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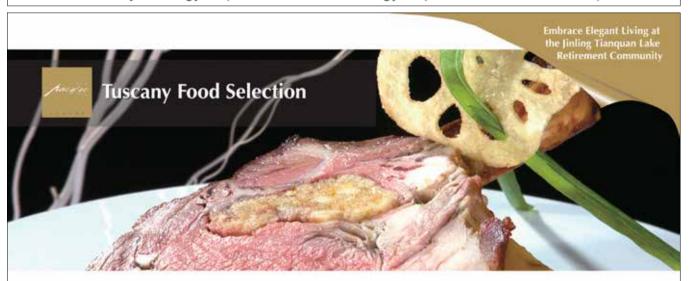
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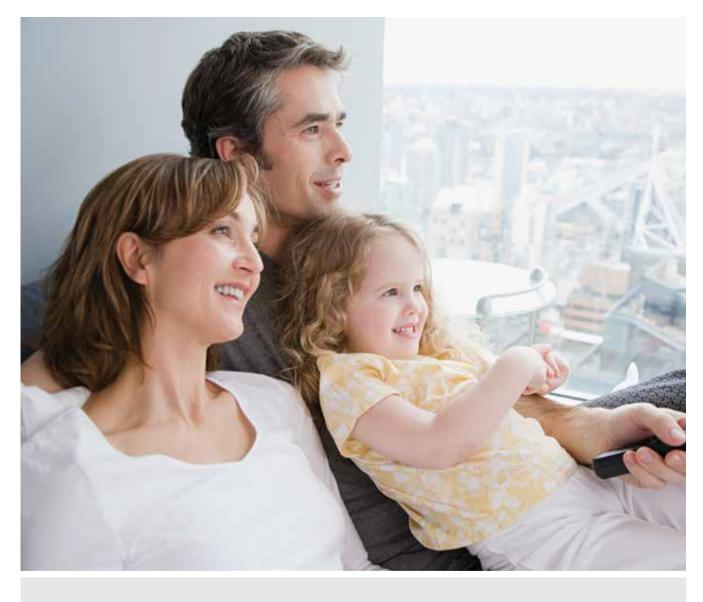


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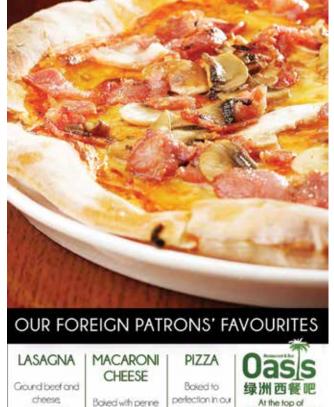
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Introducing some of our contributors, writers and editors

Our Editor-in-chief and Music Critic, Frank Hossack, has been a radio host and producer for the past 30 years, the past 22 of which working in media in China, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

贺福是我们杂志的编辑和音乐评论员,在过去的30年里一直从事电台主持和电台制片的工作。在中国有近20年的媒体工作经验。工作期间他曾经四次获得过纽约传媒艺术节大奖,分别是世界前40强节目奖,最佳编辑奖,最佳导演奖以及最佳文化艺术奖。

Nick McBride is a strength and conditioning coach originally from the UK. A former athletic director, he specializes in coaching young athletes and is now Head Coach for the Xianlin Warriors. In his spare time, he obsesses about Newcastle United Football Club.

Nick McBride是一位来自英国的体能教练。他曾经是一位经验丰富的体育指导员,他目前作为Xianlin Warriors的主教练,专注于训练年轻运动员。他及其热爱纽卡斯尔联足球俱乐部。

Rick Staff is from the UK and has 20 years cumulative experience as a wine trader, taster, and writer and was editor of 'Superplonk', the UK's popular wine guide, prior to moving to Nanjing in 2008.

Rick Stoff来自英国,有着二十年丰富经验的葡萄酒商人、品酒师、作家,并且是《Superplonk》的撰写者,英国很受欢迎的葡萄酒鉴赏家、于2008年移居南京。

Legal contributor Carlo D'Andrea is Chair of the Legal & Competition Working group of the European Union Chamber of Commerce in China; Shanghai Chapter, Coordinator of the Nanjing Working Group of the Italian Chamber of Commerce in China and has taught Chinese law (commercial and contractual) at Rome 3 University.

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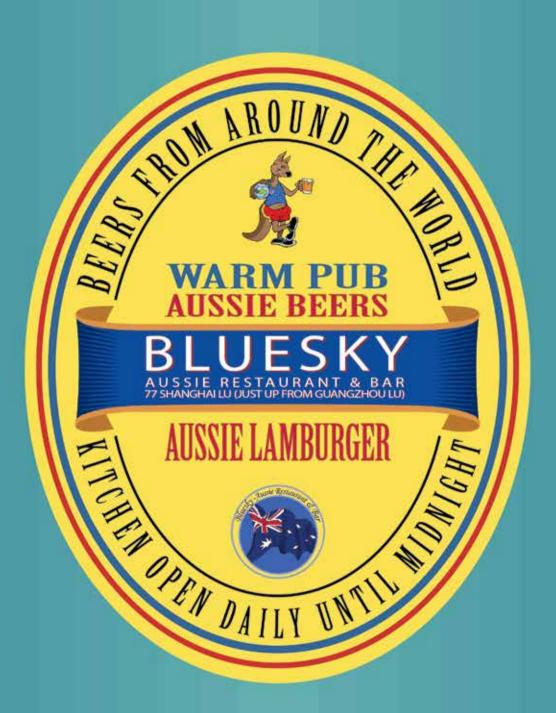
Roy Ingram has over 25 years experience working as an artist and Creative Director. His early career was with agencies in London but for the past eight years he has lived and worked in Nanjina.

Roy先生有着超过25年的创意总监和艺术家的工作经历。他早期的 职业生涯是在伦敦的一家机构里开始的,但是在八年前他决定来到 南京生活工作。

Plus a cooperation with Nanjing University's School of Journalism & Communication

Contributing editor Ken Ellingwood is a former foreign and national correspondent for the Los Angeles Times and author of Hard Line: Life and Death on the U.S.-Mexico Border. He teaches Journalism at Nanjing University and coordinates a program that gives students experience in the real world of publishing through writing work to appear in Nanjing Expat's stable of English media.

特约编辑 Ken Ellingwood 之前是《洛杉矶时报》的国内外通讯记者,同时也是"死亡地带"的作者:描述美国与墨西哥边境的生存与死亡。他目前在南京大学新闻系担任客座教授。 通过长时间的合作,Nanjing Expat 已经成为南大新闻系学生实习基地,很多稿件将有他带领的南大新闻系学生团队完成。



Distribution Editorial

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This magazine is part of the Nanjing Expat family of English publications that together reach a very large proportion of the foreign population living in Nanjing, along with a good dash of locals, comprising:

> The Nanjinger City Guide www.nanjingexpat.com www.hellonanjing.net Lifecycle email newsletter

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Before we get down to business, combliments of the season to all our readers as we welcome in the year of the monkey.

Sadly, we take note that our first issue of the year sees the retirement of our popular wine column Corker. After four years (The Nanjinger's longest running regular) it is time to hang up the corkscrew and bid farewell to resident writer Rick Staff. We shall miss his wit, wisdom and bunctuating his impossibly long sentences.

On to this issue's theme. The term "kuaidi", or courier, is very possibly the next Chinese word a foreigner arriving in Naniing in 2016 will learn after "Ni hao" and "Xie Xie".

Indeed, that is how ubiquitous our two (or three) wheeled friends have become. Those in doubt should turn to page 18 to see how intimate with our couriers we have become.

Elsewhere, regular contributor Shahnaz Mouhamou takes on the technology battle between east and west for how we move, not parcels, but people, from place to place. We're talking Didi vs. Uber, from page 14.

Then there is the fascinating tale of Skinny Zhu, once bookstore owner now turned courier, that is perhaps emblematic of much of the new China in which we now live. Read Han Dou's account beginning on page 10.

Ok, no more monkeying around. Welcome to Delivery from The Nanjinger.

> NANJINGEXPAT EDITORIAL TEAM **THE NANJINGER**

The Parcel

It was 11 o'clock before the gardai left, She had called them, frantic, when she saw The black man on her drive-Turns out he was there delivering this, The brown paper parcel that sat before her now.

There was little indication on the outside
As to what it held, just the knocks, small
bangs and dints
Of travelling long distance, by boat, maybe
Or plane and car, finally to be given to
her here
By a hand as strange as hers now felt.

The familiar was there still, the clock upon the wall,
Beside the sacred heart that safely glowed Though he too looked down differently upon her now;
The television, whispering behind her back, within the other room
Her window to another world of films and soaps and lottery hopes.

How had this come to pass? Waiting in her kitchen

For strength to unveil a parcel from the laughing girl,

She'd held gently in her arms, clasped jealously to her chest

Until that day that daughter danced away on clouds of white,

Down a rosed aisle and over far too large a sea.

her weathered face,
For love so far; and love so lost; and love
she barely knew...
Here she grazes a loving finger along the
parcel's edgeHappily yet, she thinks, may some small
touch hang upon its lip.
The room sighs, the house tightens its
embrace, the drive grows dark.

Another tear now slipped its trace down

By Maitiu Brallaghan

Letter Of The Month

Hi Nanjinger,

As a regular visitor on business, to Nanjing, I write to comment on the city's contemporary architecture that leaves me frankly gobsmacked.

Each time I am here and hopefully see a little more of the city, I find new wonders popping up. This visit it is the Jiangsu Grand Theatre. Last time it was the International Youth Culture Centre designed by Ziha Hadid. Before, I have visited universities in Qixia that blew me away and seen constructions along the Yangtze river that could have just landed from space!

I look forward to my next visit to Nanjing. Perhaps I will come by flying saucer.

Mathew FitzDermot Businessman, and fan of architecture

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Novotel Nanjing East Suning Galaxy is located in the Xuzhuang Software Park on the East Side of Nanjing with the Zhongshan International Golf Resort 27 hole









QUOTATIONS FROM

SKINNY ZHU

By Han Dou

or many, Taobao has become their best friend. After all, the process cannot be any easier. On a dreary evening, you scroll through the website in your pajamas, tap a couple of buttons and voila; everything you need will shortly arrive right on to your doorstep. The only energetic exertion you face is to get off the couch and fetch your package.

However, that package does not just appear at your door, as you know. There is a real person who has to deal with bad traffic, bad weather and occasional bad dogs to ensure that the last mile of the delivery process is complete.

Ming Zhu, or "Skinny Zhu" as his customers call him, is one of thousands of "last-mile" delivery guys who are in charge of the final delivery process to apartments in numerous neighbourhoods in Nanjing.

But there is more to Skinny Zhu's identity. He is also the owner of a second-hand bookstore that has stood still in the heart of a mid-sized community compound by Xuanwu Lake for 12 years.

Yellow warm lights, the smell of fresh-brewed coffee, just you and the books and the rest of the world falls away. If that is the image of a bookstore you had in mind, Skinny Zhu's is nothing but. A "battlefield" is the more appropriate word I would use to describe it.

In a 60-square-metre storefront jammed into the street, countless packages were piled up on the floor. Skinny Zhu was in the middle of the package hill, sorting through the packages to chuck them to his wife, a stout woman skilled in scanning package information into a computer; his mom and dad, both with sheer white hair but in very good shape as they bend double to put packages on the scales and load them into a mini van, driven by Zhu's brother-in-law.

The Zhu family were like highly efficient workers along a production line, doing all they can to get the job done. It almost seemed like a crime to interrupt them for a short chat.

"Now our main business is shipping service, not selling books. If you want to buy books, why don't you go to Taobao like everyone else?" Skinny Zhu answered my question like firing bullets in Nanjing dialect, so fast and without even looking up from sorting through parcels surrounding him.

I've noticed this is the talking style of the entire Zhu family. Like everyone who makes a living in the delivery business, time is gold as their salary depends on the numbers of packages shipped and delivered per day. They usually get I-2 yuan for every package shipped and delivered.

"300 to 400 a day. Maybe more than that. Who's counting?" Skinny Zhu said in a snarky tone when I asked him about his daily delivery record. This was one the busiest time of the year for the family, right before the Chinese New Year Holiday. Working more than I4 hours from 8 am to 10 p.m. is just a normal day for them to make sure 300 packages arrive on time.

"This is nothing. Double-eleven is the real nightmare." Zhu's wife said. During "double eleven" online shopping festival last year, the big promotion created more than 50 million packages to deliver, lots of logistic companies worked overtime for an entire month.



It also takes a savvy mind to survive in the delivery rat race. "I'll first call those who live on the higher floors. It takes time for them to come downstairs. In the meantime I can deliver one or two packages for those who live on first or second floor." Skinny Zhu is very impressed with his own timing skills.

He is also proud of his good relationship with his customers. "Most of my customers are nice. They know me as the bookstore guy." He can match names to faces and even tell which two people are from the same household when they come to the bookstore to pickup packages.

"I've known him for years. I used to come to his bookstore to buy second-hand books," said a retired Univer-

sity professor who lives in the neighbourhood, "It used to be a place with a soul."

At its height, the bookstore used to be crowded; sometimes with people, always with books, stacked to the ceiling. Books lined up in bookcases. Books spread out on tables. People would come to the bookstore for a treasure hunt or simply enjoy a moment of serenity.

But running book business has never been easy in China. For a long time it was a relatively low-profit gentleman's game. Over the years, Zhu's bookstore has increasingly looked less like a bookstore. At first the Zhu family tried to sell children's dolls on the front counter, but business didn't look up.

"We were just thinking about closing down when the logistics guys found us two years ago. I asked my husband to give it a shot." Skinny Zhu's wife said.

The logistics companies needed a place nearby for easy pick-ups and someone who knows the neighbourhood inside and out . Skinny Zhu's bookstore seemed like the best choice. It saves shippers the trouble from going to the logistics warehouse, which is in a remote area of the city, and makes it easier for local residents to pick up packages if not at home when they are delivered.

"Sometimes people would put their package in my store for days without picking up. It gives me a headache." Skinny Zhu complained. But they trust Zhu to keep their packages safe.

The bookstore has become crowded again, teeming with customers-but none of whom are here for the books. Now the "bookstore" has become nothing but a name.

By 2020, China is to become the next delivery empire second only to the United States. The total number of packages are over 14 billion. On holidays, 60 percent more packages than usual are delivered. China's online shopping users are expected to reach 891 million by 2020(2.1 times that of 2015) and the total e-commerce market is predicted to reach 13.91 trillion yuan.

This means more business for the bookstore. "I'm thinking about making more space for packages," Skinny Zhu gave a quick glance to the few dusty books remaining on the shelf; books such as How to Make Money Fast and Easy and The Secret to Survival in Today's Business Culture.

The books have said it all, without even uttering a single word.









was seven o'clock in the evening, good and dark. There should be nobody in the self-pickup station in Nanjing University. However, the light was all on and the staff were busy with their packages.

"Since November 11, our work is twice as much as before," Ran Lee said. She works for Yunda Express Company. She told me that there used to be two members of staff in this station, but there are five working here these days. "We even have no time to eat our meals," Lee complained to me.

Her new work these days is to keep order of the line waiting for their packages. A long queue is zigzagging just like a snake taking hold of its own tail and making itself into a loop. New arrivals can hardly find the right place to join the queue. Every day between 4 and 7 pm is the peak period for picking up parcels.

November 11, so called 11-11 Shopping Carnival, is a day similar to Black Friday in America. Since 2009, China's main E-commerce outlets, such as Tmall, Jingdong and Suning have made big sales online during this perios, and others such as Valentine's Day. In October 2014, Alibaba claimed that it has made 11 November a registered trademark. Last year, there were 467 million packages on Taobao. com, worth ¥122.94 billion, with a year-on-year growth of about 140 percent, according to a survey report from Forward-looking industry research institute.

