

THE NANJINGER

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A Guide to Chinese Martial Arts

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RIDING THE WAVES
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NO.8/SEPTEMBER 2011

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Schools of Thought

**“He was so learned that he could name a horse in nine languages;
so ignorant that he bought a cow to ride on.”**

Benjamin Franklin, 1706-1790

*How true! Such is the difference between education, learning and good old fashioned common sense.
This month, The Nanjinger turns its attention in part to learning.*

The Korean Board of Education has stated that by 2014 the textbook shall be a thing of the past (in Korean schools at least). All educational tools shall therefore be digital. Even here in Nanjing the increasingly digital classroom is quickly become a standard among our international schools. However, in the future much of our learning may not even take place in the classroom; inside this issue of The Nanjinger we see what virtual worlds hold for the future of learning.

For the students of Chinese among us, we balance this future of learning with learning examples of the future tense in the ever popular Chinese Corner. Still referencing the Chinese language, an expression used among our Oriental friends that reflects the priorities of modern life is “clothing, food, residence and commute”. Our UK correspondent reveals some of the impact this belief system has on Chinese students abroad as they find themselves saying, “Bye bye chicken feet!”

Finally, most of us can take comfort in the knowledge that travel is by far and away the best educator. With the additional unique experiences offered to all of us as guests in China, those reading this magazine must surely be among the most learned people in the world! And most of us also know how to say “horse” in Chinese!

Thanks for picking us up!

这期杂志的主题是关于学习。你还记得你在学校的日子吗？你还记得老师怎样教我们记住东西？让我们展望未来的学习和听听中国人在英国学习关于面临衣食住行的挑战。

我们旅行篇将带你去访问福建省厦门海岸著名的鼓浪屿岛。

感觉饿了吗？我们的评论部分这个月介绍一个很棒的坐落在仙林的意大利餐厅和在南京的大渔铁板自助餐！！

你，或是你的亲戚，有一辆属于自己的飞鸽牌自行车？我们打赌你会因为飞鸽是世界上最受欢迎的机动车来，让我们带你领略经典设计。

这些都只是一些事情，你会了解到，这期杂志都是关于学习的故事！我们希望你喜欢！

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**RUGBY
WORLD CUP
2011**
SCHEDULE



All times are JST
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Wed 14 | Namibia v Samoa - 10:30
Canada v Tonga - 13:00 CST
Georgia v Scotland - 15:30

Thu 15 | Russia v USA - 15:30

Fri 16 | New Zealand v Japan - 16:00

Sat 17 | Argentina v Romania - 11:30
Fiji v South Africa - 14:00
Australia v Ireland - 16:30

Sun 18 | Samoa v Wales - 11:30
England v Georgia - 14:00
Canada v France - 16:30

Tue 20 | Italy v Russia - 15:30

Wed 21 | Japan v Tonga - 15:30

Thu 22 | Namibia v South Africa - 16:00

Fri 23 | Australia v USA - 16:30

Sat 24 | England v Romania - 14:00
New Zealand v France - 16:30

Sun 25 | Fiji v Samoa - 10:30
Ireland v Russia - 13:00
Argentina v Scotland - 15:30

Mon 26 | Namibia v Wales - 14:30

Tue 27 | Canada v Japan - 12:00
Italy v USA - 14:30

Wed 28 | Georgia v Romania - 14:30

Fri 30 | Samoa v South Africa - 15:30

October 2011

Sat 1 | Australia v Russia - 10:30
France v Tonga - 13:00
England v Scotland - 15:30

Sun 2 | Argentina v Georgia - 08:00
New Zealand v Canada - 10:30
Fiji v Wales - 13:00
Ireland v Italy - 15:30

Sat 8 | Quarter final - Winner Pool B v Runner-up Pool A - 13:00
Quarter final - Winner Pool C v Runner-up Pool D - 15:30

Sun 9 | Quarter final - Winner Pool A v Runner-up Pool B - 13:00
Quarter final - Winner Pool D v Runner-up Pool C - 15:30

Sat 15 | Semi final - Winner QF1 v Winner QF2 - 16:00

Sun 16 | Semi final - Winner QF3 v Winner QF4 - 16:00

Fri 21 | 3rd Place Play-off - 15:30

Sun 23 | World Cup Final - 16:00

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**DRINKS
FOOD
AND
RUGBY
AT
JIMMY'S
BAR**

Dear Editor

This has been my second summer in China, my first in Nanjing - last year I was working in Dalian. This year I have noticed (almost on every corner) the phenomena of men rolling up their shirts in the heat, exposing their sometimes beautiful, sometimes bloated, torsos to all and sundry. I am sure that this is happening more in Nanjing simply because it is hotter but I have on many an occasion wonder if there is any cultural or historical significance.

A Chinese friend in Dalian told me that in ancient times, a well fed man (one with a big belly) was a sign of wealth. Therefore a man who proudly shows off his naked and fattened flesh is actually trying to tell us that he is rich and successful.

That said, I think here in Nanjing I more get the impression that the guys are doing it to impress the girls, especially those who have that six pack going on. And some of them really have been spending a lot of time at the gym, haven't they?

Now that I am here in hot Nanjing, perhaps one of your readers can offer the true explanation?

Sincerely yours,
Bekki Albright (Canada)

Dear Bekki

An interesting part of Chinese society indeed it is! You are certainly not alone in your inquisitiveness. To get to the bottom of the issue once and for all, we asked around (in very manly circles only) and received the same reply from several old Nanjingers:

"They're just hot."

Glad that's settled, then.
Ed.

CHOOSE
WELL OR
STAY HERE



I am always interested in speaking to Chinese students who have studied abroad and so when my friend introduced me to a girl who had just finished her masters in IT management I asked her if she enjoyed the course. She squinted at me, hanging on every word watching the shape my lips were making, trying to follow what I was saying. I repeated myself slower this time.

- "Did you enjoy the course?"

Nervous smile

Even slower now - "DID YOU ENJOY THE COURSE?"

Looks at her friend for help and she translates for her. "Yes"

"Where did you study?"

Squints at my again.

I rephrase it.

"Which university did you go to?"

"Sunderland"

"Great, was it a nice place to live?"

Looks at her friend for help. Friend translates.

"Yes"

By this time I'm wondering how she got a place on a masters course when she clearly couldn't speak or understand English. I decide to bypass her and ask her friend "Can you ask her whether she had to pass an English test like IELTS or TOEFL before she got her place?"

The answer came back, "No, the university sent representatives here and they interviewed students and offered them a place". Yes, I can well believe this. British universities are under great financial pressure. As a result of government cuts universities are planning a huge increase in foreign student recruitment especially those from outside the EU. And can you blame them? Who wouldn't want as many customers as possible paying up to 8 times what others pay for the same service? But one has to wonder whether a strong desire for Chinese students has driven some cash-strapped universities to reduce candidate requirements and give degrees which are far inferior to others in that field.

This time last year 1.27 Chinese students were studying abroad and the trend remains upwards. I wonder for how long. I read an article in China Daily recently which said that parents are now becoming concerned about the numbers of Chinese students on certain courses. In some cases, classes are predominantly Chinese and students live in a bubble of Chineseness, studying, eating and living with other Chinese. One of the reasons parents are so keen to send their child to an English speaking country is that they improve their English, immerse themselves in western culture and return to China highly qualified and with greater job prospects..

In the rush to send their children to study in the west, Chinese parents should consider whether a third rate university in the UK or the USA is better than a perfectly fine Chinese university, especially when their child returns no more westernized than they were when they left and their English no better than a student who chose to stay in China. When prospective employers have a pile of applications on their desks will they automatically reach for those with a masters degree from a third rate western university? Will a degree from such a university be more valuable than a degree from a decent Chinese university? I hope not.

I know that there are many westerners in Nanjing who make a living out of recruiting students for foreign universities. I'm not saying all western universities are bad, just that there are a number who are more interested in the Chinese purse than developing Chinese talent and our Chinese friends should not rush blindly into them. I say to them "choose well or stay here".

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Bao, before and after

For more information:

Operation Smile China: 中国微笑运动

Julia Jorgenson, Program Development Coordinator:

julia.jorgenson@operationsmile.org or +86 138 1055 1450

Hangzhou Operation Smile Charity Hospital: 杭州微笑行动慈善医

www.operationsmile.org/china

The Gavel

LEGAL NOTES FROM THE NANJINGER
IN ASSOCIATION WITH PICOZZI & MORIGI LAW FIRM



DEBTS IN CHINA - WHO PAYS? 怎样才能把欠款追回?

According to figures published in Beijing on 27th June by the National Audit Office; Chinese local governments' debt to financial institutions totals some ¥10.7 trillion (\$1.65 trillion). Notwithstanding the large amount of these loans the report unsurprisingly mainly focuses on the positive role of local government debt. On the other hand, the lenders are still looking to get their money back. So how can they handle this issue?

EXTRA JUDICIAL CREDIT RECOVERY

The history of credit recovery in China has faced immense difficulty. Prior to regulations issued by the State Administration for Industry and Commerce and the National Public Security Bureau in 1995, both professional debt collection agencies and law firms were allowed to collect debt in China. Unfortunately, tactics such as violence and intimidation were prevalent in debt collection agencies. As a result, such agencies are now considered void under Chinese law. Instead, law firms or banks are able to assist a company or individuals with their credit recovery issue.

COURT PROCEEDINGS

Going down this road, it can actually not take much longer than 6 months to reach a final rule, dependent upon the difficulty of case. The court fees are calculated using a chart that each Court provides and based on the amount to be recovered. Documents required in a credit recovery dispute include civil complaint, a power of attorney, bank account statements, sales contracts, invoices, shipping records such as bills of lading, and supporting business correspondence.

ARBITRATION

As alternative to traditional Court proceedings, arbitration is the most widely practiced method to achieve debt resolution in China. The major arbitration commissions in China are the ICSID that deals with dispute between the State and a local company and the China International Economic and Trade Arbitration Commission (CIETAC) which is the governing agency regarding arbitration between international, domestic, Hong Kong and Macao, and Taiwanese companies.

CONCLUSION

Despite the developing legal system in China it is comforting to know that lenders do already have the means from the law to recover their investments. It is strongly suggested however, to have a valid contract that from the beginning clearly regulates your rights. This will help the court or arbitrators to afford better protection. Business exchanges should not only be regulated by emails but also by written agreements that specify terms and conditions especially those related to payments and disputes. Documents submitted to the court or arbitrator shall be in Chinese so it is better to also produce Chinese versions contracts that specify which language will prevail. 🇨🇳

Disclaimer

This article is intended solely for informational purposes and does not constitute legal advice. Although the information in this article was obtained from reliable official sources, no guarantee is made with regard to its accuracy and completeness.



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Introducing some of our contributors, writers and editors

Geoff Gibson teaches courses in economics, accounting and business at universities all over China.

In Australia, he used to run the wholesale borrowings of that country's largest bank. As such, he used to joke that, when the revolution finally came, he'd be the second one shot.

Geoff Gibson 在中国各大高校教授经济学、会计学和商学的课程。在他的出生国澳大利亚,他原先的工作是澳大利亚最大银行的信贷主管,所以他以前总喜欢开玩笑地说:“如果革命爆发了,我就是第二个中弹者。”

Ron Stalenberg is our Australian sommelier who reviews wines that are readily available in Nanjing and affordable, unless an opportunity comes his way that is simply too good to refuse!

Ron Stalenberg是一位澳大利亚葡萄酒评论员,目前主要针对南京市场上可以买到的葡萄酒进行评论,都是一些价位合理适中的酒,当然如果机会来临,遇到好酒他也不会拒绝。

Lead Food Critic Serafino Di Giampaolo is founder of the Italian Chefs Forum, was resident at The Lounge in Frankfurt when it was awarded "The Best Eat and Meet" in 1998 and has taught for 10 years at the Istituto Panzini, Italy's most progressive hospitality institution.

Serafino Di Giampaolo, 首席美食评论家,也是意大利高厨论坛的创始人。1998他为法兰克福的Lounge餐厅工作期间,该餐厅被评为当地的最受欢迎餐厅。同时,他还曾在Panzini学院授课十多年,该学院是意大利最前卫进步的厨艺学院。

Ronald Paredes is the personification of his motto "mediocrity is a disease we fight every day". The multi talented designer's work appears in the design industry's annual definitive overview of the state of art in web design, "Web Design Index by Content - Volume 5"

泉源本人即是他的座右铭“平庸是一种疾病,我们每天都要与之抗争”的现实化身。作为一位优秀的设计师,他才能丰富创意无限。其网页设计作品还被收入在了代表网页设计艺术成就的权威性行业年鉴内。《网页设计艺术指南—第五册》

Our Editor and Music Critic, Frank Hossack, has been a radio host and producer for the past 25 years, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

贺福是我们杂志的编辑和音乐评论员,在过去的25年里一直从事电台主持和电台制片的工作。工作期间他曾获得过四次纽约传媒艺术节大奖,分别是世界前40强节目,最佳编辑,最佳导演以及最佳文化艺术大奖。

The classroom of old existed largely with only one purpose; to impart information. Now, given the sheer volume of information and the speed at which it can be made available to anyone anywhere, we are all now charged not simply with memorising information but instead with making judgements over the reliability of such information. We live in an open source culture that seeks to share openly and freely in the culture of creation. Its processes and products are improved through the contributions of others and by them being made freely available to all. To top it off, self-learning has bloomed; discovering online possibilities is a skill now developed from early childhood through advanced adult life.

At the other end of the spectrum, the methods traditionally employed for expanding high-quality education shall soon not be a viable option in many parts of the world. As developed nations become more and more tried in their provision of basic public services, building more schools and employing more teachers cannot realistically be thought of as a long term solution. In their place however, innovative ideas are emerging from all four corners of the world, some that for instance rely on the evolution of mobile technology; while others are advances in cognitive science that offer insights into the processes and functions of learning, for example in how gaming technology may be integrated into education.

Enter the dynamic learning environment of the virtual world. This is an evolution beginning with World of Warcraft that has led to today's most successful example of the virtual world, Second Life. For it is the computational power of the machine and its connections to other

similarly powered machines planet-wide that have spawned virtual worlds that go far beyond games in their leveraging of social connections and learning principles. This mix of fantastic possibilities and social-educational opportunities has virtual worlds poised to transform our approach to learning and communication. As our physical world becomes increasingly linked technologically yet fragmented socially, virtual worlds demonstrate a power to bring people together, and through doing so participants can collaboratively learn how to solve problems in the creation of their own worlds.



Virtual worlds are being used by many in the “future learning” business since their features make them especially suited for amateur-to-amateur learning.

The traditional World Wide Web, at its most interactive, sees collaboration that is still sequential; a very different experience to real life discussion. Instant messaging systems come close to capturing this, but as with phone and video conferencing, they lose the physicality and

place so critical to communication.

Virtual worlds do away with all that inconvenience, coming about as a combi-product of the internet, virtual reality, role-playing games and the concept of the avatar, added to which is the power of collaborative creation.

We have all heard and been mind-boggled by stories of large sums of money being won and lost in cyberworld; real life financial exchanges representing purely virtual transactions. Yet this monetary side of the virtual world is a necessity that has helped power its entire development. While residents (that's YOU) in virtual worlds are usually granted ownership of their creations (and we're talking Intellectual Property here), it is a loose kind of copyright that holds, one that provides the residents/creators with legal protection, but also the freedom to reverse engineer the creations of others. The very existence of this concept increases the opportunity for useful knowledge to spread as new and competitive ideas enter the marketplace.

Another good reason for the faith being put in virtual worlds as future engines of learning is that based upon Legitimate Peripheral Participation (LPP), the idea that people learn best when they spend time with people who have mastered the skills they wish to learn. Most commonly seen in apprenticeships, LPP provides the basis for learning and training in many vocations such as medicine, the military, and journalism. Not only do virtual worlds provide the ideal environment for people to benefit from LPP, they are also able to contextualize why they want to acquire these new building skills since they can see the results around them. In such a world, residents constantly come into contact with peo-

ple who may inspire them with their avatar design, possessions, businesses, or other skills.

Here in China, the virtual world also represents a glint in the light at the end of the tunnel that is the crisis over the future of education in the Middle Kingdom.

Schools are overwhelmed and unable to keep up with growth plus the demands of a generation of kids hungry for opportunity and knowledge. Perhaps solutions lie in the hope that China's burgeoning interest in distance learning programs and online curricula can be extended through the implementation of such programs within virtual worlds. The mountain has no need to go to Muhammed, for it is clearly a smarter economic decision to deliver broadband to the millions of people who are at present physically flocking to urban areas in search of learning.

One way or another, drastic steps will need to be taken, for it is recognised that the current pattern of growth is unsustainable. Faced with high levels of consumption of raw materials, the potential for environmental disaster and an unequal distribution of economic development along with the so called "digital divide", as long ago as 2006 the Chinese government proposed a program whereby China will become innovation-driven by 2020. According to President of Peking university, Prof. Zhou Qifeng, "Innovation has been identified as the main engine for future development [and] that capacity building for innovation has become the core of national strategies."

Also of interest to many of us in Nanjing, are the possibilities that virtual worlds af-

ford us in acquiring the Chinese language. The Children's Secretary of the British government, Ed Balls, last year proclaimed that all children should be given the opportunity to learn Mandarin, citing a poll in which business leaders rated the language most useful for their employees to speak after French and German. He was quickly shot down in flames for failing to address from just where all these professional Mandarin teachers were going to come! Herein lie the strength of the virtual world. Not only are there teachers everywhere, it also offers a language learning environment that is both immersive and social; experiences gained within the virtual world draw on an environment that can stimulate language learning, while offering the opportunity for language learners to meet others, either to informally practice a language or to participate in more formal classes.

Market leaders in virtual worlds, Second Life, define themselves as "the leader of compelling, cost-effective virtual education solutions to amplify an existing curriculum or create new models for engaged, collaborative learning." Many others seem to agree; Athens Academy, the University of Texas, Indiana University, the Cystic Fibrosis University and the university of Western Australia are just a few of the hundreds of educational institutions that have set up shop (or "islands" as they are often called) in the virtual world of Second Life.

So lucky are our expat children in Nanjing; so used they are to 20 plus nationalities as classmates, yet it should also be remembered they are the exception. For most of the world's students, classrooms are populated by not only students of the same age, but also the same nation-



ality and socioeconomic backgrounds. Virtual worlds instead play on the irregularities in skills, knowledge, and experience that exist between residents to create systems in which students must constantly make comparisons; discovering strengths and weaknesses, learning from consensus and conflict.

Such a classroom is, it could be claimed, the perfect classroom; a place where people of different ages, experiences, and cultures come together to collaborate, share and play. Virtual worlds have the potential to impact education in so many different ways that they will force the rethinking of curricula, evaluation and even the very definition of a student. The day may well be some way off yet, but all institutions of learning should be aware that by failing to embrace the changes that lie in store, they risk finding themselves increasingly on the outside of knowledge, and new methods of learning.

While these advances in educational theory, economics, and cognitive science all mean more is understood about the process and impact of learning than ever before, one of the defining characteristics of the virtual world is the ability of residents to pursue learning within a shared, simulated, 3D space. The almost limitless possibilities that this represents for teachers, schools, and universities can only mean one thing; that the future of learning does not in any way look like education in a classroom. **NU**

The Globalization Myth 全球化的神话

There was research released recently that revealed 96% of all internet traffic in China is to and from China-based websites and is written in Chinese. In other words, only four per cent of China's internet usage ever crosses a border. Whilst that degree of domestic usage is certainly high, it is not as unusual as you might think. In the rest of the world, only 17% of internet traffic ever crosses a border.

