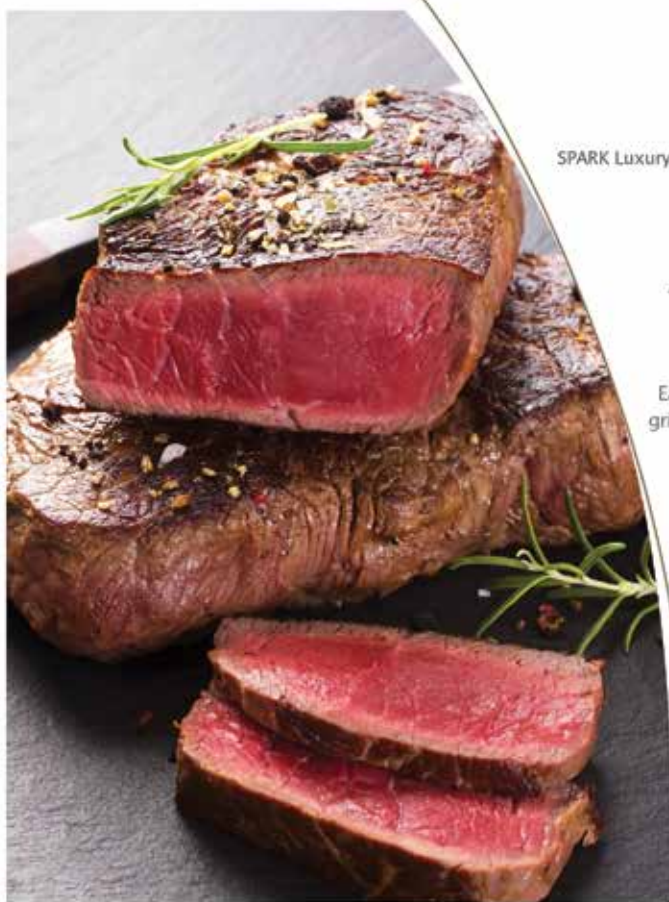


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Boondocks

It is that time when we must say farewell to not insignificant numbers of readers who have made Nanjing their home for some time. As the schools wind up for the summer so many a contract in the work place also comes to its end. Before you hit Duty Free, read of the surprises that awaited regular contributor Melissa Morgernstern when she moved back to the United States.

Time for tea! Green tea to be precise. And what better time to introduce a new regular column; Strainer, than the perfect time of year for sipping on that particular brew synonymous with China. Matthew Stedman joins us from this issue on.

So to our theme. The Nanjinger's cover photo for this issue, expertly taken by regular contributor and backpacker extraordinaire Mr. Nooz Phlannel, captures the very essence of rural China.

For as we discover herein, that essence is a complex recipe; one of rural vs. urban, tradition vs. modernity, past vs. present, education vs. heritage.

Welcome to rural from The Nanjinger. We also have our July break planned, so hopefully, see you back here in August!

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Letter Of The Month

Hello Nanjinger,

What really gets my goat in Nanjing are the trash cans. Or lack of.

Sometimes there seem to be lots around, but they're randomly labelled something like "recycling" and "non-recycling" with trash overflowing onto the sidewalk. But mostly, in Nanjing you can only find a trash can every mile or two.

But yes, I love all these wonderful new roads in Nanjing. I just don't want to spoil them by littering on them.

Jack L.R. Miller

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"Rural"

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Introducing some of our contributors, writers and editors

Contributing editor Ken Ellingwood is a former foreign and national correspondent for the Los Angeles Times and author of *Hard Line: Life and Death on the U.S.-Mexico Border*. He teaches writing at Nanjing University.

特约编辑Ken Ellingwood之前是《洛杉矶时报》的国内外通讯记者，同时也是“死亡地带”的作者：描述美国与墨西哥边境的生存与死亡。他目前在南京大学教写作。

Principal Deputy Editor Laura Helen Schmitt holds a masters in International Multimedia Journalism from Newcastle University in the UK and is fluent in English, German and Mandarin.

首席副编辑Laura Helen Schmitt毕业于英国纽卡斯尔大学，硕士专业为国际多媒体新闻学，她精通英语，德语与中文，三种语言。

Nick McBride is a strength and conditioning coach originally from the UK. A former athletic director, he specializes in coaching young athletes and is now Head Coach for the Xianlin Warriors. In his spare time, he obsesses about Newcastle United Football Club.

Nick McBride是一位来自英国的体能教练。他曾经是一位经验丰富的体育指导员，他目前作为Xianlin Warriors的主教练，专注于训练年轻运动员。他及其热爱纽卡斯尔联足球俱乐部。

Rick Staff is from the UK and has 20 years cumulative experience as a wine trader, taster, and writer and was editor of 'Superplonk', the UK's popular wine guide, prior to moving to Nanjing in 2008.

Rick Staff来自英国，有着二十年丰富经验的葡萄酒商人、品酒师、作家，并且是《Superplonk》的撰写者，英国很受欢迎的葡萄酒鉴赏家，于2008年移居南京。

Dan Clarke keeps busy with two home businesses based out of Nanjing; one which helps people learn how to start a home business or work online, and another in which he works as a ghost writer.

Dan Clarke在南京拥有两个居家企业，他给客户提供开居家企业在线工作咨询，同时为影子写手。

Ronald Paredes is the personification of his motto "mediocrity is a disease we fight every day". The multi-talented designer's work appears in the design industry's annual definitive overview of the state of art in web design, "Web Design Index by Content - Volume 5"

泉源本人即是他的座右铭“平庸是一种疾病，我们每天都要与之抗争”的现实化身。作为一位优秀的设计师，他才能丰富创意无限。其网页设计作品还被收入在了代表网页设计艺术成就的权威性行业年鉴内。《网页设计艺术指南一第五册》

Our Editor-in-chief and Music Critic, Frank Hossack, has been a radio host and producer for the past 30 years, the past 20 of which working in media in China, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

贺福是我们杂志的编辑和音乐评论员，在过去的30年里一直从事电台主持和电台制片的工作。在中国有近20年的媒体工作经验。工作期间他曾经四次获得过纽约传媒艺术节大奖，分别是世界前40强节目奖，最佳编辑奖，最佳导演奖以及最佳文化艺术奖。

Food Safety

As a result of numerous food-related scandals, a new bill will come into force on 1st June, 2014, highlighting the liability of food companies and local governments, and strengthen the role of the public in ensuring food safety. Herein the most important changes contained in the new regulations.

(i) Interested Parties

Excessive bureaucracy hampers the current system; AQSIQ (General Administration of Quality Supervision, Inspection and Quarantine), SAIF (State Administration for Industry and Commerce) and CFDA (China Food and Drug Administration) control the food production, the circulation and the catering service respectively. In order to avoid inefficiency and bureaucracy, the new regulation confers to the CFDA the power of managing the entire food supply chain and related control procedures.

(ii) Licenses

Nowadays, an entrepreneur wanting to produce food in China needs three licenses; a production license, circulation license and catering service license. According to the new system, only one license will be necessary, the "Food Production and Operation License". The only exception concerns food additives operators; to avoid illegal use of additives, producers need a special license to operate in addition to the license for production.

(iii) Responsibility

Food scandals are caused mainly by lack of expertise in food production, hence companies in the food industry will in future need food safety management staff, equipped with a nationally recognized qualification, to prevent the possibility of sabotage and ensure the necessary knowledge among operators.

The new law further provides for the creation of a national system for monitoring future scandals and the storage of food to allow consumer access to information as to the quality of product.

(iv) Categories of food

Eight categories of food will be subject to food supervision procedures; infant formula, infant food, dairy products, meat products, Chinese liquor, beverages and edible vegetable oil.

(v) Ensuring Babies' Safety


In response to a scandal in 2008, the new regulation requires baby formula manufacturers in China to file a record of ingredients, formulae and labels with provincial FDAs and bans manufacturing by Original Equipment Manufacturers and sub-packaging of milk powder imported in large containers for retail.

(vi) Online Purchase

Chinese consumers make extensive use of Internet portals dedicated to the sale of consumer goods, including food. In order to ensure the safety of fresh alimentary products purchased online, famous online trading platforms will need obtain a Food Production and Operation License. Furthermore, in the case of a violation of food safety law they should undertake joint liability with the responsibility to first compensate affected consumers.

(vii) Penalties

The lowest compensation for damaging consumers' rights will be ¥1,000 while the highest fine will be 30 times that of the revenue generated by illegal activities. The responsible party will be placed under arrest, and grave cases will be subject to criminal proceedings. Those sentenced for producing or selling unsafe food will be banned from the food sector. The government will also introduce awards for those who report incidents of counterfeit food.

The draft shows the importance of the traceability of food products; it aims to reassure consumers that food comes from licensed manufacturers and that in the event of damage caused by counterfeit foods citizens receive reasonable compensation. In addition, the prediction of an archive of food scandals will prevent them from happening again in the future. The provision of a reward for those who report misconduct should help to raise public awareness about the importance of food safety. 

Disclaimer

This article is intended solely for informational purposes and does not constitute legal advice. Although the information in this article was obtained from reliable official sources, no guarantee is made with regard to its accuracy and completeness.

PROGRESS CATCHING

UP CHANGING THE RURAL LANDSCAPE IN THE 21ST CENTURY

BY LAURA HELEN SCHMITT AND EMILY WALZ

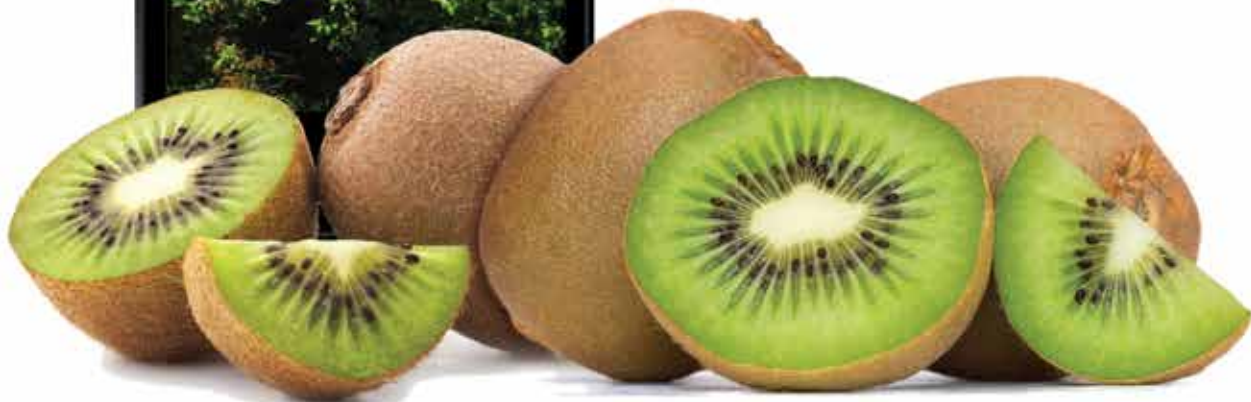


■ **Mr.** Yang from Gaoyu city stands in the middle of his crop and whips out his phone; the communication device quickly scans the farmland Yang is standing on and tells him that he has been using the wrong formula to fertilize his soil and therefore has been forced to use twice the necessary amount.

What sounds like a scene from a Star Trek episode (admit it, subconsciously you were waiting for Spock to appear out of nowhere) is now reality. In a move that sees China's "primitive" countryside benefitting from technological progress and catching up in the smart phone race, the Ministry of Agriculture for China has recently approved said app, developed by the Yangzhou Soil and Fertilizer Extension Service. Through analyzing the quality of the farmland the software can calculate the exact formula to achieve the best results with a minimal amount of fertilizer, naming the detailed percentages of nitrogen, phosphate and potash to be included in the mix.

The arrival of the mobile age in the Yangzhou countryside is welcomed by progressive farmers such as Yang. "It will help us not only reduce the costs, but also, according to their report, increase the yield," he told news outlet JS China.

The Yangzhou periphery is one of the region's kiwi production bases. A large gate marks the entrance to Yang's Kiwifruit Science Research Institute, founded in 1991.



The heir to the operation returned from university in New Zealand bringing with him a host of modern knowledge and international experience. As a biologist, fluent in the language of windbreaks and soil acidity, science is integral to kiwi growing. He is among the youngest present on site; the workers turning over dirt in the fields where the vines lay dormant are of an older generation.

Things are not stagnant in the kiwi world. The Yang company's research involves establishing better growing techniques, using experimental bases in different regions across China to determine which varieties are best suited to each environment, and cultivating new strains. The Yang kiwi empire has even expanded to include a worker's cooperative in Henan province. Xixia Yang's Lewanjia Kiwifruit Cooperative has grown to more than 200 households in the few years since its founding in 2008, and aims to help farmers apply new techniques and achieve better yields.

Even closer to home, about half an hour's drive from the city centre of Nanjing, sits a countryside jewel. Amid rubble and uncontrollable weed suddenly appears a gate the likes of which would have impressed the sun king, Louis XIV, himself. A venture inside is even more impressive; a European style villa sits at the top of a slope overlooking a horse range specked with a luxurious Baroque fountain. Next to the villa lies a swimming pool with spring water so clean you can drink it as the owner of the land, Wu Shuli, tells us. While the property belongs to the former soldier, given to him by the government in recognition of his march around China, the decadent villa cum ornaments do not.

They were built by a wealthy Taiwanese friend of Wu's on the condition that the horse range remain for Wu's son to practice. Said young boy is Wu Qun, today one of China's national equestrian champions. Meanwhile, the Taiwanese friend left after construction for his luxury retreat began in 2000 and was never to be seen again.

While it is the mega-rich that now enjoy constructing luxuriant classical Western architecture out in the countryside as a locale for respite from hectic city life, chances are these domiciles are but one of many. While in this particular case it is the rural population in form of Wu

and his son who were lucky enough to be on the receiving end of what is essentially an act of face, more often than not the splendid edifices sit unused somewhere in the countryside waiting to be marveled at from afar by unsuspecting passers-by.

What these three examples illustrate, is that progress catches up with all of us eventually; even the Chinese countryside, often described in a derogatory fashion as "lagging behind" (落后) by city dwellers, is not immune to modernization and change. Yet, amid a rush to introduce technological advancements and nouveau-riche luxury, something far more important might be lost. As it stands, many places of natural beauty for which China is famous, find themselves on the brink of extinction.

On a trip to Yunnan province, an unsuspecting group of travellers including myself suddenly found ourselves in Yuanyang, a tiny county in one of the most Southern parts of the country. The area is famous for its rice terraces, for which it was crowned as a world heritage site only last year. However, it is exactly these rice terraces that face a dire future according to the head of one of the local villages.

Due to the extensive gap between the countryside and urban areas in China, starting from salaries and ending with living standards, and in a reversal of Mao's policies, there has been a considerable and steadily increasing rush from the countryside to the cities. Rural youth, eager for better prospects, are abandoning their birthplaces in favour of hubs such as Beijing, Shanghai or Nanjing; an exodus of knowledge.

As a result only the older generations of Chinese farmers understand the complex practices involved in manually shaping the hills creating the necessary level layers to grow rice, which otherwise could never have been grown in such hilly regions as southern Yunnan. With younger Chinese being entirely disinterested in learning the art of maintaining rice paddies, once the current generation of farmers dies out, so will this stunning piece of cultural heritage.

Jiangsu province is no different. The Duotian agricultural system in Xinghua city is unique to this area of China and is seen as living fossil of ancient farming practices

at home and abroad. It is a complex water system, on the surface of which rapeseed is grown. One can travel around the area by boat and enjoy the spectacular view of endless yellow fields growing out of the water. In one of the world's most traditional farming practices, generations of farmers have been keeping the mud islands within the large water system from eroding by regularly adding fresh mud. Yet, as in Yuanyang, the farmers' children would rather chase their dreams of big money in Nanjing, than commit to a lifetime of "lowly work".

Many scholars all over the country are now warning against the impending danger of losing these pieces of landscape art forever. "Agriculture is the foundation of social development. Traditional family farming practices should be repositioned at the centre of agricultural, environmental and social policies," said Li Wenhua, chairman of the GIAHS Steering Committee of the UN Food and Agricultural Organization, in a keynote speech on 8th April during the first conference of the East Asia Research Association for Agricultural Heritage Systems. Li further appealed to his audience for worldwide cooperation in an attempt to save these ancient Chinese land-scaping practices.

To this end, Xinghua Duotian is currently lined up as contender for the title of Globally Important Agricultural Heritage Systems (GIAHS), in a bid to seek international support for the conservation and protection of this ancient farming practice.

Domestically, the government has also been eager to spring into action; in May 2013, a list of 19 sites, including the Xinghua Duotian agricultural system, were listed as Chinese Important Agricultural Heritage Systems. One can muse that the main reason for protecting areas such as Duotian probably lie more along the lines of the loss faced by the tourism industry in case of their disappearance, rather than the preservation of culture. Then again, any ulterior motives are welcome, if they help the cause.

What the current initiatives show clearly is a promising tendency and rise in awareness that with all modernization and improved living standards currently transforming the countryside, it is essential not to forget the basics on which all progress is built. **NJ**

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FROM FARM TO KILN

RURAL CHINA 1949 - 1979

By Frank Hossack



A trip into rural China will more often than not, see one lamenting the rubbish cast at the roadside, rivers the colour of we-would-rather-not-imagine and children playing with obviously toxic substances amid buildings likely to collapse at any second. Yet this would be to (as is so easy in China) over generalise the true situation.

