

# THE NANJINGER

NANJINGEXPAT

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# Editorial

## The Escape Key

The loose theme for much of this issue of The Nanjiner is technology. In our lead stories we hear about technological developments in the fields of communication and entertainment that China holds so dear. How many of us remember the humble pager, or the monstrous Laser Disc? We ask you to pause to ponder some of the side effects of technology but first feel we should issue a content advisory warning. Some of the material contained herein may make you feel you are reading a tabloid paper; the sort that publishes stories of London Buses being found on the Moon.

But let's not forget our ancestry. The first printed texts were produced using wooden blocks with the text carved on them that was then used as a printing plate. The wooden blocks were replaced by metal ones leading to the invention of the typewriter in c.1714. For the next 250 years, the typewriter was to be the world's dominant desktop publishing system. Its influence is still felt today in the principle of escapement, where the paper moves from side to side and the printing element is stationary so that when a key is struck the paper moves into position - escapes - to receive the next letter. The industry was turned on its head in the 1960s with the use of cathode ray tubes (CRT) for photocomposition. In this process, the image of each character was created on the screen of a cathode ray tube similar to a television picture tube. This image was projected through a lens, where it formed a character of appropriate size on light-sensitive paper or film.

Thank the heavens for technology and desktop publishing, for without them you would not be reading The Nanjinger today. We hope you enjoy our brief oblique insight into the world of technology in China.

**THE NANJINGER**

**NANJINGEXPAT EDITORIAL TEAM**

# THE NANJINGER

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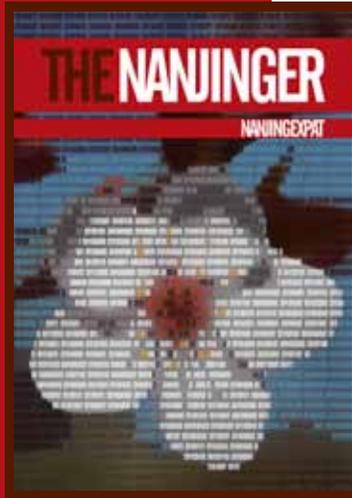
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Technology has invaded  
every aspect of our lives.

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## Introducing some of our contributors, writers and editors

- Ron Stalenberg is our Australian sommelier who reviews wines that are readily available in Nanjing and affordable, unless an opportunity comes his way that is simply too good to refuse!
- With 15 years experience as a professional and personal life coach, Cheryl Malloy shows us how we can reach for the stars while keeping our feet firmly on the ground.
- Lead Food Critic Serafino Di Giampaolo is founder of the Italian Chefs Forum, was resident at The Lounge in Frankfurt when it was awarded "The Best Eat and Meet" in 1998 and has taught for 10 years at the Istituto Panzini, Italy's most progressive hospitality institution.
- Our Editor and Music Critic, Frank Hossack, has been a radio host and producer for the past 25 years, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

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# Queue Training in Nanjing



The Nanjing Municipal Government has recently instigated basic queue training on the Metro system. At Xinjiekou travellers are now encouraged to stand to the sides of a roped area allowing those on the train to disembark easily. To support the "Nanjing Advanced Queue Training Course" we have been asked to put together the following "Guide to Queuing Etiquette and Glossary of Terms" aimed specifically at Nanjingers hoping to travel to the west. We hope this will avoid problems settling into the western way of life and reduce violent incidents arising out of everyday situations involving queuing.

Queues can be roughly categorised into the following:

## 1. The Common or Simple Queue

This type of queue is the most basic of all queues and consists of two or more people standing behind each other in a line. This is the best place to start for those wishing to learn the ancient rules of queue formation.

### USEFUL PHRASES

"Nice day today"

For someone standing near the back of the queue but not obviously in the queue

"Excuse me. Are you in the queue?"



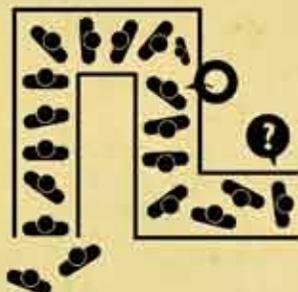
## 2. The Maze Queue

This queue uses zigzags of rope fencing to contain the queue, is most commonly seen in cinemas and larger post offices and looks similar to the type of queuing system used for rides in theme parks.

### USEFUL PHRASES

"Excuse me madam, could you stop your child swinging on the rope"

"Am I at the front yet?"



## 3. The Queuer-initiated System

This occurs when no formal queuing system is in place. Places in which this type of queue may be found include smaller banks, public toilets and bookshops. This type of queue is formed automatically without prompting by queuers and may cause some trouble for those unaware of its rules. One long single line is instinctively formed by the queuers and the person at the front proceeds to the next available cashier.

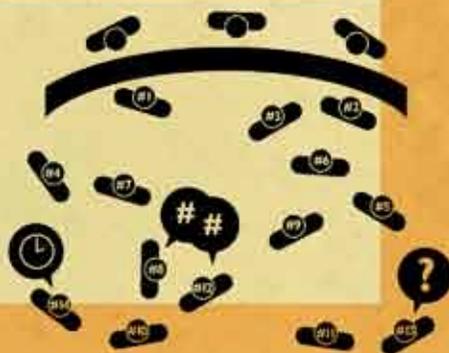
## 4. The Concealed Queue

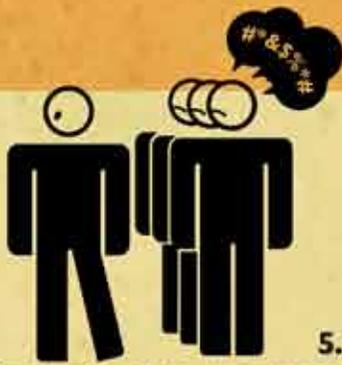
This is the most difficult queue to spot as it does not look like a queue at all and should be avoided by the novice queuer. It can be found at places such as hotel reservation desks when a group of people are standing around or sitting in waiting-room chairs. Each member of the waiting group intuitively knows who is next in the queue and one by one each takes his or her turn.

### USEFUL PHRASES

"I think I was next"

"You go first, you were here before me"



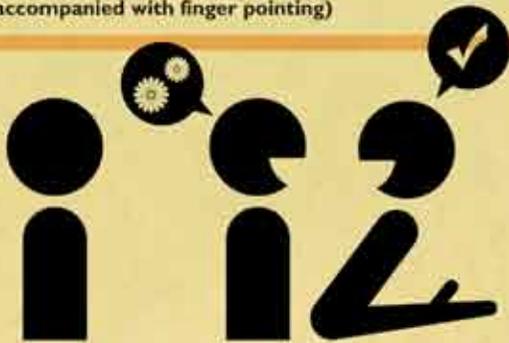


## 5. Queue Rage

Queue rage will be encountered by novice queuers found jumping the queue. Rage is almost always accompanied by verbal admonishments. These admonishments are of varying degrees of severity according to size and speed of queue and the queue jumper's attitude. On rare occasions the queue jumper may be allowed to jump the queue but must get the agreement of everyone in the queue before doing so.

### USEFUL PHRASES

"There is a queue, you know!"  
"Hey! Get to the back of the queue!"  
"The back of the queue is there"  
(accompanied with finger pointing)



## 6. Specific situations have their own rules. For example; Supermarket Queues

It is a tradition in the west that if you are in a queue at the supermarket with a lot of goods and someone joins the queue behind you with only several items, you should invite them to go first.

### USEFUL PHRASES

"Would you like to go first? You only have a few items in your basket"  
"Are you sure? Thank you"

## Troubleshooting

If a problem does occur, just spend the rest of your time in the queue apologising profusely. Not only will this resolve any problems, but also show everyone else in the queue that you truly are learning but not quite experienced at queuing.

### USEFUL PHRASES

"I am so sorry, I didn't realise there was a queue"  
"My apologies, I am from Nanjing and have not finished my queue training yet"

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# From Pagers to Pads

## CHINA'S LOVE AFFAIR WITH TECHNOLOGY

By Frank Hossack

■ **C**hina has embraced technological revolution in the fields of communication and entertainment perhaps more so than any other country. Put the two together and no wonder the iPad is such a hit. Chartered herein the hi-tech fetish of the Middle Kingdom.

Jane awakes to a familiar rattling coming from the glass-topped table beside her. Seizing the matchbox like device her bleary eyes screw into focus on the pale green almost miniscule rectangular display. The message is simple: "279 8888". She pushes aside the bamboo throw in which her lithe body is wrapped and drags herself up from the sofa to her feet. Peeking outside she sees it has still not stopped pouring down. In a plain cotton t-shirt and short skirt she outside barefoot crosses the street in 4 inches of water; her target being a small open air corner shop selling sundry items. She joins a queue of thankfully only three on account of the rain, and waits, wiping the beads of sweat from her brow, for the summer is at her height, and she has brought her friend Humidity. At the head of the line Jane hands the shopkeeper a few fen, lifts the phone's receiver and dials the aforementioned number.

# “YOU PAGED ME?”

The year is 1992, the place is Shanghai but similar scenes are playing out all over the People's Republic. In other corners of the world, the hi tech revolution is beginning to find its feet although mobile phones, for most people, still lie a few years into the future. In the meantime, the pager, or BP as it is known in China, is king. Only the really well off in society have their own phone at home. The rest of us share a communal phone at the local little shop, in our community housing area, or like Jane when she is on campus, with our fellow students at school. The majority of telephone lines remain official, for use by government-approved entities alone (including the little shop). But everyone, without virtually no exception, has the de-facto form of communication; a pager.

Whilst all and sundry's pagers were beeping (hence BP) or vibrating, at around the same time Karaoke was becoming a new form of entertainment. Always up for a good song, the Chinese were to the ones to find a mass market for the Laser Disc; a large 12-inch diameter and quarter-inch thick disc shining all the colours of the rainbow that was to prove too weighty for other countries. Designed originally to supersede the appalling quality offered by VHS video tape, the Laser Disc was also (for the time) the ideal format for long music concert video footage; any venue with a pricy Laser Disc machine was also more

than likely to have a decent sound system with some pretty hefty loudspeakers. Sales of Laser Discs were confined to enthusiastic collectors, bowled over by the impressive audio quality and perceived leap in image definition; or Karaoke venues stocking up on the latest hits for their microphone hungry patrons.

## MORE HI-TECH REVOLUTION WAS WAITING IN THE WINGS IN ASIA

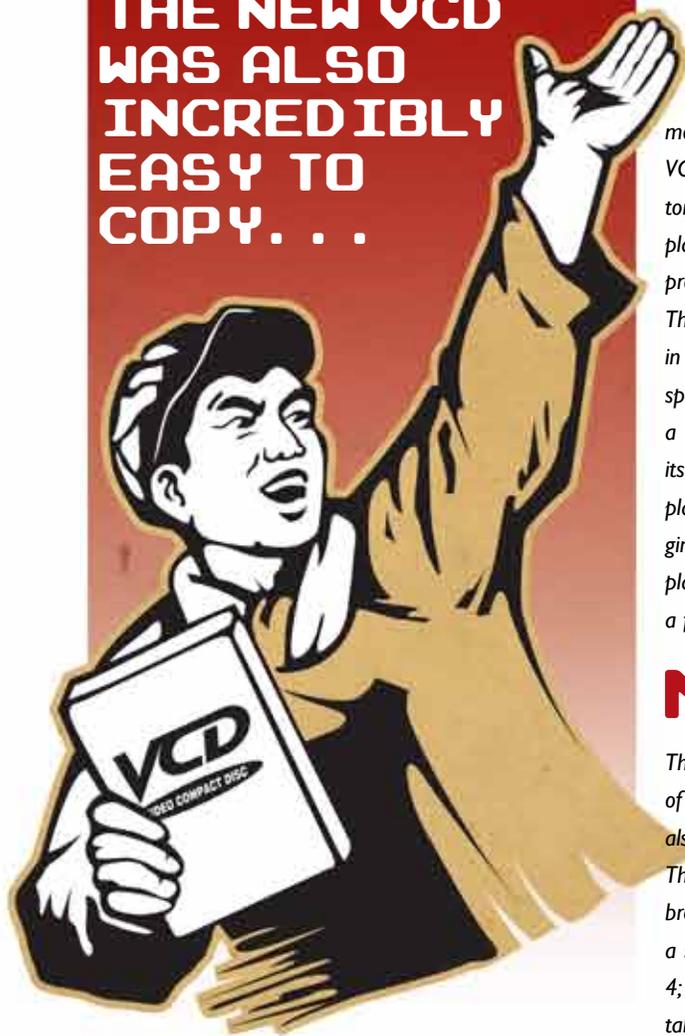
Songs were aplenty, stars were made out of a talented few and the masses had adequate entertainment. For the time being all was well. However, the limited sales and especially lack of progress on reducing the base cost of a Laser Disc player only hastened the format's departure from public consciousness. For more hi-tech revolution was waiting in the wings in Asia, one that would completely bypass the western world.

Enter the VCD. The mid nineties were up heaved by the arrival of the Video Compact Disc. Its near identical technology to CD was to herald a new, albeit relatively short lived, era as medium for playback and storage of music, movies and more. For unlike other leaps along hi tech's evolutionary path, steps that would each require a new piece of hardware to facilitate accessing the material in question (a VCR for watching video tapes, a Laser Disc player for playback of LDs and so on), the VCD stood apart in that you could play it on a computer!

Perhaps the runaway success of VCD was also in part due to a fortunate coincidence of timing. Computers, far from being the norm in the average household, were starting to see more widespread use in high schools and universities in China. The most exciting part of this development was the fact that many of these computers were having their traditional three and a half inch floppy drive supplemented by an optical drive, or as you and I may know it, a CD drive. This simple stage of digital evolution was perhaps the largest driving force in propelling forward the accessibility for all of a vast new array of visual entertainment.



## THE NEW VCD WAS ALSO INCREDIBLY EASY TO COPY...



This birth of easy access for all to this new digital code meant that identical copies thereof could easily be created. The world of analogue was rapidly becoming out-dated; along with its inconvenience to would be pirates. For when a copy is produced using the analogue method, a loss of quality occurs with each subsequent copy, leading to the terminology first-generation copy, second-generation copy and so on. In the digital realm, with its two sole occupants, Mr. One and Mrs. Zero, there is theoretically no limit to the number of generation copies regarded as lossless.

This new industry (legal or otherwise) quickly gave birth in China to the VCD shop. In perhaps as little as one year, every block of every Chinese city was to have one. A step inside any would be enough to remind one of the sheer size of China's movie industry. Far from any argument over Intellectual Property, these little shops were of enormous help to an industry, that although vast, still lacked the funds necessary to produce

movies of a quality available elsewhere. Not only did the local VCD shops make mega stars out of traditional theatre actors, it also provided an incredibly effective new advertising platform. Big business was not slow to take heed; the age of product placement in Chinese cinema was about to begin.

The VCD's price and portability was also to play a big role in the format's rapid market penetration. The limited storage space of a VCD meant that the average film would be sold as a two disc package, but still for only ¥5-8 per movie. Again, its similarity to CD meant that the Walkman type of portable player could easily be adapted to a VCD version. Only marginally larger than their audio counterpart, the portable VCD player was often cheaper too; and all one needed was a player, a flick and access to a television set.

## MPEG-3

The same technology that was able to compress the video part of a movie to a size small enough to get on a VCD (or two) was also able to make the soundtrack considerably smaller in size. The Motion Photographic Expert Group, from the people who brought us JPEG (Joint Photographic Expert Group), developed a series of compression techniques including MPEG-2, 3 and 4; techniques that were in the coming years to become immortalized with the MP3 revolution in music distribution.

In the more recent past DVD was to trounce VCD but its dominance of the Chinese market place was much harder fought than that of VCD, and was to take considerably longer. Such language is measured in Chinese terms, for while the introduction of the DVD in most western markets was to be hampered by prohibitive pricing, here from the very word go one was availing oneself of a superior product, complete with optional subtitles, soundtrack and extra features, for virtually the same price as a VCD. It also managed to conveniently fit all of this on just one disc.

Jane is now in her late 30s, and has forgotten where she left her pager, lest how to even use it. She pauses the movie she is watching on BlueRay, checks a few emails using her BlackBerry, chats quickly with a couple of friends on QQ For Mobile, and heads out to the shops, a small bound detectable in her step. For Jane is excited. Today she will be among the first in China to get her hands on an Apple's shiny new iPad2. **N**



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## Apps

We had a look online at nanjingexpat.com & hellonanjing.net to see what Nanjing Laowai are recommending to each other to make life in China that much easier. A bit boringly, the majority of recommendations are all useful with Chinese dictionaries featuring most prominently. The three featured are CEDictsimp, Dian Hua and Plecco; one contributor even suggests that Dian Hua and Plecco are a 'must have' for life in China.



CEDictSimp: Chinese English Dictionary and phrasebook



Stanza: Book reader



YouKu: Chinese TV and movie streaming.



Plecco: Chinese English Dictionary



Zinio: Magazine and news stand reader



FStream: web radio app



Dianhua: Decent free Chinese: English dictionary



Good Reader: pdf reader



Skype: surely needs no introduction.



eStroke: write the character to get the pinyin and the English.



TaoBao: Ebay for China



Whatsapp: smartphone messenger platform to use instead of sms



Qingwen: great Chinese English - Pinyin dictionary. Can also keep word lists.



Gowalla: Social travel guide and passport.



Soundhound: search by singing, see lyrics and browse artists.



KTdic C-E: easy to use. No internet connection required.



Dianping: Restaurant reviews, pictures, addresses. All searchable and can even use location to find nearby restaurants (Only Chinese)



CamCard: A business card reader that recognizes English and Chinese. Take a photo and the app accurately imports the information to your contacts.



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# THE TECH EFFECT

By Ronald Parades

■ ...My friend would greet me every morning with the same look in her face, a mix of exhaustion and disappointment, followed by, "He never came to bed last night" or, "He did it again".

**A parallel life that seemed more fulfilling and exiting than his own**

He would spend long hours at night living a virtual life in which he was a "hit man" who worked for a gang, getting paid, gathering money and committing all kinds of crimes.



The next day he would spend the whole day talking about his achievements and adventures in a parallel life that seemed more fulfilling and exiting than his own.

It had been several months since my friend bought her boyfriend a video game console for Christmas but what she thought was a nice gesture soon turned her relationship into a competition with a rival against whom her only options were probably to either have herself implanted with knobs, buttons and a screen or just walk away defeated.

Without noticing this young man was actually suffering from a new kind of addiction that is still struggling to find a place among medical research and categorization, but one that is also so common there are already clinics to treat patients.

With the principal victims typically being males of all social classes, from 12 to 35 years old, the addiction to video games is only one such problem. Excessive use of the internet, blogging or chatting services, social network sites and even the overuse of certain electronic gadgets can develop. Practically anyone with access to a computer, a video game console or an electronic gadget is a potential victim.

Several cases of extreme video game abuse have been reported in China, in some cases leading to the death of the player. In 2007 two cases were reported; in the first a man from Jinzhou in Liaoning province died after playing video games continuously for 15 days during the Chinese New Year Holiday. Later the same year another man, a 30 year old from Guangzhou, died after playing video games for three days. There have also been other reported cases in China that have even led to murder or suicide resulting from disputes over virtual games or as consequence of video game withdrawal.

In an attempt to control these kinds of addictions the Chinese government is operating clinics treating patients with cases of internet or video game addiction, most of whom forcefully admitted by parents or government officials. During treatment some experience forms of pain or uneasiness very

similar to those patients undergoing withdrawal from drug addiction or alcoholism.

## The software can and will interrupt the connection

The government has also been trying to implement control over internet bars, asking for identification from the user before starting a session, and through software that sends a warning to the user after continuously connected for a defined period. The software suggests a different kind of activity before it will allow continued use of the computer; if such warnings and suggestions are ignored the software can and will interrupt the connection.

However, the implementation of these measures could represent a large potential loss to establishments not willing to sacrifice part of their income for the safety of their users. Indeed, with the proliferation of illegal internet bars all over China these controls have already become impossible to enforce.

## How did we get any work done?

Since its very beginnings technology has involved the application of practical scientific knowledge to satisfy basic human needs such as food, shelter, communication and transportation.

