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NANJINGEXPAT

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Making Nanjing One's Own

In this issue, we explore the challenges resulting from the forks in the road that all of us have here before taken; all pointing to the huge diversity that exists within the Nanjing expat community.

The term 'expat' is entirely generic, for we are all far from the same mould. The Asian expat shall have a much easier time assimilating into Chinese ways of doing things than their European counterparts. As we will learn, the latter's biggest challenge is perhaps their acceptance of the ascriptive nature of Chinese society; that we are judged not by what we studied at university, rather at which university we studied.

Those for whom China is a step on the career ladder may feel this road was perhaps laid out for them. Family members following in their footsteps hardly have had a choice. Others seek adventure and spiritual enlightenment, while some are escaping the misadventure and spiritual oblivion of lives lost in places once called home. As ever, the world belongs to the young; amongst our expat community are many dedicated to their study of Chinese language, culture, medicine or business; in a quest to carve out a niche for themselves and march hand in hand with China into its brave new era.

Somewhere in these pages perhaps we can all find shadows of ourselves. As we seek what makes Nanjing home for many of us; how some have managed to make the Orient their own, so we also find comforting threads of similarity that unite us, irrespective of creed, upbringing, nationality, ambition, wealth or success.

A knock on effect of the ever developing China we live in today is its impact on the expat's length of stay. commonplace are those for whom China was a three month work experience placement or an extended holiday visiting friends; those for whom China is now a long term home or second home, even perhaps the place they start a business and family. More and more of us are becoming The Nanjinger.

Thanks for picking us up!

THE NANJINGER

NANJINGEXPAT

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THE NANJINGER

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Cover Concept :

After boxes and balloons, issue 3 lets
a new kind of packaging do the talking.
Welcome to The Nanjinger.

The Nanjinger - Nanjing Expat

Issue #3 - Your City

March 2011

Nanjing City

Jiangsu Province

China



Introducing some of our contributors, writers and editors

- Ron Stalenberg is our Australian sommelier who reviews wines that are readily available in Nanjing and affordable, unless an opportunity comes his way that is simply too good to refuse!
- With 15 years experience as a professional and personal life coach, Cheryl Malloy shows us how we can reach for the stars while keeping our feet firmly on the ground.
- Lead Food Critic Serafino Di Giampaolo is founder of the Italian Chefs Forum, was resident at The Lounge in Frankfurt when it was awarded "The Best Eat and Meet" in 1998 and has taught for 10 years at the Istituto Panzini, Italy's most progressive hospitality institution.
- Our Editor and Music Critic, Frank Hossack, has been a radio host and producer for the past 25 years, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

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LIFE



Port of Dandong

JayWalker: Let's say hello to our next contestant. Hello and what's your name?

CCTV-9: I am CCTV-NEWS, the contestant formerly known as CCTV-9, but you can still call me CCTV-9.

JW: Good evening, contestant formerly known as CCTV-9, and welcome Nanjing

CCTV-9: Good evening Jaywalker, thank you for inviting me to take part in your special quiz. I am quite nervous so I hope the questions aren't too difficult.

JW: What is your specialised subject?

CCTV-9: My specialised subject is CCTV-9 (In depth analysis, exclusive reports, debates around the world) and moving my lips just before I speak the words.

JW: Thank you. You now have 2 minutes to answer as many questions as possible on CCTV-9 (In depth analysis, exclusive reports, debates around the world) and moving my lips just before I speak the words.

JW: In the province of Fujian, what makes Taining beautiful?

CCTV-9: Asia, a global power shift in the making, defying the downturn and taking the centre stage, a dynamic market with greater influence on global markets.

JW: Because this is the easy starter question and I can see you are nervous, I'll give you a point although the correct answer is "beautiful mountains and lakes make Taining beautiful"

JW: What was the lead news item on the day the political situation in the Ivory Coast put the country on the brink of a civil war?

CCTV-9: The Indian onion crisis

JW: Correct

JW: Why did you move from channel 9 to channel 147?

CCTV-9: Because 147 is 9 multiplied by 16.33333 (recurring) which is a lucky number in China

JW: Correct

JW: Which programme is "Not just events of the moment, but issues that affect our lives. Not just headlines, but the bottom line. Not just a perspective from a distance, but insights from the inside"?

CCTV-9: Asia Today

JW: Correct

JW: What is the least likely thing to be uttered by a CCTV-9 viewer?

CCTV-9: Is it "I'm sorry I can't go out on Saturday night, there's something really good I want to see on CCTV-9"?

JW: Correct

JW: Where can you find "Wonderful works of civilian residence buildings"?

CCTV-9: Jiangning District of Nanjing?

JW: Good try but incorrect. It's the Tulou buildings in Fujian Province

CCTV-9: Oh yes, of course

JW: Where is the outsourcing capital of China? Is it Yangzhou, Guangzhou Hangzhou Zhangzhou, Bangzhou, Langzhou, Dangzhou, Changzhou, Shangzhou or Nanjing?

CCTV-9: Can I go 50 / 50?

JW: OK, the options are now Hangzhou or Nanjing

CCTV-9: Tough question. Is it Nanjing?

JW: No it's Hangzhou

CCTV-9: Oh dear I'm not doing very well am I?

JW: Mazur, a native of Fujian is who?

a) a competent dubbing mixer at CCTV-9

b) the person who thought it was a good idea to write on the website that you were looking for a "new anchor" for the CCTV News programme.

c) an ancient sea goddess

CCTV-9: Another tricky one. Well it can't be a) It might be b) although I think that person has now moved to the "business buzz words and contemporary western slang department" so it must be c) an ancient sea goddess.

JW: Well deduced, you are correct

JW: Why do so many expats watch CCTV-9?

CCTV-9: Because there's no alternative.

JW: Correct

Jaywalker: What is the point of Travelogue?

CCTV-9: Pass

JW: On the Cultural Express webpage has the person who wrote "Feeling overwhelmed by the choice of great novels and biographies in your local library or bookstore?" ever been to Nanjing?

CCTV-9: No

JW: Correct

JW: What is the name of the new shipping hub in northeast Asia reaching the world from northeast China?

CCTV-9: Can I ask a friend?

JW: I'm afraid you don't have any.

Beep beep beep... CCTV-9 your two minutes is up and I am pleased to tell you that you have won a fantastic holiday to Overseas Chinatown Shenzhen where you will stay in the 5-Star Interlaken Hotel with 9sq km at Da Mei Sha, many theme parks, scenic towns and hotels, Buddhist cultural theme park, cliff booster and fantastic panoramic views.



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Expatriate Nightmares:

CROSS CULTURAL ADAPTATION

By Frank Hossack

Relocation Expenses (\$)



Note:

For the purposes of this article the term expat refers to a person living in a country other than that of their citizenship for a temporary period who is also a skilled professional sent on foreign assignment, or acquired from abroad, by their employer in China.

Cross-cultural adaptation by foreigners in China who are local hire is the subject for an entirely separate, future article.

It is difficult to believe that many multinational corporations spend from 150,000 to as much as half a million US dollars on moving an expat family to China. It is also then quite staggering to realise that half of such money was a complete waste. Despite evidence to suggest that China is among the most preferred destinations for expats, a variety of reports put a figure of as much as 50% on the number that leave China within the first year. Need comforting? Those who survive initial shock stand a better chance of faring better in their second and third year with failure rates dropping to around 30%.

Of course, the expatriate manager coming to their new job in China faces a new set of hurdles to overcome. They need the specialist knowledge and skills unique to their operation, but they also require the flexibility to adapt to a hugely different and complicated business environment.

"Depression is a lot more widespread than many people realise"

The early return home is often blamed on stress and low job satisfaction. Those who remain still struggle daily with cross cultural adaptation and many operate at decreased capacity. As a result, depression is a lot more widespread than many people realise. While it is impossible to provide expats with a one-size-fits-all solution to their relocation woes, much has been done in understanding the concept of interpersonal conflict as a driving force in cross cultural adaptation.

"The divisive 'us versus them' mindset"

It is obvious that to be remotely successful, expats need to become comfortable with the values, attitudes and normal practices of doing business in China (and this is obvious to the expats that end up going home early too), but more notably it is the inability to learn new behaviour and respond appropriately during interpersonal interactions, that raises the likelihood of the expat rejecting Chinese culture; and developing the divisive "us versus them" mindset, ultimately leading to their return home.

Research has shown there are three broad categories of interpersonal conflict that expats most frequently encounter in their working lives abroad:

- Differing perceptions of time, urgency and implementation
- Negative stereotypes
- Ethical dilemmas

Expats are frequently depressed at difficulties experienced in implementing new ideas. What is often forgotten is that anywhere on Earth the outsider will display a greater bias for action than their local counterpart, who shall have a better knowledge of the lay of the land, the impracticalities of the proposed plan or potentially hostile political fallout that may come about as a result.

"Pressure to coerce, bribe or worse"

The legal system in China is modernising rapidly but remains a complicated mystery to the average expat with countless laws that are perhaps less rigorously enforced than in one's home country. Coupled with incomprehension of the language, it becomes therefore impossi-



ble for the foreign manager to ensure all their decisions be unquestionably legal. It thus also follows that all such action on the manager's behalf may also be interpreted as a transgression of one legal boundary or another; leading to pressure to coerce, bribe or worse, and again to heightened stress levels for the already confused expat.

The same companies referred to earlier (perhaps those with major shareholdings in international relocation firms) are also those that then spend nothing on training these relocatees. Perhaps part of the problem is that such an issue is often handled in the same way as if someone were relocating from east coast to west coast USA, i.e. as a relatively minor Human Resources project handed down to a junior employee. Realistically, as China becomes more important to the global economy and in particular to the companies moving people here, should they not be discussing the potential loss of up to half a million dollars at board level?

A major US company planning to send a large number of expats to this part of China (anonymously) told Nanjing Expat that despite a rigorous process that hones out those that may have difficulty adapting culturally, they still have an extremely tough time in convincing people to come. Perhaps they should focus on those of their employees who have an inbuilt sense of optimism; those who believe we can work through the difficulties and misunderstandings that exist between us, and that tomorrow shall be better for all. Massive salaries, villas, drivers, international schooling, incredible additional paragraphs on the resumé and opportunities for semi-frequent holidays to nearby exotic destinations surely offset some of the difficulties faced in the workplace. If that suit does not fit, why try to wear it?

"Those who can seek to understand before reacting"

Great leaps have been made in more recent years in studies that include ideas such as Emotional Intelligence (EI); that in our pre-selection of folks most suitable to fill these demanding positions abroad, it is qualities such as self awareness and regulation as well as empathy and social etiquette awareness that should moreover champion traditional baseline IQ measurements. Those best able to admit to initial difficulties in adjusting to new found cultural norms, those who can accept cross cultural conflicts as a method of self learning and those who can seek to understand before reacting; are ultimately those who will deliver on a Promise of Performance to their employer in China.

For all the money and time that is at stake, preparatory efforts made by many major international firms for the sake of their relocatees remain staggeringly primitive. A list of facts and figures for China and the city in question, beginner's phrases in Mandarin and an English language map plus magazine as part of a 'welcome pack' serve only to further disillusion the arriving expat. Here in the second decade of the 21st Century with China on the brink of becoming the world's most influential country, why do there remain very few employers who are able to provide guidance in advance as to what to do in situations that defy solution in questions of ethics or morality?

Once here, for better or worse, expats are never far from the advice of those who have been here (and survived) longer. Go native, is oft their cry. Any effort at acquiring the Chinese language shall always be appreciated and greatly respected by co-workers. While it can be argued (most probably accurately) that a foreigner's Chinese can never be good enough to be truly reliable in the interpretation of a complex business (plus cultural and likely political) issue, the acquisition of sufficient 'survival' Chinese enormously helps the expat to overcome the loss of identity they may experience, and can hugely add to the confidence they have in dealing with everyday situations.



**"When she (the spouse)
moved to China too,
a lot of the world she
had simply disappeared"**




Away from the main family breadwinner (assuming it is the male), it is the spouses of executives who have been assigned to China that can have the hardest time adjusting. Many may feel that coming to China was not something over which they had full control or say. Some had very strong professional lives that they were almost forced into giving up for the sake of the 'once in a lifetime opportunity' that China supposedly represents. Most likely there was also a strong circle of friends, and so when she moved to China too, a lot of the world she had simply disappeared.

So what of the consequences? An issue not unique to China is the frequent incidence of alcoholism within expat women. Depression abounds, and often for entirely justifiable reasons. There can be long empty days, the loss of a former identity to deal with, how to cope with a completely incomprehensible cultural setting; if there are children along for the ride then there are concerns for their welfare in a place that seems brimming with hostility. And then... there are the marital issues that come with straying husbands.

That said, the so-called trailing spouses are the ones who have the most to gain from a new assignment. They have the time to properly explore their new home, to make friends with local people, to join clubs and societies full of those in the same predicament, or even embark on a new career. The modern entrepreneurial expat housewife in China has a world of resources at her disposal; she can open an online cake shop to serve her compatriots who miss the taste of home, or an internet outlet specialising in quality pearls, for a fraction of the price in the 'west'. After all, the greatest ever reward for anyone is perhaps the satisfaction gained from building something out of nothing.

As the woes of the expat's adaption to mysterious lands garner more attention, so help is also at hand, such as advice handed down by Marcia De Wolf in her new book *Practical Guide to a Successful Expat Assignment*. Away from the obvious, she stresses that families should take time in choosing the right school, do more research in advance, expect difficulties and do not keep going home during the holidays. Instead, jet off to somewhere else in China, or another nearby exotic location.

For all the money wasted by big business, for all their lack of foresight, for all the cultural walls put up by some before they even step foot in China and for all the Emotional Intelligence that one cares to examine, it would seem obvious that the families who make a successful transition to China are the ones who made the decision... together. 

"WINNING THE PRIZE WASN'T HALF AS EXCITING
AS DOING THE WORK ITSELF"

MARIA GOEPPERT MAYER,
1963 NOBEL PRIZE IN PHYSICS

"LOVING LIFE IS EASY WHEN YOU ARE ABROAD.
WHERE NO ONE KNOWS YOU AND YOU HOLD YOUR LIFE
IN YOUR HANDS ALL ALONE, YOU ARE MORE MASTER
OF YOURSELF THAN AT ANY OTHER TIME."

HANNAH ARENDT,
GERMAN POLITICAL THEORIST

"WHAT EXACTLY IS SUCCESS?
FOR ME IT IS TO BE FOUND NOT IN APPLAUSE,
BUT IN THE SATISFACTION OF FEELING THAT
ONE IS REALIZING ONE'S IDEAL"

ANNA PAVLOVA,
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Fair Nanjing Ladies

Nanjing Expat sits down with three of the fairer sex that have helped to make Nanjing what it is today for the expat community. We hear how they coped with a new beginning, how they managed to settle down finally making Nanjing their second home. A former international business consultant, doctor and even a miner show us how their lives vastly differ, and yet how they retain the qualities and similarities that remind us why we love women of power!



ESTHER
MULIERMAN-GUITJENS



MARYANN
HEATHER



CARIN
BERGENDORFF

Esther Muilerman-Guitjens



"OVER THE YEARS THE CITY CHANGED AMAZINGLY. WE ALSO LIKE THE NEW CHINA.

IT IS A LOT MORE CONVENIENT. NANJING PEOPLE ARE GREAT! THEY ARE WARM AND ALWAYS INTO A LITTLE JOKE!"

Former Chief Representative of the Netherlands Business Support Office Esther Muilerman-Guitjens and her husband admit they were the lucky ones. Both landing attractive jobs in Nanjing, and in contrast to most incoming expats, already knowing both the city and the language.

China always played an important role in Esther's life; she met her husband Dirk met during their Chinese management studies in Holland. In 1991 Esther spent a year at Nanjing Normal University, after which her boyfriend undertook the same scholarship the following year. Not wishing for another year apart, Esther decided to stay with him and work as an English teacher at Nanjing Auditing institute. Both were filled with enthusiasm by the town.

After graduation Esther worked for the Dutch Ministry of Education Culture and Science and the International Institute for Asian Studies. Then, in 1997 she and her husband were both sent to Nanjing for work, with Esther becoming Chief Representative for the Netherlands Business Support Office.

"We both were very lucky to find a very nice job because normally it is one person and the other one follows."

Speaking the Chinese language, both Esther and Dirk felt it easy to leave behind their hometown of Heeze in the Netherlands to build up a new life in Nanjing. They were pleased to experience the new Nanjing where they always felt safe.

"Over the years the city changed amazingly. We also like the new China. It is a lot more convenient. Nanjing people are great! They are warm and always into a little joke!"

For Esther and Dirk it was not difficult to find new friends. They met people through their companies and became members of the Nanjing International Club where Esther found many friends from the Western world.

"It is easy to do because everybody is looking for friends. We are all sitting in the same boat. I am terrifying to go back to the Netherlands at some point because nobody is waiting for me. Everybody has their own family and friends circle."

Acquiring second and third languages often comes naturally for Dutch people; Esther's children Eva and Thomas both go to the Nanjing International School where they learn Chinese. At the weekends Esther teaches them Dutch too. A few years ago she gave up her job at the NBSO to have more time for her children, but also found many more ways to fill her time. Esther is very active with the charity Hopeful Hearts, enjoys a lot of sport and has finally managed to fulfil her dream of learning piano. Two years ago she and a group of others founded an international choir known as The Nanjing Singers.

For all their love of Nanjing, the family do not plan to stay in Nanjing their whole life. Esther already knows that she shall miss Chinese cuisine, her walks through the city, the little shops and especially the markets where she can find her beloved antiques. Most of all, she would miss the people and the unique life she has built for herself and her family, in this strange land faraway from home.

"We see this as our golden years, our fat years and we enjoy it as much as we can!"



"[THERE] IS A GOOD ATMOSPHERE; THE PEOPLE ARE VERY HELPFUL. IT IS ALSO EASY FOR ME TO FIND FRIENDS BECAUSE I AM WORKING WITH LOTS OF FOREIGNERS."

Maryann Heather

knows what it means to leave her home country of New Zealand. After graduating in Emergency and Family Medicine as well as Occupational Medicine in Oakland in 1998, she decided to gain working experience abroad. She worked off and on in Australia and the Fiji Islands, both for two years. Afterwards she spent four and a half years in the USA.

Now a doctor at Nanjing's International SOS Clinic, the Wellington native enjoys finding new friends and getting to know other cultures.

"I like trying new places; different countries. I moved around a lot so for me this is not such a big thing."

That said, working in a foreign country involves many different challenges, especially if it is the first time. Many mixed feelings come from adapting to a completely different culture and language.

"I think you can't compare the States, New Zealand or Australia with China. It is a totally different culture. You definitely need to be open-minded and kind of flexible. It's sometimes a bit difficult to get specific food or cosmetics here. You can't get what you are used to so sometimes that can be a bit frustrating... [This] is the first time I am working in a country where English is not the first language and the number of people overwhelms me!"

A doctor's schedule is always very demanding, making it difficult for Maryann to pursue her Chinese studies, something to which many of us can relate. Despite the six day working week, ever since starting at SOS in Nanjing at the end of 2009 Maryann has felt comfortable in the professional and friendly environment.

"[There] is a good atmosphere; the people are very helpful. It is also easy for me to find friends because I am working with lots of foreigners."

The increasing number of clubs and organisations available in Nanjing to expats has been a great help to Maryann and others like her looking to find people who share a common ground. As well as joining Nanjing International Club, Maryann is also a member of the Nanjing International Christian Fellowship, where she and the other members equip and encourage one another, through the power of the Holy Spirit.

"I met great friends through the Nanjing International Christian Fellowship"

Like many other expats, Maryann is grateful for the experience offered her through a life in Nanjing, but nevertheless still feels home and family tugging at her heart.

"I have quite a big family and I miss them a lot. I talk to my mum almost every day. When I work in a foreign country I usually fly home once or twice a year. [But] this is home for now. Without trying you can't find out if it's your thing or not. You also learn to appreciate where you actually come from." For many, the certain knowledge that a time to leave behind all that one has in Nanjing will surely come makes it difficult to put down even the most temporary of roots. Maryann aims to make the most of the opportunity afforded her; she plans to travel more around the country, look for new hobbies and sample more Chinese culinary delicacies. She acknowledges the food is surely something she would miss when departing China.

"I also would miss the community and feeling very safe here."

When that fateful day comes, beside her family, Maryann will be most happy to return home to her beloved New Zealand rugby team the All Blacks.