Our supposed global village is exactly that – supposed. It is not supported by the facts. In the discussion on globalization, views are generally polarized along “good” and “bad” lines. Even more generally, the view is that globalization involves (and necessarily involves) the elimination of both boundaries plus concentrations of economic power and cultural influence. Arguably – and I'm about to argue precisely this – none of these things are true and, in fact, globalization, as we tend to think of it, is a bit of a myth.

So, how about a reality check?

Having just looked at the (heavily domestically-focused) internet, what about the mail?

Only **1%**
of letters physically mailed actually cross national borders.

Then, what about phone calls?
Less than **2%**
of calls made are international calls.

Alright then, how about magazines?

Time magazine's **80%** readership is still American

So, what about the news?
Surely that must be global, right?
Wrong. Calculations across thirty countries show that all but **5%** of stories are still domestically-sourced.

Then how about increased movements of people? Surely, there must be evidence to support that? Not exactly:

The percentage of the world's people that are immigrants is the same as it was in 1910.

Ninety per cent of the world's people will never, not even once, leave the country in which they were born.

Of those that do, only 3% of the world's population live outside their country of birth. This is roughly the same proportion as it was 50 years ago.

Only **2%** of students are foreign students.

In fact, these aggregates of immigration are going, if anything, backwards:

In the late-1800's, total emigrants from Ireland were 14% of the population. It was also 1-in-10 Norwegians and 7% for both Sweden and the UK.

You see, whilst the benefits of immigration have almost certainly gone up, so have the barriers:

Prior to 1913, visas were not required for travel between most countries, nor were work permits.

In fact, until 1924, visas were not required to settle in the United States and, in 1905, only 1% of people who made

the transatlantic journey to Ellis Island were refused entry.

Compare that to today's so-called "borderless" world in which, except across much of Europe, visas are almost always required (and often denied). Furthermore, the processing of these documents has become an industry in itself:

The whole palaver of modern-day visa-processing has been estimated to cost
\$88 billion or about **0.15%** of world GDP.

So, how about the business world? Does globalization really mean a dominance of industry in a handful of powerful companies? Perhaps not:

In 2010, the top six auto companies accounted for 50% of global production. In the 1970's, five companies did; in the 1950's, two; and in the 1920's, just one, Ford. In the 1920's, just one country, the United States, accounted for 95% of all car-production. This is not exactly the threatening picture of "world domination" we have been led to believe. If that is for big business, then how about something as basic as food?

Only 5% of the trade in rice ever crosses a border. Vietnam and Thailand together account for 60% of all rice exports – but that is only 60% of 5% - nothing! Broadly-speaking, we grow at home and we continue to eat it at home.

But does globalization not mean that we will now willingly trade with anyone, anywhere in the world, wherever they might be, and that borders no longer matter? It might perhaps mean that but that is not what happens. By and large, it is trade with our immediate neighbours that continues to be pre-eminent.

So, how about China?

Who is America's number one trading partner? China? Wrong. Canada.

US-Canada trade is twice as important as that of US-China trade (and it's pretty much balanced too - unlike the China trade, which is two-to-one in China's favour). This, the US-Canada trade, is, by the way, the world's largest bilateral trade-relationship. Canada, not China, is the United States' largest foreign supplier.

If you look at all US companies that operate in only one foreign country, then that country is Canada 60% of the time.

In a supposedly globalized trading world, it is, for all the rhetoric to the contrary, our immediate neighbours that continue to be important to us. China's biggest trade tensions are not with the United States but, rather, with its immediate neighbours.

China's exports to the US represent around two-thirds of China's current-account surplus.

That is obviously important – critical, even - to China. But is it, from America's point-of-view, so important? The United States has bigger trade relationships than this.

It is an admittedly cynical viewpoint on an extreme and very unlikely scenario, but nevertheless there are those who would argue that, should China trade mysteriously disappear altogether overnight then, apart from WalMart, no-one in America would notice. **NJ**





Bye Bye Chicken Feet!

By Menglei Zhang
Illustration by ChipSou

衣食住行在英国

- **2010, Shanghai** - in those hot humid summer days the British Pavilion at the World Expo welcomed over eight million visitors within 184 days. Parallel to this impressive number is the growth rate of student visas issued by the UK Border Agency to Chinese nationals each year.

Back in 2001, there were 13,605 visas issued to Chinese students who wanted to study in the UK. By 2009, that number had swelled to 32,854, a 20% increase on the previous year. For the academic year of 2008/2009, the UK Higher Education Statistics Agency reported 56,840 enrolments in British universities that were Chinese.

With tuition fees typically between £10,000-£20,000 per year, these Chinese students form a significant economic contribution to Britain, not only in the form of tuition fees, but also off-campus expenditure and the knock-on impact to local economy.

Most Chinese students cannot afford to study in the UK on their own. However the typical “one-child” family structure in China means the middle class and the affluent are more than willing to “gild” their children’s education with an overseas degree, so as to give them a head start. The Western education market ironically enjoys the aftermath of this uniquely Chinese policy.

Chinese students who are planning to study overseas are typically young with an urban upbringing, and are somewhat more westernized than previous generations. Growing up being the centre of attention of all family members; they have lived in a safe bubble carefully crafted by their parents and grandparents. They have never lived far away from home let alone traveled to another country on their own.



For them, the geographical notion of the west equals a big blurry continent across the North Atlantic Ocean referred to as “Eurocan”(欧美 ōu měi) – an expression in Chinese, which implies the combination of Europe and North America. In other words; the West. Idealistically, this ‘West’ is what they see in Hollywood films - great metropoli with New York style skylines.

Against such an impression, a Chinese newcomer to the UK may well be in for a few surprises. An average twenty first century Chinese single child, coming from a trophy skylined city with a population of over ten million, will find the four living essentials become problematic in the UK; “衣食住行 yī shí zhù xíng”, meaning “clothing, food, residence and commute.”

衣 Yī

Dressing in the UK is a science; the country’s geographic location results in an inevitably unstable climate. It is often said that all four seasons can be experienced within one day. This is particularly apparent during the cross-quarter seasons of spring and autumn. A typical day could start with a wet chilly morning at around 5 degrees, gradually warming up to 15 degrees at lunchtime, followed by several quick showers accompanied by constant wind. Thereafter, the day sees a drastic decline of temperature down to below 5 degrees to finish off.

To many Chinese students who are used to more stable warm weather (particularly those from the south), such a temperamental climate means the art of dressing is off to a complicated start. A Chinese student once said, “The metaphorical way to understand the British weather is to think about dressing in the biological structure of an onion.

You need to wear a set of clothes that can be peeled off throughout the day. But of course, past lunchtime, they will need to be put back on too.”

Acclimatization to the weather is merely a small aspect to getting used to British life. Perhaps the most jaw-dropping phenomenon to Chinese students is the cold resistance demonstrated by the British natives. Short sleeves and revealing dresses without any outer-wear all year round is a norm in the UK, even in freezing cold January when the average temperature is below zero. Some Chinese jokingly name it as “go local”.

食

Shí

The Brits certainly do not consider themselves bad cooks, especially with the likes of Gordon Ramsey and Jamie Oliver who, as the pride of Britain’s culinary excellence, take up primetime evening television all year around. It is another story altogether for Chinese students residing in the UK.

“Bye bye chicken feet, hello organics!” conjures up two extreme ends of the spectrum that nonetheless represent the sentiment of two distinct food cultures.

The Chinese love their food salty, full of flavour, perhaps sometimes going to expensive lengths consuming “unthinkables”. The Brits on the other hand, are much more conservative. If yogurt was not commoditized into a profitable popular dessert, the British would probably have turned their nose up at it, because milk has gone bad. “Basically” (the British love that word when summing up conclusive points), if smell, colour and texture appear to be against the norm, it could be difficult to convince a Brit to take up an adventure.

As popular as Chinese food may seem to be in the UK, it is certainly not Chinese by Chinese standards. Considering “Sweet and Sour” or fried rice as representative of the vast range of Chinese cuisine is akin to regarding McDonald’s and KFC as western delicacies.

For Chinese students in search of the taste of home, other barriers such as ingredients, kitchen tools and cooking utensils are all factors standing in the way of real Chinese flavours. For those who reside in the countryside, it is even more difficult to buy ingredients suitable for Chinese cooking, as most “China Towns” and Chinese shops are concentrated in larger cities, where ethnicities are more diverse. If a student lives in Durham, he/she may need to commute to Newcastle by train to get hold of Chinese cooking supplies.

住

Zhù

University accommodation in the UK often provides for single study bedrooms with a shared kitchen and washing facilities. Sometimes the rooms are en-suite; meaning one is given greater freedom towards privacy; what happens in that study bedroom, stays in that room.

The best feature about living in these Halls of Residence is their busy social environment. New students often meet their sworn lifelong friends during time spent living at university residences, where people of all backgrounds meet and where theatrical like cross-culture communication begins.

Two students move into university accommodation, one Chinese one British.

“This is amazing!” says the Chinese.

“This is a pit!” says the Brit.

To the Chinese, the great prospects of one’s privacy are represented by the 180-degree turn from four to six (sometimes more) bunk beds dorms in Chinese university residences. To our British cousins, the bleak brick walls with badge blinds and unflattering fluorescent light merely resemble a prison cell.

To single children who grow up in Chinese cities, it is very likely they do not know the names of their neighbours. A child will always be told not to talk to strangers due to the once furious convictions for human trafficking. The British on the other hand, is notoriously known for their awkward initial social interaction skills. Being stuck in a lift with the British is perhaps one of those daily occasions one would want to avoid; the awkwardness in the air could be cut by a knife.

Some weeks pass, when the Chinese and the British finally overcome their fears of strangers, they greet.

The British says, "The weather is awful!"

The Chinese says, "Have you eaten yet?"

While some Chinese students have a hard time developing significant friendships with local students, the British students wonder why Chinese students only hang with their own kind (Chinese students hold the same regard towards their UK counterparts). Language barriers, living habits, ways of socializing are all decisive factors contributing to cross-culture communications.

Student-bonding sessions in Britain are typically carried out in pubs, bars, sometimes nightclubs and are accompanied by a level of alcohol consumption that is way over the government's recommended number of units. If a local rugby or football team happens to be competing against a rival, the drinking could start at lunchtime. This is clearly a challenge for the Chinese who spend the majority of their time in libraries or over dinner tables.

Of course, they eventually work out the differences, on the road to a hopeful life-long Sino-British friendship!

行 Xíng

The UK is generally divided into metropolitan and non-metropolitan counties. A slightly different subdivision system is shared by the four countries (England, Scotland, Wales and Northern Ireland) within the UK. However the notion of rural and metropolitan is commonly apparent throughout the country.

A large number of UK universities are hence located outside urbanized areas. This includes Ivy League higher institutions such as Cambridge and Warwick. Consequently many Chinese students live far away from big cities. Most of them neither possess a driving license nor do they own a car. Their means to commute naturally falls to public transport or their own two feet.

For those residing in cities, it is very convenient to get around by bus, metro or train. They are generally affordable, run frequently and punctually (except the ones in London). However, it can be an altogether different situation for students who live away from the big cities.

However, on the plus side, the railway network is very well connected in the UK. Most Chinese students will want to use their time in Britain to tour around the country. They will surely feel grateful when comparing train facilities and services to the ones in China; far less crowded and relatively clean (new and expensive high speed trains aside). If booking early, students can also take great advantage of ticket prices.

Such are the surprises that await Chinese students when they first come to the UK; many a far cry from what they would have expected. For good or bad, studying and living in the UK offers them an opportunity to understand a diverse world cultures as well as the concepts of independence and self-sufficiency. As China is eager to be "geared to international standards", the experiences of the "hai gui" (overseas returnees) shall surely help transform the world of the only child into the world of global village. 

Examples of how to use the future tense

1. What time are you going to leave for the airport tomorrow?

你明天打算什么时候去机场?
nǐ míng tiān | dǎ suàn | shén me shí hòu | qù | jī chǎng ?

2. I'm going to the bookstore. Will you go with me?

我要去书店, 你和我去吗?
wǒ | yào qù | shū diàn , nǐ | hé | wǒ | qù | ma ?

3. There's going to be a pottery exhibition at the art gallery.

艺术馆将有一次陶瓷展。
yì shù | guǎn | jiāng jiǎng | yǒu | yī cì | táo cí | zhǎn .

4. You are still thinking about a Ph.D., aren't you?

你还是想学成博士, 是吗?
nǐ | hái shì | xiǎng | xué | chéng | bó shì , shì | ma ?

5. I'll be waiting for you at the restaurant this time tomorrow.

我明天这时候在餐馆等你。
wǒ | míng tiān | zhè | shí hòu | zài | cān guǎn | děng | nǐ .

6. After I get home, I'll call you.

到家以后, 我会给你打电话。
dào jiā | yǐ hòu , wǒ | huì kuài | gěi | nǐ | dǎ diàn huà .

7. What do you want to do after graduation?

你毕业后想干什么?
nǐ | bì yè | hòu | xiǎng | gàn shén me ?

8. They're going to discuss it at the meeting next Friday.

他们将在下周五的会上讨论这个问题。
tā men | jiāng jiāng | zài xià | zhōu | wǔ de | huì kuài | shàng | tāo lùn | zhè gè | wèn tí .

9. I'll further my study.

我想继续深造。
wǒ | xiǎng | jì xù | shēn zào .

10. Is he coming back to eat?

他回来吃饭吗?
tā | huí lái chī fàn | ma ?

11. How will you spend the evening?

你晚上干什么?
nǐ | wǎn shàng | gàn shén me ?

12. I'll probably stay home and watch TV.

我可能会呆在家看电视。
wǒ | kě néng | dāi | zài jiā | kàn diàn shì .

13. What's your plan for the summer holiday?

暑假计划干什么?
shǔ jià | jì huà | gàn shén me ?

14. I'm thinking about a visit to Paris.

我在考虑去巴黎旅游。
wǒ | zài | kǎo lǜ | qù | bā lí | lǚ yóu .

15. What will you do about it?

你会拿这事怎么办?
nǐ | huì kuài | nǎ | zhè | shì | zěn me | bàn ?



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红酒私语

WINE

Whispers

By Ron Stalenberg

2009 THE STUMP JUMP RED

■ *The name 'Stump Jump' pays homage to a significant South Australian invention – the Stump Jump plough. As well as clearing the land around McLaren Vale, it was adopted worldwide in the late 19th century because of its ability to ride over stumps and gnarled roots, saving valuable time and energy.*



I have long had a huge respect for D'Arenberg wines. Owned and managed since inception in 1912 by the Osborne Family, they have an approach to making wine that is innovative and thoughtful, yet still traditional. They remain focused on allowing the grapes to show their natural flavours in the best possible way, with a minimum of chemical intervention, either in the vineyard or the winery. Previous patriarch was Francis D'Arenberg Osborne, commonly known as d'Arry. As well as being an excellent winemaker, he worked tirelessly promoting the wine industry in general and McLaren Vale in particular. The current winemaker, Chester Osborne, is the grandson of founder Joseph and a true craftsman of the winemaking art. He is a big bloke with a sense of humour as rich and dry as his wines. He maintains the winemaking processes of the past, capturing the unique small-batch character of the wines and the true flavour of the McLaren Vale region. All grapes, red and white, are basket-pressed. The reds are still traditionally fermented with the grape skins submerged in open wax-lined concrete fermenters utilising the age-old technique of foot-treading.

This red is an excellent example of how D'Arenberg gets the maximum flavour and character from their fruit

while still keeping the wine's tannins, acidity and character in harmony with the fruit. The grapes are the Rhone Valley varieties of Grenache, Shiraz and Mourvedre. Most Cotes Du Rhone wines are made from these varietals, and I have had more than my share of them – but this wine trounces them all.

It is beautifully deep velvet red in colour, hinting at the very full body awaiting your palate. Aromas (the nose) are a mixture of plum and bright red fruits with a hint of roasted meats, earth, pepper and exotic spices. In your mouth this wine explodes with those flavours. If that was all, then the wine would be a little one dimensional. But again the art of the winemaker shows through with subtle sparks of blackberry and a background of dried herbs. If you look hard you'll find some chocolate/mocha there as well. The tannins are fine and smooth and combine all those flavours and a moderate 14% alcohol to provide a long flavourful finish.

It is a great BBQ wine that will also perfectly complement the tenderest fillet steak, a roast beef or lamb with rich gravy, and even beef teppanyaki. At around the ¥140 it's an absolute bargain!

Lastly a word about the theme of the label: Resembling an optometrist eye chart, Chester (with tongue firmly planted in cheek) claims the design doubles as a make shift sobriety test. If you hold the bottle at arm's length and you can still read the bottom line you can have another glass! 

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MANDARIN CHICKEN SALAD



INGREDIENTS

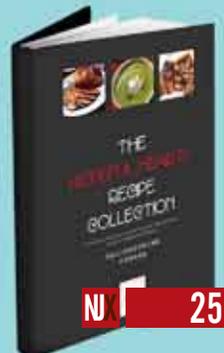
- 3 cups cooked diced chicken
- 1 cup diced celery
- 2 tablespoon lemon juice
- 1 tablespoon finely chopped green onion
- ¼ cup mayonnaise
- 1 (11oz) can mandarin oranges, drained
- 1 cup seedless grape halves (green and red)
- 1 teaspoon lemon pepper
- ½ cup chopped pecans, toasted

DIRECTIONS

1. Mix all the ingredients together and serve.



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It's a collection of wonderful recipes from friends
of Hopeful Hearts all round the world.
Every recipe is written in both English and Chinese.
With over 190 recipes of international cuisine you
could be dining in a different country every night!



(see next page) 



Bits of Chop

Had Enough Moon Cakes Recently?

But, do you know where they come from? The cakes are given as gifts at this time of year as part of the Mid-Autumn festival and symbolize reunion between families and friends while celebrating the harvest moon.

However, the moon cake has a much darker and deeper history; they helped to overthrow the Mongol Yuan Dynasty in the 14th century. The Mongols did not foresee the usefulness of moon cakes and continued to allow them to be exchanged. However instead of holding bean paste, they held messages. The messages contained therein were instructions for the people to rise up at the time of the full moon festival in 1368.

