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THE NANJINGER

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The Music Sounds Better With You

南京，每年这个时候，空气中都充满了音乐的气味——又快到了一年一度南京爵士和世界音乐节的时候了。本期，《南京人》中的照片在回顾去年音乐节的同时预告了2011年音乐节内容。

运用现场音乐会作为广告手段来打入中国音乐迷的市场的海外商业公司们对于中国正在成长、变化的商业市场做出新的市场开发策略。更多关于此主题的内容，请阅读本文（中、英文）。

我们都知道DJ是干什么的，然而，并不是每个人都知DJ这个职业早已与我们共存了几千个年头！翻阅本期杂志，看看这到底是怎么回事儿！

最后，祝福《南京人》一周年生日快乐！本期为我们划上了出刊一周年的标志！在此，我们感谢您选择我们。因为有你，才注定了我们的存在！

It is a special time of year in Nanjing. The weather could not be better; clear blue skies, ideal temperatures and not a drop of rain (now that we have committed those words to print the gods may well have something else in store). It is also the time of year that heralds the celebration of music that is the Nanjing International Jazz and World Music Festival. Read more herein.

Our economics editor Geoff Gibson also likes to pass himself off as something of a musician, and we wager that's the first time you've come across that combination! Indeed, it was difficult to curb his enthusiasm for this issue; he shares with us some of the best spots in Nanjing to pick up a musical instrument or two.

Wherever there is music, a DJ is never far away. He/she has also been with us for a lot longer than you may think; find out more in our exploration of the DJ's role as shaman, architect of the dance.

Elsewhere, our musical theme continues from the viewpoint of the MP3; while it has undoubtedly revolutionised music, for listeners and musicians alike, the format also brings artists to question the very interpretation of their album as an art form.

Finally, and with as much modesty as we can muster, we alert you to the fact that this edition of The Nanjinger sports on its cover the words "Volume 2, Issue 1". That's right - we are one year old! While for us these past 12 months have been much of a blur, we would like to thank you for allowing us to be part of your last year in Nanjing, a year that for most has also been full of change. It is our hope that The Nanjinger has been its own little way somewhat reflective of that change.

THE NANJINGER

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**SAT 8 QUARTER FINAL 2:
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**SUN 9 QUARTER FINAL 4:
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Dear Editor

I arrived in the city in late summer and frankly (sic) I find it can be a bit of an assault on the senses. It's my first time in China and to say the least, it is a learning curve. I am very aware that it is easy to be negative about certain parts of local culture so I am trying not to be so. However there are a couple of things I have seen that I really do want to understand better.

The first is the use of the horn, specifically on mopeds. Earlier this week, I was crossing the street when the driver of a moped started beeping his horn. If I was blocking his way or obstructing him, then I can understand but I was a good 30 feet away, walking quickly and was about to put my foot on the sidewalk. It's not an isolated incident. Why do Chinese drivers do this?

Secondly, I was on a train to Shanghai earlier in the month and two guys sitting three or four rows ahead were playing a computer game against each other on a laptop. I'm sure they were having fun but why did they have to do it with the volume turned up to the maximum? I could hear it above the sound on my own iPod earphones. On the way back, someone else was watching a TV show without earphones on full volume. Am I wrong or is this plain rude?

I saw your Chinese Corner and wondered if you might suggest some language tips I could use in this situation; abusive language would also be welcome!

Thanks

Tyler

Editor's reply

Dear Tyler

Chinese are well accustomed to people doing illogical and plain stupid things in the middle of the road at very short notice, and so through their enthusiastic use of the horn they are merely giving advance warning of their presence. Were you not also taught in your country (if you are a driver) that this is the very use for which the horn is intended, i.e. to warn of your presence?

Volume means different things to different people. One school of thought is that Chinese people are so used to being around many of their own kind 24 hours a day, with the kind of din that results, that loud sound has simply become water off a duck's back.

Others may argue that your three friends on the train may simply be a little uncultured. I would imagine that the rest of the people in your coach were quietly behaving themselves, well accustomed to the accepted mode of conduct.

For all of the tremendous progress that China has made in the last 10-20 years, it is worth remembering that still, for the bulk of her people these changes remain very much a new experience.

Ed.

P.S. On the right, Jay Walker shares with us a report on a similar subject sent in 'from the field'...

It's my party and I'll cry if I want to

■ Having friends round to your birthday party when I was a child was, apart from Christmas Day, the biggest most exciting event of the year. Buying a pack of invitations, writing your friends' names on them, delivering them at school – just thinking back to it makes me yearn for those care-free days when all you worried about was having a best friend. You wanted to be invited to everyone's birthday party and you wanted your mum to put on a good show when it was your turn.

Mother would take pride in cooking fairy cakes, big birthday cake, buy a pack of chocolate fingers, crisps and make mountains of jelly and ice-cream. And by the time my friends had decorated the walls with jam handprints and trodden flakes of sausage roll into the carpet it was time for the games. Oh the joy which was got from a pack of buttons at the end of a pass-the-parcel, the dancing and freezing of the musical statues, hiding in places too remote to be to be on your mother's cleaning route while someone counted to 100. But the highlight of the games part of the party was always musical chairs. I have always been competitive and still like any game which involves low levels of violence. So musical chairs was great. As the music stopped we all rushed, screaming and pushing, to claim a chair and quickly sit on it. I loved it. If it was an Olympic event I would now be booking my ticket for London 2012.

But I haven't played musical chairs for years... well, to be more accurate I hadn't played musical chairs for years until last week when I found myself playing out a real life version on the Nanjing Metro. Picture the scene, the train was not overly busy, all the seats were taken and there were 5 or 6 people standing. I was standing. As the train was approaching Zhujiang Lu a woman got up and walked towards the door. "Great" I thought, "a seat for me". I made for the seat but just

as I got there a small woman darted between me and the seat and quickly sat down. I glared at her but she refused to meet my gaze. I said nothing but seethed quietly inside.

Luckily, as the train stopped and the doors opened another woman very close to me got up and made for the door. I moved quicker this time, determined that I should get that seat. I got there quickly and was in the process of sitting down when a man, pushing against the tide of disembarking passengers, came running towards me and shoulder charged me out of the way. I reiterate, I was mid-way through the action of sitting – my knees were bent and I was leaning forward ready to drop my big white laowai body onto the seat. So I was not just taken aback by this affront to human decency but I was incensed. Red mist descended and I lashed out with my arm, pushing him sideways and scratching my arm on his bag. He lost his balance

and it gave me just enough time to plonk down and claim the seat. Everyone looked at me.

If anyone had told me that there would come a day when I would do battle with a 50 something year old man for a seat on a train and that I would push and shove to claim that seat, I would not have believed them. Looking back it wasn't so much that I needed that seat but I suppose it offended my sense of fair play, common decency and manners. If he had asked for the seat I would have happily given it. I know it's important in a foreign country to adapt to the culture, to be sensitive to cultural difference and I have done so to a large extent but there is a limit and I think I reached it last week. So just as education gives you language skills, an appreciation of art and music and teaches us about the wonders of the universe, children's party games have their own important place in training us for the rigours of life in Nanjing. **NJ**



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The Gavel

LEGAL NOTES FROM THE NANJINGER
IN ASSOCIATION WITH PICOZZI & MORIGI LAW FIRM



FOREIGN ACCESS TO PUBLICATIONS MARKET

■ Due to commitments made during accession to the World Trade Organization (WTO), China has gradually opened its doors to equity investment in the publication distribution sector through several regulations promulgated in recent years.

“Administration of Foreign-invested Books, Newspapers and Periodicals Distributors Procedures”, effective from 1st May, 2003, along with some other relevant supplementary provisions permitted, to some degree, foreign investment in the wholesale and retail of books, newspapers and periodicals; and the wholesale, retail and lease of audio-visual products. However, under the “Foreign Investment Industrial Guidance Catalogue”, as amended in 2007, the master distribution of books, newspapers and periodicals was off limits to foreign investment.

NEW PROVISIONS FOR FOREIGN INVESTED ENTERPRISES

The “Provisions on the Administration of the Publications Market” (“Provisions”), adopted at the first executive meeting of the General Administration of Press and Publication on 17th March, 2011 and by the Ministry of Commerce, revealed a renewed attitude to Foreign Invested Enterprise (FIE) investment in this field. Compared with previous regulations, the Provisions hopefully open up the publications distribution market to a much larger pool of players, especially FIEs by improving the conditions and procedures for business scope, albeit with some restrictions.

The most prominent change is the expanded business scope permitted for FIEs, that includes general distribution, wholesale, retail and the chain-store operation method for publications. The new regulations have made it much more feasible for FIEs to enter this once forbidden business area.

The Provisions assist in permitting a lower entry threshold with respect to registered capital, for qualifications of employers and employees and with regard to the physical size of business premises. Some long held restrictions are also eliminated such as the terms of operation for a foreign-invested sub-distributor and that of operation for a Sino-foreign cooperative audio-visual product sub-distributor.

The best news of all is the elimination of the restriction for foreign investors as regards equity ratio (art. 16) with some exceptions. In fact, the Provisions now only restrict a foreign investor from owning a 51 % or more controlling share in the FIE in a case where it operates more than 30 chain stores for books and/or magazines.

The revised legal framework is a very good indication of positive progress made by the Chinese government in showing its good will to welcoming foreign investment in a publication market that still remains very much part of the highly sensitive area of media in China. 🇨🇳

Disclaimer

This article is intended solely for informational purposes and does not constitute legal advice. Although the information in this article was obtained from reliable official sources, no guarantee is made with regard to its accuracy and completeness.



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Introducing some of our contributors, writers and editors

Geoff Gibson teaches courses in economics, accounting and business at universities all over China.

In Australia, he used to run the wholesale borrowings of that country's largest bank. As such, he used to joke that, when the revolution finally came, he'd be the second one shot.

Geoff Gibson 在中国各大高校教授经济学、会计学和商学的课程。在他的出生国澳大利亚,他原先的工作是澳大利亚最大银行的信贷主管,所以他以前总喜欢开玩笑地说:“如果革命爆发了,我就是第二个中弹者。”

Ron Stalenberg is our Australian sommelier who reviews wines that are readily available in Nanjing and affordable, unless an opportunity comes his way that is simply too good to refuse!

Ron Stalenberg是一位澳大利亚葡萄酒评论员,目前主要针对南京市场上可以买到的葡萄酒进行评论,都是一些价位合理适中的酒,当然如果机会来临,遇到好酒他也不会拒绝。

Lead Food Critic Serafino Di Giampaolo is founder of the Italian Chefs Forum, was resident at The Lounge in Frankfurt when it was awarded "The Best Eat and Meet" in 1998 and has taught for 10 years at the Istituto Panzini, Italy's most progressive hospitality institution.

Serafino Di Giampaolo, 首席美食评论家,也是意大利高厨论坛的创始人。1998他为法兰克福的Lounge餐厅工作期间,该餐厅被评为当地的最受欢迎餐厅。同时,他还曾在Panzini学院授课十多年,该学院是意大利最前卫进步的厨艺学院。

Ronald Paredes is the personification of his motto "mediocrity is a disease we fight every day". The multi talented designer's work appears in the design industry's annual definitive overview of the state of art in web design, "Web Design Index by Content - Volume 5"

泉源本人即是他的座右铭“平庸是一种疾病,我们每天都要与之抗争”的现实化身。作为一位优秀的设计师,他才能丰富创意无限。其网页设计作品还被收入在了代表网页设计艺术成就的权威性行业年鉴内。《网页设计艺术指南—第五册》

Our Editor and Music Critic, Frank Hossack, has been a radio host and producer for the past 25 years, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

贺福是我们杂志的编辑和音乐评论员,在过去的25年里一直从事电台主持和电台制片的工作。工作期间他曾获得过四次纽约传媒艺术节大奖,分别是世界前40强节目,最佳编辑,最佳导演以及最佳文化艺术大奖。

THE SHAMAN

MASTER OF CEREMONY A.K.A. The DJ!

By Frank Hossack
Illustration By Chipsou

■ Since the very dawn of humankind, our existence has always been sharply divided between night and day. In pre-historic times, our cave dwelling ancestors lived out their days seeking to eat, and avoid being eaten. Once darkness fell however, with flaming torches in hand, and to the beat of a drum, we joined our gods.

The historian of religious dance E.R. Dodds wrote, "The power of the dance is a dangerous power. Like other forms of self surrender, it is easier to begin than to stop." He was referring to Greek gods who indulged in mad dances with wild uncontrollable women, but the notion is equally applicable to The Hindu and other religions only too well aware

of the potent properties of dance. The separation of dance from religion has been a relatively recent occurrence. The Bible tells us, "There is a time for dance" (Ecclesiastes 3:4), the Jewish Talmud reports that the angels dance in heaven and it is even a commandment by rabbinical law that Jews must dance at weddings. The Shakers, an American nonconformist sect that rose to prominence in the 18th and 19th Centuries (more recently famous for their furniture) lived in complete celibacy with the sexes entirely segregated. They would only come together to dance in intricate formations as an act of worship.

MOST ANCIENT FORMS OF WORSHIP ARE CENTERED AROUND DANCE AND MUSIC WITH RITUALS THAT USUALLY FOCUS ON SOME SPECIAL PERSON WHO LINKS HEAVEN AND EARTH.

This witchdoctor type character orchestrates the dance, the music and the attending spirits. Only he can wipe away our everyday life with his holy drum and festival of transcendence. The similarities in this role to that of the modern day DJ are no coincidence, for they are borne out of a primal need; the celebration of youth, energy and sexuality through life's worship of music.

Thus the very idea of the DJ sees its beginnings in this ancient job description as the one who really gets the party going, with many illustrious forbears. The Shaman were pagan high priests who directed their people to dance to the spirit world while the Master of Ceremonies was a creation of the music hall era. Such exaltation reached its dizzying heights in the mid 1990's when the DJ became a millionaire, had a supermodel for a girlfriend and was flown from gig to gig in a private jet.



The Godfather of Shanghai: DJ Chris Lee at work

The days of such crazed idolatry are over but nevertheless the lucky ones at the heights of their careers can still earn thousands of dollars for a few hours work. **BUSINESS EMPIRES HAVE FLOURISHED AND FLOUNDERED AROUND THE NIGHTCLUB WITH THE DJ AT ITS APEX.** The multi-billion dollar club economy is also only made possible by those who shell out not inconsiderable sums each week to hear DJs play. The late and respected yet controversial American music author Albert Goldman put a pleasant Churchillian twist on the nightclub scene, "Never, in the history of public entertainment, have so many paid so much for so little - and enjoyed themselves so immensely!"

There are of course many kinds of DJs. To the casual onlooker a DJ may be the guy who comes to warm up a friend's houseparty; someone who selects a few tunes and plays them, in their opinion probably too loudly. The art of DJing is another thing altogether; it is about understanding the feelings of a group of people and directing them to a better place. The connection to religion is obvious, especially to anyone who has experienced the kind of spiritual communion that comes when a DJ truly connects with their audience.

What separates the DJ from other entertainers is their blurring of the boundary between artist and audience; there is the DJ who leads the event and we are all part of it. Thanks to The Twist, the dance craze from 1960, we became free to dance alone without the need or worry of finding/losing a partner. In essence we became free to be part of the whole room.

IN CHINA THE HISTORY OF THE DJ HAS SWEEPED PAST US IN THE BLINK OF AN EYE.

Until the early 1990's there was no such thing as a nightclub in China. Shanghai and Beijing led the way, with discos located in so called five star hotels and names such as Casablanca and Galaxy wherein crowds were bombarded with synthesized and nauseating Techno from Taiwan and Hong Kong. The rest of China was of course slow to catch up; as recently as ten years ago the only club in Nanjing worth speaking of was the delightfully named Orgies Bar, located in the Hongqiao Hotel on Zhongshan Bei Lu.

DJ Chris Lee is well known as the Godfather in Shanghai, having pioneered the city's DJ scene in the mid 1990's, growing up frequenting the iconic clubs of New York during the heyday of places such as Studio 54 and Palladium. In Shanghai, Chris played Casablanca and LA Café between 1993 and 1995, after which he and four other partners

opened DD's Club which was to become famous in Shanghai, Beijing, Hong Kong and across Asia for the next three years. There Chris introduced the Chinese public to old Disco & Funk classics, US House, Techno, Acid Jazz, and even Salsa. Since his permanent return to Shanghai in April 1998, Chris has had DJ residencies at DD's, Yin Yang Club, Park 97, Babylon, California, and Pegasus, with guest spots at DKD/Buddha Bar and other events, spinning his diverse mix of Funky/Jazz House, Disco House, Tech House and US Tribal House. He spoke with Nanjing Expat for The Nanjinger:

NJX: HOW DO DJs CONTROL AND MANIPULATE A CROWD THROUGH THEIR CRAFT?

CL: "In an ideal club for music environment where the crowd is open-minded, a DJ can program a night whereby he will play softer, deeper and newer songs or tracks during the early part, build a party vibe, slowly bringing the crowd to a mini-climax with more familiar dance tunes. For those more daring DJs, [they]





throw in 1 or 2 new tunes that the DJ wants to push, or bring in a surprise classic, back and forth, for a climax of the evening, before introducing the crowd to the newest and more experimental tracks. Such has been the traditional philosophy. Unfortunately, with free downloading and sharing on the internet, plus the dominance of mainstream MTV videos, a DJ's role has been tragically demoted to being a Juke Box DJ playing the latest TOP 40's tunes and classic Top 40's, or so called "Hip-Hop/RnB" and/or Mash-Ups."

NJX: REVEAL A LITTLE OF YOUR EXPERIENCE IN INTRODUCING THESE CONCEPTS TO CHINA.

CL: "My experience has always been concentrating on DJ'ing for the musically more discerning and tasteful plus a more sophisticated crowd. I am better with a much more mixed and international crowd. The progression of my programming is similar to what I described before. Again, the whole international club music culture has come to an all-

time recession and the environment is not friendly to DJs who would really like to express himself musically. I would be lucky if I can experience such a musical journey once a year!"

NJX: WHAT IS YOUR VIEW ON THE ART OF DJING AS AN EMOTIONAL, IMPROVISATIONAL ART FORM THAT SERVES AS A LINK BETWEEN THE MUSIC AND HUNDREDS OF PEOPLE?

CL: "As explained it's originally my motivation to become a professional club DJ. It has always been emotional, and very often improvisational, interaction, preaching the music, communicating with a musically spiritual crowd that wants to take part in a communion on the dance floor, a sacred ritual, if you may. It now takes a club which believes in its DJs and in being a leader in Club, not mainstream, music, in its music policy, and in its aggressive promotional strategy to push the right image. Otherwise, everybody just jumps on the same bandwagon for a quick return, killing the whole club music culture."

