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Introducing some of our contributors, writers and editors

Contributing editor Ken Ellingwood is a former foreign and national correspondent for the Los Angeles Times and author of Hard Line: Life and Death on the U.S.-Mexico Border. He teaches writing at Naniina University.

特约编辑Ken Ellingwood之前是《洛杉矶时报》的国内外通讯记者,同时也是"死亡地带"的作者:描述美国与墨西哥边境的生存与死亡。他目前在南京大学教写作。

Simon Northcott has 25 years manufacturing experience; ranging from MNCs to his own business, from Pipelines, Valves and Tobacco to Bottling, with the last 12 years as a world class manufacturing consultant in Asia. This was preceded by a Cranfield MBA and 10 years in the oil industry. He is now resident in Nanjing.

从管道、阀门、烟草到灌装行业,从跨国公司到他自己的生意,Simon Northcott在制造业有着25年的丰富经验,近12年来,他在亚洲地区可谓是业界一流水平的制造顾问。与此同时,他还是克兰菲尔德的工商管理硕士,并在石油行业10年之久。现在他居住在南京。

Jochen Schultz has more than 10 years 'proven management experiences at international training and universities. He has a deep knowledge in professional trainings, personnel and organizational Development and developing relationships with clients from all over the world. He is now the Managing Director in China for a German Training & Consultancy Company.

Jochen Schultz在国际培训和大学教育方面有着10年以上的管理经验。同时在 专业培训、个人与公司发展以及如何与世界各地的客户建立良好关系方面具备相当深厚的专业知识。现今,供职于一家德国培训咨询公司,任中国区总经理一职。

Rick Staff is from the UK and has 20 years cumulative experience as a wine trader, taster, and writer and was editor of 'Superplonk', the UK's popular wine guide, prior to moving to Nanjing in 2008.

Rick Staff来自英国,有着二十年丰富经验的葡萄酒商人、品酒师、 作家,并且是《Superplonk》的撰写者,英国很受欢迎的葡萄酒鉴 赏家,于2008年移居南京。

Rachel Skeels is qualified in the field of interior textile design and previously worked as childrenswear designer for major UK retailers such as Marks & Spencers, C&A and Mothercare.

梁蕊蕊是室内纺织品设计领域设计师。曾担任英国主要的零售商品牌如M&S玛莎百货,C&A和Mothercare的童装品牌设计师。

Ronald Paredes is the personification of his motto "mediocrity is a disease we fight every day". The multi talented designer's work appears in the design industry's annual definitive overview of the state of art in web design, "Web Design Index by Content – Volume 5"

泉源本人即是他的座右铭"平庸是一种疾病,我们每天都要与之抗 争"的现实化身。 作为一位优秀的设计师,他才能丰富创意无限。 其网页设计作品还被收入在了代表网页设计艺术成就的权威性行业 年鉴内。《网页设计艺术指南—第五册》

Our Editor and Music Critic, Frank Hossack, has been a radio host and producer for the past 28 years, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

贺福是我们杂志的编辑和音乐评论员,在过去的28年里一直从事电台主持和电台制片的工作。工作期间他曾获得过四次纽约传媒艺术节大奖,分别是世界前40强节目,最佳编辑,最佳导演以及最佳文化艺术大奖。

THE NANUINGER #28CONTENTS暴

NANJINGEXPAT VOLUME #3/ISSUE #10

ßІ	Edito	nrial	辑语

- 10 | Retail Identity Brand
- 14 | Rice Cookers and Real Estate

How the Chinese are Changing the Scene of American Shopping

- 16 | The Gavel | Retailer Responsibility in Product Liability
- 18 | Retail Rectification
- 21 | Thrift Shopping in Nanjing
- 25 | Cookbook | Kahlua Cake
- 26 | Naniing User Guide
- 27 | Section Head | Dealing With Underperforming Employees
- 28 | Bats, Balls & Bails | Table Tennis; A Chinese passion / Brazilian Jiu jitsu; The Gentle Art
- 30 | Chinese Corner
- 31 | Corker | It's okay to like Chardonnay
- 32 | The Trip | Yangzhou
- 34 | Par Excellence | Autonomous Maintenance
- 36 | About Town 关于南京
- 38 | Think Healthy Think Beautiful | Speed of life
- 40 | Previews & Reviews 预览及评论
- 43 | The Index 城市指南
- 52 | City Maps 城市地图
- 56 | Easy Doses | New Experiences
- 57 | The Nanjinger Prize Cryptic Crossword

Editorial辑语

In 1979 The Clash sang:

"I'm all lost in the supermarket, I can no longer shop happily. I came in here for that special offer, guaranteed personality..."

Such lyrics detail a struggle to deal with an increasingly commercialised world and rampant consumerism. Coincidentally, under the helm of Deng Xiaoping, 1979 was also the year in which China inched open the door to market reform and a whole host of other, gruesome western influences. 34 years on and The Clash's lyrics sound spookily familiar.

This month, as we head toward the so-called Golden Week (read "shopping"), The Nanjinger tackles the theme of retail. Doug Hughes has some handy advice for shoppers and retailers for those about to spend the holiday prowling for purchases. Melissa Morgernstern has returned home to the US, but thankfully has found sufficient Chinese domination of the American retail market to keep her stomach full. Back here in the Orient, Rachel Skeels hangs up her Trailing Spouse hat for this issue, and instead goes thrift shopping, Nanjing style!

Wishing all our readers a happy National Day, and happy spending!

Lost In The Supermarket



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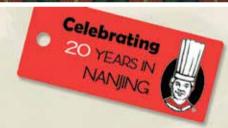
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RETAIL IDENTITY BRAND

By Frank Hossack

he shops in Shanghai have none of the things you want to buy, and all of the things you don't want to buy"

So commented famous interviewer/travel documentary maker, the late Alan Whicker, during one of his early trips to China.

In this, the first of a three part series, The Nanjinger calls a Gucci bag a sack and gets up close and personal with three intertwined concepts that are defining the modern consumer in China; those of retail, identity and brand. This is a world dominated by black and white; in the then and now, in the young and old, in private and in public, in the hinterland and along the coast.

In the China of not so old (see next month's issue on identity), Chinese people had little in the way of opportunity for retail choices. They also had little in the way of cash to buy the few fun items that were available.

Fun is the operative word here since what set these shoppers apart from those of today was their lack of impulse shopping.

20 years ago, not only were incomes low but it is also worth remembering that this was the age of no Internet; shoppers consequently were not overwhelmed by purchasing related information. What little they did know was ingrained in the retail landscape; people were aware of successful and domestically made products, available all over China, and were beginning to see the influx of pricy brands from abroad. The distinction lies in the perception that quality was from China but brands came from elsewhere.

Then, in the late nineties, foreign retailers were happily surprised to find China abiding, to some degree, by at least some their WTO accession agreements. That's when Mr. And Mrs Value (from Germany), feeling justified in a little retaliatory action on an individual scale, saw the Chinese consumer coming a mile off. They said, "Yes, it's expensive. That's because it's good", and got away with it 90 percent of the time; they often continue to do so.

The fact that the Chinese love shopping must be something of a relief to those camped up in Zhongnanhai. As they retool the country's development model toward domestic consumption over export dependence, retailing in the world's fastest growing economy is poised for exuberant growth. Already China has the world's second largest retail market with a trade volume that doubled to ¥21 trillion in 2012, from ¥10.8 trillion in 2008 (China Ministry of Commerce).

Said Premier Li Keqiang on 29th May at a services trade fair in Beijing, "Increasing service supplies and improving service quality will help unleash a huge potential in the

PART 1

domestic demand and thus offer firm support for a stable economic growth and structural optimization".

So we are staring at a new buoyant retail sector in China which thrives on the progressive nature of its consumer. Yet we remain in a here and now where the owner of a gleaming new BMW still drives around for half an hour to avoid a five kuai parking fee. They return home to their three million renminbi villa, only to not put on the air conditioning in the middle of winter, preferring the comfort of a down jacket given to them by a friend who works in the factory. Pinch it in private, flaunt it in public.

The value of a product is closely correlated with the sophistication of its consumers, while the common concept of value of money is largely a reflection of new and immature Chinese consumerism. Now enter the millions of young Chinese who have an altogether different approach to their spending habits over those of their thrifty parents and grandparents.

In a China Market Research Group poll of 5,000 consumers across 15 cities, those under the age of 32 had an effective savings rate of zero.

No putting it away for a rainy day for these ambitious young things; optimistic in their careers and proud of their country's new superpower status. It doesn't help that they expect a 10-20 percent increase in their salary each year, and more than often get it. These are the 21st century comrades/pretty young things we see zipping about town in their little soft tops and raving it up in 1912, buying it all on credit to present exactly the image they want.

Drilling down, patterns begin to emerge regarding geo-

graphical differences in spending habits. The northern Chinese is generally found to be less of a bargain hunter and happy to pay for convenience. Meanwhile, our southern cousins have long been used cheap surplus from the world's factories: they expect a quality product at a low price. Interesting, it is those in our neck of the woods, along the central coastline that are most likely to shop around to compare prices.

Like shoppers in other parts of the world, Chinese consumers tend to "research online, purchase offline." And this so-called ROPO is multi faceted. These new consumers are not just using the Web to look up others' ratings (over a quarter of China's online shoppers do just that); moreover they are thoroughly researching their target brand, which after all is certainly more interesting and entertaining than what's on TV. Until recently it was enough for many that the flashy foreign products were merely from Italy. Now the Chinese consumer wants to know which village in Italy and what is it about the wheat from this area that makes their pasta better. Only then can it be determined this be good enough for the family.

Modern consumers in China have moved far beyond being naturally adept at seeking out a bargain; now they are also crying out for their emotional needs to be satisfied when buying a product. In McKinsey's 2012 Chinese Consumer Report, 21 percent of people surveyed in Beijing and Shanghai said "showing my unique taste" is one of the key factors influencing their buying decisions.

As we will see when this article is continued next month. it is this kind of mental accounting that helps the Chinese stamp a measure of individuality on their existence in a new socio-economic framework, one with collectivism at its roots on the one hand and the emergence of the world's biggest spenders on the other. N

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Meet Emma



...who has a number of complicated conditions including albinism, visual impairment and aneamia While none of these alone should have brought little Emma to hospice care, in combination, she was failing to thrive. With the attentive love of her Ayi's, Emma began to get stronger. It is so delightful to see her waving her plump little arms. Emma still needs further tests to determine the exact nature of her aneamia and the full range of her vision. Regardless of the diagnosis, Emma is in good hands and we have faith she will continue to thrive.

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Rice Cookers and Real Estate

How the Chinese are Changing the Scene of American Shopping

By Melissa Morgernstern

hina and the United States can often seem like a quarrelsome celebrity couple, their tensions ever playing out in public view. When China is not being accused of toying with its currency or production lines, the U.S. is charged with acting as a global cop motivated by fear of China's ascent. The two nations are obviously entangled financially and politically. From the "made in China" effect to the McDonalds outlets that seem to punctuate every "lu" and "jie", this odd couple is in it for the long haul. For one thing, the United States has become a favoured destination for China's wealthy and investment-happy, while Chinese markets are drawing American shoppers with their lush greens and exotic spicy pickles. And thus, our journey begins into the world of American retail, with a Chinese twist.

The Big Boys

Is it tenacity or just too much money? Despite gloomy headlines and mixed predictions for the United States' economic future, Chinese foreign investment into the US continues to grow, hitting an all-time high of \$6.5 billion last year. Many believe this number will only grow. According to the Heritage Foundation, a conservative research think tank that follows Chinese investment, the United States became the largest recipient of Chinese overseas investment last year, surpassing Australia for the first time in history. What is this buying power aimed at? The answer is, real estate and pork!