柑橘 鸡肉沙拉

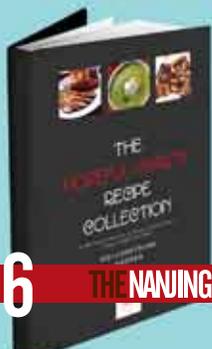


配料

- 3 杯熟鸡肉，切丁
- 1 杯芹菜，切丁
- 2 汤匙柠檬汁
- 1 汤匙青葱，切碎
- ¼ 杯蛋黄酱
- 1 罐(11盎司)柑橘，沥干水
- 1 杯无籽葡萄(绿色的和红色的)，对半切开
- 1 茶匙柠檬胡椒
- ½ 杯山胡桃，切碎，烤熟

制作方法

1. 混合全部原料即可。



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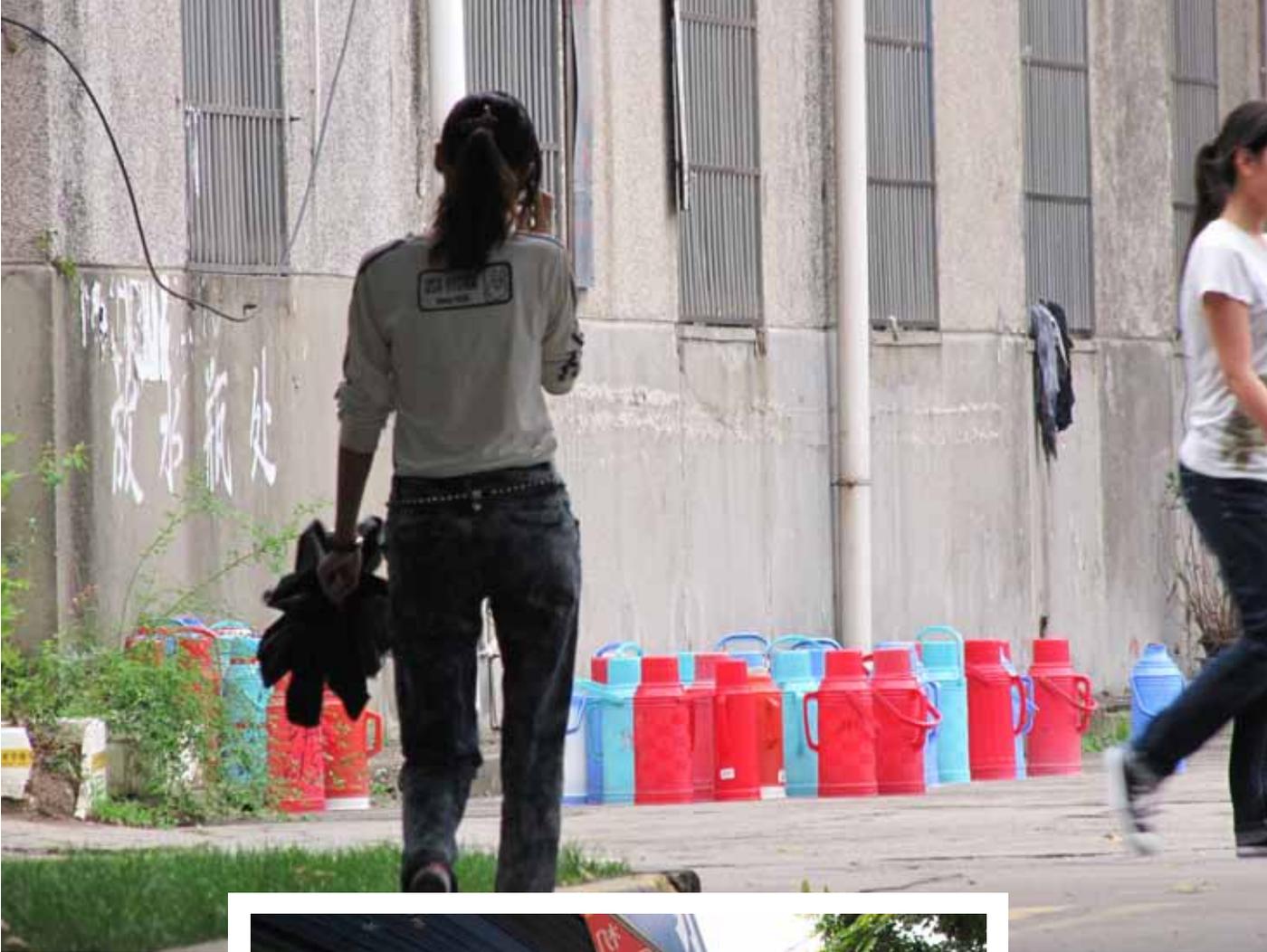


Nanjing
On Sight 南京一瞥

Back to the Dorms

返回宿舍





飞鸽牌

THE PIGEON HAS LANDED

By Keith Maguire

● The image of flying doves has become synonymous with weddings; the beautiful bird of peace being released into the sky above the wedding reception, bringing good luck to the happy couple. Presumably it is this image that inspired the name of the most famous Chinese bicycle ever made. However an unfortunate mistake meant that what was intended to be known as the flying dove actually came to be recognized as the flying pigeon (飞鸽 fēigē).



These bicycles have been given as national gifts by the Chinese government to a number of luminaries including American President Bush, Italian Prime Minister Romano Prodi, and Cuban President Fidel Castro.

These were all made in the bicycle manufacturing capital of Tianjin, home to no less than 170 manufacturers!"



China is famous for many designs around the world. Foreign friends discuss the merits of the striking Nanjing brocade or the wonderful miniature sculptures of the terracotta warriors. What a lot of rubbish! Historically, most designs emanating from China have been poor imitations of older works. There is good reason for this; creativity of design has not been a key strength of Chinese manufacturing, borne out of an education system that did not encourage creative subjects. Indeed, the first school of design in the country only opened at Hunan University in Changsha in 1988, a mere 23 years ago.

One of the few stand out examples of good Chinese design is the Flying Pigeon; one that can legitimately be described as iconic. With over half a billion models produced, the FP has now also become a favourite with importers across mainland Europe & America who are now selling updated Pigeons to interestingly haired hipsters.

The Flying Pigeon is the single most popular mechanized vehicle on the planet. It is important to remember not just what it is, but what it represents. Compare China and the bicycle to America and the car circa 1950. In the US, the suburbs became home and the population needed a mode of transport in which to load all those televisions, hi-fi units and groceries. In America then, the car was not only transportation. It was the basic foundation upon which the middle class was built. In China, the bicycle was the tool by which the entire working population functioned. The frames were heavy enough so that they were better able to carry loads to market, workers tools, deliveries etc. They became the workhorse of a nation and have undeniably played a key role in the development of the country.



The structure itself is relatively unremarkable with a simplicity of composition that almost unknowingly echoes the "less is more" philosophy of architect Mies van der Rohe. The single speed, strong and sturdy all-steel construction sports 28-inch wheels, mud guards, a fully covered chain, sprung leather saddle plus rear rack and rod brakes. Parts used in construction are not of great quality and it can be troubling to source reliable spares. In other words, if you were to use one to compete at the upcoming NanjingMan triathlon, you deserve a medal for that alone!

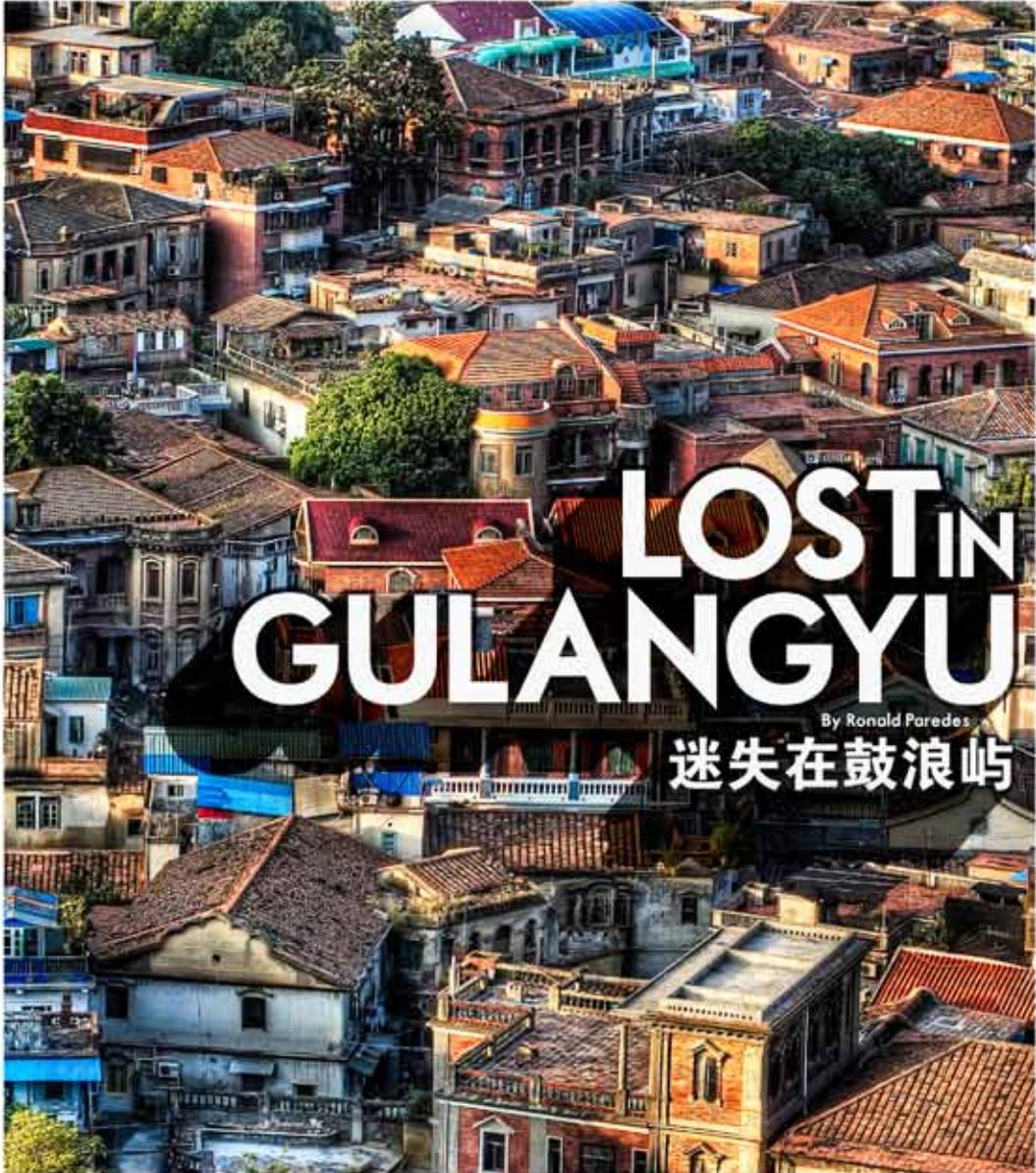
Although first appearing in July 1950, the story of the flying pigeon dates further back. In 1936 a Japanese man set up a factory in Tianjin; the "Changho Works" that began to make "Anchor" bicycles. Over the years, "Anchor" became "Victory", and laterly "Zhongzi". In 1949, vice president Liu Shaoqi (heir to Chairman Mao) visited the factory. Through this visit, the Changho Works became known as the first bicycle manufacturer in the 'new' China. Their workers were tasked to build a generation of strong, durable, light and beautiful bicycles for the New China. A worker called Huo Baoji is credited with the design of the new bicycle. His inspiration came from the 1932 Raleigh roadster from England while the name he chose was to represent an expression for peace amidst the war raging in Korea. The logo used backs this up; a stylized bird resting on the initials FP. The symbol of the bird often represents friendship and harmony. However, as mentioned earlier, during the process the dove became a pigeon.

Once launched, the Pigeon was an instant hit and China became "zixingche wang guo", the Kingdom of Bicycles. Indeed the bike was one of the elements of the "san zhuan yi xiang" custom. This tradition literally means "three rounds and a sound" and refers to the four items a (good?) husband supplies to his new bride. The "rounds" are the face of a watch, the spindle of a sewing machine and - you guessed it - the wheels of a bicycle with the "sound" being a transistor radio. How times have changed.

Currently, although still very much active and open for business, sales are nothing compared to the company's heyday of the 1970's and 80's when 10,000 units per day were being churned out. Today the modern factory (built in 1998) has a staff of 600 who produce over 40 styles with a total output of roughly 800,000 units annually.

61 years on, the flying pigeon remains one of very few items from a period of Chinese history that is remembered with some degree of fondness and nostalgia. Without meaning to sound old fashioned or backward; they just don't make them like they used to.

It is hard to imagine that a place so small can offer so many different scenarios for almost any kind of vacation you can imagine



- Only a five minute boat ride from Xiamen, with barely an area of 2 sq.km and a population of approximately 20,000, Gulangyu takes its name from the beating drum like sound that waves produce when they hit the reefs (drum - 鼓 gǔ , waves - 浪 làng). One of the peculiarities of this place is that except for little electric carts recently introduced to boost tourism, the only transportation permitted on Gulangyu is your own two feet. Cars, scooters and bicycles are all outlawed in this pedestrian paradise where in every single corner hides something interesting to do, eat, buy or simply look at.

After a wrong turn at 6.30 on an autumn evening we found ourselves in a deserted street, so deserted in fact that there were no signs or even a lamp post anywhere. It led us directly to a geriatric residence, opposite the local cemetery; not a promising view for a geriatric I have to reckon, nothing but total silence save for a yelping dog in the distance... "We need to get out of here", I said to my already terrified wife.

A hand drawn map is the first souvenir you are offered once you disembark the boat; a beautiful print of a hand made map by students of the island's design university. I was soon to realize just how useless this map would be outside the "tourist zone". Nevertheless, the little creation led us ever on, now with the help of our cell phones to light the way; to eventually only find that we were right in the middle of that old graveyard, beside a terrible looking pile of very old and decaying head stones. Some of them had even been dug out, probably to move the bodies to a new location...

A Chinese book entitled *Lost in Gulangyu* talks about how visitors fall under the magic and beauty of this place

making them sometimes consider it ideal for retirement or retreat. It is also recognised by the locals that the beauty of the scenery can cause one to take a wrong turn and get lost in the confusing labyrinth of streets and alleys, as we had somewhat alarmingly discovered.

For those looking for a bit of history, the southern end of Gulangyu previously housed the headquarters for the troops of Zheng Chenggong, a pirate



born in Japan to a Chinese merchant and Japanese woman. As the Manchu conquerors of the Qing dynasty moved south, Zheng's father surrendered and became a Qing official, but Chenggong resisted. At one point, his armies got as far as to menace Nanjing. He was later made a national hero after liberating and re-occupying Taiwan from the Dutch in 1661. His legacy is felt to this day through a whopping 18 ton copper and bronze statue that is some 13.7 meters long and 4.7 meters high, located in the island's Bright Moon Garden.

After the Treaty of Nanjing in 1842 and the loss of the First Opium War, Xiamen became the principal British port in its wildly lucrative opium-for-tea trade. The foreign occupation that took place saw 13 countries including Great Britain, France and Japan establish consulates, churches, and hospitals on Gulangyu, turning the island into a common concession, hence its strong victorian architectural style. In 1942, Japan occupied the island until the end of the War of Resistance. During the occupation, these Victorian mansions were used by the Japanese to keep their prisoners, and it is still believed these houses are haunted by the spirits of murdered prisoners.

Some of these impressive mansions now lie abandoned, some are still private residences and a few have become hotels or museums. Gulangyu, also known as "Piano Island" on account of the large number of enthusiasts for the instrument among island people, is also home to a museum which houses approximately 100 original pianos, including rare specimens from the 1800's. Among the most valued pieces is the world's tallest upright piano, a 1824 Broadwood & Sons, from London, as well as over 100

priceless piano lamps, collected from all around the world. No less significant is the Gulangyu Organ Museum located in Trigram House, that is currently the only and the largest organ museum in the world.

Gulangyu has also the highest piano per capita in the world averaging one in every five homes

This obsession with the piano dates back to 1910, when many music schools were established by foreign settlers, offering piano lessons to the local Chinese who were captivated by this instrument. Several famous Chinese musicians such as Yin Chengzong and Xu Feiping are natives of Gulangyu, as well as the first Chinese female conductor, Zhou Shuan. While you walk around the island, countless piano melodies drift from open windows while students practice their lessons.

If what you are looking for is exotic seafood, there is no better place to be. I can't stand seafood myself but I was nevertheless astonished by the amount and variety of sea monsters that are available for you to eat; there are countless places with dozens of buckets of fresh water from which all kinds of creatures are crawling or swimming. While treating yourself to this exotic food you also need to practice your best negotiating skills; vendors are well known for their overpricing tactics, and if you are not careful the bill at the end can be as much as twice the price you were told. When you have your fill of seafood you can also try the equally good little restaurants and street stands that offer delicious home made food, and if like me you have a more ordinary palate there is still space



on the island for the Chinese and foreign fast food chains that we all know. To finish off your meal there are a variety of coffee shops, tea houses and sweet stores that are famous on the island for their innovative drinks and desserts. Having tea or coffee in one of these places is no different than sitting in a traditional café on a "piazza" in Italy. The surrounding architecture and detail in the décor helps to transport yourself to any European citadel.

Among the most popular destinations is Sunlight Rock, the highest point on the island offering a great view of almost the entire island and as far as Xiamen. In the same park there is also a Buddhist temple and a cable car ride to the aviary on Yingxiong Hill. Wandering up the steep rocky path, visitors will see many profound inscriptions left by poets, the oldest of which dates back over 400 years. Remember to wear comfortable shoes because there is a lot of climbing to do if you are planning on going to the top of the rock.

Just walking around and taking photos on the island is a real experience, sometimes we felt tempted to step inside one of those abandoned colonial buildings, but thoughts of haunting and tormented spirits were frightening enough to discourage us. Our thoughts drifted elsewhere, to perhaps buying a small apartment to enjoy the evenings with a milk tea while walking on the beach, away from noise, pollution and traffic. For this little enclave offers the personality and charm of a small European village but one that lies in the Caribbean, surrounded by kind people, art, and clean air filled with the sound of pianos. No wonder it is so easy to get lost in Gulangyu.



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NANJING
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2011

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The Spotlight:



Mitchell, Virginia, USA

"I didn't receive any advice but I wish I had been told to always bring toilet paper with me"
我没有收到任何的建议但我真希望之前有人告诉我自己随身应该总备着卫生纸。



Alizee, Lille, France

"Enjoy the year and make friends with as many nationalities as possible"
好好享受这一年，和各国人交朋友。



Claire, Arras, France

"Enjoy, work hard, travel & take care of yourself...also, beware of cockroaches!"
尽情玩乐，努力工作，旅行，照顾好自己...还有，要小心蟑螂！



Amanda, Singapore

"Eat as much street as possible"
尽量多的尝试路边小吃。



Cloyd, Connecticut, USA

"get involved in the expat community as quickly as possible and (to) make sure that my wife joins a ladies group" 快一些加入外国人社区,让妻子快一些加入女子俱乐部。



Vera, Moscow, Russia

"Bring summer clothes and winter clothes... nothing in between"
带夏装和冬装就行了...春秋天的衣服可以免了。



Morgane, Arras, France

"Try and bring as many things as you can with you, you won't be able to find some things here. Make a vocabulary list to help you search for an apartment and find a local guide to help you settle in" 尽量把你需要的东西带上，在这儿有些是你不可能找到的。准备一些词汇，方便你找房子，再找个当地人帮你安顿好。

Before coming to Nanjing, what was the best piece of advice you were given? 在来南京之前，什么是你得到的最好建议？



Sam, Tasmania, Australia
"Go where the locals go!"
去当地人去的地方玩儿！



Peter, Melbourne, Australia
"Be more patient with local people. It's not the same pace as elsewhere"
对待当地人得有耐心。这里的节奏和其他地方都不一样。



Arran, Oregon, USA
"No matter what you've heard, go in with an open mind...try it out for yourself!"
不管别人怎么说，以开放的心态融入...自己亲身尝试才知道！



Aichang Guo, Rhode Island, USA
"Stock up on clothes while you're here, it's cheaper!" 在这儿多购置些衣服，这里的衣服很便宜！



Macha, Brittany, France
"To follow my dreams and stay out of my comfort zone!" 做你所想的不要老拘束在你固有的圈子里。



Evi, Bloemfontein, South Africa
"buy shoes before you come to China...too hard to get sizes here"
在来中国之前多买鞋子因为来到中国是十分难买到尺码的鞋。



Owen, Houston, USA
"Make sure you learn the basic phrases...try local foods to taste the local culture...have a blast and keep your head about you!"
确保你要学基本的词汇短语...试试看当地的食物感受当地文化...玩得尽兴也要照顾好自己。



Restaurant Review **Bellini** Italian Restaurant

By Frank Hossack

What is it about downtown that makes people want to open countryside style restaurants and why do suburbanites delight in creating an eatery that would not be out of place in midtown Manhattan? For Bellini, the latest addition to the international dining scene in Xianlin, their attempt at the latter has been a standout success. For while sitting in Bellini, one is transported seemingly light years from the street of dry cleaners and tyre kicking real estate agents that lies just outside the door.