If Shanghai and China's rush to commercialism is making life difficult for the DJ of quality, hope is at hand in the history of the DJ that has taught us to keep our eyes on the underground. This shall always be at its most creative just after club culture has become horribly commercial; the time at which the true pioneers will be pushing out their new manifestations. For they are the greatest of DJs, those whose abilities can arouse more raw emotion in their audience than the composer of the most bittersweet opera, the author of the most compelling novel, or the director of the most breathtaking film. They are those who can, if only for a moment, make a whole room fall in love. **NU**

At present, DJ Chris Lee can be found playing the odd night at Shanghai's ultra exclusive private members club, Kee Club, at which an annual membership will set you back ¥50,000.

Operation Smile China Celebrates 20 Years of Creating Smiles

Each year, nearly 35,000 children in China are born with cleft lips, cleft palates or another debilitating facial deformity. Thousands of children are still waiting for surgery that can take as little as 45 minutes and will transform their life forever – and you can help.

China's first registered not-for-profit hospital, the Hangzhou Operation Smile Charity Hospital, provides year-round care by local Operation Smile-trained and credentialed medical professionals in the fields of plastic surgery, dentistry, pediatrics, and speech pathology, as well as psychosocial services to patients and their families. The Charity Hospital has changed the lives of more than 5,100 patients.

Operation Smile China is currently conducting over 20 medical missions across China to give free surgeries for over 2,000 children in need. Consider supporting their work and giving a child the chance to lead a normal life and smile for the first time.



Bao, before and after

For more information:

Operation Smile China: 中国微笑运动

Julia Jorgenson, Program Development Coordinator:

julia.jorgenson@operationsmile.org or +86 138 1055 1450

Hangzhou Operation Smile Charity Hospital: 杭州微笑行动慈善医院

www.operationsmile.org/china

10th NANJING INTERNATIONAL JAZZ AND WORLD MUSIC FESTIVAL 2011

From modest beginnings in 2002 the Nanjing International Jazz & World Music Festival has grown to become one of China's premier events for jazz and world music from all over the globe. A labour of love for its two organisers; Nanjing local and accomplished Er Hu player Mr. Dong Jinming, and long term Nanjing expatriot resident and businessman Mr. Helmut Güsten, the Festival takes place each October, bringing together jazz musicians and lovers thereof in a week long celebration and exchange of musicscapes and experience.

This year the 2011 Festival takes place from 14th to 21st October, with concerts in a wide variety of venues to satisfy every personal taste; from music hall amphitheatres, universities, international schools and 5 star hotels, to some of the bars in Nanjing good enough to take live music seriously.

For this 10th anniversary of the Festival ten bands from seven different countries along with homegrown talent from China comprising 57 musicians shall perform a total of 42



concerts, four of which shall be outdoors! The opening ceremony this year shall take place at the Nanjing Cultural Center with its seating capacity of 1,140, while concerts shall also be staged at another new venue; the brand new Performing Arts Center at Nanjing International School in Xianlin.

The Festival line up this year sees bands coming to Nanjing from several of China's neighbouring countries; Mellow Motif from Thailand, Jackfruit from Malaysia and Yuichiro Tokuda from Japan. From Germany come Wetdog Superwow, the Stephan König Quartet and Äl Jawala who are back for a second year at the festival. The rest of Europe shall be represented by State of Monc from Holland and Turlu Tursu from Belgium, while from Canada comes the Ryan

McNally Quartet. As always, we will also be treated to performances by the Jinling Dragon World Music Band led by Festival organiser Dong Jinming himself, and flautist Lidya Gerke who this year will be accompanied by Argentinian guitarist Leonardo Bravo.

You will find the complete schedule for the Festival printed toward the rear of the magazine you are holding in your hands, while the more digitally minded may like to check the website www.nanjingfestival.com.

Tickets can be ordered in advance by calling 1377 072 2777 (English) or 1300 258 1276 (中文). 



* Photos by David Smith, from the Nanjing International Jazz and World Music Festival 2010.

SOCIALIZED!

MUSIC'S FINANCIAL FUTURE

BY FRANK ROSSACK
PHOTOGRAPHY BY NICOLAS HARTER

音乐的金融未来

★ In many countries, traditional recorded music companies, or labels, are dying a slow death. The CD or tape has been replaced by downloads, and in China these downloads are free, legal or otherwise, and shall remain so. These two statements of fact explain why record labels have never stood a chance in China: land of a billion music lovers.

While recorded music continues to be free, it remains true that the CD, tape or MP3 can never replace the experience of live music. For much of the post Cultural Revolution recent past, China has been the last place on earth to go to see a halfway decent concert. Yet now, in all of China's larger cities, live music is helping to revive, and be a part of, new urban culture.

It is often the case that China makes possible that which is not in other countries by sheer weight of numbers, and live music is an example of such a concept in operation. In China it is relatively easy to attract an audience of 200 or more to a live music concert, a figure at which sponsors start to become interested.

Couple this with the increasing interest abroad that China enjoys, plus the hugely simplified procedures for traveling to China, and suddenly there is a significant influx of smaller foreign bands; all eager to experience their first "China Tour". Ten years ago, young urban elites in Shanghai or Beijing were lucky to see a foreign band perform; now those following in their footsteps are touring the entire country to the extent that a 10 city tour of the Middle Kingdom is not uncommon. They come here to Nanjing from Shanghai or Hangzhou, and head off into the sunset to Wuhan, Chengdu, Xi'an and beyond. This year alone has seen up to 20 acts from abroad play at 61 House and Castle Bar, arguably the two leading local venues for live music.

Marketers have caught the vibe too; live music is actually an incredibly efficient way to reach a desired audience group. Indeed, music is the easiest way for a brand to associate themselves with a particular part of the market, or demographic; and an audience shall associate music with a brand for a long time, in some cases decades or even longer.

It may well be that the saviour of the music industry in China is not a billion downloads of Wang Fei, but actually the little foreign bands that come to China to play a series of concerts and end up being sponsored by a brand name eager to reach China's emerging middle class of live music lovers.



如今在许多国家，传统意义上的音乐产业中的品牌和制作公司正在慢慢地消失，CD和磁带，也早已被网络下载所取代。在中国，网路音乐下载既免费又合法。并会在未来的一段时间内继续。正因为如此，在中国这片数千万音乐爱好者的热土上，音乐制作品牌很少能长久立足。

虽然录制的成品音乐继续被免费下载，但无可辩驳的事实是：CD、MP3、磁带都无法取代现场音乐会所带来的经历。自文化大革命后期，中国便成了地球上最后一个听“半桶水”似的现场音乐会的国家。不过，现场音乐会成了所有国内大城市新都市文化悄然复苏的一部分。

与其他国家相比，中国音乐市场的吸引力在于听众可观的“人头”数量上。现场音乐会的经营操作是这个理论的最好证明。在中国，筹划到预计观众数量多于200人次并不困难。而200人次正好是能使赞助商感兴趣的数量底线。

海外对中国音乐市场与日俱增的兴趣，加上日益简化的入境手续，使众多新出道的外籍乐队蜂拥而至来到中国。兴致冲冲地渴望着一场“中国巡回演出”的经历。在十年前，上海、北京的城市青年很少有幸听一次外籍乐队的现场演出；如今，这样的巡演在中国十大城市并不少见。他们经过上海或者杭州，来到南京，在日落的时候启程去武汉、成都、西安，或者更远。仅今年，南京就上演了20多场外籍乐队演出，演出分别在此城市两家小有名气的酒吧：61房和古堡。

市场开发者们也深深地感受到了这样的演变。现场表演对于特定的市场开发和吸引定位效果显著。是的，音乐是品牌与特定消费群体之间最容易开发的桥梁；一位特定的观众也很容易将音乐和特定品牌的文化联系起来。这样的关系可保持长达十年或更久。

中国的音乐市场的救世主或许不是亿万个王菲专辑下载，但却有可能是这些得到品牌赞助的中国巡演外籍小乐队。从而，这些品牌最终能打入中国日益壮大的中产音乐爱好者心目中。

四



The Digital Reaper

MP3 Is Killing The Art Of The Album

By David Smith



Today I was sitting at my computer working when iTunes randomly played a song I hadn't heard in a long time. I then decided I wanted to listen to the entire album, as it put me in a good frame-of-mind to work. As I started to play the album (Nine Inch Nails – the Fray), I realized something; I can't remember the last time I listened to an Artist's album from start to finish in the original intended order. I began to get nostalgic and was saddened as I began to realize that the ease and convenience of the MP3 file has most likely eliminated the "album experience" for the majority of listeners.

I then started thinking of all the albums that I raved about as having been masterfully compiled, about how you never truly heard an album until you listened to it from start to finish with a pair of good quality headphones, none of the in-ear cheap ones we all use today, but a pair of good ones. My phones of choice were the Sony MDR-7506, representing possibly the best value in professional quality headphones at that time. I may have been something of an audiophile in those days but I am pretty sure that there is a strong contingent of music lovers who know the feeling I'm talking about.

As time went on, I became busy and lazy. I don't actively listen to music as I once did. Like countless others, I walk around with my iPhone plugged into my ears and set it to shuffle all songs. It is this way 99% of the time.

Think about the development of the ways we listen to music over the years. In the days of the LP, and even in the days of the cassette (if you don't remember what either of those are... I feel sad for you and your ignorant youth), it was a much more active experience.

With both of these, you had to rummage through your (often massive) collection of albums in their covers and cases, remove it, and physically place it on or into the machine you would be listening to. Half way through the album, you had to once again take the time to flip it over to listen to the other side (well, with the cassettes they developed the auto-reversing players pretty early, so that didn't last long).

Several years later the CD came along (yes, I know I'm skipping a couple of developments... but they were never mainstream enough to really be mentioned). With the CD, some of the labour was removed, but not completely. You still had to rummage through your racks and racks of CDs to find the one you wanted to listen to, and physically put it into the machine and play it.

It wasn't too many years after the CD became popular, in the late 90s, that MP3

encoding heralded a new way to copy music from CDs for convenient listening on a personal computer. This also ushered in an area of great challenge for the music industry financially as these digitized forms of music were extremely easy to transfer from one person to another, making it so the other person did not need to actually purchase the album to enjoy the songs they wanted to listen to. Over the last ten years the industry has spent countless thousands, probably millions, of dollars fighting these copy-right violators.

Copyright violation or not, it is my opinion that the greatest damage the MP3 has inflicted on the music industry has not been in the financial hit, but in the damage it has done by reducing the number of listeners that listen to music the way artists originally intended; from start to finish. Sure, there will always be the audio purists that continue to be active listeners, but the breed is sadly dying.

Slayer Of Album Art

By Ronald Paredes


■ **O**nce upon a time when producing anything was still considered an art, the production of a record would require a lot of thinking and, the band would write

and record songs that would go through a selection process by the record label; they who would ultimately decide which ones would be next season's hits. It would then be time to put together a team of photographers, illustrators and graphic artists to create what would become the face that represented the spirit of an album; its cover.

LP, Cassette, CD, LaserDisc, MiniDisc or even MP3, no matter what the trend or the format of choice the song or album will always need a cover. For marketing purposes or for artistic whim, cover art seems to be the only aspect of music production that has not been affected by the digitalization of music. Or is it?

The very concept of the MP3 was to create a format that would give to the user the capability to carry with them more music in a smaller package, or even on a single gadget. With this change in music storage and handling technology, the MP3 also offered the capability to keep alongside the music relevant information such as date of production, lyrics, etc. People were free to personalize their songs by giving them another name, create their own running order, and even decide on the cover art. There is therefore no need for artist commissioned cover art; the user is free to decide on the image to be utilized. Customization is the only goal.

The first steps in this digitalization of music were in the early 90's when the CD began to take off, and with it came room for creativity when it was time to present these little containers. In ways that were actually better than LP covers, these were more portable, versatile and most of all created a space in which industrial designers could start participating; an area that in the past was reserved for graphic artists. One of the most beautiful work-moments that I can remember was the release in 1994 of the album "Pulse" by Pink Floyd. The CD cover came with a little blinking red LED light in the spine of the box; some of those lights would even "pulse" continuously for up to three years. New materials started to be used; covers made of translucent coloured plastics, cardboard, even fabric pouch. The shy attempts of the Long Plays to include a couple of pages became full books with not only lyrics but also history, amazing illustrations; the possibilities were unlimited. Some of those CD boxes are still considered real collector's items to this day.

We had a good run, almost 10 years of unleashed creativity in cover creation that all but came to an end in the 2000's with the introduction of the MP3 with all its implications. MP3 simply made music too available, so much so that it is very easy to get it for free.... we all know how the story ends. Now, with record labels losing millions the CD covers have become an inconvenient accessory, with nobody bothering to invest in a plastic box. Some of our favourite and highly portable MP3 players are even so small that they do not have space for a screen to display a cover! Did the MP3 kill cover art or is the slayer none other than our very own choice of device? 



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and so is
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歌

Gē

MEANING
Song (noun)
To sing (verb)

1- That song is soooo bad!

那首歌太难听了!

Nà shǒu gē | tài nán tīng | le !

2- Isn't the lead singer gorgeous?

主唱真帅! (male lead singer)

zhǔ chàng | zhēn shuài !

主唱真美! (female lead singer)

zhǔ chàng | zhēn měi !

3- That was the most awesome concert ever!

那场音乐会是我见过的最棒的了!

Nà chǎng | yīn yuè huì | shì | wǒ jiàn guò de | zuì bàng de le !

4- I like drums and bass, but not Drum and Bass!

我喜欢鼓和贝司，不是Drum and Bass类型的音乐!

wǒ | xǐ huān | gǔ | hé | bèi sī | , bù shì |

Drum and Bass | lèi xíng de | yīn yuè !

5- What's your favourite album of all time?

至今为止，你的最爱是哪张唱片?

zhì jīn wéi zhǐ | nǐ de | zuì ài | shì | nà zhāng | chàng piàn ?

6- Ha - I've got way more songs in my iTunes library than you!

哈，我[iTunes]里面的歌比你的多得多!

Hà, wǒ | iTunes | lǐ miàn de | gē | bǐ nǐ de | duō de duō !

7- I'd like to buy some guitar strings

我想要买一些吉他弦。

Wǒ | xiǎng yào | mǎi | yī xiē | jī tā xián .

8- Turn on the "Bass Booster" in the "Settings" menu

在“设置”菜单里打开“低音助推器”的选项。

Zài | "shè zhì" | cài dān lǐ | dǎ kāi |

"dī yīn zhù tuī qì" | de | xuǎn xiàng .

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Bits of Chop

A Whole Scale in Two Strings

The "Er Hu" is the odd two stringed instrument that you have perhaps become accustomed to seeing played by old men sitting on the Chinese equivalent of a park bench, i.e. a pagoda.

Often referred to as the "Chinese violin" or a "Chinese two-stringed fiddle", many believe that the "Er" refers to the number of strings; others counter that its moniker comes from the fact that it is the second highest pitched string by comparison to the "gaohu" instrument.

More recently the "Er Hu" has also found its place in contemporary music including pop, rock, jazz, and even the popular singing/instrumental group, the Twelve Girls Band.

DAHL (LENTILS)



INGREDIENTS

250g red lentils
1 onion, finely chopped
2-3 garlic cloves, finely chopped
A thumb of ginger root, unpeeled, and sliced
5ml ground coriander
5ml ground cumin
5ml saffron powder
Fresh cilantro roughly chopped
3 teaspoons olive oil
1 pint boiling water
Salt to taste

DIRECTIONS

1. In a large saucepan, heat oil. Add onions and garlic and cook till it begins to turn brown.
2. Add ginger, coriander, cumin and saffron and stir together.
3. Add lentils (no need to soak beforehand) and stir to mix.
4. Add boiling water, slowly, until approximately an inch above lentils. Bring to the boil and cook gently for about 20 minutes until soft, adding more water if necessary. Mixture should be sloppy.
5. Toss with fresh cilantro and add salt to taste.

It's more than just a cookbook...

It's a collection of wonderful recipes from friends of Hopeful Hearts all round the world. Every recipe is written in both English and Chinese. With over 190 recipes of international cuisine you could be dining in a different country every night!



(see next page)



达尔兵豆



配料

250克兵豆

1只洋葱，切碎

2-3瓣蒜，切末

拇指大小的一块姜，保留皮，切片

5毫升香菜籽粉

5毫升孜然粉

5毫升藏红花粉

新鲜的香菜，切碎

3茶匙橄榄油

1品脱开水

适量的盐

制作方法

1. 在大深锅里，加热油。炒洋葱和大蒜，至呈棕色。
2. 加入姜、香菜籽粉、孜然粉和藏红花粉，炒匀。
3. 加入兵豆（无需事先浸泡），炒匀。
4. 慢慢加开水，浸至兵豆以上大约1英寸。煮沸，继续煮约20分钟，直至兵豆变软。如有需要，就加入更多的水。应该煮成比较稀的状态。
5. 撒上新鲜香菜，用盐调味即可。



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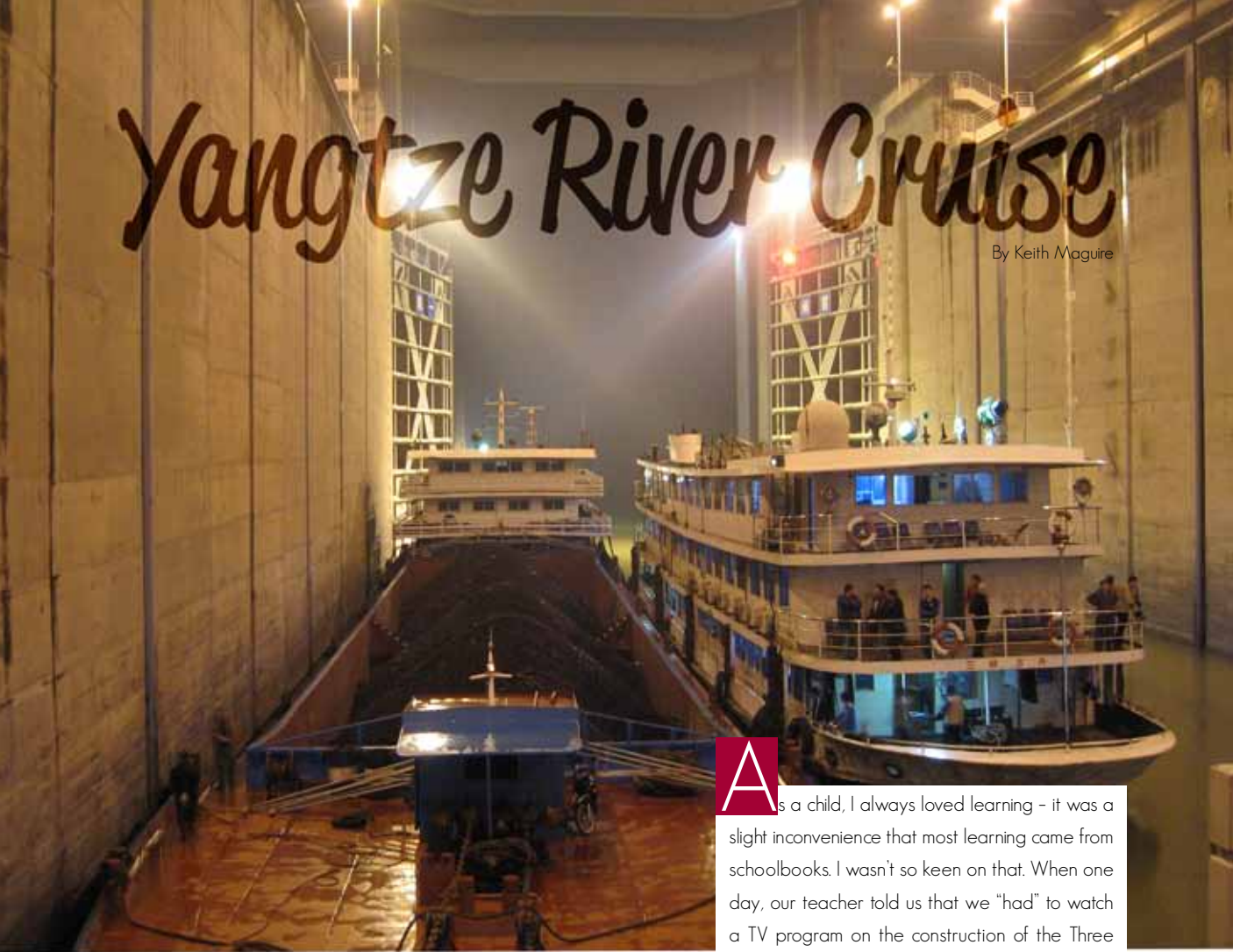
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Yangtze River Cruise

By Keith Maguire



A

s a child, I always loved learning - it was a slight inconvenience that most learning came from schoolbooks. I wasn't so keen on that. When one day, our teacher told us that we "had" to watch a TV program on the construction of the Three Gorges Dam that afternoon, it was too good an opportunity to turn down. "Mum, I must watch TV for homework". "Because I'll be too busy studying the TV, you'll also need to make my after-school snack", I didn't add.