"When I am at home I watch every game. I love rugby!"

Carin Bergendorff

is Operations Manager for Atlas Copco (Nanjing) Construction and Mining Equipment Ltd. Upon her move to the Orient, while working for the same company provided some degree of familiarity, Carin admits it was not any allure to China that brought her here.

"I never planned to move to China. The job itself fit my background and what I did in Sweden."

Upon her arrival in Nanjing two and a half years with her husband Carin was surprised; expecting to find more influence from other countries.

"You have less influence from the US and European cultures. The restaurants are mainly Chinese and if you go to the shopping mall you can not find pasta for example. With help from other foreigners you quickly find food and restaurants with western food.

"The main thing was to find a solution that works for both of us. In the beginning you also get frustrated because you cannot communicate. **Specific things happen in a way you don't understand but after a while you find ways around it and you also learn there are certain things I will never understand but can accept."**

The couple made many friends through their companies, but busy working lives meant limited free time. The Nanjing chapter of the international Hash House Harriers offered them an ideal monthly weekend outing.

"The Hash is a good way of getting exercise and meeting new people. My husband, a few friends and myself are part of the organisation now!"

"I THINK WORK-WISE CHINA IS MOST CHALLENGING... IT'S REALLY GOOD TO BE HERE AT THIS MOMENT.

YOU DEVELOP YOURSELF A LOT AND LEARN WITH THE SPEED EVERYTHING HAPPENS HERE.

From Project Manager, Carin became Operations Manager in May 2010, and is now responsible for one of four divisions within the company.

"I think work-wise China is most challenging... It's really good to be here at this moment. You develop yourself a lot and learn with the speed everything happens here. It's really fun to work in China compared to Europe where you always talk about cost reductions. Here we invest a lot more in the company. We get resources and we expand the business every year."

As a woman working at Atlas Copco, Carin has also come to appreciate that being a female manager in China is easier than expected when compared to the issue of age.

"[As a woman] they have full respect for you from the beginning. However, the tradition in China is that when you meet suppliers and you have an older person with you, even if you have the higher title, they will tend to talk to the older person."

Recognising the inevitability of one day leaving China, Carin realises she would miss the flexibility made available to her in Nanjing over her native Sweden, and the working environ-

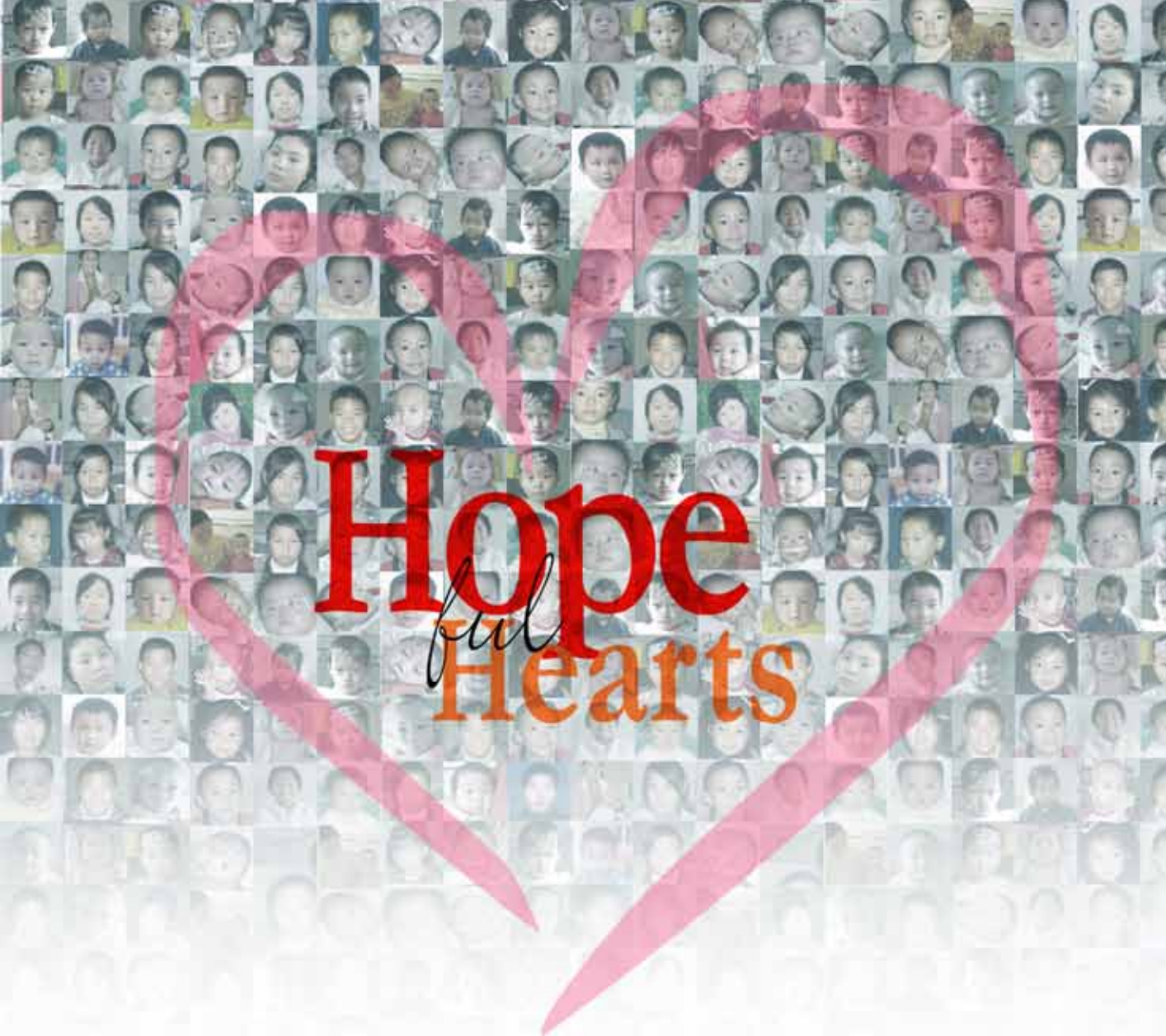
ment with her colleagues.

"You don't need to make a hair and massage appointment - you just go there and get one! **[Chinese people] are nice, driven and they want to learn. They develop very fast so for me it's really fun. In Sweden it is a lot harder to motivate people."**

Carin is all too aware that returning home may well only be temporary; the couple both enjoy the challenge of learning from other cultures and working in different environments too much!

"I think it will be a mix in the future. Even if we go back to Sweden I am sure that we will go abroad again." **NJ**





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Scheduled to open in late May of this year, Nanjing South Railway Station will be the largest station in Asia, some 5.5 times bigger than the current city station. 15 Platforms, 7000 workers, four ticket halls, 120 ticket desks, parking for 2000 cars over an area of 4 square kilometres.



Sometimes reeling off numbers can be a wasted exercise as it does not demonstrate scale. In the case of the Nanjing South Railway Station this is especially true. The place is truly massive! Travelling south from IKEA on Shuanglong Dadao, you can't miss it; simply look to your right! The Yuhuatai district is quickly becoming important to the future of the city; lying close to Jiangning Development Zone the new station shall also bring considerable ancillary development to the area.

But why here? Nanjing lies at the convergence of four new high speed railway lines, comprising Beijing-Shanghai, Shanghai-Wuhan-Chengdu, Nanjing-Wuhu-Anqing and Nanjing-Hangzhou; a total of 28 routes. By 2020 the station will be able to cope with 367 pairs of passenger trains, expected to grow to 509 pairs in 2030 with passenger numbers reaching 120 million.

The station is a three story flat roof building with a total floor space of 400,000 square Metres, with the main station area covering 80,000 square metres. Keeping in line with other recently built stations, the roof will utilize the integration of solar panels that will be far more energy and financially efficient, even given a cost of 270 million yuan.

Considering the fact that Jiangsu is the world's most important region in solar cell manufacturing, it is a given that the roof of the biggest railway station on the continent was going to also be a marquee solar power project. Indeed, it shall be the world's largest stand-alone building integrated photovoltaic ("BIPV") project.



When the new station opens it will be served by Subway line 1 but in time lines 3 and 6 will also link the station to the city. Another line planned is a direct link from Lukou airport, while the station will be easily accessible from Shuanglong Dadao and all expressways in the south of the city.

Our visit came on New Years Day this year and we expected it to be, like much of the city, a ghost town. However the entire site was a hive of activity. In order to make sure the May deadline is achieved, the entire workforce had agreed to stay on site for Spring Festival and where possible have their families visit instead. Many of the management team had come to Nanjing after completion of the Hongqiao Transportation Hub in Shanghai; their experience is telling with progress on schedule, albeit with a large amount of work still to be done.

Hopefully the new station will be non-smoking but that remains to be seen. With an estimated 4 hour travel time to Beijing and high speed lines to other cities such as Chengdu also opening, our weekend away choices are happily becoming wider and wider! **NI**



The Nanjing-Buck Connection

The first American woman to win the Nobel Prize was Pearl S. Buck (1892-1973) for her descriptions of peasant life in novels about China. The Good Earth also won the Pulitzer Prize in 1932.

Buck spent 37 years in China, first aged 3 months, with her parents in Zhenjiang city, not far outside Nanjing. Later, she was to be a teacher at Nanjing University from 1920 to 1933.

In her final years, she said "I belong to China, as a child, as a young girl, as a woman, until I die." Her former residence in Zhenjiang is now a historical landmark, visited by U.S. President George H.W. Bush in 1998.



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Nanjing On Sight

Alexandre Detry
www.alexandredetry.com

Jan 09 2011 / Guangzhou / 3:25pm

23

*In line with much of this issue, we offer a glimpse of Nanjing as it is to its people.
A cross section of life, people and place, united by time.*

*Alexandre Detry is a French photographer based in Nanjing.
With eight years of experience in press and advertising in Paris, Alexandre specialises
in works about artistic projects in Asia: humans in the urban environment.
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Jiangsu Provincial government is expected to ratify plans that shall require by law all new buildings of 12 stories or less to be equipped with solar powered hot water heating.

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WINE Whispers

By Ron Stalenberg

“These are simple,
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straightforward
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Obikwa heralds from the picturesque region of Stellenbosch just outside Capetown in South Africa. The mountainous terrain, good rainfall, deep well-drained soils and diversity of terroirs make this a sought-after viticulture area.

The rapidly increasing number of wine estates includes some of the most famous names in Cape wine.



OBiKWA CHENIN BLANC 2008

The district, with its mix of historic estates and contemporary wineries, produces excellent examples of almost all the noble grape varieties. When I visited in 2008, I was impressed with the devotion to detail and the obvious intent to cater to the tourist market, with lots of excellent eateries, free tastings, and several well-promoted wine routes. Not too many people know about Chenin Blanc.

Originally from France's Loire Valley, it is an extremely adaptable varietal, lending itself to crisp, minerally, dry styles, fruitier versions, and even sweet dessert wines. This version lies somewhere between the first two.

With Obikwa wines, don't expect complexity or subtlety. These are simple, well-made and straightforward wines.

When I first poured the Chenin, I was struck by the intense gold colour. Usually such an intense colour, down the spectrum into the deeper shades, rings warning bells. Is it oxidised? Has it been cooked (like a Madeira)? In this case, absolutely not. The colour merely indicates a rich, full-bodied white. It has a luscious fruity aroma, full of pear, green melon, fig and pineapple.

On the palate, all these fruits come through and dominant, but not unpleasantly so. There is a trace of orange peel and some oily lanolin like character and a good level of acidity to round it out. The finish is quite lengthy with a slight minerally edge. It proved an excellent accompaniment to our Moroccan chicken and balsamic vegetables. It will go equally well with creamy pasta or a pan-fried salmon steak with garlic butter.

At around the 120RMB from Carrefour and other outlets, this is a real bargain.

The Spotlight:



Guiseppe Parisi, 52, Italy, manager and chef of Italian restaurants: "I live with a Chinese woman and have many Chinese friends. In my restaurants I have a good relationship to my staff."



Christoph Raum, 24, Germany, intern: "Compared to other big Chinese cities important things like shopping malls and bars are located more centrally in Nanjing. I also appreciate the numerous green areas in Nanjing."



Brenden Hayes, 23, America, English teacher: "The people here are more civilized and educated. They don't stare at you as they do in the Chinese countryside. They are nice and accept me which makes me feel good."



Marie-Charlotte Colrat, 21, France, hotel management trainee: "The foreign community here in Nanjing is very strong. I met great people, especially through social networks."



Tong Tong, 23, Germany, intern: "I met great people for joint sport activities through social networks in Nanjing. I also love the Chinese food and picked out my favourite restaurants."



Shogo Ito, 28, Japan, intern: "I study the Chinese language everyday. My Chinese colleagues always take care of me, which makes me feel very comfortable."



Thomas Varrin, 27, France, student: "I like my work in the hospital for Chinese traditional medicine a lot!"



Kyla Taylor, 23, England, student: "I live a very comfortable and flexible life here. In Nanjing there are more opportunities in finding jobs and going to places than somewhere else."



Patrick Rienas, 24, Germany, intern: "I made a lot of friends here and I love dining in Chinese restaurants! I also joined a Chinese gym to settle down more."

What's your take on your city?



Kim Stockhaus, 24, Germany, intern: "To feel like home and to create a nice atmosphere I decorated my flat in a really nice way. To feel more relaxed here I joined a Yoga course in Nanjing."



Loic De Pieretti, 19, France, general manager: "With the help of my Chinese colleagues at work I feel very comfortable. The people are friendlier than for example in Shanghai. I like the fact that Nanjing is not too big but also not too small."



Sabrina Moschütz, 23, Germany, intern: "In Nanjing I rediscovered how enjoyable my life can be. It's a good place for working, living, finding new friends and having unforgettable parties."



Che Leon, 28, Barbados, student: "Nanjing is one of the best places in the world to study Chinese medicine. I got involved in the culture and the other foreigners here are quiet cool!"



Davis Guan, 18, Austria, social worker: "I feel comfortable because I can speak the Chinese language and the people are more friendly than in Vienna. I also like my work!"



Benjamin Brown, 23, England, musician: "I had a great time in Nanjing because I could follow my dream and play music at many different places."



Alan Huang, 19, Sweden, student: "I feel very comfortable here! I love the food and my beloved flatmates make me feel like home."



Cornelius Wurm, 25, Germany, intern: "In many parts Nanjing reminds me of a nice village which makes me feel like home."



Check out our forums on nanjingexpat.com



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HONG KONG

CITY OF LIFE

By Juliana Dey

Hong Kong is in no way any ordinary city! It rather is one of the most extraordinary towns worldwide. Life seems to pulsate like the heart of a newborn child. I have unbelievably fallen in love with this lively and unique metropolis during my week-long journey, for many reasons.

Deriving from the Cantonese word “Heung Gong” meaning “fragrant harbour”,

the territory Hong Kong is located along a peninsula at the mouth of the Pearl River and comprises a sizeable area on the Chinese mainland along with more than 200 islands. Previously a British crown colony the territory was handed back to China on 1st July, 1997, with the expiration of agreements on British sovereignty signed in 1898 and 1984.



In the course of Deng Xiaoping's developed doctrine "one country, two systems", the democratically free enterprise of Hong Kong is guaranteed to stand beside the Chinese communist system for at least 50 years. This safeguards Hong Kong's role as one of the finance centers of Asia, with an autonomy that also permits Hong Kong to have its own laws and customs as well as its own currency. On the other hand the government in Beijing frequently interferes in domestic policy.



The Hong Kong of today is unique in ways felt in very few places in the world. The combination of the Far East and the West is working hand in hand. Hong Kong's atmosphere is harmonious but nevertheless hectic and always in motion. Usually I am annoyed by crowds very quickly. I get irritated, beginning to jostle. But it is different in Hong Kong. I do not feel disturbed by the crowds of people. They actually create a great atmosphere.




This town has one of the highest population densities in the world but in spite of that one of the lowest crime rates. The city offers so many different sites, so many extremes. The people of Hong Kong are particularly well known for their hospitality and sharing of their culture. I quickly noticed that Hong Kong people are not only warm hearted and open but also very helpful. I felt comfortable from the first moment and I have never had so easy and often such long and kind eye contact with alien people anywhere else except here in Hong Kong.

All sorts of cultures collide in Hong Kong. The town offers an irresistible mixture of western and Asian culture. Many traditional Chinese markets are still to be found next to the biggest names in European and Asian fashion. It is definitely worth taking the time to soak up the vast array of markets that Hong Kong has to offer; flower, bird and night markets to mention just three. A truly special experience lies in wait for you at the seafood markets, where you can

choose your favorite delicacies and have them immediately prepared in one of the nearby restaurants. Guaranteed to be fresh and delicious!

Each day at 8 p.m. the city offers a lightshow at Kowloon harbor called "Symphony of Lights". Alongside is the so-called "Avenue of Stars" where hundreds of stars, such as Bruce Lee or Jackie Chan, have been immortalized. The nightlife of Hong Kong is also full of sparkles. Western style clubs and bars are mainly located in the districts of Lan Kwai Fong, Wan Chai and Soho-Toho, while the typical Asian karaoke bars are to be mostly found in Mongkok.

The true character of Hong Kong is drawn from the gigantic skyscraper silhouettes on the one hand and the old Chinese quarters on the other. The many different cultures and races that give the city a markedly multicultural character also help to emphasize how exciting the town really is. Only one disadvantage: the city definitely has got its price! 



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HELMUT GÜSTEN

■ President of the Nanjing European Chamber of Commerce, Model Entrepreneur of Nanjing, holder of the Excellent Youth Award of Nanjing City and Appointed Consultant of Nanjing Bureau of Industry and Commerce, plus co-organiser of the Nanjing Triathlon and the Nanjing International Jazz & World Music Festival, the somewhat busy Helmut Güsten (who also can command a 68 word introductory sentence) shares with us a little of the great *insights* afforded him from almost 20 years in the Middle Kingdom.

“I think over the years in China you change your state of mind, because there is no status quo.”



When I came to China I was always trying to lay tracks for my life. I have learned to enjoy the moment. The tracks will be laid in a different way in the next months, or half year. Things change so fast here. For Chinese people it's not a problem – they don't mind!"

Among other jobs in Nanjing, Helmut was previously General Manager of Leitz Tooling Systems; starting and growing the enterprise to more than 250 employees, and Armonia Furniture; responsible for more than one hundred employees.

"The skills I have are: a German company behind me and a Chinese company in front of me, and to make this work. That's what I can do. No-one in Germany needs that!"

term that placement would become.

"I'm a harmony person, maybe I have become one in China. In Germany the management style is very confrontational. People actually fight against each other in meetings. I am very estranged by that. I understand the Asian, or the Chinese, way of doing it much better.

"We foreigners in China have such an easy time. When I first came to China they called me a "foreign expert", I was fresh out of university with no experience!... There is not so much workplace politics going on, and usually as a foreigner, people listen to you. If you change something, everybody follows you, just by the fact you are the foreigner sent to China... It's very fortunate to live as a foreigner in

hoping to have a voice in the local community could, under the European Chamber moniker, establish and maintain good relations with the powers that be in local government.

However, there are also those occasions that call for a more direct, heavyweight, approach. Helmut recalls a recent dispute over missed targets on power consumption reduction that saw authorities aiming to make up the shortfall by turning off power to the biggest users, in this case a European company.

"That is the point at which the European Chamber steps up and says, "stop this nonsense.

"If you want to talk about energy saving measures, yes we are your partner and we want to do that, but you cannot just switch off electricity! Now we are at the stage where we want to talk [to China] about how to save energy.

"We foreigners in China have such an easy time"

Helmut's first connection with China came about through his study of Mechanical Engineering at Hochschule Ulm, Germany, through a period of practical experience which he undertook for half of 1992 at the Second Automotive Institute in Shiyan, Hubei Province. He followed this with a trainee program at Felten & Guillaume (F&G) Energietechnik Krefeld, Germany, in preparation for a long term placement in China. However, it is unlikely that any trainee program would truly ready Helmut for just how long

China, and if I look at my own country, [in] the way we treat foreigners there is a big difference."

"The European Chamber in Beijing is 100% a lobbying organisation. Here in Nanjing it is a networking platform"

The Nanjing chapter of the EUCCC in Nanjing was the first outside of Beijing and Shanghai, and in many ways it set a precedent for the rest of China. Groups of foreign general managers



Nine months a year you have a machine running either cooling or heating, so obviously there is a lot you can do with insulation for instance."

