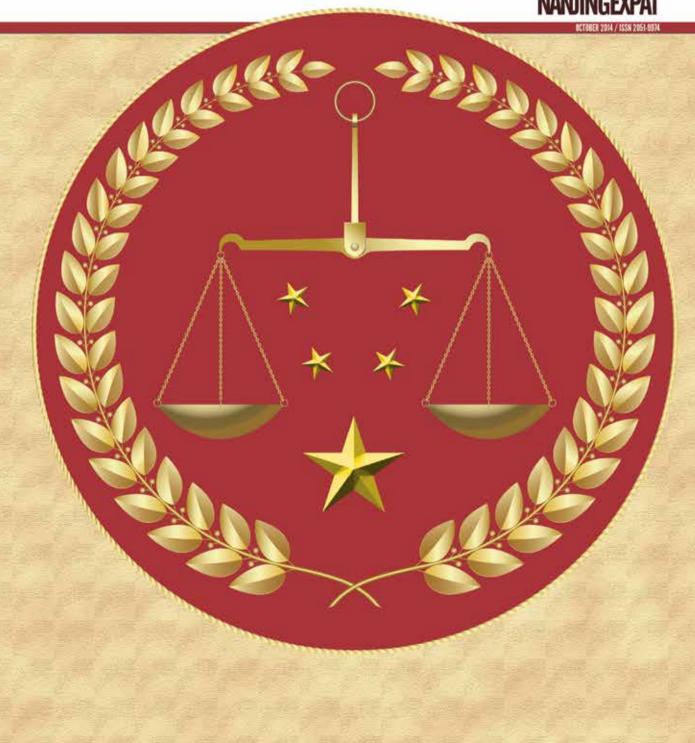
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## Introducing some of our contributors, writers and editors

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Nick McBride is a strength and conditioning coach originally from the UK. A former athletic director, he specializes in coaching young athletes and is now Head Coach for the Xianlin Warriors. In his spare time, he obsesses about Newcastle United Football Club

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Rick Staff is from the UK and has 20 years cumulative experience as a wine trader, taster, and writer and was editor of 'Superplonk', the UK's popular wine guide, prior to moving to Nanjing in 2008.

Rick Staff来自英国,有着二十年丰富经验的葡萄酒商人、品酒师、作家,并且是《Superplonk》的撰写者,英国很受欢迎的葡萄酒鉴赏家,于2008年移居南京。

Ronald Paredes is the personification of his motto "mediocrity is a disease we fight every day". The multi-talented designer's work appears in the design industry's annual definitive overview of the state of art in web design, "Web Design Index by Content – Volume 5"

泉源本人即是他的座右铭"平庸是一种疾病,我们每天都要与之抗争"的现实化身。 作为一位优秀的设计师,他才能丰富创意无限。 其网页设计作品还被收入在了代表网页设计艺术成就的权威性行业 年鉴内。《网页设计艺术指南一第五册》

Our Editor-in-chief and Music Critic, Frank Hossack, has been a radio host and producer for the past 30 years, the past 20 of which working in media in China, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

贺福 是我们杂志的编辑和音乐评论员,在过去的30年里一直从事电台主持和电台制片的工作。在中国有近20年的媒体工作经验。工作期间他曾经四次获得过纽约传媒艺术节大奖,分别是世界前40强节目奖,最佳编辑奖,最佳导演奖以及最佳文化艺术奖。





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### "Right and Wrong"

I loved my father: Strong arms and artistic eye-A finely tuned instrument From whom I learned Right from wrong, Between hard hand And warm heartheat.

But as his hair turned grey
So too did the line.
Where once stood the boundary,
Proud and certain,
Now it swayed in
Changing windsCrumbling.

Words became confusing,
Subjective realities
Smoking in Gauloises Bleues,
Morphing into euphemisms
For acceptance, tolerance,
Philosophising into
Stone forests of apathy.

But then my son was born-Reaching arms and a twinkle in his eye. I had to be sure, As he learned to play. Right from wrong Once more clear, Regular as the heart of a child

> Yesterday, though, he saw My first grey hair.

by Maitiu Brallaghan

## Letter Of The Month

Hello Nanjinger,

I am writing to ask if anyone can shed light on, what I find to be at least, a very confusing set of speed limits on Nanjing's roads. Take for example Ruanjian Dadaa, which is a long avenue with conditions at one end very different to the other, yet its speed limit remains a constant 70km/h throughout. To my mind, the Daming Lu end is in dire need of being a 50 while the Hexi Da Jie could be increased to 80. Then there is the beautiful Jiangdong Bei Lu with its new tunnels that permit traffic to "quickly" pass under busy intersections. Why is the speed limit a mere 60? As for all the many other roads in Nanjing that have no speed limit indicated, don't get me started!

Michael K. Corby

Hi Michael.

You're absolutely right. We will forward your suggestions to the municipal government, along with another sent in by an alert reader, who observed that the speed limit around 1912 ought to be, in line with common practice, increased to 120km/h after 11pm.

Ed.

#### WIN A WEEKEND FOR 2 AT NOVOTEL NANJING EAST

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NANJING EAST SUNING GALAXY

## Editorial辑语

## The Times They Are A-Changing

We, the jury, find the accused, The Nanjinger magazine, on the charge of publishing material inconsistent with accepted local media practice; guilty.

On the charge of following self-imposed standards as regards writing style, spelling, grammar, consistency and punctuation; guilty.

On the charge of reviewing establishments, movies, books and activities in an objective, unbiased manner; guilty.

We, the jury, hereby sentence the accused to be sent for re-education for the duration of the National Day holiday, to Anhui province. Huangshan to be precise.

Welcome to judicial from The Nanjinger.



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THE NANJINGER

## **Justice Being Served**

he traditional Chinese judicial system is a highly centralized, organizational model of the government and judicial system. At the end of the 19th century, the Chinese traditional law system gradually degraded due to contact and collision with Western culture: this lead to the development of the modern Chinese judicial system.

The first constitution law of China was issued in 1923 to establish the modern judicial system of the Middle Kingdom. However, between the Anti-Rightist Campaign of 1957 and the legal reforms of 1979, the courts played only a small role in the judiciary. The function of the court was instead fulfilled by other organs. In the period between 1980 and 1987, with Chinese economic reform, important progress was made. Constitutional law, which was amended in 1982, established the judicial system as it is in existence today.

The people's courts are organs exercising judicial power on behalf of the provinces; the courts are characterized by four levels; basic people's courts, intermediate people's courts, higher people's courts and the Supreme People's Courts. Furthermore, there are special people's courts, such as military and maritime courts.

The people's courts adopt a system whereby a case should be irrevocably decided after two trials. This means, after the judgment or orders are made in the first instance, a party may bring an appeal only once to the people's court at the next higher level, judgments and orders of the court of the second instance shall be seen as final decisions of the case. Judgment or orders of the first instance of the local people's courts at various levels become legally effective, as long as no party makes an appeal within the prescribed period. However, any judgments and orders rendered by the Supreme People's Courts as the court of the first instance shall become immediately legally effective.

The standing committee of local people's congresses may select people's assessors and provide a list of them to the courts at the corresponding level. Courts may select people's assessors to participate in a case of first trial. Collegial panels for the first trial may be composed of judges and people's assessors or of judges exclusively. The people's assessors system is different from the jury system in common law jurisdiction, in that the people's assessors are not selected on the basis of citizenship; they function as judges, and have the authority to decide both issues of facts and law. However, the assessors do not have an actual function in the trial. Rather, their presence serves as a foil in the court.

In China, local people's courts are divided by regions with their operating funds supplied by local government. This is likely to cause dependence on the side of the court, meaning the legal institution can be influenced by the government. To solve this problem, the courts would need independent funding, so as to be freed from any debt towards the governing body.

Another important issue that influences the development of the Chinese Juridical system is the quality of judges. The trial process is a crucial part of adjudication and is greatly influenced by the civil law ju-

This article is intended solely for informational purposes and does not constitute legal advice. Although the information in this article was obtained from reliable official sources, no guarantee is made with regard to its accuracy and completeness.

risdiction, in which the judge is the dominant party in conducting a trial. In the early years, most of the judges in China were veterans who fell short in terms of professional knowledge and lacked formal training. Undoubtedly, a judge is a professional entity that needs specialized knowledge, experience and a sense of responsibility. A heartening trend of today is that the young judges have all graduated from formal universities and passed the judicial examination; many of them have even studied abroad, hence with passing time, the quality of local judges is constantly improving.

Implementation is an important element of the people's courts to achieve an essential judicial function; it can protect the legal right and interest of the party. However, the current implementation of civil cases in China presents a challenge at times, which has severely affected the authority of the judiciary and justice. In China, there are numerous effective judgments that cannot be executed promptly for an array of reasons; for example, the party subject to enforcement might not cooperate.

Nowadays, the courts place a lot of focus on mediation and settlement rates; the mediation rate of the most basic people's court reaches 70 percent. This is beneficial since, once the parties have reached the settlement or the courts have issued the settlement agreements, the parties cannot appeal and the case is quickly settled.

We have seen that many judgments and verdicts of the first trial have been changed in the second trial in the past years because of the guanxi factor. But nowadays, this kind of relationship carries less importance, since the judges are more professional and the anticorruption investigations are a deterrence especially in main cities. While it may be possible to influence the judge's interests on account of their relationship in the basic courts in some small cities, it is incredibly difficult to benefit from any personal relationship in intermediate courts.

Although there are certain issues as regards the judicial system in China, there are definite signs of betterment of the overall system; with the improvement of laws and regulations, the future looks promising for the courts of China.

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All over the world, from historical times to our modern day and age, societies have created stratifications that limit people's lives and mobility. England has the class system, India is made up of castes; while China lives under the curse of the hukou.

Not unlike a birth certificate, the hukou is a modern registration system, under which every Chinese national is compelled to register in their home town or village in order to access education, housing and welfare.

#### Powerful Past

Family registers existed in their earliest form during the Xia dynasty (2100-1600BCE). The hukou was reformed into its modern incarnation by the Communist government in 1958 to control the movement of people between rural and urban areas. The system dictated that workers who took up employment outside of their assigned hukou area did not qualify for grain rations, health care or free housing. While there was the possibility for rural workers seeking non-agricultural employment in cities, the bureaucratic processes involved were a serious obstacle for these individuals (six permits needed to be sought out), and the numbers of people granted such a move was highly restricted by the government.

During this era, the power of the hukou was almighty; it truly decided over life or death for 700 million Chinese people during the mass

> famine caused by the Great Leap Forward (1958 -1962), as 600



NANULL

million rural hukou residents saw mean the difference between sucnearly all of their food rations cess and failure in life. confiscated by the government after output figures had been exaggerated by local leaders.

million Chinese; 95 percent sured their survival.

#### Remnants Of Bureaucracy

With the transformation of the country in the past decades, the hukou has lost much of its power; so much so it is now possible to transfer one's hukou more easily than in the past. These measures are, however, often limited to the more affluent sector of Chinese society. Graduates from overseas universities are usually offered a hukou from big cities such as Shenzhen or even Beijing, depending on the location of their hiring company's headquarters three).

The broad masses, who cannot afford to study abroad, remain stuck in a vicious cycle with their rural hukou, generation after generation. For these unfortunate people, this means no access to modern social welfare or housing in big cities. For their children, the location of birth in combination with their household registration will still determine their educational future, which in a country with such an intense urban-rural divide can

Even more importantly, if by horrible twist of fate one ends up without a hukou registration. Furthermore, an unimaginable pro- the consequences are disastrous. duction decline and ludicrous tax- Such was the case for Miao Dan, es contributed towards mass star- an 18-year old girl from Xuzhou vation and the deaths of over 30 in Jiangsu, who was informed that of she is not eligible to apply for whom held rural hukous. Meanwhile university since she was never ofthe 100 million holders of urban ficially registered, as the Yangregistrations received food ra- tze Evening Post reported in Octotions from the central government, ber 2013. Dan had illegally been which, while not sufficient under adopted by an unmarried farmer. normal circumstances, at least en- who found her as an abandoned baby but could not qualify for adoption under Chinese law; being single, disabled and less than 40 years her senior. Therefore he did not inform authorities of the child. As a result, from a legal perspective the young girl does not exist. Upon seeking to register for the university entrance exam (Gaokao) she was denied due to her lack of hukou, once again demonstrating the power this bureaucratic remnant of the Communist era retains even in today's age.

#### Playing The System

and For those who are legally regiswhether they have worked in the tered, the system is a mere lotcompany for a certain number of tery. Lucky people who are born in years (more often than not two or Beijing and Shanghai already have a considerable head start on their peers elsewhere, as these hukous entitle their holder to attend some of the best schools in the country plus preferential treatment when applying for the three national top universities; Beida, Qinghua and Fudan. Consequentially, they are unsurprisingly hot property on the hukou market. The acquisition of such "royal hukous" for their children is a life goal for many a Chinese parent, resulting in the emergence of many circumvention strategies to play the system.



Within the cities, the home address determines where the children of the household are allowed to attend school. Therefore, the simplest and most common practice is for parents to purchase a property (rented properties do not qualify) in a district with a good school. Logically, any housing around schools with a high reputation will therefore reach astronomical market values. At the same time, if the family can afford it, they might simply purchase a small, one-room apartment to be registered under the child's name, while in reality the family continue to reside in another house in a different part of the city.

Looking further, in order for second and third-tier city residents to get their hands on a royal hukou, measures might become more drastic. One example is the phenomenon of "Gaokao Immigration", a practice so common in the China of today, it has even earned itself a Baidu entry. The term describes the strategy of parents to move to different cities in order to ensure their children have a higher chance at entering China's top universities. This pre-exam move can take two directions; either the parents apply for temporary residence and move to Shanghai, Beijing

or Tianjin with their children that thev will get preferential treatment in terms of university applications. The other option is to relocate to rural China where parents are able to bribe corrupt staff to turn a blind eye when their children cheat during exams. Some even hire a stranger

blessed with a high IQ or good studying skills to take the test in their stead.

In this process, the acquisition of fake hukous is usually a prerequisite; however, if caught the students have a lot to lose. Song Moumou, originally a resident of Henan, felt the full power of the law when, in 2006, his parents acquired a fake Hukou from Qinghai province, in the educationally underdeveloped western part of the country. Thereby, the young student managed to gain the scores necessary for acceptance into Qinghua University. However, once the fraud was discovered Song was expelled from the university after his first year. In a twisted turn of fate it was his parent's attempt at providing their son with a better future that had cost him exactly that.

Finally, in a rather long-term plan for future generations, the Hukou marriage is an additional practice to exploit the household registration system. Eligible bachelors hailing from Beijing find themselves the center of attention as countless women with hukous ranging from second-tier city dwellers to remote rural area residents chase after China's "big city boys". Owning the

right to purchase houses and cars in the nation's mega-metropolis, an inheritance of at least one property in the Big B and therefore a bright educational future for any offspring means that Beijing males have become the Lords of China. Money, looks or social status do not matter in their case, for even the nation's prettiest girls will agree to marry those far beneath them in exchange for the "holy hukou".

#### Time For Reform

Reform of the hukou system has therefore been a hotly debated topic and on-going process in recent years. The leadership has been timid with their opening up of mobility for the broad masses due to fears of rural residents overrunning cities, straining services, increasing social unrest and last but not least, damaging the rural economy in the process. Yet, it is undeniable that this system is simply outdated and unbefitting of a society and government that plans to bring 400 million Chinese into the cities over the next few years in order to reach an urbanization rate of 70 percent by 2030. More importantly, with its current form, the hukou presents an impediment to economic development. Especially with China's entry into the World Trade Organisation, free movement of labour is key, and so reformation of the household system is, with a little push from the WTO, now underway.

Jiangsu province is on the front line of this reformation, having already loosened restrictions in 2012 according to reports by news outlet JS China. Following the changes, working or studying is no longer based on the condition of owning a hukou from the province; instead, a stable occupation and house-ownership are the only two criteria for outsiders seeking to establish a home here. The new rules additionally promise support to migrant workers (who do not qualify for

a hukou) in terms of the education of their offspring, housing and payment issues, as well as social security.

On a national scale, an encouraging announcement was made end of July, 2014: the State Council pledged to replace the current set up with a more flexible "residence permit system" and announced plans to help about 100 million people without urban registration settle in towns and cities by 2020. Huang Ming, Vice-Minister of Public Security, explained that the new system will be based on a person's place of residence and job, instead of their place of birth. In addition, transferring one's hukou should become a lot easier under the new law.