As humans have evolved so our needs have become more complex and harder to fulfill; technology has started to demand more space in our daily routines until we cross that thin line between satisfying a necessity and creating a dependency, to the point that we could not imagine ourselves living without the use of technology. The first such example occurred as long ago as 1876 when Alexander Graham Bell invented and proved the functionality of the telephone. It was not long for people started depending on it. More recently we have seen the same thing happen again with the mobile telephone.

If you try to restrain yourself from the use of any communication gadget or technology, including MP3, MP4, radios, mobile phones and computers,

it is very possible that you will start to experience some sort of anxiety, the degree of which will tell you how attached or addicted you are to your gadgets. This is similar to the symptoms suffered from other types of clinical addictions.

We excuse ourselves with arguments such as, "what if there is an emergency" or, "I need to be reachable for work", but by taking a step back you will find yourself wondering how people managed to get any work done before the mobile phone or the internet? To the contrary, it is now being proved that an excess of technology around us in the work environment impairs our capacity for concentration, dramatically decreasing our levels of productivity.

Another kind of addiction related to the mobile phone is the phenomenon known as "hypertexting", mostly found in teenagers and defined as those who send over 120 text messages or spend on average 3 hours per day using their phones. Some studies suggest that affected teenagers are more likely to develop risk behaviours, including smoking, drinking and sex. In extreme cases resulting from depression, suicidal personalities have also been seen to develop.

## On a bigger scale

There is another side effect of technology that we never stop to think about because it does not affect us directly or on a personal level but nevertheless could have serious repercussions in the future.

Technology is the fastest growing aspect of human development; everything from microchips to home appliances is getting better, faster, smaller, lighter and more efficient in a matter of only months. We have all noticed how it is really hard to keep up with the changes. We are still getting to know all the functions of our gadget when we find ourselves buying its next generation. Have you ever thought about where these old and outdated electronics go to die?

## The villages of disposal

In the little villages of India, Brazil, Mexico and

China people work under extremely dangerous conditions scratching out a living by extracting valuable metals from electronics components. Common scenes are old women sitting on the porch of their decaying homes scraping microchips with their bare hands and kids playing among piles of computer screens.

Ironically the methods used for this process are less than technological.



Guiyu in Guangdong Province, made up of four small villages, also known as the largest e-waste site on earth, has recorded the world's highest levels of Dioxin, the environmental pollutants that threaten human health, caused by the burning of plastics and circuit boards coated with flame retardants in efforts to extract gold, platinum, copper and other metals. These toxic emissions are released into the air, going straight into the lungs of people working on site. Another method used in this extraction process involves the use of a component called "Aqua Regia", a highly corrosive mixture formed by mixing nearly pure nitric acid and maximum concentration (38%) hydrochloric acid, a potion so powerful that it is capable of dissolving the so called royal or noble metals; gold and platinum.

The by-products resulting from this process are deposited in water channels, rivers or buried underground. As a consequence the Lianjiang river run-



ning through Guiyu is the most polluted in China's southern Guangdong province. High levels of copper, nickel, cadmium, lead, mercury and arsenic have been found in both surface water and sediment in the river.

## How the numbers stack up

It is estimated that every year over one million tons of e-waste is shipped to China, mostly from the USA, Canada, Japan and South Korea. Containers loaded with discarded computers, mobile phones, microwaves, refrigerators and television screens find their way onto the mainland through the ports around Hong Kong, later to be transported and distributed to sites where an estimated 150,000 labourers, most of them migrant workers, are paid US\$8 per day to process the truckloads that arrive one after another, day after day.

## The number of miscarriages reported is a staggering six times the average

In the USA alone, about 130,000 computers are thrown away daily, and approximately 100 million

cell phones every year. Guiyu started receiving these materials around 1995. A regular day can see as many as 100 trucks depositing their loads. Reports put a figure of 88% on the number of workers in these sites who suffer from neurological, digestive or respiratory abnormalities along with skin disease. In addition, the number of miscarriages reported is a staggering six times the average.

## So just who is controlling who?

If all this sounds a little too familiar it is because we have heard the story before. Mary Shelley wrote "Frankenstein" or "The Modern Prometheus" almost two hundred years ago, in which the Doctor uses technology to create a living being that ends up turning against his creator. The message is plain; a warning against the indiscriminate use of technology by modern man, that the technological advances in computing, video games and communication apparently created for our benefit are only seemingly under our control.

Are we living with our own Frankenstein?



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# WINE Whispers

By Ron Stalenberg

**Merlot is a popular favourite with many red wine drinkers.**

**It is also very popular with wine makers because of its flexibility.**

■ The movie “Sideways” gave it some nice, if disparaging publicity, but was well off the mark in classifying it as a quaffer only. For while it can make soft, velvety plum flavoured wines, soft, fruity and smooth with very little tannins, it is also flexible enough in cooler regions to make a fruity wine with more tannic structure. And in Bordeaux, where it is the most widely planted grape, it can make brawny highly tannic styles similar to Cabernet Sauvignon.



In fact it is the basis of many of the most famous Bordeaux wines such as Pétrus, Château Latour, and Haut Brion as well as being a large component of many fine Tuscan wines. The one characteristic of Merlot that is universal is its fleshy, supple mid-palate. This is the reason it makes such a good blending component.

In Argentina, Merlot plantings have been increasing in the Mendoza region with the grape showing a real affinity to the higher, and cooler, elevations producing wines with a balance of ripe fruit, tannic structure and acidity.

Merlots pair well with many of the same things with which Cabernet Sauvignon would also pair, such as grilled and charred meats. Softer, fruitier Merlots (particularly those with higher acidity from cooler climes) share many of the same food pairing affinities with Pinot noir and go well with dishes, including salmon and mushroom based dishes. Light bodied Merlots can go well with shellfish such as prawns or scallops, especially if wrapped in a protein-rich food such as bacon or prosciutto.

## **The Norton winery of Mendoza is better known for its Malbecs.**

But it also produces some excellent Merlots, the Bodega Norton Merlot being one of them. Hand picking and careful treatment of the wine is a cornerstone of this producer. Hints of violets and eucalyptus lift from the glass while its ruby-red colour is intensified by dark berry, cherry and raspberry aromas. It is a medium bodied wine that allows the fruits to come through strongly to the palate. There is a background of cocoa and hints of earthiness. Well balanced, with a pleasantly moderate level of alcohol and soft tannins, it has a medium length, pleasant finish and leaves you wishing for more.

We paired it with some grilled lamb chops and a salad of cucumber, capsicum and cherry tomatoes with a simple olive oil, lemon, dill and parsley dressing. It would go equally well with a baked salmon or roast pork.

At time of writing, Bodega Norton 2008 Merlot (Mendoza, Argentina) was available from Carrefour at 100 RMB. 

**Footnote:** I recently had the chance to sample a 2004 Chateau Haut Brion La Mission – with 45% Merlot. It's well worth a review of its own – however suffice to say that it was perfection in a glass. If you ever get the chance, don't hesitate.



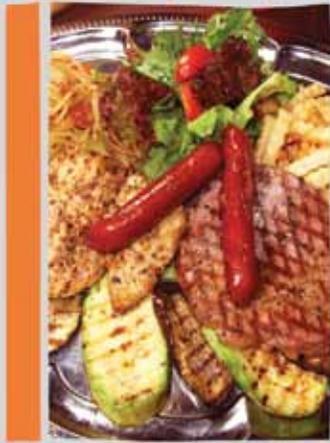
**CROWN**  
RELOCATIONS

**Moving Overseas?**

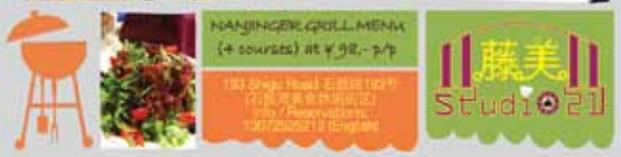
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We challenge **YOU** Can you refuse **The Nanjinger Grill Menu**



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- \* Windmill Side dishes
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Telephone: 025 8360 1289 or 138 1337 1207 (English) / myplacenj@gmail.com  
www.myplacenanjing.com

# BREAKFAST CASSEROLE



## INGREDIENTS

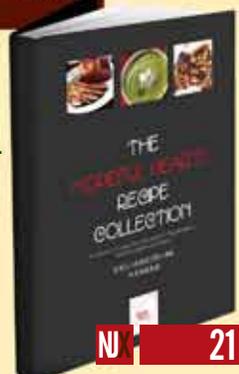
- 6 slices white bread
- 1 pkg sandwich ham, chopped
- 1½ cups shredded cheddar cheese
- 6 eggs
- 1 can chopped green chilies (optional)
- ¾ cup whipping cream
- ¾ cup milk

## DIRECTIONS

1. Spread butter on one side of each slice of bread and place, butter-side-down, in a 9x13 casserole dish.
2. Lay ham and cheese on bread.
3. Beat eggs and combine with other ingredients. Pour over the top of ham and cheese. Cover and chill overnight.
4. Preheat oven to 350°F. Set out dish about 15 minutes before baking. Bake 45 minutes.

It's more than just a cookbook... it's a collection of wonderful recipes from friends of Hopeful Hearts all round the world. Every recipe is written in both English and Chinese. With over 190 recipes of international cuisine you could be dining in a different country every night! Get your copy, for only 120RMB. Email readeroffers@nanjingexpat.com for details.

(see next page) 



# 早餐 烤面包片

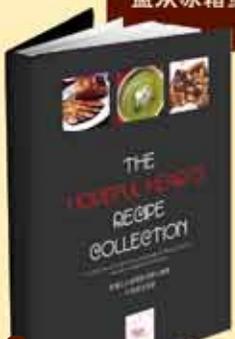


## 配料

- 6 片白面包
- 1 包三明治火腿，切碎
- 1½ 杯切达干酪，磨碎
- 6 只鸡蛋
- 1 罐绿辣椒，切碎（可选用）
- ¼ 杯搅打奶油
- ¼ 杯牛奶

## 制作方法

1. 在面包的一面抹黄油，黄油面朝下，放在9英寸x13英寸的烤盘里。
2. 把火腿和干酪放在面包上。
3. 搅打鸡蛋，和其它配料混合。倒在火腿和干酪上。盖上，冷藏一夜。
4. 预热烤箱至华氏350度。提前15分钟把烤盘从冰箱里取出。烤45分钟。



It's more than just a cookbook... it's a collection of wonderful recipes from friends of Hopeful Hearts all round the world. Every recipe is written in both English and Chinese. With over 190 recipes of international cuisine you could be dining in a different country every night! Get your copy, for only 120RMB. Email [readeroffers@nanjingexpat.com](mailto:readeroffers@nanjingexpat.com) for details.



## Made in China

We are long used to hearing stories of China's seemingly endless inventions. Gunpowder, kites, the compass and paper money are just the beginning, but what is perhaps less widely known is that China's inventions have been a lot more hi tech than for which the country is often given credit.

Historians are of the opinion that between 600 AD and 1500 AD China was unparalleled in science and technology. Be it astronomy or meteorology, physics or chemistry, mathematics or engineering China excelled others in every field. Important Chinese gifts to technology include modern agriculture, decimal mathematics, the umbrella, shipping, astronomical observations, the wheel barrow, the game of chess and even multi staged rockets.

By first discovering and inventing the prerequisite technologies of modernity China was to make invaluable contributions to warfare, record keeping, maritime practice, trade and exploration making it very clear that our modern world would be very different if it were not for our eastern cousins.



# Nanjing On Sight

**Bing Qing**

[www.nicolasharter.com](http://www.nicolasharter.com)

**Tech Life on Zhujiang Lu - Nanjing**

**“It has become  
appallingly obvious  
that our technology  
has exceeded our  
humanity”**

**Albert Einstein**





**“Technology makes  
it possible for people  
to gain control over  
everything, except  
over technology”**

**John Tudor**



# KASHGAR, TURPAN AND THE KARAKORUM HIGHWAY A LAST MINUTE DASH TO ANOTHER WORLD

By Sian Lovegrove  
Part 1 of 2

■ As we got higher and higher the snow-capped Pamirs faded into the distance, the Karakorum Highway was now only a memory. Although I had managed to wash the Kashgar dust out of my hair and off my clothes it was still under my skin. In the 5 days I had spent there, Kashgar had won a place in my heart. A week earlier I had been sitting in my office in Nanjing looking at my diary and, seeing a big hole in it for the next two weeks, couldn't think of a good reason why I shouldn't take a holiday. So after a morning of deliberation I decided to take the plunge and bought a train ticket to Turpan, in the predominantly Uyghur province of Xinjiang. I now had two days to plan the rest of the trip.

It was only on receipt of my train ticket that I realised it was not the boring, smelly overnight trip I was dreading but a ticket for the two day body-rotting, instant noodle-eating endurance journey only an idiot would buy. So with 6kgs of clothes, a pack of balloons and a large camera I set off for Turpan, Kashgar and the Karakorum Highway. (I always travel with balloons on trips like this where you have to make friends quickly and cheaply. My theory is that if you give a child a balloon you make friends with the whole family and this has worked well for me over many years of independent travel.)



## It should be noted that if you ever take the train to Turpan, the station they throw you off at is not Turpan but an hour to the north of it.

It took me twenty minutes of walking around an unattractive dusty town to realise this. My decision to follow a family carrying very large bags paid off and I soon found myself at the long distance bus station. 7 yuan and an hour later I was in the largely Uyghur town of Turpan and checked into the only hotel open out of season, the Turpan Hotel.



I soon attached myself to a charming Frenchman called Maurice who was travelling independently through Kazakhstan, Kyrgyzstan, Uzbekistan, Kashgar and eastwards to Shanghai. He had always dreamed of celebrating his birthday in Samarkand and although he had succeeded he'd had to wait 71 years one to do it. For the sum of 150 yuan I persuaded Maurice's driver, Momin, to take me too and off we went to the ancient desert cities of Gaochang and Jiaohe, the Karez underwater irrigation system and the Urghur mountain village of Tuyugou. With a promise to "See you in a couple of days in Kashgar" we bade farewell and went our separate ways.

Like the shepherd's pie before the chocolate sponge and custard, the trailer before the feature film, Turpan was always going to be the warm-up act, Kashgar the main attraction. And as the plane touched down the Pamirs were in front of me and the Tianshan mountains behind me. My heart began to race. Kashgar! Just the name conjures up images of a place lost in time where life has changed little in two thousand years, a place where the Uyghur outnumber the Han Chinese by 19:1 and a place so unspoiled that film-makers chose it as the location for film "The Kite-runner".



I settled for the 3 star Qiniwagh which at 160 yuan a night for a budget room seemed reasonable. I know that the Chinese hotel star rating bears no resemblance to any western rating system but at 160 yuan a night I was expecting hot water and heating. "We only turn the heating or air-conditioning on at peak season" she explained. I used my brief stay at the hotel to attach myself to an Australian girl called Sam who was minding

her own business checking her email in the hotel's travel centre. I decided a head-on approach was best. "Hi, I am Sian. What are your plans for tomorrow?"

I was delighted to learn that the following day she was planning to go up the Karakorum Highway to Karakul Lake with a young Chinese man called James who ran a (not quite open yet) backpackers' hostel. Fantastic! "Can I come?" So, with the addition of another passenger, an American called Michael, we set off early the next morning, James driving,

his petite Chinese girlfriend reclining in the comfort of the front passenger seat while three fully grown westerners wedged ourselves into the back of the small MG hatchback, knees under our chins... **NJ**

*To be continued.  
(Read how things ultimately turn out for Sian in Kashgar in the next issue of The Nanjinger)*

# NUX Infographic

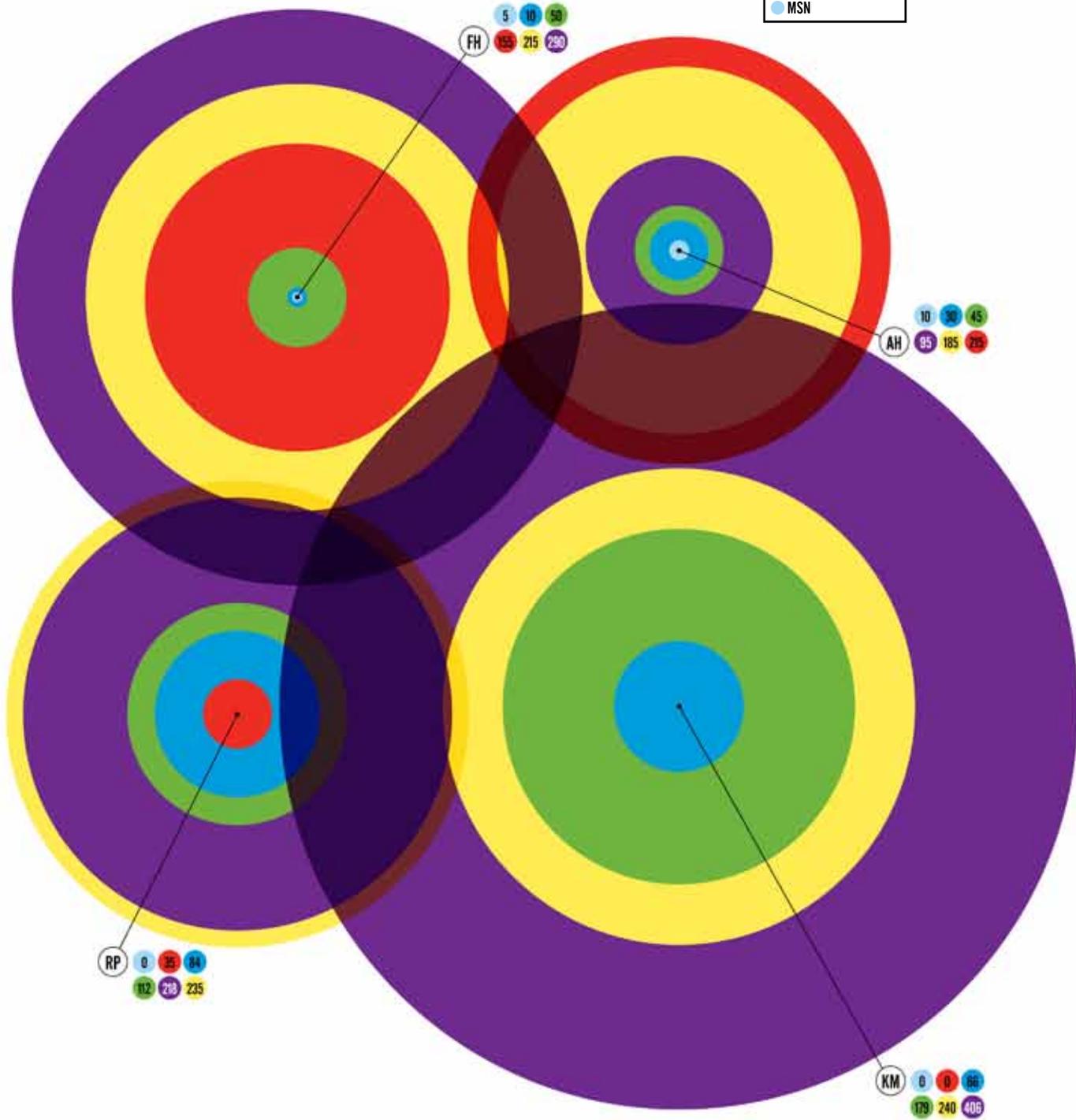
## THE MAKING OF THE NANJINGER; HOW THE TECHNOLOGY BREAKS DOWN

Measurement of technology utilized has been limited to networking and communications. Reduced is also the number of people involved to only the main editorial and operational team. A much larger group are involved in the realization of each issue; writers, photographers, collaborators, sponsors, printers, distributors, etc., and we apologize in advance that we are not able to show the full spectrum.

This titanic effort, however interesting and informative, shall need to wait for another day. Results represent the number of single texts, phone calls, email or chat sessions used, while the duration of a call or chat session could range between a couple of minutes to a good 4 hours.