One of the highlights of a trip to China is a cruise along the Yangtze through the Three Gorges Dam or so the travellers' bible Lonely Planet would have you believe.

I did the trip in 2008 on my first trip to China and took a cruise from Chongqing to Yichang, or as I remember them at the time; from one overcast dirty kip to another overcast dirty kip. If Carlsberg did dumps, these were they.





There are three different types of passenger travel along the Yangtze; foreign owned cruise-ships, Hydrofoil and the Chinese cruise ship. The hydrofoil is not really an option however as they are mainly local commuter transport; speeding along without stopping at the tourist sites and sometimes going by the best vistas in the dark. **The foreign owned cruise liners offer the best combination of luxury, comfort, relaxation** and the most leisurely way of seeing the gorges. Chinese owned ships offer all of the above but are admittedly just not as nice or expensive. We chose the Chinese option to go downstream from Chongqing to Yichang which is a 3 night / 4 day cruise.

A typical itinerary has you boarding the ship in Chongqing at around 6pm before departing at 9pm. This allows plenty of time to explore the ship and still have a good two hours 40 minutes for settling in and relaxing. Although it can seem a

waste to leave at this time of day and spend the first ten hours of cruising in the dark, in reality the view is not really anything about which to get excited. Day two began with a visit to Fengdu Ghost City; a theme park of sorts that is totally unremarkable, while back on-board, we attended a demonstration of acupuncture in which an Israeli guy was light-heartedly bullied into "volunteering" to go up on stage. The Acupuncturist was needing away telling the audience that everything is great while the victim grew paler and paler. Eventually he passed out. After prompting the bar staff to bring him

some water and not getting anywhere I grabbed a small bottle from the fridge and gave it to him... When I got back to my seat I was handed a bill for ¥20. They are still waiting for it.

The rest of day two drifts by with lots of time spent drinking coffee, reading, chatting, playing cards and enjoying the view of the clouds. That night, there is a welcome banquet followed by a "dancing party". Enough said.

The routine of a cruise verges on boredom. Each morning we were woken by Rachel, the host with a message: "Today will be overcast, cold with patches of rain, I repeat today will be overcast, cold with patches of rain"... Every day it was the same. I don't know how she managed to maintain such optimism, but she did. In fairness, the crew were all attentive, courteous and hard-working.

The boat itself is pretty clean and perfectly adequate with bedrooms compa-



able to most three star hotels and the schedule ensures that you are never hungry as meals are so regular. The food is reasonably good although the bigger issue of a single dining room accommodating smokers and non-smokers is more relevant as the two non-smoking tables seating maybe 20 were quite outnumbered by the other guests; 150 Chinese men. In fact, the same split was between foreigners and Chinese.

Being the inhibited sort, unlike some Chinese travellers, we did not embrace the possibility of dining while just wearing our underwear; maybe next time.

With day three comes the undoubted highlight; the Three Gorges themselves. First up is Qutang Gorge, the shortest of them all at 8km. It is certainly dramatic with vast swathes of rock jutting out all across the gorge. In parts, the river narrows to 100m and the view at this point with the fast flowing water and tall cliffs



is striking. Next is Wu Gorge which at 40km is considerably longer but no less spectacular while its rock is more covered by greenery. Through this part, the 12 peaks that pass by rise to a height of over 900m; Goddess Peak and the Peak of the Immortals being particularly famous.

Following a detour up Shennong stream, in which attempts were made to con us into buying a CD of traditional local music, day three continues on a musical motif with a crew performance in which the staff sing, dance and earn their tips, a show that ends with some phenomenal singing by a group of Bavarian men who are travelling on the trip; big men, big voices, big sound. In what must be well planned timing, the show ends as we reach the Three Gorges Dam itself, or rather the first of the lock gates that are one of its major features. There are five gates in total and each is 280m long, accomodating quite a number of vessels at any one time and even on a ship our size, we feel miniscule in comparison. **The Yangtze is currently responsible for transporting 70% of the country's shipping** so when finished, the improved navigation will allow even more cargo to be carried. We begin the process of going through the gates a little after 1am and it proves to be time consuming (some six hours) and

completely fascinating. It is a production line of vessels being 'inputted' at one end and spat out at the other... all day, every day. The world's factory at work. The next morning revolves around last minute packing and then a trip to the dam visitor centre. It is definitely interesting and well worth it but not as attention grabbing as that through which we have just gone. It also highlights the problem of pollution with vast amounts of rubbish piling up towards the dam wall. From here, we are quickly offloaded onto buses and brought to Yichang city centre while the ship reloads for the return journey.

The Three Gorges are undoubtedly spectacular and well worth a visit while the dam itself is similarly worthwhile.

A cruise is the definitive way to see these places however this does not make it a great trip. Admittedly we were unlucky with the weather that particular week but it did impact on the scale of the views. I am again reminded of my younger days. This trip felt like a school tour; we were seeing some fantastic places, learning about the culture of a country through its projects and knew that in time we would be grateful for the experience. Yet we would all have preferred to be somewhere else.

The 3 Gorges Dam is the biggest Chinese engineering project undertaken in modern times, second only to the Great Wall in all of history. Its scale is immense; a 185m high, 2km wide wall which helps generate hydroelectric power equivalent to 18 nuclear power plants.

Plans for the Three Gorges Dam date from 1919 in Nanjing. It was Sun Yatsen who appreciated the huge potential for power generation and initial plans commenced soon after. When construction began the cost was estimated at US\$20-\$25 billion. The actual price tag was closer to \$75 billion. The dam is also never far from controversy with two million people having been displaced. The environmental impact is a little more complicated. As the river flows, it will prove harder to oxygenate. If not able to refresh itself, bacteria growth will accelerate and over time the untreated waste flowing into the river will ensure that the worlds largest toilet is created, some 550km long.

Is it wrong? Is it right? Does it matter? Construction was going to happen either way. **NU**

Information provider:
DT TRAVEL Lufthansa City Center.
Cruise package starts from ¥2,400.
Contact: Zoe on (025) 8472 0064
zoe@dttrip.com | info@dttrip.com



Nanjing On Sight 南京一瞥

Everyday hundreds of students attend classes in the music department of Nanjing Normal University's Xianlin campus where they spend hours learning the intricacies of some of the most challenging musical instruments.

Music Students Tune Their Future Nanjing Normal University Xianlin

音乐学院的学生为未来调音
南京师范大学仙林校区



In the face of many years of study, discipline and incalculable hours of practice, it remains very hard to make a living as a musician or a dancer. Not to be discouraged, some of these students will graduate and pursue a career as professors, some others will become accomplished enough to one day in the future be famous performers.







Picking Strings

Essentials for the guitar enthusiast in Nanjing

By Geoff Gibson

■ I OWN A GUITAR THAT WAS USED TO RECORD A NUMBER ONE HIT.

The album on which it featured debuted at #1 on the Australian album chart. The song, number one in Australia and a song that will certainly be well known to any Australian living in Nanjing, was “Burn for You” by John Farnham. It was Song of the Year in 1990.

In the song, Farnham sings the lyrics on top of a solo acoustic guitar accompaniment that runs for its entirety. It is a simple love song, made powerful by the use of modern chord-voicings on the acoustic guitar. The guitar used was a Yamaha APX 20. I own that actual instrument.

I bought it second-hand, in Melbourne, from a prominent music shop in 1998. I didn't quite realize at the time – didn't realize at all, if the truth be known – that I was buying a guitar with a history. I bought it simply because (and what other reason is necessary?) it was beautiful; an absolute top-of-the-line model complete with mother-of-pearl inlay, gold tuners and stereo outputs. An “object of desire”.

So, how did I come to get my hands on this object of desire in the first place? Why did the original owner trade it in for something newer? And why, after holding on to it for the subsequent thirteen years, twelve of which were, for the instrument and me, happy years together, did I recently give it away to my son (who really doesn't play guitar that much) on a trip back to Melbourne in order

that he do nothing more than impress his friends?

The answer is: guitars wear out. They are not like violins. A twenty year old violin is, in all likelihood, getting better with age or is at least as good as when it was first made. A twenty year old acoustic guitar is not. A twenty year old acoustic guitar is clapped-out!

Guitars, after a while and from years of never-ending string-tension, start to pull away at the bridge (the point on the guitar where the strings connect to the body) such that the guitar starts to “bow” out; the soundboard (the “top”) is now curved where it should be flat and at which point the guitar has, short of an entire rebuild, pretty much had it. I'm sticking my neck out a bit here, but Yamaha APX acoustics are probably notorious for this. When buying a second hand guitar, you will likely not notice any of these things with the naked eye – or, for that matter, the naked ear - as you will not know what to look (or listen) for in the first place. At best, you will take it home from whomever or wherever you just bought it and wonder why it is never quite in tune. And, later, you will put that down to some factor you dreamed up when, the truth is, you just bought an old guitar.

If you have found yourself in Nanjing for whatever reason and for however long and you feel the urge to carry on (or even start) your musical life, then there are plenty of good (really good, actually) musical instrument shops here; good enough for tastes and wallets of all levels.

Having hopefully convinced you by now that buying a second hand instrument is not a good idea unless you really know what you're doing, what follows are some places in

Nanjing I have used, and would recommend, to buy new instruments.

Firstly, Terracotta Music in the New World Centre has what I would call “good stuff”. Don’t be put off by it being an office building and having to use the lift to get there. In the shop, they have a good mix of high quality foreign and Chinese made instruments. I took a student there recently, when he wanted my help in finding a good quality acoustic guitar on which to learn, and he ended up buying a Chinese instrument for ¥1,500 (ticket price was ¥1,750) that was a truly lovely guitar; rich tone, good construction and well balanced from bass to treble. It was a bargain.

I buy my guitar strings from Terracotta Music. I don’t just buy them by the set. I order them by the box (of 10 sets). A box of 10 D’Addario sets goes for ¥500. But more about the importance of strings in a minute.

No far around the corner from Terracotta Music is another shop on Hongwu Lu, on the right about 200 metres from Zhujiang Lu. They also have, to use my favourite phrase, good stuff. Again, they stock a mix of Chinese and foreign brands. This shop has the local Taylor franchise – Taylor is a renowned US brand – and prices are around 30-40% less than they would be in the west. I would further say that sort of pricing is typical of music shops in China – i.e., expect to pay 60-70% of what you would pay in the west for the same product.

Further south, at the junction of Hongwu Lu and Chenge Lao Xiang, is Best Friend Music. Best Friend is a national chain, as is the aforementioned. I love Best Friend Music. I have bought loads of equipment from here. It is the local agency for Roland which, in turn, means it is also the agency for Boss (Roland and Boss are the same company). The Roland brand name appears on amplifiers predominantly, and Boss on signal processors.

The importance of the nationwide nature of these businesses should not be underestimated, as I have previously discovered. I once, for example, took a trip from Nanjing to Shanghai solely to try to find a Boss VE-20 Vocal Processor. After an hour of wandering up and down Jinling Dong Lu – Shanghai’s “music street”, I finally found and purchased this unusual piece of digital paraphernalia, only to have a conversation that went, “Oh, so you’re from Nanjing? We have a shop in Nanjing, on Hongwu Lu.” Damn it!


The price I was later quoted in the “shop on Hongwu Lu” in Nanjing was ¥2,200 yuan, bargained-down to ¥2,000. During my earlier day trip to Shanghai, and the cost of a first-class return train ticket later, I was quoted exactly the same price, with the same discount! What was I thinking? I really should have known better than this. It was amateur-hour on my part. It won’t happen again.

Tip #1: Do not go to Shanghai to buy musical equipment. Rather, if you really want something that it is not presently in stock, order it directly from a shop in Nanjing. The end price, to you, will be exactly the same. And it will save you all the hassle and expense.

Tip #2: Get a new guitar, not a second-hand one. The new ones are forever-improving and are just generally better, and cheaper than you think.

Tip #3: Nothing improves the sound of a guitar more than new strings. Change your strings regularly. And don’t mess around – get American strings: D’Addario, Ernie Ball, Dean Markley, Gibson, Fender. As a rough guide, change your guitar strings every time you get a haircut.

Tip #4: If you have a choice between an acoustic guitar with a built-in pick-up and one without, go for the one with the pick-up. Any marginal tone difference between the two instruments will be overwhelmed by the overall greater utility of the built-in pick-up.

Tip #5: If you want a “cool” sound beyond merely a good sound then you want a signal processor. Signal processors take the signal (the output) from the guitar and change it (process it); they add reverb, delay, chorus, compression and what have you. If you want your playing to sound like the music you’re listening to then a signal processor is what you need. Signal processors, with varying levels of functionality, cost between ¥1,000 and ¥3,000 and are available from the shops highlighted herein. 

Terracotta Music
#1105, New World Centre Tower B
88 Zhujiang Lu
Tel: 84707411
www.lookguitar.com

Best Friend Music
239 Hongwu Lu
Tel: 84600348
www.bestfriendmusic.com

Yuebo Music
Branches all over Nanjing and elsewhere
159 Hanzhong Lu
Tel: 86795335
www.ybqh.com

The Icon - Feiyue

By Keith Maguire

Feiyue, the Shanghai shoe brand began life in the 1920's in much the same way as all old Chinese products; it was an affordable item for the masses. Manufactured by a company called Dafu (大孚), the name Feiyue (飞跃), means 'to fly over' or 'to traverse'. These connotations are reflected in the slogan of the brand: 'Flying Forward'; all very aspirational and well meaning but ultimately a dreadful tagline.

The shoe itself was a lightweight combination of toughness, flexibility and comfort. This ensured that they were particularly popular with athletes and practitioners of martial arts and indeed they were considered to be essential by both shaolin monks and kung fu masters. One of the key reasons for this was the central ridge running the length of the shoe. This ridge had the effect of ensuring the wearer improved their balance by never standing completely still. It is similar to the idea behind the recently released Reebok Easytone which promise "unique balance pods at the heel and forefoot to create gentle instability in your stride that activates and engages your muscles, helping you develop greater muscle tone in your legs, hips and rear." Where Feiyue had a ridge, Reebok uses 'balance pods'. That is presumably what millions of dollars in Research & Development and a Recommended Retail Price of \$99 bring you. In terms of colour, the choice was almost model T Ford-esque; you could have any as long as it was white or black.

The shoes were somewhat of a cult classic with their retro styling proving popular with contemporary stars, including actor Orlando Bloom amongst others – his wife is extremely attractive and very very good at her job of lingerie modeling. I checked online to confirm. If we wear Feiyue, maybe we could be like him too. Digressions aside, it should be noted that this 'retro' styling was not retro at all; it is original styling, just quite old. The only difference now was that the cool kids thought they were indeed cool. What happens when a bandwagon is created? Prices begin to rise.

In recent years, Feiyue have experienced the ultimate form of flattery; imitation. The original brand was favoured by a Frenchman; Patrice Bastian who at the time was based in Shanghai. After tiring of the lack of variety, he decided to do something about it and so in 2006, he purchased the global (excluding China) rights to the brand. Shortly afterwards, he brought the new shoe to market with a larger range of different styles and colours. This new shoe had some compositional differences too, namely a more padded sole and more durable construction from higher quality materials. The newly extended range has proven extremely popular with distribution now to over 20 countries, including the UK where the shoe is to be found in Selfridges, voted best department store in the world.

The French however are not the only stylish and cultured Europeans (aren't we all?) and the Belgians, fresh from their invention of fries with mayonnaise 120 years ago decided that the original was best and the French modifications were unnecessary. As of February this year, the Vermast siblings are selling the originally styled shoes under their Sudu brand, due to the French owning the Feiyue name. Vermast says the French Feiyue misses the point of the original shoe. "By changing the sole of the shoe, I believe [French] Feiyue changed its major defining character," says

Olivier Vermast. “These shoes are great as they are – there’s no need to change anything. Let’s not make them smaller in the front, let’s not use another sole, let’s not make them more rigid,” says Vermast. “We created Sudu because we wanted to honor the original design of this legendary Shanghai shoe,” he explains. No matter which way you look at it, if a design launched almost 90 years ago is still in use today, then that is worthy of praise. The fact that two new companies within the last five years have been set up to market shoes based on this design makes it even more noteworthy. **NU**



Shoes And Ankles: Models Own

Feiyue shoes are available from www.feiyue-shoes.com and www.sudu-footwear.com.

In Nanjing, they are available in the Beijing Hualian (2nd Floor) on Matai Jie, & Jin Qiao Market, from ¥28.

**Editors note: immediately before printing, Reebok were forced to pay a US\$25m settlement by the Federal Trade Commission for Easytone ads that were “misleading”*

(Quotes from Olivier Vermast first appeared in That’s Shanghai)

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Bar Review Sancho Panza

By Keith Maguire

Sancho Panza is a live music dive bar underneath Wutaishan on Guangzhou Lu. Walking to the right of the driving range entrance and up the steps, you will find the door and out-door seating. Renovations have recently begun with a new inner doorway being put in place; it looks like the bar to the left, previously unused, will become a café. At the moment, it is deeply uninviting and feels like a storage area but this could only be temporary so we'll give them the benefit of the doubt. Anyway, continue through this area, walk through the big red phone box and down the steps.