Lu Jiehua, a sociology professor at Beijing University, commented on the move in an interview with the Global Times that due to the rush to the cities, which is undoubtedly going to follow any relaxation of the current safeguards, "paying for public services is a major problem... Providing quality healthcare, pensions, housing and education to all residents is the tricky part."

If the government keeps on track with the abolition, the logistical challenge will be considerable; walking the tight rope of allowing free movement while controlling the population in mega-cities. The plan is to stagger the freedom accorded to different cities, with rural areas and towns being freed entirely of any current restrictions, while "reasonable regulations" will be introduced to the country's largest metropoles, i.e. Beijing, Shanghai, Tianjin and Chongqing.

While it will take quite some time to erode the class barriers constructed through the hukou system, this is a first step on the road to equality. Those Beijing boys better get married while they remain royalty.

承办人签章: 贺

2014年 10月 10日



## RESTORATIVE JUSTICE

#### **Politics & Peace Activists**

In the aftermath of World War II, the victorious Allied powers chose to bring their remaining enemy captives to trial rather than summarily executing them. The idea that even in the midst of war, there remains a line in the sand that must not be crossed, an international recognition of those atrocities bad enough to be distinguished as war crimes, was new, the categories of "crimes against peace" and "crimes against humanity" unprecedented.

These were the first international criminal tribunals, a milestone in the field of international law.

The most famous trials were at Nuremberg, where officers in the Nazi high command were prosecuted. The International Military Tribunal for the Far East, otherwise known as the Tokyo trials, followed a similar model, along with dozens of other trials and tribunals held throughout Asia.

After the second Sino-Japanese War (1937-1945), which overlapped with World War II in the Pacific, the Chinese likewise were left with enemy Japanese captives of all levels. Like other nations, China held military tribunals in various cities, including Nanjing. First run by the Nationalists, the tribunals ended in 1947 due to the Chinese Civil War. Eventually the Communist Party would arrange trials for other Japanese prisoners remaining on Chinese soil.

Far from being the sole purview of history buffs and international law scholars, these issues continue to influence domestic and international politics. Kinhua recently reported the launch of a new website; The Virtual Museum of the War of the Chinese People's Resistance Against Japanese Aggression (1937-1945), "designed to spread historical knowledge", while the National People's Congress this year approved two new holidays; one commemorating the victims of the Nanjing Massacre and the other victory in the war.

In a place as central to this conflict as Nanjing, the historical memory is especially close to the surface, but not all details are equally well known.

#### **International Law Today**

The 1998 Rome Statute laid the groundwork for a permanent International Criminal Court, which came into effect in 2002. States party to the Rome Statute plus members of the United Nations Security Council can refer cases to the Court for investigation and eventual adjudication. China is not yet a party to the Rome Statute, still looking to find that delicate balance between becoming a member of international institutions and preserving its closely-guarded sovereignty, but has participated in previous Security Council votes. It has been refusing in the case of Syria, but had earlier acquiesced in referring cases from Yugoslavia and Rwanda to the international criminal tribunals as well as the situation in Libya in 2011.

The ICC is meant to be a court of last resort, responsible for leading legal inquiries in war zones, acting where domestic courts cannot or will not. Current cases include investigations into violence in Northern Uganda, the Democratic Republic of Congo, the Central African Republic, and Sudan.

#### **Restorative Justice**

Earlier this year, Fudan University inaugurated the new Fudan International Criminal Law Center with a Symposium on Old Evidence Collection and War Crime Trials in Asia, inviting students and scholars from around the world to present on topics of history and criminal law.

One presenter put the spotlight on a peculiar turn of events; after the Japanese surrender in WWII, the Chinese were handed a number of Japanese POWs from the Soviet Union. Kept in a detention center in Liaoning province for several years, the prisoners were well cared for, given scarce food and medicine, and subjected to a process of "re-education" that led many to confess their crimes and beg for the death penalty. And then the Chinese let them go.

Some have seen this process cynically as an attempt to manipulate former Japanese soldiers, brainwash them and send them back home re-programmed to advocate for Chinese aims. Others have called it a kind of restorative justice, a forerunner to the Gacaca courts in Rwanda or the Truth and Reconciliation Commissions in South Africa. Like Desmond Tutu, they would contend "there is another kind of justice, restorative justice...the central concern is not retribution or punishment but, in the spirit of ubuntu, the healing of breaches, the redressing of imbalances, the restoration of broken relationships."

#### **Diplomatic Maneuvering**

Forgiveness and restoration was part of the Chinese political narrative of the 1950s, though Zhang Bixin, a scholar and professor at Xiamen University Law School, acknowledged a more complicated series of motives. International geopolitics had evolved significantly between the end of WWII and the era of the Korean War, when the American Imperialists were the enemy and Japan was haplessly under their direction.

By the mid-1950s, Zhou Enlai and the CPC Foreign Ministry were moving for a Sino-Japanese rapprochement, advancing a "People's Diplomacy" agenda. Japan had not yet recognized the PRC, but unofficially, the island country was pushing for the repatriation of its citizens left behind after WWII.

During the Korean War, Manchuria was an important strategic area. With the end of the Korean War and a more independent Japan, Fushun prisoners could have ended up pawns in a diplomatic game. 417 Japanese prisoners were released back to Japan in 1954. Some speculated that Zhou Enlai's foreign policy goals were to drive a wedge between Japan and the U.S. and encourage pro-China factions within Japan.

In a military courtroom in Shenyang in August 1956, 45 were convicted. Later that year Zhou Enlai announced his intention to restore relations with Japan.

While Zhang does not deny a clear political agenda, and that the trials were of questionable legality, given that they were conducted only after guilty pleas could be assured, her research points out that, while defense lawyers did not contest charges, they asked for lighter sentences on the grounds that their defendants had expressed remorse for their crimes. They had been "rehabilitated."

#### The Prisoners

The Japanese POWs, who were eventually to undergo this thought reform process, confess and be repatriated to Japan, were originally captured by the Soviets in Manchuria. They were subsequently transported to harsh labour camps in the Northeast Russian town of Khabarovsk where they would pass five years before being shipped back to China.

In mid-July 1950, nearly a thousand of these Japanese war criminals arrived at the Fushun War Criminals Management Center (also known as Liaoning Prison #3). Along with the Japanese were Nationalist and Manchu prisoners, including the toppled Emperor Pu Yi. Bernardo Bertolucci's film The Last Emperor would later make the prison famous for scenes shot on location.

The site was converted to a museum open to the public in 1986. It was here that a young Pu Yi, along with other Japanese and Kuomintang war criminals, was detained after the end of World War II. For \(\frac{1}{2}\)15 one can see galleries that show the transformation of the war criminals and their living conditions.



#### The Chukiren

The pardoned fighters found themselves founders of a controversial peace group, back in Japan in 1957. Known as the Association of Returnees from China, or Chukiren (中国帰還者連絡会, or in Japanese, "Chūgoku Kikansha Renraku Kai"), they were viewed with suspicion. Many reported coming home after 11 years in prison to find that their wives had remarried and their names had been crossed off village registrations.

They began telling their stories, in person and in writing, confessing to their crimes, testifying to the historical truth of WWII atrocities, and advocating for peace; activities not always popular with those segments of Japanese society, which even now might like to minimize the events of WWII. In a countermove, many of the aformentioned accused the returnees of being brainwashed.

Decades later, the Chukiren staged trips back to China, where they reunited with prison workers and families of their victims, telling their stories, asking forgiveness, working to build international peace and a "Sino-Japanese Friendship."

Due to the dwindling numbers of their members, many of whom had passed away, the group disbanded in 2002. They were succeeded by a group calling itself the "Fushun Miracles Inheritance Association," (Fujun no Kiseki wo Uketsugu Kai), formed of younger activists committed to preserving and sharing the group's testimonies.

Opened in the mid-2000s in a suburb of Saitama prefecture, the modest Chukiren Peace Memorial Museum exhibits documents in which some 300 Japanese veterans confess to the inhumane acts they committed, thousands of pages of handwritten testimony of a history many would, but none should, rather forget.





## China's Judicial System





#### Judicial Branch

Branch of government in PRC alongside executive and legislative.

The term judicial branch technically refers to activities of the People's Court.

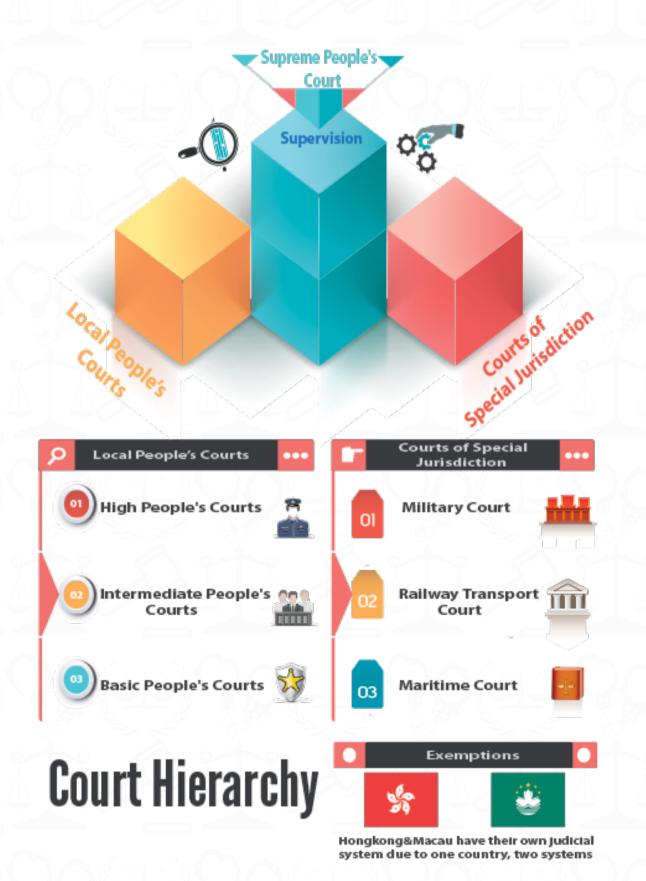


Judicial power should be independent and free from interference by the administration, public or individuals.



Independence to adjucate does not mean independence from the Party. On the contrary, the court has a high degree of responsibility towards and is accountable to the CPC.

Infographic by Tong Li





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When I first came to China, as part of a Chinese class assignment, I created a Sina-Weibo account. The registration process required an ID number, and one of my Chinese friends gave me his, as I had none of my own. While I went through the necessary steps to acquire a Chinese online presence, he added jokingly, but with a distinctly serious undertone, to "not post anything too critical of the government", because mv account would henceforth be inextricably linked to him. I promised to be good, so long as he did not annoy me.

This brief, trivial exchange stuck with me. On the face of it, it seems paranoid; people criticize the government all the time. Then again, there seems some truth to it, because nowadays who knows when a passing criticism will resurface? And who knows what the repercussions really are? The comment struck a chord with me because it illuminated the unnerving undercurrent of the modern societies we live in, constantly on edge and moving at speeds

faster than with which we are prepared to deal. Things unfold quickly. Last year, in Brazil, an increase in bus ticket prices proved the last straw for massive protests on an array of issues to break out across the country. In America, offhand comments by politicians are circulated and disseminated by the media virtually destroying their images in the blink of an eve: and in China something as seemingly banal as pictures of official's children displaying their wealth has sparked widespread criticisms of the government.

As far as scandals go, the Internet has rendered the modern world akin to the dry forests of California; who knows what carelessly tossed cigarette will ignite an uncontrollable fire? Simply put, we do not know. However, governments are increasingly seeking out these individuals, attempting to punish them for the fires they start, and prevent more from breaking out in the future.

This year China has increased its efforts to control the information provided by the Inter-

net with renewed vigor. The recent Internet crackdown on websites and microblogs have been attached with a tangible punishment for what officials refer to as "spreading rumours"; posters of information deemed a "rumour" or "defaming" in nature that is viewed more than 5,000 times or reposted more than 500 times will be reprimanded with up to three years in jail.

The bottom line provided by enforcement agencies regarding what is acceptable to post, though, is not simply limited to the authenticity of information in question, but also cite "upholding the socialist system" and "social morality"; in other words anything threatening the stability of the state is deemed criminal.

The simple fact, though, is that the state cannot win; the Internet moves too fast. Just as even the most casual of social dissidents online cannot be certain as to whether they will be made an example of or not, the government cannot be certain what it is that will uncontrollably inspire the

## Hug of war decade in the making...



is raging in China these days, as in most parts of the world, between those in power and their subjects. For those in power, the objective is simple and, contrary to rants of various enlightened college students, rather admirable; stability and order, a safe foundation for society. For the general public the motive is far more complex, as can be expected from such a large and diverse group of people, but it can be roughly reduced to the inevitable fetish of the individual; an attempt at understanding the mysteries of this chaotic life into which we have been cast. The rope is the Internet and the prize is control of knowledge, but it seems neither side is likely to win.

masses. Both are at the mercy of some incalculable question of probability as to what will emerge from the Internet's alcoves and what will be simply buried under the weight of its seemingly limitless information. The brilliance of the Internet's randomness lies in its users; the unpredictable nature of the human mind magnified over seven billion times moving and interacting at unfathomable speeds. It is chaos, actualized. Or is it?

In 1787 Jeremy Bentham developed an architectural algorithm for prisons coined the "Panopticon". The building was an octagon with cells facing inward so that all prisoners could observe all other prisoners. Additionally, a guard tower in the center was able to view every prisoner, though in a manner that the prisoners could not see the guards themselves. Bentham argued that in such a state of assumed constant surveillance the prisoners would in turn regulate themselves, and eventually the prison could be operated effectively without any guards present;

though the prisoners would not know it.

As a metaphor, this architectural algorithm seems to shed some light on the reality imposed upon society by the Internet, and why neither the ruling nor ruled will be capable of coming out victorious. The Internet has placed virtually all people and organizations under constant scrutiny. Image is everything, and the perception of being judged, whether true or not, though often a fair assessment, has lead most people and organizations of some prestige to self-regulate themselves.

Perceptions have become just as relevant as outcomes, and these very perceptions prevent either side from going too far. The rulers, concerned with security, know that if they go too far in controlling information there will be a backlash. The ruled, concerned with their livelihood, their freedom, know that taking too aggressive and critical a stance against those in power will have a negative impact on their lives. There will be those moments when terrorist attacks will give governments an excuse to more rigorously pursue internet security; the intangibly "right" stories will strike a chord and inspire an otherwise disinterested public, but for the most part, according to this metaphor, we will be stuck in our respective cells, hoping the video of our drunken antics from last year's Halloween party does not end up on the front page of YouTube.

So how do we describe this society, as transformed by the Internet, then; is it like a dry forest in California, chaos, or a sixteenth century prison design? Perhaps it is like all of them, and perhaps it is like none. Both sides are stuck in a stalemate, they pull the rope because they have to, but not for the sake of winning, simply for the sake of pulling; victims of a game too complex to be clearly understood, but too intuitive to be ignored.

This modern life fastidiously counts its victories, but perhaps nothing has changed at all.

### LAOWAI FACE THE LAW

t the beginning of September a group of Australians, the fine young men and women of my homeland, were reported detained in Beijing on the grounds of serious drug charges, an offense known to be punishable by execution here in China. Of course, over the numerous news reports that covered this incident the following question loomed; how will these foreigners be tried and punished by the Chinese courts? For the way in which foreign citizens are prosecuted and punished while residing in China has caused a great deal of confusion, debate and conflict over centuries.

The complex relationship between China's judiciary and foreign governments was not shaped overnight. Rather, just like any complicated love affair, years of tangled interactions, bickering, arguments and history have contributed to how "laowai face the law" in modern day China. A special legal right plays a leading role in this particular historical recount; extraterritoriality.

"Extraterri-what? Excuse me? What on earth did you just say?", my colleagues asked after I revealed to them the focus of this article.

"Listen carefully. Extra-ter-ri-tor-i-a-lity."

"Extra...ter...ugh. This is ridiculous. Let's just nickname it E.T. Have you seen E.T. by any chance, Lauren?"

Yes, I have seen the movie E.T. (that ugly, little alien scared me very much as a child, actually), and yes, I admit, extraterritoriality is certainly a mighty-long word, and from what I have gathered over the years, big words generally bear a significant meaning. Extraterritoriality is no exception to my rule of thumb.

To foreigners, who lived in China in the late 18th and early 19th century, extraterritoriality (admit it, your lazy brain just read "E.T.", didn't it?) was a saviour, or in the eyes of the more cynical, a gateway for foreign citizens to exploit their power. To many Chinese nationals this word

is sourly associated with a chapter of humiliation, degradation and inequality in their nation's history. Like I said, one big word and a whole lot of significance.