Measured by single phone calls, SMS messages, emails or chat sessions, using the following technologies or applications

- Telephone
- SMS
- Email
- Skype
- QQ
- MSN



# "Crossing Borders: Foreigners Viewed through Chinese Eyes"

Art Exhibition by Emerging Artists from the Nanjing Art Institute



Sunday May 22<sup>nd</sup> 2011, 2 - 5 pm

Venue: EtonHouse International School, (4<sup>th</sup> floor by art classroom)

Silent auction closes at 4 pm - All proceeds go to artists

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# 机

STROKE ORDER

机机

机机

机机

# jī

## MEANING

Machine, Opportunity, Intention, Organic

Flexible (Quick Witted)

## Machines and technology

机器与科技 / Jīqīyǔkējī

1- Do you have wireless internet? 你有无线网络吗?  
Nǐ yǒu wú xiàn wǎng lù o mā?

2- If so, which one is it and what's the password?  
如果有,是哪个?密码是什么?  
Rú guǒ yǒu, shì nǎ gè? mǐ mǎ shì shén me?

3- Does it have a 1.8 or 2 litre engine? 引擎是1.8还是2.0公升的?  
Yīn qíng shì 1.8hái shì 2.0gōng shēng de?

4- Fill her up with diesel! 给车加满油! Gěi chē jiā mǎn yóu!

5- I hate this stupid computer! 我讨厌这台愚蠢的电脑!  
wǒ tǎo yàn zhè tái yú chǔn de diàn nǎo!

6- Can you put that on a USB stick for me?  
你可以帮我把那个存在这个U盘里吗?  
Nǐ kěyǐ bāng wǒ bǎ nà gè cún zài zhè gè U pán lǐ mā?

7- This is an awesome CD shop! 这是一家很棒的CD店!  
zhè shì yí jiā hěn bàng de CD diàn!

## Useful vocabulary 实用词汇 Shí yòng cí huì

机器 / jī qì / machine

手机 / shǒu jī / mobile phone

打火机 / dǎ huǒ jī / lighter

洗衣机 / xǐ yī jī / washing machine

无线 / wú xiàn / wireless

邮件 / yóu jiàn / email

Chinese Corner  
汉语角  
Hàn yǔ jiǎo

JINLING  
LIVES

# ANIL RAMSEY

*By Frank Hossack*

A wandering star, Anil Ramsey seems not to be able to keep his feet on the ground in any one place for very long.



■ **N**ow, after coming to Nanjing from his stint in Japan (which by his own admission, he hated) he is holding true to his threat to depart after little more than 2 years. He leaves behind a considerable legacy in the form of Hello Nanjing, the hugely popular English website.

However, the Anil Ramsey tale begins long long ago. Born in the Caribbean, Anil's ancestors were brought to Trinidad, then a British colony, to work the sugar cane fields 200 years ago. He found himself uprooted to Toronto when he was just 2 years old. The stage was hence set for a lifetime of restless travelling. More recently, as a English teacher in Korea he saved up some money and went off backpacking in India where meditation and yoga were to become a mantra.

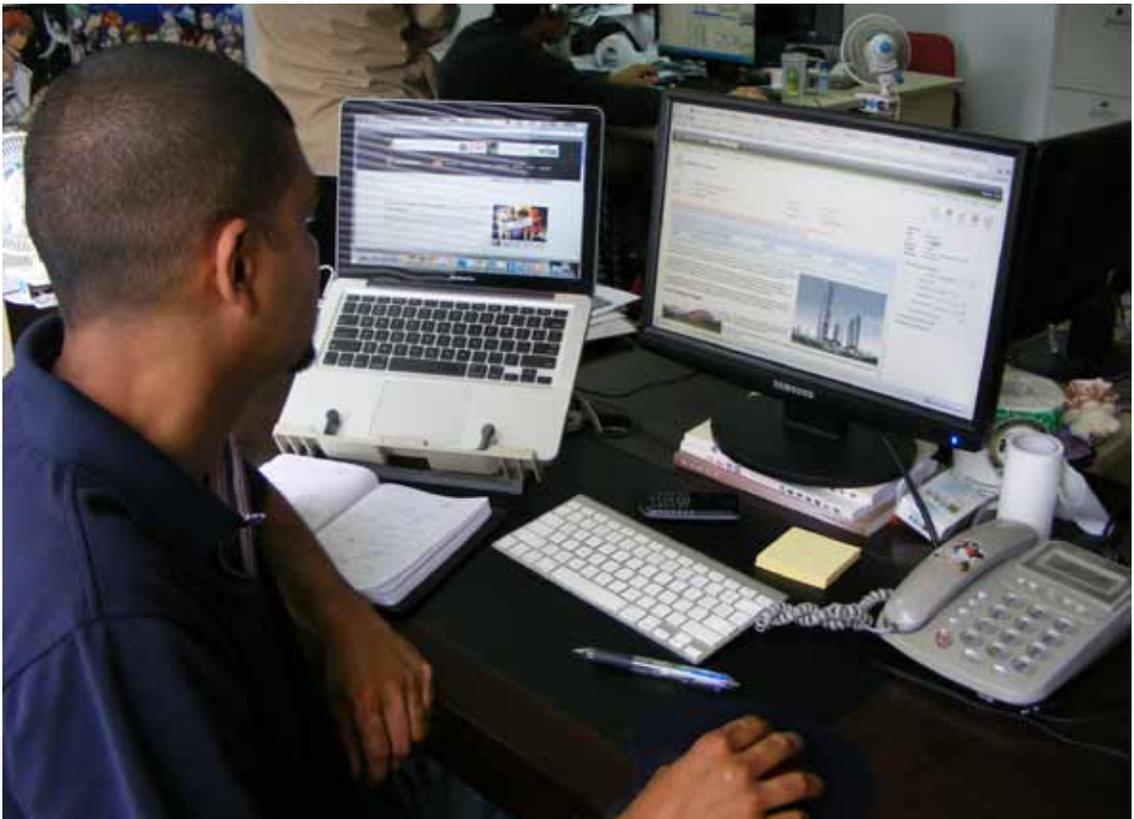
**“Being plugged off from the grid really does something to your head.”**

I have a real connection within the Himalayas. There is some energy there - maybe it's in my blood because I am of Indian ancestry.

“I had an experience on the top of that mountain. Something cracked in my mind. I dared to dream and do something that I had wanted to do for a long time; be a professional writer.

“I ended back up in Japan because my girlfriend was there... I picked up this magazine and I just thought, number 1 - they're not making any money, and number 2 - they don't really know what they're doing. So I sent a letter to the publisher (snail mail), and apparently I nailed every single point. Within a month I was editor of Kansai Scene magazine.”

Like many of us, Anil notes just how much Nanjing has grown up in the past few years. With the Hello Nanjing focus being very much on the younger party sect of foreigners, Anil realised he could transplant a lot of what he had achieved in Japan across the East China Sea.



“Osaka is a very vibrant party town - the bars all work together. Sometimes when one bar is having a great party the other bars will say ‘no, don’t drink here tonight - go over there’...

## **“Expat media is a very important part of any international city... Our voice that connects everybody...”**

“I saw Nanjing as a fractured version of what Japan was. They understood that what’s good for your bar is actually good for my bar, in a city wide party atmosphere. As part of that, they also understood it is their duty to support expat media, because this becomes our voice that connects everybody.

“When I came to Nanjing none of this existed. I think we will see in five years Nanjing become more like Osaka. Expat media is a very important part of any international city. Nanjing has taken the first steps towards being international and not a backwater.”

Hello Nanjing was built in an amazingly short period of time, especially considering that Anil also had to give due to his full time paid job as Media Director for the Ameson Education and Culture Exchange Foundation in Nanjing. Having become a consummate media professional over the past decade, Anil set up 4D Projections, producing enterprise-class’ media portals for companies looking to bring their business into the 21st century. The online community of Hello Nanjing was supported by event management, marketing and Public Relations.

“I was a living example in Nanjing of social networks, because it was online but it was also offline. I wasn’t really out there telling to people to check out the site, I was just mixing with people, and then they came to the website and saw that it was also mixing oriented.

I think that is maybe the next step in intelligent media.”

Back in the days along Anil’s rocky road from the Himalayas to the flat plains of success in eastern China, a lot of people suggested that Anil make his own magazine. However, it was take yet more time for Anil to fulfil his media dream. A new found job writing IELTS books in Korea led to another stint at an English language magazine, Seoul’s K-Scene, that in turn led to Taiwan and yet another crossroads. Down one fork, more academic writing. The other avenue was the internet, and when the opportunity presented itself, for Anil the choice was simple.



“The dream of media died for a couple of years. I went back to being an English teacher. And I thought ‘If I sign another contract, ten years will go by and I here I am, living a comfortable life as an English teacher.’ So I decided then to get back to media somehow.”

Anil is a big believer in the freedom of media and of the tools to make that happen. The timing could not be more fortuitous, and as such he rode the wave of popularity in open source software development that among other things gave rise to Content Management Systems (CMS) such as Joomla, the system that is used to power both the Hello Nanjing and Nanjing Expat websites.

“At that time, the open source community was really coming together. I caught on the wave when millions of others did.

## Knowing the end point is key to how we make the journey

There is no doubting the immense contribution that Anil has made to the foreign community in Nanjing, and also to the city as it struggles to find its feet on the international stage. But Anil remains restless, a man with another calling. However, he maintains that knowing the end point is key to how we make the journey. He leaves Nanjing in search of a crowning achievement that would be to make media that connects with a lot of people. And we mean serious numbers of people.

## “I got to where I wanted to with Hello Nanjing.

But I will continue with my yoga and meditation, unplugging myself from the computer, doing all these none-tech kind of things to better understand tech – that’s the mission. If I have the ability to boil down the magic formula for how all this works [with] media as my passion, if I achieve that I will be rich. My whole cage has been rattled. I am forty years old and kind of going through a mid life crisis. I want till get to that end point of being free. I can’t be sharing media about freedom if I am not free myself.”

Knowing the city from a going-out perspective possibly better than any other foreigner, Anil is never short of comments about the city that will shortly no longer be home.

## “I’d say Nanjing is now one of the hottest places in Asia.

I find the people in Nanjing the easiest to get along with than the people in other places I’ve been in China. It’s the sort of place where you can let your guard down and everything will be ok. It’s a classic student town and a great place to unwind. What I don’t like is that Nanjing is like an ugly 13 year old girl, [but one] who you can see is going to be really hot in about 5 years! I just came at the wrong time!”

As Anil prepared to move on to pastures new, he was concerned over of the long term future of Hello Nanjing. Now in place are agreements that transfer the majority control of Hello Nanjing to SinoConnexion Ltd., a foreign media production company in Nanjing that also operates this very publication. Anil and SinoConnexion have agreed that no major changes shall take place in the immediate future of Hello Nanjing. Anil shall also continue to assist with administrative procedures, as well as contributing the odd article in the way only he can.

We all at Nanjing Expat and The Nanjinger bid him farewell, confident in the knowledge that we shall soon be seeing the name Anil Ramsey on the next big thing to emerge from the internet. 

# The Spotlight:



**Ahmet Yüksel, 30, Germany:** "I definitely would go to "Teppanyaki". The quality of the food is really good. It's delicious and I like the ambience."



**Alesa Gulaya, 19, Russia:** "I would have my last dinner at "Soulmate". They make the best hamburgers in town!"



**Bernadette Koenig, 23, Germany:** "I would go to the little Jiaozi place around the corner and eat a great 6 Yuan dinner."



**Freddy Waema, 19, Kenya:** "I would buy my beloved barbecue meat from the food court outside the Nanjing University of Aeronautics and Astronautics."



**Friederike Leinberger, 29, Germany:** "I would eat a delicious steak in the French restaurant "Les 5 Sens". It's really good!"



**Hurseet Patel, 28, England:** "I would eat at "Shi Da Shi" in the Deji Plaza. The food is delicious and the price is also good for the quality of the food. The atmosphere is nice and the staff is very friendly!"



**Naeve Chazal, 20, France:** "I would have my last meal at "Cosima". I love the "Traditional Pizza" there!"



**Özkan Ay, 25, Germany:** "I would have my last meal at one of the night markets because it's delicious, simple and always good for a chat!"



**Phoebe Westwood, 22, England:** "I would go to the 24 hour Jaozi restaurant near Shanghai Lu. I love the food and the staff is very funny!"

# The Last Supper In Nanjing



**Claudia Cesanelli, 23, Italy:** "On my last day I would go to "Teppanyaki". You can go there with lots of people and eat delicious food!"



**Deric Jele, 21, Zimbabwe:** "I would go to "Blue Marlin" in Jianing and eat the delicious Thai spaghetti and apple juice. I also like the relaxing atmosphere there."



**Dimitri Kuznetsov, 19, Russia:** "I would go to "Lao Di Fang" because the food is cheap and tasty!"



**Jeri Ekdahl, 30, America:** "I would have my last dinner at "Meeting Point" and have a delicious pasta and a glass of red wine."



**Marie Lemaire, 21, France:** "I would go to the "Cheap Street" near Shanghai Lu because the food in the restaurants there is really cheap and also delicious!"



**Marine Wiecekowski, 21, France:** "I would have my last dinner at "Lao Di Fang" next to the student home "Mandarin Garden Xiyuan. I love the food and the boss is really nice!"



**Serena Wang, 24, Taiwan:** "I would go to "Nanjing Da Pai Dang" on Hunan Lu because it's a typical Nanjing style restaurant. It's really good Chinese cooking!"



**Sukie Mann, 29, England:** "I would eat my last meal at the Indian restaurant "Tajmahal". The food is just great!"



**Taehyun Lee, 20, Korea:** "For my last meal I would go to the Japanese restaurant "Da Yu" in 1912 because the food is really delicious."



## Restaurant/Review Seasonal Tastes at the Westin Hotel

By Keith Maguire

**28** main courses, 13 desserts, 23rd floor setting, a table for 2 and 1 popped button – not a bad way to start the week.

The recently opened Westin Nanjing has announced its arrival with a buffet dinner at “Seasonal Tastes”, its restaurant overlooking Xuanwu Lake. The choice provided by executive chefs, Ricky Yin and Eric Crochetiere, is staggering and by and large very good. It is certainly a sight to behold and we really were not sure where to start, there’s just so much!

But start we must and pretty soon there were three plates spread out in front of us. Full of amongst other things; rice vermicelli with prawns, smoked salmon, 5 spiced beef (as good as my uncle’s and a reminder of Christmas at home), a mixture of cold cuts, mixed veg and fresh prawns. It’s a great start even though there is a feeling of being a kid in a candy store; this is one kid with self discipline issues, one who refuses to hear the words, “Enough! Leave room for the other courses”. Next stop is the Dim Sum station offering a mixture of traditional Cantonese Dim Sum including shrimp and meat in egg skin, mini beef baozi and shrimp wonton. The beef is great, really fresh and it is hard not to down one whole. The shrimp is a little disappointing but so fresh that it falls apart at the lightest touch of a chop stick.

After downing two courses in quick succession we take a brief respite to absorb our surroundings. It feels very much like a five star hotel; comfortable seating, attentive service with a beautiful view over the lake as the sun goes down. The choice of wine is also pretty big, we are in the mood for red and soon enough a couple of glasses of the 2009 Bilyara Shiraz arrive (¥58). After savouring the spice of the Shiraz it is time to fill another plate.

With a choice of main courses that is huge, highlights include Sweet and Sour shrimp with pineapple; not hugely sophisticated but tasty all the same and worthy of seconds... and thirds. The duck in 5 spices is beautiful; very tender and tasty while the Potatoes O’Brien are a real surprise; little baby potatoes pan fried with bacon – lovely. I think my

favourite is the roast beef with sides of samba sauce and black pepper sauce. A good cut, fresh off the joint and still moist, very good.

Now, onto the best part; dessert! By my reckoning I found 13 choices for dessert including panna cotta, chocolate raspberry mousse, green tea cake, mango chocolate mousse, cake ivoire, black forest cake, fondue, ice cream, fresh fruit, tiramisu, crème caramel, chocolates and superfood drinks. The panna cotta is definitely the highlight although the tiramisu and individual chocolates come in a close second.

To finish, we ordered a black tea and an espresso. Tea is served in a generously sized pot but the coffee comes from an instant coffee machine; a bit disappointing. As we left we ducked into the lobby bar of the hotel; lots of dark wood, flickering candles and comfortable chairs in which to ease those full bellies. A great way to finish the evening.

The dinner buffet is available from Seasonal Tastes at the Westin Hotel between 17:30 and 22:00 and costs ¥228 + 15% service.

28道主菜, 13道点心, 坐落在23楼, 双人座. 以这样的方式开始新的一周是一件很美妙的事情. 新近开业的南京威斯汀大酒店宣布了自助餐厅“四季味觉”的开业, 它俯瞰玄武湖. 这个决定是由餐厅的主厨 Ricky Yin 和 Eric Crochetiere 提出的. 这个当初犹豫不决的选择无疑是非常明智的. 这绝对是一个有远见的决定, 我们不知道要从哪里开始, 因为那里实在太多选择了!

但是很快的是我们面前就有了3个盘子, 放满了好吃的. 对虾米粉, 熏烤三文鱼, 5片香辣牛肉片(和我叔叔做的一样好, 让我想起了在家过圣诞节的感觉)一些混合的冷食, 凉拌蔬菜, 以及非常新鲜的对虾. 这样的开头是非常好的, 尽管有点像在糖果店里的小孩一样, 他不想听到大人说: 少吃点! 留点肚子吃别的主菜!

下一步就是点心时间了. 一些广东点心上了菜桌, 如蛋白虾肉, 牛肉包, 鲜虾馄饨. 牛肉包简直太美味了, 很难不把整个一口吞下去. 虾肉稍微有点让人有点失望, 不过还是很新鲜的, 总从筷子下滑落.

在连续吃完两道主餐之后, 我们终于想起来审视一下周围的环境. 这里看起来更像一个五星级大酒店, 舒适的座位, 美丽的夕阳湖景. 这里的酒品种繁多, 我们都很想喝红酒, 于是很快2杯2009年产的 Bilyara Shiraz 便上桌了. 热辣的 Shiraz 酒过后, 应该去填满另一个盘子了.

因为主菜的花样也很多,于是我们选择了稍微亮眼的酸甜菠萝虾,齿香流连,味道在嘴里久久散不去。香辣鸭肉包做的非常细腻美味。更让我惊喜的是土豆汉堡,新鲜的土豆饼夹上培根,味道美极了。我觉得我最喜欢的应该是混合桑巴酱和黑胡椒酱的牛排了切工完美,肉质鲜嫩,入口即化。

现在,就是最好的环节了,点心时间!我观察了一下,大约了13种点心选择,巧克力蓝莓慕斯,绿茶蛋糕,芒果巧克力慕斯,黑森林蛋糕,冰激凌,新鲜水果,巧克力,以及很多果汁饮料。

最后,我们点了一杯红茶和一杯咖啡。茶是用正常的壶端上来的,但是咖啡却是那种即溶咖啡,这让人有点失望。当我们最后走出酒店大厅的时候,暗色木地板,跳跃的蜡烛,以及舒适的椅子缓解一下客人们的胃。威斯汀酒店“四季味觉”自助餐时间在17:30-22:00,费用为228元每人加15%服务费。

## Café Review Sculpting in Time Fuzimiao

By Keith Maguire



**A** year ago the city was not well served for outdoor dining but since then a number of new options have opened. One of the newest is *Sculpting in Time* at Fuzimiao, a sister café to the one on Hankou Lu, a haven to students and intellectuals and home to the playing card police; produce a deck at your peril.

Anyway, the newest incarnation of the brand is now open at Pingjiangfu Lu just outside the main drag. The café itself is as elegant and relaxed as its sister and wouldn't feel out of place if featured as a New York loft apartment. The floor to ceiling drapes, comfortable armchairs and plentiful supply of reading material (including the *Nanjinger*) make it a very easy place to waste away a Sunday afternoon.