That China acknowledges it has a serious environmental problem is nothing new. The smog that we witness on an almost daily basis is not only a result of accelerated development of its cities, it is also a hangover from actions taken almost forty years ago to clean up the urban environment in the aftermath of the country's admission that such deterioration had in fact been ongoing since 1949.

Parallels remains; the foundations for today's ongoing industrialization of the Chinese rural interior were also laid during the early decades of the People's Republic.

The newly created united state drew the world's attention not only for its very being, but also for the course of radical rural collectivization undertaken by Mao beginning in 1949 that was to last for three decades. Land reform and creation of collective farms were pursued vigorously to raise rural living standards. At the same time, the price for staples, cotton and other agricultural outputs were kept artificially low to extract a profit that could be used as the source of capital for industrialization.

Even the once in a decade census in China (the most recent in 2010) cannot be sure; yet villages in China, or Village Level Divisions as they are often described, possibly number as many as one million, each with a population of between 500 and 1,000. They are the ramshackle points at which two roads cross with an influence that spreads far beyond their modest constructs; as far as one can go until under the administrative jurisdiction of the next village, in some cases a few kilometres; in others, a few hundred (via a number of mountains).

Few things have had so great an influence on the China of today as the land reform of the late 1940s and early 1950s. By their decree, the Central Committee of the Communist Party sent out teams of workers to every village in the Republic to administer the land reform policy. Through lofty goals such as to redistribute land from wealthier families or land-owning trusts to poorer segments of the population, villages' families earned for themselves one of four classifications; landlords, rich peasants, middle peasants, or poor peasants.

As recently as 1980, these broad (and as it turned out hereditary) categorisations were still considered when one went to apply for admission to the armed forces, colleges, universities, and local government.

“Backyard” steel on the other hand, was another “innovative” creation of the time that created much economic growth while also sowing the seeds for much of the polluted conditions from which we suffer today. While the early post-1949 period saw increases in agricultural mechanisation, electrification and irrigation, by the time the late 1950s came around they were still a far cry from Beijing's Utopia.

To avoid having to import heavy and expensive machinery, a well documented experiment in Hunan province established in the order of 25,000 communes, each comprising approximately 5,000 households, with the goal of industrialisation by the use of abundant cheap labour.

As something of a poster child for the Great Leap Forward campaign of 1958 to 1961; while such attempts to accelerate collectivisation dramatically increased the pace of industrial production throughout the country, particularly in rural areas; it was thought that China's steel production could surpass that of some “developed” western countries. It didn't.


Even within PRC herself, the Great Leap Forward is now widely seen as a major economic disaster. Sometimes also

referred to, albeit in rather more hushed tones, as the Great Leap Famine, for many ordinary people in rural areas it was manifested through extreme shortages of food, as farm was forsaken for kiln. Damages caused by policy failures were merely then exacerbated by poverty and ignorance. The average rural resident, with little understanding of science or experience in handling industrial wastes, understandably cared more about their financial income than about long-term damage to health or the environment.

Policy failures are one thing; the long-term vision of the Chinese government of the time was another altogether. From the outset, the most populous country on Earth knew where it was going, and how it was going to get there.

The rural industrial policies of the 1950s and '60s were inspired by a long-term strategy to expose tradition-bound rural folk to the industrial workplace and its practices, to bring the factories closer to their source of supply (and, eventually, to the ultimate consumers of their products, i.e. other rural folk), and to absorb the not inconsiderable surplus manpower of the rural economy. It is a rhetoric that sounds very familiar today.

While further goals included raising the standard of living in rural areas and narrowing the urban-rural divide, what is more often forgotten is that the major overbearing driver behind rural development policies was to enhance self-reliance and national defence by making each region of the country self-sufficient and capable of hosting the national command and launching war efforts in case of occupation or destruction. The cold war was raging elsewhere, and China was not going to get caught out.

So when the powers that be spout forth today about land reform (as each successive leadership in China does, particularly at the start of their helmsmanship), it is worth remembering that its significance is derived from historical context. Were rural land allocated in a different way over the past half century, it is very possible that the China of today would be facing a completely different set of environmental challenges. After all, it takes longer to clean up a mess than to make one. 



Chicken Universities

By Andrew Sigley

For rural students, finding out their gaokao result, China's feared and revered college entrance exam, can be a life changing moment. Those lucky enough to score high-marks are able to grab a place at one of China's top state-run universities. Sometimes free, often heavily subsidised, and always cheaper than private colleges, these places offer students an opportunity of a brighter future, away from the poverty that blights rural areas of China. Those that do not make the cut are forced to fork out the cash to attend one of China's growing list of for-profit higher education colleges.

Since the expansion and commercialisation of the sector in 1997, these colleges offer vocational courses at a price. Often not degrees in the traditional sense, they consist of diplomas in practical skills allowing those who graduate the opportunity to undertake white collar work in the city.

Or at least that is the dream; but as the chances of heading to a top university decrease and the number of questionable colleges increases, rural Chinese are realising that risking it all for an education is less of a way out of poverty than a cause of it.

China prides itself of its meritocratic educational system. Yet as rural education continues to suffer from underfunding, poor resources, and a lack of qualified teachers, it is unsurprising that rural students struggle to grab one of China's top university places when in direct competition with their comparatively better educated urban counterparts. Tsinghua University, one of China's highest ranked universities, has, according to The Economist, seen its intake of rural students drop considerably from around 50 percent of incoming freshman in the 1960s to around 17 percent in 2010 (some of which can nevertheless be attributed to urban sprawl).

Universities also continue to set strict quotas on the number of students from different provinces, with additional places available for students who live in the same province or municipality as the university, further limiting the opportunities of those students based in the more rural west.

While state-run universities do operate in more remote provincial cities, their variable quality and the high demand for places from urban residents means rural students even struggle to secure a place within their own province.

Despite the difficulty of entering university, rural families are still desperate to help their children get out of the countryside and into a prosperous career in the city. Without access to state funded institutions it leaves rural families with little option but to go private. And while many institutions do provide high quality education, considerable demand in the sector makes it hard to efficiently regulate, with new colleges springing up every week. A growing problem has been the emergence of “Wild Chicken Universities” (野鸡大学). These colleges with deceptively similar names to well known, or seemingly legitimate institutions, are often neither accredited nor licensed to accept students. They tend to focus less on providing high quality education and more on printing diplomas and making some serious profit.



Recruiters from these colleges tour rural villages to drum up trade. Showing seemingly fancy Powerpoint presentations containing doctored images of well-stocked computer labs, packed libraries and smiling students, they hold large open discourses espousing the need for children to be “city ready” with skills in areas such as IT and finance.

While using images found on Baidu for leaflets is nothing new in China, too often these images are taken at face-value by rural residents, not street-wise to the tricks and scams of the city.


As a consequence, many unwittingly fall for the scam. Recruiters prey on both rural people’s poverty and trusting attitudes; many seeing these would-be institutions as a lifeline to a better, more prosperous future.

As families struggle to pay costly tuition fees usually close to ¥10,000 a year, some find themselves selling homes, borrowing money from neighbours and bartering livestock in an attempt to raise the cash. Too often the investment does not pay off, even if the college was legitimate and the diploma hard earned. The reality is that qualifications from average schools, coupled with confidence and ambition are not enough to secure a well-paid job in the city.

In fact, far too many graduates end up earning a salary that will barely cover their most basic cost of living; paying off any debt owed to family and friends is becoming increasingly difficult.

Offering worthless diplomas has become a lucrative business and one that is deeply damaging for rural families. Poor regulation, little inspection, and negligible action against those who operate outside of the system has led to questionable business practices within the private college sector. Add to that sub-standard secondary and primary education in China’s villages and increased competition after graduation and even those with qualifications from more reputable institutions often find it hard to find work in the city, having no choice but to return to the countryside saddled with debt and a sense of worthlessness.



Without a fundamental overhaul of the country’s entire education system, this vicious cycle of educational inequality leaves no room of escape, freezing out the rural population from upward mobility and increasing the urban-rural gap. 

Meet Danny



This tiny tike was only 1kg when he came to the Nanjing Butterfly Home. He was born with a very serious condition. His doctors and his nurses did not believe that he would survive more than a few days. Danny had a different opinion! In only 2 weeks he has doubled his weight. Look at him raising his fists in defiance. His ays are so proud of his strength and his appetite. Our nurse says you can set your clock by his feeding schedule - he wakes every 3 hours exactly and cries loudly for his formula. Danny, we raise our arms with you and cheer you on!



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GREEN VEGETABLES & GARLIC



INGREDIENTS

1 bunch of green vegetables
3 cloves of crushed garlic
1 teaspoon salt
2 tablespoons water

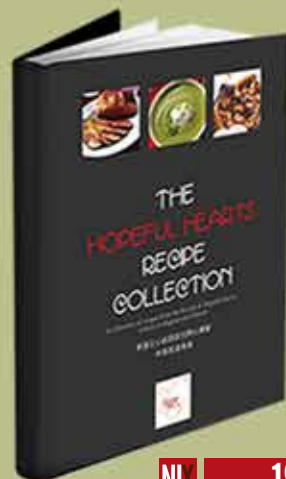
You can use all sorts of green vegetables such as bok choy, spinach, snow peas, broccoli.

DIRECTIONS

1. Heat wok, add oil and heat oil.
2. Add garlic, salt, and greens: stir-fry about 1 minute.
3. Add water, stir-fry till cooked—about 2 minutes.

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(see next page)



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3. 加水, 炒至熟, 大约2分钟。



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NANJING USER'S GUIDE



IN ASSOCIATION WITH
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WHAT'S ON THE TELLY?

Craving a bit of English TV? There are several outlets which can provide you with the latest western films and shows. Herein a few of the most accessible ways of accessing that TV you miss so much.

Chinese Cable

Most internet providers also offer packages involving a mobile phone and a TV connection. The TV package will consist of over a hundred channels. Most channels will be almost entirely in Chinese, with a few dedicated English channels. There are in addition sports channels that will often show live English, Spanish, Italian and German top-tier football league games, as well as European games. An on-demand feature is also available, whereby you can choose programmes or films to watch at your leisure. Here, you will also normally find a wide range of English films and television shows.

Satellite TV packages

There are companies who can install satellite TV packages, which will provide you with practically all English speaking channels including BBC World, CNN International, National Geographic, Discovery, HBO and many movie and sports channels. This will come at a premium compared to the cost of Chinese TV, and prices depend on the exact package you choose.

Online

There are many online portals for watching all your new TV shows. On Youku.com and Tudou.com you will be able to stream many American and European shows and films. For higher video quality you can download the funshion.com video player, and watch many popular western shows almost as soon as they are released.

Cinemas

There is now a large selection of cinemas in Nanjing showing English movies every week, while there are also IMAX cinemas in Xinjiekou, Jiangning and Jianye which all have 3D capabilities. You can normally obtain large discounts by booking these online or using various Apps. China normally releases Western movies a little later than in the West, but most big blockbusters will make it over here within a month or so of their original release. There is a list updated weekly of what is currently showing published on the Nanjing Expat website.





By Matthew Stedman

New Tea: Getting the best of, and the best out, of Greens

■ At this point in the year, as picking is underway in fields very close to Nanjing, green tea should be the tea on our minds. June marks the season's peak and Qingming Festival; 5th April this year, its beginning. You can pay silly money for tea picked and processed before that date, yet pre-Ming tea does not necessarily have a distinctive taste; buying and giving it is often more about face.

However, freshness after picking is a very real issue. Pu Er tea, famously, can improve with age (though most real examples, being 'cooked' or artificially aged, won't actually benefit further). Red (black) tea can last for years if correctly stored. And many unsold oolongs can be re-roasted and returned to their bags. Not so for greens.

Green tea demands freshness. The difference between this year's green tea and even a well stored, i.e. airtight and refrigerated, example from last year will be obvious. A year is basically the lifetime of green tea leaves.

Therefore this tealeaf did not catch on in Europe; even the fastest tea clippers were not fast enough to get it from plant to cup intact. Even today, few outside China know its true taste. If green tea is internationally popular again, it is not because of flavour; rather stale examples of Chun Mee (珍眉) or Gunpowder (珠茶), too coarse for the Chinese palate, are the ones selling so vigorously in the west in January, a.k.a detox season.


In China, summer is the time for sipping hot green tea. You read correctly, a hot drink in hot weather! In T.C.M. terms, green tea is inherently cooling. The hotter the water, the greater the cooling effect. We might say that hotter water gives a stronger infusion in terms of taste by accentuating the less-sweet aspects of the flavour, and caffeine by helping rouse the brain from that hot weather muddle. Do not mock it until you have tried it.

That is not to say that scalding green tea will bring out the most rewarding flavour. Western connoisseurs have been at least as quick as Chinese to recognise the value of steeping at lower temperatures. I would add that this is as true of later infusions as the first; the term infusion describing the addition of water to the leaves.

The most famous of Jiangsu's teas, Biluochun (碧螺春), is among those to benefit most from gentle temperatures (less than 70 degrees), which is perhaps why it prefers being added to the top of the water, rather than being showered with it.

Our own delicious Nanjing Yuhuacha (雨花茶) has a delightful sweetness when treated with care over four or five infusions: not bad for such spindly, dark-looking leaves!

Do not assume that bright green leaves equal fresh green tea or that the most famous greens will be your favourites; there are countless unique varieties to try.

But from now on, you can at least insist on drinking this year's tea. 

Back on the Chain Gang

By Melissa Morgenstern



A foreigner could make of this world what he wanted. For some it was unimaginable wealth one had in the local economy, for others the success with women. [Some even] came to China as modern ascetics; those were the respectful ones who donned the shabby clothes of the scholar and disappeared into rented rooms in the hutongs, the back lanes, to learn Chinese. Whatever one's dream picture, China, incessantly indulging Westerners even as it did not fundamentally welcome them, provided the frame.

The trouble was, eventually the dream was over. One woke up."

Nicole Mones, The Last Chinese Chef

Does not dress appropriately for guest visits. Does not get along well with co-workers. Unable to complete pre-established goals. Has received a primary warning. These were statements taken from my initial evaluation for my very first full-time professional position in the United States. Some of you may be guessing that I either hate my job or am completely new to the country, a *laowai* if you will. However, I am a born and raised American citizen, and no, I do not hate my job. What I really am is a recently graduate from a masters program in Nanjing.

I am also right in the midst of recreating a life that blends my Chinese knowledge, habits, and quirks with my American nationality, culture, and home. The melding of my two lives is a continual process. My old life as an expatriate and student of Chinese culture and language continues (thankfully) to be of use in my new profession. However, adjusting to my new surroundings is proving to be far more challenging than expected, including not only completely new lessons but also applying old knowledge in unfamiliar ways.

Yanking Others' Chains

While the communication style of China is regarded as one of the most indirect and hard to crack of all time, the communication styles and methods of expatriates can be just as confusing. While I lived in China, I read, wrote, and studied articles, case studies, and even had first hand experience in Chinese style communication. However, as an expatriate I felt excused from a lot of social and cultural norms that applied quite strictly to a native of China. From missing tones to being honest to the point of no return, I could always fall back on my strange status as a *laowai*. Being a foreigner in China affords many permissions and excuses that do not come with being in one's country of origin.

Once I started my job as a consultant for an international education company, I was confident that my Chinese language skills and cultural understanding would help me float right into comfort. Instead, what I encountered was an entirely different set of social norms and acceptable communication that I was not even aware of to begin with. While Americans tend to be more straightforward than Chinese individuals, I soon found that while being straightforward in the workplace was cathartic, it did not afford me much approval or friends. I had to find a balance between being open about myself to co-workers and treating my position as a strictly professional place of work. The phrase "reverse culture shock" was thrown around by several of my superiors, who even took the time to inform me that the office is an area with a culture of its own that I needed to learn. That was the moment I realized that I could take the lessons I learned from being a foreign traveler and apply them to become a domestic explorer in my own home.

Readjusting My Links

Moving to California from Nanjing has been an adventure in itself. Originally from the Midwest, I have never seen a place so naturally multi-cultural as California. I have been very blessed to find work in a place that embraces individuals with unique backgrounds and a variety of non-traditional skills. However, I have found that there is still room for me to learn about re-immersing myself

into both my natural and new place of residency. Many who return to their home countries after spending a long and enriching time abroad, find that their expectations towards themselves, others, and their surroundings far outreach a realistic timeline of readjustment. One of the biggest misconceptions returning expatriates face is that everyone can benefit from your knowledge in the same way. One of my teachers comically warned me to be selective in bursting out into Chinese. Mr. Xie at China Buffet may not want to or can speak in eloquent Mandarin about Xi Jinping's "China Dream" or how effective Yang Rou Chuan (羊肉串) is for rejuvenating after a long night of reviewing for exams. My experiences have provided me with an overabundance of stories that I love to and can share at the drop of a dime. Over time, I have learned to share my stories carefully and have been able to find groups and audiences that benefit the most from my experiences and expertise.