Extraterritoriality is defined as the state of being exempted from the jurisdiction of local law, usually as the result of diplomatic negotiations. In other words, expatriates with this right are immune from their host nation's legal system.

In 1842, after years of violent war between Britain and China, the Treaty of Nanjing, which (given the name, unsurprisingly) was signed and can still be viewed in this very city, officially ended China's First Opium War. In addition to ceding the territory of Hong Kong and multiple trading ports, the treaty also demanded that the Qing Dynasty forfeit another valuable asset to British victors; China's ability to subject its British residents to Chinese law.

Other countries including France, Brazil, the USA, Japan, Holland and the Soviet Union, ultimately followed in Britain's controversial footsteps; a diplomatic maneuver that gave foreigners immunity to the administration of Chinese law for an entire century.

Such legal exemption was deemed a blessing to many expatriates, as during the 1800's and early 1900's primitive and painful methods were still employed to punish and force criminal confessions in China. For instance, the barbaric practice "slicing" or "death by a thousand cuts", which involved using a knife to slowly and methodically remove sections of the accused's body, was not officially abolished in China until 1905.

However, this squeamish selection of punishment was not the only reason why Chinese law repulsed a great deal of Westerners. The Middle Kingdom was also often, from a European standpoint, unequal and arbitrary in its handling of legal procedures and rulings. In 1784, while firing a gun salute on a ship, a British gunner killed two Chinese boat-

#### BY LAUREN ZAMMIT

men in Guangzhou (and you thought that you were having an unlucky day?). Despite this allegedly being a complete accident, excusable of liability under British standards, the foreign gunman was tried and sentenced to strangulation by China's judiciary. Such incidents negatively impacted Western attitudes towards China's legal system, contributing to the demand for extraterritorial rights for foreigners living in China.

While international residents lived comfortably amid the terms of the "unfair treaties", Chinese nationals saw injustice in these lavish rights. Foreigners began to be viewed as a humiliating cause of mass human, economic and cultural destruction in China, establishing a legacy of anti-Western sentiment in the nation, and leading to nearly a century's worth of protests and rebellions against foreign privileges and exploitation. This raged on until 1943, the year in which extraterritoriality was officially abolished in China.

Fast forward to the 21st century. Foreigners living in the Middle Country are no longer immune to Chinese jurisdiction. We have been pushed off of a high and condescending pedestal and are now subject to the same set of laws as the local residents. However, similarly to the past, the way in which expatriates are both tried and punished remains a continuous source of conflict between China and foreign nations.

It is no secret that capital punishment is still sentenced (notably, in larger numbers than any other nation in the world), here in China. While an Australian national has not as of yet been executed under Chinese law (although considering the recent drug offenses, it is feared that this situation may soon change), foreigners from other nations have not been so fortunate. In 2009, British national Akmal Shaikh, was convicted and executed for drug smuggling in China despite the British governments multiple requests for clemency. Some reporters from national newspaper, China Daily, argued that treating this Western criminal with leniency would be a temporary return to

the days in which Britain bullied China and unfair treaties exercised their unrelenting control over the nation.

In addition to individual cases, foreign businesses covering sectors ranging from the automobile industry to pharmaceuticals have also become increasingly embroiled in China's legal scene. The poor access, which non-natives often have to lawsuit details and to China's court-rooms, has been a significant cause of concern for foreign enterprises, media and governments in the past. Cases involving human rights are usually kept completely under wraps, excluding members of the international media.

However, the future is looking brighter for foreign entities, businesses and individuals alike, after the head of China's Supreme Court, Zhou Qiang, announced in late August that non-natives will have greater access to China's courtrooms in the future. In his address to foreign ambassadors and officials at a "court open-day" in the nation's capital, the top-judge proclaimed, "More foreigners will be allowed to visit our court and listen to trials and cases involving foreign companies or citizens." Coming from such a powerful individual, this statement has given hope to many.

Foreigners and China's judicial system share a relationship which is anything but straightforward. As this tumultus history and modern-day dramas suggest, complex and confusing are perhaps more appropriate choices of adjectives when attempting to describe this bond between the two parties.

So, the next time you hear about a legal case involving a Westerner and China's judiciary, remember this mighty fine word; extraterritoriality (I hope that E.T.'s little ugly face isn't still making a grand appearance in your subconscious). This term is more than just a tongue-twister, and yes, it is more than a fancy way to impress others with your extensive vocabulary. It is a word of significance that still possesses a legacy and a whole lot of sentiment in China.



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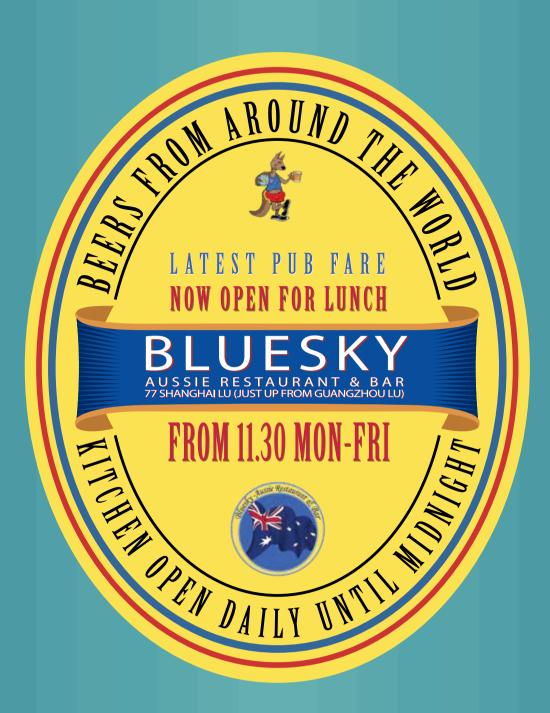
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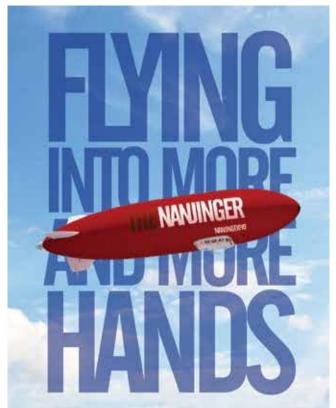
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THENANINGER









Changzhou Sheraton Changzhou Wujin Hotel Sheraton Changzhou Xinbei Hotel Sheraton Jiangyin Hotel Oxford College

#### Hefei

Sheraton Hefei Xinzhan Hotel Hilton Hefei

#### Huzhou

Sheraton Huzhou Hot Spring Resort

#### Jinan

Jinan Foreign Entrepreneurs Association

#### Qingdao

#### Double Tree by Hilton

#### Suzhou

Dulwich College Suzhou EtonHouse International School

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om Maggie Jones



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## LET'S GET PHYSICAL By Nick McBridge

### Train Like A Girl

I recently watched an advert on a social network site, showing a casting director asking a series of people to "run like a girl", "throw like a girl" or "fight like a girl." The result was flailing arms, giggling and other pathetic-looking moves. They then asked young girls to do the same. The result, naturally, was quite different. Free from stereotypes, and experiences of being put-down, one girl was asked "What does it mean to run like a girl?" She stands there in her dress and pigtails, determinedly looks at the camera and without agenda simply replies "It means, you do the best you can". (I'm welling up again...)

Around the same time, I saw Jo Pavey's incredible 800m, gold-medal run at the European Games. Trust me, if you have not seen it, get searching because it is inspirational. Jo Pavey is a 40-year old mother of three children, by the way.

Going back 20 years, my days were spent surrounded by men training in gyms. I never imagined back then, I would now be spending much of my time training with women. However, it may surprise you to know that strength training for women and for men is not all that different. Lifting weights is just as beneficial to women as men, if not more so. The difference is the outcome. Worried they will end up like Vin Diesel, women might avoid lifting weights; but actually, the effect for women is different due to a lower level of testosterone. If you are a woman and you are looking to build a strong, lean and toned body, weights and strength training is your answer. The good news also, is that the more muscle you build, the more efficient your body will become at burning calories. Because of this, if you do not want to loose weight, and you start strength training, you will need to eat more; protein and carbohydrate that is, NOT cheesecake.

Use the following basic strength routine to start you off, combine with cardiovascular work for maximum results:

Three sets of 12 to 15 repetitions each with one minute rest in between sets and exercises. The last three repetitions should be tough, so adjust the weight accordingly.

#### 1. BARBELL BENCH PRESS

**Do's** Hands just wider than shoulder-width apart. Lower bar slowly then press back up powerfully.

**Don'ts** Do not lock out elbows at the end of the movement. Keep a slight bend.

#### 2. LATERAL PULLDOWN

**Do's** Grip the bar with strong overhand grip. Pull bar down to sternum.

Don'ts Never round the back during this exercise.

#### 3. BARBELL SQUAT

**Do's** Feet shoulder-width apart. Lower thighs to horizontal for maximum effect keeping knees in line with toes. **Don'ts** Round the back; can cause lumbar spinal injuries. Impersonate Elvis Presley bringing knees forward.

#### **4.STANDING DUMBBELL SHOULDER PRESS**

**Do's** Feet shoulder-width apart. Lift dumbbells either side of your head. Exhale at end of movement.

**Don'ts** Continue if you have excessive arch in back. Do the exercise seated with a back rest.

#### 5. STANDING DUMBBELL BICEP CURLS (12-15 PER ARM)

**Do's** Start with palms facing body. Bend elbow and rotate arm up.

**Don'ts** Let your body swing during lifting phase. Only thing moving should be the dumbbells and your arms.

#### 6. WALKING LUNGES WITH DUMBBELLS (12-15 PER LEG)

**Do's** Feet hip-width apart. Take step forward with left foot and bend knee until thigh is parallel to ground and knee at right angle. Repeat on other side.

Don'ts Lean forward. Back should be straight at all times.

While gyms used to be portrayed as pretty intimidating places with a lot of strutting, grunting, hogging machines and competition to ramp up the weights; no longer is the cross-trainer reserved for women, and the free-weights section a man-only zone. Stake your claim at the bar ladies. Lift weights, well...like a girl.





### **Chateau Lafake**

n 2013 China accounted for almost 20 percent of all of Bordeaux's, exports by volume making its one of the world's largest Bordeaux markets. The initial batch of the so-called "first growths" from Bordeaux's dusty 1855 classification, Chateau Lafite Rothschild, is what a certain band of Chinese wants and will pay anything to get. The prestige of such a glittering prize is the key to satisfaction of course, above any sensory impact, and in turn has led to some less than scrupulous behaviour. Chateau Lafite's total per annum production is around 250,000 bottles; conservative estimations put the total number of bottles sold with the Lafite imprimatur in the Middle Country at around two million a year. You do the math, as they say.

Wine fraud, however, is certainly not only prevalent within the domain of China, and in August this year Rudy Kurniawan, a California-based wine collector of Indonesian extraction, was sentenced to a weighty 10 years in prison and fined US\$20 million plus a further 28 million in compensation. An unprecedentedly severe conviction for wine fakery, but for Laurent Ponsot, the Burgundy winemaker who first detected and relentlessly pursued Kurniawan's scam for five years, that is not enough, "Twenty years would have been more satisfactory, considering how he has sullied the image and integrity of the wine appellations of Burgundy, Bordeaux and beyond".

Yet, Maureen Downey, one of the world's leading experts on wine forgeries, expressed some sympathy after the trial, "Rudy sold \$130 million worth of fake wine because other people told him to". And, of course, there were people silly enough to buy it; this includes the likes of American billionaire William Koch, a robustly ego-ed collector of boats, art and wine, who stashed 219 bottles of Burgundy in his cellar allegedly consigned by Kurniawan. He paid \$2.1m for the wines in total, Ripping off billionaires parading bottles of wine in front of each other suddenly doesn't look the most contemptible of crimes in the world, but more than that the great service inadvertently done, call it schadenfreude if you must, is to help demolish the sense of elitism of the world's cashed-up wine drinkers. They have been drinking knock-offs and boasting about it, and their boasts remain deliciously etched onto the fine wine forums posted with great chutzpah after the lavishly wined dinners hosted by Rudy and other crooks. The true imbibers of the world have only missed out on public humiliation. These storied French regions though still provide some of the best wines in the world and if you dig a little deeper than surface glitz you will not need to re-mortgage your house and risk being ensnared in litigation to drink them.

A lovely recent discovery from beneath the gilded covers of Bordeaux is Le Relais de Durfort-Vivens (the second label of Margaux's second growth Durfort-Vivens), which has a gorgeously luxuriant coat of cassis around satisfyingly dense Cabernet dominated berries and a light violet lift on the finish; it is absolutely integrated right now on the 2006 model (18.5 points). Even lovelier is that it can now be found at vesmywine.com for \( \)288 after a hefty 40 percent discount. Jayson Wines (Taiping Road, 1912 district) houses the French top dogs along with the less flashy, and of those the stand-outs are Chateau Ponsac 2006, which offers enticing sweet cherries and licorice; pure, fresh and well structured and at ¥250 good value for a northern Medoc (17 points) and Chateau Talbot 2007, which delivers blueberry jam with a fresh herby undertone; supple, spicily charming drinking again from the Medoc, though this goes for a loftier ¥500 (17 points). ■



"You, yourself, as much as anybody in the entire universe, deserve your love and offection"

hroughout history certain illnesses have defined entire centuries; in the 21st century the issue of the moment is undoubtedly the eating disorder Anorexia nervosa.

This condition is characterized by restriction in food, combined with the painful conviction that the person suffers from excess weight. Fortunately. Anorexia nervosa remains a relatively rare disease with a prevalence of less than 1.2 percent, where the majority of patients are located in developed countries. In developing countries, anorexia nervosa is practically non-existent, as there are simply no conditions for its occurrence; in these nations the concept of beauty is closely associated with strength, health and curvaceousness.

Symptoms of Anerexia nervosa include vomiting out food, experiencing guilt when eating or feeling disgusted with oneself for looking different from the models on magazine covers.

The concept of this disorder is relatively new to psychiatry. Its occurrence is associated with a sense of the beauty of the human body.

Eating disorders only appeared when our culture developed a standard of beauty that was not realistically attainable through healthy methods.

Not so long ago, the ideal of female beauty was a fair plumpness with bulging tummy and wide hips. However, when unnatural thinness became attractive, girls resorted to dangerous tactics in order to to stay thin. Therefore, the new beauty ideal has been responsible for eating disorders all around the world. Anorexia nervosa is one of the worst types of the illness often resulting in death.

According to doctors, eating

disorders are influenced by genetics, culture and family ideals, in addition to being triggered by unbearable distress. They can develop also in men, although only a very low percentage of affected are males, mostly patients are young airls.

More often than not, victims are young women wanting to emulate standards promoted by institutions ranging from Barbie, whose general proportions are entirely incompatible with the human body, to Hollywood stars. The vast majority of patients with anorexia nervosa are adolescent girls, yet the disease can begin as early as childhood or one's teenage years.

Usual causes of the disease are often a form of severe psychological trauma; this could include the death of a loved one, a sharp decline in living standards, rape, physical aggression or attempting to follow the world standards of beauty.

People with anorexia report almost constant thoughts about

food, which is quite natural for a person who is non-figuratively speaking starving themelves to death. Food is chewed very slowly, patients constantly feel tired, have symptoms of depression, are unwilling to study and unable to concentrate on anything.

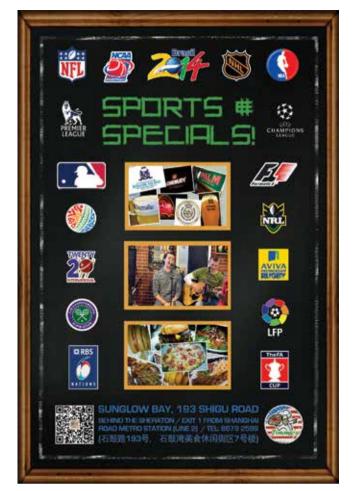
Despite stark weight loss, many continue to find themselves fat or in fear of obesity.

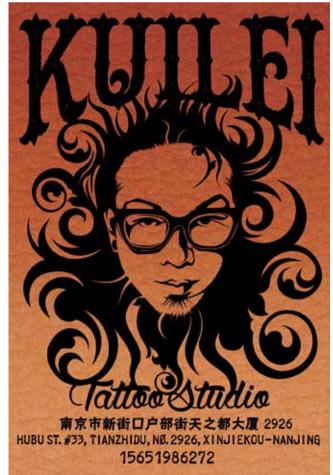
Being subjected to this disease longterm affects one's overall health, with low blood pressure, slowing heart rate, arrhythmias, skin changes with cyanosis and dryness, hair loss, muscle cramps, and osteoporosis being typical sideeffects; the level of hormones is further reduced to childhood levels, hampering development of uterus, ovaries and mammary glands, possibly irreversibly hindering full development.