The boom in orders becomes a major problem for the logistics industry. Jack Ma once said in a financial program that he had no worry about turnover but late delivery. This

year, approximately 1.7 million couriers participated in the delivery end of the shopping carnival. This phenomenon contributed to the development of logistics infrastructure, in which 200,000 new couriers joined this industry last year. What's more, more than 100 turnover centres were established. 12000 cars came into service. 40 special air lines were added. However, customers can hardly receive some of their goods on time.

"I have waited here for over thirty minutes," Xiaoti Zhou showed me her short message for the pick-up. Her package is No. 3129. "I was shocked by the number," she laughed. "But now, I am used to it. This is the fourth package I received during 11-11." During this Shopping Carnival, she has bought six packages worth thousands of yuan. Besides make-up and skincare, there are also dresses, living goods and a wide variety of others. Some of them were reserved before 11-11, a method used to relieve the pressure of delivery.

Advanced sale is a good solution for reducing the logistics pressure. In order to make it more convenient for customers to pick up their packages at any time, Taobao.com has its own pickup agency for their customers. Taobao also makes good use of big data for storage and distribution. Suning has long had its own physical stores, thus pickup becomes a key advantage. As for Jingdong, they try to make the promotion period longer, besides close cooperation among sellers, logistics and delivery.

Long delivery times are the main complaint of customer. Some 25 percent of telephone complaints to the State Postal Bureau are in regard to delivery delays. The expansion of e-business dare not ignore the importance of logistics.

DIDI VS UBER IT WAS 10:30 PM ON A FRIDAY NIGHT. I'D

IT WAS 10:30 PM ON A FRIDAY NIGHT. I'D BEEN WALKING AROUND FOR 30 MINUTES IN THE STREETS OF SHANGHAI'S FORMER FRENCH CONCESSION. MY CHEERFUL AND OPTIMISTIC DEMEANOR FROM A DELIGHTFUL NIGHT OUT WITH THE GIRLS WAS QUICKLY OVERSHADOWED BY THE MOUNTING FRUSTRATION I FELT AS I FRANTICALLY SPRINTED FROM ONE SIDE OF THE ROAD TO THE OTHER. I WAS JUST TRYING TO CATCH SIGHT OF TAXI BEFORE THE COUPLE BEHIND ME BEAT ME TO IT. THOSE WERE THE DAYS BEFORE I CAUGHT ON TO THE MOBILE RIDE-HAILING FRENZY.

By Shahnaz Mouhamou

It was only in 2014 that Uber entered the Chinese market, four years after having pioneered the groundwork for a new transportation ecosystem. With barely two years in, Uber China has managed to expand its market share from two percent to 20-35 percent (depending on the source) and launched a battle of seismic proportions with local rival Didi Chuxing, backed by Alibaba and Tencent.

Travis Kalanick, the CEO of the San Francisco-based start-up told the Wall Street Journal last year, "You're not going to find a country with 80-plus cities over five million people anywhere else... The vastness of the opportunities really isn't matched in any other market." China boasts nearly 700 million Internet users with most of them using their mobile phones for purchases. A combination of factors has made China a ripe market for the rapid development of a sustainable sharing-economy. With a high population density, rapid economic growth and millions of first generation technology users having mobile devices as their first computers, China's Internet and tech sector are plump with opportunities.

With a slowing economy and a widening gap between rich and poor, Chinese millennial and Generation C are both embracing and driving the growth of alternative consumption models. A communal history and the Confucius values of a collective society are seeing a revival as the memory of hunger and economic hardships has started to dwindle away. Rather than rushing to amass material possessions, the millennial are beginning to favour more budget conscious options.

With this in mind, a US\$62.6 billion valuation and the momentum of its Western conquests, Uber has charged head on. And why not? After all, powerful investors like Baidu, Microsoft, Goldman Sachs and India's largest newspaper conglomerate Bennett Coleman & Co. have subsidised its war chest with ample investments.

In an effort to localise, Uber China, led by a Chinese team, and valuated at US\$8 billion, was created. The Alipay system was introduced to its platform while Baidu maps replaced Google. In December 2015, not long after the announcement of a partnership with over 100 car rental companies, Uber launched a product outside of the US for the first time. UberCommute, a profit-free carpool service piloted in Chengdu, Uber's top city, was created in an effort to curb government crackdown on private-car hailing platforms. Unfortunately for Uber, shortly after its Chinese debut, Tencent-backed Didi Dache and Alibaba-backed Didi Kuaidi, both fierce competitors in the taxi-hailing app sector, merged to form Didi Chuxing. The two rivals decided to bury the hatchet to focus their resources on drowning out their foreign competitor. At the beginning, they occupied separate spaces as Uber catered to the premium private-car crowd. However, as a result of the merger, Didi quickly became a powerhouse with a valuation of US\$16.5 billion, a 99 percent share of the taxi-hailing market and a roughly 80 percent of the private car market. As of now, it operates in nearly 400 cities compared to Uber's 37 and completes seven million daily rides compared to Uber's one million

Although still alive and kicking, Uber is taking quite the beating as it encroaches on Didi's turf. Tencent went on the offensive by enforcing a ban of its opponent on the Wechat platform, citing guideline violations. We hat is one of the world's most powerful marketing platforms with a repertoire of users exceeding the entire population of the European Union. As the battle ensues, both companies are using cash to expand in emerging markets and putting off monetising as they race to acquire a larger customer base. But their strategies differ. Despite localisation efforts, Uber's use of hardball tactics to "grow as quickly as it can until it's too big to ban" is not acclimatising well to the political or cultural climate especially with a Goliath tailgaiting its every move. Along with ripping a few pages from Uber's playbook, the Chinese company enjoys a hefty competitive advantage as it masters the nuances of its native market.



CROCODILES IN THE YANGTZE: DIDI'S COMPETITIVE ADVANTAGE; BIG DATA



China's internet empire is dominated by three monarchs known in the tech sector as BAT; Baidu, Alibaba and Tencent. They command the search, e-commerce and social media sectors respectively. These companies have spent billions investing in and acquiring hundreds of startups to expand their reach in the Internet and mobile devices sector. Although Uber has found support in Baidu, the famous search engine is no match for Alibaba, known for the largest US-listed IPO and Tencent, the operator of QQ and Wechat. Add Didi's additional vast customer base, it gives these three

VERY Ш A YEAR IN THE

Jan 2015- China's Ministry of Transport bans private cars from offering unlicensed taxi services via mobilephone apps – premium car services excluded.

Feb 2015 - Didi Dache and Kuaidi Dache Merger (backed by Tencent and Alibaba) Jan-Feb 2015 – Uber poaches 40 scientists and engineers from Carnegie Mellon's Robotics lab as they set their sights on R&D for driverless cars

April 2015 – US Herige Funds invest in Didi increasing valuation to \$8.758

April 2015 - Über Wechat Accounts taken down

May 2015 - D.d's Luoyang, Henan office raided and Weibo

May 2015 - Uber's Guangzhou and Chengdu offices raided

June 2015 – Shanghai government allows taxis to use the Didi app and the Beijing, Zhengzhou and Chengdu governments declare private-car hailing service illegal. Luoyang city asks taxi drivers to uninstall Didi's app.

June 2015 Didli holds 80% of market share and launches Hitch' – or Didl Shun Feng Che in Putanghua – a ride share season for passenger who share similar routes

June 2015- Uber holds 15% of market share and announce 1 million rides per day in China.

July 2015 – China announces Internet Plus Action Plan to boost sluggish economy and integrate the Internet with traditional industries

July 2015 - Didi collects \$28 with new round of funding and injects \$80M into bus -shuffle service for corporate and public

July 2015 – Uber collects and extra \$18 with new round of funding and CEO Kalamick tells Caixing magazine aiming to be "truly Chinese" company.

Aug 2015 - Ride-sharing apps ordered to restructure their operations in line with national regulations

Aug 2015 – Didi announces cooperation with Guangdong municipal government and investment in GrabTaxi – Uber's rival in South East Asia

Aug 2015 – Uber confirms all their Wechat accounts have been frozen ar removed from the platform

Sept 2015 - Shenzhen government declares private-car hailing service illegal

Sept 2015 - Didi Kvoidi rebrands itself as Didi Chuxing and announces \$38 in new funding round. Didi also confirms \$100M investment in Uber's US rival Lyft and an undisclosed investment in Indian rival Ola. New partnerships are announced with Linkedin and Lenovo. Sept 2015 - Uber declares China as its main market and announces commitment to expand to 100 Chinese cities by the end of 2016. Uber China confirms \$1.28 in new funding round and the launch of a new pilot UberCommute for long distance ride sharing - first time a new product is launched outside of the US. Uber also announces the public release of its API to allow developers to integrate the features, data, or services of third-party apps.

Oct 2015 - Shanghai and Beijing governments release draft regulation for ride-sharing apps

Oct 2015 – Didi receives carbooking license by Shanghai government and becomes legal. Didi afficially founches busbooking service and test-drive service for carmokers such as Mercedes and Audi.

Oct 2015 – Uber pours \$18 investment in China operations and opens a subsidiary names Shanghai Wubo Information Technology Co., Ltd. In Shanghai Free Trade Zone.

Nov 2015 - Didi launches a Designated Driver + service and a toilet finding service. The company announces on expansion in food delivery through investment in Ele me. Nov 2015 - Uber is sold to have raised \$2.1 billion in fresh funds at a \$62.5 billion valuation and claims to have gained \$35% market share with an increased presence in 21 cities. The company's head of strategy confirms they are still charging ahead despite challenges of draft regulations. Uber announces partnership with over 100 car rental companies and a plan to launch U48 corporate program in the new year.

Dec 2015 - Chinese regulators welcome new industry association - The Commission on Sharing Economy of China (CSE) - Co-founded by Didi Kvaidi, Tencent, the Lenovo Group, Linkedin and other industry leaders. Didi launches test drive service and online automobile sales platform. According to the media release, Didi still claims 83% market share in China Didi, Lyft, Olo, and GrabTaxi announce a strategic global rideshare alliance.

Dec 2015 - Uber confirms ban continues on Wechat platform due to lack of ICP license and forms a new partnership with GAC Group, the Chinese automaker group.

Jan 2016 – Didi announces \$200M investment and strategy partnership with China Merchants Bank to help their drivers with our loans and financing

> Feb 2016 – Uber and Alipay international partnership, allowing Chinese users to use their app when travelling abroad

companies the upper hand in terms of breadth and scope of big data. It allows Didi and its backers to expand vertically at a much quicker rate and more efficiently. In an interview with Tech in Asia, Stephen Zhu, Didi Chuxing's Vice President for Strategic Development said. "We want to focus our resources on innovation and build a world-class big data team. The same algorithms that work in San Francisco don't work here in Beijing. Because of the complexity of the city, the population density, all kinds of factors." David Sullivan, an analyst at Alliance Development Group (ADG) notes, "In the big picture, I would say big data and all of what that entails is being massively embraced by China, by the Chinese government, by the Internet companies."

Big data allows governments and regulatory bodies to better understand trends and assist in the development of strategies for public transportation, traffic congestion and environmental problems. At the same time it opens up new advertising and sales channels as companies use the data to better comprehend consumer behaviour. Uber has already established several partnerships in the public and private spheres in the West. However, they are nowhere near to have the same capabilities in China.



TRANSPORTATION NATIVES



In January 2016, Didi announced it completed 1.43 billion rides across its seven platforms over the course of 12 months while Uber only completed its one billionth ride over the course of 5 years. According to Tech in Asia, Didi claims its user base surpasses the 250 million mark, making it "the world's largest mobile-based transportation platform." Furthermore, unlike Uber, Didi has opted for a strategy of cooperation with the taxi industry and regulators, paving the way for a number of strategic partnerships and easing of tensions with the government. In a Geekwire interview with Didi's founding CTO, Zhang Bo said, "We are very local and we are very Chinese. It's not about going into markets and slashing others. It's about working with local champions." And with that spirit, Didi formed an Asian anti-Uber ride-share alliance with America's Lyft, India's Ola and South East Asia's GrabTaxi. This strategic partnership will allow users of the platforms to easily book transportation when travelling.

It is clear that Didi has mastered the Chinese transportation sector. Its monopoly of the taxi-hailing platform and main investors' command of the bia data sector makes Didi an authoritative figure in tailoring the technology according to the needs of the market. Taxis are also co-owned by the state. Consequently, with the intricate system of Guanxi, Didi is at a natural advantage.





In the Journal of Asia Entrepreneurship and Sustainability, Edward Yiu-chung Lee and Alistair R Anderson point to Guanxi as one of the most critical cultural characteristics for business. It is a Confucian concept of complex and deep-rooted harmonious networks. Unlike the western concept of networking, these relationships are more intimate bonds formed over time that incorporate notions of respect, face, hierarchy and mutual benefit. It should be seen as a strategic tool to achieve business goals and expand market share. China's business and political landscapes are inseparable. Strong, genuine relationships must be cultivated with government officials and other influencers so as to ensure smooth business operations. This is where Uber is at a disadvantage. Its bulldozing style of disrupting traditional industries and forcing the hand of governments is the antithesis of the Chinese system. Didi on the other hand, with its Alibaba and Tencent connections, has managed to cultivate a close relationship with the authorities. Focusing on cooperation rather than insubordination, Didi began working with Shanghai authorities in May of 2015 on an initiative to register all drivers under the same platform. This allowed the company to have a stake in the drafting of regulation that eventually led to securing the first license to operate in Shanghai. Later on, Didi, along with partners Tencent, Lenovo and Linkedin, co-founded the Commission on Sharing Economy of China (CSE) as a response to the government's proactive "soliciting of various business chambers for input on legislation." Uber is currently still "gathering documents," as it continues to operate illegally.

Uber has been a formidable combatant in the battle of the ride-hailing beasts. Its quest to dominate the global sharing economy has been cut-short by unexpected cultural and political hurdles. However, demand in the world's largest consumer market still remains large enough to accommodate a second dominant player. W

Kuaidi Duanxin; Up Close and Personal

By Han Dou

They know what time you go to work and what time you get home. They never stop phoning you or sending you texts until they see your face. They wait for you all the time. Sometimes they catch you running downstairs in pyjamas on a bad hair day. They even know your mum and dad.

Locals call them "快递小哥" (Little delivery brother) as if they are one of the relations. The more packages you order, the more personal many become with their couriers. In many cases, they might be more fun than you might think. The following are real messages that locals received from their delivery guys.



"Have you got home yet?"

"What time can you come back?"

"Why haven't you answered any of my calls?"

"If you are really busy, just send me a text."

"Why is it always impossible to reach you? Do you know how worried I am?"

"Wait for me at home tonight. I will be there."

Some would try anything to avoid climbing those stairs

"Please pick up your package as soon as possible. I am very good looking."

"I'm afraid of your dog. Could you please come downstairs and pick up the package yourself?"

"Come downstairs. I beg you. I have acrophobia."

Others are just simply considerate

"I see you've ordered a lot of packages for the past week. You should consider go easy on shopping in case your lunch money run out by the end of the month."

"Wang Mei. You have a package."

"I'm not at home. Just leave the package somewhere by the door."

"OK. I've stuck the package on the second branch of

"OK. I've stuck the package on the second branch of the tree outside your building, so no one would steal it. Be careful when you climb the tree."