The bar is pretty cavernous extending all the way back to the pool table and fussball table, both popular attractions. The biggest draw of Sancho Panza however, is the live music. Like its sister Don Quixote (39 Chenqian Lu), Sancho Panza serves up live music nightly. Often it may only be covers by the house band; the Wind Talkers although other bands do pass through.

I've been to quite a few dive bars in my time and Sancho Panza is more at the lived in end of the spectrum rather than being artfully and carefully pieced together.

The staff are pretty good with the reasonably priced drinks that arrive correctly and quickly. Staff are also expert at quickly cleaning up vomit on the floor. Stepping over freshly laid piles of vomit on your way to the toilet, you can be pretty sure that by the time you return, the floor

shall once again be clean. The toilets themselves are a whole other story. Regarding the gents at the back beside the pool table, it's easy to find... just follow the smell. Open the door and a waft of urea and buzz of flies greet you. It is foul.

When I first started going to Sancho Panza, it was more popular with foreigners; students in particular. Now it has followed the same trend as many other bars in town; becoming far more frequented by younger Chinese who have discovered the demon drink and are partying as if prohibition starts the next day. By the end of the night, the area outside is littered with pavement pizza*, urine streams and people acting as human crutches for friends who are a bit "tired and emotional".

Sancho Panza is a great place to go for a particular type of night but this will likely only apply to a younger demographic. For those who like to talk while they listen to music, Don Quixote is the better bet.

Sancho Panza is located at 173 Guangzhou Lu, Wutaishan Stadium
*© Billy Connolly

Sancho Panza 是位于广州路五台山体育馆之下的一间廉价酒吧。在机动车入口右手几步台阶之上，便会看见酒吧入口，及其室外坐席区。从外观上看，一条新的室内通道和左手边不大用的区域被列入刚动工的装修项目之列。也许正是因为装潢的原因，目前的外观让酒吧显得特别招揽人——看上去仿佛像一个堆存杂货的储藏空间。不管怎样，走过这片区域，穿过红色的大电话亭，走到楼下就是酒吧所在地了。

如同洞穴一般的室内空间一直延伸到桌球区和桌上足球区：两个很受客人欢迎的休闲区域。如同成贤路39号的姊妹店 Don Quixote, Sancho Panza, 最具吸引力的是它的现场音乐。在此经常演出的是驻场乐队 The Wind Talkers, 不过其他的乐队也会时不时来这儿演出。

在我的一生中，类似的酒吧我光顾过很多。在我心目中，就类型而言，Sancho Panza 并不是那种艺术型的酒吧。

不过这里酒水价格便宜，服务质优质，点单上酒又准又快。更值得一提的是这里的工作人员清理喝醉客人呕吐物的速度惊人。从跨过不难呕吐物去厕所的那一刻起，你就可以期盼在回程的路上发现恶心的地板已经被清洁干净了。至于洗手间，那可是另外一回事了。男士洗手间在桌球的后面，并不很难找……只需寻味而去即可。打开厕所门，臊臭和蝇蚊便迎面而来，这，确实有些脏。

在我当初经常光顾 Sancho Panza 的时候，这间酒吧最受外籍人士和学生的欢迎。如今，和南京多数酒吧一样，这家店经常受到一些喜爱夜生活、享受饮酒的年轻中国人的光顾，他们玩儿起来的架势仿佛没了明天似的。每晚结束后，店外都是随街乱丢的比萨、遍地的小便痕迹，外加那些互相搀扶着的、或许累了、或许失意的醉酒客人。

对于年轻人来说，Sancho Panza 是个不错的喝酒地点。对于那些想要聊天、听音乐的客人而言，姊妹店 Don Quixote 却会更加合适。

Sancho Panza 位于广州路173号，五台山体育馆。

*© Billy Connolly

Movie Review **Tree of Life**

By Devopro



■ **“E**veryone knows they’re going to die, they just don’t believe it.”
Spalding Gray, US actor & playwright, 1941-2004

What is life? Where does it come from? Acclaimed director Terrence Malick takes us to the beginning of the universe and the creation of the Earth. We witness the baby steps of life as it struggles to emerge from the oceans. We see the dinosaurs and their fateful end 65 million years ago. But more than that, “Tree of Life” is a collection of memory fragments and feelings of Jack; a middle aged architect who has come to the realization, on the anniversary of his younger brother’s death, that there is more to life and the world around him besides concrete and social constructs.

Brad Pitt gives the finest performance of his career. Being a child from the ‘80s, Pitt was always just a leftover teen heart-throb with good looks and little talent. That perception is erased in an early sequence where Pitt reflects on the shame he brought upon his deceased son; I’ve seen the film 4 times and it still chokes me up. I never would have believed Pitt could create a character beyond his own skin. In fact, all the actors shocked me with how incredible their performances were; conveying a dramatic quality akin to a dream long remembered. Despite Tree of Life’s groundwork in the evolution of cinema as an art

form and emotional vehicle allowing us to view humanity from the inside and out, I still could not find any fault in the telling of the story; no moments of confusion or awkward sequences. Like it or lump it, Malick is defining cinema on his own terms. Tree of Life allows you to melt into the characters, to be one of them and all of them, and when it pleases you to do so, you may step out and watch them from afar. Of the cinematography what can I say? When you see perfection, can you describe it? All I can fathom is the imagery I saw reminded me of my own childhood memories and how I remember seeing the world around me at a young age.

Editorially, the structure exists in a surreal duality. Little moments are often repeated from different perspectives, often showing how the mind reacts in multiple ways to a single event or idea. You might notice five editors worked on the film, rare for something of this quality. Usually more than two editors will kill a film, but not with Tree of Life; perhaps as a result of Malick’s style of production, being known for rolling as long as a camera mag will let him and endless takes.

For those of you who pray day after day, Tree of Life is a deeply religious experience that will make you believe all over again. For those of us who believe death is infinite and in the cold reality of the sky and stars, Tree of Life is a fascinating look into what we are and how we try to make sense of the world around us.

Tree of Life was also winner of the Palme d’Or at the 2011 Cannes International Film Festival.



The Spotlight:

If you could introduce one song to the foreign community of Nanjing, what would it be?



王丹 Ada Wang

你 Ni
(田馥甄 Hebe)



陈靖 Cherry Cheng, 设计师 Designer

因为爱情 Yin Wei Ai Qing
(陈奕迅 Eason Chen & 王菲 Faye Wong)



周海滨 Zhou Haibin, 工程师 Engineer

男人的错 Nan Ren De Cuo
(陈奕迅 Eason Chen)



孙大磊 Sun Dalei, 咖啡师 Barista

你不知道的事 Ni Bu Zhi Dao De Shi
(王力宏 Wang Lee Hom)



季扬 Ji Yang 22, 会计 Accountant

约定 Yu Ding
(陈奕迅 Eason Chen)



权浩 Quan Hao, 漫画师 Cartoonist

给自己的歌 Gei Zi Ji De Ge
(纵贯线 Zong Guanxian band)



杨晓东 Yang Xiaodong, 策划 Planner

客官不可以 Ke Guan Bu Ke Yi
(徐良 Xu Liang)



程梦依 Cheng Mengyi, 学生 Student

一半女生 Yi Ban Nv Sheng
(Twins)



陆叶 Lu Ye, 大学生 Student

苏州河 Su Zhou Hei
(薛凯琪 Fiona Sit)

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201 Zhongyang Lu,
Nanjing International Center, Gulou
中央路201号南京国际广场鼓楼区

85568888

www.westin.com/nanjing

The Westin is a haven of Chinese distinction, located only minutes from major corporations, restaurants and shopping. Set within the vibrant Hunan Road central business district, every room of the Westin overlooks scenic Xuanwu Lake.

NU Sheraton Nanjing Kingsley

金克利酒店
169 Hanzhong Road
汉中路169号

86668888

The Sheraton is one of Nanjing's older, finer hotels located centrally within walking distance of Xijiekou. Amenities include fitness center, baby sitting and butler service plus car rentals and much more.

Intercontinental Hotel

1 Zhongyang Lu, Zifeng Tower, Gulou
中央路1号紫峰大厦鼓楼区

83538888

www.intercontinental.com

Located in Gulou with a birds-eye view of Nanjing's skyline. The hotel makes a grand statement and can be found in the 450 metre high Zifeng Tower; the tallest building in Nanjing. The hotel offers world-class service and accommodation

Sofitel Galaxy 南京索菲特银河大酒店

9 Shanxi Road
山西路9号

83718888

www.sofitel.com

resoff@sofitelnanjing.com

A luxury hotel located at the end of the popular shopping street, Hunan Road. The accommodation of choice for many visitors coming to Nanjing.

NU Sofitel Zhongshan Golf Resort

中山索菲特高尔夫度假酒店

1 Huanling Road
环陵路1号

85408888

www.sofitel.com

reservation@sofitelnanjing.com

This golf resort is located at the foot of Purple Mountain and is the preferred hangout spot of Nanjing's rich and famous. A five-star plus location that is a great place in which to relax.

NU Jinling Hotel

金陵饭店
2 Hanzhong Lu
汉中路2号

84722888

A landmark hotel and one of the original high-class establishments in Nanjing. Conveniently located in Xijiekou, you can enjoy restaurants serving Italian, Japanese, Chinese, and Hong Kong cuisine, and you can also purchase train and air tickets from the hotel's travel desk.

Crowne Plaza Nanjing 皇冠假日酒店

89 Hanzhong Lu
汉中路89号

84718888

nanjing@ihg.com

Modern western hotel located in the west of Xijiekou. Range of restaurants, full Spa and health centre facilities including pool. Travel service also available.

Nanjing Grand Metropark Hotel

南京维景国际大酒店
319 East Zhongshan Lu
中山东路319号

84808888

www.metroparkhotels.com

sales.njgm@metroparkhotels.com

The 5-star Grand Metropark Hotel is located next to the Nanjing Museum. A wide variety of recreational and entertainment facilities. Holds a grand ballroom also.

Nanjing Central Hotel

南京中心大酒店
75 Zhongshan Lu, Gulou
鼓楼区中山路75号

83155888

The Central Hotel is located in Xijiekou, A hotel that combines spectacular architectural design with the hotelier's traditional values of comfort, hospitality and attention to detail.

NU Nanjing Sunflower International Youth Hostel

80 Zhanyuan Road (next to Fuzimiao's west gate)
瞻园路80号, 在夫子庙西门的附近

52266858 / 66850566

www.nanjingyha.com

This is an international youth hotel in Fuzimiao, one of Nanjing's most famous scenic areas. It includes free pool, DVDs, cable TV, foosball, Wifi, travel info, an English menu, and an English speaking staff.

Resorts

NU Regalia Resort & Spa (Qinhui River)

御庭精品酒店 (秦淮河)

E5, No 388, Yingtian Street, Qinhui District
(Chenguang 1865 Technology Park)
应天大街388号 (晨光1865科技创意产业园) 第E5幢

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reservations-qhr@regalia.com.cn

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汤山镇温泉路8号

51190666

A Leisure hotel in Tangshan offering different types of bathing. ¥128 for adults, ¥65 for children under 1.3m tall.

Museums & Parks

Nanjing Massacre Museum

清华日军南京大屠杀遇难同胞纪念馆
Shuiximen Jie No. 418

水西门428号

86612230 / 86610931

Tuesday – Sunday from 8:30 to 16:30

The museum is located in the southwestern corner of Nanjing known as Jiangdongmen; one of the former execution grounds and mass burial places of the cruel holocaust. Admission is free.

Rabe House 拉贝故居

Xiaofenqiao No. 1, Guangzhou Lu.
小粉桥1号

Tuesday – Sunday from 8:30 to 16:30

The former home of the German Industrialist who saved the lives of thousands of Nanjing people in 1937. The house served as a refugee shelter at the time. The story is vividly told here.

Nanjing Brocade Museum 南京云锦博物馆

240 Chating Dong Jie 茶亭东街240号

86518580 Hours: 8:30am-5:00pm

Nanjing brocade is regarded as the finest on earth. Visitors can observe professional brocade artists working on wooden looms.

City Wall Museum 南京明城墙史博物馆

8 Jiefang Men 解放门8号

83608359

Found on top of Jiefang Gate with photographs of long-gone city gates, maps and a full-scale model of the walled city. Captions in Chinese.

Folk Customs Museum 南京民俗博物馆

19 Nanbu Ting, Baixia District (near Gan Jia Da Yuan) 白下区南捕厅19号 (甘家大院)

52217104

Learn about different facets of life in traditional China. Regular musical performances and hands-on traditional crafts.

Nanjing Museum 南京博物院

321 Zhongshan Dong Lu 中山东路321号

The museum houses artifacts from various periods from Neolithic to the communist period.

Nanjing Science Museum 南京科技馆

9 Zijinghua Lu, Yuhua District
雨花台区紫荆花路9号

58076158

Hands-on fun and learning for kids. IMAX Cinema.

Taiping Heavenly Kingdom History Museum

太平天国历史博物馆

128 Zhanyuan Lu 瞻园路128号

86086833

Houses an interesting collection of documents, and artifacts related to the Kingdom including army maps, coins, scrolls of laws and weapons.

Bailuzhou Park 白鹭洲公园

1 Bailuzhou 白鹭洲1号

Built in the Yuan dynasty, located on the Qinghuai River, with traditional architecture, a small kids' amusement park and a bird and plant market.

Gulin Park 古林公园

21 Huju Bei Lu 虎踞北路21号
Gardens, paintball, BBQ & outdoor pool. Take the lift to the top of Nanjing Radio tower for a great view of the city.

Jiuhuashan Park 九华山公园

Beijing Dong Lu 北京东路
Climb to the top of the park to visit the temple and pagoda. A great way to get on the city wall for a scenic spot with gorgeous views of the city.

Nanjing Hongshan Forest Zoo 红山森林动物园

101 Heyan Lu 和燕路101号
Nanjing's zoo. Recent renovations have made this a nice place for a day out.

Qingliangshan Park 清凉山公园

Guangzhou Lu, near the intersection of Huju Lu 广州路西端
A quiet park, once home to Chinese artists, offers several calligraphy and stone museums, as well as an art gallery and pottery studio open to the public.

Underwater World 海底世界

South side of Purple Mountain 中山陵四方城8号
8.30am-5pm

Xuanwu Lake Park 玄武湖公园

1 Xuanwu Xiang 玄武巷1号
Offers trails for walking biking and running. You will find playgrounds, gardens, restaurants and boats for rent.

Mochou Lake Park 莫愁湖公园

35 Hanzhongmen Da Jie 汉中门大街35号
Location of the annual Dragon Boat Races, this park is dominated by a huge lake. It is a great place to go boating or simply take a walk in a peaceful environment.

Yuejiang Tower 阅江楼

202 Jianning Lu 建宁路202号
This temple is part of a complex known as Yuejiang Tower Scenic spot. It includes the temple itself, Wanxian pavilion and other historical remains.

Zhongshan Botanical Garden 中山植物园

Established in 1929 and covers over 186 hectares. The garden has more than 3000 plant species on display. A great place to breathe the fresh air and have fun cycling.

Zhongshan Botanical Garden's Bridge World 中山植物园桥世界

1 Qianhu Hou Cun, outside Zhongshan Gate 中山门外前湖后村1号
An assortment of challenging bridge and rope courses criss-crossing a stream. For children of all ages to try.

Zixia Lake 紫霞湖

In the heart of Purple Mountain area with picnic grounds and a mountain fed lake in which you can swim. Take extreme care when doing so as a number of deaths occur each year as a result of cramp brought on by cold currents flowing into the lake from deep inside the mountain.

Business & Education

International Education

British School of Nanjing

南京英国学校
Building 2, Jinling Resort,
Jiahua Dong Lu
佳湖东路湖滨金陵饭店2号楼
52108987

EtonHouse Nanjing

伊顿国际教育集团
West Songhua Jiang Street,
Jianye District (near Olympic Stadium)
南京市松花江西街6号, 建邺区, 靠奥体北门
(中华紫鑫广场北面) 金陵中学实验小学小学内
8669 6778

Nanjing International School 南京国际学校

8 Xueheng Lu, Xianlin College
and University Town
仙林大学城学衡路8号
85899111

Eternal Sea Int. Kindergarten 恒海外国语幼儿园

20 Mingugong Lu
明故宫路20号
84820900

Nanjing #1 Kindergarten International Division

南京第一幼儿园国际部
266 Baixia Lu 白下路266号
86647868

Grand Canadian Academy

中加国际高中
30 Beijing Dong Lu
北京东路30号南京外国语学校内
83282339

Novas Education Management

诺瓦斯国际
2405, Building A, New World Centre,
88 Zhujiang Lu
珠江路88号新时广场A幢2405
68858565

Language Training

Alliance Français de Nanjing

南京法语联盟
Beijing Xilu 73 Qunlou 4th floor
北京西路73号裙楼四楼
83598762
www.afnanjing.org
French classes for individuals and companies as well as a modern library plus cultural events including conferences, concerts, exhibitions with local partners and artists.

JESIE-Goethe-Language Centre

JESIE -歌德语言中心
Jiangsu College for International Education 3rd Floor, 205 Shanghai Lu 江苏省国际教育学院3楼, 上海路205号
83335690
kurse@goethe-slz.js.cn
www.goethe-slz.js.cn
A cultural institute of the Federal Republic of Germany promoting cultural understanding and offering German language courses.

Chaz Cheng Teaching

Chinese Teacher Extraordinaire
1505 1888099
cw19861214@126.com

JESIE Corporate Training 苏教国际企业培训

Suite 210, 205 Shanghai Lu
南京市上海路205号210办公室
15895865134
www.jseict.org
A program of Jiangsu Education Services for International Exchange.

American Eagle Institute

弋果美语
Suite 327, 291 Shuiximen street
建邺区水西门大街291号322-333室(万达金街东坊) 8771 6111

Foreign Trade & Economic Development Agencies

Australian Trade Commission

澳大利亚贸易委员会南京代表处
1163, 11F, World Trade Center, 2 Hanzhong Lu
汉中中路2号金陵饭店世界贸易中心11层1163室
84711888 -1163

Baden-Württemberg International

德国巴登符腾堡州国际经济和科技协会
7-3 Dabel Xiang Meiyuan Xin Cun
梅园新村大悲巷7-3号
84728895

China-Britain Business Council, Nanjing

英中贸易协会南京代表处
Rm 2514-2515, 50 Zhonghua Lu
中华路50号2514-2515室
52311740

European Union Chamber of Commerce

中国欧盟商会(南京)
30F, 1 Zhujiang Lu 珠江路1号30层
83627330

Netherlands Business Support Office

荷兰贸易促进委员会南京代表处
Suite 2316, Building B, 23/F, Phoenix Plaza,
1 Hunan Lu
湖南路1号凤凰国际广场B楼23层2316室
84703707

Nordrhein-Westfalen Business Partners

德国北莱茵威斯特法伦州经济促进局驻华南京代表处
50 Zhonghua Lu 中华路50号
52270000

Clubs & Charities

Nanjing International Club

南京国际俱乐部
www.nanjinginternationalclub.com
Founded in 1990 with the objective of promoting social contacts and good community relations within the international community in Nanjing. Many events taking place on a weekly, monthly and annual basis. A big club in Nanjing with 600+ members.