Another unrealistic expectation that I experienced, while perhaps population specific, does ring true for many studying and/or working in China. As a masters student in China I was comfortable in my role as a researcher and learner, both academically and professionally. As a young professional in the U.S., I not only had to learn a new set of professional skills, but also take the responsibility of learning the culture of a company that is both multi-national and multi-cultural.

I decided to take on these challenges as a student, minus the annoying exams and papers. I saw my supervisors as professors, and my challenges as similar to that of complicated concepts in a lesson plan or textbook. Instead of seeking positive feedback through grades and advisor sessions, I began engrossing myself in the most desirable parts of my work, rewarding myself with a rich social life and pursuing a multitude of hobbies such as community service, language learning, and cooking.

The largest change in my life that I am still coping with is going from international to domestic adventurer. Upon returning to the U.S., I had this unrealistic idea that my days of learning and adventure would not be as astounding or enlightening as my time in China. I have come to face the fact that I am going to be forever "*laowai*"


whether I am in my native or adopted country. This attitude has helped me to overcome the discomfort associated with different situations and individuals I may encounter.

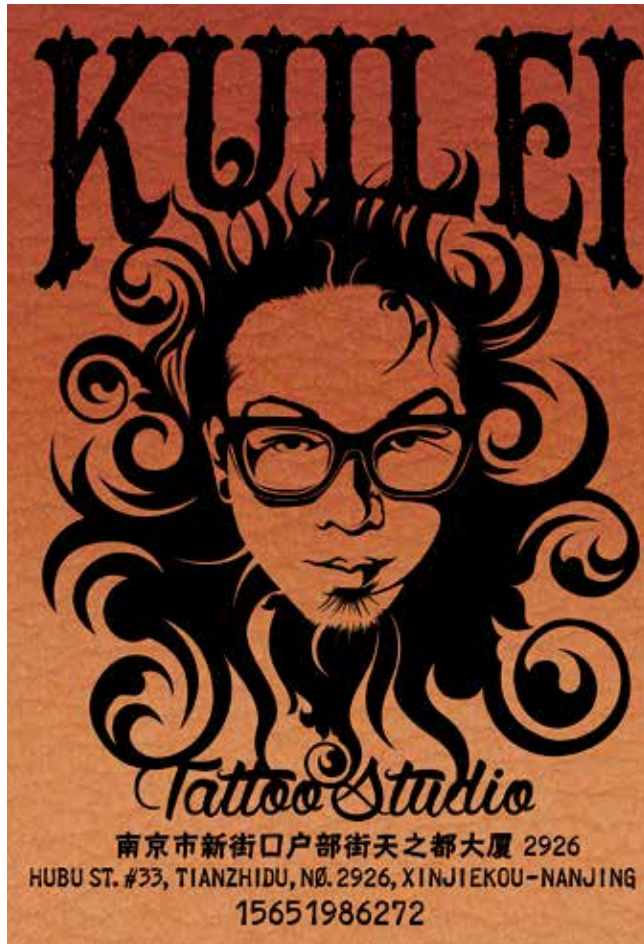
For anyone facing similar issues, try to embrace your “new” surroundings as an adventure and your inner “laowai” for the long run.

Avoiding the Ball and Chain

Some may see the adjustments that are associated with reverse culture shock as insurmountable obstacles. My personal experiences have told me that China will always be a part of me both in terms of the positive and negative. For those returning to their home country and having a hard time readjusting, I suggest giving yourself a huge break in terms of understanding how your roles as a family member, professional, friend, etc. will change. Whether these changes be positive or negative are not completely within our control, however we can surround ourselves with both people and items that will ease us into the unfamiliar position while maintaining connections with our old life. Professionally, it is important to give yourself time to understand your surroundings and be honest with both yourself and your co-workers about the difficulties you are encountering.

If you are coming from an academic background or adventure abroad, taking on your arrival and readjustment as a research project or an assignment on learning about your environment's culture can be helpful. Whether that be through keeping a journal of thoughts and observations or reading about the latest happenings in your new environment, viewing your situation from an unexplored perspective can be very empowering.

Other methods of coping with readjustment difficulties include keeping in touch with your friends from previous adventures and your current life as much as possible, reaching out to support groups for individuals returning from abroad (Project Pengyou, Campfier, and other social networks), and accept that both your loved ones and you have changed, most likely for the better. 



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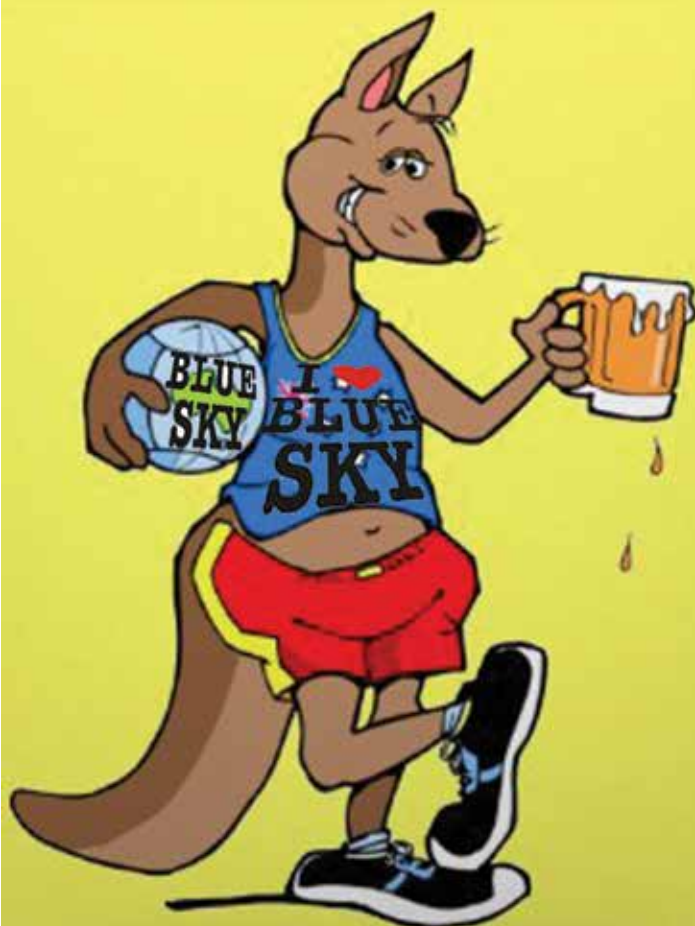


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BATS & BALLS

By Frank Hossack

Of Legs and Lakes; Running in NJ

Rain or shine, even at the height of Nanjing's legendary summer, on any given Thursday evening or Sunday morning, a happy ensemble of folk gather outside Xuanwu Lake Gate and limber up for their run around the scenic spot. This is the Nanjing Runners Group, dating from March last year, and bringing together people in the name of self improvement, while enjoying fresh-air and sunshine.

Leader Britton Taubenfeld sums up the origins; "The group actually sprang up after I decided to quit drinking alcohol and really focus on healthy living for a while. The timing just so happened to coincide with another friend in Nanjing returning from the States after some unhealthy living had sent him to surgery. He decided to train for the Nanjing Triathlon while I trained for a marathon. A quick little post on Hello Nanjing and the rest is kinda history."




The group's membership has expanded to between 30 and 40 people from many different countries; while running they build new friendships, discuss health plus other areas of self improvement, and chat in the various languages. The Nanjing Runners Group is also paving



the way for some running events for locals and expats in Nanjing, no doubt spurred on by a recent charity walk on the city wall. Taubenfeld recounts, "the running group 'running crashed it' by running at the event instead of walking which was really fun, and confusing for those not involved."

Further afield, some members took part in the Wuxi Half Marathon in April while this summer will see members running full marathons in China and India.

Such talk of marathons seems a daunting prospect to many. When this correspondent expresses self doubt at his running potential, Taubenfeld counters, "Only one way to improve, my friend! One step is further than you think you can do, and every move forward is a step closer to your potential! I've seen people think they'll never be able to run for ten minutes straight run for two and half hours without stopping less than a year later. Keep it in mind! And maybe I'll see ya around!"

Whether you are just starting out or planning on a full marathon, everyone is welcome to hit the road with the Nanjing Runners Group! Simply show up on Thursdays at 7pm or Sundays at 9am. Email travelling_dominic@hotmail.com for further info. 



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WINE EXPRESSION

Lovely Bubbly

■ **T**hink Bruce Springsteen raving up Thunder Road but backed by a glockenspiel knocking out a samba; this is the feeling that envelops you upon finding good old chunky Australian Shiraz beset by bubbles. A seemingly incongruous juxtaposition of expectations. But those bubbly notes may interlace and coalesce wonderfully well if given a fair hearing as they traverse the taste buds, as indeed they do with the McGuigan Signature Premium Release Shiraz. Velvety textured red cherries and slivers of dark chocolate flourish among the plentiful froth, and being less acidic and more densely textured than your usual sparklers this is a perfect partner to the richer food fare, such as red meat and gourmet sausages, where the paler wines can rarely hold their own. Throw it in the chiller and it would make sense of anything, even Bruce's grunt rock samba fusion. All this sparkling versatility is available for just ¥79 from Metro (16.5 points).

The classic champagne grape combo comprises Chardonnay, Pinot Noir and Pinot Meunier; it is interesting to note that both Pinots are red skinned grapes, where gentle pressing and absence of skin contact during the fermentation process will ensure a

light gold colour; the Noir providing a touch of gravitas to the proceedings and Meunier lending some softness. Some maceration on the skins will produce a rosé, though more commonly a little still red Pinot Noir is added to the blend (cuvée).

Of course champagne in the right hands has a creamily deep and savoury definition that is hard to surpass elsewhere, but it is also a beautifully orchestrated cachet driven brand and there is plenty of sparkle out there outside of the Champagne demarcation (nothing can be called champagne outside the boundaries of Champagne) that could knock a champenois' offering clean into a cocked chapeau on occasion, especially on price. And those Shiraz bubbles above have a worthy sibling in the McGuigan Signature Premium Release Chardonnay/Pinot Noir. Crisp with tartly green apples resounding under a roof of lean and clean invigoration, this is very zingy stuff, tamed by a near-cold, rather than chilled, serving. A versatile sparkler for all hot weather and celebratory events; take one along with an ice bucket to your local 龙虾 stall (there should be several hillocks of langoustines less than two minutes away from wherever your sitting right now at this time of year), and you can guarantee a good time. Another good fizz-bang for the bucks at ¥79, from Metro (16 points).

Newold wine world (lower floor New City Mall, 99 Caochangmen Da Jie) also have a couple of bubblers which don't explode through the price roof. Again from Oz, the De Bortoli Sparkling Brut (¥138) is one made from 100 percent Chardonnay grapes (Blancs de Blancs in Champagne parlance), a style which typically flies a jib of cleaner cut than the conventional fizz blends, that sails along superbly with some enticing biscuity aromas above the pear and peach along with a trace of ginger, which all make for a lusciously bright and pleasing glassful (16 points). Finishing on a European note with Prosecco, the name for both the grape and DOC region within Veneto in north-east Italy, where the wines are now enjoying a huge surge in popularity, the ever popular Prosecco Zonin (¥148) engages the taste buds with a crisply precise attack of apple, with a hint of almond, encircled by fine and bright bubbles and aromas of white flowers. Lean and clean and suavely tailored, this is a savvy pre-dinner mingler if ever there was one (17 points). **NU**



RETAINING CHINESE EMPLOYEES

PART 2

With Sabine Machwüth

■ **D**ue to the specific characteristics of the professional relationship between employees and employer, as discussed in last month's issue of the Nanjinger, a culture-specific configuration of international companies' HR departments is necessary in China.

Reliance on young talents

Most of the professionals in China above 40 speak poor English, complicating communication and collaboration in multinational teams. Hence, foreign employers prefer young talent aged around 30 to fill key positions. In China, a young workforce is not a disadvantage, since they are very ambitious and willing to learn. If an employer offers the desired prospects, they also commit themselves emotionally.

Supporting progress

A Human Resource development system for high achievers, instead of a selective one linked to demand-orientated support, often provides the basis for Chinese employees to feel comfortable in the company. As a special reward they experience participation in support and development measures overseas, i.e. in Europe. Herein they often see an opportunity for an international career or a ticket to an upper management function.

Managing expectations


One main reason why ambitious young talent changes their employment is the feeling that their career advances too slowly. Therefore, managing the expectations of the candidates to a realistic level from the beginning, i.e. during the selection process of personnel, becomes essential. Otherwise, the cooperation rests on an unsound footing. Moreover, companies should convey the feeling to employees of contributing to something big by integrating young inexperienced workers in major projects, which is important in their eyes.

“Guanxi”

“Guanxi” is a key term in understanding the behaviour of Chinese employees; decisions are influenced by a network of personal relationships developed by association, i.e. because they lived in the same place, attended the same university or worked/are working for the same company. These relationships are based on Confucius philosophy of total reciprocity (“zhi en tu bao”). Hence, Chinese expect from their employer the same emotional bond as from their high school roommate. They will be loyal to their employer, when they feel that the company is seriously attempting to develop them professionally, while the denial of reciprocity is experienced as an unforgivable offence.

This especially concerns the relationship with the direct supervisor. Chinese loyalty depends on the personal relationship with their immediate superior. Therefore, it is not uncommon for the whole team to switch companies with their group manager.

Relationship balance

Chinese pit their professional success against the “Guanxi” system to which they are bound. Therefore, companies should, if they want to promote an employee, make sure of the effect on their direct colleagues. If one team member is promoted, while other team members, who have been working for the company just as long and accomplished comparable results, remain in their current position, the probability is high that the latter will leave as this constitutes a loss of face. Therefore it is important maintain the balance, i.e. through promoting all team members at the same time. To achieve this, positions do not always have to be newly created or occupied, mostly it suffices to give the network partners new Chinese job expressions, while the common English titles remain the same. Frequently in this way the balance is re-established, as long as the social rank of the affected person is raised with the new Chinese title. 

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Off The Beaten Track

Beijing ZHALAN CEMETERY

By Susan Barker and Caroline Shepherd

[Caroline] What, may I ask, brings you here? Perhaps you were influenced by something from the past? Or was it the present opportunities of employment, a “big bucks” work package, driver, luxury compound, international education or language opportunities?

Perhaps, like me, you're influenced by others; like the artist and Jesuit lay brother, Giuseppe Castiglione (1688 – 1766) who arrived in 1715 and passed his life at Court under three emperors (K'ang-hsi, Yung-cheng and Ch'ien-lung). He was considered a subject of the Emperor of China and would never return to Europe. Castiglione (Cast'e'glione), an inspiration of mine, was one of the first to synthesize the traditions and techniques of European painting and those of Chinese painting.

It's an interesting thought; Castiglione left Italy with his belongings packed in a coffin, his coffin more to be exact. Let's get it straight; no flights, no medical insurance, no drivers, no emergency evacuation plans or embassies. I sometimes, mistakenly, think my life is an adventure but in comparison, I am walking an easy road.

If Castiglione gave his life over to Court life then where are his mortal remains to be found? Where are the remains of his fellow brothers, Matteo Ricci (the first foreigner to receive a green card), Johann Adam Schall von Bell or Ferdinand Verbiest? Surely not forgotten.

It was these thoughts, which brought us, one autumn morning to Beijing Administrative College (BAC) in the middle of which is housed the Department of International Co-operation and Exchange who take care of

Zhalan cemetery.



Sited on the edge of a car park and lawned area it is a most unexpectedly tranquil and serene location in a busy city. Here we were to meet Mr. Shen, a magnificent old scholar with a notebook full of stories, historical details and personal experience.



Shen's knowledge of Ricci and his brother Jesuits was wide-ranging and incredible. He had a passion for these men he had never known but who had left their mark on China, while he was also able to tell us of the influence they had and the inventions they brought with them to introduce to China following their arrival in 1582.

Ricci introduced many scientific and mathematic concepts to the Imperial Court. He brought the first clock initiating a collection that lasted for many years and through a number of Emperors together with the first calendar. A special gift was the first hand drawn map with China in the centre of the world, together with a piano, astrological implements, glasses, telescopes, and the first psychology book. Shen told of Ricci's photographic memory and his incredible ability to recognize 9,000 Chinese characters, his development of pinyin and musical compositions.

Then Shen produced an old matt key, that necessary to open up the pad-locked Zhalan Cemetery (also known as the Portuguese Cemetery). There, through this appointment, we viewed the resting places of over 60 individuals, complete with beautiful headstones engraved with over 270 dragons.



Here too reminded of the words of Santayana; "Only the dead see the end". In the ensuing years, the cemetery was destroyed twice.

The first attempt was relatively civil, under the Boxing Rebellion; the tombs were buried intact but saw a more ruthless destructive force during the Cultural Revolution where the headstones were smashed before being buried. It was not until 1976, when Italy sought protection for the cemetery, that the Chinese Leader, Deng Xiaoping signed a document to restore the old cemetery. The scars are still evident, where the tombs have been restored, but the sense of the place has remained present, not forgotten.

Like severe climate patterns, it has taken change for the cemetery to be reinstated. We are unsure if the bones are



in the right places and all the headstones match-up but Matt Ridley's words spring to my mind; "All life is one." (Genome: The Autobiography of a species in 23 chapters, Fourth Estate, 2000). From Marco Polo's visit to Xanadu in 1275, what remains? What will remain of us in another 800 years? (who will trample over our graves?) Is the site perhaps irrelevant? What these brave gentlemen achieved lives on in their faith, learning and technological advancement.