For the companies, the background is not so much the quality of music, but which people are coming. We have to consider both."

"It's fun working in China, and people here should remember that"

A staple on the local expat's calendar, the Nanjing International Jazz & World Music Festival this year celebrates its tenth anniversary. Over the last decade Helmut and co-organiser Dong Jinming have seen the Festival go from strength to strength, save for a difficult 2002 on account of the outbreak of SARS.

Helmut exclusively reveals to Nanjing Expat that in 2011 the focus of the Festival shall move to ticketless street performances. Try to imagine a full eight or nine piece New Orleans jazz band groovin' outside Deji Plaza on Zhongshan Dong Lu.

"Bandwise, we are now quite famous, and really famous bands want to play here, and they approach us. We don't actively need to look for them, we just select and say yes or no.

"In terms of sponsors unfortunately it is not that way, but it could be; where we develop a name and a brand, where a sponsor says 'this is exactly what I want to be involved with'. If we tell a sponsor 'yes, we have a VIP reception where you have the chance to talk to the musicians, the organisers; even the mayor will be there', that makes a big difference. Because everyone wants to have these kinds of connections. And that makes someone release 5,000 Euro easily.

"For us, the most important thing is always the quality of the music, because that is also reflecting the reputation.

The Nanjing Triathlon, now now a biannual event thanks to overwhelming support from the local community, has become such a success that Helmut himself has no longer the time to participate. He and his co-organisers now can only manage hoards of volunteers eager to be part of something we have in Nanjing that is unique to this part of China.

"The reason why it was started and we continue to do it, is because there is nothing like that here. I talk to so many people who say 'it is so good we have the triathlon here'. We have people coming here from Shanghai. In Shanghai there are no hills for cycling, and there is no open water swimming."

China of course, represents different things to different people. Some, those traditionally referred to as 'expats' and lucky enough to be on draft by a multi-national, perhaps come for the money. Others, usually of a more open disposition, come with their curiosity piqued for an altogether different way of life.

"If you cross the language barrier you have a much better platform to get to know China."


"People like me came to China because Asia or China was fascinating. But of course, actually there is a very big group of foreigners that come to China because of their career. So you are in a big company and you have to have China on your portfolio. That means two or three years. And of course you're not going to be interested in China.

They just want to tick that box on their career development. And they don't do themselves a big favour, don't do us a big favour and don't do the reputation of foreigners in China a big favour. They live in places where there are all foreigners, they eat foreign food, drive foreign cars and work in a foreign company. So in fact their China experience is not really China experience. In the end these are the people who complain about China. Why? Because actually they are very helpless. Come Saturday morning and they want to come into the city, they have to have a secretary!"

Helmut concedes that many of the hurdles that need to be overcome in making a city your own are language based. Many of us can take comfort from the fact that Helmut himself has never studied Chinese; we can see his life is too full to dedicate the time necessary to give a study of the language its due. Now speaking almost like a native, he has acquired Chinese through immersion over a long period of time.

"If you cross the language barrier you have a much better platform to get to know China.

I never need anyone's help anymore. Now if I have a problem I call 114. People at 114 are really friendly;

they do everything for you. You can say, 'do you know their opening times? Do you know which subway goes there? I want to see the new Harry Potter movie in English – can you tell me where?' And they know! I mean this is really a service. And they're always friendly! Calling 114 for me was the last step towards being fully independent." 

previews & reviews

Conquer your fear of speaking in public 征服你对公众发言的恐惧 Nanjing Toastmasters

by Helen Reumann

■ They have strange titles such as Toastmaster, Table Topic Master, and Grammarian. This club with traditions dating back to 1924 and originating from the U.S. has now also found its way to Nanjing. The “Nanjing No. 1 Toastmasters Club” is a nonprofit organization founded in January 2010 that helps the 30 plus present members improve their leadership, public speaking and communication skills.

The term Toastmaster refers to a person in charge of hosting a public speaking event. Under their direction, club members volunteer every week to take on roles to speak English in front of other members; prepared or impromptu. Speakers are evaluated according to a designated speech manual, with each speech having a different focus throughout the 10 speech development program.

“I was so nervous at my first speech,” says Robin, “but now, I can only tell that Toastmaster is a really safe place to practice speaking in public and learning socializing skills!”

Members of different nationalities and backgrounds get to know and have fun with each other. As well as organized workshops and fun events, there are also interest groups that meet regularly to exchange professional experience.

“Looking back to those days preparing for my speeches always provides me pleasant memories: Murmuring in the metro with people looking at me strangely, repeating the speech outline in my mind during any free minute at lunch time...” says Tina, “It was such a great personal achievement for me to become a Competent Communicator, which will be awarded after the first 10 achieved prepared speeches!” So if you also want to conquer your fear and improve your public speaking skills, Toastmaster provides you an excellent platform!

The Nanjing No. 1 Toastmasters Club meets each Tuesday, 7.15 – 8.45pm, at Hohai University, Xikang Road, Wentian Guan (nearby gate 3), room 409. www.nanjingtoastmasters.com

他们有着诸如演讲主持人，即席演讲大师，文法学者这样的称号。这个传统的俱乐部起源于美国，成立于1924年，如今登陆南京。南京第一家英语演讲会俱乐部是一个非盈利性组织，成立于2010年1月，旨在帮助现有的30多个会员提高他们的领导能力，公开演讲和沟通技巧。

演讲主持人这个词是指负责主持公开演讲项目的人。在其指导下，每一周俱乐部的成员，有准备或者即兴的，扮演不同的角色自愿在其他成员的面前讲英语。根据特定的演讲指南手册，发言者会被打分评估。一共有10个演讲阶段计划，每个演讲都有不同的侧重点。

“我第一次发言的时候非常紧张，”罗宾说，“但现在，我只能告诉大家，演讲会俱乐部是一个非常安全，练习演讲，学习社交技巧的好地方！”

不同国籍，不同背景的成员相互认识，相互交流。除了举办一些有组织的研讨会和有趣的活动以外，也有很多利益团体定期会面，交流工作经验。



“回顾这些天，准备我演讲的时光是一段非常美好的回忆：在地铁里喃喃自语，无视其他乘客奇怪的目光；在午饭时间，不放过任何一分钟在脑海里重复演讲的提纲...”蒂娜说，“成为一名能干的交流者在我看来是一段非常棒的个人成就，前10个完成准备发言的人将被授予这个证书！”

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Restaurant Review

Les 5 Sens (Hankou Lu)

法国乐尚餐厅（汉口路）

By Keith Maguire



■ Some close friends have become engaged and a celebratory meal is called for. We narrow the selection down to something posh (ish) near Shanghai Lu and therefore the decision becomes obvious; Les 5 Sens on Hankou Lu. It possibly appears this choice was democratic; in reality the bride told us where to be and when, we obeyed. It was my first visit to a place past which I have walked many times, each time wondering where they source their snails.

In a very comfortable setting and despite our table beside the window being in a slight draught, the main room was warm enough for us to enjoy our meal. The ladies opted for mulled wine (¥26) while the groom went for a glass of house red (¥25) and I a G&T (¥25). The menu has some nice appetizer options including pate, soup and, there they are again, snails. We decided to go straight for the main course, ordering chicken with sweet peppers for the bride (¥48) while

masculine convention dictated medium fillet steaks accompanied by pepper sauce (¥72).

The food arrived promptly and looked mighty good. The steaks came with a side of ratatouille and all meals were served with mashed potato; this made sense with the beef but I am not sure about its place with the chicken dish. However, and most importantly, it tasted very superior ???; creamy and nicely seasoned. The fillet was a great cut of meat and beautifully cooked, it is hard to go wrong with such a simple formula, and they did not disappoint; it was lovely. One minor observation would be that the beef was swimming in the sauce rather than being surrounded by it. So far so good.

Things took a slight turn when it came time for dessert. After collecting the menus ourselves and tracking down a member of staff, the order is taken but somewhat reluctantly it seems. We are left feeling suddenly not so welcome. Nevertheless, our choices of chocolate mousse (¥25), vanilla ice-cream with hot chocolate sauce (¥18) and lemon tart (¥24) were also very decent. Lemon tart should be just that; tart – sharp tasting and bitter and although the crust was a bit rubbery the filling was fine. My espresso (¥12) was also pretty good and finished off the meal nicely.

The total came to ¥373, not bad for quality food. However, the overall memory of the meal is tempered by service that in all honesty was dreadful. Visiting a quality restaurant one does not expect to be treated as an inconvenience. Thankfully celebrations continued on elsewhere afterwards. Congratulations to J&S and best wishes for the future.

I still have to find out where their snails come from.

For contact information please visit The Index section.

Restaurant Review Man O Salwa

不走运的穆斯林特色主题餐厅之行

By Serafino Di Giampaolo

- The rabbit has just shown up, the Tiger slowly abandoned the path. Perhaps it is tired; it was a long year. A year full of good, bad and ugly... As every year.

Today was an awful day for one of my preferred places to eat. The Beijing Duck restaurant on Shanghai Road ablaze. I was on the scene when it happened. The air was filled with a bitter smell of burnt plastic and lightly smoked duck. The date? It is the 13th.

In the taxi we are three; coincidentally one good, one ugly and... one bad. I am taking the part of the ugly. I do not like this as there is no redemption for an ugly human. The bad can be always pardoned; the good does not need to do much to be ok. Anyway, I am hungry and my guests too; the Bad is obviously starving and almost screaming it to the driver while the Good suffers in silence.

"Are we here?" The taxi from downtown costs ¥50, and after few enquires we found the restaurant. It was a little hidden, could be a nice niche.

After a few seconds inside and we realise we are the only customers. On the second floor it was easy to choose a comfortable table with

a horrible plastic cover topping; decoration from that faraway land of Pakistan. Nothing else indicates that we are in another world. And we are; hot tea has been already served in a paper cup.

The first dish that arrived was Pakora; a fried buttered vegetable served with a

Chili sauce direct from the shelves of the nearest supermarket; ¥15. Daal Channa was a delicious serving of yellow lentils albeit an excessively spicy one. A more moderate version of such would have a better result among customers from other worlds. At ¥26, it is a spicy price for just lentils.

The Kabli Palau is the signature dish of the restaurant. The basmati was a little overcooked and the carrots obliterated all good intentions therein; ¥33 yuan. I was not impressed.

On another level the Mutton Karahi; ¥30, was nice and balanced; we tasted it with a persuasive Chappati and a crunchy Paratha dipped in very refreshing Raita, a yoghurt based sauce seasoned with cumin and coriander for only ¥8.

We also ordered Chicken Korma, marinated in yoghurt, mmmmmmm. Pity, it never arrived. But we know... was the 13th.

虎年缓慢地停止了步伐，紧随其后的兔年大步一跨，为我们揭开了新的一页。也许是因为那只老虎太累了，走得特别慢，所以过去的2010年显得尤为漫长。那是一个充满好、坏与丑陋的一年。其实，年年不都如此呢？

上海路的那家北京烤鸭店是我经常光顾的一家餐厅，但是今天对它来说却糟糕透了，因为它着火了。当它着火时，我就在旁边，空气中充满了塑料烧焦的苦味以及鸭子被稍稍烟熏后的气味。不凑巧的是，今天正是13号！

这家穆斯林特色主题餐厅位于江宁的将军路，离市区还是有一段距离的，我和两位好友便挤进了一辆出租车。从市区出发，打的费为50元。在车内的三个人中（除去司机），一个是“好人”，一个是“丑人”，还有一个嘛……则是“坏人”。在这个组合中，我的角色是“丑人”。对此，我很是郁闷，因为对一个相貌不佳的人来说，没有什么可以拿来救赎的。坏人总是能够获得别人的原谅，而好人不需要很努力也能过得很好。哎，罢了，还是先解决现实问题吧——坐在出租车里的我们饥肠辘辘。“坏人”显然饿得够呛，已经忍不住开始对司机大呼小叫了，而“好人”呢？他则继续维持着“好人”的形象，在沉默中无息地煎熬着。

“我们到了？”被司机放下车，问过好几个人之后，我们才找到了餐厅，地理位置有点隐蔽，算是一个不错的城市缝隙。

进去没多久，我们就发现餐厅里面就我们仨。上了2楼，轻轻松松便找到了一张还算舒适的桌子，可惜的是，桌上铺的却是劣质塑料。除去屋内的装饰还有一番遥远国度——巴基斯坦风情，其他的也就没有什么特别的了。对了，和其他中国餐馆一样，他们供应热水，用纸杯盛着，端了上来。

第一道上的是油炸蔬菜，他们把蔬菜先用黄油炸过，然后配上街边超市即可买到的普通辣酱，菜价15元；第二道上的是特色印度扁豆，一盘黄黄的扁豆口味还不错，但是超级辣，不太吃辣的朋友可能会觉得这道菜偏辣，菜价26元。花26元买一盘豆子，心里也觉得辣辣的。

我们还点了这家餐厅的特色菜——香蔬炒饭，可惜的是香米煮得太老，加进饭里的胡萝卜也是一大败笔，菜价33元。在这家餐厅里，一盘米饭都要33元，说句实话，我一点儿都不惊讶。

当然，有一道菜的性价比还是不错的，那就是一盘30元的卡拉奇羊肉，就着羊肉吃的是口味还凑合的薄煎饼和脆甬甬的香饼。香饼是蘸着青瓜酸奶沙拉吃的，沙拉是以酸奶做底，佐上莳萝和香菜，口味清新，价格也不高，一份8元。

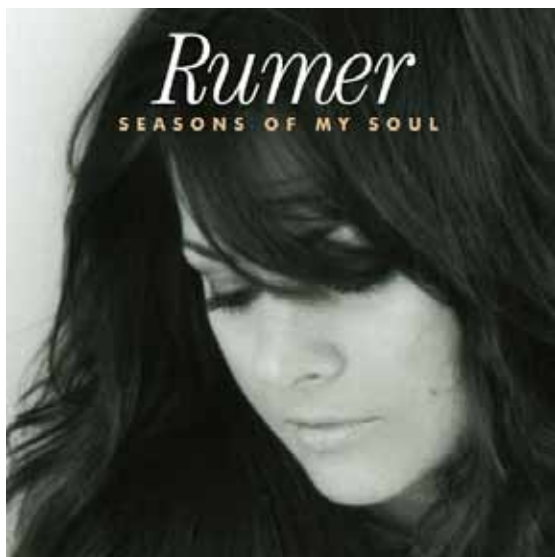
我们还点了椰香腰果咖喱鸡，可惜的是，直到我们走，咖喱鸡都没有上。哎，谁让那天是13号呢？

注释：1. 有很多的西方人忌讳“13”，原因是，按照迷信的说法，只要到每月的13日这一天，12个巫婆(witch)都要举行狂欢夜会，第13个魔鬼撒旦就会在夜会高潮时出现，给人们带来灾难。

Music Review

Rumer "Seasons of My Soul" "我的灵魂四季"

By Frank Hossack



■ Rumer, or Sarah Joyce, is the new darling of the singer/songwriter genre, and one who comes with a whole bunch of twists. Born in Pakistan, 1979, Rumer and her expat parents would often sing and write songs together, making their own entertainment in the absence of TV or newspapers. Moving to northern England, upon being exposed to music and film, she proved to be naturally adept at fusing folk traditions with the broad expansive melodies of movie musicals.

Over a few swims through *Seasons of My Soul* more and more emerge the musical motifs of Karen Carpenter, Carole King, Burt Bacharach and even the more contemporary, Irish singer Mary Black. That is not to say the album lacks originality; more that Rumer has tapped into the same X factor that made those artists great in the first place.

Therein lies the next twist; that the modern music marketplace is ready for such a 70's throwback. Retro is always cool, but this particular part of Retro? What new material is out there right now just waiting for discovery by the present day 50 something year old? The ingrained and familiar yet unplaceable core lyric that reappears time

and time again on *Seasons of My Soul* may well be your answer.

At its best, on *Seasons of My Soul* Rumer almost manages to touch the soul in the way only Carol King can; at its worst think Nora Jones on a good day. Thankfully there are but very few moments of the latter, and many more that from the first listen sound as if they are songs we have known for years.

Seasons of My Soul is available as a free download from www.google.cn/music while an additional freebie can be had from Rumer's own website; www.rumer.co.uk.

Rumer, 或者叫她Sarah Joyce,是歌手及作曲人界新生代的宠儿,带着这张专辑华丽归来.她于1979年出生在巴基斯坦,和她移居国外的父母一样,她非常喜欢唱歌,作曲.在没有电视和报纸的情况下,她们全家人经常一起自娱自乐.搬到英国北部后,铺天盖地的音乐和电影融入她的生活,她很自然地就熟悉那些电影中的旋律,并将其融于乡村音乐中.

我的灵魂四季中有许多转变,但是还是有许多音乐歌手风格融入其中,如Karen Carpenter, Carole King, Burt Bacharach,甚至连同时代的爱尔兰歌手Mary Black.这不意味着这张专辑没有原创性,Rumer反而更多的加入了同样的X元素,这些元素一直使这些歌手专辑销量保持第一名.

专辑中还有另一个惊喜的转变,面对70年代音乐市场的萧条,流行音乐早已做好准备.复古音乐一直表现很优秀,但是这次?专辑中又会有怎样的新的流行元素加入,等待现如今50年代音乐人的验收呢?那些根深蒂固且为大众所熟知,不可替代的重要歌词将会在我的灵魂四季中反复出现,这样精彩的回答将是你追寻的答案.

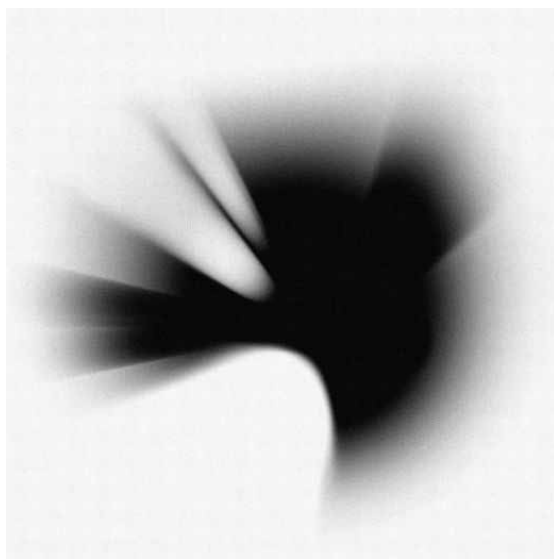
专辑的出彩之处在于,在Rumer的这张"我的灵魂四季"里,她几乎以只有Carol King可以做到的方式成功地触摸到人们的灵魂深处.不足之处则在于,认为Nora Jones有个愉快的一天.还好后者只占了小部分,更让人感动的是,专辑里的旋律即便第一次听的时候,已然让人有相识多年的感觉.

www.google.cn/music里免费下载.想要更多音乐,可以登陆Rumer的网站: www.rumer.co.uk

Music Review

Linkin Park "A Thousand Suns"

By Frank Hossack



■ Just what is it about Linkin Park that makes them so damned popular in China? That their psuedo anti-establishment stand is not quite anti enough to enrage the powers that be? Or that MTV judging them third best band of the new millenium after Oasis and ColdPlay makes them just cool enough? In China or elsewhere, Linkin Park undoubtedly remain a band that spoke to teenagers of the early 2000's, often touching a raw nerve or two, in a way few others could emulate.

Among the new album's opening words, "Now I am become Death, the destroyer of worlds", on *The Radiance* show that war and death replace alienation and angst as fixation for the Californians, but these are themes that on *A Thousand Suns* are finally crafted together into a majestic ensemble of epic proportions. 40 years after progressive rock invented the concept album, Linkin Park deftly employ it with technological innovation offered up by the 21st century, in the process blurring the distinctions between Nu-metal, Hip Hop and Adult Oriented Rock, presenting a package that is both lyrically and sonically apocalyptic.

The 'Park's enduring appeal lies in their default ability to mould a collection of tunes that individually have something to offer almost the entire cross section of society. *Burning in the Skies* has mainstream drivetime radio written all over it, *Waiting for the End* is can't-get-you-out-of-my-head material while *Blackout* is becoming a staple on dancefloors and in mosh pits of self respecting Rock and Metal clubs worldwide.

If there is a downside to *A Thousand Suns*, it is one's nagging suspicion that the bulk of it sounds considerably better on the highways of Los Angeles. On their latest offering, Linkin Park make contemplating the journey alone worthwhile.