Nanjing Toastmasters

南京第一家英语演讲会俱乐部
www.nanjingtoastmasters.com
Weekly meetings at Hohai University

Hopeful Hearts

www.hopefulhearts.info
Dedicated to raising funds necessary for medical treatment of children with a heart condition.

Wokai 我开

www.wokai.org
nanjing@wokai.org
Wokai offers opportunities of microfinance to people in rural China to start their own businesses.

Pfrang Association

普方基金会
7-3 Dabel Xiang Meiyuan Xin Cun
梅园新村大悲巷7-3号
84729068
www.pfrang-association.org
Pfrang association raises money to sponsor the school education of children in poor regions of Jiangsu province.

Operation Blessing China 慈福行动

010-64669296
info@obchina.org

www.obchina.org
Operation Blessing China initiates transformation in the lives of the needy and impoverished communities.

Shopping

Art

Jiangsu Art Gallery 江苏省美术馆

266 Changjiang Lu 长江路266号
86643757
Works of local artists, exhibits changed frequently.

ART 国艺堂

D-1 Shuimuqinhuai, 99 Shitoucheng Lu 石头城路
99号水木秦淮D-1号
83321600
Picture framing service and all kinds of art related books, supplies.

Shenghua Art Center

南京圣划艺术中心
2 Zhoutai Lu, on Jiangxin Islet
江心洲民俗街洲泰路2号(原乡土乐园)
86333097 86333100
Exhibition of Chinese contemporary art, including photography, sculpture and painting, etc.

Antique Markets

Chaotian Palace Antique Market
朝天宫古玩市场
Confucius Temple Antique Market
夫子庙古玩市场
Qingliangshan Park Antique Market
清凉山古玩市场
Major antique markets in Nanjing. Beware of the fake items.

Stone City Modern Art Creation Gallery

石城现代艺术创意园
72 Beijing Xi Lu 北京西路72号
Exhibition of modern Chinese art.

Shizhuzhai 十竹斋

72 Taiping Nan Lu 太平南路72号
Online shop (CN): www.cnnjshizhuzhai.com/shop/
360 yrs history in Nanjing. Galleries and traditional art items for sale.

For the Home

B&Q 百安居

286 Ningli Lu 宁溧路286号
Int'l hardware and furniture store with four stores in Nanjing.

IKEA 宜家家居

South of Kazi Men 卡子门南侧

Hongxing Furniture

红星国际家具广场
224 Zhongyang Lu 中央路224号
Large furniture mall with many shops. Large range of prices, styles, etc.

Jinsheng Market 金盛百货大市场

2 Jianning Lu 建宁路2号
Large indoor market with everything from home décor to wires to Christmas trinkets to electronics, etc. Cheap but be prepared to bargain. Several other outlets in Nanjing.

Jinling Decoration Market

金陵装饰城
88 Jiangdong Zhong Rd 江东中路88 Everything needed for a new home.

Longjiang Flower Market

龙江花卉市场
78 Qingliangmen Da Jie

清凉门大街78号

Huge outdoor flower market with a variety of plants, cut flowers, fish tanks and fish, and a selection of gardening tools.

Modern House NJ (Remo) 摩登仓

Ground Floor, Lan of mercy and Social Hall, off Huaqiao Lu
慈悲社兰之堂5-2号
86555566
www.amodernhouse.com.cn
Copied designer furniture & décor.

Malls

Deji Plaza 德基广场

18 Zhongshan Road 中山路18号
84788066
A western style mall located at the northern end of Xinjiekou. As one of Nanjing's premier malls, there is a wide variety of high class shops and western restaurants such as Bella Napoli, and high end shops including Louis Vuitton and Burberry. There is also a movie theatre.

Nanjing Aqua City 南京水游城

1 Jiansang Road 健康路1号
52233999
A newer Nanjing shopping mall, home to many restaurants and western brand name shops as well as a cinema and an import supermarket.

Golden Eagle Shopping Center

金鹰国际商城
89 Hanzhong Road 汉中中路89号
84708899
A popular department store with a wide selection of clothing, homeware, and a foreign food supermarket located on the upper floor.

Wanda Plaza 万达广场

98 Middle Jiangdong Road 江东中路98号
86805588
The largest mall in the west of the city, mostly occupied by Chinese brands. However there is a wide variety of food including Walmart and one of the largest cinemas in Nanjing.

Golden Wheel In-Citi 金轮新天地

8 Hanzhong Road 汉中中路8号
84773788
One of the major Xinjiekou malls, with a wide variety of western brands and foods, including a donut shop and a Japanese teppenyaki restaurant. Fashion-wise, there is a wide selection available, including brands Sephora, H&M, and Timberland.

New City Mall 新城市广场

99 Caochangmen Street 草场门大街99号
86210888
One of the larger malls in Hexi, the western portion of the city. It contains many brand name shops, a variety of restaurants, a yoga studio, and a movie theatre.

Grand Ocean Department Store 大洋百货

122 Zhongshan Nan Lu 中山南路122号
Frequent promotions and many good value food stalls the basement.

Orient Department Store 东方商城

2 Zhongshan Nan Lu 中山南路2号
Gucci, Celine and other designer brands are available.

Sports

Decathlon 迪卡侬

286 Ningli Lu, next to Metro
宁溧路286号(麦德龙对面)
Sport Megastore, 9am-9pm

GIANT 捷安特

178 Zhongshan Bei Lu, opposite of the fabric market 'Bu Bu Bu'
中山北路178号
83611227
Bike shop

Jinxianghe Rd 进香河路

The main street for outdoor stores for hiking, backpacks, equipment and apparel for outdoors.

Bikes & Equipment Stores on Jinxianghe Rd

SPECIALIZED 闪电专卖店
Mountain Heart 山地情怀车行

Electronics

Professional Photography Equipment Market

照相器材专业市场
3F, Binjiang Friendship Shopping Center, 301
Jiangdong Bei Lu
江东北路301号滨江友好商城三楼
Dongding Plaza, 699 Zhujiang Lu
珠江路699号东鼎照材市场
Camera & photography equipment.

Mobile Shops on Danfeng Jie

丹凤街-手机
Indoor markets specialized in new and second-hand mobile phones and repairs.

Zhujiang Lu - IT Products

珠江路-IT产品
A multitude of stores selling everything you need for your computer, phone, camera and beyond.

Zhongyang Lu - Video Games

中央路-电子游戏
Any type of video game for all video game systems. Also do minor repairs.

Suning Electronics 苏宁电器

8 Shanxi Lu 山西路8号
Local firm that is now one of China's largest retailers for electrical household appliances.

Groceries

HomeGrocerChina

Yushuiwan Garden, Yudao Jie 169, Building 65,
Rm503 御道街169号御水湾花园65室503室
84400397
www.homegrocerchina.com
Online shopping of premium imported products conveniently delivered to your door. Cash on delivery.

Metro 麦德龙

288 Ningli Lu 宁溧路288号
300 Jianning Lu 下关区建宁路300号
German hypermarket with a wide selection of foreign foods.

BHG Market

B2 Floor, Aqua City, No.1 Jiansang Lu 健康路1号
水游城地下2层
66985066 / 66985068
91 Matai Jie
马台街91号
68675666 / 68675699
Japanese supermarket with a large stock of imported goods plus fresh organic fruits and veg.

Carrefour 家乐福

235 Zhongshan Dong Lu
中山东路235号
The omnipresent French hypermarché with four stores in Nanjing and a fifth (Pukou) on the way.

RT Mart 金润发

Danfeng Jie 丹凤街

Chinese supermarket with decent foreign food section and three outlets in Nanjing

Auchan 欧尚

151 Hanzhongmen Dajie

汉中门大街151号

86580282

French hypermarket with three stores in Nanjing

YaoHan City Market 南京八佰伴

Phoenix International Bookmall, 1 Hunan Lu

湖南路1号凤凰国际

Foreign food supermarket.

Times Grocery 泰晤士

48 Yunnan Lu 云南南路48号

Very popular foreign food store with wide selection of imported yet pricy food.

Organic Food 有机食品

Available in many of above mentioned supermarkets and big Chinese food markets, but need to ask staff. Organic foods can also be ordered online from <http://shop.njaf.gov.cn> - Chinese language only.

Wine Outlets

Aussino cellar 富隆酒窖

Room109, No.198,

Zhongshan Dong Lu.

隆酒窖 南京市中山东路198号109室

84679799

www.aussino.net

njaussino@126.com

Over 1000 selected world class wines and more than 200 retail outlets nationwide. A pioneer of wine culture in China.

Metro 麦德龙

288 Ningli Lu 宁溧路288号

300 Jianning Lu 下关区建宁路300号

The German mega-mart carries the largest range of foreign wine in Nanjing with a range of prices to suit every pocket.

MDK Wines 南京梅多克酒业

79 Yingtian Street 南京市应天大街79号

8644 1506 / 1595 185 8509 / 1377 092 3489

Medoc Wines is engaged in the import of wines from many countries as well as champagne, brandy whiskies, vodka, tequila etc. Also offers a cordial door to door delivery service.

Foreign Language Bookstores

Foreign Language Bookstore

外文书店

218 Zhongshan Dong Lu

中山东路218号

84650445

A selection of Foreign books and magazines.

Phoenix International Book Mall

凤凰国际书城

No1 Hunan Lu 湖南路1号

Five floors of books, magazines, gift shops, toys, musical instruments, CD's and DVD's

Librairie Avant Garde

3F, New City Plaza, 99 Caochangmen Da Jie 173

Guangzhou Lu

先锋书店, 新城市广场3楼

173 Guangzhou Lu

先锋书店, 广州路173号

Hunan Lu Xinhua Bookstore

47 Hunan Lu

湖南路新华书店 湖南路47号

Services

Travel

Lufthansa German Airlines

德国汉莎航空公司

Reservation Service:

4008 868 868 (CH,EN)

LH Sales Office: Room 951, World Trade Center, 2 Hanzhong Road

汉中路2号金陵饭店世贸中心951室

Fax: 84722624

nanjing_lufthansa@dlh.de

Nanjing Lukou Int'l Check-in Service

Airport 417 Room.

Dragonair 香港港龙航空

84710181

Asiana Airlines 韩亚航空

86893141

Air Macau 澳门航空

86799127

D.T. Travel

大唐国际(香港)商旅服务管理有限公司

22E, Golden Wheel

Mansion, 108 Hanzhong Lu

汉中路108号金轮大厦22E

84720097

Ticket Booking: 400 886 1212 (FREE)

English service includes: flights, visas, hotels, and holiday packages.

Sunshine Travel

江苏阳光国际旅行社有限公司南京分公司

#621, Building A3, 109 Changjiang Lu

长江路109号A3栋621室

84845010 / 5011 / 5013

Experienced in offering group tours for foreigners to all parts of China, notably picture-esque Lijiang in Yunnan province.

Transportation

Nanjing Train Station

南京火车站

141 Longpan Lu, Xinzhuang

新庄龙蟠路141号

85822222 (enquiry)

85824224 (tickets)

www.njstation.com

Online train timetable and booking, but only in Chinese.

Nanjing Lukou

International Airport

南京禄口机场

Lukou Town, Jiangning District

江宁区禄口镇

968890 52480499

Airport Shuttle Bus

机场大巴

6am-8.30pm, leaving every 30mins, ¥25

1. Nanjing Railway Station, next to Bus 17

南京火车站17路车站旁

2. Nanjing Zhonghua Men Station, 88 Jihecun Lu

南京中华门车站

集合村路88号

3. 221 Longpan Zhong Lu 龙蟠中路221号

Nanjing Coach

Terminals

南京长途汽车站

Coach timetable/ticket enquiry 96196

Nanjing East

Coach Terminal

南京长途汽车东站

17 Huayuan Lu 花园路17号 85477345

Nanjing Hanzhongmen Coach Terminal

南京汉中门客运站

Located half a block east of the intersection of Hanzhong Lu (汉中路) and Huju Lu

(虎踞路)

86612288 (enquiry)

Nanjing Zhonghuamen Coach Terminal

南京中华门车站

88 Jihecun Lu, 集合村路88号

52418504

To Gaochun, Anhui Prov.

Nanjing Zhongyangmen Coach Terminal

南京中央门总站

Next to Zhongyangmen overpass, one kilometer west of Nanjing Train Station.

中央门立交桥对面, 南京站西1公里处

Nanjing North-Central Coach Terminal

南京中北长途客运中心

100 Shengzhou Lu (Sanshanjie Metro Station)

南京升州路100号(地铁三山街站)

The Nanjing Metro (subway)

Fares cost ¥2-4. Open 6.00am to 11pm. See map for underground stations.

Taxi

Taxis cost ¥9 for the first 3 kilometres and ¥2.4 for every additional kilometre. An additional ¥2 is levied on the cost of the entire journey as a fuel surcharge. Prices are cheaper for some taxi companies based outside Nanjing.

Main Local Bus Routes

Air-conditioned bus costs ¥2, otherwise ¥1.

Bus No. You 1 (游1线)

-Nanjing Station 南京车站

-Xuanwu Lake 玄武门

-Presidential Palace 总统府

-Purple Mountain 中山陵

Bus No. You 2 (游2线)

-Yuhua Tai 雨花台

-Zhonghua Gate 中华门

-Confucius Temple 夫子庙

-Presidential Palace 总统府

-Purple Mountain 中山陵

Bus No. 1 (1路)

-Nanjing Station 南京车站

-Xuanwu Lake 玄武门

-Gulou 鼓楼

-Zhujiang Lu 珠江路

-Xinjiekou 新街口

-Confucius Temple 夫子庙

Healthcare

Global Doctor

环球医生

East Mochou Lake Road,

next to Shuiximen Street

莫愁湖东路, 靠近西水门大街

86519991

Emergency Number: 13805174397

www.globaldoctor.com.au

Global Doctor is an Australian based medical company that provides primary care, occupational healthcare and emergency assistance. Another clinic of choice for many foreigners living in Nanjing. Located relatively close to Xinjiekou with a multilingual staff - EN, IT, JP, PT, ES, KO, CN.

Nanjing International SOS Clinic

南京国际(SOS)紧急救援诊所

1F, Grand Metropark Hotel Nanjing,

319 East Zhongshan Lu

中山东路319号维景国际酒店1楼

84802842 (by appt.)

Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Alarm
Center: 010 6462 9100
www.internationalssos.com
Western doctors and public pharmacy. Service
listed in English & Chinese Multilingual staff - EN/
CN/JP/DE

New Public Pharmacy

Nanjing International SOS Clinic

English speaking staff. OTC medicine available.
Prescription medicine by doctor appointment.

Yifeng Super Drugstore 益丰大药房

159 Hanzhong Lu, west of JS hospital of TCM
汉中路159号(省中医院往西30米)
86795111-825 8am-9pm
English speaking staff.

Nanjing Entrance and Exit

Inspection and Quarantine Bureau

江苏出入境检验检疫局

1 Baxia Rd 白下路1号
52345328 / 84456805
Health checks for applications for work permit /
visa.

Gulou Hospital 鼓楼医院

321 Zhongshan Lu 中山路321号
83323101
The major hospital for trauma (24 hr)

Nanjing Children's Hospital 南京市儿童医院

72 Guangzhou Lu 广州路72号
83117500

Jiangsu Provincial Hospital of TCM

江苏省中医院

155 Hanzhong Lu 汉中路155号
86617141
The major Chinese medicine hospital.

Jiangsu People's Hospital 江苏省人民医院

300 Guangzhou Lu 广州路300号
83718836
The major western medicine hospital.

National Medical Centre of Jiangsu Province

江苏省国医馆

168-7/8 Qingliangmen Dajie 清凉门大街168-7/8
13905150592 / 85381818
www.jssgyg.com
johnson55@163.com
Specialists in TCM and massage therapy. English
speaking staff.

Nanjing Maternity and Child Healthcare

Hospital 南京市妇幼保健院

123 Tianfei Xiang 天妃巷123号
84460777
The major hospital in Nanjing for pregnancy
checks, labour & delivery.

People's Hospital

300 Guangzhou Lu 广州路300号
83718836
The major western medicine hospital.

BEN-Q Hospital 明基医院

71 Hexi Avenue 河西大街71号
58858800
The hospital is located in the southwestern area
of the city, conveniently beside the subway.
BENQ is staffed by local specialists, with occa-
sional visits from Taiwanese doctors.

Dan-De Dental Clinic 丹德齿科

D6, 9th floor, HuaWei Mansion, No.107 ShiGu Lu
石鼓路107号华威大厦9楼D6
84217177
Centrally located dental clinic with western stan-
dards.

KB+ Dental Hospital

31 Fujian Lu (HuaFu Mansion)
83433333 / 4001108899
www.kangbeijia.com
Jiangsu's first digital dental hospital using the
best in western methods. Treatments include
dental cosmetics, implants, tooth whitening, cor-
rection/straightening, protection, treatment.

Nanjing Union Dental Clinic

南京友联齿科
1F, Grand Metropark Hotel Nanjing,
319 Zhongshan Dong Lu 中山东路319号
维景国际酒店一层
84818891 / 84808888-6555
dentist@uniondental.cn
Western standard dental care with English
language.

Legal

Dacheng Law Offices

大成律师事务所

2F, No.72 Beijingxi Lu
2楼北京西路72号中华人民共和国
83755108
nanjing.dachengnet.com
Hongliang.Hu@dachengnet.com
Ranked No.1 in Asia by size, with branches in 26
countries and all over China. Nanjing branch is
ranked No.1 in Jiangsu Province (EN/CH/ES/JP/
KO).

Picozzi & Morigi Law Firm

意大利弼弼基莫里吉律师事务所

A4, 21F, Golden Eagle, 69 Hanzhong Road
南京市白下区汉中路89号 金鹰国际商城21楼A4
86556731
nanjing@picozzimorigi.it
www.picozzimorigi.cn
www.picozzimorigi.com
Italian law firm operating in China since 1991 and
licensed by the Ministry of the Justice with two
representative offices in Nanjing and Shanghai.
Provides legal services in English, French, Chi-
nese, Spanish, Italian and German with special
regard to investing in China, M&A, labour law,
IPR protection and cross border dispute.

Jeffrey Wang

江苏丰亚律师事务所

4 Gupingang, Nanjing 210013
古凭岗4号
13605182614 / 5878 5391
wyz_jeff@163.com
Business lawyer with more than 10 years legal
practice in Nanjing plus fluent English commu-
nication skills as well as abundant knowledge in
both legal and business areas.