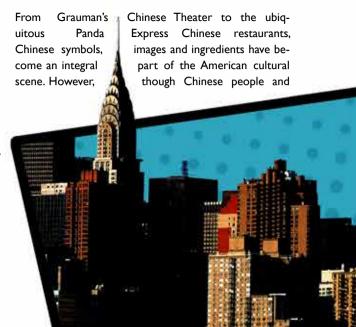
In 2011, Chinese buyers purchased over \$10 billion in U.S. real estate, accounting for 9 percent of house purchases by foreigners, second only to our Canadian neighbours to the north. China's deep pockets are at work in commercial real estate. According to Christine Lu, founder of Affinity China, a luxury lifestyle private network, most of her clients shop for commercial properties within the \$10 million to \$25 million range. Ms. Lu will be holding

an event in Hawaii this October for the rich of China, and one of the presentation topics is how to buy your American dream home.

Chinese buyers also seem to have a hankering for bacon. They have started to buy into some of the most important pork producers in the United States. Smithfield Foods Inc., an American pork producer that now stands as the world's largest by sales volume, has recently agreed to be acquired by a privately owned Chinese meatprocessing company, Shuanghui International Holdings. Before the purchase can go through, a U.S. government committee still must review the case for the possible effects of foreign control on such an important company and any potential impact on U.S. national security.

The transaction would be the largest Chinese acquisition of an American company to date. Smithfield currently controls 28 percent of pork processing and 15 percent of pork production in the United States. China and the U.S.'s big boys may be making stronger business ties, but many others, especially Stateside, doubt that such a takeover will benefit Americans. Some people have voiced concern over price volatility or unfair access to technology that was developed with the help of U.S. tax dollars. Others are worried that China's muddied political and legislative development may influence Smithfield's competition with other countries by changing the amounts or quality of products that are seen on competing markets; Apple took a black eve earlier in the year in a similar scenario. Regardless of what may become of American pork or real estate, China and the USA would seem to be linked financially for a long time to come.

The Masses



culture have become such an important part of the stew that is America, these ingredients have been boiled down to a few essential sounds, smells, sights, and stereotypes. The various spiced and fried delicacies expats know and love here are reduced to a thickly fried, sickeningly sweet-and-sour pork (or chicken), while the Chinese new year lanterns are spread around garden parties as decorative accents. When cultures clash, it makes sense that certain things get lost in translation. However, the U.S. understanding of China is one that is paradoxically shallow and deep. We understand little, but that little has been passed down as fact for generations of Americans. Despite extensive new research into China, and a whole new wave of perceptions, China remains to many a mystery (even to many of those who have lived there).

Nevertheless, the mystique and exotic allure of China continues to show itself in the United States, whether through nature-inspired water-colour prints at Target stores or the neon pink sweet-and-sour sauce of American Chinese food.

Literal Melting Pot

American supermarkets are admired for a reason; the choices are endless and the variety is enough to make looking for cereal an anxiety-provoking exercise. However, the variety of freshness and exotic ingredients is not enough for a lot of American foodies. Enter the little food markets that have received a large following among Chinese immigrants and first-generation American Born Chinese (ABC's). Now, many non-Chinese are also starting to populate these markets at an increasing rate.

However, in Chinese supermarkets the loss leaders are a cheap and colourful array of vegetables. The selection is better than any American supermarket, and if that does not convince you, then the taste and prices surely will keep you driving out of your way to that small strip mall (especially for us eggplant lovers).

Chinese supermarkets, as well as other "ethnic supermarkets", are frequented by sophisticated shoppers who know about ingredients and preparation. Many of these cultures are known for their respect and attention to culinary history and preparation. Additionally, these markets cater to cost-conscious immigrants accustomed to lower food prices back home. Thus, much of the food is well stocked with a great variety at a more than agreeable price. These markets also tend to be a major centre for local immigrant communities by providing services that go beyond produce and poultry. For instance, in West Allis, Wisconsin, the Mei Hua Market provides Chinese language newspapers, board space for employment advertisements and visa services for people who need a Chinese visa, but want to avoid the long trip to Chicago.

Upon entering these markets, shoppers may be confused by the lack of English labels (or accurate ones, anyway) and by a staff that may be short on English. Many ingredients will also appear alien. The trick is to keep cool, be adventurous, and find the younger, first-generation kids. They're usually the resident translators, hanging out by the cash register.





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PICOZZI & MORIGI

RETAILER RESPONSIBILITY IN PRODUCT LIABILITY

As the Chinese economy grows and consumption rises, there have been a number of product liability issues in the last few years, ranging from infant formula tainted with melamine to escalators unexpectedly reversing their direction. Such episodes have prompted stronger governmental oversight and harsher punishment for those responsible, not only producers but also sellers.

Product liability is the area of law in which manufacturers, distributors, suppliers, retailers, and others who make products available to the public are held responsible for the injuries those products cause. China has addressed product liability issues through two primary related laws, namely the Product Quality Law, issued in 1993 and amended in 2000, and the Tort Liability Law, issued in 2009. The Product Quality Law states that products must be free from unreasonable dangers, conform to product quality standards and contain the necessary warnings to prevent damages. The Tort Liability Law unifies the product liability law framework, defining when producers or sellers are held responsible for damages arising from a failure to live up to an obligation, as well as extending such damages to include the punitive.

Product liability arises when a defective product is placed on the market, wherein a defect gives rise to damage to a person or property. The following three preconditions must be fulfilled for product liability to occur:

Defective product; where the product does not comply with a national or industrial health and safety standard, or, if such standards do not exist, where an excessive or unreasonable risk to people or property derives from the product. Design error, production error and incorrect or insufficient information are the three types of legally defined deficiency.

Damage; personal injury or property damage according to the Product Quality Law.

Causality between defect and damage; where damage comes

from the defective product. The burden of proof is firstly on the party claiming damages and then on the producer and seller to prove their defense.

In accordance with Article 42 of both the above laws, retailers are liable where the product defect arises from the fault of the retailer or the retailer cannot locate the producer and supplier of the defective product.

Therefore, producer and retailer have to assume joint liability for a defective product, which means an injured party can pursue a claim against either, or both of them. Additionally, if the retailer ultimately pays the damages to an injured party but the producer is responsible for the defective product, the retailer may then pursue the producer to recover its losses.

The Tort Liability Law imposes an obligation to retailers to supervise products after they have been put into circulation. Once the deficiency is discovered, retailers are obligated to take remedy measures, such as product warnings or recall.

Understanding product liability framework is crucial for foreign businesses in China, not only for companies manufacturing and selling products, but also for companies in the distribution chain and companies permitted to use their name, trademark or other distinguishing mark on the defective product. Such companies should allocate sufficient resources towards monitoring product quality and establishing effective product distribution channels to mitigate the risk of such liability arising. They should in addition have plans to manage product recall, liability litigation and a potential public relations crisis.

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Retail Rectification

NOTICE TO RETAIL BUSINESS OWNERS

By Doug Hughes

We all want to see you succeed as you do your best to serve the Chinese market. As such, we have noticed one or two things that we would like to offer for your consideration.

If you are not a nightclub, loud music does not usually mean "come in". If you sell polo shirts, but don't want to start serving drinks and stay open until 4 am, please turn down the dance music.



If we're bargaining and the first thing out of your mouth after I ask "how much does this one cost?" is "this specific one is pretty expensive", I'm just going to put it down and leave.

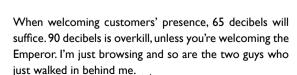




Hey department stores, can I please just pay at the cashier with my purchases? What's up with making me do a relay to the register with little tickets and coming back for my 50 kuai toaster?

If you explain that you're giving me this price because we're friends and it's the first time I've met you, you're suspect in my book.

Everybody knows you would never charge your real friends something





called a "good friend price".

Don't assume I want a gym membership when you see me walking on the street just because I'm foreign. That's a stereotype. I'm not offended, but you should know that I am very lazy and do not care what I look like.

When I ask for a recommendation for one more dish, I'm going to be suspicious if you find the most expensive thing on the menu in less than two seconds.



Neighbouring stores on either side should not be selling the same thing as you. If your customers can go next door and bargain with somebody else for the exact same thing, they might just do that.

If you start at a reasonable price, people are willing to compromise. If you start at an outrageous price, we're going to go find another store. Maybe the one next to yours.



American fast food restaurants, stop pulling out the picture menu when I step up to the counter. Give me a chance. Unlike the rest of my Chinese, I pronounce

the words Double Cheeseburger flawlessly.

On the other hand, my hair style vocabulary is terrible. Could we get photo menus in salons? I have no idea how to say "tapered" in Chinese.





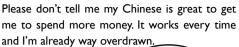
If I'm in an antique market, your opening line should not be "this is very old". Saying that is either pointless or misleading, and either way I'm going to question you.

No, I do not want to apply for a membership card. I applied for one at a different store three weeks ago and now I am getting daily texts about apartments and receipts.

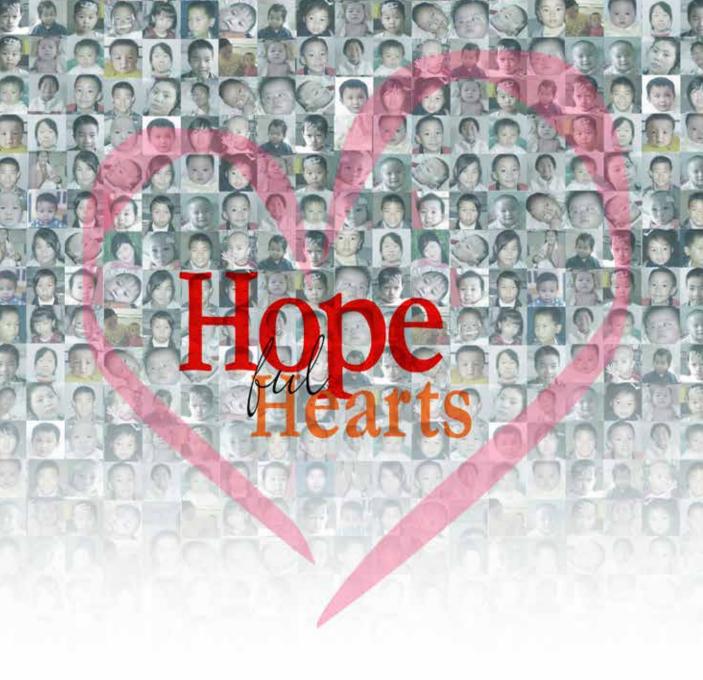


5¥ 5**

If you make a big deal of bargaining over five yuan, I may become irrational and do the exact same thing. I know it's crazy, but sometimes I forget it's only five yuan. It would be really help if shoe stores could post their largest available size on a sign in the front window.







Help keep the young hearts beating ...

The reality is, these children may not have survived if it weren't for the generosity of people like you.

97% of all money raised goes directly to paying for heart operations.

Hopeful Hearts assists in funding life-saving heart operations for local children.

These children have often been abandoned because of their condition, or come from a farming community where their family may have an annual income of about 1,200RMB.

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For more information on how you can help, please email: hopefulhearts10@yahoo.com

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By Rachel Skeels



estern society thrift shops or charity organisations that are so accessible in our world seem almost non-existent right here in China. There are no little quirky shops to rummage through for that lucky bargain or potential vintage gem; no, there is none of that. If you are lucky enough you may just find a buried flea market selling gorgeous antique furniture that may in fact be an item from a huge production line, but there are no vintage clothes shops of which to speak. So why is that?

China stands firmly with her whopping number of 300,000 millionaires and is continuing to raise her middle class to around 250 million people. Her 1.3 billion people, previously starved of retail opportunities, spent approximately ¥40 billion on luxury goods last year.



