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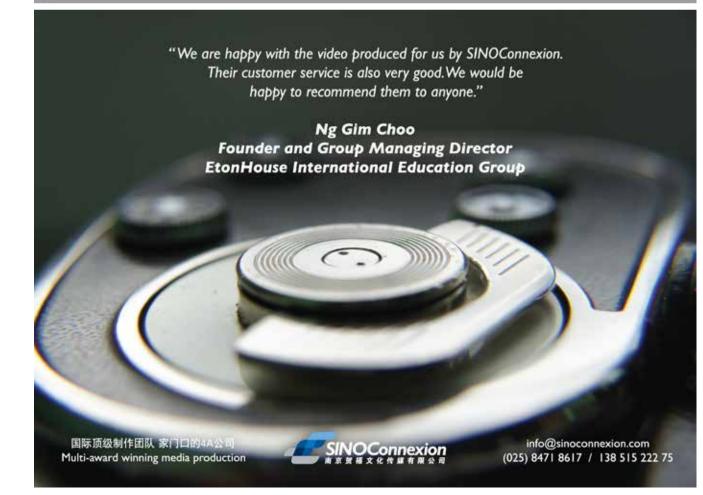
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Editorial辑语

Going Underground

Back to school! Once upon a time, that meant milk in bags, homework and Steve Wright in the Afternoon. Here and now, it's a new term of nightmares, manifest by new teachers, new students, new languages and silly new ways of doing things.

While some may be new in town others are returning. You have missed the heat, and perhaps also the news that to counter such extremes, several Chinese cities have opened up former air raid shelters that provide cool escapes for local folk and perishable produce alike (see cover).

While some relocate underground, others do so across oceans. As has quickly become tradition, our August issue is packed with goodies for the Nanjing newbie, while we have also updated our city maps to now include ticket offices for train tickets spread all across the city.

It is our only wish that The Nanjinger may sometimes accompany you, in a useful or otherwise capacity (we've been found in the bathroom at a famous local watering hole), as you settle into your new home, however temporary or permanent that may be.

Welcome to the grinder.

地下大迁徙

返校咯!对于某些人来说,这就意味着新一轮的噩梦开始了,新老师、新生和阿呆们将用全新的方式展示这是怎样的一个梦魇。

新人来,旧人当然也要归。虽然已经过了酷暑季节,但也 许这条新闻依然能够吸引那些狂热分子们。中国的一些城 市已经陆续开放了一些老的防空洞给人们纳凉,不过还是 尽量避开那些过分古老和潮湿阴暗的地方啦(见封面图)。

一些人迁移到地下的时候,也有另一些人驻扎到了海边。这 很快就变成了我们的习惯,我们的八月刊将推荐给新南京人 们很多的很多的美食,同时我们也更新了我们的城市地图, 加上了遍布这个城市每个角落的火车票代售点的位置。

我们唯一的愿望就是希望Nanjinger杂志可以时不时地伴你左右,起点作用。再或者,你会发现它还有意想不到的其他用处呢(我们居然在一家很有名的酒吧厕所里发现了它,哈哈)!

你会很快习惯你的新家, 无论它或短或长。

欢迎阅读本期Nanjinger杂志的迁移专题。



Operation Smile China Celebrates 20 Years of Creating Smiles

Each year, nearly 35,000 children in China are born with cleft lips, cleft palates or another debilitating facial deformity. Thousands of children are still waiting for surgery that can take as little as 45 minutes and will transform their life forever - and you can help.

China's first registered not-for-profit hospital, the Hangzhou Operation Smile Charity Hospital, provides year-round care by local Operation Smile-trained and credentialed medical professionals in the fields of plastic surgery, dentistry, pediatrics, and speech pathology, as well as psychosocial services to patients and their families. The Charity Hospital has changed the lives of more than 5,100 patients.

Operation Smile China is currently conducting over 20 medical missions across China to give free surgeries for over 2,000 children in need. Consider supporting their work and giving a child the chance to lead a normal life and smile for the first time



Operation Smile China: 中国微笑运动

Julia Jorgenson, Program Development Coordinator:

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Hangzhou Operation Smile Charity Hospital: 杭州微笑行动慈善医

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Introducing some of our contributors, writers and editors

Jochen Schultz has more than 10 years 'proven management experiences at international training and universities. He has a deep knowledge in professional trainings, personnel and organizational Development and developing relationships with clients from all over the world. He is now the Managing Director in China for a German Training & Consultancy Company.

Jochen Schultz在国际培训和大学教育方面有着10年以上的管理经验。同时在专业培训、个人与公司发展以及如何与世界各地的客户建立良好关系方面具备相当深厚的专业知识。现今,供职于一家德国培训咨询公司、任中国区总经理一职。

Rick Staff is from the UK and has 20 years cumulative experience as a wine trader, taster, and writer and was editor of 'Superplonk', the UK's popular wine guide, prior to moving to Nanjing in 2008.

Rick Staff来自英国,有着二十年丰富经验的葡萄酒商人、品酒师、作家,并且是《Superplonk》的撰写者,英国很受欢迎的葡萄酒鉴赏家、于2008年移居南京。

Dan Clarke has spent the last five years teaching public speaking and dealing with Western culture to university and adult students. In his spare time he works as a freelance writer online, and has started his own life coaching business helping people all around the world.

, 最近之五年来, Dan Clarke教大学生与成年人演说以及了解西方文 化。此外,他使用业余时间当网络作者,也创立了生命教练公司, 给予来自世界各个国家的人服务。

Ronald Paredes is the personification of his motto "mediocrity is a disease we fight every day". The multi talented designer's work appears in the design industry's annual definitive overview of the state of art in web design, "Web Design Index by Content - Volume 5"

泉源本人即是他的座右铭"平庸是一种疾病,我们每天都要与之抗 争"的现实化身。 作为一位优秀的设计师,他才能丰富创意无限。 其网页设计作品还被收入在了代表网页设计艺术成就的权威性行业 年鉴内。《网页设计艺术指南一第五册》

Our Editor and Music Critic, Frank Hossack, has been a radio host and producer for the past 25 years, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

贺福是我们杂志的编辑和音乐评论员,在过去的25年里一直从事电台主持和电台制片的工作。工作期间他曾获得过四次纽约传媒艺术节大奖,分别是世界前40强节目,最佳编辑,最佳导演以及最佳文化艺术大奖。

The Gavel

LEGAL NOTES FROM THE NANJINGER
IN ASSOCIATION WITH PICOZZI & MORIGI LAW FIRM



EXIT AND ENTRY ADMINISTRATION NEW IMMIGRATION LAW

The National People's Congress Standing Committee passed a new Exit-Entry Administration Law on 30th June this year to replace the Law of the PRC on Entry and Exit of Aliens and the Law of the PRC on Exit and Entry of Citizens. Coming into effect on 1st July 2013, the new draft regulations represent the biggest overhaul to PRC immigration law since 1985 that aims to standardise management of the entry/exit process and maintain PRC sovereignty, security and social order while also promoting exchange with the world.

China still lacks fully developed administrative laws and related authorities to deal with large-scale migration and give clear guidance in respect of the employment of foreigners. Administrative responsibilities shared between numerous departments, such as the local public security bureau, the Ministry of Foreign Affairs and various other authorities cause ambiguity and uncertainty. In addition, rules are subjectively interpreted in different regions with decisions falling at the discretion of authorities on a case by case basis. Implementation of the new draft regulations offers the chance for an integrated legal system that govern immigration related issues under PRC law.

UNDER THE NEW DRAFT, the minimum validity for residential work permits for foreigners will be slashed from 180 days to 90 days pursuant to Article 30. This shall impact short-term workers although long-term residents will still be eligible to apply for work permits valid for 180 days to 5 years.

Furthermore, foreigners who hold a visa that allows a maximum stay of 180 days need no longer apply for a separate residence certificate. When extending visas, application should be made seven days prior to the current visas's expiration. According to Article 30, in the case of visas of longer validity than 180 days, application for residence certificate must be made within 30 days of entry. Pursuant to Article 47, permanent residence may be granted to foreigners who make outstanding contributions to China's economic and social development.

Another important change regards the collection of biometrical data. Aliens who apply for residence certificates shall be required to submit biometric information such as fingerprints.

The new draft regulation also outlines penalties for illegal employment in China. Under Article 80, a foreigner who works illegally in China may personally be fined between \(\frac{45}{5},000\) and \(\frac{420}{2000}.\) Foreigners who severely violate laws and regulations may be subject to 5 to 15 days detention. Employers who illegally take on foreign staff face a fine of \(\frac{410}{1000}.000\) per illegal employee up to a maximum of \(\frac{4100}{1000}.000\).

In addition to offering clearer guidelines in relation to foreigners' entry, stay and employment in China, the new draft regulation also creates harsher punishments and tackles the longstanding problem of foreigners receiving preferential treatment over local workers. Nevertheless, the vital question remains whether the new regulations shall be enforced according to the strict letter of the law.

Disclaimer

This article is intended solely for informational purposes and does not constitute legal advice. Although the information in this article was obtained from reliable official sources, no guarantee is made with regard to its accuracy and completeness.

9



Sunday afternoon: I was snugly sitting in an international coffee shop sipping a cup of Mocca, waiting for my German friend, J. I am a proud Chinese person, but sometimes I like to savour a little western culture while thinking about my next article. In my state of idleness. I gazed out the window and my glance settled on an elderly, obviously western man with a prominent nose, waiting at the bus stop. Patiently standing behind the crowd with an air of dignity and serenity, he paled in comparison to the throng of restlessly stomping Chinese who were (possibly oblivious to the fact themselves) starting to edge into position, vying for the vantage point that would put them first on the bus, long before it had even pulled in. The bus eventually screeched to a halt. The throng, young or old, rushed to the door, with but only the one aim of scrambling for a cozy seat; agilely jostling with the one ahead while ranting to the one behind, "Wei, ni you mao bing a! Bu yao tui wo!" (Hey, what's wrong with you? Don't push me!).

Anyone who has been in China for any length of time and witnessed such a scene would know it was an out-and-out commotion with no queue and code of conduct of which to speak. My foreigner stood there, motionless and bemused by the scene unfolding before him. Following his upbringing and habits in strict compliance to selfless rules such as, "Others first", he slowly edged toward the bus door, but just as he was about to raise his right foot to the step, the door slammed shut.



From my prime viewing location I could see the bus driver motion his head toward a compartment already packed to bursting point, coldly saying, "Den xia yi liang ba!" (Wait for the next one). Obviously perplexed and disappointed, my foreigner retraced a few steps to continue his wait; my attention was soon diverted but I had no doubt that he missed at least the next bus, for a greenhorn foreigner is no match for a local!

At the sound of my name being called I swiveled around to see my friend J walking towards me with a small bag in her hand; a surprise as I thought before meeting me she was going shopping for fruit and vegetables.

"What happened to the shopping?" I asked. An indignant look flashed across her faced as she launched into a tirade,

"I can't believe it. I got ripped off again!"

"What happened?" I asked, my heart going out to this poor girl.

"I wanted to buy some oranges, pears, potatoes and onions so I put them in separate plastic bags just like everyone else was doing, but when I went to have them weighed they wanted to charge me double the price! I saw the price of the oranges were ¥10, so I had picked out one kilogram of the best, but the cashier weighed them up at ¥20. I tried to argue with her but no one could understand what I was talking about! So I just bought the oranges and left the rest behind. Why does everyone here want to charge me more because I am a

foreigner?"



Taking the plastic bag out of her hands I immediately cottoned on. "Hey, check out the price again; it's saying ¥20 for one kilo and these oranges weigh just over one kilo." I pointed at the price label.

"What?" She stared at the price, mouth gaping, "No way. I'm 100% sure that the sign read ¥10." Grinning at her, I hit the nail on the head; "Sweetie, that sign meant ¥10 for half a kilo, which is "yi jin" in Chinese; our measurements are calculated in 500 grams." Recognizing her misunderstanding, she expelled a short sigh and muttered on about the obscurity of the Chinese language and Chinese culture.

Sitting down with J, I told her about the chaotic and uproarious bus scene, explaining that while the elderly man might think most Chinese people uncivilized, if he kept on behaving politely like a gentleman in this case, he would never get onto a crowded bus. What he needed to do was to discard his polite manners and compete for a priority seat while not considering others to be intolerant or disrespectful, but rather simply survivors; it is sometimes a dog-eat-dog world where only the strongest survive.

J's experiences in Nanjing are often at times frustrating and fraught with misunderstanding since she is unfamiliar with the environment and has no inkling of the complexity of a culture that is strikingly different from hers. I explained to her that if she continued to measure by her own values, she would always bump into stumbling blocks in inter-cultural communication and never grasp Chinese culture.

Foreigners arriving in China are often thrust into contact with countless people who appear alien, exotic and perhaps even eccentric.

Such contact can be excruciatingly painful; cultural shock is inevitable and confrontation sometimes occurs. There are only two possible reactions; to adapt to the environment or return to one's own cozy home culture. If choosing the former, what actually should be done in order to adapt better and faster into the new environment?

When in Rome do as the Romans do. Easier said than done, but accomplished and seasoned travelers, willing to show mutual respect and sufficient curiosity will overcome all frustrations. Nevertheless, while still easy to flounder from one predicament or misunderstanding to an-

other, rather than expecting the country around them to change, the experienced will adapt and follow the customs of the host country. Do not be surprised by what would (in some cultures) be termed a lack of courtesy; YOU are the visitor, and there are approximately 1,339,190,001 Chinese and only one of you.

Of course misunderstandings will often occur, especially as it is human nature to ste-

reotype and have preconceived ideas about another nationality, often hindering communication and interaction and occasionally bringing about withdrawal and hostility. I explained to J it is important to acknowledge behaviour which may seem improper

and even uncouth, such as not expecting an automatic thank you every time. Do not be surprised by topless men striding (proudly) in the streets, people littering or spitting, jaywalking or jumping the queue. Although I personally do not condone these actions, old habits die hard. Often when with my foreign friends I have to consciously remember to say "thank you", because in Chinese culture it is an insult to thank your close friends and family.

During the conversation I told J about such a situation that I witnessed; I was in a railway station whereupon a foreigner was trying to buy a ticket. Promptly before it was his turn the counter was closed. Turning to the person behind him, he asked, "What happened?" Not understanding the answer he continued to repeat the question, louder, louder and then louder.



Unfortunately shouting in a different language

never helps anyone, and of course I could have explained that the Chinese person was saying, "It's her lunchtime", but the belligerent attitude of the foreigner silenced me.

I feel blessed that I am able to a small extent appreciate western culture from the comfort of my international eatery, limited though it might be, and have several western friends but I still feel very proud of my Chinese culture. However, it is sometimes difficult to compare the two different cultures. Many elderly Chinese such as my Nan have noticed recent dramatic changes and are sometimes fearful of the future; she has never had contact with foreigners and although she saw a white man once when she was young it is still an amazing and somewhat frightening thing for her to see a foreigner and Chinese walking hand in hand down the street!

To those of her generation, opinions of foreigners are based on assumptions or hearsay or a stereotyped vision in which Westerners are rich, hairy and tall. These types of attitudes are not entirely unexpected; indeed, one of

the first questions many foreigners have asked me is, "You must like Jackie Chan and can you do kung fu?"

On the contrary, younger generations are exposed to more western culture and their better understanding of Westerners is due to a broader contact and communication with them. They are learning English and are in contact with foreign teachers as young as the age of 5;TV is saturated with movies and soap operas from the

West and some are also making friends with Westerners. However, the virtual world of "Gossip Girls" or "Friends" or "Sex in the City" delude some from the realities of the western civilization.

J, like many newly arrived visitors, is starting to acknowledge the fascinating extraordinariness of China and of course is experiencing some of the downside; she misses the blue sky of back home and the relative privacy afforded by a much smaller population. She often complains about overcrowded public transport and incessant "Hellos!" from people spouting the only word they know, of the curious stares offered her way, especially when in the outskirts of the city; not out of venom and hate but

of curiosity in her as she is an attractive young western woman. I taught her to reply to them, "Ni zai kan shen me?" (What are you looking at?). It is best to laugh them off or turn a blind eye. As with all cultures there are some sections of the community who accept visitors grudgingly or try to take advantage of them; I remind J to be careful of "cheaters", who regard foreigners as gullible. Remember after all; it is a different culture.

