

#### CIAO ITAIIA

你好意大利餐厅

EST. 2006





Taste more than 140 true Italian specialties, including 30 kinds of pizza and more than 50 wines exclusively imported from Italy; all prepared by highly qualified Italian chefs



193-2 Shigu Road (outside Sunglow Bay near the Sheraton) 石鼓路193-2号楼86608807



#### The Air We Breathe

空气·呼吸

AIR QUALITY MANAGEMENT, MONITORING

AND ADVANCED SOLUTIONS

空气质量管理、监控和先进解决方案

An unique opportunity for businesses, government, and community to discuss the future of air quality.

Nanjing, 11 November 2015



Platinum Sponsor

扬子石化一巴斯夫有限责任公司 BASF-YPC Company Limited

Registration begins September, 2015 For information:

nanjing\_events@europeanchamber.com.cn For sponsorship:bliu@europeanchamber.com.cn



# NANJING GOES TO Fabulous LAS VEGAS

24 OCT 2015

Casino: 7 p.m. - 11:00 p.m.

Party: Until Late!

Entry Fee 350 RMB includes:
200 RMB in Playing Chips to Win
Great Prizes
Free Entry into the Raffle
Appetizers, Music & Dancing
Dress to Impress



Supporting these great charities

For tickets, please contact Sui yi jie (所毅杰) 13851864492 Vibha Ancha 18652096947 Paul Underwood 15951881024 Julie Trainer 18260036418

## THE NAWINGER #49CONTENTS

NANJINGEXPAT VOLUME #6 / ISSUE #1

0	Ιo			4			
К.	110	nn	tr	ıh		'n	rc
U.	l Co	UII	ш	ш	шı	ιu	ПÐ

- 8 | Editorial
- 9 | A New Initiative | Letter of the Month

#### 10 | CSR; Good for Business is Good for Us

- 14 | Residential Energy
- 18 | Global Initiatives; Local Action
- 23 | For Art's Sake | Export Through the Nonexistent Gift Shop
- 25 | Let's Get Physical | Fame; Warm Ups and Cool Downs
- 26 | Corker | A Toothsome Threesome

#### 28 | Chinese Dream Project; The 57th Ethnic Minority

- 30 | Pitchfork | Water at the Tipping Point
- 33 | Strainer | The Majority Stockholder
- 34 | Our Space
- 41 | The Index
- 49 | Airport Shuttle Bus
- 50 | Metro Map
- 51 | The Nanjinger Bus Table
- 52 | City Maps



### Class of 2015

Elena Conen studied at NIS for 2 years.

She is going to Karlsruhe Institute of Technology to study Mechanical Engineering.

She said NIS was "caring, promoted healthy lifestyle and hard work"

NE

Nanjing International School An Inclusive Learning Community Thanks to the IB Diploma and experienced teachers at NIS

WWW.NANJING-SCHOOL.COM - ENQUIRIES@STAFF.NANJING-SCHOOL.COM - +86 25 8589 8111









#### OUR FOREIGN PATRONS' FAVOURITES

#### LASAGNA

Ground beef and cheese, smothered in Marinara sauce

> ONLY RMB45

#### MACARONI CHEESE

Baked with penne in a light areamy cheese sauce

> ONLY RMB40

#### PIZZA

Baked to perfection in our lova rock stove

> ONLY RMB60-88

#### Oass 绿洲西餐吧

At the top of Mingwalang, behind Costa at Shigu Lu/ Zhongshan Nan Lu

Tel: 83191933 Mob/WeChat: 13805165993



## THE NAVINGER

Sponsor 主办单位 SinoConnexion 祝福传媒

Publisher 编辑出版

The Nanjinger《南京人》杂志社

Operating Organization 运营机构

Naniina Hefu Cultural Media Co., Ltd. 南京贺福文化传媒有限公司

Contributors 特约专稿人 Julia McBurney Nan Yuanfeixue Shahnaz Mouhamou

Scott Rainen

Columnists 专栏作家

Alix Dearing Francesca Leiper Nick McBride

Matthew Stedman

Editor-in-chief 主编

Rick Staff

Frank Hossack 贺福

Contributing Editor 主编顾问

Ken Ellinawood

Graphic Design and Layout 平面设计与布局

SinoConnexion 贺福传媒 Web: sinoconnexion.com

Client Liason Coordinator 客户联络协调员

May Mei 梅永陈 Marketing (UK) 英国市场 Menglei Zhang 张梦蕾

Legal Consultant 法律顾问 Ma Haipeng 马海鹏

General Enquires & Advertising: +86 25 84718617

English/英文:+86 13851522Ž75 Chinese/中文:+86 15050527655

Email: thenanjinger@sinoconnexion.com

Volume 6 / Issue 1 / October 2015 "Sustainability" Copyright 2015, Nanjing Expat Published in the United Kingdom ISSN 2051-9974

## Introducing some of our contributors, writers and editors

Contributing editor Ken Ellingwood is a former foreign and national correspondent for the Los Angeles Times and author of Hard Line: Life and Death on the U.S.-Mexico Border. He teaches Journalism at Nanjing University.

特约编辑Ken Ellingwood之前是《洛杉矶时报》的国内外通讯记 者,同时也是"死亡地带"的作者:描述美国与墨西哥边境的生存 与死亡。他目前在南京大学教新闻学。

Nick McBride is a strength and conditioning coach originally from the UK. A former athletic director, he specializes in coaching young athletes and is now Head Coach for the Xianlin Warriors. In his spare time, he obsesses about Newcastle United Football Club.

Nick McBride是一位来自英国的体能教练。他曾经是一位经验丰富的体育指导员,他目前作为Xianlin Warriors的主教练,专注于训练年轻运动员。他及其热爱纽卡斯尔联足球俱乐部。

Rick Staff is from the UK and has 20 years cumulative experience as a wine trader, taster, and writer and was editor of 'Superplonk', the UK's popular wine guide, prior to moving to Nanjing in 2008.

Rick Stoff来自英国,有着二十年丰富经验的葡萄酒商人、品酒师、作家,并且是《Superplonk》的撰写者,英国很受欢迎的葡萄酒鉴赏家、于2008年移居南京。

Andy Heath spent several years working on various news desks of The Times in London before staging a daring escape overseas. Here in Nanjing, he has upgraded his title to Investigative Journalist, seeking out the amazing oddities that China has to offer.

Andy Heath之前在伦敦Times报纸的新闻部工作过,后来在国外呆了一段时间。现在在南京,他作为调查性记者,想深入了解与报道中国那些与众不同的神奇之处。

Legal contributor Carlo D'Andrea is Chair of the Legal & Competition Working group of the European Union Chamber of Commerce in China – Shanghai Chapter, Coordinator of the Nanjing Working Group of the Italian Chamber of Commerce in China and has also taught Chinese law (commercial and contractual) at Rome 3 University.

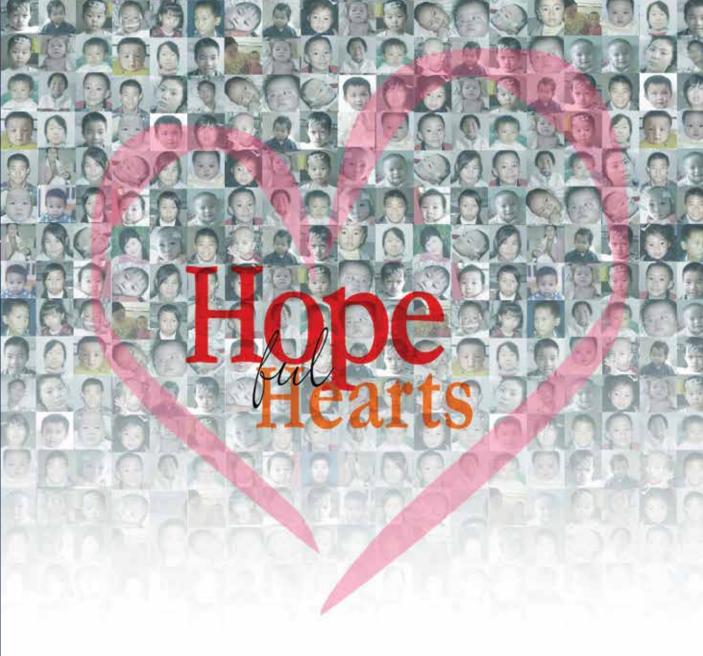
法律作家代开乐担任中国欧盟商会上海分会法律与竞争工作组主 席,中国意大利商会劳动集团的协调员与曾经在罗马三大担任企业 咨询课程中中国商法、合同法的课程教授。

Julia McBurney is a university student currently in Nanjing as part of the United States' Chinese Language Flagship Program. She is completing a three-month internship with The Nanjinger, and enjoys outdoor sports and healthy eating.

Julia McBurney是美国国家领航项目的学生,在大学里是经济学与中文双学位,会跟The Nanjinger完成三个月的实习。她的兴趣爱好包括户外运动与纯素美食。

Our Editor-in-chief and Music Critic, Frank Hossack, has been a radio host and producer for the past 30 years, the past 22 of which working in media in China, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

贺福 是我们杂志的编辑和奇乐评论员,在过去的30年里一直从事电台主持和电台制片的工作。在中国有近20年的媒体工作经验。工作期间他曾经四次获得过纽约传媒艺术节大奖,分别是世界前40强节目奖,最佳编辑奖,最佳导演奖以及最佳文化艺术奖。



## Help keep the young hearts beating ...

The reality is, these children may not have survived if it weren't for the generosity of people like you.

97% of all money raised goes directly to paying for heart operations.

Hopeful Hearts assists in funding life-saving heart operations for local children.

These children have often been abandoned because of their condition, or come from a farming community where their family may have an annual income of about 1,200RMB.

Your time, talents and donations would be greatly appreciated in helping save the lives of more children like these.

For more information on how you can help, please email: hopefulhearts10@yahoo.com

www.hopefulhearts.info

## **Distribution Editorial**

# Finding Don't Go Near The Nanjinger The Water



Scan the QR code to access the online version of the Nanjinger magazine. A full list of distribution points for a physical copy can be found on the Nanjing Expat website in The Nanjinger section.

This magazine is part of the Nanjing Expat family of English publications that together reach a very large proportion of the foreign population living in Nanjing, along with a good dash of locals, comprising:

> The Nanjinger City Guide www.nanjingexpat.com www.hellonanjing.net Lifecycle email newsletter

Nanjing Expat is majority owned and operated by HeFu Media. Find out more at www.sinoconnexion.com.

With this, issue 49, The Nanjinger enters its sixth year of publication. An odd number, given that we produce ten issues per year, but exblained by the fact that, due to our own then inebtitude, our first year only comprised eight issues.

With five years under our belt, it is time for an massive outlay of gratitude to all that have made this little rag possible. First vote of thanks must go to our advertisers, some of whom have been with us since day one, without whose faith this magazine would likely not exist or certainly would not be freely available for all.

Then there are the contributors: some staffers, some freelancers, some interns plus the volunteers who are simply happy to see their name in print; who now make up the strongest stable of writers of any English bublication in China.

Last, certainly not least, we say a heartfelt thank you to or readers, whose encouraging feedback has, time and time again, encouraged to push though the frustrations involved in putting this to print each month.

Speaking of which, welcome to Sustainability from The Nanjinger.



#### A New Initiative

I must here apologise.

These words are not new,
But are recycled, reclaimed
Found in failed initiativesThe broken, the cast aside.

This think tank does propose

We gather them, rescue them

Nurture them, give them time

Give them opportunity

And care.

Then might they take root;
Then in time may we uncover
Something worth learning,
Just maybe, hopefully
Something worth saving.

By Maitiu Brallaghan

## Letter Of The Month

#### Dear Nanjinger,

Why is the West missing the point about China and Mr  $\times$ i's overhaul?

Repression? Internet security? Protecting the citizen against militants? What utter nonsense. What it is is plain and simple protectionism. Facebook and the like are blocked not because of worries over sensitive content - these are convenient excuses that serve to benefit home grown enterprises.

The Chinese Internet is awesome, and blindingly fast. WTO be damned.

But maybe I wonder if China's fears are founded in previous inside insecurities about their ability to compete on the word stage. That time is gone, and WeChat is no better proof that Chinese tech companies can, and are now easily able, to take on the cumbersome WhatsApps of this world.

Wake up everyone! Ulterior motives are at play.

Michael Limerick English Teacher

#### WIN A WEEKEND FOR 2 AT NOVOTEL NANJING EAST

How to enter:

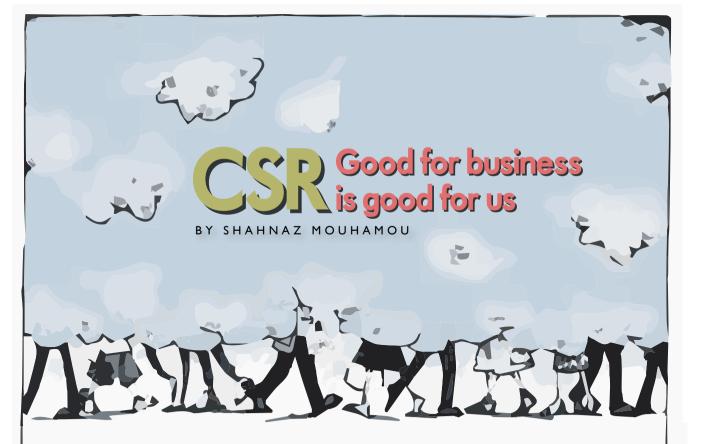
The prize of two nights bed and breakfast for two people at Novotel Nanjing East will be awarded to the author of The Letter of the Month, as chosen by The Nanjinger editorial team. Email your letters to **thenanjinger@sinoconnexion.com**.

Novotel Nanjing East Suning Galaxy is located in the Xuzhuang Software Park on the East Side of Nanjing with the Zhongshan International Golf Resort 27 hole course



designed by Gary Player, Sun Yat-Sen's mausoleum, Purple Mountain Observatory and Ming Xiaoling all located nearby.

NANJING EAST SUNING GALAXY



hen the West thinks about China, the first things that come to mind are negative stereotypes; an uncontrollable hyper-capitalist economy wreaking havoc on the environment, corruption, and product and food safety scandals. The recent blasts in Tianjin have only further lodged international fears that China's rapid economic expansion is hurting the global community. However, the reality is much different.

China has made an extraordinarily rapid shift from a production source to a more mature consumer market. As a result, balancing economic development with protection of environmental resources has become a clear priority in both Chinese public discourse and government policy.

In the private sector, like other places in the world, the decline of resources combined with the rise of global transparency has led to a new standard in business, i.e. sustainability. While the heat of the corporate social responsibility (CSR) debate took shape in the west over 50 years ago, China has only begun its battle in the last decade.

Speaking with The Nanjinger, Shawna Tao, President of Icicle, China's first eco-fashion brand, took the time to explain the foundations of China's CSR culture.

"When the economy opened up in the late 70s the educated class stayed behind and observed the changes out of fear. The brave souls that charged ahead and seized the opportunities of an empty economy were the uneducated class with nothing to lose and everything to gain. The focus was on production, expansion and profit. Without education and with the memory of hunger driving them forward, the corporate pioneers of that era sacrificed our 5000-year-old values and got very rich very quickly. The consequences were pollution and corruption.... But, now is a great time in China. Bellies are full and the memory of hunger has been replaced with a more refined palate. Now that the void has been filled, and the young are being educated, we are starting to remember what is important. More and more companies striving to give back to the community have started appearing."

While Tao's optimistic outlook is reflective of the current trends in Chinese CSR efforts, they still have a long way to go. MNCs and SOEs have been quite effective at recognizing the benefits and integrating CSR strategies in their daily operations. However, a study carried out by the Centre for Corporate Social Responsibility points to SMEs lagging

behind. Most SMEs do not yet fully understand the economic value of CSR despite the fact that it is become the central issue on contemporary business' agenda.

#### **Incentives/Drivers**

We must first seek to understand the drivers, as they are key for a business to fully comprehend the benefits and urgency in adopting a CSR platform.

Government Regulation and compliance is considered to be a key driver in the promotion of CSR. The Central government's 2006 Harmonious Society policy officially put forward sustainability and CSR as the over-arching strategic goal of the CCP. This was partly due to the increase of serious incidents causing social unrest, by an average of 29% per year. Since then, the concept of CSR has been entrenched in corporate and contract law, and mentioned in top-level speeches and official documents. The Chinese government has also strongly supported the absorption of CSR business models for its SOEs. It is clear that the government is taking CSR very seriously. Businesses need to implement changes as soon as possible if they do not want competitors to gain the upper hand. Furthermore, as policies to reduce greenhouse gas emissions are implemented, companies that fail to be proactive will find that their raw materials and energy costs will increase. These companies will spend more on risk management, as the cost of social and environmental irresponsibility will get out of hand.

## The Role of MNCs and Global Competitive Advantage

International clients are another important driver of CSR development. The presence of MNCs has helped to introduce, improve and encourage Chinese organizations to adopt CSR. As MNCs are responding to global pressures and implementing stricter controls, Chinese companies along the supply chain are forced into following CSR guidelines to survive.

As China's economy continues to mature, businesses are looking to expand overseas. Out of the 500

Global Fortune companies listed in 2014, 95 were Chinese. During interviews carried out by the United Nations Global Compact, many Chinese business leaders emphasized the urgency for companies to evolve in the area of CSR if they want to succeed and remain competitive in global markets. As Chinese firms are now increasingly investing outside of China, companies that fail to implement CSR policies and practices will find themselves wrestling with consequences of the fallout in their host countries.

## Civil Society, New Media and Public Opinion

Civil society is a major player in the promotion and implementation of CSR activities. As of 2009, with the opening up and allowance of civil discourse by the Central Government, more than 425,000 NGOs were seen operating in China. On one end, most are promoting "orderly" public participation in environmental and consumer matters. On the other, they are forming collaborations with corporations as the private sector is increasingly seeking guidance to improve their CSR performance. Ma Jun, Chief of the Institute of Public & Environmental Affairs (IPE) and well known environmental activist, is spearheading the public education movement by publishing available data on new media in an easy to interpret form.

With the emergence of new media, the speed and scope of information available online is making it easier for the digital-native youth to engage in discussions about contemporary issues. China boasts an impressive community of over 640 million Internet users, millions of which are also blogging. And according to research by PR company Edelman, Internet users are presently growing at an annual rate of 40 per cent. We live in an age where one faux pas can go viral and reach millions of users. Businesses can either falter or flourish at the whim of a click.

The last few years have witnessed a growing level of public involvement in CSR-related issues, especially with the new generation of environmentally conscious, technologically savvy millennials. An MSL Group survey that questioned 8,000 Generation Ys born between 1984 and 1996 around the globe, found that 92 percent of respondents in China be-

lieve corporate involvement is necessary in tackling social issues.

MSL Group Chief Strategy Officer Pas-

cal Beucler says, "millennials look to businesses not only to lead, but to actively engage them in the process. This opens up huge opportunities for businesses worldwide to reset in the face of declining consumer trust." China has approximately 400 millennials who express themselves quite liberally on environmental and consumer concerns. They are an ambitious, self-confident group that represents the future of the country. 69 percent, the highest in the world, demand transparency on corporations' citizenship activities. "Brands that are socially active are perceived as forward thinking and responsible," said Ellen Cheng, MSL's Asia practice group lead for Corporate & Brand Citizenship based in Beijing. "This indicates that citizenship is a strong differentiating factor for brands: more than 83 percent of Chinese Gen Y would recommend a brand to friends or family because of its citizenship efforts."

