 号

The Treasure Shipyard has a few interesting archaeological pieces. Bus routes 47, 72, 133, and 307 stop right outside the gate.

Parks & Attractions

Qingliangshan Park 清凉山公园

83 Qingliangshan Lu, near Huju Lu

清凉山路 83 号

Calligraphy and stone museums, as well as an art gallery and pottery studio.

Zixia Lake 紫霞湖

A cold water mountain-fed lake. Exercise with care; the cold undercurrents can cause life-threatening cramps.

Mochou Lake Park 莫愁湖公园 **📍R2** ●

35 Hanzhongmen Da Jie

汉中门大街 35 号

Home to the annual Dragon Boat Race, and great for boating or a walk in a peaceful environment.

Happy World 弘阳欢乐世界 **📍A2**

Daqiao Bei Lu, Pukou District

浦口区大桥北路

Fairly violent looking thrill rides plus giant water slide.

Jiuhuashan Park 九华山公园

20 Jiuhua Shan 九华山 20 号

Visit the pagoda and get on the city wall for gorgeous views of the city.

Xuanwu Lake Park 玄武湖公园 **📍E4**

Xuanwu Xiang 玄武巷 1 号

Idyllic islands with playgrounds, gardens, restaurants plus boats and bikes for rent.

Yaxi International Slow City

桡溪国际慢城

6 Shengtai Lu, Yaxi Town

高淳区桡溪镇生态路 6 号

57843968

The village of 20,000 was designated China's first "Slow City" by Cittaslow. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Pearl Spring Resort 南京珍珠泉风景区

178 Zhenzhu Jie, Pukou District

浦口区珍珠街 178 号

A 8.9 sq.km scenic area that includes a zoo, circus, dogdems and cable-car to a so called Great Wall.

Gulin Park 吉林公园

21 Huju Bei Lu 虎踞北路 21 号

Gardens, paintball and BBQ plus a view of the city from atop the TV tower.

Zhongshan Botanical Garden

钟山植物园

Covers over 186 hectares and home to more than 3000 plant species.

Nanjing Yangtze River Bridge Park

南京长江大桥 (公园)

7 Baotaqiao Dong Jie

宝塔桥东街 7 号

58790362

Memorabilia dating from the construction of the bridge. Ascend to the deck of the bridge by elevator for the obligatory photo.

Memorial for Revolutionary Martyrs

雨花台烈士纪念馆 **📍K3** ●

Yuhua Dong Lu (north gate)

南京市雨花台烈士纪念馆北大门雨花东路

A surprisingly relaxing memorial park, yet used as a mass execution ground during the anti-communist revolution of 1927.

Drum Tower/Gulou Park

鼓楼公园 **📍F2** ●

1 Gulou Jie

鼓楼街 1 号 · 在北京西路口

The traditional centre of a Chinese city.

Lao Shan National Forest Park

老山国家森林公园

Chalukou, Pukou

浦口区岔路口

Enjoy a more rustic experience in Nanjing's second National Park; away from the crowds soak in the virgin forest that is rich in species.

Lamendong Neighbourhood

城南 · 老门东 ●

50 Changle Lu 长乐路 50 号

52201611

A new name card of Nanjing with cultural activities, traditional Chinese architecture and distinctive local features. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Datangjin Fragrant Valley

大塘金香草谷主题餐厅

Zhengfang Da Dao, Jiangning District

江宁区谷里街道大塘金正方大道薰衣草庄园

52716207

Breathe in the intoxicating scents while strolling through the fields of lavender that lead to the shop filled with perfumes, eye patches, pillows, face masks and even lavender perfume.

Sports

Nanjing Zhongshan International Golf Club

南京钟山国际高尔夫俱乐部

9 Huanling Lu 环陵路 9 号

84606666

Nanjing Harvard Golf Club

南京昭富国际高尔夫俱乐部

176 Zhenzhu Jie, Pukou

南京市浦口区珍珠街 176 号

58853333

Nanjing Gingko Lake International Golf

南京银杏湖国际高尔夫俱乐部

1 Guli Yinxing Hu 江宁区谷里银杏湖 1 号

86139988

Century Star Ice Skating Club

世纪星滑冰俱乐部

222 Jianguang Zhong Lu (Inside Olympic Center)

江东中路 222 号奥体中心内 **📍V2** ●

86690465 / 86690467

4F, Wonder City, 619 Yingting Street

应天大街 619 号虹悦城 4 楼 **📍K1**

52275768 ext. 8001/8002

Nanjing Leiniao Paragliding Club

南京雷鸟滑翔伞俱乐部 **📍G1** ●

Wutaihan Sport Center Tennis Stadium

五台山体育中心网球馆

84458450 / 15335179782

Pisarev Ballet 比萨列夫芭蕾舞学校

B901 Junlin International Mansion, 5 Guangzhou Lu

广州路 5 号君临国际 B901 室 **📍G1** ●

86975095

Karate Eifuukaikan 空手道影风道场 **♣G3**
5F, Nanjing Workers Culture Palace Fitness Centre, 54 Zhongshan Dong Lu
中山东路 54 号 工人文化宫 5 层健身中心内
52989189

Massage & Spa

Pathways Spa & Lifestyle Club

颐庭 Spa 生活会馆 **♣H15**
13F, Tian'an International Building,
98 Zhongshan Nan Lu 中山南路 98 号天安国际大厦
13 楼
84701266 x 8019
www.pathway-spa.com

Flow SPA 川·天地

46-3 Xijia Datang, Ming Cheng Hui
(200m north of Xuanwu Lake's Jiefang Gate)
明城汇西家大塘 46-3 号
57718777

Theatre

Nanjing Art and Cultural Center

南京文化艺术中心 **♣H7**
101 Changjiang Lu 长江路 101 号
84797920

Jiangnan 631 Niuda Theatre

江南 631 牛达剧场 **♣H14**
5 Yanling Xiang 延龄巷 5 号
84419786

Nanjing Art Academy Concert Hall

南京艺术学院音乐厅
15 Huju Lu 虎踞北路 15 号
83498249

Jiangsu Kunqu Theater 兰苑剧场

4 Chaotian Gong 朝天宫 4 号
84469284

Business & Education

International Education

British School of Nanjing

南京英国学校 **♣R4**
Building 2, Jinling Resort, Jiahu Dong Lu
佳湖东路湖滨金陵饭店 2 号楼
52108987

Nanjing International School

南京国际学校 **♣E2**
8 Xueheng Lu, Xianlin College
and University Town
仙林大学城学衡路 8 号
85899111

EtonHouse Nanjing

伊顿国际教育集团 **♣U2**
6 Songhuajiang Xi Jie (near Olympic Stadium)
松花江西街 6 号 金陵中学实验小学内 (靠奥体北门)
86696778

The Overseas

海外国际 **♣G4**
Nanjing Novas International Business Consulting
Co. Ltd., Suite 1606 Block A, Junlin International,
5 Guangzhou Lu
广州路 5 号君临国际 A 幢 1606 室
84533133
admin@the-overseas.com
Wechat: overseas

Youth Moment Educational Investment Co., Ltd.

南京青梦家教育投资有限公司
3rd Floor Building E, Kingdee Science and Technology
Industrial Park
532 East Zhongshan Road, Nanjing 210016
中山东路 532 号金蝶科技产业园 E 栋 3 楼

83736611, 84530009
www.qingmengjia.com
enquiries@qingmengjia.com
Career guidance, entrepreneurial support, overseas
study services for Chinese and foreign students.

Foreign Trade & Economic Development Agencies

European Union Chamber of Commerce

中国欧盟商会 (南京) **♣G3**
Unit E1, 30F, 1 Zhujiang Lu
珠江路 1 号 30 层 E1 座
83627330

China-Britain Business Council, Nanjing

英中贸易协会南京代表处 **♣H3**
Rm 2514-2515, 50 Zhonghua Lu
中华路 50 号 2514-2515 室
52311740

Netherlands Business Support Office

荷兰贸易促进委员会南京代表处 **♣E2**
Suite 2316, Building B, 23/F, Phoenix Plaza,
1 Hunan Lu
湖南路 1 号凤凰国际广场 B 楼 23 层 2316 室
84703707

Baden-Württemberg International

德国巴登符腾堡州国际经济和科技合作协会 **♣N2**
7-3
Dabei Xiang Meiyuan Xin Cun
梅园新村大悲巷 7-3 号
84728895
www.bw-i.cn

Australian Trade Commission

澳大利亚贸易委员会南京代表处 **♣H6**
1163, Jinling World Trade Center, 2 Hanzhong Lu
汉中中路 2 号金陵饭店世界贸易中心 1163 室
84711888 -1163

Canadian Trade Office Nanjing

加拿大驻南京商务代表处 **♣H6**
1261, Jinling World Trade Center, 2 Hanzhong Lu
汉中中路 2 号金陵饭店世界贸易中心 1261 房
84704574

Language Training

Nanjing Bozhan Consultancy Co., Ltd

南京博湛教育咨询有限公司
#203, Building 3, 19 Jinyin Jie
金银街 19 号 3 栋 203 室
13813944415
bozhan.consultancy@gmail.com
Language training & Mandarin tutoring; from survival
to HSK Chinese and enhancement of conversational
confidence in English to ESL & IELTS testing.