Those working in Nanjing, as experts, can empathise with what has been,

what is being achieved now and wonder at what may occur in the future, during these times of openness and global perspective.

[Sue] It is said that a journey does not end with a destination and neither his journey nor my own ended on arrival. I was thrilled to learn that Ricci had taught in Nanjing and established the first Catholic Church here. To think I had arrived over 400 years after he! He would have been humbled to know that not only was he never forgotten, but that he has such a special place in the history of China. NU



LET'S GET PHYSICAL

By Nick McBride

Crossing it off the list

Well, we made it; the end of the year, or at least the end of the Expat year.

The point where you get on a plane and head out for the long holiday, has become the new 31st December to me.

Like any break, the holidays will bust your fitness and diet routine wide open. A social whirl of seeing friends and spending long afternoons gaping in the aisles of well stocked supermarkets, as well as strange weather patterns, has in the past seen me putting on 5kgs before you can say "My usual please, Inn Keeper, and throw in a packet of pork scratchings."

Now, I am not going to kill the party, but,

having busted your gut (literally) to get in to shape for the summer, it seems a shame to let it all go to waist (get it?).

So here are some tips for breaking even, that is trying not to gain, but not expecting to loose.

Make a list of all the foods you cannot wait to get your hands on; from fish and chips, to your favourite brand of chocolate, to a "real" Chinese. Savour it, because when you are done, you are crossing it off the list. DONE.

Alcohol. Slow it down and improve the following day ten fold, by drinking approximately 3/4 of a pint of water for every alcoholic drink. The time it takes to drink the water, and the time spent visiting the bathroom will save you a fair few calories and appease your hangover too.

Running, walking or cycling are green, easy ways to explore new places or enjoy old haunts; see your city in a new light. Download an app like Strava; it really will help you to stay motivated. Get your fellow expat friends to do the same and you can stalk each other's progress and places they have been!

Strength training; keeping up a basic routine will reap you huge benefits. It will keep your metabolism up, burning calories even as you rest in the pub garden, put your feet up by the lake, hang in your local coffee house, or if you are heading for the same place as me, i.e. having to release the pain of your football team bombing out at The World Cup, when you have travelled half way round the world to see them. Below is a quick and effective routine to keep you going.

5 Run at a fast pace for five minutes.

4 1 minute of burpees then 1 minute of walking lunges. Rest for 30 seconds and repeat once.

3 10 push ups (on knees if you have to), then 15 chair dips. Rest for 30 seconds then repeat twice.

2 30 seconds of squats, then 30 seconds of jump squats. Rest 30 seconds then repeat once.

1 Plank or dynamic plank for 1 minute.

If you remain in your comfort zone during this circuit, reduce the rest time, add another fast-paced five-minute run at the end or repeat the circuit for a second time. You can also amend and put in your own exercises such as mountain climbers, stair climbs, jumping jacks etc. Remember to vary the muscle groups you are using.

Nothing could be simpler to remember than 5, 4, 3, 2, 1 as maintenance routine to keep you ticking over until your return.

It will be easier than remembering your house keys, the code to your suitcase, your phone charger, your kids favourite toy, or to renew your passport more than a week before you fly, believe me. You will not regret it.

Is there anything worse than getting back to the grindstone with the thought that you have had your fun, now it is time to get back to business and you have 5kgs to lose too? Well, that all depends on how England do in the World Cup now, doesn't it? **NU**



FLYING INTO MORE AND MORE HANDS

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Sheraton Changzhou Xinbei Hotel
Sheraton Jiangyin Hotel
Oxford College

Hefei
Sheraton Hefei Xinzhan Hotel
Hilton Hefei

Huzhou
Sheraton Huzhou Hot Spring Resort

Jinan
Jinan Foreign Entrepreneurs Association

Qingdao
Double Tree by Hilton

Suzhou
Dulwich College Suzhou
EtonHouse International School

Taizhou
Double Tree by Hilton

Wuxi
EtonHouse International School
Sheraton Wuxi Binhu Hotel

Yangzhou
Four Points by Sheraton Yangzhou

Zhenjiang
Sheraton Zhenjiang Hotel

THE NANJINGER
NANJINGEXPT

Have you ever wondered what was the crucial moment in evolution when we stopped being animals and crossed that threshold into humanity? What was the event that separates those periods of time called pre-history and history? Funnily enough the answer to both questions lies in a practice that could be considered one of the youngest professional careers of our kind but that is rooted in the very beginning of our life as cogniscent humans.

“The Answer is Graphic Design”

■ If we refer to the basic definition of what graphic design is, the development and management of systems and codes for visual communication, we come to realise that when humans became aware of their needs, their surroundings and most importantly their own presence and how they relate with their context, they felt the need of communicating and transcribing their own life experiences into something lasting and tangible; this marks the beginning of the first expressions of visual communication, i. e. the first works of design.

One of the most important signs of human evolution is the implementation of a system of communication, a graphic language complex enough to keep records and even administer stocks and describe seasons for farming and other important activities. Such symbols were used for purposes of identification, demarcation, time tracking and even religious worship.

In the same way that evolution is a natural biological process, the pictorial linguistic system would evolve as the needs and purposes of the newly developed humans became more complex, resulting in the creation of some of the first writing systems in the world, which can be broken down into four main regions; Mesopotamia, Egypt, Sumer and Indus valleys and of course China. Although these graphic representations were already developed enough to communicate ideas, they were in a very early stage, too young still to be considered alphabets. It was not until somebody took the time to organise and classify all of these symbols, which enabled people to document events in a way that could be understood and accessible, that the first known alphabets emerged.

The people living in the eastern coast of the Mediterranean have been credited with creating and developing the first known organised writing system, the Phoenician alphabet.

Once the implementation and spreading of this alphabet made it possible for humans to archive life events, human race found itself transitioning from pre-history to history, or to put in other words, the point at which humans became capable of writing their own “history”.

Terribly misunderstood and usually regarded as a non-important, non-essential profession, graphic design has always struggled to find its well-deserved place among some of the most respectable professions and disciplines. Little do we know that it was in fact graphic design and visual communication that marked our transition from “tool-using-animals” into fully developed humans with the ability of organising ourselves in communities and develop economic and religious activities. ■

Gastronomy

Freshening Up For Summer Element Fresh

By Wang Tiantian

■ Summer is hitting us with all of her might; time for refreshment. Such must have been the thoughts of the Element Fresh crew who are offering their guests an exciting break from their tasty routine. The first item on the Spring and Summer menu is Chinese Chicken Tacos with pineapple salsa and tofu crema; definitely the most unconventional item of the temporary selection that was the “accidental” invention of the restaurant owner who on this occasion paired up with a sizeable quantity of alcohol. If ever there was proof that drunk cooking is a highly underrated concept, this delicious spice explosion is it. The chicken has a distinct Sichuan flavour; to be enjoyed with care.



Out of a selection of new salads including seared tuna on the one and Middle Eastern flavours on the other hand, it is especially the American BBQ Pork Salad that convinces. This is unsurprising, as the Element Fresh offering can be summed up as staple American with a twist. The pork shoulder was barbecued to perfection in a mouth-wateringly savoury baste paired with an addictive avocado ranch dressing, which in my eyes should be available for private purchase (now there's a new business opportunity, the EF Salad Dressing Range).



The new menu further introduces us to two new pasta additions, which fish fanatics particularly will enjoy. The gnocchi, which comes with a fresh if slightly bland tomato sauce, seafood and a helping of fragrant basil, are hand-made by an old Italian couple and then imported. As the story goes the owner of the ever-expanding fresh chain chanced upon the couple during his travels and fell in love with their gnocchi. He would not rest until the supply chain was set up to China, making life for local potato lovers that much easier.

The second pasta item is a tad more extravagant; Squid Ink Pasta with Tilapia. “Maybe not the best food to eat while on a date, as they colour your mouth black”, jokes Jessica Dong, the chain's Marketing Supervisor for all but the Beijing region. Apart from the comedic element though, this dish was undoubtedly the winner amongst the new items on the menu. The garlicky and buttery pasta in combination with the pan-fried crispy fish puts the boring offer of Tomato and Bolognese sauces to be found in many a Western establishment in Nanjing to shame.

The new main courses all lie slightly above the ¥100 mark; pricy, yes, but in this case you can rest assured that what you are getting in return is real quality.

The one issue Element Fresh Nanjing is unable to get a grip on is the slow service, worsened by the fact it is so popular, you barely find it deserted. Hence, plan a generous amount of time and do not arrive hungry; otherwise you might find yourself ripping that delicious plate of food intended for your neighbour's table out of the waiter's hands. **NU**

Gastronomy

Nomen Est Omen

Oasis

By Laura Helen Schmitt

Oasis has been around for quite a while now, almost two years to be exact. Yet, its slightly off-track location has kept it hidden from the crowds who flock to Shanghai Lu and 1912. A real shame, since this resto-bar has so much to offer.

A look on the menu might initially confuse; on a culinary level this place does not quite seem to know what it is. From pasta and pizza to South-East Asian dishes; you will even find Shepherd's Pie as an appetizer on their weekday menu.

Faced with such a broad range of dishes, the worry is of course that they cannot all be good. In this case, it is the Asian varieties that are lacking.



Their inexpensive Italian fair, on the other hand, can be wholeheartedly recommended. Classics such as lasagna and pizza are topped with generous amounts of cheese. They might ever so slightly lack in salt, however this can be remedied quickly as the shakers sit on the tables readily waiting to spice up your meal.

The absolute highlight though is an item to be found only on the weekday menu; Penne with Salmon and Green Asparagus in Cream Sauce. Just the right amount of garlic and onion as well as an atypical combination of ingredients makes this easily one of the best pasta dishes I have had in Nanjing. Add to that the price of a mere ¥40; a recipe for success.

During the meal one can enjoy soft lighting and unobtrusive house music in the background; then, at 8.30 on the dot, the lights go out, the candles on and the music up. Voila, the transformation into stylish, urban bar is complete. Time to browse the cocktail menu. Find here a number of classic as well as lesser-seen alcoholic beverages at the ¥40 to ¥50 mark. Although my



Bermuda Rose cocktail, a pink concoction including rum and amaretto plus actual roses floating on the surface, came in a rather modestly sized cosmo glass, the ratio of alcohol to juice was surprisingly generous.


While criticism has been made that Oasis lacks character and is just another in an endless chain of western bars, I disagree. The understated décor and the choice in music give it a truly genuine feel, so much so that I caught myself thinking I had returned to Vienna or London. Only the air con blasting away in attempt to create a second ice age and young locals playing dice at the opposite table betray the fact that this is not an "In-Place" in a European capital.

At the same time, unlike many of its European sisters, Oasis is wonderfully unpretentious. And so it can happen that while you sit alone enjoying your cocktail, a young Chinese woman invites you to share her incredibly large pizza, ending your evening with a full stomach and a new friend.

A short glance around confirms Oasis' popularity; Chinese, Koreans and a large number of westerners can be found in this stylish establishment at the end of Shigu Lu. Nomen est omen and in this case the bar cum dining successfully does what it set out to do; becoming an oasis for homesick Europeans smack in the middle of Nanjing. **N**




57°C

■ *Teppanyaki is great; there's no getting away from it. But it is a break from the all-you-can-eat-and-drink Japanese routine that is called for. But no need for a trip all the way to Hunan when 57°C is right here in Nanjing, proudly sporting its credentials as Changsha's restaurant of the year on a number of occasions. Flaming spiced Teppanyaki dishes complete with a pelvic thrusting dance by all the chefs naturally have 'em queuing out the door. Find 57°C on 3F, IST Mall, 100 Zhongshan Lu; Tel 85785757. *




Jiangjun Shan

■ *OK, so the first thing you see when you enter Jiangjun Shan Scenic Spot is a dilapidated bamboo shack on stilts reminiscent of the first Russian Roulette scene in The Deerhunter, but after you get that behind you, somewhat more joyful moments await. The pre-requisite communal BBQ pits are among Nanjing's more pleasant (there is even a horse to cart away the rubbish) and both Yuefei Temple and Dragon's Back are both worth the climb, while the boardwalk through the waterlogged bamboo forest along with a selection of rope walks and other activities make Jiangjunshan a popular location for many a local company's team building trips. The fresh air hit that is Jiangjun Shan is also a very welcome bonus. Entrance is free. *



Wendy's Bakery

■ *For those among us who miss good ol' England, want to experience British High Tea or need a cake for a kid's birthday party, Wendy's Bakery has everything the heart desires, from classic apple pie to bacon-cheese scones and inventive cranberry shortbread, at very inexpensive prices; the aforementioned shortbread goes for ¥20 per scrumptious bag. The master baker uses only import products of the greatest quality for her baking. In true 21st century fashion, Wendy's store is purely an online venture, if you are an avid Taobao User you can find her store at <http://wendybakery.taobao.com> or you can call her on the phone to place an order; she speaks fluent English. Delivery throughout Nanjing, as long as the location is close to an underground station. *



Cinema **Black Coal, Thin Ice**

By Ben Flake

■ *A femme fatale. An alcoholic former detective who will not let go of his old case. Twists, turns, murder, mayhem, cynicism and moral ambiguity. These are the ingredients for a good film noir, and Black Coal, Thin Ice (白日焰火: "Daylight Fireworks"), winner of the Golden Bear at the 64th Berlin International Film Festival, has them all; like items to be checked off of a list. Unfortunately, that is also how director Diao Yinan treats them.*

The story tells of an ex-detective (Zhang Zili, played by the excellent Liao Fan) following up on his final case, one that left body parts shipped off in coal trucks all over northern China, after the wife of the victim in the above becomes involved in a couple of new murders. Our hero, though, does little (aside from meeting the broad outlines of the archetype) to justify his status as such. We follow him because the camera follows him, and the camera follows him because he is moving the plot along.

Likewise, the *de rigueur* femme fatale (Wu Zhizhen, played by Taiwanese actress Gwei Lun-Mei) is almost comically unalluring; she hardly even acknowledges Zhang as he aggressively harass-charms her in an attempt to set himself up as her next victim. As to the twists and turns, the murder and mayhem; they are handled well enough, as those things go, and a series of chase scenes are genuinely suspenseful, yet none of it seems necessarily to flow from the characters' knowledge

and motivations so much as they do from director's necessity. The cynicism and moral ambiguity, on the other hand, Diao gets exactly right; it all but bleeds from the screen. That is because it is this in which he is actually interested. Throughout, I am not sure a single humane or un-self-interested decision is made. Someone stops their e-bike to check on Zhang passed out on the side of a snowy road, just to switch his bike for Zhang's motorcycle. Two lives are a small price to pay to avoid a gun charge, and violence, whether against the computer that wronged you or the Internet cafe patron attacking your computer, is the easiest, and therefore best, option. Ultimately Wu's motivations, and the motivations for the murders in question, turn out to be both the end result of deeply selfish actions inflicted on the parties in question.

The problem the movie finds itself facing is that the major events of the narrative, such as the "daylight fireworks" of the film's Chinese title, barely stand out against the world in which they are set; that world is as, if not more, interesting, and unlike the main plot it offers a side of humour to go with its misanthropy. Like a jazz standard, Diao has used the structure of a noir as the backbone on which to hang his inventive, sometimes fascinating riffing, but he cannot hide the fact that the genre itself cannot hold his attention; the cynical, arty atmosphere overwhelms the plot. It makes the film ungainly, and the decision of the Berlin judges somewhat difficult to fathom.



Solo Exhibition
Leela Wang
 25th May

Afternoon Tea party at which guests were able to view the artist's Chinese style paintings in addition to works by her father while enjoying delicious food, topped off by a performance by young and rising band Royal Blue. Proceeds from sales of paintings went to the charity Weiai Buluo to help continue education for rural children.





Event

Dragon Boat Race

31st May

As every year, the crowds flock to Mochou Lake to enjoy the Sheraton Kingsley Dragon Boat Challenge, in which local and foreign companies compete for the crown. While the sponsorship possibilities obviously take precedence, the relevance of the event remains a challenge for next year.





Solo Exhibition
Annie Pelletier
17th May

“Metaphor of the Mirror Flower” displayed the artist’s most recent body of surrealist work opened to an eager audience in the Fall For Arts Gallery. Exhibited paintings took visitors to the relaxing beaches of Sanya, back in time to the Chinese classic “Hong Lou Meng” (“The Dream Of The Red Chamber”) and into the highly abstract with her work “Guanxi”.





Event
Pfrang Gala
18th May

One of the major events/fundraisers in the year for Nanjing based Pfrang Association; on 18th May the international community gathered in their hundreds for the good cause and to enjoy live music, dinner and dancing at Nanjing International School. Funds raised go to support the education of children who would not otherwise be afforded the opportunity.





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Food & Drink

Western Bars & Restaurants

Element Fresh

南京新元素餐厅
1F, Nanjing IST Mall, 100 Zhongshan Lu
中山路 100 号艾尚天地购物中心一层
85656093
www.elementfresh.com
Hailing from Shanghai and borne from an expat's passion for food, multi-award winning Element Fresh offers one of Nanjing's finest western dining options under their slogan "Enjoy fresh food".