#### The 5 Benefits

Chinese companies generally still struggle to see the business case for CSR. It is usually viewed as a part of wider PR, philanthropy or crisis management strategy. Businesses need to adjust to 21st century realities or they are on their way to becoming the proverbial frog. I have compiled below a list of five benefits a Chinese company can achieve from imbedding a sustainability strategy. But, I will let business leaders and industry professionals do the speaking.

#### **Survival**

"We're talking about a transformation of the economy, and when you transform economies, then some businesses win and some businesses lose."

Paul Gilding, Former Greenpeace Executive Director during an interview with Eco-Business, an Asia Pacific based media outlet covering sustainable business, ahead of the Responsible Business Forum on Sustainable Development.

"We firmly believe that businesses in the 21st century must take responsibility to help solve the problems of society. This is not only a moral duty, but also the foundation of our own survival and growth."

Jack Ma, in an open letter to the company's investors after unveiling the largest tech IPO ever seen

"Even if they are motivated by profits, they will have no choice but to answer to the changing business environment and listen to what their stakeholders want. They may not want to but they must if they want to survive the next 5 to 10 years."

Shawna Tao, President of Icicle, China's first eco-fashion brand, speaking with The Nanjinger.

#### Social Capital and Brand Reputation

"Reputation is their biggest asset or their biggest potential liability."

Greg Babe, Former CEO Bayer Corp. in a Forward for Chris Laszlo and Nadya Zhexembayeva's book "Embedded Sustainability: The Next Big Competitive Advantage".

"A consumer is willing to spend more money on your brand if they consider you a meaningful brand." *Maria Garrido, International Marketing Director for Havas, speaking with The Guardian.* 

"As it will soon be the norm for all products to be environmentally friendly and socially responsible, we believe a product's sustainability benefit will strongly differentiate a brand (akin to price, quality and effectiveness)."

2011 KPMG China CSR Report

#### **Innovation**

"Sustainability is not a constraint, it's a field of opportunities at every level. It creates value in multiple ways - efficiency, innovations in processes and product development."

François Pinault, Chairman and CEO of Kerring, speaking with VOGUE UK

"Companies that are breaking the mold are moving beyond corporate social responsibility to social innovation. These companies are the vanguard of the new paradigm. They view community needs as opportunities to develop ideas and demonstrate business technologies, to find and serve new markets, and to solve longstand-

ing business problems." Rosabeth Moss Kanter, Harvard Business Review.

"Market shifts create winners and losers, and companies must innovate to survive."

Andrew J. Hoffman, Professor and Associate Director of the Erb Institute for Global Sustainable Enterprise, in a Forward for Chris Laszlo and Nadya Zhexembayeva's book "Embedded Sustainability: The Next Big Competitive Advantage".

#### **Human Resources**

"Without talented, happy, diligent and passionately committed employees, our commitment to serving customers will be empty. A company that does not have satisfied employees will not have satisfied customers, and without satisfied customers, we could not possibly have satisfied shareholders."

Jack Ma, in an open letter to the company's investors after unveiling the largest tech IPO ever seen.

"Developing a strong CSR program that engages employees' enthusiasm in issues of individual interest is crucial to a firm's competitiveness, especially in attracting China's most talented professionals and keeping them aboard as alternative opportunities emerge."

The American Chamber of Commerce in Shanghai in their report "A Guide to Corporate Social Responsibility in China".

A total of 72 percent [millennias] want their employers to help enable them to get involved, while 84.9 percent "want to work for an active citizen."

MSL Group sourced from Jing Daily Magazine.

#### **Direct Financial Impact**

"The 10 per cent reduction in electricity is enough to power the annual consumption of 3 theme parks." –

#### Disney's Climate Program

"Proactive environmental strategies can result in cost reduction, such as decreasing costs related to current and future legislation, and operational costs."

The Business Case by the Doughty Centre for Corporate Responsibility.



Unit 411,Building E,Wanda Plaza,Hexi,Manjing

(Exit 5, Jiqlingmen Dajie Station on metro line 2) offine: 13585178658 (Dr. Zhou) 15077852304 (Dr. Shan)





or most of August this year Beijing was unusually, eerily beautiful. Famous for the Forbidden City and China's most prestigious universities, the capital city of China also holds a dubious reputation as a hotbed for pollution. And yet, for about three weeks leading up to the September 3rd military parade, the skies were, for the most part, blue and virtually pollution-free. The parade came and went, and so did the blue skies.

How did this happen? Quite simply, because the Chinese government wanted it to. Through a series of restrictions on manufacturing, and cloud seeding to force pollutants out of the air via artificially induced rainfall, officials in Beijing were able to mandate clear skies for their soldiers' marching. Such a capability is in some ways terrifying, but from another perspective is oddly promising as governments around the world take climate change more seriously and try to reduce their emissions internally because, unlike many other countries, the Chinese government can force results

in a way others constrained by the structure of their economies cannot.

China is polluted, and this is only becoming more exacerbated by an increasing standard of living. Recent surveys have indicated trends towards increased energy demands per household – particularly electricity – and fewer occupants per household. These factors can only lead to increased pollution. Obviously, households do not present the biggest contributor to pollution in China. The largest consumers of energy and emitters of pollutants are found in China's commercial sector. When the skies were cleared in Beijing, it was due to the capital's flated closure of large swaths of factories having a direct effect on the city's air. That said, as China's economy matures and more Chinese citizens are becoming comfortable with a more affluent lifestyle, the effect China's residential sector has on energy consumption is inflating at a rapid speed. Between 2000 and 2008, reports have indicated that residential electricity use tripled and the sector rose from 7



percent to I I percent of the country's total energy consumption. This is the fastest rate of increasing energy intensity over any sector of the Chinese economy. Furthermore, these rapid rises in energy consumption are only predicted to continue.

As a result, the Chinese government is beginning to pay closer attention to the sustainability of its residential sector. Increasing energy consumption from this sector presents a difficult situation for the government because it cannot be controlled in quite the same way as, for example, manufacturing. With manufacturing, the government can simply order plants to shut down or use less energy. This can be mandated. With the residential sector this can also be done, but it is not as safe of a political decision.

As the Chinese Communist Party has largely abandoned many original ideologies, much of its legitimacy has become based upon China's continued economic growth and the people's gradually increasing standard of living.

While the government could, for example, ban air conditioning during the summer months, which would cause massive energy savings, this decision would be unpopular for obvious reasons, and thus Beijing needs to find other means of achieving energy-saving goals.

It should also be noted that it does appear these goals are being taken seriously. This summer China announced a pledge to curb peak emissions by 2030 and laid out a variety of actions with the intent of achieving that objective. That said, China has not just recognized its need for energy efficiency, as it has been continuously implementing new energy saving policies over the past two decades. With respect to buildings, China entered a third phase of developing its building code regulations in 2006. Each phase set out to improve the energy efficiency of new buildings, in addition to retrofitting old ones, and each phase also increased the

stringency of enforced regulations. The gradual increase in required energy efficiency has also resulted in the industry's gradual adjustments to meet new needs. For example, buildings in the north of China, to combat the cold climate, have largely switched to double, and in some cases even triple, glass pane windows. The enforced regulations give the industries time to adjust to their new requirements, but also ensure that the drive continues moving forward.

These energy-reducing objectives in turn manifest themselves in a variety of interesting ways. Of course on one side China is not only trying to burn coal in a cleaner, more efficient way but is also investing in the research, development, and implementation of massive amounts of green technologies, such as solar power. As China is still developing its infrastructure, this is easier to do than in, for example, the United States, where energy production methods are limited by a well established, expensive to alter, energy grid. In people's homes, however, there are also major efforts afoot to decrease energy usage.

As mentioned above, efforts are being made to better improve the efficiency of buildings themselves. For example, according to a March 2014 report by the U.S. Department of Energy, policies mandated by China's 12th Five Year Plan are expected to spur investments of \$35 to \$43 billion USD on insulation alone. The profit margin of energy efficient doors and windows is 13 to 15%, far greater than the 3 to 5% boasted by their traditional counterparts. With pushes by the central government, this \$60 billion USD industry is expected to slowly shift to a greener incarnation. The Chinese government is forcing similar measures upon the heating, lighting, and other elements of the residential sector as well. The result of these requirements and adjustments to the sector is the forced development of new industries to meet new standards, making the development of green products and materials in the economy more profitable. With mass production, implementation becomes increasingly affordable, and so on.

Of course, there are critics, Professorial candidate Lin Lishen, studying under Professor liangui of Oinghua University, specializes in household energy efficiency. In an interview for The Nanjinger, he stated that while the government's response to energy production is gradually improving, it is not enough. "China should consider total energy use, not just energy efficiency they are two different things." But this is not the case, as he points out more antiquated central heating is being used today than before. This is linked to people's inflated expectations for their standard of living, but the increased outputs are also producing unwanted results. "If the pollution becomes more serious, the people will lose faith in their government," he points to last year's winter, which was a case in point, stoking people's concerns over pollution and PM2.5."After the heavy pollution of last winter the government invested more money to deal with the environmental problem" – but he thinks such investments are still far from enough.

It should be stressed that the Chinese people are not oblivious to the harmful effects of pollutants, and many are increasingly willing to make some form of a contribution to alleviate the smog descending upon their cities.

With better education, leisure time, and a generally more comfortable, stable standing that economic development has afforded the people, more citizens are becoming increasingly worried about the effects of pollutants on their bodies. That said, while there are some outspoken groups about environmental issues in China, perhaps the most appropriate way to describe the population is receptive to energy-saving suggestions. The government has made some efforts to tap into this receptiveness by labeling and providing education with the hope of spurring buyers into choosing energy-efficient products. Still, in the usual interest of stability, it wants to avoid fear mongering and has tried to keep alarming reports of pollution out of the public eye.

What the Chinese populace ultimately seems to want most is a better life. While they are willing to help with the country's energy-saving objectives, they seem most keenly interested in keeping their homes heated during the winter and cool during the summer.

They want blue skies and fresh air, of course, but such aspirations can sometimes be obfuscated in the daily rhythm of living – that is, living comfortably.

Lin Lishen points out, however, that such aloofness does have a limit. The terrible levels of pollution the Chinese people have experienced in recent winters bring the situation into sharp focus: the pollution needs to be controlled. For him, and many, it is a question of protecting the international environment: the amount of global warming needs to be kept under a mean two degrees rise in temperature, hence his assertion that "in the future the Chinese government should give a stronger target [than 2030 to curb emissions]." For the Chinese people it is one of basic safety, and for the Chinese government it is one of maintaining a satisfied population and stable condition for society.

Regardless, the desire is there from both the top down and the bottom up. The Chinese government jointly recognizes the need for a cleaner, more efficient, even low-carbon economy because it will entail less pollution and require fewer resources, ensuring more stability for the present and the future. From the bottom up, the people quite simply want clean air. The fact that the Chinese government seems keen to act decisively on such issues speaks to some exciting prospects for the future. China has the potential to both curb its pollution and kick start a genuine, competitive renewable energy industry that could also potentially provide a model for the rest of the world to follow.

Whatever the result, the jury is still out, but China appears to be gearing itself up to impress the world with more than just the uniformity of its marching soldiers.



Changzhou Sheraton Changzhou Wujin Hotel Sheraton Changzhou Xinbei Hotel Sheraton Jiangyin Hotel Oxford College

#### Hefei

Sheraton Hefei Xinzhan Hotel Hilton Hefei

#### Huzhou

Sheraton Huzhou Hot Spring Resort

#### Jinan

Jinan Foreign Entrepreneurs Association

#### Qingdao

#### Double Tree by Hilton

#### Suzhou

Dulwich College Suzhou EtonHouse International School

#### Taizhou

Double Tree by Hilton

#### Tianjin

Wellington College International Tranjin

#### Wuxi

EtonHouse International School Sheraton Wuxi Binhu Hotel

#### Yangzhou

Four Points by Sheraton Yangzhou

#### Zhenjiang

Sheraton Zhenjiang Hotel

As one of the most competitive real estate agencies in Nanjing, Sun Home has since 2005 been providing relocation services for expats. Sun Home has continuously supplied high

Pre-move Consulting

quality services including:

- Orientation Programs
- Home Search Service
- Settling in Programs

We understand your needs and will help you find a truly satisfying home.

#### Your professional home finder

139 147 | 8508 / 025 5 | 86 0590

1901, Xinghan Mansion, 180 Hanzhong Rd, Nanjing 南京市汉中路180号星汉大厦1901室



www.shre.com.cn sunhome@shre.com.cn

## Selebrating SERVING NANJING FOREIGN COMMUNIT

#### Your Invitation to the **MAV Innovation Forum**

gain cutting edge information Eight technical experts to share solutions for increasing productivity

A rare opportunity to

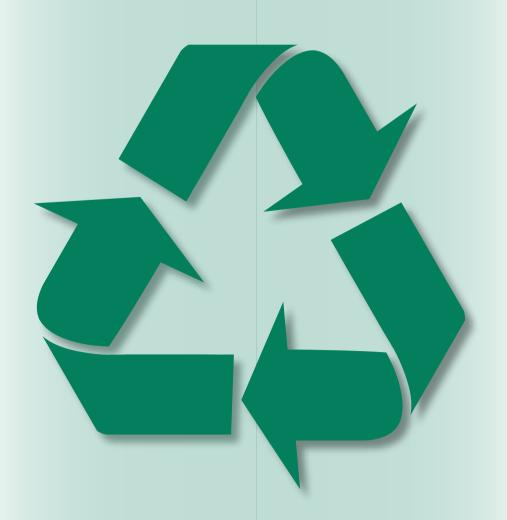
Speakers include Chiron, SW Technology People, Heller, Paul Horn, RBC Robotics, Kuka, Emco and Alicona

Further information: www.ambchina.cn To register please email us at infos@messenanjing.cn



Part of AMB China 2015 – 5th Exhibition for Metal Working & Forming

20 & 21 Oct, 2015 Nanjing International Expo Center (Hexi)



# GLOBAL INITIATIVES; LOCAL ACTION

By Frank Hossack



ustainability is an ugly word. Not for its meaning, but for the way politicians have been using it for years. The more cynical among us are now bound almost to switch off at its very mention. Not going in its favour is also the fact that sustainability, at least at the global level, does not really sound very interesting.

Nowhere is this more true than with the United Nations announcement of Sustainable Development Goals (SDGs); a new, universal set of goals, targets and indicators that UN member states will be expected to use to frame their agendas and political policies over the next 15 years. The SDGs are a replacement for the Millennium Development Goals (MDGs), agreed by governments in 2001 and about to expire, which in hindsight had glaring omissions (e.g. gender equality) and were inconsiderate as to the holistic nature of development.

Into a world where one billion people still live on less than US\$1.25 a day (a measure of poverty by the World Bank) come the SDGs, all 17 of them (source: sustainabledevelopment.un.org):

- 1. End poverty in all its forms everywhere
- End hunger, achieve food security and improved nutrition, and promote sustainable agriculture
- 3. Ensure healthy lives and promote wellbeing for all at all ages
- 4. Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all
- Achieve gender equality and empower all women and girls
- Ensure availability and sustainable management of water and sanitation for all
- Ensure access to affordable, reliable, sustainable and modern energy for all
- Promote sustained, inclusive and sustainable economic growth, full and productive employment, and decent work for all
- 9. Build resilient infrastructure, promote

- inclusive and sustainable industrialisation, and foster innovation
- Reduce inequality within and among countries
- II. Make cities and human settlements inclusive, safe, resilient and sustainable
- 12. Ensure sustainable consumption and production patterns
- 13. Take urgent action to combat climate change and its impacts (taking note of agreements made by the UNFCCC forum)
- 14. Conserve and sustainably use the oceans, seas and marine resources for sustainable development
- 15. Protect, restore and promote sustainable use of terrestrial ecosystems, sustainably manage forests, combat desertification and halt and reverse land degradation, and halt biodiversity loss
- 16. Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels
- 17. Strengthen the means of implementation and revitalise the global partnership for sustainable development

Still awake? At least one accountant was, at a major conference in Addis Ababa a few months ago, that had the theme of financing the SDGs. The concern to emerge was there would not be enough financial stimulus available to meet such lofty goals.

In fact, an intergovernmental committee of experts on sustainable development financing have put the cost of providing a social safety net to eliminate extreme poverty at approximately US\$66 billion per year. That's not all; to improve the overall infrastructure that the SDGs call for (those in water, agriculture, transport and power) could require a further US\$7 trillion.

Obviously, that kind of money does not exist, even in

China. Therefore, it is really up to us, as the little people. If we all make a few small changes at the local level, great things can be achieved. Indeed, it seems as if a seismic shift is already underway, as initiatives undertaken by individuals, pressure groups or even artists, are beginning to make our world look very different, and to a greater or lesser degree, more sustainable for those who follow in our footsteps.

The shanty towns of central Mexico would not be the obviously place to start looking for sustainability. Of late, however, an artists' collective calling themselves the German Crew have worked for more than a year with the goal of promoting community integration and changing the negative image of the hillside neighbourhood of Las Palmitas. The muralists have painted the drab, cement and cinder block facades of 200 homes all manner of colours; from lime and lavender to orange and sky blue, turning the hillside into one giant, colourful mural.

Before the artistic experiment in social behaviour, Las Palmitas was a place where people avoided going out after dark or talking with each other. Now people are beaming in conversation and children hang out on the steep stairways that crisscross the neighbourhood.

The world of advertising too, is not one immediately synonymous with sustainability. Yet, the proliferation of outdoor advertising can consume a city in the form of visual pollution. Brazil was perhaps where the advertising growth of the early 2000s was most intense, with signage in São Paulo becoming akin to a kind of smog.

As a result, in 2007 a Clean City Law was introduced that banned billboards outright. Authorities would then go on to remove 15,000 billboards and 300,000 oversized storefront signs. São Paulo was not to be alone in its crusade. Chennai, then Grenoble, Tehran, Paris and now even New York have all begun their own mission to replace or ban outdoor advertising. Already several US states, including Vermont, Maine, Hawaii, and Alaska are billboard free.

It should be noted that artists and activists are playing important roles in the move to clean up our increasingly obtrusive urban skylines. They are the ones who have realised that while the removal of a lot of large signage is generally positive, what is left in its wake is also cause for concern. Many cities in China would serve as good examples wherein outdoor advertising is actually brightening up what would otherwise be depressingly

grey concrete slabs. Therefore, imagine what cities would look like if classical paintings replaced the ads; No Ad is an augmented-reality app that strips the New York City subway of ads, replacing them with art.

Nanjing too has its own unique example of efforts at sustainability that operate on the local level. The European Chamber of Commerce Nanjing Chapter shall hold its second CSR Award on 11th November. The Award aims to acknowledge CSR successes, raise sustainability awareness, and share CSR experiences with organizations looking to embrace corporate responsibility in China.

After a hugely successful first run last year, this year's event follows much the same format, with awards in the categories of human resources and work safety, sustainable growth and environment protection, plus community program and social innovation. There will be two winners from each category; one for Small and Medium Enterprises (SMEs) with less than 250 employees, and the other for corporations with more than 250 employees. In 2014, the Award attracted 17 projects and 200 diverse participants. Five projects won the CSR Award.

