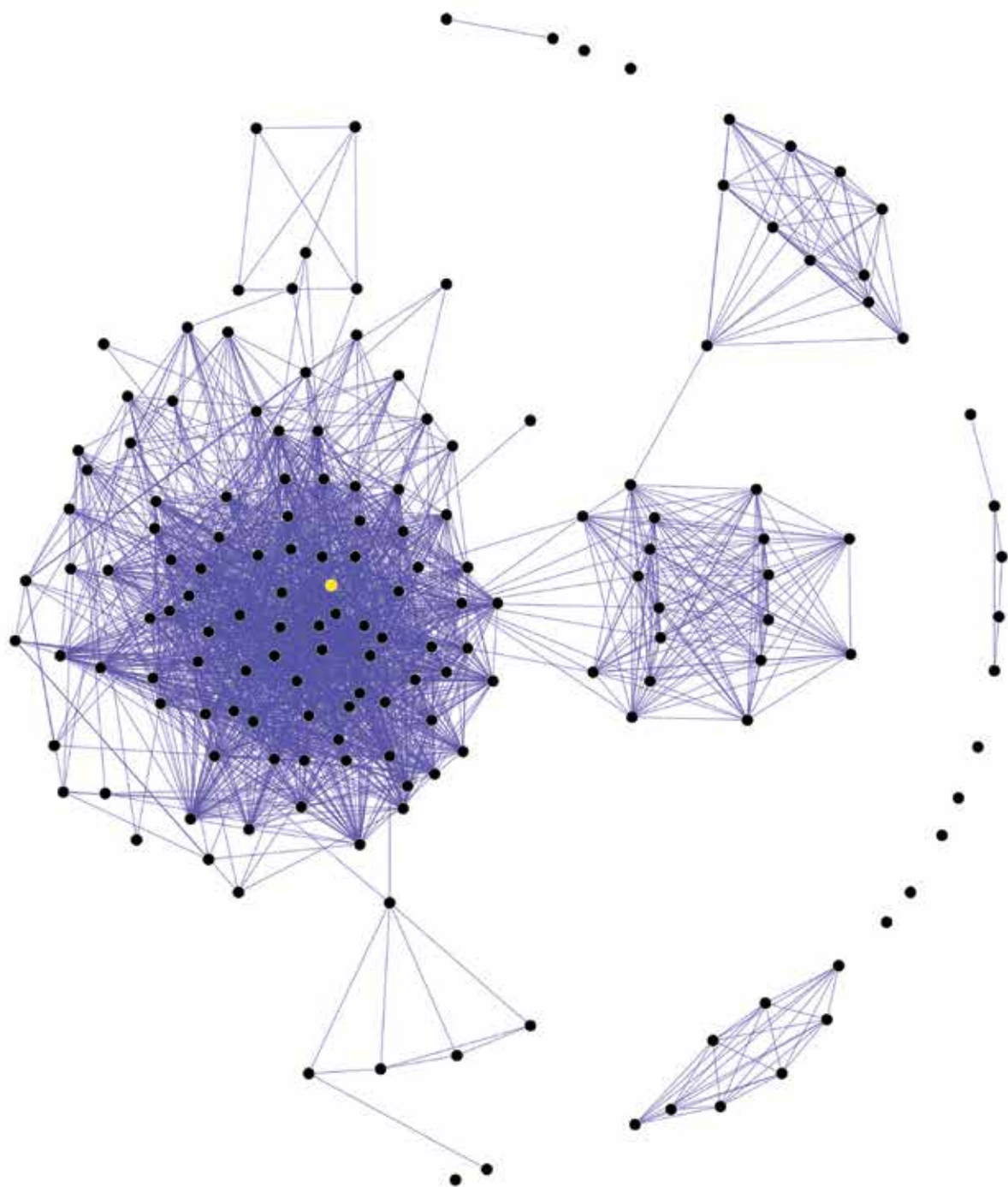


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**NANJINGEXPAT**

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Publisher 编辑出版

The Nanjinger 《南京人》杂志社

Operating Organization 运营机构

Nanjing Hefu Cultural Media Co., Ltd. 南京贺福文化传媒有限公司

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Volume 6 / Issue 5 / March 2016

"Collectivism"

Copyright 2016, Nanjing Expat

Published in the United Kingdom

ISSN 2051-9974

## Introducing some of our contributors, writers and editors

Our Editor-in-chief and Music Critic, Frank Hossack, has been a radio host and producer for the past 30 years, the past 22 of which working in media in China, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

贺福是我们杂志的编辑和音乐评论员，在过去的30年里一直从事电台主持和电台制片的工作。在中国有近20年的媒体工作经验。工作期间他曾经四次获得过纽约传媒艺术节大奖，分别是世界前40强节目奖，最佳编辑奖，最佳导演奖以及最佳文化艺术奖。

Nick McBride is a strength and conditioning coach originally from the UK. A former athletic director, he specializes in coaching young athletes and is now Head Coach for the Xianlin Warriors. In his spare time, he obsesses about Newcastle United Football Club.

