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# Editorial

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"They paved paradise, and put up a parking lot. With a pink hotel, a boutique, and a swinging hot spot."

Living in a large Chinese city does tend to impart one with a feeling that almost nothing is sacred; anything can go under the jackhammer at anytime. On the outskirts of the city the district of Pukou is witness to blocks of new apartments that like standing dominoes seem to go on forever, future homes for the millions continuing to flock to China's cities from the hinterlands. Thus this month we turn the Nanjinger's attention to property. All around us are those who have already found their fortunes; those who have bought several houses in Nanjing and elsewhere (but who mysteriously lack the funds to put on air conditioning in the depths of winter) and those who are only seeking a way of guaranteeing the family heirloom.

Property means many things to many people. We hear from a Frenchman who fell in love with a country village in Anhui (cover pic) and of other's cherished dreams of get rich quick schemes. Closer to home for many of us may be the experience of rented accommodation. Sinister landlord - thee we no longer fear, for Chinese Corner is here! Before we let you loose on this issue, a salute to our departed comrade Miss Juliana Dey. After completing her studies in Nanjing and an internship at Nanjing Expat, Juliana has recently returned to her native Germany, where it is understood she plans next to research simultaneous texting and looking where she is going.

Thank you for your dedication and hard work, Juliana. We miss you!

"Don't it always seem to go, that you don't know what you've got 'til it's gone."

Lyrics: Joni Mitchell

**THE NANJINGER**

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# THE NANJINGER

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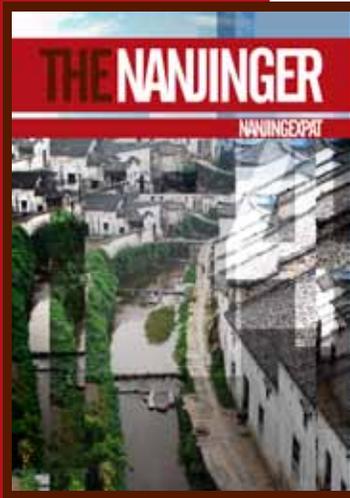
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Cover concept:  
The investment opportunity  
in China's villages

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Introducing  
some of our  
contributors,  
writers  
and editors

- Ron Stalenberg is our Australian sommelier who reviews wines that are readily available in Nanjing and affordable, unless an opportunity comes his way that is simply too good to refuse!
- With 15 years experience as a professional and personal life coach, Cheryl Malloy shows us how we can reach for the stars while keeping our feet firmly on the ground.
- Lead Food Critic Serafino Di Giampaolo is founder of the Italian Chefs Forum, was resident at The Lounge in Frankfurt when it was awarded "The Best Eat and Meet" in 1998 and has taught for 10 years at the Istituto Panzini, Italy's most progressive hospitality institution.
- Our Editor and Music Critic, Frank Hossack, has been a radio host and producer for the past 25 years, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

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FROM  
RICEBOWL  
TO TYCOON:  
**Tales from  
the Chinese  
Property  
Market**

BY FRANK HOSSACK

All over the world are newspaper stories raging about the property market in China. Overheated economy has become a catchphrase, we read daily of bubbles and China's new middle class of homeowners; stories that parade statistics capable of terrifying the most endured and daring entrepreneur. Herein we ask what of the truth on the ground in day-to-day China?

In the China of old people talked of the iron ricebowl provided to them by the state. Housing was assigned by the State Owned Enterprise or other *dan wei* for which they toiled. Tenants were charged a nominal monthly fee, often just 2 or 3 *kuai*, as rental. The job, and the housing, was theirs for life. State pensions were included too. The system worked, was (understood to be) fair, people were employed and housed, young and old had access to medical care; and as an extra benefit the state thus had complete control over any given individual.

## **Garden, what garden?**

Then came China's housing policy reform of the 1980s, and therein lie the roots of the modern Chinese property market. Commercial housing starting sprouting up in the wealthy eastern first tier cities and people found their first opportunity of buying a home. China is a vast country but space within her cities remains a premium commodity making the size of any property absolutely paramount. This coupled with the fact that the property market, in itself new, consisted of 100% new properties that were by default undecorated resulted in the system we see today; i.e. the condition under which all properties in China are priced exclusively on a per square metre basis.

But what of a typical family in Nanjing? With a supposed average wage of ¥5,000 per month, a local white collar guy with a beautiful young wife and likely a baby on the way plus the expectations of at least two generations upon his shoulders



must find a way to pay for a 100 square metre apartment that is likely retailing now for ¥10,000 per square metre. That's right – ¥1 MILLION.

## Mortgage payments of almost 100 years

It is fairly common for said guy to put aside ¥2,000 of one's monthly salary towards paying for a home. Given the commanding interest offered by our friendly neighbourhood banking institutions that equates to mortgage payments of almost 100 years; payments that will outlast the property that one does not even own (see page 14). No wonder the local population (all over China) is up in arms.

## From buyer to landlord

Let us now meet Mr. Liu. He does not actually exist yet there are now millions like him. Liu takes very seriously the words of his motherland's great visionary leader, the late Mr. Deng Xiaoping, "to become rich is glorious". Liu plans on taking advantage of the uniquely bullish Chinese property market to achieve the glory he now seeks. Having mortgaged himself to the hilt Liu intends to rent out his nice new cushy apartment to an appropriately loaded foreigner. And so off he goes...

For what is in many ways, an arcane system, it is more than a little ironic that Mr. Liu's first stop (assuming that is he has already registered purchase of the property and is in possession of the title deed) is the internet. He registers his apartment for rent on as many websites as possible; sites such as Soufun and House 365. He also joins the throngs of other would be landlords register-

ing with property agents of the non-virtual variety, and may even go one step further to get his plush pad in print too, possibly in the magazine Nanjing Loshi (Nanjing Building Market), after all of which he puts his feet up in front of his future tenant's big flat screen TV and begins his wait.

Along comes our unsuspecting foreigner, Charlie, attracted by Liu's apartment with its tasteful décor. Charlie wants to make sure nobody else has a chance to grab the property before him and is soon thrusting wads of cash in the direction of Liu.

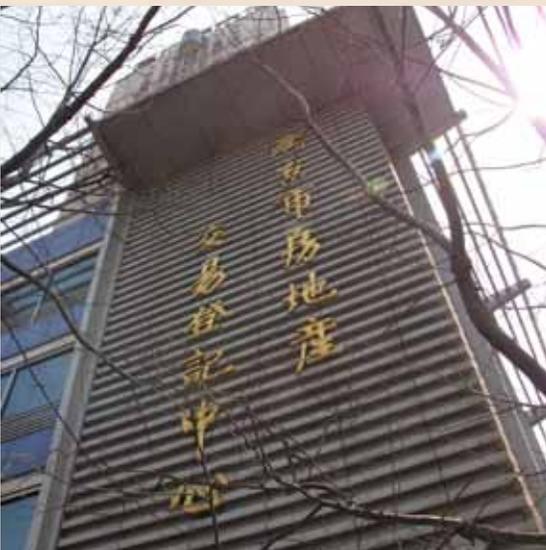
## "Fa piao"

These very words strike fear into the heart of Mr. Liu. He has an inkling of what may be in store. Yes, lying in wait is another trip to the Nanjing Real Estate Administration Bureau with its décor that is not a patch on Liu's cosy love nest. For government regulations require that an apartment only need be registered for management and tax purposes AFTER it has been rented out.

"Until as recently as 2004 the tax rate on properties registered as being rented was as high as 17%", says James Wang, General Manager of CMR Relocation Services in Nanjing. "After the rate was slashed to 5% there was a big increase in landlords registering their properties. After all, most people can afford an extra 5%."

So what does the tenant get for the extra 5% paid by them or their company? Not a lot it seems, other than right of complaint to the bureau if unsatisfied with the landlord for whatever reason.

Despite the hassle, for Mr. Liu it is a price worth paying. A reciprocal tax arrangement means that after paying the tax on rented property he shall not be double taxed on his income from said property; a useful way of making up for his troubles at the afore mentioned bureau. Charlie and his company have their fapiao and all is right with the world. But then Charlie meets a lovely local lady; Charlie fancies staying in China a little longer, and wonders over how to buy his apartment.



James Wang of CMR continues, “foreigners buying property in China largely fall into two categories; those who realise that they may be here for a while thanks to the circumstances of the contract with their employer, who eye property purchase as an investment; and those who marry a local.”

Liu now faces another conundrum; how to tell Charlie and spouse to be that his apartment does not have a Foreign Sales Permission License. Here he becomes stuck; that said license is only granted to the developer of any given property, not the landlords or owners of individual apartments therein. Liu decides to form a pact with other landlords in his apartment complex to put pressure on the developer to acquire the Foreign Sales Permission License.

It is not just China’s multi-levelled layers of beaurocracy that has people like Mr. Liu running around in circles. Property developers and construction companies are feeling the need to adapt to the demands of the marketplace as a result of competition, and to meet requirements over construction quality put in place by government. The upper echelons of the property market are noting China’s wealthy are increasingly savvy over international trends, particularly in the area of green construction.

## “China actually has construction standards that are very rigid.”

Bernd Haferkamp is in somewhat of a unique situation as the Project Director for the F2 phase of construction at Crouching Dragon Santa Barbara Villas in Nanjing’s Lishui District. He notes, “Many people are surprised that China actually has construction standards that are very rigid. The construction code – everything from roofs, beams to flooring systems – is fantastic”.



The villas at the massive Lake Crouching Dragon lakeside development is utilizing the Insulating Concrete Form (ICF) method of construction. Dating back for more than half a century, but increasingly popular in an eco-conscious world thanks to its properties of insulation, the technique calls for concrete to be poured into a polystyrene foam mold. Unlike traditional wooden forming, the polystyrene remains in place providing two highly efficient layers of insulation. Additional benefits include simplifying and hugely speeding up the construction process; Haferkamp is rightfully proud of his team's achievement in building 72 homes in a mere 60 days. Their enthusiasm is understandable; apparently there is no shortage of buyers with the necessary ¥3-10 million in loose change...

Those with slightly less to spend include our Mr. Liu who has, together with his neighbours, managed to convince the developers of his apartment to obtain the afore mentioned Foreign Sales Permission License. The good news is that the very presence of said license has pushed up the value of the apartments in the building that Liu's property occupies.

The bad news is that Liu is running out of time; the loansharks are on his back and if he does not sell soon there is going to be trouble. Charlie makes an offer that is some 20% less than the supposed market value, putting Liu under a great deal of pressure to sell. At that moment the very same neighbours with whom he previously and successfully cooperated now turn against him, arguing that his considering such a sale undervalues other properties in the same building. Liu decides to wait it out; he puts his feet up on a box in front of the portable black and white TV in his own apartment (while wishing for Charlie to win the lottery and something unfortunate on his neighbours) and contemplates that what has become such a widely accepted practice across the whole property industry could also be seen as a conspiracy on behalf of an entire nation. **N**





## Place your property bets, please!

**I**t has become considerably easier for a foreigner to buy property in China in recent years, but oddly those who choose to do so are largely overseas investors. Expats based locally often cite a mistrust of the leasehold system employed by China whereby all property reverts to government ownership at the end of the purchase period, others doubt that the property may truly appreciate in real terms over the foreseeable future, while some merely feel insecure committing themselves to such a significant purchase in a foreign and strange culture.

The most common argument for the expat's reluctance to buy property in China is the fact that after 40, 50 or 70 years, the investment stands a good chance of reverting to zero, unless the government stands true to its promise to repurchase at market prices, presumably to sell it on again for another 40 years. So the argument goes that in order to beat the system and turn a tidy profit, one should realistically think about selling the property on within 10-15 years of purchase. Who after all is going to pay top dollar for something on which the lease will run out in 25 years? Even assuming that one has ultimate trust in [any] government, it is still a huge leap of faith to accurately predict the state of the world up to 70 years from now. 

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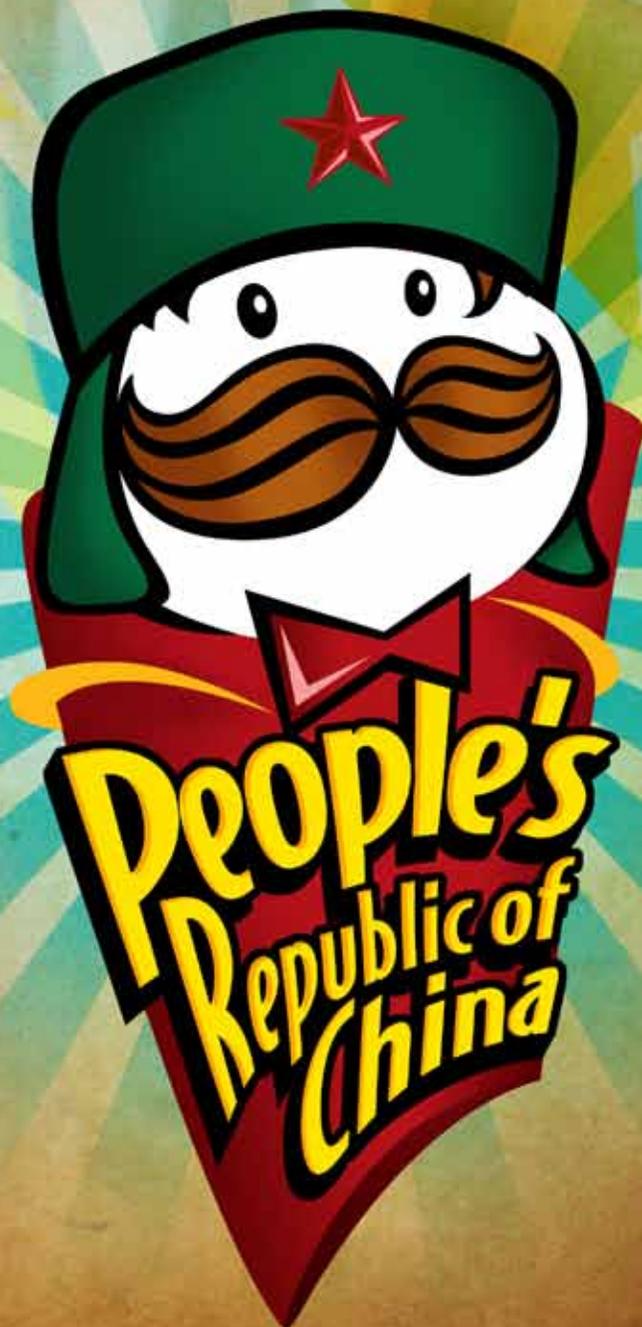


# Once you pop...

## ...Views on The Chinese Economy

By Keith Maguire

I'll never forget my first hour in China. It was October 2008 and we were taking the ferry from Kowloon to the mainland cramming our backpacks into whatever space we could fit them. I was slightly surprised to see the designer shopping bags being carried aboard; Dior, Chanel & Louis Vuitton outnumbering even the Armani Exchange, Boss and Ralph Lauren. In my naivety (not to mention blatant ignorance) I thought they were fakes being imported from Hong Kong.





# Did anyone foresee a Lamborghini dealership on Zhongshan Lu?

A while later after disembarking at the terminal and watching our fellow travellers load their purchases into a variety of BMW 7 series, Mercedes S class and Porsche Cayenne's, we searched for our own high end mode of transport; no expense spared for our ride, a VW Santana taxi.

## The first thing that went through my mind was my stomach

On the drive into Guangzhou, two things went through my mind and I could not help but stare out the window in wonder. The first of those was my stomach because the standard of driving was not good, even on such incredible roads. The second point that struck me was that while being passed by fleets of black Audi A6s, a customized Porsche 911 turbo also whizzed by us, and I wondered aloud, "Was anybody else expecting this?" I certainly was not. Granted the China I had seen on television previously mentioned the money being generated but I was genuinely baffled at the display of tangible wealth.

China is booming and money is being spent with abandon. Take a walk through our city and you will see a mix of brand new buildings, sites under construction, malls selling the latest fashions, the latest gadgets and the latest in cars. At this time last year, there was no fast train to Shanghai, no Metro line 2 and in areas such as Xinjiekou, there were so many fences around

building sites that it was unclear which way the footpath led. Now that the fencing has come down, it has revealed not just the expected shining glass and steel towers but also not so anticipated sights; honestly did anyone foresee a Lamborghini dealership on Zhongshan Lu? The car more commonly made famous by sportspeople, musicians and reality television stars is now also bought by the humble Chinese businessperson.



It was announced recently by Enterprise China magazine that in 2010 foreign direct investment in China surpassed US\$105 billion, up 17% on 2009 and breaching US\$100 billion for the first time. China's Ministry of Commerce (MofCom) said of this, 23% flowed directly into real estate, some \$24.15 billion, going toward explaining the country's Gross Domestic Product (GDP) increase of 10.3% in 2010. Inflation sat at 3.3% for the year.

Reaction to these levels of growth has been cautionary to say the least. Learning from their friends in Europe, notably those countries who have been plunged into crises due to issues within the banking sector, China has taken steps to negate dangers by raising banks' required reserves of funding seven times in the last year. Not only that but on 26th January this year the State Council reacted to this reported overheating by launching a series of belt tightening measures aimed at restricting house price increases, including increasing the required down payment for second homes by 20% to 60% of the asking price.

The other main change was to require all local authorities to set their 2011 home price control targets by the end of March. Few seem to have abided as only with the deadline fast approaching did the Shanghai municipal government become the first first-tier city to announce how they intend to control the growth rate of house prices. The Shanghai financial muscle men firstly aim to control the rate of price increases in newly built homes and ensure that this rate is lower than the city's 2011 GDP growth (roughly 8%) and the per capita annual income.

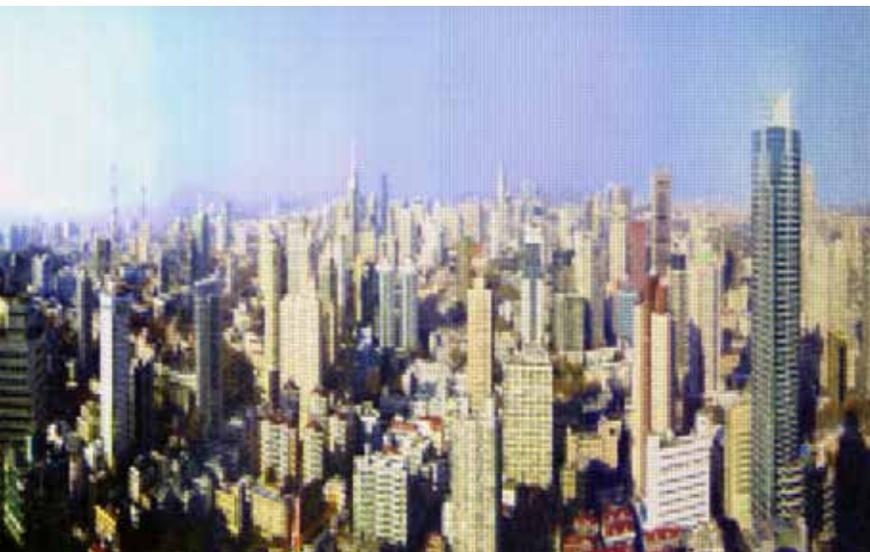
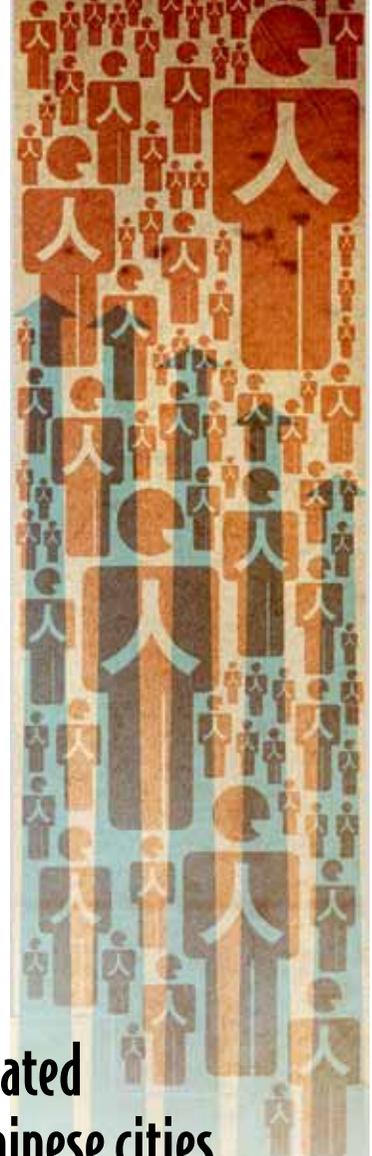
Secondly, the municipal government plan that the total area of completed government subsidized properties will be greater than that of commercial properties.