A Thousand Suns is available as a free download from www.google.cn/music

Movie Review

The Tourist

《致命伴旅》真致命

By Devopro

■ Question: Do you feel a film should begin with a statement on what the movie will be about or do you feel a gratuitous close-up shot of Angelina Jolie's buttocks is more important?

Answer: If you picked the buttocks shot then *The Tourist* is your movie of the year!

Johnny Depp plays a tourist who meets a seductress (Angelina Jolie) while casually smoking a new LED cigarette on a high-speed train bound for Venice. After reminding us a dozen times he is not smoking (merely puffing on a hip, new smokeless LED cigarette that produces water vapor as a byproduct) Depp's character becomes entangled in a game of cat and mouse involving Scotland Yard, gangsters and Jolie's elusive lover/robber interest. Or is he?

You may have already read the horrible reviews drifting in cyberspace

about this domestic box office flop that has somehow made its money back and more with its foreign gross to date. What you may not know is what type of disaster *The Tourist* is...

Let us pick a special event such as a friend's birthday; you buy your friend the latest generation G-Phone, wrapping it in shiny expensive paper. Now, of course during the wrapping process, you make adjustments and need to trim paper off. Once you have finished, you notice bits and pieces of crumpled paper (marred with crumbs and grease from your dining room table) sprinkled on the floor. Those little bits of shiny heaven, now covered in dirt and grease, can be rolled into a little ball called *The Tourist*.

The cast is dotted with fine seasoned actors who obviously had little or no direction as what to do. There are moments when Depp seems confused and unsure of what he is supposed to be doing moment to moment.

The Tourist is a date movie for sure. While not a traditional date movie in any sense; it is an opportunity to gage your date's emotional intelligence by their reaction to the film. In particular, how they react to the love story and how they feel about its introduction/development.



If they enjoyed the film and feel the love element had any merit, it might be good to suggest shock therapy followed by a struggle session or two. The Tourist does not have to be all pain if your best friend Jack Daniels can tag along too.

提问：以下两个选项哪个让你觉得更为重要呢？A. 电影一开头就让观众知道电影的内容。B. 虽然对剧情发展没有任何帮助，但是电影中有安吉丽娜·茱莉臀部的特写镜头。

答案：如果你选择了B，那么这部电影《致命伴旅》不容错过。

强尼·戴普在片中饰演了一名搭乘高速列车前往威尼斯的美国游客，在吸烟之余邂逅了一名女子（安吉丽娜·茱莉饰演），一名随后对他长时间调情的女子。让人匪夷所思的是，电影对强尼·戴普当时吸的并不是真正的烟强调了好几次。它不断的提醒观众，他吸的只不过是一种新型的LED香烟，这种香烟的副产物是水蒸气，而不是传统的烟雾。在那之后，戴普饰演的角色便陷入了一场猫和老鼠的游戏之中，一场早已卷入伦敦警察厅，黑帮和茱莉那神秘的案犯爱人的游戏。难道不是吗？

你也许已经了解到影迷们对这部电影有多失望，因为网上铺天盖地都是对该片的差评，在全美的票房也不尽如人意（虽然如此，但是鉴于它的明星效应，该片好歹还是赚回一些制作成本，票房主要来自美国本土之外的影院），但是有一点你却不一定知道，那就是《致命伴旅》对我们观影者来说，算是哪种灾难呢？

举个例子，朋友的生日到了，你给他买了只最新款的iPhone，并用价格不菲的闪亮包装纸包了起来。当然了，包装的时候，为了包得好看，你得把多余的纸裁掉。好不容易把礼物包完了，低头一看，碎的包装纸屑洒了一地，有的还粘着餐桌上的油渍。原本闪亮的包装纸，变成纸屑后却粘满了尘土和油污，把它们捡起来，揉一揉，揉成的纸团就叫做《致命伴旅》。

其实该片主演们的演技一直以来都是获得大家认可的，只不过他们并不清楚或者根本就不知道要怎么演这部电影。从电影里可以看到，有几个片段，戴普看上去一脸疑惑，对自己需要表现的东西并不确定。

不可否认的是，《致命伴旅》还是值得推荐给情侣的。推荐理由倒不是因为它和常规的约会电影有什么相同点，而是因为这部电影可以给你提供一个通过观察女友／男友对该片的反应来衡量她／他的情感智力。特别值得注意的是她／他如何看待这个爱情故事以及对电影的开头和情节发展的感觉。如果她／他喜欢这部电影，并觉得其中描写爱情的部分值得一看，那么建议你问她／他采取休克疗法，再附上一到两段的挣扎期。温馨提醒：如果观影时带上杰克丹尼1，这部电影也就不那么纠结了。

1: 杰克丹尼是全球十大最有价值的酒类品牌之一，也是唯一的一个全世界最多销量、最流行的威士忌。



THE NANJINGER CLASSIFIEDS

For detailed information about all this and many other classifieds ads please visit our classifieds section at www.nanjingexpat.com

■ Need new clubs for the upcoming ideal golfing weather?

These clubs are made from components out of the Callaway factory, with shafts to match. Price 3700. graham.bloo@gmail.com.

For full advertisement text, visit: www.nanjingexpat.com

■ Panasonic AG-HMC43MC for Sale

Records in PAL format and several Modes including 25f, 30f, 720P/1080P. Solid state recording onto SDHC cards. flip out touch LCD. Remote control. Hard shell waterproof carrying case. devoflapps@gmail.com. price: 11,000rmb

For full advertisement text, visit: www.nanjingexpat.com

■ Looking to Buy Tripod

Looking to buy used video tripod, nothing too fancy but nothing with plastic legs. graham.bloo@gmail.com.

For full advertisement text, visit: www.nanjingexpat.com

■ Business English Teaching

A Nanjing based corporate training firm is hiring business English teachers. We are expanding our corporate training program and will begin several new courses at several local companies in the spring. sam.brummitt@eiinst.com

For full advertisement text, visit: www.nanjingexpat.com

■ University teaching position beginning in September 2011

I am an English teacher at Nanjing University of Information Science and Technology. I will be leaving at the end of the term which is the end of June. As I am leaving I am looking for someone to replace me. yaseenhassan@hotmail.com

For full advertisement text, visit: www.nanjingexpat.com

■ Looking for a part-time English Teacher

Edinburgh English is a English School from Taiwan. We teach 3 to 12 year-old children. located in Zhong Shang North Road, 10th floor.

928@hotmail.com

For full advertisement text, visit: www.nanjingexpat.com

English Teacher Wanted (part-time / full-time job)

10 - 15 hours per week. Small group of Chinese professionals. Little to no Chinese language skill required. American English speaker preferred (American / Canada / European / South Africa / Australia). if interested ,please shiguangyu@gmail.com

For full advertisement text, visit: www.nanjingexpat.com

Chinese Assistant-Manager / Move supervisor

This person should enjoy working with people, doing online research and managing several jobs at the same time. There will be a training period of 1-2 weeks in Shanghai and Nanjing. The position is based in Nanjing.

For full advertisement text, visit: www.nanjingexpat.com

Looking For Part-Time Job

Foreign Student looking for Part-time Job. I am a foreign Student in Nanjing and looking for a part-time Job. I am Fluent in English and can also speak Chinese. nanjingparttime@live.com

For full advertisement text, visit: www.nanjingexpat.com

Nice Apartment for rent, 2Bed-rooms, Furnished, near Zhujianglu

Nice Apartment for rent, 2Bedrooms, Furnished, near Zhu jiang lu. Location: Nearby Zhujianglu, behind Deji Plaza. 5 mins to Subway station. We are leaving Nanjing soon, and looking for somebody to take over this lovely apartment. aotukikr@hotmail.com

For full advertisement text, visit: www.nanjingexpat.com

Flatmate Wanted - Hankou Xi Lu - 900 RMB / month

We are two Americans (one girl, one guy) in a three-bedroom apartment on Hankou Xi Lu (in between Shanghai Lu and Ninghai Lu). There's an empty bedroom in our flat that YOU should move into! It has a twin bed, AC/heating unit, lots of cabinet space and (at least) one writing desk.

yingwenneil@gmail.com

For full advertisement text, visit: www.nanjingexpat.com

Roommate Wanted to Share 2bd/1ba 110sq meters (1186sq ft) Furnished Apt in Gulou

Roommate Wanted to Share 2bd/1ba 110sq meters (1186sq ft) Furnished Apt. Near Nanjing University (Yunnan lu & Goulu si). Quiet, clean, serious student seeks same. Party kids, sorry, this place is not for you. Current resident is a quiet 29yr old American Female student.

grace_leota@hotmail.com

For full advertisement text, visit: www.nanjingexpat.com

Flatmate wanted- cozy 2 bedroom apartment on Shanghai Lu

Welcome to your new home! currently seeking female flatmate, Chinese or foreigner, to share apartment with native English speaking girl from USA. misspolitica@live.com

For full advertisement text, visit: www.nanjingexpat.com

Bits of Chop

Evolution of an epithet

The renaming of our city through the ages

1864 AD
Nanjing 南京

1853 AD
Tianjing 天津

1644 AD
Jiangning 江宁

937 AD
Jinling 金陵

317 AD
Jiankang 建康

229 AD
Jianye 建业

333 BC
Moling 秣陵

473 BC
Yuecheng 越城

495 BC
Yecheng 冶城


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Maverick Gu: 13770619050 Hotline: 025-86952966/2988, 13918579555

Downtown Area		GOLDEN TOP HARBOR 金港湾		ROYAL FAMILY 金陵世家	
VANKE APARTMENT 万科金色水郡		3Br 130sqm	¥ 8,000	3Br+1 170sqm Townhouse	¥ 7,500
2Br 98sqm Middle-level	¥ 5,500	3Br 158sqm	¥ 9,500	4Br 220sqm Semi-detached	¥ 10,200
3Br 138sqm Lake view	¥ 7,200			4Br 320sqm Detached	¥ 25,000
3Br 145sqm Low-level	¥ 5,500	LANDSEA SUNNYHOME 朗诗绿园		XIANG XI YUE YUAN 香溪月园	
4Br 168sqm Lake view	¥ 8,800	1Br 29sqm	¥ 2,300	3Br 143sqm Apartment	¥ 5,500
4Br 240sqm Duplex	¥ 14,000	1Br 55sqm	¥ 3,000	3Br 200sqm Townhouse	¥ 11,000
		2Br 118sqm	¥ 5,000	4Br 270sqm Detached	¥ 25,000
KINGDOM OF JIN LING 金陵王府		4Br 160sqm	¥ 7,000		
1Br 41sqm Middle-level	¥ 2,700	CRESCENT LAKE GARDEN 湖畔之星		British School Of Nanjing	
3Br 140sqm Well-furnished	¥ 8,500	3Br 130sqm	¥ 6,000	YULAN VILLA 玉兰山庄	
4Br 170sqm Middle-level	¥ 14,000	4Br 156sqm	¥ 6,500	3Br 210sqm Apartment	¥ 9,000
		4Br 164sqm	¥ 8,000	3Br+1 290sqm Townhouse	¥ 19,000
GOLDEN EAGLE INTL GARDEN 金鹰国际花园				4Br+1 350sqm Detached	¥ 32,000
2Br+1 133sqm High-level	¥ 5,500	SHIMAO RIVIERA 世茂滨江新城		RENHENG BAMBOO GARDEN 仁恒翠竹园	
2Br+1 144sqm Low-level	¥ 6,500	2Br 160sqm	¥ 6,500	2Br 102sqm	¥ 3,000
3Br 178sqm High-level	¥ 9,000	3Br 180sqm	¥ 7,500	3Br 135sqm	¥ 4,000
		3Br 220sqm	¥ 9,000	3Br 150sqm	¥ 6,000
TIAN-AN INTL MANSION 天安国际大厦		4Br 280sqm	¥ 17,000	4Br 160sqm	¥ 7,000
1Br 55sqm High-level	¥ 3,500	CFC(DAXINGGONG CBD) 长发中心 (大行宫商务区)		JIAHU GREEN ISLAND 佳湖绿岛	
2Br 90sqm High-level	¥ 5,000	2Br 62sqm Duplex	¥ 4,500	4Br 278sqm Townhouse	¥ 21,000
4Br 160sqm High-level	¥ 8,000	2Br 70sqm Duplex	¥ 6,500	4Br 350sqm Detached	¥ 29,000
NOBLE MOUNTAIN 天运山庄		Nanjing International School		MASTERLAND 玛斯兰德	
3Br 150sqm Newly-renovated	¥ 6,500	TOP REGENT GARDEN VILLA 帝豪花园别墅		3Br+1 278sqm Townhouse	
3Br 127sqm	¥ 6,000	3Br+1 220sqm Townhouse	¥ 17,000	4Br 500sqm Detached	¥ 20,000
3Br 250sqm Duplex	¥ 13,000	3Br+1 250sqm Detached	¥ 35,000	GREEN VIEW MANDARIN 绿景文华	
4Br 230sqm Duplex	¥ 12,000	NANJING DONGJIAO STATE GUESTHOUSE 南京东郊国际宾馆		3+1Br 185sqm Townhouse	
YINCHENG DONGYUAN 银城东苑		3Br+2 320sqm	¥ 33,000	5Br 370sqm Detached	
2Br 108sqm	¥ 3,500				
3Br 120sqm	¥ 4,500				
3Br 145sqm	¥ 5,000				
4Br 160sqm	¥ 6,500				
4Br 190sqm Middle-level	¥ 10,000				
BEST OF THE BEST 仪韵新寓					
2Br 108sqm	¥ 6,500				
2Br+1 20sqm	¥ 6,500				
4Br 145sqm	¥ 7,500				
4Br 80sqm	¥ 8,500				

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Address: No 37-11, Gao YunLing Lane, Guluo District. Entrance via Wen Yun Xiang,
100m from The Phoenix Palace Hotel, corner of Hunan and Yunan Bei Lu.
Opening Hrs: Mon-Sun 6 pm onwards. Reservation is recommended
Telephone: 025 8360 1289 or 138 1337 1207 (English) / myplacenj@gmail.com.
www.myplacenanjing.com

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南京辉盛阁国际公寓
116 Lushan Road, Jianye District
庐山路116号
87773777

www.fraserhospitality.com
Nanjing's first international serviced apartments. Fully furnished 1 to 3 bedroom apartment suites ranging from 138 sqm to 249 sqm; offering a fully equipped kitchenette, state of the heart home entertainment systems, balconies, and a fully equipped clubhouse with leisure facilities that make this the accommodation of choice for many expats. Fine dining is also available to residents and non-residents within an exquisite setting in the lobby restaurant.

Intercontinental Hotel

1 Zhongyang Lu, Zifeng Tower, Gulou
中央路1号紫峰大厦鼓楼区
83538888
www.intercontinental.com
Located in Gulou with a birds-eye view of Nanjing's skyline. The hotel makes a grand statement and can be found in the 450 metre high Zifeng Tower; the tallest building in Nanjing. The hotel offers world-class service and accommodation

The Westin Nanjing 南京威斯汀大酒店

201 Zhongyang Lu,
Nanjing International Center, Gulou
中央路201号南京国际广场鼓楼区
85568888
www.westin.com/nanjing
Set in the vibrant Hunan Road central business district, with every room overlooking the scenic Xuanwu Lake, the Westin is a haven of Chinese distinction. Located only minutes from major corporations, restaurants and shopping.

Sofitel Galaxy

9 Shanxi Road
山西路9号
83718888
www.sofitel.com
resoff@sofitelnanjing.com
A luxury hotel located at the end of the popular shopping street, Hunan Road. The accommodation of choice for many visitors coming to Nanjing.

Sofitel Zhongshan Golf Resort

1 Huanling Road
环陵路1号
85408888
www.sofitel.com
reservation@sofitelnanjing.com
This golf resort is located at the foot of Purple Mountain and is the preferred hangout spot of Nanjing's rich and famous. A five-star plus location that's great to visit and relax in.

Sheraton Nanjing Kingsley 金斯科利酒店

169 Hanzhong Road
汉中路169号
86668888
The Sheraton is one of Nanjing's older, finer hotels located centrally within walking distance of Xinjiekou. Amenities include a nearby 18-hole golf course, fitness center, baby sitting service, butler service, car rentals, and much more.

Jinling Hotel 金陵饭店

2 Hanzhong Lu
汉中路2号
84722888
A landmark hotel and one of the original high-class establishments in Nanjing. The Jinling Hotel is conveniently located in Xinjiekou. Inside there are restaurants serving Italian, Japanese, Chinese, and Hong Kong cuisine, shops, a decent sized mall, and even a micro brewery. Also home to a travel desk.

Holiday Inn Nanjing Aqua City

南京水游城假日酒店
No.1 Jian Kang Lu
建康路1号
8008308191
www.holidayinn.com
service.center@holidayinnnanjing.com
A convenient location close to the Confucius Temple and part of the Aqua city complex. Home to restaurants and grand ballroom, function rooms, Full fitness centre also available with Spa, indoor heated pool

Crowne Plaza Nanjing 皇冠假日酒店

89 Hanzhong Lu
汉中路89
84718888
nanjing@ihg.com
Modern western hotel located in the west of Xinjiekou. Range of restaurants, full Spa and health centre facilities including pool. Travel service also available.

Parkview Dingshan Hotel 南京丁山花园大酒店

90 Chaha'er Lu 察哈尔路90号
58802888
www.nanjing-dingshan.com
enquiry@nanjing-dingshan.com
An elegant hotel located in a lush, expansive garden setting in the west of the city. Ultra modern design combined with traditional Chinese architecture. Popular for its Huai Yang cuisine.

Nanjing Grand Metropark Hotel

南京维景国际大酒店
319 East Zhongshan Lu
中山东路319号
84808888
www.metroparkhotels.com
sales.njgm@metroparkhotels.com
The 5-star Grand Metropark Hotel is located next to the Nanjing Museum. A wide variety of recreational and entertainment facilities. Holds a grand ballroom also.

Xuanwu Hotel

玄武饭店
193 Zhongyang Lu
中央路193号
83358888
www.xuanwu.com.cn
info@xuanwu.com.cn
Close to the railway station and international exhibition center. Top-class dining available. A Revolving Restaurant on the 20th floor.

International Conference Hotel Nanjing

南京国际会议大酒店
Sifang Cheng Road, Sun Yat-sen Mausoleum
in Nanjing Xuanwu District No. 2
南京市玄武区陵园路中山陵四方城2号
84430888
www.nic-hotel.com
Located at the foot of the Purple Mountain scenic area. Facilities include a night club, bar, sauna, swimming pool, KTV, tennis courts, health club, beauty salon.

Nanjing Central Hotel

南京中心大酒店
75 Zhongshan Lu, Gulou
鼓楼区中山路75号

83155888

The Central Hotel is located in Xinjiekou, A hotel that combines spectacular architectural design with the hotelier's traditional values of comfort, hospitality and attention to detail.

Nanjing Sunflower International Youth Hostel

80 Zhanyuan Road (next to Fuzimiao's west gate)
瞻园路80号, 在夫子庙西门的附近
52266858 / 66850566
www.nanjingyha.com
This is an international youth hotel in Fuzimiao, one of Nanjing's most famous scenic areas. It includes free pool, DVDs, cable TV, foosball, Wifi, travel info, an English menu, and an English speaking staff.

Resorts

Regalia Resort & Spa (Qinhuai River, Nanjing)

御庭精品酒店 (南京秦淮河)
E5, No 388, Yingtian Street, Qinhuai District
(Chenguang 1865 Technology Park)
应天大街388号 (晨光1865科技创意产业园) 第E5幢
51885688
www.regalia.com.cn
reservations-qhr@regalia.com.cn
One of the most luxurious Spa resorts in Nanjing, conveniently located just outside the city wall on the Qinhuai river. A Thai style Spa offering a holistic approach to rejuvenation and relaxation. Its five spa villas by the river exude serenity, peace and solitude. Dining offers a uniquely satisfying combination of Chinese, Asian and Western cuisine.

Kayumanis Private Villas & Spa

Xiang Zhang Hua Ping
Sizhuang Village, Tangshan Town
江宁区汤山镇寺庄村
84107777
www.kayumanis.com
nanjing@kayumanis.com
High End private villa in Nanjing. Refreshing natural hot spring with mountain view. A perfect place for a romantic escape and spa in the city.