Nick McBride是一位来自英国的体能教练。他曾经是一位经验丰富的体育指导员，他目前作为Xianlin Warriors的主教练，专注于训练年轻运动员。他及其热爱纽卡斯尔足球俱乐部。

Legal contributor Carlo D'Andrea is Chair of the Legal & Competition Working group of the European Union Chamber of Commerce in China; Shanghai Chapter, Coordinator of the Nanjing Working Group of the Italian Chamber of Commerce in China and has taught Chinese law (commercial and contractual) at Rome 3 University.

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Roy Ingram has over 25 years experience working as an artist and Creative Director. His early career was with agencies in London but for the past eight years he has lived and worked in Nanjing.

Roy先生有着超过25年的创意总监和艺术家的工作经历。他早期的职业生涯是在伦敦的一家机构里开始的，但是在八年前他决定来到南京生活工作。

## Plus a cooperation with Nanjing University's School of Journalism & Communication

Contributing editor Ken Ellingwood is a former foreign and national correspondent for the Los Angeles Times and author of Hard Line: Life and Death on the U.S.-Mexico Border. He teaches Journalism at Nanjing University and coordinates a program that gives students experience in the real world of publishing through writing work to appear in Nanjing Expat's stable of English media.

特约编辑 Ken Ellingwood 之前是《洛杉矶时报》的国内外通讯记者，同时也是“死亡地带”的作者：描述美国与墨西哥边境的生存与死亡。他目前在南京大学新闻系担任客座教授。通过长时间的合作，Nanjing Expat 已经成为南大新闻系学生实习基地，很多稿件将有他带领的南大新闻系学生团队完成。

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## For the Greater Good of God

*In this issue, we dress up Confucius in Khaki and sit back while he serves us in The Nanjinger's communal kitchen.*

*We will only momentarily scan the menu before saying, "I'll have what she's having".*

*After all, we are all guilty of it, one way or another; the trend known as "imitation consumption", but just when is what looks like the rules of the proletariat actually in reality, people just being people?*

*Welcome to Collectivism from The Nanjinger.*



# One word does not a poet make

The word was once one.  
Composed of angular  
sutures that jutted  
Awkwardly across time  
and space.

One word that He had  
scratched,  
And sat back waiting,  
watching.  
Watching it-waiting-  
watching Him.

One word it was, in  
solitude  
Until finally it sought out  
a companion.  
And then another. And  
another. So soon

The space was crammed  
with words.  
So many then He hunted,  
mercilessly  
Words fell in innocence  
and infancy.

The wider world paid no  
heed.  
And in time it was all  
over.  
Survivors cluster now,  
whispering their tale.

*By Maitiu Brallaghan*

## Letter Of The Month

Dear Nanjinger,

It's very simple really.

Please please please please please...

Pretty please, pretty please, pretty please, pretty  
please, pretty please, pretty please...

To keep us sane our our stomachs satisfied...

Can we get a Skyways in Jiangning?

Preferably near the British School.

Thanks!

Stephen Leslie  
Consultant (and family)

Dear Stephen,

Promise promise promise... to treat us to a cream puff,  
and we will certainly pass the word along.

Ed

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NANJING EAST  
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# CONFUSED CONFUCIUS

By Melissa Morgernstern



# The Rise of Individualism in a Collective Society

For those of us who have yet to venture east to China, Chinese society brings about traditional collective images such as the filial child or the sacrificing parents. Those who have lived or travelled to the central kingdom have even more pressing images of a strongly collective culture; the ladies square dancing in the park, the men with their large bellies hanging out on a sweltering day together in the local shequ/社区 (small neighbourhood side streets). We have just started to scratch the surface of a complex culture that is evolving and changing. Individualistic trends such as the growing wave of study abroad students and the westernisation of the work place challenge the notion of a strictly collectivist culture. Herein we discuss the various theories and influences that demonstrate that even China, the only constant is change.