This year, all the entries will be assessed in a two-stage process by a jury representing a wide variety of businesses, social organisations, and government entities. During the first stage, the assessors, who are the experts in the CSR field, will shortlist all the entries to three finalists in each category. During the second stage, the finalists will be invited to make a 30 minute presentation with a 10 minute Q&A session on their project in front of a panel of judges, who will select the final winning projects.

To increase participation and spread awareness, students from both Chinese and international schools are invited to enter a competition that seeks poster designs on the themes of air, water, food, environment and sustainability. The Chamber plans to make the top three posters of each category into postcards. All revenues derived from the postcard sales will be donated to the Pfrang Association. Another competition seeks CSR Trophy designs where, through an open voting system, the top six trophy designs will be presented to the winners of the CSR Awards 2015. The designers' name and affiliation shall be carved on the trophy pedestal.

Visit www.europeanchamber.com.cn for further information on the contests and the CSR Awards.





First JCI AccreditedHospital in Jiangsu Province

Open time: Monday-Sunday 8:00-19:30

Hospital Add: 9 West Wenti Road, Shuiximen Ave. Jianye District, Nanjing, China

24h Hotline: 18013919815

Obstetrics and Gynecology Department | Neonatology Department | Pediatrics Department















Cool atmosphere, Cold beer, Friendly folk

## FOR ART'S SAKE

## Export Through the (Nonexistent) Gift Shop

WITH FRANCESCA LEIPER

Negotiating the ticket system in Chinese museums can be confusing, and the Jiangsu Museum of Art was no exception. After pleading with the ticket attendant to grant me entrance to this scarcely populated gallery without my passport, I was eventually handed a glossy golden ticket.

Leaving the attendant to her morning nap, I entered the first gallery of landscape paintings by Fan Baowen from the early 2000s. The ink paintings were colourful and pleasant, but the accompanying text was little more than dates and place names and only in Chinese.

As an avid museum goer, I was discouraged to find the majority of visitors in fact gathered on the dingy benches between exhibits, their faces illuminated by Wechat moments. But I also sympathised with them. I struggled to find the connection between Fan's work and the second room of the exhibit: a hodgepodge of works from artists roughly contemporaneous with Fan. Instead, I was distracted by poorly maintained paintings and peculiar MDF frames stapled directly to the walls.

One visitor who was enjoying the exhibition asked a staff member where she might be able to purchase a catalogue. The museum does not have a shop, she was told, and apparently one must have personal contact with the deceased artist in order to get any such publication.

Why, I wonder, was it so difficult to feel culturally and artistically fulfilled in what should be Jiangsu's most prestigious art institution?

Surely there are other Chinese culture enthusiasts who are asking this question. Those who have been in China in the past few years may be aware of the recent museum boom, in which a staggering number of museums and galleries have been, and still are, established on an almost daily basis. However, while China may be leading in quantity, many of its museums lag far behind in quality.

In an interview in the Journal of Contemporary Chinese Art last year, director of the Xi'an Art Museum Yang Chao helps us understand China's enigmatic museum landscape. While there is no end to the flow of money from the government into this sector, the motivation behind the building of museums in China and the allocation of funding is unsustainable. Art museums are often seen as a necessary element in any respectable city, rather than as a living and growing project. Once the building is erected, the tap switches off.

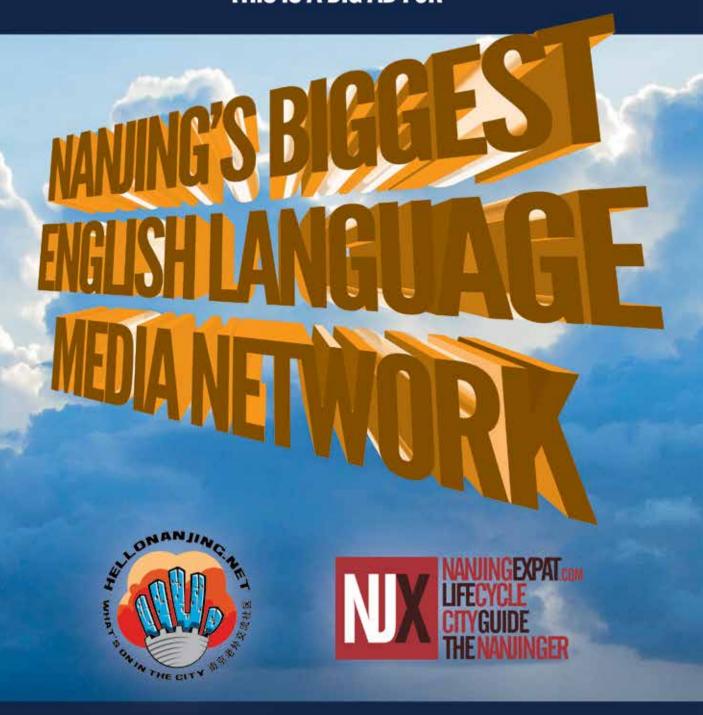
This idea that culture can be bought like a commodity, by simply constructing a splendid building, is one of the obstacles faced by art museums in materialist China. In fact, the building is only the first step in a museum's long life of collecting, scholarship and developing its public programme. Adding to this is the reluctance to invest in projects which are not for profit. Yang believes in thirty years many of China's recently established museums will be gone.

So, as numbers at the Jiangsu Museum of Art dwindled, I found myself unusually keen to join the 11 o'clock lunch brigade and made a beeline for the "Export". Forty-minutes on the bus to AMNUA, the Art Museum of Nanjing University of the Arts, and I feel as though I have travelled across the globe to a gallery in London. I am enticed by the modern yet severe building with sculptures scattered around the campus, left exposed to the elements making them somewhat synonymous with their surroundings.

Inside a maze of pleasing white spaces, I find a compact and capturing exhibition of prints demonstrating the 1930s and 1940s woodcut movement spearheaded by Lu Xun, one of China's most celebrated 20th century intellectuals. The black and white prints are striking, while the exhibition as a whole is a refreshingly original approach to marking 70 years since war ended between China and Japan.

There is a real sense that AMNUA is closely engaged with the art scene in Nanjing, China and the world. With six new exhibitions due to open this month, advertised on slick posters, I most certainly will be back. As for the Jiangsu Museum of Art, I am happy with my nice new bookmark. Hopefully one day I can use it to mark a page in my newly purchased catalogue.

## THIS IS A BIG AD FOR



Through the monthly magazine The Nanjinger, the websites Nanjing Expat and Hello Nanjing, the annual City Guide and weekly email newsletter LifeCycle, plus a host of social media platforms, Nanjing Expat is the only group of English publications offering high visibility online and print media in Nanjing



#### Fame!

#### Warm Ups & Cool Downs

any moons ago, a young man of supreme physical fitness used to play rugby. He did alright on the field but his real ability lay in his unique agility and explosive, dynamic movement when rein-acting the famous scene from FAME; he would jump, nay leap, on to parked cars with wild abandon, after the post-match obligatory "cool-down" session at the club house

This week, that same man discovered that he does not possess that same fitness anymore, as his knee cap popped out whilst pounding the pavement, and dodging a car, whose driver would more than likely fail an eye test - never mind a driving test.

Thanks to the good people at Global Doctor, it was slotted back in with a quick jab (shout out to you Dr. Eduardo.. sorry about the language).

The whole episode has left me a little, well... depressed. I feel old. My body is failing me. My mind is telling me yes but my body...my body's telling me NOOO (is that from a song?)

Research tells that our fitness goes in to rapid decline after 40, and more so if you're a man (thank you very much). Could years of half-hearted warm ups and "club house cool-downs" ie. none. be catching up with me?

If you look at the field of research in terms of warm ups and cool downs, views and fashions change rapidly and can be conflicting. Warm-up/cool down research is about as conclusive as food fads: one minute we're juicing everything we can get our hands on. Next minute we're eating solid pats of butter; okay, just me then, but you know what I mean.

Right now, I can tell you that static stretching is no longer considered de rigour. A static stretch would be gradually easing in to a stretch position and holding it for a length of time. Many studies show this to have no effect on preventing injury what so ever. And one study shows it actually decreases performance in certain sports, including jumping. Static stretching is more appropriate as a cool-down. Science agrees though that we definitely do still need to warm-up.

So, we are not talking just some casual leg swinging and arm flailing and not just a 1 minute spurt on the bike. Your warm up needs to increase your body temperature; ie. do what it says on the tin and literally warm up your body. It also needs to mobilise and stabilise certain joints, fire up your nervous system, and replicate the movement patterns going to be used in your workout. Basically, these days we're all about dynamic stretching. Even the Arthritis Foundation recommends dynamic stretching to ease joint pain. Handy, since arthritis is apparently my destiny (thanks, Dad)!

I will give you a basic dynamic stretching warm-up example here but it is worth researching warm-up routines for your specific activity. A warm-up routine will look different for a runner, a football player or a shot-putter. That said, here is a solid general warm up for your average gym go-er.

Perform each movement 2-3 times, for approximately 10 meters . Either walk back to the start as a brief recovery and repeat again, or repeat on the way back before changing to the next stretch.

1. Legs - Walking Straight Leg Swings. Here, the leg acts as a pendulum and the opposite arm as a counter balance. From your starting position with the abdominals "switched on" and focusing straight ahead, swing the leg and opposite arm forward back forward before stepping through. Watch that the hips remain facing front and there is no excessive hyperextension or curve in the back while the leg swings back.

- 2. Arms Upper Body Rotation. Bend at the hips, keep the back's natural curve and bend the knees a little. Rotate your trunk and stretch your arm to the opposite toe. Bend the leg you aim for. Alternate sides.
- 3. Knees Walking Knee To Chest. Pick a focus point straight ahead and switch your abdominals on, helping to stop the body coming forward when you lift the knee. Stepping forward, lift the opposite knee to your chest and give it a gentle pull with your hands before striding through and repeating on the other side.
- 4. Ankles Walking Ankle Lunges. The key point here is to pivot the back foot before lowering the body weight. Step forward on an angle, about 45 degrees, opening out through the groin. Pivot the back foot then drop the back knee while raising the arm. Make sure the front knee is at 90 degrees and directly above the ankle. Step through changing arms and legs.
- 5. Back Laying Backward Bend. Lay on your stomach. Raise your trunk up using the muscles of your arms and back. Do not become static at the end of this exercise; let yourself drop back down as soon as you reach the end of the motion.

So, as I stare down the tube of an MRI scanner, contemplating the light at the end of the tunnel, feeling every bit my age and facing the reality that since all cardio activity is suspended for me right now, I have the choice of laying off the pork-scratchings or accepting that my belly will become a new home for balancing remote controls or beer tankards. The message is clear. Neglect the warm-up at your peril.

## **A Toothsome Threesome**

Rick Staff with a remit to sniff, taste and spit his way around Nan ing and disseminate the drinkable

POINT SYSTEM

A WARNING

A Feasible Party Prop

15-17 Heartily Recommended

Exceptionally Good

The Apagee Of

WINE EXPRESSION

much interest in their own wine with it being historically targeted for foreign consumption. Domestic apathy, however, has been bypassed in the modern era by an influx of outsiders nosing out the rich pickings, with some even setting up shop en route further catalysing the

the natives, until very recently, not taking too

In its 19th century hey-

day, Chile's success as a

wine grower was largely

courtesy of diseases in the

shape of phyloxerra and downy

mildew crippling the rest of the

world's crops. Thereafter the

great blight, things stagnated for the next 100 years, and it took

a return to democracy in the

early 1990's to catapult Chile

towards the top table through a

determination to modernise. A

legacy of the golden era though,

where the wine industry was

owned by just 10 families, is

that wine viticulture still resides

in the hands of the elite, and

export outlook, a good chunk of which makes its way out of Chile and into China bearing the margues of Rothschild and the ubiquitous Span-

ish winemaker, importer, distributor Miguel Torres, among others. Chile still exports at last 70%

percent of its wine production.

By far the most important red varietal in Chile is Cabernet Sauvignon, accounting for nearly a third of vines planted, though it is Carmenère which takes the mantle as Chile's "signature" grape. For many years, Carmenère remained hidden, classed as Merlot, another Bordeaux grape which still has a strong presence in Chile but retains a much stronger one in France. Carmenère though, also a French migrant truly lucked in with a passage to Chile, being a lateripening variety and needing long periods of sunshine and dependably warm summers to thrive. The grape has largely withered in its erstwhile home, but in Chile, at its best, Carmenère has the plumpness and affability of Merlot along with the more herbaceous cedary notes of a good Cabernet, though it was only formally identified as distinct from Merlot as recently as 1994. It arrived in Chile like all the best travellers, incognito, and the Chileans are rightfully proud of being its saviour if only through the serendipity of a conducive climate and a bright spark from the Montpellier school of Oenology.

Along with other prescient players in the wine game. I have always taken a shine to Chilean wine, finding it invariably to fall within the parameters of good to very good, and, always, great value. On which note, surely as seismic as the recent dreadful earthquake (which miraculously left the wine industry pretty much intact) is the news that supermarket juggernaut Wal Mart has somehow surpassed the value scale. even for Chile, and procured a very drinkable crop from Chile's Valle Central for just ¥39 a pop. The Cabernet hit the shelves some time ago delivering a benign, but no means bland, liquid which meanders pleasingly over the tongue with a trace of blackcurrant; a pepperoni pizza would kick it into even better shape and the recent 2013 tasting shifts it half a point north from previous incarnations (14.5 points). The Cabernet is now joined on the shelf by a Carmenère and a Merlot, both being badged "Special Selection" and both from the 2013 vintage. First up the Carmenère; this is rich, juicy and jammy with a touch of green pepper, which all left me inexplicably in want of a mince pie though, aside from that curious compulsion, the wine could accompany anything from a spaghetti bolognese through to a rare steak, and a real revelation for the price (15.5 points). Then the Merlot announced itself with the soft notes of the much vaunted plum descriptor for the grape, thus wrapping the tongue in warm flecks of supple dark fruit. This is as versatile a food wine as its colleague but could also take in a ripe brie with some panache, the wine being just a little tart at the finish (15 points). The threesome all makes for a very complete evening in for a tad over a tenner.





Raise sustainability awareness and share CSR experience 认可企业社会责任成就 提升可持续发展意识 分享企业社会责任经验

Award ceremony 颁奖典礼 11 November 2015 2015年11月11日



Applications period 17 August to 30 September 2015.

报名开始日期 报名截止日期 2015年8月17日 2015年9月30日

For registration and further information visit :

获取报名及更多信息,请登录: www.europeanchamber.com.cn



Epermarket.com is the 1<sup>st</sup> online supermarket to be ISO 9001 certified in China. With more than 5,000 products, discover a wide range of high-quality imported and safe local products as well as a growing organic selection and non-food products. Simplify your life: Epermarket delivers straight to your doorstep and offers customer service in 4 languages.

www.epermarket.com

Your Online Expat Supermarket





10% OFF\* your 1st Order

\* 5% OFF + 5% credited on your account balance

## SHARPEN UP YOUR EVENINGS OUT!

**THURSDAYS** 

**BBQ STICKS** 

Was ¥45 / Now ¥28



MONDAYS SALAMI PIZZA

Was ¥65 / Now ¥32

TUESDAYS
QUESADILLAS
Was ¥58 / Now ¥30

WEDNESDAYS
FISH © CHIPS
Was ¥58 / Now ¥28

FRIDAYS

SEAFOOD BUCKET
Was ¥78 / Now ¥38





Was ¥55 / Now ¥28

SUNDAYS

MINI BBQ BURGER

Was ¥58 / Now ¥38

**SATURDAYS** 

**FAJITAS** 

286 Zhongshan Lu, Xuejia Xiang, Nanjing. Tel: 85878066

## GHINESE DREAM PROJECT The 57th Ethnic Group

By Nan Yuanfeixue

Marziye, is a Uyghur girl from Urumqi, the capital of Xinjiang Uyghur Autonomous Region. She is also a freshman in Nanjing University, along with 31 other Uyghur freshmen.

Marziye started learning Chinese when she was in kindergarten on her own initiative. Then her mother sent her to the Chinese class to provide her a better learning environment. The result of studying in Chinese for nearly 20 years is the low ability in her mother language. "I have poor hand writing with my mother language," said Marziye, who doesn't want her full name being given out, "I even forget some of the Uyghur words."

"It's a shame that you can't speak your mother language fluently and appropriately. So that your Uyghur peers, especially those who study in mother language would despise you," said Marziye.

She has been under long-term pressure for her poor performance on her mother language. Some Uyghur students believe that she has a bad upbringing and weak belief, which is not true; based only on the fact that she speaks Chinese more often in daily life. Instead of the misunderstanding from others, she was raised in a decent family. Her father is a member of Xinjiang Ensemble while her mother is a professor in Xinjiang University, and her uncle, being mentioned many times by her, is an imam who devotes himself in eliminating extreme in Uyghur society.

Marziye attended a great number of activities on campus and won the best hostess prize this semester. She is active, easy-going, popular, but busy. She may spend time with Han friends who share the same interests with her, but seldom has time to sit down and talk to her Uyghur peers. She seems to have less interest and energy in socializing with them. That makes it hard for her to make close Uyghur friends in school. "It's hard to fit in the Uyghur group. I hope someone can invite me to the party, but no one comes. I feel lonely," said Marziye.

"The 57th ethnic group" is a new expression created for Uyghurs who assimilate to Chinese. If you act "too Chinese", such as dressing yourself in a short skirt or speaking Chinese to your Uyghur peers, you could be regarded as a member of "the 57th ethnic group". The phrase is a reference to the fact that there are 56 ethnic groups officially recognized in China. It means that people like Marziye are banished by their compatriots, but not in an official way.

Anna, a junior at Nanjing University, is from Kumul, said she was once called "the 57th ethnic group" face to face by a Uyghur peer. She considers it as a malicious joke. She uses "immature", "ill-bred" and "poor grades" to describe those who use this expression. "I don't want to live under others' judgments. I don't care about what they say about me," said Anna, who prefers to be introduced with her English name. Dressed in a short skirt, she is a fashionable girl with long curly hair and adorable make-up. Before our conversation, she was by the basketball court watching her Uyghur friend's competition. "If I know almost all the Uyghur undergraduates in Nanjing are there on the court, and some girls wear long sleeves, trousers and scarves; they would not wear a short skirt like this," she said.

Conflict lies between Uyghur young people who learn their own language and those who learn Chinese. Each side insists that the other side is not friendly and is full of misunderstandings. The quarrel can be irritated by inconsequential details easily.

Marziye was a little afraid of talking in the Muslim canteen at first due to her friend's experience. One of her Uyghur friends once spoke Chinese in the Muslim canteen to a student who is from the Hui ethnic group. Then that friend received a Wechat message from another Uyghur student telling her "please speak Uyghur in the Muslim canteen." Marziye called the note "ridiculous and unreasonable."

At the beginning of the autumn semester in 2014, all the Uyghur undergraduates in Nanjing University were planning to hold a welcome party for the freshmen. While most of them agreed to decorate the stage with colorful flashing lights, a small group of more conservative Uyghur

students opposed it. They thought it would make the stage look like a nightclub. In their opinion, swaying one's body too energetically during dancing offends public decency.

With the colorful flashing lights shining above the stage, the conservative students left the event quickly after the dinner. Then one of them wrote an obscure article in an ironic tone and published it on the Internet to remind others not to forget Uyghur tradition and Islam belief, which made others angry.