New Concept Mandarin

新概念汉语 **♣O3**
3302, Block A, New Century Plaza, 288 Zhongshan
Dong Lu
中山东路 288 号新世纪广场 A 座 3302
84872361
www.newconceptmandarin.com
nanjing@newconceptmandarin.com
Over 20-years experience in applied linguistic research
and global teaching.

JESIE - Goethe-Language Centre

JESIE - 歌德语言中心 **♣F2**
Jiangsu College for International Education, 3rd
Floor, 203-207 Shanghai Lu
上海路 203-207 号江苏国际预科学院 3 层
83335690
www.goethe-slz.js.cn

Nanjing No.1 High School

南京市第一中学
301 Zhongshan Nan Lu
中山南路 301 号
68187208

Only high school designated by the International
Office of National Chinese Language Promotion
as base for the international promotion of Chinese
language. One of 17 locations in Nanjing awarded
Cultural Exchange Base status in 2014.

Alliance Française de Nanjing

南京法语联盟
4F, Qun Lou, 73 Beijing Xi Lu
北京西路 73 号裙楼 4 楼
83598762 83598876
1F, Bld F4, Zone F, Zidong International Creative
Park, Xianlin
南京紫东创意产业园 F 区 F4 幢 1 楼
www.afnanjing.org
info.nanjing@afchine.org
French language and culture centre with classes
for individuals and corporations at all levels,
cultural events plus a modern library with free
access to collections.

Cultural Education

Confucius Temple Primary School

南京市夫子庙小学 **♣J4**
22 Zhanyuan Lu 瞻园路 22 号
52230929
Founded in 1907 to explore and promulgate the
ideology and culture of Confucius. One of 17
locations in Nanjing awarded Cultural Exchange
Base status in 2014.

Clubs & Charities

Nanjing International Community Clubhouse

♣R3
南京国际社区中心
www.yournicc.net
info@yournicc.net
Hosts many activities such as Chinese and English
classes, ballet & quickstep classes, wine and tea
tastings plus a monthly ladies night. One of 17
locations in Nanjing awarded Cultural Exchange
Base status in 2014.

Nanjing International Club

南京国际俱乐部
Maqun Scientific Park, 3 Jinma Lu
栖霞区马群科技园金马路 3 号
www.nanjinginternationalclub.org
info@nanjinginternationalclub.org
A club 500 plus strong in membership that dates
back to 1990, with events taking place weekly,
monthly and annually.

Nanjing No.1 Toastmasters Club

南京第一家英语演讲会俱乐部
www.nanjingtoastmasters.com
Weekly event at 1507, Wuxingnianhua Mansion,
Hanzhong Lu/Shanghai Lu.

Hopeful Hearts

www.hopefulhearts.info
Raises funds for medical treatment of children with
heart conditions.

Pfrang Association 普方基金会 **♣N2**

3 Jinma Lu, Maqun Scientific Park
栖霞区马群科技园金马路 3 号
85720118
www.pfrangassociation.org
Sponsors education of children in poor parts of Jiangsu

Butterfly Hospice

Nanjing Butterfly Home
Manager: Linda Huang
njbhmanager@gmail.com
info@butterflych.org
Loving care for cherished lives.

Shopping

For the Home

EAsmart

1F-Z, Wanda Plaza, 68 Zhushan Lu, Jiangning
竹山路 68 号万达广场 1F
52187886
www.eading.com
Fantastic selection of stationary plus coffee machines, electrical and IT appliances, kitchenware and home decoration items.

Working House

生活工场 (F4A) ●
4F, Zifeng Tower, Zhongshan Bei Lu
中山北路紫峰大厦购物广场 4F
52360109
Stylish kitchenware in dark tones, candles and colourful vases or even camera cases; just a few of the fascinating products that await in every corner.

Living Story

欧洲生活馆 (G1) ●
173 Shanghai Lu 上海路 173 号
86634155
Compact yet manages to offer coffee grinders, espresso makers, stylish kitchen utensils, picture frames, oil burners and oils, candles, clocks, various pieces of art, wine racks plus a few bottles of wine.

Hongxing Furniture

红星国际家具广场 (F4E)
224 Zhongyang Lu 中央路 224 号
83118005
Large furniture mall with many shops. Large range of prices, styles, etc.

Jinsheng Market 金盛百货大市场

2 Jianning Lu
建宁路 2 号 (南京商厦对面)
9 Wangjinsi (off Changjiang Lu)
长江路网中市 9 号
Daqiao Bei Lu (beside North bus station)
大桥北路 (长途北站旁)
58507000
Large indoor market with everything from home décor to wires, Christmas trinkets and electronics. Cheap but be prepared to bargain.

Jinling Decoration Market

金陵装饰城 (F5) ●
88 Jiangdong Zhong Lu
江东中路 88 号
86511888
Everything needed for a new home.

Longjiang Flower Market

龙江花卉市场 ●
78 Qingliangmen Da Jie
清凉门大街 78 号
Huge selection of plants, cut flowers, fish tanks and fish, plus gardening tools.

B&Q 百安居 ●

90 Kazimen Da Jie (beside Metro)
卡子门大街 90 号麦德龙旁
52450077

IKEA 宜家家居 ●

99 Mingchi Lu (East side of Kazimen Plaza)
明匙路 99 号 (卡子门广场东侧)
4008002345

Electronics & Photography

Professional Photography Equipment Market

照相器材专业市场 ●
3F, Binjiang Friendship Shopping Center, 301 Ji-angdong Bei Lu
江东北路 301 号滨江友好商城三楼
Specialists in wedding photography with equipment including lighting, flash etc.

Camera & photography Equipment Market

东鼎照相器材市场 (N2) ●
Dongding Plaza, 699 Zhujiang Lu
珠江路 699 号东鼎照相器材市场
Widely regarded as the best camera and equipment market in Nanjing.

Mobile phone shops on Danfeng Jie

丹凤街 - 手机 (G4) ●
Indoor markets specialized in new and second-hand mobile phones and repairs.

IT products on Zhujiang Lu

珠江路 - IT 产品 (O1) ● ●
A multitude of stores selling everything you can imagine and more; computers, cameras, MP3 and MP4 players, iPad, webcams, hard drives, and portable flash drives.

Video games on Zhongyang Lu

中央路 - 电子游戏 (F4A)
Any type of video game for all game systems. Also do minor repairs.

Art

Art Home 聚贤堂 ●

84 Shitoucheng Lu 石头城路 84 号
Arguably the best art supplies shop in Nanjing; oil and acrylic paints plus many products by Faber-Castell and Staedtler. Framing service available.

Jiangsu Fande Culture and Art Block

江苏凡德文化艺术街区 (K2)
1 Zhengxue Lu 秦淮区正学路 1 号
84711180
An inclusive cultural industry platform for the research and development, creation, display and transaction of art works. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Avant-garde Contemporary Art Centre

先锋当代艺术中心 (K2)
A1-101 Finder Art District, 1865 Creativity Park, 388 Yingtian Da Jie
秦淮区应天大街 388 号 1865 创意园凡德艺术街区 A1-101
52270661 / 13814059763
A space dedicated to the promotion of contemporary art.

Fangshan Culture and Art Creative Industry Park 南京方山文化艺术创意产业园 (Y2)

1 Donghuyuan, 588 Longmian Avenue 江宁区龙眠大道 588 号东湖苑 1 号
84933837

Home to 100 cultural industry enterprises, 4 art institutions and over 40 famous artists in photography, oil painting, Chinese painting, sculpture and pottery. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Jiangsu Art Gallery

江苏省美术馆 (P2) ●
266 Changjiang Lu 长江路 266 号
84506789
Local artists' work, changed frequently.