## East vs. West Mentality

The divide between Western and Eastern mentalities is one that delves deeper than economics, politics and history. This divide is the basic way in which people from each side perceive the world in which they reside. As David Brooks of the New York Times once wrote, “If you show an American an image of a fish tank, the American will usually describe the biggest fish in the tank and what it is doing. If you ask a Chinese person to describe a fish tank, the Chinese will usually describe the context in which the fish swim”. Many experiments performed all over the world have exhibited a strong underlying pattern in Eastern versus Western mentalities; the West emphasises individuals and the East emphasises contexts.

One of the first individuals to establish this unique perceptual difference was a Dutch social psychologist named Geert Hofstede, who addressed the idea of individualism as, “the degree of interdependence a society maintains among its members”, or whether someone’s self image is defined as, “I”, or, “we”. While people from individualist societies are mostly expected to look after themselves and immediate family, collectivist societies go a step further in taking their membership in groups as an important part of self care, or a sort of exchange of individual loyalty for self protection. Hofstede’s scale rates China as a highly collectivist society in which people are more likely to act in the interest of the group than for themselves.

For quite some time, Chinese majority societies such as the PRC and diasporas such as Singapore and Malaysia, were grouped as societies with “low individualism” and

“high collectivism”. Studies from the Journal of Personality and Social Psychology and The Journal of Management Studies published in the late eighties and early nineties have supported these findings further by specifically focusing on the degree of success in which either eastern and western management styles are implemented within the Chinese work place. One of these studies, performed in Hong Kong, actually led to a “Chinese hierarchy of needs”, that is very much based on famous American psychologist, Abraham Maslow’s Hierarchy of Needs, with “self actualisation in the service of society” replacing the traditionally named “self-actualisation”. The view of China as a strongly collectivist society has a wealth of evidence, however, while an increasing amount of new findings are pointing to a more complex and mixed view of Chinese society.

## The Rise of Individualism

While the late eighties and early nineties saw a new understanding and interest in the East Asian world outlook, even more findings were starting to challenge the idea of a society that is highly collective. Studies based on the same Chinese mainland areas and diasporas, such as Mainland China and Singapore during that era have already questioned the widely accepted notion of the traditional Chinese collective family unit and behaviour, especially in terms of how this behaviour may apply to the modern work organisation in east Asia.

According to a study published in the Asia Pacific Journal of Management in 1998, researchers found that over a two-and-a-half-year period, young Chinese managers in Shanghai experienced a profound change in work values. The study suggested increasingly independent styles of “Chinese individualism” in the Chinese work place that incorporates more Western styles of management and work methods. In Hong Kong, empirical evidence shows that conflicts of the individual type are for more abundant than those of a more collective nature. However, whether this shows that individualistic attitudes garner more conflict than collective ones, is yet to be exhibited. Another study found that young managers and managerial trainees from mainland China were adopting even higher levels of individualism within their personal management styles than those of their Hong Kong counterparts.

From the above studies, we find that those studies that are focused on a cultural explanation of Chinese behaviour tend to agree that the majority outlook relies on



strong levels of collectivism. However, those studies that are analysing the intersection of culture and international business or managerial styles, tend to find that those same strong levels of collectivism can be compromised by outside influences and create a unique set of work environment and managerial values throughout China's business sector.

An alternative theory termed, "passive fatalism", suggests that the collectivist psyche of Chinese populations is a form of adaptability towards reforms that are initiated from above, especially within the work place. This theory argues that the readiness of workers to align themselves with authority does not represent traditional collective behaviour within the workplace. Instead, such behaviour, that is more reminiscent of "passive fatalism", is suggestive of an even deeper mentality that is rooted in the religious values of traditionally Buddhist or Taoist populations. Furthermore, Chinese "passive fatalism" is not an example of the complete and total readiness to sacrifice for the greater good, as is the case for other East Asian populations such as the Japanese. On the contrary, "passive fatalism" can explain the coexistence of collectivist and individualist behavioural trends within the Chinese workplace. The theory, however, cannot predict in what type of situations Chinese individuals will act in a more collectivist versus individual way.

## Individualism Across the East

Although Hofstede's analysis has remained one of the strongest and most widely utilised findings in terms of understanding East Asian perspectives, some have criticised his findings as too general, especially in terms of comparing Chinese and Japanese behaviour. The two populations differ obviously in various ways; however, to an outside observer it may be more difficult to understand how Japanese and Chinese exhibit different behaviour within the same value scale. One major difference between the Chinese and Japanese is that Chinese employees will show higher levels of loyalty to their familial groups as opposed to non-family institutions. Conversely, Japanese employees have no difficulty in taking their familial loyalties with them to the work place. This finding challenges the popularly held notion of collectivist behaviour being a seamlessly shared trait across east Asian countries. The evidence also points to the importance of reconstructing the individualism-collectivism scale to include divisions between individualist and collectivist attitudes towards the family and the workplace.

