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Introducing some of our contributors, editors & designers

Our Editor-in-chief and Music Critic, Frank Hossack, has been a radio host and producer for the past 30 years, the past 22 of which working in media in China, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

贺福是我们杂志的编辑和音乐评论员，在过去的30年里一直从事电台主持和电台制片的工作。在中国有近20年的媒体工作经验。工作期间他曾经四次获得过纽约传媒艺术节大奖，分别是世界前40强节目奖，最佳编辑奖，最佳导演奖以及最佳文化艺术奖。

As an Australian journalist living in Nanjing for many years, Renee Gray has a background in research, print and online publishing, taking great pleasure in discovering more about Nanjing with every article.

作为在南京居住多年的澳大利亚新闻工作者，Renee Gray有着调研以及印刷品和线上出版物的工作背景。她总是乐于在每篇文章里发现关于南京的内容。

Nick McBride is a Personal Trainer specialised in coaching young athletes as well as Director of MIM Sports Ltd., a UK owned business with offices in Nanjing and at home that provides quality sports kit and equipment in addition to running sporting academies in soccer, rugby, tennis and fitness. Nick McBride是英国MIM体育有限公司总经理，同时也是年轻运动员的私人教练。他的公司设在南京和英国两地，提供包括足球，橄榄球，网球和体能在内的多项训练服务，此外也提供各种高质量的运动器材和装备。

Matthew Stedman has spent years living and working in China. He has sold Chinese tea in the UK, and loves discussing the miraculous leaf with new (and suspicious) audiences. He however never feels happier than when researching the product here in beautiful South China.

Mathew Stedman在中国生活工作了多年。多年在中英两国从事茶叶贸易的他，喜欢和新读者讨论神奇的东方树叶（虽然有时他的读者保持怀疑态度）。没什么比在美丽的江南走访品尝各种茶叶更让他开心的事了。

Legal contributor Carlo D'Andrea is Chair of the Legal & Competition Working group of the European Union Chamber of Commerce in China; Shanghai Chapter, Coordinator of the Nanjing Working Group of the Italian Chamber of Commerce in China and has taught Chinese law (commercial and contractual) at Rome 3 University.

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Roy Ingram has over 25 years experience working as an artist and Creative Director. His early career was with agencies in London but for the past eight years he has lived and worked in Nanjing.

Roy先生有着超过25年的创意总监和艺术家的工作经历。他早期的职业生涯是在伦敦的一家机构里开始的，但是在八年前他决定来到南京生活工作。

Plus a cooperation with Nanjing University

Contributing editor Ken Ellingwood is a former foreign and national correspondent for the Los Angeles Times and author of Hard Line: Life and Death on the U.S.-Mexico Border. Teaching Journalism at Nanjing University's School of Journalism & Communication, he coordinates a program that gives students experience in the real world of publishing through writing work to appear in Nanjing Expat's stable of English media.

特约编辑 Ken Ellingwood 之前是《洛杉矶时报》的国内外通讯记者，同时也是“死亡地带”的作者：描述美国与墨西哥边境的生存与死亡。他目前在南京大学新闻与传播学院讲授新闻学，通过长时间合作，Nanjing Expat 已经成为南大新闻系学生实习基地，很多稿件将有他带领的南大新闻系学生团队完成。

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This magazine is part of the Nanjing Expat family of English publications that together reach a very large proportion of the foreign population living in Nanjing, along with a good dash of locals, comprising:

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Where the Streets Have No Name

Bit of a first; in this issue we set sail far from the Motherland's shores.

Our first stop; the El Dorado State of California, where the Chinese population is more embedded in local society than perhaps anywhere else on Earth. Melissa Morgernstern takes a look at how it came to be (p10-13).

Our sojourn then turns south, to Central and South America, and then east to Africa, with Renee Gray finding out along the way how the Middle Kingdom can be found investing in a lot more than the odd restaurant or two (p14-17).

Not wanting to leave Asia out in the cold (ed?), we then meander around Malaysia, Japan and Korea, discovering how the Chinese language has left its indelible mark on other tongues (p18-19).

Welcome to "Chinese Abroad" from The Nanjinger.

NANJINGEXPAT

EDITORIAL TEAM

THE NANJINGER

Letter Of The Month

I love school. Even though I am twenty-four and have graduated from university, I will forever be a student at heart.

New pencils and notebooks excite me. Hearing the sound of the bell signaling the change of classes brings relief, and I love the shuffle of feet shifting students from one classroom to the next.

My favorite part of school, though, has always been the sacrificial teachers that wake up in the morning and choose to educate and care for 20+ students. Sometimes operating off of a few hours of sleep and that one cup of coffee, the exceptional teachers of the world fill their classrooms with passion for learning, new experiences, and a genuine compassion for their students.

Any classroom can be filled with pens and protractors, but it takes a superb teacher to fill their classroom with the more important lessons: how to positively contribute to society, how to use natural gifts and how to expound upon them, creative expression, respect, working alongside those unlike you, etc.

It is difficult to return to school after the beauty of summer break, so I just want to take a moment to encourage the teachers of this community.

Teachers, you hold the weight of many as you educate the young people of the world. Your work is filled with pressures beyond what one person can carry, and you often are not told how grateful we are for you.

You have the power to influence the entire future world, and you do not take that task lightly. Thank you so much for every extra hour you have contributed to helping a student learn a new math problem, for working tirelessly to teach the science of what causes rain to fall, and for filling students with a passion and vigor for learning.

Olivia Bascom

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Boba; How California's Chinese Communities Have Become a Cultural Mainstay

— BY MELISSA MORGERNSTERN

In the 1800s, Chinese immigrants in the United States were unwittingly making themselves known by looking for a better life while supporting their families at home. Yet, despite these individuals' mission to remain closer to their origins than their adopted home, cultural and economic tensions grew between Chinese and Non-Chinese Americans. Chinese labourers who came to the United States were precluded from chasing the American Dream, and were mostly using their earnings to support their relatives in China and paying off loans to individuals who secured their passage to the United States.

In addition, non-Chinese labourers based in North America needed higher wages to support their local families, leading to resentment amongst US based, non-Chinese labourers towards Chinese labourers. They also had to contend with the ever increasing possibility of being replaced by workers who accepted lower wages. Furthermore, as many immigrant populations tended to do (especially from more collective societies), Chinese labourers settled into tight knit communities (referred to as Chinatowns) which soon inspired rumours of these neighbourhoods being havens of vice. These rumours led to anti-Chinese legislation and gave rise to unequal racial treatment but also to the theory that Chinese labourers lowered the cultural standards of the United States.

To address growing tensions, 1850 through 1870 saw the California state government pass measures against

Chinese American residents that ranged from requiring specific licenses for Chinese-run businesses to preventing naturalisation of Chinese labourers. Many of these measures violated the 1868 Burlingame-Seward Treaty with China which established formal friendly relations between the two nations. In 1879, anti-immigration advocates successfully introduced legislation into congress limiting the number of Chinese immigrants on vessels heading to the United States. Despite growing support of outright exclusion, especially from Democrats in the American West, Republican President Rutherford B. Hayes vetoed the bill to prevent violations of treaty agreements with China and stayed in line with the then Republican platform of free immigration. President Hayes was not oblivious to the concerns of Western Democrats and as a consolation revised the Burlingame Seward Treaty in a way that China also agreed to limit immigration to the United States.

The Chinese Exclusion Acts were finally repealed in 1943 to raise the morale of China, the U.S.'s wartime ally, during World War II. Today, our relations with China are still very much driven by trade and economic growth, yet socially Chinese culture and societies have flourished to become a huge part of the American landscape. From Trendy Boba Shops (Zhen Zhu Nai Cha/珍珠奶茶) to Chinese language programs and immersion schools, The United States has increasingly embraced the growth of China as a world power and as a cultural force. San



San Francisco Chinatown thrives and continues to be a Cantonese dominated neighbourhood, while in the East Bay, by the University of California (UC) Berkeley, authentic and modern takes on Chinese favourites abound in tiny markets and fancy new restaurants. San Francisco and Los Angeles' Chinatowns are now popular tourist destinations that harbour traditional sights, sounds and smells, while new generations are breaking out with modern interpretations and reintroductions of classic favourites such as Sichuan dishes covered in chilies and oil and various flavours of milk tea (yes, this is a Taiwanese creation, but it was very much a part of my student life in China; I had at least one a day). While there have been some difficult times between China and the US throughout history, that relationship is ever changing and there is much progress as regards aspects of Chinese American culture to highlight.

The U.S. has seen a boom in the Asian American population born within the country and new immigrants from the Asian continent. Few places showcase this boom in diversity like the San Francisco and Los Angeles areas. Despite being some distance apart, these urban hubs have produced some of the strongest Chinese communities that are introducing their non-Chinese American counterparts to both the traditions and new trends that

are quickly becoming an integral part of the whole state. In Daly City alone, a suburb of San Francisco, the hilly residence is home to an Asian population that comprises over 50 percent of the city's residents. This is the highest concentration of Asian individuals in a U.S. city outside of Hawaii, an American state that boasts a high level of diversity within the Asian population.

THE JOKE AROUND HERE FOR A LONG TIME HAS BEEN THAT THE FOG IN DALY CITY IS REALLY FROM RICE COOKERS, STATES MICHAEL GUINGONA, DALY CITY COUNCILMAN AND A FILIPINO-AMERICAN.

Chinese are the largest ethnic group in the United States at 4 million people and growing. With the U.S.' growing need for skilled labour, especially in pharmaceuticals, biotech, and health, Asian people, especially those of Chinese descent, are finding a welcoming home that is catering more and more to their desire to combine their home culture with their new residence. Furthermore, with the growing emphasis on STEM (Science, Technology, Engineering and Math) and other technology related programs at some of the world's leading universities, such as UC Berkeley and the University of Southern California, there is a growing market for both Chinese students and professionals.

Los Angeles and San Francisco have traditionally been the largest hubs with the longest history of Chinese immigration. However, suburbs and smaller cities in the areas of San Gabriel Valley (half jokingly referred to as Southern California's real Chinatown), Orange County in Southern California and Silicon Valley in the north have become incredibly attractive to immigrants coming from China, as well as their American born offspring. These areas offer a blend of the traditional comforts of



China, Taiwan, and Hong Kong with the modern luxuries that the U.S. has to offer. Once home to a primarily Hispanic population, the majority of immigrants coming from China and Taiwan to these enclaves in the past few decades is part of a highly educated and affluent elite. Many couples and individuals are coming to these Chinese American diasporas to pursue happiness and excellence in their professional and personal lives. Professionally, the U.S. has an ever growing demand for skilled labour in the sciences as well as in education.

As China continues to grow as an economic power, so does Americans' desire to learn of Chinese language and culture. The academic exchange between American born and Chinese born students continues to grow in a bilateral fashion. Chinese youth and young adults are flooding American private schools to receive a better education than they could at home, while American parents and students are eager to get a head start on language by learning from a young age in immersion programs.

AREAS SUCH AS ARCADIA AND SAN MARINO, WHERE HOMES COST IN THE MILLIONS AND THE MEDIAN INCOME IS ALMOST DOUBLE THAT OF BEVERLY HILLS, ARE NOW HOME TO CHINA'S FIRST AND SECOND GENERATIONS OF HOME-OWNERS AND SOME OF THE HIGHEST PERFORMING SCHOOLS.

Mandarin language and culture have become such an intrinsic part of these areas that even the local library in San Marino features Mandarin language story time for children. As the influx from abroad continues in a steady stream, the first and second generation children of immigrants are growing into an influential force and are becoming these area's strongest supporters and most successful developers by running for political office and opening businesses that cater to American born counterparts, Chinese and non-Chinese alike.

Calvin Lew, Chinese American Historian and avid recorder of Chinatown peculiarities across the U.S., has not only documented Chinese American history in California, but has actually lived it himself. Speaking with The Nanjinger, he said, "I was a kid in the 70s and 80s, which was one generation before the FOB (Fresh Off the Boat) population. My generation was the last generation to have it tough". According to Lew, in the past you were Chinese if you grew up eating authentic Chinese food. Panda Express (a popular Chinese-American chain) was unheard of and other types of Chinese American food were considered strange to this first wave of the American born generations. This generation

were the sons and daughters of Cantonese restaurant workers and laundromat owners, labourers in the very modern sense. While these businesses became a very integral part of the United States economy, wages were predictably low and unreliable. Children of this generation were expected to work in the family business to assist with the family's income and living expenses. While supporting the family was important, good grades and academic achievement were equally essential to achieving success as the first American of the family. Dreams of high salaries and oppression free lives were ingrained into this generation by parents who had suffered socially, economically and politically to achieve the American Dream. Even distant family had input in what achievement meant in the U.S., as Lew recalls, "I was 12 or 13 when I got my report card and found out that I got a 3.9 out of a possible 4.0 for my GPA (grade point average). It was around Thanksgiving and I was excited to brag to my cousins about it. My cousins responded with a dismal, 'It's OK, not that good.' I thought I was a crappy student for not getting a perfect 4.0!". In addition to Cantonese immigrants, PhD holders from Taiwan were coming in waves to the U.S. to start families and provide their children with some of the best education the western world had to offer. "There were several stories of Taiwanese parents who really pushed for their children to be academically successful, stories of families where all the kids attend and graduate from Harvard University", commented Lew.

During this time, Chinatowns continued to thrive and be a strong part of the Chinese immigrant and Chinese-American identity. Yet, according to Lew, the birth of the iconic American Chinatowns was not just due to a collectivist mindset;

THESE WERE THE 'GHETTOS' WHERE CHINESE IMMIGRANTS WERE ALLOWED TO LIVE ACCORDING TO THE LAWS OF THE TIMES. THE SAN FRANCISCO AND NEW YORK CITY CHINATOWNS WEREN'T ALLOWED TO GROW AS DEVELOPERS COULDN'T GET THE NECESSARY BUILDING PERMITS. THUS THESE AREAS ARE THE SAME AS THEY WERE 100 YEARS AGO WHICH IS GREAT FOR HISTORICAL PRESERVATION BUT BAD FOR CHINESE IMMIGRANTS AT THE TIME.

While the pressure for students of Chinese descent to succeed is still strong, the stress is not quite as intense as it used to be. There is more freedom of choice and opportunity for exploration as many of the second and third generations of Chinese Americans enter the world and come of age to attend school. While their American-born

parents may have undergone the fierce pressure of achieving individual excellence as well as lifting the family out of the hardships of being new in the country, these new generations in California have the benefit of experiencing the best of each culture while being less likely to suffer the pressures their first generation parents endured in terms of social acceptance and professional success. Young children from China who come to the U.S. for primary and secondary education no longer face the financial pressures that their parents did growing up during the 70s and 80s in Mainland China. Many of these families shed the stereotype of coming from humble backgrounds and became so independently wealthy that their children have all material needs and desires, in addition to a world class education. But with opportunity came new obstacles, as Chinese children coming from the mainland now navigate a culturally diverse and ever more complex social, political and economic America.

As Chinese American communities continued to grow and diversify, so did outlets for exhibiting and observing the Chinese American experience. Note, the current popularity of shows such as “Fresh Off the Boat”, a sitcom loosely based on the life of popular chef and writer Eddie Huang. The show portrays an Asian American family facing the everyday struggles of immigrants in a new area; American born and eager to explore the cultures music, movies and more. Besides being featured on screen, others, such as Justin Lin, a Taiwanese American film director, are creating films that show a completely different side of the Asian American experience. “Better Luck Tomorrow”, for example, released in 2002 depicts high-achieving Asian American teenagers who become bored and take up the glamorous past times of participating in petty crime. Lew recalls the movie as one of the few and first to challenge American minority stereotypes;

“THE STEREOTYPE IS THAT AFRICAN AND HISPANIC-AMERICANS ARE THE ONES DOING DRUGS AND STEALING WHILE ASIAN AMERICANS WERE STEALING COMPUTER CHIPS. THE MOVIE ALSO PORTRAYED THE TEENS AS BEING ABLE TO RUN FREE SO LONG AS THEY WERE GETTING STRAIGHT AS

In terms of food and media, California has also been home to some of the pioneers in creating new ways to share their experiences with others. Jonny Hwang, the son of Taiwanese immigrants, is the creator of the 626 Night Market (626 being a play on the postcode of the San Gabriel Val-

ley), an annual event that takes place in both Los Angeles and Orange Counties where dozens of food vendors, local businesses and crafters come to sell their wares and celebrate the uniqueness of Chinese, Cantonese, and Taiwanese culture. This night market attracts people from all over Southern California and provides a unique glimpse into the flavours and sights familiar to Asian immigrants and Asian Americans alike. As Jonny Hwang told the New York Times;

“IT WASN'T COOL TO BE CHINESE OR COOL TO BE ASIAN... THE IDEA THAT THE SAN GABRIEL VALLEY COULD BE THE LOCUS OF SOME KIND OF CULTURAL MOVEMENT OR IDENTITY IS FASCINATING. THEY ARE ASSERTING CULTURAL CAPITAL TO CREATE ASIAN-AMERICAN IDENTITY THAT WASN'T THERE BEFORE, AND ONE THAT IS HOMEGROWN, NOT IMPORTED FROM TAIWAN OR HONG KONG.”

