

THE NANJINGER

NANJINGEXPAT



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By Fraser's Hospitality

6 | Editorial 辑语

8 | Censure | Of Hollywood Cliches

9 | Poem | Growing Pains

11 | The Gavel | Pending Trade Mark Law Ammendments

12 | Forced Fed Internationalism

16 | Before After Here There

19 | Cookbook | Hummus

21 | Beware Of Flying Baby 闲话 “儿童专座”

22 | Terror Meets Horror

24 | Go Green Baby!

26 | Corker | Bargains In A Bottle

28 | The Trip | Bali The Island Of The Gods

30 | The Nanjinger Cryptic Crossword | Chinese Corner

31 | Out and About | Qixia

35 | Section Head | Leadership Development in China

37 | Top Of Mind | “These Sneakers Are Not Fast Enough”

38 | Previews & Reviews 预览及评论

40 | About Town 关于南京

41 | Classifieds 分类信息

42 | The Index 城市指南

50 | City Maps 城市地图

54 | The Big End | Smart Turbo



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Losing My Illusion / Growing Global

为什么外国人为孩子准备特别设计（并且价格昂贵的）的车座？未来的世界语言会是中文还是英文？你知道草药可以用来治愈哪些由怀孕所带来的病症么？在中国有“月子”，那么其他国家的母亲是如何实行产后护理的呢？本期“成长的烦恼”专栏为您一一解答以上问题。

另外，本期杂志新推出一个“试驾”专栏，带您品味风味各具的乘架体验；同时我们英国的红酒专家在此期内为您详解推荐多种价廉物美的红酒。

我们希望您享受阅读2012年第一期的《南京人》！

In the past three decades, the number of interracial marriages in the United States has increased by more than 800 percent. In Switzerland, one in three people are married to a foreigner. As a tiny, landlocked country that may not be a big surprise but it is indicative of huge leaps in the numbers of international marriages in recent years. Many a Taiwanese man now finds his spouse in Vietnam while here on the mainland ask yourself what proportion of the people you know personally are in mixed race marriages.

It is the challenges presented by the next steps in this form of internationalism to which we now turn the attention of The Nanjinger; Ronald Paredes examines cross cultural opinions faced in mixed raced marriages as they attempt to bring a baby into the world, while as these little ones grow up, many are being globalised at a frightening rate; Thomas Hale reveals a little behind the new battle for supremacy between Chinese and English amid the education of China's middle class children. Being international also means being open to new ideas; ever thought of homeopathy as a way to treat morning sickness? Go green, baby!

The new year has brought changes to us all. We welcome Rick Staff, previously editor of "Superplonk" for the UK's Guardian newspaper, bringing a more consumer-led edge to our wine column. We also put four wheels in motion in The Big End, not only as an excuse to take whatever we fancy for a spin, but also as a means to layer by layer peel away the mysterious workings of the auto industry in China.

All this, and a few more new surprises, await you in this edition of The Nanjinger. As ever, thank you for allowing us to be part of your day, week and month.

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*After about 15 minutes I was wanting my money back.
I was at the cinema watching
"The Flowers of War".*

CENSURE OF HOLLYWOOD

by Geoff Gibson

■ The reason for this "here we go again" feeling of having been ripped off had nothing to do with the main events of the story or bad acting or anything like that. What got up my nose was that here was yet another clichéd story of transformation and redemption.

In the film, in case you don't know, an opportunistic self-centred American drifter finds himself in Nanjing at the wrong time. Initially, when faced with the pleas of a group of desperate children, he wants to cut-and-run but ultimately stays and saves the day. He thus starts off as a scumbag and ends up a saint. A group of local prostitutes are also put into the mix and they too make the switch from tarts to saints; now there's another literary cliché right there!

Thus, the drifter, upon being confronted with the suffering of others, miraculously finds true values, transforms himself and achieves redemption. The prostitutes, too, are similarly transformed and redeemed.

I've lost count of the number of films that are like this. This tedious (tedious to me at least) theme is embedded in so many films these days that it has become the norm you do not even notice is there. In no particular order, here are just a few examples to get you going:

"I Am Sam" - The lawyer, Rita, starts off as a selfish stereotype but, with the "help" of the simpleton (yes, there's another cliché), finds true values and is thereby reunited with her estranged son.

"Schindler's List" - In some respects, very much like "The Flowers of War" - another out-of-town opportunist comes face-to-face with cruelty and thereby transforms himself.

"Wall Street" - Bud Fox, a self-centred loser, initially on the make for the up-and-up, ultimately achieves the success he craved but then finds "true values" and betrays the scoundrel, thereby reconnecting with his sickly, estranged father and thus redeeming himself.

"Jurassic Park" - Yes, even Jurassic Park! The Sam Neill character starts off as a "child-hater" but he becomes their saviour in response to dangers presented to children who events have thrown under his care.

"Awakenings" - The dysfunctional doctor, played by Robin Williams, witnesses the suffering of others and thereby himself achieves transformation from a shy isolated "blundering-idiot academic type" - another cliché, of course, they always are - into a whole person.

"Good Will Hunting" - the transformation/redemption film par excellence. Two flawed protagonists each confront their own closeted fears and are, as a result, made whole again.

"Gran Torino" - Grumpy and racist ex-army vet reluctantly befriends his Asian neighbours while simultaneously confronting a dark secret in his past, resulting in his finding of true values.

"Lost in Translation" - Washed-up actor (and washed up person) meets equally directionless woman and both are transformed.

"Crazy Heart" - Washed-up singer...blah, blah, blah. Just for fun, try to think of films that have such a transformation/redemption theme embedded in them. You will likely come up with loads.

This notion of "becoming whole through suffering" sits at the centre of much of modern story-telling. The usual thing is to frame the facts of the story with a morality tale: events occur in a story but, running parallel to the events themselves, is a personal struggle by one or more of the protagonists, a struggle that results in the finding of "real values" ultimately ending in redemption. I find it all so predictable, so dreary - as in, "you've already bought the cinema tickets so why don't you just sit there and watch this tale of miraculous transformation we've set up for you?"

OLD CLICHES

I don't know how things got so bad. Why do film-makers feel the need to do this; to flog these clichés to death and slip them into almost every film? It's as if, in the mind of the film-maker, the story itself isn't enough. I, for one, don't get it. Who would have thought that, say, the events of Nanjing 1937 were insufficient such that the narrative needed a moral subtext to support it? Perhaps films (dramas, pre-eminently) are made this way because we, the audience, find the possibility of "transformation-through-trauma" somehow reassuring, like some warm bath we can metaphorically slip into. Or is it precisely because, in real life, such moral transformations never occur? I don't know about you but I've never been transformed or redeemed and am still the same jerk I've always been (as is everyone I know!).

But you just can't stop Hollywood once it gets a winning formula in its head. And even some of the "classics" aren't immune, to wit:

"Apocalypse Now" - Directionless, alcoholic loser (Martin Sheen) is sent to assassinate the demonic (by reputation at least) Marlon Brando only to discover that the latter is not demonic at all, rather a misunderstood genius and a holder of "true values". The Martin Sheen at the start of the film is a drunken mess, nothing like the focused Mr Sheen at the end. By the film's end he's off the booze, has got a transforming lesson in "true values" and has achieved clarity. Yawn!

Thankfully, not all stories/films are like this. "The Godfather" doesn't carry any redemption theme at all. Nor do "Crimes and Misdemeanors", "Never Let Me Go" and "The Remains of the Day". The best films start off grimly and just get grimmer. But maybe that's just me. The other day, as I walked in the room, my son was watching a DVD: "Real Steel". I only watched what was on the screen for two minutes. I couldn't stand any more of the reluctant Hugh Jackman character meeting up with "the son he never knew he had" and then getting strong-armed by "the son he never knew he had" into taking the boy on a long journey (with, no doubt, the inevitable and drawn-out father/son reconciliation). That was enough for me. **NU**

Growing Pains

by Frederic Greenall

*H*is biggest growing pain
Is one that doesn't grow at all
It's been a constant ache
Since he was two feet tall
His trunk is thicker now
And so are all his limbs
But he can't test his strength
Against a younger him

He bears that heavy weight
To always lead the way
No brother came before
No sister ever waved
As he set out in life
His parents by his side
They did everything for him
Except have another child



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Introducing some of our contributors, writers and editors

Geoff Gibson teaches courses in economics, accounting and business at universities all over China.

In Australia, he used to run the wholesale borrowings of that country's largest bank. As such, he used to joke that, when the revolution finally came, he'd be the second one shot.

Geoff Gibson 在中国各大高校教授经济学、会计学和商学的课程。在他的出生国澳大利亚，他原先的工作是澳大利亚最大银行的信贷主管，所以他以前总喜欢开玩笑地说：“如果革命爆发了，我就是第二个中弹者。”

Ronald Paredes is the personification of his motto "mediocrity is a disease we fight every day". The multi talented designer's work appears in the design industry's annual definitive overview of the state of art in web design, "Web Design Index by Content - Volume 5"

泉源本人即是他的座右铭“平庸是一种疾病，我们每天都要与之抗争”的现实化身。作为一位优秀的设计师，他才能丰富创意无限。其网页设计作品还被收入在了代表网页设计艺术成就的权威性行业年鉴内。《网页设计艺术指南—第五册》

Our Editor and Music Critic, Frank Hossack, has been a radio host and producer for the past 25 years, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

贺福是我们杂志的编辑和音乐评论员，在过去的25年里一直从事电台主持和电台制片的工作。工作期间他曾获得过四次纽约传媒艺术节大奖，分别是世界前40强节目，最佳编辑，最佳导演以及最佳文化艺术大奖。

Jochen Schultz has more than 10 years' proven management experiences at international training and universities. He has a deep knowledge in professional trainings, personnel and organizational Development and developing relationships with clients from all over the world. He is now the Managing Director in China for a German Training & Consultancy Company.

Jochen Schultz在国际培训和大学教育方面有着10年以上的管理经验。同时在 专业培训、个人与公司发展以及如何与世界各地的客户建立良好关系方面具备相当深厚的专业知识。现今，供职于一家德国培训咨询公司，任中国区总经理一职。

Rick Staff is from the UK and has 20 years cumulative experience as a wine trader, taster, and writer and was editor of 'Superplonk', the UK's popular wine guide, prior to moving to Nanjing in 2008.

Rick Staff来自英国，有着二十年丰富经验的葡萄酒商人、品酒师、作家，并且是《Superplonk》的撰写者，英国很受欢迎的葡萄酒鉴赏家，于2008年移居南京。

The Gavel

LEGAL NOTES FROM THE NANJINGER
IN ASSOCIATION WITH PICOZZI & MORIGI LAW FIRM



PENDING TRADE MARK LAW AMMENDMENTS

- China's State Council has recently issued for public comment a Circular with the published revisions to the country's Trade Mark law. This will be the third change to date for China's Trade Mark law.

Among the salient points of the proposed changes are revised remedies against counterfeiting, including new measures for the award of damages through the act of counterfeiting. Article 67 of the draft amendment (now Article 56) deals with cases in which it is impossible to calculate precisely the losses sustained and the benefits derived, by plaintiff and defendant respectfully. In such cases it is proposed the maximum applicable penalty be raised from ¥500,000 to ¥1,000,000.

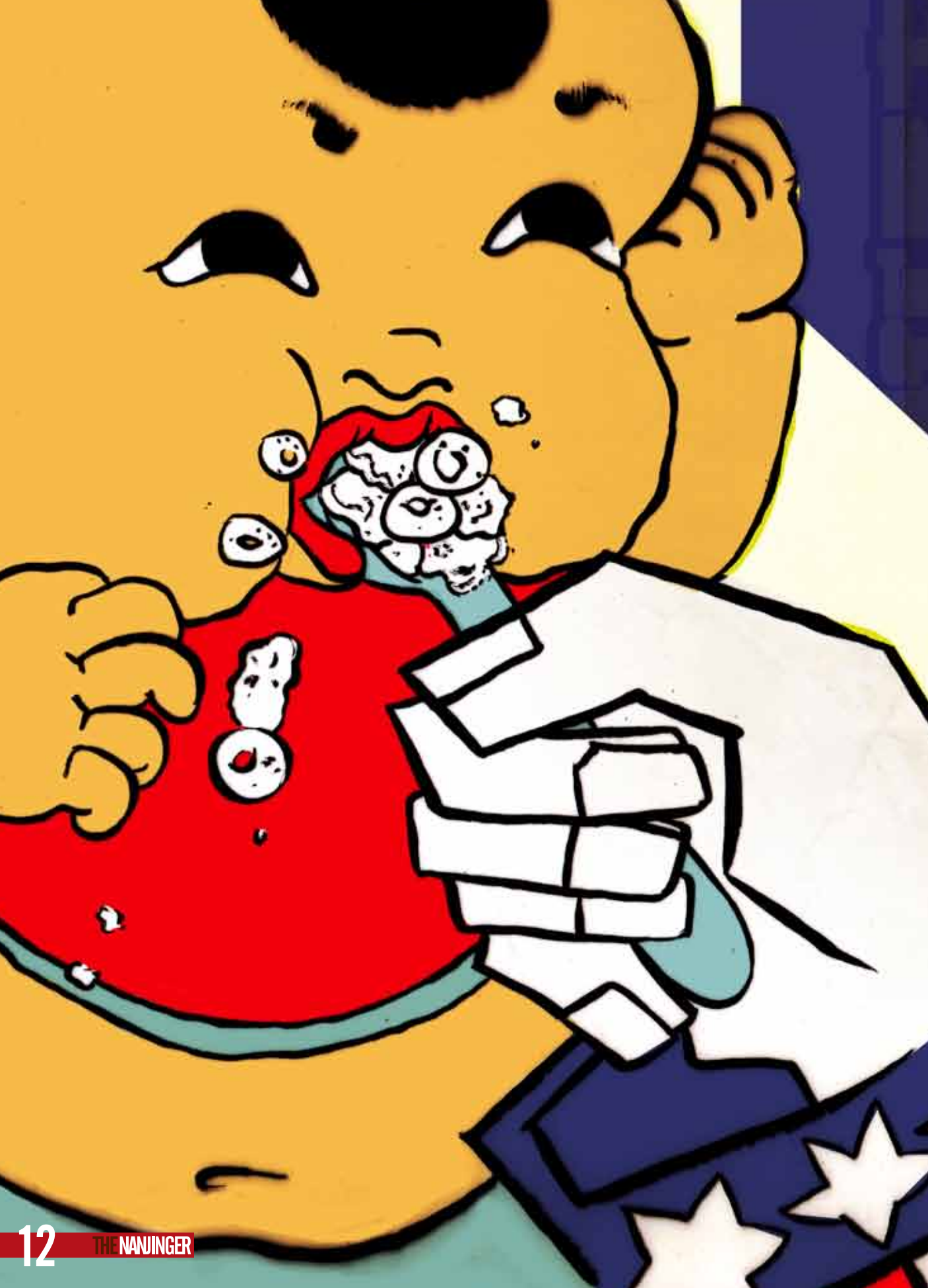
Under the current Trademark Law, in a successful infringement case, the trial court must consider which of the following two methods should be used to assess damages: (i) losses sustained by the plaintiff; (ii) profits derived by the defendant from infringing activities. In a judicial interpretation dating from 2002, the Supreme People's Court interpreted this provision as meaning that the plaintiff has a right to choose one of these two assessing methods for use in trademark infringement cases.

One of the inadequacies of the current law is that it provides that any interested person be able to file a complaint with CTMO (the China Trademark Office). In practice, this provision has resulted in many oppositions filed for the sole purpose of hindering the applicant in obtaining a Trade Mark's Certificate of Registration. To remedy this situation, the draft amendment redefines the authorized person as one "who is in possession of prior rights to the brand".

With many major institutions in the field such as the International Chamber of Commerce, the European Union Chamber of Commerce in China and the US-China Business Council (CBC) having already published their comments expressing appreciation for the solutions proposed, the published draft also suggests that the Chinese government is prepared to make more significant changes to the Chinese Trademark Law than previously with the First and Second Amendments.

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FORCE-FED INTERNATIONALISM: THE INTERNATIONAL LIFE OF CHINA'S MIDDLE-CLASS CHILDREN

by Thomas Hale

Illustrations by Sarah Stovalosky

As more and more foreigners move to China, the number of mixed-race babies is on the increase. These children, more often than not born to a Western father and a Chinese mother, now tend to grow up bilingual, with a range of cultural and linguistic backgrounds accelerating their early development. Often, their early life is divided between China and a Western country.

These children are international in every sense of the word. Yet whilst rising, the number of these children is not yet truly significant. There is, however, another, more subtle meaning to the term “international babies” that reflects crucial and ongoing changes in China’s global attitudes and status, and points to the most likely direction for its continued progress, and the most suitable definition for that hallmark of first-world status: the middle-class.

The linguistic experiences of the child with mixed-race parents is obviously conducive to proficiency in spoken English. The home environment of such a child is, unsurprisingly, the envy of many Chinese parents; the socioeconomic benefits of being able to speak English, or promote oneself as an internationally rounded individual, are immeasurably vast. These genetically international babies are, as a result, fast becoming something of an unofficial model for middle-class Chinese children with no international family background. Parents will spend vast sums of money on extra-curricular English lessons, often targeted at children as young as two.

To the observer, such practices, bizarre as they may be (and I am yet to meet a foreigner who does not think the tuition of two-year olds bizarre), can almost be perceived as an attempt to mould an international baby such as would be found in a genuine mixed-race home. Organisations such as Disney English or the Eton House nursery, themselves drawing influence from prominent Western organisations, sell Chinese parents the chance to give their children an immersive English-speaking experience, providing, ideally, an international advantage later in life. These private schools almost offer themselves up as a third, English-speaking parent, designed to genetically engineer the child to the point of internationalism. Teenagers are often enthusiastically enrolled in expensive international schools, such as Nanjing's very own 'Foreign Language School', where the emphasis is on the student eventually leaving China for university.

Increasingly, and worryingly for the government, Chinese educational success is becoming identifiable with a move away from China and away from Chinese; the most respected schools in Nanjing, unsurprisingly, are also the most international, use the most English and have the most foreign teachers. Indeed, this seems to sum up a major issue in China's economic surge: the middle-classes are beginning to use their newfound prosperity to invest in lives for their children abroad, whether as students, in business, or elsewhere, and often these investments arise as a result of dissatisfaction with domestic education or opportunities.