Uyghur is the fourth-biggest minority ethnic group in China and one often in the news. The few radicals want independence but others, as well as the Chinese government, do not. Extremist Uyghur nationalist have carried out bombings and other fatal attacks. Terrorist incidents and bloody clashes happen frequently. In the last few decades, the word "Uyghur" usually appeared with "violent, bloody, terrorist, extremist" in the news.

## Given the complicated and tense condition in Xinjiang, the government enacts very different education policies in order to gradually create what they called "a cohesive and harmonious Xinjiang in the future."

As a student from minority ethnic group, one has three learning patterns to choose. In the first type, students takes all courses in Chinese in high school plus compulsory English classes and sits the Chinese Gaokao. In the second type, student takes all courses in Chinese except literature, which is taught in mother language, and sits the Chinese Gaokao without the high demands for English grade. In the third variety, Uyghur students attend high school outside Xinjiang in other provinces.

Some Uyghurs tend to believe that it is the education policy that leads to discrimination among the Uyghur students. Those who study in Chinese school might tend to regard themselves as the elites in their ethnic group. On the contrary, others might regard them as traitors.

Those Uyghur students who learn in Chinese may feel that they stand between the Uyghur group and the Han group, and it's difficult for them to find a balance. "Many people think that they are standing in the intermediate zone, but they are not. Because deep in their heart, they keep too many conservative things to provide them a way to escape." said Marzive.

Marziye is eager to learn the Uyghur language and culture. She and her Uyghur boyfriend decide that every Monday is "mother language day." On that day, they speak Uyghur all day and her boyfriend helps her with her speaking and writing. "No matter if I make mistakes or I even don't know how to speak, he would help me with patience," said Marziye.

Many other Uyghur undergraduates are trying to get closer to their own culture while in Nanjing.

Uyghur girl Rayle Abdukerem was born and raised in Kashgar Prefecture, the biggest city in southern Xinjiang, also a more conservative region compared to the northern part. In her hometown, Uyghurs were the majority until members of the dominant Chinese Han ethnicity came into the city to work. The first time she saw a Chinese face, she was 7 years old and she cried out of fear. In order to teach children only Uyghur language and culture, some families secretly keep their kids at home instead of sending them to Chinese-run schools.

Rayle likes to hang out with her Uyghur friends. They go out for dinner at least once a month and sometimes bring Uyghur music to KTV so that they can dance along it instead of Chinese or English pop songs. Rayle also lays a Uyghur carpet in her dormitory room in order to make it more Uyghur style.

"I will go back to Xinjiang after graduation," said Rayle in a firm voice at the end of our conversation. Life in Xinjiang would be easier for her, including getting a satisfying job without suffering from discrimination, finding an appropriate husband with less effort, and staying with her family instead of being lonely in the big modern city.

Compared with Rayle, Anna feels more comfortable living in Nanjing. She plans to continue her education in Nanjing University including both Bachelor and Master degree. "Nanjing is more cosmopolitan and modern, and I can absorb fresh ideas here," said Anna.

Though people have different preferences and choices, there is always something to stick on. "My mind is entangled with both conservative and liberal attitudes," said Marziye, "but I will never forget who I am. I am a Uyghur."

#### Water

#### at the Tipping Point

cccording to a tiny sample (11) of visitors to Nanjing, drinking water accessibility and quality is "moderate" but general levels of water pollution are "high". To an even tinier sample (me), walking in the sticky dusk to the metro over the bridge, the smell is that of an open sewer, and the view is of sheets of slime, floats of "algal blooms" as nature consumes the nitrogenous organic matter and oxygen then converts it to green matter on the water surface.

Environmentally speaking, China is poised at a fork in the road. The sentiment is there, and the laws are increasingly in place, but can they be enforced?

There is no such thing as a free lunch as they say, and feasts are common in China, as are free clean water both to drink and rivers for waste disposal, trees, fuel, soil, even spectacular views. For years, we have taken water quality for granted, and valued it as priceless in the sense that it was believed such "ecosystem services" as the jargon goes, were impossible to value. Recently, however, the argument has been made that giving an actual monetary value to these will make humans appreciate them more. Of course that is difficult, some would say impossible, but the sums have to add up, or future generations will pay that price.

Take a look through China's recent history; water quality stayed stable until the economic boom of the late eighties, then started falling slowly through the nineties, finally plummeting off the scale by the mid 2000s. For example, Erhai Lake in Yunnan has seen its water quality drop severely in the last couple of decades, especially with the rapid development of Xiaguan (New Dali) and its accompanying water pollution from sewage, industrial waste, and excess fertilizer use on fields and in fish farms.

You may ask if this is necessarily a bad thing. Urbanisation and increased food productivity has been one of the factors responsible for lifting millions or rural Chinese out of poverty. Does it really matter if the natural environment takes a bit of a hit? The answer may be yes if the damage reaches a tipping point; if water quality changes prove to be irreversible.

The extent to which China can repair its environment and how long it will take are very relevant questions. For air pollution, the robust implementation of new and existing regulations and

technology would go a long way to reversing the damaging trends. But for water pollution in lakes and rivers, the situation is more complex. In Lake Tai, en route to Shanghai, for example, more than the equivalent of US\$16 billion has been spent on preventing the entry of nutrients into the lake and on algal bloom controls since 2007, but such blooms still reoccur almost every year.

China's recent efforts to tackle these issues are immense and ambitious. The new environmental protection law that took effect in January 2015 is the strictest to date; the dragon fangs are showing. Severe punishments include criminal charges being brought against 740 polluting businesses, and 782 were punished with police administrative detention. Some 292 cases incurred an accumulating daily fine within the first 6 months, totaling 236 million yuan (US\$37 million). Perhaps most importantly, local governments are cooperating with the new law; impotent officialdom may be a thing of the past.



cological considerations must come before GDP growth says the new law. You would not find the UK's David Cameron saying this, and certainly not Jeb Bush. As Xi stated

in 2013, "We have to understand that to protect the environment is to preserve our productivity and to improve the environment is to develop our productivity. Such concepts should be deeply rooted."











SIGN UP ONLINE AT NANJINGEXPAT.COM



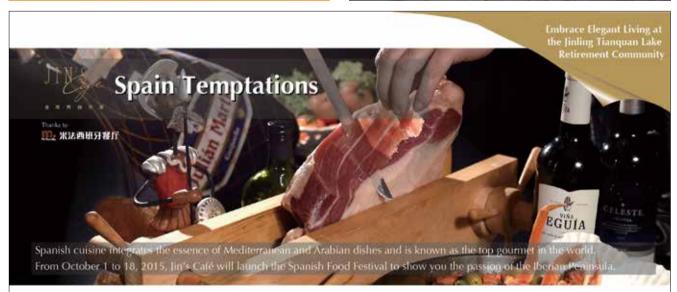


#### JEFFREY WANG ATTORNEY AT LAW

Your reliable business advisor with full English Service.

WWW.CHINALAWEXPERT.COM INFO@CHINALAWEXPERE.COM TEL: 136 0518 2614





Guests who become the fan of the Hotel's Wechat and show the screenshot can receive a cup of the Spanish aperitif Sangria, and enjoy the following preferential prices:

Lunch: 148 RMB/person Dinner: 198 RMB/person (from Monday to Thursday)

Lunch: 158 RMB/person Dinner: 208 RMB/person (from Friday to Sunday)

For only another 30 RMB, you can enjoy unlimited fruit juice and draft beer.

Take pictures when dining and share on Wechat, and you will enjoy a complementary cup of coffee and a voucher (valued at 20 RMB) for the Rain Flower Lounge by presenting the screenshot.





## Love Care Hope



Butterfly Children's Hospices supports the Nanjing Social Welfare Institute to provide care for children with life threatening illnesses or life limiting conditions.



For more information about our work in China; www.butterflych.org/blog



Not many products are heavier at the moment we throw them away than when we bought them. Yet, this is a characteristic tea leaves share with nappies/diapers and helium balloons.

It is water that seeps into dried tea leaves, untangling, engorging and sinking them. Water reaches progressively deeper into a leaf, leaching out the compounds therein, broadcasting their flavour, colour and aroma.

Water is not a by-product of tea consumption nor merely the vehicle for its enjoyment; water is 98 percent of what we put into our mouths and call 'tea'.

In The Dream of Red Chambers (红楼梦), Miaoyu (妙玉) famously quizzes Lin Daiyu (林黛玉) about the origin of the water used to brew the Lu An (六安瓜片) green tea they are drinking. Her careful storing of water collected from melted snow settled on the bowers of a flowering plum tree acknowledges that water has its own taste and that different waters have different tastes.

We may also add that different waters have differing degrees of complimentarity to the 2 percent of tea solids absorbed in the steeped tea liquor, and that different characteristics in the water (temperature particularly) privilege the release of different compounds from the leaf.

The so-called "hardness" of water (the presence of absorbed calcium and magnesium, mostly) may "block" aspects of the infusion process as well as the flavours in the mouth. It may also add charm of its own.

But before we panic and ask ourselves whether we should

be spending big money (or trekking into the mountains) to find "pure" or "artisanal" water worthy of our tea, I think we should pause. While it is not axiomatic that water pleasant enough to drink will also make good tea, this generally has been my experience.

It should be remembered that the hyper-sensitive Lin Daiyu fails to guess the identity of the "snow water"; even among the aesthetes and conceits of The Dream, this episode has a parodic aspect to it.

I still don't know exactly why "tie guan yin" (铁观音) tastes better here in China than it does back home in Wales. Filtering the tap water just seems to add more distortions again... perhaps it is something about the air...

I would say that the boiled tap water served in restaurants in Nanjing (as well as in train carriages and many work units) is much harder than ideal for infusing greens, but strangely acceptable for pu er's and reds. Then there are the heating elements in the water dispensers we have in our homes that are near impossible to clean; hot water emerging from therein probably worsening with the element's age.

Ultimately, I would say that the different tea liquors brewed from safe, potable water are usually different only by degree, adding that the differences are intriguing enough to merit further consideration.

Incidentally, the very last residue in the leaf need not be wasted. In the case of green tea, it is pleasant to squeeze the leaves on your face or hands. Long recognised as a Chinese beauty trick, this eeking of the last drops of water certainly feels soothing on the skin! For locations where no contact information is given, please refer to The Index

## **NX OURSPACE**

Gastronomy

## Jiming Temple Vegetarian Restaurant

Bv Iulia McBurnev

This marks the first in a short series of reviews of Nanjing's vegetarian restaurants, or at least a cross section thereof, conducted by a long-term vegan and plant-based food enthusiast, i.e. me.

As one of Nanjing's most prominent and well-established vegetarian venues, Jiming Temple Vegetarian Restaurant undoubtedly deserves a visit from all Nanjing expats. Operating since the 80's, this faithful vegetarian standby offers a variety of scrumptious mock meat dishes, ranging from soy-based chicken and steak to fish and conch. Having dined there this past spring and thoroughly enjoyed the experience, I was eager to return and curious to test the consistency in service and quality of cuisine.



For all the rave reviews I had heard from friends and acquaintances, coupled with my own previously positive assessment of the restaurant, the service during my most



recent visit left much to be desired. When I entered the vegetarian haven for an evening meal, my presence was not even acknowledged for a good fifteen minutes. I seated myself, helped myself to a menu, and was finally approached by a waiter. He was polite and helpful, if not a bit patronizing, asking if I knew how to use chopsticks. As this restaurant attracts a good deal of tourists, this comment can also be viewed not as offensive, but simply as sensitive to people of different cultural backgrounds.

The food itself proved acceptable, and the vegetarian "meat" was quite satisfying, especially the vegetarian roasted goose over noodles (¥18). The braised tofu with vegetarian crab roe (¥32) marked my first experience trying vegetarian seafood, and the result was pleasantly surprising. The savory nature of the noodle and tofu dishes contrasted nicely with the slightly sweet yet tart mash yam with blueberry jam (¥32).

Before enjoying my meal, I was sure to take a few pictures of the dishes for use in The Nanjinger. Upon leaving, I requested a receipt for business purposes and proceeded to snap a few additional photos of the menu. Taking note of my business-like behaviour, the staff's attitude toward me shifted considerably, and they rushed to pour me an additional glass of tea, ushering me to a table to further study the menu.

The restaurant's peaceful ambiance and culturally rich surroundings partially compensate for the mediocre service. Jiming Temple and the Nanjing City Wall, which provides beautiful views of Xuanwu Lake, offer preor post-dinner activity possibilities. If Jiming Temple Vegetarian Restaurant improves its customer service, it could further raise its standing in the Nanjing vegetarian community.

Jiming Temple Vegetarian Restaurant is located at I Jimingsi Lu, near the Jiefang Gate of Xuanwuhu Park.

## Apple Store



■ Standing in Nanjing's first Apple Store, opened only a week prior, I chat with one of the many and very friendly members of staff. I tell him I have used only Apple computers all my life, that my university was the first in the UK to install the then Apple II for students' use throughout, and that yet, here today I enter an Apple Store for the very first time. My partner in conversation breaks out in spontaneous applause, joined by colleagues who have been listening in. More such outbursts of celebration occur in the store every few minutes. In celebration of what, I ask. "Anything", I am told; perhaps it is selling an iPhone, or fixing a busted computer. "We are Apple. We celebrate", he tells me. Fair enough, albeit a little unsettling. Sinister even, if George Orwell were to write about.



I am also informed that Beijing and Shanghai have four Apple stores apiece, while the fruit with the bite mark also has shops in Wuxi, Chongqing, Shenzhen, Guangzhou, Hangzhou and Chengdu. Therefore, what was initially something of a personal pilgrimage quickly became a serious of nagging doubts. Why was Apple so late to the party in Nanjing? And why on Earth has it ended up with an almost dubious location on the first floor of Wonder City shopping mall, surrounded by Starbucks rip-offs? It is also just only one large room. If they can get a swanky set up on Nanjing Dong Lu in Shanghai, where is its flashy equivalent in Xinjiekou?

For starters, rumour has it that, prior to his disgraced downfall, former Nanjing mayor Ji Jianye was less than enthusiastic for the project. Yet, Apple continued to fancy our provincial capital with envious eyes; the company knowing very well Nanjing is a major hotbed for its devices, thanks to data revealed through product activations. When the change at the top came, Apple might as well have been standing outside, with their hands out.



While the Apple Watch is conspicuous for occupying the large display case that sits just inside the front door, the back of the store holds other, unexpected delights; the BB-8 by Sphero (the bluetooth controlled droid from the upcoming Star Wars VII) for one, as well as the usual selection of iPods and Dr. Beats headphones. Most staff have excellent English and as you would expect are on hand to assist with your purchase or experiencing of the product (I still can't get the watch to work).

Another store is on the way, but the current outlet's staff are remaining tight lipped about its location. The Nanjinger's money would be on either IST Mall on Changjiang Lu or the Nanjing International Centre. That is, if it all hadn't long ago found its way to Cupertino.









By way of thanks to partners, clients and friends for their ongoing support, Messe Nanjing, the subsidiary of German exhibition organizer Messe Stuttgart, threw open the doors of their new offices in celebration, with those in attendance enjoying drinks, snacks and the opportunity to mingle and network in plush surroundings.

Messe Nanjing - 17 September, 2015

















ACYA - 12 September, 2015

Over 300 people crowded into La Villa to join in the first Aussie drinks-welcome party for the new semester hosted by the Australia-China Youth Association Nanjing Chapter, with its aims of creating better opportunities to connect young Australians and Chinese while promoting both cultures to the world.























Nanjing International Club - 13 September, 2015

In perfect weather, NIS opened its doors to hundreds of new and returning families joining Nanjing International Club for its annual Welcome Back BBQ where food, drinks, events and entertainment were provided by sponsors and partners of NIC. It was also a chance for the Club to showcase its wide range of activities and to thank outgoing president Brigitte Koch for taking the club to new heights. Brigitte is succeeded by Cindy Goins.





**⊕** THE SECOND **⊕** 







NANJING INTERNATIONAL Community Clubhouse 18TH OCTOBER 2015
13:00 - 17:00 IN
NANJING LVBO YUAN (METRO LINE 10)
VISITOR ADMISSION = FREE
FOOD, DRINK & KIDS' ENTERTAINMENT

MORE INFORMATION: INFO@YOURNICC.NET



# Food & Drink

# Western Bars & Restaurants

### Bubba's 芭布 高G1●

Chic Hills, 286 Zhongshan Lu (at Xuejia Xiang) 中山路 286 号羲和广场一楼 858.78066

www.bubbasasia.com

Stays true to the unique cooking processes and characters that have become hallmarks of great American barbeque. Applewood log smokers subdue meat cuts to 6-15 hours of "low 'n' slow" smokin' heaven!

### Bellini Italian Bar & Restaurant 贝丽妮

12 Nanxiucun 南秀村 12 号 **( G1** ● 5200057

1-106, 9 Wenfan Lu, Xianlin **♠E2** ● 仙林大学城文范路9号1 – 106室

www.bellinirestaurants.com

Stylish and elegant yet easy in which to relax, Bellini serves up an array of signature dishes and drinks with tempting specials available every day.

### Oasis 绿洲西餐吧

85701577

133 Mingwalang 明瓦廊133号 83191933

Genuine, modern Western flair plus house music, stylish decor and fabulous lighting create just the right environment in which to sip a cocktail or two. Pizza, lasagna and macaroni cheese dishes are particularly popular with foreign patrons, and with good reason.

### Finnegans Wake

芬尼根爱尔兰酒吧餐厅 ⋒J2 ●

6 Cinnalane

中山南路 400 号升州路 (原中北汽车站)熙南里街区 6号

52207362 / 13057623789

www.finneganswake.com.cn

Guinness, Kilkenny, San Miguel and Rogue-Dead Guy Ale on draught, a wide selection of classic Irish and Scotch single malt whiskies plus a carefully prepared selection of authentic Western food.

# Blue Sky Expat Bar & Grill

蓝澳西餐厅 💏G1 ●

77 Shanghai Lu 上海路 77 号 86639197

www.the-bluesky.com

admin@the-bluesky.com

One of the original expat bars to open in Nanjing, serving burgers, pizzas, Aussie meat pies and Bundaburg Rum (Bundy). There are also weekly and monthly pool competitions and board games' nights.

### Brewsell's 比利时啤酒餐厅 微G1 ●

77-1 Shanghai Lu (first place up from Guangzhou Lu)

· 上海路 77-1 号 (靠近上海路和广州路的路口) 58779429

### www.brewsells.com

Quality Belgian drinks & cuisine in a smoke free environment. Imported Belgian draft beers include two types of both Vedette and La Chouffe. Daily happy hour from 5 to 8pm; kitchen open until 11pm.

### Studio 21 Grill Restaurant 藤美 作P3 ●

193 Shigu Lu (behind the Sheraton) 石鼓路 193号(石鼓湾美食休闲街区)

### 86795269 / 13072525212

Genuine European flavours, grilled meat, seafood specialties and renowned home made desserts. Special Set Lunch Menu with great prices and specials for students and teachers.

### Hacker-Pschorr 赫佰仕 前H6 ●

Basement, Asia Pacific Tower, Jinling Hotel, 2 Hanzhong Lu

汉中路2号金陵饭店亚太商务楼

84660099

www.hacker-pschorr-brauhaus.com/nanjing German brauhaus that is the first Hacker-Pschorr in China, serving up a proprietary brew created in house, along with the pre-requisite sausages.