Growing recognition of Chinese cultural and gastro-nomic staples can also be attributed to brothers Andrew and David Fung. Attempting to break into the entertainment industry, the Fung Brothers produced cheeky hip hop videos about milk tea/boba and Chinese food in Southern California;

“PEOPLE HERE THINK IT'S NORMAL, HANGING OUT TO DRINK BOBA ALL DAY LONG, BUT THIS CULTURE DOESN'T EXIST EVERYWHERE, AND WE'RE TRYING TO TELL THEM TO EMBRACE IT, TO OWN IT,” SAID DAVID FUNG, 26. “WE'VE GOT TO TEACH OURSELVES TO BE PROUD OF WHO WE ARE AND TELL OTHERS ABOUT IT.”

While more and more Chinese-Americans are breaking the bamboo ceiling and creating space for additional voices in American society and culture, there is still room for improvement. “We’ve come a long way, but we’re not quite there yet”, Lew states, “In American society, for example, when you watch a Hollywood movie, half of the credits include Asian names, but rarely are there ever any Asians in the starring rolls or directors. There are so few names, I can only name two; Ang Li and Justin Li. ER, one of the most successful American TV shows didn’t have one Asian doctor despite Asians being an overwhelming part of the medical profession in the United States. There are also few Chinese-Americans in CEO positions and politics, while martial arts, Chinese food, and technology have taken off in America. Unfortunately, while Hollywood doesn’t represent America, it does narrowly represent the culture.” **NIX**



BARRIOS CHINOS

BY RENEE GRAY

Passing the odd Chinese restaurant here and there while backpacking your way through urban Central America should not come as any great shock. However, when you have just trekked through the deep rainforests of Guatemala and you find yourself in a small and dusty one-cantina two-house town, a “Fong’s Cantonese restaurant” is the last thing you would expect to see. Only a fool would bet on there not being a trusty Chinese restaurant around the next corner, waiting with garlic breath and ready to serve you that faithful sweet and sour pork or chicken chow mein.

It seems that wherever one goes in the world, a Cantonese eatery will be there. Everywhere? Plainly everywhere! Frankly, it would not come as a surprise if there were even a Chinese restaurant on the moon. Put to the test in our biosphere, it was revealed that the following places all had thriving Chinese restaurants (in abundance):

- **Poverty struck Malawi**
- **Remote Antananarivo, Madagascar and Yakutsk, Siberia**
- **War torn Damascus, Syria**
- **Far out Nadi, Fiji**
- **Desolate Manshiyat Naser, Egypt**

With the humble Chinese restaurant being literally everywhere, it therefore suggests that the humble Chinese are literally everywhere themselves too.

World over there are more than 50 million overseas Chinese. “Overseas Chinese” are people of Chinese birth or descent who live beyond the borders of the Chinese mainland, Taiwan, Hong Kong or Maca, collectively known as 海外华人 (Haiwai Huaren).

Vast waves of “Chinese Diaspora” (overseas Chinese) are what have caused such staggering numbers of emigration across the planet. Of notability, the biggest were the early 1900s and the Second World War. Yet another wave of “Haiwai Huaren” are rolling their way abroad as I write this article. They come in the form of the newly rich and adventurous; this time though in search of living space, education and property.

Generally the Chinese have never made a fuss or intruded too much into their host countries cultures or customs, mainly sticking to themselves and minding their own business. These days with China becoming a world super power and her people becoming too rich to handle, they are starting to make a name for themselves and stick out a little more internationally.

While China’s ultra rich enjoy gallivanting in luxurious places flaunting their wealth abroad, its government and businessmen are flexing muscles in assailable places, getting in while the goings cheap and taking advantage wherever opportunity lies.

China’s involvement in Africa is becoming more and more evident as the years pass. Writing for the China Africa Project, Eric Olander notes, “From Algeria to Angola, the Chinese population across Africa is growing rapidly... Out of sheer necessity, they are often highly assimilated in both language and culture”.

Elsewhere, Frederick Kuo for National Interest writes, “China’s trade with Africa topped \$160 billion in 2015, ranking as far and away the largest trade partner with the continent. In 2014, China signed more than \$70 billion in infrastructure contracts in the continent, and Chinese banks now provide more loans to African nations than does the World Bank... Africa is becoming the next great frontier for development and economic opportunity”.

Stern debate over China’s involvement in Africa has enthralled Western media for some time, with controversy raging over whether China’s involvement in Africa is that of pure economic interest or a more ominous form of recolonialism.

“The answer to this question lies with how China has essentially treated Africa, not as a continent in need of saving or lecturing, but as partners in a long-term business deal. Exhibiting no self-appointed missionary zeal, China has approached African states with an amoral and persuasive message based on mutual benefit”, continued Kuo, who then went on to say,

“In this way, China treats Africa with far more dignity than Western governments and NGOs, who view

the Africans as hopeless children who need guidance”.

Leaving the USA alone to fight its battles in the world of oil control, China has been hard at work investing in and making deals with the rest of the world. “China’s role has become more prominent in addressing Middle East issues. Xi’s proposal to build the Silk Road Economic Belt and 21st Century Maritime Silk Road will help restore and stabilize its economy”, epoused The People’s Daily.

The paper also went on to say, “The three destinations chosen by Xi; Saudi Arabia, Egypt and Iran, are the most influential states in the Middle East, according to analysts, they all maintain close ties with China in political trust and economy”.

Alongside China, Latin America is becoming the next buzzword in world politics and economics. Author of “China’s Presence in Latin America”, Francois Lafargue says, “For half a century, the People’s Republic of China took only limited note of Latin America, a region over which the United States exercised real political and economic hegemony”.

Writing for International Viewpoint, Virginia de la Siega states, “bilateral trade between China and Latin America has been expanding significantly since November 2004, when China’s president Hu Jintao promised to invest \$100bn in the region”. She also says, “It [China] has strengthened its diplomatic presence and economic influence, often referred to as “soft power”, in the developing world, specifically in Africa, Latin America, and Southeast Asia”.

China is, for certain, becoming a stronghold in the world of economics, take BRIC (Brazil Russia India and China) for example, whereby a prediction was made estimating that by 2050 these combined economies will become the strongest in the world. BRIC goes to show China has no intention of slowing down or losing out.

Siega also stated, “The PRC has defined two strategies for Latin America. The first is economic; to secure China’s access to the primary materials that it needs for its economic growth and to find a market for its manufactured goods. The second

strategy is mainly political; to obtain diplomatic acceptance from those countries still recognising Taiwan as the government of China”.

While this involvement in developing countries has mostly been welcomed, some of it has been met with hostility. Take the recent situation in Nicaragua where a Chinese businessman with no prior experience in the field of making canals signed a deal with Nicaragua’s corrupt government in order to build a great canal that connects the Caribbean Sea and the Pacific Ocean, one set to rival Panama’s existing canal. The planned shipping route was designed to run straight through the country. Scientists and the Nicaraguan people were up in arms over the project as it threatened to disrupt its natural eco system, publically demonstrating on numerous occasions a growing distrust of the Chinese.

Former Mexican ambassador to China, Jorge Guajardo said to Bloomberg magazine,

“The enthusiasm over China has no base in reality, the Chinese throw out big numbers but seldom deliver. Their financing comes with conditions that countries seldom like and usually displaces local suppliers. I told them, ‘We’ve been colonised before’”.

In another Western debate, this time over China and Latin America, some are of the opinion that China is exploiting cheap labour, cheap access to natural resources and taking advantage of countries in dire straits (such as present Venezuela). Talk of China undermining the US and buying up Latin America has also sparked discussion and some anxiety over China’s real intentions.

Ambitious projects such as the Nicaraguan Canal and a train system that is intended to stretch 3,300 miles across South America are just two examples of what China has in mind for Latin America. “Latin Americans’ view that a stronger China relationship does not have to preclude the United States from advancing its own relations. Rather, Chinese involvement can provide an avenue for all parties to collaborate in the shared goals of economic growth and

social progress in the hemisphere," writes Adrienne Arsht of the Atlantic Council.

The Chinese, it would appear, are done with dominating the Cantonese restaurant scene and are onto greater and more demanding game play. The difficulties they face nowadays are the existing complications of the countries with which they are getting themselves involved. Former NIS (Nanjing International School) teacher Ms. Jillian Eyre-Walker who now resides in Tanzania says, "They are here to set up businesses and large companies that supply goods from China. At the moment they are here creating a second shipping port. However, the way China and Africa think are very different; therein lies the problem".

Once upon a time, Western countries sent over to China their brightest engineers in order to help sculpt, structure and nurture her back into the modern world. Now that China is in the position that she is, it seems it is her turn to send out her best, brightest and richest in order to wheel, deal and appeal in the world's up and coming nations. And you can bet that in the future it shall not just be China's trademark "Fong's Cantonese" set in every nook and cranny of the realm as a small reminder to what has yet to come.

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drop the fish

By Frank Hossack

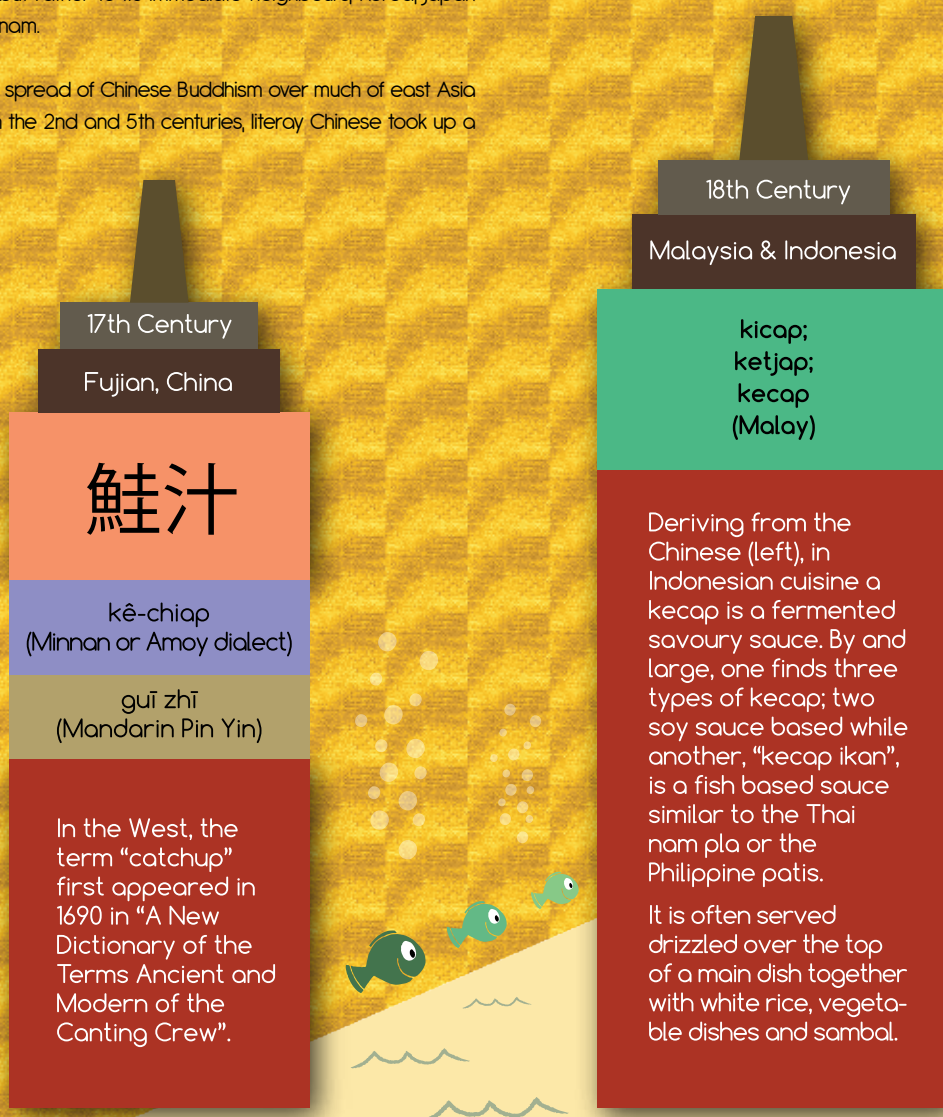
We say, “a cup of cha”, which is obviously an excellent example of the Chinese language’s influence on other tongues. It gets worse; even the word “tea” has its origins in the Middle Kingdom; Fujian province to be exact, stemming from the word “tê” (茶) in the Hokkien dialect.

While the accompanying infographic shows the evolutionary path of the word “ketchup”, most of China’s exported vocabulary does not make it to the shores of the USA, let alone your hotdog, but rather to its immediate neighbours, Korea, Japan and Vietnam.

With the spread of Chinese Buddhism over much of east Asia between the 2nd and 5th centuries, literary Chinese took up a

commanding position as the lingua franca for scripture and government documents. The four regions also enjoyed the advantage of being able to communicate with each other, albeit only in written form.

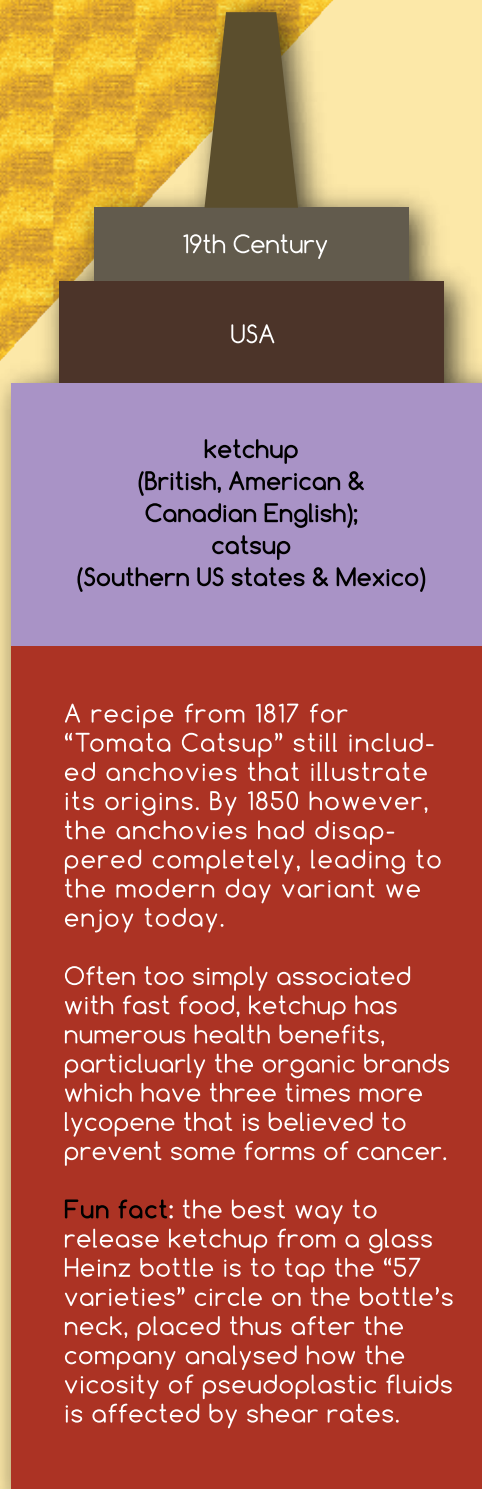
As accelerated global development took hold, shared Chinese characters were adopted between the languages in the late 19th and early 20th centuries for the purpose of naming West-



ern concepts. This is well illustrated in Japanese today, whereby a technical manual might contain as much as 60 percent Chinese characters (kanji), with the remainder in the self developed kana.

Chinese readings of Japanese characters are referred to as "on'yomi"; there are many pronunciations of individual Chinese on account that Chinese pronunciation was introduced to Japanese during different periods. In China, language was continually evolving, but in Japan such imported Chi-

nese pronunciations became stuck in the time in which they originated, making the "on'yomi" popular with language historians who can as a result track the development of the Chinese language through the ages.



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Stir It Up by Ella Fisher

TONGUE TINGLING

■ Sichuan food is an extremely popular cuisine in China. Once you have tasted it, you understand why; the full whack of intense spices making your eyes and nose run leaves you craving more each time.

One particular spice that leaves your tongue feeling numb and tingly cannot be escaped. That, of course, is the Sichuan pepper corn. A dish all expats know the name of before living in China is "kung pao chicken" and in China they know how to make it incredible. I thought I would give this dish a go in my own kitchen; this was the end result after researching in restaurants and using online help. Here's what you will need:

- 2 chicken breasts (or approx. 4 chicken thighs) deboned and cut into small cubes
- 5-10 dried chillies, chopped
- 1-2 tsps whole Sichuan pepper corns (depending on how spicy you like it)
- 2 handfuls peanuts
- ½ tsp salt
- 1 tbsp Shaoxing rice wine
- 2 ½ tsp cornflour
- ½ tbsp ginger, grated or really finely chopped into small cubes
- 3 garlic cloves, sliced
- 2 leeks, chopped (just use the white bits!)
- ½ tsp sugar
- ½ tbsp dark soy sauce
- 1 ½ tbsp light soy sauce
- 1-2 tbsp water (depending on how thick or thin you like the sauce)

All these ingredients you can find in Chinese supermarkets; all bottles can be found labelled in English too and the peppercorns cost next to nothing!