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The Mystery of Zin

Zinfandel, or 'Zin' as its often shortened to is a grape seemingly weaved indelibly deep. into the wine valleys and lore of California. Indeed, it was when California's enterprising but empty handed gold prospectors in the mid-nineteenth century turned their hands to farming that Zinfandel really took root, thriving in the warm climate and with seemingly no connection to any other country giving the impression of a very American vine and wine. Then came the unsettling scientific findings in the early 1990's which unequivocally established the varietal as genetically identical to Primitivo whose home under that moniker is Puglia, right on the heel of Italy's suddenly aggressive looking boot. Who shipped to who first? However, such was Zinfandel's success Primitivo somewhat capitulated by taking up the Zin synonym abroad to cash in on the better known grape name, backed by an old world winemaking pedigree. However, the mists were not completely cleared until as recently as 2001 when any hitherto hypotheses as to origin were kiboshed by the forensic gifts of Professor Carole Meredith of Davis while exploring Croatia's Dalmatian coast (following research suggesting the grape must be a parent of Croatia's Prayac Mali). There Zinfandel's DNA was established to be exactly the same as the local grape Crljenak Kaštelanski (known also as Tribidrag). Science has decreed Croatia as Zinfandel's birthplace, yet there still remains an intriguing etymological puzzle over the American name for the grape. Zinfandel has curious hints of German to the ear if not on the tongue, and this time it's the historians who can shed some light. Archives unearthed by one doggedly determined Charles L Sullivan suggest the grapes first appeared in America's Long Island in the

1820s via the Imperial Nursery in Vienna and were most likely obtained during the Habsburg Monarchy's rule over Croatia (eventually making their way to Boston enjoying widespread success as table grapes before they went out west). There is indeed an Austrian grape with a suspiciously similar name, Zierfandler, though this does not remotely resemble Zinfandel, being white and sweet, it is surely a reasonable supposition that a fit of national pride and phonetic expedience led the Austrians to label the shipment after one of their own. Add a dash of American and there you have it. Zinfandel. Well, it works for me.

America's signature varietal may be challenged in lineage but arguably the best manifestation of Zinfandel is from roots that are old, deep and Californian. However, soon in the shadow of the rising popularity of such perceived sophisticates as Cabernet, Zinfandel's development as a 'serious' wine was further hampered by the voluminous offerings of the pink - 'blush' - version, at their height in the '70s and '80s, and where the wine is quickly bled off the grape skins to produce a pale pink colour. Blush, as it is termed and blush the makers should with such anaemic offerings in the main. The thick set wines hewn out of the dramatically gnarled shapes of old vine Zin have thankfully ultimately eclipsed this dalliance, delivering the gravitas in the glass you might expect. Something that purports all those attributes resides in BHG; Bold Vine Old Vine Zinfandel 2012, to be exact. No empty promise this either as mocha coffee, chocolate and blackcurrant follow a gorgeous whack of fresh strawberry on the nose, the rich flavours oscillating on the buds before a hint of black pepper at the finish resonates as you contemplate the next splendid sip. As the wind was blowing from the north east and I was wearing brown shoes, and, more crucially, it was the weekend, mine was discounted 30% and thus a fantastic bargain at ¥99 (look out for the seemingly random deals at BHG which are usually signed in Chinese and occasionally reveal a very reasonable price within a generally expensive shop), but still very much one to seek out at the full price of ¥138 making the perfect technicolour foil for a grey-brown hunker down indoor winter day (18 points).



POINT SYSTEM

0-10 A WARNING

11-14 A Feasible Party Prop

15-17 Heartily Recommended

17-19 Exceptionally Good

20 The Apogee Of

WINE EXPRESSION



Life is not difficult in Okinawa. The so called Hawaii of Asia that is a bit like Florida without the people and the guns, is perhaps the crown jewel of the world's most technologically advanced country. As the disembarkation line between the East China Sea and the Pacific Ocean, lying almost 1,000 km due east of Fuzhou, Okinawans enjoy mid winter daytime temperatures as shockingly low as 20 degrees. As well as Japan's legendary politeness, cleanliness, efficiency, a gentle pollution free sea breeze is the theme tune to prices that are low low low.

Yet all this is to belie a sense of danger lurking around every corner. The volcanic still is of course earthquake central, a major typhoon target and the front line for tsunamis; roads less than 20 meters above sea level carry bright yellow, regularly placed signage to advise as to the present elevation, along with a reminder, in small print, that the area should be evacuated when a tsunami alert is issued. Then, as the literature of upstanding beachside hotels will inform, comes a plethora of dangerous sea creatures; from the much geared box jellyfish (the better beaches have nets and this is well advertised), to various starfish, sea snakes and the legendary Portuguese Man O' War.

It does not get much better on land; the baby is a snake active from April until November that lives in walls and thickets, where it lies in wait for its prey; mostly mice but its fatal bit does take out the odd human or two. If bitten, get to hospital, and fast. But don't run; it circulates the poison more quickly.

A lot of elderly men on Okinawa find gainful employment as taxi drivers. Like many. Kuniaki Oshiro listens in to AM531/549 plays a mix of smooth jazz and anything from the sound track to South Pacific. Hire him and his ancient Toyota Crown (much like Hong Kong taxis of years ago) for the equivalent of 1,000 Kuai for eight hours to take you round the sights.

As one of the standouts, Okinawa Churaumi Aquarium lays claim to one of the largest shark tanks in Asia; its 60 cm thick plexiglass walls being all that separates the shutter happy crowd from 3 metre whale and tiger sharks. Then there are the to be expected dolphin displays but also nuggets such as a touch pool called "Life in the lnoh"; great for youngsters daring to put their hands into the waters to experience marine life up close.



Given prominence as a US Air Force base for its strategic location to offset a threats in the region, primarily from North Korea, one would be forgiven for thinking that English in Okinawa is commonplace. Nothing could be further from the truth; other than tourist hotspots and hotels, Okinawans know about as much English as the average westerner knows Japanese. Off road, the local spirit happily make overcoming the language barrier a fun aside rather than an ongoing frustration.

The exception is Okinawa City itself; a collection of villages until the American military's arrival in 1945. Ever since the city has built itself as a supplier to the 20,000 service people and their relatives who call Okinawa their temporary home. Included among the sprawl of two story flat rooved, earthquake resistant buildings that is the Japan of primitive Geography lessons, is American Village, a hotchpotch of outlets and restaurants which is frankly the town that taste forgot. Yet it is to here that many flock for the "American experience"; indeed there are brands aplenty that we unfortunately miss in PRC along with burgers and hotdogs that are second to none, accompanied by antidotes to a tough military life such as

the "Coronaita"; a 60 ounce frozen margarita into which are placed two inverted bottles of corona (the equivalent of 250 Kuai in case you're interested).

Not perhaps the first destination that comes to mind for discounted shopping, malls in the capital of Naha are highly organised for tax free tourist shopping (a bit of paperwork when paying) that adds up to give us prices that overall are half that we endure in China. Beware however; 80 percent of traffic accidents occur in car parks, perhaps not a surprise when it is here that vehicles move fastest. An exception would be the Okinawa highway, the island's link between north and south that offers beautiful views of the volcanic jungle topology and those out over the ocean to both east and west.

After four blissful days on and among the sun kissed sands and islands of Okinawa, it is difficult to return to a frigid Nanjing with a smile on one's face. The fact that staff at Naha Airport (with its two international gates; bless 'em) sport Hawaiian shirts does not help one little bit. Being a mere two hour flight from Shanghai, there is likely no nearer a foreign break from pollution and people than Okinawa.





Qingdao Double Tree by Hilton

Yangzhou

Four Points by Sheraton Yangzhou

Hefei

Sheraton Hefei Xinzhan Hotel Hilton Hefei

Jinan

Jinan Foreign Entrepreneurs Association

Changzhou Sheraton Changzhou Wujin Hotel Sheraton Changzhou Xinbei Hotel **Sheraton Jiangyin Hotel** Oxford College

Taizhou

Double Tree by Hilton

Huzhou

Sheraton Huzhou Hot Spring Resort

Wuxi

EtonHouse International School Sheraton Wuxi Binhu Hotel

Suzhou

Dulwich College Suzhou EtonHouse International School

Tianjin

Wellington College International Tianjin

Zhenjiang

Sheraton Zhenjiang Hotel

THENANINGER



I have long been fascinated with the idea of Green Tea as an "abstract" commodity, an icon of health or "healthfulness" that somehow improves everything associated with it. I have observed it emerge as a conceptual identity transcending flavour or anything as tangible/base as that. Its brand value is hardly less vapid than "greenness" itself, functioning as a surrogate for "green" connotations; nature, vitality and freshness.

For westeners, well schooled in the idea that the solution to suffering caused by one consumer product (food or alcohol) is the consumption of another consumer product, green tea represents an absolution for existing instincts. Green tea is sold as anti-oxidants, nature and added freshness.

But when the sensation of real green tea in customers' mouths fails to match up to these ideals, instead tasting grassy, bitter and stale, western sellers hit a sales brick wall. People did not like that stuff in the eighteenth century, and they do not now.

International marketing teams could, at this point, take the risk of upselling to the delicious fresh greens already available to us here in China, or instead temper the "off tastes" of their cheap tea with masking flavours. Tiresomely, citrus remains the favourite partner, not least because it connotes similar values of freshness and vitality. The "inherent goodness" of green tea is also available to westerners in the form of pills and flavoured protein powder. Perhaps for similar reasons, the name of green tea appears in perfumes, air fresheners and certain other products in the west. But, like ginger or lemongrass, it continues to carry connotations of the Oriental, of

exoticism or "foreignness". It is arguably less successfully naturalised than, say, eucalyptus or aloe.

By contrast, green tea flavouring here in China is truly mainstream. It thrives even as the number of tea drinkers declines. I recently discovered "green tea" variants of hand cream, soap, shampoo, sanitary towels, acne masks, mouth-wash and tooth-paste, ironic considering the role of green tea in staining my teeth. The same healthy, restorative values appear to have been accepted implicitly. One might think green tea had always been added to everything in China.

But that is not the case. Aside from putting green tea in children's pillows and dabbing the eyes with used wet leaves, tea really was used mainly for drinking, albeit often with heavy medicinal associations.

The injection of green tea extract to processed consumer products is actually something that arrived only with the appearance of such industrial techniques from the west. It seems to have been chosen to add a local identity to products that would otherwise have seemed unfamiliar or unwelcome. Like, say bamboo salt (竹盐) or goji berries (枸杞), its inclusion as a super-ingredient panders to a patriotic, or even a broader Oriental pride.

Well, that's all ok. And sometimes these green tea products may remind us of a nice cup of matcha (抹茶) while we are applying them somewhere other than our face; at least that is more palpable than any "apple" sensations we get from our phone. But it would be sad if these abstracted signifiers were to separate us from a real, fresh, unsweetened version that too many of us have still not tried.

GHINESE DREAM PROJECT Art as a Gaokao Alternative

By Yang Rui

Every year, when the spring is approaching, millions of art students would surge into various art academies to take exams. Chen Huimin is one of the huge army called art students. Every weekend, the girl with neat bangs, thick glasses and a school uniform, carries her drawing board, with music plugged into her ears, to a drawing workshop hosted by an experienced art teacher.

Art examinations are a talent selection method which is different from the Gaokao. Every year, various academies would hold art exams in advance. If the students who specialise in singing, dancing, drawing, broadcasting, etc. pass the exams, they will earn certificates of qualification. These students will be enrolled into universities with lower grades than common students who have to go through the pain of Gaokao exams.

For them, the certificate means an express ticket to get the preferential regulations of the Gaokao system. Thus, a growing number of students try to take art exams every year just to avoid the pressure of the Gaokao. Further, there is no sign of this trend disappearing any time soon.

Once in China, applying to college is about one thing and one thing only for senior high students, even for their families behind them; Gaokao is short for The National College Entrance Exams. As time goes by, the Gaokao has become symbolic of the hyper-competitive nature of China's education system. But now, with more and more people are realising the GaoKao is not a single-plank bridge; parents, teachers and students are choosing alternative ways to avoid the pressure, such as applying to overseas universities and taking art exams.

"When I was a little girl, I studied drawing for several years. Unfortunately, I quit it because of study burdens. But now, with strokes of a paintbrush, I can accomplish my dream of becoming a cartoonist," says Chen Huimin. Sitting in her art teacher's tiny attic, the girl is sketching a view of traditional Chinese hills. For the second-grade student in senior high school, the art exam is a precious way to fulfill her art dream.

These days, Gong Xingnuo often posts and shares her graduation works on WeChat, a famous Chinese media platform. As a former art student, now she is a graduate student specialising in drawing at Chongqing Normal University. She played a role in a modern drama called the Heart of Jessamine Girl and designed some derivative products such as Jessamine dolls and printed vanities. "I would never regret to have chosen this major because I can do what I dreamed of", says the girl. "There was even a demand to buy my products, which made me very proud."

Art exams provide another way for those students who devote themselves to art to be enrolled in the universities. However, art

enrolled position universities famous education drawing products even good common quality-oriented behind official becoming chooses asked money singing academies

Academy bribes specialize applying pressure Shanghai Besides Zhu people College university Every dream real Almost parents see Says like life avoid qualification pain made job families called about China years girl demand RMB provide all News always Chinese way senior some high just trend broadcasting more Jessamine Gaokao fees thousand student Although another school examiners Different program

exams provide shortcuts for those students who try to dodge Gaokao pressures as well. Zhu Zheng, a grade one student in senior high, chooses to become an art student this year. "One day, when I was watching television, I saw a piece of news that art exams are easier than the Gaokao, so I made up my mind to study drawing." Different from Chen, Zhu's interest is singing, but now he specialises in drawing. "My instructor told me that drawing is the quickest way to be trained. He also said I was not gifted at singing."

After the Chinese government produced relevant policies of developing quality-oriented education, art exams became more and more popular and people from all levels of society consider it a real practice of quality-oriented education. Besides official promotion, another non-political factor is that children who were born under the One Child Policy are now of college-educated age. Their parents strive after favourable conditions for their children. Some families even set aside a large portion of their savings for art exams.

Chen Huimin does not come from a rich family. Although her parents do not support her choosing the path of art, they saved money for their daughter. Chen Huimin says, "Compared with other students, we art students would spend one to two hundred thousand renminbi on art exams including transportation and exam fees".

China has seen a rapid development in privately-owned art training centers in recent years, showing the country's growing demand for such training. There are more than one million art students nationwide in 2013, an almost thirtyfold increase since 2002, according to the Art Education Profession Analysis Report in 2013. However, behind the noticeable trend, some negative influences have emerged from the water.

Almost eleven years ago, there was a famous TV news program named News Probe. One of the programs discussed bribery occurring in the Chinese Conservatory of Music. A teacher and Erhu performer, Song Fei, exposed art examination bribery in this music academy. Ultimately, the programme was banned in China after its premiere. There was no immediate official explanation for it being off-air. However, there was no doubt that the investigative piece pricked the art examinations nerves.

"It seems that all the students should prepare some money to bribe examiners", said Chen Huimin when asked about the issue. One of her relatives, who always got good marks in drawing, failed the art exam just because she forgot to give the examiners a red envelope, a typical Chinese form of bribes. "The examiners changed her drawing so that she would not receive grades in one of the subjects; pencil sketch", says Chen Huimin

Now, art exams bribes are becoming a trend. Zhuo, one of the teachers in the Shanghai Theater Academy, was sentenced to 6 years in prison and was fined \$30,000 in 2014, according to Labour News based in Shanghai. He blackmailed art students and made money using this form of manipulation. As a civil servant, he used his position to ensure projects which benefit himself, and led to the loss of the academy's reputation.



Zhou Jing, the classmate of Chen Huimin in the drawing workshop, points out, "not all the art students really like drawing and they just see drawing as a means to an university enrollment".

Zhu Zheng is such a typical student. He does not like drawing and he chooses art exams just because he always gets poor grades when taking the common exams. Zhu's dream is to make money and have a good job. If a job or position can pay him a good salary, he will regard it as good job. Some art students lack life targets and job plans. They are aware of the importance of money and are materialistic. They repeated the platitude,

"The economic bases determine the upper architecture", even though they do not know what is the real meaning of Marxist's words too much.