### Jimmv's 吉米来吧. 両P3 ●

193 Shigu Road (inside Sunglow Bay near the Sheraton) 石鼓路 193 号

86792599

www.jimmysnj.com

The place to be for live and recorded sports, especially on Saturday nights, while enjoying American style pizza, BBQ steaks, burgers, hotdogs, tacos and more, accompanied by a large selection of draft and bottled beers plus single malt whiskys and bourbon.

### Element Fresh 新元素餐厅 简G4 ●

1F, Nanjing IST Mall, 100 Zhongshan Lu 中山路 100 号艾尚天地购物中心一层 85656093

www.elementfresh.com

Born from an expat's passion for food, the multiaward winning Element Fresh first opened its doors in Shanghai in 2002. Since then the chain has expanded to Beijing and Guangzhou and now Nanjing!

### Punchline 弥多美式西餐厅 們H6 ●

Building 1, Zhongnan International Mansion, 129 Zhongshan Lu

中山路 129 号中南国际大厦 1 楼 85263703

Authentic American cuisine is the slogan; think burgers, steak sandwiches, fajitas, potato wedges, subs and desserts, plus tempting cocktails.

# La Mona 拉莫纳 嘶V2 ●

48, South Commercial District, Lower Carpark, Olympic Centre

奥体中心南商务区 48 号停车柱 近奥体东站 83353881

Classy decor and simply fabulous pizza, fresh out of an impressively large stone oven that rivals the more established Italian eateries in town.

# Jack's Place 杰克地方西餐厅

422, Dongcheng Hui Shopping Mall, Xianlin 文苑路与学思路交叉口东城汇4楼 ♠E2 ● 85807866

35 Wang Fu Da Jie 王府大街 35 号 而H6 ● 84206485

160 Shanghai Lu 上海路 160 号 **青F2** ●

Humble yet honest, Jack's Place has been around Nanjing for more than 15 years, serving up Italian favourites popular with expats and locals alike. Strengths lie in the pastas and mains.

### The Wing Italian Restaurant

意之翼-意大利餐厅 們V5 ●

4F, The Central, Hexi CBD 江东中路237号中央商场4楼(雨润国际广场) 13913983339

Open kitchen allows for observation of the chefs at work, while hand-made Italian thin-crust pizza comes from a professional oven. Mix and match your own pasta and great value set lunches available along with MSG-free chicken.

### Les 5 Sens 乐尚两砮厅 而G1 ■

52-1 Hankou Lu 汉□路 52-1. 靠祈南京大学

83505850

Remaining surprisingly inexpensive since opening its doors in 2005, Les 5 Sens serves authentic and homemade traditional French dishes (fois gras being a particular favourite) in a homely atmosphere.

### Motu Burger 摩图 ⋒J4 ●

107 Gutong Xiang, Laomendong 老门洞箍桶巷107号 17701598220

Small balcony affords great people watching while munching on delicious Kiwi burgers and ice cream washed down with fine ales

### Dream House 梦想之家音乐西餐厅

20 Jiangjun Da Dao, Jiangning 高A2 汀宁区将军大道20号

52837977

Continuing Nanjing's fascination with Western food and drink leaning toward the Germanic. Popular with students from NUAA across the street.

### Behind the Wall 答案墨西哥餐厅 而F2 ●

150 Shanghai Road (in Nanxiu Cun)

上海路 150 号, 在南秀村

83915630

One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, with perhaps the finest terrace in the city. Live musical performances go well with strong sangria and beer.

### Secco Restaurant and Bar

喜客西餐厅

132 Changhong Lu (under the Super 8 Motel) 长虹路 132 号 (速 8 酒店楼下) 83370679

The afterparty may come and go, yet Secco remains one of Nanjing's top options for late night drinks

### Florentina

2-107, 83 Shanghai Lu 上海路 83 号 2 栋 107 ★G1● 3-101, 22 Nanyinyangying 南阴阳营 22 号 3 栋 101 ★F2 ● 18602560788

Over 100 craft beers waiting for you to try!

# Henry's Home 亨利之家 👛5 ●

82-2 Fuchunjiang Dong Jie 奥体富春江东街 82-2 号 58577088

One of Nanjing's oldest Western restaurants, with over 20 years experience in serving up western meals; specialties include steaks, fajitas, pizza and organic salads.

# Selección Española

57 Zhongshan Dong Lu 中山东路 57 号 裔H7 ●

Home-made Spanish fast food in the heart of Xinjiekou makes for an attractive and affordable after work option. Open from 5pm, closed Mondays.

# Eminence Cellar 香松酒窖 高G1 ●

Inside Wutaishan (oposite to Jin Inn), Guanzhou Lu 广州路,五台山体育场 66012088

High quality Western restaurant offering organic food, breads baked on-site, cigar bar and wine cellar.

Western and modern Asian fare with a special

focus on food quality, consistency and safety.

### Wagas 沃歌斯 微G4 ●

www.wagas.com.cn

1F, Nanjing IST Mall, 100 Zhongshan Lu 中山路 100 号艾尚天地购物中心一层 85656120

### Potato Rietro

马铃薯 南E2 ●

5\*301 Kanggiao Sheng Fei 9 Wenfan Boad Vianlin

仙林文范路 9 号 康乔圣菲 5 幢 301

85701203

A bistro based on green, organic, fresh foods and authentic taste. Large balcony offers outdoor BBQ for up to 150 people

### Axis Mexican Restaurant & Pub

Axis黑两哥餐厅 南F1 6

Yadong Commercial Plaza, 12 Xianyin Bei Lu 仙隐北路 12 号亚东商业广场

A real Mexican dining experience offering a wide variety of traditional Mexican dishes as well as continual additions to the menu. Delivery service enjoys an excellent reputation.

### Nail Jazz Bar

15805872728

红子爵十满吧 **★Q3** ■

10 Luolang Xiang (200m south of the Sheraton) 罗廊巷 10号, 离金丝利酒店 200米 8653 2244

A relaxed atmosphere in which to enjoy a wide variety of imported beers and the odd bit of live music.

### Ellens Bar

サ伦洒叩

132-3 Guangzhou Lu 广州路 132-3 号 (G1

83641119

37 Hunan Lu 湖南路 37 号 而E1

Laid back and relaxed atmosphere plus food & drinks at great value prices.

# Middle Eastern Cuisine

### Jackob Arabic Restaurant

61 Hankou Lu 汉口路 61 号

86521668

Classic go-to for Middle Eastern fare; grilled Hallal meats, shawarmas and a mouth-watering assortment of dips. Prayer room on the second floor.

# Indian Cuisine

### Baba Restaurant

巴巴餐厅 ※D5 ●

Jinyuan Food Court Outlet, No 11 Hexi Central Park, 341 Jiangdong Lu

江东中路 341 号出口南京金源美食广场 11 号负 1 楼 13611574929

Reincarnation of Kohinoor, Nanjing's long serving Pakistani restaurant, features a menu that boasts over 200 dishes, all of which taste nothing alike.

### Nanjing Ganesh Indian Restaurant 廿尼什印度餐厅 mF4

3 Kunlun Lu 昆仑路3号

85860955

www.ganeshchina.com

The unlikely combination of Indian food and jazz music that nevertheless has stood the test of time in both Suzhou and Wuxi. Fabulous decoration in a great location by the city wall at Xuanwu Lake. Hosts the occassional jazz concert.

### Himalaya-Nepalese & Indian Restaurant

喜马拉雅尼泊尔印度餐厅 mP3 @

193 Shigu Lu (behind the Sheraton)

石鼓路 193 号

8666 1828

Himalaya is a very popular restaurant serving a variety of Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves.

# Tai Mahal

泰姬玛哈印度料理 MH15

117 Fenafu Lu

主宣路 117 문 ■

84214123

187-1 Shanghai Lu 上海路 187-1 号 ● 83350/01

Established in 2003, the Taj Mahal offers a great variety and exotic blend of high quality authentic Indian cuisine that it continues to this day, making it forever popular with the foreign community.

### Masala Kitchen

玛莎拉印度餐厅-洒吧 高F1

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu 仙隐北路 12号亚东商业广场 A05 8/1/8858

masala kitchen@live.com

Offers vegetarian and meat dishes plus savory Tandoori oven dishes and exotic curries cooked fresh by a chef with over 20 years of experience in his hometown of Hyderabad. Also serves a fine selection of imported wines and beers.

### Japanese Cuisine

### Kagetsu

喜月 市05 @

62 Taiping Bei Lu, 1912 太平北路 62 号 1912 街区内

A lifestyle oriented dining experience with a focus on creative cuisine. Balcony affords views over 1912.

### Tairvo Teppanyaki 大渔铁板烧

57 Zhongshan Lu

中山路 57 号 尚H6 ●

84729518

All you can eat and drink special offer includes sushi. sashimi sake beer and much more Two more locations in 1912 and near to Xuanwu Gate.

### Korean Cuisine

# Xianpingjia 咸平家 而E2 —

#6, Block 1, Dongfangtianjun, Xianlin 仙林杉湖西路东方天郡门面房 6号

Run by a Korean grandma who has over 30 years of cooking experience. Bulgogi-marinated beef served with vegetables which you cook on the table with Kimchi is a must!

### THE Korean 本家 尚H20 ●

B1, Golden Wheel Tower, 108 Hanzhong Lu 新街口汉中路 108 号 金轮大厦 B1 84469445

### Neolithic Barbecue 新石器烤肉

B1, Deji Plaza, 18 Zhongshan Lu 中山路 18 号德基广场 B1 楼 B116-117 号 番H7 ● 84764545

B17, B1, Tianyin Plaza, 336 Shangyuan Lu, Jiangning

上元大街 336 号天印广场 B1 楼 B17 室 81032949

B1, Wonder City, 222 Changhong Lu 长虹路 222 号虹悦城 B1 楼 高K1

52275687

Stall 121, Building 1, Chenggowu Garden Centre, 699 Zhongshanmen Da Jie, Maqun mH2 中山门大街 699 号花园城购物中心 1 楼 121 号商铺

B1. One City, 58 Dagiao Bei Lu, Pukou 大桥北路 58 号新一城 B1 楼 🧥A2 58400640 58402105

# Ke Jia Fu 可家福 而F2

7 Nan Da Heyuan, 168 Xianlin Dadao 仙林大道 168 号南大和园 7号 86331006

### Other Asian Cuisine

### Thai Tastv 泰式料理

A05. Yadong Commercial Plaza, 12 Xianvin Bei Lu 仙隐北路 12 号亚东商业广场 A05 西E1

01110050

Raydu Mall. 1222 Shuanglong Dadao, Jiangning 双龙大道 1222 号瑞都购物广场 4 楼 mR4 87716166

Building 2, 1912 Bar Street, 288 Changjiang Lu 长江路 288 号 1912 街区 2 号楼 **(\*\*)O5** (\*\*) 87702166

masala kitchen@live.com

An extraordinary array of distinctive dishes employing authentic seasonings with fresh local produce.

### Thai Orchid 梵泰蘭 前H15 ●

86-1 Fuchunijang Dong Jie (La Defense Flower St.) 富春江东街 86-1 号拉德芳斯异国风情花街(近恒山路口) 83564567

Thai nationals serve as chefs: fantastic groupon deals available, e.g. set meal of ten dishes for half price

# Pho Saigon 西贡堤岸越南餐厅 們H15 ■

2F Huanya Plaza, 33 Shigu Lu

石鼓路 33 号环亚广场 2 楼

84465722

Popular and inexpensive fare that includes the must try Vietnamese noodles, hence "pho".

### Taiwan Teppan Corner 三铁板餐厅 ※D5 ●

I D148 Jinyuan Hexi Commedial Plaza 341 Jiangdong Zhong Lu

江东中路 341 号南京金源河西商业广场 LD148 13770325443

Quality and affordable Teppanyaki experience aimed at office workers for lunch and dinner.

# Keziguli Muslim Restaurant 克兹古丽餐厅 《H15》

53 Wangfu Da Jie 王府大街 53 号

85981468

Xinjiang restaurant popular with expats; spicy noodles, potatoes, vegetable, chicken and lamb dishes accompanied by dance performances.

# Vegetarian

### Green Cuisine 绿野香踪素食馆 高M3

1F Zhengyang Building, 56 Yudao Jie 御道街 56 号正阳大厦一楼 6661 9222

A wide selection of creative dishes and plenty of fresh vegetables along with special drinks and teas.

# Tiandi Sushi 天帝素食

21 Huju Bei Lu, Entrance to Gulin Park 鼓楼区虎踞北路 21 号古林公园正门口(近北京西路) 83701391

# Bakery & Café

# Skyways

云中食品店

160 Shanghai Road 上海路 160 号 mF2 ● 83317103

Weilan Zhidu Homeland,

6-4 Hanzhongmen Da Jie MQ2 汉中门大街 6-4 号蔚蓝之都家园商业裙楼

83378812 A18, Yadong Commercial Plaza, 12 Xianyin Bei Lu ∰E1 ●

仙隐北路 12号亚东广场 A18室

85791391

Wanda West, 222-2 Jiqingmen Da Jie 集庆门大街 222-2 万达西地区

85637995

A favourite of the expat community with breads, madeto-order sandwiches, cakes, chocolates, desserts, plus imported deli items such as cheese and salami. Shanghai Lu location has a long queue at lunchtimes.



### Sculpting in Time Café

雕刻时半咖啡馆

2F. 47 Hankou Lu

汉□路 47 号 2 楼 ( ) G1 ●

83507180

32 Dashiba Jie (Fizimiao East Gate)

大石坝街 32 号 (夫子庙东门) mJ3

52266082

Delightful atmosphere in which to enjoy coffee, tea, a variety of Western food, plus widely known brownies. Balcony at the Confucious temple branch offers romantic night time views over the Qinhuai river.

### Maan Coffee 漫咖啡

1 Qingjiang Lu

清江路 1 号天水滨江花园 ●

85872858 85607277

1F, Dushi Xihe, 8 Xuejia Xiang (next to Jinrunfa supermarket)

85607266

81-1 Fuchun Jiangdong Jie (La Defense Flower St.) 富春汀东街 81-1 号拉德芳斯异国风情花街 (沂恒川路口)

85607299

1912 Nightlife district (near Chanjiang Hou Jie) 1912时尚休闲街区 (mO5)

Korean chain serving waffles, salads and all day breakfast options that go down well amid decor that iuxtaposes cement, glass and chandeliers

### Délice Capy DC 莫奈花园 尚H5 ●

1st and 2nd Floor, Friendship Mall, 27 Hanzhong Road, Nanjing

南京市汉中路 27 号友谊广场 1 楼 2 楼

Lounge in comfortable armchairs and indulge in an array of treats, from gooey macaroons and hazelnut slices to molten chocolate cakes

### Nightclubs

### Kamakama MO5

1912 Nightlife district (behind Starbucks) 1912 时尚休闲街区

86701912

Nanjing's answer to the sleek sophisticated cocktail bars of Shanghai. No 1912 mayhem here; instead it's signature cocktails, selected fine wines and classic malts all the way. Excellent pizza too.

### MAZZO Club玛索国际娱乐 前O5 ●

1912 Nightlife district 1912 时尚休闲街区

84631912

One of the oldest clubs in Nanjing and the preferred hangout for the foreign community in Nanjing that plays contemporary electronical

# Club TNT潮人会所 ♠O5 ●

2-1 Changiiang Hou Jie 长江后街 2-1 号 84401199

A big name in the Chinese nightclub industry, with clubs in Nanjing, Chongqing and Hefei.

### Fnzo

8-3 Changjiang Hou Jie

长江后街8-3号 mO5 ●

With more of the latest in over-the-top nightclub entertainment, Enzo also has access to many of the big names in entertainment; Paul Oakenfold, DJ R3hab and LMFAO have all played here.

# Tourism, Sport & Leisure

### Hotel & Hostel

Jinling Hotel Nanjing 南京金陵饭店 MH6 @

2 Hanzhong Lu, Xinjiekou Square 新街口汉中路2号 84711888

City centre location puts this prize-winning landmark property only two minutes' walk from Xiniiekou metro station. Enjoy eight top-notch restaurants. 970 rooms and suites plus shopping and recreational facilities. International flight and train ticket purchase counter also available.

# Holiday Inn Naniing Qinhuai South Suites

南京 L 泰淮套房假日酒店 面Y1

12 Mozhou Dong Lu. Jiangning 江宁区秣周东路 12 号

145 comfortable quest rooms, 83 of which being suites featuring an independent open-style kitchen concept. work desk with ergonomic seating and high-speed internet access. The Umeet All Day Dining Restaurant provides quest a comfortable place to eat that includes the Kids Stav & Eat Free program.

# Novotel Naniina East Sunina Galaxy

南京玄武苏宁银河诺富特酒店

9 Suning Dadao. Xianlin 徐庄软件园内苏宁大道 9 号 85208888

www.novotel.com

Good spot for a weekend escape from the city, with Purple Mountain still on its doorstep, while the Nanjing Zhongshan International Golf Resort 27 hole course designed by Gary Player is just 5 minutes away.

### Fraser Suites Naniina

南京辉盛阁国际公寓 而V4 ●

116 Lushan Lu 庐山路 116 号

87773777

www.frasershospitality.com

International serviced apartment suites offering full balconies, clubhouse and leisure facilities.

### The Westin Nanjing

南京威斯汀大酒店 而E1

Nanjing International Center, 201 Zhongyang Lu 中央路 201 号南京国际广场 85568888

www.westin.com/nanjing

A haven of Chinese distinction in which every room affords a view of scenic Xuanwu Lake

### Sheraton Nanjing Kingsley

金丝利喜来登酒店 ₼P3 ●

169 Hanzhong Lu 汉中路 169 号

86668888

Excellent downtown location with amenities including baby sitting and butler service plus car rentals.

# Crowne Plaza

南京银城皇冠假日酒店 mR4 m

9 Jiahu East Road, Jiangning District 南京江宁区佳湖东路9号 81038888

The first five star international hotel in Jiangning.

# Fairmont Nanjing

南京金奥费尔蒙酒店 **№D5** ●

333 Jiangdong Zhong Lu 建邺区江东中路 333 号 86728888

www.fairmont.com/nanjing

Elegant international hotel famous for its services and cultural features; the building itself resembles a Chinese lantern.

### InterContinental Hotel

紫峰洲际洒店 mF4A ■

1 Zhongyang Lu, Zifeng Tower 中央路 1 号紫峰大厦 83538888

www.intercontinental.com

A statement of grandeur in the 450 metre high Zifeng Tower; Nanjing's tallest building.

# Sofitel Galaxy 南京索菲特银河大酒店 ●

9 Shanxi Lu 山西路 9 号

83718888

www.sofitel.com

resoff@sofiteInanjing.com The accommodation of choice for many visitors coming to Nanjing, along with all French dignitaries.

### Hilton Naniina Riverside

南京世茂滨江希尔顿酒店

1 Huaibin Lu (cross of Qinhuai and Yangtze Rivers) 淮滨路 1 号 ( 沂秦淮河和扬子汀交汇外 )

naniingriverside.hilton.com

nanjingriverside.info@hilton.com

A more serene statement from Hilton; extensive conference and recreation facilities and rooms with balconies overlooking the Yangtze

# Nanjing Sunflower International Youth Hostel

南京瞻园国际青年旅社 ®M3 ●

142 Dashiba Jie (Fuzimiao west gate) 大石坝街 142 号,在夫子庙西门的附近 52266858 / 66850566

www.nanjingyha.com

A popular youth hostel that includes free pool, DVDs. cable TV. foosball and English speaking staff.