Although these measures seem ambitious, they have been well received. Ding Zuyu, co-president of the China Real Estate Information Corporation says, "The goal is reasonable and it shows the local government's determination to reign in soaring home prices... because of the restrictions imposed on families buying more than one property, the limited high-end property transactions will not drive the average home price higher, and that guarantees the goal will be realized."

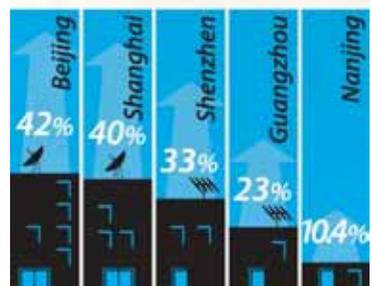
Deputy Director of the China Index Academy in Shanghai, Chen Sheng, thinks it is merely an issue of simple economics; supply and demand.

He states, "The local government will reach the goal by all means... the increased supply of land and government subsidized homes will greatly ease the high demand and keep housing prices from rising too quickly."

## By 2025 it is estimated that at least 220 Chinese cities will have over a million residents



China's growth in her economy is largely attributed to the property market. Figures recently reported in newspapers earlier this year show US\$438 billion was spent on property transactions in 2010, a big increase on the previous year as represented by soaring real estate prices all over the country:



Much of this market growth can be traced back to China's urbanisation. In little over 30 years an extra 28% of the population have moved to cities. Indeed, by 2025 it is estimated that at least 220 Chinese cities will have more over a million residents. China is a large country, but cities can only cover so much of a geographical area. Hence the price rises we see today.

The Tianze Economic Research Centre is home to one of China's foremost economists, Mao Yushi. He describes the situation as a property bubble and attributes large elements of the GDP increase to such a bubble.

"When one building sells at an incredibly expensive price, beyond the normal market price, it is a distortion, which inflates the bubble in the real-estate market. This bubble relates for sure to a series of macroeconomic policies, including the savings made from having the renminbi currency at a low exchange for a long time."

These fears of the bubble bursting and the effect it may have on the world are very much based on real concerns but analysts now doubt the possible collapse; if anything it will be more of a slow decrease as opposed to the more sudden burst seen in the US in 2008 and that of the ongoing collapse affecting Europe.

## "This bubble may not end suddenly, but with a slow leak."

Independent economist and former Morgan Stanley Asia-Pacific analyst Andy Xie acknowledges the concern but is more optimistic regarding the decline of the bubble. He writes, "I thought the current bubble, fuelled by rapid monetary expansion and expectations of a stronger yuan since the beginning of 2007, would go the same way. Recent developments have changed my mind. This bubble may not end suddenly, but with a slow leak."

"The government is not relaxing credit restrictions on second and third mortgages, and liquidity is also tightening, leading to a slower fall in prices."

"The economy will hold up. Exports, consumption and infrastructure should sustain a 7-8% growth rate for the next decade. That seems low compared with recent years, but it will be much better for lifting wages, household living standards and corporate profits."

Another commentator believes the end of the bubble can be managed better, offsetting the negative side effects seen elsewhere. Independent economist Ye Tan says, "What happened in the west a couple of years ago will not happen in China in the same way, since there is no subprime lending here, but if the bubble bursts people will have no money, consumption will dry up, there will be a lot of bad bank loans and no one will borrow money any more."

The most rational observation seems to come from Arthur Kroeber of the Beijing-based Dragonomics consultancy. "While money creation is now rising at a slower rate, inflation usually lags it by six to nine months..."

While major structural problems in the property market needed to be addressed, there was not a bubble. It is not going to pop [so that you have] two or three years where no one is building houses," he said, adding that much recent investment had been in desperately needed social housing for those on lower incomes.

## "The Chinese market is too promising to look elsewhere at the moment"

As expats, we are not only interested in what may happen if the economy does go downhill, but also how that may affect foreign companies operating in China. Dominik Nowak of the Baden Württemberg International office in Nanjing says, "Since I came to China the evidence has always been pointing towards an overheating of the economy and especially a bubble in the real estate market. However, the prices kept going up, new apartment buildings were built and sold to buyers. I have also not heard that foreign companies are seeing this as a main issue these days. At the moment, questions in human resources; salary raises, strikes [and] labour unions seem to be more of an issue."

The foreign business view of China is also now moving away from its large scale manufacturer/exporting model. Nowak continues, "Many small and middle sized Companies seem to be looking at China not anymore as the producer and exporter of their goods. They changed to looking at China as the buyer of their products and start building up their sales networks here in China. Inflation is discussed as a problem, but the Chinese market is too promising to look elsewhere at the moment."

It may also be true that despite being almost at a point where China as a whole is critical to the world economy, even if the worst was to happen; growth halts and the 'bubble' bursts, perhaps we would not notice a huge difference. The market is still vast in size, government backed infrastructure projects continue apace and as mentioned previously foreign direct investment also continues to rise.

The next 12 months should prove to be very interesting. China is forewarned from their observing the collapse of a number of western economies, but can she use this experience to realise a period during which growth rates and house prices stabilise while investment increases?

Will we recognise Nanjing in April 2012? 



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# WINE Whispers

By Ron Stalenberg

There are lots of wine outlets in Nanjing; a sign of the increasing expat population as well as a maturing appreciation of the Chinese population for things vinous.

Many of the outlets have quite a small selection and in my opinion are overpriced. But there are three exceptions that I have found; there may be more.

The two large Metro stores in Nanjing both have an excellent range, with a good selection of Chinese and international wines from many different regions.



Most wines are in the lower to moderate price range and they frequently have good specials, with passable wines selling for ¥50-100.

Aussino, on Zhongshan Dong Lu, in the block diagonally opposite Nanjing library is also worth a visit. They also have a fair selection of moderately priced wines ranging from the ¥120 mark. However, what I really liked was their temperature controlled cellar with an excellent range of high quality wines. Plenty of Bordeaux Grand Cru here, alongside Aussie Penfolds' better specimens and many more from around the world.

The third outlet is Eminence Cellar, a good restaurant/cellar outlet combination.

While their emphasis is heavily weighted in favour of French wines, including some good Grand Cru, they also have a sizeable group of mid-range wines from Spain, Australia and Chile.

The cellar is well presented, with a nice ambience plus friendly and helpful staff, led by Assistant Manager, Angelina Lee.

I dropped in there recently and was invited to taste a couple of

their house wines. These start at a very reasonable ¥30 a glass. There are half a dozen wines in a system which stores them under gas.

The first wine was **Chateau Rosso Martin Tinto Cariñena 2008.**

As the name implies, this comes from the Cariñena region in Aragon, Spain. It's a blend of cariñena, garnacha and tempranillo grapes with a beautiful ruby red colour and purple hues. The aromas are of morello cherries, strawberry and violets, with a dusky, earthy background. The mouthfeel is excellent thanks to some silky tannins well balanced by the fruit flavours and moderate levels of alcohol and acidity. It has a medium length finish and is a great choice for a house wine.

The second wine was **Assurances Rare Grenache Merlot 2008,**

a Vin de Pays from the Languedoc-Roussillon region of France. Garnet red in colour, with ruby highlights this is a more demanding wine. Flavours of raspberry and rosehip and dark cherries are boosted by some residual sugar and mix with a background of cigars and vanillin oak. The tannins tend to be quite dominant on the palate and so it needs to be paired with something quite strong such as steak and mushrooms or it will overpower the food. It would be a good idea to let it breathe for 10-15 minutes before drinking.

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**NANJINGEXPAT**

# Flourless Chocolate Cake

## INGREDIENTS

- ½ cup water
- ¼ teaspoon salt
- ¼ cup white sugar
- 12 (1 oz) square bittersweet chocolate
- 6 (1/2 oz) squares semi-sweet chocolate
- 1 cup unsalted butter, softened
- 6 eggs

## DIRECTIONS

1. Preheat oven to 300°F. Line a 10-inch baking pan with parchment paper. Set out a larger pan in which the 10-inch pan will be placed for baking.
2. In a small saucepan, over medium heat, combine the water, salt and sugar. Stir until completely dissolved; set aside.
3. Carefully melt the chocolate in the microwave, stopping often to stir. Pour into the bowl of an electric mixer.
4. Cut the butter into pieces and add to the chocolate one at a time, beating all the time.
5. Slowly pur in the hot sugar-water mixture, continuously beating.
6. Slowly add in eggs one at a time.
7. Pour the batter into the prepared pan. Be sure to prepare your pan well otherwise it will stick!
8. Bake the cake in the 'water bath' for 45 minutes. The centre will still look wet. Chill the cake overnight in the pan. To unmold, dip the bottom of the pan in warm water for 10 seconds.

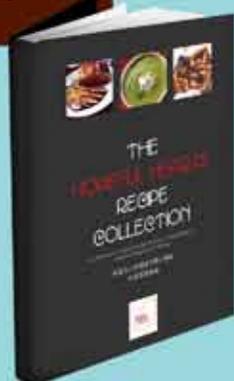
## SERVING SUGGESTIONS

- Whipped cream with chopped candied peanuts.
- Raspberry sauce and sprinkled with powdered sugar.
- Whipped cream and fresh raspberries.

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(see next page) 



# 无面粉的巧克力蛋糕

## 配料

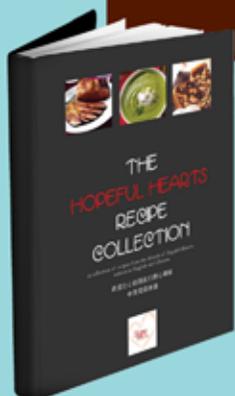
- 1/2杯水
- 1/4茶匙盐
- 3/4杯白糖
- 12 (1盎司)方块苦甜巧克力
- 6 (1盎司)方块半甜巧克力
- 1杯无盐黄油,使软
- 6只鸡蛋

## 制作方法

1. 预热烤箱到华氏300度。在10英寸烤盘里铺上烤纸,防止粘烤盘。准备一只稍大的烤盘。
2. 在小的平底锅中,中火,混合水、盐和糖。搅拌至完全溶解。放置待用。
3. 用微波炉小心融化巧克力,不时停下来搅拌,然后倒入电动搅拌器的碗里。
4. 将黄油切小块,一块一块地放进液体巧克力,一直搅拌。
5. 缓慢地倒入热的糖水混合液,一直搅拌。
6. 一只一只地加入鸡蛋,一直搅拌。
7. 把“面”糊倒入准备好的小烤盘中,然后将小烤盘放入大烤盘,并在大烤盘里加一半的沸水。
8. 蛋糕在“水浴”中烤45分钟。中间部分看起来仍旧是湿的。在烤盘中冷却整夜。出烤盘之前,把烤盘底部在温水中浸泡10秒钟。

## 食用搭配建议

- 搅打奶油和碎花生糖
- 覆盆子果酱和糖粉
- 搅打奶油和新鲜的覆盆子



Entries can be submitted online at:  
[www.nanjingexpat.com/competitions](http://www.nanjingexpat.com/competitions)

## Bits of Chop

# The safe side, is it?

We are all used to seeing people in China walking on the street oblivious to passing traffic. But why? The immediately obvious answer is that often pavements are so cluttered with parked bicycles et al nothing but inconvenience awaits the pedestrian at the fringes of our streets.

Another explanation dates back to the Five Anti Purges Movement from the early 1950s, an initiative of modern China's founding father Mao Zedong. Initially an idea to rid Chinese cities of corruption and enemies of the state, it rapidly became an all out war against the bourgeoisie in China that would ultimately give rise to the Cultural Revolution of 1966 to c.1972.

Hundreds of thousands of suicides took place by those seeking to avoid the unthinkable harsh punishments of the guilty. In fact, so many people jumped to their deaths from tall buildings in Shanghai that residents took to walking in the street for fear of being hit.

Are the horns and chaos of our streets possibly safer than the muddle and mess of our pavements?



# Nanjing On Sight

*Nicolas Harter*  
[www.nicolasharter.com](http://www.nicolasharter.com)



Ganxi's Villa continues to be one of China's most celebrated ancient dwellings with its 99 and a half rooms. [Located at 19 Rongzhuang jie]

Sun Yatsen's son Sun Ke vacated this residence in 1932 to make way for Wang Jingwei, who would ultimately become Japan's ally and traitor to the Chinese people.  
[Located at Fujian Lu/Tie Lu Bie Jie]



24

Former Kuomintang Central government buildings that housed the national government from 1927 until 1949.  
[Located at Zhongshan Bei Lu]



John Rabe, former Siemens China Representative, resided here from 1932 to 1938. During the Nanking Massacre he protected more than 600 Chinese refugees in this house. [Located at Guangzhou Lu/Xiaofen Qiao]

25



■ After the three flights necessary to fly to Koh Samui from Nanjing it was a relief to finally arrive, into nothing less than the most beautiful airport in the world! There are no doors, no windows, only wooden buildings, green grass, colourful flowers and coconut palms. Here, nothing is as at other airports. Even our aircraft reminded us more of a butterfly!

The Impiana Samui is a 4 star hotel not far from Chaweng town that comprises a collection of villas overlooking a private beach on one of the most beautiful paradise shores in the world. After a big buffet breakfast of delights, we envision a light lunch to make the most of our time on an island tour.

*Koh Samui is an amazing wonderland of nature that comes as a very pleasant surprise to us.*



# Island Paradise Koh Samui

By Lesley Summers Zhang



THE NEW YORK TIMES PUTS KOH SAMUI AT NUMBER 3 ON ITS LIST OF 41 PLACES TO GO IN 2011, CALLING IT "A TONED-DOWN VERSION OF PHUKET, HEAVY ON WELLNESS AND FOOD."

An elephant trek is the ideal way to discover the verdant and hilly interior of the island, while coming to an appreciation of how amazingly gentle these magnificent creatures are. It is a joy to ride on the world's largest land animal while witnessing the enchanting views of Koh Samui's beautiful jungle and coconut plantations.



### ***Our afternoon challenge was a simple one: Catch our dinner!***

Big game fishing is a major draw on Koh Samui; an experience that is complimented by the genuine Thai fishing boat, shaded for protection from the sun. No matter how much fresh bait was provided, the fish kept on biting, big and small alike.

Our fears that inadequate fishing skill may have us going hungry for the evening were totally unfounded; our catch was masterfully prepared on the BBQ in front of our very eyes resulting in a hearty supper for all.

***Snorkling and shopping is on the agenda for day two,*** and we start in style on the high speed catamaran to Koh Tao & Koh Nang Yuan, supposedly the world's top location for snorkeling. The small island appears to lie still like a dozing turtle; its whole body covered with lush jungle.

Our prior reservation with a good local dive centre meant our yacht was ready to sail from a picture postcard of a beach to the 40 to 50 metre deep Shark Island Bay. Wearing life jackets, we and our snorkeling equipment slip carefully into the waters. From the heat of the sun aboard our yacht into the deep ocean, the body wide cooling sensation is intense.

Admittedly, the pitch black waters below and a reminder of our swimming location's moniker meant we dare not stay long. After our quick return to the yacht we soon found ourselves snorkeling amid the crystal clear waters of a second bay.



### ***Here, colorful tropical fish abound; some swim so close as if to kiss my body.***

A larger predator appears and the wariness of smaller fish is immediately apparent. Coral reefs, large and small, far and near, spread out in all directions; a true aquatic jungle. This is home to a spectacular array of life; we saw squirrelfish, butterfly fish, angel fish, batfish, parrotfish and hundreds more if we could only remember their names! Our guide told us it is also not uncommon to see more unique sealife, such as barracuda, black tip reef sharks and blue spotted stingray.

I planned on bringing back to Nanjing a bargain or two from one of the many skilled tailors and dressmakers to be found in Chaweng town and ***I was not disappointed by both the quality and price of Thai silk.***



There are also a few gold, silver and jewelry stores as well as souvenir shops offering traditional Thai handicrafts such as lacquer ware and oil paintings. Along the way, we made time to sample a little of the local street food; never had I had such a delicious banana pie in such unique surroundings!



Some of our party opt for dinner at the hotel; more expensive but a great view. I prefer to go out for dinner, and discover near the hotel many small beachside restaurants basking in golden sunset. We reconvene as our sadly all too short getaway from Nanjing to Koh Samui concludes with an evening beach party. A few bottles of local beer from the beach bar could not be missed. We came, we drank, we enjoyed, we relaxed, in Koh Samui! **NU**

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# A Sprout Of Hope Grows In Nanjing



Wokai is an online microfinance giving platform that helps provide small loans to entrepreneurs in rural China. The name Wokai ("I start") refers to the opportunity that our organization provides for Chinese micro-entrepreneurs to start small businesses, initiate change in their own lives, and lift themselves out of poverty. Wokai has offices in both Oakland, California and Beijing, along with chapters in Hong Kong, Beijing, Shanghai, San Francisco, Seattle, and New York.



Now there is a junior Wokai chapter in Nanjing! Following the success of other chapters, raising both awareness of and funds for microfinance throughout China, Nanjing is looking for people to get involved. In the coming months our nascent chapter will be building a team of volunteers and organizing events.

Volunteering with Wokai is an excellent opportunity to learn more about microfinance, engage the community, and make a sustainable, meaningful impact on the lives of others. Whether you are a local Nanjing resident, study abroad student, or working professional, you are invited to be a part of this exciting organization.

我开  
wokai



Find our group page online at [www.nanjingexpat.com](http://www.nanjingexpat.com)  
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家  
 jiā

STROKE ORDER

家 家  
 家 家  
 家 家  
 家 家  
 家 家

MEANING

House, Home, Residence, Family

Expert, Professional, School Of Thought  
 (Suffix)

Renting an apartment 租房  
 Zū fáng

Chinese 汉语  
 Corner 角  
 Hān yǔ jiǎo

1- Do you think I can trust this landlord?  
 你觉得我可以信任这个房东吗?  
 Nǐ jué dé wǒ kě yǐ xìn rèn zhè ge fáng dōng mā?

2- Will I ever see my deposit again?  
 我还能再看见我的押金吗?  
 Wǒ hái néng zài kàn jiàn wǒ de yā jīn mā?

3- Do the neighbours enjoy DIY at 3am?  
 邻居们喜欢在凌晨3点做事吗?  
 Lín jū mēn xǐ huān zài líng chén sān diǎn zuò shì mā?

4- Are you sure the lift works all night?  
 你确定电梯整晚都运行吗?  
 Nǐ què dìng diàn tī zhèng wǎn dōu yùn xíng mā?

5- How can I pay my utility bills?  
 我如何付水电费呢?  
 Wǒ rú hé fù shuǐ diàn fèi ne?

8- That was broken before!  
 那个以前就是坏的  
 Nà ge yǐ qián jiù shì huài de!

6- This apartment is filthy!  
 这个公寓好脏!  
 Zhè ge gōng yù hǎo zāng!

9- The rent is extortionate!  
 租金简直就是敲诈!  
 Zū jīn jiān zhí jiù shì qiāo zhà!

7- My flatmate is a pig!  
 我的室友是一只猪!  
 Wǒ de shì yǒu shì yì zhū!

10- That security guard is a hunk!  
 那个保安真强壮!  
 Nà ge bǎo ān zhēn qiǎng zhuàng!

# The Spotlight:



**Scott, 35, USA:**

"I would consider buying a house in Nanjing because I really like living here but the house market is a bit overvalued."



**Tom, 19, England:** "I would consider buying a house in Nanjing because I love it here! It's the perfect atmosphere for studies, work and play. I have met so many amazing people who have completely changed my life."



**James, 26, England:** "I wouldn't buy a house in Nanjing because it's very expensive and you have to give it back to the government after a certain time."



**Sophie, 25, France:** "I wouldn't buy a house here because I'm not planning to live in Nanjing for long. I want to go back to China but live in a bigger and more cosmopolitan city."



**David, 23, England:** "I would like to buy a house in Nanjing because it's my second home now but the prices are too expensive and I think the rules for buying a house are unfair for foreigners."



**Simone, 20, USA:** "I would consider buying a house here because I feel comfortable here and the public transport is much better than in my hometown."



**Nick, 20, Russia:** "I would consider buying a house in Nanjing because I've got a girlfriend here but probably it would be too expensive!"