Not all the students cherish drawing as their career and some of them see it as a strategy, a means to an end.

When they were asked about the future of life, Zhu Zheng replied, "Who knows? As students, our first task is to get enrolled into university. Life is like a chocolate box, you don't know the taste until you try them".

"Art for the People, People for the Art"

"You know you've achieved high art when you see your work stuck to the side of a bus".

That is what London-based artist Mira Calix said to me at the opening of her public artwork Moving Museum 35 this January. Later, she admitted, feeling somewhat delirious. The grand opening not only marked the end of a stimulating, and at times challenging, month-long residency at Nanjing University of the Arts, but also the culmination of a remarkable collaborative artwork.

You do not go to the Moving Museum 35, rather, it comes to you. Set upon four wheels, the mobile artwork has already begun its three-month journey around Nanjing on an ordinary number 35 bus.

But ordinary it is no more. The bus, now a museum, has been transformed inside and out into a brightly coloured haven, which exhibits sound art. Reverberating around the bus are the sound responses of local students to paintings and sculptures from a small genre of art known as Colorfield, which emerged in New York in the 1940s, linked closely to Abstract Impressionism.

There are piercing passages and melodic moments, interspersed with the artist's own recordings from museums around the world, all of which is set against the everyday hums and wallops of Nanjing. No two moments are the same, just as no two people's experiences are the same. Blocks of vibrant colour replace advertising and evoke the original colour field artworks, tinkering with various senses at once to create an immersive experience.

Once on the bus, you also have the privilege of knowing. You can take pleasure in watching new comers, and have the power to add to or relieve their sense of bewilderment. You yourself are more than just a passenger; you are also a participant, and notebooks around the bus invite your participation by leaving your thoughts and doodles.



At the opening I met people from a whole host of professions. Curators mingled with bus drivers, dancers with radio hosts, and technicians with journalists. But the variety of people who helped administer Moving Museum 35 is but a fraction of the diversity of people who will come across it. Calix believes that art is not, and should not be, only for those who seek it out. Art can be a part of everyday life and perhaps on the bus you might, for a moment, see things around you differently.

If art intends to evoke a response, then this one certainly does. Some have complained of "uncomforting noise", "overly bright colours", and even that the bus moves too slowly. But others have been moved by their experience, or even inspired to be more creative themselves. I think Calix's bus is a triumph and as one fellow Nanjing resident wrote, "I hope that there will be more projects like this in future".



COMMUNICATING IN THE DIGITAL AGE

Any desire, any accomplishment, any failure, any relationship has its foundation in the ability to communicate. There are many forms of communication. All are complex. Although there is still plenty of old-fashioned, face-to-face communication needed in life, in many cases conversations have moved from face-to-face and verbal to digital. The digital connection is increasingly affecting our lives and changing how we interact with others. It requires us to be aware of some challenges and to understand its essential practices to make our communication succeed.

Challenges

The overwhelming quantity of information available on your screens, multiple communication applications, busy lives, global platform and increasingly individualistic attitude all converge to pose significant challenges for effective communication.

The expat workforce knows it well. They have to deal with global connectivity. They can and have to be in touch almost 24/7 with their colleagues and relatives around the globe and process pages of information from multiple inputs and applications within a very short time.

The increased options to connect are both a blessing and a curse. Most expats have several—or even all—of the following: e-mail, WhatsApp, WeChat, Zoom, Skype, Facebook, QQ, Renren, Instagram, LinkedIn, Twitter: In a day or two offline you could be both blessed and cursed with hundreds of messages.

Finally, our individualistic culture pushes people to express themselves by sending detailed personal information, schedules and pictures—resulting in an overwhelming user experience and unneeded knowledge. Consequently, the time we dedicate to pay attention to the message is forcibly limited and our responsiveness altered.

Essential Practices

Effective digital communication can be narrowed down to three basics; minimalism, "wow factor," and "U effects." Minimalism is the blueprint for today's media. My generation was taught to develop a communication piece meant to thoroughly inform the reader, including a proper

introduction and conclusion, to be clearly understood by a complete stranger. Its length also added to its credibility. Today, this kind of communication is so boring it will be immediately deleted. In modern media, it is important to get to the point, eliminate the obvious, and give messages in small doses. Less is more. More is less.

The bar for effective communication today has been moved from informative to attention-getting with a sufficient "wow factor". This is accomplished in a variety of ways. Sometimes it is breaking a rule (type numbers as numerals instead of spelling them out). Sometimes it is a good visual (a picture is worth a thousand words). Always the goal is to engage the audience.

Most people focus on what they want to say when communicating, but it is important to focus on the "U" in commUnication, the "U effect." Before rushing to get our message across, take time to understand the intended recipient. This goes for companies as well as individuals. Companies clearly need to map out what, when, where and how to communicate. Sometimes forget to understand first. Inquiry and listening is the first and most valuable step in communicating. Once recognised, the target audience should be analyzed and understood. Without deep empathy for the recipient, obstacles are inevitable. Self-centered people are not good communicators.

Thriving Digital Communication

If the ability to communicate is truly the foundation for life's accomplishments as well as failures, then we should really pay attention and study how to improve our communication awareness and forms. Thriving communication starts with understanding its challenges and basics. By focusing on the effective practices of minimalism, "wow factor," and "U effect," you will digitally better interact, uncover insights and make your communication effective.

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The Waiting Game An End to Prograstination

With Nick McRrido

elcome to 2016! What are your plans for this year then? Let me guess...weight loss, muscle gain, travel more, stress less, up the joy, weed out the depression; am I close? I wonder what percentage of resolutions are followed through? What makes people bomb out of their dreams? I've just noticed there are a lot of questions here, and as yet no answers.... so I shall provide you with one:

Procrastination

Delaying achieving your goals to check your social media, stay 5 more minutes on the sofa..."Oooh, I must Skype Mother," "The sock drawer looks messy," "What are the football scores...again?" "Where shall I go on holiday this year?" Messing about with the unimportant (although, to be fair, a messy sock drawer is not to be tolerated), never feels so good as when there is something else you should be doing. Of course, should there be a minute where all the socks are with their respective partners, and your riding high on your achievements: lounging on the sofa is just not as satisfying somehow. Life can be cruel.

Why DO people procrastinate then?

When they so badly want to be man-kini ready for the summer, why do they sabotage their attempts with long spells hitting the "refresh" button on their inbox? Maybe this is the question you need to ask yourself too, when you are knee deep in socks. "Why am I trading time spent on what I really want, for time spent doing *insert inane occupation of time*?"

Something that may help is scheduling. My big word for this year is **INTENTIONAL**. It's no good having intentions if you're not going to be intentional about them. Plan your attack, schedule it, stick to it, measure it, and reap the rewards.

I can give you a more solid example:

A goal of "Getting fit," is fine but what do you mean by fit? Are we talking Olympic standards here or do you mean: I want to run 5k, I want to run 5k in less than 30 minutes, I want to run 5k and do it without feeling my posterior shake like a pneumatic drill? Let's set the intention as "running 5k, in less than 30 minutes, with less wobble." WOBBLE is not a scientific word, I hold my hands up, but we all know what I mean right... don't be so pedantic.

Well, if this were me I would start by plotting in an endurance run, once a week. This is your longest run, where you try and push the distance. Plot this in to your weekly schedule. Now, I know I also need to put some speed work in, because I need to get faster. I'll put in two of these a week. Now, I need to do some strength work, 3 times a week. I can plot this in with my speed work. Finally, I need to think about my post-holiday nutritional needs. I'm not going into that here...ultimately, we all know what a healthy diet looks like and it's not too hard to find out if you're not sure. I know it doesn't include the amount of chocolate, crisps and alcoholic beverages I have been consuming... which "kinda sucks" in the words of my son... but then. so does diabetes.

If you need help to plan for your fitness intentions and you are not sure the best path to take, contact a professional. Someone who walks the talk, with qualifications and a passion for helping people to reach their fitness dreams (that's me). If you need help getting intentional about your sock drawer, you also need professional help ... look it up under "Psychological Counselling."

The point is, it's no good thinking you'll fit in your exercise when you can. You have to make it habitual and you need to set intentions for each session.

You wouldn't miss an appointment with your boss because you had to alphabetise your seasoning....

...so don't miss an appointment with yourself to get what

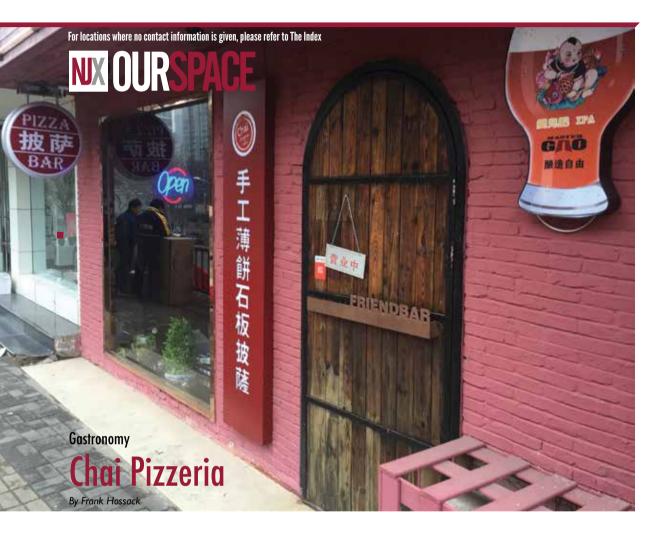
Have an intentional year, people.

Love Care Hope



Butterfly Children's Hospices supports the Nanjing Social Welfare Institute to provide care for children with life threatening illnesses or life limiting conditions.





t's the kind of place where the pretty young things hang on weekend evenings, playing liar dice while downing shots of beer, all the time their faces illuminated by smartphone glow. At Chai Pizzeria however, they have quality to gorge themselves on too.

Whereas the past couple of years have blessed Nanjing with locally run restaurants that unlocked the secrets of authentic Italian pizza (see The Me, Mona and The Wing; we've reviewed them all), Chai Pizzeria has, on the other hand, succeeded in sourcering that mythical creature; a Chinese pizza that's actually really good.

So how to identify Chinese pizza? For one, the dough is a little thicker and softer. Then there is the selection of toppings; the salami and bell pepper with mushroom for which The Nanjinger opted being an instant giveaway. Beef granules with red and green peppers, onions, corn and mushroom sounds mighty suspicious, but the pepperoni and spicy sausage, again

with green peppers, onion and mushrooms (sense a trend here?), would be our choice upon the return visit we are sure to make.

Pita bread, garlic bread, chicken wings and cheese stuffed mushrooms are all available as appetisers while for the mains it is the first time we have found pork knuckle going by its proper name of Schweinehaxen in Nanjing! All this and more in what is not much more than a little hole in the wall.

Forking out ¥76 for a 10 inch pizza (¥88 for a 12 inch) is something which we should probably start getting used to, especially this close to the city centre. Did I not see a chart somewhere recently putting Nanjing on the list of most expensive cities in Asia for expats?

On the refreshments front, Nanjinger craft Brewer Master Gao has virtually a monopoly on Chai's beer selection. How many can the pretty young things



knock back, we wonder...

Find Chai Pizzeria on Yongqing Xiang, opposite Wutaishan stadium. Tel: 13705186446 / 13776609606

Gastronomy

Mirage

By Frank Hossack

fish forms part of the logo that also carries the slogan "New Fashion Seafood Cuisine"; odd then that there is very little marine life being served up in Mirage, a new western eatery not far from the Olympic Centre.



Don't let that put you off; both the fish above the door or lack thereof on the menu, for Mirage is the kind of place that has potential to solidify the dining scene in the hitherto desert of western cuisine that is this part of the city.

So what is on the menu? Many of the usual suspects; pizza and carbonara being two staples of Italian fare

that China has managed to conquer, at least in terms of delivering an authentic taste. Full marks to Mirage on this count.

Steak however, is another matter, and the problem is one of succulence. It's not that the beef is not imported; it's the "bull in a China shop" approach employed in its prepartion kitchen side.

Elsewhere on the menu, The Nanjinger did not partake of Mirage's soups, but they should be a safe bet according to considerable positive review online. Instead, we eyeballed the Tirimasu and were pleasantly surprised to receive a very generous proportion of mascarpone cheese.



One measure of a decent restaurant must surely be whether the owners have simply popped down to Metro for a few bottles of cheap plonk, which they then sell on for a price per glass that they paid for the bottle. Not so at Mirage where the wine menu has airs of actually being well thought out. Prices too are reasonable. In the unlikely event of not being able to finish the bottle, staff are happy to point out they will keep it for you, for next time.

When it comes time to visit the bathrooms, find them clean, spacious and fitted throughout with American Standard plumbing.

With seating capacity for approximately 200, and only two other diners when The Nanjinger was present, it will be some time before the investors at Mirage start breaking even. Here's hoping they have deep pockets.

Mirage is located at the cross of Leshan Lu and Yue'an Jie, a little south of Yingtian Da Jie. Tel: 87754686

























31 members of Nanjing International Club swaddled in layers of clothing in fabulous Harbin, marveling at the grandiose ice sculptures that have made the city's ice festival world famous, a unique Siberian tiger park, the iced river, St. Sophia Orthodox Church and the famous cobblestone street of Daoliqu.

































22 January, 2016
Students from eight school across China gathered at Nanjing International School to compete in the 10th annual ACAMIS Kids Read event, in which teams answered trivia questions about books they had read across 10 categories. There was some tough competition but a good time











THEINDE

Many listings herein include handy codes as to their Naniing Zone; a coloured square that assists in sourcing places of interest in areas frequented by expats. Cross reference the listings with the maps towards the rear of The Nanjinger.

About The Index

Locations that appear within The Index have been hand picked by The Nanjinger's editorial team for offering quality, consistency and service. Descriptions are written following The Nanjinger's editorial policies as regards objectivity and impartiality. The listings are not for sale.

Food & Drink

Western Bars & Restaurants

William's 威廉砮吧

Chic Hills, 286 Zhongshan Lu 💥 中山路 286 号羲和广场一楼

Stays true to the unique cooking processes and characters that have become hallmarks of great American barbeque. Applewood log smokers subdue meat cuts hours of "low 'n' slow" smokin' heaven!

Oasis 绿洲西餐吧 🕌

133 Mingwalang

明万廊133号 83191933

Modern Western flair plus house music, stylish decor and fabulous lighting create just the right environment in which to sip a cocktail or two. Pizza, lasagna and macaroni cheese dishes are particularly popular with foreign patrons, and with good reason.

Bellini Italian Bar & Restaurant

贝丽妮

12 Nanxiucun 南秀村12号 💥

52888857

#1-106. 9 Wenfan Lu. Xianlin

仙林大学城文范路9号1 - 106室 ##

85791577

www.bellinirestaurants.com

Stylish and elegant yet easy in which to relax, award winning Bellini serves up an array of signature dishes and drinks. Ranked #7 among TripAdvisor's 2,600 plus restuarants in Nanjing.

Ciao Italia 你好意大利 🔛

193-2 Shigu Lu 石鼓路193-2号

86608807

30 kinds of pizza and more than 50 wines exclusively imported from Italy, all prepared by highly qualified Italian chefs, plus a host of other dishes.

Finnegans Wake 🔡

芬尼根爱尔兰酒吧餐厅

6 Xinanli Block, 400 Zhongshan Nan Lu 中山南路 400 号熙南里街区 6号 52207362 / 13057623789

www.finneganswake.com.cn

A carefully prepared selection of authentic Western food in a cozy atmosphere. Upstairs in "The Malt Room", enjoy an unrivalled range of whisky from every corner of Scotland.