Every visitor, long or short term, will cherish their own unique memories of China and some no doubt shall state that their trip to China ended on a bit of a sour note. It is not always possible for the Chinese police and government to be helpful; the language barrier and an influx of expatriates doubling its pace mean that authorities are faced with increasing pressure to cope.



As we finished our third coffee (J and I do like to talk!) I reminded her to be careful with her belongings, use her common sense when communicating with strangers, keep on reading The Nanjinger for hints and information on how to survive in this country and talk to her expat friends, but also try and make some trusting relationships with locals.

China is real, China is fun, China is real fun! Experiencing is seeing and seeing is believing, so make the best of it!

Culture Shock Needs A New Name

Preventative Care
That Soothes
The Stressed Beast
Inside Expats

By Doug Hughes



ulture shock needs a new name. In this era of TV medical dramas, the word "shock" conjures images of actors seizing while some doctor pushing the gurney yells, "hurry, he's going into shock". Shock is a mystery to me, but it looks serious and according to Gregory House, MD, it can kill you. Unlike the physical condition it shares a name with, culture shock causes symptoms that are often much more subtle. While getting way out of our cultural comfort zone can certainly be a blow to our system, the resulting affection usually does not externally reflect the intensity with which we associate the word "shock".



So what is culture shock? Simply put, it is the feelings and stress that we experience when we step out of the environment to which we are accustomed and into the unfamiliar. Changing our surroundings can cause discomfort and frustration in varying intensity depending on the extent of difference between two cultures' behavioural norms, cultural values, and belief systems. Other factors such as local cuisine, difference in climate, and new environs can throw us off balance as well. Many foreign residents of China live within a culture that we do not fully understand. Sometimes we do not even recognise the subtle manifestations of culture shock.

In my own experience, I have often felt the stress of living in a strange environment trigger uncommonly strong reactions to simple issues. Some days the little things get me just as frustrated as the first time I attempted to order food at a local restaurant in Beijing. In order to minimise the effect of cross-cultural stress, there are steps we can all take to bolster our mental health while abroad. Such steps may help to stave off the ill-effects of mental stress.

Do Exercise: There are lots of great ways to get in a work out in this town. Join a gym, and don't forget that the membership prices here are negotiable.

Join a group activity: In addition to the flurry of activity occurring on tracks at every major university in this town, there are also organized events such as the Hash and ultimate frisbee. Check the Nanjing Expat website (www.nanjingexpat.com) for more information.

Go for a walk or ride a bike:

My favorite spot to go for a walk or a jog is around Xuanwu Lake. In the evenings, the park's atmosphere comes alive with amateur music and dance groups. A trip around the entire lake is about 10 km, while cutting across the islands offers routes of 7 km or 3 km.

Do spend time outside Enjoy the city's parks. Nanjing has lots of green spaces. Spaces such as Purple Mountain and Qixia Temple are beautiful to explore when the weather is nice, while the city's second national park Laoshan Forest is an often deserted getaway, being located on the Nanjing periphery.

More central options include Qingliangshan Park and Gulin Park. Nanjing has dozens of other outdoor spaces on offer for you to explore; these are but a few favourites that are the perfect accompaniment to the gorgeous weather on offer in October.

Don't get lured into the "insider outsider" mentality:

Be careful with words that over generalise.

Expats often bump into the word "foreigner" in China, as many of us are identifiable based solely on physical attributes. When overused or employed imprecisely, this word creates a divide between people from this country and those of us who are temporary residents. I much prefer being addressed by more specific terms such as "neighbour", "customer", or "young man". I even prefer "American" to being addressed as a general outsider. We cannot change what others say and do, but we can set a good example.

Consider replacing the words "foreigner", "Chinese" and "they" with more precise terms as often as possible. Sometimes these words are appropriate, but feel that many people, myself included, overuse them. If we are not careful, it can be easy to oversimplify matters when living in an unfamiliar environment. As Meryl Streep reminded us in "The Iron Lady"; "Watch your thoughts, for they become words. Watch your words, for they become actions. Watch your actions, for they become habits. Watch your habits, for they become your character. And watch your character, for it becomes your destiny. What we think, we become."

Do indulge in local comfort food: There

is a local wonton shop that occasionally changes my entire outlook on life. When stressed out, simple foods really hit the spot. Here are a some of my favourite local treats that are quick and easy.

Qiao Yun Wontons: This little shop sells Suzhou style wontons and noodles. There are only a half dozen different fillings, so not much thought is involved. The fresh ground black pepper, hot sauce, cilantro, vinegar, and green onions mean you can customise each meal to taste just right.

巧云大馄饨 / Oiao Yun Wonton 南阴阳营32号 / Number 32 Nanyingyang Ying **电话**:15380934328 / Phone number

La Mian (HandPulled Noodles):

I am spoiled: I have a family-run Lanzhou noodle shop right across the street from my apartment. When the weather cools off, there are few things more satisfying than slurping my way through a steaming bowl of handmade noodles. Be sure the noodles are boiled fresh after you order them or they are often soggy. Some of the larger noodle dens seem to boil in advance with disappointing results. During the summer, many a local noodle maker will offer cold options as well.

Most people live within a few blocks of one of these stores, but in case your local area is bereft, try this place. 老马牛肉拉面/ Old Ma's Beef Hand-Pulled Noodles 上海路154号 / Number 154 Shanghai Road (right next to Skyways Bakery).

Dumplings:

Need I say more?

Never more complicated than two or three ingredients, these boiled or steamed treats do the job every time. If you cannot find a dumpling restaurant near your residence, ask a local friend to help. These shops are everywhere. My favourite is a hole in the wall that does not even have a specific address!







Jian Bing:

The Peoples' Breakfast.

These are pancakes covered with an egg that and cooked on a griddle. The edible disc is rolled after being filled with a variety of tidbits such as a brown sesame sauce, red pepper flakes, radish, onions, carrots, seaweed, and cilantro among others. Beware the pancakes that are not made fresh, as they do not hold a candle to those that are grilled before your eyes. The crispy cracker-like fried dough in the middle is my favorite, but you can also add fried dough sticks; "you tiao", to make a delicious breakfast or afternoon snack.

My favorite location for jian bing (煎饼) in Gulou hides up an small street near the corner of Yunnan Road and North Zhongshan Road. You can find lots of snack food on Gulou Ertiao Xiang Yi Xiang (鼓楼二条巷一巷) near its intersection with Yuansheng Xiang (渊声巷), but the Shandong style jianbings in the middle are the best. The health inspector might not sign off on the place, but that comes with street food territory. No English is necessary to order. You merely need to hold up one digit for each pancake you want and point to your add-ons. Enjoy. W



THIS HEAT IS GOING TO LAST!

If you want to plan any kind of event that takes place outdoors, do it in October. This golden month in Nanjing serves up perfect weather with very little rain.

HOW TO PUT MONEY IN YOUR PHONE

- I) Write down your phone number (or that of a friend in need)
- 2) Proceed to anywhere you see the China Mobile logo. The smaller the shop, the better.
- 3) Hand over your phone number along with a large red note.
- 4) Wait until your phone receives a message consisting entirely of Chinese characters save for the digits "100".

BUYING A TRAIN TICKET

English service is available at both the travel desks of the Jinling Hotel and Crown Plaza Hotel in Xinjiekou. For those brave enough to try elsewhere, the city is dotted with train ticket agencies. Beginning with this issue of The Nanjinger, these outlets are marked on the maps in our closing pages.

YOUR BIKE GOT STOLEN? SURELY NOT!

If your bike gets stole, head to Tangzijie to buy it back! It's no joke; it is well known among Nanjing locals that there are better than average odds of finding your former bike for sale in one of the shops opened by "Bicycle Entrepreneurs" on Tangzi Jie (堂姊街), located on Chaotiangong Xi Jie.

OR RENT A BIKE FOR FREE!

For those living a little far flung, i.e. in Xianlin or Jiangning, bicycles can be borrowed for free from a bike rental stations. Often located beside Metro stations, one will need a City Card to borrow the bike (see right). The first two

hours rental is free, after which pay only ¥1 per hour! Note that the fee increases to ¥3 per hour when the rental period is more than 300 minutes.

BANKING

The majority of the main Chinese banks Jiangsu headquarters located in Xinjiekou offer an English speaking counter. Accounts are available as "multi-currency", meaning that your family can pay money into your account in any of the world's major currencies. You can then withdraw it in RMB (you will need your passport to authorise the exchange) or the native currency. There are limits on how much foreign currency can be purchased at one time. Be aware that banks outwith the city centre do not carry large amounts of foreign currency, if any.

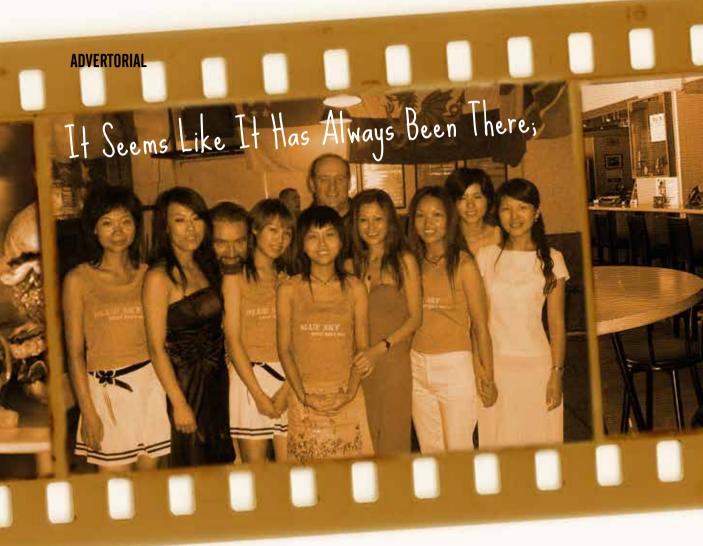
NANJING'S OWN CURRENCY: CITY CARD

Don't wait in line for tickets; buy a City Card (金陵通). Available from a number of locations and Metro stations, these stored-value cards can to be used to pay for buses, Metro, taxis and even your groceries at some Suguo Supermarkets. Registered (记名卡) and unregistered (不记名卡) cards are available, with the former requiring your passport and costing ¥30 with the latter costing ¥25. Topup can be done at many Metro stations as well as the larger Suguo Supermarkets.

WHERE TO GET A CITY CARD

Gulou Subway Station - between exits I and 2. Look for the "IC Card Recharge Service" sign; the booth is tucked in a corner. There is usually a queue.

Xinjiekou Subway Station - at the north end of the station, just outside the passenger transfer passageway leading from Line 1 to Line 2. This is a big station, so if you get lost just ask an attendant for "IC ka" (third tone). They'll point you the right way.



The Expat Haunt On Shanghai Lu

The star hotels cost too much, and the Chinese bars served warm beer. Then in 2001, a business discussion in Perth led to the decision to open an expat restaurant and bar. "Great!" exclaimed Graham. "That is one way I will have somewhere to have a drink."

Graham had the experience of running the very popular Parkerville Tavern in Perth, Western Australia, and he applied this knowledge to the creation of Bluesky. 23rdAugust, 2002, was the big day. The bright lights of the facade stood out in the otherwise rather dark street. The doors opened and Graham and Rainbow, his wife, sat nervously waiting. They need not have worried, as the new venue proved a big hit from the beginning.

Fast forward to 2012. The character of the expat community has changed so much. There are more families, more widely spread, and life is so much more relaxed. Bluesky is so well-known that if you ask a taxi driver to take you to a foreign bar, you are likely to end up there. Now this part of Shanghai Lu is a strip of bright lights and vibrant businesses. Plus the auspicious 10th anniversary party is about to happen. Here's to another ten years of cold beer, classic rock music, and an Aussie oasis in Nanjing.

SESAME



INGREDIENTS

- 100g breadcrumbs
- 1 tablespoon sesame seeds
- 4 skinless white fish fillets (about 140g each)
- 2 tablespoons plain yogurt
- 1 tablespoon olive oil

DIRECTIONS

- 1. Pre-heat the oven to 220°C.
- Mix the breadcrumbs with half the sesame seeds.Brush the fish with yogurt and coat in the breadcrumb mixture.
- Lay the fish on a baking sheet and sprinkle over the remaining sesame seeds. Drizzle with a little olive oil and bake for 15-20 minutes. Serves 4.

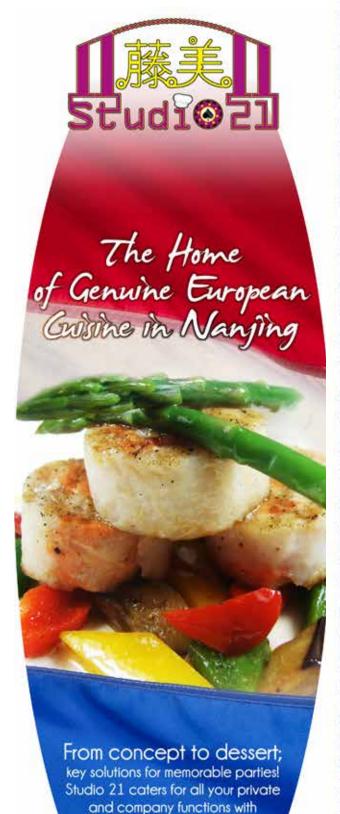
It's more than just a cookbook...

It's a collection of wonderful recipes from friends of Hopeful Hearts all round the world.

Every recipe is written in both English and Chinese. With over 190 recipes of international cuisine you could be dining in a different country every night!

(see next page)





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THE NANJINGER > COLLECTABLES

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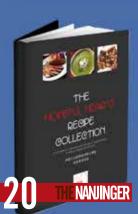
配料

100克面包周

- 1汤匙芝麻粒
- 4.片白鱼片(每片大约140克),去皮
- 2 汤匙原味酸奶
- 1 汤匙撒梅油

制作方法

- 1. 预热烤箱至摄氏220度。
- 混合面包眉和一半的芝麻。在鱼片上抹上破奶,然后裹上面包屑混合物。
- 把鱼放在烤板上、撒上剩下的芝麻粒。淋上一些撒 榄油、烤15-20分钟。可供 4人。

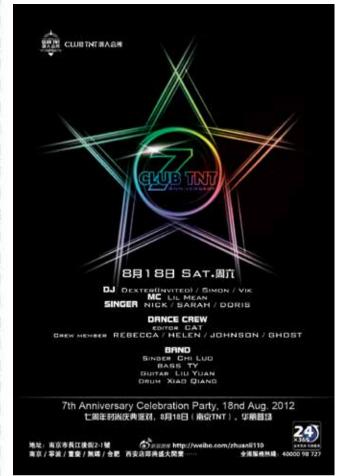


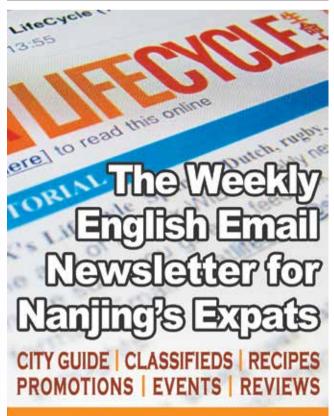
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With over 190 recipes of international cuisine you could be dining in a different country every night!





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Permanent Relocation

No longer living in limbo

Which of the following scenarios is completely out-with the realms of possibility:

A) Odel and Ordwin sell their business and in no way ordinary abode to emigrate down under to Oz.

B) Majori and Mychele have had enough of Medillac and make the move to Martinique.

C) Lizzy and Lanc decide to live out their lives lazing it up in Lanzarote.

D) Paul and Stephanie chuck in their jobs and book two tickets to Nanjing, saving they are off to live in China and they ain't never coming back.

Somewhat obviously, the correct answer is D.

As the above example shows, for those seeking a permanent relocation, the first choice of many will likely be a country that shares their native language. The French shall probably go for the Caribbean, the Brits for Australia (or those parts of France vacated by the Caribbeanbound), the Germans for Namibia and the Americans for Florida. The second prerequisite might be that of a developed economy; one is hardly about to sell up shop and permanently move to a place that offers a standard of living far below that to which one is accustomed. So instead of Namibia, Germans choose Austria while Americans ditch Florida in favour of Mexico.