### Resorts

# Kavumanis Private Villas & Spa

南京香樟华苹温泉度假别墅

Xiangzhang Hua Ping, Sizhuang Village,

Tangshan

江宁区汤山镇寺庄村

84107777

www.kavumanis.com

nanjing@kayumanis.com

High-end private villa with refreshing natural hot spring and mountain view

### Regalia Resort & Spa (Qinhuai River)

南京御庭精品酒店(秦淮河)

E5. No 388, Yingtian Da Jie

(inside Chenguang 1865 Technology Park) 应天大街 388 号(晨光 1865 科技创意产业园)第 E5 幢

51885688 www.regalia.com.cn

A Thai style spa offering a holistic approach to rejuvenation and relaxation.

# Tangshan Easpring Hot Spring Resort

汤山颐尚温泉度假村

8 Wenquan Lu, Tangshan, Jiangning 汤山镇温泉路8号

51190666

A leisure hotel in Tangshan offering different types of bathing.

# Museums

### Nanjing Massacre Memorial

侵华日军南京大屠杀遇难同胞纪念馆

418 Shuiximen Da Jie 水西门大街418号 **⋒S2** ●

86612230 / 86610931

Hours: Tue - Sun from 8:30 to 16:30

www.nj1937.org

Located on a former execution ground and mass burial place of the Nanjing Massacre. Admission is free.

# Nanjing Museum 南京博物院 們M1 ●

321 Zhongshan Dong Lu

中山东路 321 号

One of China's three national level museums displaying Chinese art, pottery and a life-sized Republic of China street scene. Admission is free with valid ID.

### Nanjing Municipal Museum (Chaotian Palace) 南京市博物馆 🐩 🏻 🌑

4 Chaotiangong

朝天宫4号

World class museum presenting ancient pottery and earthenware, calligraphy, clothing, jade etc.

# Six Dynasties Museum 六朝博物馆 🍴 🔘 1

Changjiang Lu / Hanfu Jie

长汀路/汉府街

Constructed on the ruins of Jiankang Castle, visitors can see over 1,200 artifacts, including porcelain, pottery, epigraphs, stone inscriptions, calligraphy and paintings and even a section of the city wall.

### Naniina Jiananina Imperial Silk Manufacturina Museum 南京江宁织造博物馆 C2

123 Changiiang Lu 南京市玄武区长江路 123 号

92/16901

Exhibitions of silk manufacturing, brocade, qipao and most interestingly, one dedicated to "Dream of Red Mansions" in which one can experience settings where many events in the novel happened One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

### Rabe House

拉贝故居 (\*\*G1 ●

1 Xiaofengiao, Guangzhou Lu 小粉桥 1号

Monday – Friday from 8:30 to 16:30

German industrialist's former home that served as a refugee shelter and saved thousands in 1937. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

# Purple Mountain Observatory

紫金山天文台

Tianwen Lu, Purple Mountain Area, Nanjing 南京市紫金山区天文路

84440768

Very first observatory to be built in mainland China that is known as "the cradle of Chinese astronomy"

# Tangshan Homo Erectus Fossil Museum

汤山直立人化石遗址博物馆 Jiangning District, Tangshan Scenic District

南京汤山国家地质公园内

68720777

Insight into the prehistoric life of the Nanjing cave couple, a pair of 600 000 year old skulls discovered in the Tangshan area of Nanjing in 1993. Designed by French architect Odile Decg. Closed on Mondays.

### Nanjing Brocade Museum

南京云锦博物馆 肃S2 🔳

240 Chating Dong Jie 茶亭东街 240 号

86518580

Observe wooden looms producing the world's finest brocade. Fabric is also available for purchase.

### City Wall Museum

南京明城垣史博物馆 📆4 🥌

8 Jiefang Men 解放门 8 号

83608359

Long-gone city gates, maps and a full-scale model of the walled city

# Nanjing Taiping Heavenly Kingdom History

南京市太平天国历史博物馆 🛝 4 🔵 128 Zhanyuan Lu 瞻园路 128 号

58800123

Houses the largest collection of artifacts and documents from the Taiping Heavenly Kingdom.

# Nanjing Science Museum

南京科技馆 🔥 N2 9 Zijinghua Lu, Yuhua District 雨花台区紫荆花路9号

58076158

Hands-on fun and learning for kids. IMAX Cinema.

### Nanjing Museum of Paleontology

南京古生物博物馆 (\*\*J4 )

39 Beijing Dong Lu

北京东路 39 号

83282252

Full dinosaur skeletons, a mass of fossils from significant digs in China and an interesting lession in local geology. Open at weekends only.

# Nanjing Folk Museum

甘家大院 ₼J2 ●

South Zhongshan Road, across from the Huamei Building

中山南路,在华美大厦的对面

52217104

Study traditional Chinese architecture, including the so-called "99 and a half rooms". Various displays of traditional folk art throughout the year.

# Jinahai Temple

静海去

202 Jianning Lu 建宁路 202 号 58590298

www.yuejianglou.com

In addition to enjoying an insight into the Chinese view of the "unfair treaty" ceding Hong Kong to the British, visitors can learn about the voyages of Zhen He.

### Zhen He Treasure Shipyard

南京郑和宝船遗址公园

57 Lijiang Lu 鼓楼区瀉江路 57 号

Embark on a replica of one of Zhen He's fleet, view many more models within and sit on the cannons!

### Parks & Attractions

# Qingliangshan Park 清凉山公园

83 Qingliangshan Lu, near Huju Lu 清凉山路83号

Calligraphy and stone museums, as well as an art gallery and pottery studio.

A cold water mountain-fed lake. Exercise with care: the cold undercurrents can cause life-threatening

### Mochou Lake Park莫愁湖公园 青R2 ●

35 Hanzhongmen Da Jie

汉中门大街 35 号

Home to the annual Dragon Boat Race, and great for boating or a walk in a peaceful environment.

### Happy World 弘阳欢乐世界 《A2

Daqiao Bei Lu, Pukou District

浦口区大桥北路

Fairly violent looking thrill rides plus giant water

### Jiuhuashan Park 九华山公园

20 Juihua Shan 九华山 20号

Visit the pagoda and get on the city wall for gorgeous views of the city

# Xuanwu I ake Park 玄武湖公园 而F4

Xuanwu Xiang 玄武巷 1号

Idylic islands with playgrounds, gardens, restaurants plus boats and bikes for rent.

### Yaxi International Slow City

**林溪国际悒城** 

6 Shengtai Lu, Yaxi Town 高淳区極溪镇生态路 6 号

57843968

The village of 20 000 was designated China's first "Slow City" by Cittaslow. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

### Pearl Spring Resort 南京珍珠泉风景区

178 Zhenzhu Jie, Pukou District

浦口区珍珠街 178 号

A 8.9 sg.km scenic area that includes a zoo, circus. dodgems and cable-car to a so called Great Wall.

# Gulin Park 古林公园

21 Huju Bei Lu 虎踞北路 21 号

Gardens, paintball and BBQ plus a view of the city from atop the TV tower.

# Zhongshan Botanical Garden

**钟山植物园** 

Covers over 186 hectares and home to more than 3000 plant species.

# Nanjing Yangtze River Bridge Park

南京长江大桥(公园) 7 Baotaqiao Dong Jie

宝塔桥东街 7号 58790362

Memorabilia dating from the construction of the bridge. Ascend to the deck of the bridge by elevator for the obligatory photo.

# Memorial for Revolutionary Martyrs

雨花台烈士纪念馆 mK3 (

Yuhua Dong Lu (north gate) 南京市雨花台烈士纪念馆北大门雨花东路

A surprisingly relaxing memorial park, yet used as

a mass execution ground during the anti-communist revolution of 1927

# Drum Tower/Gulou Park

お迷公用 ★F2 ■

1 Gulou Jie

鼓楼街1号,在北京西路□

The traditional centre of a Chinese city.

### Lao Shan National Forest Park

老山国家森林公园

Chalukou. Pukou

浦口区岔路口

Enjoy a more rustic experience in Nanjing's second National Park; away from the crowds soak in the virgin forest that is rich in species.

# Lamendong Neighbourhood

城南・老门东 🕴

50 Changle Lu 长乐路 50 号

52201611

A new name card of Nanjing with cultural activities, traditional Chinese architecture and distinctive local features. One of 17 locations in Naniing awarded Cultural Exchange Base status in 2014.

### Datangiin Fragrant Valley

大塘金香草谷丰颢餐厅

Zhengfang Da Dao, Jiangning District 江宁区谷里街道大塘金正方大道董衣草庄园 52716207

Breathe in the intoxicating scents while strolling through the fields of lavender that lead to the shop filled with perfumes, eye patches, pillows, face masks and even lavendar perfume.

# Nanjing Zhongshan International Golf Club

南京钟山国际高尔夫俱乐部 9 Huanling Lu 环陵路 9 号 84606666

### Nanjing Harvard Golf Club 南京昭富国际高尔夫俱乐部

176 Zhenzhu Jie Pukou 南京市浦口区珍珠街 176 号 58853333

# Nanjing Gingko Lake International Golf

南京银杏湖国际高尔夫俱乐部 1 Guli Yinxing Hu 江宁区谷里银杏湖 1 号

# Century Star Ice Skating Club

世纪星滑冰俱乐部

86139988

222 Jiangdong Zhong Lu (Inside Olympic Center) 工东中路222号奥体中心内 **而V2** ●

86690465 / 86690467

52275768 ext 8001/8002

4F, Wonder City, 619 Yingtian Street 应天大街 619 号虹悦城 4 楼 高K1

# Nanjing Leiniao Paragliding Club

南京雷鸟滑翔伞俱乐部 (\*\*G1 ● Wutaishan Sport Center Tennis Stadium

五台山体育中心网球馆 84458450 / 15335179782

# Pisarev Ballet 比萨列夫芭蕾舞学校

B901 Junlin International Mansion, 5 Guangzhou Lu 广州路 5 号君临国际 B901 室 mG1 ● 86975095

# Karate Eifuukaikan 空手道影风道场 高G3

5F, Nanjing Workers Culture Palace Fitness Centre, 54 Zhongshan Dong Lu 中山东路 54号 工人文化宫 5层健身中心内 52989189

# Zhenqianghui Guns Club 真枪会射击俱乐部

4F, Building 5, Jiaye Intnernational, 158 Lushan Lu 建邺区庐山路 158 号嘉业国际城 5 号楼 4 楼 58933533 58933600



### Massage & Spa

### Pathways Spa & Lifestyle Club

顾庭 Spg 生活会馆 尚H15 ■ 13F Tian'an International Building 98 Zhongshan Nan Lu 中山南路 98 号天安国际大厦 13 # 84701266 x 8019 www.pathway-spa.com

Flow SPA III . 手掛 46-3 Xijia Datang, Ming Cheng Hui (200m north of Xuanwu Lake's Jiefang Gate) 明城汇西家大塘 46-3 号 57718777

### Theatre

### Nanjing Art and Cultural Center

南京文化艺术中心 **(\*\*H7** ■ 101 Changiiang Lu 长江路 101 号 84797920

### Jiangnan 631 Niuda Theatre

江南 631 牛达剧场 而H14 5 Yanling Xiang 延龄巷 5 号 8//10786

### Nanjing Art Academy Concert Hall

南京艺术学院音乐厅 15 Huju I u 虎踞北路 15 号 83108310

Jiangsu Kungu Theater 兰苑剧场 🌑 4 Chaotian Gong 朝天宫 4号 84469284

# **Business & Education**

### International Education

### British School of Naniing

南京英国学校 (\*\*R4 ● Building 2. Jinling Resort, Jiahu Dong Lu 佳湖东路湖滨金陵饭店2号楼 52108987

# Nanjing International School

南京国际学校 而E2 @ 8 Xueheng Lu, Xianlin College and University Town 仙林大学城学衡路8号 85899111

# EtonHouse Nanjing

伊顿国际教育集团 ๓U2 ●

6 Songhuajiang Xi Jie (near Olympic Stadium) 松花江西街 6号 金陵中学实验小学内 (靠奥体北门) 86696778

### The Overseas

海外国际 mG4 ■

1606 Block A, Junlin International, 5 Guangzhou Lu 广州路 5 号君临国际 A 幢 1606 室 84533133

admin@the-overseas.com Wechat: overseas

### Youth Moment Educational Investment Co., Ltd. 南京青梦家教育投资有限公司 ₼M1 ●

3rd Floor Building E, Kingdee Science and Technology Industrial Park

532 East Zhongshan Road, Nanjing 210016 中山东路 532 号金蝶科技产业园 E 栋 3 楼

83736611, 84530009 www.qingmengjia.com

enquiries@qingmengjia.com

Career guidance, entrepreneurial support, overseas study services for Chinese and foreign students.

# Foreign Trade & Economic Development Agencies

### European Union Chamber of Commerce

· 中国欧盟商会(南京) (\*\*\*H6 ●\*\* 806, Haihua Mansion, 99 Zhongshan Lu 中山路 99 号海华大厦 806 83627330

### China-Britain Business Council, Nanjing 革中贸易协会南京代表外 mi3 €

Rm 2514-2515, 50 Zhonghua Lu 中华路 50 号 2514-2515 室 52311740

### Netherlands Business Support Office

荷兰贸易促进委员会南京代表处 (TE2) Suite 2316, Building B, 23/F, Phoenix Plaza, 1 Hunan Lu 湖南路 1 号凤凰国际广场 B 楼 23 层 2316 室 84703707

### Baden-Württemberg International #N2 德国巴登符腾堡州国际经济和科技合作协会 7-3

Dabei Xiang Meiyuan Xin Cun 梅园新村大悲巷 7-3 号 84728895 www.bw-i.cn

### Australian Trade Commission

澳大利亚贸易委员会南京代表处 《H6 ● 1163, Jinling World Trade Center, 2 Hanzhong Lu 汉中路 2 号金陵饭店世界贸易中心 1163 室 84711888 -1163

# Canadian Trade Office Nanjing

加拿大驻南京商务代表处 前H6 ● 1261, Jinling World Trade Center, 2 Hanzhong Lu 汉中路 2 号金陵饭店世界贸易中心 1261 房 84704574

# **Business Administration**

# Sharehouse (Nanjing) Co., Ltd.

赛浩企业管理服务(南京)有限公司 mG1 Magun Scientific Park, 3 Jinma Lu 南京栖霞区马群科技园金马路3号 85720118

www.sharehousechina.com

Enables SMEs to establish their own legal entity in China while keeping overhead costs low through shared resources.

# Language Training

# New Concept Mandarin

新概念汉语 mO3

821, Floor 8th, PICC building, No.98 Jianye Lu, Oinhuai district

秦淮区建帆路 98 号鸿信大厦 8 楼 821 室 84872361

www.newconceptmandarin.com

naniing@newconceptmandarin.com

Over 20-years experience in applied linguistic research and global teaching.

# Nanjing Bozhan Consultancy Co.,Ltd

南京博湛教育咨询有限公司 F2 #203, Building 3, 19 Jinyin Jie 金银街 19 号 3 栋 203 室

13813944415

bozhan.consultancy@gmail.com

Language training & Mandarin tutoring; from survival to HSK Chinese and enhancment of conversational confidence in English to ESL & IELTS testing.

# JESIE - Goethe-Language Centre

JESIE - 歌德语言中心 而F2 ■

Jiangsu College for International Education, 3rd Floor, 203-207 Shanghai Lu 上海路 203-207 号江苏国际预科学院 3 层

www.goethe-slz.js.cn

# Nanjing No.1 High School

南京市第一中学 🐧 301 Zhongshan Nan Lu 山山南路 301 号 68187208

Only high school designated by the International Office of National Chinese Language Promotion as base for the international promotion of Chinese language. One of 17 locations in Naniing awarded Cultural Exchange Base status in 2014.

# Alliance Française de Nanjing

南京法语联盟

4F. Qun Lou. 73 Beiiing Xi Lu 北京西路 73 号裙楼 4 楼 83508762 83508876

1F, Bld F4, Zone F, Zidong International Creative Park Xianlin

南京紫东创意产业园 F 区 F4 幢 1 楼

www.afnanjing.org

info.nanjing@afchine.org

French language and culture centre with classes for individuals and corporations at all levels. cultural events plus a modern library with free access to collections.

### **Cultural Education**

# Confucius Temple Primary School

南京市夫子庙小学 mJ4 @ 22 Zhanyuan Lu 瞻园路 22 号 52230020

Founded in 1907 to explore and promulgate the ideology and culture of Confucius. One of 17 locations in Naniing awarded Cultural Exchange Base status in 2014

### Clubs & Charities

# Nanjing International Community Clubhouse

南京国际社区中心 mR3 www.vournicc.net

info@vournicc.net

Hosts many activities such as Chinese and English classes, ballet & quickstep classes, wine and tea tastings plus a monthly ladies night. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014

### Nanjing International Club

南京国际俱乐部

Magun Scientific Park, 3 Jinma Lu 栖霞区马群科技园金马路3号

www.naniinginternationalclub.org

info@nanjinginternationalclub.org

A club with over 500 Members from all around the world. Make new lasting friendships, share, travel and enjoy new experiences with like minded people. Large variety of events offered; cooking, kids' club, book club, dinners, balls, outings, BBQ, concerts, bazaar and more. Fundraising for charities plus opportunities to support, volunteer and become part of an exciting team. Visit "The Hub" the new official club house at Forest Mall.

### Naniing No.1 Toastmasters Club

南京第一家英语演讲会俱乐部 www.nanjingtoastmasters.com

Weekly event at 1507, Wuxingnianhua Mansion, Hanzhong Lu/Shanghai Lu.

### Hopeful Hearts

www.hopefulhearts.info

Raises funds for medical treatment of children with heart conditions

# Pfrang Association 普方基金会 書N2

3 Jinma Lu, Maqun Scientific Park 栖霞区马群科技园金马路3号 85720118

www.pfrangassociation.org

Sponsors education of children in poor parts of Jiangsu

Butterfly Hospice

Nanjing Butterfly Home Manager: Linda Huang nibhmanager@gmail.com info@hutterflych.org

Loving care for cherished lives.

# Shopping

# For the Hom

### FAsmart .

1F-Z, Wanda Plaza, 68 Zhushan Lu, Jiangning 竹山路 68 号万达广场 1F

52187886

www eading com

Fantastic selection of stationary plus coffee machines, electrical and IT appliances, kitchenware and home decoration items.

### Working House

4F. Zifeng Tower, Zhongshan Bei Lu 中山北路紫峰大厦购物广场 4F

52360100

Stylish kitchenware in dark tones, candles and colourful vases or even camera cases; just a few of the fascinating products that await in every corner.

### Living Story

欧洲生活馆 mG1 ●

173 Shanghai Lu 上海路 173 号

8663/155

Compact yet manages to offer coffee grinders, espresso makers, stylish kitchen utensils, picture frames, oil burners and oils, candles, clocks, various pieces of art, wine racks plus a few bottles of wine.

### Hongxing Furniture

红星国际家具广场 而E4

224 Zhongyang Lu 中央路 224 号

83118005

Large furniture mall with many shops. Large range of prices, styles, etc.

### Jinsheng Market

金盛百货大市场

2 Jianning Lu

建宁路2号(南京商厦对面)

9 Wangjinshi (off Changjiang Lu) mK2 长汀路网巾市9号

Dagiao Bei Lu (beside North bus station) 大桥北路(长途北站旁)

58507000

Large indoor market with everything from home décor to wires, Christmas trinkets and electronics. Cheap but be prepared to bargain.