The accompanying depression can lead to suicide; about half of all deaths from the disease fall under this category.

Treatment is a challenge, complicated by the fact that the person usually refuses to acknowledge the problem. All treatment has two main purposes; improve the physical condition of the exhausted organs, often through tube feeding, and providing the individual with a healthy perception of their body and normality through therapy. Unfortunately, more than half of patients treated will relapse.

To prevent the occurrence of anorexia nervosa, it is necessary to teach children appropriate nutrition at an early age and convey a healthy body image. Loving oneself and being at peace with oneself are the manifestations of true beauty.





## Swimming in a Sea of Beer Soul-dangling in Qingdao By Laura Helen Schmitt The moment I stepped off the high-speed train, I felt as if Kaiyue International Youth Hostel lies smack in the heart of

The moment I stepped off the high-speed train, I felt as if I had returned home; the German railway station of Qingdao greeted me with such architectural familiarity. It was my second attempt at enjoying the city (hazy, uninviting memories of the first comprising drenched clothes and a fever), which was occupied by the Germans between 1897 and 1914; bringing with them a number of advantages such as sturdy, durable buildings, an excellent pipe and drainage system and most importantly the equipment and knowledge that would become the base of the internationally famous Tsingtan heer

Coming from the chaotic craze that is Nanjing South Railway Station, Qingdao's calmer pace of life was immediately tangible. At 10 pm at night, people were sitting on the sidewalks-turned-terraces; another very German phenomenon, which to my disdain is seldom to be found in Chinese cities. There was less honking, too; the taxi drivers were incredibly good-natured throughout the entire stay. It was, in short, a typical seaside city.

Arriving a day earlier than my parents, I was therefore looking at two very different experiences during my visit; number one, the inexpensive hostel in the old city centre and number two, the slightly more high-class American four star hotel in the newer district to the east.

Kaiyue International Youth Hostel lies smack in the heart of the historical part of Qingdao, which is specked with German architecture from grand and glorious to your regular neighbourhood building. The hallway's disintegrating wall-paper obscures the truth that this is actually a very decent hostel with clean rooms, wood-paneled, spacious showers and a very inviting resto-bar attached to it. At ¥50 a night in a seven-bed room with a locker, this hostel provides a true value for money travel experience for those on a budget.

Location-wise, Kaiyue could simply not be more conveniently placed, a five-minute walk from the Catholic church, undeniably the grand masterpiece of Germanic architecture in Qingdao, and just down the road from a traditional outdoor market, where travellers can partake in the tradition of buying their own seafood before having it prepared in a restaurant nearby.

Five large crabs, over a kilo of fresh prawns and some mussels found themselves thrust into our bags for around ¥200 (even too much food for a party of five). Then drag the live seafood to Yizhou Lu, a road just beside the market, where for a small fee of ¥5 to ¥15 (depending on whether you want your crustations simply boiled in water or fried and drenched in deliciously spicy chilly sauce), the restaurants will prepare them fresh for you. Wash it all down with

a mug of draught beer and enjoy the Qindao way of life watching the locals bustling to and fro.

The Copthorne international standard hotel on the other hand lies in the new city district of Qingdao, so devoid of personality, it could have actually been any Chinese city. More than once I thought I was walking through Hexi CBD; the only give-away being the seaside. About a 20-minute taxi ride from the old city centre, the district is modern, clean, and very flat; everything the old town with its small, winding alleyways and hilly layout is not. Yet, it is the tiny, chaotic road system, where one never knows where the next turn will lead, that is so incredibly charming; in terms of location Kaiyue hostel therefore wins the race handsdown

That being said, public transport in Qingdao is surpisingly convenient, despite the lack of a metro system; buses are equipped with English announcements and make travelling from the new district to the old very simple.



Besides following the traces of German ancestors along the desolate but still intact German street, the very wellkept German governor's residence and the multiple churches, the other important feature in Qingdao is obviously the beach.

erable strain onto one's ear drums with Chinese music screeching from poor sound quality speakers, this is an experience you do not want to miss as locals and tourists come together to drink and sing.



A few hours ride to the east one can try to tame the beast that is Laoshan; the mountain famous for producing China's very first own sparkling water. It is one of the five holy mountains of China; specked with Daoist temples, this is a splendid destination for climbers, classic architecture enthusiasts or fans of the religion. You can either attempt to drag yourself the whole way up the 1132.7 m high mountain, or chose the slightly more comfortable option of the cable car, which takes you about half way.

With brilliant sunshine on the first day, I was optimistic; this time I was definitely going for a swim in the sea! The minor glitch of having forgotten my swim suit was resolved easily with the purchase of a Chinese-style bikini-dress for a very acceptable ¥45; I always knew I would end up buying one of those one day. Sadly, the weather once again was not with me; instead it remained inexplicably changeable, going from 30 degrees sunshine, to pouring rain, back to searing summer heat from day to day.

Yet, Qingdao is still so much more than the sum of its beaches. At the end of August, the annual Beer Festival, the Chinese version of Munich's Oktoberfest, is only a 40-minute taxi drive away and, despite putting a considThe mountain lies beside the sea and is therefore even more of a looker than its brother Huashan near Xi'an. Stop for lunch in one of the small fishing villages on the route for seafood and soul-searching; you have never been so relaxed in your life.

> Looking back at my three-day stay, although in the end, I, unlike, according to rumour, the local government, was unable to control the weather and therefore missed my highly anticipated swim in the ocean, this second visit showed me what a brilliant city Qingdao really is; a wonderful destination for rejuvenation and relaxation. And beer. 🞹

THE THE PARTY OF



About ten years ago, I visited Chinese friends in Beijing. They were very proud to show me a bottle of red wine they had recently been given as a gift. As their guest, I was invited to share it. Only when I tasted it, from a small cup with ice, did I learn it was off; they had been replacing the same cork on the same bottle for weeks. The ice, perhaps, was a surprising innovation here in China, but the oxidation quite understandable; these inexperienced drinkers wanted to maximise their value from a prestigious commodity.

I have often thought about this moment when reflecting on the way most Westerners approach tea. Even when presented with good tea, most will sink a small quantity of leaves in a very big teapot, subjecting it to whole minutes of stewing. Only if the pot's contents are considered too cool, will any more (scalding) water be added. What is more, any unused tea leaves from that batch will be stored in such a way as to invite greater exposure to light and oxygen than permissible for any other foodstuff. No wonder tea subjected to such abuse is not enjoyable without the familiar comforts of milk or sugar.

It hardly seems worth wasting the good stuff on occidentals at all. They do not get Chinese tea because they are not Chinese; they are not steeped in the culture of thousands of years of continuous tea drinking...

...or so I once assumed. In fact, I now doubt this assumption both because a) I have greater faith in foreigners like me and b) because I feel less intimidated by the edifice of an unbroken, indigenous "tea tradition".

All too easily forgotten is the fact that tea culture in China itself is only slowly recovering from its (fairly recent) status as a decadent, bourgeois indulgence.

# For all its commercial viability, tea has still not reclaimed the space in Chinese life it once possessed.

Many of the traditions of tea preparation, being uncodified, can only be guessed at by modern interpreters; those interpreters are as likely to be a new generation of foreign enthusiasts as they are to be Chinese.

Recognition of the specific temperature requirements of foreign green teas, such as the fragile (but wonderful) Japanese Gyokuro, is leading a change of approach in China. But the change is only slow; too many times in markets or teahouses in Nanjing have I waited for green tea to become drinkably warm, only to find the leaves, like my tongue, irreparably scalded.

No one has yet bettered the basic Chinese principles of gongfu cha, with tea liquor repeatedly poured from a tightly stuffed lidded cup and cooled to instant drinkability through transferral (via a jug) into tiny cups. Even if nothing ever supplants it, there is still plenty of room for fresh ideas and unstuffy thinking in our handling of this basic hardware set.

Experimenting with tea is a pleasingly intuitive feedback loop. Like wine, the enjoyment derived from tea is one too subjective to rely on training, breeding or expenditure.

Incidentally, those same Chinese friends now live in London, and regularly open good (fresh) wine for their guests. It was not I who "put them right" (I was too selfishly polite to say anything!); they simply discovered a love for it themselves.



# To and from a new home that truly feels like home





# NX OURSPACE For locations where no contact information is given, please refer to The Index

# Gastronomy Feline Fun? PussyCat Café

By Wang Tiantian

A literal cat café with live aminals; this is the concept of the unimaginatively named "PussyCat". hidden on the third floor of vet another IT Mall on Zhujiang Lu: a rather unconventional choice of location for this Chinese copy of what was originally a Japanese coffee chain. Concerning or auirky. I couldn't help but ask myself. How one would realize such a questionable idea from a logistic and safety perspective was already enough to tickle my curiosity.

I committed my first faux-bas upon storming enthusiastically into the café: immediately a distraught waiter ushered me outside to but on a pair of shoe pullovers, while a second one frantically started wiping the spot that had been contaminated by me. I was impressed: obviously this coffee place takes hygiene very seriously.



Those hoping to get away with a cat visit for almost-free need to be warned that there is a minimum charge of ¥35, an amount that is easily spent as their limited selection of drinks is on average just above that. I ended up purchasing an iced mint chocolate, a kittenpaw marshmallow and a hazelnut macaroon, feeling pleasantly surprised with the quality and the presentation of the ordered items.

Presentation is definitely the café's strong suit; the décor is just tastefully corny enough as befits a café for lovers of all things feline, while avoiding the common Chinese interior design mistake of being over the top gushy. Orders are served up on a small wooden tray with a little kitten figurine as a companion; obviously PussyCat lives by the motto "consistency is key".

Upon entering, the professionally trained staff give you a set of instructions on how to treat the cats in order to avoid altercations; a more detailed version of which can further be found in form of a comic instruction sheet on every table. In a nutshell, the rules are "DON'T hold me, feed me, wake me or flash me" (of course referring to cameras...what were you thinking?!).

In actual fact, visitors are allowed to feed the cats with the approved food and during feeding time, a spectacle which sees the entire café abandon their electronic devices and delicious drinks to storm to the center of the room, to take bictures and broffer treats to their fluffv friends. After dinner time, the crew once again swooped down onto the floorboards for another session of obsessive floor wiping; more hygiene boints.

Although the scenes in the café generally seem harmonious, there is just that part of oneself that feels sorry for the cats on display here: while the Chinese excitement and enthusiasm is endearing. frequently it results in a "whether you want it or not" policy as the visitors pet, cuddle and selfie their way through the line of cats with a vigor that borders on disturbing. Well-intentioned, ves. but definite proof that there is such a thing as too much love.

Then again, it is on a certain level understandable for any cat berson. Despite trying to control my urge to join the crowd in showering the animals with attention, I couldn't help falling in love with one particular resident, whose name "Crazy" could not be more appropriate, his looks suggesting Einstein or Emmett "Doc" Brown were reincarnated as a cat. Aside from being acquired from regular pet outlets, some of the felines have actually been brought in by their owners, who for different reasons are not able anymore to care for their pets. This does suggest that the café is seen by "experts" if you will, as a safe and happy place for their loved ones; if that is not a good reference, then what is?

Definitely not a destination for dog lovers, cat non-thusiasts or the allergic, one has to admit that effective safety measures are in place and enforced by the trained staff to an impressive extent; not often the case in these realms, as many of us realize. If you do love the fluffy animals, this café is truly a place full of love and delicious treats, a wonderful retreat from the stress of daily life. W

PussyCat is located at 3F.SEG IT Mall. 67 Zhuijanglu .Tel.: 66 I 18675.





# Thai Orchid

Previously underrepresented Thai cuisine takes on Nanjing; Thai Orchid is the latest of such restaurants with the major advantage of Thai nationals filling their kitchen; they know what they are doing. The restaurant further surprises due to its low key decor; Thais the world over tend to look like a Bollywood Movie (yes, different country, I know) exploded in their midst showering the place with golden elephants, glitter-rimmed colourful fabrics and any other over-the-top decor items the Gaudy Central Emporium had on sale. Thai Orchid on the other hand takes a rather simple approach to the whole business, adding only the minimum amount of elephants and colour, and putting more of a focus on the actual food than the usual pompous palaces. Find Thai Orchid at La Defense Exotic Flower Street, 86-1 Fuchun Jiang Dong lie; 富春江东街86-1号拉德芳斯异国风情花街。

# Xianpingjia

Literally around the corner from Nanjing International School in Xianlin, Xianpingjia is very traditional Korean restaurant run by a Korean grandma, who has over 30 years of cooking experience. Make sure you've got clean socks on, then kick off your shoes and get down on the floor for a culinary cultural experience that includes, among many special dishes, Bulgogi-marinated beef served with vegetables which you cook on the table. A side of Kimchi is a must! Find this homely Korean restaurant at Xianlin Dongfangtianjun I block No.6, 仙林大学城杉湖西路东方天郡门面房 6号.



#### 台灣 大文 「台灣 大文 「台灣 大文 「日本 大

# A La Puff Bakery

This "almost-hole in the wall bakery" is easy to miss hidden at 33-3 Qindao Lu; and yet forgoing this small treat will make your life a little less rich. The handmade cupcakes and puffs (by their looks Hong Kong pineapple buns with a swab of flavoured butter cream) are inexpensive at under ¥10 and even the macaroons are priced well below the competition. Taste options range from lusciously creamy caramel-apple cupcakes to durian cream-filled puffs for the unafraid; not my cup of tea personally speaking. Delivery in the area of Qingdao Lu is available for orders above ¥30; good news for the Nanjing University students in need of a sugar boost for their studying session. There is one more store to be found in Nanjing, close to Ikea at 永乐路101号(海鲸公寓以北).

# Cinema

# A Raccoon to be Reckoned with

By Ben Flake

For me, it all comes down to the talking raccoon. It is an unwritten rule in Hollywood that if you direct a film that features a talking raccoon (as James Gunn has done here with his adaptation of the Guardians of the Galaxy comic books) you must expect your movie to be judged on it; so let us proceed.

Our raccoon (whose name, unfortunately, is Rocket) is, visually, beyond reproach; maybe three feet tall, bipedal as a result of disturbing genetic experiments of some kind, and wearing a vest with nothing on underneath it, as all good sci-fi characters should. He is wonderfully realistically rendered; we are treated, frequently, to close-ups of his grimacing face, teeth bared, snarling adorably, and I believe these shots to be accurate representations of the way any woodland creature would look were it to be severely irritated and firing a gun.

He spends so much time snarling because he has got attitude. A bad temper, an inferiority complex, a whole host of issues over the fact that he is the only critter of his kind in the universe. This is generally a good thing (for dramatic purposes, I mean; you wouldn't want to run into him rooting around in your garbage can one night), although as voiced by Bradley Cooper he sometimes sounds like he is a hair's breadth from being a Disney sidekick. And this is wrong.

Because Rocket the raccoon is nobody's sidekick. In fact, he even has his own sidekick; Groot, a sentient tree (only capable of uttering the words "I am Groot"), who is the Chewbacca to Rocket's Han Solo. Rocket, in turn, is the Han Solo to Peter Quill's (Chris Pratt) Han Solo, a cocky, charming rogue with his own spaceship which he uses to fly around the universe searching out pricey and powerful objects to run off with and resell.

This exhausts our Han Solos. There is also Zoe Saldana as a green-skinned alien, who has little personality besides being a killing machine, and Dave Bautista as an extremely muscular fellow, who is blue and literal-minded. There is not a Luke Skywalker, or anyone else who might object to risking his life on a foolhardy plan conceived moments earlier, or to dancing during the film's climax, or who is not as likely to be laughed at as laughed with by the audience.

This is Guardians' major advantage, aside from the fact that it has what must be decades of Marvel Comics' cosmic events and characters to draw on (including a chaotic interstellar prison, a mining colony harvesting the contents of the skull of an an-

cient space giant, and Thanatos, a supremely powerful schmuck.) Without a stiff, straight-man hero to drag things down, it possesses the levity that makes most of the Marvel movie adaptations such fun, but none of the self-seriousness or, for that matter, stakes.

The plot does not even seem to be trying that hard; the Guardians are brought together (each ones' motivations initially selfish, of course, though it takes almost no time or effort for them to become dedicated to one another and to protecting the innocent and such) in order to prevent some kind of super-powered rock from falling into the hands of a genocidal extremist, who wants to use that rock to destroy Glenn Close and her blanet.