**Julia, 21, France:** "I am really satisfied with my flat and a house would cost too much anyway!"



**Leng, 20, USA:** "I wouldn't consider buying a house here because I am not planning to stay for long."

# Would you consider buying a house in Nanjing?



**Sharon, 26, Canada:** "I would not buy a house in Nanjing because I'm used to the Canadian culture, environment and conditions."



**Maxime, 22, France:** "I love China and Nanjing as well. It's a good experience for a student but I wouldn't buy a house because I would not like to stay in China my whole life."



**Valeria, 20, Mexico:** "I would buy a house in Nanjing because I really like it here. I like the city, the food and the language!"



**Ariane, 19, France:** "I wouldn't buy a house in Nanjing because I always would feel like a stranger here."



**Maddy, 20, France:** "I wouldn't consider buying a house in Nanjing because of the totally different culture and I would miss my family and friends too much!"



**Fred, 26, USA:** "I would not just buy a house as an investment for three to four years. The prices are far too high!"



**Alina, 22, Germany:** "I wouldn't buy a house here because you feel like a stranger. People often stare at you and sometimes don't take you serious."



**Sara, 24, Italy:** "I would not buy a house here. Nanjing is too small. I've got more friends in other places!"



**Clemens, 27, Austria:** "I would consider buying a house but not for a long time and I also would prefer a city like Beijing."



## JINLING LIVES

# JULIEN MINNET

For good or for bad  
China always finds  
its ways to fascinate  
and awake a special  
interest in people.

*By Ronald Paredes  
Photographs by Bing Qin Xue*

## Bits of Chop

Off with  
his head!  
And his,  
and his...

Emperor Zhu Yuanzhang, who established the Ming Dynasty in 1368 in Nanjing, had such a penchant for executions that it became habit for government officials to say their last goodbyes to families before a morning audience with the emperor.

Similarly, they would exchange congratulations with fellow officials if they survived until evening.

The City is  
Changing



and so is  
its people

# THE NANJINGER

NANJINGEXPAT

A fresh way to understand Nanjing

**F**or Julien Minet, what was an investigative project for college became a vivid curiosity for exploration and later a place to raise a family and build a home. A country like China, so vast and culturally diverse, home to 56 ethnic groups and more than 100 dialects and languages, represents a gold mine for scientific research. In 1995, Julien Minet, still a student of ethnology\* at the “L’université d’Aix Marseille” in France, visited China for the first time and stayed for a year to complete an ethnology project about Chinese food and alimentation habits among the people of Chengdu in Sichuan province.

**“It’s just a strange country, difficult to understand but a challenge that you have to experience yourself.”**

“I had the opportunity to come to China for the first time for my studies and it was the first step, I started to taste Chinese culture from a distance.

“Chinese culture is not easy, especially in 1995 when the country was still relatively closed; there was no internet, no contact with the outside, to make a phone call was a big mess; it was a difficult country. Many foreigners were hating China; they didn’t want to be here, but it’s different; it’s just a strange country, difficult to understand but a challenge that you have to experience yourself.

“When I left [China] I was a little frustrated, I wanted to come back and take part in the reality of China.

“I returned to China, specifically to Nanjing in 1998, after completing my college studies. At that time in France, we had to serve time for our country (as military or in a cooperation project), so I applied to work for the French Consulate in Shanghai, but I was based in Nanjing, working on facilitating education programs between Nanjing University and several French Universities. I was working for the Consulate for more than 3 years.

#### \* ETHNOLOGY:

The branch of anthropology that deals with cultures and communities; the natural and artificial divisions of the human species.

The ethnologist investigates natural history, psychology, industry, fine arts, language, sociology, knowledge, lore, and the religions of a single people, and adopts a comparative method among peoples to determine the origin and source of their culture.

“Back then we didn’t have an Alliance Française in Nanjing; the French Government was wondering if it was a good idea to open an office here. I thought that the offices in Beijing, Shanghai and Guangzhou were not enough and I felt it had a lot of possibility in China; a lot of Chinese people want to study abroad and learning the language is the first step to go and study in France, so it made sense to also establish an office here.

“I worked very hard, spent a lot of time and energy to convince them of the benefit in establishing an Alliance Française in Nanjing. There were a lot of meetings between French Ministries of Foreign Affairs; first with Nanjing University and later with Nanjing Normal University, helping to set the grounds to finally establish an office in 1999.

“Also as part of my contract I was working for UNESCO through the French Consulate; I was commissioned to perform ethnology studies about the way of life in villages south of Suzhou; Tong Li, Zhou Zhuang, Xitang and other water villages, now known as the “Venice of South China”. These were being considered to be inscribed into the list of the Unesco World Heritage Sites.

“At that time there were a lot of specialists in China all focused on architecture, history, etc., but UNESCO needed more information about specific areas such as people’s living habits, the use of water, dialects, food, traditions, how they organize their communities and how they relate and seize the opportunity to open their villages to new visitors.



**“I had the idea of discovering China one day but I never thought I would spend my life here.”**

“As a consequence of this study I developed a love for life in these kind of villages, so I started exploring some other places for my own pleasure, and that’s how I came across my first house in China. I found this beautiful place, a village called Zhaji, near to the Yellow Mountain (Huangshan) deep in Anhui Province, almost 300 Kilometers from Nanjing.

This was not a tourist place at all, it was just people living in the same way they used to live a hundred years ago.

“There were a lot of old houses and there was a small house near to the Taohuatan river that used to belong to a local peasant, [but] that nobody wanted. An old man asked me if I was interested in buying it and because of the low price (only ¥10 thousand) I said to myself, ‘why not, let’s try and see what happens.’

“But I was afraid of all the paperwork, regulations and laws concerning a foreigner buying property in the countryside of China so I bought it under the name of my girlfriend, now my wife. Probably I could have bought it under my name but it was such a small place and maybe the people in the different offices wouldn’t know how to handle a foreigner buying a house.”

**Julien admits that  
as a foreigner  
in China  
discretion  
is always  
a good practice.**



In a place with so many policies and regulations there is always a way to

get what you need and still work within the law.

“More than an investment it was a project for fun.

So I bought it and I started working on it.”

After 6 years of restoration the house in Anhui province has become a place where friends can enjoy the local hospitality and spend a few days to have a taste of life in the countryside.

“Once the house was ready I wanted to open the doors to my foreign friends so they would experience this kind of life without the luxuries of a 5 star hotel... in the real way.”

With the renovation of the house in Anhui in process Julien got ready for a more personal project; family. Now married he decides to settle and invest in another property, this time in downtown Nanjing.

“There is a lot of frustration; to see how after buying an apartment in a new building that in only few years the building already looks like it is 20 [years old].”

**Due to bad or misadministration  
big development groups may  
neglect properties in order  
to save money.**

It is a common sight in the city; new properties falling apart in a very short time. On one side is the use of cheap or lower quality materials in the construction

and on the other how due to bad or misadministration big development groups may neglect properties in order to save money.

“There is also the problem with the cohabitants of the building. I believe there is some people in China who have not developed yet a sense of citizenship and community”, says Julien, making reference to the garbage in the elevators and hallways, the piles of abandoned bicycles in the basement, foot prints and holes on the walls, the use of windows and balconies to dispose of garbage, diapers, cigarette butts and sometimes even bags of excrement, hopefully from dogs.

Despite all these problems Julien is not discouraged from investing in yet another property. The family is growing with a 3 year old boy and another baby on the way. It is now time to look for a bigger and cleaner space, away from the pollution and mess of the city, a place to raise children in a better environment. As foreigners assuming the challenge of making a living in China we all need develop our own ways to bond with a culture that at times seems very inaccessible. To create that bond by literal dissection; to put it under the microscope and experience at first hand what Julien calls ‘The Real China’ may not be the fastest way, but it could certainly be the most effective way toward developing a real understanding of the People’s Republic. **NJ**

## Restaurant/Bar Review

### Ellens

By Keith Maguire

■“Watson, what can you deduce from seeing a western girl in high heels here in Nanjing?”

“Well Holmes, I presume you can deduce that she'll be complaining of sore feet in the morning or maybe even by the end of the night. I suppose it's also not too much of a stretch to deduce that some girls wearing heels are also carrying a pair of flat shoes in their bag?”

“Indeed! All good deductions my dear Watson and may I also add that generally the wearers of said heels are new to the city and are not used to the more casual going out customs. Finally and most importantly, it's going to take a lot longer to get served because it's Friday night and Ellens is packed with said heels!.....FUJUAN!!”

We left it a while to review Ellens as when it opened initially in October; its free beer offers ensured that it was frequently full, usually with locally living students. Could it maintain its initial success (cheese burger!) along with its popularity?

Yes is the simple answer, it certainly has.

As noted above, the students are back in force for the new semester and they have the look of deer struck by headlights. Their eyes are wide with wonder amid talk of “a dollar a beer”, “\$2.50 burgers”, “\$2.50 jugs”, “that girl is hot” and “when are we heading to THE Castle Bar” but there were also quite a few more long term residents there on the night Nanjing Expat went along. It all went towards creating a great atmosphere.

As for the food, we ordered two tomato soups, a ceasar salad, a cheese burger and a couple of Tsingtao. Annoyingly the soup arrived after the mains but that is about the only complaint I could make. It was tasty and nicely spiced. The salad was a generous portion and came with lots of chicken and bacon with a serving of sauce on the side. The burger was well cooked, juicy and delicious.

When you consider the quality of food and price paid, Ellens is definitely punching above its weight. Editors note: this review did not sample the best item on the menu; the apple pie; amazing. Expect a special review of that in a future issue. Elementary, really.

Ellens: 132-3 Guangzhou Lu.

“华生，如果在南京看见一个西方女孩穿着高跟鞋，你能由此推断出什么呢？”

“好吧，福尔摩斯，我想你也可以推断出，她在每天的早上或者晚上都会抱怨脚好酸啊！而且我觉得不难推断出，许多女孩一般穿高跟鞋的时候，包里都会放着一双平底鞋的吧？”

“确实！华生你推断的没错，另外我想说，在这个城市这种穿法比较新颖，还不是非常适用于日常出行。最重要的是，周五晚上去Ellens的话你得花很长时间才能等到服务员，这里到处都是高跟鞋.....服务员!!”

Ellens十月份刚开业的时候，有一段时间免费提供充足的啤酒来满足



当地学生，它出名的之后还能维持起初的成功吗？

当然，答案显而易见。

就像之前说的，新学期大批的学生都回来了，他们的眼睛就像被聚光灯照亮的鹿一样，熠熠生辉，他们眼中充满了好奇：“一刀一杯啤酒”，“一个汉堡包2.5刀”，“2.50刀一壶”，“那妞真性感”和“我们什么时候去城堡酒吧”。也有很多南京外籍常住居民喜欢这里。这营造了的气氛棒极了！

至于食物，我们点了两份番茄蛋汤，一份凯萨沙拉，一个吉士汉堡还有两杯青岛啤酒。烦人的是，汤竟然在主菜之后上来，不过我也就抱怨这一点而已。真是又美味又好闻。沙拉的分量很足，有很多鸡肉和培根，边上还配有调味汁。汉堡也做的很好，又多汁又美味。

当你考究食物质量和花费时，Ellens肯定可以一举两得。编辑注：该评论没有举出菜单里最棒的菜式——苹果派，叫人啧啧称奇。期待将来能有一份特别的评论。

Ellens: 广州路132-3 4星级

## Restaurant Review Pisa Pizza 餐厅评论

By Keith Maguire



## ■ 2 Pizza's – 4 Fromage + Diavno (chorizo & sweet peppers)

- Garden Salad

- 2 beers

*On a cold, damp and dark Nanjing night, where better to go than a beautiful Tuscan vineyard for a meal good enough to lift your mood, stir your palate and fill your growling belly? So it is that we settle for sitting surrounded by images of vines under a retractable roof; it's hot too although that's due to the air con unit behind our table.*

*As I cannot actually jet off to Italy on a whim (I did get the train to Italy for dinner once, but that's another story!), dinner on this Saturday night is the newly opened Pisa Pizza on Shanghai Lu. As the name suggests, this is an Italian restaurant and chef/owner Maric is forging a reputation for pizza; a reputation that is certainly deserved.*

*After a quick chat with Maric, we opted for a garden salad to start and then a 4 Fromage and a Diavona. Strangely the main course arrived before the salad but this is China; we did not complain, instead happy to demolish the cheese pizza even sooner. It is quite simply delicious.*

*Traditionally, a 4 cheese pizza is adorned with mozzarella, stracchino, fontina and gorgonzola; this version is made using ricotta, mozzarella, gorgonzola and il pezzo forte; goat's cheese. I should admit now that if a menu item includes either goat's cheese or egg, I'm in. This pizza is light, creamy and the sprinkles of gorgonzola, while not exactly liberal, add a real depth of flavour. Highly recommended.*

*The Diavona is no slouch either and the addition of grilled sweet peppers and chorizo makes for a great contrast of sweet and heat.*

*After entering the restaurant with an idea that leftovers would become Sundays breakfast, we quickly and without openly stating it, knew that these plates would be clean before we left. And so it was. I did say that we had ordered a salad and I confirm what we received was indeed a salad. With greens and veg it was perfectly fine but I would urge you not to go to Pisa Pizza and settle for a salad. Get a pizza; you won't regret the choice.*

*Deliveries are also available within a 3km radius.*

*Pisa Pizza, 81#-8 Shanghai Lu, 15805180587*

在一个寒冷、潮湿、阴暗的晚上，还有哪能比美丽的托斯卡葡萄酒更能让人享受到一顿完美的大餐来调节你的情绪、打开你的味觉、填饱你咕嘟叫的肚子呢？于是我们找了一个被葡萄藤围绕的地方坐了下来，上方刚好是移动车顶。由于桌下就有一个空调机，使得即使天气很冷，我们也觉得很温暖。

还好我没有一时心血来潮坐喷射机去意大利(我确实有坐过火车去意大利吃晚饭,但那又是另外一个故事啦!),周六的晚饭在上海路的这家 Pisa Pizza 是新开张的。顾名思义,这是一家意大利餐厅, Marc, 老板兼厨师, 披萨做的相当出名, 声誉远扬。

在与 Maric 简短的闲谈后, 我们选择坐在庭院里, 并用沙拉开餐, 还点了一份 4 寸芝士披萨和一份 Diavona。很有趣的是, 主菜在沙拉之前就端上来了, 不过不用觉得太奇怪, 因为这是在中国; 我们没有抱怨, 反而愉快地享用着披萨, 相当美味可口! 传统上, 4 寸的芝士披萨是用马苏里拉奶酪、鲜奶酪、意大利果仁味羊奶酪以及戈尔根朱勒干奶酪等混合烤制而成。这家的披萨却是用意大利干清奶酪、马苏里拉奶酪, 戈尔根朱勒干奶酪以及羊奶酪做成的。我得承认, 如果现在菜单上有羊奶酪或者鸡蛋的话, 我肯定要点一份的。披萨做的奶香四溢, 轻盈细腻, 洒在上面的干酪也井然有序, 齿香流连不散。高度推荐!

Diavona 做的也绝对是上品。用烤甜椒和加调料香肠烹制, 和甜点热餐形成鲜明对比。我有点想把没吃完的美味打包带走做周末的早餐。我们

没有大胆的说出来, 因为觉得在我们走之前肯定都被吃光了。确实是这样的。我说我们还点了沙拉, 这才是真正的沙拉。绿色的水果和蔬菜使得颜色搭配的葱葱郁郁。但是我不可能敦促你去 Pisa Pizza 里点沙拉的, 因为我更觉得你更应该品尝一下披萨, 绝对毫无遗憾!

三公里以内接受外送。  
Pisa Pizza 上海路81-8 电话号码:15805180587

## Restaurant Review

### Tacos

By Serafino Di Giampaolo



■ Long ago in 1992 I was travelling for the first time in Mexico. I fell (again) in love with a beautiful name: Maria Rosario de Madrid. She was living in a small village along the ocean coast in Puerto Escondido. What a place. What a beach and, obviously what food; I still remember the amazing Tortillas!

I travelled through Mexico many other times, but I never again found those tortillas. Fortunately I have the recipe well preserved: a beautiful village, a beautiful beach, Maria Rosario de Madrid and twenty years fewer than I have now.

So what? So here are my feelings when I venture to Tacos in Nanjing...

A Big American cowboy greets customers at the entrance. It seems he should say "Buenos Dias Senor", but we know... it is a statue. "Ni Hao" is the reality. Oops.

A blue jacketed, well uniformed young lady is in charge of delivering our order to the kitchen. The menu presents several international items including Spaghetti Bolognese (¥58), Nanjing Beef Noodles (¥29), Russian soup (I suppose a Borsch), and several Indian influenced dishes, not forgetting a choice of Pizza (¥59) and some Spanish style tapas (¥28-58).

I will avoid making comment on this approach of the restaurant to modernize Mexican cuisine or to enlarge its range of possible customers. Today I am interested only in Mexico; I am seeking strong sensations, I want to be there... the desert, the sharks, the falcons, the Mariachi, the ocean, the Maya or Aztecs, Simon Bolivar and Viva Zapata.

And I am seriously hungry now. I search for Mexican dishes on the menu. There are none.

Anyway, it is time to bite. When the Beef-steak with Rice (¥42) arrived I was still looking to my surroundings and, apart from some Cerveza, I could see scant evidence of any Latino. Anyway, the beef was not a steak, but was a pleasant piece of meat. The rice was overcooked; no surprise, we know Mexicans are not expert as the Chinese with rice.

The Tacos Special Salad (¥26) was a clean and washed salad with a "very close" Caesar dressing. Neither the dressing nor the salad was impressive; the bacon was soaked and not crunchy at all, as were the bread croutons.

The surprise for me was the Spicy Lamb chops. They were not chops but I really enjoyed the strong flavour and for several minutes I could remember Real de Quatorce, a very small community in the north of the country; a classic location for a movie where the Blue Jackets save us from the wild Redskin Indians.

I tried to search amongst my sensations to remember Maria Rosario the Madrid; the Black Rice with Mango Pudding (¥29) looked horrible, but was acceptable. Unacceptable was the Mango syrup in this season full of fresh mangoes on any corner.

Cerveza. I had the Cerveza. The wine list did not help in the choice; rather poor but reasonable prices. The girls in charge of serving us were very helpful and they could speak decent English.

Sadness overcame me as I left the restaurant; it did not manage to take me back to my thirties. It did not even weigh so much on my wallet; this was a modern and smart compromise.

Just be careful, the blue jackets are not always punctual. Viva Zapata!

早在1992年的时候,我一个人在墨西哥旅游。我当时就觉得我再次爱上了"马德里的玛利亚罗莎里奥"这个名字。她那时住在普陀埃斯坎迪都沿海边的一个小村庄里。那是怎样美丽的一个地方,有着迷人的沙滩和美味的食物;我仍然记得那个好吃的墨西哥米饼!

我后来去过墨西哥旅游很多次,可是我再也不能找到当初吃到的那个墨西哥面饼。很幸运的是,我还有着保存完好的食谱:美丽的小村庄,美丽的沙滩,马德里的玛利亚罗莎里奥。

那又怎样呢?这里有着我在南京塔克斯吃饭的一些感受。

在入口处,有一位高大的美国西部牛仔帅哥欢迎你。看起来他在说"你好",事实上,我们都知道这是一座雕塑,在用西班牙语说着你好~

一位穿着整洁,蓝色外套的年轻女士负责我们点菜并把单子送到厨房去。菜单上有好几种国际的菜型,比如意大利番茄牛肉面(¥58),南京牛肉面(¥29),罗宋汤(我猜是俄罗斯红菜汤),以及几个印度著名菜式。同时也不能忘记点披萨(¥59)和一些西班牙餐前小吃(¥28-58)。

我会避免评价太多这家餐馆对墨西哥菜式进行时代化,或者是其扩大潜在顾客群的举动。今天,我只对墨西哥感兴趣,我在寻找一些非常感人轰动的东西,我想去那里。比如,荒漠,鲨鱼,猎鹰,墨西哥流浪乐队,玛雅人或者阿兹特克人,玻利瓦尔,萨巴达传...