Not only does China fail on both the above counts, it remains logistically and legally difficult, nay nigh on impossible, to permanently relocate to China. Yet increasing numbers of foreigners are doing just that.

How?

China does not represent a viable option for permanent relocation in its traditional sense. The difference between choosing Nanjing over Nice lies in the terminology.

No one chooses to emigrate to China. It chooses us. Or rather, we merely become more accustomed to it.

Almost anyone who has been in China for more than ten years will tell you that they did not come with this intent. Some came for a three month contract, some to study Chinese, some for a gap year in university, others for work experience. A perceived temporal is the common denominator.

Tradition theories of immigration designate the terms of Push and Pull. The Push factors refer primarily to motives for emigration from the country of origin. In the case of economic migration, salary differentials are the usual Push. Escape from poverty (personal or to assist relatives staying behind) is another traditional push factor; the availability of jobs being the related pull factor. The cost of emigration, which includes both the explicit costs plus cost of travel, and implicit costs in lost work time and community ties, results in a negative Pull of emigrants away from their native country. While there are also a host of non-economic push factors including many kinds of persecution (religious or political), war and civil unrest, the rise of China and the recent financial crisis afflicting many countries has put these theories of immigration back on many people's agendas.



Many of you reading this very publication shall be new to Nanjing. With the best will in the world, we may choose to call you "migrants". Have you come here from a year-long contract teaching in Dubai? Are you and your partner "serial" educators, mercenary to the paycheck of a rotunded international schooling entity? If so, at this point, settling in Nanjing is likely furthest from your mind. It is easy to empathise. While China may have in recent years made it into the top three of preferred destinations for expat working assignments, when it comes time for permanent relocation, China probably doesn't make to the top fifty.

The international research and management consulting firm Gallup commissioned a survey earlier this year that revealed approximately 640 million adults who would like to migrate to another country permanently if they had the chance. In what is probably the largest survey ever petitioned, some 23% of respondents quoted the USA as their most preferred destination; the UK was next at 7% with the remaining popular choices being Canada, France, Saudi Arabia, Australia, Germany and Spain.

Despite China's omission from this particular wish list, there are precedents set by some who came before you, for whom a life in Nanjing also seemed a perilous undertaking. You will bump into a few of these individuals during your time here and likely be struck by their ordinariness. Were it not for the location in which they are placed, they appear much like any other person you would find on the streets of your own country; one entirely at home with their surroundings.

So who are these strange creatures, and why in the name of our hallowed maker would they choose to live forever in China?

A number of factors have worked together in order to produce such beasts.

No matter the apparent rigidity of China's laws and regulations; definitive legality remains a precious resource. The ever-complicated visa issue is viewed by many outsiders as a means to keep foreigners out of China. Not so; it is a means to keep out the socio-economically challenged. It comes as no surprise therefore that most expats who have been in China more than a decade have worked out an innovative way to contribute to the greater good of the country.

Before such a situation can come about, those wishing to stay in China for the long haul should have a conducive employment situation. Given that Working Permits need to be renewed on an annual basis, the foreigner working long term in China is likely either the company owner, very senior management or has a skill that renders them virtually irreplaceable. For those with enough cash on hand, the right to issue oneself with a working visa can pretty much be bought in the form of a major shareholding, or similar, in a Chinese company. There are also a few (very few) who have been in China so long that they are now simply part of the furniture; like a broken old arm-chair they are no use whatsoever anywhere else.

They need to be the right "sort" of person; attractive to Chinese people, in more ways than one. It is not only necessary for the long termer to like China; China also has to like them. More often than not, such people have also found their soul mate or similar kind of partner from within the local population. After being married for five years, and satisfying various other criteria, that interestingly include proving they have no criminal records in their native country, the foreign spouse can be entitled to a Chinese Green Card.

A few years down the line and many such couples will have also brought their own kind of "joint venture" into the world. Barring disaster, products of these transnational marriages are pretty much set for life; growing up bilingual (at least), exposed to an international way of life from birth and likely enrolled, or soon to be, at one of the best international schools in the country, if not the world. With standards declining not only in education, but across all of society, over a size-able portion of the developed world, that alone is enough to make many consider how they might make a permanent relocation to China.

They also need the right kid of attitude. As Parsley Li points out elsewhere in this very publication, "China is real, China is fun, China is real fun". Get this and you may find yourself here a lot longer than you think.

The Nanjinger Cryptic Crossword 11 13 18 22

How do you know you have been in China for too long? You saream

Di yi cì đào Znāngguo nēixiē yōngyū yidlng yèa zhīdáo?

Zhè gè duōshāo qión?

第一次到中国關些用语一定要知道?

这个多少钱?

Across =

1 Sons catch a train somehow and pay thus (4.11)

7 Arm or leg with no start for ash (5)

9 Concerning 1 across to clean the slate (9)

11 Put it back with the tax (5)

12 Sounds like regret for insulting remark, but quite fruity (7)

13 Where busy insects assemble (5,2,8)

15 Occupants of Noah's Ark, great and small (3,3,9)

18 Sounds like the setter and a girl wandering about (7)

20 Disprove about 8 (5)

22 I turn it on to get nourishment (9)

23 Take from least (5)

24 Teller takes the size of these precautions (15)

1 Hatch with double energy to find this animal (7)

2 Start confused with example upwards make objectives (7)

4 Sure pence intend to give overview (15)

5 This redent could copy you soundly (5)

6 Remarkably not by US city stirred (7)

14 Valery shortly isn't vulgarly mixed up and brave (7)

15 Some unusual man accounts for this annual publication (7)

16 Pushes through streets shortly (7)

hey will either stare at you open-mouthed or assume that it is not necessary to

you meet a Chinese person; As soon as you speak some basic Chinese

áse he Ruishi ajáokéli "Kéxī yī ban de döngxī dõu méi jidao guó

iaeli wō vixle bixūpīn bāoku chúch culi , nāilo , xiānachana

Sán dào Zhôngguá yihàu , wố chángcháng qiú wỗ măma

奶醋、香肠、发色和瑞士巧克力。可惜一半的东西都没香到过 獲到中国以后,我常常求我妈妈寄给我一些必需品包括除臭剂

19 Initially don't run in front to be carried along(5)

21 Inhabitant of 13 (3)

Useful little oddities from an English/Mandarin world: Relocation

my mum for survival packages Including deodorant, cheese, sausages, hair colour and

After relocating to China I found myself regularly begging

swiss chocolate. It's a shame half of it never actually arrived

¿à: Yīngguó de fanguán límian dashéng de hán "Fúwüyuán ! "

linjiëzhe, quán wű li de rén jingya de dingzhe ni

Ní zěnme zhídáb ní víjíng zál Zhöngguó dái le tái jiú ?

SE CORNER 汉语角Hànyǔ jiǎo

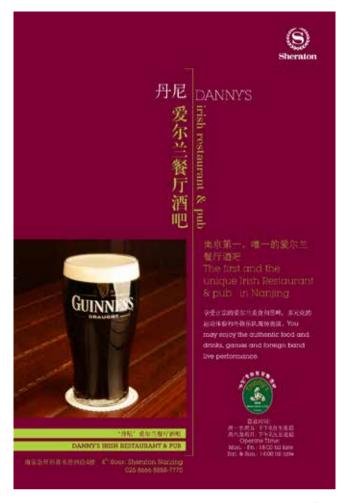
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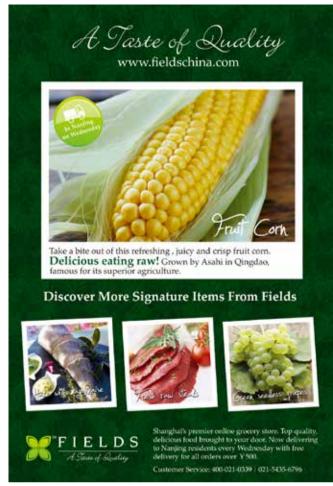
shënme qubie . Ni yi shub chu yi ju Hanyū ldi , búshi ybu rën hui dëng da yan îng de dîng zhe nî , jiû shi tâmen de yûsû tûran bian de fêi chang de kudi Zài Zhôngguó zhù le hão jĩ nián qishi gên gãng dào de shihòu mél yōu

Huòzne tāmen kāishī yīnjīngjūdiān "jū shi rang nī gānjue nī

prove you don't know the language after all by citing are schalar after the other

And then there are those that will pull out all the stops to





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MTI continues to expand



MTI - New branch in Nanjing

For many companies China has developed into one of the most important markets in the world. But there are not only entrepreneurial success stories. Many international firms fail. The main reasons are an insufficient knowledge of the market or simply an under-estimating of local conditions and cultural differences.

Since 2002, Machwürth Team International has shown that it can also live up to its excellent reputation in China. The MTI offices in Beijing and Shanghai illustrate the degree to which the Team cooperates with local and international enterprises while accompanying them on their way to becoming more and reputable as a company.



In order to be even closer to its clients, MTI opened an office in the heart of Nanjing in June 2012. There, MTI will continue to offer its services that are tailored to local and corporate needs, while also meeting the highest international standards.

Main focuses are on:

- · Leadership Development · (Executive) Coaching
- ·Sales / Service Training
- Team Building
- Strategy Workshops
- Change Management

The office is led by Mr. Jochen Schultz, Managing Director of China, who is in charge of the business in China, Hong Kong, Japan, Korea, Mongolia and Taiwan.

Since 2011 Jochen has lived in China where personnel development and organizational development have become a strategic imperative for companies as the country endures a demanding and fast changing environment.



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nternational students are a hot topic.

The argument goes that Chinese students entering into higher education in first world countries deny natives of places at university. Yet these students bring dough. Not only do they pay top dollar in enrolment, they and their families' hard earned cash is also liberally applied to living costs and some of the better things in life.

Make no mistake; this has resulted in a highly competitive international market. Many English-speaking countries compete to offer university places to potentially lucrative Chinese students. Wallets bulging, the latter eye the United States, Canada, Australia and the United Kingdom as their first choices.

Yet now that choice is becoming limited.

The UK has become the first country to take unprecedented steps in restricting international student numbers;

steps with significant ramifications for not only a cash strapped economy but also for the country's reputation as a global leader.

Beginning in January, 2011, the UK collation government sought to reduce net immigration numbers by the end of its parliamentary term in 2015, from "hundreds of thousands" to "tens of thousands".

In line with this objective, the Home Office also enforced several constraints on non-EU students who wish to study in the UK, including limitations on bringing in student dependents and working outside of educational hours, higher requirements for English language proficiency and most noticeably, the removal of the Post Study Work visa (PSW). The new system came into effect in April 2012.

PSW visas allow international graduates educated within the country to enter the UK labour market for two years with no restrictions. This visa was seen as an incentive, adding to the appeal of the British higher education market over its competitors; typically other English Speaking Countries known for their immigration intake numbers. As a result, by late 2000, Britain was the second largest enroller of international students globally; falling only a little behind that of the United States.

Before the removal of the PSW visa, the prospect of a Masters degree from the UK was particularly appealing to Chinese students; a one year degree qualified for post-graduate status as well and allowed the potential chance to have gained overseas work experience.

With the rapidly growing economy more and more Chinese nationals can afford to study overseas; together with tuition fees, they also represent significant consumption potential.

At present, tuition fees for international undergraduate studies are three to four times higher than thosefor UK and EU students; on average £5,000 more expensive for postgraduate studies per year. Top-end universities such as Imperial and the London School of Economics may charge international students as much as £20,000 per academic year. Off-campus expenditure creates a further knock-on economic effect, so much so that all major jewellery retailers and department stores now accept Union Pay, the Chinese bankcard that is also processer of all domestic bank transactions on card payments.

Thus, when word of the PSW visa cancellation spread, many thought it was a joke; many Chinese students at least. The logic was simple: why not welcome this easy money? With thoughts such as this, Ruby applied to Newcastle and Cardiff University, in the hope of seeking two years' work experience upon completion of a Masters degree in lournalism.

"I was aware [of] the possibility that the PSW may be cancelled, but I thought that was ridiculous; it takes away [the] UK's advantage, and to think why should I come to study if I could spend the same amount of money elsewhere?

"By the time when I knew for sure the PSW was going to be cancelled from my year and onwards, I had already paid half of my agency fees" (higher education agencies have the sole job of introducing overseas universities to prospective students, and vice-versa).

When asked what her plan is, Ruby says she will still try to look for opportunities until her visa runs out, although she points out, "It felt I was sold a product that was untrue compared to their promotional material;

by late April most students would have already progressed onto the mid stage of application, when agency fees are paid partially, flights may have been booked and visas applications may have been processed; just that tiny bit too late to pull back from it all.

"But if the information was already confirmed that PSW was to be discontinued, I would have chosen to study in other English speaking countries."

Before implementation of the new student visa rules, UK university leaders warned government officials that the cuts could damage the higher education industry to the tune of £8bn per year, risking the international reputation of the UK education sector.

When higher education funding is to be cut up to 60 or 70 percent, restricting international student numbers could deal a big blow to not only the finances of universities, but also a whole support economy.

William Vanbergen is founder of BE Education, the nearest thing that China now has to a "prep" or "finishing" school; preparing Chinese high school students for the rigours of life in top level universities abroad.

"For us [the UK] as a country and as an economy this is crucial because we are educating the next generation of children from the world's emerging superpower.

"Here, they will forge friendships and when they reach positions of influence they will be pro-British when it comes to international trade and investment", said Vanbergen in an interview for The Telegraph newspaper.

Business may be booming for Vanbergen as BE Education is set to open a new campus at its school in Chengdu and a brand new facility in Changzhou, but he remains concerned that Chinese wealth might find a new home, one other than the UK; "Right now, the US is relaxing its pol-

icy towards China just as we are making things tougher for students... It's an insane decision we may all live to regret."



Zhao Yi was employed eight months after the completion of her course work. She felt lucky as, being a foreign national who studied arts, she knew she had about a I percent shot at successful employment.

"The key is patience and to be mentally strong; believing in when it is your turn that opportunity will come to you... Though I cannot deny that during these eight months, I was anxious, stressed and depressed.

"Being in a foreign land, on my own, unemployed, and with most friends who have returned to their native land, I was lonely, helpless and saw no future.

"I did then decide that I was going to give myself one year; if this was not going to work out when the time comes, I will go home."

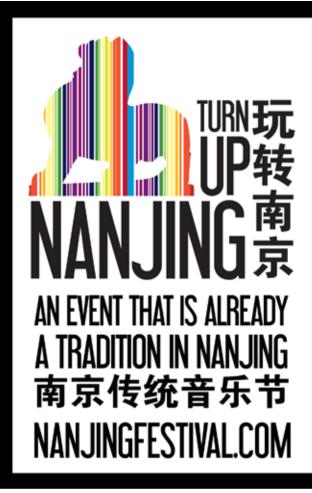
Fortunately for her, she did not have to pack her bags. But when her PSW visa ends in two years' time. Zhao will face the same issue again.

Damian Green, the UK Immigration Minster, claimed the government's plan for student visa overhaul was proposed during a tough economy, "at a time when graduate unemployment rate level is at its highest for 17 years." True, but there remain those who argue that the removal of the Post Study Work visa is also likely to have a detrimental effect on universities' research reputation. Currently, over 10 percent of university academic staff comes from outside the EU, amongst whom the majority are the universities' own graduates. As reported by the Guardian newspaper, critical research areas such as clinical medicine, physics, engineering and chemistry in the UK are desparately in need of international talent. Under the new rules attracting new academic talent would prove to be more than difficult. World-class research reputation simply cannot bypass global talent.

A large sector of the education community

are calling for international students to not he classified as economic migrants, and be removed from immigration figures altogether. If equally educated British nationals struggle to find employment, in most cases it will be more difficult for international graduates. Just as for their British bretheren, the Degree or Masters educated are more likely to become contributors to society, as opposed to a problematic demographic.