Tangshan Easpring Hot Spring Resort

汤山颐尚温泉度假村
8 Wenquan Lu, Tangshan, Jiangning
汤山镇温泉路8号
51190666
A Leisure hotel in Tangshan offering different types of bathing. 128RMB for adults, 65RMB for children under 1.3m tall.

Museums & Parks

Rabe House 拉贝故居

Xiaofengqiao No. 1, Guangzhou Lu.
小粉桥1号
Tuesday – Sunday from 8:30 to 16:30
The former home of the German Industrialist who saved the lives of thousands of Nanjing people in 1937. The house served as a refugee shelter at the time. The story is vividly told here.

Nanjing Brocade Museum 南京云锦博物馆

240 Chating Dong Jie 茶亭东街240号
86518580 Hours: 8:30am-5:00pm
Nanjing brocade is regarded as the finest on earth. Visitors can observe professional brocade artists working on wooden looms.

City Wall Museum 南京明城墙遗址博物馆

8 Jiefang Men 解放门8号
83608359
Found on top of Jiefang Gate with photographs of long-gone city gates, maps and a full-scale model of the walled city. Captions in Chinese.

Nanjing Folk Customs Museum 南京民俗博物馆

19 Nanbu Ting, Baixia District (near Gan Jia Da Yuan)
白下区南捕厅19号 (甘家大院) 52217104

Housed in a Qing dynasty mansion, with period rooms illustrating the different facets of life in traditional China. Regular musical performances and hands-on traditional crafts.

Nanjing Museum 南京博物院

321 Zhongshan Dong Lu 中山东路321号
The museum houses artifacts from various periods from Neolithic to the communist period.

Nanjing Museum of Paleontology

南京古生物博物馆
39 Beijing Dong Lu 北京东路39号
83282253
9am-5pm Saturday, Sunday only.

Nanjing Science Museum 南京科技馆

9 Zijinhua Lu, Yuhua District
雨花台区紫荆花路9号
58076158
Hands-on fun and learning for kids. IMAX Cinema.

Taiping Heavenly Kingdom History Museum 太平天国历史博物馆

128 Zhanyuan Lu 瞻园路128号
86086833
Houses an interesting collection of documents, and artifacts related to the Kingdom including army maps, coins, scrolls of laws and weapons.

Bailuzhou Park 白鹭洲公园

1 Bailuzhou 白鹭洲1号
First built in the Yuan dynasty, located on the Qinhuai River. Features traditional architecture, a small amusement park for children and a bird and plant market.

Gulin Park 古林公园

21 Huju Bei Lu 虎踞北路21号
Gardens, paintball, BBQ & outdoor pool. Take the lift to the top of the Nanjing Radio tower for a great view of the city.

Jiuhuashan Park 九华山公园

Beijing Dong Lu 北京东路
Climb to the top of the park to visit the temple and pagoda. A great way to get on the city wall for a scenic spot with gorgeous views of the city.

Nanjing Hongshan Forest Zoo 红山森林动物园

101 Heyan Lu 和燕路101号
Nanjing's zoo. Recent renovations have made this a nice place for a day out.

Qingliangshan Park 清凉山公园

Guangzhou Lu, near the intersection of Huju Lu
广州路西端
A quiet park, once home to Chinese artists, offers several calligraphy and stone museums, as well as an art gallery and pottery studio open to the public. A wonderfully uncrowded place for walking and relaxing.

Underwater World 海底世界

South side of Purple Mountain 中山陵四方城8号
8.30am-5pm

Xuanwu Lake Park 玄武湖公园

1 Xuanwu Xiang 玄武巷1号
Offers trails for walking biking and running. You will find playgrounds, gardens, restaurants and boats for rent.

Mocho Lake Park 莫愁湖公园

35 Hanzhongmen Da Jie 汉中门大街35号
Location of the annual Dragon Boat Races, this park is dominated by a huge lake.
It is a great place to go boating or simply take a walk in a peaceful environment.

Yuejiang Tower 阅江楼

202 Jianing Lu 建宁路202号
This temple is part of a complex known as Yuejiang Tower Scenic spot. It includes the temple

itself, Wanxian pavilion and other historical remains.

Zhongshan Botanical Garden 中山植物园

Established in 1929 and covers over 186 hectares. The garden has more than 3000 plant species on display. A great place to breathe the fresh air and have fun cycling.

Zhongshan Botanical Garden's Bridge World 中山植物园桥世界

1 Qianhu Hou Cun, outside Zhongshan Gate
中山门外前湖后村1号
An assortment of challenging bridge and rope courses criss-crossing a stream. For children of all ages to try.

Zixia Lake 紫霞湖

In the heart of Purple Mountain area
Features picnic grounds and a mountain fed lake you can swim in.

Business & Education

International Education

British School of Nanjing 南京英国学校

Building 2, Jinling Resort,
Jiahu Dong Lu
佳湖东路湖滨金陵饭店2号楼
52108987

EtonHouse Nanjing 伊顿国际教育集团

West Songhua Jiang Street,
Jianye District (near Olympic Stadium)
南京市松花江西街6号, 建邺区, 靠奥体北门
(中华紫鑫广场北面) 金陵中学实验小学内
8669 6778

Nanjing International School 南京国际学校

8 Xueheng Lu, Xianlin College
and University Town
仙林大学城学衡路8号
85899111

Eternal Sea Int. Kindergarten 恒海外国语幼儿园

20 Mingugong Lu
明故宫路20号
84820900

Nanjing #1 Kindergarten International Division 南京第一幼儿园国际部

266 Baixia Lu 白下路266号
86647868

Grand Canadian Academy 中加国际高中

30 Beijing Dong Lu
北京东路30号南京外国语学校内
83282339

Language Training

Alliance francaise de Nanjing

南京法语联盟
Beijing Xilu 73 Qunlou 4th floor
北京西路73号裙楼四楼
83598762
www.afnanjing.org
French classes for individuals and companies as well as a modern library. Also offers a wide range of cultural events including conferences, concerts, exhibitions with local partners and artists.

JESIE-Goethe-Language Centre

JESIE -歌德语言中心
Jiangsu College for International Education 3rd Floor, 205 Shanghai Lu 江苏省国际教育学院3楼, 上海路205号
83335690
kurse@goethe-slz.js.cn
www.goethe-slz.js.cn
The Goethe Institute is the world's cultural institute of the Federal Republic of Germany with the mission to promote German language and cultural understanding. A range of language courses are available.

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South Zhongshan Lu 南京市中山南路49号商茂世纪广场17楼D1&D2
84872361
www.newconceptmandarin.com
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15895865134
www.jseict.org
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Universities

Hopkins-Nanjing Center 中美中心

22 Hankou Lu 汉口路22号
83592651

Nanjing University 南京大学

22 Hankou Lu 汉口路22号

China Pharmaceutical University 中国药科大学

24 Tongjia Xiang 童家巷24号

Hohai University 河海大学

1 Xikang Lu 西康路1号

Nanjing Arts Institute 南京艺术学院

15 Huju Bei Lu 虎踞北路15号

Nanjing Audit University 南京审计学院

77 Beiwei Lu 北圩路77号

Nanjing Agricultural University 南京农业大学

1 Weigang 卫岗1号

Nanjing Normal University 南京师范大学

122 Ninghai Lu 宁海路122号

Nanjing University of Aeronautics and Astronautics

南京航空航天大学
29 Yudao Jie 御道街29号

Nanjing University of Post and Telecommunications 南京邮电大学

66 Xinmofan Lu 新模范马路66号

Nanjing University of Technology 南京工业大学

5 Xinmofan Lu 新模范马路5号

Nanjing University of Traditional Chinese Medicine 南京中医药大学

282 Hanzhong Lu 汉中中路282号

Southeast University 东南大学

2 Sipai Lou 四牌楼2号

Foreign Trade & Economic Development Agencies

Australian Trade Commission Jiangsu Office

澳大利亚贸易委员会南京代表处
Rm 1163, 11F, World Trade Center, 2 Hanzhong Lu
汉中路2号金陵饭店世界贸易中心11层1163室
84711888 -1163

Baden-Württemberg International

德国巴登符腾堡州国际经济和科技合作协会
7-3 Dabe Xiang Meiyuan Xin Cun
梅园新村大悲巷7-3号
84728895

China-Britain Business Council, Nanjing

英中贸易协会南京代表处
Rm 2514-2515, 50 Zhonghua Lu
中华路50号2514-2515室
52311740

European Union Chamber of Commerce in China-Nanjing 中国欧盟商会(南京)
30F, 1 Zhujiang Lu 珠江路1号30层
83627330

French Hauts de Seine Economic office in China 法国上塞纳-江苏合作协会南京代表处
A2A3, 17F, Shangmao Plaza, 49 Zhongshan Nan Lu
中山南路49号商茂世纪广场17层A2A3
86893700

Netherlands Business Support Office - Nanjing
荷兰贸易促进委员会南京代表处
Suite 2316, Building B, 23/F, Phoenix Plaza,
1 Hunan Lu
湖南路1号凤凰国际广场B楼23层2316室
84703707

NRW China Representative Office, Economic Development Corp. Nordrhein-Westfalen, Germany
德国北莱茵威斯特法伦州经济促进局驻华南京代表处
50 Zhonghuang Lu 中华路50号
52270000

Clubs & Charities

Nanjing International Club
南京国际俱乐部
www.nanjinginternationalclub.com
Founded in 1990 with the objective of promoting social contacts and good community relations within the international community in Nanjing. Many events taking place on a weekly, monthly and annual basis. A big club in Nanjing with 600+ members.

Nanjing Toastmasters
南京第一家英语演讲俱乐部
www.nanjingtoastmasters.com
Weekly meetings at Hohai University

Hopeful Hearts
www.hopefulhearts.info
Dedicated to raising funds necessary for medical treatment of children with a heart condition.

Wokai 我开
www.wokai.org
nanjing@wokai.org
Wokai offers opportunities of microfinance to people in rural China to start their own businesses.

Pfrang Association
普方基金会
7-3 Dabei Xiang Meiyuan Xin Cun
梅园新村大悲巷7-3号
84729068
www.pfrang-association.org
Pfrang association raises money to sponsor the school education of children in poor regions of Jiangsu province.

Operation Blessing China 慈福行动
(10) 64669296
info@obchina.org
www.obchina.org
Operation Blessing China initiates transformation in the lives of the needy and impoverished communities.

Shopping

Art

Jiangsu Art Gallery 江苏省美术馆
266 Changjiang Lu 长江路266号
86643757
Works of local artists, exhibits changed frequently.

ART 国艺堂
D-1 Shuimuqinhuai, 99 Shitoucheng Lu 石头城路
99号水木秦淮D-1号
83321600

Picture framing service and all kinds of art related books, supplies.

Shenghua Art Center
南京圣划艺术中心
2 Zhoutai Lu, on Jiangxin Islet
江心洲民俗街洲泰路2号(原乡土乐园)
86333097 86333100
Exhibition of Chinese contemporary art, including photography, sculpture and painting, etc.

Antique Markets
Chaotian Palace Antique Market
朝天宫古玩市场
Confucius Temple Antique Market
夫子庙古玩市场
Qingliangshan Park Antique Market
清凉山古玩市场
Major antique markets in Nanjing. Beware of the fake items.

Stone City Modern Art Creation Gallery
石城现代艺术创意园
72 Beijing Xi Lu 北京西路72号
Exhibition of modern Chinese art.

Shizhuzhai 十竹斋
72 Taiping Nan Lu 太平南路72号
Online shop (CN): www.cnnjshizhuzhai.com/shop/
360 yrs history in Nanjing. Galleries and traditional art items for sale.

For the Home

B&Q 百安居
286 Ningli Lu 宁溪路286号
Int'l hardware and furniture store with four stores in Nanjing.

IKEA 宜家家居
South of Kazi Men 卡子门南侧

Hongxing Furniture
红星国际家具广场
224 Zhongyang Lu 中央路224号
Large furniture mall with many shops. Large range of prices, styles, etc.

Jinsheng Market 金盛百货大市场
2 Jianning Lu 建宁路2号
Large indoor market with everything from home décor to wires to Christmas trinkets to electronics, etc. Cheap but be prepared to bargain. Several other outlets in Nanjing.

Jinling Decoration Market
金陵装饰城
88 Jiangdong Zhong Rd 江东中路88 Everything needed for a new home.

Longjiang Flower Market
龙江花卉市场
78 Qingliangmen Da Jie
清凉门大街78号 Huge outdoor flower market with a variety of plants, cut flowers, fish tanks and fish, and a selection of gardening tools.

Modern House NJ (Remo) 摩登仓
Ground Floor, Lan of mercy and Social Hall, off Huaqiao Lu
慈悲社兰之堂5-2号
86555566
www.amodernhouse.com.cn
Copied designer furniture & décor.

Malls

Deji Plaza 德基广场
18 Zhongshan Road 中山路18号
84788066
A western style mall located at the northern end of Xijiekou. As one of Nanjing's premier malls, there is a wide variety of high class shops and western restaurants such as Bella Napoli, and high end shops including Louis Vuitton and Burberry. There

is also a movie theatre.

Nanjing Aqua City 南京水游城
1 Jiankang Road 健康路1号
52233999
A newer Nanjing shopping mall, home to many restaurants and western brand name shops as well as a cinema and an import supermarket.

Golden Eagle Shopping Center
金鹰国际商城
89 Hanzhong Road 汉中中路89号
84708899
A popular department store with a wide selection of clothing, homeware, and a foreign food supermarket located on the upper floor.

Wanda Plaza 万达广场
98 Middle Jiangdong Road 江东中路98号
86805588
The largest mall in the west of the city, mostly occupied by Chinese brands. However there is a wide variety of food including Walmart and one of the largest cinemas in Nanjing.

Golden Wheel In-Citi 金轮新天地
8 Hanzhong Road 汉中中路8号
84773788
One of the major and newest Xijiekou malls, with a wide variety of western brands and foods, including a donut shop, a Japanese Teppanyaki restaurant, and many other choices. In terms of fashion, there is a wide selection available, including brands Sephora, H&M, and Timberland.

New City Mall 新城市广场
99 Caochangmen Street 草场门大街99号
86210888
One of the larger malls in Hexi, the western portion of the city. It contains many brand name shops, a variety of restaurants, a yoga studio, and a movie theatre.

Grand Ocean Department Store 大洋百货
122 Zhongshan Nan Lu 中山南路122号
Frequent promotions and many good value food stalls the basement.

Orient Department Store 东方商城
2 Zhongshan Nan Lu 中山南路2号
Gucci, Celine and other designer brands are available.

Sports

Decathlon 迪卡侬
286 Ningli Lu, next to Metro
宁溪路286号 (麦德龙对面)
Sport Megastore, 9am-9pm

GIANT 捷安特
178 Zhongshan Bei Lu, opposite
of the fabric market 'Bu Bu Bu'
中山北路178号
83611227
Bike shop

Jinxianghe Rd 进香河路
The main street for outdoor stores for hiking, backpacks, equipment and apparel for outdoors.
Bikes & Equipment Stores on Jinxianghe Rd
SPECIALIZED 闪电专卖店
Mountain Heart 山地情怀车行

Electronics

Professional Photography Equipment Market
照相器材专业市场
3F, Binjiang Friendship Shopping Center, 301
Jiangdong Bei Lu
江东北路301号滨江友好商城三楼
Dongding Plaza, 699 Zhujiliang Lu
珠江路699号东鼎照相器材市场
Camera & photography equipment.

Mobile Shops on Danfeng Jie

丹凤街-手机

Indoor markets specialized in new and second-hand mobile phones and repairs.

Zhujiang Lu - IT Products

珠江路-IT产品

A multitude of stores selling everything you need for your computer, phone, camera and beyond.

Zhongyang Lu - Video Games

中央路-电子游戏

Any type of video game for all video game systems. Also do minor repairs.

Suning Electronics 苏宁电器

8 Shanxi Lu 山西路8号

Local firm that is now one of China's largest retailers for electrical household appliances.

Groceries

HomeGrocerChina

Yushuiwan Garden, Yudao Jie 169, Building 65, Rm503 御道街169号御水湾花园65室503室 84400397

www.homegrocerchina.com

Online shopping of premium imported products conveniently delivered to your door. Cash on delivery.

Metro 麦德龙

288 Ningli Lu 宁溪路288号

300 Jianning Lu 下关区建宁路300号

German hypermarket with a wide selection of foreign foods.

Suguo 苏果

Local convenience stores that can be found on virtually every block of the city. Some are 24hr.

BHG Market

B2 Floor, Aqua City, No.1 Jiankang Lu 健康路1号水游城地下2层

66985066 / 66985068

91 Matai Jie

马台街91号

68675666 / 68675699

Japanese supermarket with a large stock of imported goods plus fresh organic fruits and veg.

Carrefour 家乐福

235 Zhongshan Dong Lu

中山东路235号

The omnipresent French hypermarché with four stores in Nanjing and a fifth (Pukou) on the way.

RT Mart 金润发

Danfeng Jie 丹凤街

Chinese supermarket with decent foreign food section and three outlets in Nanjing

Auchan 欧尚

151 Hanzhongmen Dajie

汉中门大街151号

86580282

French hypermarket with three stores in Nanjing

YaoHan City Market 南京八佰伴

Phoenix International Bookmall, 1 Hunan Lu

湖南路1号凤凰国际

Foreign food supermarket.

Times Grocery 泰晤士

48 Yunnan Lu 云南路48号

Very popular foreign food store with wide selection of imported yet pricy food.

Organic Food 有机食品

Available in most above mentioned supermarkets and big Chinese food markets, but need to ask staff.

Aussino cellar 富隆, 酒窖

Room109, No.198,

Zhongshan Dong Lu.

隆酒窖 南京市中山东路198号109室

84679799

www.aussino.net

njaussino@126.com

Over 1000 selected world class wines; Supplying more than 8000 high-end & off-trade accounts.

Over 200 retail outlets nationwide.

A pioneer of wine culture in China.

SZY Wine Shop SZY葡萄酒商店

48 Wangfu Jie 王府街48号

84213022

steelmin@msn.com

Well stocked wine store in a central location. Wide variety of wines from many countries suiting many pockets.

Foreign Language Bookstores

Foreign Language Bookstore

外文书店

218 Zhongshan Dong Lu

中山东路218号

84650445

A selection of Foreign books and magazines.

Phoenix International Book Mall

凤凰国际书城

No1 Hunan Lu 湖南路1号

Five floors of books, magazines, gift shops, toys, musical instruments, CD's and DVD's

Librairie Avant Garde

3F, New City Plaza, 99 Caochangmen Da Jie 173

Guangzhou Lu

先锋书店, 新城市广场3楼

173 Guangzhou Lu

先锋书店, 广州路173号

Hunan Lu Xinhua Bookstore

47 Hunan Lu

湖南路新华书店 湖南路47号

Advertising Bookstore

193 Zhongyang Lu

广告书店 广州路193号

Services

Travel

Lufthansa German Airlines

德国汉莎航空公司

Reservation Service:

4008 868 868 (CH,EN)

LH Sales Office: Room 951, World Trade Center,

2 Hanzhong Road

汉中路2号金陵饭店世贸中心951室

Fax: 84722624

nanjing_lufthansa@dlh.de

Nanjing Lukou Int'l Check-in Service

Airport 417 Room.

Dragonair 香港港龙航空

84710181

Asiana Airlines 韩亚航空

86893141

Air Macau 澳门航空

86799127

DATANG Int'l (H.K.) Business Travel Service Management

大唐国际(香港)商旅服务有限公司

22E, Golden Wheel

Mansion, 108 Hanzhong Lu

汉中路108号金轮大厦22E

84720097

Ticket Booking: 400 886 1212 (FREE)

English service includes: flights, visas, hotels, and holiday packages.

Transportation

Nanjing Train Station

南京火车站

141 Longpan Lu, Xinzhuang

新庄龙蟠路141号

85822222 (enquiry)

85824224 (tickets)

www.njstation.com

Online train timetable and booking, but only in Chinese.

Nanjing Lukou

International Airport

南京禄口机场

Lukou Town,

Jiangning District

江宁区禄口镇

968890 52480499

Airport Shuttle Bus

机场大巴

6am-8.30pm

Leave every 30mins, 25RMB

1. Nanjing Railway

Station, next to Bus 17

南京火车站17路车站旁

2. Nanjing Zhonghua Men Station, 88 Jihecun Lu

南京中华门车站

集庆路88号

3. 221 Longpan Zhong Lu 龙蟠中路221号

Nanjing Coach

Terminals

南京长途汽车站

Coach timetable/ticket enquiry 96196

Nanjing East

Coach Terminal

南京长途汽车东站

17 Huayuan Lu 花园路17号 85477345

(enquiry) To SH, Suzhou

Nanjing Hanzhongmen Coach Terminal

南京汉中门客运站

Located half a block east of the intersection of

Hanzhong Lu (汉中路) and Huju Lu

(虎踞路)

86612288 (enquiry)

To Nantong.