很正经的说,我现在很饿,我想在菜单上找一些墨西哥食物,但是一无所获。

无论怎样,我要开动啦。当牛排套餐(¥42)上来的时候,我还在注意我周围的环境,除了一些啤酒Cerveza以外,我几乎看不见任何Latino。然而,牛肉却不是牛肉,而是一块鲜美的猪肉。米饭也被蒸过头了。毫无疑问,我们很清楚墨西哥人当然不擅长烹煮中国的米饭。

塔克斯特制沙拉(¥26)做的非常清爽干净,还有一些看起来很美味的蛋黄酱。但是无论是这个蛋黄酱还是这个沙拉,口感都不是特别好。培根烤的湿漉漉的,和油炸面包丁一样,嚼在嘴里一点咯吱咯吱的声音都没有。

让我很惊喜的是麻辣羊排,不是用排骨做的,可是有那么几分钟我确实感受到了齿香,我突然想起了墨西哥北部的一个小团体,叫Real de Quatorce,一个经典的地方。在这里我们蓝眼睛的人从那些北美红皮肤的印第安人手里拯救了我们。

我试着启动我所有的感官在搜索马德里的玛利亚罗莎里奥;还有那个芒果布丁黑米饭(¥29)看起来不怎样,但是吃起来还是不错的。最不能让我忍受的是芒果酱,在这个季节里,芒果居然到处都有卖的。

Cerveza,我喝到了Cerveza。这个酒单在这顿饭中没有起到什么作用。非常不好喝,但是价格很合理。负责招待我们的这些女孩们非常友

好,而且她们的英语讲的非常地道。

当我离开餐厅的时候,一阵难过向我袭来,因为它没有把我带回我30岁的回忆里。

而且价格方面也没有很贵。这只是一家现代的,聪明的餐馆。

对了,要注意,服务员们不是特别守时的哦~万岁!

## Activity Preview Nanjing World Cup

By James Garrett

The 3rd Annual Nanjing World Cup event will take place on the 23rd of April 2011 at Nanjing International School in Xianlin. A fundraiser for the Pfrang Organization, Hopeful Hearts and Ray of Light Cambodia, the event is organized by Nanjing Goldenballs Football Club v2.1. Last year, over ¥30,000 was raised for the charities. Donations will be collected during the event, given by participating teams, and via food and drink sales (hotdogs, cakes, pancakes, waffles, soft drinks, beer and wine). All of the children's activities are free of charge, and donation boxes are positioned around the venue so that people may donate as much or as little as they like.

This year features eight international teams competing for the Nanjing World Cup, representing the European Union, Asia Pacific, Germany, Korea, China, Italy, Mexico and the Atlantic Alliance. Participants can expect a fun day of sporting action (spirited but not too intense), heavy tackling, heavier breathing, good natured banter and no little skill. Last year's winners were the Basque team, a victory that proved to be a lucky omen for the Spanish team in South Africa later that summer. Who shall come out on top this year?

The event is mainly aimed at older players and is not open to competitive teams as the main focus of the event is to have an enjoyable day out with the family. The football is an added bonus. It is a great way to meet new people and raise some money for the charities at the same time.

There will also be loads of activities for the kids so it promises to be a fun day all around. The action kicks off at 11 am.

Nanjing Goldenballs Football Club v2.1 meets every Wednesday from September through May at 6pm in the gym at Nanjing International School. For more information, see [www.nanjingexpat.com](http://www.nanjingexpat.com). The organizers wish to thank the sponsors of the tournament; Nanjing International Club, International SOS and Nanjing International School, all of whom assist in keeping costs down to make sure that as much money as possible is raised for the charities.

## Event Preview Xianlin Universities Student Film Festival

By Sonali Chandel

The 2011 Xianlin Universities Student Film Festival shall take place at the Xianlin campus of Nanjing University of Posts and Telecommunications on 27th and 28th April.

This year's event will not only host student films from local Nanjing universities but is also open to students from universities in nearby Shanghai. There will be two major festival categories: Short Narrative (5-9 minutes in length) and Computer Animation (1-4 minutes in length). Up to 15 films from both categories shall be screened, giving audiences plenty of opportunity to immerse the independent film starved side of themselves.

The Computer Animation category films shall be screened on 27th April with the Short Narrative films on 28th April. Screenings shall take place at 6pm on both days at the NUPT Library Auditorium in its Xianlin campus.

All submitted films will be reviewed by a panel of faculty members and students, with winning films receiving awards and cash prizes at a special awards dinner.

For tickets and more information contact: Chen Lin - 18912941902

新鲜速递——仙林大学城学生电影节。

2011年仙林大学城学生电影节将在4月27,28号两天在南京邮电大学仙林校区举行。

今年的电影活动将不仅仅限制在南京的校园里,同时也向上海附近的学校学生们开放。今年电影节主要有两项:第一个是简短叙事片(5-9分钟),另一个是计算机动画(14分钟)。在这两项活动中,多达15部优秀作品将被播放,观众们有更多机会大饱眼福,让自己沉浸在这些独立电影中。

计算机动画这项将在4月27号播放,而简短叙事片则在4月28号上映。放映时间则是这两天下午6点开始。地点在南京邮电大学仙林校区图书馆大礼堂。

相关专业的专家以及学生将对所有的提交作品进行评价打分,获奖作者将在颁奖宴会上获得奖品以及现金奖励。

欲咨询票务及更多信息,请联系: Chen Lin - 18912941902

## Music Review

# George Harrison Let it Roll

By Frank Hossack



■ The late, great, so called third best Beatle, never had an easy life. Part of it was his own asking; he recorded a Christmas song named "Ding Dong", and much of his work had the air of a rich man playing around with his musical buddies.

"Let it Roll" is a comprehensive 19 track package of the man's work that has been a long time coming. Previous compilations were incomplete to say the least, and possibly downright insulting to both performer and listener; see 1976's "the Best of George Harrison", (assembled without his input) with its inclusion of Beatles-era songs that take up half of the album's length, hugely diminishing the significance of the man's solo years.

The waters have cleared since then, and we now notice that George had an ability to see things with the kind of clarity for which John Lennon is always given more credit, the best example being the title track from his sprawling six sided solo debut, "All Things Must Pass". Elsewhere, "My Sweet Lord" surely takes us (or anyone coherent enough at that time) back to the 1970s with a reminder these were songs that in a way spoke for the entire decade.

Other highlights are few and far between. While consistently a fine guitarist, his singing was often weak, his lyrics cheerfully banal. Sadly, on not more than a handful of occasions was Harrison ever able to relieve his inventiveness of the Beatles years. He was also curiously largely inexpressive of the ecstasy or spiritual fire in his devotion to Eastern religion.

If there is a reason to pick up/download "Let It Roll" it is for the insight offered into the man's creative passions following the breakup of the Beatles. For in 1970, hope and despair could be encapsulated by Harrison, and Harrison alone.

"Let it Roll" is available as a free download from [www.google.cn/music](http://www.google.cn/music).

## Movie Review

# The Killers

## 《致命伴旅》真致命

By Devopro



■ This is a 2010 summer film that is now being released in China. Can Ashton Kutcher be ruggedly handsome and super creepy at the same time? No, but Tom Selleck certainly can! Add Catherine O'Hara and Katherine Heigl and you have... well, I think a movie?



Killers is about Jen (Katherine Heigl) who meets Spencer (Kutcher) while vacationing with her parents, after her nerdy boyfriend dumps her. It turns out Spencer is a hit man for the CIA! After his chance encounter with Jen; a quick dinner, followed by a dance club scene, Spencer tells her the truth about his line of work, only to discover she has passed out drunk on the bed. So, in the end his cover is not blown but he still quits his line of work to be with the woman of his dreams. We jump ahead three years with no indication of said jump until it is too late to accept. Spencer and Jen have been married during this time, enjoying their quiet suburban life until a postcard arrives from "H" (insert Dragnet music here). Here comes the tension and the action! Well, some action; not mind boggling or super-awesome action in

a Japanese way; just so-so. There are lots of bit parts played by some really good comedians and having Tom Selleck there can keep one's interest. Some say it's a "chick flick" but you will have to find someone Legally Blonde to believe that!

Killers is supposed to be a romance-action film but the romance feels really strange and uncomfortable a lot of the time, just as with Kutcher's performance. There are a few moments when the Kutcher we all know is there; yelling and talking loudly in the style he does best. As for Heigl, she is just a means to an end for a guy who wants a normal life.

For The Couch Potato:

Released last Christmas but probably never making it to theatres here thanks to Battlefield LA's media frenzy is; Skyline: A very cool low budget sci-fi action film that keeps you on the edge of your seat until the last moment. With no stars, Skyline is a fun suspenseful ride of brain sucking aliens who stop at nothing to get what they want - you! It's out and about on DVD and should show up on Blu-ray sometime in the near future.

## NIX THE NANJINGER CLASSIFIEDS

For detailed information about these and many other classified ads please visit our classifieds section at [www.nanjingexpat.com](http://www.nanjingexpat.com)

### For Sale

#### ■ Food processor

Brand new, still in box. Food processor with other features such as a blender attachment as well as a juicer attachment. 300rmb or best reasonable offer. [pdwsworld@gmail.com](mailto:pdwsworld@gmail.com). 15077847165.

For full advertisement text, visit: [www.nanjingexpat.com](http://www.nanjingexpat.com)

#### ■ Furniture for Sale

Y chair: solidwood structure available in wood color or coating with paperfiber seat. Egg and swan chair: Fiberglass shell with fabric or leather upholstery. [iconiclassics@gmail.com](mailto:iconiclassics@gmail.com)

For full advertisement text, visit: [www.nanjingexpat.com](http://www.nanjingexpat.com)

#### ■ Laptop for Sale

Dell 710m laptop, 1.7 GHZ processor, 1 GB memory, 160 GB hardrive, New 5 hour battery, CD/DVD combo drive, WiFi, 12.1 inch display, Compact and lightweight, Windows XP Pro. Like new, no scratches or any other damage. Price 2100rmb.

[domb2222@yahoo.com](mailto:domb2222@yahoo.com). 15250967013.

For full advertisement text, visit: [www.nanjingexpat.com](http://www.nanjingexpat.com)

### Jobs / Positions Vacant

#### ■ Business Development Manager

New Era • Emerging New Coffee Brand • Unique Role • Nanjing – followed by Shanghai. We are seeking an experienced Business Development Manager to join our Nanjing team. The ideal candidate will have strong business development skills with the ability to follow through the sales cycles to completion, while meeting the company's objective of development and long term growth. [www.modacaffe.com.cn](http://www.modacaffe.com.cn). [david@modacaffe.com.cn](mailto:david@modacaffe.com.cn). 15050508731.

For full advertisement text, visit: [www.nanjingexpat.com](http://www.nanjingexpat.com)

#### ■ Sales Manager for Ceramics Manufacturer (Joint Venture)

One of China's best pottery factories is looking for an experienced Sales Manager to join its team. Based in Yixing (Jiangsu), this factory has established strong relationships with its customers worldwide due to its high quality and fashionable designs. [dentonwang@gmail.com](mailto:dentonwang@gmail.com)

For full advertisement text, visit: [www.nanjingexpat.com](http://www.nanjingexpat.com)

#### ■ 8000 pmth Australian owned and run school in Nanjing

Superstar English is a fun, modern and easy place to work. We opened with one campus in June, 2010 and have grown phenomenally since then. We are opening a new campus in the downtown Xinjiekou district of Nanjing

starting with a 2 mths summer program from July. [www.superstarenglish.com](http://www.superstarenglish.com)

If interested and qualified, please send your CV, copy of passport info page and any degrees or certificates etc now to [ami@superstarenglish.com](mailto:ami@superstarenglish.com). 15151880144.

For full advertisement text, visit: [www.nanjingexpat.com](http://www.nanjingexpat.com)

#### ■ Relocation Consultant Wanted

Fast expanding relocation agency is looking for a part-time relocation consultant to act as a relocation support in Nanjing. The consultant will be asked to coordinate orientation, home and school searches for our assignees, create and update an information database, and assist with the expansion of the overall business in Nanjing. [www.ark-relocation.com](http://www.ark-relocation.com). [lisa@ark-relocation.com](mailto:lisa@ark-relocation.com). 021 62488464.

For full advertisement text, visit: [www.nanjingexpat.com](http://www.nanjingexpat.com)

### Jobs / Positions Vacant

#### ■ Chinese tutor available - from Jessica

Learn Chinese, make your living and business in China easier. Any one who would like to learn Chinese, please feel free to contact me, class delivery time/place suit your convenience, class delivery content suit your industry and personal needs. Lets start little by little, step by step to make your living and business in China easier. Also offer business meeting/files translation.

daidai1008@yahoo.cn. 15205145945.

For full advertisement text, visit: [www.nanjingexpat.com](http://www.nanjingexpat.com)

## Real Estate / Rent

### ■ Looking for a family apartment from downtown Nanjin

A Finnish-German family looking for an apartment in Gulou or Xuanwu. My family is moving to Nanjing in late April, and we don't have an apartment yet. My husband will be working at the Nanjing University Gulou campus, which is where our two kids will also go to kindergarten, so we would want to find a home as close to NJU as possible.

Contact me over email at [angina@iki.fi](mailto:angina@iki.fi)

For full advertisement text, visit: [www.nanjingexpat.com](http://www.nanjingexpat.com)

## Real Estate / Share

### ■ Looking for a female roommate & a flat

I am foreigner girl (spanish, french, english, improving my chinese) looking for a female roommate and a flat as soon as possible for at least 1 year or more. Easy going, clean, respectful and non-smoker. Close to ShiGuLu, HanZhongLu, XinJieKou would be a preference. [lidibis@gmail.com](mailto:lidibis@gmail.com). 15261807340

For full advertisement text, visit: [www.nanjingexpat.com](http://www.nanjingexpat.com)

**Joanna Real Estate** [www.joannarealestate.com](http://www.joannarealestate.com)  
 Maverick Gu: 13770619060 Hotline: 025-86952966/2988,13918578

Downtown Area		GOLDEN TOP HARBOR 金鼎湾		ROYAL FAMILY 金陵家天下	
<b>/ANKE APARTMENT 万科金色家园</b>	3Br 139sqm ¥ 8,000	3Br 139sqm ¥ 8,000	3Br+1 170sqm Townhouse ¥	4Br 220sqm Semi-detached ¥	4Br 320sqm Detached ¥
1Br 98sqm Middle-level ¥ 5,500	3Br 168sqm ¥ 9,500				
1Br 139sqm Lake view ¥ 7,200		<b>LANDSEA SUNNYHOME 朗诗熙园</b>		<b>XIANG XI YUE YUAN 香溪月园</b>	
1Br 145sqm Low-level ¥ 5,500		1Br 35sqm ¥ 2,300		3Br 143sqm Apartment ¥	
1Br 168sqm Lake view ¥ 8,800		1Br 50sqm ¥ 3,000		3Br 200sqm Townhouse ¥	
1Br 240sqm Duplex ¥ 14,500		2Br 118sqm ¥ 5,000		4Br 270sqm Detached ¥	
<b>INGDOM OF JIN LING 金陵王府</b>		4Br 160sqm ¥ 7,000			
1Br 41sqm Middle-level ¥ 2,700		<b>CRESCENT LAKE GARDEN 湖畔之星</b>		<b>British School Of Nanjing</b>	
1Br 140sqm Well-furnished ¥ 8,500		3Br 130sqm ¥ 6,000		<b>YULAN VILLA 玉兰山庄</b>	
1Br 170sqm Middle-level ¥ 14,000		4Br 156sqm ¥ 6,500		3Br 210sqm Apartment ¥	
<b>GOLDEN EAGLE INT'L GARDEN 凤凰国际花园</b>		4Br 164sqm ¥ 8,000		3Br+1 260sqm Townhouse ¥	
3Br+1 133sqm High-level ¥ 5,500		<b>SHIMAO RIVIERA 世茂滨江新城</b>		4Br+1 350sqm Detached ¥	
3Br+1 144sqm Low-level ¥ 6,500		2Br 160sqm ¥ 6,500		<b>RENHENG BAMBOO GA 仁恒翠竹园</b>	
1Br 178sqm High-level ¥ 9,000		3Br 180sqm ¥ 7,500		2Br 102sqm ¥	
<b>/IAN-AN INT'L MANSION 天安国际大厦</b>		3Br 220sqm ¥ 9,000		3Br 135sqm ¥	
1Br 55sqm High-level ¥ 3,500		4Br 280sqm ¥ 17,000		3Br 150sqm ¥	
1Br 80sqm High-level ¥ 5,000		<b>CFC(DAXINGGONG CBD) 长发中心 (大行宫商务区)</b>		4Br 160sqm ¥	
1Br 160sqm High-level ¥ 8,000		2Br 62sqm Duplex ¥ 4,500		<b>JIAHU GREEN ISLAND 佳湖绿岛</b>	
<b>IOBLE MOUNTAIN 天泓山庄</b>		2Br 70sqm Duplex ¥ 6,500		4Br 276sqm Townhouse ¥	
1Br 150sqm Newly-renovated ¥ 6,500		<b>Nanjing International School</b>		4Br 350sqm Detached ¥	
1Br 127sqm ¥ 6,000		<b>TOP REGENT GARDEN VILLA 帝豪花园别墅</b>		<b>MASTERLAND 玛斯兰德</b>	
1Br 250sqm Duplex ¥ 13,000		3Br+1 220sqm Townhouse ¥ 17,000		3Br+1 278sqm Townhouse ¥	
1Br 230sqm Duplex ¥ 12,000		3Br+1 250sqm Detached ¥ 35,000		4Br 500sqm Detached ¥	
<b>/INCHENG DONGYUAN 新城东苑</b>		<b>NANJING DONGJIAO STATE GUESTHOUSE 南京东郊国宾馆</b>		<b>GREEN VIEW MANDARI 瑞景文华</b>	
1Br 108sqm ¥ 3,500		3Br+1 280sqm ¥ 30,000		3+1Br 185sqm Townhouse ¥	
1Br 128sqm ¥ 4,500		3Br+2 320sqm ¥ 33,000		3Br 260sqm Townhouse ¥	
1Br 145sqm ¥ 5,000				5Br 370sqm Detached ¥	
1Br 160sqm ¥ 6,500					
1Br 145sqm ¥ 7,500					
1Br 180sqm ¥ 8,500					
<b>BEST OF THE BEST 汉府雅苑</b>					
1Br 108sqm ¥ 6,500					
1Br 120sqm ¥ 6,500					
1Br 145sqm ¥ 7,500					
1Br 180sqm ¥ 8,500					

Wanted A place to advertise items for sale, jobs vacant, services on offer or anything in between.

visit: [www.nanjingexpat.com](http://www.nanjingexpat.com) or Email: [classifieds@nanjingexpat.com](mailto:classifieds@nanjingexpat.com)

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## Tourism and Hospitality

### Hotel & Hostel

#### **NU** *Fraser Suites Nanjing*

**南京辉盛阁国际公寓**  
116 Lushan Road, Jianye District  
庐山路116号  
87773777  
www.frasershospitality.com

Nanjing's first international serviced apartments, with fully furnished 1 to 3 bedroom apartment suites ranging from 138 sqm to 249 sqm. Fully equipped kitchenettes, state of the art home entertainment systems, balconies, and a fully equipped clubhouse with leisure facilities that make this the accommodation of choice for many expats. Fine dining is also available to residents and non-residents within an exquisite setting in the lobby restaurant.

#### *Intercontinental Hotel*

1 Zhongyang Lu, Zifeng Tower, Gulou  
中央路1号紫峰大厦鼓楼区  
83538888

www.intercontinental.com  
Located in Gulou with a birds-eye view of Nanjing's skyline. The hotel makes a grand statement and can be found in the 450 metre high Zifeng Tower; the tallest building in Nanjing. The hotel offers world-class service and accommodation

#### **NU** *The Westin Nanjing*

**南京威斯汀大酒店**  
201 Zhongyang Lu, Nanjing International Center, Gulou 中央路201号南京国际广场鼓楼区  
85568888  
www.westin.com/nanjing

The Westin is a haven of Chinese distinction, located only minutes from major corporations, restaurants and shopping. Set within the vibrant Hunan Road central business district, every room of the Westin overlooks scenic Xuanwu Lake.

#### *Sofitel Galaxy* 南京索菲特银河大酒店

9 Shanxi Road  
山西路9号  
83718888  
www.sofitel.com  
resoff@sofitelnanjing.com

A luxury hotel located at the end of the popular shopping street, Hunan Road. The accommodation of choice for many visitors coming to Nanjing.

#### **NU** *Sofitel Zhongshan Golf Resort*

**中山索菲特高尔夫度假酒店**  
1 Huanling Road  
环陵路1号  
85408888

www.sofitel.com  
reservation@sofitelnanjing.com  
This golf resort is located at the foot of Purple Mountain and is the preferred hangout spot of Nanjing's rich and famous. A five-star plus location that's great to visit and relax in.