That is set to grow from 12 percent to 29 percent of the global luxury market by 2015, making it second only to Japan in a market worth an estimated US\$80 billion a year.

A luxury consumer market that did not exist 20 years ago is now on a seemingly unstoppable path to dominate top end retail and thus less likely to focus on second hand goods.

Start to analyse this closer you will notice little second hand merchandise in China's burgeoning cities. Large consumables such as cars and houses are generally bought first hand; rarely do you find second hand cars or houses. Old property is usually bulldozed down and rebuilt and old car models vanish from the city completely, banished from the main metropolitan zone. Everyone has the latest electronic gadgets and brand new designer handbags; some middle class would be seen in nothing less than the very best, which is ultimately determined by the steep price tag rather than the quality.

I have a mixed bag of friends who all turn their noses up at second hand goods and the only possible explanation for this is consumer culture, counter to that in the US, UK and Australia where consumers are now more than ever bragging about their bargain purchases and taking pride in restoring fashionable clothes and furniture, even amongst the middle and upper classes.

Another reason for the lack of charitable shops is due to doubt over the real intentions of such organisations in China, with many suspecting that the money is not going to the cause as advertised. This has already been proven through a string of doomed charity shops in Shenzhen, with eight shops on the verge of bankruptcy because of insufficient donations. People donate a lot of money for disaster-hit or underdeveloped areas, but there is nothing to help poor Chinese workers in the cities. Let's hope that this is something where we will slowly see a change.

So how do we get around the lack of second hand goods? Quite a significant proportion of the expat community must be dying to break free from the likes of Ikea furniture and get their hands on some real authentic Chinese bargains. So if that includes you, then here's three ways to start.

Street Stalls



You may have already noticed some small carts parked by the roadside selling ceramic kitchenware. Depending on the seller and how you haggle, you may just be able to find yourself some rather lovely mugs and bowls for next to nothing. Perhaps not great for match everything in your kitchen, but if you like a random selection then keep your eyes peeled for these pop up stalls.

Taobao 2



So we all know about Taobao, but have your heard about Taobao 2 (http://2.taobao.com)? They sell

just about everything from old electrical items to authentic designer goods, so no wonder there are no charitu shops when folk are re-sellina their Gucci handbags for ¥1,500. It also shows that some city goers are willing to buy second hand, although after asking several friends again, I received only a frown!

Nanjing Antique Market



Set near Confucious Temple, a little out of the main zone, No. 79 Anpin Street ranks highly among Chinese antique markets and has quite a long history.



On offer are both genuine antiques to fakes, so if you are looking to splash the cash make sure you are indeed buying an authentic piece and not counterfeit.



have your haggling hat on or go with a friend who can barter, whilst you hide around the corner.



Beware of other stalls selling lovely antique looking products, but they tend to be made cheaply on a whopping production line; you only have to go to another city to see the same items for sale.

If you do like them, by all means purchase but do not let them sell the items to you at a ridiculously high price. Cut the asking price by at least a third; if they won't budge, simply walk away and more likely than not they will soon be shouting you back.

HOWBIGIS HUSPACE IN YOUR HEART

Every little inch of space taken in this publication by our sponsors shows their commitment to our community.

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THE NAWINGER

NANIINGEXPAT







KAHLUA CAKE



INGREDIENTS

For the cake:

1 Box of Yellow Cake Mix

1 (6oz) box of instant chocolate pudding mix

1/2 cup sugar for the cake

1.4 cup sugar for the pan

1 cup vegetable oil

34 cup water

1/2 cup vodka

1/4 cup Kahlua

1/8 cup brandy (optional)

4 eggs, slightly beaten

For the icing:

1/4 cup Kahlua

1/2 box powdered sugar (if too thick, add milk)

DIRECTIONS

- 1. Preheat oven to 350°F. Grease or non-stick spray a bundt pan.
- 2. Mix all the ingredients together.
- 3. Coat the pan with the 1/4-cup sugar.
- 4. Pour the mix into the pan and bake for 45-55 minutes. Remove from oven and let cool.
- Make icing by mixing ingredients till smooth. Pour over cooled cake.

It's more than just a cookbook...

It's a collection of wonderful recipes from friends of Hopeful Hearts all round the world. Every recipe is written in both English and Chinese. With over 190 recipes of international cuisine you could be dining in a different country every night!



THE 27 COLLECTABLES



配料

- 1 盒荷色蛋糕粉
- 1盒(6盎司)速溶巧克力布丁
- 1/2 杯糖用于蛋糕
- 1/4 杯糖用于烤盘
- 1 杯植物油
- 3/4 杯水
- 1/2 杯伏特加酒
- 1/4 杯卡鲁瓦咖啡酒
- 1/8 杯白兰地酒(可选用)
- 4只鸡蛋,稍微搅打

- 1/4 杯卡鲁瓦咖啡酒
- 1/2 盒糠粉(如果太稠,可以加牛奶)

- 1. 预热烤箱到华氏350度。在环状烤盘上抹油或 者使用喷 雾油,防止粘烤盘。
- 2. 混合所有配料。
- 3. 在烤盘里撒匀1/4杯糖。
- 4. 将混合物倒入盘中,烤45-55分钟。从烤箱取出,冷却。
- 5. 糖霜:混合配料,搅拌均匀。浇在冷却的蛋糕上。



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f you are using China Mobile, here are some tips on how to get more out of your package.

First things first, refilling your phone is always important. Are you still finding yourself queuing up to top-up? Or are you still busy looking for where to buy prepaid phone cards? Here is the solution; calling 96669. No matter where you are and whenever it is, just dial this number and follow the instructions. All you need is your bank account details. If your Chinese isn't quite up to scratch, you can ask a Chinese friend to help you. The whole process should only take a couple of minutes. After your credit has been successfully topped up, you will receive an automatic message informing you of your account balance.

If you still prefer to use a prepaid phone card, you normally can find them in newsstands, supermarkets (such as Suguo) or small convenience shops. Always top-up at the place you purchased the card from to ensure you haven't received a fake

You can Send an SMS message to the number 10086, and within the body of the message type 10086. You will receive a reply from China Mobile with a list of service options. This may be a good opportunity for someone trying to practice their Chinese reading! If you have a smart phone, why not copy and paste them into a translation program? Send the corresponding numbers back, depending on the service you are after.

For those who just want some quick account information, send a SMS to 10086, and within the body of the message type III and you will receive a reply with your account balance. Do the same but type 192 instead and the GPRS amount available will be shown.

How to get online? Type www.js.10086.cn and you will enter the online service centre. You can almost do everything you can in one of the actual China Mobile stores.

HELP! I can't understand Chinese at all! Using the tips above all require me to use Chinese! Don't worry. China Mobile has English service. First, call 10086, type 0 and hold on for a while, you will hear someone say "Nihao". Then you can just say some English, and the attendant will transfer you to another English service line. It's as easy as that!

DEALING WITH UNDERPERFORMING EMPLOYEES

With Jochen Schultz

ny. Young, dynamic, and motivated is how he was estimated during his apprenticeship. Martin went on to be an enthusiastic and high performer, who convinced and satisfied his supervisor. Over time however, his performance as a flagship employee started to wane.

The supervisor talked to him several times and ultimately gave him a warning. Success was not to be had and eventually Martin was faced with dismissal.

What happened?

The situation is familiar to a lot of managers; former high-performing employees turn first into ordinary and then into underperformers. Often the only course of action seems to be a warning and subsequently dismissal due to low performance. By firing the employee however, the company loses significant human capacities, yet it is not only the employee to blame for their performance.

A mismatch of expectations and performance now enters the equation. Often after crises or reorganisation, positions are redefined and changed. Some employees are unable to meet new expectations and cannot cope with pressure to perform. If the manager does not monitor the situation, the employee can quickly begin a downward spiral.

Best practice approach

In a six month cycle, managers should talk to every employee about their satisfaction at the working place including their performance and expectations. Thus, no surprises should occur. If there is a discrepancy between expectations and performance, the manager and the employee should set specific targets that are then confirmed in writing. It should also be clarified how such goals are to be reached, which can also be supported by training or further education. In this case, several months of training onthe-job by colleagues in the work place can be helpful. If these measures do not bring about any success, the work place itself should be examined for signs of change.

In the case that technical changes have overtaken the competencies of the employee, then the manager has the obligation within the framework of his duty to ensure that employees are deployed according to their competencies or that employees will be trained to meet expectations.

If a company sells its products abroad, some employees have to speak the language of their clients. However, it takes more than a few weeks to learn a foreign language.

In order to utilise the full potential of every employee, working conditions need to be adapted accordingly. If training and re-structuring still do not have a positive effect, a warning and dismissal due to low performance are the last steps.

No company is obliged to keep an employee, who does not perform according to his/her contract on a long term basis. The warning and the letter of dismissal has to be in written form and need to be recorded.

A process that is congenial to all consists of five steps:

- I.Appraisal interview
- 2. Further education
- 3. Re-structuring of the working place
- 4. Functional warning
- 5. Letter of dismissal due to low performance or termination agreement

Through this process, employees have the possibility to prove themselves and to find a new, more comfortable position in the company. If their performance is still not improving, it opens the possibility to dismiss the employee.

Going the way of a quick warning and dismissal is not the best procedure, from which neither company nor employee will profit. More worryingly, other employees may well lose their trust and perform only their work to rule.





Table Tennis; A Chinese passion

remember, China has topped the medal tables at Olympic table tennis; total dominance by anyone's standards. However, it has not always been this way. Originally a Victorian sport called "whif whaf" or "flim flam", the sport developed during the early twentieth century when the racket was introduced instead of using a cigar box lid.

Before the 1950s, Europeans held charge over the sport. When the International Table Tennis Federation recognised Mao's Communist government over the exiled nationalists in Taiwan, Mao took the opportunity to invest money into the sport and made it the unofficial national sport of China. By 1959 China had its first world Champion.

The association of China with ping pong was further enhanced in 1971 with so-called ping pong diplomacy; the first signs of détente between America and China since Mao's communists officially held power. The US table tennis team was invited to China and ping pong was further cemented in the consciousness of foreigners as a symbol of communist China.

Is this perception of ping pong as the national sport of China beginning to change? Television audiences in China have slowly fallen since the Beijing Olympics in 2008 with particularly low figures during the London Olympics in 2012. With this in mind I went along to a club in Xinjiekou to see what the facilities are like to find out how popular table tennis remains in Nanjing.

On my way I wonder how many foreigners will be there. The answer to that question is none; it turns out there are only four or five foreign members. To join any of the teams at the club a certain level of skill is required. This is assessed by the members at the club.

There is no doubt that the Chinese take ping pong seriously. To keep the interest high there are competitions between the teams every six months. There is a ranking system and movement between the groups as teams improve. If you want to play without the pressure of competition then membership is available in different categories. There is a monthly membership card and also an



annual membership. This club's opening hours are fairly typical of those citywide at 9am to 10pm; flexibility to play when you want.

The club has a very friendly atmosphere. There are kids as young as 10 being taught the basics and learning techniques such as body position. Bear in mind that the club caters for a Chinese crowd. If anything playing table tennis is a great opportunity to meet some local Nanjingers and practise Chinese as well as to learn the game itself.

As I left the club I saw a tall woman with long black hair smashing excellent forehands down the table while, in typical Chinese fashion, dressed in a long black cocktail dress and high-heeled shoes. This suggested to me that ping pong has not lost its popularity but in a more globalised world does need to compete with other popular sports. For me the woman in the black dress shows that table tennis will always play a part in Chinese culture and will always have its place as China's unofficial national sport.