Blue Sky Expat Bar & Grill

蓝澳西餐厅 💥 77 Shanghai Lu 上海路 77 号 86639197

www.theblueskvbar.com

One of the original expat bars to open in Naniing. serving burgers, pizzas, Aussie meat pies and Bundaburg Rum (Bundy). There are also weekly and monthly pool competitions, board games' nights and plenty of music you thought you had forgotten

Browcoll'e N

比利时喷洒祭厅

77-1 Shanghai Lu (first place up from Guangzhou

· 上海路 77-1 号 (靠折 上海路和广州路的路口) 58779429

www.brewsells.com

Quality Relgian drinks & cuisine in a smoke free environment. Imported Belgian draft beers and daily happy hour from 5 to 8pm; kitchen open until 11nm

Element Fresh

新元素餐厅

A109, 1F, Nanjing IST Mall, 100 Zhongshan Lu 中山路 100 号艾尚天地购物中心一层 A109

www.elementfresh.com

Born from an expat's passion for food, the multiaward winning Element Fresh first opened its doors in Shanghai in 2002. Since, the chain has expanded to Beijing and Guangzhou and Nanjing.

Studio 21 Grill Restaurant

藤美

193 Shigu Lu (behind the Sheraton) 石鼓路 193号(石鼓湾美食休闲街区)

86795269 / 13072525212

Genuine European flavours, grilled meat, seafood specialties and renowned home made desserts. Special Set Lunch Menu with great prices and specials for students and teachers.

Hacker-Pschorr 赫佰仕

Basement, Asia Pacific Tower, Jinling Hotel, 2 Hanzhong Lu

汉中路2号金陵饭店亚太商务楼负1楼 84660099

www.hacker-pschorr-brauhaus.com/nanjing German brauhaus that is the first Hacker-Pschorr in China, serving up a proprietary brew created in house, along with the pre-requisite sausages.

.limmv's 🛂

吉米来吧

193 Shigu Lu (inside Sunglow Bay

near the Sheraton)

石鼓路 193 号

86792599 www.jimmysnj.com

The place to be for live and recorded sports especially on Saturday nights, while enjoying American style pizza, BBQ steaks, burgers, hotdogs, tacos and more, accompanied by a large selection of draft and bottled beers plus single malt whisky and bourbon.

Jack's Place 杰克地方西餐厅

422, Dongcheng Hui Shopping Mall, Xianlin 文苑 路与学思路交叉口东城汇 4 楼

85807866

35 Wang Fu Da Jie 王府大街 35 号 11

84206485

160 Shanghai Lu 上海路 160 号 💥

83323616

Humble yet honest, Jack's Place has been around Nanjing for more than 15 years, serving up Italian favourites popular with expats and locals alike. Strengths lie in the pastas and mains.

The Wing Italian Restaurant 意之單-意大利餐厅 💥

4F The Central Heyi CRD

江东中路237号中央商场4楼(雨润国际广场)

13913983339 / 52251609

Open kitchen allows for observation of the chefs at work, while hand-made Italian thincrust pizza comes from a professional oven. Mix and match your own pasta and great value set lunches available along with MSG-free chicken

Pissa 💥

82-1 Shanghai Lu

上海路 82-1 号

83308105 / 15805177575

Formerly Pisa Pizza, that quickly gained a following among expats when it opened in 2009 for authentic pizza in an informal atmosphere.

La Mona 拉草纳 🦉

48 South Commercial District Lower Carpark Olympic Centre

奥体中心南商务区 48 号停车柱

83353881

From the makers of Pisa Pizza comes classy decor and simply fabulous pizza, fresh out of an impressively large stone oven that rivals the more established Italian eateries in town

l es 5 Sens

乐尚而粲厅 💥

52-1 Hankou Lu

汉口路 52-1, 靠折南京大学

83595859

Remaining surprisingly inexpensive since opening its doors in 2005, Les 5 Sens serves authentic and homemade traditional French dishes (the fois gras is a favourite) in a homely atmosphere.

Tan Planet W

F109, 1F, Chic Hills Plaza, 286 Zhongshan Lu 中山路 286 号義和商业广场 1 楼 F109

40 craft beers on tap, making it the largest selection of such in China, accompanied by slick service and a mouth watering food menu.

Motu Buraer

摩恩

107 Gutong Xiang, Laomendong 老门洞締桶巷107号

17701598220

Small balcony affords great people watching while munching on delicious Kiwi burgers and ice cream washed down with fine ales.

Dream House 梦想之家音乐西餐厅 回

Zhonghui Mansion, 20 Jiangiun Da Dao, Jiangning 江宁区将军大道20号中慧大厦(南航东门斜对面) 52837977

Continuing Nanjing's fascination with Western food and drink leaning toward the Germanic. Popular with students from NUAA across the street.

Behind the Wall

答案墨西哥餐厅 👋

150 Shanghai Lu (in Nanxiu Cun) 上海路 150 号, 在南秀村

83915630

One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, with perhaps the finest terrace in the city. Live musical performances go well with strong sangria and beer.

Florentina 💥

2-107, 83 Shanghai Lu 上海路 83 号 2 栋 107 号

18602560788

Ideal for peaceful chat over drinks; over 100 bottled craft beers waiting for you to try!

Henry's Home

亨利之家 💥

82-2 Fuchunijang Dong Jie 奥体富春江东街 82-2 号

58577088

One of Naniing's oldest Western restaurants, with over 20 years experience in serving up western meals; specialties include steaks, fajitas, pizza and organic

Selección Española 🔡

57 Zhongshan Dong Lu

中山东路 57 号

Family business opened in 2012 with the ambition to spread Spanish culture by offering a special culinary experience and home made traditional food. Open Tue-Sun 5-10 nm

Eminence Cellar 香松酒窖 💥

Inside Wutaishan off Guanzhou Lu

广州路,五台山体育场

66012088

High quality Western restaurant offering organic food, breads baked on-site, cigar bar and wine cellar.

Wagas 沃歌斯 🔡

1F. Naniing IST Mall. 100 Zhongshan Lu 中山路 100 号艾尚天地购物中心一层 108 号 85656120

www wagas com cn

Western and modern Asian fare with a special focus on food quality, consistency and safety.

Potato Bistro

马铃薯

#5-301 Kanggiao Sheng Fei, 9 Wenfan Lu, Xianlin 仙林文范路 9号 康乔圣菲 5幢 301 85791293

A bistro based on green, organic, fresh foods and authentic taste. Large balcony offers outdoor BBQ for up to 150 people.

Axis Mexican Restaurant & Pub

Axis 黑西哥餐厅

Yadong Commercial Plaza, 12 Xianyin Bei Lu 仙隐北路 12 号亚东商业广场

Suning Hui Gu, Ji Qingmen Da Jie (opening midmarch 2016)

集庆门大街苏宁慧谷(2016年三月中旬开业) 15895872728

Mexican dining experience offering a wide variety of traditional Mexican dishes and a popular delivery service

Nail Jazz Rar

钉子爵士酒吧 💥

10 Luolang Xiang (200m south of the Sheraton) 罗廊巷 10号, 离金丝利酒店 200米

86532244

A relaxed atmosphere in which to enjoy a wide variety of imported beers and the odd bit of live music

Ellens Bar

サ伦洒叩

132-3 Guangzhou Lu 广州路 132-3 号 💥 83641119

37 Hunan Lu 湖南路 37 号 💥

83641118

Laid back and relaxed atmosphere plus food & drinks at great value prices.

Middle Eastern Cuisine

Dubai 西侧翡冷翠餐厅

9 Zhuangyuan Jing (inside the Mandarin Hotel) 南京市夫子庙状元楼酒店一楼 18652008407

Tasty dishes from Dubai and all over the Arabic

world served inside or on a enticing, westernfacing patio. All meat is Halal.

Jackob Arabic Restaurant

嘉珂舶 💥

61 Hankou Lu.汉□路 61 문

86521668

Classic go-to for Middle Eastern fare; crilled Hallal meats, shawarmas and a mouth-watering assortment of dins. Prayer room on the second floor.

Indian Cuisine

Baba Restaurant 巴巴努厅賞

B1, Jinyuan Food Court, 11 Hexi Central Park, 341 Jiangdong Lu

江东中路 341 号出口南京金源美食广场 11 号负 1 楼 13611574929

Reincarnation of Kohinoor, Nanjing's long serving Pakistani restaurant, features a menu that boasts over 200 dishes, all of which taste nothing alike.

Naniing Ganesh Indian Restaurant

廿尼什印度餐厅 옯

3 Kunlun Lu 昆仑路 3 号 85860955

www.ganeshchina.com

The unlikely combination of Indian food and jazz music that nevertheless has stood the test of time in both Suzhou and Wuxi. Fabulous decoration in a great location by the city wall at Xuanwu Lake.

Himalaya-Nepalese & Indian

Restaurant

喜马拉雅尼泊尔印度餐厅 193 Shigu Lu (behind the Sheraton)

石鼓路 193 号

8666 1828

Popular restaurant serving Nepali and Indian foods in a setting as authentic and inspired as the dishes

Tai Mahal 泰姬玛哈印度料理 🔡

117 Fenafu Lu 主宣路 117 문

84214123

187-1 Shanghai Lu 上海路 187-1 号

83350491

Established in 2003, the Taj Mahal offers a great variety and exotic blend of high quality authentic Indian cuisine that it continues to this day, making it forever popular with the foreign community.

Masala Kitchen

玛莎拉印度餐厅 - 酒吧

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu 仙隐北路 12号亚东商业广场 A05

84448858

Offers vegetarian and meat dishes plus savory Tandoori oven dishes and exotic curries cooked fresh by a chef with over 20 years of experience in his hometown of Hyderabad.

Korean Cuisine

Xianpingjia 咸平家 🏢

#6, Block 1, Dongfangtianjun, Xianlin 仙林杉湖西路东方天郡门面房 6 号 83699086 / 13357739720

Run by a Korean grandma who has over 30 years of cooking experience. Bulgogi-marinated beef served with vegetables which you cook on the table with Kimchi is a must!

THF Korean 本家 型

B1, Golden Wheel Tower, 108 Hanzhong Lu 新街口汉中路 108 号 金轮大厦 B1 84469445

Ke Jia Fu 可家福

7 Nan Da Heyuan, 168 Xianlin Dadao . 仙林大道 168 号南大和园 7 号 86331006

Neolithic Barbecue 新石器烤肉

B1, Deji Plaza, 18 Zhongshan Lu 🔡 中山路 18 号德基广场 B1 楼 B116-117 号 94764545

#B17. B1. Tianvin Plaza, 336 Shangyuan Lu, Jiangning District 上元大街 336 号天印广场 B1 楼 B17 室 81032949

B1, Wonder City, 222 Changhong Lu 长虹路 222 号虹悦城 B1 楼 🏢 52275687

#121, Bldg. 1, Chenggowu Garden Centre, 699 Zhongshan Men Da Jie. Magun

中山门大街 699 号花园城购物中心 1 楼 121 号商铺 85568090

B1, One City, 58 Dagiao Bei Lu, Pukou 大桥北路 58 号新一城 B1 楼 58400640 58402105

Japanese Cuisine

Tairyo Teppanyaki 大渔铁板烧

57 Zhongshan Lu 中山路 57 号 🎎 8/720518

1F, Unit 6, Building 2, 1912 💫 1912 商业区 2 号楼 6 单元 1 楼 8//58310

3F,Golden Wheel, 8 Hanzhong Lu 🔡 汉中路8号金轮新天地购物中心3楼

8/773318 3 Kunlun Lu 昆仑路 3 号明城汇内 👗

58850588

Has stood the test of time with its popular all you can eat and drink special offer that includes sushi, sashimi, sake, beer and much more being a staple of the Naniing community

Other Asian Cuisine

Thai Tasty 泰式料理 🏥

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu 仙隐北路 12号亚东商业广场 A05 84448858

An extraordinary array of distinctive dishes employing authentic seasonings with fresh local produce

Thai Orchid 梵泰蘭 💥

86-1 Fuchunjiang Dong Jie (La Defense Flower Street)

富春江东街 86-1 号拉德芳斯异国风情花街(近恒山路口) 83564567

Thai nationals serve as chefs; fantastic groupon deals available, e.g. set meal of ten dishes for half

Pho Saigon 🔡

西贡堤岸越南餐厅

2F Huanya Plaza, 33 Shigu Lu 石鼓路 33 号环亚广场 2 楼

Popular and inexpensive fare that includes the must try Vietnamese noodles, hence "pho".

Keziquli Muslim Restaurant

克兹古丽餐厅 🥻 43 Luolang Xiang 罗廊巷 43号

85891799

Xinjiang restaurant popular with expats; spicy noodles, potatoes, vegetable, chicken and lamb dishes accompanied by dance performances.

Vegetarian

Jimingsi Vegetarian Restaurant

鸡鸣寺百味斋素菜馆》 1 Jimingsi Lu 鸡鸣寺路 1 号

57713690

Open since the 1980s and popular on the tourist



trail standout items include soy-based mock meat dishes. Service can be irractic

Green Cuisine 绿野香踪麦食馆

1F Zhengyang Building, 56 Yudao Jie 御道街 56 号正阳大厦一楼 6661 0222

A wide selection of creative dishes and plenty of fresh vegetables along with special drinks and teas.

Tiandi Sushi 天帝麦食

21 Huju Bei Lu, Entrance to Gulin Park 鼓楼区虎踞北路 21 号古林公园正门口(近北京西路) 83701301

Bakery & Café (see also Hotels & Hostels and Shopping)

Skvwavs

云中食品店

160 Shanghai Lu 上海路 160 号 💥

83317103

Weilan Zhidu Homeland

6-4 Hanzhong Men Da Jie

汉中门大街 6-4 号蔚蓝之都家园商业裙楼 1 楼 83378812

#A18, Yadong Commercial Plaza, 12 Xianyin Bei Lu I

仙隐北路 12号 亚东广场 A18 室

85791391

Wanda West, 222-2 Jiqing Men Da Jie

集庆门大街 222-2 万达西地区 ※

85637995

A favourite of the expat community with breads, madeto-order sandwiches, cakes, chocolates, desserts, plus imported deli items such as cheese and salami. Shanghai Lu location has a long queue at lunchtimes.

Sculpting in Time Café

雕刻时光咖啡馆

2F, 47 Hankou Lu 💥 汉口路 47 号 2 楼

83597180

32 Dashiba Jie (Fizimiao East Gate)

大石坝街 32 号(夫子庙东门

52266082

Delightful atmosphere in which to enjoy coffee, tea, a variety of Western food, plus widely known brownies. Balcony at the Confucious temple branch offers romantic night time views over the Qinhuai river.

Maan Coffee 漫咖啡

1 Qingjiang Lu 清江路 1 号天水滨江花园 ※

85872858 / 85607277

1F, Dushi Xihe, 8 Xuejia Xiang 💥 薛家巷8号金润发超市旁都市羲和一楼

85607266

81-1 Fuchunjiang Dong Jie 富春江东街 81-1 号拉德 芳斯异国风情花街 💥

1912 Leisure District 1912 时尚休闲街区 9 号楼 🔉

Korean chain serving waffles, salads and all day breakfast options that go down well amid decor that juxtaposes cement, glass and chandeliers.

Délice Capy DC 莫奈花园

1st and 2nd Floor, Friendship Mall, 27 Hanzhong Lu, Nanjing

南京市汉中路 27 号友谊广场 1 楼 2 楼

Lounge in comfortable armchairs and indulge in gooey macaroons and hazelnut slices to molten chocolate cakes.