Pets

Amy Hao Hao Pet Care

爱咪好好

18 Nantai Xiang Xi (off Wang Fu Da Jie) 南京王府
大街南台巷西18号
84203097 / 13952034351
Professional and caring cat and dog grooming
service owned and run by a local Nanjing girl
who speaks fluent English.

Nanjing Veterinary Station

南京畜牧兽医站宠物总医院

448 Longpan Zhong Lu
龙蟠中路448号
84484781
Major centre for vet services and vaccinations.

Ai-Bi Pet 艾贝尔宠物医院

258-27 Zhongyang Lu
中央路258-27号
83112202

Tom Dog Pet Center

汤姆狗宠物中心

1 Shanghai Lu 上海路1号
86662858
Pet stayover and dog walking service, retail outlet
and English speaking staff.

Property Services

T&J Properties

快润通房地产顾问有限公司

Suite A, 18F, Changfa Huacheng Mansion, No.19
Sheng Ju Ren Lane. (beside Golden Wheel)
84728992
www.tjprops.com
Settlement services to multinational companies,
with a focus on high-grade villas, apartments, of-
fice buildings, factories and car-leasing.

Crown Relocations

嘉柏(中国)国际货运代理有限公司

Rm1908, Block B, New Century Plaza,
1 Taiping Bei Lu
太平北路1号新世纪广场B栋1908室
84541017

CMR Corporate Property & Relocation

南京浩麦房地产咨询

12C1 Jinlun Mansion, 108 Hanzhong Lu
汉中路108号金轮大厦12C1座
84701658
www.cmchina.com
Complete relocation service to multinational com-
panies, with additional services including drivers
license and import/export of pets. Other offices in
Shanghai, Luizhou and Changchun.

Media Production - Design - Photography

SinoConnexion

南京贺福文化传媒有限公司

138 5152 2275
info@sinoconnexion.com
www.sinoconnexion.com
International award winning professional foreign
owned video and media production company that
offers advertising agency services plus print and
digital publications, broadcast media, internet ad-
vertising, social media promotion; plus production
of audio materials and a range of design services.
More than 25 years experience in traditional
broadcast media and print; and 18 years of work
in the media industry in China.

VOZ Design

嗓音设计

357 Mochou Road, Sunong Building, 6F, Of. 612
Baixia District 210004
南京市白下区莫愁路357号苏农大厦612室 210004
025 8552 0158 / 180 6168 5196
159 5057 5174
www.vozdesign.com
contact@vozdesign.com
Professional marketing oriented graphic design
and brand development. No copies, no templates,
only creativity and lots of brain juice. Mediocrity is
a disease we fight everyday.

Nicolas Harter Photography

137 7076 1603
www.nicolasharter.com
A French photographer specialising in wedding,
commercial and event photography, and author of
photo-book AFRICA SQUARE, a profile of African
artists at the 2010 Shanghai Expo.

Phrephotos Photography

1377 099 9175
www.phrephotos.com
Photographic services offered. Product shots,
portraiture and more.

Faith Houses

Nanjing International Christian Fellowship
Ramada Hotel, 45 Zhongshan Bei Lu
南京中山路45号 南京华美达怡华酒店
Sundays 9:30am to 11:30am
13057627945
Foreign passport holders only. English service.
Translation available in Chinese and French.

KuanEumHui Korean Buddhist Club
观音会南京韩人佛教会
1703, Bldg 2, Fuli Shanzhuang
富丽山庄3栋1703室
13222018582
Service: 11:00am

Shigulu Catholic Church 石鼓路天主教堂
112 Shigu Lu 石鼓路112号
84706863
Korean service: Sat 4.30pm
English/Chinese Service: Sun 4.30pm

The Church of Jesus Christ of Latter Day Saints
Jingli Hotel, 7 Beijing Xi Lu
北京西路7号晶丽酒店
Mormon service, Sun at 10am
Foreign passport holders only.

Miscellaneous

Icalse Copier Rental 南京艾科思商贸有限公司
Huashan Hotel, Zhujiang Lu, Nanjing
南京珠江华山饭店内
6866505
www.icalse.com
icalse@126.com
Photocopier and shredder rental, in all sizes
including for industrial use. Other branches in
Suzhou, Kunshan and Shanghai.

Avis Car Rental 汽车租赁
78 Kazimen Da Jie
卡子门大街78号
83210799 4008821119

Interpreter & Translation Service
Professional interpreter with extensive Sino-foreign
business background
13002512862
nanjing.interpreter@gmail.com

Satellite TV Installation Service
13770323459
nanjingstv@gmail.com

Bottled Water Delivery Service
By Coca-Cola Nanjing
4008282288 (Free)
Mineral water, pure water, water machine cleaning.

Lustre Cobbler 莱斯特皮鞋修饰
Golden Eagle Shopping Center, 89 Hanzhong Lu
汉中中路89号金鹰国际
Central Department Store, 79 Zhongshan Nan Lu
中山南路79号中央商场

Hong Bang Tailor 红帮裁缝
18 Nanxiu Cun, Shanghai Lu 上海路南秀村18号

Dong Feng Tailor
13851847204

You Wen Tailor
13851760748
Provides quality tailoring service.

Public Security Bureau
公安局出入境管理

1 Honggong Ci, Sanyuan Xiang 三元巷洪公祠1号
84420004 / 84420114
Visa, residence permit.

Nanjing Event Tickets Office 南京票务网
Rm 816 Muma Apartment,
1 Weixiang (on Danfeng Jie)
丹凤街卫巷1号木马公寓816室
84533308 / 83651880
www.zypiao.com
Tickets for on-going events in Nanjing.

Leisure & Sports

Massage & Spa

Pathways Spa & Lifestyle Club
颐庭Spa
13th Floor, TianAn International Building,
98 Zhongshan Nan Lu 中山南路98号13楼
84701266
Lifestyle club consisting of a dedicated spa area
with private treatment rooms, Thai Massage room
and Foot Massage room. Other club facilities
include yoga and meditation rooms, sky garden
lounge and private function rooms.

Flow SPA 川·天地
46 Xijia Datang, Ming Cheng Hui (200m north of
Xuanwu Lake's Jiefang Gate)
明城江西家大塘46号
57718777
Hours: 10.30am-10.00pm
Sino-German joint venture.
12 luxurious single and twin private suites for men
& women.

Shoujia Medical & Health Center 手佳按摩
136 Changjiang Lu 长江路136号
84702129
Provides various types of massage with blind mas-
seurs.

Facial-Spring 春之源美容中心
28-1 Dashiqiao, Danfeng Jie 丹凤街大石桥28-1号
83604422
Various packages available including face, neck
and shoulder massage.

Beauty

Jenny's Beauty Salon
詹妮美容院
Cambridge Sunfield Building 2, Apt. 108
仙林大学城康桥圣菲门面房
8579-1042
jennysbeautysalon@gmail.com

Beauty Baby
31F, Golden Wheel Shopping Mall
A range of beauty treatments. Hair removal includ-
ing waxing available.

VS Philosophy Hair Salon
沙宣理念美发
6F, Deji Plaza 德基广场6楼
84763486

Fashion Lady, various stalls
新街口莱迪时尚广场
Xinjiekou Pyramid
Get simple manicures.

Nail Bar 指爱你美甲
44 Wangfu Dajie
王府大街44号 84209596

Sweet Love in Nails 指间密语
89 Shanghai Lu
上海路89号

Gyms & Sports

Yanlord Tower Club
仁恒国际俱乐部
116 Lushan Road, Jianye District
南京市建邺区庐山路116号
87765111
www.yanlordtowerclub.com
With Fraser Suites Nanjing looking after all your
needs. This is the place to unwind in total comfort.
To relax with family, cement existing friendships,
build meaningful new ones. A wide range of
leisure and entertainment facilities is available for
your undisturbed enjoyment.

Wutaishan Stadium 五台山体育馆
1-6 Wutaishan, Gulou鼓楼区五台山1-6号
86614156
All kinds of sports facilities available, including
tennis court, swimming pool, ping-pong table, bad-
minton court, bowling and many more.

Olympic Century Star Ice Skating Club
奥体世纪星滑冰俱乐部
222 Jiangdong Zhong Lu (Inside Olympic Center)
江东中路222号奥体中心内
86690466

Nanjing North Star Ice Skating Club
Qinhuai Sports Center,
No. 162, Pingjiangfu Lu
52200031

Ninth City Billiards 9城花式撞球
1912 District, 52 Taiping Bei Lu
太平北路52号1912街区
84504303
1pm till late. ¥15/hr in the afternoon.

Klein Billiards 克莱恩台球
135 Hongwu Lu 洪武路135号
84568088
9am till late.

Nanjing Leiniaio Paragliding Club
南京雷鸟滑翔伞俱乐部
Wutaishan Sport Center Tennis Stadium
南京市五台山体育中心网球场
84458450 / 15335179782

Zhongshan Shooting Club 中山射击俱乐部
147 Zhongshan Dong Lu 中山东路147号
84615141
Gun shooting.

Changqing Taekwondo 长青跆拳道馆
33 Shigu Lu 石鼓路33号
51167738

Karate Eifuukaikan 空手道影风道场
96 Yushi Jie 鱼市街96号
52989189
¥30/90mins For kids & adults Taichi
6.00am everyday on Shanxi Lu square next to
KFC. 8am everyday next to Wutaishan Stadium

Pisarev Ballet 比萨列夫芭蕾舞学校
5 Guangzhou Lu 广州路5号
86975095

Xiao Dong Latin 晓东拉丁舞
42 Shigu Lu 石鼓路42号
83908713

Golf

Sofitel Zhongshan Golf Resort
钟山高尔夫俱乐部
7 Huanling Lu 环陵路7号
84606666

Ginkgo Lake Golf Club 银杏湖高尔夫俱乐部

1 Guli Yinxing Hu 江宁区谷里银杏湖1号
86139988

Nanjing Harvard Golf Club

南京哈佛高尔夫俱乐部
176 Zhenzhu Jie, Pukou District
南京市浦口区珍珠街176号
58853333

Xuanwu Golf Club 玄武高尔夫俱乐部

Inside Xuanwu Lake 玄武湖公园内
Driving range where one can hit balls into the lake.

Art & Culture

Drug Art Museum

12 Ding Hui-Men Street, 22 Building
定淮门12号(世界之窗软件园) 22号房
83752646

Nanjing Art and Cultural Center

南京文化艺术中心
101 Changjiang Lu 长江路101号
84797920
Regular large-scale shows by professional Chinese and overseas performers.

Jiangnan 631 Niuda Theatre

江南631牛达剧场
5 Yanling Xiang 延龄巷5号
84419786
Weekend Chinese modern small theater shows.

Nanjing Art Academy Concert Hall

南京艺术学院音乐厅
15 Huju Lu 虎踞北路15号
Irregular performances by Chinese and overseas students and faculty.

Jiangsu Kunqu Theater 兰苑剧场

4 Chantian Gong 朝天宫4号
84469284
Live performance of Kunqu opera (similar to Peking Opera).

Cinema (call for English language availability)

Xinjiekou International Cinema in Deji Plaza

德基广场新街口国际影城
18 Zhongshan Lu
中山路18号德基广场7楼
84797700

Nanjing Shangying International Cinema

南京上影国际影城
98 Caochangmen Da Jie
草场门大街98号
86223345

Aqua City Hengdian Cinema City

水游城横店影视电影城
4F, Aqua City, 1 Jiansong Lu 建康路1号水游城4楼
82233700

Food & Drinks

Asian Cuisine

The Lobby Restaurant at Fraser Suites

仁恒辉盛阁国际公寓大堂餐厅
116 Lushan Road, Jianye district
建邺区庐山路116号
86268888 Ext. 643
Sink your teeth into mouth-watering delights such as the tender-grilled rib-eye steak, roasted chicken, or the seafood linguine cooked in spicy tomato sauce. Asian must-tries also include Hainanese chicken rice and laksa.

Kezigu Muslim Restaurant 克兹古丽餐厅

53 Wangfu Da jie
王府大街53号
85981468
A delicious change from the standard Chinese cuisine: spicy noodles, potatoes, chicken and lamb dishes. Xinjiang performance.

Istanbul Turkish Cafe

食正坊咖啡店
209 Shanghai Lu
上海路209号
83309030
Istanbul offers a range of Turkish and Vietnamese food, with highlights including Turkish 'pizza', kebabs, wraps, freshly made yoghurt, and some desserts. All food is halal.

Golden Harvest Thai Opera Cafe

金禾泰大餐厅
2 Shizi Qiao, Hunan Lu
湖南路 狮子桥2号
83241823
One of the only authentic Thai restaurants in this area of the city. Prices tend to be quite high, with set meals for four costing up to ¥1,000.

Indian Cuisine

Taj Mahal

泰姬玛哈印度料理
117 Fengfu Lu, Xinjiekou
新街口丰富路117号
84201178
189 Shanghai Lu 上海路189号
83350491
Established in 2003, the Taj Mahal Indian Restaurant made a name for itself by offering a great variety and exotic blend of authentic Indian cuisine. Taj Mahal's assortment of flavourful foods makes it continually popular with the foreign community.

Himalaya-Nepalese & Indian Restaurant

喜马拉雅尼泊尔印度餐厅
193 Shigu Lu
(Sunglow Bay near the Sheraton)
石鼓路193号
8666 1828
Himalaya is a very popular restaurant serving a variety of Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves. English menu, English speaking staff, free delivery within 1 kilometer. Wifi available.

Kohinoor Restaurant

科伊诺尔餐厅
45 Zhangshan Bei Lu
中山北路45号
83122522
Pakistani restaurant located on the second floor of Nanjing's Ramada restaurant. Vegetarian and non-vegetarian curries made in the original unimitable style of Indian and Pakistani Cuisine prepared by chefs brought especially from the mystery lands. Owned & operated by an individual with over 20 years of International Hospitality experience.

Punjabi Restaurant

本杰比印度餐厅
2 Shizi Qiao, Hunan Lu
湖南路狮子桥 2号
83245421
A well-established Indian restaurant in Nanjing offering traditional Kadhais, Murghs, Masalas and Vindaloos in addition to more familiar Chinese dishes. English menu, English speaking staff, and free delivery within 3 kilometers.

Japanese Cuisine

Wadouraku

和道乐日本居酒屋
121 Shi Gu Lu
石鼓路121号
8446 5760
Wadouraku's finest compliment is the fact it is every night patronised by many from Nanjing's Japanese community. With a selection of Saki and Japanese beer by the bottle or on draught, Wadouraku is the genuine Japanese experience in Nanjing.

Tairoy Teppanyaki 大渔铁板

57 Zhongshan Road
中山路57号
8472 9518
66 North Taiping Road (in 1912)
太平北路66号, 在1912里
8445 8310
Tairoy Teppanyaki is famous throughout the Nanjing expat community for its special offer: ¥168 for all you can eat and all you can drink. This includes sushi, sashimi, sake, beer, and everything on the menu. Much of the food is cooked right in front of you.

Shuizihui 水之惠

18-2 Wangfu Dajie 王府大街18-2号
84217517

Tairoy 大渔

Shiziqiao, Hunan Lu 湖南路狮子桥
83204001

Nagoya 那古野

4F Grand Hotel, 208 Guangzhou Lu
广州路208号古南都饭店4楼
83311999

Korean Cuisine

Fudefang 福德坊

6 Taogu Xin Cun, Hankou Lu
汉口路陶谷新村6号
83312091

Ke Jia Fu 可家福

137 Ninghai Lu 宁海路137号
83314283

Vegetarian

The Green Field – Vegetarian Restaurant

1F Zhengyang Building, 56 Yudao Street
御道街56号正阳大厦一楼
6661 9222
A wide selection of food including sushi, disguised tofu, Italian gelato, and of course, plenty of fresh vegetables. Specialized drinks and teas are also available.

Pure Lotus 静心莲

1 Section C, Shuimuqinhui,
99 Shitoucheng Lu 石头城路99号水木秦淮C区1号
83752306

Wushang Vegetarian Diet 无上素食

1F Zhengyang Mansion, 56 Yudao Jie
御道街56号正阳大厦1楼
84681283
Vegetarian buffet.

LvLiuJv (Living by Green Willow) 绿柳居素食馆

248 Taiping Nan Lu 太平南路248号
84527177

Western Bars & Restaurants

N Studio 21 Grill Restaurant 藤美

193 Shigu Road
(behind the Sheraton)
石鼓路193号(石鼓湾美食休闲街区)
86795269

Alessandro 13072525212
Originally from Holland, Studio 21 offers a combination of grilled meat & seafood specialties, genuine European flavors and its renowned home made desserts, all in an elegant and relaxing atmosphere. Special Set Lunch Menu with prices from ¥32 plus specials for student and teachers.

N Nail Jazz Bar 钉子吧

10 Luolang Street (200m south of the Sheraton)
罗廊巷10号, 立金斯利酒店200米
8653 2244

One of the more relaxed bars in Nanjing that offers a wide variety of imported beers. The bar has a cozy upstairs and a more open downstairs, complete with stage and foosball table. Opening hours: 6.30pm – 2am.

N Blue Marlin 蓝枪鱼音乐餐厅

54 Taiping Bei Lu, 1912
太平北路54号, 在1912—条酒吧街
Middle Liyuan Road, Jiangning (near Baijia Lake)
江宁區, 利源中路(百家湖附近)
Yadong Commercial Plaza, 12 North Xianyin Road 仙隱北路12号 亚东广场
An older establishment in Nanjing and still a popular expat hangout, offering up German and European dishes with a Filipino band providing entertainment nightly. Happy hour from 4-7pm.

Bebbis

2 Zhongshan Nan Lu, Orient Department Store
1st floor
中山南路2号东方商城1楼
84730121
Fondue Restaurant.

N Danny's Irish Restaurant & Pub '丹尼' 爱尔兰餐厅&酒吧

4F, Sheraton Nanjing, 169 Hangzhong Rd. 汉中路
169号金斯利酒店4楼
8666 8888 7775
Located on the 4th floor of the Sheraton hotel, the pub serves the usual selection of beers and liquors, offers a good place to sit and chat, and features live performances. Open from 6 pm.

Finnegans Wake Irish Bar

芬尼根爱尔兰酒吧餐厅
6 Cinnalane, at the corner of Shenzhou Road and South Zhongshan Road
熙南里6号, 靠近神州路和中山南路的路口
52207362
An authentic Irish bar in Nanjing, with an extremely wide selection of whiskies, good range of food, and regular music performances.

N Cosima 可西玛

120 Shanghai Road (near to Hankou Lu)
上海路120号
83337566
Famous for being the smallest restaurant in the city, serving a variety of Spanish food.

N Secco Restaurant and Bar 喜客西餐厅

3 Kunlun Road
(South of Xuanwu Park's main gate)

昆仑路3号, 在玄武湖公园正门的南边
83370679

A German restaurant and bar, located directly beside the city wall. Another major expat draw, Secco features barbeque, buffet, outdoor dining, strong mixed drinks, with good deals and specials. A good place to start a night out.