# Jinling Decoration Market

金陵装饰城 而T5 @

88 Jiangdong Zhong Lu 江东中路 88 号

86511888

Everything needed for a new home.

# Longjiang Flower Market

龙江花卉市场 🌑

78 Qingliangmen Da Jie

清凉门大街 78号

Huge selection of plants, cut flowers, fish tanks and fish, plus gardening tools.

### B&Q

百安居 ( R1 )

90 Kazimen Da Jie (beside Metro) 卡子门大街 90 号麦德龙旁 52450077

### IKFA 官家家居 而P3 @

99 Mingchi Lu (East side of Kazimen Plaza) 明匙路99号(卡子门广场东侧) 4008002345

# Electronics & Photography

### Professional Photography

Equipment Market

照相器材专业市场 🌑

3F, Binjiang Friendship Shopping Center, 301 Jianadona Bei Lu

汀东北路 301 号滨汀友好商城三楼

Specialists in wedding photography with equipment including lighting, flash etc.

# Camera & photography Equipment Market

东鼎照材市场 🔥 N2

Dongding Plaza, 699 Zhujiang Lu

珠江路 699 号东鼎照材市场

Widely regarded as the best camera and equipment market in Naniing

### Mobile phone shops on Danfeng Jie

Indoor markets specialized in new and secondhand mobile phones and repairs.

### IT products on Zhujiang Lu

珠江路-IT产品 ★O1 ●

A multitude of stores selling everything you can imagine and more: computers, cameras, MP3 and MP4 players, iPad, webcams, hard drives, and portable flash drives

# Video games on Zhongyang Lu

中央路 - 电子游戏 (F4)

Any type of video game for all game systems. Also do minor renairs

### Art

# Art Home 聚贤堂 ●

84 Shitoucheng Lu 石头城路 84号

Arquably the best art supplies shop in Naniing; oil and acrylic paints plus many products by Faber-Castell and Staedtler. Framing service available.

# Jiangsu Fande Culture and Art Block

江苏凡德文化艺术街区 mK2

1 Zhengxue Lu 秦淮区正学路1号

84711180

An inclusive cultural industry platform for the research and development, creation, display and transaction of art works. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

# Avant-garde Contemporary Art Centre

先锋当代艺术中心 mK

A1-101 Finder Art District, 1865 Creativity Park, 388 Yingtian Da Jie

秦淮区应天大街 388 号 1865 创意园凡德艺术街区 A1-101 52270661 / 13814059763

Dedicated to the promotion of contemporary art.

# Fangshan Culture and Art Creative Industry

Park 南京方山文化艺术创意产业园 前Y2

1 Donghuyuan, 588 Longmian Avenue 江宁区龙 眠大道 588 号东湖苑 1 号 84933837

Home to 100 cultural industry enterprises, 4 art institutions and over 40 famous artists in photography, oil painting, Chinese painting, sculpture and pottery. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

### Jianasu Art Gallerv

江苏省美术馆 南P2 (

266 Changjiang Lu 长江路 266 号 84506789

Local artists' work, changed frequently.

### ART 国艺堂

D-1 Shuimuqinhuai, 99 Shitoucheng Lu 石头城路 99 号水木秦淮 D-1 号 84506789

Picture framing and art related supplies.

### Naniing Luhe Pheonix Art Gallery

南京六合凤凰山艺术馆

Fenghuang Shan Park, Yanan Lu, Pukou

六合区延安路凤凰山公园内

577513/15

A non-profit institution staging exhibitions and serving as a platform for people to exchange information and experience in art creation and collection. One of 17 locations in Naniing awarded Cultural Exchange Base status in 2014.

### Shenghua Art Center

南京圣划艺术中心

2 Zhoutai Lu. on Jiangxin Zhou (Grape Island) 江心洲民俗街洲泰路 2号(原乡土乐园)

86333097 86333100

Exhibition of contemporary Chinese art.

# Stone City Modern Art Creation Gallery

石头城现代艺术创意园

72 Beijing Xi Lu 北京西路 72 号

55583708

Exhibition of modern Chinese art

### Vinai Δrt

· 南京艺派文化用品中心

81 Stone City 石头城 81 号

83704786

epair8888@126.com

Well stocked shop, with oil paints, brushes, spatulas, charcoal, easels, drawing instruments, sketch books plus a large selection of pens, pencils and lead refills.

# International Groceries

### Epermarket 上海赢盘实业有限公司

www.epermarket.com

4007760776

the 1st online supermarket In China to be ISO 9001 certified, delivering more than 5,000 imported & local goods, plus a growing selection of organic products. Shop for fresh produce, personal care products, high-quality imported meats and wine, and more. Customer service in English, French, German and Chinese.

# Fields

www.fieldschina.com

4000210049

cs@fieldschina.com

Shanghai-based online grocery store that delivers safe, delicious, high quality and imported groceries directly to your door. Also offers beverages, organic produce, baby & personal care products, plus ready-to-serve items.

# Nanjing Bakery

www.nanjingbakery.com Home made cakes, ready to bake pizzas, lasagna etc. plus a range of items such as pasta, butter, cheese, sauces and spices.

# Times Grocery 泰晤士 而F3 ●

48 Yunnan Lu 云南路 48 号

83685530 Compact yet its location breeds popularity; wide selection of imported but sometimes pricy food.

# Happy Orange 乐橙便利店 🛝2

Cuiping International (North Gate), Hanfu Lu, 20 Jiangiun Avenue, Jiangning

将军大道 20 号翠屏国际城北门(韩府路)

52158366

Small shop with a nice selection of imported items run by a charming couple from Taiwan.

# Petite Abeille 法国小蜂蜜进口商店

80 Nenjiang Lu 嫩江路 80 号

83217096

Largest selection of French produce in Nanjing, with an emphasis on biscuits (petite pains, biscottes), chocolate plus home-made heavy breads and baguettes, croissants and apple pie.



### Ponnio's Dias

13012370301

www.ronnies.com.cn

Home made Aussie pies in a variety of flavours including delights such as Cornish pasties. Lancashire pasties and sausage rolls. Each pie comes individually wrapped and labelled. Delivers from Yangzhou.

### Wendy's Bakery

温底手作

13611577210

http://wendvbakerv.taobao.com

Classic apple pie, bacon-cheese scones and inventive cranberry shortbread are all just a phone call away. Utilises only imported ingredients.

### Metro 麦德龙

288 Ningli Lu 宁溧路 288 号 ( R1 )

300 Jianning Lu 鼓楼区建宁路 300 号

Originally a B2B operation in which private individuals can now shop. Wide selection of foreign foods plus wines beers and sprits Passport/ID sometimes required.

### Carrefour 家乐福

235 Zhongshan Dong Lu 中山东路235号 mN2 O

341 Jiangdong Zhong Lu 江东中路 341 号 1186 ● 26 Jigingmen Da Jie 集庆门大街 26 号

7 Dagiao Nan Lu 大桥南路 7 号

3 Liuzhou Nan Lu. Pukou 浦口区柳州南路 3 号 Good range of dairy products, especially imported butter, cream and cheese plus snacks, pasta and wine

### Auchan 欧尚

151 Hanzhongmen Da Jie

汉中门大街 151 号 (近纪念馆东路)●

11 Qinhuai Zhong Lu 秦淮中路 11 号 ( ) □ □ 866 Yingtian Da Jie 应天大街 866 号 而T1 ●

Another French hypermarché with probably the city's best selection of cheese.

B2, Aqua City, 1 Jiankang Lu

健康路1号水游城地下2层 ⋒33 ● B1, Deji Plaza, Zhongshan Lu

德基二期地下1层 番H7 ●

B1, Forest Mall, 301 Zhongshanmen Da Jie 中山门大 街301号森林摩尔商业街区-1楼 ★I2A ●

B1, Raydu Plaza, 1222 Shuanglong Da Dao, 经济技 术开发区双龙大道 1222 号 B1 中厅 書R3 €

Features a very large stock of imported goods plus fresh organic fruit and veg.

### RT Mart 金润发

39 Danfeng Jie 丹凤街 39 号 (近北京东路) 高G3 ● B1. New City Mall. 99 Caochangmen Da Jie

草场门大街 99 号新城广场 B1

260 Longpan Zhong Lu 龙蟠中路 260 号

Shanghai based supermarket with a decent imported food section, dairy and bakery items.

# Q.E. Mart 青恩 青E2 ●

7 Wenshu Dong Lu, Xianlin 文枢东路 7 号 85862080

Medium-sized supermarket that from the outside is labelled "Korean Market" is the place to head for a wide range of Korean produce.

# Sports & Outdoor

# Decathlon 迪卡侬

866 Yingtian Xi Lu (same building as Auchan)

应天西路 866 号 mT1 ●

84218420

286 Ningli Lu (next to Metro)

宁溧路 286 号 (麦德龙对面) R1 ●

52401018

Unit 8, Area A, 1 Beijing Dong Lu (opposite Jiang-

玄武区北京东路 1 号 A 区 08( 江苏广播电视台总台对面 ) French sports megastore chain that also stocks a big selection of informal-wear shoes in sizes up to 48.

# Sanfo 三夫 户外

57 Zhongshan Lu 中山路 57 号 mH6 ●

84721228 84720512

4F, Zifeng Tower, Zhongshan Bei Lu 中山北路紫峰大厦购物广场 4F 高G3 ●

83518681 83518682

Chinese outdoor chain store stocking equipment for biking and hiking plus backpacks and apparel for outdoor from big names such as Northland, Kailas and The North Face.

# Foreign Language Bookstores

### Foreign Language Bookstore

外文书店 術N2

218 Zhongshan Dong Lu (Beside Taiping Nan Lu) 中山东路 218 号长安国际(太平南路口) 57713287

### Xinhua Bookstores

新华书店

56 Zhongshan Dong Lu (near Hongwu Lu) 中山东路 56 号 ( 近洪武路 ) **世**124 (

86645151

54 Hunan Lu (near Matai Jie)

湖南路 54 号 ( 马台街口 ) mE1 ● 83374645

# Phoenix International Book Mall

凤凰国际书城 而E1

湖南路 1 号八佰伴旁 (近中央路) 83657000 / 83657111

### Wine Outlets

### Newold Wine World

纽澳酒世界

Area B, F1, New City Mall, 99 Caochangmen Da Jie 草场门大街 99 号新城市购物中心负一楼 B 区 86265959

# Jiangsu Jiuchao Distillery

江苏九朝酒业

278 Hongwu Lu 洪武路 278 号

84404159

10 Beimen Qiao Lu 北门桥路 10 号 高G4

84714862

38 Dashiba Jie 大石坝街 38 号 84706778

### Jayson Wines

南京杰森酒业 mO5 @

52 Taiping Bei Lu 太平北路 52 号

8370 7195

# Eminence Cellar

香松酒窖 膏G1 ●

Inside Wutaishan (opposite to Jin Inn) Guangzhou Lu 广州路五台山体育场 66012088

# Aussino Cellar

富隆酒窖 (\*\*)O3

Room 109, 198 Zhongshan Dong Lu 中山东路 198 号 109 室 84679799

www aussino net

# Zivo Wines

南京紫元酒窖 🐧 Q3 🌑

18 Mochouhu Dong Lu

莫愁湖东路

13770923489

### Chateau Family Cellar

名庄世家酒窖

16-10 Mochouhu Dong Lu 莫愁湖东路 16-10 号 87781899 / 13852287767

# Services

### Healthcare

# Hscvbele Hospital

华世佳宝妇产医院 橋R2 ● 9 Wenti Xi Lu 文体西路 9 号

24 hour English hotline: 18013919815

www.hswoman.com/en/

Combines an Obstetrics and Gynecology Department, Neonatology Department and Pediatrics Department with a tranquil atmosphere, high standards of hygiene and more than competent English service, including 24/7 telephone hotline. Underwater birth available: international medicare accepted

### International SOS Nanjing Clinic

南京国际(SOS)紧急救援诊所 ₼M1 ●

1F, Grand Metropark Hotel, 319 East Zhongshan Lu 中山东路 319 号维景国际酒店 1 楼 84802842 (by appt.)

Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Assistance Center: 010 64629100

www.internationalege.com

Delivers integrated, quality, comprehensive medical care. Services span from family medicine to 24/7 emergency services. Languages spoken include; English, Chinese, German, and Japanese.

### Angel Flossy-Care Dental Center

天使福乐氏口腔连锁

4F,10 Kexiang Alley, Qinhuai District 南京市秦淮区科 巷10号4楼

84069389 / 13951994471

www.025va.com

Offers all kinds of oral treatments including dental implants, crowns or bridges, dental whitening, cosmetic dentistry, root canal therapy, orthodontics and more. 100% bilingual staff; other branches in Suzhou, Nanning, Beijing and Shanghai.

# Keya Dentistry 科雅口腔 而T5 ●

Room 411, Building E, Wanda Plaza, Hexi 南京河西万达广场 E座 411

4008919828 / 83308686 www.keyath.com

Providers of Invisalign: a popular Western alternative to braces, plus reconstructive and cosmetic teeth surgery. International medicare accepted.

# Global Doctor International Medical Centre

环球医生国际医疗中心 而Q3 @

1F, Zuolinfengdu, 6 Mochouhu Dong Lu 莫愁湖东路 6 号左邻风度 1 栋 1 楼

86519991 (24 Hours)

www.globaldoctor.com.au

International medical centre offers family medicine & specialist services plus 24 hour emergency assistance to expatriates in Nanjing. Mon-Sat 09:00-18:00. Multilingual staff: EN/JP/ES/KO/CN.

### BFN-Q Medical Centre 明基医院 ※C4

71 Hexi Da Jie 河西大街 71 号

52238800

Another popular choice for expats, BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors

### Nanjing Union Dental Clinic 南京友联齿科 mM1 ●

1F, Grand Metropark Hotel Nanjing, 319 Zhongshan Dong Lu

中山东路 319 号维景国际酒店一层 84818891 / 84808888-6555

dentist@uniondental.cn

### Health Examination Center 江苏省国医馆

168 Qingliangmen Da Jie 清凉门大街 168 号

86216721

www.jssqyq.com

English speaking staff, diagnosis by imported advanced medical technology and treatment by Traditional Chinese Medicine. 100% non-invasive.

Naniing Entrance-Exit Inspection and Quarantine Bureau

南京出入境检验检疫局 🎳

1 Guoijan Lu, Jiangiun Da Dao, Jiangning 江宁区将军大道国检路1号

52345354 Health checks for work permit / visa applications.

Naniina Drum Tower Hospital

南京喆楼医院 高F1 ■

321 Zhongshan Lu 中山路 321 号

83304616 The major trauma hospital (24 hr).

Jiangsu Provincial Hospital

汀苏省人足医院●

300 Guangzhou Lu 广州路 300 号

83718836

The major Western medicine hospital.

Nanjing Children's Hospital

南京市儿童医院 (\*\*G1 ●

72 Guangzhou Lu 广州路 72 号 83117500 83116969

Jiangsu Provincial Hospital of TCM

江苏省中医院 ★Q2 ■

155 Hanzhong Lu 汉中路 155 号

86617141

The major Chinese medicine hospital.

Nanjing Maternity and Child Healthcare Hospital

南京市妇幼保健院 尚P1 @

123 Tianfei Xiang 天妃巷 123 号 52226777

The major maternity hospital in Nanjing.

D'Andrea & Partners Law Firm

D' Andrea & Partners律师事务所 mP1 ...

920. Jinglun International Mansion, 8 Hanzhong Lu 汉中路 8 号金轮国际广场 920 室

86505593 / 86505693

nanjing@dandreapartners.com

International consulting firm present in China since 2004 offering legal services in Italian, Chinese, English, French, German and Russian plus assistance in foreign direct investment in China, mergers and acquisitions, international contract law and labour law.

Jeffrey Wang Attorney at Law

王煜卓 | 南京办公室 | 合伙人 / 律师 為C2A

Deheng Law Offices, 3F, 2 Chuangzhi Lu 建邺区河西大街创智路2号3楼 | 德恒律师事务所

18066065862 / 58993266

www.chinalawexpert.com

info@chinalawexpert.com

Business lawyer with more than fifteen years legal practice in Nanjing plus fluent English and legal knowledge in both business and personal areas.

Dacheng Law Offices

大成律师事务所

2F, 72 Beijing Xi Lu 北京西路 72 号 2 楼

83755108

nanjing.dachenglaw.com

Hongliang.Hu@dachenglaw.com

Ranked #1 in Asia by size, with branches in 26 countries and all over China. Nanjing branch is ranked #1 in Jiangsu Province (EN/CH/ES/JP/KO).

### Property Services

Nanjing Houses #\$1A .

#720, Section 1, Unit 2, 128 Tianyuan Lu, Jiangn-

ing District

天元中路 128 号 2 栋 1 单元 720 室

87735531

www.nanjinghouses.com

info@nanjinghouses.com

Provides a unique-to-the-industry process of pre-screening options in order to save time and energy while looking for an apartment or villa.

Sun Home Real Estate

南京中涛房产经纪咨询有限公司 np2 @

Room 1901, Xinghan Mansion, 180 Hanzhong Lu 汉中路 180 号星汉大厦 1901 室

51860592 / 5186 0590

www.ehra.com.cn

sunhome@shre.com.cn

Pre-move consulting home search service, orientation and settling-in programs plus vehicle leasing.

Home Caught Relocation Service

星鸿房地产咨询顾问有限公司 為N2 ●

4F, 669 Zhujiang Lu 珠江路 669 号 4F

84800918

www.homecaught.com

lease@homecaught.com

Supplies many a multinational firm with home search and rental services plus bus fleet solutions.

Crown Relocations #03

嘉柏(中国)国际货运代理有限公司

Bm 4210 Block A New World Centre

Zhujiang Lu

南京市珠江路新世界中心 A 座 4210 室 84541017

slaing@crownww.com

Provides moving services, housing services, school search, immigration services, and orientation services with a global network spanning 60 countries

Best Bond Youth Apartments 贝客青年精品公寓

Hegun Xincun, off Shanghai Lu

上海路合群新村2号2 mG1 ●

150 Shanghai Lu 上海路 150 号 ( G1 ●

Wan He Zun Di, 70 Zhongyang Lu

中央路 70 号万和尊邸 9 Xitong Lu (east gate of Yinlong Ya Yuan)

西桐路 9 号银龙雅苑东门

400-8090-108

Condominiums of stylish studio flats situated in key parts of Nanjing's foreign community. Common areas provide opportunity for social exchange and integration.

Apex International Logistics Co., Ltd 上海正流 国际运输代理有限公司

58702129

www.apex15.com

nanjing@apex15.com

Domestic and local moves, office relocation, storage and warehousing net relocation insurance/ risk management plus immigration services.

CMR Corporate Property & Relocation

南京浩麦房地产咨询 MH20 ●

12C1. Jinlun Mansion, 108 Hanzhong Lu 汉中路 108 号金轮大厦 12C1 座 84701658

www.cmrchina.com

Supplies multinationals, with additional services including driver's license and import/export of pets.

Nanjing International Christian Fellowship

Ramada Hotel, 45 Zhongshan Bei Lu 中山路 45 号 南京华美达怡华酒店 ● 赤F4A

Sundays 9:30am to 11:30am

Foreign passport holders only. English service with translation available in Chinese, French and Spanish.