International students are not just good for tuition revenues and beneficial to the wider global economy. Just as important, they also bring academic talent to educational institutions and culturally enrich societies as a whole. In this era of globalisation, universities should be places where differences of language, culture and world-views meet and fuse. Is Britain now fast on the road to becoming a country that has failed multiculturalism in the globalised age? N





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THENANINGER

RETAINING YOUR CHINESE TALENT PART 1 OF 2

Nith Jochen Schultz

■ Human resources issues have become the most pervasive of problems for the majority of foreign based companies in China. Among such, nowhere is it more prevalent and severe than in the area of retention. Those who have worked in China would be in unanimous agreement that there is an incredibly capable workforce in the Motherland. Yet curiously, ongoing topics to discuss remain those of addressing why Chinese white-collar employees frequently change their jobs and planning strategies that companies can employ to prevent such tremendous loss.

In the last few years the most common scenario was that of white-collar workers who stay two or three years with prestigious MNCs to add the name of such well-respected companies to their CV, and then go looking for "better-packaged" jobs. Annual staff turnover rates of over 40% in mainland China confused foreign head-quarters. They could have never predicted that the growing mainland is so different from territories such as Hong Kong and Taiwan; China had become not a different country but a different world.

Conditions arising that may make Chinese change jobs

- Lost promotion opportunities
- No PERFECT future career development can be foreseen
- · Repetitive work perceived as boring
- Feeling over-qualified when compared to colleagues
- A distrust of superiors or company surfaces
- Team/department leader resignation
- Company stuck in crisis
- Insecurity arising from the one-year contract system

Nowadays, many are dissatisfied with their current situation and never slow the search for better opportunities. They are not only seeking financial success, but also fulfillment of social

status. Thus the commonly perceived quick solution seen in high salary/bonus will not be enough to persuade Chinese talent to settle down.

Retaining Chinese Talent - International HR principles combined with localised strategic retention system

The existing international standard HR principles in hiring, training, and promoting are still key advantages in establishing an effective retention methodology. Nevertheless, also necessary is a localised strategic retention system that decreases the turnover rate, in sympathy with the five major Chinese talent culture factors:

- 1) High expectations for career development
- 2) A hunger for learning and self-capacity building; sensitivity to loss of face
- 3) Social status ambitions
- 4) Importance of employer-employee "Guanxi"
- 5) Work-Life Balance

The Localised Strategy

In China, most 40-plus professionals lack English-language ability, forcing foreign employers to place the younger 20-30 generation in higher positions than is the corporate norm elsewhere in the world. Nevertheless, it is not always a negative trait to have a younger crowd in the organization; they are more eager and have the energy to learn, and with their tendency to showoff they will never let down an expatriate executive.

Hands-on training is your debut in making your young, aggressive Chinese workforce feel comfortable and confident with staying in your organization, since most of them are junior and lack the professional experience of their seniors. A higher value is placed on company-sponsored training in China than anywhere else in the world, and thus one of the most effective solutions to reduce turnover is to constantly and systematically offer professional training. Foreign companies enjoy a distinct advantage in this respect since they can also offer international professional exposure through overseas training. When employees feel the company is taking their growth and career development seriously, they will naturally become loyal.

Learn more about this localised system for retaining talent in next month's edition of The Nanjinger!





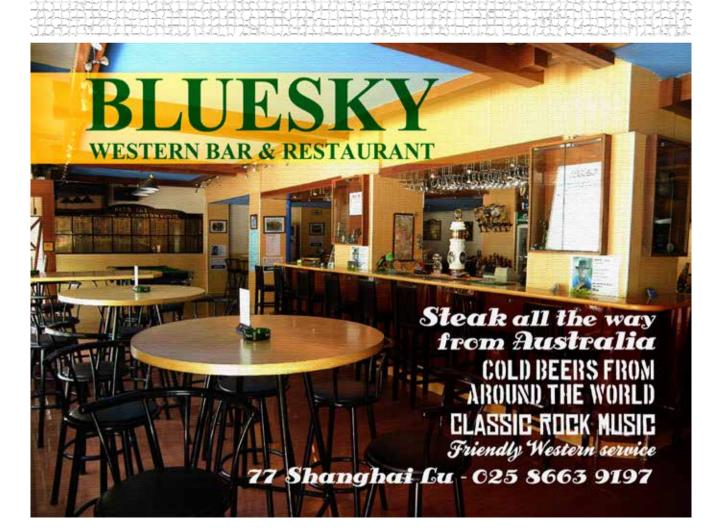




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Chinese Match-Making

Pairing wine with food is relatively new to China and all the world's wine growers are competing; there are many opinions, even conferences, on the subject and a lot of vested interest hot air. It has to be said that many Chinese dishes are well balanced by their own often rich, complex and salty sauces; there is seldom a necessity for more sauce by the way of wine. However, the rewarding synergy of well matched food and wine can be achieved with Chinese food. Thus this month's wine scores are representative of that synergy rather than a solo performance.

A familiar conundrum for the wine fancier in China is the number of dishes present at a Chinese banquet. A number of different wines are therefore necessary, progressing from light to dark and heavy with both wine and food; the palate can hardly make sense of a heavy Shiraz that eclipses the nuances of a subsequently tasted Sauvignon Blanc, or even a light red such as Pinot Noir.

The much cited Chinese food match grape Gewürztraminer does go well with a lot of Chinese fare; typically off-dry it can offset some of the fire of spicy food with an aromatic lychee-like sweetness. The more floral, semi-dry Rieslings will serve a similar purpose, with just a little more steely minerality. A heavily tannic Cabernet or Shiraz will stoke the fire with a cacophony of spices, but some enjoy such a collision. What's sauce for the goose is not necessarily sauce for the gander, or the salty duck for that matter.

Herein are suggested matches for three signature Chinese dishes; extrapolate the flavour profiles and you have the tools to unlock a whole new epicurean dimension. You are unlikely to find these recommended wines on the restaurants' lists, so bring a bottle or two with you. Fear not; Chinese restaurants do not charge for corkage.

Originally Cantonese, now ubiquitous; "Sweet & Sour Pork" is usually served up as deep-fried chunks of pork in a glutinous sugar-soy-vinegar sauce calling for something that's full of zippy acidity; Prosecco from Zonin (¥129, Everwines, 302 Zhongyang Lu / ¥138 BHG, Aqua City), along with some uplifting bubbles with a creamy mouthfeel and a touch of sweet apple it will joust deliciously with the rich mix of flavours (18 points).

Looking for something to go with vour Peking Duck?

Steer clear of the big tannic reds; they will play havoc with the sweetness of the plum sauce and the unctuousness of the meat, instead try the Casillero Del Diablo Pinot Noir 2009 (¥138 BHG, Aqua City); a supple, lightish red and with a suggestion of wild strawberries it has a sweet enough edge to engage perfectly. Will also chime nicely with this city's own 'Nanjing Salty Duck', and has enough chutzpah to work well with a "siu mei" style roast goose too; an eye for the birds that one (17.5 points).

"Gong Bao Ji Ding", is a widespread China staple with Sichuan origins, and so the heat rises. This dish is a stir-fry of peanuts, chicken, vegetables and chili peppers and authentic Sichuan style will include a handful of Sichuan peppercorns, which have a curious numbing effect on the palate. Is there a Dr. Loosen Riesling 2010 in the house? If not there should be one available at BHG, Aqua City for ¥166; with citrus on the nose, a nervy acidity, and a quiet minerally sweetness it makes a perfect spice charmer, and at a polite 8.5% aby makes a good school day choice (18.5 points). N



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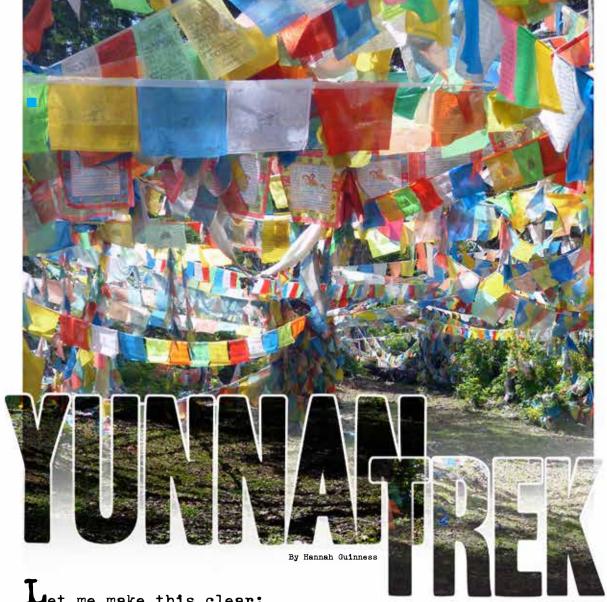
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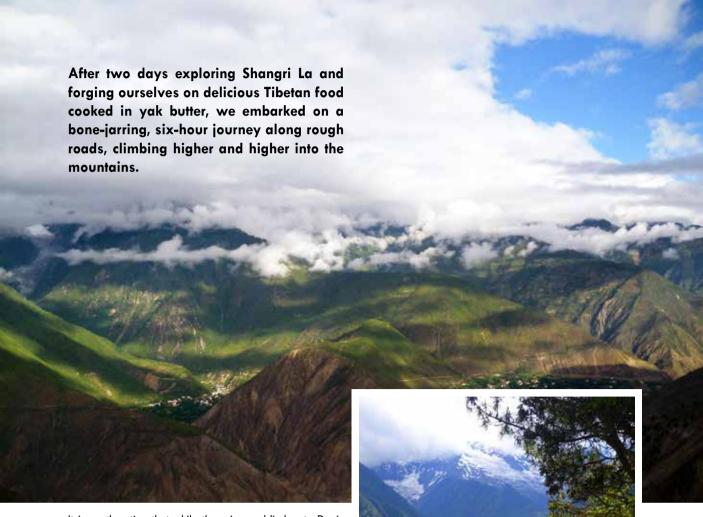


Let me make this clear;
I am not usually someone who "treks".

Usually my idea of a good time on holiday consists of wondering around quaintly cobbled streets, pausing for multiple cake and coffee breaks. Any walks I attempt are strictly on level ground, and I view any uphill incline with suspicion. So it was a surprise when I somehow found myself in the mountains of North Yunnan near the Tibetan border, doing a 60 km, three day hike.

It all started with a pleasantly scenic twelve hour bus ride which took us from Kunming to Shangri-La. Altitude sickness, the guide books warn you, can be a problem, although I was not affected aside from being quite short of breath during cycle rides around the surrounding countryside.

After visiting a couple of tour agencies in Shangri-La without much success (including one lady who told us every possible trek we could do was not worth the bother, aside from her own ¥400 package), we spoke with the very helpful Vicky of Lantian hostel, who gave us plenty of useful information and booked us on a minibus to Deqin, a border town in the far north of Yunnan, for ¥80 per person.



It is worth noting that while there is a public bus to Deqin that costs around ¥60, a private taxi allowed us to stop for photos, which due to the beauty of the passing scenery, was an absolute must.

The mini bus "taxi" also took us straight to our intended destination of Feilaisi, a small village 30 km away from Deqin. Mostly full of hotels and cheap restaurants the principal attraction of Feilaisi is the magnificent view it affords of the Meilixue mountain range; massive snow-capped pointy peaks that fulfill every criteria pertaining to what "proper" mountains should look like.

The next day, after rising at 6am to watch the sun rise over the mountains (sadly mostly screened by cloud) and a quick baozi for breakfast we boarded our mini bus again to travel for a further two hours to Xidang; a small, pretty Tibetan settlement where the road ends and the trail to the Yubeng villages begins.

The trek to Upper Yubeng takes 5-6 hours, and the majority of travellers hire a mule to take them part of the way there. For the more masochistically inclined the hike is a steep, 3-4 hour slog uphill through thick forest to the Nazongla Pass, followed by 1-2 hours of blessedly downhill walking.

There are two rest stations on the way, both of which selling

There are two rest stations on the way, both of which selling exorbitantly priced instant noodles, drinks and snacks.

Your reward for 6 hours of sweaty hiking is to see the Upper and Lower Yubeng villages nestling invitingly in a lush green valley at the foot of the Meilixue mountains. We stayed at the beautifully wood-panelled Lobsang's Trekker Lodge in Upper Yubeng, and for the princely sum of ¥25 received a clean, pleasant private room that made up for the large,



dried pigs carcass laid out on a chopping block near the stairs. Be warned; toilet facilities are basic (trench toilets with no cubicles) although there was building work ongoing at the hostel so hopefully amenities will be improved for future visitors.

From the Yubeng villages a number of walks can be attempted, and it is easy to stay several days in the valley pursuing different hikes. The one we chose the next morning was the hike to Ice Lake. Leaving the village (after stocking up on expensive provisions; ¥5 for a small bottle of water anyone?) we climbed for several kilometres up a steep, forested slope. This was perhaps the most challenging part of the entire trek as it involved much clambering over tree roots and rocks. After reaching the top of the hill and pausing to admire the views of the mountains, it was a short downhill canter to ramble upon rough river rapids and a makeshift bridge.

After a wobbly crossing we walked amid cool, green trees, eventually reaching an open valley rest station, from where Ice Lake glacier could be glimpsed in the distance. After a celebratory meal (of instant noodles), the final stretch consisted of a pleasant walk through meadows full of flowers, accompanied by the gentle clinking of nearby wasndering mules' bells.



Another steep uphill climb (though mercifully short) to a small hill, and Ice Lake becomes visible. Fed by a myriad of small streams tumbling down dark-grey rock walls, the glacier in turn feeds a small lake; a scene crowned by massive, snow-speckled mountains hulking over all in sight. After considering that "beautiful" does not quite do it justice, a slippery scramble over the snow and an ill advised paddle in the (bone chillingly cold) lake we topped up our bottles with pure glacier water and began the journey back to Upper Yubeng.

Due to time constraints we had to return on the third day, opting to take a different route via the Yubeng river valley. Passing by Lower Yubeng village we quickly ascended to a high trail above the river, walking along a narrow path which wound its way through a forest enchanted with butterflies. Turning into a steep gorge with the river rushing noisily below, the valley gradually widened until we were threading our way high up through arid, rocky mountains, eventually reaching the red, slow and broad Mekong River; then on to Ninong, the village at which we had arranged to be picked up and returned to Feilaisi.

If I had to offer a criticism of this trek it would be of the prolific littering that I saw in many places;

whilst Ice Lake itself was pristine, the rocky hill overlooking it was covered with rubbish. This was also the case for much of the trail we walked the previous day.



Frankly shameful, considering this is a national park. Litter aside, this is still a beautiful, secluded and relatively untouched area of Yunnan that is worth exploring if you are not keen to do the much travelled Dali-Lijiang-Tiger Leaping Gorge route. If you are forgiving of a few bus journeys plus a bit of walking, and hanker to see some wild mountains, the trek to Yubeng may be the perfect trip for you.

TOP OF MIND

If I was a healthy person I would go to bed early, eat that good cereal every morning, exercise regularly, have my meals on time, take my vitamins, avoid smoking and drinking and take deep slow breaths.

Instead, I brand myself by merely telling everyone that I go to bed early, eat cereal, etc etc.

IF IVAS A HEALTHY I WOULD IMPLEMENT A CITY BRANDING CAMPAIGN. By Ronald Paredes

People is the lifeblood of a city. Way beyond physical infrastructure is the attitude and behaviour of a city's citizens that determine its personality; the human aspect that gives it a face. The quality of this personality is a consequence of, and in direct proportional to, the general level of happiness and satisfaction among citizens.

In the mid 1970s New York City was going through a terrible economic crisis; a situation leaving its habitants with no confidence and in a deep state of depression. The city was awash with rampant criminality, people cared little to nothing about systematically vandalised buildings and public areas and city moral was at its lowest possible level.

In a bold move the governors' office thought of tourism as the most viable way out of the crisis and spent US\$4 million (the entire tourism budget) on market research plus an advertising and branding campaign. Launched in 1977, the "I Love New York" campaign used as a pillar a logo designed by acclaimed graphic designer Milton Glazer as a central image.

The iconic "I (heart) NY" and a jingle composed by "king of jingles" Steve Karmen was so powerful and effective a solution that it improved the city's image and the perception of her by not only her own citizens but also the rest of the world. After more than 30 years, the "I Love New York" campaign is still very much current and sets standards for how cities should communicate and relate with their citizens and visitors.