ART 国艺堂

D-1 Shuimuqinhuai, 99 Shitoucheng Lu
石头城路 99 号水木秦淮 D-1 号
84506789
Picture framing and art related supplies.

Nanjing Luhe Phoenix Art Gallery

南京六合凤凰山艺术馆 (M1)
Fenghuang Shan Park, Yanan Lu, Pukou
六合区延安路凤凰山公园内
57751345
A non-profit institution staging exhibitions and serving as a platform for people to exchange information and experience in art creation and collection. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Shenghua Art Center

南京圣划艺术中心
2 Zhoutai Lu, on Jiangxin Zhou (Grape Island)
江心洲民俗街洲泰路 2 号 (原乡土乐园)
86333097 86333100
Exhibition of contemporary Chinese art.

Stone City Modern Art Creation Gallery

石头城现代艺术创意园
72 Beijing Xi Lu 北京西路 72 号
55583708
Exhibition of modern Chinese art.

Yipai Art

南京艺派文化用品中心
81 Stone City
石头城 81 号
83704786
epair8888@126.com
Well stocked shop, with oil paints, brushes, spatulas, charcoal, easels, drawing instruments, sketch books plus a large selection of pens, pencils and lead refills.

International Groceries

Fields

www.fieldschina.com
4000210049
cs@fieldschina.com
Online grocery store that delivers safe, delicious, high quality and imported groceries directly to your door. Also offers beverages, organic produce, baby & personal care products, plus ready-to-serve items.

Nanjing Bakery

www.nanjingbakery.com
Home made cakes, ready to bake pizzas, lasagna etc. plus a range of items such as pasta, butter, cheese, sauces and spices.

Wendy's Bakery

温底手作
13611577210
http://wendybakery.taobao.com
Classic apple pie, bacon-cheese scones and inventive cranberry shortbread are all just a phone call away. Utilises only imported ingredients.

Times Grocery

泰晤士 (F3) ●
48 Yunnan Lu 云南路 48 号
83685530
Compact yet its location breeds popularity; wide selection of imported but sometimes pricey food.

Happy Orange 乐橙便利店 (A2)

Cuiiping International (North Gate), Hanfu Lu, 20 Jiangjun Avenue, Jiangning
将军大道 20 号翠屏国际城北门 (韩府路)
52158366
Small shop with a nice selection of imported items run by a charming couple from Taiwan.

Petite Abeille

法国小蜂蜜进口商店
22 Hankou Xi Lu 汉口西路 22 号 ●
83237878
80 Nenjiang Lu 嫩江路 80 号 ●
83217096
Largest selection of French produce in Nanjing, with an emphasis on biscuits (petite pains, biscottes), chocolate plus home-made heavy breads and baguettes, croissants and apple pie.

Metro 麦德龙

288 Ningli Lu 宁溧路 288 号 ●
300 Jianning Lu 鼓樓区建宁路 300 号
Originally a B2B operation in which private individuals can now shop. Wide selection of foreign foods plus wines, beers and spirits. Passport/ID sometimes required.

Carrefour 家乐福

235 Zhongshan Dong Lu **N2** ●
 中山东路 235 号
 341 Jiandong Zhong Lu **b6** ●
 江东中路 341 号
 26 Jiqingmen Da Jie
 集庆门大街 26 号
 7 Daqiao Nan Lu
 大桥南路 7 号
 3 Liuzhou Nan Lu, Pukou
 浦口区柳州南路 3 号
 Good range of dairy products, especially imported butter, cream and cheese plus snacks, pasta and wine.

Auchan 欧尚

151 Hanzhongmen Da Jie
 汉中门大街 151 号 (近纪念馆东路) ●
 11 Qinhuai Zhong Lu
 秦淮中路 11 号 ●
 866 Yingtian Da Jie
 应天大街 866 号 ●
 Another French hypermarché with probably the city's best selection of cheese.

BHG Market

B2, Aqua City, 1 Jiankang Lu
 健康路 1 号水游城地下 2 层 **N3** ●
 B1, Deji Plaza, Zhongshan Lu
 德基二期地下 1 层 **H7** ●
 B1, Forest Mall, 301 Zhongshanmen Da Jie 中山门大街 301 号森林摩尔商业街区-1 楼 **N2A** ●
 B1, Raydu Plaza, 1222 Shuanglong Da Dao, 经济技术开发区双龙大道 1222 号 B1 中厅 **R3** ●
 Features a very large stock of imported goods plus fresh organic fruit and veg.

RT Mart 金润发

39 Danfeng Jie **G3** ●
 丹凤街 39 号 (近北京东路)
 B1, New City Mall, 99 Caochangmen Da Jie
 草场门大街 99 号新城广场 B1 ●
 260 Longpan Zhong Lu 龙蟠中路 260 号
 Shanghai based supermarket with a decent imported food section, dairy and bakery items.

Q.E. Mart 青恩 **E2** ●

7 Wenshu Dong Lu, Xianlin 文枢东路 7 号
 85862080
 Medium-sized supermarket that from the outside is labelled "Korean Market" is the place to head for a wide range of Korean produce.

Sports & Outdoor

Decathlon 迪卡侬

866 Yingtian Xi Lu (same building as Auchan)
 应天西路 866 号 ●
 84218420
 286 Ningli Lu (next to Metro)
 宁溧路 286 号 (麦德龙对面) ●
 52401018
 French sports megastore chain that also stocks a big selection of informal-wear shoes in sizes up to 48.

Sanfo 三夫户外

57 Zhongshan Lu 中山路 57 号 **H6** ●
 84721228 84720512
 Jinxianghe Lu 进香河路 ●
 83601199
 4F, Zifeng Tower, Zhongshan Bei Lu
 中山北路紫峰大厦购物广场 4F **G3** ●
 83518681 83518682
 Chinese outdoor chain store stocking equipment for biking and hiking plus backpacks and apparel for outdoor from big names such as Northland, Kailas and The North Face. Many other outdoor brand names have shops close to the Jinxianghe Lu location.

Foreign Language Bookstores

Foreign Language Bookstore

外文书店 **N2**
 218 Zhongshan Dong Lu (Beside Taiping Nan Lu)
 中山东路 218 号长安国际 (太平南路口)
 57713287

Xinhua Bookstores

新华书店
 56 Zhongshan Dong Lu (near Hongwu Lu)
 中山东路 56 号 (近洪武路) **H24** ●
 86645151
 54 Hunan Lu (near Matai Jie)
 湖南路 54 号 (马台街口) **E1** ●
 83374645

Phoenix International Book Mall

凤凰国际书城 **E1**
 1 Hunan Lu
 湖南路 1 号八佰伴旁 (近中央路)
 83657000 / 83657111

Wine Outlets

Newold Wine World

纽澳酒世界 ●
 Area B, F1, New City Mall, 99 Caochangmen Da Jie
 草场门大街 99 号新城市购物中心负一楼 B 区
 86265959

Jiangsu Jiuchao Distillery

江苏九朝酒业
 278 Hongwu Lu 洪武路 278 号 ●
 84404159
 10 Beimen Qiao Lu 北门桥路 10 号
 84714862
 38 Dashiba Jie 大石坝街 38 号
 84706778

Jayson Wines

南京杰森酒业 ●
 52 Taiping Bei Lu 太平北路 52 号
 8370 7195

Eminence Cellar

香松酒窖 **G1** ●
 Inside Wutaishan (opposite to Jin Inn)
 Guangzhou Lu 广州路五台山体育场
 66012088

Aussino Cellar

富隆酒窖 **O3**
 Room 109, 198 Zhongshan Dong Lu
 中山东路 198 号 109 室
 84679799
 www.aussino.net

Ziyo Wines

南京紫元酒窖 **Q3** ●
 18 Mochouhu Dong Lu
 莫愁湖东路
 13770923489

Chateau Family Cellar

名庄世家酒窖 ●
 16-10 Mochouhu Dong Lu
 莫愁湖东路 16-10 号
 87781899 / 13852287767

Services

Healthcare

International SOS Nanjing Clinic

南京国际 (SOS) 紧急救援诊所 **M1** ●
 1F, Grand Metropark Hotel Nanjing,
 319 East Zhongshan Lu
 中山东路 319 号维景国际酒店 1 楼
 84802842 (by appt.)

Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Assistance Center: 010 64629100
 www.internationalsos.com

Delivers integrated, quality, comprehensive medical care. Services span from family medicine to 24/7 emergency services. Languages spoken include; English, Chinese, German, and Japanese.