However this is a Sunday afternoon bathed in glorious sunshine and I

have no interest in drapes or loft feel cafés, I'm all about the vitamin D! There are tables outside and in the words of Liz Lemon 'I want to go to there'. Unfortunately the afternoon Nanjing Expat chose to visit is also the day that the Hash House Harriers are in attendance celebrating their 14th birthday and 120th hash and they have taken all the prime real estate. After some sustained glaring at a couple of teenage students, a table outside luckily becomes free and we pounce. An order for two American breakfasts (¥28) is swiftly dispatched. Our food arrives, well food arrives anyway. It's not quite what either order actually was but close enough. The food is all fine, bacon is pretty standard Suguofare and the coffee is fine. Yep I think that pretty much sums it up. The food at SIT is always fine, generally not more and not less.

After a time long enough so that we don't seem like savages, we order a pot of ginger tea (¥32), a cappuccino (¥30) and a cheesecake (¥16). Much better! The ginger tea is spicy, not too sweet and delicious. The baked cheesecake is pretty good too and a battle of forks ensues over the last piece.

By the time it becomes time for us to leave, the sun has dropped low enough to fall under the umbrellas and four hours has gone by very easily and very quickly. I think that's why you go to be honest; the experience. It's a bit like a James Bond film, if you examine the details closely there is undoubtedly faults and it'll never get to win any academy awards but they do provide for an enjoyable afternoon.

一年前,户外就餐在这个城市还没有特别时兴的时候,还是有很多开放型的选择。其中一个就是平江府路夫子庙附近的雕刻时光。这里绝对是学生的天堂,知识分子们消遣时间的好选择。你可以在这里打牌,就像呆在舒适的家里一样。

不管怎么说,夫子庙这里这家刚开业的雕刻时光和汉口路那家姐妹店一样优雅迷人,绝对不会让你有像在纽约公寓里单调的感觉。顺沿而上的楼梯,精致舒适的扶手椅,丰富的阅读书刊(包括The *Nanjinger*),这美妙的一切使得这个原本枯燥的周日下午仿佛一下子就过去了。

这是一个沐浴在金色阳光下的周日下午,我不想呆在窗帘下或者那些阁楼咖啡馆里,我只想补充很多很多的维生素D!用一句利兹柠檬的话,“我想去那里”,我们想要去那些在外面有桌子的咖啡馆,但也有很多其他的主意。于是下午Nanjing Expat选择了那一天在雕刻时光, The Hash House在庆祝他们的14岁生日以及第120家Hash House的成立。在漫长地等待一群学生情侣走了以后,我们终于幸运的等到了位置。

我们很迅速的点了两份美国早餐(¥28)。早餐上来的很快。嗯,反正吃的是到了。虽然不是特别的正宗,但无论怎么说是足够接近的。做的很美味,培根应该是标准的苏果超市里卖的。咖啡也不错。总结下来,我觉得这些做的非常好吃,食物做的刚刚好。坐了一段时间后,我们终于不再饿的像野蛮人一样,我们点了一壶的姜茶(¥32),一杯卡布奇诺(¥30)和一份芝士蛋糕(¥16)。好多了!生姜茶辣的很有感觉,恰到好处。乳酪蛋糕也相当不错,我们满足的吃完了最后一块。

当我们离开的时候,太阳已经下山了。这四个小时过去的很容易很快,我认为这就是为什么我们很想去那的原因。这就像一个詹姆斯邦德电影,如果你计较每个细节,肯定会有细微的不完美,他们将永远不会赢得任何奥斯卡奖项,但是他们确实提供了一个愉快的下午。

## Restaurant/Review Potato Bistro 餐厅评论-土豆小馆

By Serafino Di Giampaolo

**H**ernán Cortés Monroy Pizarro Altamirano; a very long name for the sharpest conquistadores of all time. With just 508 men he took the entire Aztec empire. Now it is Mexico. He knew; it was a paradise. Today, many other conquistadores are around, simply because with an iPad you can defeat as many empires as you like. But like it or not, the Mexicans are genetically involved; they are nephews or at least somehow related to the conquistador.

Bunches of the sombrero-ed continue to leave Mexico with the aim of conquering more empires, the only differences are the weapons. Swords, cannons and ships they were with Cortez and his men. Tacos, tortillas and the Mojito are the weapons of choice for the new conquistadores.

So, no wonder when one of my friends calls me shortly after lunch, declaring, "I found Eldorado".

"What do you mean? We are in China. I know, Nanjing is Nanjing, it has still the arrogance of a capital city and the real China seems afar. Good food, good shopping and a sufficient presence of trees and green are the main ingredients of this aristocratic city, PLUS many declared Mexican food outlets."

One such place is Potato Bistro in Xianlin. I have spent too many years between Frankfurt am Main and Stuttgart; I know exactly where the name and style come from; I have no doubts.

The menu is intelligent but too long. Prices are good, maybe too good. It is a delightful place with real flowers. The waiter is wearing a nice apron. My first surprise is the toilet: a nice modern and 'un-western' toilet.

Anyway, we begin our danza with chicken fajitas at ¥45; the chicken is well seasoned, not overcooked. That's it. Not impressive but it seems to me that the chef knows what he/she is doing. The steak is a little disappointing; ¥118 and again, a well seasoned piece of meat and not overcooked. That's it.

The Ceaser Salad deserves a small introduction; this salad was codified from a Mexican chef at Caesar Palace in Vegas. It is not a Mexican salad; it is not an Italian dish; besides its relatively young age today this is a great American classic that deserves a little knowledge beyond interpretation. The crunchy bacon, the shaved "parmigiano reggiano", the soft poached egg, the anchovies, the fresh and crunchy lettuce and a delicate based mayonnaise sauce cannot be avoided. That's all, so ¥28 for an acceptable Caesar Salad is not right; in effect I had a cheap Caesar Salad.

Potato latkes at ¥15; obviously in a place called Potato Bistro. I pretend it is more than a lyophilized potato, but it was again well seasoned.

My thirst was quenched with a Mojito, same as the Caesar Salad at ¥28; too cheap for a good mojito. So, so so. For few seconds I thought, "Well I had several better ones in Puerto Escondido, a small exotic village long the oceanic coast, 1000 Km south of Acapulco. It was just for a fraction of second, but nevertheless in Nanjing this Mojito is hao chi. This time I am here for the El Dorado; the treasure of Guatavita, but this bistro deserves another visit. I'd like to next time taste the schnitzel mit spatzle. Or some other European style dish, and I'd also like some

napkins. I observed an acceptable variety of wines, some beer and a smooth atmosphere. The piano in the middle of the tea-room... oops, the dining room, is inspiring. The drums not.

I left, happy to be in Nanjing. Eldorado is somewhere else; a pity. But it is nice to know that in this city you can find so much. Potato Bistro is a place that offers a little too much. Through the menu you can visit Germany, Mexico, Italy, Spain, France, the USA, Switzerland, Hungary, New Zealand, India and Thailand. I admire the courage of the chef. Probieren geht über studieren.

Hernán Cortés Monroy Pizarro Altamirano,这是一个非常长的名字,也是一直以来最厉害的征服者之一。他只带了508个战士就征服了阿兹特克帝国。现在轮到了墨西哥了。那里曾经是一个天堂。

今天许多其他的征服者也在附近转悠,你只要用上一个iPad就可以击败你想要击败的帝国。不管你喜不喜欢,墨西哥人在血缘方面总是有所牵连。他们要么是一些外甥关系,要么和征服者总有些许联系。

带着要征服更多帝国的目标,他们戴上宽边帽,骑上马,离开墨西哥。唯一的区别就是那些武器了。带上剑,大炮,和船的肯定是科斯特的人马。而对于现在新的征服者来说,带上墨西哥玉米饼等面食,以及鸡尾酒才是最重要的。

所以,难怪,当我的一个朋友午饭后告诉我,说:我发现了一个天堂。

"什么意思?我们是在中国,我知道,南京是南京,这是一个有点骄傲的城市,和传说中友好的中国还是有点距离的。美食遍地,购物天堂,绿荫葱葱,给这个贵族般的城市添了许多色彩。另外还有许多墨西哥食物的陪衬。

仙林那儿的Potato Bistro 就是这样的一个墨西哥餐厅。我在法兰克福和斯图加特已经呆了很多年了;我很明白它的名字的意思以及风格的来言。毫无疑问的。

菜单做的很精致,但是有点长了。价格很适中。这是一个让人很愉快的地方,鲜花遍地。服务生们都穿着整齐干净的围裙,让我感到很惊喜的是这里的卫生间,一个漂亮现代却富有中国特色的洗手间。

不管怎么说,我们先点了一份鸡肉法式达(¥45)做开胃菜;鸡肉做的非常美味,刚刚好。没有让人特别难忘,但是却反映出厨师的功底很不错。牛排有点让人失望。(¥118),猪肉做的也非常不错。

凯撒沙拉值得小小推荐一下,这份沙拉的制作人是由拉斯维加斯凯撒宫的一位墨西哥厨师做出的。这不是一份墨西哥沙拉,也不是意大利菜,但是很受年轻人的欢迎,这绝对是一道很有文化诠释的美国经典菜式。培根咬在嘴里咯吱咯吱的作响,奶酪香甜可口,柔软的荷包蛋,凤尾鱼,新鲜的生菜上面覆盖着一层蛋黄酱。这份凯撒沙拉才28元,我觉得实在是太便宜了。

土豆烙饼15元,很明显在叫做土豆小馆的地方,做的这样美味的土豆绝对是物超所值的。

在品尝到莫吉托鸡尾酒之后,我的口渴好了很多,和凯撒沙拉一样,绝对的物超所值。很多秒以后,我突然开始想,“我在普陀爱司凯提都曾经尝到更好的这样的鸡尾酒,在海岸边一家很富有异域风情的小镇里,阿卡普尔科往南1000米就到了。在南京,这杯莫吉托绝对可以被称作很美味了。

这次我是为了传说中的理想黄金岛而来的,它是Guatavita的宝藏财富,但是这家土豆小馆绝对值得你来。下次来的时候,我很想来品尝一下炸肉排。或者其他一些欧式菜式,我还想要一些面纸。我注意到这里酒的样式,很多啤酒,还有餐厅的气氛非常的好。钢琴坐落在茶室的中间,餐厅简直棒极了。爵士鼓就不是那么棒啦。

我离开了,很高兴回到南京。理想黄金岛只是一个地方。很遗憾,我们不能到那里,但是能够认识到一个美好的地方还是很开心的。土豆小馆是一个非常好的地方。通过那个菜单,你可以参观到德国,墨西哥,意大利,西班牙,法国,美国,瑞士,匈牙利,新西兰,印度,泰国。我真的佩服这个主厨的勇气。

过来尝一尝吧。



## Activity Preview NanjingMan

By Frank Hossack

Friday the 13th in Nanjing and three guys or gals are seeing off some refreshments in a downtown bar, while wondering what to do with their weekend.

Guy 1: "Isn't the triathlon on this Sunday?"

Gal: "Boo. Getting up that early and to watch others exercise? Boring!"

Guy 2: "Exercise for me is when I take the studs out of one shirt and put them into another!"

It's no joke. Even with no practice and with a hangover you can swim 800m, cycle 24km or run 8.4km! So claim the organisers of the 2011 Spring NanjingMan Unofficial Triathlon. As one of the highlights of the year for foreign communities from Nanjing and as far away as Shanghai plus an increasing number of locals, NanjingMan is a significant test of endurance but one not out with the reach of most people of average fitness, albeit for some with a little liquid preparation the night before. The event takes place on Sunday 15th May with the infamous Carbo Dinner on the 14th at Sponsors Sofitel Zhongshan Golf Resort. Late registrations for those such as our thirsty threesome will be accepted until 5pm on the 14th at the dinner/briefing. You can register by email to [nanjingmantriathlon@yahoo.com](mailto:nanjingmantriathlon@yahoo.com).

## Movie Review

# Hobo With A Shotgun

By Devopro



There is very little to be said about Canadian cinema. Sure, once in a while a decent movie pops up but in the past 30 years this has not amounted to much. This is not for lack of skills but for lack of industry, stemming from an agreement made between the American and Canadian governments many moons ago that the National Film Board of Canada would stick to documentaries and Hollywood would pump out dramatic works. A handful of decent Canadian films now exist in a sea of government-funded rubbish due largely to corruption, mismanagement and required Canadian content that likely turn out to be tax shams.

Enter *Hobo With A Shotgun* (HWAS), a low budget quick and dirty film set in a dilapidated town where apathetic communities allow crime to run wild and rule the streets. In Jason Eisner's directorial debut, lowly Hobo rides the rails into a town laced with drugs, crime and ugly prostitutes. Man, I mean really ugly prostitutes. There is only one star in this film with a budget of about \$3 million and he is Rutger Hauer; the man who has been in a million misses and a handful of gems has landed in yet another gem. Following in the footsteps of *Mifune*, *Eastwood*, and *Carvery*, Hauer pulls off a performance that while rough and bumpy at times, pays off and by the time the end credits roll, all these oddities come together to form Hobo.

Shot in a grind house fashion, *Hobo* surpasses grind house in many



ways. Even with a budget less than a syndicated hour-long episode of most TV drama series, *Hobo's* production values are rich and full of life. Having worked with Production Designer Ewen Dickson in the past, I know his background in history and attention to detail that most PDs overlook or cannot comprehend. I was more than impressed with the level of detail he was able to include on such a budget. Granted, there are scenes with a lot of garbage and debris but doesn't it look good?

The performances are over the top and aggressive in every sense, in perfect tune with cinematography that is an array of colors similar to a classic spiderman comic. The character of Hobo himself should have been explored more, however, for a first time director making a genre style film this is pretty solid stuff. Another of the central characters, a local prostitute named Abby (Molly Dunsworth) is the weakest of the bunch; I just didn't feel she needed to be there. Antagonist, The Drake (Brian Downey) is a fun over-the-top showman who will stop at nothing to instill fear into the community via the medium of entertainment.

Now, if you do not like violence or excessive amounts of blood then *HWAS* is not for you. Questionable characters commit questionable acts that push *Hobo With A Shotgun* to lash out against society's darker forces in the hopes of resurrecting some good within humanity and the community.

*HWAS* is a fun film with a quirky, entertaining soundtrack and an array of one-liners that will keep your friends entertained for hours on end. Not making any apologies for itself the movie does not cut any corners or try to protect you from the brutal reality its characters encounter. As Production Designer Ewen Dickson always says, "It is what it is". *HWAS* is a tribute film to a bygone era in cinema that does not drag its heels or make long-winded references to things no one cares for. As a complete film it stands on its own while also making some profound comments on North American society. Check it out via VOD or iTunes.



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or Email: [classifeds@nanjingexpat.com](mailto:classifeds@nanjingexpat.com)

### Downtown Area

**VANKE APARTMENT 万科金色家园**  
 2Br 98sqm Middle-level ¥ 5,500  
 3Br 138sqm Lake view ¥ 7,200  
 3Br 145sqm Low-level ¥ 5,500  
 4Br 168sqm Lake view ¥ 8,800  
 4Br 240sqm Duplex ¥ 14,500

### KINGDOM OF JIN LING 金陵王府

1Br 41sqm Middle-level ¥ 2,700  
 3Br 140sqm Well-furnished ¥ 8,500  
 4Br 170sqm Middle-level ¥ 14,000

### GOLDEN EAGLE INT'L GARDEN 金鹰国际花园

2Br+1 133sqm High-level ¥ 5,500  
 2Br+1 144sqm Low-level ¥ 6,500  
 3Br 178sqm High-level ¥ 9,000

### TIAN-AN INT'L MANSION 天安国际大厦

1Br 55sqm High-level ¥ 3,500  
 2Br 80sqm High-level ¥ 5,000  
 4Br 160sqm High-level ¥ 8,000

### NOBLE MOUNTAIN 天溢山庄

3Br 150sqm Newly-renovated ¥ 6,500  
 3Br 127sqm ¥ 6,000  
 3Br 250sqm Duplex ¥ 13,000  
 4Br 230sqm Duplex ¥ 12,000

### YINCHENG DONGYUAN 银城东苑

2Br 108sqm ¥ 3,500  
 3Br 128sqm ¥ 4,500  
 3Br 145sqm ¥ 5,000  
 4Br 160sqm ¥ 6,500  
 4Br 190sqm Middle-level ¥ 10,000

### BEST OF THE BEST 汉府雅苑

2Br 108sqm ¥ 6,500  
 2Br 120sqm ¥ 6,500  
 4Br 145sqm ¥ 7,500  
 4Br 180sqm ¥ 8,500

### GOLDEN TOP HARBOR 金鼎湾

3Br 139sqm ¥ 8,000  
 3Br 168sqm ¥ 9,500

### LANDSEA SUNNYHOME 朗诗家园

1Br 35sqm ¥ 2,300  
 1Br 50sqm ¥ 3,000  
 2Br 118sqm ¥ 5,000  
 4Br 160sqm ¥ 7,000

### CRESCENT LAKE GARDEN 湖畔之星

3Br 130sqm ¥ 6,000  
 4Br 156sqm ¥ 6,500  
 4Br 164sqm ¥ 8,000

### SHIMAO RIVIERA 世茂滨江新城

2Br 160sqm ¥ 6,500  
 3Br 180sqm ¥ 7,500  
 3Br 220sqm ¥ 9,000  
 4Br 280sqm ¥ 17,000

### CFC(DAXINGGONG CBD) 长发中心 (大行宫商务区)

2Br 62sqm Duplex ¥ 4,500  
 2Br 70sqm Duplex ¥ 6,500

### Nanjing International School

### TOP REGENT GARDEN VILLA 帝豪花园别墅

3Br+1 220sqm Townhouse ¥ 17,000  
 3Br+1 250sqm Detached ¥ 35,000

### NANJING DONGJIAO STATE GUESTHOUSE 南京东郊国宾馆

3Br+1 280sqm ¥ 30,000  
 3Br+2 320sqm ¥ 33,000

### ROYAL FAMILY 金陵家天下

3Br+1 170sqm Townhouse ¥ 7,500  
 4Br 220sqm Semi-detached ¥ 10,200  
 4Br 320sqm Detached ¥ 25,000

### XIANG XI YUE YUAN 香溪月园

3Br 143sqm Apartment ¥ 5,500  
 3Br 200sqm Townhouse ¥ 11,000  
 4Br 270sqm Detached ¥ 25,000

### British School Of Nanjing

### YULAN VILLA 玉兰山庄

3Br 210sqm Apartment ¥ 9,000  
 3Br+1 260sqm Townhouse ¥ 19,000  
 4Br+1 350sqm Detached ¥ 32,000

### RENHENG BAMBOO GARDEN 仁恒翠竹园

2Br 102sqm ¥ 3,000  
 3Br 135sqm ¥ 4,000  
 3Br 150sqm ¥ 6,000  
 4Br 160sqm ¥ 7,000

### JIAHU GREEN ISLAND 佳湖绿岛

4Br 276sqm Townhouse ¥ 21,000  
 4Br 350sqm Detached ¥ 29,200

### MASTERLAND 玛斯兰德

3Br+1 278sqm Townhouse ¥ 13,000  
 4Br 500sqm Detached ¥ 28,000

### GREEN VIEW MANDARIN 瑞景文华

3+1Br 185sqm Townhouse ¥ 7,200  
 3Br 280sqm Townhouse ¥ 12,000  
 5Br 370sqm Detached ¥ 22,000



Visit our website for complete listings, photos, and descriptions at [www.0086house.com](http://www.0086house.com)

### Downtown Area

			
Kingdom of Jin Ling 4Br 190sqm ¥15000	Vanke Apartment 3Br 138sqm, ¥7000	Mao Rivera 3Br 173sqm ¥7500	Lakeside Star 3Br 136sqm ¥6000

### Near British School of Nanjing

			
Royal Landscape 5Br 345sqm ¥26000	Masterland 4Br 340sqm ¥20000	Green View Mandarin 4Br 272sqm ¥9000	Masterland 4Br 320sqm ¥26000

### Near Nanjing International School

			
Xiang Xi Yue Yuan 5Br 310sqm ¥18000	Xiang Xi Yue Yuan 5Br 300 sqm ¥26000	Royal Family 4Br 280sqm ¥23000	Noble Mountain 4Br 190sqm ¥13000

Contact us at: Office +86 (025) 84727590,  
 Mobile +86 18651613688, [homelife@0086house.com](mailto:homelife@0086house.com)

**NU** Pick up your copy of *The Nanjinger* where you see the NUX avatar

## Tourism and Hospitality

### Hotel & Hostel

#### **NU** *Fraser Suites Nanjing*

南京辉盛阁国际公寓  
116 Lushan Road, Jianye District  
庐山路116号  
87773777  
www.frasershospitality.com

Nanjing's first international serviced apartments with fully furnished 1 to 3 bedroom apartment suites ranging from 138 sqm to 249 sqm. Fully equipped kitchenettes, state of the art home entertainment systems, balconies, and a fully equipped clubhouse with leisure facilities that make this the accommodation of choice for many expats. Fine dining is also available to residents and non-residents within an exquisite setting in the lobby restaurant.