Although the case of New York City can be considered atypical because of the specific context in which it was developed and the circumstances under which it was implemented, it serves as a perfect example of how visual communication, marketing and branding can not only influence people's perception but also boost citizen pride and instill a sense of community and social behaviour.

In China very little attention has been put on developing a strategic branding and marketing campaign not only for cities but the whole country, despite great efforts in creating interest in tourism and financial investment. Lacking a cohesive message, private and governmental entities create their own marketing campaigns without consensus, resulting in a message that is unclear and confusing.

Such campaigns are weak in their very core since they are not sustained by a strong strategy or market research; they lack emotional appeal and as a consequence make the target audience feel disengaged and sometimes even annoyed.

City branding is much more complex than branding a product or service. A broader audience from many sectors; private or public, ordinary citizens or tourists, all with hugely varying expectations need to be delivered a message that does not lose its integrity and consistency as a brand.

However, in any effort at creating a Visual Identity for a city it remains most important to effectively connect at an emotional level with that most important part of the city; its average citizen whose social behaviour and attitude will determine the health of the community.



Activity Review Free Chinese Class By Doug Hughes

Comrade Lei Feng is credited with having once said, "If a person truly wants to study something, they can always find time. The key is whether they can budget their time in an efficient way." For those of you who want to study Chinese, you may want to consider making some time on Sunday afternoons. In the spirit of "serve the people", Katie Hu and a few other native speakers are offering to teach you Mandarin for free.

Katie, a native of Nanjing, clearly has a knack for languages. Her English is flawless, perhaps in part because she was an exchange student in Hawaii during high school. The volunteer teacher is currently learning another Asian language.

During one of her beginner classes, she answered a student's vocabulary question in Japanese, the student's native language. When asked what she wants to do in the future, Katie says she wants to be a teacher of Chinese as a second language.



It is because of her goal of becoming a teacher that Katie decided to start a program of free Chinese classes this past May. Using donated space at a youth hostel near the Confucius Temple (locations vary), the altruistic instructor has recently offered both beginner and advanced classes.

All of her classes have benefitted from the presence of multiple native Chinese speakers; the beginner class had three local volunteers helping out six language learners. It is hard to imagine that a free course would have a 2-to-1 student to instructor ratio, but hers does.

One Sunday in July, as the beginning class settled in for the 90-minute class, Katie informed the returning students that there would be a quiz on the material covered during the previous week's class. The two returning students then proceeded to explain four different grammar points to their classmates. The male students, one British and one American, correctly explained three of the four sentence structures. The class laughed as Katie and one of the other volunteer instructors reviewed the final grammar point and revealed that the student's explanation had completely missed the target.

Despite the fact that the membership of this group varies each week, the class seems to enjoy a sense of camaraderie that comes from stumbling though learning the basics of a language together.



Both the advanced and beginner classes focused on practical communication in Chinese. Additionally, each student received some personal attention due to the number of instructors present. It seemed that each student came out of the class having absorbed some new bit of language that they were ready to use on the streets of Nanjing.

Katie intends to continue teaching the free classes for as long as students want to learn. If you are an advanced student, please contact Katie to discuss the classes before attending. If you are just setting out, it is always helpful to let her know if you plan to attend class. You can get in touch with Katie Hu via e-mail at katie 9045@gmail.com.

Restaurant Review Studio 21 By Frank Hossack

Translation by Yolanda Lu

On the Nanjing dining map for a little more than three years now Studio 21 forms part of the cluster of restaurants scattered amid the Sunglow Bay courtyard, a little south of the Sheraton hotel. Its Dutch origins in Vegas style gaming are hinted at in the moniker, and remain an

offering of Studio 21 for corporate functions and parties. Today however, and not knowing how to write a gambling review (would two words suffice; I lost?), we are here solely in the interests of appetite. The Nanjinger was treated to a selection of items from a new menu (long overdue for an update) that will be available in September, fingers crossed.

The Dutch mushroom soup has an eerie familiarity to it, in its taste akin to a recipe handed down from grandmother



to mother to daughter. Next up came Farfalle Al Pesto in which the dominant flavor of pesto is nicely atoned by being topped with bacon bits and served on a bed of diced potato (common practice in Pesto's home of Genoa, we are told).

My main is a Grill Platter that consists of a mercifully not huge fillet steak with a wonderfully innovative Creme Fraiche and lemon sauce, a lamb chop and grilled tomato plus spare ribs with classical BBQ sauce. Sourcing a decent lamb chop in Nanjing is no mean feat but more than worth the effort, especially when lovingly smothered by a marinade of olive oil, garlic and Italian herbs.

Exact pricing was unavailable at time of going to press, but experience has shown that value for money seems to form part of the mindset at Studio 21.All mains come with three side dishes included in the price, while set lunch specials continue to be a draw for the local business community. The again very reasonably priced but somewhat limited wine selection might be the only drawback at Studio 21, yet the menu reveals at least a couple of bottles from every continent.

While value for money is certainly to be had in other corners of the city, and options for quality international cuisine remain ever growing, there are still not many western restaurants in Nanjing that serve up consistency time and time again. Studio 21 is one of them.

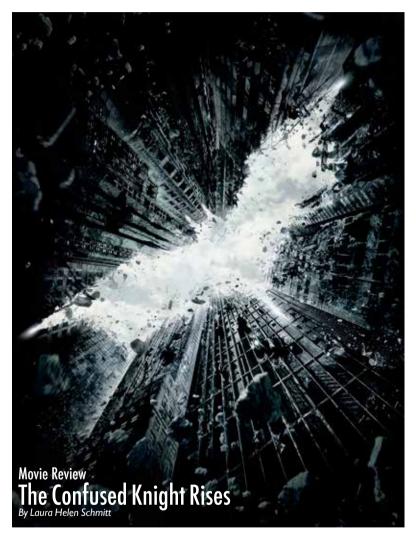
南京的石鼓路是著名的美食聚集地,藤美已经在这片的餐饮地图上驻扎了三年多,就在喜来登酒店的南边一点。店名已经暗示了我们这家店带着拉斯维加斯游戏味道的荷兰风,对各类聚会而言这也是个吸引人的地方。今天,不管怎样,我实在是不知道怎么写这个赌博游戏的评论(就写三个字——我输了,行不行?),我们在这就单独讨论下食欲的问题吧。 在这里我们有幸见识到了新的菜单(很久没有换新菜单了),据说这份菜单准备在九月份正式推出的(但愿如此)。

荷兰蘑菇浓汤的味道尝起来很是亲切,感觉就像是从老祖母那里一代 一代传下来的秘方。第二道菜是蝴蝶结面配蒜香沙司。

最底层铺着土豆丁,又以些许碎培根在上点缀,蒜香沙司的独特味道被衬托的恰到好处。(据说这是蒜香沙司的故乡——热那亚的一贯做法) 我点的主食是一份烤盘杂烩,里面有一份份量不算太大但是有美味鲜奶油和柠檬汁的非力牛排,一份羊排,一个烤土豆还有一份浇上了经典BBQ酱汁的排骨。 在南京想要采购到一份称心如意的羊排绝非易事,但是把羊排和由橄榄油、大蒜,还有意大利香草制成的腌汁在一起焖烧之后,就会觉得跑断腿还是值得的! 到了这些文字要印刷出版的时候,还是没有菜品的准确价格。

但是我的经验告诉我物超所值似乎是藤美主旨的一部分。所有的主食都带有三个边碟小菜(小菜的钱已经算在主食的价格里了),午餐特色菜仍然是使周边商务人士趋之若鹜的东西。葡萄酒价格合理,但是选择范围较小可能是这家店的唯一缺陷,不过酒水单上还是列出了每个大洲上的至少两三个品种。

虽说将来南京的其他餐馆毫无疑问会越来越讲求物有所值,虽说人们在高质量的国际菜肴上选择会越来越多,但南京西餐厅里数年如一日地保持自己服务品质的却并不是很多。藤美就是其中之一。



Joker though, did we?), and an impressive Anne Hathaway.

Known more for roles as "Oh look, I am actually a princess", Hathaway's performance in Batman is formidable. She is sexy one moment (and not the Halle Berry sexy-is-all-I-can-do type of sexy) and completely bat-crazy, or should I say cat-crazy, the next. I never thought a girl that cute could be so scary.

Scary in an unfortunate sense was Nolan's return to the unrealistic universe of the Batman movies in the very first scene. Let us just break an aeroplane into bits in mid-air while we are inside giving someone a random blood transfusion. Sure. It is such a shame that Nolan, after being praised for the first realistic portrayal of the Bat-iverse, now resorts to mere show and blast action.

Everyone knew that it could not be better than "The Dark Night". The only comfort I took from watching him rise was the knowledge that I could go home and watch Heath Ledger and Nolan at their best.

Half an hour into the last part of the new Batman film I wondered whether Christian Bale had decided to take a hike in the opposite direction of the Dark Night; the script was that confusing. Don't get me wrong; I have seen director Christopher Nolan's first two movies. I know about Harvey Dent. I love Batman. But most of the time I had no idea what on earth was going on.

Even as an English native I could hardly understand a word that was coming out of Batman's or Bane's mouth. How is a villain supposed to be scary if you have no idea what he is saying? Too many stories, twists and turns made the whole fiasco of a movie feel like a red thread thrown into bleach, while Bane's backstory was seemingly being chucked at the audience in bits and chunks. Of course everyone tries their best to tie up any loose ends in the finale of a trilogy, but in this movie Nolan has done so much tying that the audience's heads are bound to get tangled.

What remains is a weak, broken Batman who looks like he has constipation throughout most of the action scenes, a villain who tries the impossible (we never expected him to become another



NX ABOUT TOWN

Asia Outdoor Bike Exhibition & Trade Fair- 26-29th July

Photo credit: Nicolas Harter













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Located in Gulou with a birds-eye view of Nanjing's skyline. The hotel makes a grand statement and can be found in the 450 metre high Zifeng Tower; the tallest building in Nanjing.



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Museums & Parks

Nanjing Massacre Museum 侵华日军南京大屠杀遇难同胞纪念馆

418 Shuiximen Jie 水西门428号 86612230 / 86610931 Hours: Tue - Sun from 8:30 to 16:30 Located on a former execution ground and mass burial place of the massacre. Admission is free

Rabe House 拉贝故居

1 Xiaofengiao, Guangzhou Lu 小粉桥1号

Tuesday - Sunday from 8:30 to 16:30

The former home of the German Industrialist who saved thousands of Naniing people in 1937 during which time the house served as a refugee shelter.

Naniina Brocade Museum 南京云锦博物馆

240 Chating Dong Jie 茶亭东街240号 86518580 Hours: 8:30am - 5:00pm

Visitors can observe professionals working on wooden looms making the finest brocade on earth.

City Wall Museum 南京明城垣史博物馆

8 Jiefang Men 解放门8号

Long-gone city gates, maps and a full-scale model of the walled city. Captions in Chinese.

Nanjing Museum 南京博物院

321 Zhongshan Dong Lu 中山东路321号 Artifacts from Neolithic to communist.

Qingliangshan Park 清凉山公园

Guangzhou Lu, near the intersection of Huju Lu 广州路而端

A guiet park, once home to Chinese artists, that offers calligraphy and stone museums, as well as an art gallery and pottery studio open to the public.

Nanjing Science Museum 南京科技馆

9 Zijinghua Lu Yuhua District 雨龙台区紫荆龙路9号 58076158

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Gulin Park 古林公园

21 Huju Bei Lu 虎踞北路21号

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Jiuhuashan Park 九华山公园

Beijing Dong Lu 北京东路

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Zixia Lake 紫霞湖

A mountain fed lake in which you can swim. Please exercise with care - a number of deaths occur each year as a result of cramp brought on by cold currents flowing into the lake from deep inside the mountain.

Nanjing Hongshan Forest Zoo 红山森林动物园

101 Heyan Lu 和燕路101号

Underwater World 海底世界

South side of Purple Mountain 中山陵四方城8号 8 30am-5nm

Xuanwu Lake Park 玄武湖公园

1 Xuanwu Xiang 玄武巷1号

Offers trails for walking biking and running, with playgrounds, gardens, restaurants and boats for rent.

Mochou Lake Park 莫愁湖公园

35 Hanzhongmen Da Jie

Home to the annual Dragon Boat Race, and great for boating or a walk in a peaceful environment.

Yueiiang Tower 阅江楼

202 Jianning Lu 建宁路202号

Includes the temple. Wanxian pavilion and a great view of the Yangtze River.

Zhongshan Botanical Garden 中山植物园

Covering over 186 hectares and home to more than 3000 plant species.

Business & Education

International Education



British School of Naniing 南京英国学校

Building 2. Jinling Resort, Baijiahu Dong Lu 佳湖东路湖滨金陵饭店2号楼 52108087



EtonHouse Naniina 伊顿国际教育集团

6 West Songhua Jiang Jie, Jianve District (near Olympic Stadium) 南京市松花汀西街6号、建邺区、靠奥体北门 (中华紫鑫广场北面)金陵中学实验小学内 8660 6778



Nanjing International School 南京国际学校

8 Xueheng Lu. Xianlin College and University Town 仙林大学城学衡路8号 85899111



Novas 上山 诺瓦斯国际 Novas Education Management

2405, Building A, New World Centre, 88 Zhujiang Lu 珠江路88号新世界广场A幢2405 68858565

Foreign Trade & Economic Development Agencies



Australian Trade Commission 澳大利亚贸易委员会南京代表处

1163, 11F, World Trade Center, 2 Hanzhong Lu 汉中路2号金陵饭店世界贸易中心11层1163室 84711888 -1163



Netherlands Business Support Office 荷兰贸易促进委员会南京代表处

Suite 2316, Building B, 23/F, Phoenix Plaza, 1 Hunan Lu 湖南路1号凤凰国际广场B楼23层2316室 84703707



Baden-Württemberg International 德国巴登符腾堡州国际经济和科技合作协会

7-3 Dabei Xiang Meiyuan Xin Cun 梅园新村大悲巷7-3号 84728895



China-Britain Business Council, Nanjing 英中贸易协会南京代表处

Rm 2514-2515, 50 Zhonghua Lu 中华路50号2514-2515室 52311740



European Union Chamber of Commerce 中国欧盟商会(南京)

30F, 1 Zhujiang Lu 珠江路1号30层 83627330



Nordrhein-Westfalen Business Partners 德国北莱茵威斯特法伦州经济促进局驻华 南京代表处

50 Zhonghua Lu 中华路50号 52270000

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www.afnaniing.org info.nanjing@afchine.org

JESIE-Goethe-Language Centre JESIE -歌德语言中心

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www.goethe-slz.js.cn

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Clubs & Charities

Nanjing International Club 南京国际俱乐部

www.nanjinginternationalclub.com

A club 500 plus strong in membership and with events take place weekly, monthly and annually.

Nanjing Toastmasters 南京第一家英语演讲会俱乐部

www.naniingtoastmasters.com Weekly meetings at Hohai University.

Hopeful Hearts

www.hopefulhearts.info

Raises funds for medical treatment of children with heart conditions

Pfrang Association

普方基金会

7-3 Dabei Xiang Meiyuan Xin Cun 梅园新村大悲巷7-3号

84729068

www.pfrang-association.org

Helps sponsor the education of children in poor regions of Jiangsu province.

Shopping

Jiangsu Art Gallery 江苏省美术馆

266 Changjiang Lu 长江路266号 84506789

Local artists' work, changed frequently.

ART 国艺堂

D-1 Shuimuqinhuai, 99 Shitoucheng Lu 石头城路99 . 号水木秦淮D-1号

84506789

Picture framing service and art related supplies.

Stone City Modern Art Creation Gallery 石城现代艺术创意园

72 Beijing Xi Lu 北京西路72号 Exhibition of modern Chinese art. 55593709

Shenghua Art Center 南京圣划艺术中心

2 Zhoutai Lu. on Jiangxin Zhou (Grape Island) 江心洲民俗街洲泰路2号(原乡土乐园) 86333097 86333100 Exhibition of Chinese contemporary art.

Nanjing Drug Art Museum

Building 22, 12 Dinghuai Men Jie 定淮门12号(世界之窗软件园) 22号房 83752646

Social experiments between local and foreign artists.