Our visit came on a Saturday lunchtime when the restaurant was relatively quiet; guaranteeing the attentions of the charming owner, a lovely lady from Poland. It is no doubt her European sensitivities that account for Bellini's décor that is one of tasteful sophistication.

First up, and compliments of the house, comes a welcome cocktail; the classic Bellini, what else? The simple mix of Champaign and peach juice is the perfect quencher for midday in Nanjing's August. We then nibble on breadsticks oven baked with a sprinkling of cumin seeds - a possible nod to the Nanjinger's love of the BBQ lamb kebabs, cooked on the street corner of course.

We go with Mozzarella with olive, tomato and basil leaves (¥70) followed by spaghetti with garlic, oil and chili (¥50) and beef fillet with rosemary (¥120). The Mozzarella is a pleasant twist on an Italian staple, while the spaghetti was cooked to "al dente" perfection, and chili'ed out of this world! The beef fillet came with potatoes, roc cola, turnip and slivers of cheese, a pleasant addition that is a traditional Italian touch we are told.

We were not quite sure about the music; very pleasant sultry jazz

courtesy of an Internet jazz radio station (Adore Vocal Jazz), the ideal candidate to complement the setting, until the commercials come on that is. While certainly a little out of place, perhaps even surreal, one could at least say it was certainly refreshing to once again hear half decent radio commercials in a language other than Chinese.

A complimentary Mirto di Sardegna, an digestif using blackberries unique to Sardinia, rounded off the meal and made for a welcome alternative to that perennial favourite Lemoncello.

It is said that a good barman never stands idle. The wait staff at Bellini is mostly sourced from Xianlin's huge student population, but they stand out for their attentiveness and attention to detail, always present but sufficiently in the background that one does not feel intruded upon. Tableware at Bellini befits the portions; ideal in size and not overstated, while the toilets are clean and sprucely kept, although a welcome addition may be a male/female option and perhaps something that may pass for a baby-changing table. Last but not least, many will take great comfort from the fact that Bellini is a 100% no smoking environment. Perhaps taking their lead from many European countries, the owners have been good enough to provide a table and a couple of chairs outside for those still wishing to partake of a puff or two.

For its cuisine and setting, the phrase "elegant but easy" is a good fit for Bellini. It would seem many are in agreement; you will be hard pushed to find a free table on most evenings, as Bellini tends to fill up with a large contingent of teachers and pupils' families from Nanjing International School that lies virtually across the street. Reservations are highly

喧嚣闹市中的餐馆总是追求乡土气息的环绕,而郊区的小餐馆却努力营造氛围,让顾客憧憬曼哈顿第五大道的绚烂.就成功做到了,她让投入她怀抱的客人瞬间穿越,远离尘嚣和世俗的烦扰.

在某个在相对来说餐厅比较安静的周六午餐时间段,我们拜访了这个来自波兰的馥郁迷人的店主,毋庸置疑,欧洲人的本身特有的诸多敏锐性为她把贝丽妮打造成雅致高品位的餐厅奠定了基础.

彬彬待客入,一杯透露着欢迎气息的鸡尾酒,让你心情愉悦. 香槟加鲜果,让暑气顿消. 点撒小茴香的细烤面包条挑动你的味觉,伴随着角落烤羊肉的喷香,一顿美食即可享用.

最先端上来的是意式面条,金灿灿的油拌着葱蒜味,香辣可口.然后是迷迭香牛柳,还有正宗的马苏里拉奶酪,浇盖着橄榄,西红柿和罗琴叶. 奶酪在盘子上摆出漂亮的形状,而意式面条嚼劲十足,劲感爽口!牛柳搭配着土豆,可乐汁,萝卜和一些奶酪,服务员告诉我们这个是地道的意式做法.

音乐总是众口难调,不过在这里,你不必刻意担心.轻盈摇曳而不失诱惑的爵士乐(来自Adore Vocal Jazz的美音)环绕着你,刚好填补了这氛围中最后一丝空缺.当然,别担心其间跃出的广告,至

少异域风情的播报依旧会给你新鲜感,除了中文歌曲以外,电台里还播出多语歌曲。

餐厅赠送了一道Mirto di Sardegna,这是一款特别来自撒丁岛黑莓酿制而成的餐后酒,点缀了这次用餐,这同时也是一个代替柠檬车露的极佳选择。

都说好的侍者是聪颖伶俐的。在贝丽妮,你能感受到这点。贝丽妮的招待员们来自仙林的高校,入微的洞察力和体贴细致的服务以及分寸间的掌控,能让客人既感觉到贴心需求的满足,又充分掌控自己的私人空间。在贝丽妮的餐具也是一大亮色,内敛而精致。洗手间装饰的时尚大方,收拾的干净清爽,同时还增加了一个供顾客使用的洗手间,这个可能用来做婴儿换尿布的地方。更难能可贵的是,这里是一个百分百无烟的场所。欧洲风情的室外就餐环境会让那些希望闲品一两个泡芙的人欣喜不已。

随和而不失优雅,这用来形容贝丽妮的环境和点心最恰当不过。晚间的时光,徜徉在贝丽妮的后来者很难找到一席之地,这可能是因为在近在咫尺的南京国际学校的师生总是喜欢聚集在这里吧。所以,请提前预定哦

However, the most common meal is the ¥168 buffet. This includes unlimited food and drinks and is popular to say the least.

Quality is pretty good although the liberal use of oil and butter for cooking makes it, for me anyway, a meal to be eaten more occasionally. I don't think my doctor would advise this kind of diet too often; arteries might get clogged pretty quickly.

There is something of a theatrical experience to watching a teppenyaki chef. The diners have front row seats and the artist draws you in using his dual spatulas to cut, chop & flip the mountains of food piled behind him. It is as if a second cousin of Edwards Scissorhands is working his magic in front of you. The magic continues simply by calling 'fuyuan' – this magician's assistant will then enter from stage left bringing with her (and it always seems to be a her) vast quantities of alcohol. Shouting instead of calling 'fuyuan' doesn't actually speed up the process but by all means; do try, you never know!

On the night Nanjing Expat went along to the Zhongshan Lu branch we found the staff to be quick and attentive and the restaurant itself to be extremely clean (including glassware, utensils and toilets). It certainly fits well into the upper range of pricing. Amongst the raft of food, standouts include the beef & onions, salmon fillet, cod fillet and king prawns. It is a very social kind of meal and conversation flows around the table, albeit getting louder and louder!

The views are those afforded in the making of the fried rice and the fried banana fritter with ice-cream dessert. The latter is the big flambé finale of the performance after which more or less immediately the chef will down tools before handing over to a junior who arrives to clean off the cooking surface. He will seldom look up from his duty but I suspect this is more from fear of the drunken morons who face him rather than his own diligence.

Tairyo Teppenyaki's two locations in Nanjing are located at 57 Zhongshan Lu, and 66 Taiping Bei Lu (in 1912).

此文文章是特别为“新南京”所写,同时也是为“老南京”指引一个用餐的好去处。

大渔铁板可称为美酒和油炸小食的圣地了,在南京一共有两家店。这家的菜种类繁多,从海鲜鱼类到各式肉类;份量和切块,大有小。在此,您可以享受浪漫的二人世界,经典菜单首品。不过,此餐馆最大的特色是适合多人聚会。大盘的牛肉,各种海鲜,不同的蔬菜,再加上无限制的百威、朝日、麒麟和清酒(冷热均供应),这是拉帮邀友的好去处。饭店中有包间,一群朋友可以享受自由氛围的同时亲眼目睹铁板师傅的烧烤神功。

餐馆的菜单上都配有图片,没有中文阅读能力的顾客只需在点菜时指出想要的餐式即可。其中,点击率最高的餐品是168元的自助:不限量的食物外加无尽的畅饮,无可厚非地成为了顾客们的最爱。

这里的食物质量确实不错,不过这里的厨师对食用油和黄油的使用,手脚“大方”,有些让人担心。这样的美食最好偶尔享用。我的医生不会建议我养成如此的饮食习惯。



Restaurant Review

Tairyo Teppenyaki

By Keith Maguire

One especially for the new folk in town that may also work as a reminder to those who have been here a bit longer. Tairyo Teppenyaki has two locations in Nanjing and both are temples to the gods of fried food and alcohol. The menu is large and varied with many types of fish and meat available in a variety of different cuts. It is possible to go a-la carte and enjoy a meal for two but romantic, it will not be. By far, Teppenyaki is better suited to larger groups who enjoy consuming vast amounts of beef, salmon, cod, prawns, scallops, mushrooms and like to wash this down with a free flow of Budweiser (no thanks), Asahi, Kirin & sake (hot or cold). A group can take a more private area where one or sometimes two chefs will cook up a veritable storm in front of you. The menu has pictures so even those without any Mandarin skills can simply point and be happy with their choices.

铁板师傅做铁板烧的时候有一种舞台艺术的感觉。餐位成了观众席的前排，铁板师傅成了表演艺术家。艺术家用他的双刃刀在舞台上切、剝、翻，那架势仿佛是剪刀手爱德华表兄再世。一声“服务员”，从舞台左手出来的服务小姐便会续上大量的酒水。虽然大声呼唤“服务员”可能不会加快上酒水的速度，不过您不妨可以试试。

在Nanjing Expat去中山门店就餐的那一天，他们的服务格外优质，服务员周到勤快，餐馆也特别干净（包括餐具、厨具和洗手间），环境符合中高档的消费水准。在所有的菜色中，最棒的是洋葱牛肉、三文鱼排、鳕鱼排和大虾。随着高峰的来临，尽管就餐气氛会变得吵闹一些，但是，桌上的客人欢声笑语，更像是一个朋友聚餐的好地点。

在铁板师傅燃起最后的火焰之后，小师傅们便会来清理战场。小师傅很少在清理的时候抬头和食客交流。他们表现出勤勉的精神空吧是对喝醉了的人的恐惧。

大渔铁板的两家门市点分别座落在中山路57号和太平北路66号（1912内）。

Activity Review

Touch Rugby

触摸橄榄球

By Keith Maguire

Over the summer a new sporting group began to meet at Nanshi Da (Nanjing Normal University) on Thursday evenings. The game is touch rugby and a mix of nationalities with various levels of experience but a huge amount of eagerness turn up each week to run around trying to score tries!

It has proven great for both people new to both Nanjing and the game of rugby itself. Once enough players arrive (about 8 minimum), two teams are formed sharing the experienced and novices alike. The game is non-contact, hybrid version of rugby union and rugby league. The rules are fairly simple with the major difference to other sports being that the ball is passed backwards during attack. To record a score, the ball must be touched down over the try-line before play commences again. Finally, a 'tackle' is as simple as a defender getting a hand on an attacker above the hip. Once tackled, the player stops and play starts again. This can happen five times before the ball switches sides and the other team now attacks.

Play begins at about 6pm and goes until about 10 minutes after it is too dark to see properly. The team scoring the final try is the winner so obviously it is quite light-hearted and not too serious. Efforts are also being made to find a floodlit pitch either indoor or outdoor - suggestions welcome!

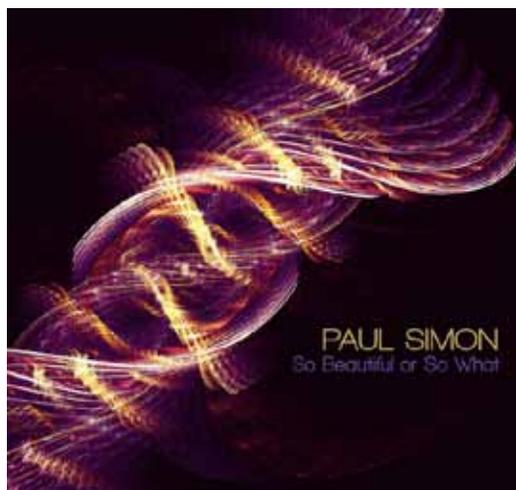
Hopefully the world cup in New Zealand will inspire more people to come out and play over the next while; the more the merrier!

夏天的每周四晚上，在南师大兴起了一项新的体育运动队伍。这项游戏是触摸橄榄球；同时，有很多不同国籍的以及不同经验层次的人在一起。他们都很热情，每周一起运动、奔波，尝试得分！

现在已经证明，对于刚来南京的人们以及这项运动来说，都是有益的。只要有足够的成员（至少8位），那么就形成了两个队伍，每队的运动经验和新手都是差不多的。这个运动是非接触式、橄榄球联合以及橄榄球团队的结合。这项运动与其他的运动相比，最主要的区别是，这项运动的规则很简单——球是向后传递期间攻击。为了得分，在下次开球之前，球下落必须掠过试行线。最后，铲球就很容易——正如一个防卫者抓到一个攻击者臀部之上的手。一旦有人铲球，玩家停止游戏并开始新一轮游戏。在换位前这种情况可以发生5次，然后另一队发起攻击。

运动晚上6点左右开始，直到天黑摸不着五指的10分钟后结束。撑到最后的是赢家，他们会觉得很轻松，并不再那么严肃。我们也正努力寻找泛光灯照明的球场，室内室外都可以。欢迎各位的建议！

很希望新西兰的世界杯能鼓励更多的人来参加这项运动；多多益善！



Music Review

Paul Simon

"So Beautiful or So What"

By Frank Hossack

Paul Simon won his first Grammy 43 years ago, for "Mrs Robinson", a song that was also to go on to find a place in the top ten of The American Film Institute's 100 Years, 100 Songs. 12 more Grammy Awards were to follow including three for 1986's album "Graceland". Now expect the 70 year old's trophy cabinet to require some modification as his latest offering, "So Beautiful or So What", is his best since that time when we called him Al.

For all its percussive creativity, "So Beautiful" sees a move away from the rhythmic premise that has occupied Simon since the mid eighties. He freely admits his challenge was to rediscover the (great) songwriter that lies within him, a challenge to which he has admirably risen.

Standout tracks include "Love in these Hard Times" that is based entirely around chords that contain the same note, while those of us

heading home in three months time better prepare themselves for "Getting Ready for Christmas Day" (named after the 1941 sermon by the Reverend and Gospel singer J. M. Gates that is also sampled on the song) being a staple on local radio. After you've heard it more than about ten times you won't be able to get that slowed down sound effect of a steam train out of your head!

There is also a more serious side of query to "So Beautiful". Simon is asking himself if the very musical concept that he represents is still relevant. He references "Revolver", "Dark Side of the Moon" and "Sergeant Pepper" in his questioning of the album as an art form in the modern MP3 era that sees songs as individual entities, not as one part of a bigger picture. With "So Beautiful Or So What" one of music's most consummate craftsmen has provided us with the answer that yes, he is still relevant!

Movie Review The Source Code

By Devopro



What if you could turn back time, just like Cher? Or find a way that would take back all the hurtful things that you had done? Nature will not allow a paradox (now say astrophysicists) so going back and changing things would out you in another reality; you would have knowledge of events that no one else knew because they never took place in this new reality.

That's basically *The Source Code*, save the Cher reference. While it may be revealing my love/hate relationship with the 80s, *The Source Code* kind of feels like a dodgy *Twilight Zone* episode. I'm not clear on what they were going for in terms of cinematography or if they achieved any set goals but it does have a rough, dark quality to it.

Let's check it: we come across a guy on a train who doesn't know the situation and is convinced he's someone else. After freaking out other passengers, the train explodes and he wakes up in some sort of cocoon with a fractured memory. Slowly we learn who he is and that he has gone back in time to eight minutes before a bomb destroys a train. He cannot change what has happened, yet he is our hero looking for clues in the hope of discovering the perpetrator by inhabiting the mind of a passenger. No classical time travel paradoxes are present in *The Source Code* but there is a little referencing alternate realities that is the new pink in sci-fi films.



Let's now complicate it: Jake Gyllenhaal plays our protagonist who falls for a woman on the train who happens to be a colleague of the man whose body he inhabits. His main focus becomes saving the woman's life, even though his superiors are adamant he cannot alter the source code.

Perhaps not the best time travel piece but it's ok to watch as a filler on a rainy day. *The Source Code* is also a fairly low budget production, so don't get your hopes up for dazzling special effects or clean mattes. I think it would have been much better as a direct-to-video release.

As for DVDs, August has been crackdown month which has meant fewer titles slipping out into shop bins on top of slower release schedules. Heads up for the fall when everything goes back to "normal".



NU Pick up your copy of *The Nanjinger* where you see the NUX avatar

Tourism and Hospitality

Hotel & Hostel

NU Fraser Suites Nanjing

南京辉盛阁国际公寓
116 Lushan Road, Jianye District
庐山路116号
87773777
www.frasershospitality.com

Nanjing's first international serviced apartments. Fully furnished 1 to 3 bedroom apartment suites ranging from 138 sqm to 249 sqm; offering a fully balconies, and a Clubhouse with leisure facilities make this the accommodation of choice for many expats.

NU The Westin Nanjing

南京威斯汀大酒店
201 Zhongyang Lu,
Nanjing International Center, Gulou
中央路201号南京国际广场鼓楼区
85568888
www.westin.com/nanjing

The Westin is a haven of Chinese distinction, located only minutes from major corporations, restaurants and shopping. Set within the vibrant Hunan Road central business district, every room of the Westin overlooks scenic Xuanwu Lake.

NU Sheraton Nanjing Kingsley

金斯利酒店
169 Hanzhong Road
汉中路169号
86668888

The Sheraton is one of Nanjing's older, finer hotels located centrally within walking distance of Xinjiekou. Amenities include fitness center, baby sitting and butler service plus car rentals and much more.

Intercontinental Hotel

1 Zhongyang Lu, Zifeng Tower, Gulou
中央路1号紫峰大厦鼓楼区
83538888

www.intercontinental.com
Located in Gulou with a birds-eye view of Nanjing's skyline. The hotel makes a grand statement and can be found in the 450 metre high Zifeng Tower; the tallest building in Nanjing. The hotel offers world-class service and accommodation

Sofitel Galaxy 南京索菲特银河大酒店

9 Shanxi Road
山西路9号
83718888
www.sofitel.com
resoff@sofitelnanjing.com

A luxury hotel located at the end of the popular shopping street, Hunan Road. The accommodation of choice for many visitors coming to Nanjing.

NU Sofitel Zhongshan Golf Resort

中山索菲特高尔夫度假酒店
1 Huanling Road
环陵路1号
85408888
www.sofitel.com

reservation@sofitelnanjing.com
This golf resort is located at the foot of Purple Mountain and is the preferred hangout spot of Nanjing's rich and famous. A five-star plus location that is a great place in which to relax.

NU Jinling Hotel

金陵饭店
2 Hanzhong Lu
汉中路2号
84722888

A landmark hotel and one of the original high-class establishments in Nanjing. Conveniently located in Xinjiekou, you can enjoy restaurants serving Italian, Japanese, Chinese, and Hong Kong cuisine, and you can also purchase train and air tickets from the hotel's travel desk.

Crowne Plaza Nanjing 皇冠假日酒店

89 Hanzhong Lu
汉中路89
84718888
nanjing@ihg.com

Modern western hotel located in the west of Xinjiekou. Range of restaurants, full Spa and health centre facilities including pool. Travel service also available.