#### *Intercontinental Hotel*

1 Zhongyang Lu, Zifeng Tower, Gulou  
中央路1号紫峰大厦鼓楼区  
83538888

www.intercontinental.com  
Located in Gulou with a birds-eye view of Nanjing's skyline. The hotel makes a grand statement and can be found in the 450 metre high Zifeng Tower; the tallest building in Nanjing. The hotel offers world-class service and accommodation

#### **NU** *The Westin Nanjing* 南京威斯汀大酒店

201 Zhongyang Lu,  
Nanjing International Center, Gulou  
中央路201号南京国际广场鼓楼区  
85568888

www.westin.com/nanjing  
The Westin is a haven of Chinese distinction, located only minutes from major corporations, restaurants and shopping. Set within the vibrant Hunan Road central business district, every room of the Westin overlooks scenic Xuanwu Lake.

#### *Sofitel Galaxy* 南京索菲特银河大酒店

9 Shanxi Road  
山西路9号  
83718888

www.sofitel.com  
resoff@sofitelnanjing.com  
A luxury hotel located at the end of the popular shopping street, Hunan Road. The accommodation of choice for many visitors coming to Nanjing.

#### **NU** *Sofitel Zhongshan Golf Resort*

中山索菲特高尔夫度假酒店  
1 Huanling Road  
环陵路1号  
85408888

www.sofitel.com  
reservation@sofitelnanjing.com  
This golf resort is located at the foot of Purple Mountain and is the preferred hangout spot of Nanjing's rich and famous. A five-star plus location that's great to visit and relax in.

#### **NU** *Jinling Hotel*

金陵饭店  
2 Hanzhong Lu  
汉中路2号  
84722888

A landmark hotel and one of the original high-class establishments in Nanjing. The Jinling

Hotel is conveniently located in Xinjiekou. Inside there are restaurants serving Italian, Japanese, Chinese, and Hong Kong cuisine, shops, a decent sized mall, and even a micro brewery. Also home to a travel desk.

#### *Crowne Plaza Nanjing* 皇冠假日酒店

89 Hanzhong Lu  
汉中路89  
84718888

nanjing@ihg.com  
Modern western hotel located in the west of Xinjiekou. Range of restaurants, full Spa and health centre facilities including pool. Travel service also available.

#### *Nanjing Grand Metropark Hotel*

南京维景国际大酒店  
319 East Zhongshan Lu  
中山东路319号  
84808888

www.metroparkhotels.com  
sales.njgm@metroparkhotels.com  
The 5-star Grand Metropark Hotel is located next to the Nanjing Museum. A wide variety of recreational and entertainment facilities. Holds a grand ballroom also.

#### *Xuanwu Hotel*

玄武饭店  
193 Zhongyang Lu  
中央路193号  
83358888

www.xuanwu.com.cn  
info@xuanwu.com.cn  
Close to the railway station and international exhibition center. Top-class dining available. A Revolving Restaurant on the 20th floor.

#### *Nanjing Central Hotel*

南京中心大酒店  
75 Zhongshan Lu, Gulou  
鼓楼区中山路75号  
83155888

The Central Hotel is located in Xinjiekou, a hotel that combines spectacular architectural design with the hotelier's traditional values of comfort, hospitality and attention to detail.

#### **NU** *Nanjing Sunflower International*

YOUTH HOTEL  
80 Zhanyuan Road (next to Fuzimiao's west gate)  
瞻园路80号, 在夫子庙西门的附近  
52266858 / 66850566  
www.nanjingyha.com

This is an international youth hotel in Fuzimiao, one of Nanjing's most famous scenic areas. It includes free pool, DVDs, cable TV, foosball, Wifi, travel info, an English menu, and an English speaking staff.

### Resorts

#### **NU** *Regalia Resort & Spa (Qinhuai River)*

御庭精品酒店(秦淮河)  
E5, No 388, Yingtian Street, Qinhuai District  
(Chenguang 1865 Technology Park)  
应天大街388号(晨光1865科技创意产业园)第E5幢  
51885688

www.regalia.com.cn  
reservations-qhr@regalia.com.cn  
One of the most luxurious Spa resorts in Nanjing, conveniently located just outside the city wall on the Qinhuai river. A Thai style Spa offering a holistic approach to rejuvenation and relaxation. Its five spa villas by the river exude serenity, peace and solitude. Dining offers a uniquely satisfying combination of Chinese, Asian and Western cuisine.

#### *Kayumanis Private Villas & Spa*

Xiang Zhang Hua Ping  
Sizhuang Village, Tangshan Town  
江宁区汤山镇寺庄村  
84107777  
www.kayumanis.com  
nanjing@kayumanis.com  
High End private villa in Nanjing. Refreshing natural hot spring with mountain view.

#### *Tangshan Easpring Hot Spring Resort*

汤山颐尚温泉度假村  
8 Wenquan Lu, Tangshan, Jiangning  
汤山镇温泉路8号  
51190666

A Leisure hotel in Tangshan offering different types of bathing. ¥128 for adults, ¥65 for children under 1.3m tall.

### Museums & Parks

#### *Nanjing Massacre Museum*

清华日军南京大屠杀遇难同胞纪念馆  
Shuiximen Jie No. 418  
水西门428号  
86612230 / 86610931

Tuesday – Sunday from 8:30 to 16:30  
The museum is located in the southwestern corner of Nanjing known as Jiangdongmen; one of the former execution grounds and mass burial places of the cruel holocaust. Admission is free.

#### *Rabe House* 拉贝故居

Xiaofenqiao No. 1, Guangzhou Lu.  
小粉桥1号

Tuesday – Sunday from 8:30 to 16:30  
The former home of the German Industrialist who saved the lives of thousands of Nanjing people in 1937. The house served as a refugee shelter at the time. The story is vividly told here.

#### *Nanjing Brocade Museum* 南京云锦博物馆

240 Chating Dong Jie 茶亭东街240号  
86518580 Hours: 8:30am-5:00pm  
Nanjing brocade is regarded as the finest on earth. Visitors can observe professional brocade artists working on wooden looms.

#### *City Wall Museum* 南京明城墙遗址博物馆

8 Jiefang Men 解放门8号  
83608359  
Found on top of Jiefang Gate with photographs of long-gone city gates, maps and a full-scale model of the walled city. Captions in Chinese.

#### *Folk Customs Museum* 南京民俗博物馆

19 Nanbu Ting, Baixia District (near Gan Jia Da Yuan) 白下区南捕厅19号(甘家大院)  
52217104  
Learn about different facets of life in traditional China. Regular musical performances and hands-on traditional crafts.

#### *Nanjing Museum* 南京博物院

321 Zhongshan Dong Lu 中山东路321号  
The museum houses artifacts from various periods from Neolithic to the communist period.

#### *Nanjing Science Museum* 南京科技馆

9 Zijinghua Lu, Yuhua District  
雨花台区紫荆花路9号  
58076158  
Hands-on fun and learning for kids. IMAX Cinema.

#### *Taiping Heavenly Kingdom History Museum*

太平天国历史博物馆  
128 Zhanyuan Lu 瞻园路128号  
86086833  
Houses an interesting collection of documents, and artifacts related to the Kingdom including army maps, coins, scrolls of laws and weapons.

### Bailuzhou Park 白鹭洲公园

1 Bailuzhou 白鹭洲1号

First built in the Yuan dynasty, located on the Qinhuai River. Features traditional architecture, a small amusement park for children and a bird and plant market.

### Gulin Park 古林公园

21 Huju Bei Lu 虎踞北路21号

Gardens, paintball, BBQ & outdoor pool. Take the lift to the top of Nanjing Radio tower for a great view of the city.

### Jiuhuashan Park 九华山公园

Beijing Dong Lu 北京东路

Climb to the top of the park to visit the temple and pagoda. A great way to get on the city wall for a scenic spot with gorgeous views of the city.

### Nanjing Hongshan Forest Zoo 红山森林动物园

101 Heyan Lu 和燕路101号

Nanjing's zoo. Recent renovations have made this a nice place for a day out.

### Qingliangshan Park 清凉山公园

Guangzhou Lu, near the intersection of Huju Lu 广州路西端

A quiet park, once home to Chinese artists, offers several calligraphy and stone museums, as well as an art gallery and pottery studio open to the public. A wonderfully uncrowded place for walking and relaxing.

### Underwater World 海底世界

South side of Purple Mountain 中山陵四方城8号  
8.30am-5pm

### Xuanwu Lake Park 玄武湖公园

1 Xuanwu Xiang 玄武巷1号

Offers trails for walking biking and running. You will find playgrounds, gardens, restaurants and boats for rent.

### Mochou Lake Park 莫愁湖公园

35 Hanzhongmen Da Jie 汉中南大街35号

Location of the annual Dragon Boat Races, this park is dominated by a huge lake. It is a great place to go boating or simply take a walk in a peaceful environment.

### Yuejiang Tower 阅江楼

202 Jianning Lu 建宁路202号

This temple is part of a complex known as Yuejiang Tower Scenic spot. It includes the temple itself, Wanxian pavilion and other historical remains.

### Zhongshan Botanical Garden 中山植物园

Established in 1929 and covers over 186 hectares. The garden has more than 3000 plant species on display. A great place to breathe the fresh air and have fun cycling.

### Zhongshan Botanical Garden's Bridge World 中山植物园桥世界

1 Qianhu Hou Cun, outside Zhongshan Gate 中山门外前湖后村1号

An assortment of challenging bridge and rope courses criss-crossing a stream. For children of all ages to try.

### Zixia Lake 紫霞湖

In the heart of Purple Mountain area

Features picnic grounds and a mountain fed lake in which you can swim. Take extreme care when doing so as a number of deaths occur each year as a result of cramp brought on by cold currents flowing into the lake from deep inside the mountain.

## Business & Education

### International Education

#### **NU** British School of Nanjing 南京英国学校

Building 2, Jinling Resort,  
Jiahu Dong Lu  
佳湖东路湖滨金陵饭店2号楼  
52108987

#### **NU** EtonHouse Nanjing 伊顿国际教育集团

West Songhua Jiang Street,  
Jianye District (near Olympic Stadium)  
南京市松花江西街6号, 建邺区, 靠奥体北门  
(中华紫鑫广场北面) 金陵中学实验小学内  
8669 6778

#### **Nanjing International School** 南京国际学校

8 Xueheng Lu, Xianlin College  
and University Town  
仙林大学城学衡路8号  
85899111

#### **Eternal Sea Int. Kindergarten** 恒海外国语幼儿园

20 Mingugong Lu  
明故宫路20号  
84820900

#### **Nanjing #1 Kindergarten International Division**

南京第一幼儿园国际部  
266 Baixia Lu 白下路266号  
86647868

#### **Grand Canadian Academy**

中加国际高中  
30 Beijing Dong Lu  
北京东路30号南京外国语学校内  
83282339

#### **NU** Novas Education Management 诺瓦斯国际

2405, Building A, New World Centre,  
88 Zhujiang Lu  
珠江路88号新时广场A幢2405  
83282339

### Language Training

#### **NU** Alliance Français de Nanjing

南京法语联盟  
Beijing Xilu 73 Qunlou 4th floor  
北京西路73号裙楼四楼  
83598762  
www.afnanjing.org

French classes for individuals and companies as well as a modern library. Also offers a wide range of cultural events including conferences, concerts, exhibitions with local partners and artists.

#### **JESIE-Goethe-Language Centre**

##### JESIE - 歌德语言中心

Jiangsu College for International Education 3rd Floor, 205 Shanghai Lu 江苏省国际教育学院3楼, 上海路205号  
83335690  
kurse@goethe-slz.js.cn  
www.goethe-slz.js.cn

The Goethe Institute is the world's cultural institute of the Federal Republic of Germany with the mission to promote German language and cultural understanding. A range of language courses are available.

#### **Chaz Cheng Teaching**

Chinese Teacher Extraordinaire  
1505 1888099  
cw19861214@126.com

#### **JESIE Corporate Training** 苏教国际企业培训

Suite 210, 205 Shanghai Lu  
南京市上海路205号210办公室  
15895865134  
www.jseiect.org  
A program of Jiangsu Education Services for International Exchange.

### Foreign Trade & Economic Development Agencies

#### **NU** Australian Trade Commission 澳大利亚贸易委员会南京代表处

1163, 11F, World Trade Center, 2 Hanzhong Lu  
汉中中路2号金陵饭店世界贸易中心11层1163室  
84711888-1163

#### **NU** Baden-Württemberg International 德国巴登符腾堡州国际经济和科技合作协会

7-3 Dabei Xiang Meiyuan Xin Cun  
梅园新村大悲巷7-3号  
84728895

#### **NU** China-Britain Business Council, Nanjing 英中贸易协会南京代表处

Rm 2514-2515, 50 Zhonghua Lu  
中华路50号2514-2515室  
52311740

#### **NU** European Union Chamber of Commerce 中国欧盟商会(南京)

30F, 1 Zhujiang Lu 珠江路1号30层  
83627330

#### **NU** Netherlands Business Support Office 荷兰贸易促进委员会南京代表处

Suite 2316, Building B, 23/F, Phoenix Plaza,  
1 Hunan Lu  
湖南路1号凤凰国际广场B楼23层2316室  
84703707

#### **NU** Nordrhein-Westfalen Business Partners 德国北莱茵威斯特法伦州经济促进局驻华南京代表处

50 Zhonghua Lu 中华路50号  
52270000

### Clubs & Charities

#### **Nanjing International Club**

南京国际俱乐部

www.nanjinginternationalclub.com  
Founded in 1990 with the objective of promoting social contacts and good community relations within the international community in Nanjing. Many events taking place on a weekly, monthly and annual basis. A big club in Nanjing with 600+ members.

#### **Nanjing Toastmasters**

南京第一家英语演讲俱乐部

www.nanjingtoastmasters.com  
Weekly meetings at Hohai University

#### **Hopeful Hearts**

www.hopefulhearts.info

Dedicated to raising funds necessary for medical treatment of children with a heart condition.

#### **Wokai** 我开

www.wokai.org

nanjing@wokai.org

Wokai offers opportunities of microfinance to people in rural China to start their own businesses.

#### **Pfrang Association**

普方基金会

7-3 Dabei Xiang Meiyuan Xin Cun  
梅园新村大悲巷7-3号

84729068

www.pfrang-association.org

Pfrang association raises money to sponsor the school education of children in poor regions of Jiangsu province.

#### Operation Blessing China 慈福行动

010-64669296

info@obchina.org

www.obchina.org

Operation Blessing China initiates transformation in the lives of the needy and impoverished communities.

## Shopping

### Art

#### Jiangsu Art Gallery 江苏省美术馆

266 Changjiang Lu 长江路266号

86643757

Works of local artists, exhibits changed frequently.

#### ART 国艺堂

D-1 Shuimuqinhuai, 99 Shitoucheng Lu 石头城路

99号水木秦淮D-1号

83321600

Picture framing service and all kinds of art related books, supplies.

#### Shenghua Art Center

南京圣划艺术中心

2 Zhoutai Lu, on Jiangxin Islet

江心洲民俗街洲泰路2号(原乡土乐园)

86333097 86333100

Exhibition of Chinese contemporary art, including photography, sculpture and painting, etc.

#### Me@ting Point

意风之约

81 Shanghai Lu 上海路81号

5800291

An Italian restaurant that also doubles as an art exhibition space.

#### Antique Markets

Chaotian Palace Antique Market

朝天宫古玩市场

Confucius Temple Antique Market

夫子庙古玩市场

Qingliangshan Park Antique Market

清凉山古玩市场

Major antique markets in Nanjing. Beware of the fake items.

#### Stone City Modern Art Creation Gallery

石城现代艺术创意园

72 Beijing Xi Lu 北京西路72号

Exhibition of modern Chinese art.

#### Shizhuzhai 十竹斋

72 Taiping Nan Lu 太平南路72号

Online shop (CN): www.cnjshizhuzhai.com/shop/

360 yrs history in Nanjing. Galleries and traditional art items for sale.

### For the Home

#### B&Q 百安居

286 Ningli Lu 宁溧路286号

Int'l hardware and furniture store with four stores in Nanjing.

#### IKEA 宜家家居

South of Kazi Men 卡子门南侧

#### Hongxing Furniture

红星国际家具广场

224 Zhongyang Lu 中央路224号

Large furniture mall with many shops. Large

range of prices, styles, etc.

#### Jinsheng Market 金盛百货大市场

2 Jianning Lu 建宁路2号

Large indoor market with everything from home décor to wires to Christmas trinkets to electronics, etc. Cheap but be prepared to bargain. Several other outlets in Nanjing.

#### Jinling Decoration Market

金陵装饰城

88 Jiangdong Zhong Rd 江东中路88号

Everything needed for a new home.

#### Longjiang Flower Market

龙江花卉市场

78 Qingliangmen Da Jie

清凉门大街78号 Huge outdoor flower market with a variety of plants, cut flowers, fish tanks and fish,

and a selection of gardening tools.

#### Modern House NJ (Remo) 摩登仓

Ground Floor, Lan of mercy and Social Hall, off

Huaqiao Lu

慈悲社兰之堂5-2号

86555566

www.amodernhouse.com.cn

Copied designer furniture & décor.

### Malls

#### Deji Plaza 德基广场

18 Zhongshan Road 中山路18号

84788066

A western style mall located at the northern end of Xinjiekou. As one of Nanjing's premier malls, there is a wide variety of high class shops and western restaurants such as Bella Napoli, and high end shops including Louis Vuitton and Burberry. There is also a movie theatre.

#### Nanjing Aqua City 南京水游城

1 Jiansong Road 健康路1号

52233999

A newer Nanjing shopping mall, home to many restaurants and western brand name shops as well as a cinema and an import supermarket.

#### Golden Eagle Shopping Center

金鹰国际商城

89 Hanzhong Road 汉中中路89号

84708899

A popular department store with a wide selection of clothing, homeware, and a foreign food supermarket located on the upper floor.

#### Wanda Plaza 万达广场

98 Middle Jiangdong Road 江东中路98号

86805588

The largest mall in the west of the city, mostly occupied by Chinese brands. However there is a wide variety of food including Walmart and one of the largest cinemas in Nanjing.

#### Golden Wheel In-Citi 金轮新天地

8 Hanzhong Road 汉中中路8号

84773788

One of the major Xinjiekou malls, with a wide variety of western brands and foods, including a donut shop, a Japanese teppanyaki restaurant, and many other choices. In terms of fashion, there is a wide selection available, including brands Sephora, H&M, and Timberland.

#### New City Mall 新城市广场

99 Caochangmen Street 草场门大街99号

86210888

One of the larger malls in Hexi, the western portion of the city. It contains many brand name shops, a variety of restaurants, a yoga studio, and a movie theatre.

#### Grand Ocean Department Store 大洋百货

122 Zhongshan Nan Lu 中山南路122号

Frequent promotions and many good value food stalls the basement.

#### Orient Department Store 东方商城

2 Zhongshan Nan Lu 中山南路2号

Gucci, Celine and other designer brands are available.

### Sports

#### Decathlon 迪卡侬

286 Ningli Lu, next to Metro

宁溧路286号(麦德龙对面)

Sport Megastore, 9am-9pm

#### GIANT 捷安特

178 Zhongshan Bei Lu, opposite

of the fabric market 'Bu Bu Bu'

中山北路178号

83611227

Bike shop

#### Jinxianghe Rd 进香河路

The main street for outdoor stores for hiking, backpacks, equipment and apparel for outdoors.