Chinese Teahouses

Lao Cui Tea House

老崔茶馆 👗

Houhuyinyue, Huanhu Lu, Nanjing city wall, 8 Jiefang Men, Xuanwu

城墙台城段临湖厅,玄武湖环湖路"后湖印月" 52628899

15 Yingtian Da Jie 应天大街 15 号

86560632

Holds activities such as lectures on tea drinking and tea culture. Location in the city wall is one of Naniing's must-sees

iTea 我茶 🔡

6F. Xinhua Bookstore, 56 Zhongshan Dong Lu 申山 东路 56 号新华书店 6 楼

86816246

Taiwanese delicacies and soothing herbal tea. brewed intricately before your eyes by one of the restaurant's tea aficionados.

Niahtclubs

Kamakama 🔊

1912 Leisure District

1912 时尚休闲街区 2 号楼 1 层

86701912

Naniing's answer to the sleek sophisticated cocktail bars of Shanghai: signature cocktails, selected fine wines and classic malts all the way

MAZZO Club 玛索国际娱乐 🔊

1912 Leisure District

1912 时尚休闲街区 6 号楼

84418579

One of the oldest clubs in Naniing and hangout for the foreign community playing contemporary

Club TNT 潮人会所 🔊

2-1 Changjiang Hou Jie

长江后街 2-1 号

84401199 / 13151090136

A big name in the Chinese nightclub industry, with clubs in Nanjing, Chongging and Hefei.

8-3 Changjiang Hou Jie

长江后街 8-3 号 2 楼

83789898

Accesses many of the big names in entertainment: Paul Oakenfold, DJ R3hab and LMFAO have all nlaved here

Tourism, Sport & Leisure

Hotel & Hostel

Somersett Youth Olympic Naniing

南京感捷青奥国际社区

9 Qing'ao Nan Lu

青奥南路 9 号

83083888

www.ascottchina.com

Comfortable and international serviced residence providing extremely spacious three-bedroom apartments for executives and their families.

Han Yue Lou Solis Hotel 💥

南京涿月楼首丽斯洒店

235 Jiangdong Zhong Lu, Jianye District 建邺区江东中路 235 号

68176000

www.solishotels.com

First establishment in China for Solís and official hotel for the Youth Olympic Games in 2014. Chinese elements are incorporated as threads woven into the fabric of the hotel.

Jinling Hotel Nanjing

南京金陵饭店

2 Hanzhong Lu, Xinjiekou Square 新街口汉中路2号

The first five star hotel in China with a city centre location putting the prize-winning iconic landmark only two minutes' walk from Xinjiekou Metro Station. International flight and train ticket purchase counter plus bakery also available.

Renaissance Nanjing Olympic Centre Hotel

南京华泰万丽酒店 💥

139 Aoti Da Jie, Jianye District

建邺区奥体大街 139 号

83388888

cn.renaissancenanjing.com

First Marriot hotel in Nanjing. with signature Navigator service available to guests; a local who knows the hotspots inside out. Bakery sells fresh hraade

Wanda Realm

南京万法喜化洒店

59 Zhushan Lu. Jiangning District

汀宁区竹山路 59 号

52838888

www.wandahotels.com

302 stylish rooms and suites plus a 1,000 sq.m. pillarless Grand Ballroom

Novotel Naniina East Sunina Galaxy

南京玄武苏宁银河诺富特酒店

9 Suning Dadao, Xianlin 往中软件园内茶宁大道9号

85208888

www.novotel.com

Good spot for a weekend escape from the city, with Purple Mountain on its doorstep, while the Nanjing Zhongshan International Golf Resort 27 hole course designed by Gary Player is just 5 minutes away.

Fraser Suites Naniina

南京辉盛阁国际公寓

116 Lushan Lu

庐山路 116 号 87773777

www.frasershospitality.com

International serviced apartment suites offering full balconies, clubhouse and leisure facilities.

The Westin Naniina

南京威斯汀大酒店

Nanjing International Center, 201 Zhongyang Lu 中央路 201 号南京国际广场

85568888

www.westin.com/nanjing

A haven of Chinese distinction in which every room affords a view of scenic Xuanwu Lake.

Sheraton Nanjing Kingsley

金丝利喜来登酒店 💥

169 Hanzhong Lu

汉山路 169 문 86668888

Excellent downtown location with amenities including baby sitting and butler service plus car rentals.

Fairmont Nanjing 💢

南京金奥费尔蒙酒店

333 Jiangdong Zhong Lu, Jianye District

建邺区江东中路 333 号

86728888

www.fairmont.com/nanjing Elegant international hotel famous for its services and cultural features; the building itself resembles a Chinese lantern

InterContinental Hotel

紫峰洲际酒店 💥

1 Zhongyang Lu, Zifeng Tower

Tower; Nanjing's tallest building.

中央路1号紫峰大厦

83538888

www.intercontinental.com A statement of grandeur in the 450 metre high Zifeng

Sofitel Galaxy 南京索菲特银河大酒店 💥

9 Shanxi Lu 山西路9号 83718888

www.sofitel.com

resoff@sofiteInaniing.com

The accommodation of choice for many visitors coming to Naniing, along with all French dignitaries.

Hilton Naniina Riverside

南京世茂滨江希尔顿酒店

1 Huaibin Lu (cross of Qinhuai and Yangtze Riv-

, 淮滨路 1 号 (祈秦淮河和扬子汀交汇处)

83158888

naniingriverside.hilton.com

nanjingriverside.info@hilton.com

A more serene statement from Hilton: extensive conference and recreation facilities and rooms with balconies overlooking the Yangtze.

Naniing Sunflower International Youth Hostel

南京瞻园国际青年旅社

142 Dashiba Jie (Fuzimiao west gate)

大石坝街 142 号,在夫子庙西门的附近 52266858 / 66850566

www.naniingvha.com

A popular youth hostel that includes free pool. DVDs. cable TV. foosball and English speaking

Resorts

Kayumanie Privato Villae & Sna 南京香樟华苹温泉度假别墅

12 Wenquan Lu, Tangshan

江宁区汤山街道温泉路 12号

84107777 www.kavumanis.com

nanjing@kayumanis.com High-end private villa with refreshing natural hot

spring and mountain view.

Regalia Resort & Spa (Qinhuai River)

南京御庭精品酒店(秦淮河)

Bldg. E5, 388, Yingtian Da Jie

(inside Chenguang 1865 Technology Park) 应天大街 388 号 (晨光 1865 科技创意产业园) 第 E5 幢 51885688

www.regalia.com.cn

A Thai style spa offering a holistic approach to rejuvenation and relaxation.

Tangshan Easpring Hot Spring Resort

汤山颐尚温泉度假村

8 Wenguan Lu, Tangshan, Jiangning 江宁区汤山镇温泉路8号

A leisure hotel in Tangshan offering different types of bathing.

Museums

Naniing Massacre Memorial

侵华日军南京大屠杀遇难同胞纪念馆

418 Shuiximen Da Jie 水西门大街 418 号

86612230 / 86610931

Hours: Tue - Sun from 8:30 to 16:30

www.nj1937.org

Located on a former execution ground and mass burial place of the Nanjing Massacre. Admission is free.

Nanjing Museum

南京博物院 ⊀

321 Zhongshan Dong Lu

中山东路 321 号

One of China's three national level museums displaying Chinese art, pottery and a life-sized Republic of China street scene. Admission is free with valid ID.

Nanjing Municipal Museum (Chaotian

Palace) 南京市博物馆 4 Chaotiangong 朝天宫4号

World class museum presenting ancient pottery and earthenware, calligraphy, clothing, jade etc.

Six Dynasties Museum

六朝博物馆 🛂

Changiang Lu / Hanfu Jie

长江路 / 汉府街

Constructed on the ruins of Jiankang Castle, visitors can see over 1.200 artifacts, including porcelain. pottery, epigraphs, stone inscriptions, calligraphy and paintings and even a section of the city wall.

Nanjing Jiangning Imperial Silk Manufacturing Museum 🎬

南京江宁织造博物馆

123 Changjiang Lu, Xuanwu District

南京市玄武区长江路 123 号

83416801

Exhibitions of silk manufacturing, brocade, qipao and most interestingly, one dedicated to "Dream of Red Mansions" in which one can experience settings where many events in the novel happened. One of 17 locations in Naniing awarded Cultural Exchange Base status in 2014.

Rabe House

拉贝拉层 💥

1 Xiaofenqiao, Guangzhou Lu 小粉桥 1 号

Monday - Friday from 8:30 to 16:30

German industrialist's former home that served as a refugee shelter and saved thousands in 1937. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Purnle Mountain Observatory

· 安全川天文台 ❖

Tianwen Lu. Purple Mountain Area. Naniing

南京市紫金山区天文路

84440768

Very first observatory to be built in mainland China that is known as "the cradle of Chinese astron-

Tangshan Homo Erectus Fossil Museum

汤山直立人化石遗址博物馆

Jiangning District, Tangshan Scenic District 南京汤山国家地质公园内

68720777

Insight into the prehistoric life of the Nanjing cave couple, a pair of 600 000 year old skulls discovered in the Tangshan area of Nanjing in 1993. Designed by French architect Odile Decq. Closed on Mondays.

Nanjing Brocade Museum

南京云锦博物馆 ※ 240 Chating Dong Jie 茶亭东街 240 号

86518580

Observe wooden looms producing the world's finest brocade. Fabric is also available for purchase.

Nanjing Taiping Heavenly Kingdom History Museum

南京市太平天国历史博物馆 128 Zhanyuan Lu 瞻园路 128 号

58800123

Houses the largest collection of artifacts and documents from the Taiping Heavenly Kingdom.

Nanjing Science Museum

南京科技馆

9 Zijinghua Lu, Yuhua District 雨花台区紫荆花路9号

58076158

Hands-on fun and learning for kids. IMAX Cinema.

Nanjing Museum of Paleontology

南京古生物博物馆 👗

39 Beijing Dong Lu

北京东路 39 号

83282252

Full dinosaur skeletons, a mass of fossils, from significant digs in China and an interesting lession in local geology. Open at weekends only.

Nanjing Folk Museum

廿家 大院

15 Nanbuting, Zhongshan Nan Lu

由山南路南埔厅 15 号

52217104

Visitors can study traditional Chinese architecture including the so-called "99 and a half rooms" Various displays of traditional folk art throughout the

Jinghai Temple

静海寺

288 Jianning Lu 建宁路 288 号

58500308

www.vueiianglou.com

In addition to enjoying an insight into the Chinese view of the "unfair treaty" ceding Hong Kong to the British, visitors can learn about the voyages of 7hena He

Zheng He Treasure Shipyard

南京郑和宝船遗址公园

57 Liliang Lu

鼓楼区漓江路 57 号

Climb aboard a mockup of the famous navigator's fleet in the location that built the very same almost 600 years ago

Parks & Attractions

Qingliangshan Park 清凉山公园

83 Qingliangshan Lu, near Huju Lu

清凉山路 83 号

Calligraphy and stone museums, as well as an art gallery and pottery studio.

Zixia I ake 紫霞湖

A cold water mountain-fed lake. Exercise with care: the cold undercurrents can cause life-threatening cramps

Mochou Lake Park 莫愁湖公园 💥

35 Hanzhongmen Da Jie

汉中门大街 35 号

Home to the annual Dragon Boat Race, and great for boating or a walk in a peaceful environment.

Happy World 弘阳欢乐世界

Dagiao Bei Lu, Pukou District

浦口区大桥北路

Fairly violent looking thrill rides plus giant water slide

Jiuhuashan Park 九华山公园 🦫

20 Juihua Shan 九华山 20 号

Visit the pagoda and get on the city wall for gorgeous views of the city.

Xuanwu Lake Park 玄武湖公园 🥋

1 Xuanwu Xiang 玄武巷 1 号 Idylic islands with playgrounds, gardens, restaurants plus boats and bikes for rent.

Yaxi International Slow City

桠溪国际慢城

6 Shengtai Lu, Yaxi Town

高淳区極溪镇生态路 6 号 56861235

The village of 20,000 was designated China's first "Slow City" by Cittaslow.

Pearl Spring Resort 南京珍珠泉风景区

178 Zhenzhu Jie, Pukou District

浦口区珍珠街 178 号

A 8.9 sq.km scenic area that includes a zoo, circus, dodgems and cable-car to a so called Great Wall.

Gulin Park 古林公园

21 Huiu Bei Lu 虎踞北路 21 号

Gardens, paintball and BBQ plus a view of the city from atop the TV tower.

Zhongshan Botanical Garden

钟山植物园 ⊀

1 Qianhuhoucun 前湖后村

84347062



Covers over 186 hectares and home to more than 3000 plant species

Naniing Yangtze River Bridge Park

南京长汀大桥(公园) 7 Baotagiao Dong Jie 宝塔桥东街 7 号

Memorabilia dating from the construction of the bridge. Ascend to the deck of the bridge by elevator for the obligatory photo.

Memorial for Revolutionary Martyrs

雨花台列十纪念馆 #

Yuhua Dong Lu (north gate)

南京市雨花台烈士纪念馆北大门雨花东路 A surprisingly relaxing memorial park, vet used as a mass execution ground during the anti-commu-

nist revolution of 1927

Drum Tower/Gulou Park

鼓楼公园 💥

1 Gulou Jie, at the end of Beijing Xi Lu 鼓楼街1号,在北京西路口

The traditional centre of a Chinese city.

I ao Shan National Forest Park

老山国家森林公园 Chalukou. Pukou

浦口区岔路口

Enjoy a more rustic experience in Nanjing's second National Park: away from the crowds soak in the virgin forest that is rich in species.

Lamendong Neighbourhood

城南・老门东

50 Changle Lu 长乐路 50 号

52201611

A new name card of Nanjing with cultural activities, traditional Chinese architecture and distinctive local features. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Datangjin Fragrant Valley

大塘金香草谷主颗餐厅

Zhengfang Da Dao, Jiangning District 江宁区谷里街道大塘金正方大道薰衣草庄园

Breathe in the intoxicating scents while strolling through the fields of lavender that lead to the shop filled with perfumes, eye patches, pillows, face masks and even lavendar perfume.

Sports

Jijianheng Martial Arts Training Center

15996493275

Offers the mental and spiritual training necessary for Kung Fu mastery to students of all ages and abilities. Founded by Shaolin Master Shi Jianhu in 2015. Bi-annual Shaolin Homecoming weekend trips, led by Master Shi and his foreign wife Maggie, also available.

Century Star Ice Skating Club

世纪星滑冰俱乐部

222 Jiangdong Zhong Lu (Inside Olympic Center) 江东中路 222 号奥体中心内 💥

86690465 / 86690467

4F, Wonder City, 619 Yingtian Street 应天大街 619 号虹悦城 4 楼 🕮

52275768 ext. 8001/8002

Nanjing Zhongshan International Golf Club

南京钟山国际高尔夫俱乐部 9 Huanling Lu 环陵路 9 号

84606666

Nanjing Harvard Golf Club 南京昭富国际高尔夫俱乐部

176 Zhenzhu Jie, Pukou 南京市浦口区珍珠街 176号 58853333

Nanjing Gingko Lake International Golf 南京银杏湖国际高尔夫俱乐部

1 Guli Yinxing Hu 汀宁区谷里银杏湖 1 号 86130088

Nanjing Leiniao Paragliding Club

南京雷鸟滑翔伞俱乐部 💥

Wutaishan Sport Center Tennis Stadium 五台山体育中心网球馆

84458450 / 15335179782

Pisarev Ballet 比萨列夫苗蓋舞堂校 💥

#B901, Junlin International Mansion, 5 Guangzhou Lu 广州路 5 号君临国际 B901 室 86975095

Changqing Taekwondo

长青跆拳道馆 🔊

9F. Quanmin Jianshen Plaza. 145 Zhongshan Dona Lu

玄武区中山东路 145 号全民健身中心 9 楼 84541055

Gvm

Lucky Bird Fitness

have swimming pools.