KuanEumHui Korean Buddhist Club 观音会南京韩人佛教会 們L3 ●

1703, Building 2, Fuli Shanzhuang 富丽山庄 3 栋 1703 室 13222018582

Service: 11:00am

Shigulu Catholic Church

石鼓路天主教堂 而P1 @

112 Shigu Lu 石鼓路 112 号

84706863

Korean service: Sat 4.30pm

English/Chinese Service: Sun 4.30pm

The Church of Jesus Christ of Latter Day Saints

Yuhua Jingli Hotel, 8 Xiaohang Yaojia'ao 雨花区小行尤家凹 8 号雨花晶丽酒店

Mormon service on Sundays at 10am. Foreign passport holders only.

# Training, Coaching & Consulting

Chrysalis Consulting 智变 mH1

#932, 699 Zhongshanmen Ave, Magun, Qixia District 栖霞区马群中山门大街699号紫金尚园商办综合楼932室 18551737659

www.chrysalisasia.com

thrive@chrysalisasia.com

A multi-national consulting firm involved in business consulting, solution services, young professional services, business start-ups and care for orphans.

MTI Nanjing

#714, Building 7, Wanda Dongfang, 58 Yunjin Lu 云锦路58号万达东坊7栋714室 **而T2** ●

84714552

www.mticonsulting.com

HR coaching and training solutions, combining international standards with local market needs.

McBride Sports

15951982141

mcbridesports@gmail.com

Coaching for young athletes, adult-personal training and/or Boot Camps.

# Hairdressers

V-Salon 香港时光设计有限公司 MH5 ●

32F, Golden Eagle Plaza, 89 Hanzhong Lu 汉中路 89 号 金鷹国际商城 32 楼

86292980 Run by a stylist to many pop and movie stars, including Nicolas Cage and Julia Roberts.

Mei Lun Shang Pin Hair Saloon

美伦上品私家专属定制 Salon 高H15 ●

6 Sanyuan Alley, Xiniiekou 新街口三元巷 6号

15895936797 84217148

Continuing the trend for pubs that cut your hair. Mei Lun Shang Pin targets the lucrative expat market by having both foreign stylists and translators on hand.

Franck Provost Hair Salon

梵珀巴黎法式发艺 而H7 ● F322 Deji Plaza Phase 2

中山路 18 号德基广场二期 F322 店铺

86777366 Resident French stylist available; bookings advised.

# Pets

Amy Hao Hao Pet Care 爱咪好好 青H15 ●

18 Nantai Xiang Xi (off Wang Fu Da Jie) 王府大街南台共而 18 号

84203097 / 13952034351

Professional cat and dog grooming service run by a local Nanjing girl who speaks fluent English.

Puppy & Kitten Pet Store 狗仔猫仔宠物店

81 Shitoucheng Lu

鼓楼区石头城路 81 号 68192571 / 18625184686

Large range of natural and/or organic imported dog food complimented by the necessary selection of treats, chews, leads and bowls.



Tom Dog Pet Center 汤姆狗宠物中心 而P2

1 Shanghai Lu 上海路 1 号 86662858

Pet stayover and dog walking service, retail outlet and English speaking staff.

### Nanjing Veterinary Station

南京畜牧兽医站宠物总医院 448 Longpan Zhong Lu

龙蟠中路 448 号 84484781

Major centre for vet services and vaccinations.

### Photography

### Nicolas Harter Photography

13770761603

www.nicolasharter.com

A French photographer specialising in wedding, commercial and event photography, and author of photo-book "Africa Square", a profile of African artists at the 2010 Shanohai Expo.

### Media & Design

### SinoConnexion

南京贺福文化传媒有限公司

14F, Building 1, World Times Square, 8 Dongbao Lu 鼓楼区东宝路 8 号时代天地广场 1 幢 1417 室

84718617 / 13851522275 www.sinoconnexion.com

info@sinoconnexion.com

International award winning professional foreign owned video and media production company with 30 years experience, and 21 years of work in China. Also offers agency services, print and digital publication production, broadcast media, internet advertising, social media promotion and production of audio materials.

### VOZ Desian

嗓音设计 ( S1A ●

#720, Section 1, Unit 2, 128 Tianyuan Lu, Jiangning District

天元中路 128 号 2 栋 1 单元 720 室

58820096 / 18120135627 / 15950575174

www.vozdesign.com

contact@vozdesign.com

Professional marketing oriented graphic design

and brand development. No copies, no templates, only creativity and lots of brain juice. Mediocrity is a disease we fight everyday.

# Translation

### Wow-Super A Translation Service

南京领域翻译有限公司 MH15 ●

#4004, 40th Floor, Tian'An International, Shigu Lu, Gulou District

新街口大洋百货天安国际 40 楼 4004 (地铁 1、2 号线 新街口站 15 号出口)

NJU No.II Dept: Rm 412, Innovation School, NJU Science Park, Xianlin

南京市仙林大学城南大科技园创新创业学院 412 室

www.wowtran.com

Offers a full suite of translation services for business, legal, technical and personal use, including official and notary translations, marriage certificates, drivers' licenses plus interpreter services.

# Travel & Transport

### Airport Shuttle Bus 机场大巴 See table below

# Arval Car Rental MQ4

法巴安诺融资租赁(中国)有限公司南京分公司 Rm.1339,13/F, Kingsley International Centre, 169 Hanzhong Lu 汉中路 169号 13 层 1339 室

66102058

www.arval.cn/eng

Lease brand new cars and vans without having to find the initial capital to purchase them. Five years experience in China car rental industry through BNP Paribas' financial leasing business.

### Lufthansa German Airlines

德国汉莎航空公司 《H6

Reservation Service:

4008 868 868 (CH,EN)

Sales Office: Room 951, World Trade Center, 2 Hanzhong Lu 汉中路 2 号金陵饭店世贸中心 951 室

Fax: 84722624

nanjing\_lufthansa@dlh.de Lukou Airport Int'l Check-in Service - Rm 417 mg

### Dragonair

港龍航空有限公司 前H6 ●

Room 751-754, Jinling World Trade Center, 2 Hanzhong Lu

汉中路 2 号金陵饭店世界贸易中心 751-754 室 84717286

### D T Travel

大唐国际(香港)商旅服务管理有限公司 22E, Jinlun Building, 108 Hanzhong Lu

汉中路 108 号金轮大厦 22E МН20 ● 400 886 1212

Professional English service incl. air ticket, visas, and hotels for individual and corporate travel

### Miscellaneous

# Dr. Beckmann Cleaning Specialist

贝克曼博士

www.doctorbeckmann.cn

Colour & dirt collectors to stain devils and beyond available at many locations in Nanjing frequented by expats, as well as from online malls.

### Bottled Water Delivery Service

By Coca-Cola Nanjing

4008282288 (Free)

Mineral water, pure water and water machine cleaning services.

### Satellite TV Installation Service

13770323459

nanjingstv@gmail.com

# Lustre Cobbler

莱斯特皮鞋修饰 杰H5 ●

Golden Eagle Shopping Center, 89 Hanzhong Lu 汉中路 89 号金鹰国际

Central Department Store, 79 Zhongshan Nan Lu 中山南路 79 号中央商场

# Hong Bang Tailor

红邦裁缝 膏G1 ●

18 Nanxiu Cun, Shanghai Lu

上海路南秀村 18 号

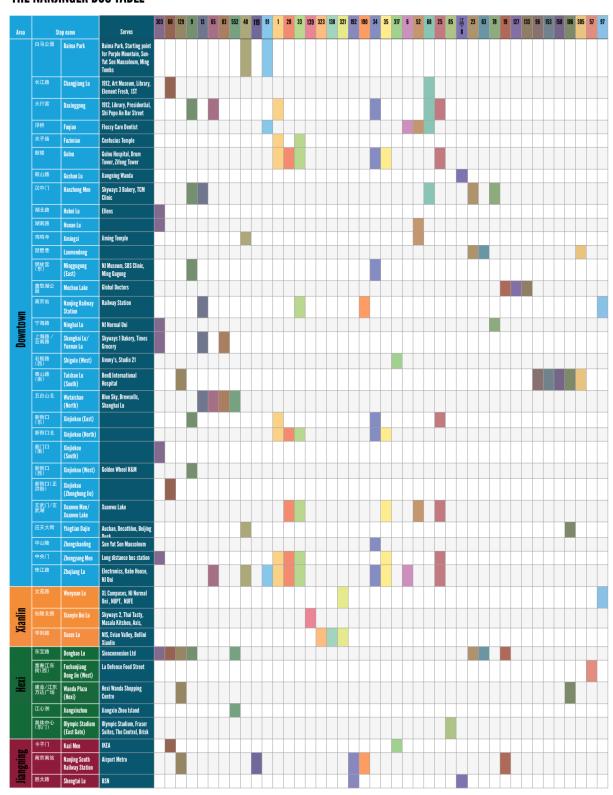
Not much to look at, but the tailor of choice for many a Nanjing expat.

Airport Shuttle Bus				0.	13	AIRPO	RT - CITY CENTRE
Airport Bus Line No 1 机场巴士1号线	Cuipin Shan Hotel 翠屏山宾馆	Yuhua Plaza 雨花广场	Qinhong Qiao 秦虹桥	Xhuanen 西华门	Nanjing Railway Station 南京火车站		
Service during flight arriva	l times, departure as soon as bus fill	s up (арргох вчегу. 2	0-30mins), ¥20	70		110	A.
Airport Bus Line No 2 机场巴士2号线	Nanjing South Railway Station 南京南站	Zhonghuamen 中华门	Shuiximen 水西门	Hanzhongmen 汉中门	Caochangmen 草场门	New City Mail 新城市广场	Hexi Wanda 河西万达广场
Service begins at arrival of	first flight until 22:00, departure as	soon as bus fills up	(apprux every, 20-38mins), 1	29		American Control Control	
Metro Line \$1 地铁S1号线	Airport 机场	7 Stops	Nanjing South Railway Station 南京南站				
veparture 6:00 - 22:00, eve	ry 5 - 10 mins, journey time 35 mins,	90-0					
						CITY	ENTRE AIRPORT
Nanjing Railway Station	221 Longpan Zhong Lu	Airport					
南京火车站	龙蟠中路221号	机场					
	龙蟠中路221号 st Square 南京火车站东广	-	ry Zómias, Longpan Zhong Lu	departure 10 - 15 n	nins later, ¥20		
		-	ry 20mins, Longpan Zhong Lu	departure 10 - 15 s	nins later, ¥20		
Service leaves from NRS Ea Nanjing South Railway Station 南京南站	st Square 南京火车站东广 Airport	5:30 - 20:40, eve					
Service leaves from NRS Ea Nanjing South Railway Station 南京南站	st Square 南京火车站东广 Airport 机场	5:30 - 20:40, eve					
Service leaves from NRS Ea Nanjing South Railway Station 南京南站 Service leaves from NSRS B New City Mall 新城市广场	st Square 南京火车站东广 Airport 机场 us Terminal 南站的汽车客设 Hexi Wanda	売 5:30 - 20:40, ever 重 5占 6:00 am - 21:00 Airport 机 4売	direct connection to airport	, journey time app	rex. 40mins duration, ¥20		
Service leaves from NRS Ea Nanjing South Railway Station 南京南站 Service leaves from NSRS B New City Mall 新城市广场	st Square 南京火车站东广 Airport 机场 us Terminal 南站的汽车客设 Hexi Wanda 河西万达广场	売 5:30 - 20:40, ever 重 5占 6:00 am - 21:00 Airport 机 4売	direct connection to airport	, journey time app	rex. 40mins duration, ¥20		



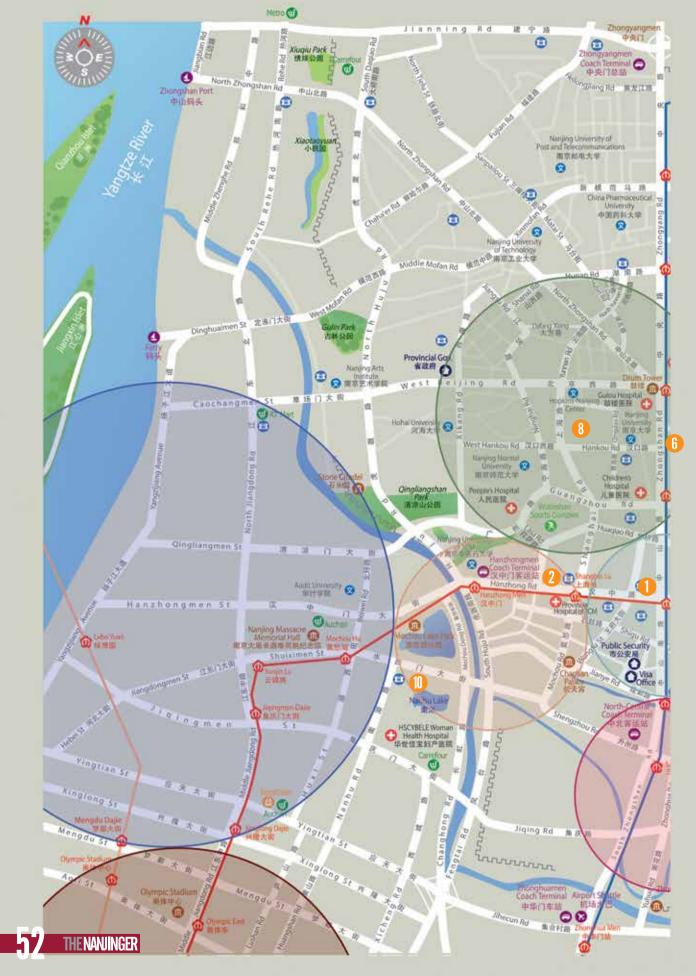


# THE NANIINGER BUS TABLE

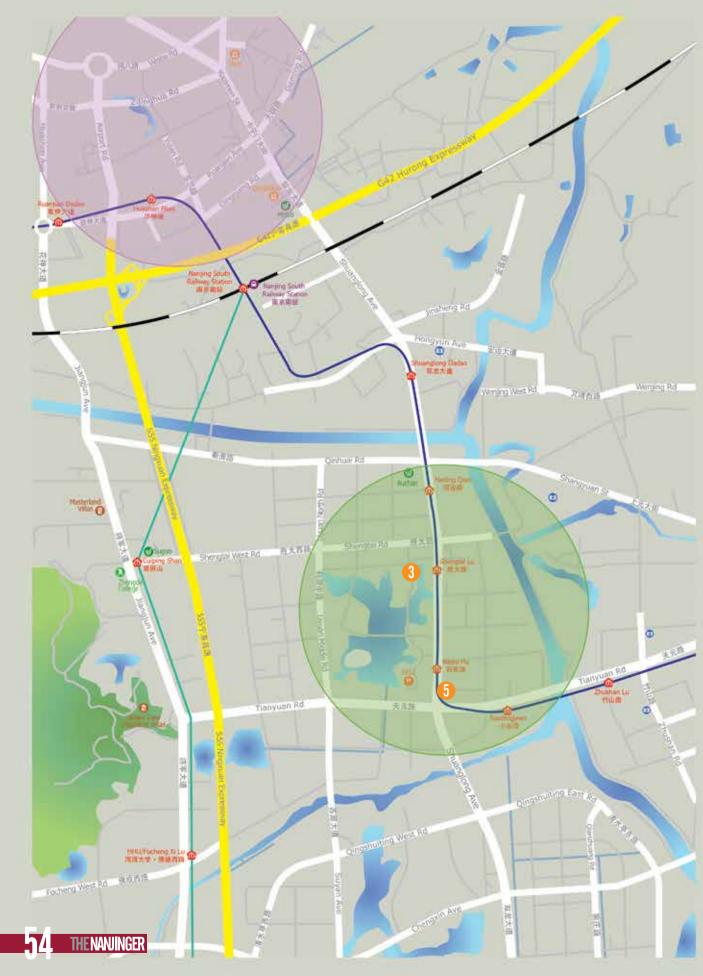


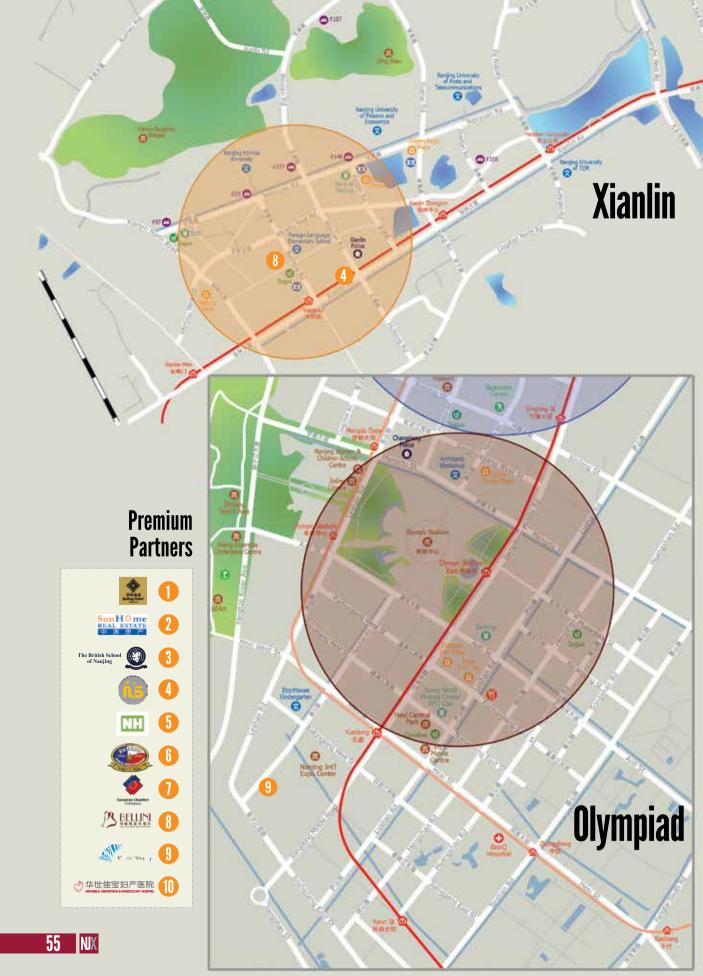
# Notes on using The Nanjinger Bus Table

This handy bus table is a cut down version of the entire Nanjing public bus system that focuses on parts of the city of interest to expats. If you are looking, for example, to travel from your home in Xianlin to Nanjing Railway station, look at the Xianlin area of the table (orange), then look to the right to see which lines run between the two locations. In this case number 97. Easy, huh?











Your generosity has enabled the Pfrang Association to provide scholarships for more than ten years to underpriviledged children of rural areas in Jiangsu province: Education, a gift for life!

正是因为您的慷慨,十多年来普方基金会才能够为江苏省农村地区的贫困儿童提供助学基金。 教育,成就一生!

www.pfrangassociation.org



# In December 2015 The Nanjinger will showcase the best photos from Our readers' travels gathered around China and Southeast Asia during the year

The best overall photographer shall win a return air ticket from Nanjing to anywhere in Southeast Asia\*

thenanjinger@sinoconnexion.com



Sponsored by



**CATHAY PACIFIC** 



Life Well Travelled

\* As defined by Cathay Pacific / Dragonair route map # The winner is responsible for applicable taxes and fuel surcharges Closing date: 20th November, 2015. Full Terms and Conditions at www.nanjingexpat.com/photo-contest







# New Campus Opening 2015

# Cambridge IGCSE Programme