It is not much of a spoiler to tell you that Glenn Close survives. As does her planet. As do the Nova Corps, which is apparently really, really important in the corner of the galaxy that the Guardians inhabit, although none of these things are really introduced to us in a coherent way. A minor last-minute revelation aside, in fact, Guardians is essentially un-spoilable, even more so than most comic book movies, in which the good guys do have a very good track record (generally for saving the world and/or New York). The dramatic stakes are not really the point, though they do give us the excuse to watch a few cool sequences in a few cool locations, and nor is the burgeoning feeling of togetherness and belonging that our oddball, multi-colored and -specied pals feel as the movie progresses. The point is to deliver a fun, light-hearted space romp, and in this Guardians succeeds admirably. Its talking raccoon also meets all reasonable expectations.





# Charity Activities Cook Book / Vegas Night

Bv Frank Hossack

October is Nanjing's busiest month. The weather is perfect (but I should learn to never put that in print; see the Aug issue), new folk have found their feet, the schools have got their acts together so that everything is ticking over nicely and Christmas has yet to rear its ugly head. It is for these very reasons that much fundraising for various worthwhile local causes takes place at this time of year.

As one of the main charities to which expats contribute, Hopeful Hearts shall launch a brand new, fresh and exciting cook book next year. As part of this, from 6th to 24th October, a competition shall be held for children to enter via their school (EtonHouse, BSN and NIS) from which the winner will have their design/drawing used as the front cover for the new cook book. Once the competition closes, a representative from each school and Hopeful Hearts will run through the entries and the intention is to choose the first, second and third place winners from within three different age groups. The overall favourite will be used for the front cover of the new cook book and the remaining eight winners will be used inside the cook book. It is hoped to launch the new cook book in March after Chinese New Year. See the ad on page 28.

Elsewhere, 350-400 people are expected to turn up for another exciting Nanjing Goes to Fabulous Las Vegas night on 1st November, with the aim of raising funds for Butterfly Hospice, Ray of Light, Pfrang and Hopeful Hearts.

Like most things in China, gambling is a highly restricted activity. So don't imagine yourself cashing in all those winnings. This is where sponsor-donated prizes come in. Last year, such prizes included bottles of champagne, wines and spirits, works of art, electrical appliances, Chinese furniture and vouchers for dinners, massages, groceries, plus Chinese, English, cooking and music lessons.

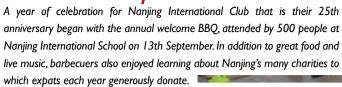
On the business end of things, punters can look forward to blackjack, roulette, punto banco and poker (with a seperate table for advanced players). Trophies shall be presented to the poker winner and best dressed lady. Then dance the night away to live music and DJ.

So turn up, buy some chips, hit the Roulette wheel and walk away a winner with the prize of your choice. Nanjing Goes to Fabulous Las Vegas 2014 will take place on 1st November at Sheraton Nanjing Kingsley Hotel from 7pm. See the ad on pages 24-25.























At the first post-summer EUCCC Mixer on 14th September, EcoArt embraced both artists and Chamber members alike within a stimulating environment, in which six individuals shared their work with EUCCC members. The various pieces on display are creations by five contemporary Chinese artists from Nanjing and one overseas artist with both bronze sculptures and Chinese style art.















With Oktoberfest season upon us, local Nanjing people joined the international community to celebrate the annual festival of hops from 19th September to 3rd October at Hacker-Pschorr in















# **NXTHENDS**

# Food & Drink

# Western Bars & Restaurants

# Element Fresh 南京新元素餐厅

1F. Naniing IST Mall. 100 Zhongshan Lu 中山路 100 号艾尚天地购物中心一层

www.elementfresh.com

Hailing from Shanghai and borne from an expat's passion for food, multi-award winning Element Fresh offers one of Naniing's finest western dining options under their slogan "Enjoy fresh food".

# Studio 21 Grill Restaurant 藤美

193 Shigu Lu (behind the Sheraton) 石鼓路 193号 (石鼓湾美食休闲街区) 86795269 / 13072525212

Genuine European flavours, grilled meat, seafood specialties and well renowned home made desserts plus a set lunch menu with great prices and specials for students and teachers. Live music (from Tony) every Friday and Saturday during dinner.

# Brewsell's 上海路 77 号比利时精酿啤酒屋

77 Shanghai Lu (first place up from Guangzhou Lu) 上海路 77 号 (靠近上海路和广州路的路口) 58779429

www.hrewsells.com

Quality Belgian drinks & cuisine in a smoke free environment. Imported Belgian draft beers include two types of both Vedette and La Chouffe. Daily happy hour from 5 to 8pm; kitchen open until 11pm.

# Hacker-Pschorr 赫佰仕

Basement, Asia Pacific Tower, Jinling Hotel. 2 Hanzhong Lu

汉中路 2 号金陵饭店亚太商务楼

84660099

www.hacker-pschorr-brauhaus.com/naniing

German brauhaus that is the first Hacker-Pschorr in China. Enjoy 20 percent discount on all food plus buy-one-get-one-free on all beer during the opening period.

# Jimmy's 吉米来吧

193 Shigu Road (inside Sunglow Bay near the Sheraton)

石鼓路 193 号

86792599

www.iimmvsni.com

The place to be for live and recorded sports, especially on Saturday nights, while enjoying American style pizza, BBQ steaks, burgers. hotdogs, tacos and more, accompanied by a large selection of draft and bottled beers and more than 50 different kinds of single malt whisky and bourbon.

# Bellini Italian Bar & Restaurant

12 Nanxiucun 南秀村12号 52888857

1-106, 9 Wenfan Lu, Xianlin 仙林大学城文范路9号1 - 106室

85791577

www.bellinirestaurants.com

Stylish and elegant yet easy in which to relax, Bellini serves up an array of signature dishes and drinks. Tempting daily specials available at each venue.

# Finnegans Wake 芬尼根爱尔兰酒吧餐厅

6 Cinnalane

中山南路升州路(原中北汽车站)熙南里街区6号 52207362 / 13057623789 www.finneganswake.com.cn

Guinness, Kilkenny, San Miguel and Rogue-Dead Guy Ale on draught, a wide selection of classic Irish and Scotch single malt whiskies plus a carefully prepared selection of authentic, western food

# Blue Sky Expat Bar & Grill 蓝澳西餐厅

77 Shandhai Lu 上海路 77 号

86639197

www.the-blueskv.com

hluesky aussie@gmail.com

One of the original expat bars to open in Nanjing, serving burgers, pizzas, Aussie meat pies and Bundaburg Rum (Bundy). There are also weekly and monthly pool competitions, weekend openings at 10.30am plus music you thought you had forgotten about.

## Les 5 Sens

乐尚西餐厅

52-1 Hankou Lu

汉口路 52-1, 靠近南京大学

83595859

Remaining surprisingly inexpensive since opening its doors in 2005, Les 5 Sens serves authentic and homemade traditional French dishes (fois gras being a particular favourite) in a homely atmosphere.

# Medi Mediterranean Café and Bar

8#101 Shipopo Lane

玄武区石婆婆痷8号101

83600569

A Spanish chef serves up a range of pizzas, pastas, and all manner of unique cocktails and shooters plus traditional imported French Absinthe.

#### Wagas 沃歌斯

1F, Nanjing IST Mall, 100 Zhongshan Lu 中山路 100 号艾尚天地购物中心一层 85656120

www wagas com cn

Fresh in from Shanghai, Wagas focuses on Western and Modern Asian fare with a special focus on food quality, consistency and safety. Home delivery not yet available.

# Ciao Italia

你好意大利

93-2 Shiau Lu 石鼓路 193-2 号

86608807

The oldest authentic Italian restaurant in Nanjing. A truly vast menu, but is the nizzas are that makes this place loved by locals and foreigners alike.

# Jack's Place

杰克地方西餐厅

422, Dongcheng Hui Shopping Mall, Xianlin 文苑路与学思路交叉口东城汇 4 楼

85807866

35 Wang Fu Da Jie 王府大街 35号

84206485

160 Shanghai Lu 南京上海路 160 号

Humble yet honest, Jack's Place has been around Nanjing for more than 15 years, serving up Italian favourites popular with expats and locals alike.

# Tribeca New York Bar & Grill 翠贝卡

1 Zhonghua Lu

中华路1号

400-891-9998

Taking two years to decorate, now the good times are rolling with American style dining amid an impressive array of sport, movie and music memorabilia

#### Behind the Wall

150 Shanghai Boad (in Nanyiu Cun)

ト海路 150 号, 在南秀村

83915630

One of the oldest bars in Naniing serving drinks and food in a cantina atmosphere, and perhaps the finest terrace in the city. Strong sangria is a must.

#### Secco Restaurant and Bar

**壹**安 而 粲 斤

132 Changhong Lu 长虹路 132 号

83370679

The after party may come and go, yet Secco remains one of Naniing's top options for late night drinks.

#### Florentina

2-107, 83 Shanghai Lu 上海路 83 号 2 栋 107

3-101, 22 Nanyinyangying

南阳阳营 22 号 3 栋 101

18602560788

Over 100 craft beers waiting for you to try!

# Henry's Home 亨利之家

82-2 Fuchunijang Dong Jie

建邺区奥体富春江东街 82-2 号

58577088

20 years experience in western cuisine: specialties include steaks, fajitas, pizza and organic salads.

### Selección Española

**西班牙精洗** 

57 Zhongshan Dong Lu

中山东路 57 号

Serves up home-made classic Spanish dishes and shows films and documentaries.

#### Pisa Pizza

81-8 Shanghai Road 上海路81-8号

83343221

B2-05, Shopping Fun, 3 Jiankang Lu

建康路3号水平方商场B2-05商铺

58059234

Pisa Pizza has a reputation for offering up the finest pizza in the city, straight from their wood fired oven.

# Cosima可西玛

120 Shanghai Lu (near to Hankou Lu)

上海路120号

83337576

Famous for being the smallest restaurant in the city, serving Spanish items that include tapas, pizza and a nice variety of wine.

# La Cantina

南京米凯列酒业有限公司

#2-7 East Nantai Xiang (off Wangfu Da Jie)

南台巷东 2-7 号

58787665 / 13813842543

Italian wine complimented by snacks, pasta and pizza; a good place to unwind after a day in the city.

# Eminence Cellar

香松酒窖

Inside Wutaishan (oposite to Jin Inn),

Guanzhou Lu 广州路,五台山体育场

High quality western restaurant offering organic food, breads baked on-site, cigar bar and wine cellar.

# Punchline

弥多 Punchline 美式西餐厅

Building 1, Zhongnan International Mansion, 129 Zhongshan Lu 中山路 129 号中南国际大厦 1 楼

Authentic American cuisine is the slogan: think burgers, steak sandwiches, fajitas, potato wedges, subs and desserts, plus tempting looking cocktails.

#### Potato Ristro 马铃萝

5\*301 Kanggiao Sheng Fei, 9 Wenfan Road. Xianlin University Area 仙林大学城文苑路9号

85791293

Green, organic and fresh foods with a rooftop terrace offering outdoor BBQ for up to 150 people.

## Axis Mexican Restaurant & Bar 坐标轴西餐厅

Vadona Commercial Plaza 12 Yianvin Bei Lu 栖霞区仙隐北路 12 号亚东商业广场 15895872728

World cuisine delivery service focusing on Mexican fare, with also pizza, burgers, pasta and sandwiches.

#### Nail Jazz Bar 钉子吧

10 Luolang Xiang (200m south of the Sheraton) 罗廊巷 10号, 离金丝利酒店 200米 8653 2244

A relaxed atmosphere in which to enjoy a wide variety of imported beers and the odd bit of live music.

# Tonv Music Bar 南京托尼酒吧

6 Jinxianghe Lu 讲香河路 6号 84068176

One of the preferred hangouts for the local crowd before they hit the clubs.

#### Indian Cuisine

#### Baba Restaurant 巴巴努尔

Jinyuan Food Court Outlet. No 11 Hexi Center Park 341 Jiandong Lu

建业江东中路 341 号出口南京金源美食广场 11 号 13611574929

Reincarnation of Kohinoor, Nanjing's long serving Pakistani restaurant, featuring a menu that boasts over 200 dishes, all of which taste nothing alike.

#### Nanjing Ganesh Indian Restaurant 南京甘尼仕印度餐厅

3 Kunlun Lu 南京玄武区昆仑路 3 号 85860955

www.ganeshchina.com

Fabulous decoration in a great location by the city wall. Hosts the occassional jazz concert.

# Himalaya-Nepalese & Indian Restaurant

喜马拉雅尼泊尔印度餐厅

193 Shigu Lu (behind the Sheraton) 石鼓路 193 号 8666 1828

Serves Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves.

# Masala Kitchen 亚莎拉印度錖斤 - 洒吧

A05. No 12 Xian Yin Bei Lu. Xianlin 南京市栖霞区仙隐北路 12 号亚东商业广场 A05 84448858

masala\_kitchen@live.com

Offers vegetarian and meat dishes plus savory Tandoori oven dishes and exotic curries. Also serves a fine selection of imported wines and beers.

# Taj Mahal 泰姬玛哈印度料理

117 Fengfu Lu 丰富路 117 号 84214123

189 Shanghai Lu 上海路 189 号

83350491

Ever since its establishment in 2003, the Taj has served high quality authentic Indian cuisine, making it forever popular with the foreign community.

# Japanese Cuisine

# Wadouraku 和道乐日本居酒屋

121 Shiau Lu 石鼓路 121 号 84465760

Patronised by Nanjing's Japanese community, and largely thought of as the genuine experience.

#### Kagetsu 嘉月

62 Taiping Bei Lu. 1912 太平南路 62号 1912街区内

96625577

A lifestyle oriented dining experience with a focus on creative cuisine. Balcony affords views over 1912.

#### Tairyo Teppanyaki

#### 大油铁板

57 Zhongshan Lu 中山路 57 号

84729518

All you can eat and drink special offer includes sushi. sashimi sake heer and much more. Two more locations in 1912 and near to Xuanwu Gate

# Korean Cuisine

# Xianpingjia 咸平家

#6, Block 1, Dongfangtianjun, Xianlin 仙林大学城杉湖西路东方天郡门面屋6号

83699086 13357739720

run by a Korean grandma who has over 30 years of cooking experience. Bulgogi-marinated beef served with vegetables which you cook on the table with Kimchi is a must

#### THE Korean 本宏

B1, Golden Wheel Tower, 108 Hanzhong Lu 新街口汉中路 108 号 金轮大厦 B1 84469445

# Xinshiqi Korean Barbecue

新石器條肉

B1, Deji Plaza, 18 Zhongshan Lu 中山路 18 号德基广场 B1 楼 B116-117 号 84764545

#### Ke Jia Fu 可家福

7 Nan Da Heyuan, 168 Xianlin Dadao 仙林大道 168 号南大和园 7号 86331006

# Other Asian Cuisine

# Thai Tasty

泰式料理

A05, No 12 Xian Yin Bei Lu, Xianlin 南京市栖霞区仙隐北路 12 号亚东商业广场 A05 84448858

masala kitchen@live.com

An extraordinary array of distinctive dishes employing authentic seasonings with fresh local nroduce

# Pho Saigon

# **而贡堤崖越南餐厅**

2F Huanya Plaza, 33 Shigu Lu 石鼓路 33 号环亚广场 2 楼 84465722

Popular and inexpensive fare that includes the must try Vietnamese noodles, hence "pho".

# Taiwan Teppan Corner

南京市建邺区三铁餐厅

LB148, Jinyuan Hexi Commercial Plaza, 341 Jiangdong Zhong Lu

南京市建邺区江东中路 341 号南京金源河西商业广场 IB148

13770325443

High quality and affordable Teppanyaki experience aimed at office workers for lunch and dinner

# Keziguli Muslim Restaurant

克兹古丽餐厅

53 Wangfu Da Jie 王府大街 53 号

Xinjiang restaurant popular with expats; spicy noodles, potatoes, vegetable, chicken and lamb dishes accompanied by dance performances.

## Vegetarian

#### The Green Field - Vegetarian Restaurant **绿野香踪素食馆**

1F Zhengyang Building, 56 Yudao Jie 御道街 56 号正阳大厦一楼 6661 9222

A wide selection of creative dishes and plenty of fresh vegetables along with special drinks and teas.