Nanjing Grand Metropark Hotel

南京维景国际大酒店
319 East Zhongshan Lu
中山东路319号
84808888
www.metroparkhotels.com

sales.njgm@metroparkhotels.com
The 5-star Grand Metropark Hotel is located next to the Nanjing Museum. A wide variety of recreational and entertainment facilities. Holds a grand ballroom also.

Nanjing Central Hotel

南京中心大酒店
75 Zhongshan Lu, Gulou
鼓楼区中山路75号
83155888

The Central Hotel is located in Xinjiekou, A hotel that combines spectacular architectural design with the hotelier's traditional values of comfort, hospitality and attention to detail.

NU Nanjing Sunflower International

Youth Hostel
80 Zhanyuan Road (next to Fuzimiao's west gate)
瞻园路80号, 在夫子庙西门的附近
52266858 / 66850566
www.nanjingyha.com

This is an international youth hotel in Fuzimiao, one of Nanjing's most famous scenic areas. It includes free pool, DVDs, cable TV, foosball, Wifi, travel info, an English menu, and an English speaking staff.

Resorts

NU Regalia Resort & Spa (Qinhuai River)

御庭精品酒店(秦淮河)
E5, No 388, Yingtian Street, Qinhuai District
(Chenguang 1865 Technology Park)
应天大街388号(晨光1865科技创新产业园)第E5幢
51885688
www.regalia.com.cn
reservations-qhr@regalia.com.cn

One of the most luxurious Spa resorts in Nanjing, conveniently located just outside the city wall on the Qinhuai river. A Thai style Spa offering a holistic approach to rejuvenation and relaxation. Its five spa villas by the river exude serenity, peace and solitude. Dining offers a uniquely satisfying combination of Chinese, Asian and Western cuisine.

Kayumanis Private Villas & Spa

Xiang Zhang Hu Ping
Sizhuang Village, Tangshan Town
江宁区汤山镇寺庄村
84107777
www.kayumanis.com

nanjing@kayumanis.com

High End private villa in Nanjing. Refreshing natural hot spring with mountain view.

Tangshan Easpring Hot Spring Resort

汤山颐尚温泉度假村
8 Wenquan Lu, Tangshan, Jiangning
汤山镇温泉路8号
51190666

A Leisure hotel in Tangshan offering different types of bathing. ¥128 for adults, ¥65 for children under 1.3m tall.

Museums

Nanjing Massacre Museum

清华日军南京大屠杀遇难同胞纪念馆
Shuiximen Jie No. 418
水西门428号
86612230 / 86610931

Tuesday – Sunday from 8:30 to 16:30
The museum is located in the southwestern corner of Nanjing known as Jiangdongmen; one of the former execution grounds and mass burial places of the cruel holocaust. Admission is free.

Rabe House 拉贝故居

Xiaofenqiao No. 1, Guangzhou Lu.
小粉桥1号

Tuesday – Sunday from 8:30 to 16:30
The former home of the German Industrialist who saved the lives of thousands of Nanjing people in 1937. The house served as a refuge shelter at the time. The story is vividly told here.

Nanjing Brocade Museum 南京云锦博物馆

240 Chating Dong Jie 茶亭东街240号
86518580 Hours: 8:30am-5:00pm
Nanjing brocade is regarded as the finest on earth. Visitors can observe professional brocade artists working on wooden looms.

City Wall Museum 南京明城墙遗址博物馆

8 Jiefang Men 解放门8号
83608359

Found on top of Jiefang Gate with photographs of long-gone city gates, maps and a full-scale model of the walled city. Captions in Chinese.

Folk Customs Museum 南京民俗博物馆

19 Nanbu Ting, Baixia District (near Gan Jia Da Yuan)
白下区南捕厅19号(甘家大院)
52217104

Learn about different facets of life in traditional China. Regular musical performances and hands-on traditional crafts.

Nanjing Museum 南京博物院

321 Zhongshan Dong Lu 中山东路321号
The museum houses artifacts from various periods from Neolithic to the communist period.

Nanjing Science Museum 南京科技馆

9 Zijinghua Lu, Yuhua District
雨花台区紫荆花路9号
58076158
Hands-on fun and learning for kids. IMAX Cinema.

Taiping Heavenly Kingdom History Museum

太平天国历史博物馆
128 Zhanyuan Lu 瞻园路128号
86086833

Houses an interesting collection of documents, and artifacts related to the Kingdom including army maps, coins, scrolls of laws and weapons.

Bailuzhou Park 白鹭洲公园

1 Bailuzhou 白鹭洲1号
Built in the Yuan dynasty, located on the Qinhuai River, with traditional architecture, a small kids' amusement park and a bird and plant market.

Gulin Park 古林公园

21 Huju Bei Lu 虎踞北路21号
Gardens, paintball, BBQ & outdoor pool. Take the lift to the top of Nanjing Radio tower for a great view of the city.

Jiuhuashan Park 九华山公园

Beijing Dong Lu 北京东路
Climb to the top of the park to visit the temple and pagoda. A great way to get on the city wall for a scenic spot with gorgeous views of the city.

Nanjing Hongshan Forest Zoo 红山森林动物园

101 Heyan Lu 和燕路101号
Nanjing's zoo. Recent renovations have made this a nice place for a day out.

Qingliangshan Park 清凉山公园

Guangzhou Lu, near the intersection of Huju Lu 广州路西端
A quiet park, once home to Chinese artists, offers several calligraphy and stone museums, as well as an art gallery and pottery studio open to the public.

Underwater World 海底世界

South side of Purple Mountain 中山陵四方城8号
8.30am-5pm

Xuanwu Lake Park 玄武湖公园

1 Xuanwu Xiang 玄武巷1号
Offers trails for walking biking and running. You will find playgrounds, gardens, restaurants and boats for rent.

Mochou Lake Park 莫愁湖公园

35 Hanzhongmen Da Jie 汉中门大街35号
Location of the annual Dragon Boat Races, this park is dominated by a huge lake. It is a great place to go boating or simply take a walk in a peaceful environment.

Yuejiang Tower 阅江楼

202 Jianning Lu 建宁路202号
This temple is part of a complex known as Yuejiang Tower Scenic spot. It includes the temple itself, Wanxian pavilion and other historical remains.

Zhongshan Botanical Garden 中山植物园

Established in 1929 and covers over 186 hectares. The garden has more than 3000 plant species on display. A great place to breathe the fresh air and have fun cycling.

Zhongshan Botanical Garden's Bridge World 中山植物园桥世界

1 Qianhu Hou Cun, outside Zhongshan Gate 中山门外前湖后村1号
An assortment of challenging bridge and rope courses criss-crossing a stream. For children of all ages to try.

Zixia Lake 紫霞湖

In the heart of Purple Mountain area with picnic grounds and a mountain fed lake in which you can swim. Take extreme care when doing so as a number of deaths occur each year as a result of cramp brought on by cold currents flowing into the lake from deep inside the mountain.

Business & Education

International Education

British School of Nanjing 南京英国学校

Building 2, Jinling Resort, Jiuhu Dong Lu 佳湖东路湖滨金陵饭店2号楼
52108987

EtonHouse Nanjing 伊顿国际教育集团

West Songhua Jiang Street, Jianye District (near Olympic Stadium) 南京市松花江西街6号, 建邺区, 靠奥体北门 (中华紫鑫广场北面) 金陵中学实验小学内
8669 6778

Nanjing International School 南京国际学校

8 Xueheng Lu, Xianlin College and University Town 仙林大学城学衡路8号
85899111

Eternal Sea Int. Kindergarten 恒海外国语幼儿园

20 Mingugong Lu 明故宫路20号
84820900

Nanjing #1 Kindergarten International Division 南京第一幼儿园国际部

266 Baixia Lu 白下路266号
86647868

Grand Canadian Academy 中加国际高中

30 Beijing Dong Lu 北京东路30号南京外国语学校内
83282339

Novas Education Management 诺瓦斯国际

2405, Building A, New World Centre, 88 Zhujiang Lu 珠江路88号新时广场A幢2405
68858565

Language Training

Alliance Français de Nanjing 南京法语联盟

Beijing Xilu 73 Qunlou 4th floor 北京西路73号裙楼四楼
83598762
www.afnanjing.org
French classes for individuals and companies as well as a modern library plus cultural events including conferences, concerts, exhibitions with local partners and artists.

JESIE-Goethe-Language Centre JESIE -歌德语言中心

Jiangsu College for International Education 3rd Floor, 205 Shanghai Lu 江苏省国际教育学院3楼, 上海路205号
83335690
kurse@goethe-slz.js.cn
www.goethe-slz.js.cn
A cultural institute of the Federal Republic of Germany promoting cultural understanding and offering German language courses.

Chaz Cheng Teaching

Chinese Teacher Extraordinaire
1505 1888099
cw19861214@126.com

JESIE Corporate Training 苏教国际企业培训

Suite 210, 205 Shanghai Lu 南京市上海路205号210办公室
15895865134
www.jseiect.org
A program of Jiangsu Education Services for International Exchange.

American Eagle Institute 弋果美语

Suite 327, 291 Shuiximen street 建邺区水西门大街291号322-333室(万达金街东坊)
8771 6111

Foreign Trade & Economic Development Agencies

Australian Trade Commission 澳大利亚贸易委员会南京代表处

1163, 11F, World Trade Center, 2 Hanzhong Lu 汉中路2号金陵饭店世界贸易中心11层1163室
84711888 -1163

Baden-Württemberg International 德国巴登符腾堡州国际经济和科技合作协会

7-3 Dabei Xiang Meiyuan Xin Cun 梅园新村大悲巷7-3号
84728895

China-Britain Business Council, Nanjing 中英贸易协会南京代表处

Rm 2514-2515, 50 Zhonghua Lu 中华路50号2514-2515室
52311740

European Union Chamber of Commerce 中国欧盟商会(南京)

30F, 1 Zhujiang Lu 珠江路1号30层
83627330

Netherlands Business Support Office 荷兰贸易促进委员会南京代表处

Suite 2316, Building B, 23/F, Phoenix Plaza, 1 Hunan Lu 湖南路1号凤凰国际广场B楼23层2316室
84703707

Nordrhein-Westfalen Business Partners 德国北莱茵威斯特法伦州经济促进局驻华南京代表处

50 Zhonghua Lu 中华路50号
52270000

Clubs & Charities

Nanjing International Club 南京国际俱乐部

www.nanjinginternationalclub.com
Founded in 1990 with the objective of promoting social contacts and good community relations within the international community in Nanjing. Many events taking place on a weekly, monthly and annual basis. A big club in Nanjing with 600+ members.

Nanjing Toastmasters 南京第一家英语演讲俱乐部

www.nanjingtoastmasters.com
Weekly meetings at Hohai University

Hopeful Hearts

www.hopefulhearts.info
Dedicated to raising funds necessary for medical treatment of children with a heart condition.

Wokai 我开

www.wokai.org
nanjing@wokai.org
Wokai offers opportunities of microfinance to people in rural China to start their own businesses.

Pfrang Association 普方基金会

7-3 Dabei Xiang Meiyuan Xin Cun 梅园新村大悲巷7-3号
84729068
www.pfrang-association.org
Pfrang association raises money to sponsor the school education of children in poor regions of Jiangsu province.

Operation Blessing China 慈福行动

010-64669296
info@obchina.org

www.obchina.org

Operation Blessing China initiates transformation in the lives of the needy and impoverished communities.

Shopping

Art

Jiangsu Art Gallery 江苏省美术馆

266 Changjiang Lu 长江路266号
86643757

Works of local artists, exhibits changed frequently.

ART 国艺堂

D-1 Shuimuqinhuai, 99 Shitoucheng Lu 石头城路
99号水木秦淮D-1号

83321600

Picture framing service and all kinds of art related books, supplies.

Shenghua Art Center

南京圣划艺术中心

2 Zhoutai Lu, on Jiangxin Islet
江心洲民俗街洲泰路2号(原乡土乐园)

86333097 86333100

Exhibition of Chinese contemporary art, including photography, sculpture and painting, etc.

Antique Markets

Chaotian Palace Antique Market

朝天宫古玩市场

Confucius Temple Antique Market

夫子庙古玩市场

Qingliangshan Park Antique Market

清凉山古玩市场

Major antique markets in Nanjing. Beware of the fake items.

Stone City Modern Art Creation Gallery

石城现代艺术创意园

72 Beijing Xi Lu 北京西路72号

Exhibition of modern Chinese art.

Shizhuzhai 十竹斋

72 Taiping Nan Lu 太平南路72号

Online shop (CN): www.cnnjshizhuzhai.com/shop/

360 yrs history in Nanjing. Galleries and traditional art items for sale.

For the Home

B&Q 百安居

286 Ningli Lu 宁溧路286号

Int'l hardware and furniture store with four stores in Nanjing.

IKEA 宜家家居

South of Kazi Men 卡子门南侧

Hongxing Furniture

红星国际家具广场

224 Zhongyang Lu 中央路224号

Large furniture mall with many shops. Large range of prices, styles, etc.

Jinsheng Market 金盛百货大市场

2 Jianning Lu 建宁路2号

Large indoor market with everything from home décor to wires to Christmas trinkets to electronics, etc. Cheap but be prepared to bargain. Several other outlets in Nanjing.

Jinling Decoration Market

金陵装饰城

88 Jiangdong Zhong Rd 江东中路88号 Everything needed for a new home.

Longjiang Flower Market

龙江花卉市场

78 Qingliangmen Da Jie

清凉门大街78号

Huge outdoor flower market with a variety of plants, cut flowers, fish tanks and fish, and a selection of gardening tools.

Modern House NJ (Remo) 摩登仓

Ground Floor, Lan of mercy and Social Hall, off

Huaqiao Lu

慈悲社兰之堂5-2号

86555566

www.amodernhouse.com.cn

Copied designer furniture & décor.

Malls

Deji Plaza 德基广场

18 Zhongshan Road 中山路18号

84788066

A western style mall located at the northern end of Xinjiekou. As one of Nanjing's premier malls, there is a wide variety of high class shops and western restaurants such as Bella Napoli, and high end shops including Louis Vuitton and Burberry. There is also a movie theatre.

Nanjing Aqua City 南京水游城

1 Jianshang Road 健康路1号

52233999

A newer Nanjing shopping mall, home to many restaurants and western brand name shops as well as a cinema and an import supermarket.

Golden Eagle Shopping Center

金鹰国际商城

89 Hanzhong Road 汉中街89号

84708899

A popular department store with a wide selection of clothing, homeware, and a foreign food supermarket located on the upper floor.

Wanda Plaza 万达广场

98 Middle Jiangdong Road 江东中路98号

86805588

The largest mall in the west of the city, mostly occupied by Chinese brands. However there is a wide variety of food including Walmart and one of the largest cinemas in Nanjing.

Golden Wheel In-Citi 金轮新天地

8 Hanzhong Road 汉中街8号

84773788

One of the major Xinjiekou malls, with a wide variety of western brands and foods, including a donut shop and a Japanese teppenyaki restaurant. Fashion-wise, there is a wide selection available, including brands Sephora, H&M, and Timberland.

New City Mall 新城市广场

99 Caochangmen Street 草场门大街99号

86210888

One of the larger malls in Hexi, the western portion of the city. It contains many brand name shops, a variety of restaurants, a yoga studio, and a movie theatre.

Grand Ocean Department Store 大洋百货

122 Zhongshan Nan Lu 中山南路122号

Frequent promotions and many good value food stalls the basement.

Orient Department Store 东方商城

2 Zhongshan Nan Lu 中山南路2号

Gucci, Celine and other designer brands are available.

Sports

Decathlon 迪卡侬

286 Ningli Lu, next to Metro

宁溧路286号 (麦德龙对面)

Sport Megastore, 9am-9pm

GIANT 捷安特

178 Zhongshan Bei Lu, opposite

of the fabric market 'Bu Bu Bu'

中山北路178号

83611227

Bike shop

Jinxianghe Rd 进香河路

The main street for outdoor stores for hiking, backpacks, equipment and apparel for outdoors.

Bikes & Equipment Stores on Jinxianghe Rd

SPECIALIZED 闪电专卖店

Mountain Heart 山地情怀车行

Electronics

Professional Photography Equipment Market

照相器材专业市场

3F, Binjiang Friendship Shopping Center, 301

Jiangdong Bei Lu

江东北路301号滨江友好商城三楼

Dongding Plaza, 699 Zhujiang Lu

珠江路699号东鼎照相市场

Camera & photography equipment.

Mobile Shops on Danfeng Jie

丹凤街-手机

Indoor markets specialized in new and second-hand mobile phones and repairs.

Zhujiang Lu - IT Products

珠江路-IT产品

A multitude of stores selling every-

thing you need for your computer, phone, camera and beyond.

Zhongyang Lu - Video Games

中央路-电子游戏

Any type of video game for all video game systems. Also do minor repairs.

Suning Electronics 苏宁电器

8 Shanxi Lu 山西路8号

Local firm that is now one of China's largest retailers for electrical household appliances.

Groceries

HomeGrocerChina

Yushuiwan Garden, Yudao Jie 169, Building 65,

Rm503 御道街169号御水湾花园65室503室

84400397

www.homegrocerchina.com

Online shopping of premium imported products conveniently delivered to your door. Cash on delivery.

Metro 麦德龙

288 Ningli Lu 宁溧路288号

300 Jianning Lu 下关区建宁路300号

German hypermarket with a wide selection of foreign foods.

BHG Market

B2 Floor, Aqua City, No.1 Jianshang Lu 健康路1号

水游城地下2层

66985066 / 66985068

91 Matai Jie

马台街91号

68675666 / 68675699

Japanese supermarket with a large stock of imported goods plus fresh organic fruits and veg.

Carrefour 家乐福

235 Zhongshan Dong Lu

中山东路235号

The omnipresent French hypermarché with four stores in Nanjing and a fifth (Pukou) on the way.

RT Mart 金润发

Danfeng Jie 丹凤街

Chinese supermarket with decent foreign food section and three outlets in Nanjing

Auchan 欧尚

151 Hanzhongmen Dajie

汉中大街151号

86580282

French hypermarket with three stores in Nanjing

YaoHan City Market 南京八佰伴

Phoenix International Bookmall, 1 Hunan Lu

湖南路1号凤凰国际

Foreign food supermarket.

Times Grocery 泰晤士

48 Yunnan Lu 云南路48号

Very popular foreign food store with wide selection of imported yet pricy food.

Organic Food 有机食品

Available in many of above mentioned supermarkets and big Chinese food markets, but need to ask staff. Organic foods can also be ordered online from <http://shop.njaf.gov.cn> - Chinese language only.

Wine Outlets

Aussino cellar 富隆酒窖

Room109, No.198,

Zhongsan Dong Lu.

隆酒窖 南京市中山东路198号109室

84679799

www.aussino.net

njaussino@126.com

Over 1000 selected world class wines and more than 200 retail outlets nationwide. A pioneer of wine culture in China.

Metro 麦德龙

288 Ningli Lu 宁溧路288号

300 Jianning Lu 下关区建宁路300号

The German mega-mart carries the largest range of foreign wine in Nanjing with a range of prices to suit every pocket.

MDK Wines 南京梅多克酒业

79 Yingtian Street 南京市应天大街79号

8644 1506 / 1595 185 8509 / 1377 092 3489

Medoc Wines is engaged in the import of wines from many countries as well as champagne, brandy whiskies, vodka, tequila etc. Also offers a cordial door to door delivery service.

Foreign Language Bookstores

Foreign Language Bookstore

外文书店

218 Zhongshan Dong Lu

中山东路218号

84650445

A selection of Foreign books and magazines.