As a city regularly hailed for its internationalism, Nanjing may prove something of a distorted image of the rest of China's status. A nationally acclaimed school such as the Nanjing Foreign Language School, where at least 60% of students end up studying abroad and speaking fluent English, is the exception rather than the rule. Yet a major precedent has already been set. Nanjing is characterized by its wealth and its large middle-class, and if China economically develops as expected, other large cities will no doubt follow the trends we daily witness. The chimeric spectre of class is ever-difficult to define, yet perhaps in China, and certainly in Nanjing, we are seeing a na-

tion where the consumer potential of the middle-class is associated more strongly with extra-curricular English lessons for children than anything else. Parents see English – the international language – as the one-way ticket to their child's success, and it is difficult to see how this will change: no matter the political, social or economic situation, human behaviour will invariably be determined by an unquenchable parental desire to provide for their children.

Whilst the temptation to reduce the myriad complexity of China's global status to the question of international education must be avoided, the situation in China is profoundly important in a historical sense. The role played by education in the establishment of global dominance is impossible to underestimate. Consider the English public (private) school system that drilled young men to run an empire spanning most of the planet's surface. Consider the wealth and power of the American college system that has contributed to the technological, scientific, medical and cultural ubiquity of the United States. Consider, in both cases, the fact that parents would, and continue to, spend vast sums of money (if not all their money) on guaranteeing their children the kinds of opportunities afforded by these institutions. Even today, if you are educated at an English private school, your chances of economic success statistically multiply at a terrifying rate. If your parents begin saving for your American college education from a young age, your career prospects fly through the roof. Here, we see a similar pattern in China – a pattern whereby education becomes by far the most powerful determinant of an individual's success, and one of the most, if not the most, important investments parents make for their child.

What makes China's educational situation unique is the complex, deeply troubled, status of language. We may expect to see a growing tension between Chinese and English as the two languages vie for supremacy within China. The crux of the situation is this: middle-class parents are quickly realizing that the easiest and most practical way to assure their child every opportunity is to drill them in English as

thoroughly and as early as possible. And paradoxically, as China's middle-class grows in size, which it inevitably will, the prevalence and power of English will only be solidified as the potential market for private English schools becomes larger, and the value of the industry booms (as it has over the last two decades – the word 'boom' does not do justice). In this sense, the economic development of China seems set to do nothing other than reaffirm the dominance of the English language as the middle-classes find themselves driven towards the need to mould their children in an international cast. It is difficult to see a way around this; the aspirations of middle-class parents tend to find ways of outfoxing even the most strident governmental intervention. And all this is anathema to the principles of socialism, for which education is the great leveller:

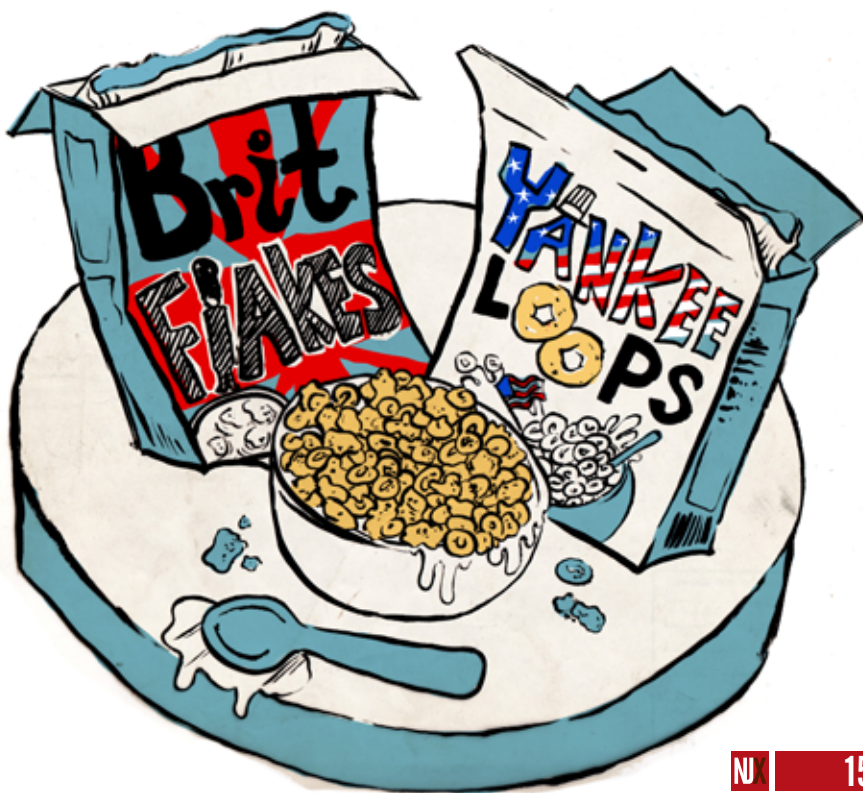
China's educational system, with its private English schools, has become the most potent symbol of capitalism in the country, and if parents cannot afford extra tuition or travel, what hope does a child have of reaching that lucrative international status? As unique as this situation may be, it similarly looks to be something that will be repeated in each country that becomes more highly developed in the twenty-first century. And lest we forget, history is littered with examples of nations whose identities were compromised by multiple languages that identified various classes

and social positions. English was once orally subordinated to French and literarily subordinated to Latin.

The Russian aristocracy spoke French to cultivate an air of social superiority. The history of modern India is one where the ability to speak English is the most profound marker of social class. The same pattern now arises in China, a country with a less explicit experience of colonialism, where a multi-billion dollar industry, often conveyed in the kind of soft imperialism found in the fabric of Disney English et. al., is fuelled by middle-class anxiety about their children's abilities to succeed. As China rises, some argue that the need to learn English will lose its practical function and fall away. Such arguments ignore the way in which social trends work: there was little practical need for the Russian aristocracy to speak French.

There are countless examples of utterly pointless practises coming to dominate a society because they retain the vestiges of purpose, or simply because they have become associated with the prospects of attaining success, wealth or prestige.

It may be easy to heap scorn on the parents who spend their entire savings on a few hours of English tuition each weekend for their 18-month old child who is yet to even master his or her mother tongue; many trained in linguistics will be tempted to do so. Yet when the extraordinary confluence of pressures on such parents is considered, it becomes apparent that, really, there is no other choice than to spend every last penny on the hope of creating what will inevitably become a 21st Chinese phenomenon: the international baby. **NU**



BEFORE AFTER

by Ronald Paredes

■ ***It does not matter how learned you think you are, how many books and websites you have read or how much experience you might believe you have; nothing can prepare you to be a father.***

Wait a second, it gets even better! If you are to become a father in China, buckle up because the ride is about to get even wilder.

Being in a mixed marriage must have already acquainted you with cultural differences, difficulties and misunderstandings but let's be honest; that is what makes mixed relationships fun and interesting. However, of all the cultural differences pregnancy may well be the most difficult to bear.

Having a baby is a very serious issue, and in China women endure what is probably the most difficult stage of their entire life. The restrictions, limitations and sacrifices are simply staggering, resulting in an exhausting pregnancy and postpartum experience for mother and all else around. Factors such as the One Child Policy, air pollution, chemical additives, social pressure and innumerable beliefs, folk tales and superstitions are enough to make you crazy!



HERE THERE

The Making Of

If you are in the process of “making” a baby try to treasure these memories because once the seed is planted you will not be enjoying those beloved marital duties for the whole coming year! While in western societies sex during pregnancy is often still frowned upon among the most conservatives families, it is in some cases recommended by doctors. It is believed that the closeness and affection can positively influence the growth of the baby, and by taking a few precautions (not the contraceptive kind!) couples can carry on a normal sex life during pregnancy. On the contrary in China this is a firm NO, NO; guys - you might dent the baby (!), cause deformities, traumatize or even induce a miscarriage.

A Very Limited Menu

It is natural for pregnant women to change their eating habits, to pay special attention to food rich in vitamins, protein, calcium and especially folic acids. Then there come the infamous cravings associated with pregnancy. Western women might allow themselves to indulge these cravings no matter how weird and nasty the combinations may seem. On the other hand, while Chinese women will also follow the same routine as regards nutritious food they also impose on themselves a more strict set of rules. Drinking tea of any kind is to avoided since is believed it may harm the baby and make her cry for no apparent reason. The frequency of eating is a rigorous regime in which food must be carefully manipulated; nothing sweet, salty or spicy; no sour, no sauce, nothing fried, no fast food, no brown food or too much chocolate. Why? It may stain the baby or make her dark!

The Radiation Shield Apron (防辐射服)

One difficult aspect of pregnancy is fashion; women like to feel pretty and look good even while carrying around a big belly. During this sensitive time, it is even more important for them to feel confident about themselves. For Chinese women is even more difficult to keep themselves in fashion, opting as they do for the “radiation shield apron”, essentially a not-so-good looking apron designed to protect the baby for all kinds of radiation; that emitted from mobile phones, computer screens, nuclear power stations, etc. This apron is widely believed to be a scam but is still very popular, perhaps as a comforter more than anything else.

When it all ends... Does it?

Finally, the most expected moment, the due day, after nine long months of aching, nausea, mood swings and other pleasantries the happy new mother cannot wait to get back to her normal routine and catch up with the life she put on pause for a while. Not so fast! For Chinese women giving birth is just the beginning of a short but very difficult period of their lives.

Yuezi (月子) or Zuoyuezi

which literally translates as “sitting out a month”, refers to the period of time for recovery that lasts from between 30 and 45 days in which new mothers should essentially do nothing except rest on their beds while observing a strict diet.

THE RULES OF THE HOTEL

- 1- No getting out of bed.
- 2- Several layers of clothing are to worn at all times, no matter how hot it is, along with a hat, thick socks and gloves.
- 3- It is forbidden to take a shower, wash hair, hands or feet. The body shall be cleaned by wiping the skin with a cloth soaked in a solution of hot water, alcohol and salt.
- 4- Use only boiled water to brush teeth and wash face.
- 5- It is forbidden to open windows. Air currents must be avoided at all costs, including fans and air conditioners.

6- Time spent reading or watching television shall be strictly limited. Failure to observe this rule may result in eye disease.

7- Breast feeding shall be performed only while lying down, never while sitting.

8- Certain fruits and vegetables may also be excluded from the menu, being considered “cold food”. In extreme cases this may even apply to water; soup being the only source of liquid.

While there is much modern medical evidence to suggest that upholding at least some of the many traditions of yuezi is indeed highly beneficial for the mother (ever wonder why Chinese women are able to keep their slim figure after childbirth?), one may be subject to many more restrictions, including superstitious beliefs such as not giving a real name to the baby, instead calling her by a nickname to protect against demons who might want to spirit her away at anytime.

Traditionally it shall be the mother's mother or mother in law who takes charge during this period, but there is also an specific kind of “Ayi”, an entire workforce out there that for their services can charge as much as six thousand remimbi for a month of work.

The Ayi

In many western countries a new mom may well have to take care of her baby all by herself. In China this is an abhorrence. When the new baby arrives home usually mother-in-law moves in and more often than not, the Ayi will join her. These two ladies become the corner stone of home life; taking care of meals, cleaning and helping with the baby. I have to admit with a little bit of shame that when the Ayi decides to take a week off the house is total chaos.

No matter here or there, our societies have all developed their own cultures associated with bringing a baby into the world. Through traditional Chinese practices and beliefs plainly can be seen the sacrifices made by all women of the world who in their differing ways each and every one endure the pain of giving us life. **NU**

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THE NANJINGER  COLLECTABLES

Hummus



INGREDIENTS

850ml can chickpeas
100ml lemon juice
100ml olive oil
2-4 garlic cloves, peeled
Optional mint leaves for garnish

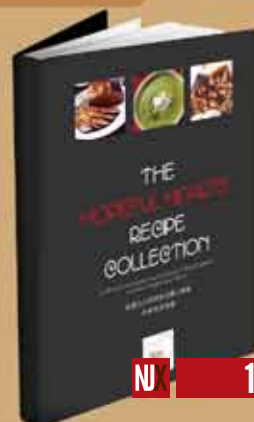
DIRECTIONS


1. Rinse the chickpeas under running water and place in blender.
2. Add lemon juice to chickpeas and blend until creamy.
3. Add olive oil and blend again until creamy.
4. Using a garlic press, press garlic cloves on top of chickpea mixture in blender. Leave for 2-3 minutes.
5. Mix again until blended.
6. Serve cold with mint leaves for garnish.

It's more than just a cookbook...

It's a collection of wonderful recipes from friends of Hopeful Hearts all round the world.

Every recipe is written in both English and Chinese. With over 190 recipes of international cuisine you could be dining in a different country every night!



(see next page) 



鹰嘴豆泥



配料

850毫升罐装鹰嘴豆
100毫升柠檬汁
100毫升橄榄油
2-4瓣蒜，去皮
可选用薄荷叶装饰

制作方法

1. 冲洗鹰嘴豆，放入食物搅拌机。
2. 加柠檬汁搅拌细腻。
3. 加橄榄油继续搅拌细腻。
4. 用压蒜器压蒜瓣，加入以上混合物。放至2-3分钟。
5. 继续搅拌直至混合。
6. 作为冷菜食用。可放薄荷叶装饰。



It's more than just a cookbook...
It's a collection of wonderful recipes from friends of Hopeful Hearts all round the world.
Every recipe is written in both English and Chinese.
With over 190 recipes of international cuisine you could be dining in a different country every night!



SCHEDULE

SUNDAY MARCH 11TH	SUNDAY APRIL 29TH
SUNDAY MARCH 18TH	SUNDAY MAY 13TH
SUNDAY MARCH 25TH	SUNDAY MAY 20TH
SUNDAY APRIL 15TH	SUNDAY MAY 27TH

ROUND.1

TIME	GAME.1 TEAMS	GAME.2 TEAMS
11am	NANDA F.C. VS CAMELS	S'FFIELD UNI F.C. VS NJ CASUALS
12:10	F.C. POTATO VS SINOSURE	J LIONS VS SUJIAOKE F.C.

ROUND.2

TIME	GAME.1 TEAMS	GAME.2 TEAMS
11am	SINOSURE VS NJ CASUALS	POTATO VS CAMELS
12:10	J LIONS VS S'FFIELD UNI F.C.	SUJIAOKE F.C. VS NANDA F.C.

ROUND.3

TIME	GAME.1 TEAMS	GAME.2 TEAMS
11am	NANDA F.C. VS F.C. POTATO	CAMELS VS NJ CASUALS
12:10	S'FFIELD UNI F.C. VS SUJIAOKE F.C.	J LIONS VS SINOSURE

ROUND.4

TIME	GAME.1 TEAMS	GAME.2 TEAMS
11am	NANDA F.C. VS NJ CASUALS	SINOSURE VS S'FFIELD UNI F.C.
12:10	SUJIAOKE F.C. VS POTATO F.C.	J LIONS VS CAMELS

ROUND.5

TIME	GAME.1 TEAMS	GAME.2 TEAMS
11am	SUJIAOKE F.C. VS SINOSURE	NJ CASUALS VS F.C. POTATO
12:10	S'FFIELD UNI F.C. VS CAMELS	NANDA F.C. VS J LIONS

ROUND.6

TIME	GAME.1 TEAMS	GAME.2 TEAMS
11am	NJ CASUALS VS SUJIAOKE F.C.	J LIONS VS F.C. POTATO
12:10	NANDA F.C. VS S'FFIELD UNI F.C.	CAMELS VS SINOSURE

ROUND.7

TIME	GAME.1 TEAMS	GAME.2 TEAMS
01:00PM	J LIONS VS NJ CASUALS	SINOSURE VS NANDA F.C.
02:10PM	S'FFIELD UNI F.C. VS F.C. POTATO	SUJIAOKE F.C. VS CAMELS

LOCATION:
ZHENG DE COLLAGE SPORTS COMPLEX



Beware of Flying Baby



闲话“儿童专座”

by Menglei Zhang

■ 一些准备做父母的年轻人曾经抱怨，生了孩子，会被拴住，今后出门活动的机会就少了。而事实上，当他们真的成了父母，他们却发现，出门的机会更多了。因为那时孩子成了主导。父母希望把自己的孩子介绍给世界，也希望把世界介绍给自己的孩子。

在英国游历时，我感叹大街上的两道亮丽的风景线。一个是青年，无论男女个个身材挺拔，面带欣喜，充满阳光。另一个是儿童，清澈的眼眸就像湖水，天真无邪，犹如天使。

但是，我也听说，老外们认为世界上最可爱的儿童是中国孩子。你看，不同民族的审美观有多么不同。

英国有许多关于儿童的法规，细致入微。比如2006年9月18日通过法例：规定3岁以下孩童，3岁至12岁或135厘米以下孩童在车内必需使用儿童安全座椅或加高座椅。2011年又出台了《英国儿童十

大宣言》等。这些法规让父母懂得了保护孩子、让孩子安全成长。

在安全观念上，中国的父母却落后于欧美国家和香港地区。许多人对儿童安全问题没有足够重视。比如乘车的法规在欧美、香港实行多年，而国内知道儿童座椅的人都很少，购买的人更少。一些“海归”从欧洲回国后发现，周边很少有人使用儿童座椅。原因是有人认为太贵、麻烦、占地方。

每一个父母都爱自己的孩子，中国的父母们也不例外。试想，有了安全座椅，就可以放心驾车带着孩子去逛街或聚会，既安全又方便，是明智的选择。

听说中国的《机动车儿童乘员用约束系统》的标准已经在国家报批。这一消费领域的“国标”快要浮出水面，真是一件大好事。

孩子是家庭的骄傲。年轻的父母们，当你们带上自己的宝贝，去领略世界时，不妨也和世界“接轨”吧，为孩子准备一个“专座”，不是像开车要系安全带一样简单和自然吗？ **NK**

TERROR MEETS HORROR

by Megan Fisher

■ My best childhood friend back home just had an eight-pound, seven-ounce baby girl.

This is the same friend I once spoke with in hushed tones about the horrors of labour and how much we disliked screaming children in restaurants. This is also the same friend who made a “pregnancy pact” with me—we would experience pregnancy at the same time.

Well, of course it did not happen that way. My husband and I found our baby in Nanjing. She weighs about ten pounds and has floppy black ears, a curly tail, and four feet. Meet Penny the pug.