#### **NU** *Jinling Hotel*

**金陵饭店**  
2 Hanzhong Lu  
汉中路2号  
84722888

A landmark hotel and one of the original high-class establishments in Nanjing. The Jinling

Hotel is conveniently located in Xinjiekou. Inside there are restaurants serving Italian, Japanese, Chinese, and Hong Kong cuisine, shops, a decent sized mall, and even a micro brewery. Also home to a travel desk.

#### *Crowne Plaza Nanjing* 皇冠假日酒店

89 Hanzhong Lu  
汉中路89  
84718888

nanjing@ihg.com  
Modern western hotel located in the west of Xinjiekou. Range of restaurants, full Spa and health centre facilities including pool. Travel service also available.

#### *Nanjing Grand Metropark Hotel*

**南京维景国际大酒店**  
319 East Zhongshan Lu  
中山东路319号  
84808888

www.metroparkhotels.com  
sales.njgm@metroparkhotels.com  
The 5-star Grand Metropark Hotel is located next to the Nanjing Museum. A wide variety of recreational and entertainment facilities. Holds a grand ballroom also.

#### *Xuanwu Hotel*

**玄武饭店**  
193 Zhongyang Lu  
中央路193号  
83358888

www.xuanwu.com.cn  
info@xuanwu.com.cn  
Close to the railway station and international exhibition center. Top-class dining available. A Revolving Restaurant on the 20th floor.

#### *Nanjing Central Hotel*

**南京中心大酒店**  
75 Zhongshan Lu, Gulou  
鼓楼区中山路75号  
83155888

The Central Hotel is located in Xinjiekou, a hotel that combines spectacular architectural design with the hotelier's traditional values of comfort, hospitality and attention to detail.

#### **NU** *Nanjing Sunflower International*

**Youth Hotel**  
80 Zhanyuan Road (next to Fuzimiao's west gate)  
瞻园路80号, 在夫子庙西门的附近  
52266858 / 66850566  
www.nanjingyha.com

This is an international youth hotel in Fuzimiao, one of Nanjing's most famous scenic areas. It includes free pool, DVDs, cable TV, foosball, Wifi, travel info, an English menu, and an English speaking staff.

### Resorts

#### **NU** *Regalia Resort & Spa (Qinhui River)*

**御庭精品酒店 (秦淮河)**  
E5, No 388, Yingtian Street, Qinhuai District  
(Chenguang 1865 Technology Park)  
应天大街388号 (晨光1865科技创意产业园) 第E5幢  
51885688

www.regalia.com.cn  
reservations-qhr@regalia.com.cn  
One of the most luxurious Spa resorts in Nanjing, conveniently located just outside the city wall on the Qinhuai river. A Thai style Spa offering a holistic approach to rejuvenation and relaxation. Its five spa villas by the river exude serenity, peace and solitude. Dining offers a uniquely satisfying combination of Chinese, Asian and Western cuisine.

#### *Kayumanis Private Villas & Spa*

Xiang Zhang Hua Ping  
Sizhuang Village, Tangshan Town  
江宁区汤山镇寺庄村  
84107777  
www.kayumanis.com  
nanjing@kayumanis.com  
High End private villa in Nanjing. Refreshing natural hot spring with mountain view.

#### *Tangshan Easpring Hot Spring Resort*

**汤山颐尚温泉度假村**  
8 Wenquan Lu, Tangshan, Jiangning  
汤山镇温泉路8号  
51190666

A Leisure hotel in Tangshan offering different types of bathing. ¥128 for adults, ¥65 for children under 1.3m tall.

### Museums & Parks

#### *Nanjing Massacre Museum*

**清华日军南京大屠杀遇难同胞纪念馆**  
Shuiximen Jie No. 418  
水西门428号  
86612230 / 86610931

Tuesday – Sunday from 8:30 to 16:30  
The museum is located in the southwestern corner of Nanjing known as Jiangdongmen; one of the former execution grounds and mass burial places of the cruel holocaust. Admission is free.

#### *Rabe House* 拉贝故居

Xiaofenqiao No. 1, Guangzhou Lu.  
小粉桥1号

Tuesday – Sunday from 8:30 to 16:30  
The former home of the German Industrialist who saved the lives of thousands of Nanjing people in 1937. The house served as a refugee shelter at the time. The story is vividly told here.

#### *Nanjing Brocade Museum* 南京云锦博物馆

240 Chating Dong Jie 茶亭东街240号  
86518580 Hours: 8:30am-5:00pm  
Nanjing brocade is regarded as the finest on earth. Visitors can observe professional brocade artists working on wooden looms.

#### *City Wall Museum* 南京明城墙遗址博物馆

8 Jiefang Men 解放门8号  
83608359  
Found on top of Jiefang Gate with photographs of long-gone city gates, maps and a full-scale model of the walled city. Captions in Chinese.

#### *Folk Customs Museum* 南京民俗博物馆

19 Nanbu Ting, Baixia District (near Gan Jia Da Yuan) 白下区南捕厅19号 (甘家大院)  
52217104  
Learn about different facets of life in traditional China. Regular musical performances and hands-on traditional crafts.

#### *Nanjing Museum* 南京博物院

321 Zhongshan Dong Lu 中山东路321号  
The museum houses artifacts from various periods from Neolithic to the communist period.

#### *Nanjing Science Museum* 南京科技馆

9 Zijinghua Lu, Yuhua District  
雨花台区紫荆花路9号  
58076158  
Hands-on fun and learning for kids. IMAX Cinema.

#### *Taiping Heavenly Kingdom History Museum*

**太平天国历史博物馆**  
128 Zhanyuan Lu 瞻园路128号  
86086833  
Houses an interesting collection of documents, and artifacts related to the Kingdom including army maps, coins, scrolls of laws and weapons.

### Bailuzhou Park 白鹭洲公园

1 Bailuzhou 白鹭洲1号

First built in the Yuan dynasty, located on the Qinhuai River. Features traditional architecture, a small amusement park for children and a bird and plant market.

### Gulin Park 古林公园

21 Huju Bei Lu 虎踞北路21号

Gardens, paintball, BBQ & outdoor pool. Take the lift to the top of Nanjing Radio tower for a great view of the city.

### Jiuhuashan Park 九华山公园

Beijing Dong Lu 北京东路

Climb to the top of the park to visit the temple and pagoda. A great way to get on the city wall for a scenic spot with gorgeous views of the city.

### Nanjing Hongshan Forest Zoo 红山森林动物园

101 Heyan Lu 和燕路101号

Nanjing's zoo. Recent renovations have made this a nice place for a day out.

### Qingliangshan Park 清凉山公园

Guangzhou Lu, near the intersection of Huju Lu 广州路西端

A quiet park, once home to Chinese artists, offers several calligraphy and stone museums, as well as an art gallery and pottery studio open to the public. A wonderfully uncrowded place for walking and relaxing.

### Underwater World 海底世界

South side of Purple Mountain 中山陵四方城8号  
8.30am-5pm

### Xuanwu Lake Park 玄武湖公园

1 Xuanwu Xiang 玄武巷1号

Offers trails for walking biking and running. You will find playgrounds, gardens, restaurants and boats for rent.

### Mochou Lake Park 莫愁湖公园

35 Hanzhongmen Da Jie 汉中门大街35号

Location of the annual Dragon Boat Races, this park is dominated by a huge lake. It is a great place to go boating or simply take a walk in a peaceful environment.

### Yuejiang Tower 阅江楼

202 Jianning Lu 建宁路202号

This temple is part of a complex known as Yuejiang Tower Scenic spot. It includes the temple itself, Wanxian pavilion and other historical remains.

### Zhongshan Botanical Garden 中山植物园

Established in 1929 and covers over 186 hectares. The garden has more than 3000 plant species on display. A great place to breathe the fresh air and have fun cycling.

### Zhongshan Botanical Garden's Bridge World 中山植物园桥世界

1 Qianhu Hou Cun, outside Zhongshan Gate 中山门外前湖后村1号

An assortment of challenging bridge and rope courses criss-crossing a stream. For children of all ages to try.

### Zixia Lake 紫霞湖

In the heart of Purple Mountain area

Features picnic grounds and a mountain fed lake in which you can swim. Take extreme care when doing so as a number of deaths occur each year as a result of cramp brought on by cold currents flowing into the lake from deep inside the mountain.

## Business & Education

### International Education

#### **NU** British School of Nanjing 南京英国学校

Building 2, Jinling Resort,  
Jiahu Dong Lu  
佳湖东路湖滨金陵饭店2号楼  
52108987

#### **NU** EtonHouse Nanjing 伊顿国际教育集团

West Songhua Jiang Street,  
Jianye District (near Olympic Stadium)  
南京市松花江西街6号, 建邺区, 靠奥体北门  
(中华紫鑫广场北面) 金陵中学实验小学内  
8669 6778

#### **Nanjing International School** 南京国际学校

8 Xueheng Lu, Xianlin College  
and University Town  
仙林大学城学衡路8号  
85899111

#### **Eternal Sea Int. Kindergarten** 恒海外国语幼儿园

20 Mingugong Lu  
明故宫路20号  
84820900

#### **Nanjing #1 Kindergarten International Division**

南京第一幼儿园国际部  
266 Baixia Lu 白下路266号  
86647868

#### **NU** Grand Canadian Academy 中加国际高中

30 Beijing Dong Lu  
北京东路30号南京外国语学校内  
83282339

#### **NU** Novas Education Management 诺瓦斯国际

2405, Building A, New World Centre,  
88 Zhujiang Lu  
珠江路88号新时广场A幢2405  
83282339

### Language Training

#### **NU** Alliance Français de Nanjing

南京法语联盟  
Beijing Xilu 73 Qunlou 4th floor  
北京西路73号裙楼四楼  
83598762  
www.afnanjing.org

French classes for individuals and companies as well as a modern library. Also offers a wide range of cultural events including conferences, concerts, exhibitions with local partners and artists.

#### **JESIE-Goethe-Language Centre**

##### JESIE - 歌德语言中心

Jiangsu College for International Education 3rd Floor, 205 Shanghai Lu 江苏省国际教育学院3楼, 上海路205号  
83335690  
kurse@goethe-slz.js.cn  
www.goethe-slz.js.cn

The Goethe Institute is the world's cultural institute of the Federal Republic of Germany with the mission to promote German language and cultural understanding. A range of language courses are available.

#### **Chaz Cheng Teaching**

Chinese Teacher Extraordinaire  
1505 1888099  
cw19861214@126.com

#### **JESIE Corporate Training** 苏教国际企业培训

Suite 210, 205 Shanghai Lu  
南京市上海路205号210办公室  
15895865134  
www.jseielect.org  
A program of Jiangsu Education Services for International Exchange.

### Foreign Trade & Economic Development Agencies

#### **NU** Australian Trade Commission 澳大利亚贸易委员会南京代表处

1163, 11F, World Trade Center, 2 Hanzhong Lu  
汉中中路2号金陵饭店世界贸易中心11层1163室  
84711888 -1163

#### **NU** Baden-Württemberg International 德国巴登符腾堡州国际经济和科技合作协会

7-3 Dabei Xiang Meiyuan Xin Cun  
梅园新村大悲巷7-3号  
84728895

#### **NU** China-Britain Business Council, Nanjing 英中贸易协会南京代表处

Rm 2514-2515, 50 Zhonghua Lu  
中华路50号2514-2515室  
52311740

#### **NU** European Union Chamber of Commerce 中国欧盟商会(南京)

30F, 1 Zhujiang Lu 珠江路1号30层  
83627330

#### **NU** Netherlands Business Support Office 荷兰贸易促进委员会南京代表处

Suite 2316, Building B, 23/F, Phoenix Plaza,  
1 Hunan Lu  
湖南路1号凤凰国际广场B楼23层2316室  
84703707

#### **NU** Nordrhein-Westfalen Business Partners 德国北莱茵威斯特法伦州经济促进局驻华南京代表处

50 Zhonghua Lu 中华路50号  
52270000

### Clubs & Charities

#### **Nanjing International Club**

南京国际俱乐部  
www.nanjinginternationalclub.com  
Founded in 1990 with the objective of promoting social contacts and good community relations within the international community in Nanjing. Many events taking place on a weekly, monthly and annual basis. A big club in Nanjing with 600+ members.

#### **Nanjing Toastmasters**

南京第一家英语演讲俱乐部  
www.nanjingtoastmasters.com  
Weekly meetings at Hohai University

#### **Hopeful Hearts**

www.hopefulhearts.info  
Dedicated to raising funds necessary for medical treatment of children with a heart condition.

#### **Wokai** 我开

www.wokai.org  
nanjing@wokai.org  
Wokai offers opportunities of microfinance to people in rural China to start their own businesses.

#### **Pfrang Association**

普方基金会  
7-3 Dabei Xiang Meiyuan Xin Cun  
梅园新村大悲巷7-3号  
84729068

www.pfrang-association.org

Pfrang association raises money to sponsor the school education of children in poor regions of Jiangsu province.

#### Operation Blessing China 慈福行动

010-64669296

info@obchina.org

www.obchina.org

Operation Blessing China initiates transformation in the lives of the needy and impoverished communities.

## Shopping

### Art

#### Jiangsu Art Gallery 江苏省美术馆

266 Changjiang Lu 长江路266号

86643757

Works of local artists, exhibits changed frequently.

#### ART 国艺堂

D-1 Shuimuqinhuai, 99 Shitoucheng Lu 石头城路

99号水木秦淮D-1号

83321600

Picture framing service and all kinds of art related books, supplies.

#### Shenghua Art Center

##### 南京圣划艺术中心

2 Zhoutai Lu, on Jiangxin Islet

江心洲民俗街洲泰路2号(原乡土乐园)

86333097 86333100

Exhibition of Chinese contemporary art, including photography, sculpture and painting, etc.

#### Me@ting Point

##### 意风之约

81 Shanghai Lu 上海路81号

5800291

An Italian restaurant that also doubles as an art exhibition space.

#### Antique Markets

Chaotian Palace Antique Market

朝天宫古玩市场

Confucius Temple Antique Market

夫子庙古玩市场

Qingliangshan Park Antique Market

清凉山古玩市场

Major antique markets in Nanjing. Beware of the fake items.

#### Stone City Modern Art Creation Gallery

##### 石城现代艺术创意园

72 Beijing Xi Lu 北京西路72号

Exhibition of modern Chinese art.

#### Shizhuzhai 十竹斋

72 Taiping Nan Lu 太平南路72号

Online shop (CN): www.cnjshizhuzhai.com/shop/

360 yrs history in Nanjing. Galleries and traditional art items for sale.

### For the Home

#### B&Q 百安居

286 Ningli Lu 宁溧路286号

Int'l hardware and furniture store with four stores in Nanjing.

#### IKEA 宜家家居

South of Kazi Men 卡子门南侧

#### Hongxing Furniture

##### 红星国际家具广场

224 Zhongyang Lu 中央路224号

Large furniture mall with many shops. Large

range of prices, styles, etc.

#### Jinsheng Market 金盛百货大市场

2 Jianning Lu 建宁路2号

Large indoor market with everything from home décor to wires to Christmas trinkets to electronics, etc. Cheap but be prepared to bargain. Several other outlets in Nanjing.

#### Jinling Decoration Market

##### 金陵装饰城

88 Jiangdong Zhong Rd 江东中路88号

Everything needed for a new home.

#### Longjiang Flower Market

##### 龙江花卉市场

78 Qingliangmen Da Jie

清凉门大街78号 Huge outdoor flower market with

a variety of plants, cut flowers, fish tanks and fish, and a selection of gardening tools.

#### Modern House NJ (Remo) 摩登仓

Ground Floor, Lan of mercy and Social Hall, off

Huaqiao Lu

慈悲社兰之堂5-2号

86555566

www.amodernhouse.com.cn

Copied designer furniture & décor.

### Malls

#### Deji Plaza 德基广场

18 Zhongshan Road 中山路18号

84788066

A western style mall located at the northern end of Xinjiekou. As one of Nanjing's premier malls, there is a wide variety of high class shops and western restaurants such as Bella Napoli, and high end shops including Louis Vuitton and Burberry. There is also a movie theatre.

#### Nanjing Aqua City 南京水游城

1 Jiansong Road 健康路1号

52233999

A newer Nanjing shopping mall, home to many restaurants and western brand name shops as well as a cinema and an import supermarket.

#### Golden Eagle Shopping Center

##### 金鹰国际商城

89 Hanzhong Road 汉中中路89号

84708899

A popular department store with a wide selection of clothing, homeware, and a foreign food supermarket located on the upper floor.

#### Wanda Plaza 万达广场

98 Middle Jiangdong Road 江东中路98号

86805588

The largest mall in the west of the city, mostly occupied by Chinese brands. However there is a wide variety of food including Walmart and one of the largest cinemas in Nanjing.

#### Golden Wheel In-Citi 金轮新天地

8 Hanzhong Road 汉中中路8号

84773788

One of the major Xinjiekou malls, with a wide variety of western brands and foods, including a donut shop, a Japanese teppanyaki restaurant, and many other choices. In terms of fashion, there is a wide selection available, including brands Sephora, H&M, and Timberland.

#### New City Mall 新城市广场

99 Caochangmen Street 草场门大街99号

86210888

One of the larger malls in Hexi, the western portion of the city. It contains many brand name shops, a variety of restaurants, a yoga studio, and a movie theatre.

#### Grand Ocean Department Store 大洋百货

122 Zhongshan Nan Lu 中山南路122号

Frequent promotions and many good value food stalls the basement.

#### Orient Department Store 东方商城

2 Zhongshan Nan Lu 中山南路2号

Gucci, Celine and other designer brands are available.

### Sports

#### Decathlon 迪卡侬

286 Ningli Lu, next to Metro

宁溧路286号(麦德龙对面)

Sport Megastore, 9am-9pm

#### GIANT 捷安特

178 Zhongshan Bei Lu, opposite

of the fabric market 'Bu Bu Bu'

中山北路178号

83611227

Bike shop

#### Jinxianghe Rd 进香河路

The main street for outdoor stores for hiking, backpacks, equipment and apparel for outdoors.

#### Bikes & Equipment Stores on Jinxianghe Rd

SPECIALIZED 闪电专卖店

Mountain Heart 山地情怀车行

### Electronics

#### Professional Photography Equipment Market

##### 照相器材专业市场

3F, Binjiang Friendship Shopping Center, 301

Jiangdong Bei Lu

江东北路301号滨江友好商城三楼

Dongding Plaza, 699 Zhujiang Lu

珠江路699号东鼎照材市场

Camera & photography equipment.

#### Mobile Shops on Danfeng Jie

##### 丹凤街-手机

Indoor markets specialized in new and second-hand mobile phones and repairs.

#### Zhujiang Lu - IT Products

##### 珠江路-IT产品

A multitude of stores selling everything you need for your computer, phone, camera and beyond.

#### Zhongyuan Lu - Video Games

##### 中央路-电子游戏

Any type of video game for all video game systems. Also do minor repairs.

#### Suning Electronics 苏宁电器

8 Shanxi Lu 山西路8号

Local firm that is now one of China's largest retailers for electrical household appliances.

### Groceries

#### HomeGrocerChina

Yushuiwan Garden, Yudao Jie 169, Building 65,

Rm503 御道街169号御水湾花园65室503室

84400397

www.homegrocerchina.com

Online shopping of premium imported products conveniently delivered to your door. Cash on delivery.

#### Metro 麦德龙

288 Ningli Lu 宁溧路288号

300 Jianning Lu 下关区建宁路300号

German hypermarket with a wide selection of foreign foods.

#### **BHG Market**

B2 Floor, Aqua City, No.1 Jiankang Lu 健康路1号  
水游城地下2层  
66985066 / 66985068  
91 Matai Jie  
马台街91号  
68675666 / 68675699

Japanese supermarket with a large stock of imported goods plus fresh organic fruits and veg.

#### **Carrefour 家乐福**

235 Zhongshan Dong Lu  
中山东路235号

The omnipresent French hypermarché with four stores in Nanjing and a fifth (Pukou) on the way.

#### **RT Mart 金润发**

Danfeng Jie 丹凤街

Chinese supermarket with decent foreign food section and three outlets in Nanjing

#### **Auchan 欧尚**

151 Hanzhongmen Dajie  
汉中门大街151号  
86580282

French hypermarket with three stores in Nanjing

#### **YaoHan City Market 南京八佰伴**

Phoenix International Bookmall, 1 Hunan Lu  
湖南路1号凤凰国际  
Foreign food supermarket.