Phoenix International Book Mall

凤凰国际书城

No1 Hunan Lu 湖南路1号

Five floors of books, magazines, gift shops, toys, musical instruments, CD's and DVD's

Librairie Avant Garde

3F, New City Plaza, 99 Caochangmen Da Jie 173

Guangzhou Lu

先锋书店, 新城市广场3楼

173 Guangzhou Lu

先锋书店, 广州路173号

Hunan Lu Xinhua Bookstore

47 Hunan Lu

湖南路新华书店 湖南路47号

Services

Travel

Lufthansa German Airlines

德国汉莎航空公司

Reservation Service:

4008 868 868 (CH,EN)

LH Sales Office: Room 951, World Trade Center, 2 Hanzhong Road

汉中路2号金陵饭店世贸中心951室

Fax: 84722624

nanjing_lufthansa@dlh.de

Nanjing Lukou Int'l Check-in Service

Airport 417 Room.

Dragonair 香港港龙航空

84710181

Asiana Airlines 韩亚航空

86893141

Air Macau 澳门航空

86799127

D.T. Travel

大唐国际(香港)商旅服务管理有限公司

22E, Golden Wheel

Mansion, 108 Hanzhong Lu

汉中路108号金轮大厦22E

84720097

Ticket Booking: 400 886 1212 (FREE)

English service includes: flights, visas, hotels, and holiday packages.

Sunshine Travel

江苏阳光国际旅行社有限公司南京分公司

#621, Building A3, 109 Changjiang Lu

长江路109号A3栋621室

84845010 / 5011 / 5013

Experienced in offering group tours for foreigners to all parts of China, notably picture-esque Lijiang in Yunnan province.

Transportation

Nanjing Train Station

南京火车站

141 Longpan Lu, Xinzhuang

新庄龙蟠路141号

85822222 (enquiry)

85824224 (tickets)

www.njstation.com

Online train timetable and booking, but only in Chinese.

Nanjing Lukou

International Airport

南京禄口机场

Lukou Town, Jiangning District

江宁镇禄口镇

968890 52480499

Airport Shuttle Bus

机场大巴

6am-8.30pm, leaving every 30mins, ¥25

1. Nanjing Railway Station, next to Bus 17

南京火车站17路车站旁

2. Nanjing Zhonghua Men Station, 88 Jihecun Lu

南京中华门车站

集合村路88号

3. 221 Longpan Zhong Lu 龙蟠中路221号

Nanjing Coach

Terminals

南京长途汽车站

Coach timetable/ticket enquiry 96196

Nanjing East

Coach Terminal

南京长途汽车东站

17 Huayuan Lu 花园路17号 85477345

Nanjing Hanzhongmen Coach Terminal

南京汉中门客运站

Located half a block east of the intersection of Hanzhong Lu (汉中路) and Huju Lu

(虎踞路)

86612288 (enquiry)

Nanjing Zhonghuamen Coach Terminal

南京中华门车站

88 Jihecun Lu, 集合村路88号

52418504

To Gaochun, Anhui Prov.

Nanjing Zhongyangmen Coach Terminal

南京中央门总站

Next to Zhongyangmen overpass, one kilometer west of Nanjing Train Station.

中央门立交桥对面, 南京站西1公里处

Nanjing North-Central Coach Terminal

南京中北长途客运中心

100 Shengzhou Lu (Sanshanjie Metro Station)

南京升州路100号(地铁三山街站)

The Nanjing Metro (subway)

Fares cost ¥2-4. Open 6.00am to 11pm. See map for underground stations.

Taxi

Taxis cost ¥9 for the first 3 kilometers and ¥2.4 for every additional kilometre. An additional ¥2 is levied on the cost of the entire journey as a fuel surcharge. Prices are cheaper for some taxi companies based outside Nanjing.

Main Local Bus Routes

Air-conditioned bus costs ¥2, otherwise ¥1.

Bus No. You 1 (游1线)

-Nanjing Station 南京车站

-Xuanwu Lake 玄武门

-Presidential Palace 总统府

-Purple Mountain 中山陵

Bus No. You 2 (游2线)

-Yuhua Tai 雨花台

-Zhonghua Gate 中华门

-Confucius Temple 夫子庙

-Presidential Palace 总统府

-Purple Mountain 中山陵

Bus No. 1 (1路)

-Nanjing Station 南京车站

-Xuanwu Lake 玄武门

-Gulou 鼓楼

-Zhujiang Lu 珠江路

-Xinjiekou 新街口

-Confucius Temple 夫子庙

Healthcare

Global Doctor

环球医生

East Mochou Lake Road,

next to Shuiximen Street

莫愁湖东路, 靠近水西门大街

86519991

Emergency Number: 13805174397

www.globaldoctor.com.au

Global Doctor is an Australian based medical company that provides primary care, occupational healthcare and emergency assistance. Another clinic of choice for many foreigners living in Nanjing. Located relatively close to Xinjiekou with a multilingual staff - EN, IT, JP, PT, ES, KO, CN.

Nanjing International SOS Clinic

南京国际(SOS)紧急救援诊所

1F, Grand Metropark Hotel Nanjing,

319 East Zhongshan Lu

中山东路319号维景国际酒店1楼

84802842 (by appt.)

Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Alarm Center: 010 6462 9100
www.internationalos.com
Western doctors and public pharmacy. Service listed in English & Chinese Multilingual staff - EN/CN/JP/DE

New Public Pharmacy

Nanjing International SOS Clinic

English speaking staff. OTC medicine available. Prescription medicine by doctor appointment.

Yifeng Super Drugstore 益丰大药房

159 Hanzhong Lu, west of JS hospital of TCM
汉中路159号(省中医院往西30米)
86795111-825 8am-9pm
English speaking staff.

Nanjing Entrance and Exit Inspection and Quarantine Bureau

江苏出入境检验检疫局

1 Baxia Rd 白下路1号
52345328 / 84456805
Health checks for applications for work permit / visa.

Gulou Hospital 鼓楼医院

321 Zhongshan Lu 中山路321号
83323101
The major hospital for trauma (24 hr)

Nanjing Children's Hospital 南京市儿童医院

72 Guangzhou Lu 广州路72号
83117500

Jiangsu Provincial Hospital of TCM

江苏省中医院
155 Hanzhong Lu 汉中路155号
86617141
The major Chinese medicine hospital.

Jiangsu People's Hospital 江苏省人民医院

300 Guangzhou Lu 广州路300号
83718836
The major western medicine hospital.

National Medical Centre of Jiangsu Province

江苏省国医馆
168-7/8 Qingliangmen Dajie 清凉门大街168-7/8
13905150592 / 85381818
www.jssgyg.com
johnson55@163.com
Specialists in TCM and massage therapy. English speaking staff.

Nanjing Maternity and Child Healthcare

南京市妇幼保健院

123 Tianfei Xiang 天妃巷123号
84460777
The major hospital in Nanjing for pregnancy checks, labour & delivery.

People's Hospital

300 Guangzhou Lu 广州路300号
83718836
The major western medicine hospital.

BEN-Q Hospital 明基医院

71 Hexi Avenue 河西大街71号
58858800
The hospital is located in the southwestern area of the city, conveniently beside the subway. BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors.

Dan-De Dental Clinic 丹德齿科

D6, 9th floor, HuaWei Mansion, No.107 ShiGu Lu
石鼓路107号华威大厦9楼D6
84217177
Centrally located dental clinic with western standards.

KB+ Dental Hospital

31 Fujian Lu (HuaFu Mansion)
83433333 / 4001108899
www.kangbeijia.com
Jiangsu's first digital dental hospital using the best in western methods. Treatments include dental cosmetics, implants, tooth whitening, correction/straightening, protection, treatment.

Nanjing Union Dental Clinic 南京友联齿科

1F, Grand Metropark Hotel Nanjing,
319 Zhongshan Dong Lu 中山东路319号
维景国际酒店一层
84818891 / 84808888-6555
dentist@uniondental.cn
Western standard dental care with English language.

Legal

Jeffrey Wang

江苏丰亚律师事务所
4 Gupinggang, Nanjing 210013
古评岗4号
13605182614 / 5878 5391
wyz_jeff@163.com
Business lawyer with more than 10 years legal practice in Nanjing plus fluent English communication skills as well as abundant knowledge in both legal and business areas. Legal service regarding Corporate Law, Contract Law and other related legal areas, including IP Law, International Trade Law and Franchise Law.

Dacheng Law Offices 大成律师事务所

2F, No.72 Beijingxi Lu
2楼北京西路72号中华人民共和国
83755108
nanjing.dachengnet.com
Hongliang.Hu@dachengnet.com
Ranked No.1 in Asia by size, with branches in 26 countries and all over China. Nanjing branch is ranked No.1 in Jiangsu Province (EN/CH/ES/JP/KO).

Picozzi & Morigi Law Firm 意大利强高基莫里吉律师事务所

A4, 21F, Golden Eagle, 69 Hanzhong Road
南京市白下区汉中路89号 金鹰国际商厦21楼A4
86556731
nanjing@picozzimorigi.it
www.picozzimorigi.cn
www.picozzimorigi.com
Italian Law firm operating in China since 1991 with its main offices in Rome. Additional office in Shanghai (EN/CH/IT/ES/FR).

Pets

Aimingmao

爱咪名猫
18 Nantai Xiang Xi (off Wang Fu Da Jie) 南京王府大街南台巷西18号
86662858
Cat specialist with overnight stays and English speaking staff.

Nanjing Veterinary Station

南京畜牧兽医站宠物总医院
448 Longpan Zhong Lu
龙蟠中路448号
8484781
The major center for pet illness treatment and vaccination.

Ai-Bi Pet 艾贝尔宠物医院

258-27 Zhongyang Lu
中央路258-27号
83112202

Tom Dog Pet Center

汤姆狗宠物中心
1 Shanghai Lu 上海路1号
86662858
Pet stayover and dog walking service, retail outlet and English speaking staff.

Property Services

T&J Properties

快润通房地产顾问有限公司
Suite A, 18F, Changfa Huacheng Mansion, No.19 Sheng Ju Ren Lane. (beside Golden Wheel)
84728992
www.tjprops.com
Settlement services to multinational companies, with a focus on high-grade villas, apartments, office buildings, factories and car-leasing.

Crown Relocations

嘉柏(中国)国际货运代理有限公司
Rm1908, Block B, New Century Plaza,
1 Taiping Bei Lu
太平北路1号新世纪广场B栋1908室
84541017

CMR Corporate Property & Relocation

南京浩麦房地产咨询
12C1 Jinlun Mansion, 108 Hanzhong Lu
汉中路108号金轮大厦12C1座
84701658
www.cmrchina.com
Complete relocation service to multinational companies, with additional services including drivers license and import/export of pets. Other offices in Shanghai, Luizhou and Changchun.

Media Production

SinoConnexion

南京贺福文化传媒有限公司
13851522275
info@sinoconnexion.com
www.sinoconnexion.com
International award winning professional foreign owned video and media production company that offers advertising agency services plus print and digital publications, broadcast media, internet advertising, social media promotion; plus production of audio materials and a range of design services. More than 25 years experience in traditional broadcast media and print; and 18 years of work in the media industry in China.

VOZ Design

嗓音设计
11F, Phoenix International Building,
389 Zhongyang Lu
中央路389号凤凰国际大厦11楼
Ronald Paredes 泉源:
15950575174
vozdesign.com@gmail.com
http://tiny.cc/vozdesign
Professional marketing oriented graphic design and brand development. No copies, no templates, only creativity and lots of brain juice. Mediocrity is a disease we fight everyday.

Nicolas Harter Photography

1872 155 5434
www.nicolasharter.com
A French photographer specialising in landscapes, commercial and event photography, and author of photo-book AFRICA SQUARE, a profile of African artists at the 2010 Shanghai Expo.

Phrephotos Photography

1377 099 9175
www.phrephotos.com
Photographic services offered. Product shots, portraiture and more.

Faith Houses

Nanjing International Christian Fellowship
Ramada Hotel, 45 Zhongshan Bei Lu
南京中山路45号 南京华美达怡华酒店
Sundays 9:30am to 11:30am
13057627945
Foreign passport holders only. English service.
Translation available in Chinese and French.

KuanEumHui Korean Buddhist Club
观音会南京韩人佛教会
1703, Bldg 2, Fuli Shanzhuang
富丽山庄3栋1703室
13222018582
Service: 11:00am

Shigulu Catholic Church 石鼓路天主教堂
112 Shigu Lu 石鼓路112号
84706863
Korean service: Sat 4.30pm
English/Chinese Service: Sun 4.30pm

The Church of Jesus Christ of Latter Day Saints
Jingli Hotel, 7 Beijing Xi Lu
北京西路7号晶丽酒店
Mormon service, Sun at 10am
Foreign passport holders only.

Miscellaneous

Icaise Copier Rental 南京艾科思商贸有限公司
Huashan Hotel, Zhujiang Lu, Nanjing
南京珠江路华山饭店内
6866505
www.icaise.com
icaise@126.com
Photocopier and shredder rental, in all sizes
including for industrial use. Other branches in
Suzhou, Kunshan and Shanghai.

Avis Car Rental 汽车租赁
78 Kazimen Da Jie
卡子门大街78号
83210799 4008821119

Interpreter & Translation Service
Professional interpreter with extensive Sino-foreign
business background
13002512862
nanjing.interpreter@gmail.com

Satellite TV Installation Service
13770323459
nanjingstv@gmail.com

Bottled Water Delivery Service
By Coca-Cola Nanjing
4008282288 (Free)
Mineral water, pure water, water machine cleaning.

Lustre Cobbler 莱斯特皮鞋修饰
Golden Eagle Shopping Center, 89 Hanzhong Lu
汉中中路89号金鹰国际
Central Department Store, 79 Zhongshan Nan Lu
中山南路79号中央商场

Hong Bang Tailor 红邦裁缝
18 Nanxiu Cun, Shanghai Lu 上海路南秀村18号

Dong Feng Tailor
13851847204

You Wen Tailor
13851760748
Provides quality tailoring service.

Public Security Bureau
公安局出入境管理

1 Honggong Ci, Sanyuan Xiang 三元巷洪公祠1号
84420004 / 84420114
Visa, residence permit.

Nanjing Event Tickets Office 南京票务网
Rm 816 Muma Apartment,
1 Weixiang (on Danfeng Jie)
丹凤街卫巷1号木马公寓816室
84533308 / 83651880
www.zypiao.com
Tickets for on-going events in Nanjing.

Leisure & Sports

Massage & Spa

Pathways Spa & Lifestyle Club 颐庭Spa
13th Floor, TianAn International Building,
98 Zhongshan Nan Lu 中山南路98号13楼
84701266
Lifestyle club consisting of a dedicated spa area
with private treatment rooms, Thai Massage room
and Foot Massage room. Other club facilities
include yoga and meditation rooms, sky garden
lounge and private function rooms.

Flow SPA 川·天地
46 Xijia Datang, Ming Cheng Hui (200m north of
Xuanwu Lake's Jiefang Gate)
明城江西家大塘46号
57718777
Hours: 10.30am-10.00pm
Sino-German joint venture.
12 luxurious single and twin private suites for men
& women.

Shoujia Medical & Health Center 手佳按摩
136 Changjiang Lu 长江路136号
84702129
Provides various types of massage with blind mas-
seurs.

Facial-Spring 春之源美容中心
28-1 Dashiqiao, Danfeng Jie 丹凤街大石桥28-1号
83604422
Various packages available including face, neck
and shoulder massage.

Beauty

Jenny's Beauty Salon 詹妮美容院
Cambridge Sunfield Building 2, Apt. 108
仙林大学城康桥圣菲门面房
8579-1042
jennysbeautysalon@gmail.com

Beauty Baby
31F, Golden Wheel Shopping Mal
A range of beauty treatments. Hair removal includ-
ing waxing available.

VS Philosophy Hair Salon 沙宣理念美发
6F, Deji Plaza 德基广场6楼
84763486

Fashion Lady, various stalls
新街口莱迪时尚广场
Xinjiekou Pyramid
Get simple manicures.

Nail Bar 指爱你美甲
44 Wangfu Dajie
王府大街44号 84209596

Sweet Love in Nails 指间密语
89 Shanghai Lu
上海路89号

Gyms & Sports

Yanlord Tower Club 仁恒国际俱乐部
116 Lushan Road, Jianye District
南京市建邺区庐山路116号
87765111
www.yanlordtowerclub.com
With Fraser Suites Nanjing looking after all your
needs. This is the place to unwind in total comfort.
To relax with family, cement existing friendships,
build meaningful new ones. A wide range of
leisure and entertainment facilities is available for
your undisturbed enjoyment.

Wutaishan Stadium 五台山体育馆
1-6 Wutaishan, Gulou鼓楼区五台山1-6号
86614156
All kinds of sports facilities available, including
tennis court, swimming pool, ping-pong table, bad-
minton court, bowling and many more.

Olympic Century Star Ice Skating Club
奥体世纪星滑冰俱乐部
222 Jiangdong Zhong Lu (Inside Olympic Center)
江东中路222号奥体中心内
86690466

Nanjing North Star Ice Skating Club
Qinhuai Sports Center,
No. 162, Pingjiangfu Lu
52200031

Ninth City Billiards 9城花式撞球
1912 District, 52 Taiping Bei Lu
太平北路52号1912街区
84504303
1pm till late. ¥15/hr in the afternoon.

Klein Billiards 克莱恩台球
135 Hongwu Lu 洪武路135号
84568088
9am till late.

Nanjing Leiniaio Paragliding Club
南京雷鸟滑翔伞俱乐部
Wutaishan Sport Center Tennis Stadium
南京市五台山体育中心网球场
84458450 / 15335179782

Zhongshan Shooting Club 中山射击俱乐部
147 Zhongshan Dong Lu 中山东路147号
84615141
Gun shooting.

Changqing Taekwondo 长青跆拳道馆
33 Shigu Lu 石鼓路33号
51167738

Karate Eifuukaikan 空手道影风道场
96 Yushi Jie 鱼市街96号
52989189
¥30/90mins For kids & adults Taichi
6.00am everyday on Shanxi Lu square next to
KFC. 8am everyday next to Wutaishan Stadium

Pisarev Ballet 比萨列夫芭蕾舞学校
5 Guangzhou Lu 广州路5号
86975095

Xiao Dong Latin 晓东拉丁舞
42 Shigu Lu 石鼓路42号
83908713

Golf

Sofitel Zhongshan Golf Resort
钟山高尔夫俱乐部
7 Huanling Lu 环陵路7号
84606666

Ginkgo Lake Golf Club 银杏湖高尔夫俱乐部

1 Guli Yinxing Hu 江宁区谷里银杏湖1号
86139988

Nanjing Harvard Golf Club

南京哈佛高尔夫俱乐部
176 Zhenzhu Jie, Pukou District
南京市浦口区珍珠街176号
58853333

Xuanwu Golf Club 玄武高尔夫俱乐部

Inside Xuanwu Lake 玄武湖公园内
Driving range where one can hit balls into the lake.

Art & Culture

Drug Art Museum

12 Ding Hui-Men Street, 22 Building
定淮门12号(世界之窗软件园) 22号房
83752646

Nanjing Art and Cultural Center

南京文化艺术中心
101 Changjiang Lu 长江路101号
84797920
Regular large-scale shows by professional Chinese and overseas performers.

Jiangnan 631 Niuda Theatre

江南631牛达剧场
5 Yanling Xiang 延龄巷5号
84419786
Weekend Chinese modern small theater shows.

Nanjing Art Academy Concert Hall

南京艺术学院音乐厅
15 Huju Lu 虎踞北路15号
Irregular performances by Chinese and overseas students and faculty.