## Individualism Outside the Work Place

While individualism within the east Asian workplace may be increasing, some argue that individualism in its purist form is still lacking in China. Social acknowledgement is still a primary indicator of success in China. Although the trend of individual entrepreneurship and owning one's own business is far more in fashion and held in high regard currently than in China's past. However, non-traditional career paths and life decisions, such as committing one's self to a life of charitable work, are usually either looked down upon for their lack of "social or individual success" (i.e. financial success and social acceptability) or abandoned by individuals who have left that idealistic age of their twenties and early thirties. This is especially the case for men who are responsible for a continually successful family lineage or for women who feel the constant pressure of avoiding the dreaded name of "left over women" (sheng nü/剩女). For many young Chinese, the pursuit of individual happiness may be more of a tempting but forbidden fruit, or in the words of their parents "an adolescent dream that is avoided for the security of a car, house, and savings account (有车, 有房, 有钱)", all of which being modern qualifiers of the ultimate socially acceptable partnership; marriage.


Tom Doctoroff also argues that self-expression is not necessarily akin to independent thought. Chinese society has yet to celebrate individual change or rebellion, or at the very least celebrate publically on a large scale. Creativity is available and exists all over the mainland in various forms, yet the underground musician will woe-fully remain underground as the environmental activist will remain taboo. Neither is individual's fate not only due to censorship laws; it is also due to the public's gravitation towards the majority, the socially acceptable, and the easily accessible.

## Is Any of it Accurate?

Well, if you ask this ex expatriate, yes and no. I remember a day back at school at Nanjing University when I was frustrated and longingly looking out the window onto the buzzing cars and pedestrians. One of my Chinese friends was with me and I decided to ask him, "Don't you ever just want to get out of all of this and do something else?" He looked at me with a puzzled grin; "Why? Everything is in here." He was right, we had a quiet place to study, we lived in the building next door

in comfortable dorm rooms, the cafeteria was a short walk from there, all of it situated near the centre of one of China's most burgeoning second tier cities. Yet, I was mortified. I thought, "Why? WHY?" It is my individual duty to do something different, to feel like a successful individual of my own doing, maybe even in a path unheard of by my parents! How could he not think of the same? We were young, in our twenties and the world needed fixing; didn't he want to fix it in his own vision like I did? Well, maybe he did or maybe he didn't, but at that time I could only be shocked by his answer and categorise it under "Well, that is China, why rebel and be an individual, that's just what Chinese people think, right?"

For anyone currently in China, simple categorisation is probably a comforting and easy way to deal with difficulties, but don't do it. Individualism and collectivism are all within the individual. That same friend of mine made a difficult choice to leave his family across the country in Gansu to attend a school that will bring him and perhaps his existing and future kin success. He did what he did; I am not sure of the reason, but does it really matter if it was only for himself or for his family? In my experience, individual sacrifice and collective ties usually go hand in hand. In certain ways, I have seen Chinese individuals who are willing to do way more for themselves in the name of familial success than I may ever be able to understand. The man who used to serve my favorite "Jian Bing" (煎饼/Egg MacMao/whatever you want to call creation), one block away from my internship in Beijing probably doesn't care one bit for underground music and probably doesn't plan to change his career path any time soon. He left his sleepy town to make money and be a success, whether it was for himself or his family was not clear, maybe it was for both. In my eyes many Chinese individuals, like my favorite Jian Bing cart owner, have utilised individual strength, character, and ability to be successful in a society as complex as its recipes for street food.

China, to be sure, is neither simply collectivist or individualist (anyone who has been in China for more than a month probably saw this conclusion coming from a mile away); it is a mixture of influences both modern and traditional, both individual and collective, both succeeding and failing, like most other nations on this planet. What draws people to China is that it continues to be one of the largest paradoxes and it remains to be a distant land that is at the same time, the literal Central 中国 Kingdom. 



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# COLLECTIVE CAMOUFLAGE

By Kia Jia Xi



As I cycled along the roads of Xianlin campus on my way to class, I was caught by the sight of students donned in military uniforms from head to toe. They were standing to attention with arms locked tightly by their torsoes. It was under the sweltering sun during summer and glistening sweat could be seen dripping down the faces of these students.

It was also 9:40 am in the morning and the first week of school for University students. While freshmen students in other countries prepared for orientation camps and induction programmes, it was the start of mandatory military training for these Chinese students.

According to the Law of the People's Republic of China on National Defense Education, Chinese students from high schools, colleges and universities must undergo military training before being

able to graduate. Students undergo similar military exercise across China but the details of the training varies from school to school. The purpose of the training is to "Enhance students sense of national defense and national security, as well as to instil in them the spirit of Chinese patriotism and collectivism", states the country's Ministry of Education.