In a bowl add the cubed chicken, 1 ½ tbsp of the cornflour, salt and Shaoxing rice wine. Mix together and leave in the fridge for approximately 30 minutes.

Ahead of cooking time, grab a bowl and add the remaining cornflour, ginger, garlic, sugar, water plus the light and dark soy sauce. Mix together and leave for later.

Now time to toast the peanuts. Get your wok and add about a tbsp of any cooking oil you have. Add the peanuts to the wok when the oil is COLD. If you add them when they are hot they will burn and have a horrid bitter taste to them. Keep moving them continuously until you start to hear a sort of popping sound in the wok. Remove and place on some kitchen paper to drain off any excess oil. Try to leave the oil in the wok so you can use it to cook the rest of the dish.

Turn up the heat and wait until the oil is hot. The oil should shimmer and look like water. When it is hot enough add the chicken and cook for 2-4 minutes until the pieces are white in colour. Then take the chicken out and leave to one side.

Turn the heat down to a medium-low flame, add the leeks, chillies and the peppercorns. Keep them moving until you can smell their aromas being released. Try not to burn the peppercorns otherwise the dish will taste bitter and unpleasant. Then turn up the heat again and add the sauce and the chicken into the wok and cook until the sauce has thickened and the chicken is fully cooked. Tip onto a plate and serve.

This dish from prep to serving took around 30 minutes. With more practice, I could probably make it much quicker! I found the whole thing easy to make aside from knowing when to stop toasting the peppercorns, but that takes time to learn when to stop. The dish tasted very similar to the ones you get in restaurants and I could make it as spicy as I liked which was an added bonus. I would definitely try this one at home if you have the chance to! How spicy will you dare to make yours? 



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Da Hong Pao

Big Red Robe

Outside KFC; 14:00. I recently arranged to meet a student friend. He was graduating, and planning to leave for an internship. I carried with me a gif; a carton containing sachets of 大红袍 (Dà Hóng Páo; Big Red Robe) tea. Pretty good stuff, actually.

He was in a hurry. We discussed our plans and wished each other luck. Then he, like me, reached inside his backpack for a carrier bag.

I knew it as a carton like mine, doubtless containing similar vacuum-packed sachets. Only when I reached home did I realise his gift was also 大红袍.

This wasn't a complete coincidence, but it serves to show the current popularity of this variety from Wuyi Shan in Fujian Province; the most prized of the famous rock oolongs (岩茶).

I have heard that until the recent explosion of demand (and supply), its name was more like a legend than a real commodity; a bit like Kopi Luwak coffee (but less cruel).

The Da Hong Pao legend is that following the successful use of such tea to cure the mother of one of the later Ming Emperors (15th Century AD) of an illness, the family honoured the bushes with royal red protective robes.

As I understand, those original "mother" Da Hong Pao bushes, themselves believed to date back to the Song (960 – 1279 AD), were retired about a decade ago. And, while they no longer receive the protection of armed guards, they continue to hold a fascination. For one thing, like all oolongs, those few remaining processed leaves can be preserved almost indefinitely;

they require only a periodical roasting. And, as with Lionel Messi, who can say whether this "retirement" is permanent?


Does this mean that all non-mother-derived teas, including those in our two cartons, are "fake"?

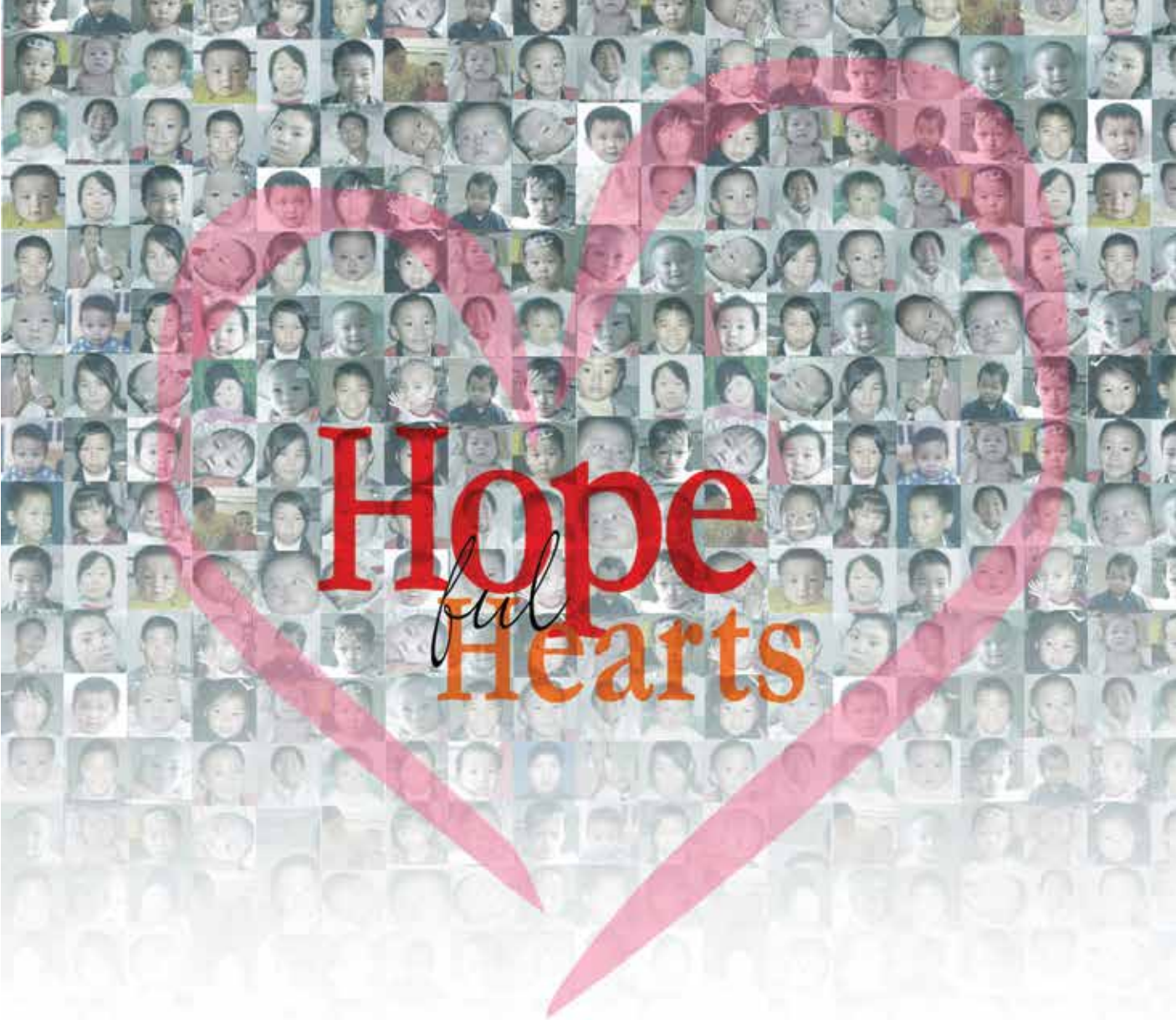
Absolutely not, though I have bought some very ordinary teas carrying this name (usually those with suspiciously affordable price tags). Through a technique employing cuttings and grafting, most of the bushes in that clifly area should be genetically very close to the originals, with similar soils and environment.

Most quality differences probably stem from treatment; how aggressively the bushes are worked and how skillfully the leaves are withered, oxidized and fired. Given the controls and the high stakes, it is a surprise to me how much variety exists in the results, with some producing amazing fragrances (with dry mouth taste) and others filling the mouth with fruity flavours.

I will admit that, while rock oolong is an experience different from any other tea, identifying a Da Hong Pao among other examples in this group is something I am still unable to do. Perhaps this name, as with so many others, is sometimes used too loosely. Certainly, it is the most fashionable name a farmer might choose to use.

Anyway, which of those two Da Hong Paos we exchanged last week is the better one?

Well, I'm embarrassed to say that I came off the winner from this exchange. This tea offers another experience again. Actually, it's quite a lot better than "pretty good". 



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WHY ARE YOU?

I first heard this awkward question while attending university in Northern California. Two of my professors lived next door to each other; Dr. Kassis, a wise sage who had spent over 25 years with IBM, now teaching from his deep well of experience; and Dr. Self, a much younger, yet brilliant man. He had a very bright 4-year old son, Michael who loved to have conversations with the elder Dr. Kassis.

On one occasion Dr. Kassis asked Michael a series of questions and each time Michael would fire back very articulate and well thought out responses (especially for a 4 year old). Dr. Kassis said, "Michael, I have one more question for you. Are you ready?" "Yes sir!" Michael replied.

Dr. Kassis asked, "Michael, why are you?" Michael had no response. He simply stared blankly at the professor for a long 4 seconds, then ran off yelling, "Mom, Dr. Kassis just asked me 'Why are you?' and I don't know!"

If you had to answer this odd question, "Why Are You?" could you do it? Most of us might give that same blank stare that little Michael gave, realising that we really do not know why we are, or said differently, why we exist.

Answering this "why" question can have a profound impact on the way you do business, family, relationships, and essentially, life itself.

Over the past 3 years I have asked the "why" to dozens and dozens of senior leaders, serving in various companies throughout China, followed by three additional questions:

- What do you believe?
- Why do you believe what you believe?
- Do you have a strategy to live out your beliefs?

For well over 90 percent of these seasoned, accomplished leaders, this was the first time they had ever done an exercise like this. In the pursuit of achievement they had never paused to think through and answer these questions; personally, not on behalf of their companies.

In order to answer the "Why Am I" questions; Why am I a parent? Why am I a boss? An expat living in China?, you must first get clues from the second question; What do I believe?

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The only catch, no one can know. Not your spouse, family, friends, boss, priest, or colleagues; no one. Should you tell anyone in any way, you immediately expire; game over, you die.

Take time to think through each area of your life, decide what you will change, what will you begin and what will you stop doing.

For many that have gone through this exercise, the results have been profound! Two CEOs shortly afterwards chose to step down from their positions, realising they were not where they wanted to be. They both made courageous decisions to do something about it.

What about you? Do you know why you exist? What you believe? Maybe this simple exercise will change your life, and cause you to thrive! 

Tim MacDonald is the Managing Director of Chrysalis Consulting, a Nanjing based firm that assists MNCs with Operational Excellence, Supply Chain, Organisational and Talent Development challenges. Contact him at Tim.MacDonald@ChrysalisAsia.com



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Le Contexte; C'est ne pas un Pipe

■ When someone dropped a glove on the floor of the Museum of Modern Art in New York last year, visitors tiptoed around the mitten speculating: Is it art?

It wasn't. But it very well could have been. Ever since Marcel Duchamp famously submitted a urinal to an exhibition at the Society of Independent Artists in 1917, which was rejected on the grounds that it was not considered art, traditional notions of what art is were turned on their head.

Next he gave us the pipe that *C'est ne pas un pipe*, and gradually piece by piece, galleries became the unlikely home to an array of day to day objects or "ready-mades". Duchamp paved the way for a new understanding of art where concept competes with skill and anyone in theory could be an artist. Fresh ideas surrounding the value and purpose of art were brought to the forefront, mused about by artists and the public alike, and written in reams of fluffy art speak.

But rather than trying to decipher the meaning of art in only six hundred words, it seems more worthwhile to focus instead on one of the less abstract conclusions we can draw from the initial glove incident; that context matters. And it matters a lot.


Whether we are aware of it at the time or not, it is undisputed that a certain context or environment can affect and govern our behaviour, our perceptions, our mood, and not just in art galleries. When our different senses work together they dance and flirt with our thoughts to amuse the brain or indeed to mislead it. Silence of the Lambs watched to a soundtrack of Justin Bieber is just not going to be as scary. And god help the restaurant which chose to serve

up a slushy brown vindaloo in a toilet shaped dish.

When one of our senses is lead astray, vindaloo hits the fan. The brain panics, unsure how to respond. Fight or flight kicks in. The anticipated context is skewed and the ghost of Duchamp mutters, "I told you so," to his colleagues at the Society. The result can be unnerving or even aggravating, but also refreshing and inspiring.

Likewise a subtle or even unnoticeable context can have an equally dominant effect, as is the case at Nanjing's Oriental Metropolitan Museum where a humble collection is brought to life by its surroundings. There are no miscellaneous gloves, no pipes or urinals (on display anyway), there are however the most serene interiors which elevate a smattering of pots and sculptures from the lesser known Six Dynasties period to something quite beautiful.

Bamboo plants tinker with the light sending confident yet delicate shadows up the walls that are artworks in themselves. The culmination of succulent green leaves and bare stone echoes the celadon glazes so characteristic of this period which range in colour from jade-like hues to the bluer shades of distant mountains.

The museum was a project of Pei Partnership Architects, a firm set up by the sons of renowned Chinese-American architect I. M. Pei. Born in the same year in which Duchamp set art modern art on a new course, Pei is most celebrated for his renovation of the Louvre in Paris, and aged 99 today the legacy of his work lives on through his sons. Spending most of his life in the US, he returned to China in his 89th year to design the Suzhou Museum. Perhaps after all it was the context and his affinity towards his hometown that drew him back. 



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The newly upgraded and renovated Jin's Café of the Jinling Hotel Nanjing opened on August 26, 2016.

The brand new Jin's Café is a high-quality full-time buffet restaurant integrating features of traditional Jiangnan architecture and European-style architectures. The restaurant serves a delicious Chinese and Western buffet, including local Nanjing specialties and a la carte for western cuisines, and provides themed afternoon tea in the outdoor garden and jazz performance at weekends. It is perfect for business persons and meeting groups for fine entertainment and casual dining.

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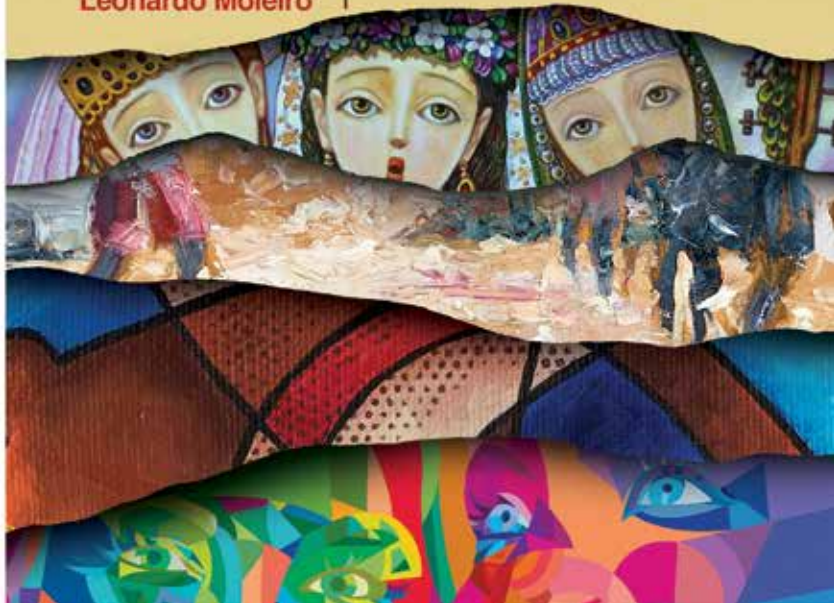
Four artists, from Armenia, Congo, Venezuela and the USA respectively, who are present or past residents of Nanjing, have together flown thousands of miles to not only introduce cultural and aesthetic influences of their homeland in spite of geographical distance, but have also seen their concept of art mature with the enrichment of their personal experience.

Ushering in new artistic elements into our city with their multi-colour expressions, the artists share common interests on human, social and cultural matters, while their artworks feature their individual points of view.

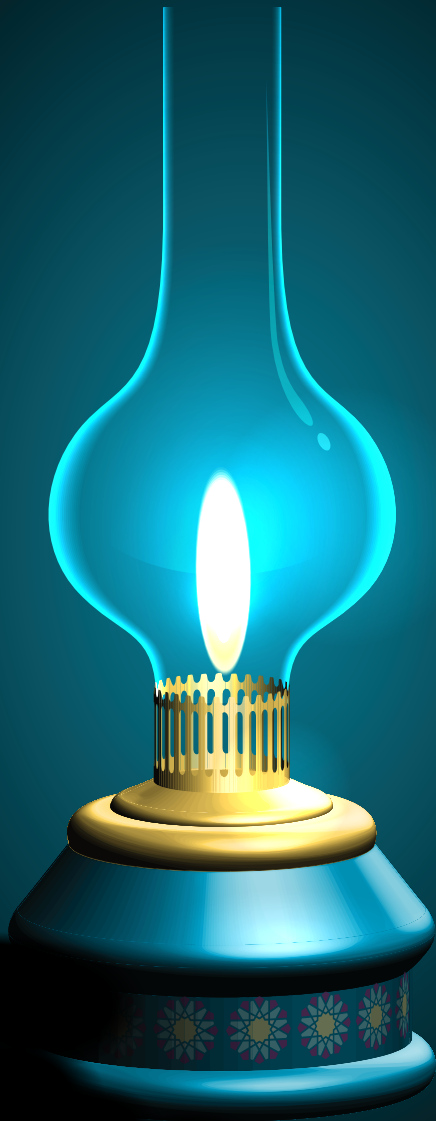
Collective Exhibition of Foreign Artists in Nanjing 在南京外国艺术家联展

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Expatriate Startups



BY RENEE GRAY

It is a well known adage that if you could corner just one percent of the Chinese market, you'd be rich. That said, the Great Wall of China may also be no match for the country's Great Wall of Red Tape, in reference to the countless difficulties one inevitably combats when setting up a business in China.