Here is the truth: we may never want children. I certainly have no urge or ticking biological clock. Not at the moment, anyways. This notion is becoming more and more popular among the women of today. They are trading sensible shoes ideal for chasing children for severe heels used to announce her presence in the office.



Upon researching the matter further, I found that

18 percent of women were choosing a baby-free lifestyle in 2010,

according to the Pew Research Center. This number had shot up from the previous 10 percent in 1976. As a side note, 38 percent of women in 2010 thought childlessness was harming society.

I also found a little jewel of an article titled, “Why bosses are right to distrust women who don’t want children.” The author declared childless women are cold, dramatic, and party too much.

When I confess I may never have children, I usually receive more strange looks than encouragement. Both sets of my grandparents had at least five children and upwards of twenty grandchildren. My siblings all plan to have children. Most of the girls I went to school with have children.

Don’t get me wrong—I like babies. I like them when they’re not screaming, crying, or staring fixedly at me. I just happen to also think babies are cute, scary time bombs. They even have a completely accessible soft spot on their heads that might as well be a self-destruct button. It is terrifying.

Without children, my husband and I are free to travel and make spontaneous decisions. If we want to throw our things into a bag and skirt over to Beijing, Osaka, or even Wales, we can. Maybe we just want to visit the airport and jump the first available flight. There are so many things that will take that freedom, and I want to cherish it while I can.

Last summer, while I worked as a newspaper reporter, I attended an awards banquet and was seated at a table of big-wigs. The president of the Chamber of Commerce on my left, along with the Sheriff and the Superintendent of Schools. The Mayor and his wife to my right, among others. Even though these people were all perfectly lovely and kind, I simply had nothing to add to their discussion of first-class seats or fine wine.

During dinner, a lady I had just met asked if I had children.

“No,” I said. “I’m about to go to Nanjing in China. Then... well, I don’t know where. I could go anywhere.” The lady proceeded to show me pictures of her own children.

“You’ll want children one day,” she told me. “When you’re done being selfish, you’ll want one.”

Wait. What? Selfish? I had no idea I was being selfish—someone should have told me. Oh, hold on, this stranger just did.

I encounter the same clash quite often in Nanjing. The first question Chinese women ask, after discovering I am married, is, “How many children do you have?” I reply that I have none, and they then tell me I must have one soon.

Recently, a four-year-old Chinese girl asked why I do not have children. I told her I am young, 24-years-old, and I don’t want one now. She gave me a suspicious look, turned to her mother, and said there must be something wrong with my body or mind.

While this did not offend me, it never ceases to amaze me.

China, on the other hand, is currently experiencing a baby-craze. With the turn of this Chinese New Year, it has become the Year of the Dragon, and babies born during this year are foretold to be outstanding, driven, independent, and destined for success. One such famous “dragon baby” is Bruce Lee. I have seen hospitals, websites, and stores advertising the hype and encouraging Chinese couples to become

pregnant. **Some women, who are still single, are even choosing artificial insemination in order to have a dragon baby.**

So while I may still change my mind, I do feel more accepted among other traveling women in Nanjing, who dream of things in their future besides diapers and lullabies. Babies are gifts and should be treasured, but they aren’t for everyone. In my case, I will continue to hold my breath when walking through a maternity clothing section... just in case. **NU**



Go Green, Baby!

by Frank Hossack

■ Living in China, most expats have come to realize the many benefits that come from massage in all its shapes and forms; that of which the layman in many a western country may be unaware. Time to turn the tables! Aside from Traditional Chinese Medicine, herbal and other age old remedies that have been popular in other countries for some time (well, since the 1960s hippy era, anyway) are now beginning to gain traction here in China. Such treatment may not be the immediately obvious choice before, during or after childbirth, yet as we reveal below they can be much more than mere “alternative” medicine.

Osteopathy

Pregnancy: Osteopathy is most commonly sought for any form of backache during pregnancy, but is also helpful for treating morning sickness, hemorrhoids, and swollen legs and hands, and for moving the baby into a more comfortable position. Although osteopathy is safe throughout pregnancy, many osteopaths avoid giving treatment at the transition from the first to the second trimester (around twelve weeks) since this is a particularly vulnerable time.

Postnatal mothers: Treatment by an osteopath can help both mother and baby to get over the shock of the birth. Some specific after-birth problems, such as stress incontinence or shoulder pain from breast-feeding, can also benefit from osteopathy.

Babies and toddlers: Cranial and pediatric osteopathy is often advised for babies and infants because of the gentle movements involved. However, all osteopaths are able to treat babies from the earliest days, and osteopathy is even used on premature babies. Once a baby has recovered from the initial shock of birth, an osteopath can perform any necessary head molding. This may be the case if medical intervention, such as forceps, was required during delivery, or after a long second phase of labour, which subjects the baby’s head to considerable force. Osteopaths also treat colic, sleeplessness, reflux, and otitis media and work with babies who are constantly distressed.

Homeopathy

Pregnancy: Remedies are available to alleviate nausea and sickness, tiredness, cramps, and heartburn, and to treat minor health problems associated with pregnancy, such as mild urinary problems, diarrhea, anemia, varicose veins, backache, thrush, and emotional distress. Practitioners also say that homeopathy can be used to turn a breech baby, deal with anxiety and fear, and tone the uterus, thus ensuring that both labour and birth go smoothly.

Labour: Homeopathic remedies can help produce strong, effective contractions, stimulate the uterus if it fails, and deal with exhaustion and irritability.

Postnatal mothers: Remedies can aid fast recovery from damage to delicate tissues, and from exhaustion and bruising, and can help with baby blues and anxiety. Homeopathy can also help establish a good flow of milk for breast-feeding mothers and help protect the nipples from cracking and soreness. It is excellent for treating mastitis.

Babies and toddlers: A homeopath can treat babies suffering from colic, sleep problems, crying, teething, ear-ache, diaper rash, fevers, and chicken pox. For example, chamomilla, belladonna, and pulsatilla can all be very effective during teething. The choice depends on the symptoms experienced. Babies tend to respond quickly to homeopathic treatment. The remedies are easy to administer and have no nasty taste.

Medical Herbalism

Pregnancy: Many of the usual complaints that crop up during pregnancy, such as morning sickness, constipation, headaches, tiredness, and hemorrhoids, will respond to herbal treatment, when prescribed by a professional.

Labour: Increasingly, women are using herbs in the form of teas, tinctures, or essential oils to facilitate a smooth labour.

If you want to use herbs to influence contractions (hypertonic or stalled, for example), you should consult a practitioner and of course, discuss the matter with your obstetrician.

Postnatal mothers: You can use herbs after the birth of your baby for physical and emotional support. There are herbs to aid recovery from the impact of giving birth, to help heal wounds, to strengthen the system when the demands of breast-feeding hit you, and to soothe frazzled nerves when it all feels too much! Useful herbs to enhance milk flow are raspberry, fennel, and nettle. Herbs for lifting the spirits include lemon balm and lavender. Please bear in mind that significant, prolonged postnatal depression should be treated by a qualified practitioner.

Babies and toddlers: Under the guidance of a qualified practitioner, medicinal plants and herbs can be used from a very early age to support your baby's general health or to treat specific problems. Depending on the age of your child, a herbalist may treat her via your breast milk or via aqueous extracts. Common complaints treated by herbalists include colic, sleep and digestive disorders.

WARNING

Although some plant-based treatments for minor ailments, particularly teas and infusions, are widely available and generally regarded as harmless, other plant derivatives are potentially dangerous. Therefore, it is recommended that you not self-administer herbal treatments without the advice of a qualified and registered medical herbalist. Certain plants and herbs should be avoided during pregnancy and by infants. Anyone with a liver disease, such as hepatitis, or high blood pressure should consult their doctor beforehand.

GREEN FACT

The most renowned herb associated with preparing for childbirth is raspberry leaf (*Rubus idaeus*). Available in a number of forms; the simplest way to take it is as a tea. Many women claim it can bring on labour and make it easier, and that it may even help to restore the uterus to its non pregnant state after birth. **NU**



Rick Staff
with a remit to sniff, taste,
and spit his way around Nanjing
and disseminate the drinkable.

POINT SYSTEM
0-10 A WARNING
11-14 A Feasible Party Prop
15-17 Heartily Recommended
17-19 Exceptionally Good
20 The Apogee Of
WINEEXPRESSION

Chile

maybe a New World country in wine lexicon,
but wine has been made there since the Spanish conquistadors
arrived in the 16th century.


The 1990's, though, is really when Chile really found international recognition in terms of quality, with new-found democracy and a revitalized commercial spirit along with substantial external investment. Concha Y Toro is a beneficiary of these changes and now one of Chile's winemaking giants. They might be big but this has not prevented them from consistently getting it right in my opinion and this take on Merlot, the Casillero Del Diablo Merlot 2010 (¥113, Auchan) did not disappoint. The wine has a deep ruby complexion with violet hues at the rim and a supple, but firm, feel on the palate, where it delivers a hit of black cherries with some slight cassis inclined sweetness, and a hint of vanilla-edged toffee from some six months American oak ageing.

Use with grilled steak, most obviously, but could also do well alongside all but the very strongest of cheeses (16.5 points).

The Santa Rita 120 Merlot 2009 (¥69, Auchan) Affable and easy going with a mouthful of dark plummy fruits, svelte tannins, wood smoke, and just a trace of oak, make it much more than a sweet nothing. Versatile and good company for just about anything other than the very rich and spicy; an excellent pasta wine or would be a good solo performer (16 points).

Onto a typically sterner grape, Cabernet Sauvignon, courtesy of the Quasar Cabernet 2009 (¥118, JiuYJiu, Zhongshan Dong Lu), the celestial reference in the name leading to a description of the wine itself as "luminous..." but also cryptically, "magnetic".

Well, this wine felt strangely subdued, especially in comparison to its compatriots; duller in colour, and mellow in fruit. But the feel is subtle, integrated and pleasant making a gentle companion for mild cheeses and more simple pasta fare. Ready to drink now. Magnetic? I felt compelled to finish it which must make it a 15 pointer.

Lastly, turning to one of Chile's curious expats. Carménère was one of the most widely cultivated grape varieties in Bordeaux during the early 19th century. Prior to the phylloxera louse that devastated the vineyards of the Old World cuttings had fortunately previously been taken to phylloxera free Chile, which is now almost exclusively home to Carménère. Origen Reserva Carménère 2008 (¥108, BHG market, Aqua City) is from the del Pedregal Family, one of the smaller, boutique producers in the southerly Maule region of the Valle Central, where a lot of very ordinary wine is made but this is one of the exceptions. With a crimson colour when first poured that turns deep red over time, this offers a big smoky bouquet of prunes, plums and cherries. Could partner most pizzas and pastas but should hold its own with heftier, more complex dishes; mine went well with a medium-spiced, tomato and onion drenched lamb bhuna. Wins by a nose (17 points). 

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www.pfrang-association.org



Bali

The Island Of The Gods

by Alexey Romanov

■ So, you are in Denpasar airport on beautiful Bali island. Don't know where to stay? Do what many people do; find a place in Kuta. Poppies lanes 1 & 2 offer many of the cheapest hotels and guesthouses, but don't be in a rush to jump in the first taxi. Go for a Bluebird group taxi; they go by the meter and are very popular on the island.

A good alternative is to rent a motorbike. However, a few words of warning are a necessity. While it may be the cheapest and most versatile option, Balinese traffic leaves a lot to be desired, even by Chinese standards. So perhaps only the seasoned motorcyclist should apply. In addition, as a highly conspicuous foreigner on a motorbike, we make tempting targets for over zealous police officers keen to hand out a penalty or two.



Such hurdles aside, motorbikes do give you that freedom to go anywhere, maybe to check out different beaches or to just head to the closest. You will definitely want to include Seminyak and Kuta beaches where you stop in at one of the seashore restaurants for a drink to accompany an incredible sunset. Likewise for the views on Padang-Padang which you might recognize if you saw the movie "Eat, Pray, Love"; the extremely romantic scenery on the rocks of the Bluepoint will bring a fresh wave to your Bali stay.

Bali's volcanic reef fringed coastline has made this island a world surfing Mecca


and so one of the "must do" things on Bali is surfing. That means big waves, but also dangerous reefs, so much so that many of the locals I asked don't do it. For me, it would be one of the biggest mistakes not to try it in such a place where everything pushes you to try. Pick one of the many schools that dot the beaches, splash out 100K Rupiah for a day in which not only the board is included but from many also the guarantee that you will stand up and surf even on the first day. So, don't miss this opportunity!



Away from the surf, the international reputation of Bali is one of partying in the clubs, exotic shopping, thousands of different delicious food varieties and even magic mushrooms; yes such psychedelic asides are legal in Indonesia. A little off the beaten track however, in Ubud one can find the homes of many painters and craftsmen who, undoubtedly inspired by the vivid scenery of rice fields all around, have opened up shops and galleries in this village that drips with a calm and charming atmosphere.

I head up to the northern part of the island, snaking the road around mountains and volcanoes (making for adventurous and fun riding) and come to Bedugul, where I breathe in cool and fresh mountain air amid the majesty of Pura Ulun Danu temple on Beratan lake. My next wonderful destination was Bedugul botanical gardens. This is a huge territory in which you can explore thousands of trees and plants, amid mountains so attractive that there is no need to just admire the view; it is also possible to trek even the highest Mount Agung, at 2,567 meters above sea level. Start your way at 11 pm and climb to the top early in the morning to meet the sunrise!

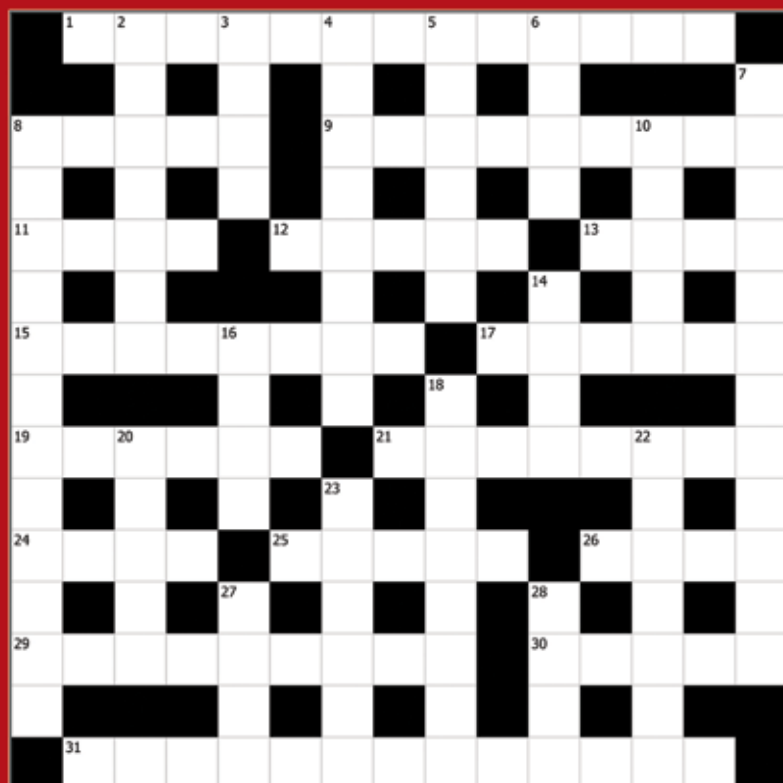


East of the island will bring you more good times in Amed and Tulamben villages. Here you will not find a loud and crowded nightlife, but if you are interested in snorkeling and diving, best to find some village accommodation hidden amid the mountain roads, for you can explore Bali for weeks. Further to the east, and very reachable from Bali, also lies the Heavenly archipelago consisting of Gili Trawangan, Gili Meno and Gili Air. With the remote island experience that they offer, and the stunning array of distractions for the visitor Bali-side, maybe it's already time to search for tickets? 



The Nanjinger Cryptic Crossword

By Adam Wilkie



Across →

- 1 See 30
- 8 Good for a horse but not an aero-plane (5)
- 9 Notice on a dustbin possibly (3,6)
- 11 A commotion when he abdicated (5)
- 12 The anger of beginner upset by royalty (5)
- 13 Totally female society forecast (4)
- 15 Strictly an adherent (5,3)
- 17 Sounds doubly stupid to get in the way of this (6)
- 19 Security for a windy day (6)
- 21 Cricketer with a limp (5,3)
- 24 Easy without the French adjusted for devils (4)
- 25,26 Descriptive of the faithful Goebbels, for instance (5,4)
- 29 Diplomacy in charge with a Scot for military endeavours (9)
- 30,1 Good advice after 2 (5,3,3,7)
- 31 Owning much of great concern these days (8,5)

Down ↓

- 2,6 Final nautical order. To musical jollies, one hears (7,4)
- 3 Experienced sinister arrangement (4)
- 4 Chap under a tree growing up without the French soldier (8)
- 5 Order, order for raid (5)
- 6 See 2
- 7 Change, but not into a pussycat! (12)
- 8 Extravagant oxymoron (12)
- 10 Settle, a little (sl) confusedly subdued (5)
- 14 Plaintiff sounds like a drain (4)
- 16 Sinful, vile mixture (4)
- 18 Stringed instrument with two poles and the French exploded, scattering this (8)
- 20 You'll cop it, altering the subject (5)
- 22 For fear that one Scot inside is undernourished (7)
- 23 Moving proposal (6)
- 27 In, in motorway vehicle (4)
- 28 Give up, up direction last month (4)



bǎobǎo

STROKE ORDER

宝宝宝宝宝宝宝宝

MEANING: Baby

COMMON EXPRESSIONS:

奶娃娃 / nǎi wá wa - A baby in arms

事半功倍 / shì bàn gōng bèi - Half the work with double the results

望子成龙 / wàng zǐ chéng lóng - To hold high hopes for one's child

Chinese 汉语
Corner 语角
Hàn yǔ jiǎo

合资公司 [hé zī gōng sī]
Joint Venture

小串串 [xiǎo chuàn chuàn]
Mixed Breed

洋娃娃 [yáng wá wa]
Living Doll

中西合璧 [zhōng xī hé bì]
Chinese and Western combination

混血儿 [hùn xuè ér]
A person of mixed blood

优化组合 [yōu huà zǔ hé]
Optimal combination



OUT AND
ABOUT

Qixia Monastery

By Daniel Otero

■ **M**any of us who still value peace in our time head for Qixia Monastery. For more than 1,500 years the Monastery has stood here, attracting believers in Buddhism and those who want to experience mountain solitude. Whether it is the deeply devoted, or those who wish a prayer and blessing in their daily life, they come here in search of something; fulfillment, spiritual or otherwise, and to remember departed loved ones with incense, offerings and prayer.