#### Bikes & Equipment Stores on Jinxianghe Rd

SPECIALIZED 闪电专卖店

Mountain Heart 山地情怀车行

### Electronics

#### Professional Photography Equipment Market

照相器材专业市场

3F, Binjiang Friendship Shopping Center, 301

Jiangdong Bei Lu

江东北路301号滨江友好商城三楼

Dongding Plaza, 699 Zhujiang Lu

珠江路699号东鼎器材市场

Camera & photography equipment.

#### Mobile Shops on Danfeng Jie

丹凤街-手机

Indoor markets specialized in new and second-hand mobile phones and repairs.

#### Zhujiang Lu - IT Products

珠江路-IT产品

A multitude of stores selling everything you need for your computer, phone, camera and beyond.

#### Zhongyuan Lu - Video Games

中央路-电子游戏

Any type of video game for all video game systems. Also do minor repairs.

#### Suning Electronics 苏宁电器

8 Shanxi Lu 山西路8号

Local firm that is now one of China's largest retailers for electrical household appliances.

### Groceries

#### HomeGrocerChina

Yushuiwan Garden, Yuda Jie 169, Building 65,

Rm503 御道街169号御水湾花园65室503室

84400397

www.homegrocerchina.com

Online shopping of premium imported products conveniently delivered to your door. Cash on delivery.

#### Metro 麦德龙

288 Ningli Lu 宁溧路288号

300 Jianning Lu 下关区建宁路300号

German hypermarket with a wide selection of foreign foods.

#### **BHG Market**

B2 Floor, Aqua City, No.1 Jiankang Lu 健康路1号  
水游城地下2层  
66985066 / 66985068  
91 Matai Jie  
马台街91号  
68675666 / 68675699

Japanese supermarket with a large stock of imported goods plus fresh organic fruits and veg.

#### **Carrefour 家乐福**

235 Zhongshan Dong Lu  
中山东路235号

The omnipresent French hypermarché with four stores in Nanjing and a fifth (Pukou) on the way.

#### **RT Mart 金润发**

Danfeng Jie 丹凤街

Chinese supermarket with decent foreign food section and three outlets in Nanjing

#### **Auchan 欧尚**

151 Hanzhongmen Dajie  
汉中门大街151号  
86580282

French hypermarket with three stores in Nanjing

#### **YaoHan City Market 南京八佰伴**

Phoenix International Bookmall, 1 Hunan Lu  
湖南路1号凤凰国际  
Foreign food supermarket.

#### **Times Grocery**

##### **泰晤士**

48 Yunnan Lu 云南路48号

Very popular foreign food store with wide selection of imported yet pricy food.

#### **Organic Food 有机食品**

Available in most above mentioned supermarkets and big Chinese food markets, but need to ask staff.

#### **Eminence Cellar**

##### **香松酒窖**

Inside Wutaishan (opposite to Jin Inn)  
五台山金鹰体育馆内  
(金一村快捷酒店对面)  
66012088

B2, Aqua City  
水游城副二楼

In this wine cellar that is incredibly well stocked you can find everything from a Petrus and LaTour to something more reasonable. A wine lovers paradise.

#### **Aussino cellar 富隆酒窖**

Room109, No.198,  
Zhongshan Dong Lu.  
隆酒窖 南京市中山东路198号109室  
84679799

www.aussino.net  
njaussino@126.com

Over 1000 selected world class wines; Supplying more than 8000 high-end & off-trade accounts. Over 200 retail outlets nationwide. A pioneer of wine culture in China.

#### **SZY Wine Shop SYZ 葡萄酒商店**

48 Wangfu Jie 王府街48号  
84213022

steelmin@msn.com

Well stocked wine store in a central location. Wide variety of wines from many countries suiting many pockets.

## Foreign Language Bookstores

#### **Foreign Language Bookstore**

##### **外文书店**

218 Zhongshan Dong Lu  
中山东路218号  
84650445

A selection of Foreign books and magazines.

#### **Phoenix International Book Mall**

##### **凤凰国际书城**

No1 Hunan Lu 湖南路1号  
Five floors of books, magazines, gift shops, toys, musical instruments, CD's and DVD's

#### **Librairie Avant Garde**

3F, New City Plaza, 99 Caochangmen Da Jie 173  
Guangzhou Lu  
先锋书店, 新城市广场3楼  
173 Guangzhou Lu  
先锋书店, 广州路173号

#### **Hunan Lu Xinhua Bookstore**

47 Hunan Lu  
湖南路新华书店 湖南路47号

## Services

### Travel

#### **Lufthansa German Airlines**

##### **德国汉莎航空公司**

Reservation Service:  
4008 868 868 (CH,EN)  
LH Sales Office: Room 951, World Trade Center,  
2 Hanzhong Road  
汉中路2号金陵饭店世贸中心951室  
Fax: 84722624  
nanjing\_lufthansa@dlh.de  
Nanjing Lukou Int'l Check-in Service  
Airport 417 Room.

#### **Dragonair 香港港龙航空**

84710181

#### **Asiana Airlines 韩亚航空**

86893141

#### **Air Macau 澳门航空**

86799127

#### **D.T. Travel**

##### **大唐国际(香港)商旅服务管理有限公司**

22E, Golden Wheel  
Mansion, 108 Hanzhong Lu  
汉中路108号金轮大厦22E  
84720097

Ticket Booking: 400 886 1212 (FREE)

English service includes: flights, visas, hotels, and holiday packages.

## Transportation

#### **Nanjing Train Station**

##### **南京火车站**

141 Longpan Lu, Xinzhuang  
新庄龙蟠路141号

85822222 (enquiry)

85824224 (tickets)

www.njstation.com

Online train timetable and booking, but only in Chinese.

#### **Nanjing Lukou International Airport**

##### **南京禄口机场**

Lukou Town,  
Jiangning District  
江宁區禄口镇  
968890 52480499

#### **Airport Shuttle Bus**

##### **机场大巴**

6am-8.30pm  
Leave every 30mins, ¥25

1. Nanjing Railway Station, next to Bus 17  
南京火车站17路车站旁
2. Nanjing Zhonghua Men Station, 88 Jihecun Lu  
南京中华门车站  
集合村路88号
3. 221 Longpan Zhong Lu 龙蟠中路221号

#### **Nanjing Coach**

##### **Terminals**

##### **南京长途汽车站**

Coach timetable/ticket enquiry 96196

#### **Nanjing East**

##### **Coach Terminal**

##### **南京长途汽车东站**

17 Huayuan Lu 花园路17号 85477345  
(enquiry) To SH, Suzhou

#### **Nanjing Hanzhongmen Coach Terminal**

##### **南京汉中门客运站**

Located half a block east of the intersection of Hanzhong Lu (汉中路) and Huju Lu (虎踞路)  
86612288 (enquiry)  
To Nantong.

#### **Nanjing Zhonghuamen Coach Terminal**

##### **南京中华门车站**

88 Jihecun Lu, 集合村路88号  
52418504

To Gaochun, Anhui Prov.

#### **Nanjing Zhongyangmen Coach Terminal**

##### **南京中央门总站**

Next to Zhongyangmen overpass, one kilometer west of Nanjing Train Station.  
中央门立交桥对面, 南京站西1公里处  
Main coach station to SH, Suzhou, Wuxi.

#### **Nanjing North-Central Coach Terminal**

##### **南京中北长途客运中心**

100 Shengzhou Lu (Sanshanjie Metro Station)  
南京升州路100号(地铁三山街站)

#### **The Nanjing Metro**

##### **(subway)**

Fares cost ¥2-4. Open 6.00am to 11pm. See map for underground stations.

#### **Taxi**

Taxis cost ¥9 for the first 3 kilometers and ¥2.4 for every additional kilometre. An additional ¥2 is levied on the cost of the entire journey as a fuel surcharge. Prices are cheaper for some taxi companies based outside Nanjing.

#### **Main Local Bus Routes**

Air-conditioned bus costs ¥2, otherwise ¥1.

#### **Bus No. You 1 (游1线)**

- Nanjing Station 南京车站
- Xuanwu Lake 玄武门
- Presidential Palace 总统府
- Purple Mountain 中山陵

#### **Bus No. You 2 (游2线)**

- Yuhua Tai 雨花台
- Zhonghua Gate 中华门
- Confucious Temple 夫子庙
- Presidential Palace 总统府
- Purple Mountain 中山陵

#### **Bus No. 1 (1路)**

- Nanjing Station 南京车站
- Xuanwu Lake 玄武门
- Gulou 鼓楼
- Zhujiang Lu 珠江路
- Xinjiekou 新街口
- Confucious Temple 夫子庙

## Healthcare

### **NU** **Global Doctor** 环球医生

East Mochou Lake Road,  
next to Shuiximen Street  
莫愁湖东路, 靠近水西门大街  
86519991  
Emergency Number: 13805174397  
www.globaldoctor.com.au

Global Doctor is an Australian based medical company that provides primary care, occupational healthcare and emergency assistance. Another clinic of choice for many foreigners living in Nanjing. Located relatively close to Xinjiekou with a multilingual staff - EN, IT, JP, PT, ES, KO, CN.

### **NU** **Nanjing International SOS Clinic**

**南京国际(SOS)紧急救援诊所**  
1F, Grand Metropark Hotel Nanjing,  
319 East Zhongshan Lu  
中山东路319号维景国际酒店1楼  
84802842 (by appt.)  
Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Alarm  
Center: 010 6462 9100  
www.internationalosos.com  
Western doctors and public pharmacy. Service listed in English & Chinese Multilingual staff - EN/ CN/JP/DE

### **New Public Pharmacy**

#### **Nanjing International SOS Clinic**

English speaking staff. OTC medicine available.  
Prescription medicine by doctor appointment.

### **Yifeng Super Drugstore 益丰大药房**

159 Hanzhong Lu, west of JS hospital of TCM  
汉中路159号(省中医院往西30米)  
86795111-825 8am-9pm  
English speaking staff.

### **Nanjing Entrance and Exit Inspection and Quarantine Bureau** 江苏出入境检验检疫局

1 Baxia Rd 白下路1号  
52345328 / 84456805  
Health checks for applications for work permit / visa.

### **Gulou Hospital 鼓楼医院**

321 Zhongshan Lu 中山路321号  
83323101  
The major hospital for trauma (24 hr)

### **Nanjing Children's Hospital 南京市儿童医院**

72 Guangzhou Lu 广州路72号  
83117500

### **Jiangsu Provincial Hospital of TCM**

**江苏省中医院**  
155 Hanzhong Lu 汉中路155号  
86617141  
The major Chinese medicine hospital.

### **Jiangsu People's Hospital 江苏省人民医院**

300 Guangzhou Lu 广州路300号  
83718836  
The major western medicine hospital.

### **Nanjing General Hospital of Nanjing Military Command**

**南京军区总医院**  
305 Zhongshan Dong Lu 中山东路305号  
80860114

### **Nanjing Stomatology Hospital 南京市口腔医院**

30 Zhongyang Lu 中央路30号  
83620362

### **Nanjing Maternity and Child Healthcare Hospital 南京市妇幼保健院**

123 Tianfei Xiang 天妃巷123号  
84460777

The major hospital in Nanjing for pregnancy checks, labour & delivery.

### **People's Hospital**

300 Guangzhou Lu 广州路300号  
83718836  
The major western medicine hospital.

### **BEN-Q Hospital 明基医院**

71 Hexi Avenue 河西大街71号  
58858800  
The hospital is located in the southwestern area of the city, conveniently beside the subway. BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors.

### **Dan-De Dental Clinic 丹德齿科**

D6, 9th floor, HuaWei Mansion, No.107 ShiGu Lu  
石鼓路107号华泰大厦9楼D6  
84217177  
Centrally located dental clinic with western standards. Services on offer include repairs, cleaning, orthodontics, oral cosmetics and oral surgery.

### **Huanuo 华诺齿科**

35 Taiping Street 太平巷35号  
8445 8115  
139 Hanzhong Road, Room 807 Wuxing Nianhua Building 五星年华商务层807室  
86980180

2 Ruijin Road, 2 Dayang Gouyu Way Jiayuan  
瑞金路大阳沟御道家园2号门面  
84481193  
Dr. Gao Feng's Mobile - 13951643759  
Offering a variety of services, including cleaning, repair, and braces. English service is also available.

### **KB+ Dental Hospital**

31 Fujian Lu (Huafu Mansion)  
83433333 / 4001108899  
www.kangbeijia.com  
Jiangsu's first digital dental hospital using the best in western methods. Treatments include dental cosmetics, implants, tooth whitening, correction/straightening, protection, treatment.

### **NU** **Nanjing Union Dental Clinic** 南京友联齿科

1F, Grand Metropark Hotel Nanjing,  
319 Zhongshan Dong Lu 中山东路319号  
维景国际酒店一层  
84818891 / 84808888-6555  
dentist@uniondental.cn  
Western standard dental care with English language.

## Legal

### **NU** **Jeffrey Wang** 江苏丰亚律师事务所

249 Shuiximen Jie, Qianfengcaicui Mansion  
23Floor 水西门大街249号千峰彩翠大厦23楼  
13605182614  
www.fengyalaw.com  
wang@fengyalaw.com  
Business lawyer with more than 10 years legal practice in Nanjing plus fluent English communication skills as well as abundant knowledge in both legal and business areas. Legal service regarding Corporate Law, Contract Law and other related legal areas, including IP Law, International Trade Law and Franchise Law.

### **NU** **Dacheng Law Offices** 大成律师事务所

2F, No.72 Beijingxi Lu  
2楼北京西路72号中华人民共和国  
83755108

nanjing.dachengnet.com  
Hongliang.Hu@dachengnet.com  
Ranked No.1 in Asia by size, with branches in 26 countries and all over China. Nanjing branch is ranked No.1 in Jiangsu Province (EN/CH/ES/JP/KO).

### **NU** **Picozzi & Morigi Law Firm**

意大利高基莫里吉律师事务所  
11F, Tian Cheng Mansion, 199 Guangzhou Lu  
广州路199号天诚大厦11层  
86556731  
c.dandrea@picozzimorigi.it  
www.picozzimorigi.cn  
www.picozzimorigi.com  
Italian Law firm operating in China since 1991 with its main offices in Rome. Additional office in Shanghai (EN/CH/IT/ES/FR).

### **NU** **JC Master Law Firm**

泰和律师事务所  
15F, Daxinggong Mansion, 147 Zhongshan Dong Lu  
中山东路147号大行宫大厦15楼  
84503333  
Jessicaliu@jcmaster.com  
www.jcmaster.com  
JC Master is a local law firm known for its foreign investment related legal services.

## Pets

### **Aimimingmao**

**爱咪名猫**  
18 Nantai Xiang Xi (off Wang Fu Da Jie) 南京王府大街南台巷西18号  
86662858  
Cat specialist with overnight stays and English speaking staff.

### **Nanjing Veterinary Station**

**南京畜牧兽医站宠物总医院**  
448 Longpan Zhong Lu  
龙蟠中路448号  
84484781  
The major center for pet illness treatment and vaccination.

### **Ai-Bi Pet 艾贝尔宠物医院**

258-27 Zhongyang Lu  
中央路258-27号  
83112202

### **Tom Dog Pet Center**

**汤姆狗宠物中心**  
1 Shanghai Lu 上海路1号  
86662858  
Pet stayover and dog walking service, retail outlet and English speaking staff.

## Property Services

### **NU** **Sunhome Real Estate** 中涛房产

Rm 616, Hongyun Mansion,  
185 Hanzhong Lu  
汉中路185号鸿运大厦616  
51860590 / 51860592  
Frank Pan: 18913951471  
sunhome@shre.com.cn  
Relocation solutions, orientation programs, home search, settling-in programs, vehicle leasing, basic living essentials.

### **NU** **Crown Relocations**

**嘉柏(中国)国际货运代理有限公司**  
Rm1908, Block B, New Century Plaza,  
1 Taiping Bei Lu  
太平北路1号新世纪广场B栋1908室  
84541017

## **N** Joanna Real Estate 嘉园置地

Rm120G Bldg B, 300 Zhongshan Dong Lu  
中山东路300号B栋120G室  
86952929-211  
13770619060  
English service for renting apartment / house  
in Nanjing.

## **N** CMR Corporate Property & Relocation 南京浩麦房地产咨询

12C1 Jinlun Mansion, 108 Hanzhong Lu  
汉中路108号金轮大厦12C1座  
84701658  
www.cmchina.com  
Complete relocation service to multinational companies and their employees, with additional services including assistance with visa, drivers license, import/export of pets and ayi sourcing. Other offices in Shanghai, Luizhou and Changchun.

## **N** Home Life 快润通房地产顾问有限公司

Suite A, 18F, Changfa Huacheng Mansion, No.19  
Sheng Ju Ren Lane. (beside Golden Wheel)  
84728992  
www.0086house.com  
Settlement services to multinational companies and foreigners, with a focus on high-grade villas, apartments, office buildings, factories and car-leasing.

## Media Production

### **N** SinoConnexion 南京贺福文化传媒有限公司

Frank Hossack: 13851522275  
info@sinoconnexion.com  
www.sinoconnexion.com  
International award winning professional foreign owned video and media production company that offers advertising agency services plus print and digital publications, broadcast media, internet advertising, social media promotion; plus production of audio materials and a range of design services.

### **N** VOZ Design 嗓音设计

11F, Phoenix International Building,  
389 Zhongyang Lu  
中央路389号凤凰国际大厦11楼  
Ronald Paredes 泉源:  
15950575174  
vozdesign.com@gmail.com  
http://tiny.cc/vozdesign  
Professional marketing oriented graphic design and brand development. No copies, no templates, only creativity and lots of brain juice. Mediocracy is a disease we fight everyday.

### **N** Nicolas Harter Photography

1872 155 5434  
www.nicolasharter.com  
A French photographer specialising in landscapes, commercial and event photography, and author of photo-book AFRICA SQUARE, a profile of African artists at the 2010 Shanghai Expo.

### **N** Phrephotos Photography

1377 099 9175  
www.phrephotos.com  
Photographic services offered. Product shots, portraiture and more.

### **N** Rhino Solutions Corporation

11F, Phoenix International Building,  
389 Zhongyang Lu  
中央路389号凤凰国际大厦11楼  
6890 0358  
A full-service digital agency fueled with creative ideas, technology and strategy with offices in Shanghai, Beijing and Vancouver.

## Faith Houses

### **N** Nanjing International Christian Fellowship

Ramada Hotel, 45 Zhongshan Bei Lu  
南京中山路45号 南京华美达怡华酒店  
Sundays 9:30am to 11:30am  
13057627945  
Foreign passport holders only. English service.  
Translation available in Chinese and French.

### **N** KuanEumHui Korean Buddhist Club

观音会南京韩国佛教会  
1703, Bldg 2, Fuli Shanzhuang  
富丽山庄3栋1703室  
13222018582  
Service: 11:00am

### **N** Shigulu Catholic Church 石鼓路天主教堂

112 Shigu Lu 石鼓路112号  
84706863  
Korean service: Sat 4.30pm  
English/Chinese Service: Sun 4.30pm

### **N** The Church of Jesus Christ of Latter Day Saints

Jingli Hotel, 7 Beijing Xi Lu  
北京西路7号晶丽酒店  
Mormon service, Sun at 10am  
Foreign passport holders only.

## Miscellaneous

### **N** Avis Car Rental 汽车租赁

78 Kazimen Da Jie  
卡子门大街78号  
83210799 4008821119

### **N** CommTrans Translation

English-Chinese / Chinese-English translation  
services with native speakers on hand.  
13851624127  
tienhuang@gmail.com

### **N** Interpreter & Translation Service

Professional interpreter with extensive Sino-foreign  
business background  
13002512862  
nanjing.interpreter@gmail.com

### **N** Satellite TV Installation Service

13770323459  
nanjingstv@gmail.com

### **N** Bottled Water Delivery Service

By Coca-Cola Nanjing  
4008282288 (Free)  
Mineral water, pure water, water machine cleaning.