Brazilian Jiu jitsu; The Gentle Art

It is two years since Fred Greenall set up Frontier Asia Brazilian Jiu Jitsu in Nanjing in August 2011. Since then the club has gone on to be a resounding success. Having moved from Zhujiang Lu in 2011 to Zhuangfuyuan today via the Olympic stadium the club now has in excess of 30 members, up from an initial ten, who compete in various competitions in China.

Fred, from the UK, is a former British champion and has been involved in the sport for six years. He is also a Chinese Champion having lead his club to success winning the team prize at the China Open in 2012. Indeed the club produced China Champions in the 2013 China Open held in Shanghai in July meaning they are one of the most successful Brazilian Jiu Jitsu (BJJ) academies in China.

From its origins in Jiu Jitsu, a Japanese martial art consisting of grappling and striking moves to counter an opponent, Brazilian Jiu Jitsu comes from the Judo school of grappling and ground fighting. Seen as a self-defence system BJJ promotes the concept that a smaller, weaker person can compete with a bigger, stronger opponent by taking the fight to the ground; the idea being to use leverage and technique to apply joint-locks and chokeholds to defeat the other person.

Because of the self defensive nature of the sport; a young woman, for example, could use the techniques learnt to outmanoeuvre a bigger aggressor, it has been dubbed "the gentle art". There is a preference to using skill over strength, while participants can also reduce anger and stress. BJJ promotes the fundamental idea of no striking, biting and punching; gentlemen's rules if you like.

Although run by foreigners the club has a number of Chinese



members and around five female participants. In fact the only woman member of the club, Megan, competed at the recent China Open. Joe, one of the trainers at the club, hails from the US but speaks fluent Chinese meaning the club really is all inclusive.

There are long term and short term memberships available. Some specialist equipment is needed but this can be bought through the club. If you are a member you can also use the gym facilities in your own time. If you do join the club expect to see me down there, attempting a shot at the gentle art.

Useful little oddities from an English/Mandarin world: Retail By Laura Helen Schmitt

JHINESE CORNER 汉语角 Hànyǔ jiǎo

The most amusing part about shopping in China is how the price is multiplies 在中国购物最搞笑的事是一旦是个老外买东西,所有的价格突然贵了十倍 by 10 as soon as you show your Laowai face anywhere.

Zài Zhōngguó gòuwù zuì găoxiào de shì shì yīdàn shì gè lǎowài mǎi dōngxī , suŏyŏu de jiàgé tūrán guì le shí bèi After using some basic Chinese, you get the "special" price – just because you speak Chinese - which is only three times as expensive as prices for locals.

Shòuhuòyuán yī fāxiàn nǐ huì shuō Zhōngwén , jiàgé tūrán jiù biànyí le , bī 售货员一发现你会说中文,价格突然就便宜了,比当地人只贵了三倍而已。 dāngdi rén zhī guì le sān bèi éryĭ 。 Once you know how much you are being overcharged, haggling becomes a really fun sport. **旦是你当发现给老外的价格有多么夸张以后,可以开始认真地砍价变成了一项很** 有趣的活动。

Dànshì nĩ dãng fāxiàn gěi lǎowài de jiàgé yǒu duō me kuāzhāng yīhòu , kāishī rènzhēn di kānjià biànchéng le yī xiàng hěn yŏuqù de huódòng。 On occasion you will "overhaggle" though, i.e. haggle just for the sake of seeing how far down you can go and then losing interest in the item in the end.

有时候你可能会砍价搞得太烦,比如说你这么做其实只是为了想知道价格能有多 低,最后发现了反而对货物已经没有兴趣了。 Yðushihou nĭ kĕnéng hui kănjià gão de tài fán , bĭ rú shuō nĭ zhè me zuò qíshí zhī shì wéi le xiảng zhīdào jiàgé néng yǒu duō dī , zuìhòu fāxiàn le fānér duì huòwù /jjīng méi yŏu xingqù le

alone after 8 o'clock, being able to pop out for a Coke at 1am is like living in Coming from a country where supermarkets are never open on Sundays let paradise. 来自一个星期日和晚上八点以后超市关门的国家,对我来说在中国夜里一点随便 去买一瓶可乐相当于住在仙境。

wở lái shuō zài Zhōngguó yè lĩ yī điǎn sulbiàn qù mãi yī píng kělè xiàngdāngyú zhù Láizi yī gè xīngqīri hé wănshàng bādiān yihòu chāoshi guānmén de guójiā, duì





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Linking China with the world since 2003



It's okay to like Chardonnay

During the recent fuss leading up to the naming of the brand new British prince, it is unlikely that anyone was taking short odds on the name Chardonnay. As a loaded word, Chardonnay is woven into the fabric of social hierarchy sensitivities. In the vanguard of the new world's wine revolution during the upwardly mobile mid eighties, Chardonnay eased its way into mainstream lexicon by adopting a reliable one-size-fits-all crowd pleasing style. With obvious fruit and oak and overt labeling of the grape's name by which to recognize it, Chardonnay became a perfect fit for fans of the burgeoning 80's wine scene eager to feel a degree of sophisticated differentiation from the dullers down at the pub.

By the mid nineties California and Oz Chardonnay in particular, were at a zenith worldwide, becoming so popular that certain taste dictators felt moved to form the somewhat snooty Anything But Chardonnay movement (ABC) and who saw the rise of new Chardonnay as chief villain in an industrial drive for globalisation and big profits through homogenisation; the dumbing down of wine.

An emblem of crudity to some, Chardonnay quietly shapes some of the world's most refined wines; Chablis, Meursault, Montrachet, Pouilly-Fuissé and champagne. However, from the lean and steely to the more expressive, and all invariably elegant, you will need to be nudging north of the ¥500RMB mark to do justice to any Chardonnay with a French inflection here in China. Thankfully, despite its social challenges, Chardonnay remains one of the world's most widely planted and popular varietals, and with the range of geographic and climactic situations the grape encounters it is hard to pin down a useful style descriptor, so one's mind should be open to Chardonnay's possibilities or risk missing out on the value and variety it can offer.

Broadly speaking, the new world has more tropically fruity, fleshier, styles than the old, the French especially, and in the main has moved on from the big wines of instant appeal back in the day. Case in hand is the old-stager from Australia, Lindeman's Bin 65 (¥158, BHG) that will only ever be a McChard in some people's minds. However, the 2010 scrubs up rather nicely with suave fruit; softly delivered pear and lemon, smoothly integrated with a subtle suggestion of spicy oak and refreshing cleansing acidity; a wine with universal appeal and thus perfect for eclectic entertaining (15.5 points).

The Los Pagos Chardonnay 2012 from Chile, quaffed pretty cold to tame any greenness of youth, shaped up well with a zesty and firm, citrusy, attack (Chile's cooler climes make for sharper, cleaner, styles in the main), and softer flecks of pineapple that settle onto the tongue with sufficient pause, if you can pause sufficiently as this is an invigorating heat foil which craves constant attention, and a real bargain at \$49 from Metro (14.5 points).

Finishing with one from another legend of Aussie fruit and wood insurgency, Wolfblass. Their Eaglehawk Chardonnay 2011 (¥111, Auchan), shows pale straw in the glass suggesting they may have mellowed their approach with age, but certainly not pipe and slippers just yet as vibrant, though not exclamatory, melon and peach are very present on the palate and mingle nicely with the supportive oak flavours, and all finishing prettily crisp. Very friendly to most food this liquid but a KFC bucket of cold chicken suggests itself. Now that's classy (15 points).



his Chinese saying is probably one of the reasons that the Suzhou – Hangzhou trip, with both cities oddly nicknamed as China's Venice in various English tourist guides, has become one of those classic routes for foreigners on their grand adventure in China.

In actual fact it turns out that there is a holy trinity of tourist destinations with the third member, Yangzhou, largely forgotten. Now this is not entirely our fault, since Yangzhou is just one of those cities that does not usually make it on to the foreigner's travel map.

A short look on the regular hostel websites will prove this; with only a couple of hostels available that pride themselves as being "international",

the choice for travellers on a budget is sparse. What exactly made my choice international will forever remain a mystery to me; it cannot have been the English speaking staff, the high-quality rooms or the hot shower; for all three were non-existent. In this case, better spend some more money on a nice hotel...

Another indication that Yangzhou has not made it onto the "Places I need to go" list for international travellers becomes obvious as soon as you march to a big tourist site such as Slender West Lake. While you will likely encounter Chinese tourist groups aplenty, you have to run through Yangzhou's main attraction for hours until you see another foreign face, at the same time feeling like an attraction yourself.

As opposed to Hangzhou, where you can actually walk around the lovely West Lake in its entirity lake without paying a cent (only if you want to go to the islands in the middle of the lake will you need to pay for the ferry), the entrance to Yangzhou's Slender West Lake attraction will make your wallet ¥90 slimmer.

Entering through the main Southern gate, I could not help but ask myself whether it was worth it, since I was confronted with about ten tour groups and their loud guides running like headless chickens all over the place making it hard to enioy what would have been beautiful scenery. I sought solace in (had I wanted) being able to have a tour for free by just listening to one tour guide after another in passing to get a pretty good idea of what was going on.



Just when I was about to give up, I got to the district of the vast area named 24 bridges. Most of the tours end here, leaving me to walk around slowly and undisturbed, finally getting a closer look at my surroundings. When in bloom, all you can see is flowers among flowers with the odd Chinese building sitting in a sea of green, pink and yellow. I finally decided to take a rest on one of the stones beside a small lake, the sun on my back and the soothing sounds of a waterfall nearby in my ear. Gone were the hordes and with them all doubt about whether this was worth it.

You can spend half a day walking about, the Slender West Lake being indeed slender but rather lengthy. If you have not had enough yet, you can visit one of Yangzhou's plentiful gardens, one of the favourite destinations being the Ge Garden (个园) which is very representative of Southern Chinese gardens and offers plenty material for your camera.

This is exactly why Yangzhou should become more interesting to international travellers; while people go to Hangzhou to visit the West Lake, and then to Suzhou to see the gardens, Yangzhou has the lake and gardens all wrapped into one! The city is a great choice if you have not been to either Hangzhou or Suzhou and would like to save yourself a trip or perhaps just do something different than all the other foreign tourists. While you are there, do not forget to eat some of the infamous Yangzhou Fried Rice!



World Class Manufacturing 10:

Autonomous Maintenance

BACKGROUND

The main objectives of WCM programmes are to empower the operator to be responsible for three things; operate their machinery, maintain their own assets and take responsibility for the quality of their output. The primary function of an operator is to run their workstation correctly, the third was covered in article six of this series and here we cover the maintenance. The autonomous part of this title means the operator can conduct their own maintenance without any support from another function, but of course is reliant on others as a partnership for asset care. This implies a knowledge which is technical and practical, a willingness to take on the responsibility and a competence to carry it out. All this is needed in order to prevent, detect and repair problems.

HOW TO IMPLEMENT AM

There is a methodology commonly used, which is the 7 Steps developed by the Japanese Institute of Pant Maintenance (JIPM). As each Step has a three tier audit process, then the workstation can be certified as having achieved a certain standard. It is recommended to follow the JIPM 7 Step process of implementation as it is well structured and there is plenty of material available.

The first stage is to prevent problems by operating the machinery correctly; keeping the equipment and workstation clean so that problems can be identified, performing basic lubrication tasks to keep the machine running as designed and ensuring all fastenings are tight. The inspection will be expanded with checklists and look, listen and feel inspections while the machine is running, to find out abnormal conditions eg. too hot, too loud or excessive vibration. Basic repairs are needed to bring the equipment back to as nearly new as possible.

This would include belt, filter and minor part replacement. Then they would assist the engineers with more advanced work.