Military training can be traced back to the feudal era in China. According to the Book of Rites and Zhou, institutes in the Western Zhou Dynasty focused on martial arts and teachers took the role of military officers. The main content of military training was learning archery and how to drive a war chariot. This was the earliest record of ancient Chinese student military training.

In July 1955, the first Military Service Law was issued, which initially required high school stu-



dents and undergraduates to undergo military training. From 1955 to 1957, the Ministry of Education and Ministry of National Defence authorised 127 schools to carry out military training. The number of trained students topped more than 70,000. At that time, higher education institutes focused more on training technical reserve officers, while high schools paid more attention to basic military training. Such practices helped stimulate students' patriotism and nurture qualified personnel for the country's armed forces. After the Third Plenary Session in 1978, the government expanded military training due to then stable political and economic situation. As of 2012, almost 500 universities and colleges and approximately 3,000 middle schools enforce military training.

Many might wonder if this is part of a growing effort to better equip the country's armed forces. Not entirely. In the case of Nanjing University (NJU), the university only recruits a small number of national defence students who would join the nation's army after graduation. They are also required to go through additional hours of training after the basic military training is completed. As for the majority of the other students, the main purpose of the training is more focused on nationalism rather than militarism.

Students are chosen for this training in the hope of instilling a sense of collectivism into the young people. It is also with the mindset of toughening up these students since China's one child policy has caused some of them to be spoilt from youth. The training lasts for between two to three weeks during the summer months and it usually takes place on campus. An exception would be shooting practice which is conducted on military sites. In NJU, military training runs for 20 consecutive days with one rest day in between. Training starts early in the morning from 8:00 to 11:15 am and continues until the evening from 2:00 to 5:30 pm.

"Students learn marching drills, shooting and combat skills, emergency response techniques as well as first aid knowledge such as CPR", said Zhen Dan, a freshmen student from the School of Law. When asked about her favourite segment of the training, Zhen Dan said, "I like it when our military instructors gather us to sing military songs such as 团结就是力量 (Unity is Strength), 文明礼貌 (The Civilized Manners) and 一二三四 (The Song of 1, 2, 3, 4)."


"There are also times when we are asked to compete with other platoons to see which of us sing it louder! I enjoyed it a lot and I feel that it helps us to encourage one another," she continued.