### **N** Lustre Cobbler 莱斯特皮鞋修饰

Golden Eagle Shopping Center, 89 Hanzhong Lu  
汉中路89号金鹰国际  
Central Department Store, 79 Zhongshan Nan Lu  
中山南路79号中央商场  
Shoe repair.

### **N** Hong Bang Tailor 红邦裁缝

18 Nanxiu Cun, Shanghai Lu 上海路南秀村18号

### **N** Dong Feng Tailor

13851847204

### **N** You Wen Tailor

13851760748  
Provides quality tailoring service.

### **N** Public Security Bureau

公安局出入境管理  
1 Honggong Ci, Sanyuan Xiang 三元巷洪公祠1号  
84420004 / 84420114  
Visa, residence permit.

### **N** Nanjing Event Tickets Office 南京票务网

Rm 816 Muma Apartment,  
1 Weixiang (on Danfeng Jie)  
丹凤街卫巷1号木马公寓816室  
84533308 / 83651880  
www.zypiao.com  
Tickets for on-going events in Nanjing.

## Leisure & Sports

### Massage & Spa

### **N** Pathways Spa & Lifestyle Club 颐庭Spa

13th Floor, TianAn International Building,  
98 Zhongshan Nan Lu 中山南路98号13楼  
84701266  
Lifestyle club consisting of a dedicated spa area  
with private treatment rooms, Thai Massage room  
and Foot Massage room. Other club facilities  
include yoga and meditation rooms, sky garden  
lounge and private function rooms.

### **N** Congen Massage Healthcare Club 康骏会馆联系我们

1-2F, 81 Huaqiao road 华侨路81号1-2楼  
82232513 / 8663 2513  
Hunan Lu, Shiziqiao  
83242326  
www.shkangjun.cn  
Foot massage, general body massage: ¥80/60min.  
10% discount.

### **N** Flow SPA 川·天地

46 Xijia Datang, Ming Cheng Hui (200m north of  
Xuanwu Lake's Jiefang Gate)  
明城汇西家大塘46号  
57718777  
Hours: 10.30am-10.00pm  
Sino-German joint venture.  
12 luxurious single and twin private suites for men  
& women.

### **N** Regalia Resort & Spa (Qinhuai River) 御庭精品酒店(秦淮河)

E5, 388 Yingtian Street, Qinhuai District (Chen-  
guang 1865 Technology Park)  
应天大街388号(晨光1865科技创新产业园)第E5幢  
51885688  
www.regalia.com.cn  
reservations-qhr@regalia.com.cn  
One of the most luxurious Spa resorts in Nanjing,  
conveniently located just outside the City Wall. A  
Thai style Spa offering a holistic approach to reju-  
venation and relaxation. Its five spa villas by the  
river exude serenity, peace and solitude.

### **N** Shoujia Medical & Health Center 手佳按摩

136 Changjiang Lu 长江路136号  
84702129  
Provides various types of massage with blind mas-  
seurs.

### **N** Facial-Spring 春之源美容中心

28-1 Dashiqiao, Danfeng Jie 丹凤街大石桥28-1号  
83604422  
Various packages available including face, neck  
and shoulder massage.

## Beauty

### **N** Essentials Evolution Toni & Guy 彩秀汤尼英盖南京店

6F, Dongfang Mall,  
2 Zhongshan Nan Lu  
中山南路2号东方商城6楼  
84715767  
Professional English speaking staff who under-  
stand foreign hair styling needs. Haircut: starting

at ¥120.

Hair-dye: starting at ¥480  
Perming: starting at ¥380

### **N** *Jenny's Beauty Salon* 詹妮美容院

Cambridge Sunfield Building 2, Apt. 108  
仙林大学城康桥圣菲门面房  
8579-1042  
jennysbeautysalon@gmail.com

### *Beauty Baby*

31F, Golden Wheel Shopping Mall  
A range of beauty treatments. Hair removal  
including waxing available.

### *VS Philosophy Hair Salon*

沙宣理念美发  
6F, Deji Plaza 德基广场6楼  
84763486

### *Fashion Lady, various stalls*

新街口莱迪时尚广场  
Xinjiekou Pyramid  
Get simple manicures.

### *Nail Bar 指爱你美甲*

44 Wangfu Dajie  
王府大街44号 84209596

### *Sweet Love in Nails 指间密语*

89 Shanghai Lu  
上海路89号

## Gyms & Sports

### *Wutaishan Stadium 五台山体育馆*

1-6 Wutaishan, Gulou鼓楼区五台山1-6号  
86614156  
All kinds of sports facilities available, including  
tennis court, swimming pool, ping-pong table,  
badminton court and many more.

### *Wutaishan Bowling 五台山保龄球*

1-6 Wutaishan (next to Wutaishan Stadium)  
五台山1-6号  
Newly refurbished.

### *Nairobi International Fitness Club*

耐力国际健身俱乐部  
2 Batiao Xiang, Hongwu Lu  
洪武路八条巷2号  
84697088  
119 Chengkai Garden, Shimenkan  
石门坎119号城开家园  
57927088  
3F, Golden Beach, 1001 Jinbo Lu, Jiangning  
江宁金箔路1001号黄金海岸广场3楼  
52187088  
Zhonghuan branch has a swimming pool and  
yoga facilities. Wifi, and English speaking staff.

### *Olympic Century Star Ice Skating Club*

奥体世纪星滑冰俱乐部  
222 Jiangdong Zhong Lu (Inside Olympic Center)  
江东中路222号奥体中心内  
86690466

### *Nanjing North Star Ice Skating Club*

Qinhui Sports Center,  
No. 162, Pingjiangfu Lu  
52200031

### **N** *Banlieue International Fencing Club* 江苏郊外(国际)击剑俱乐部

Tunnel B, Nanjing Olympic Centre (near gate 33)  
奥体中心游泳馆对面33号柱  
52238383  
www.jiaowai.net

### *Ninth City Billiards 9城花式撞球*

1912 District, 52 Taiping Bei Lu  
太平北路52号1912街区  
84504303  
1pm till late. ¥15/hr in the afternoon.

### *Klein Billiards 克莱恩台球*

135 Hongwu Lu 洪武路135号  
84568088  
9am till late.

### *Nanjing Leiniao Paragliding Club*

南京雷鸟滑翔伞俱乐部  
Wutaishan Sport Center Tennis Stadium  
南京市五台山体育中心网球场  
84458450 / 15335179782

### *Zhongshan Shooting Club 中山射击俱乐部*

147 Zhongshan Dong Lu 中山东路147号  
84615141  
Gun shooting.

### *Changqing Taekwondo 长青跆拳道馆*

33 Shigu Lu 石鼓路33号  
51167738

### *Karate Eifuukaikan 空手道影风道场*

96 Yushi Jie 鱼市街96号  
52989189  
¥30/90mins For kids & adults Taichi  
6.00am everyday on Shanxi Lu square next to  
KFC  
8.am everyday next to Wutaishan Stadium

### *Pisarev Ballet 比萨列夫芭蕾舞学校*

5 Guangzhou Lu 广州路5号  
86975095

### *Xiao Dong Latin 晓东拉丁舞*

42 Shigu Lu 石鼓路42号  
83908713

## Golf

### *Xuanwu Golf Club 玄武高尔夫俱乐部*

Inside Xuanwu Lake 玄武湖公园内  
Driving range, strike balls onto the lake.

### *Zhongshan Golf Club 钟山高尔夫俱乐部*

7 Huanling Lu 环陵路7号  
84606666

### *Ginkgo Lake Golf Club 银杏湖高尔夫俱乐部*

1 Guli Yinxing Hu 江宁区谷里银杏湖1号  
86139988

### *Nanjing Harvard Golf Club*

南京哈佛高尔夫俱乐部  
176 Zhenzhu Jie, Pukou District  
南京市浦口区珍珠街176号  
58853333

## Art & Culture

### *Drug Art Museum*

12 Ding Hui-Men Street, 22 Building  
定淮门12号(世界之窗软件园) 22号房  
83752646

### *Nanjing Art and Cultural Center*

南京文化艺术中心  
101 Changjiang Lu 长江路101号  
84797920  
Regular large-scale shows by professional  
Chinese and overseas performers.

### *Jiangnan 631 Niuda Theatre*

江南631牛达剧场  
5 Yanling Xiang 延龄巷5号  
84419786  
Weekend Chinese modern small theater shows.

### *Nanjing Art Academy Concert Hall*

南京艺术学院音乐厅  
15 Huju Lu 虎踞北路15号  
Irregular performances by Chinese and overseas  
students and faculty.

### *Jiangsu Kunqu Theater 兰苑剧场*

4 Chantian Gong 朝天宫4号  
84469284  
Live performance of Kunqu opera (similar to  
Peking Opera).

## Cinema (call for English language availability)

### *Xinjiekou International Cinema in Deji Plaza*

德基广场新街口国际影城  
18 Zhongshan Lu  
中山路18号德基广场7楼  
84797700

### *Nanjing Shangying International Cinema*

南京上影国际影城  
98 Caochangmen Da Jie  
草场门大街98号  
86223345

### *Aqua City Hengdian Cinema City*

水游城横店影视电影城  
4F, Aqua City, 1 Jiankang Lu 建康路1号水游城4楼  
82233700

## Food & Drinks

### Asian Cuisine

### *Droje Pema Tibetan Food Bar*

East Jiahu Road, near Bajia Lake in Jiangning  
佳湖东路,  
靠近江宁区的百家湖  
52106550

The only known Tibetan restaurant in Nanjing. Its  
location is far outside the city center but anyone  
getting off the Metro at Baijia Lake Station can  
easily find it. Cuisine ranges from curried fried  
rice to roast yak. Fresh yoghurt is made on site.

### *Kezigu Muslim Restaurant 克兹古餐厅*

53 Wangfu Da Jie  
王府大街53号  
85981468

A delicious change from the standard Chinese  
cuisine: spicy noodles, potatoes, chicken and  
lamb dishes. Xinjiang performance.

### **N** *Istanbul Turkish Cafe*

食正坊咖啡店

209 Shanghai Lu

上海路209号

83309030

Istanbul offers a range of Turkish and Vietnamese  
food, with highlights including Turkish 'pizza',  
kebabs, wraps, freshly made yoghurt, and some  
desserts. All food is halal. Hookahs are available  
for smoking during or after a meal.

### *Golden Harvest Thai Opera Cafe*

金禾泰大餐厅

2 Shizi Qiao, Hunan Lu

湖南路 狮子桥2号

83241823

Golden Harvest is one of the only Thai  
restaurants in this area of the city. The cuisine is  
called authentic Thai, and prices tend to be quite  
high, with set meals for four costing between ¥400  
and ¥1,000.

## Indian Cuisine

### **Taj Mahal**

#### 泰姬玛哈印度料理

117 Fengfu Lu, Xinjiekou  
新街口丰富路117号  
84201178  
189 Shanghai Lu 上海路189号  
83350491

Established in 2003, the Taj Mahal Indian Restaurant made a name for itself by offering a great variety and exotic blend of authentic Indian cuisine. Taj Mahal's assortment of flavourful foods makes it continually popular with the foreign community.

### **Himalaya-Nepalese & Indian Restaurant**

#### 喜马拉雅尼泊尔印度餐厅

193 Shigu Lu  
(Sunglow Bay  
near the Sheraton)  
石鼓路193号  
8666 1828

Himalaya is a very popular restaurant serving a variety of Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves. English menu, English speaking staff, free delivery within 1 kilometer. Wifi available.

### **Kohinoor Restaurant**

#### 科伊诺尔餐厅

45 Zhangshan Bei Lu  
中山北路45号  
83122522

Pakistani restaurant located on the second floor of Nanjing's Ramada restaurant. Vegetarian and non-vegetarian curries made in the original unimitable style of Indian and Pakistani Cuisine prepared by chefs brought especially from the mystery lands. Owned & operated by an individual with over 20 years of International Hospitality experience.

### **Punjabi Restaurant**

#### 本杰比印度餐厅

2 Shizi Qiao, Hunan Lu  
湖南路狮子桥2号  
83245421

A well-established Indian restaurant in Nanjing offering traditional Kadhais, Murghs, Masalas and Vindaloos in addition to more familiar Chinese dishes. English menu, English speaking staff, and free delivery within 3 kilometers.

## Japanese Cuisine

### **Wadouraku**

#### 和道乐日本居酒屋

121 Shi Gu Lu  
石鼓路121号  
8446 5760

Wadouraku's finest compliment is the fact it is every night patronised by many from Nanjing's Japanese community. With a selection of Saki and Japanese beer by the bottle or on draught, Wadouraku is the genuine Japanese experience in Nanjing.

### **Oeodo Japanese Restaurant**

#### 大江户日本料理

199 Hongwu Lu  
(one block south from Walmart)  
洪武路199号  
(户部街长发银座侧面)  
84563378

Open: 11.00-14.00; 17.00-22.00  
Eat as much as you can: ¥128 (unlimited soft drinks); ¥158 with unlimited sake. Seafood, roasts, beef, goose liver, hotpot and more (over 150 choices).

Wifi & English menu

### **Tairyō Teppanyaki 大渔铁板**

57 Zhongshan Road  
中山路57号  
8472 9518  
66 North Taiping Road  
(in 1912)  
太平北路66号, 在1912里  
8445 8310

Tairyō Teppanyaki is famous throughout the Nanjing expat community for its special offer: ¥178 for all you can eat and all you can drink. This includes sushi, sashimi, sake, beer, and everything on the menu. Much of the food is cooked right in front of you.

### **Shuizhui 水之惠**

18-2 Wangfu Dajie 王府大街18-2号  
84217517

### **Tairyō 大渔**

Shiziqiao, Hunan Lu 湖南路狮子桥  
83204001

### **Nagoya 那古野**

4F Grand Hotel, 208 Guangzhou Lu  
广州路208号古南都饭店4楼  
83311999

## Korean Cuisine

### **Fudelang 福德坊**

6 Taogu Xin Cun, Hankou Lu  
汉口路陶谷新村6号  
83312091

### **Ke Jia Fu 可家福**

137 Ninghai Lu 宁海路137号  
83314283

## Vegetarian

### **The Green Field – Vegetarian Restaurant**

1F Zhengyang Building, 56 Yudao Street  
御道街56号正阳大厦一楼  
6661 9222

A wide selection of food including sushi, disguised tofu, Italian gelato, and of course, plenty of fresh vegetables. Specialized drinks and teas are also available.

### **Pure Lotus 静心莲**

1 Section C, Shuimuqinhuai,  
99 Shitoucheng Lu 石头城路99号水木秦淮C区1号  
83752306

### **Wushang Vegetarian Diet 无上素食**

1F Zhengyang Mansion, 56 Yudao Jie  
御道街56号正阳大厦1楼  
84681283  
Vegetarian buffet.

### **LvLiuJv (Living by Green Willow) 绿柳居素食馆**

248 Taiping Nan Lu 太平南路248号  
84527177

### **Ma Xiang Xing 马祥兴菜馆**

32 Yunnan Bei Lu 云南北路32号  
83286388

## Western Bars & Restaurants

### **Studio 21 Grill Restaurant**

藤美  
193 Shigu Road  
(behind the Sheraton)  
石鼓路193号(石鼓湾美食休闲街区)  
86795269  
Alessandro 13072525212  
Originally from Holland, Studio 21 offers a

combination of grilled meat & seafood specialties, genuine European flavors and its renowned home made desserts, all in an elegant and relaxing atmosphere with Live Music at weekends. Special Set Lunch Menu with prices from ¥32. Student & Teacher Check-Out Menu Special at ¥58.

### **Nail Jazz Bar**

#### 钉子吧

10 Luolang Street (200m south of the Sheraton)  
罗廊巷10号, 立金斯利酒店200米  
8653 2244

One of the more relaxed bars in Nanjing that offers a wide variety of imported beers. The bar has a cozy upstairs and a more open downstairs, complete with stage and foosball table. Opening hours: 6.30pm – 2am.

### **Blue Marlin**

#### 蓝枪鱼音乐餐厅

54 Taiping Bei Lu, 1912  
太平北路54号, 在1912一条酒吧街  
Middle Liyuan Road, Jiangning (near Baijia Lake)  
江宁区, 利源中路(百家湖附近)

An older establishment in Nanjing and still a popular expat hangout. It doubles as a restaurant which serves German and European food and a bar. A Filipino band provides entertainment nightly, and happy hour is from 4:00 to 7:00 pm daily.

### **Bebbis**

2 Zhongshan Nan Lu, Orient Department Store  
1st floor  
中山南路2号东方商城1楼  
84730121  
Fondue Restaurant.

### **Danny's Irish Pub & Restaurant**

#### '丹尼' 爱尔兰酒吧

4F, Sheraton Nanjing, 169 Hangzhong Rd. 汉中  
路169号金斯利酒店4楼  
8666 8888 7775

Located on the 4th floor of the Sheraton hotel, the pub serves the usual selection of beers and liquors, offers a good place to sit and chat, and features live performances. Open from 6 pm.

### **Finnegans Wake Irish Bar**

#### 芬尼根爱尔兰酒吧餐厅

6 Cinnalane, at the corner of Shenzhou Road and  
South Zhongshan Road  
熙南里6号, 靠近神州路和中山南路的路口  
52207362

An authentic Irish bar in Nanjing, with an extremely wide selection of whiskeys, good range of food, and regular music performances.

### **Cosima**

#### 可西玛

120 Shanghai Road (near to Hankou Lu)  
上海路120号  
83337576

Famous for being the smallest restaurant in the city, serving a variety of Spanish food.

### **Secco Restaurant and Bar**

#### 喜客西餐厅

3 Kunlun Road (South of Xuanwu Park's main  
gate)  
昆仑路3号, 在玄武湖公园正门的南边  
83370679

A German restaurant and bar, located in a side street very close to Xuanwu Lake and directly beside the city wall. Another major expat draw, Secco features barbecue, buffet, outdoor dining, strong mixed drinks, with good deals and specials. A good place to start a night out.

**N Talking**  
对话西餐厅

Ninghai Lu, 9 Pei De Li,  
Room 101  
宁海路培德里9号栋101室  
83200844

21 Jinyin Street  
金银街21号

Talking is a restaurant and bar, with a surprisingly large variety of beers and liquors, as well as a good selection of food. Open 11:00 am until late, tending to fill up at night time.

**N Talking 2 - 3**  
对话西餐厅2-3

Jinyin Jie No. 20

(near Shanghai Lu), across from the foreign students dormitory in Nanjing University  
金银街20号, 南大西苑对面  
83323969

More music, wi-fi, cheap beers and decent food at reasonable prices. An ideal place for a bite and few drinks with friends.

**N Don Quixote**  
堂吉珂德餐厅与酒吧

39 Chengxian Street,  
off Zhujiang Lu  
珠江路成贤街39号  
83359517

This pub doubles as a Spanish restaurant offering a variety of cuisines. However, after the kitchen closes, a live band comes on upstairs. Downstairs, there is a large screen plasma TV and videogames.

**N Sancho Panza**  
到堂吉珂德

173 Guangzhou Lu,  
Wutaishan Stadium North gate  
(take the stairs to the right)

广州路173号,  
五台山体育场北大门内  
(无高尔夫球场西侧台阶上)

A 2-floor bar featuring live music, pool, food and quality eats plus a fully-stocked bar.

**N Bluesky Expat Bar & Grill**  
蓝澳西餐厅

77 Shanghai Lu  
上海路77号  
86639197

Bluesky is one of the original expat bars to open in Nanjing, and serves a wide range of Western food such as burgers, pizzas, and Aussie meat pies. There is also a wide range of beers, including several Australian brands. Like any good pub, there is a pool table and darts.

**N Ciao Italia**  
你好意大利

193-2 Shigu Lu (outside Sunglow Bay near the Sheraton) 石鼓路193-2号  
86608807

Ciao Italia's master chef Giuseppe serves over 140 authentic Italian specialties, including 30 varieties of pizza that are widely considered some of Nanjing's best. Free delivery is available.