Nanjing Zhonghuamen Coach Terminal

南京中华门车站

88 Jihecun Lu, 集庆路88号

52418504

To Gaochun, Anhui Prov.

Nanjing Zhongyangmen Coach Terminal

南京中央门总站

Next to Zhongyangmen overpass, one kilometer west of Nanjing Train Station.

中央门立交桥对面, 南京站西1公里处

Main coach station to SH, Suzhou, Wuxi.

Nanjing North-Central Coach Terminal

南京中北长途客运中心

100 Shengzhou Lu (Sanshanjie Metro Station)

南京升州路100号(地铁三山街站)

The Nanjing Metro

(subway)

Fares cost between RMB 2-4. Open 6.00am to 11pm. It covers the busiest areas in the city. See map for underground stations.

Taxi

Taxis cost 9 yuan for the first 3 kilometers and 2.4 yuan for every additional kilometer. Prices are cheaper for some taxi companies based outside Nanjing.

Main Local Bus Routes

Air-conditioned bus costs 2 RMB, otherwise 1 RMB.

Bus No. You 1 (游1线)

-Nanjing Station 南京车站

-Xuanwu Lake 玄武门

-Presidential Palace 总统府
-Purple Mountain 中山陵

Bus No. You 2 (游2线)

-Yuhua Tai 雨花台
-Zhonghua Gate 中华门
-Confucious Temple 夫子庙
-Presidential Palace 总统府
-Purple Mountain 中山陵

Bus No. 1 (1路)

-Nanjing Station 南京车站
-Xuanwu Lake 玄武门
-Gulou 鼓楼
-Zhujiang Lu 珠江路
-Xinjiekou 新街口
-Confucious Temple 夫子庙

Healthcare

Global Doctor 环球医生

East Mochou Lake Road,
next to Shuiximen Street
莫愁湖东路, 靠近水西门大街
86519991
Emergency Number: 13805174397
www.globaldoctor.com.au
Global Doctor is an Australian based medical
company that provides primary care, occupational
healthcare and emergency assistance. Another
clinic of choice for many foreigners living in Nan-
jing. Most staff are foreign. Located relatively
close to Xinjiekou.

Nanjing International SOS Clinic

南京国际(SOS)紧急救援诊所
1F, Grand Metropark Hotel Nanjing,
319 East Zhongshan Lu
中山东路319号维景国际酒店1楼
84802842 (by appt.)
Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Alarm
Center: 010 6462 9100
www.internationalsos.com
Western doctors and public pharmacy. Service
listed in English & Chinese Multilingual staff
(EN/CN/JP/DE)

New Public Pharmacy

Nanjing International SOS Clinic
English speaking staff. OTC medicine available.
Prescription medicine by doctor appointment.

Yifeng Super Drugstore 益丰大药房

159 Hanzhong Lu, west of JS hospital of TCM
汉中中路159号(省中医院往西30米)
86795111-825 8am-9pm
English speaking staff.

Nanjing Entrance and Exit Inspection and Quarantine Bureau

江苏出入境检验检疫局
1 Baxia Rd 白下路1号
52345328 / 84456805
Health checks for applications for working permit /
visa.

Gulou Hospital 鼓楼医院

321 Zhongshan Lu 中山路321号
83323101
The major hospital for trauma (24 hr)

Nanjing Children's Hospital 南京市儿童医院

72 Guangzhou Lu 广州路72号
83117500

Jiangsu Provincial Hospital of TCM

江苏省中医院
155 Hanzhong Lu 汉中中路155号
86617141
The major Chinese medicine hospital.

Jiangsu People's Hospital 江苏省人民医院

300 Guangzhou Lu 广州路300号
83718836
The major western medicine hospital.

Nanjing General Hospital of Nanjing Military Command 南京军区总医院

305 Zhongshan Dong Lu 中山东路305号
80860114

Nanjing Stomatology Hospital 南京市口腔医院

30 Zhongyang Lu 中央路30号
83620362

Nanjing Maternity and Child Healthcare Hospital 南京市妇幼保健院

123 Tianfei Xiang 天妃巷123号
84460777
The major hospital in Nanjing for pregnancy
checks, labour & delivery.

People's Hospital

300 Guangzhou Lu 广州路300号
83718836
The major western medicine hospital.

BEN-Q Hospital 明基医院

71 Hexi Avenue 河西大街71号
58858800
The hospital is located in the southwestern area of
the city, conveniently beside the subway. BENQ is
staffed by local specialists, with occasional visits
from Taiwanese doctors.

Dan-De Dental Clinic 丹德齿科

D6, 9th floor, HuaWei Mansion, No.107 ShiGu Lu
石鼓路107号华威大厦9楼D6
84217177
Centrally located dental clinic with western stan-
dards. Services on offer include repairs, cleaning,
orthodontics, oral cosmetics and oral surgery.

Huanuo 华诺齿科

35 Taiping Street 太平巷35号
8445 8115
139 Hanzhong Road, Room 807 Wuxing Nianhua
Building 五星年华商务层807室
86980180
2 Ruijin Road, 2 Dayang Gouyu Way Jiayuan
瑞金路太阳沟御道家园2号门面
84481193
Dr. Gao Feng's Mobile – 13951643759
Offering a variety of services, including cleaning,
repair, and braces. English service is also
available.

KB+ Dental Hospital

31 Fujian Lu (HuaFu Mansion)
83433333 / 4001108899
www.kangbeijia.com
Jiangsu's first digital dental hospital using the best
in western methods. Treatments include dental
cosmetics, implants, tooth whitening, correction-
straightening, protection, treatment.

Nanjing Union Dental Clinic 南京友联齿科

1F, Grand Metropark Hotel Nanjing,
319 Zhongshan Dong Lu 中山东路319号
维景国际酒店一层
84818891 / 84808888-6555
dentist@uniondental.cn
Western standard dental care with English
language.

Legal

Jeffrey Wang

249 Shuiximen Jie, Qianfengcaicui Mansion
23Floor 水西门大街249号千峰彩翠大厦23楼
13605182614
www.fengyalaw.com
wang@fengyalaw.com
Business lawyer with more than 10 years legal
practice in Nanjing plus fluent English communi-
cation skills as well as abundant knowledge in both
legal and business area. Legal service regarding
Corporation Law, Contract Law and other related
legal areas. Contract Law, Corporation Law, IP
Law, International Trade Law, Franchise Law.

Dacheng Law Offices

4/F, No.72 Beijingxi Lu
4 /楼北京西路72号中华人民共和国
83755108
nanjing.dachengnet.com
Hongliang.Hu@dachengnet.com
Ranked No.1 in Asia by size, with branches in 26
countries and all over China. Nanjing branch is
ranked No.1 in Jiangsu Province (EN/CH/ES/JP/
KO).

Picozzi & Morigi Law Firm

意大利高基莫里吉律师事务所
11F, Tian Cheng Mansion, 199 Guangzhou Lu
广州路199号天诚大厦11层
86556731
c.dandrea@picozzimorigi.it
www.picozzimorigi.cn
www.picozzimorigi.com
Italian Law firm operating in China since 1991
with its main offices in Rome. Additional office in
Shanghai (EN/CH/IT/ES/FR).

JC Master Law Firm

15F, Daxinggong Mansion, 147 Zhongshan Dong Lu
中山东路147号大行宫大厦15楼
84503333
Jessicaliu@jcmaster.com
www.jcmaster.com
JC Master is a local law firm known for its foreign
investment related legal services

G&D Law Firm

16F, PICC Mansion, 69 Changjiang Lu
长江路69号南京保险大厦16楼
84731776
ma_xiaoyun6@hotmail.com
www.gdlaw.org

Banking

Bank of China, Jiangsu Branch

中国银行江苏分行
148 Zhongshan Nan Lu 中山南路148号
84207888

China CITIC Bank Nanjing Branch

中信银行南京分行
Citic Mansion, 348 Zhongshan Lu
中山路348号中信大厦
83799386

Standard Chartered 渣打银行

88 Gulou Jie 鼓楼街88号
83763999
75 Zhongshan Lu 中山路75号
83505656
99 Cao Changmen Da Jie
草场门大街99号
86212888

China Merchants Bank 招商银行

1 Hanzhong Lu 汉中路1号
84797269

Pets

Nanjing Veterinary Station

南京畜牧兽医站宠物总医院
448 Longpan Zhong Lu
龙蟠中路448号
84484781
The major center for pet illness treatment and
vaccination.

Ai-Bi Pet 艾贝尔宠物医院

258-27 Zhongyang Lu
中央路258-27号
83112202

Tom Dog Pet Center

汤姆狗宠物中心
1 Shanghai Lu 上海路1号
86662858
Pet stayover and dog walking service, retail outlet
and English speaking staff.



A Sprout Of Hope Grows In Nanjing

Wokai is an online microfinance giving platform that helps provide small loans to entrepreneurs in rural China. The name Wokai ("I start") refers to the opportunity that our organization provides for Chinese micro-entrepreneurs to start small businesses, initiate change in their own lives, and lift themselves out of poverty. Wokai has offices in both Oakland, California and Beijing, along with chapters in Hong Kong, Beijing, Shanghai, San Francisco, Seattle, and New York.

Now there is a junior Wokai chapter in Nanjing! Following the success of other chapters, raising both awareness of and funds for microfinance throughout China, Nanjing is looking for people to get involved. In the coming months our nascent chapter will be building a team of volunteers and organizing events.

Volunteering with Wokai is an excellent opportunity to learn more about microfinance, engage the community, and make a sustainable, meaningful impact on the lives of others. Whether you are a local Nanjing resident, study abroad student, or working professional, you are invited to be a part of this exciting organization.

我开
wokai



Find our group page online at www.nanjingexpat.com
For info about volunteering contact us by email:
nanjing@wokai.org

www.wokai.org

Property Services

Sunhome Real Estate 中涛房产

Rm 616, Hongyun Mansion,
185 Hanzhong Lu
汉中路185号鸿运大厦616
51860590 / 51860592
Frank Pan: 18913951471
sunhome@shre.com.cn
Relocation solutions, orientation programs, home
search, settling-in programs, vehicle leasing,
basic living essentials.

Crown Relocations 嘉柏 (中国) **国际货运代理有限公司**

Rm1908, Block B, New Century Plaza,
1 Taiping Bei Lu
太平北路1号新世纪广场B栋1908室
84541017

Joanna Real Estate 嘉园置地

Rm120G Bldg B, 300 Zhongshan Dong Lu
中山东路300号B栋120G室
86952929-211
13770619060
English service for renting apartment / house
in Nanjing.

515j Real Estate 我爱我家房产

189 Guangzhou Lu 广州路189号
83698369
www.515j.com
Nanjing's largest letting agency. Many more
offices all over the city.

CMR Corporate Property & Relocation

Services 南京浩麦房地产咨询
12C1 Jinlun Mansion, 108 Hanzhong Lu
汉中路108号金轮大厦12C1座
84701658
www.cmrchina.com
Complete relocation service to multinational
companies and their employees, with additional
services including assistance with visa, drivers
license, import/export of pets and ayi sourcing.
Other offices in Shanghai, Luizhou and Chang-
hun.

Media Production

SinoConnexion

南京贺福文化传媒有限公司
Frank Hossack: 13851522275
info@sinoconnexion.com
www.sinoconnexion.com
International award winning professional foreign
owned video and media production company that
offers advertising agency services plus inter-
national standard print and digital publications,
broadcast media, internet advertising, social me-
dia promotion; plus production of audio materials
and a range of design services.

VOZ Design

11F, Phoenix International Building,
389 Zhongyang Lu
中央路389号凤凰国际大厦11楼
Ronald Paredes 泉源:
1595057174
vozdesign.com@gmail.com
http://tiny.cc/vozdesign
Professional marketing oriented graphic design and
brand development. No copies, no templates,
only creativity and lots of brain juice. Mediocracy
is a disease we fight everyday.

Alexandre Detry

www.alexandredetry.com
A French photographer based in Nanjing with
eight years of experience in press and advertising
in Paris.

Rhino Solutions Corporation

11F, Phoenix International Building,

389 Zhongyang Lu

中央路389号凤凰国际大厦11楼
68900358
A full-service digital agency fueled with creative
ideas, technology and strategy.
With offices in Shanghai, Beijing and Vancouver.
Offers application software development, digital
marketing and public relations, web analytics,
creative/web development, search engine optimi-
zation.

Phrephotos Photography

13770999175
www.phrephotos.com
Photographic services offered. Product shots, por-
traiture and more.

Faith Houses

Nanjing International Christian Fellowship

69 Changjiang Lu,
PICC Insurance Hotel
长江路69号南京保险大厦
Sundays 9:30am to 11:30am
13057627945
Foreign passport holders only. English service.
Translation available in Chinese and French.

KuanEumHui Korean Buddhist Club

观音会南京韩人佛教会
1703, Bldg 2, Fuli Shanzhuang
富丽山庄3栋1703室
13222018582
Service: 11:00am

Shigulu Catholic Church 石鼓路天主教堂

112 Shigu Lu 石鼓路112号
84706863
Korean service: Sat 4.30pm
English/Chinese Service: Sun 4.30pm

The Church of Jesus Christ of Latter Day Saints

Jingli Hotel, 7 Beijing Xi Lu
北京西路7号晶丽酒店
Mormon service, Sun at 10am
Foreign passport holders only.

Miscellaneous

Avis Car Rental 汽车租赁

78 Kazimen Da Jie
卡子门大街78号
83210799 4008821119

CommTrans Translation

English-Chinese / Chinese-English translation
services with native speakers on hand.
13851624127
tienhuang@gmail.com

Interpreter & Translation Service

Professional interpreter with extensive Sino-foreign
business background
13002512862
nanjing.interpreter@gmail.com

Satellite TV Installation Service

13770323459
nanjingstv@gmail.com

Bottled Water Delivery Service

By Coca-Cola Nanjing
4008282288 (Free)
Mineral water, pure water, water machine cleaning.

Lustre Cobbler 莱斯特皮鞋修饰

Golden Eagle Shopping Center, 89 Hanzhong Lu
汉中路89号金鹰国际
Central Department Store, 79 Zhongshan Nan Lu
中山南路79号中央商场
Shoe repair.

Fornet Dry Cleaning 福奈特

63-5 Wangfu Dajie 王府大街63-5号

84213216

Dry cleaning service. Many branches in Nanjing.

Hong Bang Tailor 红邦裁缝

18 Nanxiu Cun, Shanghai Lu 上海路南秀村18号

Dong Feng Tailor

13851847204

You Wen Tailor 1

3851760748
Provides quality tailoring service.

Public Security Bureau

公安局出入境管理
1 Honggong Ci, Sanyuan Xiang 三元巷洪公祠1号
84420004 / 84420114
Visa, residence permit.

Nanjing Event Tickets Office 南京票务网

Rm 816 Muma Apartment,
1 Weixiang (on Danfeng Jie)
丹凤街卫巷1号木马公寓816室
84533308 / 83651880
www.zypiao.com
Tickets for on-going events in Nanjing.

Leisure & Sports

Massage & Spa

Pathways Spa & Lifestyle Club

13th Floor, TianAn International Building,
98 Zhongshan Nan Lu 中山南路98号13楼
84701266
Lifestyle club consisting of a dedicated spa area
with private treatment rooms, Thai Massage room
and Foot Massage room. Other club facilities
include yoga and meditation rooms, sky garden
lounge and private function rooms.

Congen Massage Healthcare Club

康骏会馆联系我们
1-2F, 81 Huaqiao road 华侨路81号1-2楼
82232513 / 8663 2513
Hunan Lu, Shiziqiao
83242326
www.shkangjun.cn
Foot massage, general body massage:
80yuan/60min. 10% discount.

Flow SPA 川·天地

46 Xijia Datang, Ming Cheng Hui (200m north of
Xuanwu Lake's Jiefang Gate)
明城汇西家大塘46号
57718777
Hours: 10.30am-10.00pm
Sino-German joint venture.
12 luxurious single and twin private suites for men
& women.

Regalia Resort & Spa (Qinhuai River, Nanjing)

御庭精品酒店 (南京秦淮河)
E5, 388 Yingtian Street, Qinhuai District (Chen-
guang 1865 Technology Park)
应天大街388号 (晨光1865科技创意产业园) 第E5幢
51885688
www.regalia.com.cn
reservations-qhr@regalia.com.cn

One of the most luxurious Spa resorts in Nanjing,
conveniently located just outside the City Wall. A
Thai style Spa offering a holistic approach to reju-
venation and relaxation. Its five spa villas by the
river exude serenity, peace and solitude.

Shoujia Medical & Health Center 手佳按摩

136 Changjiang Lu 长江路136号
84702129
Provides various types of massage with blind mas-
seurs.

Facial-Spring 春之源美容中心

28-1 Dashiqiao, Danfeng Jie 丹凤街大石桥28-1号
83604422
Various packages available including face, neck
and shoulder massage.

Beauty

Essentials Evolution

Toni & Guy 彩秀汤尼英盖南京店

6F, Dongfang Mall,
2 Zhongshan Nan Lu
中山南路2号东方商城6楼
84715767

Professional English speaking staff who understand foreign hair styling needs. Haircut: starting at 120 RMB.
Hair-dye: starting at 480 RMB
Perming: starting at 380 RMB

Beauty Baby

31F, Golden Wheel Shopping Mall
A range of beauty treatments. Hair removal including waxing available.

VS Philosophy Hair Salon

沙宣理念美发

6F, Deji Plaza 德基广场6楼
84763486

Fashion Lady, various stalls

新街口莱迪时尚广场

Xinjiekou Pyramid
Get simple manicures.

Nail Bar 指爱你美甲

44 Wangfu Dajie
王府大街44号 84209596

Sweet Love in Nails 指间密语

89 Shanghai Lu
上海路89号

Gyms & Sports

Wutaishan Stadium 五台山体育馆

1-6 Wutaishan, Gulou鼓楼区五台山1-6号
86614156

All kinds of sports facilities available, including tennis court, swimming pool, ping-pong table, badminton court and many more.

Wutaishan Bowling 五台山保龄球

1-6 Wutaishan (next to Wutaishan Stadium)
五台山1-6号
Newly refurbished.

Nairobi Interntional Fitness Club

耐力国际健身俱乐部

2 Batiao Xiang, Hongwu Lu
洪武路八条巷2号
84697088

119 Chengkai Garden, Shimenkan
石门坎119号城开家园
57927088

3F, Golden Beach, 1001 Jinbo Lu, Jiangning
江宁金箔路1001号黄金海岸广场3楼
52187088

7F/8F Zhonghuan International Square,
105 Zhongshan Bei Lu
中山北路105号中环国际广场7-8楼
86977088
Zhonghuan branch has a swimming pool and yoga facilities. Wifi, and English speaking staff.

Olympic Century Star Ice Skating Club

奥体世纪星滑冰俱乐部

222 Jiangdong Zhong Lu (Inside Olympic Center)
江东中路222号奥体中心内
86690466

Nanjing North Star Ice Skating Club

Qinhua Sports Center,
No. 162, Pingjiangfu Lu
52200031

Sun Palace 太阳宫广场

Longpan Lu on south-east bank of Xuanwu Lake
太平门 (阳光路3号)
85400888
Indoor swimming park featuring water slides,

a wave pool and an artificial beach.

Ninth City Billiards 9城花式撞球

1912 District, 52 Taiping Bei Lu
太平北路52号1912街区
84504303
1pm till late. RMB15/hr in the afternoon.

Klein Billiards 克莱恩台球

135 Hongwu Lu 洪武路135号
84568088
9am till late.

Huanyu Paragliding 环宇星辰航空俱乐部

13305183396
An new experience in the sky.

Zhongshan Shooting Club 中山射击俱乐部

147 Zhongshan Dong Lu 中山东路147号
84615141
Gun shooting.

Changqing Taekwondo 长青跆拳道馆

33 Shigu Lu 石鼓路33号
51167738

Karate Eifuukaikan 空手道影风道场

96 Yushi Jie 鱼市街96号
52989189
RMB30/90mins For kids & adults Taichi
6.00am everyday on Shanxi Lu square next to KFC
8.am everyday next to Wutaishan Stadium

Pisarev Ballet 比萨列夫芭蕾舞学校

5 Guangzhou Lu 广州路5号
86975095

Xiao Dong Latin 晓东拉丁舞

42 Shigu Lu 石鼓路42号
83908713

Golf

Xuanwu Golf Club 玄武高尔夫俱乐部

Inside Xuanwu Lake 玄武湖公园内
Driving range, strike balls onto the lake.