A trip to Qixia Monastery for many involves hopping off the Metro at Xueze Lu in Xianlin followed by a 15 minute ride to the last stop on Bus #138. If stopped on a bridge finding yourself “dazed and confused”, just follow the crowd; everybody will be getting off! Outside, you shall see a pagoda in the distance. Start walking toward it. Qixia Park is conveniently divided into left and right.

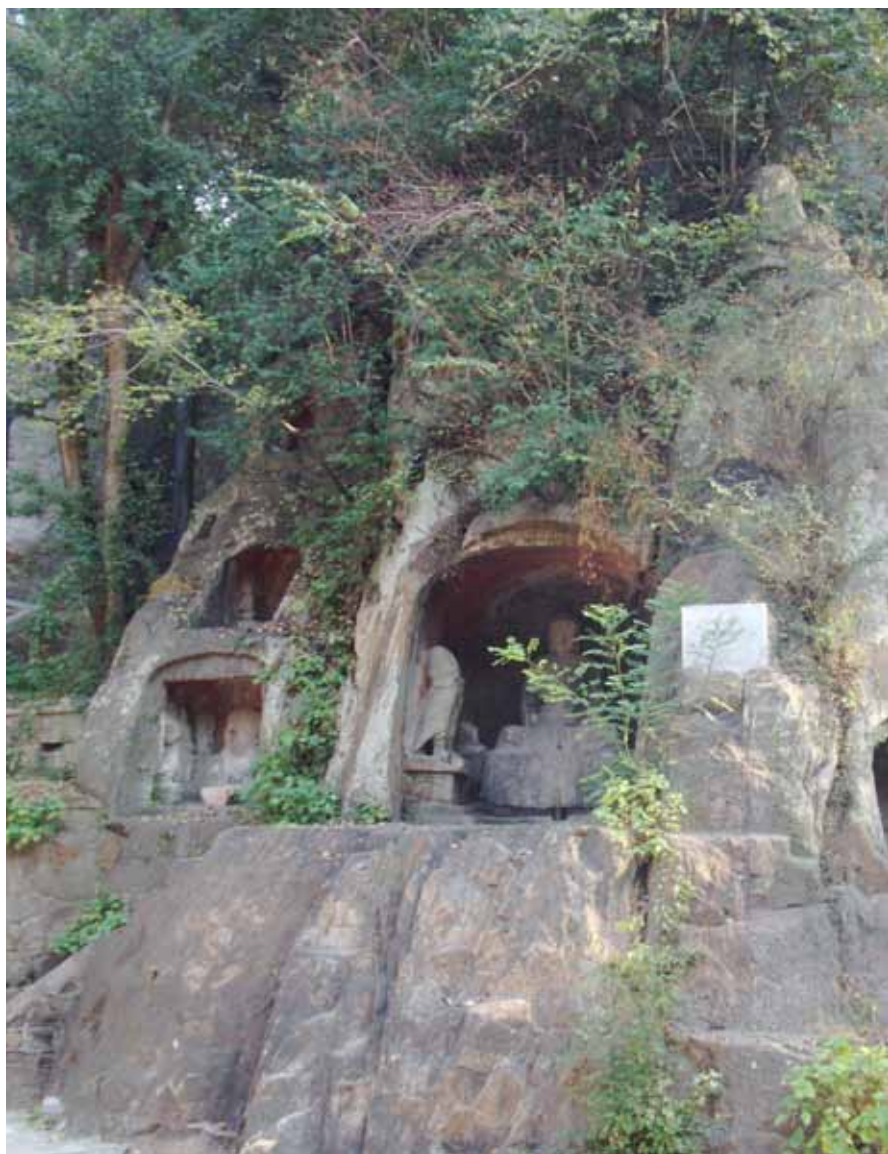


Honestly, the area to the left side, while nice, can become overly touristy, but the right side of the park holds the true magic; rough and rugged, not as developed. On this particular side one can find the remains of a palace, and many Buddhas carved into stone. It is surely a unique beauty in such an industrialized area of China.

An ocean and a continent away, New England is famed for the gorgeous show of colour served up each year by its Maple Trees. The Oriental equivalent is right here on our doorstep, in Qixia, meaning that Autumn's touch draws crowds of visitors to an almost claustrophobic extent, a feast for the shutter of a thousand cameras as the trees turn from a gorgeous yellow, to orange, to red. Beauty is one thing, now to call it spectacular is something else.

The Monastery itself is a simple affair while its gardens and lakes offer visitors a half-day escape away from the rapidity of their lives. Once inside the Monastery, there is this feeling of warmth and peace; a flow and a quietness in breaths. Then there is the temple, the front of which is decorated with a pagoda and elephants while inside in the very centre of a lake, a statue to honor female enlightenment; a gorgeous goddess as the embodiment of the beauty in most of the women of China!

The changes that have swept across much of China in the last ten years alone have left many people overwhelmed, confused and scared. People come to the cities for better jobs and progress, but as society grows,




people also need to escape the hustle and bustle of everyday stress. That the majority of Chinese hold a deep connection with Buddhism may well be their saviour.

This and the fact that China still holds within its outer-cities' limits places such as Qixia Park guarantees the future of the "weekend treat" that is to keep body and soul in shape during the search for more spirituality.

A visit to Qixia Park makes for a peaceful, yet exciting day out. And what's not to get excited about?

You're stepping into one of the oldest Monasteries in China and possibly even the world,

retracing the steps of the ancients while feeling closer to Heaven. All in all, not a bad day's work. 



Travel Tips

Entrance to Qixia Park is ¥35, another ¥10 to get up the Mountain.

Before 6:00 a.m., it's for free!

Avoid the crowds by visiting after 11:00 a.m. on weekdays.



Operation Smile China Celebrates 20 Years of Creating Smiles

Each year, nearly 35,000 children in China are born with cleft lips, cleft palates or another debilitating facial deformity. Thousands of children are still waiting for surgery that can take as little as 45 minutes and will transform their life forever – and you can help.

China's first registered not-for-profit hospital, the Hangzhou Operation Smile Charity Hospital, provides year-round care by local Operation Smile-trained and credentialed medical professionals in the fields of plastic surgery, dentistry, pediatrics, and speech pathology, as well as psychosocial services to patients and their families. The Charity Hospital has changed the lives of more than 5,100 patients.

Operation Smile China is currently conducting over 20 medical missions across China to give free surgeries for over 2,000 children in need. Consider supporting their work and giving a child the chance to lead a normal life and smile for the first time.



Bao, before and after

For more information:

Operation Smile China: 中国微笑运动

Julia Jorgenson, Program Development Coordinator:

julia.jorgenson@operationsmile.org or +86 138 1055 1450

Hangzhou Operation Smile Charity Hospital: 杭州微笑行动慈善医院

www.operationsmile.org/china

LEADERSHIP DEVELOPMENT IN CHINA

With
Jochen Schultz

■ **Leaders in China are on average ten years younger than their counterparts in western countries**, meaning that qualified management resources are scarce and sought after in the market. MNCs in China are pursuing different Management Development Programs to fill the leadership pipeline.

Management theory is based on elementary human needs, but its focus and way of implementation can be very different in China due to perceptions over the nature of leadership (participative vs. hierarchical), differing communication habits and methods of dealing with conflict (direct vs. indirect), perceptions of quality and quality control (holistic vs. case by case) plus differing ideas over the gray area between the ideal state and the real state (level of assertiveness, giving feedback etc.).

MNC and leadership company cultures are still mostly dominated by headquarters and the culture of the country in which headquarters is based. When implementing leadership programs in MNC's in China one aspect is in the training of leadership skills in general but another is in the training of that leadership culture emanating from the country of origin, implying for example different ways of communicating, developing people and demonstrating leadership.

By general global consensus it appears the modern successful traits of leadership are:

Common values and goals


Motivated employees working in strong teams

Innovation

Learning organization

Social responsibility

MNC's in China have special requirements for leadership development, but they can often be satisfied through the balancing of global company culture, culture in headquarters' country of origin and of course, Chinese culture. The right levels of each can usually be found by applying the company values and vision/mission locally. This can reveal much about the global company culture and provide a view of where adaptations to the local culture are necessary.

Due to the lack of experienced managers in the Chinese market, leadership development needs to be implemented in an accelerated fashion. This can be achieved by integrating elements into a program in which participants can experiment with what they have learned in a risk free but realistic environment. Outdoor activities or social responsibility projects can provide a suitable setting for experimentation. Such accelerated learning programs seem to represent the current method of choice in achieving necessary competency levels within an optimized time frame. 

See you back here for Section Head in the next issue of The Nanjinger!

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雅思的筹备也是可以的。详情请咨询。

IELTS preparation is also possible.

Please ask for details.



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**RUGBY
WORLD CUP
2011**



TOP OF MIND

The clerk at the sport supplies store was listening attentively to the complaint from a customer; this man wanted to return a pair of sneakers that he had just bought the day before...

"SIR, WHAT SEEMS TO BE THE PROBLEM WITH THE SHOES?"

"WELL, YESTERDAY I PARTICIPATED IN A RACE AND I DIDN'T WIN..."

“THESE SNEAKERS ARE NOT FAST ENOUGH”

by Ronald Paredes

■ It might seem like something a child would say but often the same kind of claim is made when advertisers turn to their media providers after a few months, commenting that purchased advertising space or air time is not paying dividends or producing the required Return on Investment.

A new pair of sneakers will not improve your performance; they will help by offering comfort and good support, in other words the right conditions. However, they are just one component of a whole set of elements that need to be put together in order to achieve effectiveness and ultimately success in any advertising campaign. Any media provider's job is to offer the best possible platform for the exposure of your brand to the right target audience (more of the right conditions).

The final goal of advertising is to create awareness and to position your brand or service in the consumers' top of mind and then to keep yourself in that privileged place.

An effective advertising campaign or any attempt at advertising or promotion, requires not only a sustained investment of time, effort and money, but the effectiveness of the message will also rely on a well conceived strategy, a cohesive message, accurate targeting plus frequency, frequency and frequency.

The biggest companies in the world acknowledge the importance of frequency in advertising by investing every year massive amounts of money to keep their brands in "top of mind

awareness". Some of the budgets allocated to marketing and advertising by MNCs are big enough to run a small country for a year.

Advertising is always a good idea but it goes way beyond buying a small space in the local media and then quickly putting together an advertisement in a Word document; by doing that you make a mockery of your own brand that in fact could be more detrimental than not advertising at all.

It is important before making an investment in promotion to understand the advantages of having a strategy. Ask yourself what you want to achieve, what you want to communicate and what is the target. Consider what may be the most effective media to reach that audience, find a design studio or production house that can create the appropriate material and be ready to repeat, repeat and repeat until exhaustion. It is actually very easy to create awareness about your brand but incredibly difficult to keep that place in people's mind.

Winning the race is not about buying the fanciest pair of sneakers and throwing yourself on the road expecting to see immediate results. Just as in advertising it takes determination, discipline, effort, time and most importantly the implementation of a good strategy. **NU**

In a future article Top of Mind will talk about how to make best use of your advertising space.



Restaurant Review The Lobby Restaurant at Fraser Suites

By Frank Hossack

■ The experience of Fraser Suites Nanjing begins, in many ways, before one even sets foot in the door. The floor of the subterranean car park is so clean I would have been happy to have lunch off it. It was also here that I became (just for a moment) somewhat ashamed of my dirty little four wheel runaround that while fulfilling my needs perfectly, was nevertheless now sitting awkwardly between 27 Mercedes, 24 BMWs, 11 Porsches and (only) one Bentley. And yes, I did count them all.

The menu at The Lobby Restaurant offers culinary travels through Europe and Asia, represented by pizza, pasta, chargrilled steaks plus delights from Thailand, Malaysia Singapore and beyond. The health conscious can choose from vegetarian sandwiches and fresh garden greens, while there is also a Chinese à la carte menu for the less adventurous among us.

Our Caesar Salad (¥55), a traditional recipe consisting of various greenery plus grilled chicken, croutons, Parmesan cheese and a special (that means secret) dressing, was exactly as it should be. Australian T bone steak (¥298), accompanied by just sufficiently cooked vegetables and French Fries, made me marvel at how tender such a medium-cooked large spread of meat could be, while my dining companion assured me her Penang Char Kway Teow (¥62), a traditional Malaysian specialty, was the most authentic she had tasted since student days on the very same peninsula.

In each of these dishes we experienced the genuine article, prepared to perfection. Herein perhaps lie the problem. China has now overcome two decades of difficulties in the preparation of authentic western cuisine. Bravo to that but, five or more star establishments please take heed; the gastronomic delights of this world are now more eclectic!

Elsewhere, Fraser Suites Nanjing offers meticulous service, place settings in which crockery is aligned to the millimetre and staff that are attentive while also not hovering like vultures. I just hope they were attentive enough to have cleaned the car park after we left.



Restaurant Reviews Boston Chips

By Megan Fisher

■ My husband and I happened across Boston Chips on a night when ordering McDonalds for delivery seemed too frivolous, and cooking was too much effort. We wandered through New City Mall, eyeing steakhouses but finding the wait too long.

Rounding a corner, we saw a stand ornamented in red, white, and blue, and the all-American appearance drew us in. I suddenly pictured myself on the boardwalk or at a summer baseball game. The nostalgia was too good to pass up.

Although the workers did not speak English, the options were clearly printed both overhead and on menus. The stand was small, so customers were supposed to order at the counter and take any of the few tables adjacent.

Boston Chips offers an array of boardwalk food, including hotdogs, tater tots, mashed potatoes, onion rings, and chicken fillets, including BBQ and Cajun styles. Crab Rangoon also made the list for ¥15.

The most unique option is called the Happy Cup. Happy Cups are essentially medium or large cups filled with fries and a topping of your choice.

The menu features a lengthy list of nearly 20 toppings, covering every Happy Cup choice from ketchup at ¥15 to mozzarella cheese at ¥31, at large-sized prices. Also offered is New York butter, BBQ sauce, spicy taco, and salsa with sour cream. Three different combo meals complete the menu, all priced under ¥30.

I ordered a medium bacon and cheese Happy Cup for ¥26, popcorn chicken for ¥15, and a soda for ¥4.

The popcorn chicken didn't offset the fries as well as I'd hoped. There was just too much pepper on the batch. The melted cheese on the fries, however, was so perfectly "ballpark" I wanted nachos to go with it. By the time I reached the bottom of the cup, there was still plenty of cheese and bacon for the last few fries.

Boston Chips has stands located in New City Mall on Jiangdong Bei Lu, in Zhongyang Plaza on Zhongshan Nan Lu, and in Dayang Mall on Zhongshan Nan Lu. Boston Chips operates from 10 AM to 10 PM.

一天傍晚，我和我先生偶然走过Boston Chips，看见新城市广场牛排餐馆外排着长队，考虑到做饭费时费力，而麦当劳外卖又没有什么意义，当转过最后一个拐角，我们发现了一个具有美国特色的装饰着红白蓝颜色的亭子。瞬间，我想起了曾经在木桥漫步的一个棒球比赛的夏天的场景。这种怀旧情绪让我很难迈步而过。虽然服务员都不说英文，但是只要抬头看，点菜的选项都非常清楚地印在牌子和菜单上印着。食客们在点餐之后就可以在附近的几张桌子边坐下。

Boston Chips 提供一系列的美国木桥漫步式的食物，包括热狗、油炸嫩马铃薯、土豆泥、洋葱圈和鸡柳（烧烤、印第安口味）。炸蟹角也在15元之内。最独特的餐厅要算“快乐杯”了。快乐杯以薯条为基底，另加一份您选择的选料，放在中、大杯里。菜单精选了近20多选项的浇头。从15元起价的番茄酱到大杯30元的马苏里拉奶酪，Boston Chips还提供纽约酱、烧烤酱、辣塔科、酸奶莎莎。所有的套餐也都在30元一份。我点了一份26元的中型培根杯，15元的鸡米花以及4元的苏打水。

鸡米花并没有如同我想像的那样和薯条很好的搭配。那一批鸡米花可能放了太多的黑胡椒。但是薯条上融化了的奶酪却完美的让我想多买一份玉米片放在一起吃。当我吃到杯底的时候，发现仍然有大量的奶酪和培根，于是愉快的就着最后几根薯条吃了。

Boston Chips 位于在北江东路上新城广场、中山南路中央广场以及中山东路的大洋百货。营业时间：早上10：00—晚上10：00。



Preview

DJ Rob Swift "Tribute to Roc Raida" 2012

Once in a while, a truly great pioneer in music puts in an appearance in sleepy old Nanjing. One such event is delightfully just around the corner with DJ Rob Swift's 2012 China tour that tags Nanjing on the back of gigs in Beijing and Shanghai.

Rob Swift knows a thing or two about evolution and its conceptual cousin, revolution, whether the spontaneous kind that sparks radical change, or the vinyl-based kind that occurs at 33-1/3 revolutions per minute (and variations thereof). And for a cat like Swift, who has worked with some of the industry's most respected names, including Linkin Park, the Red Hot Chili Peppers and Herbie Hancock, it seems truly forward-thinking, revolutionary music just seems to come naturally. For this is the master of Scratch who figured out a way to use his skills on the turntables to make political statements; something beyond showing off how fancy his cuts are, something that actually makes socially relevant comment through scratches.

DJ Rob Swift plays Mazzo in Nanjing's 1912 on 17th March from 11:30pm until late, and The Nanjinger has got together with Mazzo to offer half price admission to the gig, including one drink. No more excuses. Get up. Go out. Be a part. Simply cut out the coupon below.



**Nanjing World Trade Center Business Club 南京世界贸易中心
Opening Ceremony - February 27th**



NJX THE NANJINGER CLASSIFIEDS

For detailed information about these and many other classified ads please visit our classifieds section at www.nanjingexpat.com

Real Estate

■ 2 bdrms in a 3 bdrm, 1 bathrm apt - Hexi near Wanda Plaza available

Available to rent from the middle of March. Three of us have lived here for a year and a half and two of us are moving out in March. Both available bedrooms are furnished and face south. The apartment is about 90 square meters and is on the 14th floor of the Wanda Plaza Dongfang complex. It's a new apartment, fully furnished with an LCDTV and new furniture and appliances (washing machine, fridge, oven, microwave, water cooler, gas stove, electric kettle, toaster).