Angel Flossy-Care Dental Center

天使福乐氏口腔连锁 ●
 #105, 1 Huaneng Garden, 108 Taiping Bei Lu 太平北路 108 号华能城市花园 1 幢 105 (until May 2015)
 4F, 10 Kexiang Alley, Qinhuai District 南京市秦淮区科巷 10 号 4 楼 (from May 2015)
 84069389 / 13951994471
 www.025ya.com

Offers all kinds of oral treatments including dental implants, crowns or bridges, dental whitening, cosmetic dentistry, root canal therapy, orthodontics and more. 100% bilingual staff; other branches in Suzhou, Nanjing, Beijing and Shanghai.

Keya Dentistry

科雅口腔 **T5** ●
 Room 411, Building E, Wanda Plaza, Hexi
 南京河西万达广场 E 座 411
 4008919828 / 83308686
 www.keyath.com

Providers of Invisalign; a popular, Western alternative to braces, plus reconstructive and cosmetic teeth surgery. Axa Assistance, CSETH Insurance, BUPA, METIFE, SOS, Bupa and MediLink accepted.

Global Doctor International Medical Centre

环球医生国际医疗中心 **Q3** ●
 1F, Zuolinfengdu, 6 Mochouhu Dong Lu
 莫愁湖东路 6 号左邻风度 1 栋 1 楼
 86519991 (24 Hours)
 www.globaldoctor.com.au
 International medical centre offers family medicine & specialist services plus 24 hour emergency assistance to expatriates in Nanjing. Mon-Sat 09:00-18:00. Multilingual staff: EN/JP/ES/KO/CN.

BEN-Q Medical Centre 明基医院 **Q4**

71 Hexi Da Jie 河西大街 71 号
 52238800
 Another popular choice for expats, BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors.

Nanjing Union Dental Clinic

南京友联齿科 ●
 1F, Grand Metropark Hotel Nanjing,
 319 Zhongshan Dong Lu
 中山东路 319 号维景国际酒店一层
 84818891 / 84808888-6555
 dentist@uniondental.cn

Health Examination Center

江苏省国医馆 ●
 168 Qingliangmen Da Jie
 清凉门大街 168 号
 86216721
 www.jssgyg.com
 English speaking staff, diagnosis by imported advanced medical technology and treatment by Traditional Chinese Medicine. 100% non-invasive.

Nanjing Entrance-Exit Inspection and Quarantine Bureau

南京出入境检验检疫局 **B2**
 1 Guojian Lu, Jiangjun Da Dao, Jiangning
 江宁区委军大道国检路 1 号
 52345354

Health checks for work permit / visa applications.

Nanjing Drum Tower Hospital

南京鼓楼医院 **F1** ●
 321 Zhongshan Lu 中山路 321 号
 83304616
 The major trauma hospital (24 hr).

Jiangsu Provincial Hospital
江苏省人民医院 ●
300 Guangzhou Lu 广州路 300 号
83718836
The major Western medicine hospital.

Nanjing Children's Hospital
南京市儿童医院 ●G1 ●
72 Guangzhou Lu 广州路 72 号
83117500 83116969

Jiangsu Provincial Hospital of TCM
江苏省中医院 ●Q2 ●
155 Hanzhong Lu 汉中中路 155 号
86617141
The major Chinese medicine hospital.

Nanjing Maternity and Child Healthcare Hospital
南京市妇幼保健院 ●P1 ●
123 Tianfei Xiang 天妃巷 123 号
52226777
The major maternity hospital in Nanjing.

Legal

D'Andrea & Partners Law Firm
D' Andrea & Partners 律师事务所 ●Q2 ●
920, Jinglun International Mansion, 8 Hanzhong Lu
汉中中路 8 号金轮国际广场 920 室
86505593 / 86505693
nanjing@dandrapartners.com
International consulting firm present in China since 2004 with offices in Shanghai, Nanjing and Zhuhai, offering legal services in Italian, Chinese, English, French, German and Russian plus assistance in foreign direct investment in China, mergers and acquisitions, international contract law and labour law.

Dacheng Law Offices
大成律师事务所
2F, 72 Beijing Xi Lu
北京西路 72 号 2 楼
83755108
nanjing.dachenglaw.com
Hongliang.Hu@dachenglaw.com
Ranked #1 in Asia by size, with branches in 26 countries and all over China. Nanjing branch is ranked #1 in Jiangsu Province (EN/CH/ES/JP/KO).

Zhongyin (Nanjing) Law Firm
中银 (南京) 律师事务所 ●N3 ●
8F, Jincheng Tower, 216 Longpan Zhong Lu
龙蟠中路 216 号 8 楼
13605182614 / 58785588 / 58788688
wyz_jeff@163.com
Business lawyer with more than ten years legal practice in Nanjing plus fluent English and knowledge in both legal and business areas.

Property Services

Nanjing Houses ●
#720, Section 1, Unit 2, 128 Tianyuan Lu, Jiangning District
天元中路 128 号 2 栋 1 单元 720 室 ●S1A ●
87735531
www.nanjinghouses.com
info@nanjinghouses.com
Provides a unique-to-the-industry process of pre-screening options in order to save time and energy while looking for an apartment or villa.

Sun Home Real Estate
南京中涛房地产经纪咨询有限公司 ●P2 ●
Room 1901, Xinghan Mansion, 180 Hanzhong Lu
汉中中路 180 号星汉大厦 1901 室
51860592 / 51860590
www.shre.com.cn
sunhome@shre.com.cn

Pre-move consulting home search service, orientation and settling-in programs plus vehicle leasing.

Home Caught Relocation Service
昊鸿房地产咨询顾问有限公司 ●N2 ●
4F, 669 Zhujiang Lu 珠江路 669 号 4F
84800918
www.homecaught.com
lease@homecaught.com
Supplies many a multinational firm with home search and rental services plus bus fleet solutions.

Crown Relocations ●Q3 ●
嘉柏 (中国) 国际货运代理有限公司
Rm 1908, Block B, New Century Plaza,
1 Taiping Nan Lu
太平南路 1 号新世纪广场 B 栋 1908 室
84541017
slaing@crowwww.com
Provides moving services, housing services, school search, immigration services, and orientation services with a global network spanning 60 countries.

Best Bond Youth Apartments
贝客青年精品公寓
Hequn Xincun, off Shanghai Lu
上海路合群新村 2 号 2 ●G1 ●
150 Shanghai Lu 上海路 150 号 ●G1 ●
Wan He Zun Di, 70 Zhongyang Lu
中央路 70 号万和尊邸
9 Xitong Lu (east gate of Yinlong Ya Yuan)
西桐路 9 号银龙雅苑东门
400-8090-108
Condominiums of stylish studio flats situated in key parts of Nanjing's foreign community. Common areas provide opportunity for social exchange and integration.

Apex International Logistics Co., Ltd 上海正流国际运输代理有限公司
58702129
www.apex15.com
nanjing@apex15.com
Domestic and local moves, office relocation, storage and warehousing, pet relocation, insurance/risk management plus immigration services.

CMR Corporate Property & Relocation
南京浩麦房地产咨询 ●H20 ●
12C1, Jinlun Mansion, 108 Hanzhong Lu
汉中中路 108 号金轮大厦 12C1 座
84701658
www.cmrchina.com
Supplies multinationals, with additional services including driver's license and import/export of pets.

Faith Houses

Nanjing International Christian Fellowship
Ramada Hotel, 45 Zhongshan Bei Lu
中山路 45 号 南京华美达怡华酒店 ●
●F4A ●
Sundays 9:30am to 11:30am
Foreign passport holders only. English service with translation available in Chinese, French and Spanish.

KuanEumHui Korean Buddhist Club
观音会南京韩人佛教会 ●L3 ●
1703, Building 2, Fuli Shanzhuang
富丽山庄 3 栋 1703 室
13222018582
Service: 11:00am

Shigulu Catholic Church
石鼓路天主教堂 ●P1 ●
112 Shigu Lu 石鼓路 112 号
84706863
Korean service: Sat 4.30pm
English/Chinese Service: Sun 4.30pm

The Church of Jesus Christ of Latter Day Saints
Yuhua Jingli Hotel, 8 Xiaohang Yaojia'ao
雨花区小行尤家凹 8 号雨花晶丽酒店 ●d3 ●
Mormon service on Sundays at 10am. Foreign passport holders only.