Studio 21 Grill Restaurant

藤美
193 Shigu Lu (behind the Sheraton)
石鼓路 193 号 (石鼓湾美食休闲街区)
86795269 / 13072525212
Genuine European flavours, grilled meat, seafood specialties and well renowned home made desserts, plus a set lunch menu with great prices and specials for students and teachers. Live music (from Tony) every Friday and Saturday during dinner.

Brewsell's

上海路 77 号比利时精酿啤酒屋
77 Shanghai Lu (first place up from Guangzhou Lu)
上海路 77 号 (靠近上海路和广州路的路口)
58779429
www.brewsells.com
Quality Belgian drinks & cuisine in a smoke free environment. Imported Belgian draft beers include two types of both Vedette and La Chouffe. Daily happy hour from 5 to 8pm; kitchen open until 11pm.

Hacker-Pschorr 赫佰仕

Basement, Asia Pacific Tower, Jinling Hotel, 2 Hanzhong Lu
汉中路 2 号金陵饭店亚太商务楼
84660099
www.hacker-pschorr-brauhaus.com/nanjing
German brauhaus that is the first Hacker-Pschorr in China. Enjoy 20 percent discount on all food plus buy-one-get-one-free on all beer during the opening period.

Jimmy's 吉米来吧

193 Shigu Road (inside Sunglow Bay near the Sheraton)
石鼓路 193 号
86792599
www.jimmysnj.com
The place to be for live and recorded sports, especially on Saturday nights, while enjoying American style pizza, BBQ steaks, burgers, hotdogs, tacos and more, accompanied by a large selection of draft and bottled beers and more than 50 different kinds of single malt whisky and bourbon.

Bellini Italian Bar, Restaurant & Music Venue

贝丽妮意式餐厅
30 Hankou Lu 汉口路30号
13813354055
12 Nanxiucun 南秀村12号
52888857
1-106, 9 Wenfan Lu, Xianlin
仙林大学城文范路9号1-106室
85791577
www.bellinirestaurants.com
Stylish and elegant yet easy in which to relax, Bellini serves up an array signature dishes and drinks. Tempting daily specials available at each venue.

Finnegans Wake

芬尼根爱尔兰酒吧餐厅
6 Cinnalane
中山南路升州路 (原中北汽车站) 熙南里街区 6 号
52207362 / 13057623789
www.finneganswake.com.cn
Guinness, Kilkenny, San Miguel and Rogue-Dead Guy Ale on draught, a wide selection of classic Irish and Scotch single malt whiskies plus a carefully prepared selection of authentic western food.

Blue Sky Expat Bar & Grill

蓝澳西餐厅
77 Shanghai Lu
上海路 77 号
86639197
www.the-bluesky.com
bluesky.aussie@gmail.com
One of the original expat bars to open in Nanjing, serving burgers, pizzas, Aussie meat pies and Bundaburg Rum (Bundy). There are also weekly and monthly pool competitions, weekend openings at 10.30am plus music you thought you had forgotten about.

Les 5 Sens

乐尚西餐厅
52-1 Hankou Lu
汉口路 52-1, 靠近南京大学
83595859
Remaining surprisingly inexpensive since opening its doors in 2005, Les 5 Sens serves authentic and homemade traditional French dishes (fois gras being a particular favourite) in a homely atmosphere.

Medi Mediterranean Café and Bar

地中海餐厅酒吧
8#101 Shipopo Lane
玄武区石婆婆庵8号101
83600569
A Spanish chef serves up a range of pizzas, pastas, and all manner of unique cocktails and shooters plus traditional imported French Absinthe.

Wagas

沃歌斯
1F, Nanjing IST Mall, 100 Zhongshan Lu
中山路 100 号艾尚天地购物中心一层
85656120
www.wagas.com.cn
Fresh in from Shanghai, Wagas focuses on Western and Modern Asian fare with a special focus on food quality, consistency and safety. Home delivery not yet available.

Jack's Place

杰克地方西餐厅
422, Dongcheng Hui Shopping Mall, Xianlin
文苑路与学思路交叉口东城汇 4 楼
85807866
35 Wang Fu Da Jie
王府大街 35 号
84206485
160 Shanghai Lu
南京上海路 160 号
83323616
Humble yet honest, Jack's Place has been around Nanjing for more than 15 years, serving up Italian favourites popular with expats and locals alike.

Tribeca New York Bar & Grill

翠贝卡
1 Zhonghua Lu
中华路 1 号
400-891-9998
Taking two years to decorate, now the good times are rolling with American style dining amid an impressive array of sport, movie and music memorabilia.

Behind the Wall

答案墨西哥餐厅
150 Shanghai Road (in Nanxiu Cun)
上海路 150 号, 在南秀村
83915630
One of the oldest bars in Nanjing serving drinks and food in a cantina atmosphere, and perhaps the finest terrace in the city. Strong sangria is a must.

Secco Restaurant and Bar

喜客西餐厅
132 Changhong Lu
长虹路 132 号
83370679
The after party may come and go, yet Secco remains one of Nanjing's top options for late night drinks.

Florentina

2-107, 83 Shanghai Lu
上海路 83 号 2 栋 107
3-101, 22 Nanyinyangying
南阴阳营 22 号 3 栋 101
18602560788
Over 100 craft beers waiting for you to try!

Henry's Home

亨利之家
82-2 Fuchunjiang Dong Jie
建邺区奥体富春江东街 82-2 号
58577088
20 years experience in western cuisine; specialties include steaks, fajitas, pizza and organic salads.

Selección Española

57 Zhongshan Dong Lu
中山东路 57 号
Serves up home-made classic Spanish dishes with films and documentaries also shown.

Pisa Pizza

比萨意式西餐
81-8 Shanghai Road 上海路81-8号
83343221
B2-05, Shopping Fun, 3 Jiankang Lu
建康路3号水立方商场B2-05商铺
58059234
Pisa Pizza has a reputation for offering up the finest pizza in the city, straight from the wood fired oven.

Cosima

可西玛
120 Shanghai Lu (near to Hankou Lu)
上海路120号
83337576
Famous for being the smallest restaurant in the city, serving Spanish items that include tapas, pizza and a nice variety of wine.

La Cantina 南京米凯列酒业有限公司

#2-7 East Nantai Xiang (off Wangfu Da Jie)
南台巷东 2-7 号
58787665 / 13813842543
Italian wine complimented by snacks, pasta and pizza; a good place to unwind after a day in the city.

Eminence Cellar

香松酒窖
Inside Wutaishan (opposite to Jin Inn),
Guanzhou Lu 广州路·五台山体育场
66012088
High quality western restaurant offering organic food, breads baked on-site, cigar bar and wine cellar.

Punchline

弥多 Punchline 美式西餐厅
Building 1, Zhongnan International Mansion,
129 Zhongshan Lu 中山路 129 号中南国际大厦 1 楼
85263703
Authentic American cuisine is the slogan; think burgers, steak sandwiches, fajitas, potato wedges, subs and desserts, plus tempting looking cocktails.

Potato Bistro

马铃薯

5*301 Kangqiao Sheng Fei, 9 Wenfan Road, Xianlin University Area
仙林大学城文苑路9号
85791293
Green, organic and fresh foods with a balcony offers outdoor BBQ for up to 150 people.

Axis Mexican Restaurant & Bar

坐标轴西餐厅

Yadong Commercial Plaza, 12 Xianyin Bei Lu
栖霞区仙隐北路12号亚东商业广场
15895872728
World cuisine delivery service focusing on Mexican fare, with also pizza, burgers, pasta and sandwiches.

Nail Jazz Bar

钉子吧

10 Luolang Xiang (200m south of the Sheraton)
罗廊巷10号, 离金丝利酒店200米
8653 2244
A relaxed atmosphere in which to enjoy a wide variety of imported beers and the odd bit of live music.

Tony Music Bar

南京托尼酒吧

6 Jinxianghe Lu
进香河路6号
84068176
One of the preferred hangouts for the local crowd before they hit the clubs.

Indian Cuisine

Baba Restaurant 巴巴餐厅

Jinyuan Food Court Outlet, No 11 Hexi Center Park
341 Jiandong Lu
建业江东中路341号出口南京金源美食广场11号
13611574929
Reincarnation of Kohinoor, Nanjing's long serving Pakistani restaurant, the features a menu that boasts over 200 dishes, all of which taste nothing alike.

Nanjing Ganesh Indian Restaurant

南京甘尼仕印度餐厅

3 Kunlun Lu
南京玄武区昆仑路3号
85860955
www.ganeshchina.com
Fabulous decoration in a great location by the city wall. Hosts the occasional jazz concert.

Himalaya-Nepalese & Indian Restaurant

喜马拉雅尼泊尔印度餐厅

193 Shigu Lu (behind the Sheraton)
石鼓路193号
8666 1828
Serves Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves.

Masala Kitchen

玛莎拉印度餐厅-酒吧

A05, No 12 Xian Yin Bei Lu, Xianlin
南京市栖霞区仙隐北路12号亚东商业广场A05
84448858
masala_kitchen@live.com
Offers vegetarian and meat dishes plus savory Tandoori oven dishes and exotic curries. Also serves a fine selection of imported wines and beers.

Taj Mahal 泰姬玛哈印度料理

117 Fengfu Lu
丰富路117号
84214123
189 Shanghai Lu 上海路189号
83350491
Established in 2003, feast on high quality authentic Indian cuisine that it continues to this day, making it forever popular with the foreign community.

Japanese Cuisine

Wadouraku

和道乐日本居酒屋

121 Shigu Lu
石鼓路121号
84465760
Patronised by Nanjing's Japanese community, and largely thought of as the genuine experience.

Kagetsu

嘉月

62 Taiping Bei Lu, 1912
太平南路62号1912街区
86625577
A lifestyle oriented dining experience with a focus on creative cuisine. Balcony affords views over 1912.

Tairoy Teppanyaki 大渔铁板

57 Zhongshan Lu
中山路57号
84729518
All you can eat and drink special offer includes sushi, sashimi, sake, beer and much more. Two more locations in 1912 and near to Xuanwu Gate.

Korean Cuisine

THE Korean 本家

B1, Golden Wheel Tower, 108 Hanzhong Lu
新街口汉中中路108号金轮大厦B1
84469445

Xinshiqi Korean Barbecue

新石器烤肉

B1, Deji Plaza, 18 Zhongshan Lu
中山路18号德基广场B1楼B116-117号
84764545

Ke Jia Fu 可家福

7 Nan Da Heyuan, 168 Xianlin Dadao
仙林大道168号南大和园7号
86331006

Other Asian Cuisine

Thai Tasty

泰式料理

A05, No 12 Xian Yin Bei Lu, Xianlin
南京市栖霞区仙隐北路12号亚东商业广场A05
84448858
masala_kitchen@live.com
An extraordinary array of distinctive dishes employing authentic seasonings with fresh local produce.

Pho Saigon

西贡堤岸越南餐厅

2F Huanya Plaza, 33 Shigu Lu
石鼓路33号环亚广场2楼
84465722
Popular and inexpensive fare that includes the must try Vietnamese noodles, hence "pho".

Taiwan Teppan Corner

南京市建邺区三铁餐厅

LB148, Jinyuan Hexi Commercial Plaza, 341
Jiangdong Zhong Lu
南京市建邺区江东中路341号南京金源河西商业广场LB148
13770325443
Quality and affordable Teppanyaki experience aimed at office workers for lunch and dinner.

Keziguli Muslim Restaurant

克兹古丽餐厅

53 Wangfu Da Jie
王府大街53号
85981468
Xinjiang restaurant popular with expats; spicy noodles, potatoes, vegetable, chicken and lamb dishes accompanied by dance performances.

Vegetarian

The Green Field – Vegetarian Restaurant

绿野香踪素食馆

1F Zhengyang Building, 56 Yudao Jie
御道街56号正阳大厦一楼
6661 9222
A wide selection of creative dishes and plenty of fresh vegetables along with special drinks and teas.

Tiandi Sushi 天帝素食

21 Huju Bei Lu, Entrance to Gulink Park
鼓楼区虎踞北路21号古林公园正门口(近北京西路)
83701391

Bakery & Café

Gossip Café

叽哩咕嘈

Room 101, Building 1, 23 Nanxiucun, off Shanghai Lu
南秀村23号
86637484
Share an original or creative topic and Gossip will organize lectures accordingly.

Skyways

云中食品店

160 Shanghai Road 上海路160号
83317103
Weilan Zhidu Homeland, 6-4 Hanzhongmen Da Jie
南京汉中门大街6-4号蔚南之都家园商业裙楼
83378812
A18, Yadong Commercial Plaza, 12 Xianyin Bei Lu
仙隐北路12号亚东广场A18室
85791391
Breads, made-to-order sandwiches, cakes, chocolates, desserts, plus imported deli items.

Sculpting in Time Café

雕刻时光咖啡馆

2F, 47 Hankou Lu 汉口路47号2楼
83597180
32 Dashiba Jie (Confucius Temple East Gate) 秦淮区大石坝街32号(夫子庙东门)
Brunch, cocktail hours, film screenings, a variety of Western food, plus widely known brownies.

3 Coffee

3号咖啡馆

82-1 Shanghai Lu
上海路82-1号
83244617 / 83311505
Art, design and photography books plus magazines. with balcony affording a nice view of Shanghai Lu.

Fish Tank Coffee

鱼缸咖啡小馆

Cinna Lane, 400 Zhongshan Nan Lu
中山南路400号熙南里街区
52204469
High-quality coffee beans, freshly sterilized milk, as well as a variety of delicately created special drinks.

Maan Coffee

漫咖啡

1 Qingjiang Lu (Beside Tianshui Binjinag Garden)
清江路1号天水滨江花园
85872858
Korean chain serving waffles, salads and all day breakfasts with two other branches in Nanjing.

Nightclubs

MAZZO

玛索国际俱乐部

1912 Nightlife district
南京市1912时尚休闲街区
84631912
One of the oldest clubs in Nanjing and the preferred hangout for the foreign community in Nanjing that plays contemporary electronica.

Club TNT

潮人会所

2-1 Changjiang Hou Jie
南京市长江后街 2-1 号
84401199

A big name in the Chinese nightclub industry, with clubs in Nanjing, Chongqing and Hefei.

Enzo

8-3 Changjiang Hou Jie
南京市长江后街 8-3 号
83789898

Accesses to many of the big names in entertainment; Paul Oakenfold and DJ R3hab played here in 2013.

Business & Education

International Education

British School of Nanjing

南京英国学校

Building 2, Jinling Resort, Baijiu Dong Lu
佳湖东路湖滨金陵饭店 2 号楼
52108987

Nanjing International School

南京国际学校

8 Xueheng Lu, Xianlin College
and University Town
仙林大学城学衡路 8 号
85899111

EtonHouse Nanjing

伊顿国际教育集团

6 West Songhua Jiang Jie,
Jianye District (near Olympic Stadium)
南京市松花江西街 6 号, 建邺区, 靠奥体北门 (中华紫
鑫广场北面) 金陵中学实验小学内
86696778

The Overseas

海外国际

Novas International Business Consulting Co. Ltd,
2405, Building A, New World Centre, 88 Zhujiang Lu
珠江路 88 号新世界中心 A 座 2405 室
68858565 68858575
www.the-overseas.com

Foreign Trade & Economic Development Agencies

European Union Chamber of Commerce

中国欧盟商会 (南京)

30F, 1 Zhujiang Lu 珠江路 1 号 30 层
83627330

China-Britain Business Council, Nanjing

英中贸易协会南京代表处

Rm 2514-2515, 50 Zhonghua Lu
中华路 50 号 2514-2515 室
52311740

Netherlands Business Support Office

荷兰贸易促进委员会南京代表处

Suite 2316, Building B, 23/F, Phoenix Plaza,
1 Hunan Lu
湖南路 1 号凤凰国际广场 B 楼 23 层 2316 室
84703707

Baden-Württemberg International

德国巴登符腾堡州国际经济和科技合作协会

7-3 Dabai Xiang Meiyuan Xin Cun
梅园新村大悲巷 7-3 号
84728895

Australian Trade Commission

澳大利亚贸易委员会南京代表处

1163, World Trade Center, 2 Hanzhong Lu
汉中路 2 号金陵饭店世界贸易中心 1163 室
84711888 -1163

Canadian Trade Office Nanjing

加拿大驻南京商务代表处

1261, World Trade Center, 2 Hanzhong Lu
汉中路 2 号金陵饭店世界贸易中心 1261 房
84704574

Language Training

Nanjing Bozhan Consultancy Co., Ltd

南京博湛教育咨询有限公司

#208, 200 Zhongshan Bei Lu
中山北路 200 号 208 室
13813944415
bozhan.consultancy@gmail.com
Language training & Mandarin tutoring; from survival
to HSK Chinese and enhancement of conversational
confidence in English to ESL & IELTS testing.

Alliance Française de Nanjing

南京法语联盟

4F, Qun Lou, 73 Beijing Xi Lu
北京西路 73 号裙楼 4 楼
1F, Bld F4, Zone F, Zidong International Creative
Park, Xianlin
南京紫东创意产业园 F 区 F4 幢 1 楼
www.afnanjing.org
info.nanjing@afchina.org
French classes for individuals and corporations at all
levels, cultural events plus a modern library.