BY SIMON NORTHCOTT

Further transfer between the functions occurs as maintenance tasks are allocated as the operator skills increase. Faster transfer can occur by recruiting technically qualified operators and the achievement of Technician status is more rapid; usually desired by the operators as this should bring a status change, with the associated rewards!

BENEFITS

The early detection of potential failures is attributed as the main benefit of AM. The Operator is the obvious person to conduct this as he is closest to the process. This should reduce the frequency of failures, reducing quality defects, machine downtime and maintenance costs and increasing machine efficiency.

The obvious reduction in wastes such as minor stoppages, speed losses, setup time, cleaning time, lubrication usage etc can be easily measured. The intangible benefits will include increased; ownership, satisfaction and morale, freeing up operator potential and teamwork between production and engineering. There will also be improved data accuracy and speed of response to issues. The engineers are then freed up to focus on more technical issues and apply their knowledge to equipment failures and finding solutions to more complex problems.

AM is more applicable in environments which are highly capital intensive and where there is considerable operator interaction with their equipment.

Simon Northcott is a manufacturing consultant based in Nanjing, specialising in change leadership and empowerment.

Operation Smile China Celebrates 20 Years of Creating Smiles

Each year, nearly 35,000 children in China are born with cleft lips, cleft palates or another debilitating facial deformity. Thousands of children are still waiting for surgery that can take as little as 45 minutes and will transform their life forever - and you can help.

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Operation Smile China is currently conducting over 20 medical missions across China to give free surgeries for over 2,000 children in need. Consider supporting their work and giving a child the chance to lead a normal life and smile for the first time



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Julia Jorgenson, Program Development Coordinator:

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NX ABOUT TOWN

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Nanjing International Club Welcome BBQ - 7th September @ Nanjing International School













Mahatma Gandhi once said, "There is more to life than simply increasina its speed".

We do not realise how true that is until our body starts to send us signals which we cant always recognise.

Almost half of the world's population suffer from Chronic Fatigue Syndrome (CFS), the condition where a person feels tired almost constantly, sometimes even after sleeping or resting.

Some doctors actually consider this syndrome as a disease, while others believe it is nothing but a psychological problem best treated on the sofa.

From first being classified in 1987, CFS became considered as a diagnosis when in 1990 American doctors recorded more than 100,000 people (80 percent of whom were women) with the symptoms. Now, more and more people turn to doctors with complaints of fatigue, decreased performance and depression.

At first a CFS sufferer may think that it is not a problem and that they can fix

it with a weekend of rest or taking a vacation. The concern arises after the holiday when they still do not feel better. After a few days of work they again feel tired and lethargic. This is the alarm to which one should stop and ask. "Do I have CES?"

CFS arises not only from physical exertion, but also the emotional. An overloaded nervous system, trying to keep the rest of the body from breaking down, goes into emergency mode, whereby it appears lethoraic, irritable and susceptible to sicknesses.

Symptoms of chronic fatigue are extensive enough, but the first cause for concern is tiredness that persists even after rest. CFS sufferers may also experience delayed motor coordination, frequent depression, discomfort, muscle aches. memory loss, pain in the chest and throat, dizziness and excitability. They may also be tormented by headaches. insomnia and pain in the joints and spine. People who smoke will go overboard, and some may consume more alcohol, which in their opinion, relieves fatigue. On the contrary; it makes it worse.

If you suspect that you have chronic fatique syndrome, it is best to try to handle it on your own. So how do you cope with chronic fatigue at home, while its not too serious?

Give vour body a rest: try to sleep more. In the evening do not do housework: better to go and enjoy a favourite pastime. Most importantly, do not blame yourself for what you did not have time to do during day; it is not as important as vour health.

Finally, before bedtime, ventilate the room well as it will help you sleep.

Sometimes people who have to cope with fatigue begin to consume gallons of coffee or even worse, become hooked on various energy drinks or pills. One way or the other, the body will still eventually crash. Instead, lie down or snooze for 20-30 minutes. Make it a habit to do exercise or voaa; they are both good for coping with physical and emotional fatigue.

On weekends do what vou like but turn off business phones. Get together with friends, go on a picnic, go skiing with the family, watch your favourite movie or pick up that book you have always wanted to read. Do whatever you like, and let all that business wait until Monday.

Take care of yourself!!





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THENANJINGER







Restaurant Review Henry's Home
By Shahnaz Mouhamou

 \blacksquare Although Nanjing has become home to a growing collection of western restaurants, it has yet to be a niche of comfort for those of us relishing in the cultural experience that China has to offer, yet simultaneously yearning for the comfort of "home". Henry's Home manages to seize a spot on this continuum. Although it is a little far from the hustle and bustle of downtown Nanjing, this quaint and cozy restaurant, established in 1992 and revamped a mere two months ago, is located in the new development near Olympic Centre that is Fuchunijang Dong lie. a small yet vibrant street now home to several foreign-themed restaurants and bars. Henry's Home has two-floors, two private rooms and a small romantic nook sheltered by beautiful drapery. One is greeted by English-speaking and attentive staff, our favourite being Mickey. The menu is picture-less and consists of a fusion of Italian and North American dishes.

From the range that we sampled, three left a lasting impression. Prawn Seafood Salad, priced at ¥68, with its freshness and ample serving of shellfish adorned with a light and delectable dressing, will make you eager to come back for more. Fan of ribs? Try their signature dish, Henry's Pork Ribs. As a self-proclaimed connoisseur of ribs, you won't regret indulging in these mouth-watering and heartily smoked-ribs, marinated in their

home-made BBO recibe and adorned with a side of home fries. Priced on the higher end at ± 148 .

If you are still eager to burn a hole in your wallet, an overpriced 500g Australian T-Bone goes for ¥480. Other steaks are in the ¥168-288 range and mains average out at ¥65. While the Tiramisu was only disguised as such, the chief disappointment was the order of service. Everything was served too quickly and with no particular order, which left us with little room on the table and little time to appreciate a warm meal. But that is the half-expected cultural glitch that will hopefully be addressed. Nevertheless it is the eagerness and passion displayed by Shanghainese Chef loey for fresh food and international flavours that should keep this menu exciting.

Henry's Home is located at 82 - 2 Fuchunjian Dong Jie. Tel: 58577088 建邺区奥体富春江东街82-2号 ₩

Restaurant / Shop Review Ciao Italia / Peppe's By Parsley Li

Giuseppe Parisi opened his own Ciao Italia Nanjing restaurant in 2006 after working for several other Chinese operated Italian restaurants since the turn of the century. As the then only true Italian restaurant in the city, it quickly won the favour of the local expat community, business and holiday travellers from all over and became increasingly popular with Chinese batrons for its authentic cuisine.

The menu and selection is vast so in this review I will just focus on pizza, as Giuseppe's hometown Napoli is the birthplace of pizza. The master chef therefore has no difficulty in serving up 30 varieties of pizzas with variations of sauce and toppings.



One of the major attractions of Ciao Italia is its décor and ambience, having just been renovated. The kitchen area is kept immaculately clean and can be easily observed by the patrons walking though the entrance into the restaurant. As you enter the restaurant you will be struck by its impressive but unpretentious classic continental décor. The dining area has seating for 120 people and a row of six delicate European-style chandeliers light up the whole restaurant. The crisp white ceiling and lightly toned crème wallpaper perfectly match the vanilla color of the table cloth and brown velvet chairs, not only creating a comfortable and relaxing visual effect but also a homely feeling.

In the years that the restaurant has opened, many patrons have asked where they can buy ingredients to cook Italian at home. In response Giuseppe has last month opened Peppe's, a

store which stocks a wide selection of imported Italian food, including pasta, chianti wine and condiments such as rucola and basil

Whether looking for an authentic meal or somewhere to relax for a while drinking a famous Moretti Italian beer, Ciao Italia is the kind of all rounder that makes it a good choice for everything from a quiet meal alone to a big company dinner.

Ciao Italia and Peppe's are located at 193 Shigu Lu (behind the Sheraton) Tel: 86608807 石鼓路193号 🚺



As we Too often we watch a movie just to find that the best scenes were already in the trailer. Luckily, The Heat is one of the few exemptions. While the short clip makes believe you are up for a light-hearted, silly female cop comedy à la Police Academy, the actual movie turns out to be a lot deeper with a multitude of messages.

It shows two women facing the problems of being female in a male-dominated job and the extreme characters they have become in order to cope with gender prejudice. Furthermore, it reminds you of the power and value of female friendship in a touching, not tacky way.

The Heat is a highly entertaining film because it draws on a number of contrasts. It really makes you think about gender issues of today while including some seriously funny physical comedy. It speaks for itself that my mother-in-law, who knows next to no English, was laughing hard at the comedy scenes without subtitles. On top of the seriousness and the fun, there is also a whodunit element, as the cops are outsmarted by a mole throughout the movie. That's what I call a full package movie.

Secondly, its main characters could not be more different. Sandra Bullock and Melissa McCarthy make a brilliant team of opposites. Bullock does a great job as the neurotic, by-the-book know-it-all while McCarthy memes the don't-give-a-damn bad girl, taking her far, far away from sweet cook Sookie of the Girlmore Girls era. As we know opposites attract and the two initial rivals go on to learn from each other and find out they have more in common than they thought.

The female theme has been incorporated into every last detail of the movie, including a truly brilliant soundtrack featuring strong tunes by women rappers that make you shake your body to the beat even in your cinema seat.

The only slight irritation is that both of the actresses seem to have been chosen on the base that they have played almost identical roles in previous movies. Bullock's Miss Undercover comes to mind, while McCarthy's girl with an attitude could already be laughed at in Bridesmaids, whose director Paul Feig curiously enough is also responsible for The Heat. It speaks for him that his style has evolved from raw, at times disgusting comedy to something more thoughtful and meaningful.

So, if the trailer initially put you off of watching the movie, I would urge you to rethink. You could be missing out on a seriously good time. \blacksquare







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Museums

Nanjing Massacre Museum

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86612230 / 86610931

Hours: Tue - Sun from 8:30 to 16:30

Located on a former execution ground and mass burial place of the Nanjing Massacre. Admission is

Raha House 拉贝坎昆

1 Xiaofengiao, Guangzhou Lu 小粉桥1문

Tuesday - Sunday from 8:30 to 16:30

The former home of the German Industrialist who saved thousands of Naniing people in 1937 during which time the house served as a refugee shelter.

Nanjing Brocade Museum

南京云锦博物馆

240 Chating Dong Jie 茶亭东街240号

86518580 Hours: 8:30am - 5:00pm

Visitors can observe professionals working on wooden looms making the finest brocade on earth. Hand made and machine made fabric plus finished items also available for purchase.

City Wall Museum 南京明城垣史博物馆

8 Jiefang Men 解放门8号

83608359

Long-gone city gates, maps and a full-scale model of the walled city Cantions in Chinese

Naniing Municipal Museum (Chaotian Palace) 南京市捕物馆

Mochou Lu 南京市白下区莫愁路朝天宫内

World class museum presenting ancient pottery and earthenware, calligraphy, clothing, jade, golden huddahs and so on

Naniing Science Museum 南京科技馆

9 Zijinghua Lu, Yuhua District

雨花台区紫荆花路9号

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Qingliangshan Park 清凉山公园

Guangzhou Lu, near Huju Lu

A guiet park, once home to Chinese artists, that offers calligraphy and stone museums, as well as an art gallery and pottery studio open to the public.

7ixia I ake 紫霞湖

A mountain fed lake in which you can swim. Exercise with care; a number of deaths occur each year as a result of cramp brought on by cold currents flowing into the lake from deep inside the mountain.

Mochou Lake Park 莫愁湖公园

35 Hanzhongmen Da Jie

汉中门大街35号

Home to the annual Dragon Boat Race, and great for boating or a walk in a peaceful environment.