Training, Coaching & Consulting

MTI Nanjing
#714, Building 7, Wanda Dongfang, 58 Yunjin Lu
云锦路 58 号万达东坊 7 栋 714 室 ●T2 ●
84714552
www.mticconsulting.com
HR coaching and training solutions, combining international standards with local market needs.

Simon Northcott
simon3northcott@gmail.com
Change leadership, problem solving and empowerment.

McBride Sports
15951982141
mcbridesports@gmail.com
Coaching for young athletes, adult-personal training and/or Boot Camps.

Hairdressers

V-Salon
香港时光设计有限公司 ●H5 ●
32F, Golden Eagle Plaza, 89 Hanzhong Lu
汉中中路 89 号 金鹰国际商城 32 楼
86292980
Run by a stylist to many pop and movie stars, including Nicolas Cage and Julia Roberts.

Mei Lun Shang Pin Hair Saloon
美伦上品私家专属定制 Salon ●H15 ●
6 Sanyuan Alley, Xinjiekou
新街口三元巷 6 号
15895936797 84217148
Continuing the trend for pubs that cut your hair, Mei Lun Shang Pin targets the lucrative expat market by having both foreign stylists and translators on hand.

Franck Provost Hair Salon
梵珀巴黎法式发艺 ●H7 ●
F322 Deji Plaza Phase 2
中山路 18 号德基广场二期 F322 店铺
86777366
Resident French stylist available; bookings advised.

Pets

Amy Hao Hao Pet Care
爱咪好好 ●H15 ●
18 Nantai Xiang Xi (off Wang Fu Da Jie)
王府大街南台巷西 18 号
84203097 / 13952034351
Professional cat and dog grooming service run by a local Nanjing girl who speaks fluent English.

Puppy & Kitten Pet Store
狗仔猫仔宠物店
81 Shitoucheng Lu
鼓楼区石头城路 81 号
68192571 / 18625184686
Large range of natural and/or organic imported dog food complimented by the necessary selection of treats, chews, leads and bowls.

Tom Dog Pet Center
汤姆狗宠物中心 ●P2 ●
1 Shanghai Lu 上海路 1 号

86662858

Pet stayover and dog walking service, retail outlet and English speaking staff.

Nanjing Veterinary Station

南京畜牧兽医站宠物总医院
448 Longpan Zhong Lu
龙蟠中路 448 号
84484781

Major centre for vet services and vaccinations.

Photography

Nicolas Harter Photography

13770761603

www.nicolasharter.com

A French photographer specialising in wedding, commercial and event photography, and author of photo-book "Africa Square", a profile of African artists at the 2010 Shanghai Expo.

Media & Design

SinoConnexion

南京贺福文化传媒有限公司 ●

14F, Building 1, World Times Square, 8 Dongbao Lu
鼓楼区东宝路 8 号时代天地广场 1 幢 1417 室
84718617 / 13851522275

www.sinoconnexion.com

info@sinoconnexion.com

International award winning professional foreign owned video and media production company with 30 years experience, and 21 years of work in China. Also offers agency services, print and digital publication production, broadcast media, internet advertising, social media promotion and production of audio materials.

VOZ Design

语音设计 ●K1

#720, Section 1, Unit 2, 128 Tianyuan Lu, Jiangning District

天元中路 128 号 2 栋 1 单元 720 室 ●S1A ●

58820096 / 18120135627 / 15950575174

www.vozdesign.com

contact@vozdesign.com

Professional marketing oriented graphic design

and brand development. No copies, no templates, only creativity and lots of brain juice. Mediocrity is a disease we fight everyday.

Translation

Wow-Super A Translation Service

南京领域翻译有限公司 ●H15 ●

#4004, 40th Floor, TianAn International, Shigu Lu, Gulou District

新街口大洋百货天安国际 40 楼 4004 (地铁 1、2 号线新街口站 15 号出口)

NJU No.II Dept: Rm 412, Innovation School, NJU Science Park, Xianlin

南京市仙林大学城南大科技园创新创业学院 412 室

4006969469

www.wowtran.com

Offers a full suite of translation services for business, legal, technical and personal use, including official and notary translations, marriage certificates, drivers' licenses plus interpreter services.

Travel & Transport

Airport Shuttle Bus 机场大巴

See table below

Arval Car Rental

法巴安诺融资租赁(中国)有限公司南京分公司 ●

Rm.1339,13/F, Kingsley International Centre, 169 Hanzhong Lu 汉中中路 169 号 13 层 1339 室

66102058

www.arval.cn/eng

Lease brand new cars and vans without having to find the initial capital to purchase them. Five years experience in China car rental industry through BNP Paribas' financial leasing business.

Lufthansa German Airlines

德国汉莎航空公司 ●H6 ●

Reservation Service: ●

4008 868 868 (CH,EN)

Sales Office: Room 951, World Trade Center, 2 Hanzhong Lu 汉中中路 2 号金陵饭店世贸中心 951 室

Fax: 84722624

nanjing_lufthansa@dlh.de

Lukou Airport Int'l Check-in Service - Rm 417 ●G

Dragonair

港龍航空公司 ●H6 ●

Room 751-754, Jinling World Trade Center, 2 Hanzhong Lu

汉中中路 2 号金陵饭店世界贸易中心 751-754 室
84717286

D.T. Travel

大唐国际(香港)商旅服务管理有限公司

22E, Jinlun Building, 108 Hanzhong Lu

汉中中路 108 号金轮大厦 22E ●H20 ●

400 886 1212

Professional English service incl. air ticket, visas, and hotels for individual and corporate travel.

Miscellaneous

Dr. Beckmann Cleaning Specialist

贝克曼博士

www.doctorbeckmann.cn

Colour & dirt collectors to stain devils and beyond available at many locations in Nanjing frequented by expats, as well as from online malls.

Bottled Water Delivery Service

By Coca-Cola Nanjing

4008282288 (Free)

Mineral water, pure water and water machine cleaning services.

Satellite TV Installation Service

13770323459

nanjingstv@gmail.com

Lustre Cobbler

莱斯特皮鞋修饰 ●H5 ●

Golden Eagle Shopping Center, 89 Hanzhong Lu

汉中中路 89 号金鹰国际

Central Department Store, 79 Zhongshan Nan Lu
中山南路 79 号中央商场

Hong Bang Tailor

红邦裁缝 ●G1 ●

18 Nanxiu Cun, Shanghai Lu

上海路南秀村 18 号

Not much to look at, but the tailor of choice for many a Nanjing expat.

Airport Shuttle Bus				AIRPORT - CITY CENTRE			
Airport Bus Line No 1 机场巴士1号线	Cuipin Shan Hotel 翠屏山宾馆	Yuhua Plaza 雨花广场	Qinzhong Qiao 秦虹桥	Xihuamen 西华门	Nanjing Railway Station 南京火车站		
Service during flight arrival times, departure as soon as bus fills up (approx every 20-30mins), V20							
Airport Bus Line No 2 机场巴士2号线	Nanjing South Railway Station 南京南站	Zhonghuamen 中华门	Shaiximen 水西门	Hanzhongmen 汉中门	Caochangmen 草场门	New City Mall 新城市广场	Hexi Wanda 河西万达广场
Service begins at arrival of first flight until 22:00, departure as soon as bus fills up (approx every 20-30mins), V20							
Metro Line S1 地铁S1号线	Airport 机场	7 Stops	Nanjing South Railway Station 南京南站				
Departure 6:00 - 22:00, every 5 - 10 mins, journey time 35 mins, V6 - 8							
				CITY CENTRE - AIRPORT			
Nanjing Railway Station 南京火车站	221 Longpan Zhong Lu 龙蟠中路221号	Airport 机场					
Service leaves from NRS East Square 南京火车站东广场 5:30 - 20:40, every 20mins, Longpan Zhong Lu departure 10 - 15 mins later, V20							
Nanjing South Railway Station 南京南站	Airport 机场						
Service leaves from NSRS Bus Terminal 南站的汽车客运站 6:00am - 21:00, direct connection to airport, journey time approx. 40mins duration, V20							
New City Mall 新城市广场	Hexi Wanda 河西万达广场	Airport 机场					
Leaves from Mo'er Block parking space behind New City Mall 摩尔街区停车场 5:30 - 20:40, every 20mins, Hexi Wanda departure 10 mins later, V20							
Metro Line S1 地铁S1号线	Nanjing South Railway Station 南京南站	7 Stops	Airport 机场				
Leaves from Nanjing South Railway Station Metro Station 南京南站地铁站 6:00 - 22:00, every 5 - 10 mins, journey time 35 mins, V6 - 8							