**N Ellens Bar**  
艾伦咖啡

132-3 Guangzhou Lu  
(a few meters from the corner of Shanghai Lu)  
广州路132-3号

Laid back and relaxed atmosphere have quickly made this a new favourite, especially amongst the student crowd. Fantastic range of food & drinks at great value prices.

**N Swede and Kraut**  
云中西餐厅

12 Nanxiu Cun 南秀村12号  
86638798

From the people who bring us Skyways Bakery, this bar and restaurant near Nanjing University features an impressive beer list, including German and Belgian labels, alongside a menu of traditional European foods and desserts. Take out and special holiday dinners are available.

**Joy Haven 珈亦·湾**

3 Kunlun Road, 2-1 Ming Cheng Hui  
(next to Xuanwu Gate)  
玄武区昆仑路3号明城汇2-1号  
83357777

Joy Haven is a Western restaurant located right next to Xuanwu Gate, best known for its steak and fantastic atmosphere. The cost is not too high; usually under ¥100 per person.

**N La Table de Mr. Eiffel**  
巴黎盛宴

83 Guangzhou Lu, near Qingliangshan Park  
广州路83号, 靠近清凉山公园  
83711900

Offers authentic French cuisine and carries an extensive list of French wines by the glass. It is located in an old Chinese garden house with an entrance on Qingliang Shan Park. There is also an outside terrace.

**N Pisa Pizza**  
比萨斜塔意式西餐厅

81-8 Shanghai Road  
上海路81-8号  
1580 517 7575

A newcomer to Nanjing but one that has quickly gathered a reputation for serving up the finest pizza in the city, straight from the wood fire oven.

**N Soul Mate**  
索味法式休闲餐厅

15-1 Nanxiu Cun,  
off Hankou Road  
南秀村15-1, 靠近汉口路  
83328418

A French restaurant and bar located in an old house very close to Nanjing University. They serve a variety of cuisine and drinks, including French style pizzas, omelettes, mixed drinks, wines, and beers. Open from 11:30 am to 10 pm.

**N Les 5 Sens**  
乐尚西餐厅

52-1 Hankou Lu  
汉口路52-1, 靠近南京大学  
83595859

A surprisingly inexpensive French restaurant. Homemade traditional French dishes (set menu and à la carte available) for lunch and dinner in a friendly atmosphere. Many other dishes cost less than ¥50 each. Options include goose liver, fillet of lamb, duck breast with apple, and tiramisu. Open 11:30 am to 10 pm, with take away service. A free WiFi connection is also yours to use!

**N My Place**  
我的家 (高档红酒吧及餐厅)

37-11 Gaoyun Ling  
高云岭37-11  
83601289

My Place is a high class wine bar and restaurant that occupies an enchanting house amid the alleyways behind Hunan Road. Served is a wide variety of top shelf foreign liquor and wines plus a fusion of Singaporean and international cuisine. Open from 6:00 pm onwards.

**N Jimmy's**  
吉米来吧

193 Shigu Road  
(inside Sunglow Bay  
near the Sheraton)  
石鼓路193号  
86792599  
www.jimmysnj.com

A popular American-owned sports bar and restaurant. It offers satellite sports coverage, a full bar with draught beer and a large variety of whisky, plus simple American food such as hamburgers, hot dogs, subs, tacos, and most famously, pizza. Free delivery within 3 kilometers.

**N Another Jimmy's**  
吉米来吧

209 Shanghai Lu  
(across from Skyways)  
上海路209号  
83318085  
www.jimmysnj.com  
11am until 12pm

**N 61 House**  
陆拾壹号餐厅

61 Hankou Xi Lu 汉口路61号  
13851434386

A relatively new addition to the nightlife scene in Nanjing that has quickly become a stop on the live music circuit in China for international unsigned bands.

**N Me@ting Point**  
意风之约

81 Shanghai Lu  
58002915

English enquiries: 18951692356  
www.meetingpoint.com  
Quality Italian favourites in a pleasant 'eat & meet' type setting.

**Lucky Star Steak House & Bar**  
乐宜达牛排咖啡厅

C-203 2F, Golden Wheel  
In-Citi, 8 Hanzhong Road  
汉中路8号, 在金轮新天地2楼C-203室  
84715481

Located within the Golden Wheel In-Citi featuring steak, mussels, shrimp, and other seafood. Open 10:00 am to 10:00 pm from Sunday through Thursday, 10:00 am to 10:30 pm on Friday and Saturday.

**N Behind the Wall**  
答案墨西哥餐厅

150 Shanghai Road (in Nanxiu Cun)  
上海路150号, 在南秀村  
83915630

One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, and in the warmer months on perhaps the finest terrace in the city. Live musical performances go well with strong sangria and beer.

**Tony Music Bar**

76 Jinxianghe Lu (10 metres from Hualian supermarket)  
进香河路76号 (世纪华联超市巷内10米)  
1391 397 7427  
Popular student watering hole and stop on the live music circuit.

**N Potato Bistro**  
马铃薯

5\*301 Kang Qiao Sheng Fei, 9 Wenfan Road,  
Xianlin University Area  
仙林大学城文范路9号  
8579 1293

A bistro based on green, organic, fresh foods and authentic tastes, within a quiet environment in the most prosperous area of Nanjing's Xianlin area. Can accommodate 80-100 guests, with an outdoor balcony of 150 square meters also available for different parties. Free wifi.

### **Paulaner Brauhaus** 宝莱纳啤酒花园

123 Guangzhou Road  
广州路123号  
83117188

A German chain restaurant and bar located on the side of Wutaishan Stadium's hill. The decor, beer, and food are entirely German. A band performs nightly, and there is also a beer garden open overlooking Guangzhou Road.

### **Vanilla Sky 香草天空**

4-4 Taogu Xincun,  
off Shanghai Road  
上海路陶谷新村4-4号  
83202884

10 Beiji Xicun, just north of Gulou Square  
北极西村10号, 鼓楼广场北边  
57711778

Vanilla Sky serves up a variety of Western foods, including pizzas, pastas, steaks and salads. Prices are reasonable, and a cozy atmosphere keeps many customers coming back.

### **Taberna Crestatx 格纳斯酒吧餐厅**

388 Yingtian Avenue, in 1865 Creative Park,  
Building E6  
应天大街388号,  
1865科技·创意产业园  
51885657

The only fully authentic Spanish restaurant in Nanjing that also offers arguably Nanjing's best private cigar bar with Habanos directly imported from Cuba.

### **Regalia Resort & Spa (Qinhui River)** 御庭精品酒店(秦淮河)

E5, No 388, Yingtian Street (Chenguang 1865  
Technology Park) 应天大街388号(晨光1865科技  
创意产业园) 第E5幢  
51885688  
www.regalia.com.cn

reservations-qhr@regalia.com.cn

Dining that offers a uniquely satisfying combination of Chinese, Asian and Western cuisine.

### **Eminence Cellar** 香松酒窖

Inside Wutaishan (opposite to Jin Inn)  
五台山金榜体育馆内  
(金一村快捷酒店对面)  
66012088

High quality western restaurant. Includes one of the best wine cellars in Nanjing with everything from a Petrus and LaTour to something more reasonable.

### **Bakery & Sandwich**

### **Skyways** 云中食品店

160 Shanghai Road 上海路160号  
83317103  
10 Taipingmen Road  
太平门路10号  
84812002

A18, Yadong Commercial Plaza, 12 North Xianyin  
Road 仙隐北路12号 亚东广场A18室  
85791391

One of the best known foreign shops in Nanjing offering a variety of breads, sandwiches, cakes, chocolates, and desserts. Large cakes and pies can be pre-ordered, and holiday specials are

available. A selection of imported cheeses and wines are also available.

### **Happy Story 美丽心情**

236 Xiqiao, Jiangsu Lu  
江苏路西桥236号  
83301907

60-3 Jiangsu Lu

江苏路60-3号

83232957

Chinese owner with creative ideas for cakes.

### **Ichido 宜芝多**

B1, Grand Ocean Department Store, 122

Zhongshan Nan Lu

中山南路122号大洋百货B1楼

84738682

B1, Deji Plaza, Zhongshan Lu

中山路德基广场B1

84738682

### **Coffee & Tea**

### **Sculpting in Time Café** 雕刻时光咖啡馆

2F, 47 Hankou Lu 汉口路47号2楼  
83597180

32 Dashiba Jie (Confucius Temple East Gate)

秦淮区大石坝街32号(夫子庙东门)

Sculpting in Time was started by two college graduates from Beijing offering a pleasant coffee house atmosphere, along with brunch, cocktail hours, film screenings, and a variety of Western food. Their brownies are widely known. Free Wifi.

### **Maokong Café 猫空**

28-1 Yunnan Bei Lu 云南北路28-1号

83249554

Wifi and magazines. Many outlets in Nanjing.

### **Tea Station 茶客老站**

58 Taiping Bei Lu, 1912 District

太平北路58号1912街区

84513303

Wide selection of Chinese and fruit tea.

### **Yosemite Cafe 悠仙美地**

31 Beijing Dong Lu 北京东路31号

57712990

Many branches in Nanjing. Wide selection of set

menu Chinese food and drinks.

### **Happy Teahouse 开心茶馆**

9 Shengqi Jie, off Hanzhongmen Dajie

汉中门大街胜棋街9号

86526265

Tea & Chinese 'crosstalk'.

### **Zhanyuan Tea House 瞻园茶社**

128 Zhanyuan Lu

瞻园路128号金陵第一园旁

52305020

Traditional style Chinese tea house.

### **3 Coffee** 3号咖啡馆

82-1 Shanghai Lu

上海路82-1号

83244617 / 83311505

An upper floor library has art, design and photography books as well as magazines and a photography store selling vintage film camera, polaroid & lomography equipment. Offers a range of coffee, tea, alcohol and limited snacks. Balcony affords a nice view of Shanghai Lu. Free Wifi.

### **Godot's Home** 戈多的店咖啡馆

15-1 Nanxiu Cun, off Shanghai Lu

南秀村15-1号

86637484

A beautifully designed, relaxed café off Hankou Lu inspired by the play by Irish Playwright Samuel Beckett. A great range of coffee, tea and food in a cozy atmosphere. A movie is shown each Wednesday.

### **Freeland Cake-Dessert-Coffee**

6 TaoGuXin Cun, Han Kou Lu,

陶谷新村6号汉口路

This bakery offers a selection of crafted home made cakes and drinks in a comfortable place.

### **Nightclubs**

### **Mazzo 玛索国际娱乐**

52 North Taiping Road, in 1912

太平北路52号,

1912酒吧一条街

84631912

Mazzo is one of the most popular clubs in 1912 for expats and Chinese alike. Comprising two distinct locations, Mazzo VIP and Mazzo 2, this club offers booths, tables, and VIP rooms. Music played here is predominantly Top 40 tracks and hip-hop. Friday and Saturday can get very crowded.

### **Scarlet 乱世佳人**

Within 1912, near Changjiang Back Street

1912酒吧一条街, 靠近长江后街

84403362

34-1 Hubei Road

湖北路34-1号

83206090

Scarlet was one of the original bars to open in Nanjing which catered to foreigners. Over time, the interior and music has changed, but both locations are still a big draw for the foreign community. There is no exceptionally large dance floor, but there are dance performances.

### **Polar 77 Music Bar 极地77音乐酒吧**

129 Hanzhong Road 汉中路129号

84702006

Polar 77 Music Bar specializes in rock music, and skips the DJ entirely in favour of a live band that performs nightly. Music played is usually a blend of western rock classics, Chinese songs, and Spanish guitar.

### **Castle Bar 古堡酒吧**

6 Zhongyang Road 中央路6号

83619190

Castle Bar is underground, but by no means unknown. One of the most popular hang outs for foreign students and older expats alike, Castle features a variety of music, some live performances, guest DJ's, pool tables, and various parties throughout the year.

### **Nanjing Nianyi Club 南京廿一**

1 Cinnalane 熙南里街区1号

86621588

A restaurant and a theatre combination with nightly shows of traditional style Kun opera (昆剧). Private rooms are available for dining, with seating ranging between six and twenty people. Over 100 foreign wines and extremely high quality food is available.

### **Jeep Club 吉普酒吧**

#1 Nanhu Dong Lu, Jianye District (very close the

southern end of Mochou Lake)

南湖东路1号建邺区

86511111

Features a dance floor that bounces to the beat (due to pneumatic pumps), a huge stage, many tables, and two floors of booths. Performances are held nightly starting around 10, and include various dance numbers.







# Hi tech help for Nanjing's elderly

With its creation largely accredited to the Massachusetts Institute of Technology (MIT) in 1999, the Internet of Things has in recent years been a highly prioritized project for the government of Wuxi that has now come to Nanjing.

Under the somewhat utopian project that aims to radio tag all of the thousands of items surrounding us in our daily lives, shops would theoretically never run short of supplies and theft become be a thing of the past. Now, Nanjing is jumping on the bandwagon with a project entitled "Smart Elderly Care through the Internet of Things".

It is proposed that floor based sensors shall be able to notify medical authorities when an elderly person falls over, a smart toilet could perform chemical analysis alerting doctors to any abnormality while other detectors shall monitor taps and electronic appliances to check all is well within the household. The pilot project is underway in two residence communities in Nanjing's Gulou district.

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# NIX THE NANJINGER EVENTS

## Regular Weekly Events

### Monday

Coffree Monday | Ellens | 09:00

Basketball | Nanjing International School | 18:30

Live Jazz | CD Pub | 20:00

### Thursday

Tennis Group | Sofitel Zhongshan Golf Resort | 09:00 | [www.nanjinginternationalclub.com](http://www.nanjinginternationalclub.com)

Free Beer Thursday | Ellens | 20:00

Salsa Lessons | CD Pub | 20:00

### Sunday

Chill Out Sunday | Ellens | 12:00 Nanjing Dragon Flies Ultimate

Frisbee Club practice | Nanjing Normal University Suiyuan Campus | 16:30

English Mass | Shigu Lu | 18:00

BBQ Chillout | Jimmy's | 20:30

Jazz Night | Don Quixote Bar | 21:00

### upcoming scheduled events for May

- 07 | Nanjing Spring 7-a side football tournament | more information @ [www.nanjingexpat.com](http://www.nanjingexpat.com)
- 08 | Pfrang Gala | The British School of Nanjing | 12:00
- 08 | Family Fun Day/ Pot Luck Lunch | The British School of Nanjing | 12:00
- 08 | Spanish Anyone? | Bluesky Aussie Bar & Restaurant | 12:00
- 08 | Nanjing Foodies | Bluesky Aussie Bar & Restaurant | 12:00
- 13 | A Mansion Band "Dance in my back garden" tour | 61 House | 20:00
- 14 | Kids Triathlon | Nanjing International School | 12:00
- 15 | NanjingMan Unofficial Triathlon | Purple Cloud Lake | 10:00
- 15 | Egil Olsen 2011 China Tour | 61 House | 19:30
- 15 | Yuyang Jiangnan Tour | Castle | 20:00
- 18 | The First Tattoo Party in Nanjing | 61 House | 20:00
- 19 | Your Favorite Enemies (Canada) | 61 House | 20:00
- 20 | A band Solo | 61 House | 20:00
- 20 | Miku | Castle | 20:00
- 21 | Spanish Bossa Nova Brazzaville | Castle | 20:00
- 27-28 | Faye Wong 2011 China Tour | Nanjing Olympic Centre Gymnasium | 19:30
- 28 | Rustic | Castle | 20:00
- 29 | Beijing Dexter | Castle | 20:00

### Tuesday

Parents & Toddlers Play Group | The British School of Nanjing | 10:30

Badminton | Nanjing International School | 18:30

Nanjing Toastmasters Meeting | Meeting Room 409, Building Wen Tian Guan, Hohai University, Xikang Lu, Gulou | 19.15

Live Folk Music | CD Pub | 20:00

### Friday

Goldenbails Cricket Club | Nanjing International School | 15:00

Shooters Friday | Ellens | 18:00

Buffet dinner | Fraser Suites lobby restaurant | 18:00

### Wednesday

Wine Wednesday | Ellens | 17:30

Goldenballs Football Club | Nanjing International School | 18:00

Live Music | CD Pub | 20:00

Killer Pool | Bluesky Blue Sky Expat Bar & Grill | 21:30

### Saturday

Latin Night | CD Pub | 20:00

Gulou English Corner | Gulou Square | 19:00

## Parents & Toddlers Play Group

Every Tuesday at 10:30am for children 0 - 4 years old



For more information call 5210 -8987. Or visit us online at [www.bsn.org.cn](http://www.bsn.org.cn)



### upcoming scheduled events for June

- 02 | Le Fant | 61 House | 20:00
- 03 | Tree | 61 House | 20:00
- 09 | Taiwan Black Metal Mocksun | Castle | 20:00
- 10 | Die Die Die (New Zealand) | 61 House | 20:00
- 11 | Chicks on Speed | 61 House | 20:00
- 11 | Beijing Wine Army Group | Castle | 20:00
- 12 | Lonely Drifter Karen (Austria) | 61 House | 20:00
- 17 | Beyond Control | 61 House | 20:00
- 18 | GLGB (Album Launch) | 61 House | 20:00
- 18 | Folk songs by Zhangyide | Castle | 20:00

To submit your events please visit

**NANJINGEXPAT**

.COM

# View from The Bench

By Cheryl Malloy

## COMMUNICATION CRUTCHES COMPUTERS AND MOBILE PHONES

There was once a time, long, long ago when people picked up a pen, sat at a bureau and penned long letters to friends and family far away. The letters were often emotive and heartfelt and expressed a longing to be nearer; a plea not to be forgotten or forsaken and a promise of keeping memories and relationships going. The letter was then lovingly folded, daubed with a familiar perfume, placed in an envelope and sealed, often with a kiss, before being entrusted to whatever unreliable means existed for transporting such precious words across continents.

Families of soldiers and traders waited on missives transported by camel trains, horse and carriage, boats and ships or carried by hand, to arrive and be opened with loving care and read daily over the dinner table as a connection to someone living afar. It all sounds so romantic and also sad. People who had an adventurous spirit and a lust for travel were disadvantaged by lack of communication and the tyranny of distance. It is comforting now to be able to walk past the computer screen and notice that a new email has arrived, a tweet has been twittered or a message left on Facebook. **Communication is instant and worldwide.** Families can make video calls and grandparents in far-flung places can maintain contact with grandchildren who rarely see them in the flesh, but know them intimately none-the-less.

Now the computer screens are moving from the office desk to the family room, from the laptop to the mobile phone. We live in a world of Apps – a world that has so many devices to support communication that living abroad is no longer the lonely and isolating experience it used to be.

### BEWARE THE COMMUNICATION TRAP!

Beware of hovering around that little blue screen for hours on end waiting for the next post on Facebook, hanging out for email, addicted to the next tweet! This wonderful tool of communication can become your master, pulling you into the slavery of screen gazing.

When was the last time you turned your mobile phone off for a day? YES, a whole day! When did you decide that the tool you have chosen as a communication device became a social crutch? How often do you go now and meet people to talk for hours about your interests and the world? Or are you enslaved to the tone; that ringtone that demands instant response, that ringtone that is an indispensable part of your existence.

Start with an hour and go to a day – I dare you! Just turn it off and leave it on the kitchen bench and go out for the day – go on – I really do dare you to do it... if you can. Or are you a victim, a hopeless addict, addicted to technology? **N**



Send your questions and comments to [coach@nanjingexpat.com](mailto:coach@nanjingexpat.com)



# Hope *ful* Hearts

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The reality is, these children may not have survived if it weren't for the generosity of people like you.  
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Hopeful Hearts assists in funding life-saving heart operations for local children.

These children have often been abandoned because of their condition, or come from a farming community where their family may have an annual income of about 1,200RMB.

Your time, talents and donations would be greatly appreciated in helping save the lives of more children like these.  
For more information on how you can help, please email: [hopefulhearts10@yahoo.com](mailto:hopefulhearts10@yahoo.com)

**[www.hopefulhearts.info](http://www.hopefulhearts.info)**

# **BSN SUMMER FAIR**

**SATURDAY, MAY 28TH**

**11:00AM TO 3:00PM**

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**THE BRITISH SCHOOL OF NANJING**

**FREE ADMISSION**

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