Email: sambrummitt@gmail.com

Phone: 13770694646

For full advertisement text, visit: www.nanjingexpat.com

■ Looking for a room for 2 months

I'm a 20 year old Australian male looking for a room from mid-April to mid-June while I complete my internship. Please contact me if you have a room that suits my needs or if you're also looking for accommodation around that time. I'm clean, well organised and a generally happy and outgoing person. I'm easy to live with and am really interested in living with other students. I speak basic Mandarin and am happy to live with Chinese students to better my Mandarin.

Email: s3286234@student.rmit.edu.au

For full advertisement text, visit: www.nanjingexpat.com

■ Looking 4 Roommate

I'm Syrian ,student in Nanjing,who s looking for roommate,to share my apartment which located near Nanshida

Phone: 13770347751

For full advertisement text, visit: www.nanjingexpat.com

Jobs - Positions Vacant

■ IT Coordinator Position

Provide daily maintenance to MAC and PC systems, the network and network security system maintenance (Windows Server) as well as providing maintenance to printers, telephone systems and other related equipment. Applicants must be willing and motivated to self-study and go through training in software and hardware for Apple MAC systems using Snow Leopard and/or Lion OS.

Email the HR Manager: hr@bsn.org.cn

For full advertisement text, visit: www.nanjingexpat.com

■ Nanjing International kindergarten

Full time teacher, limited kids number(10 kids), limited teaching time(30mn/day), the most important is to interact with the kids, to provide an international environment! Female teacher is preferred but not required due to the age of the kids, the position is a full time from Monday through Friday, 40 mn from xinjiekou(XueZelu subway station), provide housing, airplane tickets.

Email: am2amoula@yahoo.fr

For full advertisement text, visit: www.nanjingexpat.com

■ Business Development Manager

Safehouse are world leaders in the supply of pressurised welding enclosures and hot work management solutions, to safely execute hot work within refineries, gas plants, oil sands facilities, petro-chemical plants and offshore platforms/FPSOs. Based in Beijing - the successful applicant will be required to work autonomously from their new office in Beijing with continuous support provided from Scotland and Nanjing. Email: ianross@safehouseuk.com

Phone: 13057623789

For full advertisement text, visit: www.nanjingexpat.com

■ Calling all Musicians!

Newly opened lounge nightclub in Nanjing is looking for non-Chinese amateur and professional musicians and singers to join our lineup. Especially interested in blues, jazz, and funk artists, but willing to consider other styles!

Call Jeremy: 13813891928

For full advertisement text, visit: www.nanjingexpat.com

■ Heading Intern Opportunity

Get your career off to a sharp start!

Are you a self-starter, creative, and eager to learn?

Come and join our intern program and experience how top businesses function.

Learn from our experts the keys to career success.

Gain experience that counts by:

-Learning 21st century entrepreneurial skills

-Networking with multinational companies.

Contact us at: interns@sharpeningaxes.biz

www.sharpeningaxes.biz

Miscellaneous

Congratulations!

To our dear friends Nathan O.Taylor and Max Schaefer, their wives and families for their new blessings in the form of a baby! Well done!

Wanted: A place to advertise items for sale, jobs vacant, services on offer or anything in between.

visit: www.nanjingexpat.com

or Email: classifieds@nanjingexpat.com



The Nanjinger
Cryptic
Crossword
Answers

NU Pick up your copy of *The Nanjinger* where you see the NUX avatar

Tourism and Hospitality

Hotel & Hostel

NU Fraser Suites Nanjing

南京辉盛阁国际公寓

116 Lushan Road, Jianye District

庐山路116号

87773777

www.frasershospitality.com

Nanjing's first international serviced apartments. Fully furnished 1 to 3 bedroom apartment suites ranging from 138 sqm to 249 sqm; offering a fully balconies, and a Clubhouse with leisure facilities make this the accommodation of choice for many expats.

NU Hilton Nanjing

南京万达希尔顿酒店

100 Jiangdong Zhong Road, Jianye District

建邺区江东中路100号

86658888

nanjing.hilton.com

The contemporary Hilton Nanjing hotel is part of Nanjing Wanda Plaza, a development of luxury shopping outlets, expansive malls, entertainment facilities and office towers. The hotel is 2 min. walk from the metro, 20 mins. drive from the city center and railway station and 40 mins. from the airport.

NU The Westin Nanjing

南京威斯汀大酒店

201 Zhongyang Lu,

Nanjing International Center, Gulou

中央路201号南京国际广场鼓楼区

85568888

www.westin.com/nanjing

The Westin is a haven of Chinese distinction, located only minutes from major corporations, restaurants and shopping. Set within the vibrant Hunan Road central business district, every room of the Westin overlooks scenic Xuanwu Lake.

NU Sheraton Nanjing Kingsley

金斯利酒店

169 Hanzhong Road

汉中路169号

86668888

The Sheraton is one of Nanjing's older, finer hotels located centrally within walking distance of Xijiekou. Amenities include fitness center, baby sitting and butler service plus car rentals and much more.

Intercontinental Hotel

1 Zhongyang Lu, Zifeng Tower, Gulou

中央路1号紫峰大厦鼓楼区

83538888

www.intercontinental.com

Located in Gulou with a birds-eye view of Nanjing's skyline. The hotel makes a grand statement and can be found in the 450 metre high Zifeng Tower; the tallest building in Nanjing. The hotel offers world-class service and accommodation

NU Sofitel Galaxy

南京索菲特银河大酒店

9 Shanxi Road

山西路9号

83718888

www.sofitel.com

resoff@sofitelnanjing.com

A luxury hotel located at the end of the popular

shopping street, Hunan Road. The accommodation of choice for many visitors coming to Nanjing.

NU Sofitel Zhongshan Golf Resort

中山索菲特高尔夫度假酒店

1 Huanling Road

环陵路1号

85408888

www.sofitel.com

reservation@sofitelnanjing.com

This golf resort is located at the foot of Purple Mountain and is the preferred hangout spot of Nanjing's rich and famous. A five-star plus location that is a great place in which to relax.

NU Jinling Hotel

金陵饭店

2 Hanzhong Lu

汉中路2号

84722888

A landmark hotel and one of the original high-class establishments in Nanjing. Conveniently located in Xijiekou, you can enjoy restaurants serving Italian, Japanese, Chinese, and Hong Kong cuisine, and you can also purchase train and air tickets from the hotel's travel desk.

Nanjing Grand Metropark Hotel

南京维景国际大酒店

319 East Zhongshan Lu

中山东路319号

84808888

www.metroparkhotels.com

sales.njgm@metroparkhotels.com

The 5-star Grand Metropark Hotel is located next to the Nanjing Museum. A wide variety of recreational and entertainment facilities. Holds a grand ballroom also.

NU Nanjing Sunflower International Youth Hostel

80 Zhanyuan Road (next to Fuzimiao's west gate)

瞻园路80号, 在夫子庙西门的附近

52266858 / 66850566

www.nanjingyha.com

An international youth hotel in Fuzimiao, one of Nanjing's most famous scenic areas. Includes free pool, DVDs, cable TV, foosball, Wifi, travel info, an English menu, and an English speaking staff.

Resorts

Regalia Resort & Spa (Qinhuai River)

御庭精品酒店 (秦淮河)

E5, No 388, Yingtian Street, Qinhuai District

(Chenguang 1865 Technology Park)

应天大街388号 (晨光1865科技创意产业园) 第E5幢

51885688

www.regalia.com.cn

reservations-qhr@regalia.com.cn

One of the most luxurious Spa resorts in Nanjing, conveniently located just outside the city wall on the Qinhuai river. A Thai style Spa offering a holistic approach to rejuvenation and relaxation. Its five spa villas by the river exude serenity, peace and solitude. Dining offers a uniquely satisfying combination of Chinese, Asian and Western cuisine.

NU Kayumanis Private Villas & Spa

Xiang Zhang Hua Ping

Sizhuang Village, Tangshan Town

江宁区汤山镇寺庄村

84107777

www.kayumanis.com

nanjing@kayumanis.com

High End private villa in Nanjing. Refreshing natural hot spring with mountain view.

Tangshan Easpring Hot Spring Resort

汤山颐尚温泉度假村

8 Wenquan Lu, Tangshan, Jiangning

汤山镇温泉路8号

51190666

A Leisure hotel in Tangshan offering different types of bathing. ¥128 for adults, ¥65 for children under 1.3m tall.

Museums & Parks

Nanjing Massacre Museum

清华日军南京大屠杀遇难同胞纪念馆

Shuiximen Jie No. 418

水西门428号

86612230 / 86610931

Tuesday – Sunday from 8:30 to 16:30

The museum is located in the southwestern corner of Nanjing known as Jiangdongmen; one of the former execution grounds and mass burial places of the cruel holocaust. Admission is free.

Rabe House 拉贝故居

Xiaofenqiao No. 1, Guangzhou Lu.

小粉桥1号

Tuesday – Sunday from 8:30 to 16:30

The former home of the German Industrialist who saved the lives of thousands of Nanjing people in 1937. The house served as a refugee shelter at the time. The story is vividly told here.

Nanjing Brocade Museum 南京云锦博物馆

240 Chating Dong Jie 茶亭东街240号

86518580 Hours: 8:30am-5:00pm

Nanjing brocade is regarded as the finest on earth. Visitors can observe professional brocade artists working on wooden looms.

City Wall Museum 南京明城墙遗址博物馆

8 Jiefang Men 解放门8号

83608359

Found on top of Jiefang Gate with photographs of long-gone city gates, maps and a full-scale model of the walled city. Captions in Chinese.

Nanjing Museum 南京博物院

321 Zhongshan Dong Lu 中山东路321号

The museum houses artifacts from various periods from Neolithic to the communist period.

Nanjing Science Museum 南京科技馆

9 Zijinhua Lu, Yuhua District

雨花台区紫荆花路9号

58076158

Hands-on fun and learning for kids. IMAX Cinema.

Bailuzhou Park 白鹭洲公园

1 Bailuzhou 白鹭洲1号

Built in the Yuan dynasty, located on the Qinhuai River, with traditional architecture, a small kids' amusement park and a bird and plant market.

Gulin Park 古林公园

21 Huji Bei Lu 虎踞北路21号

Gardens, paintball, BBQ & outdoor pool. Take the lift to the top of Nanjing Radio tower for a great view of the city.

Jiuhuashan Park 九华山公园

Beijing Dong Lu 北京东路

Climb to the top of the park to visit the temple and pagoda. A great way to get on the city wall for a scenic spot with gorgeous views of the city.

Nanjing Hongshan Forest Zoo 红山森林动物园

101 Heyan Lu 和燕路101号

Nanjing's zoo. Recent renovations have made this a nice place for a day out.

Qingliangshan Park 清凉山公园

Guangzhou Lu, near the intersection of Huju Lu
广州路西端

A quiet park, once home to Chinese artists, offers several calligraphy and stone museums, as well as an art gallery and pottery studio open to the public.

Underwater World 海底世界

South side of Purple Mountain 中山陵四方城8号
8.30am-5pm

Xuanwu Lake Park 玄武湖公园

1 Xuanwu Xiang 玄武巷1号

Offers trails for walking biking and running, with playgrounds, gardens, restaurants and boats for rent.

Mochou Lake Park 莫愁湖公园

35 Hanzhongmen Da Jie 汉中门大街35号

Location of the annual Dragon Boat Race, this is a great place to go boating or simply take a walk in a peaceful environment.

Yuejiang Tower 阅江楼

202 Jianning Lu 建宁路202号

This temple is part of a complex known as Yuejiang Tower Scenic spot. It includes the temple itself, Wanxian pavilion and other historical remains.

Zhongshan Botanical Garden 中山植物园

Established in 1929 and covers over 186 hectares. The garden has more than 3000 plant species on display. A great place to breathe the fresh air and have fun cycling.

Zhongshan Botanical Garden's Bridge World 中山植物园桥世界

1 Qianhu Hou Cun, outside Zhongshan Gate

中山门外前湖后村1号

An assortment of challenging bridge and rope courses criss-crossing a stream. For children of all ages to try.

Zixia Lake 紫霞湖

In the heart of Purple Mountain area with picnic grounds and a mountain fed lake in which you can swim. A number of deaths occur each year as a result of cramp brought on by cold currents flowing into the lake from deep inside the mountain.

Business & Education

International Education

British School of Nanjing

南京英国学校

Building 2, Jinling Resort,
Jiahua Dong Lu

佳湖东路湖滨金陵饭店2号楼

52108987

EtonHouse Nanjing

伊顿国际教育集团

West Songhua Jiang Street,

Jianye District (near Olympic Stadium)

南京市松花江西街6号, 建邺区, 靠奥体北门

(中华紫鑫广场北面) 金陵中学实验小学内

8669 6778

Nanjing International School 南京国际学校

8 Xueheng Lu, Xianlin College

and University Town

仙林大学城学衡路8号

85899111

Novas Education Management

诺瓦斯国际

2405, Building A, New World Centre,

88 Zhujiang Lu

珠江路88号新时广场A幢2405

68858565

Language Training

Alliance Française de Nanjing

南京法语联盟

Beijing Xilu 73 Qunlou 4th floor

北京西路73号裙楼四楼

83598762

www.afnanjing.org

Offers French classes and a modern library plus cultural events including conferences, concerts, exhibitions with local partners and artists.

JESIE-Goethe-Language Centre

JESIE -歌德语言中心

Jiangsu College for International Education 3rd

Floor, 205 Shanghai Lu 江苏省国际教育学院3楼, 上海

路205号

83335690

kurse@goethe-slz.js.cn

www.goethe-slz.js.cn

A cultural institute of the Federal Republic of Germany promoting cultural understanding and offering German language courses.

JESIE Corporate Training 苏教国际企业培训

Suite 210, 205 Shanghai Lu

南京市上海路205 号210 办公室

15895865134

www.jseicet.org

A program of Jiangsu Education Services for International Exchange.

American Eagle Institute

弋果美语

Suite 327, 291 Shuiximen street

建邺区水西门大街291号322-333室(万达金街东坊)

8771 6111

Foreign Trade & Economic Development Agencies

Australian Trade Commission

澳大利亚贸易委员会南京代表处

1163, 11F, World Trade Center, 2 Hanzhong Lu

汉中中路2号金陵饭店世界贸易中心11层1163室

84711888 -1163

Baden-Württemberg International

德国巴登符腾堡州国际经济和科技合作协会

7-3 Dabai Xiang Meiyuan Xin Cun

梅园新村大悲巷7-3号

84728895

China-Britain Business Council, Nanjing

英中贸易协会南京代表处

Rm 2514-2515, 50 Zhonghua Lu

中华路50号2514-2515室

52311740

European Union Chamber of Commerce

中国欧盟商会(南京)

30F, 1 Zhujiang Lu 珠江路1号30层

83627330

Netherlands Business Support Office

荷兰贸易促进委员会南京代表处

Suite 2316, Building B, 23/F, Phoenix Plaza,

1 Hunan Lu

湖南路1号凤凰国际广场B楼23层2316室

84703707

Nordrhein-Westfalen Business Partners

德国北莱茵威斯特法伦州经济促进局驻华

南京代表处

50 Zhonghua Lu 中华路50号

52270000

KOTRA

大韩贸易投资振兴公社 (KOTRA) 南京代表处

(韩国贸易馆)

41F, 1 Zhujiang Lu 珠江路1号41楼

Clubs & Charities

Nanjing International Club

南京国际俱乐部

www.nanjinginternationalclub.com

Founded in 1990 with the objective of promoting social contacts and good community relations within the international community in Nanjing. Many events taking place on a weekly, monthly and annual basis. A big club in Nanjing with 600+ members.

Nanjing Toastmasters

南京第一家英语演讲会俱乐部

www.nanjingtoastmasters.com

Weekly meetings at Hohai University

Hopeful Hearts

www.hopefulhearts.info

Dedicated to raising funds necessary for medical treatment of children with a heart condition.

Pfrang Association

普方基金会

7-3 Dabai Xiang Meiyuan Xin Cun

梅园新村大悲巷7-3号

84729068

www.pfrang-association.org

Pfrang association raises money to sponsor the school education of children in poor regions of Jiangsu province.

Shopping

Art

Jiangsu Art Gallery 江苏省美术馆

266 Changjiang Lu 长江路266号

86643757

Works of local artists, exhibits changed frequently.

ART 国艺堂

D-1 Shuimuqinhua, 99 Shitoucheng Lu 石头城路99

号水木秦淮D-1号

83321600

Picture framing service and all kinds of art related books, supplies.

Shenghua Art Center

南京圣划艺术中心

2 Zhoutai Lu, on Jiangxin Islet

江心洲民俗街洲泰路2号(原乡土乐园)

86333097 86333100

Exhibition of Chinese contemporary art, including photography, sculpture and painting, etc.

Stone City Modern Art Creation Gallery

石城现代艺术创意园

72 Beijing Xi Lu 北京西路72号

Exhibition of modern Chinese art.

For the Home

B&Q 百安居

286 Ningli Lu 宁溧路286号

Int'l hardware and furniture store with four stores in Nanjing.

IKEA 宜家家居

South of Kazi Men 卡子门南侧

Hongxing Furniture

红星国际家具广场

224 Zhongyang Lu 中央路224号

Large furniture mall with many shops. Large range of prices, styles, etc.

Jinsheng Market 金盛百货大市场

2 Jianning Lu 建宁路2号

Large indoor market with everything from home décor to wires to Christmas trinkets to electronics, etc. Cheap but be prepared to bargain. **Jinling**

Decoration Market

金陵装饰城

88 Jiangdong Zhong Rd 江东中路88 Everything needed for a new home.

Longjiang Flower Market

龙江花卉市场

78 Qingliangmen Da Jie

清凉门大街78号

Huge outdoor flower market with a variety of plants, cut flowers, fish tanks and fish, and a selection of gardening tools.