For the Home

B&Q 百安居

90 Kazimen Da Jie (beside Metro) 南京卡子门大街90号麦德龙旁 52/50077

IKEA 宜家家居

99 Mingchi Lu (East side of Kazimen Plaza) 南京市秦淮区明匙路99号(卡子门广场东侧) 4008002345

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4F, Zifeng Tower, Zhongshan Bei Lu 中川北路紫峰大厦购物广场4F 52360100

Stylish kitchenware in dark tones, candles and colourful vases or even camera cases; just a few of the fascinating products that await in every corner of this shop with two other branches in Naniing.

Hongxing Furniture 红星国际家县广场

224 Zhongyang Lu 中央路224号

83118005

Large furniture mall with many shops. Large range of prices, styles, etc.

Jinsheng Market 金盛百货大市场

2 Jianning Lu

下关区建宁路2号(南京商厦对面)

9 Wangjinshi (off Changjiang Lu) 玄武区长江路网巾市9号

Dagiao Bei Lu (beside North bus station)

江苏省南京市浦口区大桥北路(长途北站旁)

58507000

Large indoor market with everything from home décor to wires, Christmas trinkets and electronics. Cheap but be prepared to bargain.

Jinling Decoration Market 金陵装饰城

88 Jiangdong Zhong Lu 江东中路88

86511888 Everything needed for a new home.

Longjiang Flower Market 龙江花卉市场

78 Qingliangmen Da Jie 清凉门大街78号

Huge flower market with plants, cut flowers, fish tanks and fish, plus a selection of gardening tools.

Modern House NJ (Remo) 摩登仓

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86555566 www.amodernhouse.com.cn

Copied designer furniture & décor.

Malls

Deii Plaza 德基广场

18 Zhongshan Lu 中山路18号 84788066

A premier mall with wide variety of high class shops such as Louis Vuitton and Burberry Includes also a movie theatre

Nanjing Agua City 南京水游城

1 Jiankang Lu 健康路1号 52233999

Home to many restaurants and western brand name shops as well as a cinema and the BHG import supermarket.

Golden Eagle Shopping Center 金鹰国际商城

89 Hanzhong Lu 汉中路89号 84708899

Offers a wide selection of clothing, homeware, and a foreign food supermarket on the upper floor.

Wanda Plaza 万达广场

88 Hongwu Lu

白下区洪武路88号(近淮海路)

84783706

98 Jiangdong Zhong Lu

汀东中路98号

86805588 / 86805577

Largely occupied by Chinese brands but with an increasing number of well known foreign retailers in the process of moving in. Includes Walmart outlets and large cinema (IMAX in the Hexi location).

Golden Wheel In-Citi 金轮新天地

8 Hanzhong Lu 汉中路8号

84773788

Many restaurants plus brands such as Sephora, H&M, and Timberland, plus the ubiquitous Costa Coffee.

New City Mall 新城市广场

99 Caochangmen Da Jie 草场门大街99号 86210888

Many brand name shops, restaurants, a yoga studio, and a movie theatre.

Grand Ocean Department Store

122 Zhongshan Nan Lu 中山南路122号 Frequent promotions and many good value food stalls the basement

Orient Department Store 东方商城

2 Zhongshan Nan Lu 中山南路2号

Gucci, Celine and other designer brands.

Professional Photography Equipment Market 照相器材专业市场

3F, Binjiang Friendship Shopping Center, 301 Jiangdong Bei Lu

江东北路301号滨江友好商城三楼

Specialists in wedding photography plus equipment and lighting, flash etc.

Camera & photography equipment Market 东鼎

Dongding Plaza, 699 Zhujiang Lu 珠江路699号东鼎照材市场

Widely regarded as the best camera and equipment market in Nanjing.

Mobile Shops on Danfeng Jie 丹凤街-手机

Indoor markets specialized in new and secondhand mobile phones and repairs.

Zhujiang Lu - IT Products 珠江路-IT产品

A multitude of stores that selling everything you

can imagine and more; computers, cameras, MP3 and MP4 players, iPad, webcams, hard drives, and portable flash drives

Zhongyang Lu - Video Games 中央路-电子游戏

Any type of video game for all video game systems. Also do minor repairs.

Suning Electronics 苏宁电器

Local firm that is now one of China's largest retailers for electrical household appliances. Branches all over Naniing.

Sports

Decathlon 油卡体

286 Ningli Lu (next to Metro) 宁溧路286号(麦德龙对面) Sport Megastore, 9am-9pm

Giant 捷安特

178 Zhongshan Bei Lu, opposite the fabric market "Bu Bu Bu"

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Jinxianghe Rd 进香河路

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Fields

www.fieldschina.com

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www.nanjingbakery.com

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www.homegrocerchina.com

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Metro 麦德龙

288 Ningli Lu 宁溧路288号 300 Jianning Lu 下关区建宁路300号 German hypermarket with a wide selection of foreign foods.

Carrefour 家乐福

235 Zhongshan Dong Lu 中山东路235号 84658588

The omnipresent French hypermarché with four stores in Nanjing and a fifth (Pukou) on the way.

RT Mart 金润发

39 Danfeng Jie

玄武区丹凤街39号(近北京东路)

83358788 / 83356077

Chinese supermarket with a decent foreign food section and three outlets in Nanjing

Auchan 欧尚

151 Hanzhongmen Da Jie

汉中门大街151号(近纪念馆东路)

86555568

Another French hypermarket with three stores in Naniina.

BHG Market

B2 Floor, Agua City, 1 Jiankang Lu 健康路1号水游 城地下2层

66985066 / 66985068

01 Matai lia

马台街91号

68675666 / 68675699

Features a very large stock of imported goods plus fresh organic fruit and veg.

Yaohan City Market 南京八佰伴

Phoenix International Bookmall, 1 Hunan Lu

湖南路1号凤凰国际

Foreign food supermarket

Times Grocery 表晤十

48 Yunnan Lu 云南路48号

83685530

Compact yet its location close to the home of many expats, especially students make this a very popular foreign food store with a wide selection of imported vet pricy food

GSAB 新源宝

6-1C16 Block 6 Taiwan Product City. Hexi Daile 河西大街台湾名品城6馆6-1C16号

52360050

Limited selection of imported items from Taiwan difficult to find elsewhere.

Organic Food 有机食品

Available in many supermarkets and big Chinese food markets, but need to ask staff. Organic foods can be ordered online from http://shop.njaf.gov.cn.

Wine Outlets

Aussino Cellar 富隆酒窖

Room 109, 198 Zhongshan Dong Lu 隆酒窖 南京市中山东路198号109室 84679799

www.aussino.net

Ziyo Wines 南京紫元酒窖

18 Mochou Dong Lu 南京市建邺区莫愁东路18号 13770923489



66012088

Eminence Cellar

Inside Wutaishan (oposite to Jin Inn) Guangzhou Lu 广州路,五台山体育场

Chateau Family Cellar 名庄世家酒窖

16-10 Mochou Hu Dong Lu 莫愁湖东路16号-10 87781899 / 13852287767

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278 Hongwu Lu 洪吴路278号 84404159

Foreign Language Bookstores

Foreign Language Bookstore 外文书店

218 Zhongshan Dong Lu (Beside Taiping Nan Lu) 中山东路218号长安国际(太平南路口) 57713287

Xinhua Bookstores 新华书店

56 Zhongshan Dong Lu (near Hongwu Lu) 新街口店白下区中山东路56号(近洪武路) 86645151 54 Hunan Lu (near Matai Jie)

鼓楼区湖南路54号(马台街口) 83374645



Phoenix International Book Mall 凤凰国际书城

1 Hunan Lu

鼓楼区湖南路1号八佰伴旁(近中央路)

83657000 / 83657111

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nanjing_lufthansa@dlh.de

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新庄龙蟠路141号 85822222 (enquiry)

85824224 (tickets)

www.njstation.com

Online train timetable and booking, but only in Chinese.

Nanjing South Train Station 南京南站

Shuanglong Dadao / Yunan Lu

雨花台区双龙大道玉兰路

52414183

Principal stop on the Shanghai to Beijing high speed train line.

Nanjing Lukou International Airport

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2. Nanjing Zhonghua Men Station, 508 Yingtian Da Jie 南京中华门车站 应天大街508号 6am-9.00pm, leaving every 20mins

Nanjing Coach Terminals 南京长途汽车站

Coach timetable/ticket enquriy 96196

Nanjing Zhonghuamen Coach Terminal 南京中华门长途汽车总站

508 Yingtian Da Jie 应天大街508号 52418504

Nanjing North-Central Coach Terminal 南京中北长途客运中心

160 Huahongcun 秦淮区红花村160号

Nanjing Zhongyangmen Coach Terminal 南京中央门长途汽车总站

1 Jianning Lu 建宁路1号 85531288

Healthcare



Nanjing International SOS Clinic 南京国际(SOS)緊急救援诊所

1F, Grand Metropark Hotel Nanjing,

319 East Zhongshan Lu

中山东路319号维景国际酒店1楼

84802842 (by appt.)

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86519991

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www.globaldoctor.com.au

Australian medical company offering primary and occupational healthcare plus emergency assistance. Multilingual staff: EN/IT/JP/PT/ES/KO/CN.

Health Examination Center 江苏省国医馆

2F, Outpatient dept. of NJUTCM, 282 Hanzhong Lu 汉中路282号南京中医药大学门诊部二楼

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Gulou Hospital 鼓楼医院

321 Zhongshan Lu 中山路321号 83304616

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Nanjing Children's Hospital 南京市儿童医院

72 Guangzhou Lu 广州路72号 83117500

People's Hospital 人民医院

300 Guangzhou Lu 广州路300号

83718836
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155 Hanzhong Lu 汉中路155号

86617141

The major Chinese medicine hospital.

Jiangsu People's Hospital 江苏省人民医院

300 Guangzhou Lu 广州路300号

83718836

The major western medicine hospital.

Nanjing Maternity and Child Healthcare Hospital 南京市妇幼保健院

123 Tianfei Xiang 天妃巷123号

84460777

The major maternity hospital in Nanjing.

BEN-Q Hospital 明基医院

71 Hexi Da Jie 河西大街71号

58807810

Another popular choice for expats, BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors

Dan-De Dental Clinic 丹德齿科

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Italian law firm operating in China since 1991 and licensed by the Ministry of the Justice with two representative offices in Nanjing and Shanghai. Provides legal services in English, French, Chinese, Spanish, Italian and German with special regard to investing in China, M&A, labour law, IPR protection and cross border dispute.



Dacheng Law Offices 大成律师事务所

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Ranked #1 in Asia by size, with branches in 26 countries and all over China. Naniing branch is ranked #1 in Jiangsu Province (EN/CH/ES/JP/KO).

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Ramada Hotel, 45 Zhongshan Bei Lu 南京中山路45号 南京华美达怡华酒店 Sundays 9:30am to 11:30am Foreign passport holders only. English service. Translation available in Chinese. French and Spanish.

KuanEumHui Korean Buddhist Club 观音会南京韩人佛教会

1703, Building 2, Fuli Shanzhuang 富丽山庄3栋1703室 13222018582 Service: 11:00am

Shigulu Catholic Church 石鼓路天主教堂

112 Shigu Lu 石鼓路112号 84706863

Korean service: Sat 4.30pm

English/Chinese Service: Sun 4.30pm

The Church of Jesus Christ of Latter Day Saints

Jingli Hotel. 7 Beijing Xi Lu 北京西路7号晶丽酒店 Mormon service, Sun at 10am Foreign passport holders only.

Amv Hao Hao Pet Care 爱咪好好

18 Nantai Xiang Xi (off Wang Fu Da Jie) 王府大街 南台井市18号

84203097 / 13952034351

Professional cat and dog grooming service run by a local Nanjing girl who speaks fluent English.

Tom Dog Pet Center 汤姆狗宠物中心

1 Shanghai Lu 上海路1号 86662858

Pet stayover and dog walking service, retail outlet and English speaking staff.

Naniina Veterinary Station 南京畜牧兽医站宠物总医院

448 Longpan Zhong Lu ☆蟠中路448号 84484781

Major centre for vet services and vaccinations.

Tom Dog Pet Center 汤姆狗宠物中心

1 Shanghai Lu 上海路1号 86662858

Media Production - Design - Photography



SinoConnexion 南京贺福文化传媒有限公司

14F. Building 1, World Times Square, 8 Dongbao Lu

鼓楼区东宝路8号时代天地广场1幢1417室

84718617 / 13851522275 www.sinoconnexion.com

info@sinoconnexion.com

International award winning professional foreign

owned video and media production company with 25 plus years experience in traditional broadcast media and print, and 19 years of work in the media industry in China. Advertising agency services also available.

VOZ Design 南京嗓音文化传播有限公司

Office 612, Sunong Building, 357 Mochou Lu 莫愁路357号苏农大厦612室 210004 85520158 / 180 6168 5196 / 159 5057 5174

www.vozdesian.com

contact@vozdesign.com

Profesional marketing oriented graphic design and brand development. No copies, no templates, only creativity and lots of brain juice. Mediocrity is a decease we fight everyday.

Nicolas Harter Photography

137 7076 1603

www.nicolasharter.com A French photographer specialising in wedding, commercial and event photography, and author of photo-book "Africa Square", a profile of African

Phrejphotos Photography

artists at the 2010 Shanghai Expo.

1377 099 9175

www.phrejphotos.com

Photographic services offered. Product shots, portraiture and more.

Miscellaneous

Icaise Copier Rental 南京艾科思商贸有限公司

Huashan Hotel, Zhujiang Lu, Nanjing

南京珠汀路华川饭店内

6866505

www.icaise.com

icaise@126.com

Photoconier and shredder rental in all sizes including those for industrial use. Other branches in Suzhou, Kunshan and Shanghai.

Interpreter & Translation Service

Professional interpreter with extensive Sino-foreign business background 13002512862 nanjing.interpreter@gmail.com

Satellite TV Installation Service

13770323/50

nanjingstv@gmail.com

Bottled Water Delivery Service

By Coca-Cola Naniing 4008282288 (Free)

Mineral water, pure water, water machine clean-

Lustre Cobbler 莱斯特皮鞋修饰

Golden Eagle Shopping Center, 89 Hanzhong Lu 汉中路89号金鹰国际

Central Department Store, 79 Zhongshan Nan Lu 中山南路79号中央商场

Hong Bang Tailor 红邦裁缝

18 Nanxiu Cun. Shanghai Lu 上海路南秀村18号 The tailor of choice for many a Naniing expat

Leisure & Sports

Massage & Spa

Pathways Spa & Lifestyle Club 颐庭Spa生活会馆

13F, Tian'an International Building, 98 Zhongshan Nan Lu 中山南路98号13楼 84540166

www.pathway-spa.com

Lifestyle club consisting of a dedicated spa area with private treatment rooms, Thai Massage room and Foot Massage room. Other facilities include yoga and meditation rooms, sky garden lounge and private function rooms.

Flow SPA 川·天地

46 Xijia Datang, Ming Cheng Hui (200m north of Xuanwu Lake's Jiefang Gate) 明城汇西家大塘46号

57718777

Hours: 10.30am-10.00pm

Sino-German joint venture.12 luxurious single and twin private suites for men & women

Shoujia Medical & Health Center 手佳按摩

136 Changjiang Lu 长江路136号

84702129

Various types of massage with blind masseurs.

Facial-Spring 春之源美容中心

28-1 Dashiqiao, Danfeng Jie 丹凤街大石桥28-1号

Various packages available including face, neck and shoulder massage.

OneZo 春之源美容中心

400 Zhongshan Nan Lu 中山南路400 85861099

Upmarket spa with a focus on TCM catering for CEO types.



Gyms & Sports



Yanlord Tower Club 仁恒国际俱乐部

116 Lushan Lu 南京市建邺区庐山路116号 87765111

www.vanlordtowerclub.com

A wide range of leisure and entertainment facilities.