Our beloved Nanjing proudly boasts an abundance of home grown foreign businesses that are not only successful but are something about which we can brag. Three notable examples spoke with The Nanjinger about their upheavals and successes, offering a nugget or two of advice for would-be startups in the process.

With its concept of saving cost by sharing resources, local German businesswoman Julia Güsten set up Sharehouse after working for the German state of Baden-Württemberg as their representative in China for 17 years. A big part of her job was to help SMEs with their China endeavours, and through this she became aware of how little practical help there is available for this.



Güsten commented, "There are consultants and chambers and advisors, but finally, if they want to enter the market, they are on their own. Sharehouse wants to bridge that gap. No matter what product a company wants to bring to this market, they are all faced with the same administrative tasks. In other words, instead of everyone building their own house, we have built one house in which we not only share the space but also the back office services. Our member companies and their staff can concentrate fully on their customers and the market but still have their own wholly foreign owned subsidiary in China.

"One of the biggest challenges is certainly the marketing when you are located in China but

your target group is foreign companies. As we have no headquarter in Germany or anywhere else we have to rely on our own efforts. In China you never overcome all the challenges. There are always new ones around the corner. That's what makes it fun to work here. Flexibility and innovation become a way of life."

While many foreigners come to China for money and business, it is interesting to wonder sometimes what personal lifestyle choices come along with that. "Both my daughters grew up in Nanjing. One has graduated and is studying in Amsterdam. The second one will finish school next year. My husband works for a German company in Nanjing. We feel at home here. So yes, I am in China long term", said Güsten.

ADVICE "Make sure you have a solid business idea that you believe in. That's what keeps you going during the hard parts. Be prepared to initially put in a lot of time and money without expecting any gains. On the personal side, I would advise anyone starting a new business to make sure you have other interests and projects that you are engaged in to keep you balanced."

Italian Co-founder and Owner of Black Velvet Lingerie, Nanjing's Ms. Alessandra Bersan, discovered what it is like to set up a business in China in a market that is one of the most competitive out there. Bersan explains, "My business is all about sexy lingerie and swimwear! The idea [is] to offer our customers 'affordable luxury'; we felt that as a consumer there was a gap in the global market. So using my background in design and our local contacts, we decided to start our venture".

In terms of direct competition, she says, "the suppliers working on BV developments... thought I was crazy for designing such an unusual collection so I wouldn't say I have direct competition [in China].

"The sourcing, design, developments and production are all done here in China (coordinating with the UK). We have recently started our own Beachwear production line, which will soon be sold in the UK and US. We are very excited about it and have already had many enquiries from international buyers! I am approving trims and fabrics as we speak.



"I think that the Chinese market is becoming more Western driven when it comes to fashion, I don't think this trend will decrease, I anticipate interest in [the] local market here too, which we are prepared for", continued Bersan.

No business is challenge free. "[There were] obvious financial challenges to begin with, as we have invested [it] all ourselves and have no outside investors. Other than that, working with smaller quantities can be difficult placing orders with manufacturers. But being in China to oversee it all has made it so much easier. It would be so difficult if I weren't living here.

"Multitasking is our biggest challenge and working effectively within our self imposed deadlines. We are a small business right now so we do everything ourselves, from fabric fairs, to price negotiating, design, fitting, merchandising and shipping", she said.

ADVICE "You need to believe and be fully committed. You will be told so many negative things from different people. Be slow and be smart. Have a good and realistic plan. Don't rush into anything."

From bridging gaps to haute couture to countless restaurants and bars, our Nanjing foreigners are thinking of it all and giving it a go. An industry that is becoming one of the oldest of recent times is the ESL trade and the creation of English schools. Director of Studies and co-owner of DD Dragon ESL school, Mr. Cian Vereker, spoke about this industry and what it is like to start your very own school from scratch.

"It was surprisingly fast when we decided upon it. We didn't need to apply for the school certificate as our co-investor already had one. We just needed to settle upon a location and decorate it", said Mr. Vereker. "Over the last few years, the amount of different brands of schools has exploded. Traditionally, I would say that EF [English First] was the biggest player in Nanjing when it came to teaching English to young learners, but now there is Disney, First Leap, Giraffe and many others.

"Initially the biggest challenge was attracting students and convincing them to join a small school with modest facilities, and then finding stable foreign teachers as the school grew," Mr. Vereker added. "As a small-sized school, we are constantly up against the bigger organisations whose budgets are vastly superior to ours. As such, we still face struggles with attracting students (our marketing budget is small) and recruiting teachers can be a challenge as we can't pay the same as the bigger schools."

ADVICE "Look before you leap, and make sure you implicitly trust your co-investors." **NUK**



Love Care Hope

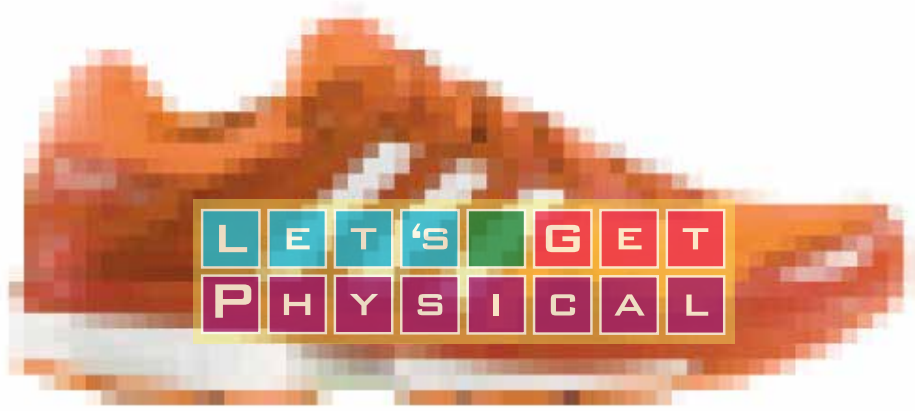
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Butterfly Children's Hospices supports the Nanjing Social Welfare Institute to provide care for children with life threatening illnesses or life limiting conditions.



For more information about our work in China; www.butterflych.org/blog



Consistent / Goal / Enjoy Keeping the Commitment Contract

With Nick McBride

All settled in now? Got a bit of a routine going? Great! Next step...I think what you need...yes YOU...is a goal. It's no good plodding along on the treadmill doing the same old 3k, at the same old speed. You're never going to beef up, doing that same old bench press move, with the same weight and repetitions; and you're not going to improve your game playing out the same old moves. Also, it gets boring; boring for your mind and boring for your body. It is important to have a goal; something to work towards.

Now, you might be saying to yourself "Who is this guy, telling me about what's good and no good, and goals, and hanging on about my life." Yep, I hear you. Don't take my word for it; take Mo's:

"It's important to train consistently and have a goal. I enjoy running with other athletes when I can. For a beginner, arranging to meet a fellow runner or group is a good way to make sure you don't get lazy."

Mo Farah, 2012 & 2016 Olympic gold - 5,000m & 10,000m

Three key words in this quote from Mo: CONSISTENT, GOAL, ENJOY. Choose a goal in an activity you enjoy, and consistently work towards it. By making the commitment of time, to work towards your goal, you are set for consistency. Here are some examples of commitment contracts you could make:

I want to improve my volley shot, and will work on this for 2 hours a week.

I want to improve my speed over 5k, and will train for this 4 days a week.

I want to make gains in my muscle mass, and will work towards this 3 training sessions, out of 5.

There is no doubt about it, making goals is key to staying motivated.

It is important too, to make your goals manageable. Have a big, hairy audacious goal, by all means, but then break it down in to medium term goals, and broken down either further in to short term goals. If you miss the mark with a short term goal, don't give up. Re-set your goal for the following week to make it more achievable, but keep your commitment contract whatever!

I was going to finish with a little quote about consistency and commitment and goals and enjoyment and achievement. It's actually incredible how many of them there are out there, and not just relating to fitness or sport. I find this somewhat reassuring, that I'm not just pulling this stuff out of nowhere! I've picked a couple from reasonably reliable sources. Ladies and Gentleman, I give you Sir Winston Churchill:

"Continuous effort – not strength or intelligence – is the key to unlocking our potential."

And my wife:

"Less chat, more action McBride. Get on with it." 



Auriga- an award-winning spa brand introduces a wellness philosophy based on the phases of the moon. The 3,000 square-metre Auriga Spa is designed in the style of a Chinese palace and features seven private suites, complemented by spacious changing areas, sauna and steam room, personal showers, and whirlpools offer singles and couples the perfect setting to rest, rejuvenate and align with celestial rhythms.

RMB 1680 package

(10 visits @ RMB 168)

30 mins body massage **or**
30 mins body scrub **or**
30 mins shoulder scrub **plus**
Three complimentary RMB 98 sauna
RMB 20 extra for facial massage
RMB 30 extra for hot stone massage
RMB 98 extra for sauna or bath

RMB3888 package

(10 visits @ RMB 388)

60 mins body massage **or**
60 mins body scrub **or**
60 mins shoulder scrub **plus**
Ten complimentary RMB 98 sauna
RMB 20 extra for facial massage
RMB 30 extra for hot stone massage

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Leisure

Café Elevated to Art

By Ronald Paredes

■ Used as we are in China to seeing fashions arrive from abroad to devour our attention, influencing and modifying our ways of living, it was not unexpected to witness the fascination for coffee and cafés turn from just a trend to become an establishment in Nanjing.

From the avalanche of themed Korean coffee shops to the increasing number of people who give in to the passion for the delicate craft of coffee making, or forgoe their stable jobs to become entrepreneurs in the art of brewing, Nanjing is not short of options.

From the quick, cheap, almost instant cup of coffee to go, to the most sophisticated hand picked, hand brewed elixir, you can now effortlessly stumble into the drink of your choice within a few steps of your home or office. Hence, the coffee shop business is very competitive forcing owners to come up with new and creative ideas to attract customers.

This is not the case at the Dreampresso Café where they are not motivated by the need to attract customers. To me this is exactly what allows them the freedom to

make this place special. Crowdfunded by a select group of successful business people and entrepreneurs, they created the kind of place where they would dream of hanging out themselves, and that becomes evident as soon as you step in. The ample space exudes culture and relaxation, the music is of great taste and at the appropriate volume, while there is of course delicious coffee. Not being cramped or overcrowded with tables also helps to keep the place quiet, perfect for reading and working.

The place is in fact so big that it is often used for lectures, seminars, workshops, music recitals and even small theatrical performances; if the coffee shop venue is not enough you can also have access to the venue next door, the massive gallery space called “Mosaic Art Studio” which is part of Dreampresso Café and set up to offer contemporary art exhibitions, mostly from foreign artists, right in downtown Nanjing.

To make it even more interesting, in one of the corners of the coffee shop an art training centre has established a studio where you can take painting courses given by real artists.

The only draw back that I found is the very small selection of desserts and the complete lack of other food, which is probably intentional to keep the place clean and focused on the coffee, but if you intend to spend the day reading or working you will have to walk somewhere else to get a proper meal.



Dreamspresso Café and Mosaic Art Studio is located at 300 Changjiang Lu (长江路300号), between the Presidential Palace and Six Dynasties Museum and across the street from the Jiangsu Art Museum. Tel: 85521212

Gastronomy

You're My Hopping Heuriger Hero!

By Frank Hossack


- The craft beer revolution in China continues, and the latest incarnation of the trend for us to enjoy has opens its doors along Xijiekou's Wang Fu Da Jie. With in excess of 200 bottled beers (disclaimer to follow), Beer Hero can serve up to the eager experimental brew lovers a good slice of all the main foreign beer cultures; the traditional Germanic approach, the Belgians with their fruit, spices, and sugar; along with the New World brewing and their embracing of unorthodox ingredients.

If Nanjing was in Austria, then Beer Hero would be a heuriger. The large tables sit almost back to back but do make for good conversation and a considered tasting of the available hops. A limited food menu also has the heuriger connection in the form of schweinshaxe, an unusual choice for the Chinese populace to embrace as being representative of overseas cuisine.

Of the over 200 bottled beers (which it is claimed are on offer), very few are available on a continual basis. In theory this will make the regulars only more regular, if only to see what's changed. One highlight spotted during The Nanjinger's visit was Scuttlebutt's (of the USA's Washington state) Amber Ale, a medium bodied and nicely balanced beer with a caramel flavour and herbal finish, and at 5.1 percent, eminently quaffable.



Beer Hero owner Emily Wang made her fortune selling cats, monster cats to be exact, those in the 30-40 thousand renminbi category, and says that opening the bar was really "just for fun". All very well, but The Nanjinger recommends popping in now before fun and business collide. After all, heuriger are usually only open for a few weeks in the autumn. Scary coincidence.

Beer Hero is located at 63-1 Wangfu Da Jie (王府大街63-1号) and is open daily from 4pm to 2am. Tel: 18651649320 

Massage; A study in Self Analysis for China

By Frank Hossack

- Back in the day in China, people were “assigned” jobs, and they had little choice but to accept them with open arms.

Bi Feiyu is an immigrant Nanjinger. Having studied Chinese literature at Yangzhou Normal University, he was assigned to a training school for teachers of the blind and deaf in Jiangsu’s hinterlands.

This was to sow the seeds of what would become “Massage”, the 2011 Mao Dun Literary Prize winner that has more recently been translated into English and gone on to further widespread acclaim, in China and abroad.

Yet, Bi would have to suffer working at the Nanjing Daily first for six years as a journalist, to see but only 6,000 of his words published, on account that there was a nasty editor who did not like his writing style, Bi has claimed.

So while opinion was divided, Bi went on to co-write the script for Zhang Yimou’s “Shanghai Triad”, and has twice won the Lu Xun Prize for Literature. More recently, “Massage” has been made into a film while a theatrical version was staged at the National Grand Theatre and the Shanghai Dramatic Arts Centre.

Bi has centred “Massage” around the inner lives of a group of blind masseuses working at a tuina centre in Nanjing. The main protagonist begins by returning from Shenzhen where he has made a fortune, easing the city stresses from the shoulders of Hong Kong’s movers and shakers.

There is little question that “Massage” is a fine work, let down a little by a style of prose that employs too many over-the-top metaphors. However, where Bi really scores is through his characters’ use of verbal slang.

Yet, all of this is to belie the public’s fascination with “Massage”. It was in a China of not so long ago where those with disabilities were shunned and hidden away, considered inferior and a source of loss of face. As a result, very little has been written about the lives of any such minorities.



With “Massage”, the cat is very much out of the bag, and the debate has turned to the picture that Bi has painted; its warts and all approach to depicting the lives of this previously unrecorded side of China’s underbelly.

Words such as despair and pity do not factor into a review of “Massage”; instead, the reader shall feel compassion and empathy for the blind’s plight, accompanied by a warming toward each of the central characters, expertly presented by Bi as they struggle with their sense of identity, as well as at times by one or two excellent chuckles.

The author claims that he was inspired by wanting to reveal something new about the interpersonal relationships between the blind. Yet, through laying bare the fundamentally human secrets of a blind masseuse, Bi unwittingly also forced the public into an inevitable acceptance of the blind as merely another community in the tangle of human life, one with just as much variety and frailty as another. Consider for a moment those blind from birth versus those who lost their sight later in life and how that impacts an opinion of the world.

We can therefore see that the characters in *Massage* are not defined by disability. It is rather the protagonists’ ultimate pragmatism that adds nuance to the book’s character, and really keeps the pages turning. **NOV**

NJX

We are always on the look out for new ideas and fresh perspectives on the great cultural learning process that is life in China. If you think your viewpoint has what it takes, contact us now.

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Taihu International School

Yangzhou

Four Points by Sheraton Yangzhou

Zhenjiang

Sheraton Zhenjiang Hotel

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Phantom of the Opera

22 August, 2016

Ahead of the Nanjing's participation in the London Design Festival, Leon Rubin, a UK theatre director who started his career with the Royal Shakespeare Company, and Ke Jun, famous Kunqu performer and director, and General Manager of the Jiangsu Performing Art Group, came to Nanjing International School to jointly lead a workshop with both NIS and local students.





Make that Change

19 August, 2016

Everyone's first day at a new school should be memorable, but at the British School of Nanjing, with over 90 students joining, this year's "transition day" was particularly so. A dozen student ambassadors were on hand to ensure new students found their way around campus before the full school returned for the start of the academic year.





We Built this City

15 August, 2016

EtonHouse International School Nanjing spend the summer installing a new astro turf playground in addition to other renovation, but most exciting for students and families was the school's debut enrollment of students in secondary school with a International Baccalaureate Middle Year Program for years 7 and 8.



NUX THE INDEX

Many listings herein include handy codes as to their Nanjing Zone; a coloured square that assists in sourcing places of interest in areas frequented by expats. Cross reference the listings with the maps towards the rear of The Nanjinger.