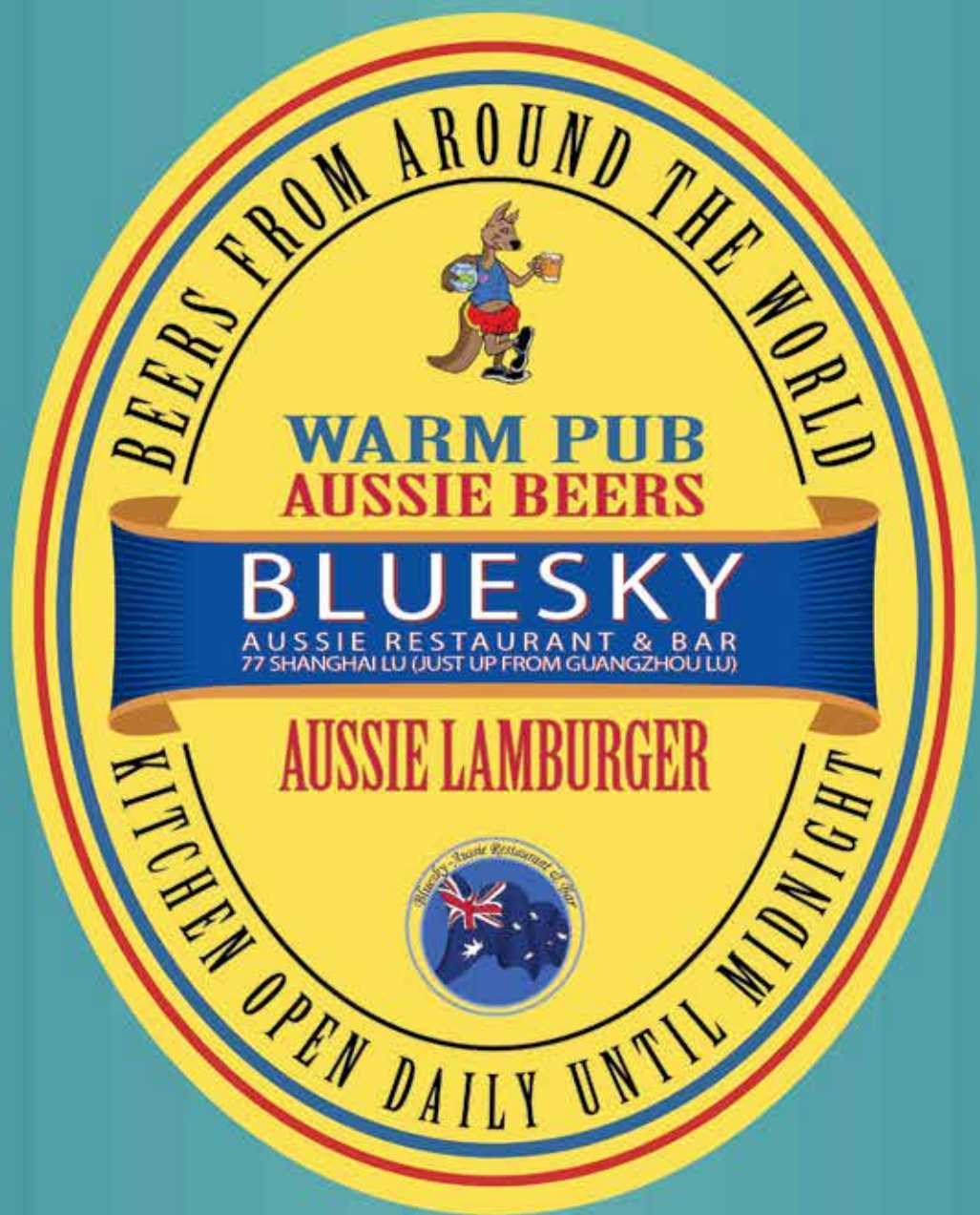
It seems that most NJU students find the cause of military training meaningful. Zhou Xuebing, also a freshman, said, "Military training is purposeful as it helps to train my perseverance, improve my discipline and to let me have a glimpse of the experiences of a military soldier's life." Wu Yu Ling, a sophomore student from the School of Information Systems reminisced the times during her military training days. She expressed, "It gave me the opportunity to meet many new friends from other majors. I remember the times when we would be so afraid of the instructors, but... in fact, they are very nice and friendly people.

"One of the most memorable moments would be the interesting army stories that they shared with us..." Wu added.

Despite finding the training purposeful, there are also a handful of female students who detest the training for various reasons. "It is very tough and tiring to stand in the hot sun for such a long time. It makes me feel very uncomfortable", said Ge Ge, a female student from the School of Literature. "Some other girls find that training gives them a strong sun tan and they do not like the idea of skin turning dark."

Overseas students who come here to pursue their studies are not mandated to undergo the training. Rather, they are given the choice of participating. Louis Li, a Year 2 Taiwanese student expressed that military training is necessary in China. "Back in Taiwan, we are required to join the army and our training will be much harder. Hence, I feel here is a good chance for students to train their mental strength," Li said.

At the end of their 20-day training, a military parade will be held at the university's sports field to showcase what the participants have learnt, including different segments such as marching performances and also a display of combat and emergency rescue techniques. The end of the parade successfully recognises the knowledge and experiences gained by the students. Be viewpoints positive or negative, either way military training is here to stay. 



# Cooking Up Collectivism (c.1958)

By Han Dou

There's no such thing as a free lunch. But not in China. Once upon a time in Chinese history, there was not only free lunch but also free meals everyday, for everyone.

The People's Commune was the highest of three administrative levels in rural areas of the People's Republic of China during the period from 1958 to 1983, after which they were replaced by townships. Communes, the largest collective units, were divided in turn into production brigades and production teams. It was the result of the "Great Leap Forward" movement aiming to rapidly transform the country into a socialist society

through rapid industrialisation and collectivism. Mao Zedong had a vision of surpassing Great Britain and the United States in steel production in 15 years. As an approach to "free work force and ease to communism", the "People's Commune dining hall" system was introduced.



Private kitchens became redundant, and everything

in personal kitchens, such as tables, chairs, cooking utensils and pans (even the proverbial kitch sink) were all contributed to the commune's kitchen. Private cooking was banned and replaced by communal dining. Everything originally owned by the households; animals, stored grains and other food items were also contributed to the commune. All farming activities were to be centrally assigned by cadres every morning. Everybody in the commune was assigned jobs by their commune leaders.

In some places, even money was outlawed.



“Loosen your belt and eat all you can” was a popular slogan around that time. Imagine you were living in the Chinese countryside in 1958. You bring your bowl and chopsticks to the dining hall, where it offers an all-you-can-eat buffet style meal served in big porcelain basins. For staples, the usual is porridge for breakfast; rice cake for lunch and steamed rice and yam for supper. The regulations for commune kitchens state clearly that each commune has to serve meat at least twice a month and try to change menus as often as possible.