N Talking 对话西餐厅

Ninghai Lu, 9 Pei De Li,
Room 101
宁海路培德里9号栋101室
83200844
21 Jinyin Street
金银街21号

Talking is a restaurant and bar, with a surprisingly large variety of beers and liquors, as well as a good selection of food. Open 11:00 am until late, tending to fill up at night time.

N Talking 2 - 3 对话西餐厅2-3

Jinyin Jie No. 20
(near Shanghai Lu), across from the foreign students dormitory in Nanjing University
金银街20号, 南大西苑对面
83323969
More music, wi-fi, cheap beers and decent food at reasonable prices. An ideal place for a bite and few drinks with friends.

N Don Quixote 堂吉珂德餐厅与酒吧

39 Chengxian Street,
off Zhujiang Lu
珠江路成贤街39号
83359517
This pub doubles as a Spanish restaurant offering a variety of cuisines. However, after the kitchen closes, a live band comes on upstairs. Downstairs, there is a large screen plasma TV and videogames.

N Sancho Panza 到堂吉珂德

173 Guangzhou Lu,
Wutaishan Stadium North gate
(take the stairs to the right)
广州路173号,
五台山体育场北大门内
(无高尔夫球场西侧台阶上)
A 2-floor bar featuring live music, pool, food and quality eats plus a fully-stocked bar.

N Bluesky Expat Bar & Grill 蓝澳西餐厅

77 Shanghai Lu
上海路77号
86639197
Bluesky is one of the original expat bars to open in Nanjing, and serves a wide range of Western food such as burgers, pizzas, and Aussie meat pies. There is also a wide range of beers, including several Australian brands. Like any good pub, there is a pool table and darts.

N Ciao Italia 你好意大利

193-2 Shigu Lu (outside Sunglow Bay near the Sheraton) 石鼓路193-2号
86608807
Ciao Italia's master chef Giuseppe serves over 140 authentic Italian specialties, including 30 varieties of pizza that are widely considered some of Nanjing's best. Free delivery is available.

N Ellens Bar 艾伦咖啡

132-3 Guangzhou Lu
(a few meters from the corner of Shanghai Lu)
广州路132-3号
Laid back and relaxed atmosphere have quickly made this a new favourite, especially amongst the student crowd. Fantastic range of food & drinks at great value prices.

N Swede and Kraut 云中西餐厅

12 Nanxiu Cun 南秀村12号
86638798
This bar and restaurant near Nanjing University features an impressive beer list, including German and Belgian labels, alongside a menu of traditional European foods and desserts. Take out and special holiday dinners are available.

N La Table de Mr. Eiffel 巴黎盛宴

83 Guangzhou Lu, near Qingliangshan Park
广州路83号, 靠近清凉山公园
83711900
Offers authentic French cuisine and carries an extensive list of French wines by the glass. It is located in an old Chinese garden house with an entrance on Qingliang Shan Park. There is also an outside terrace.

N Pisa Pizza 比萨斜塔意式西餐厅

81-8 Shanghai Road
上海路81-8号
1580 517 7575
A newcomer to Nanjing but one that has quickly gathered a reputation for serving up the finest pizza in the city, straight from the wood fire oven.

N Soul Mate 索味法式休闲餐厅

15-1 Nanxiu Cun,
off Hankou Road
南秀村15-1, 靠近汉口路
83328418
Located in an old house very close to Nanjing University, Soul Mate serves French style pizzas, omelettes, mixed drinks, wines, and beers. Open from 11:30 am to 10 pm.

N Les 5 Sens 乐尚西餐厅

52-1 Hankou Lu
汉口路52-1, 靠近南京大学
83595859
A surprisingly inexpensive French restaurant. Homemade traditional French dishes (set menu and à la carte available) for lunch and dinner in a friendly atmosphere. Many dishes cost less than ¥50 each. Open 11:30 am to 10 pm, with take away service. Free WiFi.

N My Place 我的家 (高档红酒吧及餐厅)

37-11 Gaoyun Ling
高云岭37-11
83601289
My Place is a high class wine bar and restaurant that occupies an enchanting house amid the alleyways behind Hunan Road. Served is a wide variety of top shelf foreign liquor and wines plus a fusion of Singaporean and international cuisine. Open from 6:00 pm onwards.

N Jimmy's 吉米来吧

193 Shigu Road
(inside Sunglow Bay near the Sheraton)
石鼓路193号

86792599

www.jimmysnj.com

A popular American-owned sports bar and restaurant. It offers satellite sports coverage, a full bar with draught beer and a large variety of whisky, plus simple American food such as hamburgers, hot dogs, subs, tacos, and most famously, pizza. Free delivery within 3 kilometers.

N Another Jimmy's 吉米来吧

209 Shanghai Lu
(across from Skyways)
上海路209号
83318085
www.jimmysnj.com
11am until 12pm

N 61 House 陆拾壹号餐厅

61 Hankou Xi Lu 汉口路61号
13851434386

A significant stop on the live music circuit in China for international unsigned bands. Expect to see one or two performances every week.

N Behind the Wall 答案墨西哥餐厅

150 Shanghai Road (in Nanxiu Cun)
上海路150号, 在南秀村
83915630

One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, and in the warmer months on perhaps the finest terrace in the city. Live musical performances go well with strong sangria and beer.

Tony Music Bar

76 Jinxianghe Lu (10 metres from Hualian supermarket)
进香河路76号 (世纪华联超市巷内10米)
1391 397 7427
Popular student watering hole and stop on the live music circuit.

N Potato Bistro 马铃薯

5*301 Kang Qiao Sheng Fei, 9 Wenfan Road, Xianlin University Area
仙林大学城文苑路9号
8579 1293
A bistro based on green, organic, fresh foods and authentic tastes within a quiet environment. Can accommodate 80-100 guests, with an outdoor balcony of 150 square meters also available for different parties. Free wifi.

N Paulaner Brauhaus 宝莱纳啤酒花园

123 Guangzhou Road
广州路123号
83117188

A chain restaurant and bar located on the side of Wutaishan Stadium's hill, with decor, beer, and food that are entirely German.

N Vanilla Sky 香草天空

4-4 Taogu Xincun,
off Shanghai Road
上海路陶谷新村4-4号
83202884
10 Beiji Xicun, just north of Gulou Square
北极西路10号, 鼓楼广场北边
57711778

Vanilla Sky serves up a variety of Western foods, including pizzas, pastas, steaks and salads. Prices are reasonable, and a cozy atmosphere keeps many customers coming back.

Taberna Crestatx 格纳斯酒吧餐厅

388 Yingtian Avenue, in 1865 Creative Park,
Building E6
应天大街388号,
1865科技·创意产业园
51885657
The only fully authentic Spanish restaurant in Nanjing with a private cigar bar with Habanos directly imported from Cuba.

N Regalia Resort & Spa (Qinhua River) 御庭精品酒店 (秦淮河)

E5, No 388, Yingtian Street (Chenguang 1865 Technology Park) 应天大街388号 (晨光1865科技创意产业园) 第E5幢
51885688
www.regalia.com.cn
reservations-qhr@regalia.com.cn
Dining that offers a uniquely satisfying combination of Chinese, Asian and Western cuisine.

N Bellini Italian Bar & Restaurant 贝丽妮意式餐厅

Rm 1-106, 9 Wenfan Lu, Xianlin
大学城文苑路9号1-106室
85791577

Welcome addition to the dining scene in Xianlin that is both elegant yet easy in which to relax. Utilising ingredients specially sourced, many dishes and drinks are unique in Nanjing. Free wifi. Closed on Mondays.

N Country Road 约翰·丹佛

20-1 Nanxiucun
南秀村20-1号
87776422
With pasta, pizza, steak, coffee, wine, music and books, Country Road is both popular and elegant.

Bakery & Sandwich

N Skyways 云中食品店

160 Shanghai Road 上海路160号
83317103
A18, Yadong Commercial Plaza, 12 North Xianyin Road 仙隐北路12号 亚东广场A18室
85791391
One of the best known foreign shops in Nanjing offering breads, sandwiches, cakes, chocolates, and desserts. Large cakes and pies can be pre-ordered, and imported cheeses and wines are also available.

Happy Story 美丽心情

236 Xiqiao, Jiangsu Lu
江苏路西桥236号
83301907
60-3 Jiangsu Lu
江苏路60-3号
83232957
Chinese owner with creative ideas for cakes.

Ichido 灵芝多

B1, Grand Ocean Department Store, 122 Zhongshan Nan Lu
中山南路122号大洋百货B1楼
84738682
B1, Deji Plaza, Zhongshan Lu
中山路德基广场B1
84738682

Coffee & Tea

N Sculpting in Time Café 雕刻时光咖啡馆

2F, 47 Hankou Lu 汉口路47号2楼
83597180
32 Dashiba Jie (Confucius Temple East Gate)
秦淮区大石坝街32号 (夫子庙东门)
Sculpting in Time was started by two college

graduates from Beijing offering a pleasant coffee house atmosphere, along with brunch, cocktail hours, film screenings, and a variety of Western food. Their brownies are widely known. Free Wifi.

N 3 Coffee 3号咖啡馆

82-1 Shanghai Lu
上海路82-1号
83244617 / 83311505

An upper floor library has art, design and photography books as well as magazines and a photography store selling vintage film camera, polaroid & lomography equipment. Offers a range of coffee, tea, alcohol and limited snacks. Balcony affords a nice view of Shanghai Lu. Free Wifi.

N Godot's Home 戈多的店咖啡馆

15-1 Nanxiu Cun, off Shanghai Lu
南秀村15-1号
86637484

A beautifully designed, relaxed café off Hankou Lu inspired by the play by Irish Playwright Samuel Beckett. A great range of coffee, tea and food in a cozy atmosphere. A movie is shown each Wednesday.

Freeland Cake-Dessert-Coffee

6 TaoGuXin Cun, Han Kou Lu,
陶谷新村6号汉口路
This bakery offers a selection of crafted home made cakes and drinks in a comfortable place.

Yoann

南京Yoann咖啡馆
510 Changbai Jie
长白街510号
Simple, comfortable and colourful surroundings are matched by a friendly owner offering a good selection of fruit juice, coffee and cocktails. Upstairs, adedicated room with large screen and projector offers regular movie evenings.

Nightclubs

Scarlet 乱世佳人

Within 1912, near Changjiang Back Street
1912酒吧一条街, 靠近长江后街
84403362
34-1 Hubei Road
湖北路34-1号
83206090
Scarlet was one of the original bars to open in Nanjing which catered to foreigners. Over time, the interior and music has changed, but both locations are still a big draw for the foreign community, but there is no exceptionally large dance floor.

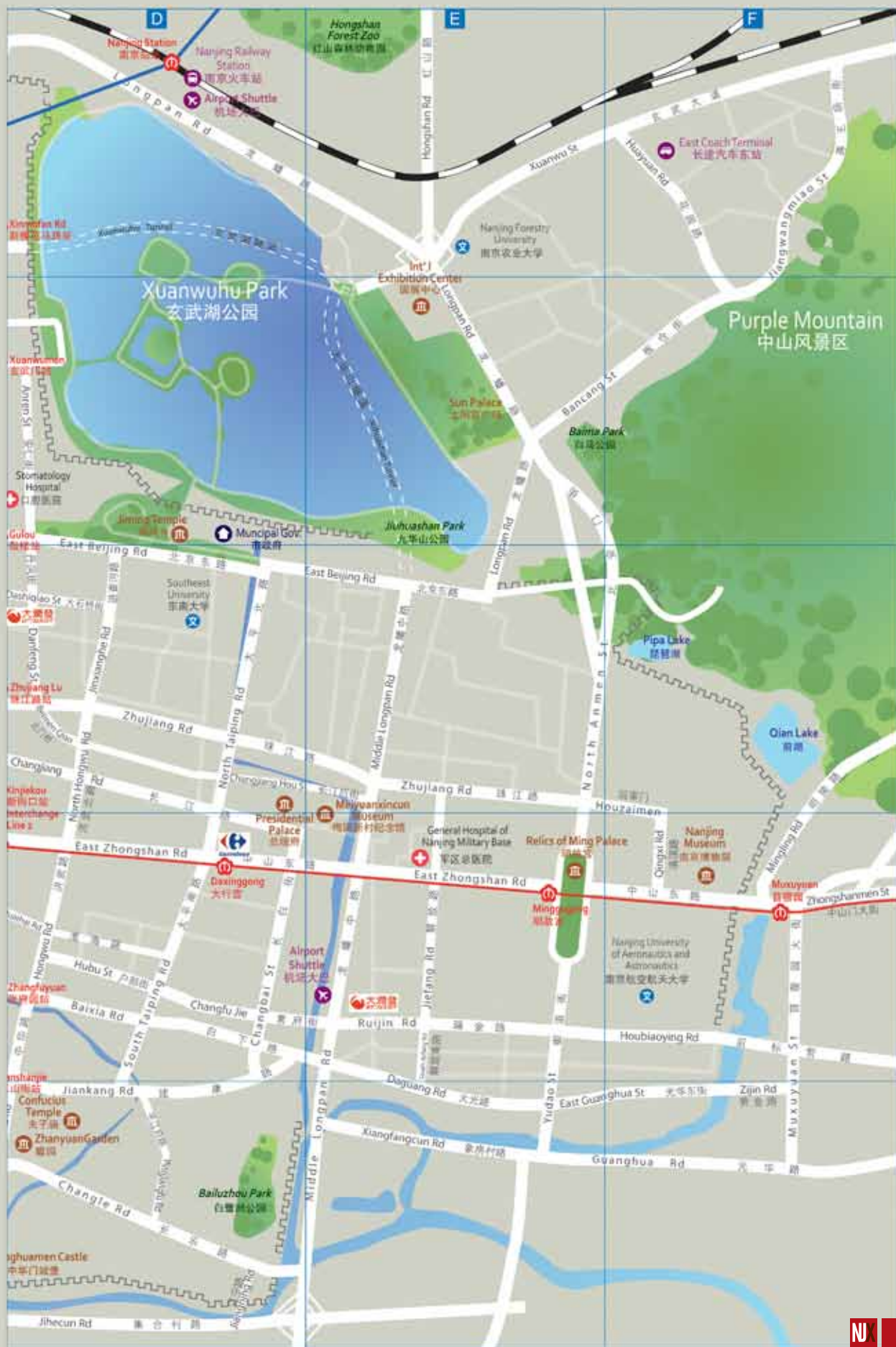
Polar 77 Music Bar 极地77音乐酒吧

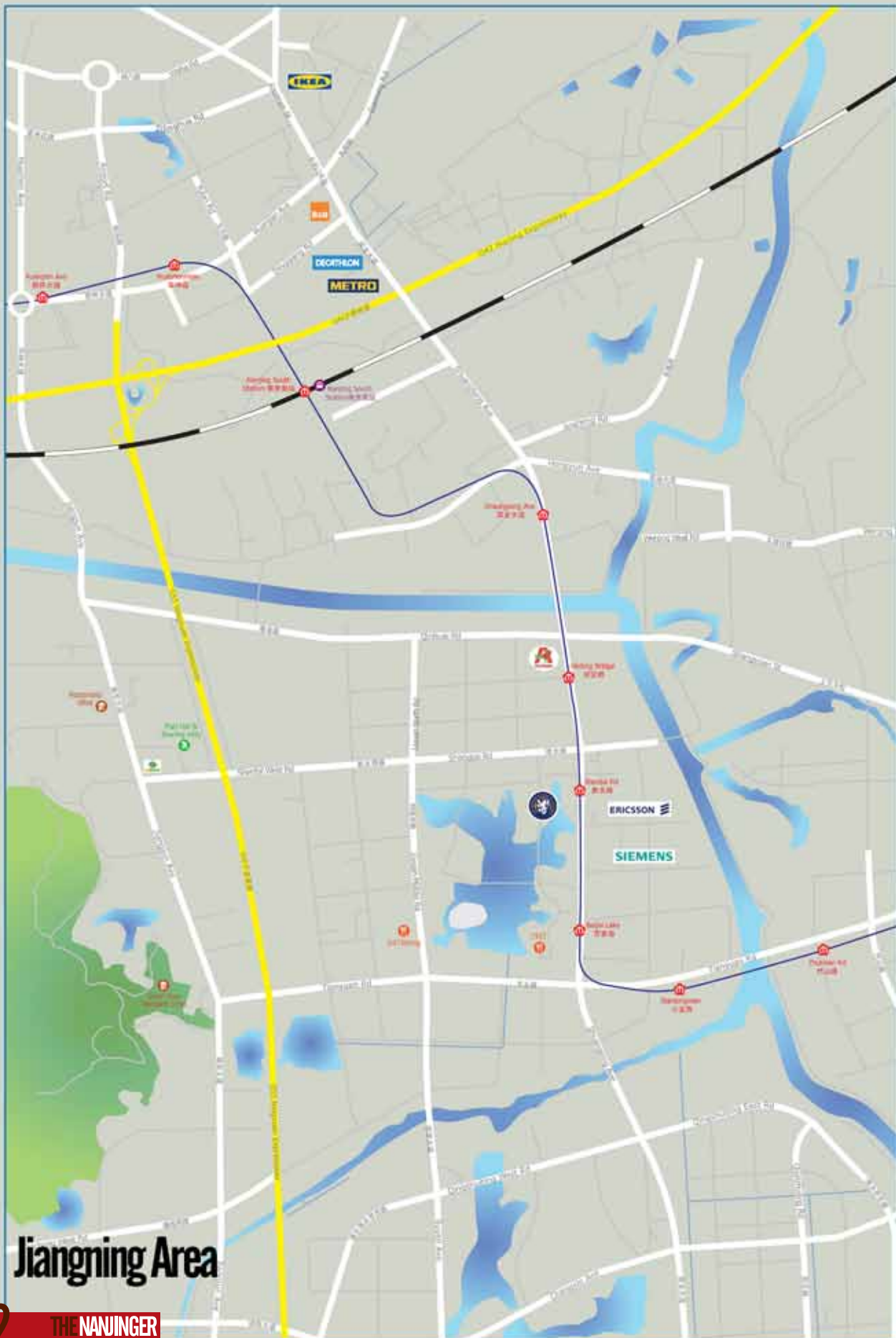
129 Hanzhong Road 汉中中路129号
84702006
Polar 77 Music Bar specializes in rock music, and skips the DJ entirely in favour of a live band that performs nightly. Music played is usually a blend of western rock classics, Chinese songs, and Spanish guitar.