Jiuhuashan Park 九华山公园

Beijing Dong Lu 北京东路

Climb to the top of the park to visit the temple and pagoda. A great way to get on the city wall for a scenic spot with gorgeous views of the city.

Xuanwu Lake Park 玄武湖公园

Xuanwu Xiang 玄武巷1号

Trails for walking, biking and running, with playgrounds, gardens, restaurants plus boats and tandem bikes for rent.

Pearl Spring Resort 南京珍珠泉风景区

Zhenzhu Lu, Pukou district 浦口区珍珠路

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21 Huju Bei Lu 虎踞北路21号

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www.hopefulhearts.info

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2 Jianning Lu

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9 Wangjinshi (off Changjiang Lu)

玄武区长江路网巾市9号 Dagiao Bei Lu (beside North bus station)

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Jiangsu Art Gallery 汀苏省美术馆 266 Changiiang Lu 长江路266号 84506780

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Exhibition of Chinese contemporary art

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Shanghai's premier online grocery store for safe, high quality, delicious food delivered to your door. Frequent deliveries to Nanjing.

Nanjing Bakery

www.nanjingbakery.com

Home made cakes, ready to bake pizzas, lasagna etc. plus a range of items such as pasta, butter, cheese, sauces and spices.

Metro 麦德龙

288 Ningli Lu 宁溧路288号 300 Jianning Lu 下关区建宁路300号 Wide selection of foreign foods.

Carrefour 家乐福

235 Zhongshan Dong Lu

中山东路235号

84658588

Hypermarché with five stores in Naniing.



Times Grocery

表뚇十

48 Yunnan Lu 云南路48号

83685530

Compact yet its location breeds popularity: wide selection of imported but sometimes pricy food.

Auchan 欧出

151 Hanzhongmen Da Jie 汉中门大街151号(近纪念馆东路) 86555568

Another French hypermarché with three stores in Naniing

BHG Market

B2, Aqua City, 1 Jiankang Lu 健康路1号水游城地下2层 66985066 / 66985068 B1, Deji Plaza, Zhongshan Lu 德基二期地下1层 91 Matai Jie

马台街91号 68675666 / 68675699

Features a very large stock of imported goods plus fresh organic fruit and veg.

RT Mart 金润发

39 Danfeng Jie

玄武区丹凤街39号(近北京东路)

83358788 / 83356077

Chinese supermarket with a decent foreign food section and three outlets in Nanjing.

Yaohan City Market

南京八佰伴

Phoenix International Bookmall, 1 Hunan Lu 湖南路1号凤凰国际

Foreign food supermarket.

GSAB 新源宝

6-1C16 Block 6 Taiwan Product City, Hexi Dajie 河西大街台湾名品城6馆6-1C16号

52360050

Limited selection of imported items from Taiwan difficult to find elsewhere.

Organic Food 有机食品

Available in many supermarkets and big Chinese food markets, but need to ask staff. Organic foods can be ordered online from http://shop.njaf.gov.cn.

Sports

Decathlon 迪卡侬

866 Yingtian Xi Lu (same building as Auchan) 应天西路866号

84218420

286 Ningli Lu (next to Metro) 宁溧路286号 (麦德龙对面)

52401018

French sports megastore chain that also stocks informal-wear shoes in sizes up to 48.

Jinxianghe Rd 进香河路

The outdoor store street in Nanjing; shops for biking, hiking, backpacks, equipment and apparel for outdoors.

Wine Outlets

Aussino Cellar 富隆酒窖

Room 109, 198 Zhongshan Dong Lu 南京市中山东路198号109室 84679799 www.aussino.net



Eminence Cellar

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Area B. F1. New City Mall. 99 Caochangmen Da Jie 草场门大街99号新城市购物中心负一楼B区 86265959

Foreign Language Bookstores

Foreign Language Bookstore

外文书店

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Yinhua Bookstores

新华书店

56 Zhongshan Dong Lu (near Hongwu Lu) 新街口店白下区中山东路56号(近洪武路) 86645151 54 Hunan Lu (near Matai Jie) 鼓楼区湖南路54号(马台街口) 83374645

Phoenix International Book Mall

凤凰属际土城 1 Hunan Lu 83657000 / 83657111

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86519991

Emergency Number: 13805174397

www.globaldoctor.com.au

Australian medical company offering primary and occupational healthcare plus emergency assistance. Multilingual staff: EN/IT/JP/PT/ES/KO/CN.



Nanjing International SOS Clinic

南京国际(SOS)紧急救援诊所 1F, Grand Metropark Hotel Nanjing,

319 East Zhongshan Lu

中山东路319号维景国际酒店1楼

84802842 (by appt.) Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Alarm Center: 010 6462 9100

www.internationalsos.com

Western doctors and public pharmacy. Service listed in English & Chinese. Multilingual staff: EN/ CN/JP/DF

Health Examination Center

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2F. Outpatient dept. of NJUTCM, 282 Hanzhong Lu 汉中路282号南京中医药大学门诊部二楼 86646068

www.joinmi.com

English speaking staff, diagnosis by imported advanced medical technology and treatment by Traditional Chinese Medicine. 100% non-invasive.

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52345328 / 84456805
Health checks for work permit / visa applications.

Gulou Hospital 鼓楼医院

321 Zhongshan Lu 中山路321号 83304616

The major trauma hospital (24 hr).

Nanjing Children's Hospital

南京市儿童医院

72 Guangzhou Lu 广州路72号 83117500

Jiangsu People's Hospital 江苏省人民医院 300 Guangzhou Lu 广州路300号

300 Guangzhou Lu 厂州路30 83718836

The major western medicine hospital.

Yifena Super Druastore 益丰大药房

159 Hanzhong Lu (west of JS hopsital of TCM) 汉中路159号(省中医院往西30米) 86795111-825 8am-9pm

English speaking staff.

Jiangsu Provincial Hospital of TCM

江苏省中医院

155 Hanzhong Lu 汉中路155号

86617141
The major Chinese medicine hospital.

Nanjing Maternity and Child Healthcare Hospital

南京市妇幼保健院

123 Tianfei Xiang 天妃巷123号

84460777

The major maternity hospital in Nanjing.

BEN-Q Hospital 明基医院

71 Hexi Da Jie 河西大街71号

58807810

Another popular choice for expats, BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors.

Nanjing Union Dental Clinic

南京友联齿科

1F, Grand Metropark Hotel Nanjing, 319 Zhongshan Dong Lu 中山东路319号维景国际酒店一层 84818891 / 8480888-6555 dentist@unjondental.cn

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nanjing_lufthansa@dlh.de

Lukou Airport Int'l Check-in Service - Rm 417

Transportation

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1. East square, Nanjing Railway Station, 221 Longpan Zhong Lu 南京火车站 龙蟠中路221号 6am-8.30pm, every 30 mins.

2. Nanjing Zhonghua Men Station, 508 Yingtian Da Jie 南京中华门车站 应天大街508号 6am-9.00pm, every 20 mins.

Nanjing Train Station

南京火车站

141 Longpan Lu

新庄龙蟠路141号

85822222 (enquiry)

85824224 (tickets)

Nanjing South Train Station

南京南站

Shuanglong Dadao / Yunan Lu

雨花台区双龙大道玉兰路

52414183

Principal stop on the Shanghai to Beijing high speed train line.

Nanjing Lukou International Airport

南京禄口机场

Lukou Town, Jiangning District

968890 / 52480499

Nanjing Coach

南京长徐汽车站

Coach timetable/ticket enquiry 96196.

Nanjing Zhonghuamen Coach Terminal

南京中华门长途汽车总站 508 Yingtian Da Jie 应天大街508号

Nanjing North-Central Coach Terminal

南京中北长途客运中心

160 Huahongcun

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秦淮区红花村160号

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Dan Clarke

www.lets-get-happy.com

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Simon Northcott

simon3northcott@gmail.com

A manufacturing consultant based in Nanjing, specialising in change leadership, problem solving and empowerment.

Faith Houses

Nanjing International Christian Fellowship

Ramada Hotel, 45 Zhongshan Bei Lu 南京中山路45号 南京华美达恰华酒店

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KuanEumHui Korean Buddhist Club

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1703, Building 2, Fuli Shanzhuang

宮丽山庄3栋1703室

Service: 11:00am Shigulu Catholic Church

石鼓路天主教堂

112 Shigu Lu 石鼓路112号

84706863 Korean service: Sat 4.30pm

English/Chinese Service: Sun 4.30pm

The Church of Jesus Christ of Latter Day Saints

Yuhua Jingli Hotel, 8 Xiaohang Yaojiaao

雨花区小行尤家凹8号南京雨花晶丽酒店 Mormon service on Sundays at 10am. Foreign passport holders only.

Pets



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www.phrejphotos.com

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Nanjing Art Academy Concert Hall

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15 Huju Lu 虎踞北路15号 83498249

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Xinjiang restaurant popular with expats; spicy noodles, potatoes, vegetable, chicken and lamb dishes accompanied by dance performances.

Silk Road Moslem Restaurant

丝绸之路穆斯林餐厅 260 Guangzhou Lu 广州路260号 83705680

Some stay away, since it is not obvious that Silk Road has an English menu, with photos to boot. Signature dish boiled lamb chop and homemade yoghurt with

raisins are among the must-trys in a colourfully decorated environment accompanied by Uigur music.

letanhul Turkich Cafe

食正坊咖啡店 200 Shandhai Lu ├海路209号 83300030

A range of Turkish and Vietnamese food, including Turkish "pizza", kebabs, wraps, freshly made voghurt, and some desserts. All food is halal. No smoking section available.

Pho Saigon

全禾泰容斤

2F, Huanya Plaza, 33 Shigu Lu 白下区石鼓路33号环亚广场2楼

84465722

Popular fare includes Vietnamese style noodles (pho) and others such as vegetarian dishes and seafood as well as the standard beef, pork, chicken and duck selections. Mains range from ¥26-50.

Indian Cuisine



Nanjing Ganesh Indian Restaurant

南京甘尼仕印度餐厅

3 Kunlun Lu 南京玄武区昆仑路3号

85860955 www.ganeshchina.com

The unlikely combination of Indian food and jazz music that nevertheless has stood the test of time in both Suzhou and Wuxi. Fabulous decoration in a great location by the city wall at Xuanwu Lake.



Himalaya-Nepalese & Indian Restaurant

喜马拉雅尼泊尔印度餐厅

193 Shigu Lu (behind the Sheraton) 石鼓路193号

8666 1828

Himalaya is a very popular restaurant serving a variety of Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves.



Masala Kitchen

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A05, No 12 Xian Yin Bei Lu, Xianlin 南京市栖霞区仙隐北路12号亚东商业广场A05

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All you can eat and drink special offer includes sushi, sashimi, sake, beer, and everything on the menu. Two more locations in 1912 and near to Xuanwu Gate

Korean Cuisine

Fudefang 福德坊

6 Taoguxincun, Hankou Lu 汉口路陶谷新村6号 83312091

Ke Jia Fu 可家福

38 Nanyingyangying (near Ninghai Lu) 鼓楼区南阴阳营38号(近宁海路) 83314283

Vegetarian

The Green Field - Vegetarian Restaurant 绿野香踪素食馆

1F Zhengyang Building, 56 Yudao Jie 御道街56号正阳大厦一楼

6661 9222

A wide selection of creative dishes and plenty of fresh vegetables along with special drinks and teas.