Jiangsu Kunqu Theater 兰苑剧场

4 Chantian Gong 朝天宫4号
84469284
Live performance of Kunqu opera (similar to Peking Opera).

Cinema (call for English language availability)

Xinjiekou International Cinema in Deji Plaza

德基广场新街口国际影城
18 Zhongshan Lu
中山路18号德基广场7楼
84797700

Nanjing Shangying International Cinema

南京上影国际影城
98 Caochangmen Da Jie
草场门大街98号
86223345

Aqua City Hengdian Cinema City

水游城横店影视电影城
4F, Aqua City, 1 Jiankang Lu 建康路1号水游城4楼
82233700

Food & Drinks

Asian Cuisine

NJ The Lobby Restaurant at Fraser Suites

仁恒辉盛阁国际公寓大堂餐厅
116 Lushan Road, Jianye district
建邺区庐山路116号
86268888 Ext. 643
Sink your teeth into mouth-watering delights such as the tender-grilled rib-eye steak, roasted chicken, or the seafood linguine cooked in spicy tomato sauce. Asian must-tries also include Hainanese chicken rice and laksa.

Keziguli Muslim Restaurant 克兹古丽餐厅

53 Wangfu Da jie
王府大街53号
85981468
A delicious change from the standard Chinese cuisine: spicy noodles, potatoes, chicken and lamb dishes. Xinjiang performance.

NJ Istanbul Turkish Cafe

食正坊咖啡店
209 Shanghai Lu
上海路209号
83309030
Istanbul offers a range of Turkish and Vietnamese food, with highlights including Turkish 'pizza', kebabs, wraps, freshly made yoghurt, and some desserts. All food is halal.

Golden Harvest Thai Opera Cafe

金禾泰大餐厅
2 Shizi Qiao, Hunan Lu
湖南路 狮子桥2号
83241823
One of the only authentic Thai restaurants in this area of the city. Prices tend to be quite high, with set meals for four costing up to ¥1,000.

Indian Cuisine

NJ Taj Mahal

泰姬玛哈印度料理
117 Fengfu Lu, Xinjiekou
新街口丰富路117号
84201178
189 Shanghai Lu 上海路189号
83350491
Established in 2003, the Taj Mahal Indian Restaurant made a name for itself by offering a great variety and exotic blend of authentic Indian cuisine. Taj Mahal's assortment of flavourful foods makes it continually popular with the foreign community.

NJ Himalaya-Nepalese & Indian Restaurant

喜马拉雅尼泊尔印度餐厅
193 Shigu Lu
(Sunglow Bay
near the Sheraton)
石鼓路193号
8666 1828
Himalaya is a very popular restaurant serving a variety of Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves. English menu, English speaking staff, free delivery within 1 kilometer. Wifi available.

Kohinoor Restaurant

科伊诺尔餐厅
45 Zhangshan Bei Lu
中山北路45号
83122522
Pakistani restaurant located on the second floor of Nanjing's Ramada restaurant. Vegetarian and non-vegetarian curries made in the original unimitable style of Indian and Pakistani Cuisine prepared by chefs brought especially from the mystery lands. Owned & operated by an individual with over 20 years of International Hospitality experience.

Punjabi Restaurant

本杰比印度餐厅
2 Shizi Qiao, Hunan Lu
湖南路狮子桥 2号
83245421
A well-established Indian restaurant in Nanjing offering traditional Kadhais, Murghs, Masalas and Vindaloes in addition to more familiar Chinese dishes. English menu, English speaking staff, and free delivery within 3 kilometers.

Japanese Cuisine

NJ Wadouraku

和道乐日本居酒屋
121 Shi Gu Lu
石鼓路121号
8446 5760
Wadouraku's finest compliment is the fact it is every night patronised by many from Nanjing's Japanese community. With a selection of Saki and Japanese beer by the bottle or on draught, Wadouraku is the genuine Japanese experience in Nanjing.

Tairyō Teppanyaki 大渔铁板

57 Zhongshan Road
中山路57号
8472 9518
66 North Taiping Road (in 1912)
太平北路66号, 在1912里
8445 8310
Tairyō Teppanyaki is famous throughout the Nanjing expat community for its special offer: ¥168 for all you can eat and all you can drink. This includes sushi, sashimi, sake, beer, and everything on the menu. Much of the food is cooked right in front of you.

Shuizihui 水之惠

18-2 Wangfu Dajie 王府大街18-2号
84217517

Tairyō 大渔

Shiziqiao, Hunan Lu 湖南路狮子桥
83204001

Nagoya 那古野

4F Grand Hotel, 208 Guangzhou Lu
广州路208号古南都饭店4楼
83311999

Korean Cuisine

Fudefang 福德坊

6 Taogu Xin Cun, Hankou Lu
汉口路陶谷新村6号
83312091

Ke Jia Fu 可家福

137 Ninghai Lu 宁海路137号
83314283

Vegetarian

The Green Field – Vegetarian Restaurant

1F Zhengyang Building, 56 Yudao Street
御道街56号正阳大厦一楼
6661 9222
A wide selection of food including sushi, disguised tofu, Italian gelato, and of course, plenty of fresh vegetables. Specialized drinks and teas are also available.

Pure Lotus 静心莲

1 Section C, Shuimuqinhuai,
99 Shitoucheng Lu 石头城路99号水木秦淮C区1号
83752306

Wushang Vegetarian Diet 无上素食

1F Zhengyang Mansion, 56 Yudao Jie
御道街56号正阳大厦1楼
84681283
Vegetarian buffet.

LvLiJu (Living by Green Willow) 绿柳居素食馆

248 Taiping Nan Lu 太平南路248号
84527177

Western Bars & Restaurants

N Studio 21 Grill Restaurant

藤美

193 Shigu Road
(behind the Sheraton)
石鼓路193号(石鼓湾美食休闲街区)
86795269

Alessandro 13072525212
Originally from Holland, Studio 21 offers a combination of grilled meat & seafood specialties, genuine European flavors and its renowned home made desserts, all in an elegant and relaxing atmosphere. Special Set Lunch Menu with prices from ¥32 plus specials for student and teachers.

N Nail Jazz Bar

钉子吧

10 Luolang Street (200m south of the Sheraton)
罗廊巷10号, 立金斯利酒店200米
8653 2244

One of the more relaxed bars in Nanjing that offers a wide variety of imported beers. The bar has a cozy upstairs and a more open downstairs, complete with stage and foosball table. Opening hours: 6.30pm – 2am.

N Blue Marlin

蓝枪鱼音乐餐厅

54 Taiping Bei Lu, 1912
太平北路54号, 在1912—条酒吧街
Middle Liyuan Road, Jiangning (near Baijia Lake)
江宁區, 利源中路(百家湖附近)
Yadong Commercial Plaza, 12 North Xianyin Road 仙隱北路12号 亚东广场
An older establishment in Nanjing and still a popular expat hangout, offering up German and European dishes with a Filipino band providing entertainment nightly. Happy hour from 4-7pm.

Bebbis

2 Zhongshan Nan Lu, Orient Department Store
1st floor
中山南路2号东方商城1楼
84730121
Fondue Restaurant.

N Danny's Irish Restaurant & Pub

'丹尼' 爱尔兰餐厅&酒吧

4F, Sheraton Nanjing, 169 Hangzhong Rd. 汉中
169号金斯利酒店4楼
8666 8888 7775

Located on the 4th floor of the Sheraton hotel, the pub serves the usual selection of beers and liquors, offers a good place to sit and chat, and features live performances. Open from 6 pm.

Finnegans Wake Irish Bar

芬尼根爱尔兰酒吧餐厅

6 Cinnalane, at the corner of Shenzhou Road and South Zhongshan Road
熙南里6号, 靠近神州路和中山南路的路口
52207362

An authentic Irish bar in Nanjing, with an extremely wide selection of whiskies, good range of food, and regular music performances.

N Cosima

可西玛

120 Shanghai Road (near to Hankou Lu)
上海路120号
83337576

Famous for being the smallest restaurant in the city, serving a variety of Spanish food.

N Secco Restaurant and Bar

喜客西餐厅

3 Kunlun Road (South of Xuanwu Park's main gate)

昆仑路3号, 在玄武湖公园正门的南边
83370679

A German restaurant and bar, located directly beside the city wall. Another major expat draw, Secco features barbeque, buffet, outdoor dining, strong mixed drinks, with good deals and specials. A good place to start a night out.

N Talking 对话西餐厅

Ninghai Lu, 9 Pei De Li,
Room 101
宁海路培德里9号栋101室
83200844
21 Jinyin Street
金银街21号

Talking is a restaurant and bar, with a surprisingly large variety of beers and liquors, as well as a good selection of food. Open 11:00 am until late, tending to fill up at night time.

N Talking 2 - 3 对话西餐厅2-3

Jinyin Jie No. 20
(near Shanghai Lu), across from the foreign students dormitory in Nanjing University
金银街20号, 南大西苑对面
83323969

More music, wi-fi, cheap beers and decent food at reasonable prices. An ideal place for a bite and few drinks with friends.

N Don Quixote 堂吉珂德餐厅与酒吧

39 Chengxian Street,
off Zhujiang Lu
珠江路成贤街39号
83359517

This pub doubles as a Spanish restaurant offering a variety of cuisines. However, after the kitchen closes, a live band comes on upstairs. Downstairs, there is a large screen plasma TV and videogames.

N Sancho Panza 到堂吉珂德

173 Guangzhou Lu,
Wutaishan Stadium North gate
(take the stairs to the right)
广州路173号,
五台山体育场北大门内
(无高尔夫球场西侧台阶上)

A 2-floor bar featuring live music, pool, food and quality eats plus a fully-stocked bar.

N Bluesky Expat Bar & Grill 蓝澳西餐厅

77 Shanghai Lu
上海路77号
86639197

Bluesky is one of the original expat bars to open in Nanjing, and serves a wide range of Western food such as burgers, pizzas, and Aussie meat pies. There is also a wide range of beers, including several Australian brands. Like any good pub, there is a pool table and darts.

N Ciao Italia 你好意大利

193-2 Shigu Lu (outside Sunglow Bay near the Sheraton) 石鼓路193-2号
86608807

Ciao Italia's master chef Giuseppe serves over 140 authentic Italian specialties, including 30 varieties of pizza that are widely considered some of Nanjing's best. Free delivery is available.

N Ellens Bar 艾伦咖啡

132-3 Guangzhou Lu
(a few meters from the corner of Shanghai Lu)
广州路132-3号

Laid back and relaxed atmosphere have quickly made this a new favourite, especially amongst the student crowd. Fantastic range of food & drinks at great value prices.

N Swede and Kraut 云中西餐厅

12 Nanxiu Cun 南秀村12号
86638798

This bar and restaurant near Nanjing University features an impressive beer list, including German and Belgian labels, alongside a menu of traditional European foods and desserts. Take out and special holiday dinners are available.

N La Table de Mr. Eiffel 巴黎盛宴

83 Guangzhou Lu, near Qingliangshan Park
广州路83号, 靠近清凉山公园
83711900

Offers authentic French cuisine and carries an extensive list of French wines by the glass. It is located in an old Chinese garden house with an entrance on Qingliang Shan Park. There is also an outside terrace.

N Pisa Pizza 比萨斜塔意式西餐厅

81-8 Shanghai Road
上海路81-8号
1580 517 7575

A newcomer to Nanjing but one that has quickly gathered a reputation for serving up the finest pizza in the city, straight from the wood fire oven.

N Soul Mate 索味法式休闲餐厅

15-1 Nanxiu Cun,
off Hankou Road
南秀村15-1, 靠近汉口路
83328418

Located in an old house very close to Nanjing University, Soul Mate serves French style pizzas, omelettes, mixed drinks, wines, and beers. Open from 11:30 am to 10 pm.

N Les 5 Sens 乐尚西餐厅

52-1 Hankou Lu
汉口路52-1, 靠近南京大学
83595859

A surprisingly inexpensive French restaurant. Homemade traditional French dishes (set menu and à la carte available) for lunch and dinner in a friendly atmosphere. Many dishes cost less than ¥50 each. Open 11:30 am to 10 pm, with take away service. Free WiFi.

N My Place

我的家(高档红酒吧及餐厅)

37-11 Gaoyun Ling
高云岭37-11
83601289

My Place is a high class wine bar and restaurant that occupies an enchanting house amid the alleyways behind Hunan Road. Served is a wide variety of top shelf foreign liquor and wines plus a fusion of Singaporean and international cuisine. Open from 6:00 pm onwards.

N Jimmy's 吉米来吧

193 Shigu Road
(inside Sunglow Bay
near the Sheraton)
石鼓路193号

86792599

www.jimmysnj.com

A popular American-owned sports bar and restaurant. It offers satellite sports coverage, a full bar with draught beer and a large variety of whisky, plus simple American food such as hamburgers, hot dogs, subs, tacos, and most famously, pizza. Free delivery within 3 kilometers.

N **Another Jimmy's** 吉米来吧

209 Shanghai Lu
(across from Skyways)
上海路209号
83318085
www.jimmysnj.com
11am until 12pm

N **61 House** 陆拾壹号餐厅

61 Hankou Xi Lu 汉口路61号
13851434386

A significant stop on the live music circuit in China for international unsigned bands. Expect to see one or two performances every week.

N **Behind the Wall** 答案墨西哥餐厅

150 Shanghai Road (in Nanxiu Cun)
上海路150号, 在南秀村
83915630

One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, and in the warmer months on perhaps the finest terrace in the city. Live musical performances go well with strong sangria and beer.

Tony Music Bar

76 Jinxianghe Lu (10 metres from Hualian supermarket)
进香河路76号 (世纪华联超市巷内10米)
1391 397 7427
Popular student watering hole and stop on the live music circuit.

N **Potato Bistro** 马铃薯

5*301 Kang Qiao Sheng Fei, 9 Wenfan Road, Xianlin University Area
仙林大学城文范路9号
8579 1293
A bistro based on green, organic, fresh foods and authentic tastes within a quiet environment. Can accommodate 80-100 guests, with an outdoor balcony of 150 square meters also available for different parties. Free wifi.

N **Paulaner Brauhaus** 宝莱纳啤酒花园

123 Guangzhou Road
广州路123号
83117188

A chain restaurant and bar located on the side of Wutaishan Stadium's hill, with decor, beer, and food that are entirely German.

N **Vanilla Sky** 香草天空

4-4 Taogu Xincun,
off Shanghai Road
上海路陶谷新村4-4号
83202884
10 Beiji Xicun, just north of Gulou Square
北极西村10号, 鼓楼广场北边
57711778

Vanilla Sky serves up a variety of Western foods, including pizzas, pastas, steaks and salads. Prices are reasonable, and a cozy atmosphere keeps many customers coming back.

Taberna Crestatx 格纳斯酒吧餐厅

388 Yingtian Avenue, in 1865 Creative Park, Building E6
应天大街388号,
1865科技·创意产业园
51885657
The only fully authentic Spanish restaurant in Nanjing with a private cigar bar with Habanos directly imported from Cuba.

N **Regalia Resort & Spa (Qinhui River)** 御庭精品酒店 (秦淮河)

E5, No 388, Yingtian Street (Chenguang 1865 Technology Park) 应天大街388号 (晨光1865科技创意产业园) 第E5幢
51885688
www.regalia.com.cn
reservations-qhr@regalia.com.cn
Dining that offers a uniquely satisfying combination of Chinese, Asian and Western cuisine.

N **Bellini Italian Bar & Restaurant** 贝丽妮意式餐厅

Rm 1-106, 9 Wenfan Lu, Xianlin
大学城文范路9号1-106室
85791577
Welcome addition to the dining scene in Xianlin that is both elegant yet easy in which to relax. Utilising ingredients specially sourced, many dishes and drinks are unique in Nanjing. Free wifi. Closed on Mondays.

N **Country Road** 约翰·丹佛

20-1 Nanxiucun
南秀村20-1号
87776422
With pasta, pizza, steak, coffee, wine, music and books, Country Road is both popular and elegant.

Bakery & Sandwich

N **Skyways** 云中食品店

160 Shanghai Road 上海路160号
83317103
A18, Yadong Commercial Plaza, 12 North Xianyin Road 仙隐北路12号 亚东广场A18室
85791391
One of the best known foreign shops in Nanjing offering breads, sandwiches, cakes, chocolates, and desserts. Large cakes and pies can be pre-ordered, and imported cheeses and wines are also available.

Happy Story 美丽心情

236 Xiqiao, Jiangsu Lu
江苏路西桥236号
83301907
60-3 Jiangsu Lu
江苏路60-3号
83232957
Chinese owner with creative ideas for cakes.

Ichido 宜芝多

B1, Grand Ocean Department Store, 122 Zhongshan Nan Lu
中山南路122号大洋百货B1楼
84738682
B1, Deji Plaza, Zhongshan Lu
中山路德基广场B1
84738682

Coffee & Tea

N **Sculpting in Time Café** 雕刻时光咖啡馆

2F, 47 Hankou Lu 汉口路47号2楼
83597180
32 Dashiba Jie (Confucius Temple East Gate)
秦淮区大石坝街32号 (夫子庙东门)
Sculpting in Time was started by two college

graduates from Beijing offering a pleasant coffee house atmosphere, along with brunch, cocktail hours, film screenings, and a variety of Western food. Their brownies are widely known. Free Wifi.

N **3 Coffee** 3号咖啡馆

82-1 Shanghai Lu
上海路82-1号
83244617 / 83311505
An upper floor library has art, design and photography books as well as magazines and a photography store selling vintage film camera, polaroid & lomography equipment. Offers a range of coffee, tea, alcohol and limited snacks. Balcony affords a nice view of Shanghai Lu. Free Wifi.

N **Godot's Home** 戈多的店咖啡馆

15-1 Nanxiu Cun, off Shanghai Lu
南秀村15-1号
86637484
A beautifully designed, relaxed café off Hankou Lu inspired by the play by Irish Playwright Samuel Beckett. A great range of coffee, tea and food in a cozy atmosphere. A movie is shown each Wednesday.

Freeland Cake-Dessert-Coffee

6 TaoGuXin Cun, Han Kou Lu,
陶谷新村6号汉口路
This bakery offers a selection of crafted home made cakes and drinks in a comfortable place.

Yoann

南京Yoann咖啡馆
510 Changbai Jie
长白街510号
Simple, comfortable and colourful surroundings are matched by a friendly owner offering a good selection of fruit juice, coffee and cocktails. Upstairs, adedicated room with large screen and projector offers regular movie evenings.

Nightclubs

Scarlet 乱世佳人

Within 1912, near Changjiang Back Street
1912酒吧一条街, 靠近长江后街
84403362
34-1 Hubei Road
湖北路34-1号
83206090
Scarlet was one of the original bars to open in Nanjing which catered to foreigners. Over time, the interior and music has changed, but both locations are still a big draw for the foreign community, but there is no exceptionally large dance floor.

Polar 77 Music Bar 极地77音乐酒吧

129 Hanzhong Road 汉中中路129号
84702006
Polar 77 Music Bar specializes in rock music, and skips the DJ entirely in favour of a live band that performs nightly. Music played is usually a blend of western rock classics, Chinese songs, and Spanish guitar.