Olympic Century Star Ice Skating Club 奥体世纪星滑冰俱乐部

222 Jiangdong Zhong Lu (Inside Olympic Center) 江东中路222号奥体中心内 86690465 / 86690467

Nanjing North Star Ice Skating Club 南京北极星滑冰俱乐部

Qinhuai Sports Center, 20 Pingjiangfu Lu 秦淮区平江府路20号 52200031

Ninth City Billiards 9城花式撞球

1912 District, 52 Taiping Bei Lu 太平北路52号1912街区 84504303

1nm till late ¥15/hr in the afternoon

Nanjing Leiniao Paragliding Club 南京雷鸟滑翔伞俱乐部

Wutaishan Snort Center Tennis Stadium 南京市五台山休育山小岡球馆 84458450 / 15335179782

Klein Billiards 克莱恩台球

135 Hongwu Lu 洪武路135号 51587158

Zhongshan Shooting Club 中山射击俱乐部

12 Lifu Jie 白下区李府街12号 84615141

Shotgun, rifle and pistol shooting, into the city wall!

Changqing Taekwondo 长青跆拳道馆

145 Zhongshan Dong Lu 玄武区中山东路145号 84541055

Karate Eifuukaikan 空手道影风道场

96 Yushi Jie 鱼市街96号 52989189

Pisarev Ballet 比萨列夫芭蕾舞学校

B901 Junlin International Mansion, 5 Guangzhou Lu 广州路5号君临国际B901室 86975095

Daoshun Archery 道顺射箭

Wutaishan Sports Centre, 173 Guangzhou Lu 广州路173号 五台山体育中心 51888882

Golf

Sofitel Zhongshan Golf Resort 钟山高尔夫俱乐部

7 Huanling Lu 环陵路7号 84606666

Nanjing Harvard Golf Club 南京昭富国际高尔夫俱乐部

176 Zhenzhu Jie, Pukou 南京市浦口区珍珠街176号 58853333

Gingko Lake Golf Club 银杏湖高尔夫俱乐部

1 Guli Yinxing Hu 江宁区谷里银杏湖1号 86139988

Art & Culture

Naniing Art and Cultural Center 南京文化艺术中心

101 Changjiang Lu 长江路101号 84797920

Regular large-scale shows by professional Chinese and foreign performers.

Jiangnan 631 Niuda Theatre 江南631牛达剧场

5 Yanling Xiang 延龄巷5号

84419786

Weekend Chinese modern small theater shows

Nanjing Art Academy Concert Hall 南京艺术学院音乐厅

15 Huiu Lu 虎踞北路15号 83/082/0

Irregular performances by Chinese and overseas students and faculty.

Jiangsu Kungu Theater 兰苑剧场

4 Chaotian Gong 朝天宫4号 84469284

Live performance of Kungu opera.

Beauty



Wan Yan Shi Beauty Salon 完颜氏美容沙龙

Room 108, Building 2, 9 Wenfan Lu 文范路9号2幢108室 85701042

VS Philosophy Hair Salon 沙宣理念美发

6F, Deji Plaza 德基广场6楼 84763486

Nail Bar 指爱你美甲

44 Wangfu Da Jie 王府大街44号 84209596

Sweet Love in Nails 指间密语

89 Shanghai Lu 上海路89号

Cinema (call for English language availability)

Xiniiekou International Cinema in Deii Plaza 德基广场新街口国际影城

18 Zhongshan Lu 中山路18号德基广场7楼 84797700

Nanjing Shangying International Cinema 南京上影国际影城

New City Mall, 99 Caochangmen Da Jie 鼓楼区草场门大街99号龙江新城市广场3楼(近江东北路) 86223345 / 862240908

Aqua City Hengdian Cinema City 南京水游城横店国际影城

4F, Aqua City, 1 Jiankang Lu 建康路1号水游城4楼 82233599

Food & Drinks

Asian Cuisine



The Lobby Restaurant at Fraser Suites

仁恒辉盛阁国际公寓大堂餐厅 116 Lushan Lu

建邺区庐山路116号 86268888 Ext. 643

Sink your teeth into mouth-watering delights such as tender-grilled rib-eye steak, roasted chicken,

or the seafood linguine cooked in spicy tomato sauce. Asian must-trvs also include Hainanese chicken rice and laksa

Keziguli Muslim Restaurant 克兹古丽餐厅

53 Wangfu Da Jie 王府大街53号 95091469

A delicious change from the standard Chinese cuisine: spicy noodles, potatoes, chicken and lamb dishes. Xiniiang performance.

Silk Road Moelem Restaurant 丝绸之路穆斯林餐厅

260 Guandzhou Lu 广州路260号 83705680

Some stay away, since it is not obvious that Silk Road has an English menu, with photos to boot. Signature dish boiled lamb chop and homemade voghurt with raisins are among the must-trys in a colourfully decorated environment accompanied by Uigur music.

Istanbul Turkish Cafe

食正坊咖啡店

209 Shanghai Lu 上海路209号 83309030

A range of Turkish and Vietnamese food, including Turkish "pizza", kebabs, wraps, freshly made yoghurt, and some desserts. All food is halal. No smoking section available.

Pho Saigon

金禾泰大餐厅

2F, Huanya Plaza, 33 Shigu Lu 白下区石鼓路33号环亚广场2楼 84465722

Popular fare includes Vietnamese style noodles (pho) and others such as vegetarian dishes and seafood as well as the standard beef, pork, chicken and duck selections. Mains range from ¥26-50.

Indian Cuisine



Masala Kitchen 玛莎拉印度餐厅-酒吧

A05, No 12 Xian Yin Bei Lu, Xianlin 南京市栖霞区仙隐北路12号亚东商业广场A05 84448858

masala kitchen@live.com

Well known for its blend of vegetarian and meat dishes plus savory Tandoori oven dishes and exotic curries cooked fresh by a chef with over 20 years of experience in his hometown of Hyderabad. Also offers a fine selection of imported wines and beers.

N

Taj Mahal 泰姬玛哈印度料理

117 Fengfu Lu 丰富路117号 84214123

189 Shanghai Lu 上海路189号 83350491

Established in 2003, the Taj Mahal Indian Restaurant made a name for itself by offering a great variety and exotic blend of high quality authentic Indian cuisine that it continues to this day, making it forever popular with the foreign community.

Kohinoor Restaurant 科伊诺尔餐厅

2F, Ramada Hotel, 45 Zhongshan Bei Lu 中山北路45号华美达怡华酒店2楼 83122522

Vegetarian and non-vegetarian curries made in the original unimitable style of Indian and Pakistani cuisine prepared by chefs brought especially from the mystery lands.

Punishi Restaurant **木木**比印度祭厅

2 Shizi Qiao, Hunan Lu 湖南路狮子桥 2号

832/5/21

A well-established Indian restaurant in Nanjing offering traditional Kadhais, Murghs, Masalas and Vindaloos in addition to more familiar Chinese dishes. Free delivery within 3 kilometres.



Himalava-Nepalese & Indian Restaurant 喜马拉雅尼泊尔印度餐厅

193 Shigu Lu (behind the Sheraton) 石鼓路193号

8666 1828

Himalaya is a very popular restaurant serving a variety of Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves. English menu, English speaking staff, free delivery within 1 kilometre. Wifi available.

Japanese Cuisine

Wadouraku 和道乐日本居酒屋

121 Shigu Lu 石鼓路121号 84465760

Patronised by many from Naniing's Japanese community, and largely thought of as the genuine Japanese experience in Nanjing.

Tairyo Teppanyaki 大渔铁板

57 Zhongshan Lu 中山路57号

84729518

54 Taiping Bei Lu (in 1912)

太平北路54号, 在1912里

84458310

3 Kunlun Lu

昆仑路3号 58850588

Famous for its special offer: ¥180 for all you can eat and all you can drink, including sushi, sashimi, sake, beer, and everything on the menu.

Korean Cuisine

Fudefang 福德坊

6 Taoguxincun, Hankou Lu 汉口路陶谷新村6号 83312091

Ke Jia Fu 可家福

38 Nanyingyangying (near Ninghai Lu) 鼓楼区南阴阳营38号(近宁海路) 83314283

Vegetarian

The Green Field - Vegetarian Restaurant 绿野香踪素食馆

1F Zhengyang Building, 56 Yudao Jie 御道街56号正阳大厦一楼

A wide selection of creative dishes and plenty of fresh vegetables along with special drinks and teas.

Pure Lotus 静心莲

1 Section C, Shuimuqinhuai, 99 Shitoucheng Lu 石头城路99号水木秦淮C区1号 83752306

LvLiuJv (Living by Green Willow) 绿柳居素菜馆

248 Taiping Nan Lu (near Changfu Jie) 太平南路248号1-2楼(近常府街) 86643644

Western Bars & Restaurants



Studio 21 Grill Restaurant 藤羊

193 Shigu Lu (behind the Sheraton)

石鼓路193号(石鼓湾美食休闲街区) 86795269 / 13072525212

With genuine European flavours, grilled meat and seafood specialties, Studio 21 also offers renowned home made desserts, all in an elegant and relaxing atmosphere. Special Set Lunch Menu with prices from ¥38 and specials for student and teachers, plus live music every Friday and Saturday during dinner.



Myth Bar 谜吧

60-6 Jiangsu Lu 江苏路60_6 83307877

Up-scale drinking and entertainment centre. Featuring live music, an Italian DJ, pool table and draught beers. Myth also features regular parties that draw large numbers of foreign patrons.

Danny's Irish Restaurant & Pub 丹尼'爱尔兰餐厅&酒吧

4F, Sheraton Nanjing, 169 Hangzhong Lu 汉中路169号金斯利酒店4楼 8666 8888 7775

Quality hotel dinners plus the usual selection of beer and liquor in addition to being a good place to sit and chat. Live performances and TV sport. Open from 6 pm.



C-Lounae 玺酒廊

237 Zhongshan Dong Lu (back of the Central Hotel)

中山东路237号(中央饭店后门)

An altogether more ambient vibe from the people who brought us Castle Bar, differentiating itself with Chinese nostalgia themed events and parties. Open from 6pm - 2am on weekdays and often later at weekends. Free wifi.



La Cantina 南京米凯列酒业有限公司

#2-7 East Nantai Xiang (off Wangfu Da Jie) 南台恭东2-7号

58787665 / 13813842543

A small wine bar of appreciation and plain old relaxation with a considerable selection of wine (largely Italian) complimented by snacks and friendly Italian/Chinese service.

Tony Music Bar 南京托尼酒吧

6 Jinxianghe Lu 讲香河路6号

84068176

Hangout that captures an elusive quality in the often indefinable persona that makes one feel immediately at home amid new surroundings and completely as one with total strangers.

Nail Jazz Bar

10 Luolang Xiang (200m south of the Sheraton) 罗廊巷10号, 立金斯利酒店200米 8653 2244

A relaxed bar that offers a wide variety of imported beers. The bar has a cozy upstairs and a more open downstairs, complete with stage and foosball table.



Blue Marlin 蓝枪鱼音乐餐厅

8 Changjiang Hou Jie, 1912

南京市玄武区长江后街8号1912酒吧街

84537376

Livuan Zhong Lu, Jiangning (near Baijia Lake) 利源中路(百家湖附近)

523932890

Yadong Plaza, 12 Xianvin Bei Lu

仙隐北路12号亚东广场

One of the more established hangouts in Nanjing that with new locations make it still popular with expats. Offers quality drinks plus German and European dishes. Happy hour from 4-7pm.

Bebbis

五小田

1st floor, Orient Department Store, 2 Zhongshan Nan Lu

中川南路2号东方商城1楼

84730121

Interesting Fondue experience.



Cosima 可西玛

120 Shanghai Lu (near to Hankou Lu) 上海路120号 83337576

Famous for being the smallest restaurant in the city, serving a variety of Spanish food, Good tapas, pizza and a nice variety of wine. Outdoor seating expands the capacity of the restaurant considerably



Secco Restaurant and Bar 喜客西餐厅

3 Kunlun Lu

(South of Xuanwu Park's main gate) 昆仑路3号,在**玄**武湖公园正门的南边 83370679

A German restaurant and bar that is a good place to start a night out, located beside the city wall. Another major expat draw that features barbeque. buffet, outdoor dining and strong mixed drinks.

W

Talking, Talking 2, Talking 4 对话西餐厅

Room 101, 9 Pei De Li. Ninghai Lu 宁海路培德里9号栋101室 83200844

Jinyin Street

金银街 83333060

Offers a surprisingly large variety of beers and liquors, as well as a good selection of food. Open 11:00 am until late, tending to fill up at night time.

Don Quixote

堂吉诃德餐厅与酒吧

39 Chengxian Street, off Zhujiang Lu 珠江路成贤街39号 83359517

This pub doubles as a Spanish restaurant offering a variety of cuisines. However, after the kitchen closes a live hand comes on unstairs. Downstairs there is a large screen plasma TV and video games.



Sancho Panza 到堂吉诃德

173 Guangzhou Lu, Wutaishan Stadium North gate (take the stairs to the right) 广州路173号, 五台山体育场北大门内 (无为高尔夫球场西侧台阶上)

A 2-floor bar featuring live music, pool, food and quality eats plus a fully-stocked bar.



193-2 Shigu Lu (outside Sunglow Bay near the



Sheraton) 石鼓路193_2号 96609907

Ciao Italia's master chef Giuseppe serves over 140 authentic Italian enecialties, including 30 varieties of pizza that are considered some of Naniing's best. Free delivery is available.



Pisa Pizza 比萨斜塔意式西餐厅

81-8 Shanghai Road 上海路81_8号 1590 517 7575

Pisa Pizza has a reputation for serving up the finest pizza in the city, straight from the wood fired



Country Road 约翰・丹佛

20-1 Nanxiucun 南秀村20-1号

87776422

With pasta, pizza, steak, coffee, wine, music and books. Country Road is both popular and elegant.



Blue Sky Expat Bar & Grill NIX 蓝澳西餐厅

77 Shanghai Lu 上海路77号 86630107

www.the-blueskv.com

One of the original expat bars to open in Nanjing, serving burgers, pizzas, plus Aussie meat pies and more. A wide range of beers and spirits are available, including several Australian brands; it is the only bar in Nanjing to serve Bundaburg Rum (Bundy). There are also weekly and monthly pool. competitions and like any good pub, music you thought you had forgotten about. Free wifi and weekend openings at 10.30am.



Ellens Bar 艾伦酒吧

132-3 Guangzhou Lu

(a few metres from the corner of Shanghai Lu) 广州路132-3号

83641119

丁家桥75号 58825052

75 Dingjia Qiao

Laid back and relaxed atmosphere plus food & drinks at great value prices make this a favourite amongst the student crowd.



Swede and Kraut N Sweet ... 云中西餐厅

12 Nanxiucun 南秀村12号 86638798

Features an impressive beer list, including German and Belgian labels, alongside a menu of traditional European foods and desserts. Take out and special holiday dinners are available.



La Table de Mr. Eiffel 巴黎盛宴

83 Guangzhou Lu, near Qingliangshan Park 广州路83号,靠近清凉山公园 83711900

Offers authentic French cuisine and carries an extensive list of French wines by the glass. Located in an old Chinese garden house with an entrance on Qingliang Shan Park and an outside terrace



Soul Mate 索味法式休闲餐厅

15-1 Nanxiucun. off Hankou Lu 南秀村15-1, 靠近汉口路 83328418

Located in an old house very close to Nanjing

University, Soul Mate serves French style pizzas. omelettes, mixed drinks, wines, and beers. Open from 11:30 am to 10 pm



Les 5 Sens 乐尚西餐厅

52-1 Hankou Lu 汉口路52-1, 靠近南京大学

83505850

A surprisingly inexpensive French restaurant. Homemade traditional French dishes (set menu and à la carte available) for lunch and dinner in a friendly atmosphere. Many dishes cost less than ¥50. Open 11:30 am to 10 pm, with take away service Free WiFi



Jimmy's 吉米来吧

193 Shigu Road (inside Sunglow Bay near the Sheraton)

石鼓路193号

86792599

209 Shanghai Lu (across from Skyways) **上海路209号**

www.iimmysni.com

A popular American-owned sports bar offering satellite sports, a very well stocked bar that includes a large variety of whisky, plus simple American, most famously, pizza. From the tiny other location, Another Jimmy's serves up specials to the Shanghai Lu student community.