#### Tiandi Sushi 天帝妻會

21 Huiu Bei Lu. Entrance to Gulin Park 鼓楼区虎踞北路 21 号古林公园正门口 (折北京西路) 83701391

# Bakery & Café

# Gossip Café

卯.哩咕噜

Boom 101, Building 1, 23 Nanxiucun, off Shanghai Lu 南委村 23 号

86637484

Share an original or creative topic and Gossip will organize lectures accordingly

# Skyways

云中食品店

160 Shanghai Road 上海路 160 号

83317103

Weilan Zhidu Homeland, 6-4 Hanzhongmen Da Jie 南京汉中门大街 6-4 号蔚南之都家园商业裙楼 83378812

A18, Yadong Commercial Plaza, 12 Xianyin Bei Lu 仙隐北路 12号亚东广场 A18 室

85791391

Breads, made-to-order sandwiches, cakes, chocolates, desserts, plus imported deli items.

#### Sculpting in Time Café

雕刻时光咖啡馆

2F, 47 Hankou Lu 汉口路 47 号 2 楼 83597180

32 Dashiba Jie (Confucius Temple East Gate) 秦淮 区大石切街 32 号 (未子庙东门)

Brunch, cocktail hours, film screenings, a variety of Western food, plus widely known brownies.

# 3 Coffee

3号咖啡馆

82-1 Shanghai Lu

上海路 82-1 号

83244617 / 83311505

Art, design and photography books plus magazines. with balcony affording a nice view of Shanghai Lu.

# Fish Tank Coffee

鱼缸咖啡小馆

Cinna Lane, 400 Zhongshan Nan Lu

中山南路 400 号 熙南里街区

52204469

High-quality coffee beans, freshly sterilized milk, as well as a variety of delicately created special drinks.

# Maan Coffee

漫咖啡

1 Qingjiang Lu (Beside Tianshui Binjinag Garden) 清江路1号天水滨江花园

85872858

Korean chain serving waffles, salads and all day breakfasts with two other branches in Naniing

# Nightclubs

# MAZZO

玛索国际俱乐部 1912 Nightlife district 南京市 1912 时尚休闲街区

One of the oldest clubs in Nanjing and the preferred hangout for the foreign community in Nanjing that plays contemporary electronica.

Club TNT

湖人全所

2-1 Changiang Hou lie 南京市长江后街 2-1 号 8//01100

A big name in the Chinese nightclub industry, with clubs in Naniing, Chongging and Hefei,

8-3 Changiiang Hou Jie 南京市长江后街 8-3 号 83789898

Hosts many of the big names in entertainment: Paul Oakenfold and DJ R3hab played here in 2013.

# **Business & Education**

# International Education

British School of Nanjing 南京英国学校 Building 2, Jinling Resort, Baijiahu Dong Lu 佳湖东路湖滨金陵饭店2号楼 52108087

Nanjing International School 南京国际学校

8 Xueheng Lu, Xianlin College and University Town 仙林大学城学衛路8号 85899111

## EtonHouse Naniing 伊顿国际教育集团

6 West Songhua Jiang Jie,

Jianye District (near Olympic Stadium)

南京市松花江西街 6 号,建邺区,靠奥体北门(中华紫 鑫广场北面) 金陵中学实验小学内 86696778

#### The Overseas 海外国际

Novas International Business Consulting Co. Ltd, 2405, Building A, New World Centre, 88 Zhujiang Lu 珠江路 88 号新世界中心 A 座 2405 室 68858565 68858575

www.the-overseas.com

# Youth Moment Educational Investment Co., Ltd. 南京青梦家教育投资有限公司

3rd Floor Building E, Kingdee Science and Technology Industrial Park

532 East Zhongshan Road, Nanjing 210016 南京市中山东路 532 号金蝶科技产业园 E 栋 3 楼 83736611, 84530009

www.gingmengjia.com

enquiries@qingmengjia.com

Career guidance, entrepreneurship support, overseas study services for Chinese and foreign

# Foreign Trade & Economic Development Agencies

# European Union Chamber of Commerce

中国欧盟商会(南京)

30F, 1 Zhujiang Lu 珠江路 1 号 30 层 83627330

# China-Britain Business Council, Nanjing

英中贸易协会南京代表处

1 Hunan Lu

Rm 2514-2515, 50 Zhonghua Lu 中华路 50 号 2514-2515 室

# Netherlands Business Support Office

荷兰贸易促进委员会南京代表处 Suite 2316, Building B, 23/F, Phoenix Plaza,

湖南路 1 号凤凰国际广场 B 楼 23 层 2316 室 84703707

#### Baden-Württemberg International 德国巴登符腾堡州国际经济和科技合作协会

7-3 Dabei Xiang Meiyuan Xin Cun 梅园新村大悲巷 7-3 号 84728895

# Australian Trade Commission

澳大利亚贸易委员会南京代表处 1163, World Trade Center, 2 Hanzhong Lu 汉中路 2 号金陵饭店世界贸易中心 1163 室 84711888 -1163

# Canadian Trade Office Naniing

加拿大驻南京商务代表处

1261 World Trade Center 2 Hanzhong Lu 汉中路 2号金陵饭店世界贸易中心 1261 房 84704574

# Language Training

# Nanjing Bozhan Consultancy Co.,Ltd

南京博淇教育咨询有限公司 #208. 200 Zhongshan Bei Lu 由山北路 200 문 208 安 13813944415

bozhan.consultancy@gmail.com

Language training & Mandarin tutoring: from survival to HSK Chinese and enhancment of conversational confidence in English to ESL & IELTS testing

# Alliance Française de Nanjing

**南** 京 注 连 群 朋

4F. Qun Lou. 73 Beijing Xi Lu 北京西路 73 号裙楼 4 楼

1F, Bld F4, Zone F, Zidong International Creative Park, Xianlin

南京紫东创意产业园 F 区 F4 幢 1 楼

www.afnaniing.org

info nanjing@afchine org

French classes for individuals and corporations at all levels, cultural events plus a modern library.

# New Concept Mandarin

新概念汉语

3302, Block A, New Century Plaza, 288 Zhongshan Dong Lu

秦淮区中山东路 288 号,新世纪广场 A 座 3302 84872361

www.newconceptmandarin.com nanjing@newconceptmandarin.com

# JESIE - Goethe-Language Centre

JESIE - 歌德语言中心

Jiangsu College for International Education, 3rd Floor, 205 Shanghai Lu

上海路 205 号教育学院 3 楼苏教国际 83335600

www.goethe-slz.js.cn

# Clubs & Charities

#### Naniing International Community Clubhouse 南京对外文化交流中心

www.yournicc.net

13851522275 / 13062505764

Helps expats to enhance their lives by making use of an extensive range of facilities, and by acting as a gathering place plus service centre.

# Nanjing International Club

南京国际俱乐部

www.naniinginternationalclub.org info@nanjinginternationalclub.org

A club with more than 500 members that dates back to 1990.

# Nanjing No.1 Toastmasters Club

南京第一家英语演讲会俱乐部

Hanzhong Lu/Shanghai Lu.

www.nanjingtoastmasters.com Weekly event at 1507, Wuxingnianhua Mansion,

# Hopeful Hearts

www.hopefulhearts.info

Raises funds for treating children with heart conditions.

# Pfrang Association 普方基金会

3 Jinma Lu Magun Scientific Park 南京栖霞区马群科技园金马路3号 85720118

www.pfrang-association.org

Sponsors the education of children in less well-off parts of Jiangsu.

# C Foundation 南京菲平

21 Banshanyuan, Xuanwu District

玄武区半山花园 21 号

84807686 / 13073491699

yaoying@c-foundation.org

Care and companionship for the elderlev plus support for children's education and health.

#### Rutterfly Hosnice

Nanjing Butterfly Home Manager: Linda Huang njbhmanager@gmail.com info@butterflych.org Loving care for cherished lives

# Shopping

#### For the Home

# Working House

生活工场

4F, Zifeng Tower, Zhongshan Bei Lu 中山北路紫峰大厦购物广场 4F

52360109

Stylish kitchenware in dark tones, candles and colourful vases, camera cases and lots more.

## Livina Story

欧洲生活馆

173 Shanghai Lu 上海路 173 号

86634155

Coffee makers, stylish kitchen utensils, picture frames, oil burners, candles, clocks and various pieces of art.

# Hongxing Furniture

红星国际家具广场

224 Zhongyang Lu 中央路 224 号

83118005

Large furniture mall with many shops. Large range of prices and styles.

# Jinsheng Market 金盛百货大市场

2 Jianning Lu

鼓楼区建宁路2号(南京商厦对面)

9 Wangjinshi (off Changjiang Lu)

玄武区长汀路圆巾市9号

Dagiao Bei Lu (beside North bus station) 江苏省南京市浦口区大桥北路(长途北站旁)

58507000 Home décor, bits and bobs, Christmas trinkets and

# electronics. Cheap but be prepared to bargain.

#### Jinling Decoration Market 全陵装饰城

88 Jiangdong Zhong Lu 江东中路 88 号

86511888

Everything needed for a new home.

# Longjiang Flower Market

龙江花卉市场

78 Qingliangmen Da Jie

清凉门大街 78 号

Huge selection of plants, cut flowers, fish tanks and fish, plus gardening tools.

# B&Q 百安居

90 Kazimen Da Jie (beside Metro) 南京卡子门大街 90 号麦德龙旁 52450077

# IKEA 宜家家居

99 Mingchi Lu (East side of Kazimen Plaza) 南京市秦淮区明匙路 99 号 (卡子门广场东侧) 4008002345

# **Electronics & Photography**

#### Professional Photography Equipment Market 照相器材专业市场

3F, Binjiang Friendship Shopping Center, 301 Jiangdong Bei Lu

江东北路 301 号滨江友好商城三楼



Specialists in wedding photography with equipment including lighting, flash etc.

#### Camera & photography Equipment Market 在 息 昭 材 市 场

Dongding Plaza, 699 Zhujiang Lu 珠江路 699 号东鼎照材市场

Widely regarded as the best camera, and equipment market in Naniing.

# Mobile phone shops on Danfeng Jie

丹凤街 - 手机

Indoor markets specialized in new and secondhand mobile phones and repairs.

# IT products on Zhuijana I u

珠江路 -17 产品

A multitude of stores selling everything you can imagine and more; computers, cameras, MP3 and MP4 players, iPad, webcams, hard drives, and nortable flash drives

# Video games on Zhongyang Lu

中央路 - 电子游戏

Any type of video game for all game systems. Also do minor repairs.

# Art

# Avant-garde Contemporary Art Centre

先锋当代艺术中心

A1-101 Finder Art District, 1865 Creativity Park. 388 Yingtian Da Jie

泰淮区应天大街 388 号 1865 创意园凡徳艺术街区 A1-101 52270661 / 13814059763

Dedicated to the promotion of contemporary art.

# Jiangsu Art Gallery 江苏省美术馆

266 Changjiang Lu 长江路 266 号 84506789

Local artists' work, changed frequently,

ART 国艺堂 D-1 Shuimuqinhuai. 99 Shitoucheng Lu 石头城路 99 号水木秦淮 D-1 号 84506789

Picture framing and art related supplies.

# Stone City Modern Art Creation Gallery 石头城现代艺术创意园

72 Beiiing Xi Lu 北京西路 72 号

55583708

Exhibition of modern Chinese art.

# Shenghua Art Center 南京圣划艺术中心

2 Zhoutai Lu, on Jiangxin Zhou (Grape Island) 江心洲民俗街洲泰路 2号(原乡土乐园) 86333097 86333100

Exhibition of Chinese contemporary art.

# Yipai Art 南京艺派文化用品中心

81 Stone City

石头城 81 号 83704786

epair8888@126.com

Oil paints, brushes, spatulas, charcoal, easels, drawing instruments, sketch books plus a very large selection of pens, pencils and lead refills.

# **International Groceries**

www.fieldschina.com

4000210049

cs@fieldschina.com

Online grocery store that delivers safe, delicious, high quality and imported groceries directly to your door. Also offers beverages, organic produce, baby & personal care products, plus ready-to-serve items.

# Nanjing Bakery

www.nanjingbakery.com

Home made cakes, ready to bake pizzas, lasagna and enchiladas, plus a range of items such as butter, bagels, cheese, sauces and spices

Metro 麦德龙 288 Ningli Lu 宁溧路 288 号

300 .lianning Lu 鼓楼区建宁路 300 号

Wide selection of foreign foods plus wines, beers and sprits.

#### Carrefour 家乐福

235 Zhongshan Dong Lu 中山东路 235 号

84658588

Hypermarché with five stores in Naniing.

# Times Grocery

泰晤士

48 Yunnan Lu 云南路 48 号

93695530

Compact vet its location breeds popularity: wide selection of imported but sometimes pricy food.

#### Auchan 欧治

151 Hanzhongmen Da Jie

汉中门大街 151号(近纪念馆东路)

86555568

French hypermarché with three Nanjing outlets and probably the city's best selection of cheese.

#### BHG Market

B2. Aqua City. 1 Jiankang Lu 健康路1号水游城地下2层 66985066 / 66985068

B1, Deji Plaza, Zhongshan Lu

德基二期地下1层 91 Matai Jie

직台街 91 문

68675666 / 68675699

Features a very large stock of imported goods plus fresh organic fruit and veg.

#### RT Mart 全润发

39 Danfeng Jie

玄武区丹凤街 39 号 (近北京东路)

83358788 / 83356077

Shanghai based supermarket with a decent imported food section and a good range of dairy items. Three outlets in Nanjing.

# Sports

# Decathlon 油卡体

866 Yingtian Xi Lu (same building as Auchan) 应天西路 866 号

84218420

286 Ningli Lu (next to Metro)

宁溧路 286 号 (麦德龙对面)

52401018

French sports megastore chain that also stocks informal-wear shoes in sizes up to 48.

# Jinxianghe Rd 讲香河路

The outdoor store street in Nanjing; shops for biking, hiking, backpacks, equipment and apparel for outdoors

# Wine Outlets

# Eminence Cellar 香松洒窖

Inside Wutaishan (opposite to Jin Inn) Guangzhou Lu 广州路,五台山体育场 66012088

# Aussino Cellar 富隆酒窖

Room 109, 198 Zhongshan Dong Lu 南京市中山东路 198号 109室 84679799

www.aussino.net

# Newold Wine World 纽澳酒世界

Area B, F1, New City Mall, 99 Caochangmen Da Jie 草场门大街 99 号新城市购物中心负一楼 B 区 86265959

# Ziyo Wines 南京紫元酒窖

18 Mochou Dong Lu 建帆区草秋东路 13770923489

# Foreign Language Bookstores

Foreign Language Bookstore

外文书店

218 Zhongshan Dong Lu (Beside Taiping Nan Lu) 中山东路 218 号长安国际 (太平南路口) 57713287

# Xinhua Bookstores

新华书店

56 Zhongshan Dong Lu (near Hongwu Lu) 中山东路 56 号 ( 近洪武路 ) 86645151 54 Hunan Lu (near Matai Jie) 鼓楼区湖南路 54号(马台街口)

Phoenix International Book Mall

# 凤凰国际书城

83374645

1 Hunan Lu 83657000 / 83657111

# Services

# Healthcare

# International SOS Nanjing Clinic

南京国际 (SOS) 紧急救援诊所 1F, Grand Metropark Hotel Nanjing,

319 East Zhongshan Lu

中山东路 319 号维景国际酒店 1 楼

84802842 (by appt.) Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Assis-

tance Center: 010 64629100

www.internationalees.com

Delivers integrated, quality, comprehensive medical care. Services span from family medicine to 24/7 emergency services. Languages spoken include English, Chinese, German, and Japanese.

# Flossy Care

福乐氏齿科诊所

#105, 1 Huaneng Garden, 108 Taiping Bei Lu 南京太平北路 108 号华能城市花园 1幢 105 13951994471 / 84069389

www.025va.com

Offers all kinds of oral treatments including dental implants, crowns or bridges, dental whitening, cosmetic dentistry, root canal therapy, orthodontics and more. 100% bilingual staff; another branch in Suzhou.

# Keya Dentistry

Room 411, Building E, Wanda Plaza, Hexi 南京河西万达广场 E 座 411 4008-919-828, 025-83308686

www.kevath.com

Providers of Invisalign; a popular, western alternative to braces, plus reconstructive and cosmetic teeth surgery. Axa Assistance, CSETH Insurance, METIFE and Medilink accepted.

# Global Doctor International Medical Centre

环球医生国际医疗中心

1F, Zuolinfengdu Garden, 6 Mochouhu Dong Lu, Jianye District

建邺区莫愁湖东路 6 号左邻风度 1 栋 1 楼

86519991 (24 Hours) www.globaldoctor.com.au

International medical centre offers family medicine & specialist services plus 24 hour emergency assistance to expatriates in Nanjing. Mon-Sat 09:00-18:00. Multilingual staff: EN/JP/ES/KO/CN.