Pure Lotus 静心莲

1 Section C, Shuimuqinhuai, 99 Shitoucheng Lu 石头城路99号水木秦淮C区1号 83752306

Lvliuju (Living by Green Willow)

绿柳居素菜馆 248 Taiping Nan Lu (near Changfu Jie) 太平南路248号1-2楼(近常府街) 86643644

Western Bars & Restaurants



Studio 21 Grill Restaurant 藤美

193 Shigu Lu (behind the Sheraton) 石鼓路193号(石鼓湾美食休闲街区) 86795269 / 13072525212

Genuine European flavours, grilled meat, seafood specialties and well renowned home made desserts; all in an elegant and relaxing atmosphere. Special Set Lunch Menu with prices from ¥40 and specials for students and teachers, plus live music every Friday and Saturday during dinner.



Flement Fresh

南克新元表経尸

1F, Nanjing IST Mall, 100 Zhongshan Lu 中山路100号艾尚天地购物中心一层 85656003

www.elementfresh.com

Born from an expat's passion for food, the multiaward winning Element Fresh first opened its doors in Shanghai in 2002. Since then the chain has expanded to Beijing and Guangzhou and now Naniing!



193 Shigu Road (inside Sunglow Bay near the Sheraton)

万劼路193是

86792599

www.iimmysni.com

The place to be for live and recorded sports, while enjoying American style pizza, BBQ steaks, burgers, hotdogs, tacos and more, accompanied by a large selection of draft and bottled beers and more than 50 different kinds of single malt whisky and bourbon



Secco Restaurant and Bar

喜客西餐厅. 132 Changhong Lu

长虹路132号

83370679

In its reincarnation. Secco is back in a new location sited in a former warehouse



Jack's Place

杰克地方西餐厅

422. Dongcheng Hui Shopping Mall. Xianlin 文苑路与学思路交叉口东城汇4楼422 85807866

35 Wang Fu Da Jie

王府大街35号

84206485

160 Shanghai Lu

南京 上海路160号

83323616

Humble yet honest, Jack's Place has tellingly been around Naniing for around 15 years, serving up Italian favourites popular with expats and locals alike.



Tribeca New York Bar & Grill

双贝卡

1 Zhonghua Lu 中华路1号

400-891-9998

Taking two years to decorate, now the good times are rolling with true American dining amid an impressive array of sport, movie and music memorabilia.



Les 5 Sens

乐尚西餐厅 52-1 Hankou Lu

汉口路52-1, 靠近南京大学

83595859

A surprisingly inexpensive French restaurant serving homemade traditional French dishes (set menu and à la carte available) for lunch and dinner in a friendly atmosphere. Many dishes cost less than ¥50.



Behind the Wall

答案墨西哥餐厅

150 Shanghai Road (in Nanxiu Cun)

上海路150号,在南秀村

83915630

One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, with perhaps the finest terrace in the city. Live musical performances go well with strong sangria and beer.



Florentina

2-107. 83 Shanghai Lu

(near the Wutaishan North bus station, at the entrance of the allev leading to Jasmine Youth

上海路83号2栋107 (靠近五台山北站汽车站, 青年 施針的井子口)

3-101, 22 Nanyinyangying (in the lane opposite Behind the Wall on the other side of Shanghai Lu) 南阴阳营22号3栋101 (答案西餐厅&酒吧对面的巷 子, 在上海路另一边)

18602560788

Over 100 craft beers waiting for you to try!



Medi Mediterranean Bar & Food

地中海**察**厅洒吧

Jinyin Jie, 158 Shanghai Lu

上海路58号--金银街

13584006102

Outdoor seating and signature cocktails, made utilizing specially imported ingredients. Small bar inside makes for a good location for a "randazvous"



Henry's Home

享利之家

82-2 Fuchunjiang Dong Jie 建邺区奥体富春江东街82-2号

58577088

20 years experience in serving up western meals; specialties include steaks, fajitas, pizza and organic salads

Selección Española

57 Zhongshan Dong Lu (Exit 7 from Xinjiekou metro station)

中山东路57号

Serves up home-made classic Spanish dishes such as Tortilla de patata con alioli. Pisto con huevo frito and Paellas. When not hosting Spanish themed birthday parties the second floor shows four days a week a selection of films and documentaries. Closed on Mondays.



Danny's Irish Restaurant & Pub

丹尼,爱尔兰餐厅&酒吧

4F, Sheraton Nanjing,

169 Hangzhong Lu

汉中路169号金丝利酒店4楼

86668888 Ext. 7775

Quality hotel dinners plus the usual selection of beer and liquor in addition to being a good place to sit and chat. Live music performances and TV sport. Open from 6 pm.



Blue Sky Expat Bar & Grill

蓝滷两餐厅

77 Shanghai Lu 上海路77号

86639197

www.the-bluesky.com

bluesky.aussie@gmail.com

One of the original expat bars to open in Naniing. serving burgers, pizzas, Aussie meat pies and Bundaburg Rum (Bundy). There are also weekly and monthly pool competitions and weekend openings at 10.30am.



La Cantina

南京米凯列酒业有限公司

#2-7 East Nantai Xiang (off Wangfu Da Jie)

南台巷东2-7号

58787665 / 13813842543

Italian wine complimented by snacks, antipasti, pasta and pizza that create a great place to unwind after a day in the city.

Tonv Music Bar

南京托尼酒吧

6 Jinxianghe Lu

进香河路6号

84068176

Hangout that captures an elusive quality in the often indefinable persona that makes one feel immediately at home amid new surroundings and completely as one with total strangers.

Nail Jazz Rar

钉子吧

10 Luolang Xiang (200m south of the Sheraton) 罗廊巷10号, 离金丝利酒店200米

8653 2244

A relaxed bar that offers a wide variety of imported beers, stage and foosball table.



Ellens Bar 艾伦酒吧

132-3 Guangzhou Lu 广州路132-3号

83641119

75 Dingija Qiao

丁家桥75号 58825052

37 Hunan Lu 湖南路37号

83641118

Laid back and relaxed atmosphere plus food & drinks at great value prices make this a favourite amongst the student crowd.



Eminence Cellar

香松洒窖

Inside Wutaishan (oposite to Jin Inn), Guanzhou Lu 广州路,五台山体育场

66012088

High quality western restaurant offering organic food, breads baked on-site, cigar bar and wine cellar.



Finnegans Wake

芬尼根爱尔兰酒吧餐厅

6 Cinnalane

中山南路升州路(原中北汽车站)熙南里街区6号 52207362

www.finneganswake.com.cn

Guinness and Kilkenny on tap, a selection of classic Irish and Scotch malt whiskies plus a carefully prepared selection of traditional Irish dishes.

61 House

陆拾壹号餐厅

61 Hankou Xi Lu

汉口路61号

83205979 / 13851434386

Former bomb shelter that is now a significant stop on the live music circuit in China for international unsigned bands.



La Table de Mr. Eiffel

巴黎盛宴

83 Guangzhou Lu, near Qingliangshan Park 广州路83号, 靠近清凉山公园

Authentic French cuisine and an extensive list of French wines by the glass. Located in an old Chinese garden house with an outside terrace.



Potato Bistro

马铃薯

5*301 Kangqiao Sheng Fei, 9 Wenfan Road, Xianlin University Area 仙林大学城文苑路9号

85791293

A bistro based on green, organic, fresh foods and authentic tastes within a quiet environment. A 150 square metre outdoor BBQ balcony is also available.

Vanilla Skv

委首于安

4-4 Taoguxincun, off Shanghai Road

上海路陶谷新村4-4号

Pizzas, pastas, steaks and salads at reasonable rices with a cozy atmosphere that keeps many customers coming back.



Bellini Italian Bar & Restaurant

贝丽妮意式餐厅

12 Nanxiucun 南秀村12号

52888857

1-106 9 Wenfan Lu Xianlin

仙林大学城文范路9号1-106室

85791577

Stylish and elegant yet easy in which to relax. Utilising ingredients specially sourced, many dishes and drinks are unique in Nanjing. Reservations are advised.

Boston Chips

波士顿炸番天

New City Mall. Hexi

河西新城市广场

Boardwalk food, such as hotdogs, tater tots, mashed potatoes, onion rings, and chicken fillets, including BBQ and Caiun styles. Two other locations in Naniing.



Myth Bar

谜吧

60-6 Jiangsu Lu 江苏路60-6

83307877

Up-scale drinking and entertainment centre. Featuring live music, an Italian DJ, pool table and draught beers. Myth also features regular parties. that draw large numbers of foreign patrons.



Blue Marlin

蓝枪鱼音乐餐厅

8 Changjiang Hou Jie, 1912

南京市玄武区长江后街8号1912酒吧街 84537376 Liyuan Zhong Lu, Jiangning (near Baijia Lake) 利源中路 (百家湖附近)

523932890

Yadong Plaza, 12 Xianyin Bei Lu

仙隐北路12号 亚东广场

One of the more established hangouts offering quality drinks plus German and European dishes. Happy hour from 4-7pm.

1850

注越在化

7F, Nanjing International Center, 201

Zhongyang Lu

中央路201号南京国际广场7楼

87785177

Nanjing's French-Vietnamese restaurant offers exquisitely presented dishes amid somewhat garish decor, prepared by a local chef with many years of experience abroad.



Cosima

可西玛

120 Shanghai Lu (near to Hankou Lu)

上海路120号

83337576

Famous for being the smallest restaurant in the city, serving Spanish items that include tapas and pizza. Outdoor seating expands the capacity of the restaurant considerably!



Talking, Talking 2, Talking 3, Talking 5 对话西餐厅

Room 101, 9 Pei De Li, Ninghai Lu

宁海路培德里9号栋101室

83200844

Jinyin Street

金银街

83333060

Offers a surprisingly large variety of beers and liquors as well as a good selection of food. Very nonular with the student crowd, both Chinese and foreian.

Don Quixote

台士河渔怒厅&洒啊

39 Chenaxian Street.

off Zhuijang Lu

珠江路成贤街39号

83350517

This pub doubles as a Spanish restaurant offering a variety of cuisine. After the kitchen closes, a live hand comes on unstairs. Downstairs, there is a large screen plasma TV and video games.



Sancho Panza

到堂吉诃德

173 Guangzhou Lu, Wutaishan Stadium North gate (take the stairs to the right) 广州路173号, 五台山体育场北大门内

(无为高尔夫球场两侧台阶上)

A two floor bar featuring live music, pool, food and quality eats plus a fully-stocked bar.



Ciao Italia

你好音大利

193-2 Shigu Lu (outside Sunglow Bay near the Sheraton) 石鼓路193-2号

Ciao Italia's master chef Giuseppe serves over 140 authentic Italian specialties, including 30 varieties of pizza that are considered some of Nanjing's best.



Pisa Pizza

比萨斜塔意式西餐厅

81-8 Shanghai Road

上海路81-8号

Pisa Pizza has a reputation for offering up the finest pizza in the city, straight from the wood fired

Gourmet Village

81-2 Shanghai Lu 上海路81-2号 87776422

Serving up a decent slab of sophistication, Gourmet Village is also a deli with a reasonable range of imported spices and herbs, mustard and pasta plus jams, marmalades, cheeses, sausages and much more.



Friends

老友记意式西餐酒吧

6 Taoguxincun, Hankou Lu 汉口路陶谷新村4-2号

86617101

The extension of your own dining room (if you live in a chic Greek style tavern) that serves up pizza, pasta plus various snacks and appetizers.



Country Road

约翰・丹佛

20-1 Nanxiucun 南秀村20-1号

87776422

With pasta, pizza, steak, coffee, wine, music and books, Country Road is both popular and elegant.

Nightclubs

MAZZO

玛索国际俱乐部 1912 Nightlife district 南京市1912时尚休闲街区

84631912

One of the preferred clubs for the foreign community in Nanjing that plays contemporary electronica.

Club TNT

潮人会所

2-1 Changiang Hou Jie

南京市长江后街2-1号

84401199

A big name in the Chinese nightclub industry, with clubs in Naniing, Chongging and Hefei, Expect to see big name DJs from abroad on a regular basis. at no expense spared!