Operation Blessing China 慈福行动

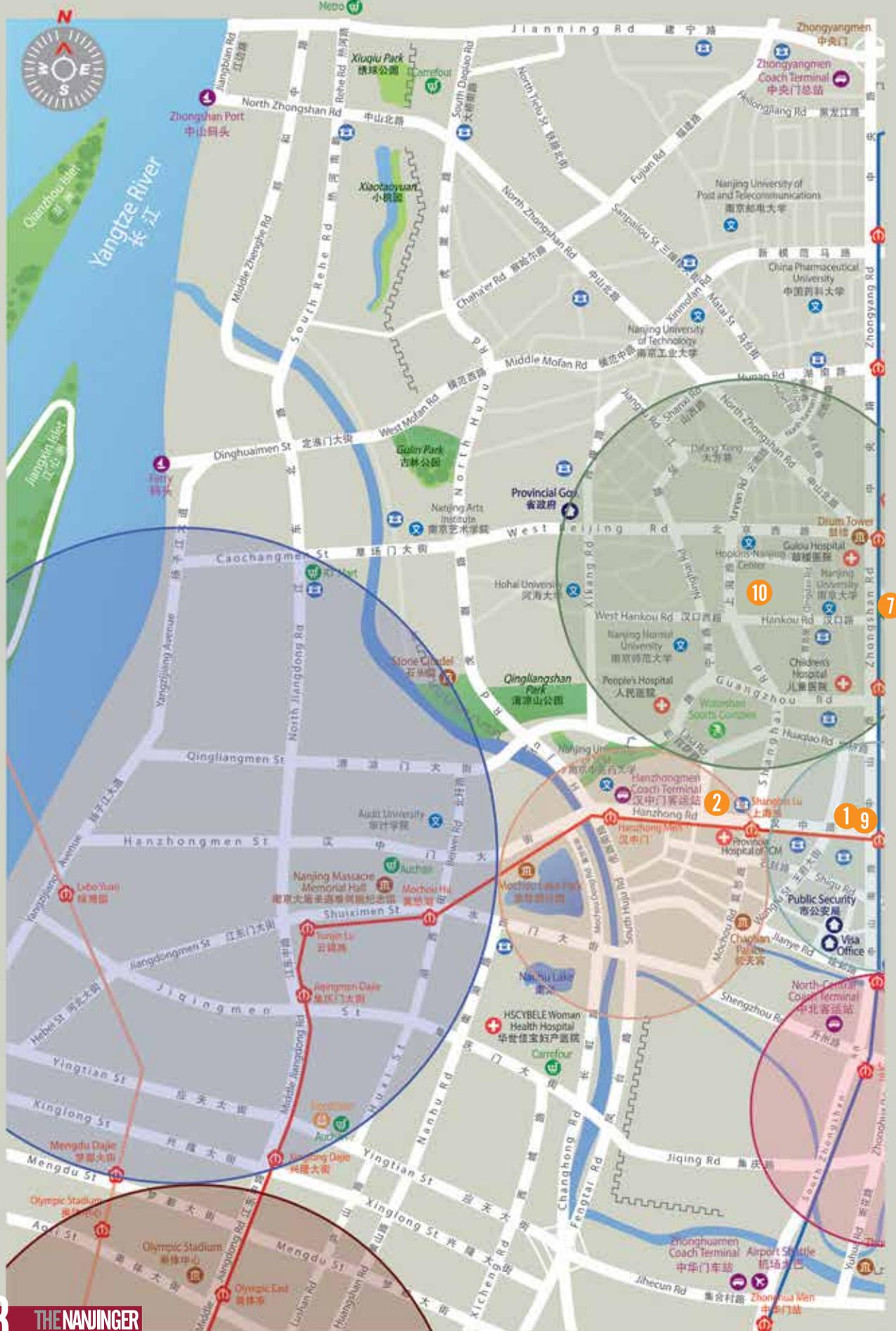


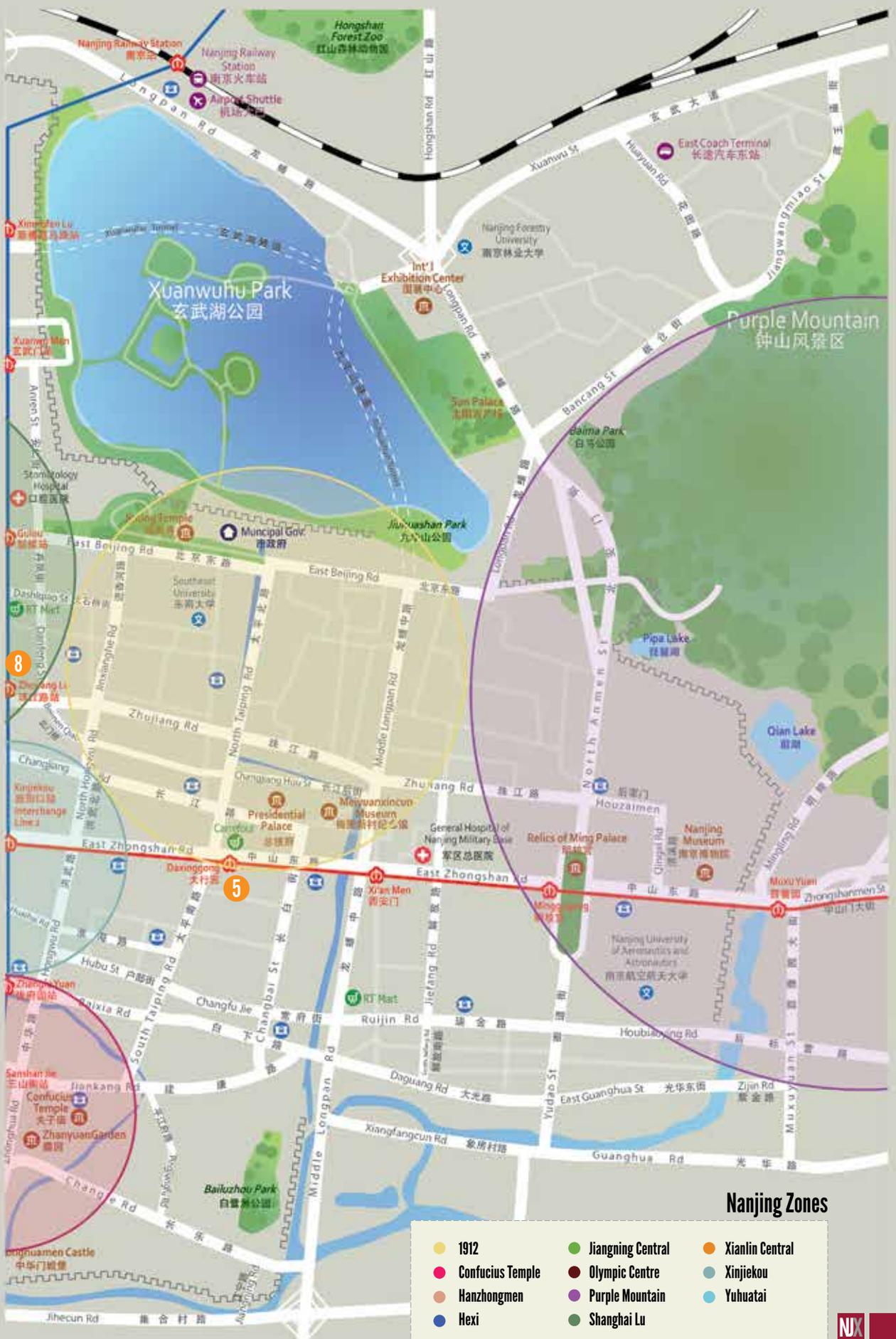
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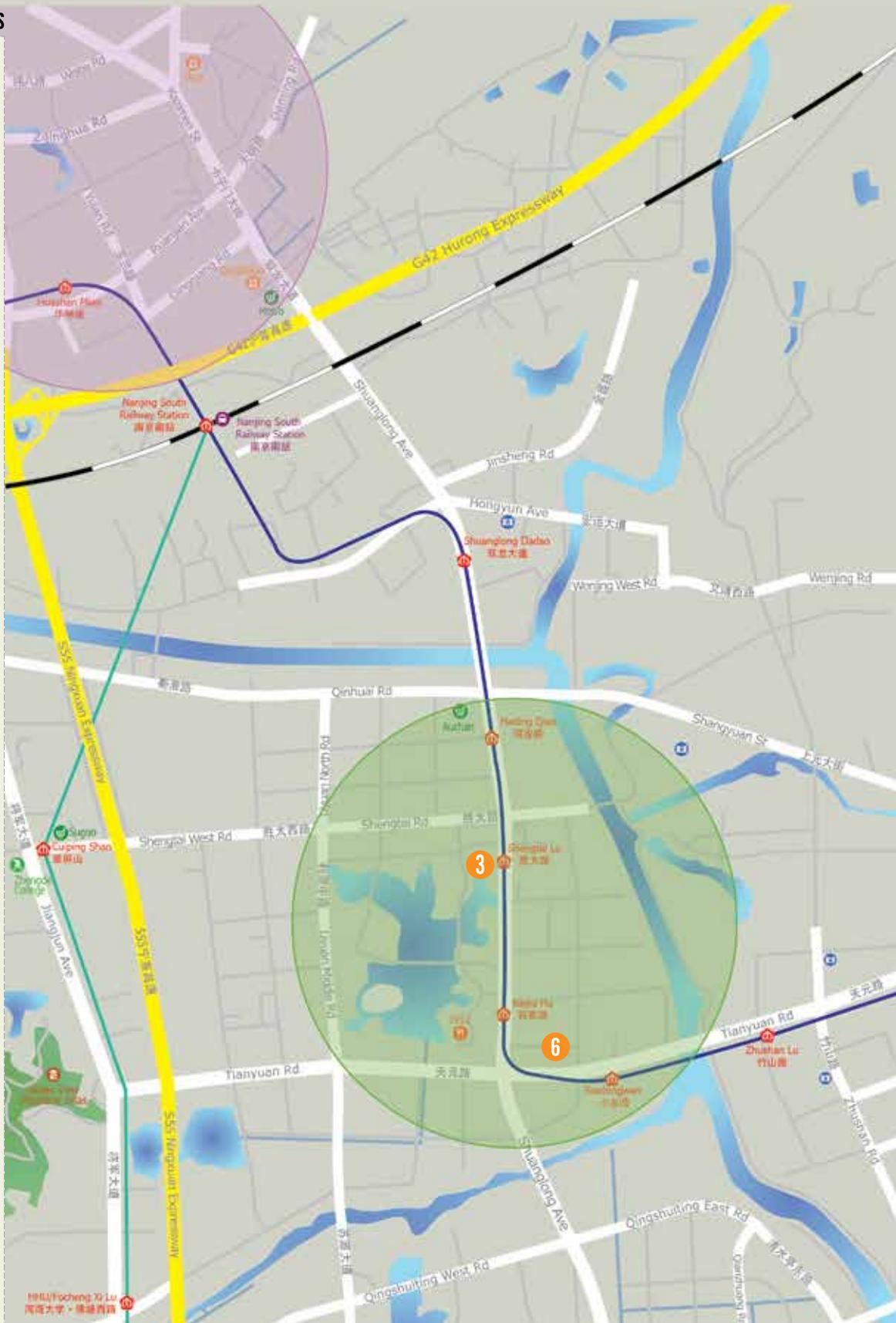
Nanjing Zones