Jack's Mandarin Team-Times New Language

Jack 汉语—时代新语

5F, Jiangsu Culture Mansion, 89 Zhongshan Nan Lu
中山南路 89 号江苏文化大厦 5 楼
13851864492
smarcousin@hotmail.com
Extensive experience in teaching Chinese to for-
eigners employed in international companies.

New Concept Mandarin

新概念汉语

3302, Block A, New Century Plaza, 288 Zhong-
shan Dong Lu
秦淮区中山东路 288 号, 新世纪广场 A 座 3302
84872361
www.newconceptmandarin.com
nanjing@newconceptmandarin.com

JESIE - Goethe-Language Centre

JESIE - 歌德语言中心

Jiangsu College for International Education, 3rd
Floor, 205 Shanghai Lu
上海路 205 号教育学院 3 楼苏教国际
83335690
www.goethe-slz.js.cn

Clubs & Charities

Nanjing International Club

南京国际俱乐部

www.nanjinginternationalclub.org
info@nanjinginternationalclub.org
A club 500 plus strong in membership that dates
back to 1990.

Nanjing No.1 Toastmasters Club

南京第一家英语演讲会俱乐部

www.nanjingtoastmasters.com
Weekly event at 1507, Wuxingnianhua Mansion,
Hanzhong Lu/Shanghai Lu.

Hopeful Hearts

www.hopefulhearts.info
Raises funds for treating children with heart conditions.

Pirang Association 普方基金会

7-3 Dabai Xiang Meiyuan Xin Cun
梅园新村大悲巷 7-3 号
84729068
www.pfrang-association.org
Sponsors education of children in poor parts of Jiangsu

C Foundation 南京菲平

21 Banshanyuan, Xuanwu District
玄武区半山花园 21 号
84807686 / 13073491699
yaoying@c-foundation.org
Care and companionship for the elderly plus support
for children's education and health.

Butterfly Hospice

Nanjing Butterfly Home

Manager: Linda Huang
njbhmanager@gmail.com
info@butterflych.org
Loving care for cherished lives

Shopping

For the Home

Working House

生活工场

4F, Zifeng Tower, Zhongshan Bei Lu
中山北路紫峰大厦购物广场 4F
52360109
Stylish kitchenware in dark tones, candles and
colourful vases, camera cases and lots more.

Living Story

欧洲生活馆

173 Shanghai Lu 上海路 173 号
86634155
Coffee makers, stylish kitchen utensils, picture frames,
oil burners, candles, clocks and various pieces of art.

Hongxing Furniture

红星国际家具广场

224 Zhongyang Lu 中央路 224 号
83118005
Large furniture mall with many shops. Large range
of prices, styles, etc.

Jinsheng Market 金盛百货大市场

2 Jianning Lu
鼓楼区建宁路 2 号 (南京商厦对面)
9 Wangjinsi (off Changjiang Lu)
玄武区长江路网市 9 号
Daqiao Bei Lu (beside North bus station)
江苏省南京市浦口区大桥北路 (长途北站旁)
58507000
Home décor, bits and bobs, Christmas trinkets and
electronics. Cheap but be prepared to bargain.

Jinling Decoration Market

金陵装饰城

88 Jiangdong Zhong Lu
江东中路 88 号
86511888
Everything needed for a new home.

Longjiang Flower Market

龙江花卉市场

78 Qingliangmen Da Jie
清凉门大街 78 号
Huge selection of plants, cut flowers, fish tanks
and fish, plus gardening tools.

B&Q 百安居

90 Kazimen Da Jie (beside Metro)
南京卡子门大街 90 号麦德龙旁
52450077

IKEA 宜家家居

99 Mingchi Lu (East side of Kazimen Plaza)
南京市秦淮区明匙路 99 号 (卡子门广场东侧)
4008002345

Electronics & Photography

Professional Photography Equipment Market

照相器材专业市场

3F, Binjiang Friendship Shopping Center, 301 Ji-
angdong Bei Lu
江东北路 301 号滨江友好商城三楼
Specialists in wedding photography with equip-
ment including lighting, flash etc.

Camera & photography Equipment Market

东鼎照相器材市场

Dongding Plaza, 699 Zhujiang Lu
珠江路 699 号东鼎照相器材市场
Widely regarded as the best camera and equip-
ment market in Nanjing.

Mobile phone shops on Danfeng Jie

丹凤街 - 手机

Indoor markets specialized in new and second-hand mobile phones and repairs.

IT products on Zhujiang Lu

珠江路 - IT 产品

A multitude of stores selling everything you can imagine and more; computers, cameras, MP3 and MP4 players, iPad, webcams, hard drives, and portable flash drives.

Video games on Zhongyang Lu

中央路 - 电子游戏

Any type of video game for all game systems. Also do minor repairs.

Art

Avant-garde Contemporary Art Centre

先锋当代艺术中心

A1-101 FINDER Art District, 1865 Creativity Park, 388 Yingtian Da Jie

秦淮区应天大街 388 号 1865 创意园凡德艺术街区 A1-101
52270661 / 13814059763

Dedicated to the promotion of contemporary art.

Jiangsu Art Gallery

江苏省美术馆

266 Changjiang Lu 长江路 266 号

84506789

Local artists' work, changed frequently.

ART 国艺堂

D-1 Shuimuqinhuai, 99 Shitoucheng Lu

石头城路 99 号水木秦淮 D-1 号

84506789

Picture framing and art related supplies.

Stone City Modern Art Creation Gallery

石头城现代艺术创意园

72 Beijing Xi Lu 北京西路 72 号

Exhibition of modern Chinese art.

55583708

Shenghua Art Center

南京圣划艺术中心

2 Zhoutai Lu, on Jiangxin Zhou (Grape Island)

江心洲民俗街洲泰路 2 号 (原乡土乐园)

86333097 86333100

Exhibition of Chinese contemporary art.

Yipai Art

南京艺派文化用品中心

81 Stone City

石头城 81 号

83704786

epair8888@126.com

One of the best stocked art supplies shops in the city, with oil paints, brushes, spatulas, charcoal, easels, drawing instruments, sketch books plus a very large selection of pens, pencils and lead refills.

International Groceries

Fields

www.fieldschina.com

4000210049

cs@fieldschina.com

Online grocery store that delivers safe, delicious, high quality and imported groceries directly to your door. Also offers beverages, organic produce, baby & personal care products, plus ready-to-serve items.

Nanjing Bakery

www.nanjingbakery.com

Home made cakes, ready to bake pizzas, lasagna etc. plus a range of items such as pasta, butter, cheese, sauces and spices.

Metro 麦德龙

288 Ningli Lu 宁溧路 288 号

300 Jianning Lu 鼓楼区建宁路 300 号

Wide selection of foreign foods plus wines, beers and spirits.

Carrefour 家乐福

235 Zhongshan Dong Lu

中山东路 235 号

84658588

Hypermarket with five stores in Nanjing.

Times Grocery

泰晤士

48 Yunnan Lu 云南路 48 号

83685530

Compact yet its location breeds popularity; wide selection of imported but sometimes pricy food.

Auchan 欧尚

151 Hanzhongmen Da Jie

汉中门大街 151 号 (近纪念馆东)

86555568

French hypermarket with three Nanjing outlets and probably the city's best selection of cheese.

BHG Market

B2, Aqua City, 1 Jiankang Lu

健康路 1 号水游城地下 2 层

66985066 / 66985068

B1, Deji Plaza, Zhongshan Lu

德基二期地下 1 层

91 Matai Jie

马台街 91 号

68675666 / 68675699

Features a very large stock of imported goods plus fresh organic fruit and veg.

RT Mart 金润发

39 Danfeng Jie

玄武区丹凤街 39 号 (近北京东路)

83358788 / 83356077

Shanghai based supermarket with a decent imported food section and a good range of dairy items. Three outlets in Nanjing.

Sports

Decathlon 迪卡侬

866 Yingtian Xi Lu (same building as Auchan)

应天西路 866 号

84218420

286 Ningli Lu (next to Metro)

宁溧路 286 号 (麦德龙对面)

52401018

French sports megastore chain that also stocks informal-wear shoes in sizes up to 48.

Jinxianghe Rd 进香河路

The outdoor store street in Nanjing; shops for biking, hiking, backpacks, equipment and apparel for outdoors.

Wine Outlets

Eminence Cellar

香松酒窖

Inside Wutaishan (opposite to Jin Inn)

Guangzhou Lu 广州路, 五台山体育场

66012088

Aussino Cellar

富隆酒窖

Room 109, 198 Zhongshan Dong Lu

南京市中山东路 198 号 109 室

84679799

www.aussino.net

Newold Wine World

纽澳酒世界

Area B, F1, New City Mall, 99 Caochangmen Da Jie

草场门大街 99 号新城购物中心负一楼 B 区

86265959

Ziyo Wines

南京紫元酒窖

18 Mochou Dong Lu

建邺区莫愁东路

13770923489

Foreign Language Bookstores

Foreign Language Bookstore

外文书店

218 Zhongshan Dong Lu (Beside Taiping Nan Lu)

中山东路 218 号长安国际 (太平南路口)

57713287

Xinhua Bookstores

新华书店

56 Zhongshan Dong Lu (near Hongwu Lu)

中山东路 56 号 (近洪武路)

86645151

54 Hunan Lu (near Matai Jie)

鼓楼湖南路 54 号 (马台街口)

83374645

Phoenix International Book Mall

凤凰国际书城

1 Hunan Lu

鼓楼区湖南路 1 号八佰伴旁 (近中央路)

83657000 / 83657111

Services

Healthcare

International SOS Nanjing Clinic

南京国际 (SOS) 紧急救援诊所

1F, Grand Metropark Hotel Nanjing,

319 East Zhongshan Lu

中山东路 319 号维景国际酒店 1 楼

84802842 (by appt.)

Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Assis-

tance Center: 010 64629100

www.internationalsos.com

Delivers integrated, quality, comprehensive medical care. Services span from family medicine to 24/7 emergency services. Languages spoken include; English, Chinese, German, and Japanese.

Flossy Care

福乐氏齿科诊所

#105, 1 Huaneng Garden, 108 Taiping Bei Lu

南京太平北路 108 号华能城市花园 1 幢 105

13951994471 / 84069389

www.025ya.com

Offers all kinds of oral treatments including dental implants, crowns or bridges, dental whitening, cosmetic dentistry, root canal therapy, orthodontics and more. 100% bilingual staff; another branch in Suzhou.

Global Doctor International Medical Centre

环球医生国际医疗中心

1F, Zuolinfengdu Garden, 6 Mochouhu Dong Lu,

Jianye District

建邺区莫愁湖东路 6 号左邻风度 1 栋 1 楼

86519991 (24 Hours)

www.globaldoctor.com.au

International medical centre offers family medicine & specialist services plus 24 hour emergency assistance to expatriates in Nanjing. Mon-Sat 09:00-18:00. Multilingual staff: EN/JP/ES/KO/CN.

BEN-Q Hospital 明基医院

71 Hexi Da Jie 河西大街 71 号

58807810

Another popular choice for expats, BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors.

Nanjing Union Dental Clinic

南京友联齿科

1F, Grand Metropark Hotel Nanjing,

319 Zhongshan Dong Lu

中山东路 319 号维景国际酒店一层

84818891 / 84808888-6555

dentist@uniondental.cn

Health Examination Center

江苏省国医馆

2F, Outpatient dept. of NJUTCM,

282 Hanzhong Lu

汉中路 282 号南京中医药大学门诊部二楼

86646068

www.joinmi.com

English speaking staff, diagnosis by imported advanced medical technology and treatment by Traditional Chinese Medicine. 100% non-invasive.

Nanjing Entrance and Exit Inspection and Quarantine Bureau

江苏出入境检验检疫局

1 Baixia Lu 白下路1号

52345328 / 84456805

Health checks for work permit / visa applications.

Gulou Hospital 鼓楼医院

321 Zhongshan Lu 中山路321号

83304616

The major trauma hospital (24 hr).

Jiangsu People's Hospital

江苏省人民医院

300 Guangzhou Lu 广州路300号

83718836

The major western medicine hospital.

Yifeng Super Drugstore 益丰大药房

159 Hanzhong Lu (west of JS hospital of TCM)

汉中路159号(省中医院往西30米)

86795111-825 8am-9pm

English speaking staff.

Nanjing Children's Hospital

南京市儿童医院

72 Guangzhou Lu 广州路72号

83117500

Jiangsu Provincial Hospital of TCM

江苏省中医院

155 Hanzhong Lu 汉中路155号

86617141

The major Chinese medicine hospital.

Nanjing Maternity and Child Healthcare Hospital

南京市妇幼保健院

123 Tianfei Xiang 天妃巷123号

84460777

The major maternity hospital in Nanjing.

Hairdressers

Mei Lun Shang Pin Hair Saloon

宣传介绍

6 Sanyuan Alley, Xinjiekou

新街口三元巷6号

15895936797 84217148

Continuing the trend for pubs that cut your hair, Mei Lun Shang Pin targets the lucrative expat market by having both foreign stylists and translators on hand.

Franck Provost Hair Salon

梵珀巴黎法式发艺

F322 Deji Plaza Phase 2

中山路18号德基广场二期F322店铺

86777366

Resident French stylist available; bookings advised.

V-Salon

香港时光设计有限公司

32F, Golden Eagle Plaza, 89 Hanzhong Lu

汉中路89号金鹰国际商城32楼

86292980

Run by a stylist to many pop and movie stars.

Travel & Transport

Airport Shuttle Bus 机场大巴

¥20

1. East square, Nanjing Railway Station, 221 Longpan Zhong Lu 南京火车站 龙蟠中路221号 6am-8.30pm, every 30 mins.

2. Nanjing Zhonghua Men Station, 508 Yingting Da Jie 南京中华门车站 应天大街508号 6am-9.00pm, every 20 mins.

Lufthansa German Airlines

德国汉莎航空公司

Reservation Service:

4008 868 868 (CH,EN)

Sales Office: Room 951, World Trade Center, 2

Hanzhong Lu

汉中路2号金陵饭店世贸中心951室

Fax: 84722624

nanjing_lufthansa@dlh.de

Lukou Airport Int'l Check-in Service - Rm 417

D.T. Travel

大唐国际(香港)商旅服务管理有限公司

22E, Jinlun Building, 108 Hanzhong Lu

汉中路108号金轮大厦22E

400 886 1212

Professional English service incl. air ticket, visas, hotels, individual travel and Corporate Business Plus.

Training, Coaching & Consulting

MTI Nanjing

#714, Building 7, Wanda Dongfang, 58 Yunjin Lu

南京市建邺区云锦路58号万达广场7栋714室

84714552

www.mticonsulting.com

HR coaching and training solutions, combining international standards with local market needs.

Dan Clarke

www.lets-get-happy.com

Advice on how to become happier and less stressed, plus ways to improve your life.

Simon Northcott

simon3northcott@gmail.com

Change leadership, problem solving and empowerment.

Property Services

Nanjing Houses

#720, Section 1, Unit 2, 128 Tianyuan Lu, Jiangning District

天元中路128号2栋1单元720室

15150698134

www.nanjinghouses.com

info@nanjinghouses.com

Provides a unique-to-the-industry process of pre-screening options in order to save time and energy while looking for an apartment or villa.

Sun Home Real Estate

南京中涛房地产经纪咨询有限公司

Room 1901, Xinghan Mansion, 180 Hanzhong Lu

南京市汉中路180号星汉大厦1901室

51860592 / 5186 0590

www.shre.com.cn

sunhome@shre.com.cn

Pre-move consulting home search service, orientation and settling-in programs plus vehicle leasing.

Home Caught Relocation Service

昊鸿房地产咨询顾问有限公司

4F, 669 Zhujiang Lu 珠江路669号4F

84800918

www.homecaught.com

lease@homecaught.com

Supplies many a multinational firm with home search and rental services plus bus fleet solutions.

Crown Relocations

嘉柏(中国)国际货运代理有限公司

Rm 1908, Block B, New Century Plaza,

1 Taiping Nan Lu

太平南路1号新世纪广场B栋1908室

84541017

slaing@crowwww.com

Provides moving services, housing services, school search, immigration services, and orientation services with a global network spanning 60 countries.

Apex International Logistics Co., Ltd 上海正流国际运输代理有限公司

58702129

www.apex15.com

nanjing@apex15.com

Domestic and local moves, office relocation, storage and warehousing, pet relocation, insurance/risk management plus immigration services.

CMR Corporate Property & Relocation

南京浩麦房地产咨询

12C1, Jinlun Mansion, 108 Hanzhong Lu

汉中路108号金轮大厦12C1座

84701658

www.cmrchina.com

Supplies multinationals, with additional services including driver's license and import/export of pets.

Faith Houses

Nanjing International Christian Fellowship

Celebrity Hotel, 30 Zhongshan Bei Lu

南京中山路30号城市名人酒店

Sundays 9:30am to 11:30am

Foreign passport holders only. English service with translation available in Chinese, French and Spanish.