Castle Bar 古堡酒吧

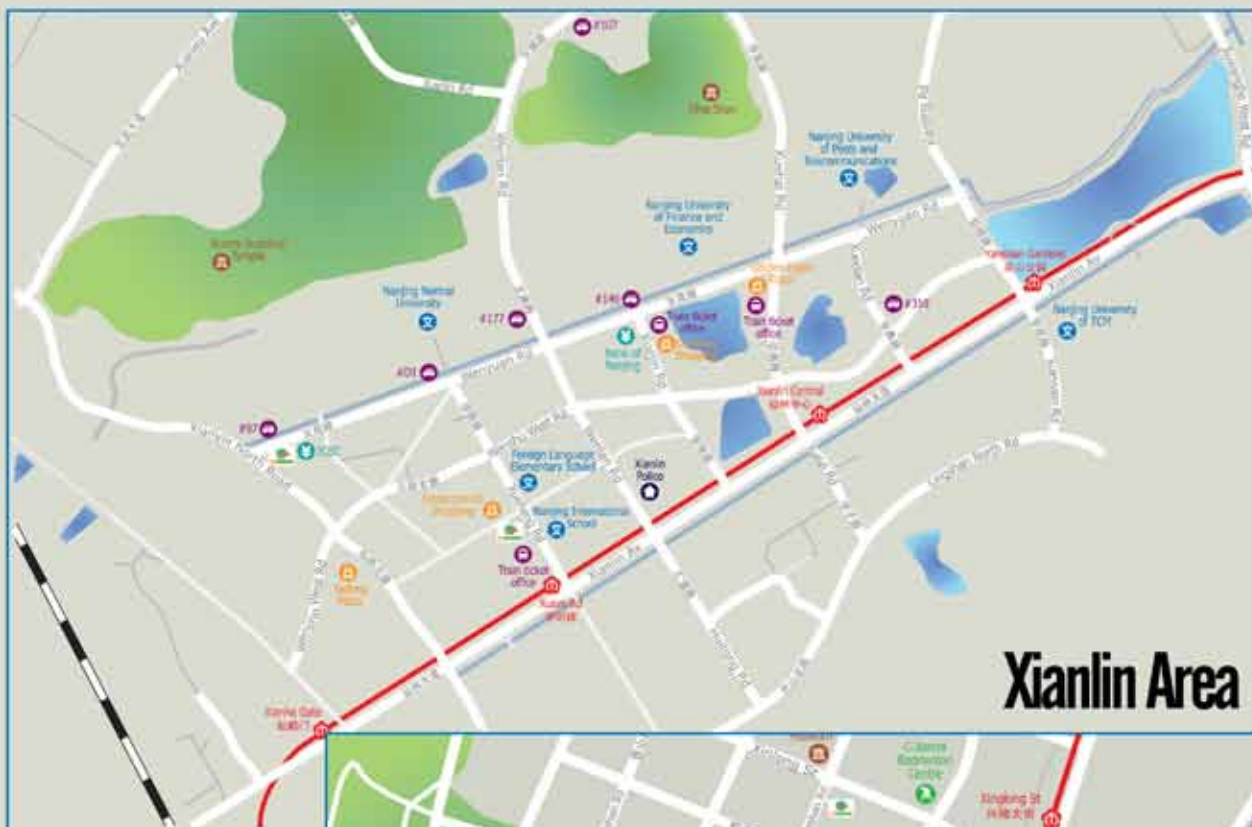
6 Zhongyang Road 中央路6号
83619190
Castle Bar is underground, but by no means unknown. One of the most popular hang outs for foreign students and older expats alike, Castle features a variety of music, some live performances, guest DJ's, pool tables, and various parties throughout the year. Open very late at weekends.







Jiangning Area



Xianlin Area

Map Symbol Legend

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Olympic Area

NX THE NANJINGER CLASSIFIEDS

For detailed information about these and many other classified ads please visit our classifieds section at www.nanjingexpat.com

For Sale – Sell

■ Purebred kitten

5-month old male British Shorthair kitten, dewormed with shots, litter trained, obedient, easygoing, affectionate. I recently purchased this kitten from a Nanjing cattery but shortly after received a work reassignment, which is not possible to take my new friend along.

Email: britshort123@hotmail.com

For full advertisement text, visit: www.nanjingexpat.com

Real Estate

■ Looking for a Room-mate

I'm a young British teacher looking for a room-mate for a lovely apartment at the intersection of Shanghai lu and Guangzhou road. Its a very central location, 5 mins from Nanda, Nanjing University and 6/7 mins from the metro. A big supermarket is 3mins away and there are lots of fast food restaurants nearby (Kfc/Mcdonalds) as well as lots of good cheap Chinese restaurants. Its in a fairly new building, 24hr guards and gates- safe secure complex. It has a kitchen with a stove, bathroom, living room, good sized bedroom as well as washing machine, tv, internet and air con.

Rent 1,400 RMB per month plus utilities

Email: fabulous_pixie_princess@hotmail.com

For full advertisement text, visit: www.nanjingexpat.com

■ Nanjing Expat Interns

Are you interested in new media? Would you like to learn more about media in China? If so, please send at a copy of your resume with a letter explaining why you would like to work with us. Email: keith@nanjingexpat.com

For full advertisement text, visit: www.nanjingexpat.com

Services Offered

■ Children's Ballet and Street Dance Classes

I am a dance teacher with years of experience teaching children and adults in China and the UK. I have studied ballet and traditional Chinese dance since I was 8 years old and I have a degree in Dance Performance and Teaching. Since moving to Nanjing, I have taught children's dance routines for the Nanjing International Club and for several productions at the British School of Nanjing.

Children's Ballet Classes – Saturday 10:00 – 11:00am (Ages 3-8)

- The children learn a mixture of exercises, dance routines and games to help them to develop their coordination, flexibility and sense of rhythm. This class is ideal for younger children who have not danced before as well as more experienced dancers.

Street Dance Classes – Saturday 11:30 – 12:30pm (Ages 7 and up) - The children learn routines based around modern dance songs in what is a great way to exercise and have fun at the same

time. The focus is on the children working together to create fantastic group performances while still being able to express their individual personalities.

Both classes are in English and are designed to be challenging but fun and to help develop the children's confidence, fitness and ability.

Email: cuijiadance@gmail.com

For full advertisement text, visit: www.nanjingexpat.com

Services Offered

■ Experienced Mandarin Tutor

My name is Joyce. My major is Teaching Chinese as a second language. I have been teaching foreigners for three years. What's more, I am easygoing and I will help you to learn Chinese and English easily. Thank you! If you are interested, please contact us.

Phone : 15195861226

E-mail: Joycehan0414@gmail.com

For full advertisement text, visit: www.nanjingexpat.com

Services Offered

■ English Teacher Offered

I am an English tutor with experience in 1 to 1 teaching with adults, teenagers and children. I am free in the afternoons and on weekends. I prepare the classes according to your needs. If you want to give a chance to your English, contact me by mail: englishteacherforyou888@yahoo.com

For full advertisement text, visit: www.nanjingexpat.com

Services Offered

■ Spanish Teacher Available/ Profesor de Español Disponible

I am native Spanish and have experience in tutoring Spanish, both foreign adults and children. I have the afternoons and weekends free, so if you feel ready to start studying Spanish, do not doubt in contact me: spanishteacher888@yahoo.com

For full advertisement text, visit: www.nanjingexpat.com

Miscellaneous

Thank you to Ms. Marie-Charlotte de Saint-Jovan (Chipsou).

Her illustrations are amazing and she constantly dazzled us with her talent. Not only that, her bright friendly smile made the office a much better place to be! Thank you for everything Macha, hope you have a great time over the next few months and stay in touch!

Wanted: A place to advertise items for sale, jobs vacant, services on offer or anything in between.

visit: www.nanjingexpat.com

or Email: classifieds@nanjingexpat.com

NUX THE NANJINGER EVENTS

Regular Weekly Events

Monday

Coffee Monday | Ellens | 09:00

Basketball | Nanjing International School | 18:30

Live Jazz | CD Pub | 20:00

Monday | Ladies Soccer | NIS | 18:00

Tuesday

Parents & Toddlers Play Group |
The British School of Nanjing | 10:30

Badminton | Nanjing International School | 18:30

Nanjing Toastmasters Meeting |
Meeting Room 409, Building Wen Tian Guan,
Hohai University, Xikang Lu, Gulou | 19.15

Live Folk Music | CD Pub | 20:00

Bike Polo | NanDa volleyball court
(Hankou Lu campus) - 17:00

Scrabble | Bluesky Aussie Bar & Restaurant | 19:00

Nanjing No. 1 Toastmasters Club | Wuxing
Nianhua Building, Room 1507 | 19:15

Wednesday

Wine Wednesday | Ellens | 17:30

Goldenballs Football Club |
Nanjing International School | 18:00

Live Music | CD Pub | 20:00

Killer Pool | Bluesky Blue Sky
Expat Bar & Grill | 21:30

Thursday

Tennis Group | Sofitel Zhongshan Golf Resort
| 09:00 | www.nanjinginternationalclub.com

Free Beer Thursday | Ellens | 20:00

Salsa Lessons | CD Pub | 20:00

Thursday | Touch Rugby |
NanShiDa running track | 18:00

Adults American Flag Football | NIS

Friday

Goldenbails Cricket Club |
Nanjing International School | 15:00

Shooters Friday | Ellens | 18:00

Buffet dinner | Fraser Suites lobby restaurant | 18:00

Saturday

Latin Night | CD Pub | 20:00

Gulou English Corner | Gulou Square | 19:00

To submit
your events
please visit

NANJINGEXPAT

.COM

Sunday

Chill Out Sunday | Ellens | 12:00Nanjing Dragon Flies Ultimate

Frisbee Club practice | Nanjing Normal University Suiyuan Campus | 16:30

English Mass | Shigu Lu | 18:00

BBQ Chillout | Jimmy's | 20:30

Jazz Night | Don Quixote Bar | 21:00

Sunday - Recreational Volleyball - NIS

upcoming scheduled
events for

October

- 9 Sep - 30 Oct | Art Exhibition | "Sweet Dreams (Are Made of This)" | Leo Xu Projects
- 14 | PaperDoll | 2011 China Tour | 61 House | 20:30
- 14 | DJ Jekey | Castle Bar | 23:00
- 14 | Nanjing International Jazz & World Music Festival
- 21 | Mei 2011 Nanjing Concert | WuTaiShan Stadium
- 21 | Max Tundra | 2011 China Tour Nanjing Station | 20:00

upcoming scheduled
events for

November

- 5 | Bonfire Night | The British School of Nanjing | 18:00-22:00
- 5 | The Love Library 2011 | Fish Leong World Tour Concert | Nanjing Olympic Centre
- 6 | Alcest | 2011 China Tour | 61 House

Parents & Toddlers Play Group

Every Tuesday
at 10:30am for
children
0 - 4 years old



For more information
call 5210 -8987.
Or visit us online
at www.bsn.org.cn



View from The Bench

By Bobby Liu
Illustration By Chipsou

No Way
But UP

■ All of us have worries throughout various stages of our lives. We worry about money, careers, moving to a new country, settling into a new city, making friends, getting pregnant, not getting pregnant, sickness... at times it can be difficult to cope. Some unfortunate people worry about not sleeping under a roof or where the next meal is coming from.

This worry can manifest itself as stress and for some people, this can prove difficult to deal with and sort through. Although it can be easier said than done, it is important to be proactive in trying to turn the negative to a positive. That may simplify the point a little much so maybe it is more pertinent to say that it is important to be proactive in learning to train yourself to deal with issues as they arrive.

Here's a few questions that might help

- **What's the worst that can happen?**
- **Can I accept that? Or can I change it?**
- **How do I move on? What are the next steps?**

Now let's look at them in detail.

• **What's the worst that can happen?** Often a big issue can feel like you're staring down a flood. You need to find the hole in the dyke in order to just get time. Time to just find time to breathe. This stage is important because it is where you recognize the feeling and acknowledge where you are at. This can be too focused on the negative but the key is that it forces you to recognize the issue and think about. Thinking about the worst and saying it out loud helps you to really begin to think about it. When you accept the worst, there is nothing more to lose... and everything to gain! That's step 1.

“True Peace Of Mind... Comes From Accepting The Worst”


Liu Yutang - The importance of living

• **Can I accept that? Or can I change it?** So, when you acknowledge what you're facing, the next step is deciding whether or not you can accept that for what it is or not. This should involve planning and will start with working out what supports you have available to call upon eg. family, close friends, colleagues, barman etc.

“Acceptance Of What Has Happened Is The First Step In Overcoming The Consequences Of Any Misfortune”

Professor William James

• **How do I move on? What are the next steps?** Now you have an understanding of where you are and a list of supports to help you. So plan! Imagine the point of where you would like to be and work backwards to now. How long would you like to take to get there? It's your decision and only you can control this.

Cliché of the year: Life is a journey with many roads to travel. It's your choice which roads to choose. But remember, the ultimate goal is the destination. 

Send your questions and comments to coach@nanjingexpat.com

NANJING INTERNATIONAL JAZZ AND WORLD MUSIC FESTIVAL 2011

世界音乐节 南京国际爵士

Festival Photography by David Smith

SCHEDULE

Friday 14 (开幕式演出 Opening Ceremony)

Venue: 南京文化艺术中心 Cultural Center of Nanjing
Bands: 德国乐队 Stephan König Quartet / Germany
荷兰乐队 State of Monc / Holland
德国乐队 Al Jawala / Germany

Time:
Performance 19:00

Venue: 南京绿地洲际酒店 Inter Continental Hotel
Band: 德国乐队 Stephan König Quartet / Germany

Time:
Performance 21:00

Venue: 南京丁子酒吧 Nanjing Nail Bar
Bands: 加拿大乐队 Ryan McNally Quartet / Canada
泰国乐队 Mellow Motif / Thailand

Time:
Performance 21:00

Venue: 堂吉珂德酒吧 Don Quixote bar
Bands: 德国乐队 Wetdog Superwow / Germany
马来西亚乐队 Jackfruit / Malaysia

Time:
Performance 21:00

Venue: 东南大学 Theatre of Southeast University
Band: 比利时乐队 Turlu Tursu / Belgium

Time:
Performance 19:15

Venue: 南京西班牙格拉斯酒吧 Taberna Crestatx Bar
Bands: 日本乐队 Yuichiro Tokuda / Japan
比利时乐队 Turlu Tursu / Belgium

Time:
Performance 21:00

Saturday 15

Venue: 南京绿地洲际酒店 InterContinental Hotel
Band: 比利时乐队 Turlu Tursu / Belgium

Time:
Performance 21:00

Venue: “激情鼓楼” Passion of Gulou
Band: 荷兰乐队 State of Monc / Holland

Time:
Performance 14:30

Venue: 南京国际学校 Nanjing International School
Band: Lidya Gerke 杨毓伦 featuring
Leonardo Bravo 拉达多

Time:
Performance 18:00

Venue: 南京丁子酒吧 Nanjing Nail Bar
Band: 日本乐队 Yuichiro Tokuda / Japan

Time:
Performance 19:15

Venue: 南京宁宝汽车服务有限公司
Bands: 德国乐队 Al Jawala / Germany

Time:
Performance 19:15

Sunday 16

Venue: 南京索菲特钟山高尔夫大酒店
Sofitel Zhongshan Golf Resort
Band: 德国乐队 Al Jawala / Germany

Time:
Performance 19:15

Novotel Nanjing East proudly presents:
Venue: 南京国际学校 Nanjing International School
Band: 荷兰乐队 State of Monc / Holland

Time:
Performance 16:00

Venue: 栖霞艺术节
Bands: 比利时乐队 Turlu Tursu / Belgium

Time:
Performance 16:00

Venue: 南京西班牙格拉斯酒吧 Taberna Crestatx Bar
Bands: 泰国乐队 Mellow Motif / Thailand

Time:
Performance 21:00

Venue: 堂吉珂德酒吧 Don Quixote bar
Bands: 德国乐队 Stephan König Quartet / Germany

Time:
Performance 21:00

Venue: 南京丁子酒吧 Nanjing Nail Bar
Band: 比利时乐队 Turlu Tursu / Belgium

Time:
Performance 21:00

Venue: 南京绿地洲际酒店 InterContinental Hotel
Band: 日本乐队 Yuichiro Tokuda / Japan

Time:
Performance 21:00

Venue: 江苏省戏剧学院 Drama Institute of Jiangsu province
Band: 马来西亚乐队 Jackfruit / Malaysia

Time:
Performance 19:15

Monday 17

Venue: 南京绿地洲际酒店 InterContinental Hotel
Band: 加拿大乐队 Ryan McNally Quartet / Canada

Time:
Performance 21:00

Venue: 南京大学海外教育学院 University of Nanjing
Band: 金陵龙世界音乐乐队 Jinling Dragon World Music Band

Time:
Performance 19:15

Venue: 东南大学 Theatre of Southeast University
Bands: 日本乐队 Yuichiro Tokuda / Japan

Time:
Performance 19:15

Venue: 南京大学加拿大研究中心 Nanjing University
Band: 加拿大乐队 Ryan McNally Quartet / Canada

Time:
Performance 14:30

Venue: 南京丁子酒吧 Nanjing Nail Bar
Band: 马来西亚乐队 Jackfruit / Malaysia

Time:
Performance 21:00

Novotel Nanjing East proudly presents:
Venue: 南京国际学校 Nanjing International School
Band: 德国乐队 Al Jawala / Germany

Time:
Performance 18:00

Tuesday 18

Venue: 东南大学 Theatre of Southeast University
Band: 泰国乐队 Mellow Motif / Thailand

Time:
Performance 19:15

Venue: 江苏省戏剧学院 Drama Institute of Jiangsu province
Band: 金陵龙世界音乐乐队 Jinling Dragon World Music Band

Time:
Performance 19:15

Wednesday 19

Venue: 东南大学 Theatre of Southeast University
Band: 加拿大乐队 Ryan McNally Quartet / Canada

Time:
Performance 7:15

Venue: Blue Marlin Bar Suzhou
Bands: 德国乐队 Al Jawala / Germany

Time:
Performance 20:30

Thursday 21

Venue: Blue Marlin Bar Suzhou
Bands: 德国乐队 Al Jawala / Germany

Time:
Performance 20:30

Friday 22

Venue: Kento Club Shanghai
Bands: 德国乐队 Al Jawala / Germany

Time:
Performance 20:30

Saturday 23

Venue: Blue Marlin Shanghai
Bands: 德国乐队 Al Jawala / Germany

Time:
Performance 20:30

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BONFIRE NIGHT

REMEMBER, REMEMBER THE 5TH OF NOVEMBER

From 6:00 - 10:00pm on Saturday November 5th, 2011
at the British School of Nanjing



In 1605, 13 individuals plotted the assassination of the King of England.

The most famous of the conspirators Guido "Guy" Fawkes, today lives in infamy for his role in the plot.

The assassins schemed to place over 30 kegs of gun powder in the basement of parliament which was to be ignited on November 5th, killing the King and possibly the Prince of Wales.

Had the foiled plan been carried out, England may have been a very different place to what it is today.

By commission of parliament, November 5th is now recognised as Bonfire Night or "Guy Fawkes Night".

This holiday has been celebrated with bonfires and fireworks since the 1600's.

Join us to

Remember, Remember the 5th of November!

Live music | Selected Imported Wine & Hot Mulled Wine | Bonfire
Bouncy Castle | Great food | Fireworks | The Regalia Resort Lucky Draw

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