# BEN-Q Hospital 明基医院

71 Hexi Da Jie 河西大街 71 号

58807810

Another popular choice for expats, BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors

#### Nanjing Union Dental Clinic 南京友联货科

1F. Grand Metropark Hotel Naniing.

319 Zhongshan Dong Lu 中山东路 319 号维景国际酒店一层 84818891 / 84808888-6555 dentist@uniondental.cn

#### Health Examination Center

江苏省国医馆

2F. Outpatient dept. of NJUTCM,

282 Hanzhong Lu

汉中路 282 号南京中医药大学门诊部二楼 86646068

www.joinmi.com

English speaking staff, diagnosis by imported advanced medical technology and treatment by Traditional Chinese Medicine, 100% non-invasive.

# Nanjing Entrance and Exit Inspection and Quarantine Bureau

江苏出入境检验检疫局

1 Baixia Lu 白下路 1号

52345328 / 84456805

Health checks for work permit / visa applications.

Gulou Hospital 鼓楼医院 321 Zhongshan Lu 中山路 321 号

83304616

The major trauma hospital (24 hr).

# Jiangsu People's Hospital 江苏省人民医院

300 Guangzhou Lu 广州路 300 号 83718836

The major western medicine hospital.

# Nanjing Children's Hospital 南京市儿童医院

72 Guangzhou Lu 广州路 72 号 83117500

# Jiangsu Provincial Hospital of TCM 江苏省中医院

155 Hanzhong Lu 汉中路 155 号 86617141

The major Chinese medicine hospital.

# Nanjing Maternity and Child Healthcare Hospital 南京市妇幼保健院

123 Tianfei Xiang 天妃巷 123 号

84460777

The major maternity hospital in Nanjing.

# Hairdressers

# Mei Lun Shang Pin Hair Saloon

宣传介绍

6 Sanyuan Alley, Xinjiekou 新街口三元巷 6号

15895936797 84217148

Continuing the trend for pubs that cut your hair, Mei Lun Shang Pin targets the lucrative expat market by having both foreign stylists and translators on hand.

# Franck Provost Hair Salon

禁珀巴黎法式发艺

F322 Deji Plaza Phase 2 中山路 18 号德基广场二期 F322 店铺

Resident French stylist available; bookings advised.

# V-Salon

86777366

香港时光设计有限公司

32F, Golden Eagle Plaza, 89 Hanzhong Lu 汉中路 89 号 金鹰国际商城 32 楼 86292980

Run by a stylist to many pop and movie stars.

# Travel & Transport

# Airport Shuttle Bus 机场大巴

1. East square, Nanjing Railway Station, 221 Longpan Zhong Lu 南京火车站 龙蟠中路 221 号 6am-8.30pm, every 30 mins.

2. Nanjing Zhonghua Men Station, 508 Yingtian Da Jie 南京中华门车站 应天大街 508 号 6am-9.00pm. every 20 mins.

## Lufthansa German Airlines

德国汉莎航空公司

Reservation Service:

4008 868 868 (CH,EN)

Sales Office: Room 951, World Trade Center, 2

Hanzhong Lu 汉中路 2 号金陵饭店世贸中心 951 室

Fax: 84722624

naniing lufthansa@dlh.de

Lukou Airport Int'l Check-in Service - Rm 417

#### D.T. Travel

大康国际 (香港) 商旅服条管理有限公司 22E, Jinlun Building, 108 Hanzhong Lu 汉中路 108 号金轮大厦 22E

400 886 1212

Professional English service incl. air ticket, visas, hotels, individual travel and Corporate Business Plus.

# Training, Coaching & Consulting

## MTI Nanjing

#714, Building 7, Wanda Dongfang, 58 Yunjin Lu 南京市建邺区云锦路 58 号万达东坊 7 栋 714 室 84714552

www.mticonsulting.com

HR coaching and training solutions, combining international standards with local market needs.

#### Simon Northcott

simon3northcott@gmail.com

Change leadership, problem solving and empowerment.

# **Property Services**

# Nanjing Houses

#720, Section 1, Unit 2, 128 Tianyuan Lu, Jiangning District

天元中路 128 号 2 栋 1 单元 720 室

15150698134

www.naniinghouses.com info@nanjinghouses.com

Provides a unique-to-the-industry process of pre-screening options in order to save time and energy while looking for an apartment or villa.

# Sun Home Real Estate

南京中涛房产经纪咨询有限公司

Room 1901, Xinghan Mansion, 180 Hanzhong Lu 南京市汉中路 180 号星汉大厦 1901 室

51860592 / 5186 0590

www.shre.com.cn

sunhome@shre.com.cn

Pre-move consulting home search service, orientation and settling-in programs plus vehicle leasing

# Home Caught Relocation Service

昊鸿房地产咨询顾问有限公司 4F, 669 Zhujiang Lu 珠江路 669 号 4F 84800918

www.homecaught.com

lease@homecaught.com

Supplies many a multinational firm with home search and rental services plus bus fleet solutions.

# Crown Relocations

嘉柏(中国)国际货运代理有限公司

Rm 1908, Block B, New Century Plaza,

1 Taiping Nan Lu

太平南路 1 号新世纪广场 B 栋 1908 室

slaing@crownww.com

Provides moving services, housing services, school search, immigration services, and orientation services with a global network spanning 60 countries

# Apex International Logistics Co., Ltd 上海正流国

际运输代理有限公司

58702129

www.anex15.com

naniing@apex15.com

Domestic and local moves, office relocation, storage and warehousing, pet relocation, insurance/risk management plus immigration services

# CMR Corporate Property & Relocation 南京浩麦房地产咨询

12C1, Jinlun Mansion, 108 Hanzhong Lu 汉中路 108 号金轮大厦 12C1 座 84701658

www.cmrchina.com

Supplies multinationals, with additional services including driver's license and import/export of pets.

# Faith Houses

# Naniing International Christian Fellowship

Celebrity Hotel, 30 Zhongshan Bei Lu 南京中山路 30 号 城市名人酒店 Sundays 9:30am to 11:30am

Foreign passport holders only. English service with translation available in Chinese. French and Spanish.

#### KuanEumHui Korean Buddhist Club

观音会南京鞋人佛教会

1703, Building 2, Fuli Shanzhuang 宮丽山庄3 株 1703 安 13222018582 Service: 11:00am

# Shigulu Catholic Church

石鼓路天主教堂

112 Shigu Lu 石鼓路 112 号

84706863

Korean service: Sat 4.30nm

English/Chinese Service: Sun 4.30pm

#### The Church of Jesus Christ of Latter Day Saints

Yuhua Jingli Hotel, 8 Xiaohang Yaojiaao 雨花区小行尤家凹8号雨花晶丽酒店 Mormon service on Sundays at 10am. Foreign passport holders only.

# Holy Word Church

158 Leshan Road 南京市建邺区乐山路 158 号 English service on Sundays at 10.30am.

# Legal

# D'Andrea & Partners Law Firm

玛开德 (上海) 商务咨询有限公司

920, Jinglun International Mansion, 8 Hanzhong Lu 汉中路8号金轮国际广场920室

86505593 / 86505693 nanjing@dandreapartners.com

International Consulting Firm present in China since 2004 with offices in Shanghai, Nanjing and desk in Zhuhai, offering legal services in Italian, Chinese, English, French, German and Russian plus assistance in foreign direct investment in China, mergers and acquisitions, international contract law and labour law.

# Dacheng Law Offices

大成律师事务所

2F, 72 Beijing Xi Lu 北京西路 72号2楼 83755108

naniing.dachenglaw.com

Hongliang.Hu@dachenglaw.com Ranked #1 in Asia by size, with branches in 26 countries and all over China.

# Jeffrey Wang

中银(南京)律师事务所

8F, Jincheng Tower, 216 Longpan Zhong Lu 南京市龙蟠中路 216 号 8 楼 13605182614 / 58785588 / 58788688 wyz\_jeff@163.com



Business lawyer with more than ten years legal practice in Naniing plus fluent English and knowledge in both legal and business areas.

#### Amv Hao Hao Pet Care 爱咪好好

18 Nantai Xiang Xi (off Wang Fu Da Jie) 王府大街南台恭而 18 号

84203007 / 13052034351

Professional cat and dog grooming service run by a local Naniing girl who speaks fluent English.

#### Tom Dog Pet Center 汤姆狗宠物中心

1 Shanghai Lu 上海路 1 号

86662858

Pet stayover and dog walking service, retail outlet and English speaking staff

#### Nanjing Veterinary Station

南京畜牧兽医站宠物总医院

448 Longpan Zhong Lu 84484781

Major centre for yet services and vaccinations

# Media Production - Design - Photography

SinoConnexion 南京贺福文化传媒有限公司 14F. Building 1, World Times Square, 8 Dongbao Lu 鼓楼区东宝路 8 号时代天地广场 1 幢 1417 室 84718617 / 13851522275

www.sinoconnexion.com

info@sinoconnexion.com

International award winning professional foreign owned video and media production company with 20 years of work in China; agency services, print and digital publication production, broadcast media and production of audio materials.

## VOZ Desian 嗓音设计

#720, Section 1, Unit 2, 128 Tianyuan Lu, Jiangning District

天元中路 128 号 2 栋 1 单元 720 室 58820096 / 18120135627 / 15950575174

www.vozdesian.com

contact@vozdesign.com

Professional marketing oriented graphic design and brand development. No copies, no templates, only creativity and lots of brain juice. Mediocrity is a disease we fight everyday.

# Nicolas Harter Photography

13770761603

www.nicolasharter.com

Wedding, commercial and event photography.

# Translation

# Wow-Super A Translation Service

南京领域翻译有限公司

#4004, 40th Floor, Tian'An International, Shigu Lu, Gulou District

新街口大洋百货天安国际 40 楼 4004 (地铁 1、2 号线 新街口站 15 号出口)

NJU No.II Dept: Rm 412, Innovation School, NJU Science Park, Xianlin

南京市仙林大学城南大科技园创新创业学院 412 室 4006969469

www.wowtran.com

Offers a full suite of translation services for business, legal, technical and personal use, including official and notary translations plus interpreter services.

# Miscellaneous

# Doctor Beckmann

德尔普纳 (南京) 贸易有限公司

901, Block A, New Century Plaza, 288 Zhongshan Dong Lu 南京市中山东路 288 号 新世纪广场 A座 901 室 Local office of the popular cleaning products company. Call for information regarding stockists. English service available.

86268875

www.doctorbeckmann.cn

# Bottled Water Delivery Service

By Coca-Cola Naniing 4008282288 (Free)

Mineral water, pure water and water machine cleaning services.

# Satellite TV Installation Service

13770323459

naniingsty@gmail.com

#### Lustre Cobbler 莱斯特皮鞋修饰

Golden Eagle Shopping Center, 89 Hanzhong Lu 汉中路 89 号金鹰国际

Central Department Store, 79 Zhongshan Nan Lu 中山南路 79 号中央商场

# Hong Bang Tailor 红邦裁缝

18 Nanxiu Cun, Shanghai Lu 上海路南秀村 18 号 The tailor of choice for many a Naniing expat.

# Leisure & Sports

# Golf

#### Naniing Harvard Golf Club

南京昭富国际高尔夫俱乐部 176 Zhenzhu Jie, Pukou 南京市浦口区珍珠街 176 号 58853333

# Gingko Lake Golf Club 銀本湖享尔丰俱乐部

1 Guli Yinxing Hu 江宁区谷里银杏湖 1 号 86139988

# Other Sports

Century Star Ice Skating Club 世纪星滑冰俱乐部 222 Jiangdong Zhong Lu (Inside Olympic Center) 江东中路 222 号磨体中心内

86690465 / 86690467

4F, Wonder City, 619 Yingtian Street 应天大街 619 号虹悦城 4 楼 52275768 ext. 8001/8002

# Nanjing Leiniao Paragliding Club

南京雷鸟滑翔伞俱乐部

Wutaishan Sport Center Tennis Stadium 南京市五台山休育山心岡球馆 84458450 / 15335179782

# Pisarev Ballet 比萨列夫芭蕾舞学校

B901 Junlin International Mansion, 5 Guangzhou Lu 广州路 5 号君临国际 B901 室 86975095

# Changqing Taekwondo 长青跆拳道馆

145 Zhongshan Dong Lu 玄武区中山东路 145 号 84541055

# Karate Eifuukaikan 空手道影风道场

96 Yushi Jie 鱼市街 96 号 52989189

# Massage & Spa

# Pathways Spa & Lifestyle Club

颐庭 Spa 生活会馆

13F, Tian'an International Building, 98 Zhongshan Nan Lu 中山南路 98 号 13 楼 84540166

www.pathway-spa.com

# Flow SPA 川·天地

46 Xijia Datang, Ming Cheng Hui (200m north of Xuanwu Lake's Jiefang Gate) 明城汇西家大塘 46 号 57718777

# Nanjing Art and Cultural Center

南京文化艺术中心

101 Changjiang Lu 长江路 101 号 84797920

# Jiangnan 631 Niuda Theatre

江南 631 牛达剧场 5 Yanling Xiang 延龄恭 5 号 84419786

# Nanjing Art Academy Concert Hall

南京艺术学院音乐厅 15 Huju Lu 虎踞北路 15 号 83498249

# Jiangsu Kungu Theater 兰苑剧场

4 Chaotian Gong 朝天宫 4号

# Tourism and Hospitality

# Hotel & Hostel

## Jinlina Hotel Naniina

南京金陵饭店

2 Hanzhong Lu, Xinjiekou Square 新街口汉中路2号

84711888

City Centre location puts this prize-winning landmark property only two minutes' walk from Xinjiekou Metro Station. Enjoy eight top-notch restaurants, 970 rooms and suites plus shopping and recreational facilities. International flight and train ticket purchase counter also available.

#### Novotel Nanjing East

南京玄武苏宁银河诺宫特洒店 9 Suning Lu, Xianlin, Qixia District 玄武区徐庄软件园内苏宁大道9号 85208888

www.novotel.com

Good spot for a weekend escape from the city, with Purple Mountain still on its doorstep, while the Zhongshan International Golf Resort 27 hole course designed by Gary Player is just 5 minutes away.

# Wanda Realm Naniing

南京万达嘉华酒店

59 Zhushan Lu, Jiangning District 江宁区竹山路 59 号 52838888

www.wandahotels.com

302 stylish rooms and suites plus a 1,000 sq.m. pillarless Grand Ballroom.

# Fairmont Nanjing

南京金奥费尔蒙酒店

333 Jiangdong Zhong Lu 建邺区汀东中路 333 号

86728888

www.fairmont.com/nanjing

Ultra-contemporary setting (in an architectural marvel resembling an immense Chinese lantern) with the timeless service and hospitality for which Fairmont is known worldwide.

# Fraser Suites Nanjing

南京辉盛阁国际公寓 116 Lushan Lu 庐山路 116 号

87773777 www.frasershospitality.com

International style, serviced apartment suites offering full balconies, clubhouse and leisure facilities.

# Sheraton Nanjing Kingsley

金丝利喜来登酒店

169 Hanzhong Lu 汉中路 169 号 86668888

Excellent downtown location with amenities including baby sitting and butler service plus car rentals.

# Crowne Plaza Jiangning

南京银城皇冠假日酒店

9 Jiahu East Road, Jiangning District 南京江宁区佳湖东路9号 81038888

The first five star international hotel in Jiangning...

# The Westin Naniina

南京威斯汀大酒店

Naniing International Center, 201 Zhongvang Lu 中央路 201 号南京国际广场鼓楼区 85568888

www.westin.com/nanjing

A haven of Chinese distinction in which every room affords a view of scenic Xuanwu Lake

#### InterContinental Hotel

紫峰洲际酒店

1 Zhongvang Lu. Zifeng Tower 中央路1号紫峰大厦鼓楼区 83538888

www.intercontinental.com

A statement of grandeur found in the 450 metre high Zifeng Tower; Nanjing's tallest building.

#### Sofital Galavy

南京索菲特银河大酒店

1 Shanxi Lu 山西路1号 83718888

www.sofitel.com

resoff@sofiteInanjing.com

The accommodation of choice for many visitors coming to Nanjing, along with all French dignitaries.

# Sofitel Zhongshan Golf Resort

钟山索菲特高尔夫度假酒店

9 Huanling Lu 环陵路9号 85408888

www.sofital.com

reservation@sofiteInanjing.com

Preferred spot for Nanjing's rich and famous to play a round or two.