金吉鸟健身 83518366

www.iiniiniao.com 28 branches in Nanjing offering Workout area, gymnasium, yoga studio etc. Eight branches also

Theatre

Nanjing Poly Grand Theatre

南京保利大剧院 💥

6 Yecheng Lu, Jianye District (inside Nanjing International Youth Culture Centre) 建邺区邺城路 6号 (南 古国院書年 文化由心(58839008 58839098

Nanjing Art and Cultural Center

南京文化艺术中心 101 Changjiang Lu 长江路 101 号 84797920

Jiangnan 631 Niuda Theatre

江南 631 牛达剧场 5 Yanling Xiang 延龄巷 5号

84419786

Nanjing Art Academy Concert Hall

南京艺术学院音乐厅

15 Huju Lu 虎踞北路 15 号 83498249

Jiangsu Kunqu Theater 兰苑剧场 🔡

4 Chaotian Gong 朝天宫 4号 84469284

Business & Education

International Education

British School of Nanjing

南京英国学校 回

Hanfu Lu, Jiangning District 汀宁区韩府路 52108987

www.bsn.org.cn

Serves expat children with a private education of the highest standard, with a day-to-day focus on helping pupils to thrive in their own unique way. Based based on the English National Curriculum.

Nanjing International School

南京国际学校 8 Xueheng Lu, Xianlin College and University Town 仙林大学城学衡路8号

95900111

www.naniing-school.com

An inclusive learning community inspiring international mindedness, personal excellence, creative thinking. An IB World School.

EtonHouse Nanjing

伊顿国际教育集团

8 Qing'ao Nan Lu, Jianye District 南京市建邺区青奥南路8号 85506778

Singapore based chain with more than 100 preschools and schools spread across Asia and a curriculum based on an international inquiry-based program.

The Overseas

海外国际 💥

Naniing Novas International Business Consulting Co. Ltd, #1606 Block A, Junlin International, 5 Guangzhou Lu

广州路 5 号君临国际 A 幢 1606 室 84533133

admin@the-overseas.com

Wechat: overseas

Youth Moment Educational

Investment Co., Ltd. 🛧 南京青梦家教育投资有限公司

3rd Floor Building E, Kingdee Science and Technology Industrial Park

532 Zhongshan Dong Lu

中山东路 532 号金蝶科技产业园 E 栋 3 楼

68165526 / 18621932120

www.qingmengjia.com

enquiries@gingmengija.com

Career guidance, entrepreneurial support, overseas study services for Chinese and foreign stu-

Higher Education

Nanjing University of

Science & Technology

南京理工大学 200 Xiaolingwei 孝陵卫 200 号

84303232 / 84303135

study.niust.edu.cn

Offers both Chinese and English taught programs for undergraduates and postgraduates in a large range of vocations; everything from science, engineering, liberal arts and economics to business, management, law and education for coordinated development.

Business Services

85720118

Sharehouse (Nanjing) Co., Ltd.

赛浩企业管理服务(南京)有限公司 Magun Scientific Park, 3 Jinma Lu 南京栭爾区马群科技開金马路3号

www.sharehousechina.com

Enables SMEs to establish their own legal entity in China while keeping overhead costs low through shared resources.

Foreign Trade & Economic Development Agencies

European Union Chamber of Commerce

中国欧盟商会(南京) 💸

#806, Haihua Mansion, 99 Zhongshan Lu 中山路99号海华大厦806室

China-Britain Business Council, Nanjing 英中贸易协会南京代表处

#2514-2515, 50 Zhonghua Lu 中华路 50 号 2514-2515 室 52311740

Netherlands Business Support Office

荷兰贸易促进委员会南京代表处 💥 #2316 Bldg B 23F Phoenix Plaza 1 Hunan Lu 湖南路 1 号凤凰国际广场 B 楼 23 层 2316 室 84703707

Baden-Württemberg International

徳国田登符勝保州国际经济和科技合作协会 ≥ 7-3 Dabei Xiang Meiyuan Xin Cun 梅园新村大悲巷 7-3 号 84729068 www.bw-i.cn

Australian Trade Commission

澳大利亚贸易委员会南京代表处 #1163, Jinling World Trade Center, 2 Hanzhong Lu 汉中路 2 号金陵饭店世界贸易中心 1163 室 84711888 -1163

Canadian Trade Office Nanjing

加拿大驻南京商务代表处 #1261, Jinling World Trade Center, 2 Hanzhona Lu 汉中路 2号金陵饭店世界贸易中心 1261 房 84704574

Language Training

New Concept Mandarin 新概念汉语

#821, 8F, PICC building, 98 Jianye Lu, Qinhuai

秦淮区建邺路98号鸿信大厦8楼821室

8/872361

www.newconceptmandarin.com nanjing@newconceptmandarin.com

Over 20-years experience in applied linguistic re-

search and global teaching.

JESIE - Goethe-Language Centre

JESIE - 歌德语言中心 💥

Jiangsu College for International Education, 3F. 205 Shanghai Lu

上海路 205 号江苏国际预科学院 3 层

83335690

www.goethe-slz.js.cn

Nanjing No.1 High School

南京市第一中学

301 Zhongshan Nan Lu

中山南路 301 号

52216244

Only high school designated by the International Office of National Chinese Language Promotion as base for the international promotion of Chinese lanauaae

Alliance Française de Nanjing

南京法语联盟

4F, Qun Lou, 73 Beijing Xi Lu

北京西路 73 号裙楼 4 楼 83598762 83598876

www.afnanjing.org

info.naniing@afchine.org

French language and culture centre with classes for individuals and corporations at all levels, cultural events plus a modern library with free access to collections

Clubs & Charities

Nanjing International Community

Clubhouse 🗉

南京国际社区中心

1-B-01, British School of Naniing, Hanfu Lu, Jiangning District

工宁区韩府路南京英国学校 1-B-01

www.vournicc.net

info@vournicc.net

Helps expats to understand and enjoy their experience of living in Nanjing through a service centre; classes for adults, such as calligraphy; for children, such as ballet, a monthly ladies night and many more activities.

Naniing International Club

南京国际俱乐部

Magun Scientific Park, 3 Jinma Lu, Xianlin, Qixia Dietrict

柄爾区马群科技园金马路 3 号

www.naniinginternationalclub.org

A club with over 500 Members from all around the worldand a large variety of events; cooking, kids' club, book club, dinners, balls, outings, BBQ, concerts bazaar and more Fundraising for charities plus opportunities to support, volunteer and become part of an exciting team.

Y.M.C.A / Y.W.C.A

南京基督教青年今和女青年今 66-9 Dajianyin Xiang, Gulou District 南京市鼓楼区大锏银巷 66-9 号

83307098 / 83714117

www.njymca-ywca.org Endowed by Dr. Sun Yat-sen himself in 1912, the Naniing branch of the infamous organisation provides volunteering services and organises overseas exchange programs.

Hopeful Hearts

www.honefulhearts.info

Baises funds for the medical treatment of children with heart conditions. Over 400 children assisted to date. Operates under the umbrella of The Amity Foundation with other branches in Chengdu and Guandzhou

Pfrang Association 普方基金会

3 Jinma Lu, Magun Scientific Park, Xianlin, Qixia Dietrict

栖霞区马群科技园金马路 3 号 85720118

www.pfrangassociation.org

Raises funds to sponsor the 6-year high school education of underprivileged children in Jiangsu province, providiong them with the chance to lead a self-directed and fulfilled life

Butterfly Hospice

www.butterflych.org

Provides loving care and treatment for children with life-threatening illnesses, through a children's hospice in Changsha, and a local support project in Nanjing with specialist nursing care for palliative children

Ray of Light Cambodia

www.rayoflightcambodia.com

Provides opportunities to 3-18 year olds in an orphange in Phnom Penh

Cultural Education

Confucius Temple Primary School

南京市夫子庙小学

22 Zhanyuan Lu 瞻园路 22 号

Founded in 1907 to explore and promulgate the ideology and culture of Confucius.

Shopping

International Groceries

Iced Baking

46-13 Xianyin Nan Lu, Xianlin 林仙隐南路仙龙湾 46-13 室

18014847503

www.icedbakingnanjing.com

Cakes, cupcakes, scones and a host of baking supplies, including cocoa powder, cream cheese, fondant, sprinkles and shortening.

Epermarket 上海赢盘实业有限公司 www.epermarket.com 4007760776

First online supermarket in China to be ISO 9001 certified, delivering more than 5,000 imported & local

Fields

www.fieldschina.com

4000210040

Online grocery store that delivers safe, delicious, high quality and imported processes directly to your door.

18551768576

www.timefarm.com.cn

Permaculture facility in Jiangning producing vegetables, rice, whole-wheat flower, free-range eggs and canola oil.

Nanjing Bakerv

www.nanjingbakery.com

Home made cakes, ready to bake pizzas, lasagna etc. plus a range of items such as pasta, butter, cheese sauces and spices

Wendy's Bakery 温底手作

13611577210

wendybakery.taobao.com

Classic apple pie, bacon-cheese scones and inventive cranberry shortbread utilising only imported ingredients

Petite Abeille

法国小蜂蜜讲口商店

22 Hankou Xi Lu 汉口西路 22 号 💥

83237878

80 Nenjiang Lu 嫩江路 80 号 测

83217096

Largest selection of French produce in Nanjing, with netite pains hiscottes chocolate plus home-made heavy breads and baquettes, croissants and apple

Times Grocery 泰晤士 💥

48 Yunnan Lu 云南路 48 号

83685530

Compact yet its location breeds popularity: wide selection of imported but sometimes pricy food.

Happy Orange

乐橙便利店 📵

Cuiping International (North Gate), Hanfu Lu, 20 Jiangjun Avenue, Jiangning

将军大道 20 号翠屏国际城北门(韩府路)

52158366

Small shop with a nice selection of imported items run by a charming couple from Taiwan.

Ronnie's Pies

13912379301

www.ronnies.com.cn

Home made Aussie pies in a variety of flavours, including delights such as Cornish pasties, Lancashire pasties and sausage rolls. Delivers from Yangzhou.

Metro 麦德龙

288 Ningli Lu 宁溧路 288 号 ##

300 Jianning Lu 鼓楼区建宁路 300 号

Foreign foods plus wines, beers and sprits. Passport/ID sometimes required.

Carrefour 家乐福

235 Zhongshan Dong Lu 中山东路 235 号 👗

341 Jiangdong Zhong Lu 江东中路 341 号 🦹

26 Jigingmen Da Jie 集庆门大街 26 号 🔯

7 Dagiao Nan Lu . 大桥南路 7 号

3 Liuzhou Nan Lu, Pukou

浦口区柳州南路3号

Good range of dairy products, especially imported butter, cream and cheese plus snacks, pasta and



Auchan 附出

151 Hanzhongmen Da Jie 汉中门大街 151号(近纪念馆东路) ▒ 11 Qinhuai Zhong Lu 秦淮中路 11 号 回 866 Yingtian Da Jie 应天大街 866 号

Another French hypermarché with probably the city's best selection of cheese

BHG Marketplace

B2, Aqua City, 1 Jiankang Lu 健康路 1 号水游城地下 B2 层 B1, Deji Plaza, Zhongshan Lu 德基─期地下 B1 层 B1. Jingmao Shopping Mall. 201 Zhongvang Lu 鼓楼区山中路 201 号全茂汇 B1 楼 B1. The Central, 237 Jiangdong Zhong Lu

江东中路 237 号中央商场 B1 楼 💥 B1, Forest Mall, 301 Zhongshan Men Da Jie 中山门大街 301 号森林摩尔商业街区 B1 楼

B1. Raydu Plaza, 1222 Shuanglong Da Dao, Jiangnina 🗊

经济技术开发区双龙大道 1222 号 B1 中厅

Imported goods plus organic fruit and veg. Pricy, but that keeps the crowds away

RT Mart 金润发

39 Danfeng Jie 🔌 丹原街39号(近北京车路)

B1. New City Mall. 99 Caochangmen Da Jie 草场门大街 99 号新城广场 B1 ※

260 Longpan Zhong Lu 龙蟠中路 260 号 Decent imported food section, dairy and bakery

Q F Mart 書母

7 Wenshu Dong Lu, Xianlin 文枢东路 7 号 85862080

Medium-sized supermarket (labelled "Korean Market") with a wide range of Korean produce.

For the Home

FA smart

1F-Z, Wanda Plaza, 68 Zhushan Lu, Jiangning 竹山路 68 号万达广场 1F 52187886

www.eading.com

Fantastic selection of stationary plus coffee machines, electrical and IT appliances, kitchenware and home decoration items

Living Story

欧洲生活馆 💥

173 Shanghai Lu 上海路 173 号

Compact yet manages to offer coffee grinders, espresso makers, stylish kitchen utensils. picture frames, oil burners and oils, candles, clocks, various pieces of art, wine racks plus a few bottles of wine thrown in for good measure.

Hongxing Furniture

红星国际家县广场

224 Zhongyang Lu 中央路 224 号

83118005

Large furniture mall with many shops. Large range of prices, styles, etc.

Jinsheng Market

金盛百货大市场

2 Jianning Lu

建宁路2号(南京商厦对面)

9 Wangjinshi (off Changjiang Lu) 💫 长江路网巾市9号

Daqiao Bei Lu (beside North bus station)

大桥北路(长途北站旁)

Everything from home décor to wires, Christmas trinkets and electronics. Cheap but be prepared to bargain.

Jinling Decoration Market

金陵国际家居 ※

88 Jiangdong Zhong Lu 江本山路 88 早

Everything needed for a new home

Longjiang Flower Market

龙江花卉市场 ※

86511888

78 Qingliangmen Da Jie

清凉门大街 78 号

Huge selection of plants, cut flowers, fish tanks and fish, plus gardening tools.

B&Q 百安居 Ⅲ

90 Kazimen Da Jie (beside Metro) 卡子门大街 90 号麦德龙旁 52450077

IKFA 官家家居 ⊞

99 Mingchi Lu (East side of Kazimen Plaza) 明匙路 99 号 (卡子门广场东侧) 4008002345

Electronics, Photography & Gaming

Professional Photography

Equipment Market N

昭相器材专业市场 3F, Binjiang Friendship Shopping Center, 301 Jiangdong Bei Lu

江东北路 301 号滨江友好商城三楼

Specialists in wedding photography with equipment including lighting, flash etc.

Camera & Photography Equipment

Market 💫

东鼎照材市场

Dongding Plaza, 699 Zhujiang Lu 珠江路 699 号东鼎照材市场

Widely regarded as the best camera and equipment market in Nanjing

Mobile phone shops on Danfeng Jie

. 丹凤街 - 手机 💥

Indoor markets specialized in new and secondhand mobile phones and repairs.

IT products on Zhujiang Lu

珠江路 -IT 产品 🗼

A multitude of stores selling everything you can imagine and more; computers, cameras, MP3 and MP4 players, iPad, webcams, hard drives, and portable flash drives.

Video games on Zhongyang Lu

中央路-由子游戏》

Any type of video game for all game systems. Also do minor repairs.

Art

Art Home 聚烃堂

84 Shitoucheng Lu 石头城路 84号

Arguably the best stocked art supplies shop in Nanjing; oil and acrylic paints plus many products by Faber-Castell and Staedtler. Framing service also available

Jiangsu Fande Culture and Art Block

江苏凡德文化艺术街区 |||

1 Zhengxue Lu 秦淮区正学路1号 84711180

An inclusive cultural industry platform for the research and development, creation, display and transaction of art works.

Fangshan Culture and Art Creative Industry Park 南京方山文化艺术创意产业园

1 Donghuyuan, 588 Longmian Da Dao

江宁区龙 眠大道 588 号东湖苑 1 号 52712282

Home to four art institutions and over 40 famous artists in photography, oil painting, Chinese painting, sculpture and pottery

Jiangsu Art Gallery 江苏省美术馆 🔉

266 Changiiang Lu 长江路 266 号

84506789

333 Changiiang Lu 长江路 333 号

80610840

Local artists' work, changed frequently.