- 1912
- Confucius Temple
- Hanzhongmen
- Hexi
- Jiangning Central
- Olympic Centre
- Purple Mountain
- Shanghai Lu
- Xianlin Central
- Xinjiekou
- Yuhuatai

Metro Station Codes

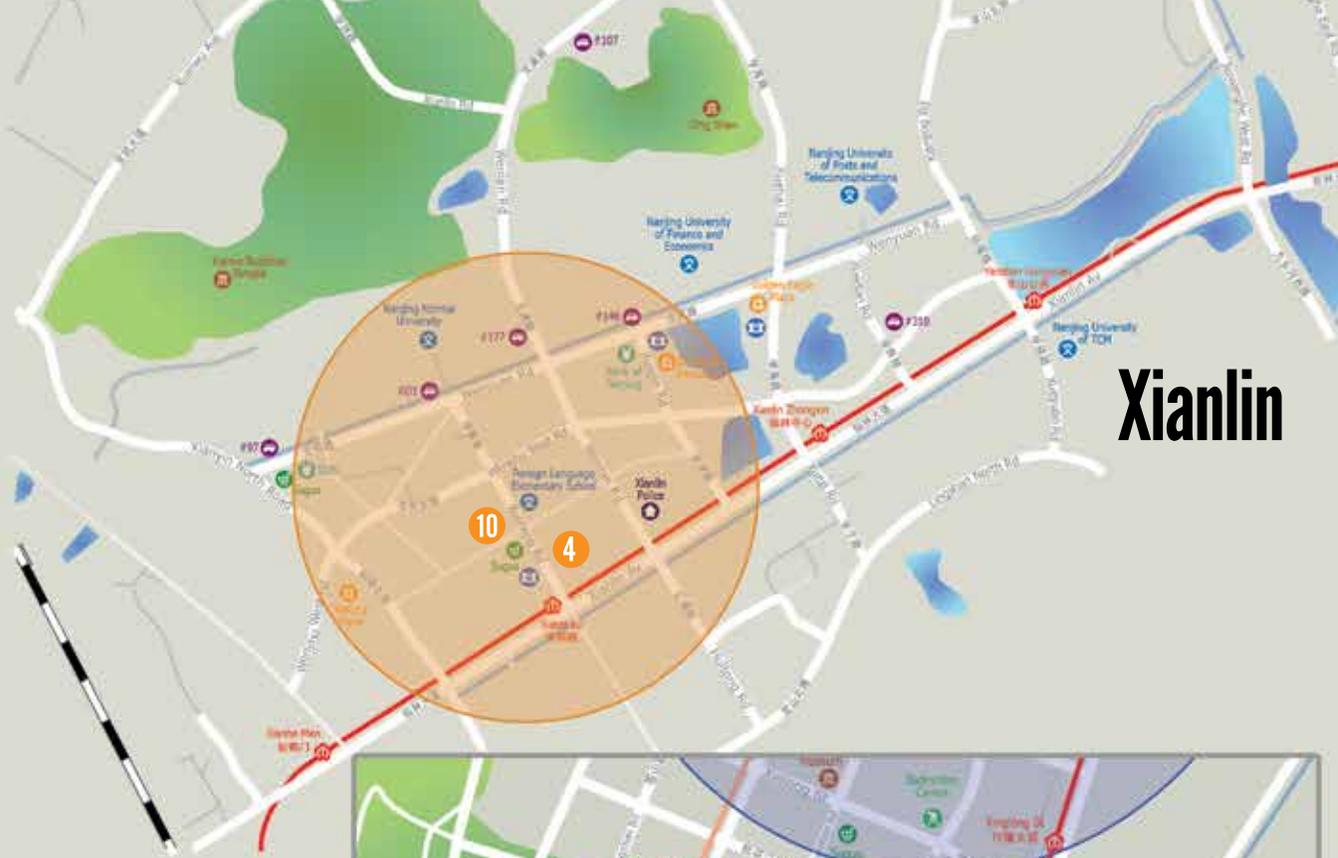
- LINE 1**
 A - Maigao Qiao
 B - Hongshan Zoo
 C - Nanjing Railway Station
 D - Ximofan Lu
 E - Xuanwu Men
 F - Gulou
 G - Zhujiang Lu
 H - Xinjiekou
 I - Zhangfu Yuan
 J - Sanshan Jie
 K - Zhonghua Men
 L - Tianlongsi
 M - Ruanjian Dadao
 N - Huashen Miao
 O - Nanjing South Railway Station
 P - Shuansong Dadao
 Q - Heding Qiao
 R - Shengtai Lu
 S - Baijia Hu
 T - Xiaolongwan
 U - Zhushan Lu
 V - Tianyin Dadao
 W - Longmian
 X - Medical University
 Y - NUCI
 Z - China Pharmaceutical Uni
 a - Olympic Stadium
 b - Yuanlong
 c - Zhongsheng
 d - Xiaohang
 e - Ande Men