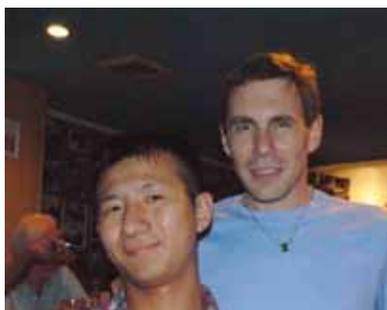
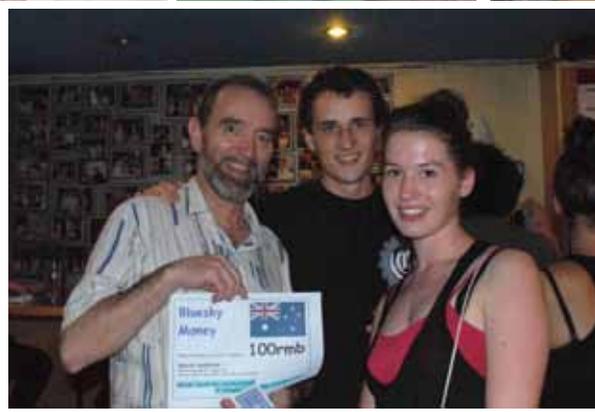
Castle Bar 古堡酒吧

6 Zhongyang Road 中央路6号
83619190
Castle Bar is underground, but by no means unknown. One of the most popular hang outs for foreign students and older expats alike, Castle features a variety of music, some live performances, guest DJ's, pool tables, and various parties throughout the year. Open very late at weekends.

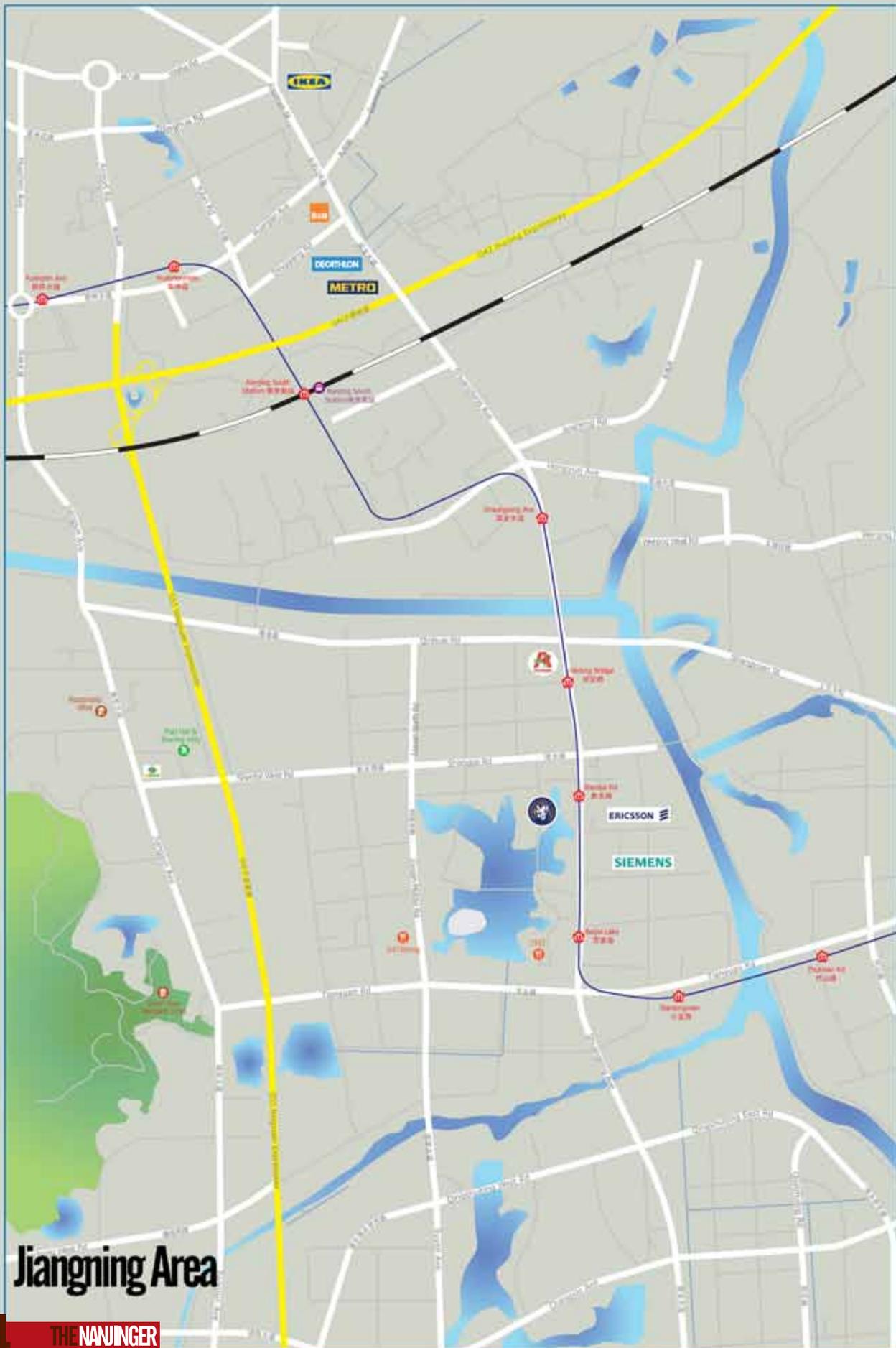
4th EUCCC HR Mixer /Art Exhibition - August 27th



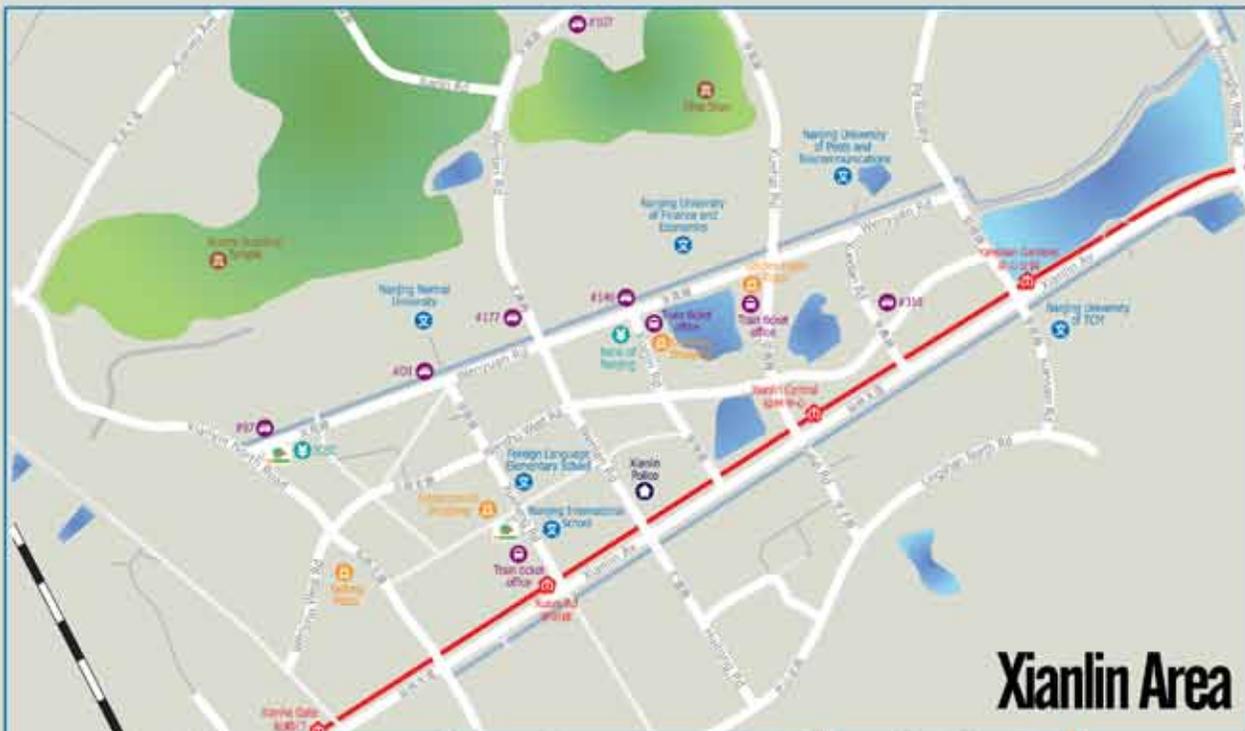
"The Big Do" - Celebrating nine years of Bluesky - August 27th







Jiangning Area



Xianlin Area

Map Symbol Legend

- | | | | |
|--|----------------------|--|-------------------|
| | Metro Station | | Metro Line 1 |
| | Coach Station | | Metro Line 2 |
| | Ferry | | City Wall Remains |
| | Airport Shuttle | | Tunnel |
| | Train Station | | Railway Line |
| | Shopping | | |
| | University | | |
| | Hospital & Clinic | | |
| | Attractions | | |
| | Government | | |
| | Banking | | |
| | Sport venue | | |
| | Villas/apartments | | |
| | International Dining | | |



Olympic Area

NX | THE NANJINGER CLASSIFIEDS

For detailed information about these and many other classified ads please visit our classifieds section at www.nanjingexpat.com

For Sale – Sell

■ Wii & Wii Fit

I go back to France at the end of the month and I'd like to sell my before going. I bought it in march on Taobao. What's included?

Wii (black), Wii fit + protection, Harddrive 320 Go (full of games), 2 remote (1 motion + inside, 1 classic), 1 nunchuk + box (only for the wii) + cables.

Price: 1600 Yuan.

Feel free to ask everything you want

Cheers, Macha

For full advertisement text, visit: www.nanjingexpat.com

■ Motorbikes for sale

1 x Yamaha Cygnus 125 cc Scooter (built in 2010, 6000km, black) equipped with Garmin Navigation System (has english, input via pinyin) and a big sturdy Topcase. Regular maintenance done, oil, filters, sparkplugs etc. A few scratches but overall condition is fine. The bike comes with all papers and a LEGAL LICENCE PLATE for downtown Nanjing

1 x Galaxy XTR 250 cc Dirtbike, (app. 1500 km (shows only 600, one rim set does not have the magnetic chips for the communication with the system, orange) 2 Set of RIMs with tires, breaking plates etc, 1x Supermoto 1x Dirtbike (tube on the front rim of the dirtbike set needs to be replaced), maintenance done. All papers but no license plate (can easily be registered).

Asking price for the complete package 16.000 RMB

Cheers Bjorn. +151 50567898

For full advertisement text, visit: www.nanjingexpat.com

Jobseekers – Position Vacant

■ Join Disney English as a Foreign Trainer!

Disney English is looking for exceptional individuals to instruct children ages 2-12 at our Language Learning Centers throughout China. Trainers will use an innovative and immersive Disney program, leveraging Disney's beloved characters, stories, songs, animation and other materials, to provide a highly engaging and effective premium learning experience.

The English Language Trainer reports to the Language Learning Director (LLD) in the Disney English Language Learning Center.

Email: cpdisneyenglish@disney.com

For full advertisement text, visit: www.nanjingexpat.com

■ French Tutors needed in Nanjing

We are looking for French Tutors in Nanjing with unique teaching style. We offer competitive hour wage, comfortable working environment and curriculum, textbooks. Students are teenagers and adults. Classes will be set up according to teachers' free time. We offer a competitive Hourly Wage based upon your Teaching Experience & Qualifications. You can make money using your spare time. Very flexible hours!

contact Sandra: hampsonhr03@163.com with your resume and a recent photo.

For full advertisement text, visit: www.nanjingexpat.com

■ Nanjing, Jiangsu, Language School

All schools have English speaking co-ordinators to help you settle in. -We are English and on hand to speak to at anytime. -Z visas are always provided and we help with the application -Contact with the school directly throughout the application process. -We are completely FREE. Requirements: - Native speakers from UK, USA, Canada, Australia, New Zealand, Ireland & SA -Aged 22-55 - Minimum of BA degree (in any subject) - TEFL / TESOL preferred (not always essential) - Willing to work in China for 6/12 months. Please send at least a copy of your resume, degree and a recent photo to start the application process. Email: recruit4china@gmail.com Skype: recruit4china Telephone: Office: (0086) 0518 860 843 52

For full advertisement text, visit: www.nanjingexpat.com

■ Nanjing Expat Interns

Are you interested in new media? Would you like to learn more about media in China? If so, please send at a copy of your resume with a letter explaining why you would like to work with us. Email: keith@nanjingexpat.com

For full advertisement text, visit: www.nanjingexpat.com

■ Looking for foreign models for car show!

Looking for some foreign models! Work time: From October 1st to 4th. Work place: Nanjing. It's a four-day auto show - just standing beside the car and make pose.

Foreign girl and Foreign boy required. Contact me ASAP. Ruby- 15062271726 15051812143 025-58848244

Email: rubbyanchu125802@gmail.com

For full advertisement text, visit: www.nanjingexpat.com

Services Offered

■ Private tutoring in English

Experienced ESL and writing tutor with more than 4 years working in mainland China is now accepting applications for adult learners who want to avoid the disappointments and low standards of most training schools.

I still have some openings in my schedule two morning and a few evenings. I prefer working with goal oriented students who want to maintain or upgrade their conversational skills. I am also proficient in teaching composition and presentations. If you are interested in a steady and reliable instructor, please contact me at your convenience.

Email: mitchellehough@gmail.com

For full advertisement text, visit: www.nanjingexpat.com

Services Offered

■ Mandarin Tutor

Welcome to Join a new chinese Mandarin classroom.

We have a new chinese classroom opening. If you are interest in, please contact me. LucyLu : lucy.luxiaojuan@hotmail.com 13813944415

For full advertisement text, visit: www.nanjingexpat.com

Misc

■ Congratulations

Congratulations to Joshua & Kelly on the birth of their new daughter and to Kate who is delighted with her new baby sister!!

Wanted: A place to advertise items for sale, jobs vacant, services on offer or anything in between.
visit: www.nanjingexpat.com or Email: classifieds@nanjingexpat.com

NUX THE NANJINGER EVENTS

Regular Weekly Events

Monday

Coffee Monday | Ellens | 09:00

Basketball | Nanjing International School | 18:30

Live Jazz | CD Pub | 20:00

Monday - Ladies Soccer - NIS - 18:00

Thursday

Tennis Group | Sofitel Zhongshan Golf Resort
| 09:00 | www.nanjinginternationalclub.com

Free Beer Thursday | Ellens | 20:00

Salsa Lessons | CD Pub | 20:00

Tuesday - Bike Polo - NanDa volleyball court
(Hankou Lu campus) - 17:00

Tuesday

Parents & Toddlers Play Group |
The British School of Nanjing | 10:30

Badminton | Nanjing International School | 18:30

Nanjing Toastmasters Meeting |
Meeting Room 409, Building Wen Tian Guan,
Hohai University, Xikang Lu, Gulou | 19.15

Live Folk Music | CD Pub | 20:00

Thursday - Touch Rugby -
NanShiDa running track - 18:00

Friday

Goldenbails Cricket Club |
Nanjing International School | 15:00

Shooters Friday | Ellens | 18:00

Buffet dinner | Fraser Suites lobby restaurant | 18:00

Wednesday

Wine Wednesday | Ellens | 17:30

Goldenballs Football Club |
Nanjing International School | 18:00

Live Music | CD Pub | 20:00

Killer Pool | Bluesky Blue Sky
Expat Bar & Grill | 21:30

Saturday

Latin Night | CD Pub | 20:00

Gulou English Corner | Gulou Square | 19:00

Sunday

Chill Out Sunday | Ellens | 12:00Nanjing Dragon Flies Ultimate

Frisbee Club practice | Nanjing Normal University Suiyuan Campus | 16:30

English Mass | Shigu Lu | 18:00

BBQ Chillout | Jimmy's | 20:30

Jazz Night | Don Quixote Bar | 21:00

Sunday - Recreational Volleyball - NIS

upcoming scheduled
events for

September

- 16 | Rolling Electro Beats Party (Minimal, Techno, Progressive) | Katyusha Russian Bar & Restaurant | 21:00
- 17 | Jolin - MYSELF 2011 Nanjing Concert | Nanjing Olympic Centre Gym
- 21 | WESTLIFE - Gravity Tour 2011 | Shanghai Grand Stage | 20:00
- 21 | Invasionen Nanjing Concert | 61 House | 20:00
- 23 | Garage Sale benefiting Hopeful Hearts | Royal Family Gardens | 08:30
- 24 | DJ Bennie Blanco | Castle Bar | 23:00

upcoming scheduled
events for

October

- 21 | Mei 2011 Nanjing Concert | WuTaiShan Stadium | 20:00
- 28 | French trio Peppermoon Nanjing concert | 61 House | 20:00

Parents & Toddlers Play Group

Every Tuesday
at 10:30am for
children
0 - 4 years old



For more information
call 5210 -8987.
Or visit us online
at www.bsn.org.cn



To submit your events
please visit

NANJINGEXPAT

.COM

View from The Bench

By Bobby Liu

WINNING SOME TIME BACK BY INVESTING IN OUR BODIES 挤出时间投资在你的健康上

■ The vast majority of us are busy, busy people. No matter how hard we try not to, there is something about human nature that compels us to attempt to cram more activity into a day than will in reality fit.

There are many ways to manage one's time more efficiently but one that is often overlooked is how the way in which we treat our bodies may often impact the amount we are able to get done. This is about our bodies and the way in which they gather and expend energy. Remember, our bodies are the physical link between what we want to do in our minds, and it becoming a reality in the physical world.

Think about the last time you had a great idea. What were you doing at that moment? I bet that it was likely when you were doing something physical. In this way, a physical activity is not only helping your body build up its energy, it is also providing you with creative inspiration!

It is said we are what we eat. Paying attention to what we cram into our mouths can also reap rewards later on when it comes to getting more done every day. There can be no doubt that a healthy body shall be much more able to perform at its best than one that is neglected and undernourished.

Particularly physical it may not be, but reading some traditional literature is an activity that helps the body to build stronger focus skills. Two other good examples of looking after your body to make extra time include meditation and yoga; both are energy building and excellent ways to reduce stress.

There are 1,440 minutes in each day. In order to gain the maximum benefit of each and every one of those minutes, it may well be worth our while to invest perhaps just 30 minutes each day in an activity such as those highlighted here. If time were a bank these 30 minutes could be thought of as a principal investment that can return to you so much in the way of interest.

Perhaps this concept may well be just the extra push you need to join that nice gym you had always promised yourself, or to give the yoga class a go. It's worth a try – afterwards you may well even find yourself with more time on your hands! **NJ**

Send your questions and comments to coach@nanjingexpat.com





Hope *ful* Hearts

Help keep the young hearts beating...

The reality is, these children may not have survived if it weren't for the generosity of people like you.

97% of all money raised goes directly to paying for heart operations.

Hopeful Hearts assists in funding life-saving heart operations for local children.

These children have often been abandoned because of their condition, or come from a farming community where their family may have an annual income of about 1,200RMB.

Your time, talents and donations would be greatly appreciated in helping save the lives of more children like these.
For more information on how you can help, please email: hopefulhearts10@yahoo.com

www.hopefulhearts.info

Nanjing Youth Football League Starting Soon

Register today at www.nanjingfootball.com

(The deadline for registration is September 26th, 2011)

NYFL Autumn Schedule:

October 16th

October 23rd

October 30th

November 6th

November 13

Nanjing Football has a vision of sport that is not just about competition and exercise, but also involves learning, having a good time and making friends. NYFL teams are 8-a-side and is played over five weekends in which each team plays two games each time. The NYFL consists of six teams and is for children aged between 8 - 14 years of age. For more information, or to register for The NYFL please go to www.nanjingfootball.com



SPECIAL THANKS TO OUR SPONSORS



**The British School
of Nanjing**