#### **Times Grocery**

##### **泰晤士**

48 Yunnan Lu 云南路48号

Very popular foreign food store with wide selection of imported yet pricy food.

#### **Organic Food 有机食品**

Available in most above mentioned supermarkets and big Chinese food markets, but need to ask staff.

#### **Eminence Cellar**

##### **香松酒窖**

Inside Wutaishan (opposite to Jin Inn)

五台山金鹰体育馆内

(金一村快捷酒店对面)

66012088

B2, Aqua City

水游城副二楼

In this wine cellar that is incredibly well stocked you can find everything from a Petrus and LaTour to something more reasonable. A wine lovers paradise.

#### **Aussino cellar 富隆酒窖**

Room109, No.198,

Zhongshan Dong Lu.

隆酒窖 南京市中山东路198号109室

84679799

www.aussino.net

njaussino@126.com

Over 1000 selected world class wines; Supplying more than 8000 high-end & off-trade accounts.

Over 200 retail outlets nationwide.

A pioneer of wine culture in China.

#### **SZY Wine Shop SYZ 葡萄酒商店**

48 Wangfu Jie 王府街48号

84213022

steelmin@msn.com

Well stocked wine store in a central location.

Wide variety of wines from many countries suiting many pockets.

## Foreign Language Bookstores

#### **Foreign Language Bookstore**

##### **外文书店**

218 Zhongshan Dong Lu  
中山东路218号  
84650445

A selection of Foreign books and magazines.

#### **Phoenix International Book Mall**

##### **凤凰国际书城**

No1 Hunan Lu 湖南路1号

Five floors of books, magazines, gift shops, toys, musical instruments, CD's and DVD's

#### **Librairie Avant Garde**

3F, New City Plaza, 99 Caochangmen Da Jie 173

Guangzhou Lu

先锋书店, 新城市广场3楼

173 Guangzhou Lu

先锋书店, 广州路173号

#### **Hunan Lu Xinhua Bookstore**

47 Hunan Lu

湖南路新华书店 湖南路47号

## Services

### Travel

#### **Lufthansa German Airlines**

##### **德国汉莎航空公司**

Reservation Service:

4008 868 868 (CH,EN)

LH Sales Office: Room 951, World Trade Center,

2 Hanzhong Road

汉中路2号金陵饭店世贸中心951室

Fax: 84722624

nanjing\_lufthansa@dlh.de

Nanjing Lukou Int'l Check-in Service

Airport 417 Room.

#### **Dragonair 香港港龙航空**

84710181

#### **Asiana Airlines 韩亚航空**

86893141

#### **Air Macau 澳门航空**

86799127

#### **D.T. Travel**

##### **大唐国际(香港)商旅服务管理有限公司**

22E, Golden Wheel

Mansion, 108 Hanzhong Lu

汉中路108号金轮大厦22E

84720097

Ticket Booking: 400 886 1212 (FREE)

English service includes: flights, visas, hotels, and holiday packages.

## Transportation

#### **Nanjing Train Station**

##### **南京火车站**

141 Longpan Lu, Xinzhuang

新庄龙蟠路141号

85822222 (enquiry)

85824224 (tickets)

www.njstation.com

Online train timetable and booking, but only in

Chinese.

#### **Nanjing Lukou**

##### **International Airport**

##### **南京禄口机场**

Lukou Town,

Jiangning District

江宁區禄口镇

968890 52480499

#### **Airport Shuttle Bus**

##### **机场大巴**

6am-8.30pm

Leave every 30mins, ¥25

1. Nanjing Railway

Station, next to Bus 17

南京火车站17路车站旁

2. Nanjing Zhonghua Men Station, 88 Jihecun Lu

南京中华门车站

集合村路88号

3. 221 Longpan Zhong Lu 龙蟠中路221号

#### **Nanjing Coach**

##### **Terminals**

##### **南京长途汽车站**

Coach timetable/ticket enquiry 96196

#### **Nanjing East**

##### **Coach Terminal**

##### **南京长途汽车东站**

17 Huayuan Lu 花园路17号 85477345

(enquiry) To SH, Suzhou

#### **Nanjing Hanzhongmen Coach Terminal**

##### **南京汉中门客运站**

Located half a block east of the intersection of

Hanzhong Lu (汉中路) and Huju Lu

(虎踞路)

86612288 (enquiry)

To Nantong.

#### **Nanjing Zhonghuamen Coach Terminal**

##### **南京中华门车站**

88 Jihecun Lu, 集合村路88号

52418504

To Gaochun, Anhui Prov.

#### **Nanjing Zhongyangmen Coach Terminal**

##### **南京中央门总站**

Next to Zhongyangmen overpass, one kilometer

west of Nanjing Train Station.

中央门立交桥对面, 南京站西1公里处

Main coach station to SH, Suzhou, Wuxi.

#### **Nanjing North-Central Coach Terminal**

##### **南京中北长途客运中心**

100 Shengzhou Lu (Sanshanjie Metro Station)

南京升州路100号(地铁三山街站)

#### **The Nanjing Metro**

##### **(subway)**

Fares cost ¥2-4. Open 6.00am to 11pm. See map for underground stations.

#### **Taxi**

Taxis cost ¥9 for the first 3 kilometers and ¥2.4

for every additional kilometre. An additional ¥2

is levied on the cost of the entire journey as a

fuel surcharge. Prices are cheaper for some taxi

companies based outside Nanjing.

#### **Main Local Bus Routes**

Air-conditioned bus costs ¥2, otherwise ¥1.

#### **Bus No. You 1 (游1线)**

-Nanjing Station 南京车站

-Xuanwu Lake 玄武门

-Presidential Palace 总统府

-Purple Mountain 中山陵

#### **Bus No. You 2 (游2线)**

-Yuhua Tai 雨花台

-Zhonghua Gate 中华门

-Confucious Temple 夫子庙

-Presidential Palace 总统府

-Purple Mountain 中山陵

#### **Bus No. 1 (1路)**

-Nanjing Station 南京车站

-Xuanwu Lake 玄武门

-Gulou 鼓楼

-Zhujiang Lu 珠江路

-Xinjiekou 新街口

-Confucious Temple 夫子庙

## Healthcare

### **NU** **Global Doctor** 环球医生

East Mochou Lake Road,  
next to Shuiximen Street  
莫愁湖东路, 靠近水西门大街  
86519991  
Emergency Number: 13805174397  
www.globaldoctor.com.au

Global Doctor is an Australian based medical company that provides primary care, occupational healthcare and emergency assistance. Another clinic of choice for many foreigners living in Nanjing. Located relatively close to Xinjiekou with a multilingual staff - EN, IT, JP, PT, ES, KO, CN.

### **NU** **Nanjing International SOS Clinic** 南京国际(SOS)紧急救援诊所

1F, Grand Metropark Hotel Nanjing,  
319 East Zhongshan Lu  
中山东路319号维景国际酒店1楼  
84802842 (by appt.)  
Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Alarm  
Center: 010 6462 9100  
www.internationalosos.com  
Western doctors and public pharmacy. Service listed in English & Chinese Multilingual staff - EN/ CN/JP/DE

### **New Public Pharmacy**

#### **Nanjing International SOS Clinic**

English speaking staff. OTC medicine available.  
Prescription medicine by doctor appointment.

### **Yifeng Super Drugstore** 益丰大药房

159 Hanzhong Lu, west of JS hospital of TCM  
汉中中路159号(省中医院往西30米)  
86795111-825 8am-9pm  
English speaking staff.

### **Nanjing Entrance and Exit Inspection and Quarantine Bureau** 江苏出入境检验检疫局

1 Baxia Rd 白下路1号  
52345328 / 84456805  
Health checks for applications for work permit / visa.

### **Gulou Hospital** 鼓楼医院

321 Zhongshan Lu 中山路321号  
83323101  
The major hospital for trauma (24 hr)

### **Nanjing Children's Hospital** 南京市儿童医院

72 Guangzhou Lu 广州路72号  
83117500

### **Jiangsu Provincial Hospital of TCM**

**江苏省中医院**  
155 Hanzhong Lu 汉中中路155号  
86617141  
The major Chinese medicine hospital.

### **Jiangsu People's Hospital** 江苏省人民医院

300 Guangzhou Lu 广州路300号  
83718836  
The major western medicine hospital.

### **Nanjing General Hospital of Nanjing Military Command** 南京军区总医院

305 Zhongshan Dong Lu 中山东路305号  
80860114

### **Nanjing Stomatology Hospital** 南京市口腔医院

30 Zhongyang Lu 中央路30号  
83620362

### **Nanjing Maternity and Child Healthcare Hospital** 南京市妇幼保健院

123 Tianfei Xiang 天妃巷123号  
84460777

The major hospital in Nanjing for pregnancy checks, labour & delivery.

### **People's Hospital**

300 Guangzhou Lu 广州路300号  
83718836  
The major western medicine hospital.

### **BEN-Q Hospital** 明基医院

71 Hexi Avenue 河西大街71号  
58858800

The hospital is located in the southwestern area of the city, conveniently beside the subway. BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors.

### **Dan-De Dental Clinic** 丹德齿科

D6, 9th floor, HuaWei Mansion, No.107 ShiGu Lu  
石鼓路107号华威大厦9楼D6  
84217177

Centrally located dental clinic with western standards. Services on offer include repairs, cleaning, orthodontics, oral cosmetics and oral surgery.

### **Huanuo** 华诺齿科

35 Taiping Street 太平巷35号  
8445 8115  
139 Hanzhong Road, Room 807 Wuxing Nianhua  
Building 五星年华商务层807室  
86980180

2 Ruijin Road, 2 Dayang Gouyu Way Jiayuan  
瑞金路大阳沟御道家园2号门面

84481193  
Dr. Gao Feng's Mobile - 13951643759  
Offering a variety of services, including cleaning, repair, and braces. English service is also available.

### **KB+ Dental Hospital**

31 Fujian Lu (Huafu Mansion)  
83433333 / 4001108899  
www.kangbeijia.com  
Jiangsu's first digital dental hospital using the best in western methods. Treatments include dental cosmetics, implants, tooth whitening, correction/straightening, protection, treatment.

### **NU** **Nanjing Union Dental Clinic** 南京友联齿科

1F, Grand Metropark Hotel Nanjing,  
319 Zhongshan Dong Lu 中山东路319号  
维景国际酒店一层  
84818891 / 84808888-6555  
dentist@uniondental.cn  
Western standard dental care with English language.

## Legal

### **NU** **Jeffrey Wang** 江苏丰亚律师事务所

249 Shuiximen Jie, Qianfengcaicui Mansion  
23Floor 水西门大街249号千峰彩翠大厦23楼  
13605182614  
www.fengyalaw.com  
wang@fengyalaw.com  
Business lawyer with more than 10 years legal practice in Nanjing plus fluent English communication skills as well as abundant knowledge in both legal and business areas. Legal service regarding Corporate Law, Contract Law and other related legal areas, including IP Law, International Trade Law and Franchise Law.

### **NU** **Dacheng Law Offices** 大成律师事务所

2F, No.72 Beijingxi Lu  
2楼北京西路72号中华人民共和国  
83755108

nanjing.dachengnet.com  
Hongliang.Hu@dachengnet.com  
Ranked No.1 in Asia by size, with branches in 26 countries and all over China. Nanjing branch is ranked No.1 in Jiangsu Province (EN/CH/ES/JP/KO).

### **NU** **Picozzi & Morigi Law Firm** 意大利诺高基莫里吉律师事务所

11F, Tian Cheng Mansion, 199 Guangzhou Lu  
广州路199号天诚大厦11层  
86556731  
c.dandrea@picozzimorigi.it  
www.picozzimorigi.cn  
www.picozzimorigi.com  
Italian Law firm operating in China since 1991 with its main offices in Rome. Additional office in Shanghai (EN/CH/IT/ES/FR).

### **NU** **JC Master Law Firm** 泰和律师事务所

15F, Daxinggong Mansion, 147 Zhongshan Dong  
Lu  
中山东路147号大行宫大厦15楼  
84503333  
Jessicaliu@jcmaster.com  
www.jcmaster.com  
JC Master is a local law firm known for its foreign investment related legal services.

## Pets

### **Aimimingmao**

#### 爱咪名猫

18 Nantai Xiang Xi (off Wang Fu Da Jie) 南京王府大街南台巷西18号  
86662858  
Cat specialist with overnight stays and English speaking staff.

### **Nanjing Veterinary Station**

**南京畜牧兽医站宠物总医院**  
448 Longpan Zhong Lu  
龙蟠中路448号  
84484781  
The major center for pet illness treatment and vaccination.

### **Ai-Bi Pet** 艾贝尔宠物医院

258-27 Zhongyang Lu  
中央路258-27号  
83112202

### **Tom Dog Pet Center**

**汤姆狗宠物中心**  
1 Shanghai Lu 上海路1号  
86662858  
Pet stayover and dog walking service, retail outlet and English speaking staff.

## Property Services

### **NU** **Sunhome Real Estate** 中涛房产

Rm 616, Hongyun Mansion,  
185 Hanzhong Lu  
汉中中路185号鸿运大厦616  
51860590 / 51860592  
Frank Pan: 18913951471  
sunhome@shre.com.cn  
Relocation solutions, orientation programs, home search, settling-in programs, vehicle leasing, basic living essentials.

### **NU** **Crown Relocations**

**嘉柏(中国)国际货运代理有限公司**  
Rm1908, Block B, New Century Plaza,  
1 Taiping Bei Lu  
太平北路1号新世纪广场B栋1908室  
84541017

**N** **Joanna Real Estate**  
嘉园置地

Rm120G Bldg B, 300 Zhongshan Dong Lu  
中山东路300号B栋120G室  
86952929-211  
13770619060  
English service for renting apartment / house  
in Nanjing.

**N** **CMR Corporate Property & Relocation**  
南京浩麦房地产咨询

12C1 Jinlun Mansion, 108 Hanzhong Lu  
汉中路108号金轮大厦12C1座  
84701658  
www.cmchina.com  
Complete relocation service to multinational companies and their employees, with additional services including assistance with visa, drivers license, import/export of pets and ayi sourcing. Other offices in Shanghai, Luizhou and Changchun.

**Media Production**

**N** **SinoConnexion**  
南京贺福文化传媒有限公司

Frank Hossack: 13851522275  
info@sinoconnexion.com  
www.sinoconnexion.com  
International award winning professional foreign owned video and media production company that offers advertising agency services plus print and digital publications, broadcast media, internet advertising, social media promotion; plus production of audio materials and a range of design services.

**N** **VOZ Design**  
嗓音设计

11F, Phoenix International Building,  
389 Zhongyang Lu  
中央路389号凤凰国际大厦11楼  
Ronald Paredes 泉源:  
15950575174  
vozdesign.com@gmail.com  
http://tiny.cc/vozdesign  
Professional marketing oriented graphic design and brand development. No copies, no templates, only creativity and lots of brain juice. Mediocracy is a disease we fight everyday.

**Nicolas Harter Photography**

1872 155 5434  
www.nicolasharter.com  
A French photographer specialising in landscapes, commercial and event photography, and author of photo-book AFRICA SQUARE, a profile of African artists at the 2010 Shanghai Expo.

**Alexandre Detry**

www.alexandredetry.com  
A French photographer based in Nanjing with eight years of experience in press and advertising in Paris.

**Phrephotos Photography**

1377 099 9175  
www.phrephotos.com  
Photographic services offered. Product shots, portraiture and more.

**Rhino Solutions Corporation**

11F, Phoenix International Building,  
389 Zhongyang Lu  
中央路389号凤凰国际大厦11楼  
6890 0358  
A full-service digital agency fueled with creative ideas, technology and strategy with offices in Shanghai, Beijing and Vancouver. Offers application software development, digital marketing and public relations, web analytics, creative/web development, search engine optimization.

**Faith Houses**

**Nanjing International Christian Fellowship**

Ramada Hotel, 45 Zhongshan Bei Lu  
南京中山路45号 南京华美达怡华酒店  
Sundays 9:30am to 11:30am  
13057627945  
Foreign passport holders only. English service.  
Translation available in Chinese and French.

**KuanEumHui Korean Buddhist Club**

观音会南京韩人佛教会  
1703, Bldg 2, Fuli Shanzhuang  
富丽山庄3栋1703室  
13222018582  
Service: 11:00am

**Shigulu Catholic Church 石鼓路天主教堂**

112 Shigu Lu 石鼓路112号  
84706863  
Korean service: Sat 4.30pm  
English/Chinese Service: Sun 4.30pm

**The Church of Jesus Christ of Latter Day Saints**

Jingli Hotel, 7 Beijing Xi Lu  
北京西路7号晶丽酒店  
Mormon service, Sun at 10am  
Foreign passport holders only.

**Miscellaneous**

**Avis Car Rental 汽车租赁**

78 Kazimen Da Jie  
卡子门大街78号  
83210799 4008821119

**CommTrans Translation**

English-Chinese / Chinese-English translation services with native speakers on hand.  
13851624127  
tienhuang@gmail.com

**Interpreter & Translation Service**

Professional interpreter with extensive Sino-foreign business background  
13002512862  
nanjing.interpreter@gmail.com

**Satellite TV Installation Service**

13770323459  
nanjingstv@gmail.com

**Bottled Water Delivery Service**

By Coca-Cola Nanjing  
4008282288 (Free)  
Mineral water, pure water, water machine cleaning.

**Lustre Cobbler 莱斯特皮鞋修饰**

Golden Eagle Shopping Center, 89 Hanzhong Lu  
汉中路89号金鹰国际  
Central Department Store, 79 Zhongshan Nan Lu  
中山南路79号中央商场  
Shoe repair.

**N** **Hong Bang Tailor**  
红邦裁缝

18 Nanxiu Cun, Shanghai Lu 上海路南秀村18号

**Dong Feng Tailor**

13851847204

**You Wen Tailor**

13851760748  
Provides quality tailoring service.

**Public Security Bureau**

公安局出入境管理  
1 Honggong Ci, Sanyuan Xiang 三元巷洪公祠1号  
84420004 / 84420114  
Visa, residence permit.

**Nanjing Event Tickets Office 南京票务网**

Rm 816 Muma Apartment,  
1 Weixiang (on Danfeng Jie)  
丹凤街卫巷1号木马公寓816室  
84533308 / 83651880  
www.zypiao.com  
Tickets for on-going events in Nanjing.

**Leisure & Sports**

**Massage & Spa**

**N** **Pathways Spa & Lifestyle Club**  
颐庭Spa

13th Floor, TianAn International Building,  
98 Zhongshan Nan Lu 中山南路98号13楼  
84701266  
Lifestyle club consisting of a dedicated spa area with private treatment rooms, Thai Massage room and Foot Massage room. Other club facilities include yoga and meditation rooms, sky garden lounge and private function rooms.

**N** **Congen Massage Healthcare Club**  
康骏会馆联系我们

1-2F, 81 Huaqiao road 华侨路81号1-2楼  
82232513 / 83663 2513  
Hunan Lu, Shiziqiao  
83242326  
www.shkangjun.cn  
Foot massage, general body massage: ¥80/60min.  
10% discount.

**Flow SPA 川·天地**

46 Xijia Datang, Ming Cheng Hui (200m north of Xuanwu Lake's Jiefang Gate)  
明城汇西家大塘46号  
57718777  
Hours: 10.30am-10.00pm  
Sino-German joint venture.  
12 luxurious single and twin private suites for men & women.

**N** **Regalia Resort & Spa (Qinhuai River)**  
御庭精品酒店(秦淮河)

E5, 388 Yingtian Street, Qinhuai District (Chengguang 1865 Technology Park)  
应天大街388号(晨光1865科技创意产业园)第E5幢  
51885688  
www.regalia.com.cn  
reservations-qhr@regalia.com.cn

One of the most luxurious Spa resorts in Nanjing, conveniently located just outside the City Wall. A Thai style Spa offering a holistic approach to rejuvenation and relaxation. Its five spa villas by the river exude serenity, peace and solitude.

**Shoujia Medical & Health Center 手佳按摩**

136 Changjiang Lu 长江路136号  
84702129  
Provides various types of massage with blind masseurs.

**Facial-Spring 春之源美容中心**

28-1 Dashiqiao, Danfeng Jie 丹凤街大石桥28-1号  
83604422  
Various packages available including face, neck and shoulder massage.