- LINE 2**
 A - Jingtian Lu
 B - Nanjing University
 C - Yangshan Gongyuan
 D - Xianlin Zhongxin
 E - Xueze Lu
 F - Xianhe Men
 G - Jinma Lu
 H - Maqun
 I - Zhongting Jie
 J - Xiaolingwei
 K - Xiamafang
 L - Muxu Yuan
 M - Minggugong
 N - Xi'an Men
 O - Daxinggong
 P - Shanghai Lu
 Q - Hanzhong Men
 R - Mochou Hu
 S - Yunjin Lu
 T - Jiqing Men Dajie
 U - Xinglong Dajie
 V - Olympic East
 W - Yurun Dajie
 X - Youfang Qiao



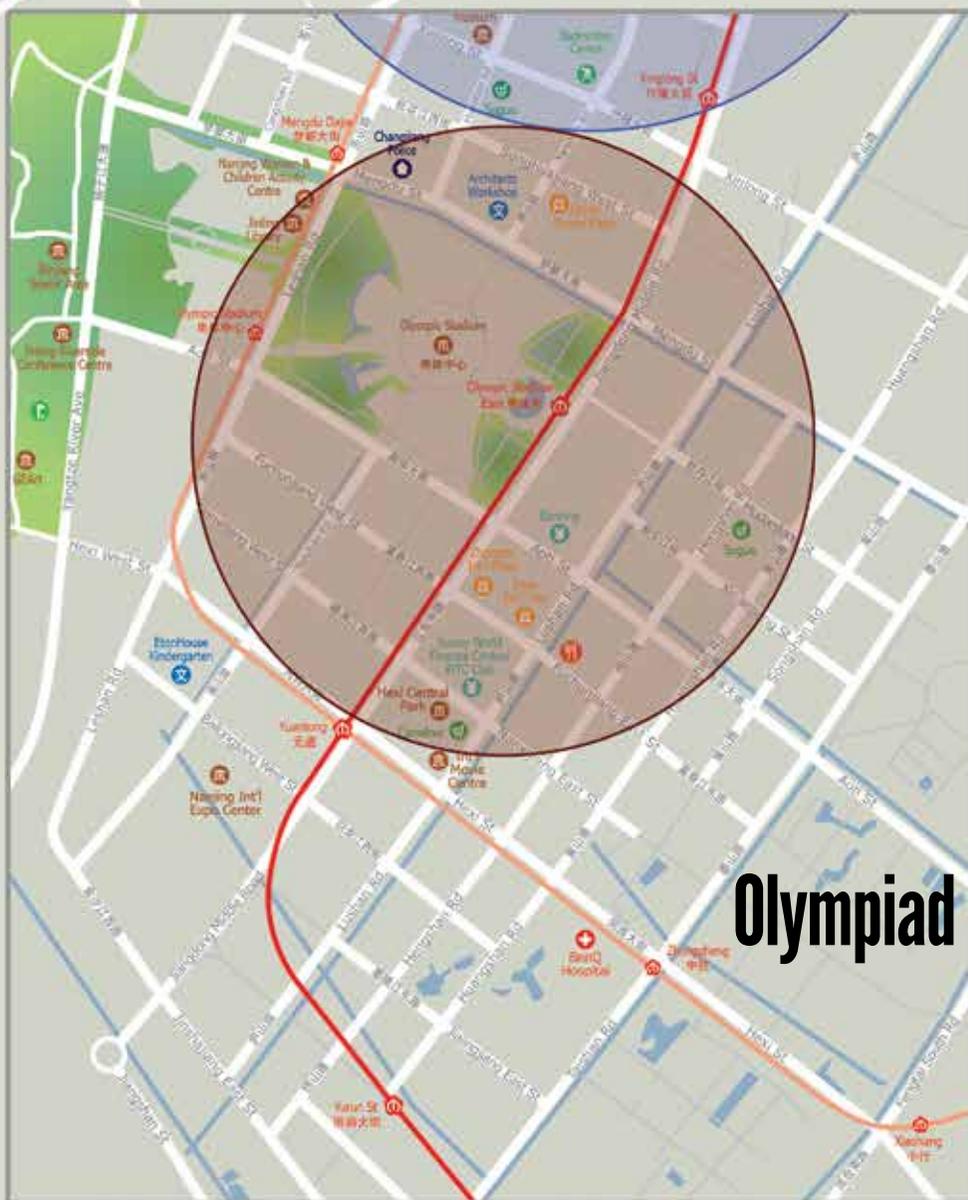
- | | | | | |
|--|--|---|---|--|
| LINE S1
A - Cuipingshan
B - HHU / Fochengxi Lu
C - Jiyin Da Dao
D - Zhengfang Zhong Lu
E - Xiangyulu Bei | F - Xiangyulu Nan
G - Lukou Int'l Airport | C - Gaoxin Development Zone
D - Nuist
E - Xie Jia Dian
F - Da Chang
G - Ge Tang
H - Chang Lu | I - Hua Gong Yuan
J - Liu He Dev't Zone
K - Long Chi
L - Xiong Zhou
M - Fenghuangshan Park | N - Fangzhou Guang Chang
O - Shen Qiao
P - Ba Bai Qiao
Q - Jin Niu Hu |
| LINE S8
A - Taishan Xin Cun
B - Taifeng Lu | | | | |

Xianlin



Premium Partners

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Olympiad



New PRC Foreign Investment Law Draft

■ 19th January saw the publication of the draft for the new Foreign Investment Law (FIL) for comments and discussion. This draft represents a further step to align the various, currently divided PRC laws. One governs domestic investments, while the other governs foreign investments in accordance with three main laws for equity joint-ventures (EJVs), cooperative joint-ventures (CJVs) and wholly-foreign owned enterprises (WFOEs). The new FIL looks to abrogate these three laws.

Definition of Investors

In the draft investors are identified as foreign entities / individuals by nationality and by a standard of “control” including “domestic enterprises controlled by any foreign entity or individual”. Furthermore, for the purpose of this law, controlling a domestic enterprise or holding the rights and interests of a domestic enterprise through contracts, trusts and other means is considered foreign investment. Regarding Chinese investors, this new law includes individuals, allowing them to be part of a Foreign Invested Enterprise; previous laws defined Chinese investors only as enterprises and institutions.

New Incorporation System

Under the draft all foreign investors and foreign-invested enterprises shall comply with Chinese domestic laws, namely the PRC company law and the other relevant laws governing domestic investments. With the exception of restricted and prohibited business to foreign investors, they will enjoy native treatment when investing in mainland China. The Catalogue of Special Management Measures will replace the current Catalogue for the Guidance of Foreign Investment Industries, which divides business and industry sectors into different categories; allowed, encouraged, restricted and prohibited. The new Catalogue represents a Negative list similar to that in the Shanghai Free Trade Zone, where the sectors not mentioned are completely open.

Moreover, FIEs shall not be subject to prior approval from MOFCOM to be incorporated; only foreign investment projects under the restricted category of this Negative list

shall be subject to access approval by the competent foreign investment department of the State Council (art. 26).

National Security Review

Strong control of the authorities under the National Security Review remains. Under the new draft foreign investors may apply for national security review, but in some circumstances it may be triggered ex officio by any related authority and party, and in this case the authority shall notify the party. The review is proposed for any foreign investment that endangers or may endanger national security. Such a general statement suggests the authorities still maintain great discretion over which investment endangers national security, without any possibility for the foreign investor to apply for an administrative reconsideration or file an administrative lawsuit against the review.

Effect on current VIE and FIEs

This law will affect risky Variable Interest Entity (VIE) structures, used by Chinese and Foreign investors for several reasons, such as to avoid the restrictions and burdensome procedures imposed by Chinese laws on foreign investments, and to raise overseas financial funds in order to be listed on foreign exchange markets. Several well-known giant enterprises are using this kind of structure, but may have to convert, if the draft is enacted.

A FIE lawfully established under the previous regime shall within three years from the effective date of the Law change its organizational form and structure pursuant to Company Law and the other relevant provisions.

The new draft has been long awaited to beef up the liberalisation of certain sectors and ease the procedures and restrictions imposed on foreign investment. The initial purpose was to eliminate the difference in treatment between foreign and local investment. However, this draft does not deliver.

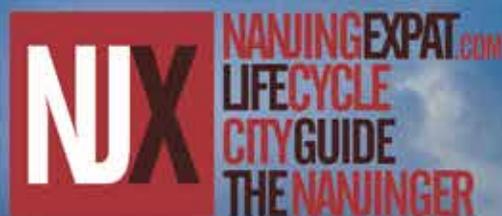
The call for comments has ended; now authorities shall study the opinions and work on the draft, which we believe shall come into effect this year. We shall keep you updated. 

Disclaimer

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