KuanEumHui Korean Buddhist Club

观音会南京韩人佛教会

1703, Building 2, Fuli Shanzhuang

富丽山庄3栋1703室

13222018582

Service: 11:00am

Shigulu Catholic Church

石鼓路天主教堂

112 Shigu Lu 石鼓路112号

84706863

Korean service: Sat 4.30pm

English/Chinese Service: Sun 4.30pm

The Church of Jesus Christ of Latter Day Saints

Yuhua Jingli Hotel, 8 Xiaohang Yaojiaao

雨花区小行尤家凹8号雨花晶丽酒店

Mormon service on Sundays at 10am. Foreign passport holders only.

Holy Word Church

圣训堂

158 Leshan Road 南京市建邺区乐山路158号

English service on Sundays at 10.30am.

Legal

D'Andrea & Partners Law Firm

玛开德(上海)商务咨询有限公司

920, Jinglun International Mansion, 8 Hanzhong Lu

汉中路8号金轮国际广场920室

86505593 / 86505693

nanjing@dandreadpartners.com

International Consulting Firm present in China since 2004 with offices in Shanghai, Nanjing and desk in Zhuhai, offering legal services in Italian, Chinese, English, French, German and Russian plus assistance in foreign direct investment in China, mergers and acquisitions, international contract law and labour law.

Dacheng Law Offices

大成律师事务所

2F, 72 Beijing Xi Lu

北京西路72号2楼

83755108

nanjing.dachenglaw.com

Hongliang.Hu@dachenglaw.com

Ranked #1 in Asia by size, with branches in 26 countries and all over China.

Jeffrey Wang

中银(南京)律师事务所

8F, Jincheng Tower, 216 Longpan Zhong Lu

南京市龙蟠中路216号8楼

13605182614 / 58785588 / 58788688

wyz_jeff@163.com

Business lawyer with more than ten years legal practice in Nanjing plus fluent English and knowledge in both legal and business areas.

Pets

Amy Hao Hao Pet Care

爱咪好好

18 Nantai Xiang Xi (off Wang Fu Da Jie)

王府大街南台巷西 18 号

84203097 / 13952034351

Professional cat and dog grooming service run by a local Nanjing girl who speaks fluent English.

Tom Dog Pet Center

汤姆狗宠物中心

1 Shanghai Lu 上海路 1 号

86662858

Pet stayover and dog walking service, retail outlet and English speaking staff.

Nanjing Veterinary Station

南京畜牧兽医站宠物总医院

448 Longpan Zhong Lu

龙蟠中路 448 号

84484741

Major centre for vet services and vaccinations.

Media Production - Design - Photography

SinoConnexion

南京贺福文化传媒有限公司

14F, Building 1, World Times Square, 8 Dongbao Lu

鼓楼区东宝路 8 号时代天地广场 1 幢 1417 室

84718617 / 13851522275

www.sinoconnexion.com

info@sinoconnexion.com

International award winning professional foreign owned video and media production company with 20 years of work in China; agency services, print and digital publication production, broadcast media and production of audio materials.

VOZ Design

曦音设计

#607, De Ying Int. Plaza #1, Wonder City Mall, 222 Changhong Jie

雨花区长虹路 222 号德盈国际广场 1 幢 607 室

58820096 / 18120135627 / 15950575174

www.vozdesign.com

contact@vozdesign.com

Professional marketing oriented graphic design and brand development. No copies, no templates, only creativity and lots of brain juice. Mediocrity is a disease we fight everyday.

Nicolas Harter Photography

13770761603

www.nicolasharter.com

Wedding, commercial and event photography.

Translation

Wow-Super A Translation Service

南京领域翻译有限公司

#4004, 40th Floor, Tian'An International, Shigu Lu, Gulou District

新街口大洋百货天安国际 40 楼 4004 (地铁 1、2 号线新街口站 15 号出口)

NJU No.II Dept: Rm 412, Innovation School, NJU Science Park, Xianlin

南京市仙林大学城南大科技园创新创业学院 412 室

4006969469

www.wowtran.com

Offers a full suite of translation services for business, legal, technical and personal use, including official and notary translations plus interpreter services.

Miscellaneous

Bottled Water Delivery Service

By Coca-Cola Nanjing

4008282288 (Free)

Mineral water, pure water and water machine cleaning services.

Satellite TV Installation Service

13770323459

nanjingstv@gmail.com

Lustre Cobbler 莱斯特皮鞋修饰

Golden Eagle Shopping Center, 89 Hanzhong Lu

汉中路 89 号金鹰国际

Central Department Store, 79 Zhongshan Nan Lu

中山南路 79 号中央商场

Hong Bang Tailor

红邦裁缝

18 Nanxiu Cun, Shanghai Lu 上海路南秀村 18 号

The tailor of choice for many a Nanjing expat.

Leisure & Sports

Golf

Nanjing Harvard Golf Club

南京昭富国际高尔夫俱乐部

176 Zhenzhu Jie, Pukou

南京市浦口区珍珠街 176 号

58853333

Ginkgo Lake Golf Club

银杏湖高尔夫俱乐部

1 Guli Yinxing Hu 江宁区谷里银杏湖 1 号

86139988

Other Sports

Century Star Ice Skating Club

世纪星滑冰俱乐部

222 Jiangdong Zhong Lu (Inside Olympic Center)

江东中路 222 号奥体中心内

86690465 / 86690467

4F, Wonder City, 619 Yingtian Street

应天大街 619 号虹悦城 4 楼

52275768 ext. 8001/8002

Nanjing Leiniaio Paragliding Club

南京雷鸟滑翔伞俱乐部

Wutaishan Sport Center Tennis Stadium

南京市五台山体育中心网球馆

84458450 / 15335179782

Pisarev Ballet 比萨列夫芭蕾舞学校

B901 Junlin International Mansion, 5 Guangzhou Lu

广州路 5 号君临国际 B901 室

86975095

Changqing Taekwondo

长青跆拳道馆

145 Zhongshan Dong Lu

玄武区中山东路 145 号

84541055

Karate Eifuukaikan 空手道影风道场

96 Yushi Jie 鱼市街 96 号

52989189

Massage & Spa

Pathways Spa & Lifestyle Club

颐庭 Spa 生活会馆

13F, Tian'an International Building,

98 Zhongshan Nan Lu 中山南路 98 号 13 楼

84540166

www.pathway-spa.com

Flow SPA 川·天地

46 Xijia Datang, Ming Cheng Hui

(200m north of Xuanwu Lake's Jiefang Gate)

明城汇西家大塘 46 号

57718777

Theatre

Nanjing Art and Cultural Center

南京文化艺术中心

101 Changjiang Lu 长江路 101 号

84797920

Jiangnan 631 Niuda Theatre

江南 631 牛达剧场

5 Yanling Xiang 延龄巷 5 号

84419786

Nanjing Art Academy Concert Hall

南京艺术学院音乐厅

15 Huju Lu 虎踞北路 15 号

83498249

Jiangsu Kunqu Theater 兰苑剧场

4 Chaotian Gong 朝天宫 4 号

84469284

Tourism and Hospitality

Hotel & Hostel

Jinling Hotel Nanjing

南京金陵饭店

2 Hanzhong Lu, Xinjiekou Square

新街口汉中路 2 号

84711888

City Centre location puts this prize-winning landmark property only two minutes' walk from Xinjiekou Metro Station. Enjoy eight top-notch restaurants, 970 rooms and suites plus shopping and recreational facilities. International flight and train ticket purchase counter also available.

Novotel Nanjing East

南京玄武苏宁银河诺富特酒店

9 Suning Lu, Xianlin, Qixia District

玄武区徐庄软件园内苏宁大道 9 号

85208888

www.novotel.com

Good spot for a weekend escape from the city, with Purple Mountain still on its doorstep, while the Zhongshan International Golf Resort 27 hole course designed by Gary Player is just 5 minutes away.

Wanda Realm Nanjing

南京万达嘉华酒店

59 Zhushan Lu, Jiangning District

江宁区竹山路 59 号

52838888

www.wandahotels.com

302 stylish rooms and suites plus a 1,000 sq.m. pillarless Grand Ballroom.

Fairmont Nanjing

南京金奥费尔蒙酒店

333 Jiangdong Zhong Lu

建邺区江东中路 333 号

86728888

www.fairmont.com/nanjing

Ultra-contemporary setting (in an architectural marvel resembling an immense Chinese lantern) with the timeless service and hospitality for which Fairmont is known the world over.

Fraser Suites Nanjing

南京辉盛阁国际公寓

116 Lushan Lu

庐山路 116 号

87773777

www.frasershospitality.com

International serviced apartment suites offering full balconies, clubhouse and leisure facilities.

Sheraton Nanjing Kingsley

金丝利喜来登酒店

169 Hanzhong Lu

汉中路 169 号

86668888

Excellent downtown location with amenities including baby sitting and butler service plus car rentals.

Crowne Plaza Jiangning

南京银城皇冠假日酒店

9 Jiahu East Road, Jiangning District

南京江宁区佳湖东路 9 号

81038888

The first five star international hotel in Jiangning..

The Westin Nanjing

南京威斯汀大酒店

Nanjing International Center, 201 Zhongyang Lu
中央路 201 号南京国际广场鼓楼区
85568888
www.westin.com/nanjing
A haven of Chinese distinction in which every room affords a view of scenic Xuanwu Lake.

InterContinental Hotel

紫峰洲际酒店

1 Zhongyang Lu, Zifeng Tower
中央路 1 号紫峰大厦鼓楼区
83538888
www.intercontinental.com
A statement of grandeur found in the 450 metre high Zifeng Tower; Nanjing's tallest building.

Sofitel Galaxy

南京索菲特银河大酒店

1 Shanxi Lu
山西路 1 号
83718888
www.sofitel.com
resoff@sofitelnanjing.com
The accommodation of choice for many visitors coming to Nanjing, along with all French dignitaries.

Sofitel Zhongshan Golf Resort

钟山索菲特高尔夫度假酒店

9 Huanling Lu
环陵路 9 号
85408888
www.sofitel.com
reservation@sofitelnanjing.com
Preferred spot for Nanjing's rich and famous to play a round or two.

Hilton Nanjing Riverside

南京世茂滨江希尔顿酒店

1 Huailin Lu (cross of Qinhuai and Yangtze Rivers)
鼓楼区淮滨路 1 号 (近秦淮河和扬子江交汇处)
83158888
nanjingriverside.hilton.com
nanjingriverside.info@hilton.com
Extensive conference and recreation facilities and rooms with balconies overlooking the Yangtze.

Nanjing Sunflower International Youth Hostel

南京瞻园国际青年旅社

80 Zhanyuan Lu (Fuzimiao west gate)
瞻园路 80 号, 在夫子庙西门的附近
52266858 / 66850566
www.nanjingyha.com
A popular youth hostel that includes free pool, DVDs, cable TV, foosball and English speaking staff.

Resorts

Kayumanis Private Villas & Spa

南京香樟华萃温泉度假别墅

Xiangzhang Hua Ping, Sizhuang Village,
Tangshan
江宁区汤山镇寺庄村
84107777
www.kayumanis.com
nanjing@kayumanis.com

Regalia Resort & Spa (Qinhuai River)

御庭精品酒店 (秦淮河)

E5, No 388, Yingtian Da Jie
(inside Chenguang 1865 Technology Park)
应天大街 388 号 (晨光 1865 科技创意产业园) 第 E5 幢
51885688
www.regalia.com.cn

Tangshan Easpring Hot Spring Resort

汤山颐尚温泉度假村

8 Wenquan Lu, Tangshan, Jiangning
汤山镇温泉路 8 号
51190666

Museums

Nanjing Massacre Museum

侵华日军南京大屠杀遇难同胞纪念馆

418 Shuiximen Jie
水西门大街 428 号
86612230 / 86610931
Hours: Tue - Sun from 8:30 to 16:30
www.nj1937.org
Located on a former execution ground and mass burial place of the Nanjing Massacre. Admission is free.

Nanjing Museum

南京博物院

321 Zhongshan Dong Lu
中山东路 321 号
One of China's three national level museums; as good as it sounds. Admission is free with valid ID.

Nanjing Municipal Museum (Chaotian Palace)

南京市博物馆

Mochou Lu
南京市秦淮区莫愁路朝天宫内
World class museum presenting ancient pottery and earthenware, calligraphy, clothing, jade etc.

Rabe House

拉贝故居

1 Xiaofenqiao, Guangzhou Lu
小粉桥 1 号
Monday - Friday from 8:30 to 16:30
German Industrialist's former home that served as a refugee shelter and saved thousands in 1937.

Purple Mountain Observatory

紫金山天文台

Tianwen Lu, Purple Mountain Area, Nanjing
南京市紫金山天文路
84440768
Very first observatory to be built in mainland China that is known as "the cradle of Chinese astronomy".

Nanjing Brocade Museum

南京云锦博物馆

240 Chating Dong Jie
茶亭东街 240 号
86518580 Hours: 8:30am - 5:00pm
Observe wooden looms producing the world's finest brocade. Fabric is also available for purchase.

City Wall Museum

南京明城墙遗址博物馆

8 Jiefang Men 解放门 8 号
83608359
Long-gone city gates, maps and a full-scale model of the walled city. Captions in Chinese.

Nanjing Science Museum

南京科技馆

9 Zijinghua Lu, Yuhua District
雨花台区紫荆花路 9 号
58076158
Hands-on fun and learning for kids. IMAX Cinema.

Nanjing Museum of Paleontology

南京古生物博物馆

39 Beijing Dong Lu
北京东路 39 号
83282252
Full dinosaur skeletons, a mass of fossils from significant digs in China and an interesting lesson in local geology. Open at weekends only.

Nanjing Folk Museum

甘家大院

South Zhongshan Road, across from the Huamei Building
中山南路, 在华美大厦的对面
52217104
Visitors can study traditional Chinese architecture, including the so-called "99 and a half rooms". Various displays of traditional folk art throughout the year.

Treaty of Nanjing Negotiation Site

静海寺

202 Jianning Lu
建宁路 202 号
58590298
www.yuejianglou.com

In addition to enjoying an insight into the Chinese view of the "unfair treaty" ceding Hong Kong to the British, visitors can learn about the voyages of Zheng He.

Zheng He Treasure Shipyard

南京宝船遗址

Lijiang Road No.57
鼓楼区漓江路 57 号
Pleasant park with a few interesting archaeological pieces.

Parks

Qingliangshan Park 清凉山公园

Guangzhou Lu, near Huju Lu
广州路西端
Calligraphy and stone museums, as well as an art gallery and pottery studio.

Zixia Lake 紫霞湖

A cold water mountain-fed lake. Exercise with care; a few deaths occur each year as a result of cramp.

Mochou Lake Park 莫愁湖公园

35 Hanzhongmen Da Jie
汉中门大街 35 号
Home to the annual Dragon Boat Race, and great for boating or a walk in a peaceful environment.

Jiuhuashan Park 九华山公园

Beijing Dong Lu 北京东路
Visit the pagoda and get on the city wall for gorgeous views of the city.

Xuanwu Lake Park 玄武湖公园

1 Xuanwu Xiang 玄武巷 1 号
Idyllic islands with playgrounds, gardens, restaurants plus boats and bikes for rent.

Happy World 弘阳欢乐世界

Daqiao Bei Lu, Pukou District
浦口区大桥北路
Fairly violent looking thrill rides plus giant water slide.

Pearl Spring Resort 南京珍珠泉风景区

Zhenzhu Lu, Pukou District
浦口区珍珠路
A 8.9 sq.km scenic area that includes a zoo, circus, dodgems and cable-car to a so called Great Wall.

Gulin Park 古林公园

21 Huju Bei Lu 虎踞北路 21 号
Gardens, paintball and BBQ plus a view of the city from atop the TV tower.

Zhongshan Botanical Garden

中山植物园

Covers over 186 hectares and home to more than 3000 plant species.

Nanjing Yangtze River Bridge Park

南京长江大桥 (公园)

7 Baotaqiao Dong Jie
宝塔桥东街 7 号
58790362
Memorabilia dating from the construction of the bridge. Ascend to the deck of the bridge by elevator for the obligatory photo.

Memorial for Revolutionary Martyrs

雨花台烈士纪念馆

Yuhua Dong Lu (north gate)
南京市雨花台烈士纪念馆北大门雨花东路
A surprisingly relaxing memorial park, yet used as a mass execution ground during the 1927 revolution.