Modern House NJ (Remo) 摩登仓

Ground Floor, Lan of mercy and Social Hall, off Huaqiao Lu

慈悲社兰之堂5-2号

86555566

www.amodernhouse.com.cn

Copied designer furniture & décor.

Malls

Deji Plaza 德基广场

18 Zhongshan Road 中山路18号

84788066

A western style mall located at the northern end of Xinjiekou. As one of Nanjing's premier malls, there is a wide variety of high class shops and western restaurants such as Bella Napoli, and high end shops including Louis Vuitton and Burberry. There is also a movie theatre.

Nanjing Aqua City 南京水游城

1 Jiankang Road 健康路1号

52233999

A newer Nanjing shopping mall, home to many restaurants and western brand name shops as well as a cinema and an import supermarket.

Golden Eagle Shopping Center

金鹰国际商城

89 Hanzhong Road 汉中路89号

84708899

A popular department store with a wide selection of clothing, homeware, and a foreign food supermarket located on the upper floor.

Wanda Plaza 万达广场

98 Middle Jiangdong Road 江东中路98号

86805588

The largest mall in the west of the city, mostly occupied by Chinese brands. However there is a wide variety of food including Walmart and one of the largest cinemas in Nanjing.

Golden Wheel In-Citi 金轮新天地

8 Hanzhong Road 汉中路8号

84773788

One of the major Xinjiekou malls, with a wide variety of western brands and foods, including a donut shop and a Japanese teppenyaki restaurant. Fashion-wise, there is a wide selection available, including brands Sephora, H&M, and Timberland.

New City Mall 新城市广场

99 Caochangmen Street 草场门大街99号

86210888

One of the larger malls in Hexi, the western portion of the city. It contains many brand name shops, a variety of restaurants, a yoga studio, and a movie theatre.

Grand Ocean Department Store 大洋百货

122 Zhongshan Nan Lu 中山南路122号

Frequent promotions and many good value food stalls the basement.

Orient Department Store 东方商城

2 Zhongshan Nan Lu 中山南路2号

Gucci, Celine and other designer brands are available.

Sports

Decathlon 迪卡侬

286 Ningli Lu, next to Metro

宁溧路286号 (麦德龙对面)

Sport Megastore, 9am-9pm

GIANT 捷安特

178 Zhongshan Bei Lu, opposite

of the fabric market 'Bu Bu Bu'

中山北路178号

83611227

Bike shop

Jinxianghe Rd 进香河路

The main street for outdoor stores for hiking, backpacks, equipment and apparel for outdoors.

Bikes & Equipment Stores on Jinxianghe Rd

SPECIALIZED 闪电专卖店

Mountain Heart 山地情怀车行

Electronics

Professional Photography Equipment Market

照相器材专业市场

3F, Binjiang Friendship Shopping Center, 301

Jiangdong Bei Lu

江东北路301号滨江友好商城三楼

Dongding Plaza, 699 Zhujiang Lu

珠江路699号东鼎照相器材市场

Camera & photography equipment.

Mobile Shops on Danfeng Jie

丹凤街-手机

Indoor markets specialized in new and second-hand mobile phones and repairs.

Zhujiang Lu - IT Products

珠江路-IT产品

A multitude of stores selling everything you need for your computer, phone, camera and beyond.

Zhongyang Lu - Video Games

中央路-电子游戏

Any type of video game for all video game systems. Also do minor repairs.

Suning Electronics 苏宁电器

8 Shanxi Lu 山西路8号

Local firm that is now one of China's largest retailers for electrical household appliances.

Online Shopping

ChunJie365

www.chunjie365.com

cs@chunjie365.com

58933356

Online shopping site with English version that offers fun and unique gifts from the US and Asia with the ability to engrave or personalise for that special someone.

Groceries

HomeGrocerChina

Yushuiwan Garden, Yudao Jie 169, Building 65,

Rm503 御道街169号御水湾花园65室503室

84400397

www.homegrocerchina.com

Online shopping of premium imported products conveniently delivered to your door. Cash on delivery.

Metro 麦德龙

288 Ningli Lu 宁溧路288号

300 Jianning Lu 下关区建宁路300号

German hypermarket with a wide selection of foreign foods.

BHG Market

B2 Floor, Aqua City, No.1 Jiankang Lu 健康路1号水

游城地下2层

66985066 / 66985068

91 Matai Jie

马台街91号

68675666 / 68675699

Japanese supermarket with a large stock of imported goods plus fresh organic fruits and veg.

Carrefour 家乐福

235 Zhongshan Dong Lu

中山东路235号

The omnipresent French hypermarché with four stores in Nanjing and a fifth (Pukou) on the way.

RT Mart 金润发

Danfeng Jie 丹凤街

Chinese supermarket with decent foreign food section and three outlets in Nanjing

Auchan 欧尚

151 Hanzhongmen Dajie

汉中门大街151号

86580282

French hypermarket with three stores in Nanjing

YaoHan City Market 南京八佰伴

Phoenix International Bookmall, 1 Hunan Lu

湖南路1号凤凰国际

Foreign food supermarket.

NT Times Grocery

泰晤士

48 Yunnan Lu 云南路48号

Very popular foreign food store with wide selection of imported yet pricy food.

Organic Food 有机食品

Available in many of above mentioned supermarkets and big Chinese food markets, but need to ask staff. Organic foods can also be ordered online from <http://shop.njaf.gov.cn> - Chinese language only.

Wine Outlets

Aussino cellar 富隆酒窖

Room109, No.198,

Zhongshan Dong Lu.

隆酒窖 南京市中山东路198号109室

84679799

www.aussino.net

njaussino@126.com

Over 1000 selected world class wines and more than 200 retail outlets nationwide. A pioneer of wine culture in China.

Ziyo Wines 南京紫元酒窖

18 Mochou Dong Lu

南京市建邺区莫愁东路18号

13770923489

Eminence Cellar 香松酒窖

Inside Wutaishan (opposite to Jin Inn) Guangzhou Lu

广州路, 五台山体育场

66012088

Metro 麦德龙

288 Ningli Lu 宁溧路288号

300 Jianning Lu 下关区建宁路300号

Foreign Language Bookstores

Foreign Language Bookstore

外文书店

218 Zhongshan Dong Lu

中山东路218号

84650445

A selection of Foreign books and magazines.

Phoenix International Book Mall

凤凰国际书城

No1 Hunan Lu 湖南路1号

Five floors of books, magazines, gift shops, toys, musical instruments, CD's and DVD's.

Services

Travel

N **Lufthansa German Airlines** 德国汉莎航空公司

Reservation Service:
4008 868 868 (CH,EN)
LH Sales Office: Room 951, World Trade Center,
2 Hanzhong Road
汉中中路2号金陵饭店世贸中心951室
Fax: 84722624
nanjing_lufthansa@dlh.de
Nanjing Lukou Int'l Check-in Service
Airport 417 Room.

N **D.T. Travel** 大唐国际(香港)商旅服务有限公司

22E, Golden Wheel
Mansion, 108 Hanzhong Lu
汉中中路108号金轮大厦22E
84720097
Ticket Booking: 400 886 1212 (FREE)
English service includes: flights, visas, hotels,
and holiday packages.

Transportation

Nanjing Train Station

南京火车站
141 Longpan Lu, Xinzhuang
新庄龙蟠路141号
85822222 (enquiry)
85824224 (tickets)
www.njstation.com
Online train timetable and booking, but only in
Chinese.

Nanjing Lukou

International Airport

南京禄口机场
Lukou Town, Jiangning District
江宁空港镇
968890 52480499
Airport Shuttle Bus
机场大巴
6am-8.30pm, leaving every 30mins, ¥25
1. Nanjing Railway Station, next to Bus 17
南京火车站17路车站旁
2. Nanjing Zhonghua Men Station, 88 Jihecun Lu
南京中华门车站
集合村路88号
3. 221 Longpan Zhong Lu 龙蟠中路221号

Nanjing Coach

Terminals

南京长途汽车站
Coach timetable/ticket enquiry 96196

Nanjing East

Coach Terminal

南京长途汽车东站
17 Huayuan Lu 花园路17号 85477345

Nanjing Hanzhongmen Coach Terminal

南京汉中门客运站
Located half a block east of the intersection of
Hanzhong Lu (汉中中路) and Huju Lu
(虎踞路)
86612288 (enquiry)

Nanjing Zhonghuamen Coach Terminal

南京中华门车站
88 Jihecun Lu, 集合村路88号
52418504
To Gaochun, Anhui Prov.

Nanjing Zhongyangmen Coach Terminal

南京中央门总站
Next to Zhongyangmen overpass, one kilometre
west of Zhongyangmen Station.
中央门立交桥对面, 南京站西1公里处

Nanjing North-Central Coach Terminal

南京中北长途客运中心
100 Shengzhou Lu (Sanshanjie Metro Station)
南京升州路100号(地铁三山街站)

The Nanjing Metro (subway)

Fares cost ¥2-4. Open 6.00am to 11pm. See map
for underground stations.

Taxi

Taxis cost ¥9 for the first 3 kilometers and ¥2.4
for every additional kilometre. An additional ¥2
is levied on the cost of the entire journey as a
fuel surcharge. Prices are cheaper for some taxi
companies based outside Nanjing.

Main Local Bus Routes

Air-conditioned bus costs ¥2, otherwise ¥1.

Bus No. You 1 (游1线)

-Nanjing Station 南京车站
-Xuanwu Lake 玄武门
-Presidential Palace 总统府
-Purple Mountain 中山陵

Bus No. You 2 (游2线)

-Yuhua Tai 雨花台
-Zhonghua Gate 中华门
-Confucius Temple 夫子庙
-Presidential Palace 总统府
-Purple Mountain 中山陵

Bus No. 1 (1路)

-Nanjing Station 南京车站
-Xuanwu Lake 玄武门
-Gulou 鼓楼
-Zhujiang Lu 珠江路
-Xinjiekou 新街口
-Confucius Temple 夫子庙

Healthcare

N **Global Doctor** 环球医生

East Mochou Lake Road,
next to Shuiximen Street
莫愁湖东路, 靠近水西门大街
86519991
Emergency Number: 13805174397
www.globaldoctor.com.au
Global Doctor is an Australian based medical
company that provides primary care, occupational
healthcare and emergency assistance. Another
clinic of choice for many foreigners living in Nan-
jing. Located relatively close to Xinjiekou with a
multilingual staff - EN, IT, JP, PT, ES, KO, CN.

N **Nanjing International SOS Clinic**

南京国际(SOS)紧急救援诊所
1F, Grand Metropark Hotel Nanjing,
319 East Zhongshan Lu
中山东路319号维景国际酒店1楼
84802842 (by appt.)
Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Alarm
Center: 010 6462 9100
www.internationalsos.com
Western doctors and public pharmacy. Service
listed in English & Chinese Multilingual staff - EN/
CN/JP/DE

New Public Pharmacy

Nanjing International SOS Clinic

English speaking staff. OTC medicine available.
Prescription medicine by doctor appointment.

Yifeng Super Drugstore 益丰大药房

159 Hanzhong Lu, west of JS hospital of TCM
汉中中路159号(省中医院往西30米)
86795111-825 8am-9pm
English speaking staff.

Nanjing Entrance and Exit

Inspection and Quarantine Bureau

江苏出入境检验检疫局

1 Baxia Rd 白下路1号
52345328 / 84456805
Health checks for work permit / visa applications.

Gulou Hospital 鼓楼医院

321 Zhongshan Lu 中山路321号
83323101
The major hospital for trauma (24 hr)

Nanjing Children's Hospital 南京市儿童医院

72 Guangzhou Lu 广州路72号
83117500

Jiangsu Provincial Hospital of TCM

江苏省中医院

155 Hanzhong Lu 汉中中路155号
86617141
The major Chinese medicine hospital.

Jiangsu People's Hospital 江苏省人民医院

300 Guangzhou Lu 广州路300号
83718836
The major western medicine hospital.

National Medical Centre of Jiangsu Province

江苏省国医馆

168-7/8 Qingliangmen Dajie 清凉门大街168-7/8
13905150592 / 85381818
www.jsjsgyg.com
johnson55@163.com
Specialists in TCM and massage therapy. English
speaking staff.

Nanjing Maternity and Child Healthcare

Hospital 南京市妇幼保健院

123 Tianfei Xiang 天妃巷123号
84460777
The major hospital in Nanjing for pregnancy
checks, labour & delivery.

People's Hospital

300 Guangzhou Lu 广州路300号
83718836
The major western medicine hospital.

BEN-Q Hospital 明基医院

71 Hexi Avenue 河西大街71号
58858800
The hospital is located in the southwestern area of
the city, conveniently beside the subway. BENQ is
staffed by local specialists, with occasional visits
from Taiwanese doctors.

Dan-De Dental Clinic 丹德齿科

D6, 9th floor, HuaWei Mansion, No.107 ShiGu Lu
石鼓路107号华威大厦9楼D6
84217177
Centrally located dental clinic with western stan-
dards.

KB+ Dental Hospital

31 Fujian Lu (HuaFu Mansion)
83433333 / 4001108899
www.kangbeijia.com
Jiangsu's first digital dental hospital using the best
in western methods. Treatments include dental
cosmetics, implants, tooth whitening, correction-
straightening, protection, treatment.

N **Nanjing Union Dental Clinic** 南京友联齿科

1F, Grand Metropark Hotel Nanjing,
319 Zhongshan Dong Lu 中山东路319号
维景国际酒店一层
84818891 / 84808888-6555
dentist@uniondental.cn
Western standard dental care with English
language.

Legal

NU Dacheng Law Offices 大成律师事务所

2F, No.72 Beijingxi Lu
2楼北京西路72号中华人民共和国
83755108
nanjing.dachengnet.com
Hongliang.Hu@dachengnet.com
Ranked No.1 in Asia by size, with branches in 26 countries and all over China. Nanjing branch is ranked No.1 in Jiangsu Province (EN/CH/ES/JP/KO).

NU Picozzi & Morigi Law Firm 意大利高基莫里吉律师事务所

A4, 21F, Golden Eagle, 69 Hanzhong Road
南京市白下区汉中中路89号 金鹰国际商城21楼A4
86556731
nanjing@picozzimorigi.it
www.picozzimorigi.cn
www.picozzimorigi.com
Italian law firm operating in China since 1991 and licensed by the Ministry of the Justice with two representative offices in Nanjing and Shanghai. Provides legal services in English, French, Chinese, Spanish, Italian and German with special regard to investing in China, M&A, labour law, IPR protection and cross border dispute.

NU Jeffrey Wang 江苏丰亚律师事务所

4 Gupinggang, Nanjing 210013
古凭岗4号
13605182614 / 5878 5391
wyz_jeff@163.com
Business lawyer with more than 10 years legal practice in Nanjing plus fluent English communication skills as well as abundant knowledge in both legal and business areas.

Pets

Amy Hao Hao Pet Care

爱咪好好
18 Nantai Xiang Xi (off Wang Fu Da Jie) 南京王府大街南台巷西18号
84203097 / 13952034351
Professional and caring cat and dog grooming service owned and run by a local Nanjing girl who speaks fluent English.

Nanjing Veterinary Station

南京畜牧兽医站宠物总医院
448 Longpan Zhong Lu
龙蟠中路448号
84484781
Major centre for vet services and vaccinations.

Ai-Bi Pet 艾贝尔宠物医院

258-27 Zhongyang Lu
中央路258-27号
83112202

Tom Dog Pet Center

汤姆狗宠物中心
1 Shanghai Lu 上海路1号
86662858
Pet stayover and dog walking service, retail outlet and English speaking staff.

Property Services

NU Crown Relocations

嘉柏(中国)国际货运代理有限公司
Rm1908, Block B, New Century Plaza,
1 Taiping Nan Lu
太平南路1号新世纪广场B栋1908室
84541017

NU CMR Corporate Property & Relocation 南京浩麦房地产咨询

12C1 Jinlun Mansion, 108 Hanzhong Lu
汉中路108号金轮大厦12C1座
84701658
www.cmrchina.com
Complete relocation service to multinational companies, with additional services including drivers license and import/export of pets.

Media Production - Design - Photography

NU SinoConnexion

南京贺福文化传媒有限公司
138 5152 2275
info@sinoconnexion.com
www.sinoconnexion.com
International award winning professional foreign owned video and media production company that offers advertising agency services plus print and digital publications, broadcast media, internet advertising, social media promotion; plus production of audio materials. More than 25 years experience in traditional broadcast media and print; and 18 years of work in the media industry in China.

NU VOZ Design

噪音设计
357 Mochou Road, Sunong Building, 6F, Of. 612
Baixia District 210004
南京市白下区莫愁路357号苏农大厦612室 210004
025 8552 0158 / 180 6168 5196
159 5057 5174
www.vozdesign.com
contact@vozdesign.com
Professional marketing oriented graphic design and brand development. No copies, no templates, only creativity and lots of brain juice. Mediocrity is a disease we fight everyday.

Nicolas Harter Photography

137 7076 1603
www.nicolasharter.com
A French photographer specialising in wedding, commercial and event photography, and author of photo-book AFRICA SQUARE, a profile of African artists at the 2010 Shanghai Expo.

Phrephotos Photography

1377 099 9175
www.phrephotos.com
Photographic services offered. Product shots, portraiture and more.

Faith Houses

Nanjing International Christian Fellowship

Ramada Hotel, 45 Zhongshan Bei Lu
南京中山路45号 南京华美达怡华酒店
Sundays 9:30am to 11:30am
13057627945
Foreign passport holders only. English service. Translation available in Chinese and French.

KuanEumHui Korean Buddhist Club

观音会南京韩人佛教会
1703, Bldg 2, Fuli Shanzhuang
富丽山庄3栋1703室
13222018582
Service: 11:00am

Shigulu Catholic Church 石鼓路天主教堂

112 Shigu Lu 石鼓路112号
84706863
Korean service: Sat 4.30pm
English/Chinese Service: Sun 4.30pm

The Church of Jesus Christ of Latter Day Saints

Jingli Hotel, 7 Beijing Xi Lu
北京西路7号晶丽酒店
Mormon service, Sun at 10am
Foreign passport holders only.

Miscellaneous

Icaise Copier Rental 南京艾科思商贸有限公司

Huashan Hotel, Zhujiang Lu, Nanjing
南京珠江路华山饭店内
6866505
www.icaise.com
icaise@126.com
Photocopier and shredder rental, in all sizes including for industrial use. Other branches in Suzhou, Kunshan and Shanghai.