About The Index

Locations that appear within The Index have been hand picked by The Nanjinger's editorial team for offering quality, consistency and service. Descriptions are written following The Nanjinger's editorial policies as regards objectivity and impartiality. The listings are not for sale.

Food & Drink

Western Bars & Restaurants

William's 威廉餐吧

Chic Hills, 286 Zhongshan Lu
中山路 286 号羲和广场一楼
85878066

Stays true to the unique cooking processes and characters that have become hallmarks of great American barbecue. Applewood log smokers subdue meat cuts hours of "low 'n' slow" smokin' heaven!

Bellini Italian Bar & Restaurant 贝丽妮

12 Nanxiucun 南秀村12号
52888857

#1-106, 9 Wenfan Lu, Xianlin
仙林大学城文范路9号1-106室
85791577

www.bellinirestaurants.com

Stylish and elegant yet easy in which to relax, award winning Bellini serves up an array of signature dishes and drinks. Ranked #7 among TripAdvisor's 2,600 plus restaurants in Nanjing.

Ciao Italia 你好意大利

193-2 Shigu Lu 石鼓路 193-2 号
86608807

30 kinds of pizza and more than 50 wines exclusively imported from Italy, all prepared by highly qualified Italian chefs, plus a host of other dishes.

En Space

恩空间

8 Saoshou Xiang 扫帚巷 8 号
18918669180

Shanghai managed eatery/art gallery serving up a dining experience of real quality in a second to none location that sits into the side of the spectacular new Porcelain Tower (Bao'en Si) beside 1865.

Oasis 绿洲西餐吧

133 Mingwalang 明瓦廊 133 号
83191933

Modern Western flair plus house music, stylish decor and fabulous lighting create just the right environment in which to sip a cocktail or two. Pizza, lasagna and macaroni cheese dishes are particularly popular with foreign patrons, and with good reason.

Finnegans Wake 芬尼根爱尔兰酒吧餐厅

6 Xianlin Block, 400 Zhongshan Nan Lu
中山南路 400 号熙南里街区 6 号

52207362 / 13057623789

www.finneganswake.com.cn

A carefully prepared selection of authentic Western food in a cozy atmosphere. Upstairs in "The Malt Room", enjoy an unrivalled range of whisky from every corner of Scotland.

Blue Sky Expat Bar & Grill 蓝澳西餐厅

77 Shanghai Lu 上海路 77 号

86639197

www.theblueskybar.com

One of the original expat bars to open in Nanjing, serving burgers, pizzas, Aussie meat pies and Bundaburg Rum (Bundy). There are also weekly and monthly pool competitions, board games' nights and plenty of music you thought you had forgotten.

Brewsell's 比利时啤酒餐厅

77-1 Shanghai Lu (next to Guangzhou Lu)

上海路 77-1 号 (靠近上海路和广州路的路口)

58779429

www.brewsells.com

Quality Belgian drinks & cuisine in a smoke free environment. Imported Belgian draft beers and daily happy hour from 5 to 8pm; kitchen open until 11pm.

Element Fresh 新元素餐厅

A109, 1F, Nanjing IST Mall, 100 Zhongshan Lu

中山路 100 号艾尚天地购物中心一层 A109

85656093

www.elementfresh.com

Born from an expat's passion for food, the multi-award winning Element Fresh first opened its doors in Shanghai in 2002. Since, the chain has expanded to Beijing and Guangzhou and Nanjing.

Studio 21 Grill Restaurant 藤美

193 Shigu Lu (behind the Sheraton)

石鼓路 193 号 (石鼓湾美食休闲街区)

86795269 / 13072525212

Genuine European flavours, grilled meat, seafood specialties and renowned home made desserts. Special Set Lunch Menu with great prices and specials for students and teachers.

Hacker-Pschorr 赫佰仕

Basement, Asia Pacific Tower, Jinling Hotel, 2 Hanzhong Lu

汉中路 2 号金陵饭店亚太商务楼负 1 楼

84660099

www.hacker-pschorr-brauhaus.com/nanjing

German brauhaus that is the first Hacker-Pschorr in China, serving up a proprietary brew created in house, along with the pre-requisite sausages.

Jimmy's 吉米来吧

193 Shigu Lu (inside Sunglow Bay near the Sheraton)

石鼓路 193 号

86792599

www.jimmynsj.com

The place to be for live and recorded sports, especially on Saturday nights, while enjoying American style pizza, BBQ steaks, burgers, hotdogs, tacos and more, accompanied by a large selection of draft and bottled beers plus single malt whisky and bourbon.

Jack's Place 杰克地方西餐厅

422, Dongcheng Hui Shopping Mall, Xianlin 文苑路
与学思路交叉口东城汇 4 楼

85807866

35 Wang Fu Da Jie 王府大街 35 号

84206485

160 Shanghai Lu 上海路 160 号

83323616

Humble yet honest, Jack's Place has been around Nanjing for more than 15 years, serving up Italian favourites popular with expats and locals alike. Strengths lie in the pastas and mains.

The Wing Italian Restaurant

意之翼-意大利餐厅

4F, The Central, Hexi CBD

江东中路237号中央商场4楼 (雨润国际广场)

13913983339 / 52251609

Open kitchen allows for observation of the chefs at work, while hand-made Italian thin-crust pizza comes from a professional oven. Mix and match your own pasta and great value set lunches available along with MSG-free chicken.

Pissa

82-1 Shanghai Lu 上海路82-1号

83308105 / 15805177575

Formerly Piza Pizza, that quickly gained a following among expats when it opened in 2009 for authentic pizza in an informal atmosphere.

La Mona 拉莫纳

48, South Commercial District, Lower Carpark, Olympic Centre 奥体中心南商务区 48 号停车柱

83353881

From the makers of Piza Pizza comes classy decor and simply fabulous pizza, fresh out of an impressively large stone oven that rivals the more established Italian eateries in town.

Les 5 Sens 乐尚西餐厅

52-1 Hankou Lu 汉口路 52-1, 靠近南京大学

83595859

Remaining surprisingly inexpensive since opening its doors in 2005, Les 5 Sens serves authentic and homemade traditional French dishes (the foie gras is a favourite) in a homely atmosphere.

Dream House 梦想之家音乐西餐厅

Zhonghui Mansion, 20 Jiangjun Da Dao, Jiangning
江宁区将军大道20号中慧大厦 (南航东门斜对面)

52837977

Continuing Nanjing's fascination with Western food and drink leaning toward the Germanic. Popular with students from NUAA across the street.

Behind the Wall 答案墨西哥餐厅

150 Shanghai Lu (in Nanxiu Cun)

上海路 150 号, 在南秀村

83915630

One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, with perhaps the finest terrace in the city. Live musical performances go well with strong sangria and beer.

Florentina

2-107, 83 Shanghai Lu 上海路 83 号 2 栋 107 号

18602560788

Ideal for peaceful chat over drinks; over 100 bottled craft beers waiting for you to try!

Henry's Home 亨利之家

82-2 Fuchunjiang Dong Jie 奥体富春江东街 82-2 号

85877088

One of Nanjing's oldest Western restaurants, with over 20 years experience in serving up western meals; specialties include steaks, fajitas, pizza and organic salads.

Selección Española

57 Zhongshan Dong Lu 中山东路 57 号

Family business opened in 2012 with the ambition to spread Spanish culture by offering a special culinary experience and home made traditional food. Open Tue-Sun, 5-10 pm.

Eminence Cellar 香松酒窖

Inside Wutaishan off Guangzhou Lu

广州路, 五台山体育场

66012088

High quality Western restaurant offering organic food, breads baked on-site, cigar bar and wine cellar.

Tap Planet 啤球工厂

F109, 1F, Chic Hills Plaza, 286 Zhongshan Lu

中山路 286 号羲和商业广场 1 楼 F109

57519177

40 craft beers on tap, making it the largest se-

lection of such in China, accompanied by slick service and a mouth watering food menu.

The Uncle Pizza 披萨大叔

Shanghai Lu Market, 22 Hankou Xi Lu
汉口西路 22 号上海路菜场 53 号
8012979506

Big hit with the student population on account of cheap prices for serious quality pizza, despite being hidden down an alley that is easy to miss.

Motu Burger 摩图

107 Gutong Xiang, Laomendong
老门洞箍桶巷 107 号
17701598220

Small balcony affords great people watching while munching on delicious Kiwi burgers and ice cream washed down with fine ales.

Wagas 沃克斯

1F, Nanjing IST Mall, 100 Zhongshan Lu
中山路 100 号文尚天地购物中心一层 108 号
85656120
www.wagas.com.cn

Western and modern Asian fare with a special focus on food quality, consistency and safety.

Potato Bistro 马铃薯

#5-301 Kangqiao Sheng Fei, 9 Wenfan Lu, Xianlin
仙林文苑路 9 号 康乔圣菲 5 幢 301
85791293

A bistro based on green, organic, fresh foods and authentic taste. Large balcony offers outdoor BBQ for up to 150 people.

Axis Mexican Restaurant & Pub

Axis 墨西哥餐厅
Yadong Commercial Plaza, 12 Xianyin Bei Lu
仙隐北路 12 号亚东商业广场
Suning Hui Gu, Ji Qingmen Da Jie
集庆门大街苏宁慧谷
15895872728

Mexican dining experience offering a wide variety of traditional Mexican dishes and a popular delivery service.

Nail Jazz Bar 钉子爵士酒吧

10 Luolang Xiang (200m south of the Sheraton)
罗廊巷 10 号, 离金兰利酒店 200 米
86532244

A relaxed atmosphere in which to enjoy a wide variety of imported beers and the odd bit of live music.

Ellens Bar 艾伦酒吧

132-3 Guangzhou Lu 广州路 132-3 号
83641119
37 Hunan Lu 湖南路 37 号
83641118

Laid back and relaxed atmosphere plus food & drinks at great value prices.

Vegetarian

Jimingsi Vegetarian Restaurant

鸡鸣寺百味斋素食馆

1 Jimingsi Lu 鸡鸣寺路 1 号
57713690

Open since the 1980s and popular on the tourist trail, standout items include soy-based mock meat dishes. Service can be erratic.

Green Cuisine 绿野香踪素食馆

1F Zhengyang Building, 56 Yudao Jie
御道街 56 号正阳大厦一楼
6661 9222

A wide selection of creative dishes and plenty of fresh vegetables along with special drinks and teas.

Tiandi Sushi 天帝素食

21 Huji Bei Lu, Entrance to Gulun Park
鼓楼区虎踞北路 21 号古林公园正门口 (近北京西路)
83701391

Famed for its offer of free vegetarian noodles on the 15th of every lunar month, and little else.

Middle Eastern Cuisine

Dubai 西侧翡翠餐厅

9 Zhuangyuan Jing (inside the Mandarin Hotel)
南京市夫子庙状元楼酒店一楼
18652008407
Tasty dishes from Dubai and all over the Arabic world served inside or on an enticing, western-facing patio. All meat is Halal.

Jackob Arabic Restaurant 嘉珂阿

61 Hankou Lu 汉口路 61 号
86521668
Classic go-to for Middle Eastern fare; grilled Hallal meats, shawarmas and a mouth-watering assortment of dips. Prayer room on the second floor.

Indian Cuisine

Baba Restaurant 巴巴餐厅

B1, Jinyuan Food Court, 11 Hexi Central Park, 341 Jiangdong Lu
江东中路 341 号出口南京金源美食广场 11 号负 1 楼
13611574929

Reincarnation of Kohinoor, Nanjing's long serving Pakistani restaurant, features a menu that boasts over 200 dishes, all of which taste nothing alike.

Nanjing Ganesh Indian Restaurant

甘尼仕印度餐厅

3 Kunlun Lu 昆仑路 3 号
85860955
www.ganeshchina.com
The unlikely combination of Indian food and jazz music that nevertheless has stood the test of time in both Suzhou and Wuxi. Fabulous decoration in a great location by the city wall at Xuanwu Lake.

Himalaya-Nepalese & Indian Restaurant

喜马拉雅尼泊尔印度餐厅

193 Shigu Lu (behind the Sheraton)
石鼓路 193 号
8666 1828
Popular restaurant serving Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves.

Taj Mahal 泰姬玛哈印度料理

117 Fenggu Lu
丰富路 117 号
84214123
187-1 Shanghai Lu 上海路 187-1 号
83350491
Established in 2003, the Taj Mahal offers a great variety and exotic blend of high quality authentic Indian cuisine that it continues to this day, making it forever popular with the foreign community.

Masala Kitchen 玛莎拉印度餐厅 - 酒吧

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu
仙隐北路 12 号亚东商业广场 A05
84448858
Offers vegetarian and meat dishes plus savory Tandoori oven dishes and exotic curries cooked fresh by a chef with over 20 years of experience in his hometown of Hyderabad.

Korean Cuisine

Xianpingjia 咸平家

#6, Block 1, Dongfangtianjun, Xianlin
仙林杉湖西路东方天都门面房 6 号
83699086 / 13357739720
Run by a Korean grandma who has over 30 years of cooking experience. Bulgogi-marinated beef

served with vegetables which you cook on the table with Kimchi is a must!

THE Korean 本家

B1, Golden Wheel Tower, 108 Hanzhong Lu
新街口汉中路 108 号 金轮大厦 B1
84469445

Ke Jia Fu 可家福

7 Nan Da Heyuan, 168 Xianlin Dadao
仙林大道 168 号南大和园 7 号
86331006

Neolithic Barbecue 新石器烤肉

B1, Deji Plaza, 18 Zhongshan Lu
中山路 18 号德基广场 B1 楼 B116-117 号
84764545

#B17, B1, Tianyin Plaza, 336 Shangyuan Lu, Jiangning District
上元大街 336 号天印广场 B1 楼 B17 室
81032949

B1, Wonder City, 222 Changhong Lu
长虹路 222 号虹悦城 B1 楼
52275687

#121, Bldg. 1, Chenggowu Garden Centre, 699 Zhongshan Men Da Jie, Maqun
中山门大街 699 号花园城购物中心 1 楼 121 号商铺
85568090

B1, One City, 58 Daqiao Bei Lu, Pukou
大桥北路 58 号新一城 B1 楼
58400640 58402105

Japanese Cuisine

Dason Bistro

大森料理
6 Sanyuan Xiang, Xinjiekou
新街口三元巷 6 号
84217148
Initiator of the fad for pubs that cut your hair, with now a Japanese restaurant thrown into the mix. Offers an impressive selection of sashimi, classic sushi, shallow fried meats plus fish and tempura, while after 8:30pm the lights dim, the music turns up and the bar springs to life.

Taiyo Teppanyaki 大渔铁板烧

57 Zhongshan Lu 中山路 57 号
84729518
1F, Unit 6, Building 2, 1912
1912 商业区 2 号楼 6 单元 1 楼
84458310
3F, Golden Wheel, 8 Hanzhong Lu
汉中路 8 号金轮新天地购物中心 3 楼
84773318
3 Kunlun Lu 昆仑路 3 号明城汇内
58850588

Has stood the test of time with its popular all you can eat and drink special offer that includes sushi, sashimi, sake, beer and much more being a staple of the Nanjing community.

Other Asian Cuisine

Thai Tasty 泰式料理

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu
仙隐北路 12 号亚东商业广场 A05
84448858
An extraordinary array of distinctive dishes employing authentic seasonings with fresh local produce.

Thai Orchid 梵泰蘭

86-1 Fuchunjiang Dong Jie
富春江东街 86-1 号拉德芳斯异国风情花街 (近恒山路口)
83564567

Thai nationals serve as chefs; fantastic group deals available, e.g. set meal of ten dishes for half price.

Pho Saigon

西贡堤岸越南餐厅
2F Huanya Plaza, 33 Shigu Lu
石鼓路 33 号环亚广场 2 楼

84465722

Popular and inexpensive fare that includes the must try Vietnamese noodles, hence "pho".

Kezigu Muslim Restaurant

克兹古丽餐厅

43 Luolang Xiang

罗廊巷 43 号

85891799

Xinjiang restaurant popular with expats; spicy noodles, potatoes, vegetable, chicken and lamb dishes accompanied by dance performances.

Bakery & Café (see also Hotels & Hostels and Shopping)

Iced Baking

46-13 Xianyin Nan Lu, Xianlin

林仙隐南路仙龙湾 46-13 室

18014847503

www.icedbakingnanjing.com

Specialty baked goods such as cakes, cupcakes and scones plus a host of baking supplies, including cocoa powder, cream cheese, fondant, sprinkles and shortening. Also provides training and education in the field of food services to underserved women and at risk youth.

Skyways 云中食品店

160 Shanghai Lu 上海路 160 号

83317103

#A18, Yadong Commercial Plaza, 12 Xianyin Bei Lu

仙隐北路 12 号 亚东广场 A18 室

85791391

Wanda West, 222-2 Jiqing Men Da Jie

集庆门大街 222-2 万达西地区

85637995

Breads, made-to-order sandwiches, cakes, desserts, plus imported deli items such as cheese and salami. Shanghai Lu location has a long queue at lunchtimes.

Sculpting in Time Café 雕刻时光咖啡店

2F, 47 Hankou Lu

汉口路 47 号 2 楼

83597180

32 Dashiba Jie (Fizimiao East Gate)

大石坝街 32 号 (夫子庙东门)

52266082

Delightful atmosphere in which to enjoy coffee, tea, a variety of Western food, plus widely known brownies. Balcony at the Confucious temple branch offers romantic night time views over the Qinhuai river.