61 House 陆拾壹号餐厅

61 Hankou Xi Lu 汉口路61号 83205979 / 13851434386

unsigned bands.

Former bomb shelter that is now a significant stop on the live music circuit in China for international



Behind the Wall 答案墨西哥餐厅

150 Shanghai Road (in Nanxiu Cun) 上海路150号,在南秀村

83915630

One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, with one of the finest terraces in the city. Live musical performances go well with strong sangria and beer.



Jack's Place 杰克地方西餐厅

35 Wang Fu Da Jie 王府大街35号 84206485 160 Shanghai Lu

南京上海路160号

83323616

Humble yet honest, Jack's Place has tellingly been around Naniing for around 15 years, serving up Italian favourites popular with expats and locals alike.



Eminence Cellar 香松酒窖

Inside Wutaishan (oposite to Jin Inn),

Guanzhou Lu 广州路, 五台山体育场

High quality western restaurant offering organic food, breads baked on-site; a full cigar bar, private meeting rooms and a huge wine cellar.



Potato Bistro 马铃薯

5*301 Kanggiao Sheng Fei, 9 Wenfan Road, Xianlin University Area 仙林大学城文苑路9号 85791293

A bistro based on green, organic, fresh foods and authentic tastes within a quiet environment. A 150 square metre outdoor BBQ balcony is also available Free wifi



Vanilla Skv 香草天空

4-4 Taoguxincun, off Shanghai Road

上海路陶谷新村4-4号

83202884

Vanilla Sky serves up a variety of Western foods, including pizzas, pastas, steaks and salads, Prices are reasonable, and a cozy atmosphere keeps many customers coming back.



Bellini Italian Bar & Restaurant 贝丽妮意式餐厅

1-106, 9 Wenfan Lu, Xianlin 大学城文范路9号1-106室

85791577

Stylish and elegant yet easy in which to relax. Utilising ingredients specially sourced, many dishes and drinks are unique in Nanjing. Free wifi. Closed on Mondays. Reservations are advised

Roston Chins 波士顿炸番天

New City Mall. Hexi 河西新城市广场

An array of boardwalk food, such as hotdogs, tater tots, mashed potatoes, onion rings, and chicken fillets, including BBQ and Cajun styles. Two other locations in Naniing.

Bakery & Café



Skyways 云中食品店

160 Shanghai Road 上海路160号

83317103

A18, Yadong Commercial Plaza, 12 Xianyin Bei Lu 仙隐北路12号 亚东广场A18室

85791391

Breads, made-to-order sandwiches, cakes, chocolates, desserts, plus a fair selction of imported deli items such as cheese and salami. Large cakes and pies can also be pre-ordered.



Sculpting in Time Café 雕刻时光咖啡馆

2F. 47 Hankou Lu 汉口路47号2楼 83597180

32 Dashiba Jie (Confucius Temple East Gate) 秦淮区大石坝街32号(夫子庙东门)

A pleasant coffee house atmosphere, along with brunch, cocktail hours, film screenings, a variety of Western food, plus widely known brownies.balcony at the Confucious temple branch offers romantic night time views over the Qinhuai river. Free Wifi.



3 Coffee 3是咖啡馆

82-1 Shanghai Lu 上海路82-1号

83244617 / 83311505

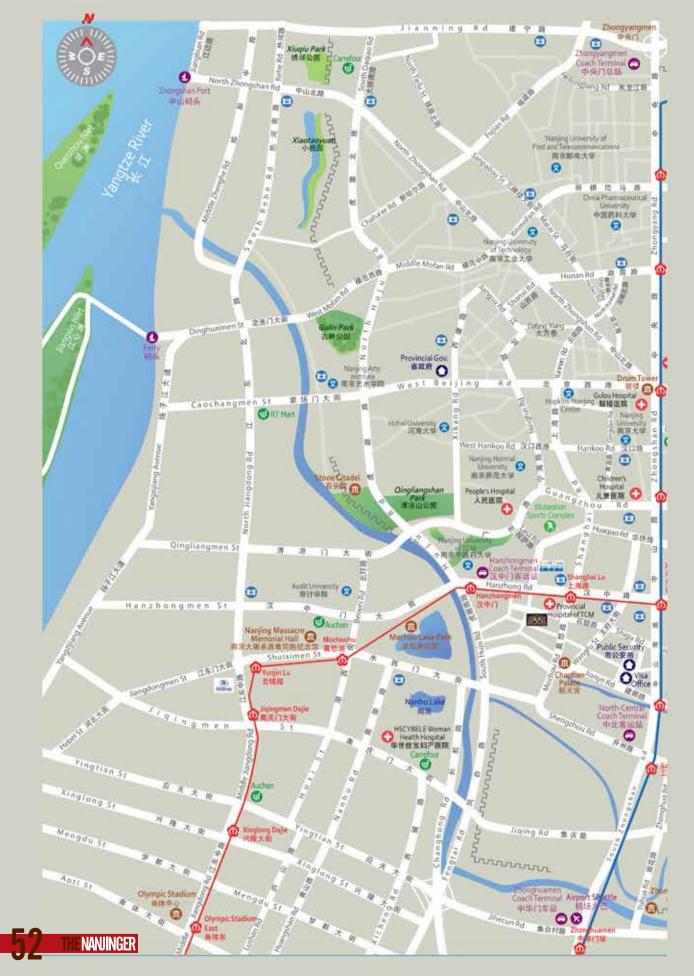
An upper floor library has art, design and photography books and magazines. Offers a range of coffee, tea, alcohol and limited snacks. Balcony affords a nice view of Shanghai Lu. Free Wifi.



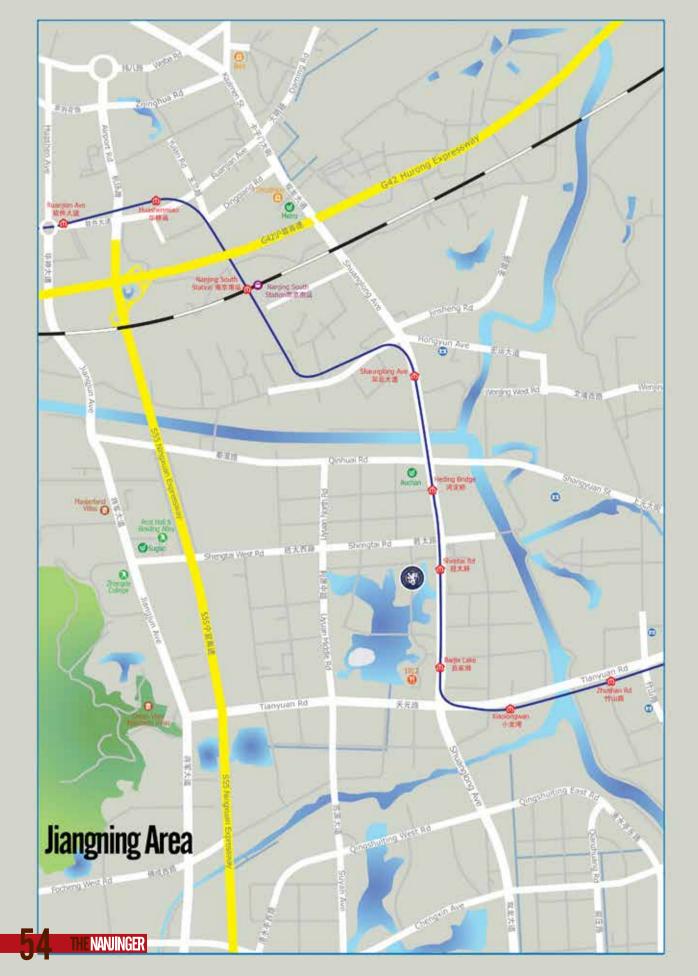
Godot's Home 戈多的店咖啡馆

23 Nanxiucun, off Shanghai Lu 南秀村23号

A beautifully designed, relaxed café off Hankou Lu inspired by the play by Irish Playwright Samuel Beckett serving a great range of coffee, tea and food in a cozy atmosphere. Opening hours/days are somewhat haphazard.









NX THE NAVINGER CLASSIFIEDS

For detailed information about these and many other classified ads and events please visit www.nanjingexpat.com

Jobs - Positions Vacant

■ Seeking Native English Teachers (Start Immediately)

There are currently two open part-time teaching positions for native English speakers with teaching experience. We offer I on I and small group classes for English(conversation, business, travel), TOEFL, and IELTS in Xinjiekou, Nanjing. Kindly note that only those who come from the following countries will be invited for an interview: US / Canada / UK / Australia / New Zeoland / South Africa

For those who come from non-English speaking countries with TESOL/TEFL certificates or TOEFL score of 110+ will also be considered.

(If you do not plan to stay in Nanjing for the next 6 to 9 months, please do not apply for this position)

Email: nlevel.edu@gmail.com

For full advertisement text, visit: www.nanjingexpat.com

■ English at Zhongfuyuan – Teacher P/T Nanjing, 2 mornings a week

We have a position vaacant and require two teachers to fill it When;Tuesday and Wednesday mornings. How much; I 3x40min (I teacher x 8 and the other x 7) sessions per week @ 100rmb per session. What; high school and middle school IELTS Location; Zhongfuyuan and north NJ (transport provided, car/driver). More mature teachers with 2-3 years experience preferred. Please send CV with photo.

Email: stevejones043@gmail.com

For full advertisement text, visit: www.nanjingexpat.com

■ English part-time teacher at nice area Longjiang,Nanjing

We are looking for part-time teacher (UK,US,Australia,Canada-only Native Speaker) to start at the end of August or beginning of September. We based at Gulou,Longjiang. To teach the kids from 4-12 yrs old. Please send your cv and photo if you are interested.

Email: 76120038@qq.com

For full advertisement text, visit: www.nanjingexpat.com

■ ESL Job in Yangzhou Jiangsu 7500-8200 Monthly

Start Time: asap / Location: Yangzhou City, Jiangsu Prov. / School type: training school Vacancy: 2 / Instructor Requirements: Age: ranging from 23-50

Gender: unspecified / Native and professional English teacher

Language: native English speaker, has a passion for English teaching, able to prepare own teaching materials

Working Experience: one year or above, both children and adults teaching experience

Student age: 12 years above / Workload: 25 classes/w / Contract Duration: one year Salary: 7000 rmb for the probationary period. 7500 rmb afterwards. 8200 monthly with TESOL holders

Fringe benefits: visa sponsorship, 5000 rmb bonus upon complete the one year contract, 1000 rmb housing subsidy monthly

Documents Needed:

Recent photo / Current CV/Resume

Copy of your passport data page

Copy of your degree certificate(s)

Email: huaxiajob@163.com

For full advertisement text, visit: www.nanjingexpat.com

■ Moving Sale: Furniture & Housewares

Moving back to the States in August after 8 months in Nanjing. All reasonable offered considered. Everything you'll need to set up a house.

Email: berushek@hawaii.edu

For full advertisement text, visit: www.naniingexpat.com

Jobseekers

■ An Experienced Chinese teacher provided

Wanna come to Nanjing or just arrived here for working?

An exchange student major in Chinese needs helb with your course work?

Or just a short-time visitor wanna enjoy the beautiful scenery while picking up some Chinese? I myself- 2 years of teaching Chinese to foreigners and being in the NJ expats' circle experience- graduated from Chinese major in Nanjing University(Top 5 uni and Top 2 Chinese major's rating) can provide you the courses:

A. Survival Course

B: Students aid

C:Advanced Course

D. For Kids

E:Traveling or Accommodate

Price: 70-120 CNY/h depends on the detailed courses.

Bonus:First demo class will be free for 30 mins.

Chinese friends and job introduction for free

Email: chen_xieting@126.com

Phone: 15850725938

For full advertisement text, visit: www.nanjingexpat.com

For Sale

■ Giant Shimano City Bike

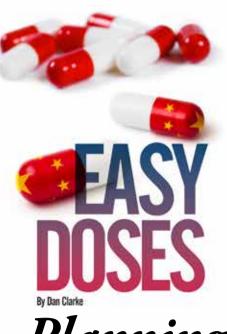
380 RMB / 165-185 cm tall / two years old / very good condition / including lock Email: mpichetto@gmail.com

Phone: 13805183631 - 13645154926

For full advertisement text, visit: www.nanjingexpat.com

Wanted: A place to advertise items for sale, jobs vacant, services on offer, upcoming events or anything in between. Visit: www.nanjingexpat.com





Planning Ahead

Today I did something stupid.

I recently took on extra work that means I am committed 1:30 to 3:30pm everyday. This combined with a toddler, a growing life coaching business, and a few other things has made my time at present very limited.

This morning I decided to take a break and went out with my wife and daughter to enjoy the scorching hot summer weather. It was a nice outing, but time wise we were cutting it close; I had to get back home, change, grab my books and get to work. No taxi was stopping. Finally, I put my wife and daughter on the back of a tricycle, and headed for the subway.

When I arrived, I had nothing that I had planned, I was wearing shorts, sandals, and worst of all, an old and by now sweaty t-shirt. I did the job fairly well, but it was a little embarrassing.

This could have all been avoided with a bit of planning on my part. I had actually thought I should bring my bag with the books and USB chip, but decided that we would only be gone for an hour or two.

With those things, my job would have been much easier. If I had really thought things through, I could have put a spare shirt in the bag and looked at least semi-presentable.

When you plan your day, think about how you can save time, and avoid possible problems. If you have to rush from one job to another, pack a small lunch or a snack rather than risk not eating because a class or meeting ran late. When you have an important meeting pack an extra shirt in your bag in case you spill something on your clothes.

However, there is something important to consider before you start considering every possible eventuality. Can you plan ahead without also causing too many headaches?

Today all I had to do was bring a small bag and I would be set. But what if I thought I might need more. What if I had decided I needed my laptop, or pants and shoes? What if I decided to bring a snack as well just in case things went wrong.

Suddenly I go from having a small bag to my backpack. If the original plan of being out for an hour or two had been kept, I would have looked and felt ridiculous. So you need not take everything and also the kitchen sink.

Save yourself some trouble; take the basics. M



The BigEnaninger BigEnaninger By Frank Hossack So here's the deal. I drive a Peugeot 206 that's getting a bit long in the tooth, while there are also those around

So here's the deal. I drive a Peugeot 206 that's getting a bit long in the tooth, while there are also those around me that believe a bigger car offers a bit more "face". I'm a little suspicious they mean for them more than me. Anyhow, after our test drive of Peugeot's 3008 and upon discovering a surprisingly generous trade-in offer, we got interested. Seriously interested.



First numbers, then pleasure. The imported 3008 turbo model I have my eye on is going for a tad over ¥250,000. A promotion that runs until end of September can give me 30 grand off for a start. As a foreigner buying an imported car I am entitled to claim back the 20% import tax. Then there's the trade-in; my little 206 is no longer manufactured and is regarded as somewhat of a classic, giving it a higher resale value. The Peugeot dealer can offer me ¥30,000 for it. For me, the 3008 is going to set me back perhaps less than ¥160,000. This is a deal worth considering.

On the outside the 3008 is nice, sure, but not drop dead gorgeous. No matter; we spend a lot longer looking at the inside.

Therein, one word comes to mind; spaceship. Upon engine start, a funky head up display pops up and shows speed, fuel consumption, environmental stats and more. The dash and controls almost cocoon the driver; great for envisioning you're a jet fighter pilot but lousy for increasing interior space.



Being selfless for a second, a full length sun roof is a treat for those in the back; the 3008 is the only car on the market with this offering. A pollen filter attached to the AC system will keep asthma at bay while six air bags pretty much rule out injury.

For the driver, the 3008 offers a terrific turning circle for a car of this size. Visibility is superb and provided you have the model with Peugeot Dynamic Control you get a firm ride and excellent handling. However, you'll still want to leave Sport mode turned on permanently.

The 3008 is an extremely practical car for a certain point in one's life. While I'm not ready to give up being a driver completely, it offers sufficient punch and fun. The family love the additional space and they feel safe. And with the 3008 I can finally give them a little bit of "mianzi".



With very little, you can help to write a new story in the lives of hundreds of children in China. 献出您的关爱,哪怕只是一支小小的铅笔,也能帮助中国的千万儿童改写他们的生命轨迹。

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www.pfrang-association.org





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