Drum Tower/Gulou Park

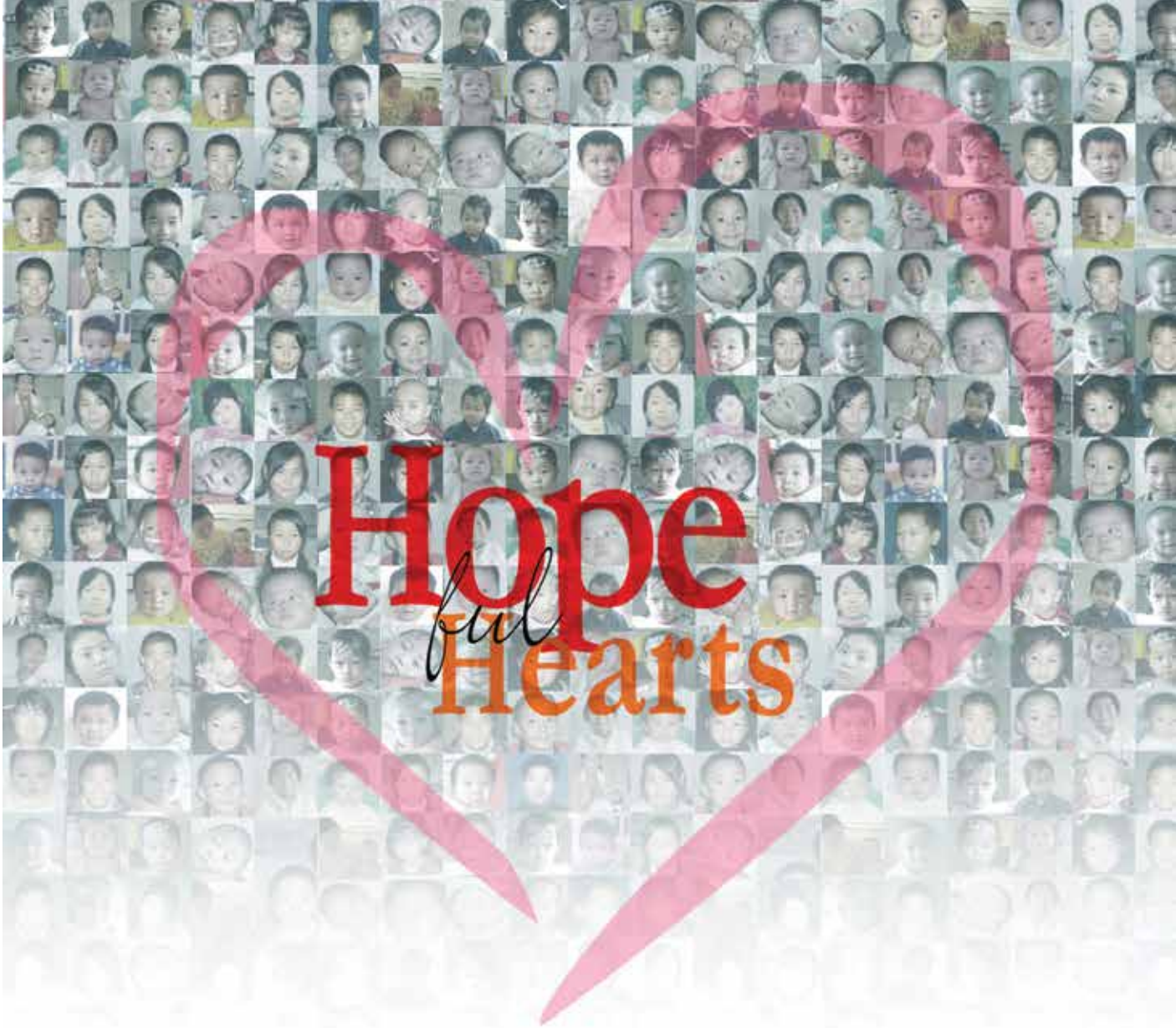
鼓楼公园

1 Gulou Jie
鼓楼街 1 号, 在北京西路口
The traditional centre of a Chinese city.

Lao Shan National Forest Park

老山国家森林公园

Zhenzhu Lu (Provincial Rd 331)
浦口区珍珠路
Enjoy a more rustic experience in Nanjing's second National Park; away from the crowds soak in the virgin forest that is rich in species.



Help keep the young hearts beating...

The reality is, these children may not have survived if it weren't for the generosity of people like you.

97% of all money raised goes directly to paying for heart operations.

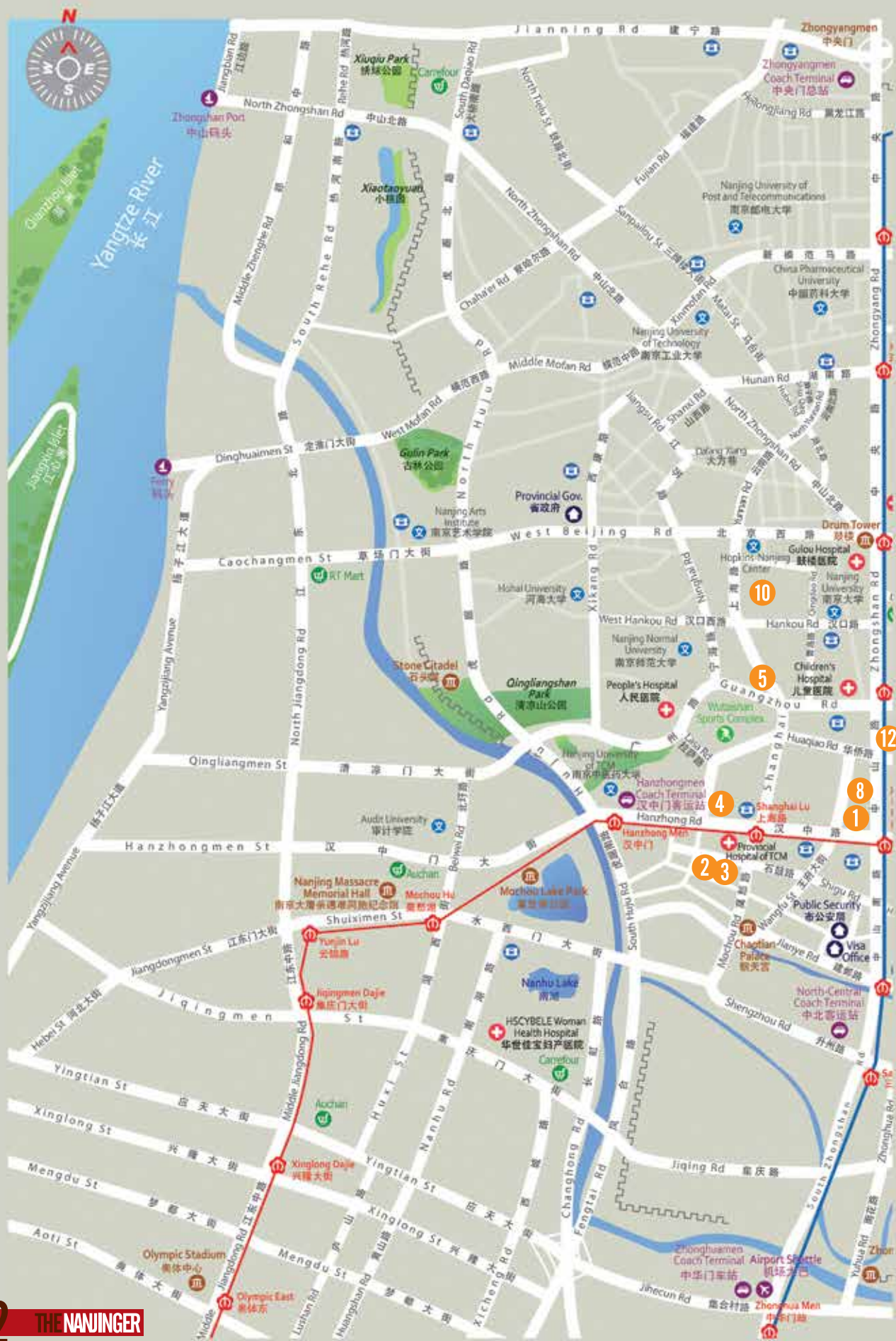
Hopeful Hearts assists in funding life-saving heart operations for local children.

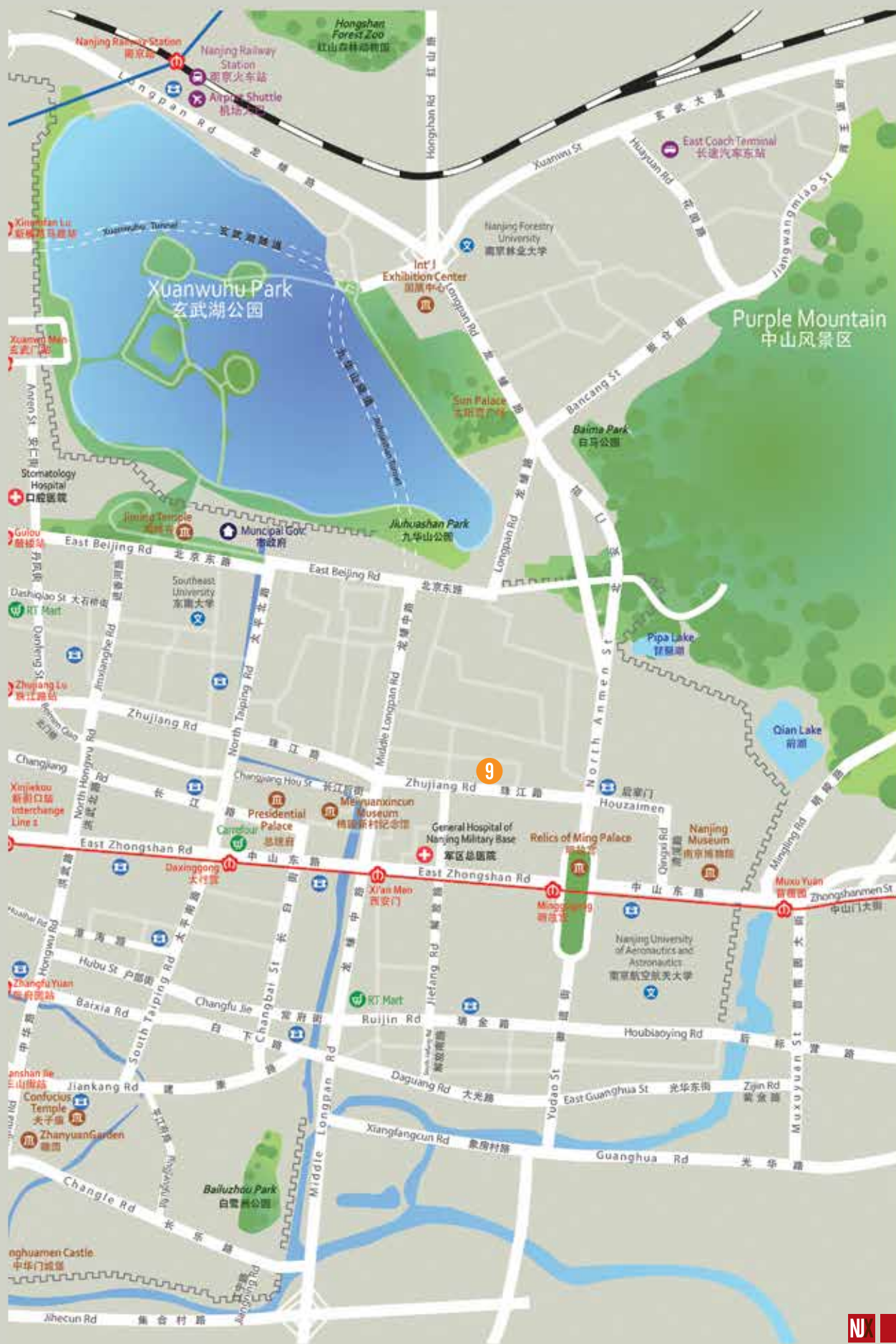
These children have often been abandoned because of their condition, or come from a farming community where their family may have an annual income of about 1,200RMB.

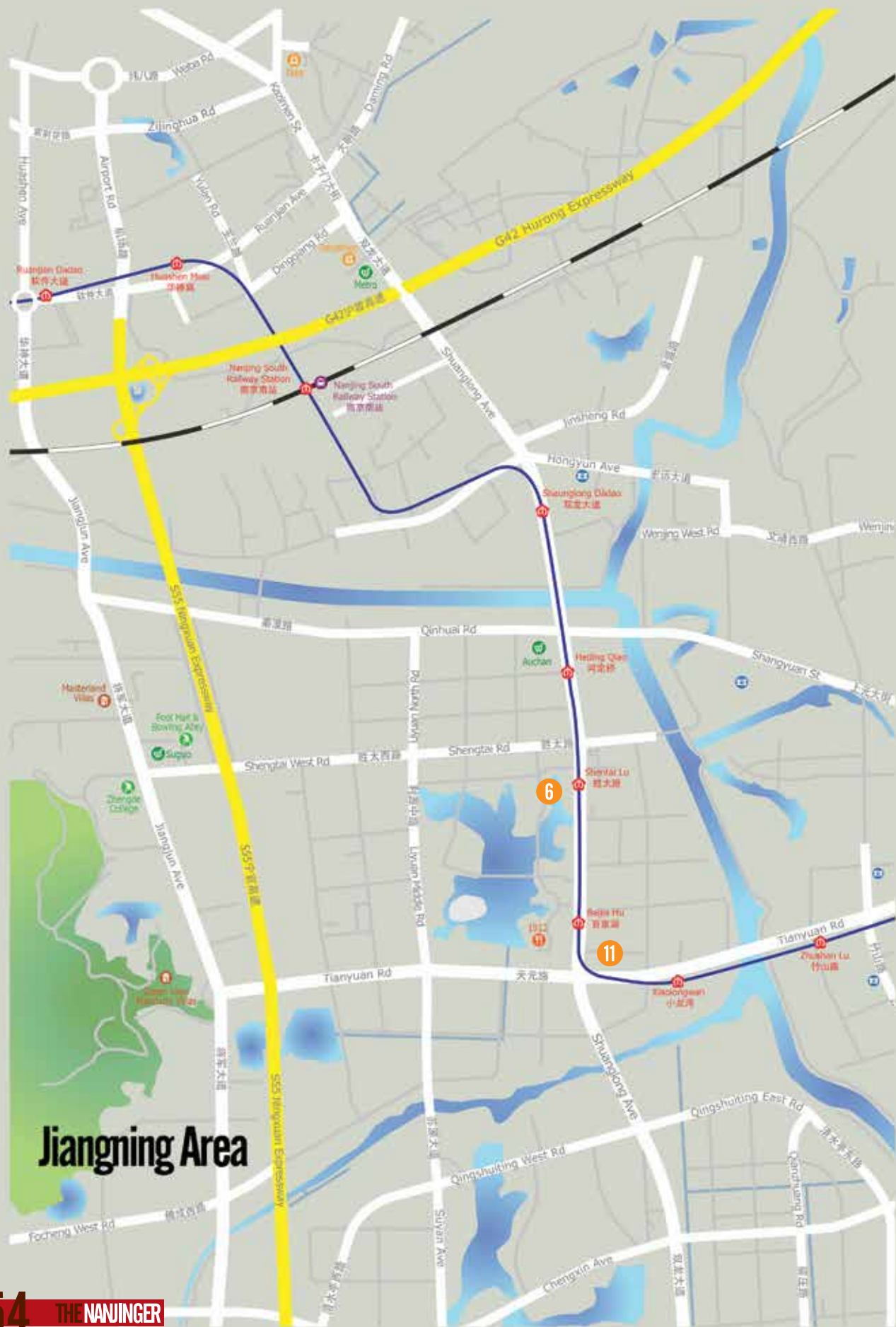
Your time, talents and donations would be greatly appreciated in helping save the lives of more children like these.

For more information on how you can help, please email: hopefulhearts10@yahoo.com

www.hopefulhearts.info









Xianlin Area

Olympic Area





HomeWork

By Dan Clarke

Showing It Off

■ **When you work from home, especially if this is your main job, it can turn out rather annoying for your spouse or partner; particularly if your partner is Chinese.**

In my own experience and talking with others around China, quite a lot of Chinese people really do not understand the concept of working from home; it is seen as the lazy way of making a living. My own wife complained frequently about my working from home when I first started, because she thought I was spending the day sleeping and relaxing rather than working. Therefore, herein some tips on how to get support from your partner.

Show Future Potential

Your partner may not understand that you have an actual business. They may see your work, especially if it does not involve not dealing with other businesses, as a hobby. You need to take some time to explain exactly what you do, including the market strategy, and the number of customers you have or will have. Pretend you are going to the bank for a loan, with all the information relating to your work laid out. Do not undersell yourself but do not oversell either. Keep it realistic. Seeing your plan and schedule should at the very least help them to understand that this is in fact a real job.

Show Them The Money

This is related to the first method. If your business is not producing money, or is only making a few hundred yuan a month, you will not be able to convince your partner that you are running a real business. This is a big problem for writers and art-

ists, who in the first instance need to build up a portfolio; yet, it can also pose a considerable problem to other professionals as well. When you make a small sale, do not immediately go running to your partner and say: "See, I got paid!" Instead, build up the money, until it reaches a decent amount, though what exactly constitutes "decent" is up to you. Then go to your significant other and say you just made this much money. There is no need to mention in detail whether it took you a month or two to do it, just lay it down on the table and explain your business made it. When there is money to be made, most partners will become a lot happier about helping out.

Show Your Work

When you work at home, there is a belief that you spend all day in your underwear relaxing. To help prove that this is not the case, make a schedule of your entire day. This will not only help you stay on task, but is an effective method of illustrating what you do to your partner, friends and family. If you back this up by showing the work you accomplished that day, it becomes a lot harder for your partner to believe you spent the entire day without accomplishing anything.

When you decide to work from home, do not expect the people in your immediate surrounding to be jumping for joy and ready to help you; this is the real world and sometimes it takes time for people to get used to and embrace an unconventional idea. You have to be ready to explain what you want, and show them that you can be a success. You should also listen closely to their concerns, as they might ground some of your more pie-in-the-sky dreams, helping you to avoid potential pitfalls. ■

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