**Beauty**

**N** **Essentials Evolution**  
Toni & Guy 彩秀汤尼英盖南京店

6F, Dongfang Mall,  
2 Zhongshan Nan Lu  
中山南路2号东方商城6楼  
84715767  
Professional English speaking staff who understand foreign hair styling needs. Haircut: starting

at ¥120.  
Hair-dye: starting at ¥480  
Perming: starting at ¥380

#### **Beauty Baby**

31F, Golden Wheel Shopping Mall  
A range of beauty treatments. Hair removal including waxing available.

#### **VS Philosophy Hair Salon**

沙宣理念美发  
6F, Deji Plaza 德基广场6楼  
84763486

#### **Fashion Lady, various stalls**

新街口莱迪时尚广场  
Xinjiekou Pyramid  
Get simple manicures.

#### **Nail Bar 指爱你美甲**

44 Wangfu Dajie  
王府大街44号 84209596

#### **Sweet Love in Nails 指间密语**

89 Shanghai Lu  
上海路89号

### Gyms & Sports

#### **Wutaishan Stadium 五台山体育馆**

1-6 Wutaishan, Gulou鼓楼区五台山1-6号  
86614156

All kinds of sports facilities available, including tennis court, swimming pool, ping-pong table, badminton court and many more.

#### **Wutaishan Bowling 五台山保龄球**

1-6 Wutaishan (next to Wutaishan Stadium)  
五台山1-6号  
Newly refurbished.

#### **Nairobi International Fitness Club**

##### **耐力国际健身俱乐部**

2 Batiao Xiang, Hongwu Lu  
洪武路八条巷2号  
84697088

119 Chengkai Garden, Shimenkan  
石门坎119号城开家园

57927088

3F, Golden Beach, 1001 Jinbo Lu, Jiangning  
江宁金箔路1001号黄金海岸广场3楼

52187088

7F/8F Zhonghuan International Square,

105 Zhongshan Bei Lu

中山北路105号中环国际广场7-8楼

86977088

Zhonghuan branch has a swimming pool and yoga facilities. Wifi, and English speaking staff.

#### **Olympic Century Star Ice Skating Club**

##### **奥体世纪星滑冰俱乐部**

222 Jiangdong Zhong Lu (Inside Olympic Center)  
江东中路222号奥体中心内  
86690466

#### **Nanjing North Star Ice Skating Club**

Qinhua Sports Center,  
No. 162, Pingjiangfu Lu  
52200031

#### **Sun Palace 太阳宫广场**

Longpan Lu on south-east bank of Xuanwu Lake  
太平门(阳光路3号)  
85400888

Indoor swimming park featuring water slides, a wave pool and an artificial beach.

#### **Ninth City Billiards 9 城花式撞球**

1912 District, 52 Taiping Bei Lu

太平北路52号1912街区

84504303

1pm till late. ¥15/hr in the afternoon.

#### **Klein Billiards 克莱恩台球**

135 Hongwu Lu 洪武路135号  
84568088  
9am till late.

#### **Huanyu Paragliding 环宇星辰航空俱乐部**

13305183396  
An new experience in the sky.

#### **Zhongshan Shooting Club 中山射击俱乐部**

147 Zhongshan Dong Lu 中山东路147号  
84615141  
Gun shooting.

#### **Changqing Taekwondo 长青跆拳道馆**

33 Shigu Lu 石鼓路33号  
51167738

#### **Karate Eifuukaikan 空手道影风道场**

96 Yushi Jie 鱼市街96号  
52989189  
¥30/90mins For kids & adults Taichi  
6.00am everyday on Shanxi Lu square next to KFC  
8.am everyday next to Wutaishan Stadium

#### **Pisarev Ballet 比萨列夫芭蕾舞学校**

5 Guangzhou Lu 广州路5号  
86975095

#### **Xiao Dong Latin 晓东拉丁舞**

42 Shigu Lu 石鼓路42号  
83908713

### Golf

#### **Xuanwu Golf Club 玄武高尔夫俱乐部**

Inside Xuanwu Lake 玄武湖公园内  
Driving range, strike balls onto the lake.

#### **Zhongshan Golf Club 钟山高尔夫俱乐部**

7 Huanling Lu, Wutaishan Stadium 环陵路7号  
84606666

#### **Gingko Lake Golf Club 银杏湖高尔夫俱乐部**

1 Guli Yinxing Hu 江宁区谷里银杏湖1号  
86139988

#### **Nanjing Harvard Golf Club**

南京哈佛高尔夫俱乐部  
176 Zhenzhu Jie, Pukou District  
南京市浦口区珍珠街176号  
58853333

### Art & Culture

#### **Drug Art Museum**

12 Ding Hui-Men Street, 22 Building  
定淮门12号(世界之窗软件园) 22号房  
83752646

#### **Nanjing Art and Cultural Center**

南京文化艺术中心  
101 Changjiang Lu 长江路101号  
84797920  
Regular large-scale shows by professional Chinese and overseas performers.

#### **Jiangnan 631 Niuda Theatre**

江南631牛达剧场  
5 Yanling Xiang 延龄巷5号  
84419786  
Weekend Chinese modern small theater shows.

#### **Nanjing Art Academy Concert Hall**

##### **南京艺术学院音乐厅**

15 Huju Lu 虎踞北路15号

Irregular performances by Chinese and overseas students and faculty.

#### **Jiangsu Kunqu Theater 兰苑剧场**

4 Chantian Gong 朝天宫4号

84469284

Live performance of Kunqu opera (similar to Peking Opera).

### Cinema (call for English language availability)

#### **Xinjiekou International Cinema in Deji Plaza**

##### **德基广场新街口国际影城**

18 Zhongshan Lu  
中山路18号德基广场7楼  
84797700

#### **Nanjing Shangying International Cinema**

##### **南京上影国际影城**

98 Caochangmen Da Jie

草场门大街98号

86223345

#### **Aqua City Hengdian Cinema City**

##### **水游城横店影视电影城**

4F, Aqua City, 1 Jiankang Lu 建康路1号水游城4楼  
82233700

### Food & Drinks

#### **Asian Cuisine**

#### **Droje Pema Tibetan Food Bar**

East Jiahu Road, near Bajia Lake in Jiangning  
佳湖东路,  
靠近江宁区的百家湖  
52106550

The only known Tibetan restaurant in Nanjing. Its location is far outside the city center but anyone getting off the Metro at Baijia Lake Station can easily find it. Cuisine ranges from curried fried rice to roast yak. Fresh yoghurt is made on site.

#### **Kezigu Muslim Restaurant 克兹古丽餐厅**

53 Wangfu Da jie

王府大街53号

85981468

A delicious change from the standard Chinese cuisine: spicy noodles, potatoes, chicken and lamb dishes. Xinjiang performance.

#### **Istanbul Turkish Cafe**

##### **食正坊咖啡店**

209 Shanghai Lu

上海路209号

83309030

Istanbul offers a range of Turkish and Vietnamese food, with highlights including Turkish 'pizza', kebabs, wraps, freshly made yoghurt, and some desserts. All food is halal. Hookahs are available for smoking during or after a meal.

#### **Golden Harvest Thai Opera Cafe**

##### **金禾泰大餐厅**

2 Shizi Qiao, Hunan Lu

湖南路 狮子桥2号

83241823

Golden Harvest is one of the only Thai restaurants in this area of the city. The cuisine is called authentic Thai, and prices tend to be quite high, with set meals for four costing between ¥400 and ¥1,000.

## Indian Cuisine

### **N** Taj Mahal

#### 泰姬玛哈印度料理

117 Fengfu Lu, Xinjiekou  
新街口丰富路117号  
84201178  
189 Shanghai Lu 上海路189号  
83350491

Established in 2003, the Taj Mahal Indian Restaurant made a name for itself by offering a great variety and exotic blend of authentic Indian cuisine. Taj Mahal's assortment of flavourful foods makes it continually popular with the foreign community.

### **N** Himalaya-Nepalese & Indian Restaurant

#### 喜马拉雅尼泊尔印度餐厅

193 Shigu Lu  
(Sunglow Bay  
near the Sheraton)  
石鼓路193号  
8666 1828

Himalaya is a very popular restaurant serving a variety of Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves. English menu, English speaking staff, free delivery within 1 kilometer. Wifi available.

### **Kohinoor Restaurant**

#### 科伊诺尔餐厅

45 Zhangshan Bei Lu  
中山北路45号  
83122522

Pakistani restaurant located on the second floor of Nanjing's Ramada restaurant. Vegetarian and non-vegetarian curries made in the original unimitable style of Indian and Pakistani Cuisine prepared by chefs brought especially from the mystery lands. Owned & operated by an individual with over 20 years of International Hospitality experience.

### **Punjabi Restaurant**

#### 本杰比印度餐厅

2 Shizi Qiao, Hunan Lu  
湖南路狮子桥2号  
83245421

A well-established Indian restaurant in Nanjing offering traditional Kadhais, Murghs, Masalas and Vindaloos in addition to more familiar Chinese dishes. English menu, English speaking staff, and free delivery within 3 kilometers.

## Japanese Cuisine

### **Wadouraku**

#### 和道乐日本居酒屋

121 Shi Gu Lu  
石鼓路121号  
8446 5760

Wadouraku's finest compliment is the fact it is every night patronised by many from Nanjing's Japanese community. With a selection of Saki and Japanese beer by the bottle or on draught, Wadouraku is the genuine Japanese experience in Nanjing.

### **N** Oeodo Japanese Restaurant

#### 大江户日本料理

199 Hongwu Lu  
(one block south from Walmart)  
洪武路199号  
(户部街长发银座侧面)  
84563378

Open: 11.00-14.00; 17.00-22.00  
Eat as much as you can: ¥128 (unlimited soft drinks); ¥158 with unlimited sake. Seafood, roasts, beef, goose liver, hotpot and more (over 150 choices).

Wifi & English menu

### **Tairyō Teppanyaki 大渔铁板**

57 Zhongshan Road  
中山路57号  
8472 9518  
66 North Taiping Road  
(in 1912)  
太平北路66号, 在1912里  
8445 8310

Tairyō Teppanyaki is famous throughout the Nanjing expat community for its special offer: ¥178 for all you can eat and all you can drink. This includes sushi, sashimi, sake, beer, and everything on the menu. Much of the food is cooked right in front of you.

### **Shuizhui 水之惠**

18-2 Wangfu Dajie 王府大街18-2号  
84217517

### **Tairyō 大渔**

Shiziqiao, Hunan Lu 湖南路狮子桥  
83204001

### **Nagoya 那古野**

4F Grand Hotel, 208 Guangzhou Lu  
广州路208号古南都饭店4楼  
83311999

## Korean Cuisine

### **Fudelang 福德坊**

6 Taogu Xin Cun, Hankou Lu  
汉口路陶谷新村6号  
83312091

### **Ke Jia Fu 可家福**

137 Ninghai Lu 宁海路137号  
83314283

## Vegetarian

### **The Green Field – Vegetarian Restaurant**

1F Zhengyang Building, 56 Yudao Street  
御道街56号正阳大厦一楼  
6661 9222

A wide selection of food including sushi, disguised tofu, Italian gelato, and of course, plenty of fresh vegetables. Specialized drinks and teas are also available.

### **Pure Lotus 静心莲**

1 Section C, Shuimuqinhuai,  
99 Shitoucheng Lu 石头城路99号水木秦淮C区1号  
83752306

### **Wushang Vegetarian Diet 无上素食**

1F Zhengyang Mansion, 56 Yudao Jie  
御道街56号正阳大厦1楼  
84681283  
Vegetarian buffet.

### **LvLiuJv (Living by Green Willow) 绿柳居素食馆**

248 Taiping Nan Lu 太平南路248号  
84527177

### **Ma Xiang Xing 马祥兴菜馆**

32 Yunnan Bei Lu 云南北路32号  
83286388

## Western Bars & Restaurants

### **N** Studio 21 Grill Restaurant

#### 藤美

193 Shigu Road  
(behind the Sheraton)  
石鼓路193号(石鼓湾美食休闲街区)  
86795269  
Alessandro 13072525212  
Originally from Holland, Studio 21 offers a

combination of grilled meat & seafood specialties, genuine European flavors and its renowned home made desserts, all in an elegant and relaxing atmosphere with Live Music at weekends. Special Set Lunch Menu with prices from ¥32. Student & Teacher Check-Out Menu Special at ¥58.

### **N** Nail Jazz Bar

#### 钉子吧

10 Luolang Street (200m south of the Sheraton)  
罗廊巷10号, 立金斯利酒店200米  
8653 2244

One of the more relaxed bars in Nanjing that offers a wide variety of imported beers. The bar has a cozy upstairs and a more open downstairs, complete with stage and foosball table. Opening hours: 6.30pm – 2am.

### **N** Blue Marlin

#### 蓝枪鱼音乐餐厅

54 Taiping Bei Lu, 1912  
太平北路54号, 在1912一条酒吧街  
Middle Liyuan Road, Jiangning (near Baijia Lake)  
江宁区, 利源中路(百家湖附近)

An older establishment in Nanjing and still a popular expat hangout. It doubles as a restaurant which serves German and European food and a bar. A Filipino band provides entertainment nightly, and happy hour is from 4:00 to 7:00 pm daily.

### **Bebbis**

2 Zhongshan Nan Lu, Orient Department Store  
1st floor  
中山南路2号东方商城1楼  
84730121  
Fondue Restaurant.

### **N** Danny's Irish Pub & Restaurant

#### '丹尼' 爱尔兰酒吧

4F, Sheraton Nanjing, 169 Hangzhong Rd. 汉中  
路169号金斯利酒店4楼  
8666 8888 7775

Located on the 4th floor of the Sheraton hotel, the pub serves the usual selection of beers and liquors, offers a good place to sit and chat, and features live performances. Open from 6 pm.

### **Finnegans Wake Irish Bar**

#### 芬尼根爱尔兰酒吧餐厅

6 Cinnalane, at the corner of Shenzhou Road and  
South Zhongshan Road  
熙南里6号, 靠近神州路和中山南路的路口  
52207362

An authentic Irish bar in Nanjing, with an extremely wide selection of whiskeys, good range of food, and regular music performances.

### **N** Cosima

#### 可西玛

120 Shanghai Road (near to Hankou Lu)  
上海路120号  
83337576

Famous for being the smallest restaurant in the city, serving a variety of Spanish food.

### **N** Secco Restaurant and Bar

#### 喜客西餐厅

3 Kunlun Road (South of Xuanwu Park's main  
gate)

昆仑路3号, 在玄武湖公园正门的南边  
83370679

A German restaurant and bar, located in a side street very close to Xuanwu Lake and directly beside the city wall. Another major expat draw, Secco features barbecue, buffet, outdoor dining, strong mixed drinks, with good deals and specials. A good place to start a night out.

**N Talking**  
对话西餐厅

Ninghai Lu, 9 Pei De Li,  
Room 101  
宁海路培德里9号栋101室  
83200844  
21 Jinyin Street  
金银街21号

Talking is a restaurant and bar, with a surprisingly large variety of beers and liquors, as well as a good selection of food. Open 11:00 am until late, tending to fill up at night time.

**N Talking 2 - 3**  
对话西餐厅2-3

Jinyin Jie No. 20  
(near Shanghai Lu), across from the foreign students dormitory in Nanjing University  
金银街20号, 南大西苑对面  
83323969

More music, wi-fi, cheap beers and decent food at reasonable prices. An ideal place for a bite and few drinks with friends.

**N Don Quixote**  
堂吉珂德餐厅与酒吧

39 Chengxian Street,  
off Zhujiang Lu  
珠江路成贤街39号  
83359517

This pub doubles as a Spanish restaurant offering a variety of cuisines. However, after the kitchen closes, a live band comes on upstairs. Downstairs, there is a large screen plasma TV and videogames.

**N Sancho Panza**  
到堂吉珂德

173 Guangzhou Lu,  
Wutaishan Stadium North gate  
(take the stairs to the right)  
广州路173号,  
五台山体育场北大门内  
(无为高尔夫球场西侧台阶上)

A 2-floor bar featuring live music, pool, food and quality eats plus a fully-stocked bar.

**N Bluesky Expat Bar & Grill**  
蓝澳西餐厅

77 Shanghai Lu  
上海路77号  
86639197

Bluesky is one of the original expat bars to open in Nanjing, and serves a wide range of Western food such as burgers, pizzas, and Aussie meat pies. There is also a wide range of beers, including several Australian brands. Like any good pub, there is a pool table and darts.

**N Ciao Italia**  
你好意大利

193-2 Shigu Lu (outside Sunglow Bay near the Sheraton) 石鼓路193-2号  
86608807

Ciao Italia's master chef Giuseppe serves over 140 authentic Italian specialties, including 30 varieties of pizza that are widely considered some of Nanjing's best. Free delivery is available.

**N Ellens Bar**  
艾伦咖啡

132-3 Guangzhou Lu  
(a few meters from the corner of Shanghai Lu)  
广州路132-3号

Laid back and relaxed atmosphere have quickly made this a new favourite, especially amongst the student crowd. Fantastic range of food & drinks at great value prices.

**N Swede and Kraut**  
云中西餐厅

12 Nanxiu Cun 南秀村12号  
86638798

From the people who bring us Skyways Bakery, this bar and restaurant near Nanjing University features an impressive beer list, including German and Belgian labels, alongside a menu of traditional European foods and desserts. Take out and special holiday dinners are available.

**Joy Haven 珈亦·湾**

3 Kunlun Road, 2-1 Ming Cheng Hui  
(next to Xuanwu Gate)  
玄武区昆仑路3号明诚汇2-1号  
83357777

Joy Haven is a Western restaurant located right next to Xuanwu Gate, best known for its steak and fantastic atmosphere. The cost is not too high; usually under ¥100 per person.

**N La Table de Mr. Eiffel**  
巴黎盛宴

83 Guangzhou Lu, near Qingliangshan Park  
广州路83号, 靠近清凉山公园  
83711900

Offers authentic French cuisine and carries an extensive list of French wines by the glass. It is located in an old Chinese garden house with an entrance on Qingliang Shan Park. There is also an outside terrace.

**N Pisa Pizza**  
比萨斜塔意式西餐厅

81-8 Shanghai Road  
上海路81-8号  
1580 517 7575

A newcomer to Nanjing but one that has quickly gathered a reputation for serving up the finest pizza in the city, straight from the wood fire oven.

**N Soul Mate**  
索味法式休闲餐厅

15-1 Nanxiu Cun,  
off Hankou Road  
南秀村15-1, 靠近汉口路  
83328418

A French restaurant and bar located in an old house very close to Nanjing University. They serve a variety of cuisine and drinks, including French style pizzas, omelettes, mixed drinks, wines, and beers. Open from 11:30 am to 10 pm.

**N Les 5 Sens**  
乐尚西餐厅

52-1 Hankou Lu  
汉口路52-1, 靠近南京大学  
83595859  
3 Lan Jia Zhuang 兰家庄3号  
83617859

A surprisingly inexpensive French restaurant. A set menu is available for ¥78, and many other dishes cost less than ¥50 each. Options include goose liver, fillet of lamb, duck breast with apple, and tiramisu. Open 11:30 am to 10 pm, with take away service.

**N My Place**  
我的家 (高档红酒吧及餐厅)

37-11 Gaoyun Ling  
高云岭37-11  
83601289

My Place is a high class wine bar and restaurant that occupies an enchanting house amid the alleyways behind Hunan Road. Served is a wide variety of top shelf foreign liquor and wines plus a fusion of Singaporean and international cuisine. Open from 6:00 pm onwards.

**N Jimmy's**  
吉米来吧

193 Shigu Road  
(inside Sunglow Bay  
near the Sheraton)  
石鼓路193号  
86792599  
www.jimmysnj.com

A popular American-owned sports bar and restaurant. It offers satellite sports coverage, a full bar with draught beer and a large variety of whisky, plus simple American food such as hamburgers, hot dogs, subs, tacos, and most famously, pizza. Free delivery within 3 kilometers.

**N Another Jimmy's**  
吉米来吧

209 Shanghai Lu  
(across from Skyways)  
上海路209号  
83318085  
www.jimmysnj.com  
11am until 12pm

**N 61 House**  
陆拾壹号餐厅

61 Hankou Xi Lu 汉口路61号  
13851434386

A relatively new addition to the nightlife scene in Nanjing that has quickly become a stop on the live music circuit in China for international unsigned bands.

**N Me@ting Point**  
意风之约

81 Shanghai Lu  
58002915

English enquiries: 18951692356  
www.meetingpoint.com  
Quality Italian favourites in a pleasant 'eat & meet' type setting.