Zhongshan Golf Club 钟山高尔夫俱乐部

7 Huanling Lu, Wutaishan Stadium 环陵路7号
84606666

Gingko Lake Golf Club 银杏湖高尔夫俱乐部

1 Guli Yinxing Hu 江宁区谷里银杏湖1号
86139988

Nanjing Harvard Golf Club

南京哈佛高尔夫俱乐部

176 Zhenzhu Jie, Pukou District
南京市浦口区珍珠街176号
58853333

Art & Culture

Drug Art Museum

12 Ding Hui-Men Street, 22 Building
定淮门12号(世界之窗软件园) 22号房
83752646

Nanjing Art and Cultural Center

南京文化艺术中心

101 Changjiang Lu 长江路101号
84797920
Regular large-scale shows by professional Chinese and overseas performers.

Jiangnan 631 Niuda Theatre

江南631牛达剧场

5 Yanling Xiang 延龄巷5号
84419786
Weekend Chinese modern small theater shows.

Nanjing Art Academy Concert Hall

南京艺术学院音乐厅

15 Huju Lu 虎踞北路15号
Irregular performances by Chinese and overseas

students and faculty.

Jiangsu Kunqu Theater 兰苑剧场

4 Chantian Gong 朝天宫4号
84469284
Live performance of Kunqu opera (similar to Peking Opera).

Cinema

Call cinema for English language availability.

Xinjiekou International Cinema in Deji Plaza

德基广场新街口国际影城

18 Zhongshan Lu
中山路18号德基广场7楼
84797700

Nanjing Shangying International Cinema

南京上影国际影城

98 Caochangmen Da Jie
草场门大街98号
86223345

Aqua City Hengdian Cinema City

水游城横店影视电影城

4F, Aqua City, 1 Jiankang Lu 建康路1号水游城4楼
82233700

Food & Drinks

Chinese Cuisine

Beijing Duck Restaurant 北京烤鸭店

77 Shanghai Lu 上海路77号
86637779
11am-2pm, 5pm-9pm
A foreign favourite for years.

A Taste of Yunnan Flavour 云南味道

5 Changjiang Hou Jie (near 1912)
长江后街5号小6楼
84513069
Mushrooms, chicken soup, rice wine & more.

Gold & Silver 金银餐厅

Jinyin Jie (off Shanghai Lu) 上海路金银街
52269790
English menu.

Fangmanting 芳满庭海派餐厅

A7, 1912, 288 Changjiang Lu
长江路288号A区7号楼
84521868
Traditional Shanghai cuisine.

Jacky's Place 琪记香港餐厅

300 Hankou Xi Lu 汉口西路300号
83737340
Cantonese home style food.

Bellagio 鹿港小镇

1-A1, 1912 District,
52 Taiping Bei Lu
太平北路52号1912商业区1-A1
84522281
English menu & Taiwanese flavour.

Dongbei Ren Jia 东北人家

34-1 Shizi Qiao, Hunan Lu
湖南路狮子桥34-1号
83359998
Food from Northeast China.

South Beauty 俏江南

72 Taiping Bei Lu, 1912 District
太平北路72号1912街区
84511777
Stylish Sichuan restaurant.

Nihero Cantonese Cuisine

湘典粤鸡和酒楼

18 Hunan Lu 湖南路18号
57923588
Cantonese fusion food

Gorgeous Meal 香江美

96 Wangfu Da jie
王府大街96号(三茅巷内)
84207766
Dim sum, soup & more.

Ziqi Hotpot 滋奇火锅

224-1 Zhongyang Lu
中央路224-1号
83377100
The Chinese version of fondue, with boiling stock (spicy or not) where you cook your choice of meat and vegetables. One pot per table.

Daniang Dumplings 大娘水饺

B1, 3 Zhongshan Nan Lu
中山南路3号南京新百B1楼
84723578
Many branches in Nanjing. Features all kinds of Chinese dumplings (shuijiao).

Yayan Hotpot 雅宴涮涮锅

18-2 Wangfu Da jie
王府大街18-2号
84205355
Taiwanese style hotpot. Different from traditional Chinese hotpot with one pot each person.

Yunzhong Xiaoya Restaurant

云中雅餐厅
54F, Shangmao Plaza, 49 Zhongshan Nan Lu
中山南路49号
商茂世纪广场54楼
86893333
Romantic rotating restaurant with a view of the city centre.

Songji Spicy Crab 宋记香辣蟹

5F, 145 Zhongshan Dong Lu
中山东路145号5楼
84653677
Specialty spicy crab dish.

Nanjing Dapai Dang

南京大排档
2 Shizi Qiao, Hunan Road
狮子桥2号, 湖南路
8330 5777
96 Caochangmen Avenue
草场门大街96号
8621 8777
7F, Deji Plaza 德基广场7楼
8472 2777
A fine Chinese restaurant serving up a variety of specialties including traditional Jiangsu cuisine such as Lion's Head (meatballs), honeyed lotus roots, shrimp tofu, and roast duck soup dumplings.

A One Kitchen

南京精菜馆
7 Beijing Xi Lu, Jingli Hotel
北京西路7号, 晶丽酒店里
83310818
288 Baixia Road 白下路288号
84570888
7F, Deji Plaza 德基广场7楼
84573333
A famous Chinese gourmet restaurant in Nanjing specializing in "Huai Yang" food. A variety of dishes are served that incorporate seafood and other specialties of central Jiangsu province. Prices can get quite high and private rooms are available.

Lion King Palace Restaurant

狮王府大酒楼
2 Shizi Qiao, Hunan Lu
狮子桥2号, 湖南路
83306777

One of the largest and easiest to find places in Shizi Qiao, serving Huai Yang food. This restaurant features waiters in tuxedos and regular performances. Widely considered one of the best restaurants in Nanjing.

Jin's Cafe

金海湾咖啡屋
1F, Jinling Hotel,
2 Hanzhong Lu
汉中路2号, 金陵饭店1楼
84711888
One of the best known buffets in Nanjing, stocked with a wide variety of both Western and Chinese cuisine, as well as many desserts. Jin's is located within the famous Jinling Hotel.

Asian Cuisine

Droje Pema Tibetan Food Bar

East Jiahu Road, near Bajia Lake in Jiangning
佳湖东路,
靠近江宁区的百家湖
52106550
The only known Tibetan restaurant in Nanjing. Its location is far outside the city center but anyone getting off the Metro at Baijia Lake Station can easily find it. Cuisine ranges from curried fried rice to roast yak. Fresh yoghurt is made on site.

Keziguli Muslim Restaurant 克兹古丽餐厅

53 Wangfu Da jie
王府大街53号
85981468
A delicious change from the standard Chinese cuisine: spicy noodles, potatoes, chicken and lamb dishes. Xinjiang performance.

Istanbul Turkish Cafe

食正坊咖啡店
209 Shanghai Lu
上海路209号
83309030
Istanbul offers a range of Turkish food, with highlights including Turkish 'pizza', kebabs, wraps, freshly made yoghurt, and some desserts. All food is halal. Hookahs are available for smoking during or after a meal.

Golden Harvest Thai Opera Cafe

金禾泰大餐厅
2 Shizi Qiao, Hunan Lu
湖南路 狮子桥2号
83241823
Golden Harvest is one of the only Thai restaurants in this area of the city. The cuisine is called authentic Thai, and prices tend to be quite high, with set meals for four costing between 400 and 1,000 RMB.

Indian Cuisine

Taj Mahal

泰姬玛哈印度料理
117 Fengfu Lu, Xinjiekou
新街口丰富路117号
84201178
189 Shanghai Lu 上海路189号
83350491
Indian restaurant in Nanjing that has been very popular with the foreign community for many years.

Himalaya-Nepalese & Indian Restaurant

喜马拉雅尼泊尔印度餐厅
193 Shigu Lu
(Sunglow Bay
near the Sheraton)
石鼓路193号
8666 1828
Himalaya is a very popular restaurant serving a variety of Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves. English menu, English speaking staff, free delivery within 1 kilometer. Wifi available.

Kohinoor Restaurant

科伊诺尔餐厅
45 Zhangshan Bei Lu
中山北路45号
83122522

Punjabi Restaurant

本杰比印度餐厅
2 Shizi Qiao, Hunan Lu
湖南路狮子桥 2号
83245421
A well-established Indian restaurant in Nanjing offering traditional Kadhais, Murghs, Masalas and Vindaloos in addition to more familiar Chinese dishes. English menu, English speaking staff, and free delivery within 3 kilometers.

Japanese Cuisine

Ooedo Japanese Restaurant

大江户日本料理
199 Hongwu Lu
(one block south from Walmart)
洪武路199号
(户部街长发银座侧面)
84563378
Open: 11.00-14.00; 17.00-22.00
Eat as much as you can: RMB128 (unlimited soft drinks); RMB158 with unlimited sake. Seafood, roasts, beef, goose liver, hotpot and more (over 150 choices).
Wifi & English menu

Tairyo Teppenyaki 大渔铁板

57 Zhongshan Road
中山路57号
8472 9518
66 North Taiping Road
(in 1912)
太平北路66号, 在1912里
8445 8310
Tairyo Teppenyaki is famous throughout the Nanjing expat community for its special offer: 150 RMB for all you can eat and all you can drink. This includes sushi, sashimi, sake, beer, and everything on the menu. Much of the food is cooked right in front of you.

Shuizihui 水之惠

18-2 Wangfu Dajie 王府大街18-2号
84217517

Tairyo 大渔

Shiziqiao, Hunan Lu 湖南路狮子桥
83204001

Nagoya 那古野

4F Grand Hotel, 208 Guangzhou Lu
广州路208号古南都饭店4楼
83311999

Korean Cuisine

Fudefang 福德坊

6 Taogu Xin Cun, Hankou Lu
汉口路陶谷新村6号
83312091

Ke Jia Fu 可家福

137 Ninghai Lu 宁海路137号
83314283

Vegetarian

The Green Field – Vegetarian Restaurant

1F Zhengyang Building, 56 Yudao Street
御道街56号正阳大厦一楼
6661 9222
A wide selection of food including sushi, disguised tofu, Italian gelato, and of course, plenty of fresh vegetables. Specialized drinks and teas are also available.

Pure Lotus 静心莲

1 Section C, Shuimuqinhuai,
99 Shitoucheng Lu 石头城路99号水木秦淮C区1号
83752306

Shi Li He Feng 十里荷风

2-12 Huju Nan Lu 虎踞南路2-12号
86501212

Wushang Vegetarian Diet 无上素食

1F Zhengyang Mansion, 56 Yudao Jie
御道街56号正阳大厦1楼
84681283
Vegetarian buffet.

LvLiuJv (Living by Green Willow) 绿柳居素食馆

248 Taiping Nan Lu 太平南路248号
84527177

Ma Xiang Xing 马祥兴菜馆

32 Yunnan Bei Lu 云南北路32号
83286388

Western Bars & Restaurants

Studio 21

Grill Restaurant & Party Lounge

193 Shigu Road
(behind the Sheraton)
石鼓路193号(石鼓湾美食休闲街区)
86795269
Alessandro 1307252512
Originally from Holland, Studio 21 offers a combination of grilled meat & seafood specialties, genuine European flavors and its renowned home made desserts, all in an elegant and relaxing atmosphere with Live Music at weekends. Studio 21's Party Lounge (1st Fl.) has hosted memorable events for Nanjing's expat Community. Student & Teacher Check-Out Menu Special at 48RMB.

Nail Jazz Bar 钉子吧

10 Luolang Street,
(200 meters south
of the Sheraton Hotel)
罗廊巷10号,
立金斯利酒店200米
8653 2244
One of the more relaxed bars in Nanjing that offers a wide variety of imported beers. The bar has a cozy upstairs and a more open downstairs, complete with stage and foosball table. Opening hours: 6:30 pm – 2 am.

Blue Marlin

蓝枪鱼音乐餐厅

54 Taiping Bei Lu, 1912
太平北路54号,
在1912—条酒吧街
Middle Liyuan Road, Jiangning (near Baijia Lake)
江宁區,
利源中路(百家湖附近)
An older establishment in Nanjing and still a popular expat hangout. It doubles as a restaurant which serves German and European food and a bar. A Fillipino band provides entertainment nightly, and happy hour is from 4:00 to 7:00 pm daily.

Bebbis

2 Zhongshan Nan Lu, Orient Department Store
1st floor
中山南路2号东方商城1楼
84730121
Fondue Restaurant.

Danny's Irish Pub

‘丹尼’爱尔兰酒吧
4F, Sheraton Nanjing, 169 Hangzhong Rd. 汉中
169号金斯利酒店4楼
8666 8888 7775
Located on the 4th floor of a Sheraton hotel. The

hotel serves a variety of beers and liquors, offers a good place to sit and chat, and features live performances. Open from 6 pm.

Finnegans Wake

Irish Bar

芬尼根爱尔兰酒吧餐厅

6 Cinnalane, at the corner of Shenzhou Road and South Zhongshan Road
熙南里6号, 靠近神州路和中山南路的路口
52207362
An authentic Irish bar in Nanjing, located off the road within Cinna Lane. It features an extremely wide selection of whiskies, good range of food, and regular music performances.

Secco Restaurant and Bar 喜客西餐厅

3 Kunlun Road (South of Xuanwu Park's main gate)
昆仑路3号, 在玄武湖公园正门的南边
83370679
Secco is a German restaurant and bar, located in a side street very close to Xuanwu Lake and directly beside the city wall. Another major expat draw, Secco features barbeque, buffet, outdoor dining, strong mixed drinks, with good deals and specials. Secco is a good place to start a night out.

Talking 对话西餐厅

Ninghai Lu, 9 Pei De Li,
Room 101
宁海路培德里9号楼101室
83200844
21 Jinyin Street
金银街21号
Talking is a restaurant and pub, serving a surprisingly large variety of beers and liquors, as well as a good selection of food. Open 11:00 am until late, tending to fill up at night time.

Talking 2 - 3

Jinyin Jie No. 20
(near Shanghai Lu), across from the foreign students dormitory in Nanjing University
金银街20号, 南大西苑对面
83323969
Located 5 minutes away from the original Talking. Features a cosy wood-paneled interior, small counter bar at the front, dining tables in the back, a small patio out front, eclectic selection of music, wi-fi, cheap beers and decent food at reasonable prices. An ideal place for a bite and few drinks with friends.

Don Quixote

堂吉珂德餐厅与酒吧

39 Chengxian Street,
off Zhujiang Lu
珠江路成贤街39号
83359517
This pub doubles as a Spanish restaurant offering a variety of cuisines. However, after the kitchen closes, a live band comes on upstairs. Downstairs, there is a large screen plasma TV and videogames. Open 11:00 until late.

Sancho Panza

173 Guangzhou Lu,
Wutaishan Stadium North gate
(take the stairs to the right)
广州路173号,
五台山体育场北大门内
(无为高尔夫球场西侧台阶上)
A 2-floor bar featuring live music, pool, food and quality eats plus a fully-stocked bar.

Bluesky Expat Bar & Grill

77 Shanghai Lu
上海路77号
86639197
Bluesky is one of the original expat bars to open in Nanjing, and serves a wide range of Western food

such as burgers, pizzas, and Aussie meat pies. There is also a wide range of beers, including several Australian brands. Like any good pub, there is a pool table and darts.

Ciao Italia 你好意大利

193-2 Shigu Lu (outside Sunglow Bay near the Sheraton) 石鼓路193-2号
86608807
Ciao Italia's master chef Giuseppe serves over 140 authentic Italian specialties, including 30 varieties of pizza that are widely considered some of Nanjing's best. Free delivery is available.

Ellens Bar

132-3 Guangzhou Lu
(few meters away from the corner of Shanghai Lu)
广州路132-3号
Laid back and relaxed atmosphere have quickly made this a new favourite, especially amongst the student crowd. Fantastic range of food & drinks at great value prices.

Swede and Kraut 云中西餐厅

12 Nanxiu Cun 南秀村12号
86638798
This bar and restaurant near Nanjing University features an impressive beer list, including German and Belgian labels, alongside a menu of traditional European foods and desserts. Take out and special holiday dinners are available.

Joy Haven 珈亦·湾

3 Kunlun Road, 2-1 Ming Cheng Hui
(next to Xuanwu Gate)
玄武区昆仑路3号明城汇2-1号
83357777
Joy Haven is a Western restaurant located right next to Xuanwu Gate, best known for its steak and fantastic atmosphere. The cost is not too high; usually under 100 RMB per person.

La Table de Mr. Eiffel

巴黎盛宴

83 Guangzhou Lu, near Qingliangshan Park
广州路83号, 靠近清凉山公园
83711900
Offers authentic French cuisine and carries an extensive list of French wines by the glass. It is located in an old Chinese garden house with an entrance on Qingliang Shan Park. There is also an outside terrace.

Soul Mate 索味法式休闲餐厅

15-1 Nanxiu Cun,
off Hankou Road
南秀村15-1, 靠近汉口路
83328418
A French restaurant and bar located in an old house very close to Nanjing University. They serve a variety of cuisine and drinks, including French style pizzas, omelettes, mixed drinks, wines, and beers. Open from 11:30 am to 10 pm.

Les 5 Sens 乐尚西餐厅

52-1 Hankou Lu
汉口路52-1, 靠近南京大学
83595859
3 Lan Jia Zhuang 兰家庄3号
83617859
A surprisingly inexpensive French restaurant. A set menu is available for 78 RMB, and many other dishes cost less than 50 RMB each. Options include goose liver, fillet of lamb, duck breast with apple, and tiramisu. Open 11:30 am to 10 pm, with take away service.

My Place 我的家

(高档红酒吧及餐厅)
37-11 Gaoyun Ling
高云岭37-11
83601289
My Place is a high class bar and restaurant that

occupies an enchanting house amid the alleyways behind Hunan Road. Served is a wide variety of top shelf foreign liquor and wines plus a fusion of Singaporean and international cuisine. Open from 6:00 pm onwards.

Jimmy's

193 Shigu Road
(inside Sunglow Bay
near the Sheraton)
石 鼓路193号
86792599
www.jimmysnj.com

A popular American-owned sports bar and restaurant. It offers satellite sports coverage, a full bar with draught beer and a large variety of whisky, plus simple American food such as hamburgers, hot dogs, subs, tacos, and most famously, pizza. Free delivery within 3 kilometers.

Another Jimmy's

209 Shanghai Lu
(across from Skyways)
上海路209号
83318085
www.jimmysnj.com
11am until 12pm

61 House 陆拾壹号餐厅

61 Hankou Xi Lu 汉口路61号
13851434386

A relatively new addition to the nightlife scene in Nanjing that has quickly become a stop on the live music circuit in China for international unsigned bands.

Meeting Point

81 Shanghai Lu
58002915
English enquiries: 18951692356
www.meetingpoint.com
Quality Italian favourites in a pleasant 'eat & meet' type setting.

Lucky Star Steak House & Bar

乐宜达牛排咖啡厅
C-203 2F, Golden Wheel
In-Citi, 8 Hanzhong Road
汉中路8号, 在 金轮新天地2楼C-203室
84715481

Located within the Golden Wheel In-Citi featuring steak, mussels, shrimp, and other seafood. Open 10:00 am to 10:00 pm from Sunday thru Thursday, 10:00 am to 10:30 pm on Friday and Saturday.

Behind the Wall 答案墨西哥餐厅

150 Shanghai Road (in Nanxiu Cun)
上海路150号, 在南秀村
83915630

One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, and in the warmer months on perhaps the finest terrace in the city. Live musical performances go well with strong sangria and beer.

Cosima 可西玛

120 Shanghai Road (a few metres south of Hankou Lu)
上海路120号
83337576
www.cosimafusion.com

Famous for being the smallest restaurant in the city. There are only three tables and barely enough seating for six. Aside from pizzas, a variety of Spanish food, including pincho appetizers, are also served.