Goldstar Café 维娜星咖啡

150 Shanghai Lu (at the junction with Nancuixun)

鼓楼区 上海路 150 号

83556176

Canadian outfit aiming to be a luxury café in an Scandinavian style; lots of natural light, contemporary design and fair-trade organic espresso.

Maan Coffee 漫咖啡

1 Qingjiang Lu 清江路 1 号天水滨江花园

85872858 / 85607277

1F, Dushi Xihe, 8 Xuejia Xiang

薛家巷 8 号金润发超市旁都市羲和一楼

85607266

81-1 Fuchunjiang Dong Jie 富春江东街 81-1 号拉德芳斯异国风情花街

85607288

1912 Leisure District 1912 时尚休闲街区 9 号楼

Korean chain serving waffles, salads and all day breakfast options that go down well amid decor that juxtaposes cement, glass and chandeliers.

Délíce Capy DC 莫奈花园

1st and 2nd Floor, Friendship Mall, 27 Hanzhong Lu, Nanjing

南京市汉中路 27 号友谊广场 1 楼 2 楼

86829191

Lounge in comfortable armchairs and indulge in gooey macaroons and hazelnut slices to molten chocolate cakes.

Chinese Teahouses

Lao Cui Tea House

老崔茶馆

Houhuyinyue, Huanhu Lu, Nanjing city wall, 8

Jiefang Men, Xuanwu

城墙台城段临湖厅, 玄武湖环湖路 “后湖印月”

52628899

15 Yingtian Da Jie 应天大街 15 号

86560632

Holds activities such as lectures on tea drinking and tea culture. Location in the city wall is one of Nanjing's must-sees.

iTea 我茶

6F, Xinhua Bookstore, 56 Zhongshan Dong Lu 中山

东路 56 号新华书店 6 楼

86816246

Taiwanese delicacies and soothing herbal tea, brewed intricately before your eyes by one of the restaurant's tea aficionados.

Nightclubs

Kamakama

1912 Leisure District

1912 时尚休闲街区 2 号楼 1 层

86701912

Nanjing's answer to the sleek sophisticated cocktail bars of Shanghai; signature cocktails, selected fine wines and classic malts all the way.

MAZZO Club 玛索国际娱乐

1912 Leisure District

1912 时尚休闲街区 6 号楼

84418579

One of the oldest clubs in Nanjing and hangout for the foreign community playing contemporary electronica.

Club TNT

潮人会所

2-1 Changjiang Hou Jie

长江后街 2-1 号

84401199 / 13151090136

A big name in the Chinese nightclub industry, with clubs in Nanjing, Chongqing and Hefei.

Enzo

8-3 Changjiang Hou Jie

长江后街 8-3 号 2 楼

83789898

Accesses many of the big names in entertainment; Paul Oakenfold, DJ R3hab and LMFAO have all played here.

Tourism, Sport & Leisure

Hotel & Hostel

Somerset Youth Olympic Nanjing

南京盛捷青奥国际社区

9 Qing'ao Nan Lu

青奥南路 9 号

83080888

www.ascottchina.com

Comfortable and international serviced residence providing extremely spacious three-bedroom apartments for executives and their families.

Han Yue Lou Solis Hotel

南京涵月楼首丽斯酒店

235 Jiangdong Zhong Lu, Jianye District

建邺区江东中路 235 号

68176000

www.solishotels.com

First establishment in China for Solis and official hotel for the Youth Olympic Games in 2014. Chinese elements are incorporated as threads woven into the fabric of the hotel.

Jinling Hotel Nanjing

南京金陵饭店

2 Hanzhong Lu, Xinjiekou Square

新街口汉中路 2 号

84711888

The first five star hotel in China with a city centre location putting the prize-winning iconic landmark only two minutes' walk from Xinjiekou Metro Station. International flight and train ticket purchase counter plus bakery also available.

Renaissance Nanjing Olympic Centre Hotel

南京华泰万丽酒店

139 Aoti Da Jie, Jianye District

建邺区奥体大街 139 号

83388888

cn.renaissancenanjing.com

First Marriot hotel in Nanjing. with signature Navigator service available to guests; a local who knows the hotspots inside out. Bakery sells fresh breads.

Novotel Nanjing East Suning Galaxy

南京玄武苏宁银河诺富特酒店

9 Suning Dadao, Xianlin

徐庄软件园苏宁大道 9 号

85208888

www.novotel.com

Good spot for a weekend escape from the city, with Purple Mountain on its doorstep, while the Nanjing Zhongshan International Golf Resort 27 hole course designed by Gary Player is just 5 minutes away.

Fraser Suites Nanjing

南京辉盛阁国际公寓

116 Lushan Lu

庐山路 116 号

87773777

www.fraserhospitality.com

International serviced apartment suites offering full balconies, clubhouse and leisure facilities.

The Westin Nanjing

南京威斯汀大酒店

Nanjing International Center, 201 Zhongyang Lu

中央路 201 号南京国际广场

85568888

www.westin.com/nanjing

A haven of Chinese distinction in which every room affords a view of scenic Xuanwu Lake.

Sheraton Nanjing Kingsley

金丝利喜来登酒店

169 Hanzhong Lu

汉中路 169 号

86668888

Excellent downtown location with amenities including baby sitting and butler service plus car rentals.

Fairmont Nanjing

南京金奥费尔蒙酒店

333 Jiangdong Zhong Lu, Jianye District

建邺区江东中路 333 号

86728888

www.fairmont.com/nanjing

Elegant international hotel famous for its services and cultural features; the building itself resembles a Chinese lantern.

InterContinental Hotel 紫峰洲际酒店

1 Zhongyang Lu, Zifeng Tower

中央路 1 号紫峰大厦

83538888

www.intercontinental.com

A statement of grandeur in the 450 metre high Zifeng Tower; Nanjing's tallest building.

Sofitel Galaxy 南京索菲特银河大酒店

9 Shanxi Lu

山西路 9 号

83718888

www.sofitel.com
resoff@sofitelnanjing.com
The accommodation of choice for many visitors coming to Nanjing, along with all French dignitaries.

Hilton Nanjing Riverside

南京世茂滨江希尔顿酒店
1 Huaibin Lu (cross of Qinhuai and Yangtze Rivers)
淮滨路 1 号 (近秦淮河和扬子江交汇处)
83158888
nanjingriverside.hilton.com
nanjingriverside.info@hilton.com
A more serene statement from Hilton; extensive conference and recreation facilities and rooms with balconies overlooking the Yangtze.

Nanjing Sunflower International Youth Hostel

南京瞻园国际青年旅社
142 Dashiba Jie (Fuzimiao west gate)
大石坝街 142 号, 在夫子庙西门的附近
52266858 / 66850566
www.nanjingyha.com
Popular youth hostel that includes free pool, DVDs, cable TV, foosball and English speaking staff.

Resorts

Kayumanis Private Villas & Spa

南京香樟华莘温泉度假别墅
12 Wenquan Lu, Tangshan
江宁区汤山街道温泉路 12 号
84107777
www.kayumanis.com
nanjing@kayumanis.com
High-end private villa with refreshing natural hot spring and mountain view.

Regalia Resort & Spa (Qinhuai River)

南京御庭精品酒店 (秦淮河)
Bldg. E5, 388, Yingtian Da Jie
(inside Chenguang 1865 Technology Park)
应天大街 388 号 (晨光 1865 科技创意产业园) 第 E5 幢
51885688
www.regalia.com.cn
A Thai style spa offering a holistic approach to rejuvenation and relaxation.

Tangshan Easpring Hot Spring Resort

汤山颐尚温泉度假村
8 Wenquan Lu, Tangshan, Jiangning
江宁区汤山镇温泉路 8 号
51190666
A leisure hotel in Tangshan offering different types of bathing.

Museums

Nanjing Massacre Memorial

侵华日军南京大屠杀遇难同胞纪念馆
418 Shuiximen Da Jie
水西门大街 418 号
86612230 / 86610931
Hours: Tue - Sun from 8:30 to 16:30
www.nj1937.org
Located on a former execution ground and mass burial place of the Nanjing Massacre. Admission is free.

Nanjing Museum

南京博物院
321 Zhongshan Dong Lu
中山东路 321 号
One of China's three national level museums displaying Chinese art, pottery and a life-sized Republic of China street scene. Admission is free with valid ID.

Nanjing Municipal Museum (Chaotian Palace)

南京市博物馆
4 Chaotiangong
朝天宫 4 号

World class museum presenting ancient pottery and earthenware, calligraphy, clothing, jade etc.

Six Dynasties Museum

六朝博物馆
Changjiang Lu / Hanfu Jie
长江路 / 汉服街
Constructed on the ruins of Jiankang Castle, visitors can see over 1,200 artifacts, including porcelain, pottery, epigraphs, stone inscriptions, calligraphy and paintings and even a section of the city wall.

Nanjing Jiangning Imperial Silk Manufacturing Museum

南京江宁织造博物馆
123 Changjiang Lu, Xuanwu District
南京市玄武区长江路 123 号
83416801
Exhibitions of silk manufacturing, brocade, qipao and most interestingly, one dedicated to "Dream of Red Mansions" in which one can experience settings where many events in the novel happened. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Rabe House

拉贝故居
1 Xiaofenqiao, Guangzhou Lu
小粉桥 1 号
Monday - Friday from 8:30 to 16:30
German industrialist's former home that served as a refugee shelter and saved thousands in 1937. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Purple Mountain Observatory

紫金山天文台
Tianwen Lu, Purple Mountain Area, Nanjing
南京市紫金山天文路
84440768
Very first observatory to be built in mainland China that is known as "the cradle of Chinese astronomy".

Tangshan Homo Erectus Fossil Museum

汤山直立人化石遗址博物馆
Jiangning District, Tangshan Scenic District
南京汤山国家地质公园内
68720777
Insight into the prehistoric life of the Nanjing cave couple, a pair of 600 000 year old skulls discovered in the Tangshan area of Nanjing in 1993. Designed by French architect Odile Decq. Closed on Mondays.

Nanjing Brocade Museum

南京云锦博物馆
240 Chating Dong Jie
茶亭东路 240 号
86518580
Observe wooden looms producing the world's finest brocade. Fabric is also available for purchase.

Nanjing Taiping Heavenly Kingdom History Museum

南京市太平天国历史博物馆
128 Zhanyuan Lu 瞻园路 128 号
58800123
Houses the largest collection of artifacts and documents from the Taiping Heavenly Kingdom.

Nanjing Science Museum

南京科技馆
9 Zijinghua Lu, Yuhua District
雨花台区紫荆花路 9 号
58076158
Hands-on fun and learning for kids. IMAX Cinema.

Nanjing Museum of Paleontology

南京古生物博物馆
39 Beijing Dong Lu
北京东路 39 号
83282252
Full dinosaur skeletons, a mass of fossils from significant digs in China and an interesting lesson in local geology. Open at weekends only.

Nanjing Folk Museum

甘家大院
15 Nanbuting, Zhongshan Nan Lu
中山南路南捕厅 15 号
52217104
Visitors can study traditional Chinese architecture, including the so-called "99 and a half rooms". Various displays of traditional folk art throughout the year.

Jinghai Temple

静海寺
288 Jianning Lu
建宁路 288 号
58590298
www.yuejianglou.com
In addition to enjoying an insight into the Chinese view of the "unfair treaty" ceding Hong Kong to the British, visitors can learn about the voyages of Zheng He.

Zheng He Treasure Shipyard

南京郑和宝船遗址公园
57 Lijiang Lu
鼓楼区漓江路 57 号
Climb aboard a mockup of the famous navigator's fleet in the location that built the very same almost 600 years ago

Parks & Attractions

Qingliangshan Park 清凉山公园

83 Qingliangshan Lu, near Huju Lu
清凉山路 83 号
Calligraphy and stone museums, as well as an art gallery and pottery studio.

Zixia Lake 紫霞湖

A cold water mountain-fed lake. Exercise with care; the cold undercurrents can cause life-threatening cramps.

Mochou Lake Park 莫愁湖公园

35 Hanzhongmen Da Jie
汉中门大街 35 号
Home to the annual Dragon Boat Race, and great for boating or a walk in a peaceful environment.

Happy World 弘阳欢乐世界

Daqiao Bei Lu, Pukou District
浦口区大桥北路
Fairly violent looking thrill rides plus giant water slide.

Jiuhuashan Park 九华山公园

20 Juihua Shan 九华山 20 号
Visit the pagoda and get on the city wall for gorgeous views of the city.

Xuanwu Lake Park 玄武湖公园

1 Xuanwu Xiang 玄武巷 1 号
Idyllic islands with playgrounds, gardens, restaurants plus boats and bikes for rent.

Yaxi International Slow City

桧溪国际慢城
6 Shengtai Lu, Yaxi Town
高淳区桧溪镇生态路 6 号
56861235
The village of 20,000 was designated China's first "Slow City" by Cittaslow.

Pearl Spring Resort 南京珍珠泉风景区

178 Zhenzhu Jie, Pukou District
浦口区珍珠街 178 号
A 8.9 sq.km scenic area that includes a zoo, circus, dodgems and cable-car to a so called Great Wall.

Gulin Park 古林公园

21 Huji Bei Lu 虎鹿北路 21 号
Gardens, paintball and BBQ plus a view of the city from atop the TV tower.

Zhongshan Botanical Garden

钟山植物园
1 Qianhuocun 前湖后村
84347062

Covers over 186 hectares and home to more than 3000 plant species.

Nanjing Yangtze River Bridge Park

南京长江大桥 (公园)
7 Baotiaoqiao Dong Jie
宝塔桥东街 7 号
Memorabilia dating from the construction of the bridge. Ascend to the deck of the bridge by elevator for the obligatory photo.

Memorial for Revolutionary Martyrs

雨花台烈士纪念馆
Yuhua Dong Lu (north gate)
南京市雨花台烈士纪念馆北大门雨花东路
A surprisingly relaxing memorial park, yet used as a mass execution ground during the anti-communist revolution of 1927.

Drum Tower/Gulou Park

鼓楼公园
1 Gulou Jie, at the end of Beijing Xi Lu
鼓楼街 1 号, 在北京西路口
The traditional centre of a Chinese city.

Lao Shan National Forest Park

老山国家森林公园
Chalukou, Pukou
浦口区岔路口
Enjoy a more rustic experience in Nanjing's second National Park; away from the crowds soak in the virgin forest that is rich in species.

Lamendong Neighbourhood

城南·老门东
50 Changle Lu 长乐路 50 号
52201611
A new name card of Nanjing with cultural activities, traditional Chinese architecture and distinctive local features. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Datangjin Fragrant Valley

大塘金香草谷主题餐厅
Zhengfang Da Dao, Jiangning District
江宁区谷里街道大塘金正方大道薰衣草庄园
52716207
Breathe in the intoxicating scents while strolling through the fields of lavender that lead to the shop filled with perfumes, eye patches, pillows, face masks and even lavender perfume.

Sports

Jijianheng Martial Arts Training Center

15996493275
Offers the mental and spiritual training necessary for Kung Fu mastery to students of all ages and abilities. Founded by Shaolin Master Shi Jianhu in 2015. Bi-annual Shaolin Homecoming weekend trips, led by Master Shi and his foreign wife Maggie, also available.

Century Star Ice Skating Club

世纪星滑冰俱乐部
222 Jiangdong Zhong Lu (Inside Olympic Center)
江东中路 222 号奥体中心内
86690465 / 86690467
4F, Wonder City, 619 Yingting Street
应天大街 619 号虹悦城 4 楼
52275768 ext. 8001/8002

Nanjing Zhongshan International Golf Club

南京钟山国际高尔夫俱乐部
9 Huanling Lu 环陵路 9 号
84606666

Nanjing Harvard Golf Club

南京昭富国际高尔夫俱乐部
176 Zhenzhu Jie, Pukou
南京市浦口区珍珠街 176 号
58853333

Nanjing Gingko Lake International Golf

南京银杏湖国际高尔夫俱乐部

1 Guli Yinxing Hu 江宁区谷里银杏湖 1 号
86139988

Nanjing Leiniaio Paragliding Club

南京雷鸟滑翔伞俱乐部
Wutaishan Sport Center Tennis Stadium
五台山体育中心网球馆
84458450 / 15335179782

Pisarev Ballet 比萨列夫芭蕾舞学校

#B901, Junlin International Mansion, 5 Guangzhou Lu
广州路 5 号君临国际 B901 室
86975095

Changqing Taekwondo

长青跆拳道馆
9F, Quanmin Jianshen Plaza, 145 Zhongshan Dong Lu
玄武区中山东路 145 号全民健身中心 9 楼
84541055

Gym

Lucky Bird Fitness

金吉鸟健身
83518366
www.jinjiniao.com
28 branches in Nanjing offering Workout area, gymnasium, yoga studio etc. Eight branches also have swimming pools.