Interpreter & Translation Service

Professional interpreter with extensive Sino-foreign business background
13002512862
nanjing.interpreter@gmail.com

Satellite TV Installation Service

13770323459
nanjingstv@gmail.com

Bottled Water Delivery Service

By Coca-Cola Nanjing
4008282288 (Free)
Mineral water, pure water, water machine cleaning.

Lustre Cobbler 莱斯特皮鞋修饰

Golden Eagle Shopping Center, 89 Hanzhong Lu
汉中路89号金鹰国际
Central Department Store, 79 Zhongshan Nan Lu
中山南路79号中央商场

Hong Bang Tailor

红邦裁缝
18 Nanxiu Cun, Shanghai Lu 上海路南秀村18号

Dong Feng Tailor

13851847204

You Wen Tailor

13851760748
Provides quality tailoring service.

Public Security Bureau

公安局出入境管理
1 Honggong Ci, Sanyuan Xiang 三元巷洪公祠1号
84420004 / 84420114
Visa, residence permit.

Nanjing Event Tickets Office 南京票务网

Rm 816 Muma Apartment,
1 Weixiang (on Danfeng Jie)
丹凤街卫巷1号木马公寓816室
84533308 / 83651880
www.zypiao.com
Tickets for on-going events in Nanjing.

Leisure & Sports

Massage & Spa

NU Pathways Spa & Lifestyle Club 颐庭Spa

13th Floor, Tian'an International Building,
98 Zhongshan Nan Lu 中山南路98号13楼
84701266
Lifestyle club consisting of a dedicated spa area with private treatment rooms, Thai Massage room and Foot Massage room. Other club facilities include yoga and meditation rooms, sky garden lounge and private function rooms.

Flow SPA 川·天地

46 Xijia Datang, Ming Cheng Hui (200m north of Xuanwu Lake's Jiefang Gate)
明城汇西家大塘46号
57718777
Hours: 10.30am-10.00pm
Sino-German joint venture.
12 luxurious single and twin private suites for men & women.

Shoujia Medical & Health Center 手佳按摩
136 Changjiang Lu 长江路136号
84702129
Provides various types of massage with blind masseurs.

Facial-Spring 春之源美容中心
28-1 Dashiqiao, Danfeng Jie 丹凤街大石桥28-1号
83604422
Various packages available including face, neck and shoulder massage.

Beauty

Jenny's Beauty Salon 詹妮美容院
Cambridge Sunfield Building 2, Apt. 108
仙林大学城康桥圣菲门面房
8579-1042
jennysbeautysalon@gmail.com

Beauty Baby
31F, Golden Wheel Shopping Mall
A range of beauty treatments. Hair removal including waxing available.

VS Philosophy Hair Salon 沙宣理念美发
6F, Deji Plaza 德基广场6楼
84763486

Fashion Lady, various stalls 新街口莱迪时尚广场
Xinjiekou Pyramid
Get simple manicures.

Nail Bar 指爱你美甲
44 Wangfu Dajie
王府大街44号 84209596

Sweet Love in Nails 指间密语
89 Shanghai Lu
上海路89号

Gyms & Sports

Yanlord Tower Club 仁恒国际俱乐部
116 Lushan Road, Jianye District
南京市建邺区庐山路116号
87765111
www.yanlordtowerclub.com
With Fraser Suites Nanjing looking after all your needs. This is the place to unwind in total comfort. To relax with family, cement existing friendships, build meaningful new ones. A wide range of leisure and entertainment facilities is available for your undisturbed enjoyment.

Wutaishan Stadium 五台山体育馆
1-6 Wutaishan, Gulou鼓楼区五台山1-6号
86614156
All kinds of sports facilities available, including tennis court, swimming pool, ping-pong table, badminton court, bowling and many more.

Olympic Century Star Ice Skating Club 奥体世纪星滑冰俱乐部
222 Jiangdong Zhong Lu (Inside Olympic Center)
江东中路222号奥体中心内
86690466

Nanjing North Star Ice Skating Club
Qinhuai Sports Center,
No. 162, Pingjiangfu Lu
52200031

Ninth City Billiards 9城花式撞球
1912 District, 52 Taiping Bei Lu
太平北路52号1912街区
84504303
1pm till late. ¥15/hr in the afternoon.

Golf

Sofitel Zhongshan Golf Resort 钟山高尔夫俱乐部
7 Huanling Lu 环陵路7号
84606666

Ginkgo Lake Golf Club 银杏湖高尔夫俱乐部
1 Guli Yinxing Hu 江宁区谷里银杏湖1号
86139988

Nanjing Harvard Golf Club 南京哈佛高尔夫俱乐部
176 Zhenzhu Jie, Pukou District
南京市浦口区珍珠街176号
58853333

Art & Culture

Drug Art Museum
12 Ding Hui-Men Street, 22 Building
定淮门12号(世界之窗软件园) 22号房
83752646

Nanjing Art and Cultural Center 南京文化艺术中心
101 Changjiang Lu 长江路101号
84797920
Regular large-scale shows by professional Chinese and overseas performers.

Jiangnan 631 Niuda Theatre 江南631牛达剧场
5 Yanling Xiang 延龄巷5号
84419786
Weekend Chinese modern small theater shows.

Nanjing Art Academy Concert Hall 南京艺术学院音乐厅
15 Huju Lu 虎踞北路15号
Irregular performances by Chinese and overseas students and faculty.

Jiangsu Kunqu Theatre 兰苑剧场
4 Chantian Gong 朝天宫4号
84469284
Live performance of Kunqu opera

Cinema (call for English language availability)

Xinjiekou International Cinema in Deji Plaza 德基广场新街口国际影城
18 Zhongshan Lu
中山路18号德基广场7楼
84797700

Nanjing Shangying International Cinema 南京上影国际影城
98 Caochangmen Da Jie
草场门大街98号
86223345

Aqua City Hengdian Cinema City 水游城横店影视电影城
4F, Aqua City, 1 Jiankang Lu 建康路1号水游城4楼
82233700

Food & Drinks

Asian Cuisine

The Lobby Restaurant at Fraser Suites 仁恒辉盛阁国际公寓大堂餐厅
116 Lushan Road, Jianye district
建邺区庐山路116号
86268888 Ext. 643
Sink your teeth into mouth-watering delights such as the tender-grilled rib-eye steak, roasted chicken, or the seafood linguine cooked in spicy tomato sauce. Asian must-tries also include Hainanese chicken rice and laksa.

Kezigu Muslim Restaurant 克兹古丽餐厅
53 Wangfu Da jie
王府大街53号
85981468
A delicious change from the standard Chinese cuisine: spicy noodles, potatoes, chicken and lamb dishes. Xinjiang performance.

Istanbul Turkish Cafe 食正坊咖啡店
209 Shanghai Lu
上海路209号
83309030
Istanbul offers a range of Turkish and Vietnamese food, with highlights including Turkish 'pizza', kebabs, wraps, freshly made yoghurt, and some desserts. All food is halal.

Golden Harvest Thai Opera Cafe 金禾泰大餐厅
2 Shizi Qiao, Hunan Lu
湖南路 狮子桥2号
83241823
One of the only authentic Thai restaurants in this area of the city. Prices tend to be quite high, with set meals for four costing up to ¥1,000.

Indian Cuisine

Taj Mahal 泰姬玛哈印度料理
117 Fengfu Lu, Xinjiekou
新街口丰富路117号
84201178
189 Shanghai Lu 上海路189号
83350491
Established in 2003, the Taj Mahal Indian Restaurant made a name for itself by offering a great variety and exotic blend of authentic Indian cuisine. Taj Mahal's assortment of flavourful foods makes it continually popular with the foreign community.

Himalaya-Nepalese & Indian Restaurant 喜马拉雅尼泊尔印度餐厅
193 Shigu Lu
(Sunglow Bay
near the Sheraton)
石鼓路193号
8666 1828
Himalaya is a very popular restaurant serving a variety of Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves. English menu, English speaking staff, free delivery within 1 kilometer. Wifi available.

Kohinoor Restaurant 科伊诺尔餐厅
45 Zhangshan Bei Lu
中山北路45号
83122522
Pakistani restaurant located on the second floor of Nanjing's Ramada restaurant. Vegetarian and non-vegetarian curries made in the original unimitable style of Indian and Pakistani Cuisine prepared by chefs brought especially from the mystery lands. Owned & operated by an individual with over 20 years of International Hospitality experience.

Punjabi Restaurant 本杰比印度餐厅
2 Shizi Qiao, Hunan Lu
湖南路狮子桥 2号
83245421
A well-established Indian restaurant in Nanjing offering traditional Kadhais, Murghs, Masalas and Vindaloos in addition to more familiar Chinese dishes. English menu, English speaking staff, and free delivery within 3 kilometers.

Japanese Cuisine

Wadouraku

和道乐日本居酒屋

121 Shi Gu Lu

石鼓路121号

8446 5760

Wadouraku's finest compliment is the fact it is every night patronised by many from Nanjing's Japanese community. With a selection of Saki and Japanese beer by the bottle or on draught, Wadouraku is the genuine Japanese experience in Nanjing.

Taiyō Teppanyaki 大渔铁板

57 Zhongshan Road

中山路57号

8472 9518

66 North Taiping Road (in 1912)

太平北路66号, 在1912里

8445 8310

Taiyō Teppanyaki is famous throughout the Nanjing expat community for its special offer: ¥168 for all you can eat and all you can drink. This includes sushi, sashimi, sake, beer, and everything on the menu. Much of the food is cooked right in front of you.

Shuizhui 水之惠

18-2 Wangfu Dajie 王府大街18-2号

84217517

Taiyō 大渔

Shiziqiao, Hunan Lu 湖南路狮子桥

83204001

Nagoya 那古野

4F Grand Hotel, 208 Guangzhou Lu

广州路208号古南都饭店4楼

83311999

Korean Cuisine

Fudefang 福德坊

6 Taogu Xin Cun, Hankou Lu

汉口路陶谷新村6号

83312091

Ke Jia Fu 可家福

137 Ninghai Lu 宁海路137号

83314283

Vegetarian

The Green Field – Vegetarian Restaurant

1F Zhengyang Building, 56 Yudao Street

御道街56号正阳大厦一楼

6661 9222

A wide selection of food including sushi, disguised tofu, Italian gelato, and of course, plenty of fresh vegetables. Specialized drinks and teas are also available.

Pure Lotus 静心莲

1 Section C, Shuimuqinhuai,

99 Shitoucheng Lu 石头城路99号水木秦淮C区1号

83752306

Wushang Vegetarian Diet 无上素食

1F Zhengyang Mansion, 56 Yudao Jie

御道街56号正阳大厦1楼

84681283

Vegetarian buffet.

LvLiuJv (Living by Green Willow) 绿柳居素食馆

248 Taiping Nan Lu 太平南路248号

84527177

Western Bars & Restaurants

Studio 21 Grill Restaurant

藤美

193 Shigu Road

(behind the Sheraton)

石鼓路193号(石鼓湾美食休闲街区)

86795269

Alessandro 13072525212

Originally from Holland, Studio 21 offers a combination of grilled meat & seafood specialties, genuine European flavors and its renowned home made desserts, all in an elegant and relaxing atmosphere. Special Set Lunch Menu with prices from ¥32 plus specials for student and teachers.

Nail Jazz Bar

钉子吧

10 Luolang Street (200m south of the Sheraton)

罗廊巷10号, 立金斯利酒店200米

8653 2244

One of the more relaxed bars in Nanjing that offers a wide variety of imported beers. The bar has a cozy upstairs and a more open downstairs, complete with stage and foosball table. Opening hours: 6.30pm – 2am.

Blue Marlin

蓝枪鱼音乐餐厅

54 Taiping Bei Lu, 1912

太平北路54号, 在1912一条酒吧街

Middle Liyuan Road, Jiangning (near Baijia Lake)

江宁区, 利源中路(百家湖附近)

Yadong Commercial Plaza, 12 North Xianyin

Road 仙隐北路12号 亚东广场

An older establishment in Nanjing and still a popular expat hangout, offering up German and European dishes with a Filipino band providing entertainment nightly. Happy hour from 4-7pm.

Bebbis

2 Zhongshan Nan Lu, Orient Department Store

1st floor

中山南路2号东方商城1楼

84730121

Fondue Restaurant.

Danny's Irish Restaurant & Pub

'丹尼' 爱尔兰餐厅&酒吧

4F, Sheraton Nanjing, 169 Hangzhong Rd. 汉中

169号金斯利酒店4楼

8666 8888 7775

Located on the 4th floor of the Sheraton hotel, the pub serves the usual selection of beers and liquors, offers a good place to sit and chat, and features live performances. Open from 6 pm.

Cosima

可西玛

120 Shanghai Road (near to Hankou Lu)

上海路120号

83337576

Famous for being the smallest restaurant in the city, serving a variety of Spanish food. Good tapas, pizza and a nice variety of wine. Outdoor seating expands the capacity of the restaurant considerably!

Secco Restaurant and Bar

喜客西餐厅

3 Kunlun Road

(South of Xuanwu Park's main gate)

昆仑路3号, 在玄武湖公园正门的南边

83370679

A German restaurant and bar, located directly beside the city wall. Another major expat draw, Secco features barbeque, buffet, outdoor dining, strong mixed drinks, with good deals and specials. A good place to start a night out.

Talking

对话西餐厅

Ninghai Lu, 9 Pei De Li,

Room 101

宁海路培德里9号栋101室

83200844

21 Jinyin Street

金银街21号

Talking is a restaurant and bar, with a surprisingly large variety of beers and liquors, as well as a good selection of food. Open 11:00 am until late, tending to fill up at night time.

Talking 2 - 3

对话西餐厅2-3

Jinyin Jie No. 20

(near Shanghai Lu), across from the foreign

students dormitory in Nanjing University

金银街20号, 南大西苑对面

83323969

More music, wi-fi, cheap beers and decent food at reasonable prices. An ideal place for a bite and few drinks with friends.

Don Quixote

堂吉珂德餐厅与酒吧

39 Chengxian Street,

off Zhujiang Lu

珠江路成贤街39号

83359517

This pub doubles as a Spanish restaurant offering a variety of cuisines. However, after the kitchen closes, a live band comes on upstairs. Downstairs, there is a large screen plasma TV and videogames.

Sancho Panza

到堂吉珂德

173 Guangzhou Lu,

Wutaishan Stadium North gate

(take the stairs to the right)

广州路173号,

五台山体育场北大门内

(无高尔夫球场西侧台阶上)

A 2-floor bar featuring live music, pool, food and quality eats plus a fully-stocked bar.

Bluesky Expat Bar & Grill

蓝澳西餐厅

77 Shanghai Lu

上海路77号

86639197

Bluesky is one of the original expat bars to open in Nanjing, and serves a wide range of Western food such as burgers, pizzas, and Aussie meat pies. There is also a wide range of beers, including several Australian brands. Like any good pub, there is a pool table and darts and music you thought you had forgotten about!

Ciao Italia

你好意大利

193-2 Shigu Lu (outside Sunglow Bay near the

Sheraton) 石鼓路193-2号

86608807

Ciao Italia's master chef Giuseppe serves over 140 authentic Italian specialties, including 30 varieties of pizza that are widely considered some of Nanjing's best. Free delivery is available.

Ellens Bar

艾伦咖啡

132-3 Guangzhou Lu

(a few meters from the corner of Shanghai Lu)

广州路132-3号

75 Dingjia Qiao (near to Hunan Lu, opposite Blue

Gulf Cafe and Zhong Da Hospital)

丁家桥75号

Laid back and relaxed atmosphere have quickly

made this a favourite, especially amongst the student crowd. Fantastic range of food & drinks at great value prices.

NJ *Swede and Kraut* 云中餐厅

12 Nanxiu Cun 南秀村12号
86638798

This bar and restaurant near Nanjing University features an impressive beer list, including German and Belgian labels, alongside a menu of traditional European foods and desserts. Take out and special holiday dinners are available.

NJ *La Table de Mr. Eiffel* 巴黎盛宴

83 Guangzhou Lu, near Qingliangshan Park
广州路83号, 靠近清凉山公园
83711900

Offers authentic French cuisine and carries an extensive list of French wines by the glass. It is located in an old Chinese garden house with an entrance on Qingliang Shan Park. There is also an outside terrace.

NJ *Pisa Pizza* 比萨斜塔意式西餐厅

81-8 Shanghai Road
上海路81-8号
1580 517 7575

A newcomer to Nanjing but one that has quickly gathered a reputation for serving up the finest pizza in the city, straight from the wood fire oven.

NJ *Soul Mate* 索味法式休闲餐厅

15-1 Nanxiu Cun,
off Hankou Road
南秀村15-1, 靠近汉口路
83328418

Located in an old house very close to Nanjing University, Soul Mate serves French style pizzas, omelettes, mixed drinks, wines, and beers. Open from 11:30 am to 10 pm.

NJ *Les 5 Sens* 乐尚西餐厅

52-1 Hankou Lu
汉口路52-1, 靠近南京大学
83595859

A surprisingly inexpensive French restaurant. Homemade traditional French dishes (set menu and à la carte available) for lunch and dinner in a friendly atmosphere. Many dishes cost less than ¥50 each. Open 11:30 am to 10 pm, with take away service. Free WiFi.

NJ *Boston Chips* 波士顿炸番天

New City Mall, Hexi 河西新城市广场

An array of boardwalk food, such as hot-dogs, tater tots, mashed potatoes, onion rings, and chicken fillets, including BBQ and Cajun styles. Two other locations in Nanjing.

NJ *Jimmy's* 吉米来吧

193 Shigu Road
(inside Sunglow Bay
near the Sheraton)
石鼓路193号
86792599

www.jimmysnj.com
A popular American-owned sports bar and restaurant. It offers satellite sports coverage, a full bar with draught beer and a large variety of whisky, plus simple American food such as hamburgers, hot dogs, subs, tacos, and most famously, pizza. Free delivery within 3 kilometers.

NJ *Another Jimmy's* 吉米来吧

209 Shanghai Lu
(across from Skyways)
上海路209号
83318085
www.jimmysnj.com
11am until 12pm

NJ *61 House* 陆拾壹号餐厅

61 Hankou Xi Lu 汉口路61号
13851434386

A significant stop on the live music circuit in China for international unsigned bands. Expect to see one or two performances every week.