Paulaner Brauhaus 宝莱纳啤酒花园

123 Guangzhou Road
广州路123号
83117188

A German chain restaurant and bar located on the side of Wutaishan Stadium's hill. The decor, beer,

and food are entirely German. A band performs nightly, and there is also a beer garden open overlooking Guangzhou Road.

Vanilla Sky 香草天空

4-4 Taogu Xincun,
off Shanghai Road
上海路陶谷新村4-4号
83202884

10 Beiji Xicun, just north of Gulou Square
北极西村10号, 鼓楼广场北边
57711778
Vanilla Sky serves up a variety of Western foods, including pizzas, pastas, steaks and salads. Prices are reasonable, and a cozy atmosphere keeps many customers coming back.

Taberna Crestatx 格纳斯酒吧餐厅

388 Yingtian Avenue, in 1865 Creative Park,
Building E6
应天大街388号,
1865科技·创意产业园
51885657

The only fully authentic Spanish restaurant in Nanjing that also offers arguably Nanjing's best private cigar bar with Habanos directly imported from Cuba. Dance shows, Spanish and international music all add to the experience.

Regalia Resort & Spa (Qinhuai River, Nanjing)

御庭精品酒店 (南京秦淮河)
E5, No 388, Yingtian Street (Chenguang 1865
Technology Park) 应天大街388号 (晨光1865科技
创意产业园) 第E5幢
51885688
www.regalia.com.cn
reservations-qhr@regalia.com.cn
Dining that offers a uniquely satisfying combination of Chinese, Asian and Western cuisine.

Eminence Cellar

Inside Wutaishan (opposite to Jin Inn)
Guangzhou Lu 广州路, 五台山体育场
66012088
High quality western restaurant. Includes one of the best wine cellars in Nanjing.

Bakery & Sandwich

Skyways 云中食品店

160 Shanghai Road 上海路160号
83317103
10 Taipingmen Road
太平门路10号

84812002
A18, Yadong Commercial Plaza, 12 North Xianyin Road 仙隐北路12号 亚东广场A18室
85791391
One of the best known foreign shops in Nanjing offering a variety of breads, sandwiches, cakes, chocolates, and desserts. Large cakes and pies can be pre-ordered, and holiday specials are available. A selection of imported cheeses and wines are also available.

BreadTalk 面包新语

18 Hunan Lu, Sunning Dept. Store South Gate
湖南路18号苏宁环球1楼南大门
83369661
Bread & cakes made on-site. Chain bakery store with many branches in Nanjing.

Happy Story 美丽心情

236 Xiqiao, Jiangsu Lu
江苏路西桥236号
83301907
60-3 Jiangsu Lu
江苏路60-3号
83232957
Chinese owner with creative ideas for cakes.

Ichido 宜芝多

B1, Grand Ocean Department Store, 122
Zhongshan Nan Lu
中山南路122号大洋百货B1楼
84738682
B1, Deji Plaza, Zhongshan Lu
中山路德基广场B1
84738682

85 Bakery 85度c 烘焙店

Room A, 1st floor, 229 ZhuJiang Lu 珠江路229号
83116785
Room 103, 33 ShiGu Lu
石鼓路33号1楼103铺位
84201585
221 ZhongShan Lu
中山路221号(龙世中心)
51860313
www.85cafe.asia
With 9 locations in Nanjing this bakery is highly reknowned as one of the best and most popular in all China. Open 24 hours.

Coffee & Tea

Sculpting in Time Café 雕刻时光咖啡馆

2F, 47 Hankou Lu 汉口路47号2楼
83597180
Sculpting in Time was started by two college graduates from Beijing offering a pleasant coffee house atmosphere, along with brunch, cocktail hours, film screenings, and a variety of Western food. Their brownies are widely known. Free Wifi.

Maokong Café 猫空

28-1 Yunnan Bei Lu 云南北路28-1号
83249554
Wifi and magazines. Many outlets in Nanjing.

Tea Station 茶客老站

58 Taiping Bei Lu, 1912 District
太平北路58号1912街区
84513303
Wide selection of Chinese and fruit tea.

Yosemite Cafe 悠仙美地

31 Beijing Dong Lu 北京东路31号
57712990
Many branches in Nanjing. Wide selection of set menu Chinese food and drinks.

Happy Teahouse 开心茶馆

9 Shengqi Jie, off Hanzhongmen Dajie
汉中门大街胜棋街9号
86526265
Tea & Chinese 'crosstalk'.

Zhanyuan Tea House 瞻园茶社

128 Zhanyuan Lu
瞻园路128号金陵第一园旁
52305020
Traditional style Chinese tea house.

3 Coffee 3号咖啡馆

82-1 Shanghai Lu
上海路82-1号
83244617 / 83311505
An upper floor library has art, design and photography books as well as magazines and a photography store selling vintage film camera, polaroid & lomography equipment. Offers a range of coffee, tea, alcohol and limited snacks. Balcony affords a nice view of Shanghai Lu. Free Wifi.

Godot's Home

15-1 Nanxiu Cun, off Shanghai Lu
南秀村15-1号
86637484
A beautifully designed, relaxed café off Hankou Lu inspired by the play by Irish Playwright Samuel Beckett. A great range of coffee, tea and food in a cozy atmosphere. A movie is shown each Wednesday.

Freeland Cake-Dessert-Coffee

6 TaoGuXin Cun, Han Kou Lu,
陶谷新村6号汉口路

This bakery offers a selection of crafted home
made cakes and drinks in a comfortable place.

Nightclubs

Mazzo 玛索国际娱乐

52 North Taiping Road, in 1912

太平北路52号,

1912酒吧一条街

84631912

Mazzo is one of the most popular clubs in 1912
for expats and Chinese alike. Comprising two
distinct locations, Mazzo VIP and Mazzo 2, this
club offers booths, tables, and VIP rooms. Music
played here is predominantly Top 40 tracks and
hip-hop. Friday and Saturday night can get very
crowded.

Scarlet 乱世佳人

Within 1912, near Changjiang Back Street

1912酒吧一条街, 靠近长江后街

84403362

34-1 Hubei Road

湖北路34-1号

83206090

Scarlet was one of the original bars to open in
Nanjing which catered to foreigners.
Over time, the interior and music has changed,
but both locations are still a big draw for the
foreign community. There is no exceptionally large
dance floor, but there are dance performances.

Polar 77 Music Bar 极地77音乐酒吧

129 Hanzhong Road 汉中路129号

84702006

Polar 77 Music Bar specializes in rock music, and
skips the DJ entirely in favour of a live band that

performs nightly. Music played is usually a blend
of western rock classics, Chinese songs, and
Spanish guitar.

Castle Bar 城堡酒吧

6 Zhongyang Road 中央路6号

83619190

Castle Bar is underground, but by no means
unknown. One of the most popular hang outs
for foreign students and older expats alike,
Castle features a variety of music, some live
performances, guest DJ's, pool tables, and
various parties throughout the year.

Nanjing Nianyi Club 南京廿一

1 CinnaLane 熙南里街区1号

86621588

A restaurant and a theatre combination with
nightly shows of traditional style Kun opera (昆
剧). Private rooms are available for dining, with
seating ranging between six and twenty people.
Over 100 foreign wines and extremely high quality
food is available.

Jeep Club 吉普酒吧

#1 Nanhu Dong Lu, Jianye District (very close the
southern end of Mochou Lake)

南湖东路1号建邺区

86511111

Features a dance floor that bounces to the beat
(due to pneumatic pumps), a huge stage, many
tables, and two floors of booths. Performances
are held nightly starting around 10, and include
various dance numbers.

Bits of Chop

Best use for two sticks

We bet you didn't
know this.

The best way to
remove those tiny
bits of shell from
a broken egg is...
with chopsticks!

NX THE INDEX

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Ciao Italia
你好意大利餐厅

CMR 浩麦房地产咨询

Congen Massage Healthcare Club 康顿会馆

Cosima 可西玛

Costa Coffee - Golden Wheel
悦达咖世家-金轮新天地

Costa Coffee - Zhujiang Lu 悦达咖世家

Costa Coffee - 1912 悦达咖世家 珠江路1912

Dande Dental Clinic 丹德齿科

Danny's 丹尼爱尔兰

Don Quixote 堂吉珂德

Droje pema(nanjing)Tibet food bar 多吉玛

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EU Chamber of Commerce in China Nanjing
Liaison Office 中国欧盟商会南京办事处

Fiat Auto SPA Representative Office in
P.R.C. 菲亚特汽车

Ford 福特汽车(中国)有限公司

Fraser Suites 南京仁恒辉盛阁国际公寓

French Hauts De Seine Economic Office In
China 法国上塞纳-江苏合作协会南京代表处

Fuzimiao Youth Hostel
南京夫子庙国际青年旅馆

Grand Canadian / NFLS 南京外国语学校

Grand Hotel 南京吉都饭店

Himalaya 喜马拉雅

Nail Bar 钉子吧

Hohai University 河海大学

Holiday Inn 南京水游城假日酒店

Hongbang Tailor

International Conference Hotel Nanjing
南京国际会议大酒店

International SOS 国际紧急救援诊所

Jasmine Youth Hostel 南京国际青年旅舍

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Jiangsu Fengyu Law Firm
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Lufthansa 德国汉莎航空公司

My Place 我的地方西餐厅

My Place 我的地方西餐厅

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River World 川天地

Sculpting In Time Café 雕刻时光咖啡

Secco Restaurant and Bar 喜客西餐厅

SinoConnexion 南京贺福文化传媒有限公司

Sheraton 金丝利喜来登

Skyways 云中西餐

Softtel 南京索菲特

Soulmate

South East University 东南大学

Standard Chartered 渣打银行

Starbucks - Jinling Hotel
星巴克咖啡(金陵饭店)

Starbucks - 1912 星巴克咖啡(新世纪店)

Studio 21

Sunflower Youth Hostel 瞻园青年旅社

Swede & Kraut 云中餐

Taj Mahal 泰姬玛哈印度厅

Talking 对话西餐厅

Times Grocery

Toni & Guy 彩秀汤尼美发南京

Union Dental 友联齿科

Xuanwu Hotel 玄武饭店

Henry's Home 亨利之家

Oedo Japanese Restaurant 大江户日本料理

If you want to distribute Nanjing Expat in your establishment please contact us at: cityguide@nanjingexpat.com

NIX THE NANJINGER EVENTS

Regular Weekly Events

Monday

Coffee Monday | Ellens | 09:00

Basketball | Nanjing International School | 18:30

Live Jazz | CD Pub | 20:00

Tuesday

Parents & Toddlers Play Group |
The British School of Nanjing | 10:30

Badminton | Nanjing International School | 18:30

Nanjing Toastmasters Meeting |
Meeting Room 409, Building Wen Tian Guan,
Hohai University, Xikang Lu, Gulou | 19.15

Live Folk Music | CD Pub | 20:00

Wednesday

Wine Wednesday | Ellens | 17:30

Goldenballs Football Club |
Nanjing International School | 18:00

Live Music | CD Pub | 20:00

Killer Pool | Bluesky Blue Sky
Expat Bar & Grill | 21:30

Thursday

Tennis Group | Sofitel Zhongshan Golf Resort
| 09:00 | www.nanjinginternationalclub.com

Free Beer Thursday | Ellens | 20:00

Salsa Lessons | CD Pub | 20:00

Friday

Goldenballs Cricket Club |
Nanjing International School | 15:00

Shooters Friday | Ellens | 18:00

Buffet dinner | Fraser Suites lobby restaurant | 18:00

Parents & Toddlers Play Group

Every Tuesday
at 10:30am for
children
0 - 4 years old



For more information
call 5210 -8987.
Or visit us online
at www.bsn.org.cn



Saturday

Latin Night | CD Pub | 20:00

Gulou English Corner |
Gulou Square | 19:00

Sunday

Chill Out Sunday | Ellens | 12:00
Nanjing Dragon Flies Ultimate
Frisbee Club practice |
Nanjing Normal University
Suiyuan Campus | 16:30

English Mass | Shigu Lu | 18:00

BBQ Chillout | Jimmy's | 20:30

Jazz Night | Don Quixote Bar | 21:00

February

• Feb 20 - May 1 | Blend-art-exhibition | M-e@ting Point

March

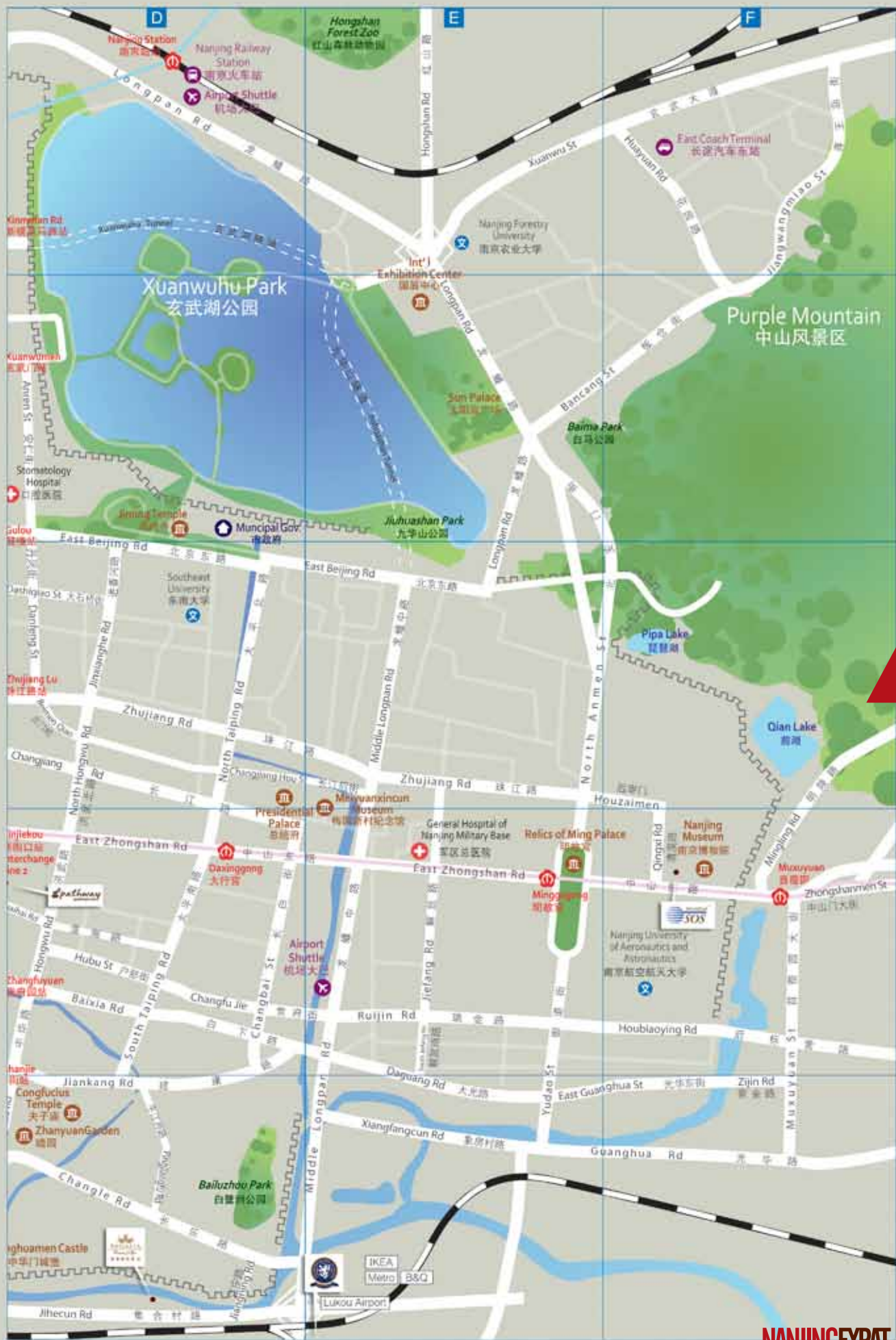
- 04 - 06 | Davis Cup 2011 Asia/Oceania Zone Group 1 first round | Shanghai Xian Xia Tennis Center | 19.30 | ¥150+
- 05 | DJ Liman electro party | Castle Bar | 21.00
- 06 | Agnes Kain (Oz indie) | 61 House | 20.30
- 08 | Yanlord Tower Club Ladies Meet & Greet | Yanlord Tower Club @ Fraser Suites | 12:00 | ¥128
- 09 | The Eagles live in Shanghai | Mercedes Benz Arena | 20.30 | ¥350+
- 11 | Pairs & 8 Eye Spy (local indie) | 61 House | 20.30
- 12 | St Patrick's Parade | Nanjing Lu Shanghai | 10:00
- 12 | Usher live in Shanghai | Mercedes Benz Arena | 20.30 | ¥280+
- 15 | Pelle Carlberg 2011 China Tour | 20.30
- 20 | Kids Cooking Class | more information www.nanjinginternationalclub.com
- 26 | Black Atlantic (Dutch folk) | 61 House | 20.00
- 26 | NIC Dinner | more information www.nanjinginternationalclub.com

April

- 01 - 03 | Nanjing Sixes | TBC
- 01 - 08 | NIC Cambodia Trip | more information www.nanjinginternationalclub.com
- 03 - 08 | NIC Lijiang Trip | more information www.nanjinginternationalclub.com
- 10 | Pianist Dustin O'Halloran | 61 House | 20.30
- 12 - 14 | China International Marine, Port & Shipbuilding Fair china | Nanjing International Exhibition Center
- 15 - 17 | 2011 Sinopec F1 Chinese Grand Prix | International Circuit | 10.00 | ¥80+
- 16 - 30 | Photography exhibition "De l'ordinaire à l'extraordinaire" | Librairie Avant-Garde
- 17 | Kids Cooking Class | more information www.nanjinginternationalclub.com
- 17 | ATARAXIA 2011 China Tour | Castle Bar | 20.00 | ¥120
- April 29 | Chinese Cooking Class | more information www.nanjinginternationalclub.com

Upcoming Scheduled Events





View from The Bench

By Cheryl Malloy

Having now experienced expat life on three different continents I have observed many different styles of expat life. Every experience of being an expat is a valuable one. As expats we are awarded the privilege of living in unfamiliar environments all around the world. Some of us are visitors who touch slightly on the experience and some of us are opportunists who turn the experience into a cultural feast.

So how do you become an opportunistic expat?

And why would you do that?

The opportunistic expat sees value in maximizing the experience through cultural immersion; seeking opportunities for connecting in the community and making every effort to understand their new environment. It is not for everybody; many will only get their toes wet and some will dive into the depths. We all do what we are comfortable doing in the time we have to do it and all of these experiences are real and valuable.

There are several opportunities for deepening your experience of living in Nanjing and they start right outside your front door. Nanjing has a fabulous public transport system; buses and a metro that can take you to all parts of the city. Google Maps has all the routes clearly marked and with just a short search you can find your way from one side of the city to the other with specific directions as to where to catch the buses and trains.

I am told there are between 8 and 13 thousand expats in Nanjing and yet I rarely see them on public transport. It is amazing who you will have the opportunity to speak to on the bus!

Keep your eye on the websites. Nanjing Expat often advertises opportunities to get to know more local and expat people... and there are some real characters out there! **Make the effort to meet new people and experience new restaurants, events and activities.** You just might meet your next best friend by joining in and turning up.

Local parks are a mecca for "Nanjingren" in the evenings and on weekends. The Chinese are often curious and will take the time to try to engage with you; what could you possibly lose by returning their friendship?

So join in the dancing, try out the Tai Chi, fly a kite, or encourage your children to mix with Chinese children, attend events where the expat and Chinese community are both represented and make an approach. Language is not the only way to engage; fun is a great tool for sharing experience.

Life passes us by so quickly. Living behind the walls experiencing life in China through a screen is comfortable and all some expats need.

The opportunistic expat takes this experience and squeezes every ounce from it.

Are you an opportunistic expat? 

Send your questions and comments to coach@nanjingexpat.com



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Tel: 86-10-6466-9296 / Email: info@obchina.org

www.obchina.org



The best of British international education, right here in Nanjing.
Visit us and see why families from 25 nationalities have chosen to learn with us.

Upcoming Events:

- *Parents & Toddlers Playgroup (Every Tuesday at 10:30am)*
- *Foundation Sports Day / School Open Day (March 31st, 2011)*
- *Family Fun Day (May 8th, 2011)*



**The British School
of Nanjing**

Contact us to schedule a visit

WWW.BSN.ORG.CN

025 - 5210 - 8987

INFO@BSN.ORG.CN