If you were lucky, you might have fellow comrades bringing your food to the table, almost like dining in a restaurant. The only differences are that you eat with the whole village and when you are done, you can just walk away with your bowl and chopsticks without having to pay a single penny.



“It’s our rule not to take meal ticket or money from anyone. We are one step away from Communism. This is how it should be”, a former cadre wrote in his later published diary on the dining hall system.

In October 1958, more than three million People’s commune dining halls had sprung all over the country. 90 percent of the countryside population was dependent on the commune kitchen. It has been documented that in a small village in Hebei province, 2,889 people were grinding rice everyday in order to meet the demanding needs.


However in 1959, most dining halls could not be sustained any longer. On account of government-

tal control over rural resources and bad weather that year, famine became widespread throughout the countryside, with many food resources being exported to urban areas. The commune kitchen started to limit portions for everyone in the form of meal tickets given to each household every month.

It was to become worse in 1960 when every household could only have 250 grams of rice per day. Then, as a solution to food shortages, the government urged the farmers to go out in the wild and gather whatever they could eat, such as plant seeds and leaves. In a small town of Hebei province, 590 villagers harvested 458,000 kilograms of leaves and herbs in a week.



Finally in 1961, thanks to Deng Xiaoping’s investigation in the countryside and letters to Beijing, the central government released a written document allowing the commune members to decide whether they want the dining hall system or not. So after three years of free meals for all, the public dining hall system came to an end as a result of farmers’ consent.

Nowadays, some restaurants capitalise on nostalgia for the period. One chain restaurant in Nanjing, the “Jiangnan People’s Dining Hall”, serves spicy cuisine from Mao’s hometown in Hunan. Surrounded by decorations on red brick walls carrying fervent slogans while watching waitresses in 60s-style attire bring out dishes the size of basins, one might have a faint feeling of stepping back into the old red China. However, upon asking for the bill, you will be pulled back to reality that China is on its highway towards commercialism with no intention of turning back. 



*Nanjing International Community Clubhouse is a non-profit organization offering a service centre and a variety of classes and activities fine tuned to the needs of expats and their children.*



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By Frank Hossack

**C**hina's insatiable appetite for luxury items and brand names feeds the very nature of collectivism. For the phenomenon itself to survive however, it shall need to weather a more challenging storm; that of the growing generations of younger people (the future) who are, instead of pursuing the acquisition of wealth, increasingly seeking out life enriching experiences and other diversities that fly in the face of all that collectivism represents.

According to the annual report on the luxury goods market by global management consulting firm, Bain & Company, last year, 31 percent of luxury goods' sales went to Chinese people. In itself, this is not news; the rising disposable income of the Middle Kingdom's middle classes is now known the world over, as is the latter's penchant for brand names, the more expensive the better.

What is interesting is the role that collectivism plays as a dominating factor in luxury consumption by the Chinese. For collectivism, as a part of Confucianism, can go along way toward explaining the very nature of Chinese luxury consumption.

It all comes down to this; the level in society at which we believe we are positioned. That is to say, where we and our peer group lie in the overall scheme of things. In such a society, people influenced by collectivistic values believe

that conforming to the norms set by their in-group is the proper way to behave.

In a study of Asian luxury consumers made in 1998 by Wong & Ahuvia, it was found that where a peer group defines expensive and ostentatious possessions or activities as socially appropriate, then respectable members of said group must subscribe to such a public display of wealth in order to fit in and be accepted by the rest of the group. The study further revealed that many Asian consumers find the inherent image of a brand to be of little interest; they only care about how the brand is perceived among their peers. The Chinese therefore focus more on brands than on the products themselves.

The collectivist nature of luxury consumption in China is exemplified by such traits; the purchasing of goods similar to those consumed by members of the same peer group. Further compounding the argument is that the Rarity Principle (where consumers' desire for a product increases with that same product's rarity) existing in Western societies that could be defined as individualistic (the USA and UK for example, but not Portugal) does not apply in a Chinese luxury consumption context.

It would therefore appear that people dominated by the collective self are very concerned about their appearance to

others and with the public meaning that is attached to them and the possessions that they place on ostentatious display.