**Lucky Star Steak House & Bar**

乐宜达牛排咖啡厅  
C-203 2F, Golden Wheel  
In-Citi, 8 Hanzhong Road  
汉中路8号, 在金轮新天地2楼C-203室  
84715481

Located within the Golden Wheel In-Citi featuring steak, mussels, shrimp, and other seafood. Open 10:00 am to 10:00 pm from Sunday through Thursday, 10:00 am to 10:30 pm on Friday and Saturday.

**N Behind the Wall**  
答案墨西哥餐厅

150 Shanghai Road (in Nanxiu Cun)  
上海路150号, 在南秀村  
83915630

One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, and in the warmer months on perhaps the finest terrace in the city. Live musical performances go well with strong sangria and beer.

**Tony Music Bar**

76 Jinxianghe Lu (10 metres from Hualian supermarket)  
进香河路76号 (世纪华联超市巷内10米)  
1391 397 7427  
Popular student watering hole and stop on the live music circuit.

**N Potato Bistro**  
马铃薯

5\*301 Kang Qiao Sheng Fei, 9 Wenfan Road,  
Xianlin University Area  
仙林大学城文范路9号  
8579 1293

A bistro based on green, organic, fresh foods and authentic tastes, within a quiet environment in the most prosperous area of Nanjing's Xianlin area. Can accommodate 80-100 guests, with an outdoor balcony of 150 square meters also available for different parties. Free wifi.

### **Paulaner Brauhaus** 宝莱纳啤酒花园

123 Guangzhou Road  
广州路123号  
83117188

A German chain restaurant and bar located on the side of Wutaishan Stadium's hill. The decor, beer, and food are entirely German. A band performs nightly, and there is also a beer garden open overlooking Guangzhou Road.

### **Vanilla Sky 香草天空**

4-4 Taogu Xincun,  
off Shanghai Road  
上海路陶谷新村4-4号  
83202884

10 Beiji Xicun, just north of Gulou Square  
北极西村10号, 鼓楼广场北边  
57711778

Vanilla Sky serves up a variety of Western foods, including pizzas, pastas, steaks and salads. Prices are reasonable, and a cozy atmosphere keeps many customers coming back.

### **Taberna Crestatx 格纳斯酒吧餐厅**

388 Yingtian Avenue, in 1865 Creative Park,  
Building E6  
应天大街388号,  
1865科技·创意产业园  
51885657

The only fully authentic Spanish restaurant in Nanjing that also offers arguably Nanjing's best private cigar bar with Habanos directly imported from Cuba.

### **Regalia Resort & Spa (Qinhui River)** 御庭精品酒店(秦淮河)

E5, No 388, Yingtian Street (Chenguang 1865  
Technology Park) 应天大街388号(晨光1865科技  
创意产业园) 第E5幢  
51885688  
www.regalia.com.cn

reservations-qhr@regalia.com.cn

Dining that offers a uniquely satisfying combination of Chinese, Asian and Western cuisine.

### **Eminence Cellar** 香松酒窖

Inside Wutaishan (opposite to Jin Inn)  
五台山金榜体育馆内  
(金一村快捷酒店对面)  
66012088

High quality western restaurant. Includes one of the best wine cellars in Nanjing with everything from a Petrus and LaTour to something more reasonable.

### **Bakery & Sandwich**

#### **Skyways** 云中食品店

160 Shanghai Road 上海路160号  
83317103

10 Taipingmen Road  
太平门路10号  
84812002

A18, Yadong Commercial Plaza, 12 North Xianyin  
Road 仙隐北路12号 亚东广场A18室  
85791391

One of the best known foreign shops in Nanjing offering a variety of breads, sandwiches, cakes, chocolates, and desserts. Large cakes and pies can be pre-ordered, and holiday specials are

available. A selection of imported cheeses and wines are also available.

### **Happy Story 美丽心情**

236 Xiqiao, Jiangsu Lu  
江苏路西桥236号  
83301907

60-3 Jiangsu Lu

江苏路60-3号

83232957

Chinese owner with creative ideas for cakes.

### **Ichido 宜芝多**

B1, Grand Ocean Department Store, 122

Zhongshan Nan Lu

中山南路122号大洋百货B1楼

84738682

B1, Deji Plaza, Zhongshan Lu

中山路德基广场B1

84738682

### **Coffee & Tea**

#### **Sculpting in Time Café** 雕刻时光咖啡馆

2F, 47 Hankou Lu 汉口路47号2楼  
83597180

32 Dashiba Jie (Confucius Temple East Gate)

秦淮区大石坝街32号(夫子庙东门)

Sculpting in Time was started by two college graduates from Beijing offering a pleasant coffee house atmosphere, along with brunch, cocktail hours, film screenings, and a variety of Western food. Their brownies are widely known. Free Wifi.

#### **Maokong Café 猫空**

28-1 Yunnan Bei Lu 云南北路28-1号

83249554

Wifi and magazines. Many outlets in Nanjing.

#### **Tea Station 茶客老站**

58 Taiping Bei Lu, 1912 District

太平北路58号1912街区

84513303

Wide selection of Chinese and fruit tea.

#### **Yosemite Cafe 悠仙美地**

31 Beijing Dong Lu 北京东路31号

57712990

Many branches in Nanjing. Wide selection of set

menu Chinese food and drinks.

#### **Happy Teahouse 开心茶馆**

9 Shengqi Jie, off Hanzhongmen Dajie

汉中门大街胜棋街9号

86526265

Tea & Chinese 'crosstalk'.

#### **Zhanyuan Tea House 瞻园茶社**

128 Zhanyuan Lu

瞻园路128号金陵第一园旁

52305020

Traditional style Chinese tea house.

#### **3 Coffee** 3号咖啡馆

82-1 Shanghai Lu

上海路82-1号

83244617 / 83311505

An upper floor library has art, design and photography books as well as magazines and a photography store selling vintage film camera, polaroid & lomography equipment. Offers a range of coffee, tea, alcohol and limited snacks. Balcony affords a nice view of Shanghai Lu. Free Wifi.

#### **Godot's Home**

戈多的店咖啡馆

15-1 Nanxiu Cun, off Shanghai Lu

南秀村15-1号

86637484

A beautifully designed, relaxed café off Hankou Lu inspired by the play by Irish Playwright Samuel Beckett. A great range of coffee, tea and food in a cozy atmosphere. A movie is shown each Wednesday.

### **Freeland Cake-Dessert-Coffee**

6 TaoGuXin Cun, Han Kou Lu,

陶谷新村6号汉口路

This bakery offers a selection of crafted home made cakes and drinks in a comfortable place.

### **Nightclubs**

#### **Mazzo 玛索国际娱乐**

52 North Taiping Road, in 1912

太平北路52号,

1912酒吧一条街

84631912

Mazzo is one of the most popular clubs in 1912 for expats and Chinese alike. Comprising two distinct locations, Mazzo VIP and Mazzo 2, this club offers booths, tables, and VIP rooms. Music played here is predominantly Top 40 tracks and hip-hop. Friday and Saturday can get very crowded.

#### **Scarlet 乱世佳人**

Within 1912, near Changjiang Back Street

1912酒吧一条街, 靠近长江后街

84403362

34-1 Hubei Road

湖北路34-1号

83206090

Scarlet was one of the original bars to open in Nanjing which catered to foreigners. Over time, the interior and music has changed, but both locations are still a big draw for the foreign community. There is no exceptionally large dance floor, but there are dance performances.

#### **Polar 77 Music Bar 极地77音乐酒吧**

129 Hanzhong Road 汉中路129号

84702006

Polar 77 Music Bar specializes in rock music, and skips the DJ entirely in favour of a live band that performs nightly. Music played is usually a blend of western rock classics, Chinese songs, and Spanish guitar.

#### **Castle Bar 古堡酒吧**

6 Zhongyang Road 中央路6号

83619190

Castle Bar is underground, but by no means unknown. One of the most popular hang outs for foreign students and older expats alike, Castle features a variety of music, some live performances, guest DJ's, pool tables, and various parties throughout the year.

#### **Nanjing Nianyi Club 南京廿一**

1 Cinnalane 熙南里街区1号

86621588

A restaurant and a theatre combination with nightly shows of traditional style Kun opera (昆剧). Private rooms are available for dining, with seating ranging between six and twenty people. Over 100 foreign wines and extremely high quality food is available.

#### **Jeep Club 吉普酒吧**

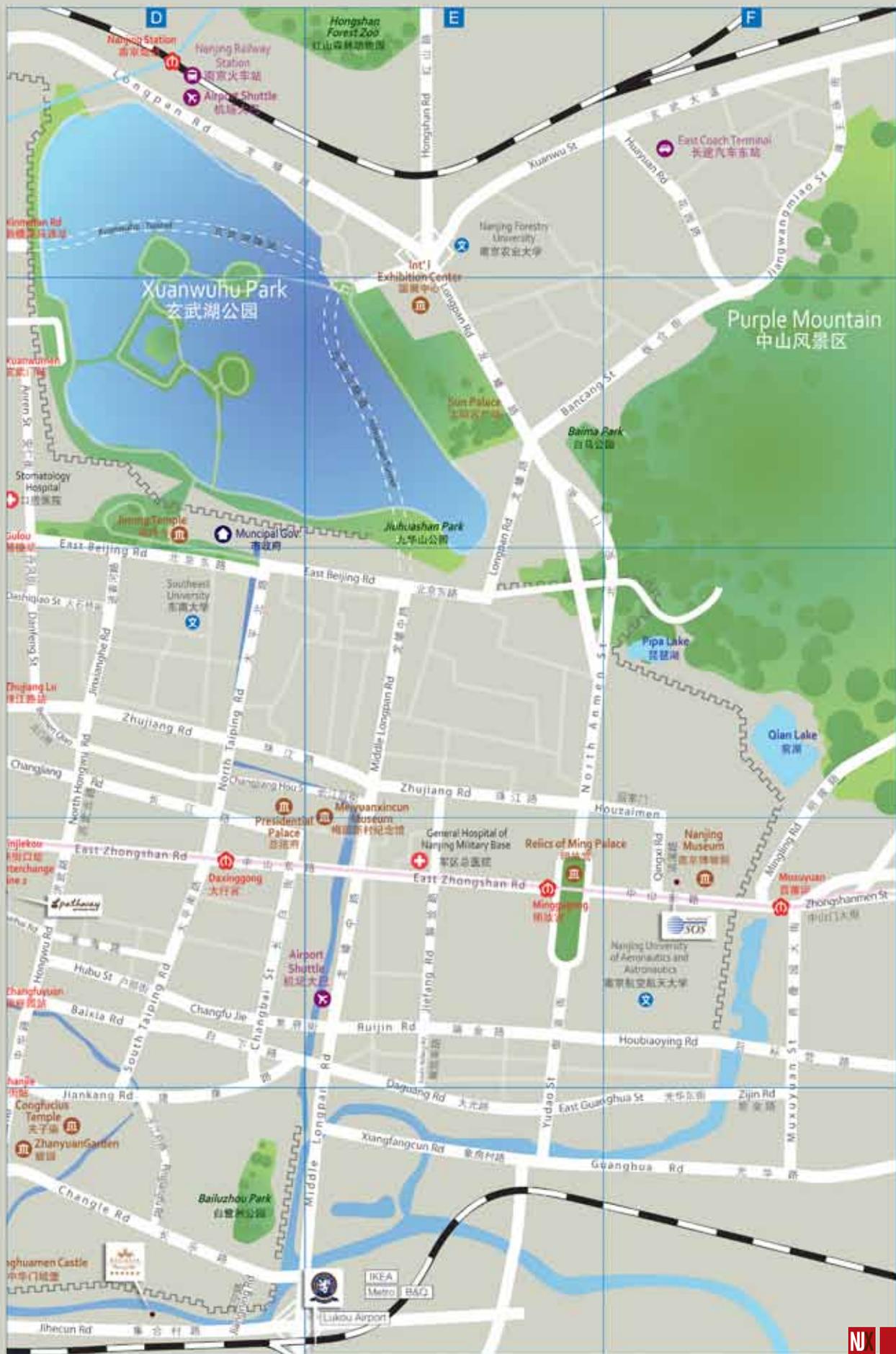
#1 Nanhu Dong Lu, Jianye District (very close to the southern end of Mochou Lake)

南湖东路1号建邺区

86511111

Features a dance floor that bounces to the beat (due to pneumatic pumps), a huge stage, many tables, and two floors of booths. Performances are held nightly starting around 10, and include various dance numbers.





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Note that the police and army are not included.

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# NIX THE NANJINGER EVENTS

## Regular Weekly Events

### Monday

Coffee Monday | Ellens | 09:00

Basketball | Nanjing International School | 18:30

Live Jazz | CD Pub | 20:00

### Thursday

Tennis Group | Sofitel Zhongshan Golf Resort  
| 09:00 | [www.nanjinginternationalclub.com](http://www.nanjinginternationalclub.com)

Free Beer Thursday | Ellens | 20:00

Salsa Lessons | CD Pub | 20:00

### Sunday

Chill Out Sunday | Ellens | 12:00 Nanjing Dragon Flies Ultimate

Frisbee Club practice | Nanjing Normal University Suiyuan Campus | 16:30

English Mass | Shigu Lu | 18:00

BBQ Chillout | Jimmy's | 20:30

Jazz Night | Don Quixote Bar | 21:00

### upcoming scheduled events for April

- 04 - 30 June | Childrens Masterworks Show | Meating Point
- 09 | Wanted's Magic Bus (Indie Rock) | 61 House | 20:00
- 09 | Midnight Express electro party | Castle Bar | 22:00
- 10 | Dustin J O'Halloran 2011 China Tour | 61 House | 19:30
- 11 | Nintendo wii bigscreen boxing | 61 House | 21:00
- 13 | Open mic night part 2 | 61 House | 21:30
- 15 | Reflector Band China Tour | Castle Bar | 19:30
- 15 | SUBS (electric garage rock) | 61 House | 20:30
- 15 - 17 | Nanjing Hash House Harriers 14th birthday | Bluesky Bar & Restaurant | 20:00 | more information @ [www.nanjingexpat.com](http://www.nanjingexpat.com)
- 15 - 17 | 2011 F1 Chinese Grand Prix | Shanghai International Circuit | 10:00
- 17 | Philosophy Corner | Bluesky Bar & Restaurant | 19:00
- 17 | Queen Sea Big Shark | 61 House | 19:30
- 17 | Ataraxia 2011 China Tour | Castle Bar | 19:30
- 21 | Twisted Machine (rap/metal) | Castle Bar | 20:30
- 23 | Nanjing World Cup | NIS | 11:00
- 23 | Dude in Nanjing | Castle Bar | 19:30
- 23-24 | Nanjing Sixes: Connery Shield 2011 | more information @ [www.nanjingexpat.com](http://www.nanjingexpat.com)
- 23 - 24 | Nanjing ultimate Frisbee Tournament | Nanjing Sport Institute | 09:00-18:00
- 27 - 28 | 2011 Xianlin Universities Student Film Festival | Nanjing University of Posts & Telecommunications | 09:00-18:00

• 30 - 02 May | Nanjing International Music Festival 2011 | Nanjing BinjiangPark, Jianye district | 14:00 | ¥80+

Line-up: 30 April | Fever Machine (USA/France). Ming's Pretty Hero's (Holland). 病蛹 The Morlocks (USA). 草莓救星 (Taiwan). Carsick cars. Smz. 崔健.

01 May | Olddoll. Montoffee. One Buck Short. 羽果. Ak47. 李志. 宠物同谋. 子曰秋野

02 May | Boys Climbing Ropes(Canada). 变色蝴蝶. Go Chic (Taiwan). Mix Market (Japan). 左右. Subs. Miami Horror (Australia). 何勇

Ticket hotline:400-6103721/96960. Contact number:025-86892997.

Ticket website: [www.piao.com.cn](http://www.piao.com.cn)

### Tuesday

Parents & Toddlers Play Group | The British School of Nanjing | 10:30

Badminton | Nanjing International School | 18:30

Nanjing Toastmasters Meeting | Meeting Room 409, Building Wen Tian Guan, Hohai University, Xikang Lu, Gulou | 19.15

Live Folk Music | CD Pub | 20:00

### Friday

Goldenbails Cricket Club | Nanjing International School | 15:00

Shooters Friday | Ellens | 18:00

Buffet dinner | Fraser Suites lobby restaurant | 18:00

### Wednesday

Wine Wednesday | Ellens | 17:30

Goldenballs Football Club | Nanjing International School | 18:00

Live Music | CD Pub | 20:00

Killer Pool | Bluesky Blue Sky Expat Bar & Grill | 21:30

### Saturday

Latin Night | CD Pub | 20:00

Gulou English Corner | Gulou Square | 19:00

To submit your events please visit

**NANJINGEXPAT**.COM

## Parents & Toddlers Play Group

Every Tuesday  
at 10:30am for  
children  
0 - 4 years old



For more information  
call 520-8987.  
Or visit us online  
at [www.bsn.org.cn](http://www.bsn.org.cn)



### upcoming scheduled events for May

- 07 | Nanjing Spring 7-a side football tournament | more information @ [www.nanjingexpat.com](http://www.nanjingexpat.com)
- 08 | Family Fun Day/ Pot Luck Lunch | The British School of Nanjing | 12:00
- 14 | Kids Triathlon | Nanjing International School | 12:00
- 15 | NanjingMan Unofficial Triathlon | Purple Cloud Lake | 10:00
- 15 | Egil Olsen 2011 China Tour | 61 House | 19:30
- 27-28 | Faye Wong 2011 China Tour | Nanjing Olympic Centre Gymnasium | 19:30

# View from The Bench

By Cheryl Malloy

## I'M MOVING HALF WAY ACROSS THE WORLD!

**W**hen you (or someone dear to you) makes the decision and the ink is barely dry on the contract you suddenly realize the magnitude of what you have done! Accepting that job means moving to another country, maybe another continent and most certainly to another culture. You know it is not going to be as easy as packing a couple of suitcases, turning up and getting on with it – it just never is. So what do you do?

**Research the country you are going to** and at least work out what the weather is going to be at the time of year you are arriving. Many people want to pack for every possibility from a subzero to pushing the mercury through the top of the thermometer, however travelling in by air will limit your possibilities. A good tip is to get into layering; a couple of good pairs of jeans, t shirts and walking shoes are a great base from which to start and then layer it up to suit the climate.

**Pack some of your favourite foods from home;** Aussies need their vegemite, Canadians will crave maple syrup, Kiwis will miss their pineapple chunks; I think you get my drift. In those first few weeks just a taste of home will be what you crave – the familiar and the comforting. Chicken feet in China, Camel hump in the Middle East and lap-lap in the Pacific can be pretty confronting to our western tastes.

**When you have been away from family for a couple of months you would welcome a hug from the nastiest nephew you left behind – so bring them with you,** in photos of course! Pop them up on the wall and talk about them to your new friends. Use them as conversation starters to ask people about their families. Many non-western cultures have significantly stronger family ties than we are used to and people are often curious to know about you, your family and how it all fits together for you.

Bring some music along – crammed onto an iPod or other MP3 player. Invariably the music where you are going will be unfamiliar so you can listen to familiar tunes and tones to soothe your ruffled emotions when culture shock sets in, as it will, eventually.

### So what is culture shock?

It is that feeling of disorientation and disharmony – not quite fitting, not quite understanding and not quite knowing what is appropriate. It can be intriguing and wonderful at first and yet, even for a seasoned expat, it can become challenging and confronting. The risk with culture shock is the development of the “them and us” syndrome. Take care to integrate, associate and familiarize yourself with your surroundings. The differences can be a joy or a juggle. Keep your sense of humour and try to learn something new about your new home each day. Be generous with praise for people and open to differences.

You can make this new world your world, even if sometimes it appears to be not just another country but another planet. **NJ**

Send your questions and comments to [coach@nanjingexpat.com](mailto:coach@nanjingexpat.com)





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For more information on how you can help, please email: [hopefulhearts10@yahoo.com](mailto:hopefulhearts10@yahoo.com)

**[www.hopefulhearts.info](http://www.hopefulhearts.info)**



Join us on Sunday, May 8th from 1:00 - 4:00 pm for our

# Family Fun Day

Family Football  
 Bouncy Castle  
 Pot-Luck Lunch  
 Treasure Hunt  
 Basketball

Strawberries & Champagne in the Garden in celebration of the Royal Wedding  
 (There will be a re-screening of the ceremony)

**For more information or to RSVP, please send an email to [info@bsn.org.cn](mailto:info@bsn.org.cn)**

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