# Hilton Nanjing Riverside

南京世茂滨江希尔顿酒店

1 Huaibin Lu (cross of Qinhuai and Yangtze Rivers) 鼓楼区淮滨路 1号 (近秦淮河和扬子江交汇处) 83158888

nanjingriverside.hilton.com

naniingriverside info@hilton.com

Extensive conference and recreation facilities plus rooms with balconies overlooking the Yangtze.

#### Naniing Sunflower International Youth Hostel 南京瞻局国际青年旅社

80 Zhanyuan Lu (Fuzimiao west gate) 瞻园路 80 号,在夫子庙西门的附近

52266858 / 66850566 www.nanjingyha.com

A popular youth hostel that includes free pool, DVDs. cable TV, foosball and English speaking staff.

# Resorts

# Kayumanis Private Villas & Spa

南京香樟华苹温泉度假别墅

Xiangzhang Hua Ping, Sizhuang Village, Tangshan

江宁区汤山镇寺庄村

84107777

www.kavumanis.com

nanjing@kayumanis.com

# Regalia Resort & Spa (Qinhuai River)

御庭精品酒店 (秦淮河)

E5, No 388, Yingtian Da Jie

(inside Chenguang 1865 Technology Park) 应天大街 388 号 (晨光 1865 科技创意产业园) 第 E5 幢 51885688

www.regalia.com.cn

# Tangshan Easpring Hot Spring Resort

汤山颐尚温泉度假村

8 Wenquan Lu, Tangshan, Jiangning 汤山镇温泉路8号 51190666

#### Museums

## Nanjing Massacre Museum

侵华日军南京大屠杀遇难同胞纪念馆

418 Shuiximen Jie

水面门大街 428 星

86612230 / 86610931

Hours: Tue - Sun from 8:30 to 16:30

www.ni1937.org

Located on a former execution ground and mass burial place for victimes of the Naniing Massacre. Admission is free.

# Nanjing Museum

南京博物院

321 Zhongshan Dong Lu

中山东路 321 号

One of China's three national level museums; as good as it implies. Admission is free with valid ID.

#### Nanjing Municipal Museum (Chaotian Palace) 南京市博物馆

Mochou Lu

南京市秦淮区莫愁路朝天宫内

World class museum presenting ancient pottery and earthenware, calligraphy, clothing, jade and more.

# Rabe House

拉贝故居 1 Xiaofenqiao, Guangzhou Lu

小粉桥 1 号 Monday - Friday from 8:30 to 16:30

German Industrialist's former home that served as a refugee shelter and saved thousands during the Nanjing Massacre.

# Purple Mountain Observatory

紫金山天文台

Tianwen Lu. Purple Mountain Area, Naniing 南京市紫金山区天文路 84440768

Very first observatory to be built in mainland China. Known as "the cradle of Chinese astronomy".

# Nanjing Brocade Museum

南京云锦博物馆

240 Chating Dong Jie

茶高车街 240 号

86518580 Hours: 8:30am - 5:00pm

Observe wooden looms producing the world's finest brocade. Fabric is also available for purchase.

# City Wall Museum

南京明城垣史博物馆

8 Jiefang Men 解放门 8 号

83608359

Long-gone city gates, maps and a full-scale model of the walled city. Captions in Chinese.

# Nanjing Science Museum

南京科技馆

9 Zijinghua Lu, Yuhua District 雨花台区紫荆花路9号

Hands-on fun and learning for kids. IMAX Cinema.

# Nanjing Museum of Paleontology

南京古生物博物馆

39 Beijing Dong Lu 北京东路 39 号

83282252

Full dinosaur skeletons, a mass of fossils from significant digs in China and an interesting lesson in local geology. Open at weekends only.

# Nanjing Folk Museum

甘家大院

South Zhongshan Road, across from the Huamei Building

中山南路,在华美大厦的对面 52217104

Visitors can study traditional Chinese architecture including the so-called "99 and a half rooms". Various displays of traditional folk art throughout the year.

#### Treaty of Nanjing Negotiation Site 静海寺

202 Jianning Lu 建宁路 202 号

58590298 www.yuejianglou.com

In addition to enjoying an insight into the Chinese view of the "unfair treaty" ceding Hong Kong to the British, visitors can learn about the voyages of Zhena He.

# Zheng He Treasure Shipyard

南京宝船遗址

Lijiang Road No.57

鼓楼区漓江路 57 号

Pleasant park with a few interesting archaeological

#### Parks

# Qingliangshan Park 清凉山公园

Guangzhou Lu, near Huiu Lu

广州路西端

Calligraphy and stone museums, as well as an art gallery and pottery studio.

#### Zixia Lake 紫霞湖

A cold water mountain-fed lake. Exercise with care; a few deaths occur each year as a result of cramp.

# Mochou Lake Park 草愁湖公园

35 Hanzhongmen Da Jie

汉中门大街35号

Home to the annual Dragon Boat Race and great for hoating or a walk in a neaceful environment

# Jiuhuashan Park 九华山公园

Beijing Dong Lu 北京东路

Visit the pagoda and get on the city wall for gorgeous views of the city.

#### Xuanwu Lake Park 玄武湖公园

1 Xuanwu Xiang 玄武巷 1 号

Idylic islands with playgrounds, gardens, restaurants plus boats and bikes for rent.

# Happy World 弘阳欢乐世界

Dagiao Bei Lu, Pukou District

Fairly violent looking thrill rides plus giant water slide.

# Pearl Spring Resort 南京珍珠泉风景区

Zhenzhu Lu, Pukou District

浦口区珍珠路

A 8.9 sq.km scenic area that includes a zoo, circus, dodgems, cable-car and a so called Great Wall.

# Gulin Park 古林公园

21 Huju Bei Lu 虎踞北路 21 号

Gardens, paintball and BBQ plus a view of the city from atop the TV tower.

# Zhongshan Botanical Garden

中山植物园 Covers over 186 hectares and home to more than 3000 plant species

# Nanjing Yangtze River Bridge Park

南京长江大桥(公园)

7 Baotaqiao Dong Jie

宝塔桥东街7号

58790362 Memorabilia dating from the construction of the bridge. Ascend to the deck of the bridge by elevator for the obligatory photo.

# Memorial for Revolutionary Martyrs

雨花台烈士纪念馆

Yuhua Dong Lu (north gate)

南京市雨花台烈士纪念馆北大门雨花东路 A surprisingly relaxing memorial park, yet used as a mass execution ground during the 1927 revolution.

# Drum Tower/Gulou Park

鼓楼公园

1 Gulou Jie

鼓楼街 1 号 , 在北京西路口 The traditional centre of a Chinese city.

# Lao Shan National Forest Park

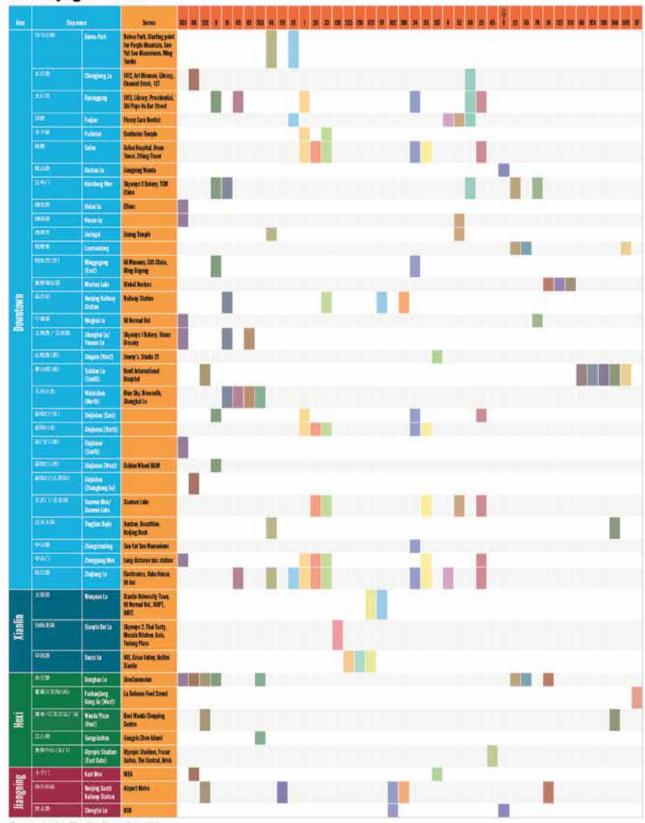
老山国家森林公园

Zhenzhu Lu (Provincial Rd 331) 浦口区珍珠路

Enjoy a more rustic experience in Nanjing's second National Park; away from the crowds soak in the virgin forest that is rich in species.

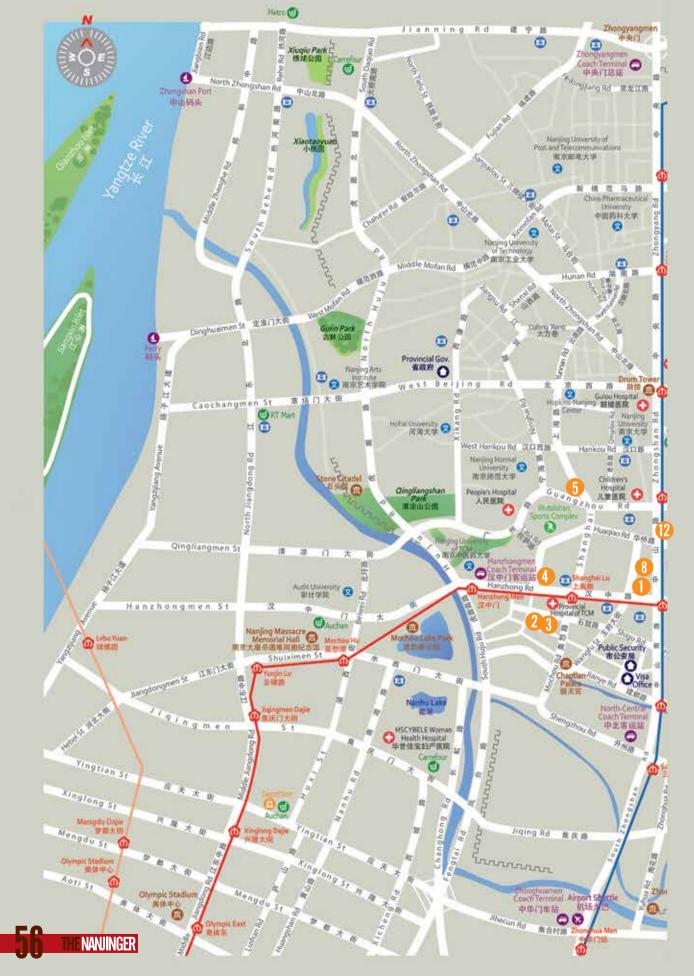
# The Nanjinger Bustable



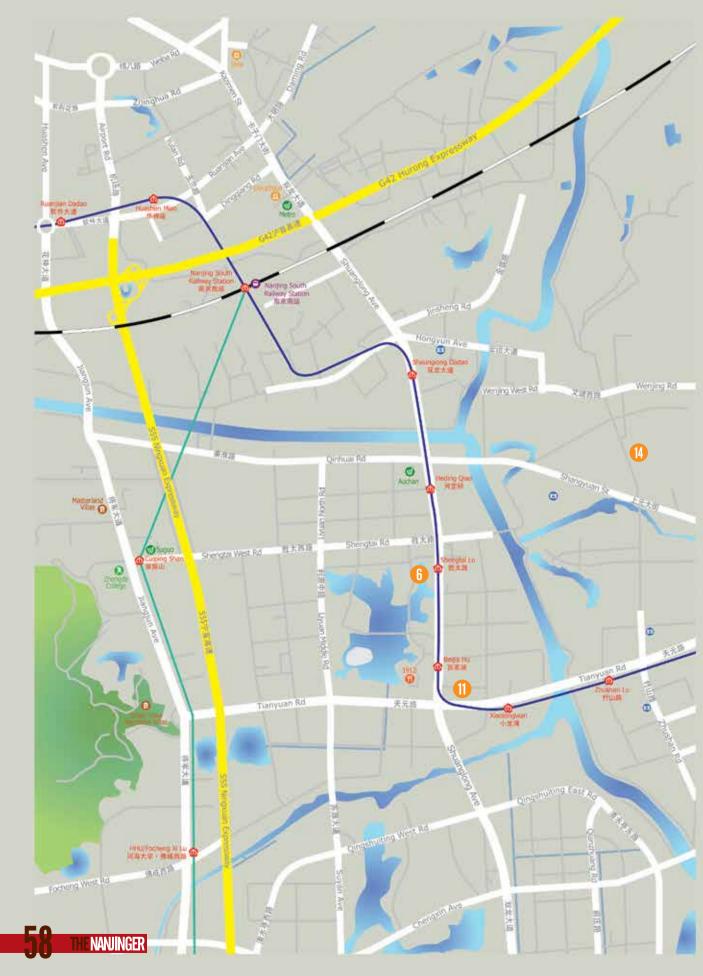


# Notes on using The Nanjinger Bustable

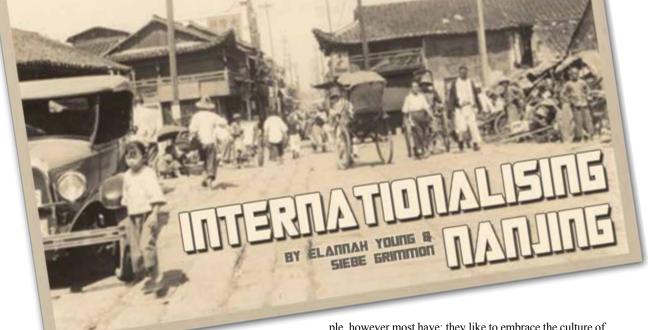
This handly Bostalide is a cut down version of the well-n Manjing public her system that focuses on parts of the olly of interest to expels.
If you are looking, for example, to travel from your home in Xiandin to Xianjing Railway station, look at the Xiandin area of the table (dark blee),
then look to the right to see which fines row between the two insafence, in this case the number XI. Easy, but?











ural China, the 20th century. A leathery skinned man aged sixty works away on his field in the northern reaches of Jiangsu. His life revolves around his tiny village and its small community, most of which have never set foot outside of their local land. Not one of the residents of the farmer's village have watched foreign television, been educated about the outside world or met someone of another nationality.

Urban Nanjing, 10 years ago. The number of foreign hotels and nice shopping malls in Nanjing can be counted on one hand. People looking for imported products head to Shanghai. Western food is scarce. English a rarity. There are no coffee shops.

Fast forward to 2014 and most of the young members of the aforementioned farmer's community have migrated to urban areas, such as Nanjing, were they seek mystical opportunities. In the city they are confronted with metropolitan people and foreign influences, opening their eyes to international culture. In keeping with modernisation they also drink coffee.

For long regarded as an isolated country with an absence of Western schools of thought, nowadays an increasing foreign economic and international influence is causing both physical and cultural change. Far from resisting, the Chinese population by and large welcomes foreigners, besides their accompanying business purpose. Jack Sui, who has been teaching Chinese to foreigners in Nanjing for several years, ponders on why so many choose to move to China from abroad; "The economy of China is successful. English speakers come to teach English and Africans to trade, seeking business opportunities as they do it." Derron Yu, a student at Nanjing International School for 10 years says, "I wouldn't say all of them have got used to international peo-

ple, however most have; they like to embrace the culture of foreigners and all the countries they come from."

With an official study from 2011 revealing that roughly 14,000 foreigners resided in Nanjing, and present estimates in the range of 20,000, such an increasing presence has caused local inhabitants to be more international themselves. More people than ever are able to speak English, with rigorous English programs re-implemented in the Chinese educational system. Gone is the need to stock up in Shanghai; the shops in Nanjing now carry every product a foreigner could ever want, while restaurants serving a multitude of cuisines have become an integral part of the dining scene, run and patronised by both locals and foreigners.

There is perhaps no better example of Nanjing's increasing internationalisation than the efforts brought to bear in advance of the city's hosting of this year's Youth Olympics. Among them, a massive expansion to Lukou International Airport added a new terminal (some four times bigger than the original) with a direct link to the city, on the S1 metro line.

Yet the march toward an ever-receding vision of internationalisation continues elsewhere too, and so Nanjing will have to redouble its efforts in order to merely keep pace. A good example of such internationalisation meeting internationalisation is the Think Global School, a travelling international school that takes teenagers on a four-year trip to 12 countries with annual fees that are a whopping US\$79,000. The school has on staff, interestingly, at least one former teacher of Nanjing International School.

Looking back over his years of teaching, Jack Sui concludes; "We [previous Chinese generations] didn't know much about foreigners. We were socialist; Chairman Mao advertised capitalism as being bad. But now that we know more about them, we like them more."

# NANJING INTERNATIONAL

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