Theatre

Nanjing Poly Grand Theatre

南京保利大剧院
6 Yecheng Lu, Jianye District (inside Nanjing International Youth Culture Centre) 建邺区郑城路 6 号 (南京国际青年文化中心)
58839008 58839098

Nanjing Art and Cultural Center

南京文化艺术中心
101 Changjiang Lu 长江路 101 号
84797920

Jiangnan 631 Niuda Theatre

江南 631 牛达剧场
5 Yanling Xiang 延龄巷 5 号
84419786

Nanjing Art Academy Concert Hall

南京艺术学院音乐厅
15 Huju Lu 虎踞北路 15 号
83498249

Jiangsu Kunqu Theater 兰苑剧场

4 Chaotian Gong 朝天宫 4 号
84469284

Business & Education

International Education

British School of Nanjing 南京英国学校

Hanfu Lu, Jiangning District
江宁区韩府路
52108987
www.bsn.org.cn
Serves expat children with a private education of the highest standard, with a day-to-day focus on helping pupils to thrive in their own unique way. Based based on the English National Curriculum.

Nanjing International School 南京国际学校

8 Xueheng Lu, Xianlin College and University Town
仙林大学城学衡路 8 号
85899111
www.nanjing-school.com

An inclusive learning community inspiring international mindedness, personal excellence, creative thinking. An IB World School.

EtonHouse Nanjing 伊顿国际教育集团

8 Qing'ao Nan Lu, Jianye District
南京市建邺区青奥南路 8 号
85596778
Singapore based chain with more than 100 pre-schools and schools spread across Asia and a curriculum based on an international, inquiry-based program.

The Overseas 海外国际

Nanjing Novas International Business Consulting Co. Ltd, #1606 Block A, Junlin International, 5 Guangzhou Lu
广州路 5 号君临国际 A 幢 1606 室
84533133
admin@the-overseas.com
Wechat: overseas

Youth Moment Educational Investment Co., Ltd.

南京青梦家教育投资有限公司
3rd Floor Building E, Kingdee Science and Technology Industrial Park
532 Zhongshan Dong Lu
中山东路 532 号金蝶科技产业园 E 栋 3 楼
68165526 / 18621932120
www.qingmengjia.com
enquiries@qingmengjia.com
Career guidance, entrepreneurial support, overseas study services for Chinese and foreign students.

Higher Education

Nanjing University of Science & Technology

南京理工大学
200 Xiaolingwei 孝陵卫 200 号
84303232 / 84303135
study.njust.edu.cn
Offers both Chinese and English taught programs for undergraduates and postgraduates in a large range of vocations; everything from science, engineering, liberal arts and economics to business, management, law and education for coordinated development.

Business Services

Sharehouse (Nanjing) Co., Ltd.

赛浩企业管理服务(南京)有限公司
Maqun Scientific Park, 3 Jinma Lu
南京栖霞区马群科技园金马路 3 号
85720118
www.sharehousechina.com
Enables SMEs to establish their own legal entity in China while keeping overhead costs low through shared resources.

Foreign Trade & Economic Development Agencies

American Chamber of Commerce

Jinling Hotel Asia Pacific Tower Room 801
南京市金陵饭店亚太商务楼 801 室
18501538478
nanjing.amcham-shanghai.org

European Union Chamber of Commerce

中国欧盟商会(南京)
#806, Haihua Mansion, 99 Zhongshan Lu
中山路 99 号海华大厦 806 室
83627330

China-Britain Business Council, Nanjing

英中贸易协会南京代表处
#2514-2515, 50 Zhonghua Lu
中华路 50 号 2514-2515 室
52311740

Netherlands Business Support Office

荷兰贸易促进委员会南京代表处 ☞
#2316, Bldg. B, 23F, Phoenix Plaza, 1 Hunan Lu
湖南路 1 号凤凰国际广场 B 楼 23 层 2316 室
84703707

Baden-Württemberg International

德国巴登符腾堡州国际经济和技术合作协会 ☞
7-3 Dabai Xiang Meiyuan Xin Cun
梅园新村大巷 7-3 号
84729068
www.bw-i.cn

Australian Trade Commission

澳大利亚贸易委员会南京代表处 ☞
#1163, Jinling World Trade Center, 2 Hanzhong Lu
汉中中路 2 号金陵饭店世界贸易中心 1163 室
84711888 -1163

Canadian Trade Office Nanjing

加拿大驻南京商务代表处 ☞
#1261, Jinling World Trade Center, 2 Hanzhong Lu
汉中中路 2 号金陵饭店世界贸易中心 1261 房
84704574

Language Training

New Concept Mandarin 新概念汉语 ☞

#821, 8F, PICC building, 98 Jianye Lu, Qinhua district
秦淮区建邺路98号鸿信大厦8楼821室
84872361
www.newconceptmandarin.com
nanjing@newconceptmandarin.com
Over 20-years experience in applied linguistic research and global teaching.

JESIE - Goethe-Language Centre

JESIE - 歌德语言中心 ☞
Jiangsu College for International Education, 3F, 205 Shanghai Lu
上海路 205 号江苏国际预科学院 3 层
83335690
www.goethe-slz.js.cn

Nanjing No.1 High School

南京市第一中学
301 Zhongshan Nan Lu
中山南路 301 号
52216244
Only high school designated by the International Office of National Chinese Language Promotion as base for the international promotion of Chinese language.

Alliance Française de Nanjing

南京法语联盟
4F, Qun Lou, 73 Beijing Xi Lu
北京西路 73 号裙楼 4 楼
83598762 83598876
www.afnanjing.org
info.nanjing@afchine.org
French language and culture centre with classes for individuals and corporations at all levels, cultural events plus a modern library with free access to collections.

Clubs

Nanjing International Community

Clubhouse ☞
南京国际社区中心
1-B-01, British School of Nanjing, Hanfu Lu, Jiangning District
江宁区韩府路南京英国学校 1-B-01
www.yournicc.net
info@yournicc.net
Helps expats to understand and enjoy their experience of living in Nanjing through a service centre; classes for adults, such as pilates and calligraphy;

for children, such as ballet; a monthly ladies night and many more activities.

Nanjing International Club

南京国际俱乐部
Maqun Scientific Park, 3 Jinma Lu, Xianlin, Qixia District
栖霞区马群科技园金马路 3 号
www.nanjinginternationalclub.org
A club with over 500 Members from all around the world and a large variety of events; cooking, kids' club, book club, dinners, balls, outings, BBQ, concerts, bazaar and more. Fundraising for charities plus opportunities to support, volunteer and become part of an exciting team.

Nanjing Hash

nanjinghash@gmail.com
As part of the international Hash House Harriers founded in 1938 in Kuala Lumpur, the Nanjing Hashers continue the tradition of being a drinking club with a running problem. Sunday monthly run or walk plus a night Hash on Mondays at 7pm to a mystery destination, to see unusual scenic parts of Nanjing, and surrounding areas, followed by great food and drinks.

Charities

Y.M.C.A / Y.W.C.A ☞

南京基督教青年会和女青年会
66-9 Dajianyin Xiang, Gulou District
南京市鼓楼区大铜银巷 66-9 号
83307098 / 83714117
www.njmca-ywca.org
Endowed by Dr. Sun Yat-sen himself in 1912, the Nanjing branch of the infamous organisation provides volunteering services and organises overseas exchange programs.

Hopeful Hearts

www.hopefulhearts.info
Raises funds for the medical treatment of children with heart conditions. Over 400 children assisted to date. Operates under the umbrella of The Amity Foundation with other branches in Chengdu and Guangzhou.

Pfrang Association

普方基金会
3 Jinma Lu, Maqun Scientific Park, Xianlin, Qixia District
栖霞区马群科技园金马路 3 号
85720118
www.pfrangassociation.org
Raises funds to sponsor the 6-year high school education of underprivileged children in Jiangsu province, providing them with the chance to lead a self-directed and fulfilled life.

Butterfly Hospice

www.butterflych.org
Provides loving care and treatment for children with life-threatening illnesses, through a children's hospice in Changsha, and a local support project in Nanjing with specialist nursing care for palliative children.

Ray of Light Cambodia

www.rayoflightcambodia.com
Provides opportunities to 3-18 year olds in an orphanage in Phnom Penh.

Cultural Education

Confucius Temple Primary School

南京市夫子庙小学
22 Zhanyuan Lu 瞻园路 22 号
52230929
Founded in 1907 to explore and promulgate the ideology and culture of Confucius.

Shopping

International Groceries

Epermarket 上海赢盘实业有限公司

www.epermarket.com
4007760776
First online supermarket in China to be ISO 9001 certified, delivering more than 5,000 imported & local goods.

Fields

www.fieldschina.com
4000210049
Online grocery store that delivers safe, delicious, high quality and imported groceries directly to your door.

Time Farm

18551768576
www.timefarm.com.cn
Permaculture facility in Jiangning producing vegetables, rice, whole-wheat flour, free-range eggs and canola oil.

Nanjing Bakery

www.nanjingbakery.com
Home made cakes, ready to bake pizzas, lasagna etc. plus a range of items such as pasta, butter, cheese, sauces and spices.

Wendy's Bakery 温底手作

13611577210
wendysbakery.taobao.com
Classic apple pie, bacon-cheese scones and inventive cranberry shortbread utilising only imported ingredients.

Petite Abeille 法国小蜂蜜进口商店

22 Hankou Xi Lu 汉口西路 22 号 ☞
83237878
80 Nenjiang Lu 嫩江路 80 号 ☞
83217096
Largest selection of French produce in Nanjing, with petite pains, biscottes, chocolate plus home-made heavy breads and baguettes, croissants and apple pie.

Times Grocery 泰晤士 ☞

48 Yunnan Lu 云南路 48 号
83685530
Compact yet its location breeds popularity; wide selection of imported but sometimes pricey food.

Happy Orange 乐橙便利店 ☞

Cuiping International (North Gate), Hanfu Lu, 20 Jiangjun Avenue, Jiangning
将军大道 20 号翠屏国际城北门 (韩府路)
52158366
Small shop with a nice selection of imported items run by a charming couple from Taiwan.

Ronnie's Pies

13912379301
www.ronnies.com.cn
Home made Aussie pies in a variety of flavours, including delights such as Cornish pasties, Lancashire pasties and sausage rolls. Delivers from Yangzhou.

Metro 麦德龙

288 Ningli Lu 宁溧路 288 号 ☞
300 Jianning Lu 鼓楼建宁路 300 号
Foreign foods plus wines, beers and spirits. Passport/ID sometimes required.

Carrefour 家乐福

235 Zhongshan Dong Lu
中山东路 235 号 ☞
341 Jiangdong Zhong Lu
江东中路 341 号 ☞
26 Jiqingmen Da Jie
集庆门大街 26 号 ☞
7 Daqiao Nan Lu
大桥南路 7 号
3 Liuzhou Nan Lu, Pukou
浦口区柳州南路 3 号

Good range of dairy products, especially imported butter, cream and cheese plus snacks, pasta and wine.

Auchan 欧尚

151 Hanzhongmen Da Jie
汉中门大街 151 号 (近纪念馆东路) ㉔
11 Qinhua Zhong Lu
秦淮中路 11 号 ㉔
866 Yingtian Da Jie
应天大街 866 号

Another French hypermarché with probably the city's best selection of cheese.

BHG Marketplace

B2, Aqua City, 1 Jianshang Lu
健康路 1 号水游城地下 B2 层
B1, Deji Plaza, Zhongshan Lu
德基二期地下 B1 层
B1, Jingmao Shopping Mall, 201 Zhongyang Lu
鼓楼区中央路 201 号金茂汇 B1 楼
B1, The Central, 237 Jiangdong Zhong Lu
江东中路 237 号中央商场 B1 楼 ㉔
B1, Forest Mall, 301 Zhongshan Men Da Jie
中山门大街 301 号森林摩尔商业街区 B1 楼
B1, Raydu Plaza, 1222 Shuanglong Da Dao, Jiangning District ㉔
经济技术开发区双龙大道 1222 号 B1 中厅
Imported goods plus organic fruit and veg. Pricy, but that keeps the crowds away.

RT Mart 金润发

39 Danfeng Jie ㉔
丹凤街 39 号 (近北京东路)
B1, New City Mall, 99 Caoshangmen Da Jie
草场门大街 99 号新城广场 B1 楼 ㉔
260 Longpan Zhong Lu 龙蟠中路 260 号
Decent imported food section, dairy and bakery items.

Q.E. Mart 青恩 ㉔

7 Wenshu Dong Lu, Xianlin 文枢东路 7 号
85862080
Medium-sized supermarket (labelled "Korean Market") with a wide range of Korean produce.

For the Home

EAsmart

1F-Z, Wanda Plaza, 68 Zhushan Lu, Jiangning
竹山路 68 号万达广场 1F
52187886
www.eading.com
Fantastic selection of stationary plus coffee machines, electrical and IT appliances, kitchenware and home decoration items.

Living Story

欧洲生活馆 ㉔
173 Shanghai Lu 上海路 173 号
86634155
Compact yet manages to offer coffee grinders, espresso makers, stylish kitchen utensils, picture frames, oil burners and oils, candles, clocks, various pieces of art, wine racks plus a few bottles of wine thrown in for good measure.

Hongxing Furniture 红星国际家具广场

224 Zhongyang Lu 中央路 224 号
83118005
Large furniture mall with many shops. Large range of prices, styles, etc.

Jinsheng Market 金盛百货大市场

2 Jianning Lu
建宁路 2 号 (南京商厦对面)
9 Wangjinshi (off Changjiang Lu) ㉔
长江路网市 9 号
Daqiao Bei Lu (beside North bus station)
大桥北路 (长途北站旁)
Everything from home décor to wires, Christmas trinkets and electronics. Cheap but be prepared to bargain.

Jinling Decoration Market

金陵国际家居 ㉔
88 Jiangdong Zhong Lu
江东中路 88 号
86511888
Everything needed for a new home.

Longjiang Flower Market

龙江花卉市场 ㉔
78 Qingliangmen Da Jie
清凉门大街 78 号
Huge selection of plants, cut flowers, fish tanks and fish, plus gardening tools.

B&Q 百安居 ㉔

90 Kazimen Da Jie (beside Metro)
卡子门大街 90 号麦德龙旁
52450077

IKEA 宜家家居 ㉔

99 Mingchi Lu (East side of Kazimen Plaza)
明匙路 99 号 (卡子门广场东侧)
4008002345

Internet, Electronics, Photography & Gaming

NetFreeRouter

www.netfreerouter.com
Watch your favourite shows from BBC, Netflix, ABC, NBC, Amazon and many more, using a specialised router plus a dedicated US, UK or HK IP address that provides VPN, wifi and online TV across all devices.

Professional Photography

Equipment Market ㉔
照相器材专业市场
3F, Binjiang Friendship Shopping Center, 301 Ji-
angdong Bei Lu
江东北路 301 号滨江友好商城三楼
Specialists in wedding photography with equipment including lighting, flash etc.

Camera & Photography Equipment

Market ㉔
东鼎照相器材市场
Dongding Plaza, 699 Zhujiang Lu
珠江路 699 号东鼎照相器材市场
Widely regarded as the best camera and equipment market in Nanjing.

Mobile phone shops on Danfeng Jie

丹凤街 - 手机 ㉔
Indoor markets specialized in new and second-hand mobile phones and repairs.

IT products on Zhujiang Lu

珠江路 - IT 产品 ㉔
A multitude of stores selling everything you can imagine and more: computers, cameras, MP3 and MP4 players, iPad, webcams, hard drives, and portable flash drives.

Video games on Zhongyang Lu

中央路 - 电子游戏 ㉔
Any type of video game for all game systems. Also do minor repairs.

Art

Art Home 聚贤堂

84 Shitoucheng Lu 石头城路 84 号
Arguably the best stocked art supplies shop in Nan-
jing; oil and acrylic paints plus many products by
Faber-Castell and Staedtler. Framing service also
available.

Jiangsu Fande Culture and Art Block

江苏凡德文化艺术街区 ㉔
1 Zhengxue Lu 秦淮区正学路 1 号
84711180
An inclusive cultural industry platform for the

research and development, creation, display and transaction of art works.

Fangshan Culture and Art Creative Industry Park

南京方山山文化艺术创意产业园
1 Donghuyuan, 588 Longmian Da Dao 江宁区龙
眠大道 588 号东湖苑 1 号
52712282
Home to four art institutions and over 40 famous
artists in photography, oil painting, Chinese painting,
sculpture and pottery.

Jiangsu Art Gallery 江苏省美术馆 ㉔

266 Changjiang Lu 长江路 266 号
84506789
333 Changjiang Lu 长江路 333 号
89610840
Local artists' work, changed frequently.

Nanjing Luhe Phoenix Art Gallery

南京六合凤凰山艺术馆
Fenghuang Shan Park, Yanan Lu, Pukou
六合区延安路凤凰山公园内
57751345
A non-profit institution with exhibitions and serving
as a platform for people to exchange information
and experience in art creation and collection.

Stone City Modern Art Creation

Gallery 石头城现代艺术创意园
72 Beijing Xi Lu 北京西路 72 号
55583708
Exhibition of modern Chinese art.

Yipai Art 南京艺派文化用品中心

81 Stone City 石头城 81 号
83704786
epair8888@126.com
Oil paints, brushes, spatulas, charcoal, easels, draw-
ing instruments, sketch books and a selection of
pens, pencils and refills.