NJ *Behind the Wall* 答案墨西哥餐厅

150 Shanghai Road (in Nanxiu Cun)
上海路150号, 在南秀村
83915630

One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, and in the warmer months on perhaps the finest terrace in the city. Live musical performances go well with strong sangria and beer.

Tony Music Bar

76 Jinxiang Lu (10 metres from Hualian supermarket)
进香河路76号 (世纪华联超市巷内10米)
1391 397 7427

Popular student watering hole and stop on the live music circuit.

NJ *Potato Bistro* 马铃薯

5*301 Kang Qiao Sheng Fei, 9 Wenfan Road,
Xianlin University Area
仙林大学城文范路9号
8579 1293

A bistro based on green, organic, fresh foods and authentic tastes within a quiet environment. An outdoor balcony of 150 square meters is also available. Free wifi.

NJ *Paulaner Brauhaus* 宝莱纳啤酒花园

123 Guangzhou Road
广州路123号
83117188

A chain restaurant and bar located on the side of Wutaishan Stadium's hill, with decor, beer, and food that are entirely German.

NJ *Vanilla Sky* 香草天空

4-4 Taogu Xincun,
off Shanghai Road
上海路陶谷新村4-4号
83202884

10 Beiji Xicun, just north of Gulou Square
北极西村10号, 鼓楼广场北边
57711778

Vanilla Sky serves up a variety of Western foods, including pizzas, pastas, steaks and salads. Prices are reasonable, and a cozy atmosphere keeps many customers coming back.

Taberna Crestatx 格纳斯酒吧餐厅

388 Yingtian Avenue, in 1865 Creative Park,
Building E6
应天大街388号,
1865科技·创意产业园
51885657

The only fully authentic Spanish restaurant in Nanjing with a private cigar bar with Habanos directly imported from Cuba.

NJ *Bellini Italian Bar & Restaurant* 贝丽妮意式餐厅

Rm 1-106, 9 Wenfan Lu, Xianlin
大学城文范路9号1-106室
85791577

Welcome addition to the dining scene in Xianlin that is both elegant yet easy in which to relax. Utilising ingredients specially sourced, many dishes and drinks are unique in Nanjing. Free wifi. Closed on Mondays.

NJ *Country Road* 约翰·丹佛

20-1 Nanxiucun
南秀村20-1号
87776422

With pasta, pizza, steak, coffee, wine, music and books, Country Road is both popular and elegant.

Bakery & Café

NJ *Skyways* 云中食品店

160 Shanghai Road 上海路160号
83317103

A18, Yadong Commercial Plaza, 12 North Xianyin Road 仙隐北路12号 亚东广场A18室
85791391

One of the best known foreign shops in Nanjing offering breads, sandwiches, cakes, chocolates, and desserts. Large cakes and pies can be pre-ordered, and imported cheeses and wines are also available.

NJ *Sculpting in Time Café* 雕刻时光咖啡馆

2F, 47 Hankou Lu 汉口路47号2楼
83597180

32 Dashiba Jie (Confucius Temple East Gate)

秦淮区大石坝街32号 (夫子庙东门)
Sculpting in Time was started by two college graduates from Beijing offering a pleasant coffee house atmosphere, along with brunch, cocktail hours, film screenings, and a variety of Western food. Their brownies are widely known. Free Wifi.

NJ *3 Coffee* 3号咖啡馆

82-1 Shanghai Lu
上海路82-1号
83244617 / 83311505

An upper floor library has art, design and photography books and magazines. Offers a range of coffee, tea, alcohol and limited snacks. Balcony affords a nice view of Shanghai Lu. Free Wifi.

NJ *Godot's Home* 戈多的店咖啡馆

15-1 Nanxiu Cun, off Shanghai Lu
南秀村15-1号
86637484

A beautifully designed, relaxed café off Hankou Lu inspired by the play by Irish Playwright Samuel Beckett serving a great range of coffee, tea and food in a cozy atmosphere.

Freeland Cake-Dessert-Coffee

6 TaoGuXin Cun, Han Kou Lu,
陶谷新村6号汉口路

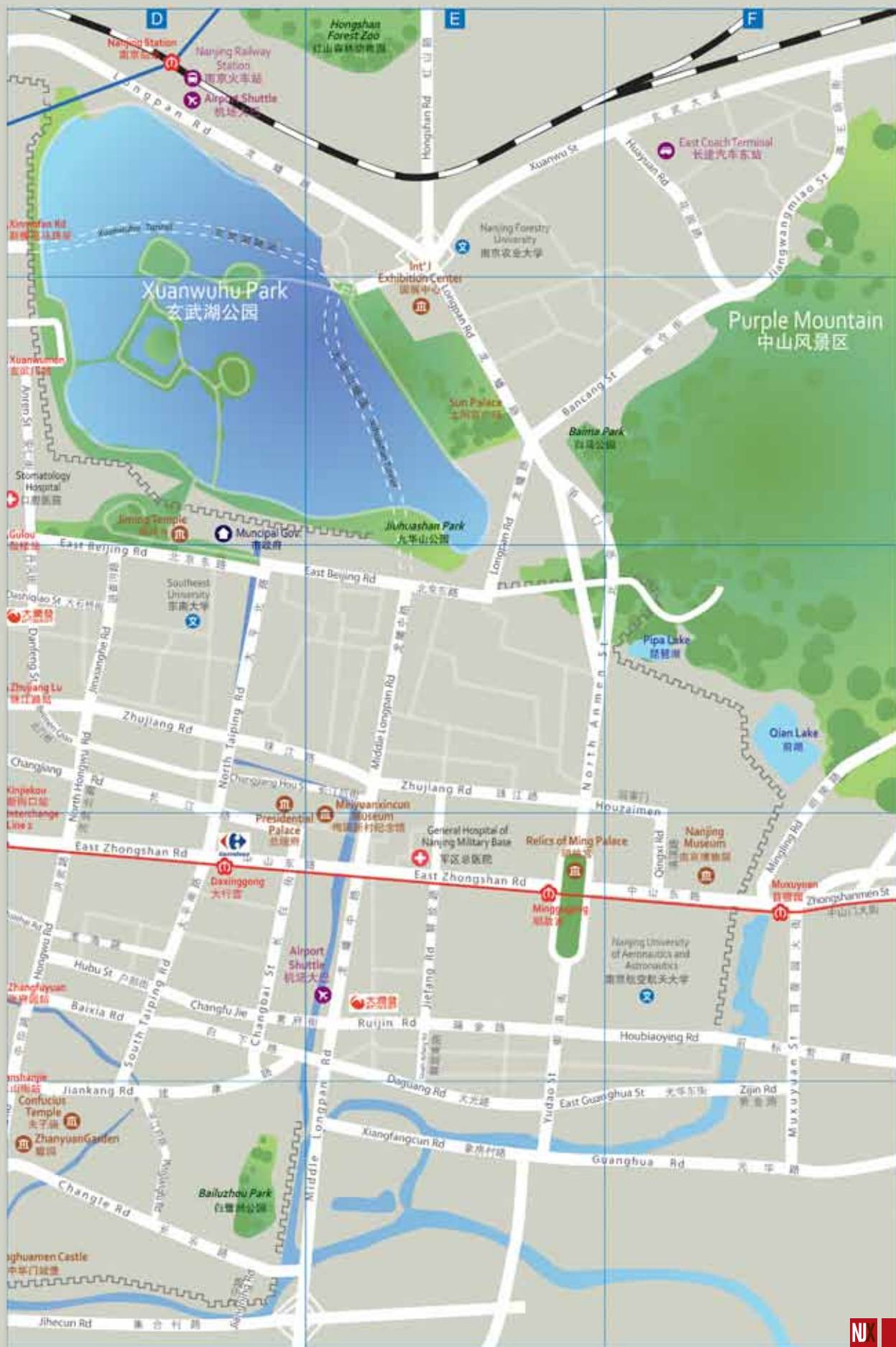
This bakery offers a selection of crafted home made cakes and drinks in a comfortable place.

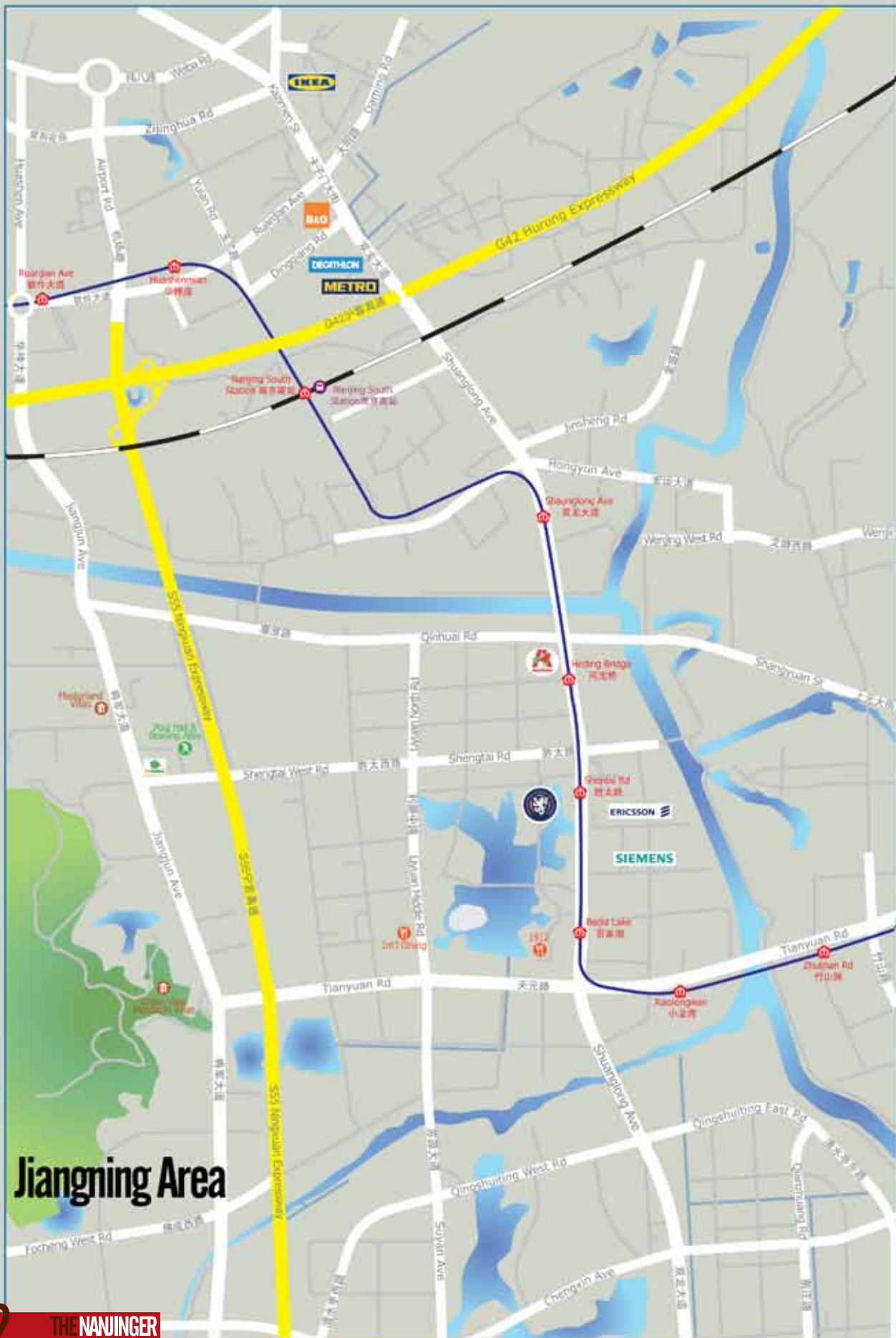
Yoann

南京Yoann咖啡馆
510 Changbai Jie
长白街510号

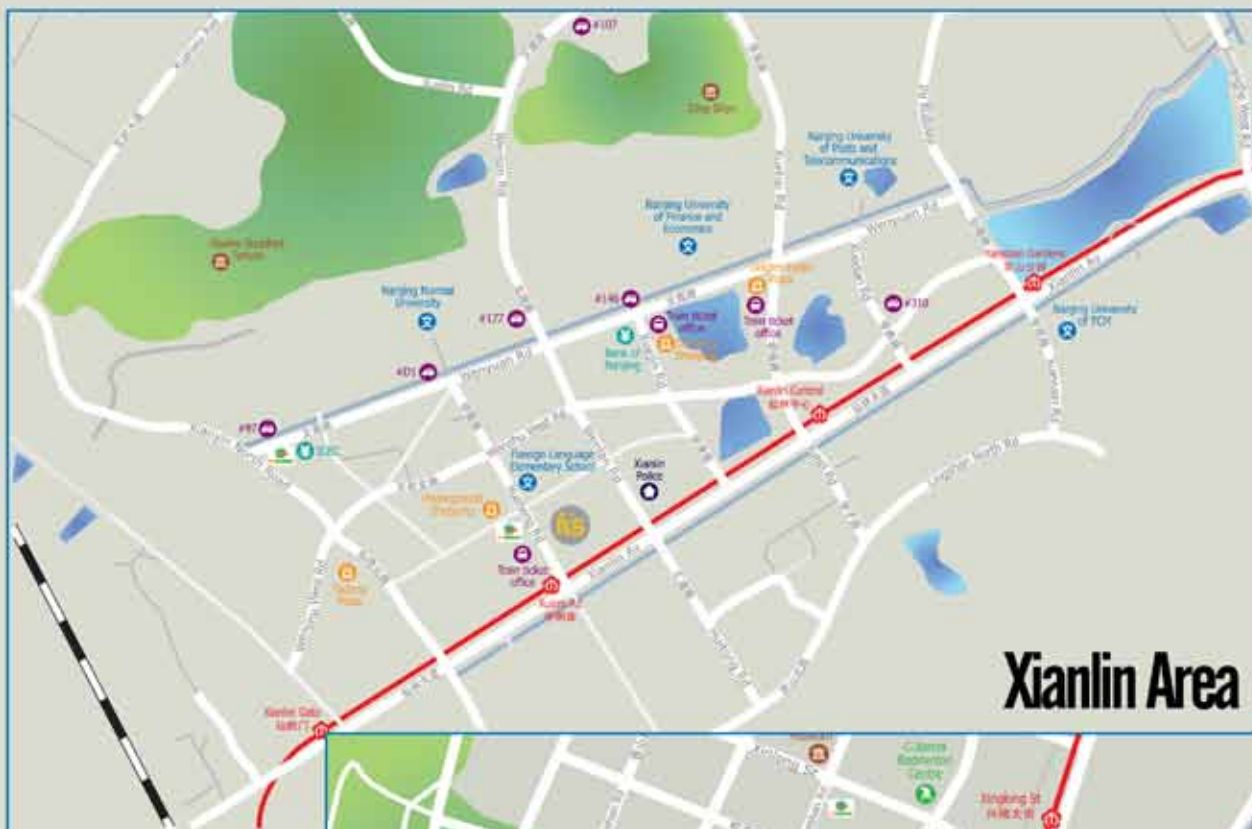
Simple, comfortable and colourful surroundings are matched by a friendly owner offering a good selection of fruit juice, coffee and cocktails. Upstairs, a dedicated room with large screen and projector offers regular movie evenings.







Jiangning Area



Xianlin Area

Map Symbol Legend

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Olympic Area

The Big End

smart
Turbo

by Frank Hossack

■ **A**t first glance (and quite a few subsequent glances) it is difficult to decide whether the Smart is cool or just small and a bit silly. Therefore we welcomed the opportunity for a test drive as a means of settling the debate once and for all. We were also eager to answer the question, "At 1.95 metres tall would I even fit in a Smart?"

The typical Smart buyer in China is aged 18-35 while more interestingly they are likely buying their second car, as an addition to the more family oriented saloon that ferries the grandparents and baby around. Smart is also the statement of choice for the career oriented city girl, or mum. Furthermore, whereas most first cars are paid for with cash, 70% of Smart buyers do so with a bank loan.

Accommodated surprisingly easily I am by the Smart's interior, and with quite a bit of headroom to spare, largely thanks to the bucket seat's incline. In fact, I have sat in a few SUVs in which my head is hitting the ceiling and with an interior that seems small compared to even that of the Smart.


Unlike its parent Mercedes, who now manufactures in China to cater for local tastes (in this case bigger back doors), every Smart in China is imported and therefore identical to the Smart you would buy in any other country.

The Smart's one litre, three cylinder engine is housed in the rear, and if you are thinking that means there is luggage space under the bonnet, actually that's where you find the radiator. Therefore one is limited to two pieces of what could best be termed carry-on luggage that fit snugly into the space behind the seats, and above the engine. It remains to be seen whether two such bags could still be accommodated after also including the inevitable umbrella, CD wallet, dirty rag and chicken carcass.

Childish? Easy to think so but once behind the wheel the Smart is a joy to drive, a modern take (albeit a bit toned down) on a real driver's car. The turbo charger packs some punch, at least to the extent permitted by our pre Spring Festival choked Nanjing roads. And what a turning circle; one can easily hop from one fast lane to the other on roads with virtually no central reservation! The manual/automatic combo transmission's manual mode takes a few minutes' getting used to; the gear stick has been substituted by left/right flick switches mounted off the driving column, there is a small delay until your chosen gear kicks in, but it's fun and certainly of appeal to many target buyers.

Our amiable salesman Ricky (he has a Smart himself - nice testimonial) clearly enjoyed punching the car's bodywork as a way of showing off the plastic shell that envelops the vehicle, thus ensuring that wayward objects may harmlessly bounce off. But don't worry - there's a good layer of steel inside to offer protection.

The cheapest Smart comes in at ¥138,000 possibly making the cheapest imported car you're going to find, while our test drive turbo charged version will set you back ¥225,000. The Nanjinger had its eye on the recently introduced Kobe edition (yes, he fits in it too); a snip at ¥124,000. With only a few hundred such models produced it was with no surprise that we heard they had all been sold, sometime ago.

So cool, or silly? While the turbo is undoubtedly very cool, just remember one thing - you cannot drive the Smart on expressways in China. Now that's just plain silly. 

The Nanjinger test drove the Smart Turbo at "Nanjing Li Zhi Xing Automobile Consultant & Services", Hongshan Lu, Nanjing



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