Naniing I uhe Pheonix Art Gallery 南京六合凤凰山艺术馆

Fenghuang Shan Park, Yanan Lu, Pukou 六合区延安路凤凰山公园内

57751345

A non-profit institution with exhibitions and serving as a platform for people to exchange information and experience in art creation and collection.

Shenghua Art Center 南京圣划艺术中心

2 Zhoutai Lu, on Jiangxin Zhou (Grape Island) 江心洲民俗街洲泰路 2 号 (原乡土乐园) 86333097 86333100

Exhibition of contemporary Chinese art.

Stone City Modern Art Creation Gallery 石头城现代艺术创意园

72 Beijing Xi Lu 北京西路 72号 55583708

Exhibition of modern Chinese art

Yipai Art 南京艺派文化用品中心 81 Stone City 石头城 81 号

83704786

enair8888@126.com

Oil paints, brushes, spatulas, charcoal, easels, drawing instruments, sketch books and a selection of pens, pencils and refills.

Sports & Outdoor

Decathlon 迪卡依

866 Yingtian Xi Lu (same building as Auchan) 应天西路 866 号

84218420

286 Ningli Lu (next to Metro) 宁溧路 286 号 (麦德龙对面) | |||

52401018

1 Beijing Dong Lu 玄武区北京东路1号 💫

French sports megastore chain that also stocks informal-wear shoes in sizes up to 48.

Sanfo 三夫户外

57 Zhongshan Lu 中山路 57 号 🐰

84721228 / 84720512

Jinxianghe Lu 进香河路 💫 83601199

4F, Zifeng Tower, Zhongshan Bei Lu

中山北路紫峰大厦购物广场 4F 💥

83518681 / 83518682

Chinese outdoor chain store stocking equipment for biking and hiking plus backpacks and apparel for outdoor.

Foreign Language Bookstores

Foreign Language Bookstore 外文书店

218 Zhongshan Dong Lu (Beside Taiping Nan Lu) 中山东路 218 号长安国际 (太平南路口)

Xinhua Bookstores 新华书店

56 Zhongshan Dong Lu (near Hongwu Lu) 中山东路 56号(近洪武路) 86645151 217 Zhongshan Bei Lu 中山北路 217 号 83374645

Phoenix International Book Mall

凤凰国际书城 👋

1 Hunan Lu 湖南路] 县 \ (佰供亭 (近山東路) 83657000 / 83657111

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300 Changjiang Lu 长江路 300 号 58951779

naniinalcshop@everwines.com

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Area B. F1. New City Mall. 99 Caochangmen Da Jie 草场门大街99号新城市购物中心负一楼B区 86265959

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#109, 198 Zhongshan Dong Lu 中山东路 198 号 109 室 84679799 www.aussino.net

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华世佳宝妇产医院 💥 9 Wenti Xi Lu 文体西路 9 号

24 hour English hotline: 18013919815

www.hswoman.com/en/

Combines an Obstetrics and Gynecology Department, Neonatology Department and Pediatrics Department with a tranquil atmosphere, high standards of hygiene and more than competent English service, including 24/7 telephone hotline. Underwater birth available; international medicare accepted.

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中山东路 319 号维景国际酒店 1 楼 84802842 (by appt.)

Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Assistance Center: 010 64629100

www.internationalsos.com

Delivers integrated, quality, comprehensive medical care. Services span from family medicine to 24/7 emergency services. Languages spoken include; English, Chinese, German, and Japanese.

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天使福乐氏口腔连锁 🍒 4F,10 Ke Xiang, Qinhuai District 南京市秦淮区科巷 10 号 4 楼 86502567 / 18551700071 www.tskg025.net

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86519991 (24 Hours) www.globaldoctor.com.au

International medical centre offers family medicine & specialist services plus 24 hour emergency assistance to expatriates in Nanjing. Mon-Sat 09:00-18:00. Multilingual staff: EN/JP/ES/KO/CN.

BEN-Q Medical Centre 明基医院

71 Hexi Da Jie 河西大街 71 号 52238800

Another popular choice for expats, BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors

Nanjing Union Dental Clinic

南京友联齿科 ⊀ 1F. Grand Metropark Hotel Naniing. 319 Zhongshan Dong Lu 中山东路 319 号维景国际酒店一层 84818891 / 84808888-6555 dentist@uniondental.cn

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汀苏省国医馆 ※ 168 Qingliangmen Da Jie 清凉门大街 168 号 86216721

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English speaking staff, diagnosis by imported advanced medical technology and treatment by Traditional Chinese Medicine. 100% non-invasive.

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Health checks for work permit and visa applications.

Nanjing Gulou Hospital 南京鼓楼医院 💥

321 Zhongshan Lu 中山路 321 号 83304616

The major trauma hospital (24 hr).

Jiangsu Provincial Hospital 江苏省人民医院

300 Guangzhou Lu 广州路 300 号

83718836

The major Western medicine hospital.

Nanjing Children's Hospital

南京市儿童医院 💥 72 Guangzhou Lu 广州路 72 号 83117500 83116969

Jiangsu Provincial Hospital of TCM

江苏省中医院 🖹

155 Hanzhong Lu 汉中路 155 号 86617141 The major Chinese medicine hospital.

Nanjing Maternity and Child

Healthcare Hospital 南京市妇幼保健院

123 Tianfei Xiang 天妃巷 123 号 52226777

The major maternity hospital in Nanjing.

D'Andrea & Partners Law Firm

D' Andrea & Partners 律师事条所

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nanjing.dachenglaw.com

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www.cmrchina.com

Supplies multinationals with additional services including driver's license and import/export of pets.

Faith Houses

Mochou Lu Church

草秋路粉带 390 Mochou Lu 草秋路 390 号

84708782

www.nimclchurch.org

English service is held from 3.30-5 pm every Sunday. English Bible Study is every Wednesday from 7.00-9 pm.

St. Paul's Church

圣保罗教堂

396 South Taiping Road

太平南路 396 号 86647225

www.njstpaul.org

English service is held at 10:50 am on Sundays and English Bible study is at 14:00 on Saturdays.

Shiqulu Catholic Church

石鼓路天主教堂

112 Shigu Lu 石鼓路 112 号

84706863

English/Chinese Service: Sun 4 30nm

The Church of Jesus Christ of Latter Day Saints

Yuhua Jingli Hotel, 8 Xiaohang Yaojia'ao 雨花区小行尤家凹8号雨花晶丽酒店 Mormon service on Sundays at 10am. Foreign passport holders only.

Bivao Catholic Church 碧琛天主堂 🦉

Biyao Garden Square, 189 Leshan Lu 南京市建邺区乐山路 189 号碧瑶花园广场 84706863

Shengxun Church 💥

English service is held on Sundays from 10.30-12 pm and Chinese service from 2-4 pm on Sundays. 圣训堂

158 Leshan Lu

南京市建邺区乐山路 158 号

Jiangsu Lu Church 江苏路教堂 💥

60-10 Jiangsu Lu 江苏路 60-10 号 83724547

Gulou Religious Activity Site

基督教会鼓楼聚会场所 💥

2-2 Beijing Xi Lu 北京西路 2-2 号 2F 84435660

Services held Mon-Sat from 7-8 am and Sundays from 7-8 am, 8.30-10 am and 4.30-5.30 pm.

Jinsu Nunnerv 金栗庵

18 Wufu Jie, Jiging Men, Qinhuai District 秦淮区集庆门五福街 18 号 86626905

KuanEumHui Korean Buddhist Club

#1703, Bldg. 2, Fuli Shanzhuang 宣丽山庄3 栋 1703 安 13222018582

Service: 11:00am

Naniing Islam Association

伊斯兰教协会

28 Shengzhou Road, Qinhuai District 秦淮区升州路 28 号

Jizhaoving Mosque 吉兆营清真寺 💥

3 Jizhaoying 吉兆营 43 号

83605565

52216974

Taiping Lu Mosque 太平路清真寺

299 South Taiping Lu 太平南路 299 号 84505353

Caogiao Mosque 草桥清真寺 🔡

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www.chrvsalisasia.com

thrive@chrysalisasia.com

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13770761603

www.nicolasharter.com

A French photographer specialising in wedding, commercial and event photography, and author of photo-book "Africa Square" a profile of African artists at the 2010 Shanghai Expo.

Media & Design

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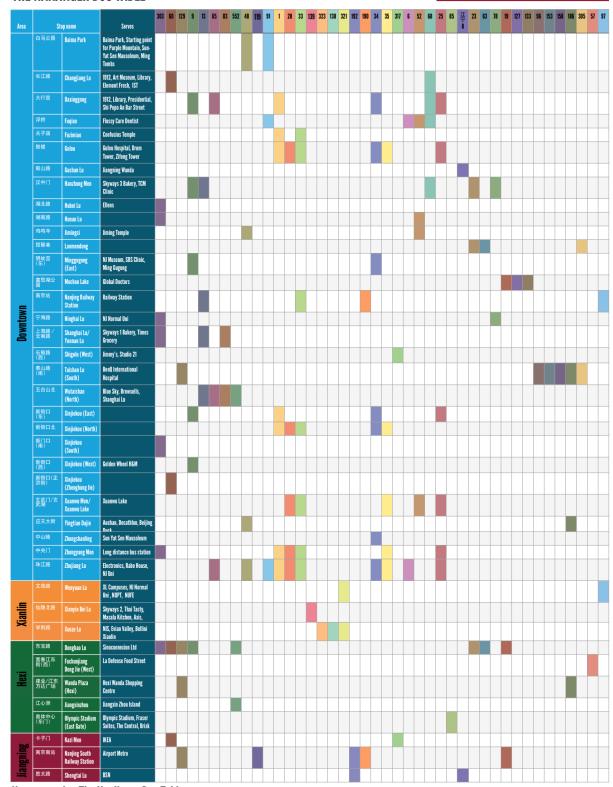
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THE NANIINGER BUS TABLE



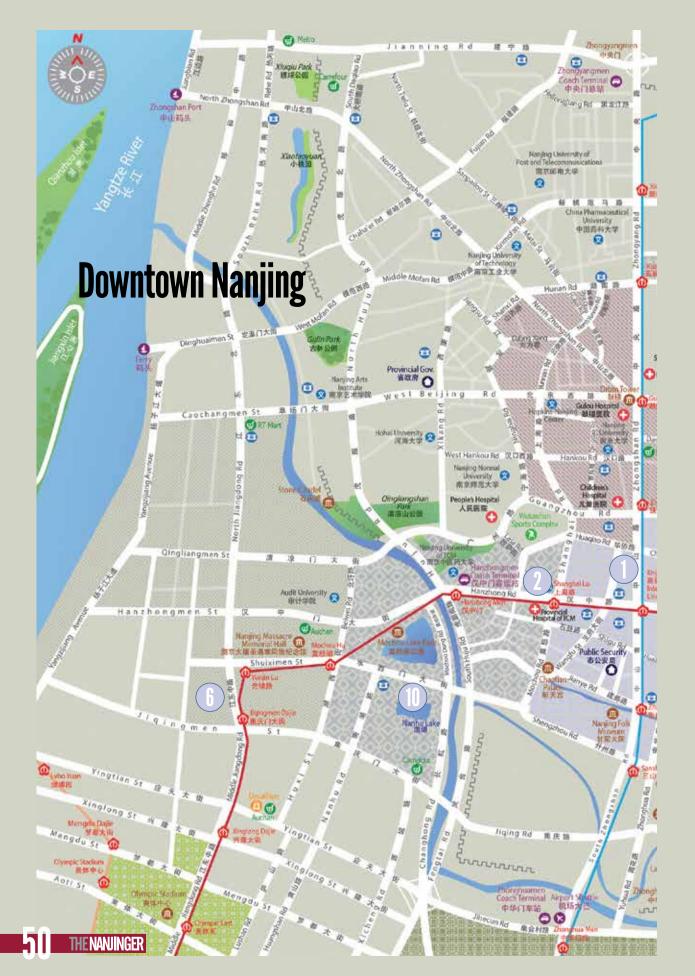


Notes on using The Nanjinger Bus Table

This handy bus table is a cut down version of the entire Nanjing public bus system that focuses on parts of the city of interest to expats. If you are looking, for example, to travel from your home in Xianlin to Nanjing Railway station, look at the Xianlin area of the table (orange), then look to the right to see which lines run between the two locations. In this case number 97. Easy, huh?













Disputes in China's Courier Industry

■ Despite a slowing economy, China's express delivery industry grew steadily in 2015, while the year also saw courier services delivering to 70 percent of Chinese towns and villages, Xinhua News Agency reported.

Along with the rapid development of the express delivery industry, there are occurrences of lost or damaged deliveries from time to time, where the parties cannot reach an agreement on compensation. Therefore, lawsuits involving the express delivery industry are on the rise.

From the cases heard by the people's courts, such cases have the following characteristics:

Cases with individual(s) as plaintiff account for more than 90 percent of all cases, and most are under the age of 50, which is directly related to popularity of online shopping among young people. Most defendants are less well-known small express delivery companies.

The claims are generally anchored in two aspects. In the first case, the senders make a claim against an express delivery company for deliveries missing, damaged or falsely claimed by a person other than the intended receiver during transportation, which is mainly due to poor management and services of the express delivery companies, such as unauthorized subcontracting, improper handling, and failure to verify the identity of the receiver. Such cases account for more than 80 percent of all cases in express delivery. In the second case, the express delivery companies keep the deliveries as liens due to unpaid express fees, and the senders claim against the express delivery companies for a return of the goods and compensation for the losses.

The disputes are focused on two issues. First, when information filled out by some senders and express delivery companies on the waybills is inadequate, and the delivery is missing or damaged, the parties will be in dispute over the value of the delivery. Second, in order to facilitate business and reduce their liabilities, the express delivery companies will provide senders waybills printed with certain template terms, or standard terms, such as "As for uninsured delivery, in case of damage or shortage, compensation shall be triple of the express fee". Whether or not such template terms are valid will directly affect the amount of compensation. In accordance with the provisions of the Contract Law of the People's Republic of China, the express delivery companies, as the providers of the template terms, shall be obligated to remind the senders of and explain template terms which

involve exemption or restriction of their liabilities. In practice, with express delivery companies seldom reminding the senders of such and waybill template terms that are rarely printed in a large and bold face, when any delivery is missing or damaged and the express delivery company cannot produce evidence to prove that it has performed the obligation of reminding and explanation, the express delivery company may face legal consequences over invalidity of template terms and be liable for full compensation for the sender's lost delivery.

Express Delivery Dispute Reduction

Senders should improve their awareness of risk and their ability to avoid risk, choose larger courier companies with a good reputation plus a mature and standardised management. They should also carefully read the terms and conditions on the waybills, and fill out the waybill in detail, ensuring the accuracy of name, address, telephone plus other adressee information. If of great value, it is advisable to insure the delivery.

Express delivery companies should strictly follow procedures during collecting, packaging and transportation in order to ensure delivery while improving employee professionalism.

The State Post Bureau, the China Express Association and the China Consumers Association also have a part to play in this, the healthy development of the express delivery industry.

STOP PRESS

In accordance with the newly effective Anti-Terrorism Law of the People's Republic of China, China will promulgate the Implementing Measures for Delivery of Mails and Parcels in Real Name in 2016, a draft of which is now published for public comments and aimed at building a more safe express delivery channel. The new measures may cause some inconvenience, but it will bring us safer express delivery services.

Disclaimer

This article is intended solely for informational purposes and does not constitute legal advice. Although the information in this article was obtained from reliable official sources, no guarantee is made with regard to its accuracy and completeness. For more information please visit dandreapartners.com or WeChat: dandreapartners.





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Hopeful Hearts assists in funding life-saving heart operations for local children.

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