8-3 Changiiang Hou Jie 南京市长江后街8-3号 83780808

With more of the latest in over-the-top nightclub entertainment. Enzo also has access to many of the hig names in entertainment, for example Paul Oakenfold played on 9th May 2013

Bakery & Café



Skyways

云中食品店 160 Shanghai Road 上海路160号

83317103

A18. Yadong Commercial Plaza, 12 Xianvin Bei Lu 仙隐北路12号 亚东广场A18室

Breads, made-to-order sandwiches, cakes, chocolates, desserts, plus a fair selection of imported deli items such as cheese and salami.



Sculpting in Time Café

雕刻时光咖啡馆

2F, 47 Hankou Lu 汉口路47号2楼

83597180

32 Dashiba Jie (Confucius Temple East Gate)

秦淮区大石坝街32号(夫子庙东门)

A pleasant coffee house atmosphere, along with brunch, cocktail hours, film screenings, a variety of Western food, plus widely known brownies. Balcony at the Confucious temple branch offers romantic night time views over the Qinhuai.



3 Coffee

3号咖啡馆

82-1 Shanghai Lu

上海路82-1号

83244617 / 83311505

Upper floor library has art, design and photography books and magazines. Balcony affords a nice view of Shanghai Lu



Fish Tank Coffee

鱼缸咖啡小馆 Cinna Lane, 400 Zhongshan Nan Lu

中山南路400号 熙南里街区

High-quality coffee beans, freshly sterilized milk, as well as a variety of delicately created special drinks.

Maan Coffee

1 Qingjiang Lu (Beside Tianshui Binjinag Graden) 清江路1号天水滨江花园

85872858

Koren chain serving waffles, salads and a variety of all day breakfast options that go down well amid decor in which cement and glass walls are iuxtaposed with antique armchairs and lanterns dangling from tree branches.



Godot's Home

戈多的店咖啡馆

23 Nanxiucun, off Shanghai Lu

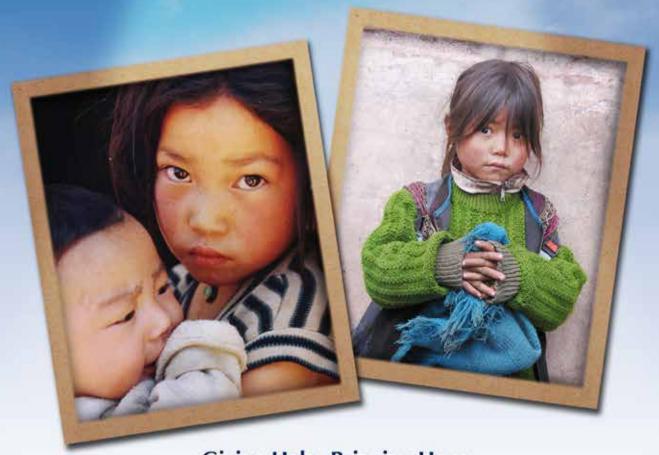
南秀村23号 86637484

A beautifully designed, relaxed café serving a great range of coffee, tea and food in a cozy atmosphere. Opening hours/days are somewhat haphazard.





Operation Blessing China 慈福行动

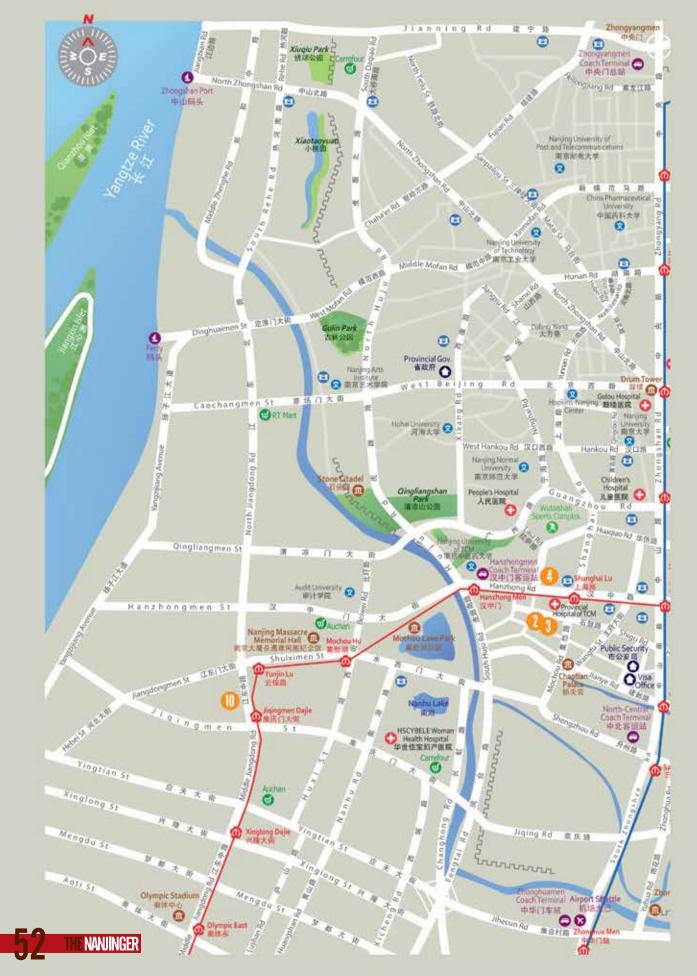


Giving Help, Bringing Hope 给予帮助 带来希望

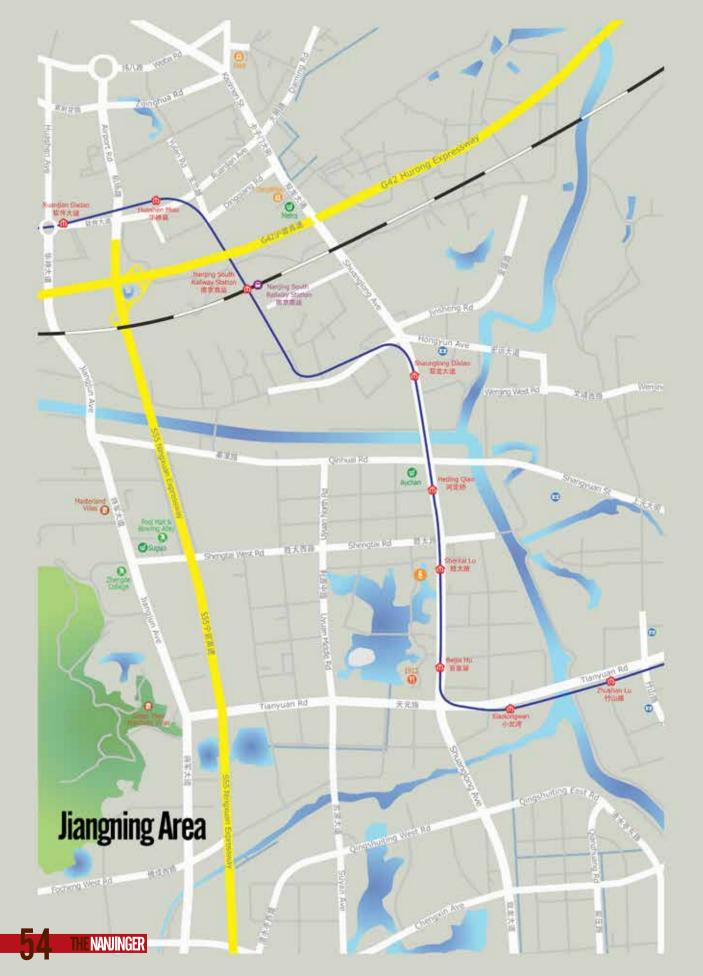
Operation Blessing China initiates transformation in the lives of the needy and impoverished communities.
慈福行动的使命是努力帮助中国贫困群体实现生活全面改变。

Tel: 86-10-6466-9296 / Email: info@obchina.org

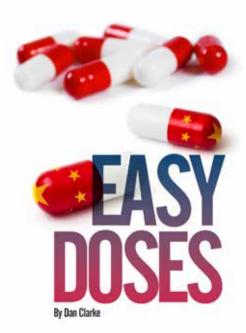
www.obchina.org











New Experiences

This month I joined two different groups here in Nanjing; one group involves doing some standup entertainment at bars around the city, the other group is for mentoring Chinese business people who want to deal with westerners and network.

Now, I am comfortable speaking in front of people, but that has always been for teaching, so trying to be funny without teaching something is going to be difficult. Mentoring is not so difficult, as I work as a life coach and home business advisor, but this is still strange for me, as I mostly deal with people who are at lower end jobs that want to improve their careers, as opposed to business people.

Neither of these groups is exactly going to put me at ease, at least at first, so why am I putting myself into these situations?

Because I want to gain the experience

Gaining experience; that's why most of us are here in China. We want to learn and experience a different culture; we knew coming over that things could be difficult, frustrating and even scary. But where many expats mess up is that once they are over here, they get comfortable and stop trying to get new experiences. They find some nice restaurants, favourite bars, best places to shop, and new foods they like. Once they have their system set up, they stop really trying anything new. They will visit different cities, but they stick to the typical tourist stuff and again do not try very new things.

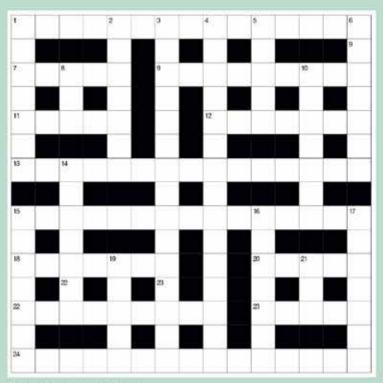
I did this for the first few years I was in Nanjing. At first I had been all over Nanjing, but eventually I would go to work, to Shanghai Lu, Xinjiekou, and Xuanwumen, because that's where I was comfortable. I had become scared to leave my comfort zone.

Eventually, sheer boredom built up and I realized this was not the life I wanted. Since I am married I could not just travel to another city, where I would eventually fall into the same pattern. So I tried different things. I quit my teaching job and set up my own business, and now that that is going well, I am joining groups that five years ago, even two years ago I would not have even considered joining.

And you know what, I'm having fun. Sometimes it's scary, nerve wracking, and frustrating, a lot like when I first came to China. You know what? That's exciting.

If you have been in the city for a while, look around and see if you are just doing the same comfortable things over and over again. If you're new here, make sure to keep looking around for new experiences, new things to explore to avoid ending up bored and playing video games in your dorm all night. Once you get past the initial fear, you'll love it.

The Nanjinger Cryptic Crossword



Closing date: 31st September, 2013 Solution revealed after the closing date on the Nanjing Expat website





Across >

15 Some ususmal mas occupate for this annual publication (7)

Win a weekend for two at Nanjing Novotel East

Official Sponsor

Novotel Hotels

Novotel Nanjing East Suning Galaxy is located in the Xuzhuang Software Park on the East Side of Nanjing and next to the Nanjing Hi-Tech and Industrial Park. The Zhongshan International Golf Resort 27 hole course designed by Gary Player is situated just Sminutes away. This hotel is close to Purple Mountain Observatory, Ming Xiaoling Mausoleum, and Xuan Wu Lake Park. Local attractions also include Dr. Sun Yat-Sen Mausoleum and Nanjing City Wall.

Two nights BnB fortwo



How to enter

The prize shall be award each month to the most completed crossword we receive, be that the whole grid or just one completed clue! So what are you waiting for?!

Email your answers (a photo of your completed grid is also acceptable) to:- nanjingercrossword@sinoconnexion.com In the event of a tie, one winner shall be chosen at random.

NANJING EAST SLINING GALAXY



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