Sports & Outdoor

Decathlon 迪卡侬

866 Yingtian Xi Lu (same building as Auchan)
应天西路 866 号
84218420
286 Ningli Lu (next to Metro)
宁溧路 286 号 (麦德龙对面) ㉔
52401018
1 Beijing Dong Lu 玄武区北京东路 1 号 ㉔
French sports megastore chain that also stocks infor-
mal-wear shoes in sizes up to 48.

Sanfo 三夫户外

57 Zhongshan Lu 中山路 57 号 ㉔
84721228 / 84720512
Jinxianghe Lu 进香河路 ㉔
83601199
4F, Zifeng Tower, Zhongshan Bei Lu
中山北路紫峰大厦购物广场 4F ㉔
83518681 / 83518682
Chinese outdoor chain store stocking equipment
for biking and hiking plus backpacks and apparel
for outdoor.

Foreign Language Bookstores

Foreign Language Bookstore 外文书店

218 Zhongshan Dong Lu (Beside Taiping Nan Lu)
㉔
中山东路 218 号长安国际 (太平南路口)

Xinhua Bookstores 新华书店

56 Zhongshan Dong Lu (near Hongwu Lu)
中山东路 56 号 (近洪武路)
86645151
217 Zhongshan Bei Lu
中山北路 217 号
83374645

Phoenix International Book Mall

凤凰国际书城 ㉔

1 Hunan Lu
湖南路 1 号八佰伴旁 (近中央路)
83657000 / 83657111

Wine Outlets

Everwines 咏菊
300 Changjiang Lu 长江路 300 号
58951779
nanjingcslshop@everwines.com
The retail arm in China of Torres that offers tastings plus the opportunity to learn about wine; Small classes in English or Chinese available.

Newold Wine World 纽澳酒世界
Area B, F1, New City Mall, 99 Caochangmen Da Jie
草场门大街 99 号新城市购物中心负一楼 B 区
86265959

Jiangsu Jiuchao Distillery
江苏九朝酒业
278 Hongwu Lu
洪武路 278 号
84404159

Jayson Wines 南京杰森酒业
52 Taiping Bei Lu 太平北路 52 号
8370 7195

Eminence Cellar 香松酒窖
Inside Wutaishan (opposite to Jin Inn)
Guangzhou Lu 广州路五台山体育场
66012088

Aussino Cellar 富隆酒窖
#109, 198 Zhongshan Dong Lu
中山东路 198 号 109 室
84679799
www.aussino.net

Services

Healthcare

Hscybele Hospital
华世佳宝妇产医院
9 Wenti Xi Lu 文体西路 9 号
24 hour English hotline: 18013919815
www.hswoman.com/en/
Combines an Obstetrics and Gynecology Department, Neonatology Department and Pediatrics Department with a tranquil atmosphere, high standards of hygiene and more than competent English service, including 24/7 telephone hotline. Underwater birth available; international medicare accepted.

International SOS Nanjing Clinic
南京国际 (SOS) 紧急救援诊所
1F, Grand Metropark Hotel Nanjing,
319 East Zhongshan Lu
中山东路 319 号维景国际酒店 1 楼
84802842 (by appt.)
Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Assistance Center: 010 64629100
www.internationalsos.com
Delivers integrated, quality, comprehensive medical care. Services span from family medicine to 24/7 emergency services. Languages spoken include: English, Chinese, German, and Japanese.

Angel Flossy-Care Dental Center
天使福乐氏口腔连锁
4F, 10 Ke Xiang, Qinhuai District
南京市秦淮区科巷 10 号 4 楼
86502567 / 18551700071
www.tsq025.net
Offers all kinds of oral treatments including dental implants, crowns or bridges, dental whitening, cosmetic dentistry, root canal therapy, orthodontics and more. 100 percent bilingual staff; other branches in Suzhou, Nanning, Beijing and Shanghai.

Keya Dentistry
科雅口腔
#411, Bldg. E, Wanda Plaza, Hexi
南京河西万达广场 E 座 411
4008919828 / 83308686
www.keyaath.com
Providers of Invisalign; a popular, Western alternative to braces, plus reconstructive and cosmetic teeth surgery. Axa Assistance, CSETH Insurance, BUPA, METIFE, SOS, Bupa and Medilink accepted.

Global Doctor International Medical Centre
环球医生国际医疗中心
1F, Zuolinfengdu, 6 Mochouhu Dong Lu
莫愁湖东路 6 号左邻风度 1 栋 1 楼
86519991 (24 Hours)
www.globaldoctor.com.au
International medical centre offers family medicine & specialist services plus 24 hour emergency assistance to expatriates in Nanjing. Mon-Sat 09:00-18:00. Multilingual staff: EN/JP/ES/KO/CN.

BEN-Q Medical Centre 明基医院
71 Hexi Da Jie 河西大街 71 号
52238800
Another popular choice for expats, BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors.

Nanjing Union Dental Clinic
南京友联齿科
1F, Grand Metropark Hotel Nanjing,
319 Zhongshan Dong Lu
中山东路 319 号维景国际酒店一层
84818891 / 84808888-6555
dentist@uniondental.cn

Health Examination Center
江苏省国医馆
168 Qingliangmen Da Jie
清凉门大街 168 号
86216721
www.jssgyg.com
English speaking staff, diagnosis by imported advanced medical technology and treatment by Traditional Chinese Medicine. 100% non-invasive.

Nanjing Entrance-Exit Inspection and Quarantine Bureau
南京出入境检验检疫局
1 Guojian Lu, Jiangjun Da Dao,
Jiangning District
江宁区将军大道国检路 1 号
52345354
Health checks for work permit and visa applications.

Nanjing Gulou Hospital 南京鼓楼医院
321 Zhongshan Lu 中山路 321 号
83304616
The major trauma hospital (24 hr).

Jiangsu Provincial Hospital 江苏省人民医院
300 Guangzhou Lu 广州路 300 号
83718836
The major Western medicine hospital.

Nanjing Children's Hospital
南京市儿童医院
72 Guangzhou Lu 广州路 72 号
83117500 83116969

Jiangsu Provincial Hospital of TCM
江苏省中医院
155 Hanzhong Lu 汉中中路 155 号
86617141
The major Chinese medicine hospital.

Nanjing Maternity and Child Healthcare Hospital
南京市妇幼保健院
123 Tianfei Xiang 天妃巷 123 号
52226777
The major maternity hospital in Nanjing.

Legal

D'Andrea & Partners Law Firm
D'Andrea & Partners 律师事务所
#920, Jinglun International Mansion, 8 Hanzhong Lu
汉中中路 8 号金轮国际广场 920 室
86505593 / 86505693
nanjing@dandareapartners.com
International consulting firm present in China since 2004 offering legal services in Italian, Chinese, English, French, German and Russian plus assistance in foreign direct investment in China, mergers and acquisitions, international contract law and labour law.

Jeffrey Wang Attorney at Law
王煜卓 | 南京办公室 | 合伙人 / 律师
Deheng Law Offices, 3F, 2 Chuangzhi Lu
建邺区河西大街创智路 2 号 3 楼 | 德恒律师事务所
13605182614 / 58993266
www.dehenglaw.com
wangyuzhuo@dehenglaw.com
Business lawyer with more than fifteen years legal practice in Nanjing plus fluent English and legal knowledge in both business and personal areas, offering professional services via DeHeng Law Offices, and their network of 21 domestic branches in China and five overseas offices.

Dacheng Law Offices
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84800918
www.homecaught.com
lease@homecaught.com
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slaing@crownew.com
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www.cmrchina.com
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Mochou Lu Church 莫愁路教堂
390 Mochou Lu
莫愁路 390 号
84708782
www.njmclchurch.org
English service is held from 3.30-5 pm every Sunday. English Bible Study is every Wednesday from 7.00-9 pm.

St. Paul's Church 圣保罗教堂
396 South Taiping Road
太平南路 396 号
86647225
www.njstpaul.org
English service is held at 10:50 am on Sundays and English Bible study is at 14:00 on Saturdays.

Immaculate Conception Cathedral
石鼓路天主教堂
112 Shigu Lu 石鼓路 112 号
84706863
English service: Sunday @ 6pm
Korean service: Sunday @ 11am

The Church of Jesus Christ of Latter Day Saints
Yuhua Jingli Hotel, 8 Xiaohang Yaojia'ao
雨花村小行尤家凹 8 号雨花晶丽酒店
Mormon service on Sundays at 10am. Foreign passport holders only.

Biyao Catholic Church 碧瑶天主堂
Biyao Garden Square, 189 Leshan Lu
南京市建邺区乐山路 189 号碧瑶花园广场
84706863

Shengxun Church
English service is held on Sundays from 10.30-12 pm and Chinese service from 2-4 pm on Sundays.
圣训堂
158 Leshan Lu
南京市建邺区乐山路 158 号

Jiangsu Lu Church 江苏路教堂
60-10 Jiangsu Lu
江苏路 60-10 号
83724547

Gulou Religious Activity Site
基督教鼓楼聚会场所
2-2 Beijing Xi Lu
北京西路 2-2 号 2F
84435660
Services held Mon-Sat from 7-8 am and Sundays from 7-8 am, 8.30-10 am and 4.30-5.30 pm.

Jinsu Nunnery 金粟庵
18 Wufu Jie, Jiqing Men, Qinhuai District
秦淮区集庆门五福街 18 号
86626905

KuanEumHui Korean Buddhist Club
观音会南京韩人佛教会
#1703, Bldg. 2, Fuli Shanzhuang
富丽山庄 3 栋 1703 室
13222018582
Service: 11:00am

Nanjing Islam Association
伊斯兰教协会
28 Shengzhou Road, Qinhuai District
秦淮区升州路 28 号
52216974

Jizhaoying Mosque 吉兆营清真寺
3 Jizhaoying 吉兆营 43 号
83605565

Taiping Lu Mosque 太平路清真寺
299 South Taiping Lu
太平南路 299 号
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Puppy & Kitten Pet Store
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鼓楼区石头城路 81 号
83322380 / 18625184686
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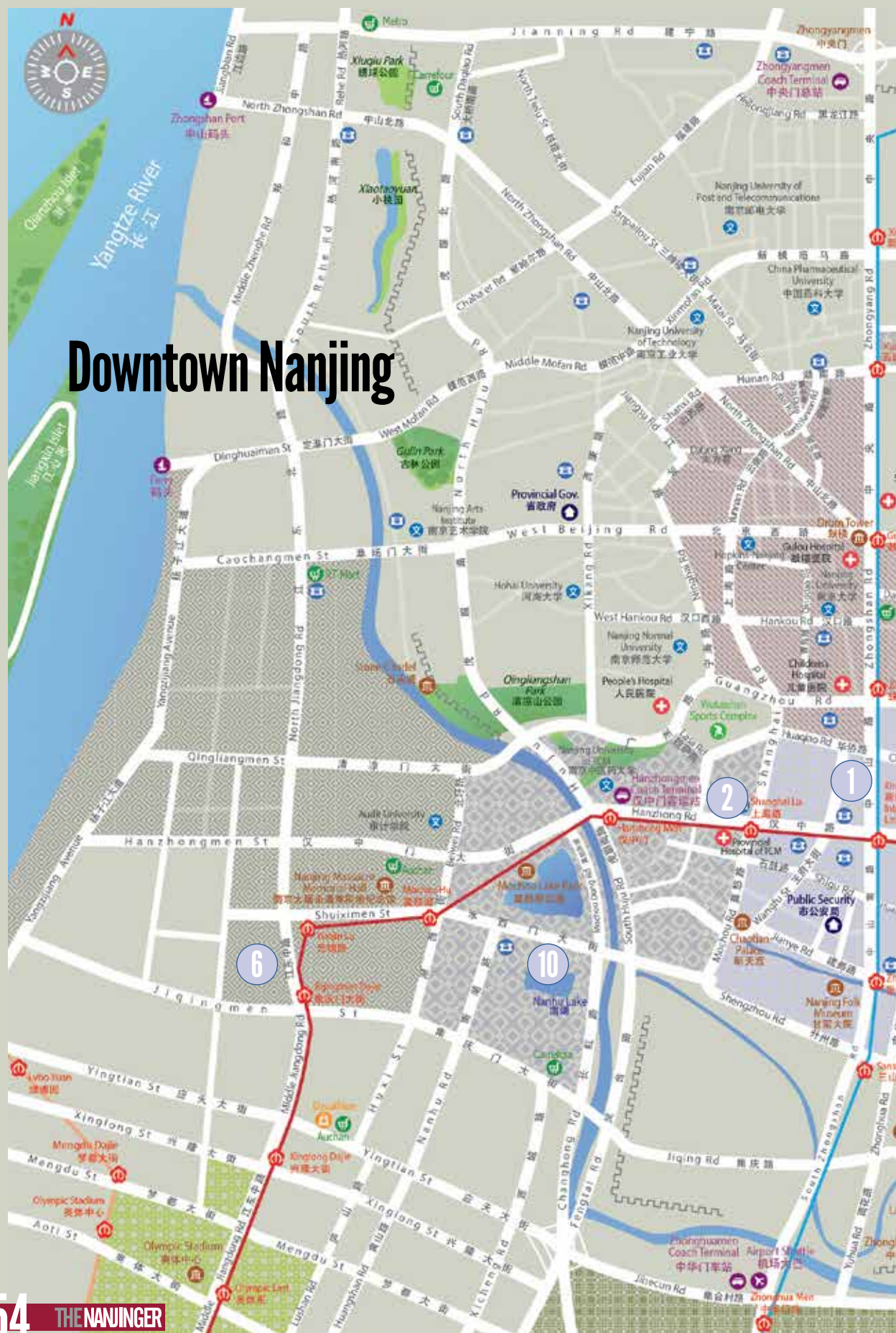
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This handy bus table is a cut down version of the entire Nanjing public bus system that focuses on parts of the city of interest to expats. If you are looking, for example, to travel from your home in Xianlin to Nanjing Railway station, look at the Xianlin area of the table (orange), then look to the right to see which lines run between the two locations. In this case number 97. Easy, huh?



Downtown Nanjing







Jiangning



Xianlin



Olympia

Premium Partners



1



2

The British School of Nanjing



3



4



5



6



7



8



9



10

Chinese Investment Abroad

■ In recent years, China has successfully changed from a capital importing country into a capital exporting country. With the enhancement of comprehensive strength, China has tirelessly continued to develop the overseas market. Since 2003, investment abroad has continually grown for thirteen years. The annual average growth rate is over 30 percent.

At the end of 2014, foreign direct investment (FDI) stock was at US\$0.88264 trillion, which is amongst the top ten of the world. Up to 2014, around 18,500 Chinese investment companies have invested almost 30,000 FDI enterprises.

The most notable is the American market. In 2014, Chinese companies purchased over 100 companies in America, and in 2015, that rose to 142. Based on the consideration of various factors, the American government has started to strengthen the control of Chinese investment. In January of this year, the Committee on Foreign Investment in the US (CFIUS) rejected the plan in which Philips decided to sell its lighting business to a Chinese company, and in February, the Tsinghua Unigroup had cancelled a deal of investing in Western Digital after receiving a notice of inquiry from CFIUS prior. The American government is keeping the high-tech industry under particularly strict control, when compared to traditional manufacturing industries.

According to data analysis, the rate of Chinese non State-Owned Enterprises investing in America is increasing. Chinese enterprises invest mostly into the service industry. This year however, and for different reasons, among them government control, the speed of Chinese enterprises investing in America has slowed.

Nevertheless, the American market is not the only destination for Chinese investors. On account of the weakness in the European market, Chinese investors have become much more keen on that side of the Atlantic. In 2015, Chinese investors poured into Europe over US\$23 billion, which much exceeds the amount of investment that went into the American market.

Compared to investments in the USA, the proportion of State-Owned Enterprise investments in the European

market is much larger, with the main investment industries being infrastructure, construction and transportation, with the four major European countries of Italy, France, the United Kingdom and Germany receiving the lion's share of the pie.

A Year in Chinese Acquisition

ChemChina invested EUR 7.1 billion to acquire Pirelli and Lenovo purchased Germany Medion AG in 2015. This year, Sino-Europe Sports has purchased Italy AC Milan, in the process spending EUR 0.72 billion. Meanwhile, the acquisition of the German KUKA Aktiengesellschaft by China's Midea Group is ongoing and Desaiye, a famous French lace maker has recently been bought by the HangzhouYongsheng Group.

With global competition and China's capital accumulation, besides, the "One Belt, One Road" plan that helps increase confidence to invest abroad, as a result Chinese investment abroad is irresistible on both sides. As an acronym, "One Belt One Road" refers to the "Silk Road Economic Belt" and the "21st Century Maritime Silk Road", consisting of the Silk Road by Land and the Silk Road by Sea, which were used respectively by Marco Polo as his return route to Italy and by Zheng He during his voyages along the oldest known maritime route.

Nevertheless, it should always be kept in mind that overseas investment is supervised by the Chinese government, which means those intending to invest abroad must first receive approval from the Ministry of Commerce. In cases where the investment industry involves sensitive countries, regions or a sensitive industry; such as country with conflict, basic telecommunication trade, news media, cross-border water resource development and utilization, it shall be put on record that it is not a foresaid situation. With the Chinese government actively encouraging overseas investment in recent years, it has become a golden opportunity not to be missed. 📌

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