As evidence, one may need look no further than the 2006 book, “Cult of the Luxury Brand” by Radha Chadha and Paul Husband, in which there is the fascinating story of a man from one of China’s northern provinces who, “walked into the Hermès store in Beijing and purchased an enormous amount of china. Hermès is most sought after for its leather goods, notably the Kelly and Birkin bags, but that day just for a change the shop windows featured a display of cups, saucers, and other porcelain products. Our man from the North assumed Hermès is best known for porcelain, and promptly proceeded to buy US\$75,000 worth of it”.

While all of the above may well be true, that veracity is only now holding sway over the older generations. So why it may continue to be true that “saving face” is a central part of the lives of most Chinese people, that the purchasers of luxury brands be admired among the youth is now on the decline, in some cases to the degree of being considered shallow or vulgar.

The young, it would appear, are collectively seeking alternatives to cash, brand name and then more cash. The trick though, is for them to do so while still being seen to fit in with Confucian values of not standing out. Such values that remain dominant are not keen to invite home any kind of rebellion against familial or societal norms.

Individuality in China is a twist on the conventional; one in which the youth of today do not break the rules, as they might enjoy going out of their way to do in many a western country; instead they apply creative interpretation, quite often to the media messages with which they are bombarded, messages that to the casual observer, appear more to be endorsements of individualism.

The advertising campaign for China Mobile’s M-Zone service ran for a long period with the slogan, “My zone, I decide”. This goes a long way toward illustrating the dilemma that the younger Chinese people face today; standing out or fitting in.


It is also becoming harder and harder for the youth of today to internalise the latter. They have a world of experience up on their parents; many have studied abroad, the new China has offered them opportunity to take up sports and hobbies that their parents never had. It is possible that they have even opened their own business and it is more than possible they have been romantically involved with one not destined to become their spouse.

What the consumerism that has existed in China for, let’s be honest, their entire lives, offers them, is the opportunity to form identities based on the choices they make. Shunning peer group pressure, Chinese youth today associate brand identity with self-identity. No longer does the ability to purchase a brand make you a valuable person; it is the decision of which brand to purchase that presents your value worth to the world.

The psycho analysts and marketers have been quick to catch on, to the point of giving the new phenomenon displayed by this counter-revolutionary group a name; out with “conspicuous consumption” and in with “consumptive indulgence”. The Western media have also noted the new trend. In mid 2015, the Huffington Post reported on a salon entitled “Small Luxuries” and held by brand consultation setup Chinayouthology.com, that explored methods of consumptive indulgence among a focus group. These days the in-crowd do not go out and buy a new handbag; instead they collect retro postcards from places travelled or cook using unusual recipes and then take artistic pictures of the meal (to share on WeChat).



The word “travel” here is key. In the annual China Luxury Forecast produced by Public Relations firm Ruder Finn, consumers listed “travel” atop any other category when asked what type of luxury gift for themselves or others that they would be likely to choose.

Make no mistake, Collectivism as driven by the consumption of luxury products is far from dead. Chinese people might increasingly be making travel their number one choice, but they still love to shop when they get to the destination. Such an engagement in conspicuous consumption is not just because they want to but because they have to. The “wave of fashion consciousness” [China Daily; 29 Feb. 2016], as illustrated by the aforementioned with their vintage postcards, could well merely be collectivism in sheep’s clothing. After all, we do not buy clothes because everyone else is doing it. We buy them because they fit. 



# FLYING INTO THE FUTURE AND MORE HANDS



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## **Yangzhou**

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## **Tianjin**

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Oxford College

## **Wuxi**

EtonHouse International School

International School Wuxi

Sheraton Wuxi Binhu Hotel

Taihu International School

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Dulwich College Suzhou

EtonHouse International School

## **Zhenjiang**

Sheraton Zhenjiang Hotel

## **Hefei**

Sheraton Hefei Xinzhan Hotel

Hilton Hefei

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# Tea

## Archaeology

It feels like quite a coincidence. It is the month I finally got to taste the “brick tea” popular in Tibet. It is also the month that a significant archaeological discovery was made there.

Significant to us tea geeks, anyway!

The very oldest evidence of tea drinking, traceable to the second century BCE, has been identified on the Tibetan plateau. Previously, we had relied on written evidence, that which first mentioned tea drinking during the Western Han Dynasty centuries later. Aside from this, we had merely speculated on the origins of tea drinking further west along the Silk Road.

My new brick of tea may be something of a “dinosaur” in tea culture, but these leaves themselves could not possibly be that old. The remains found in this month’s excavation were identified as “tea” only through the presence of theanine and caffeine markers in soil. But the reports also describe evidence of bud shapes and pieces far more jagged and nobbly than the refined tips used in Chinese green tea.

The brick I was given by a friend in Shanghai is certainly pretty heavy, but also less dense than the only other “brick tea” I bought years ago in Beijing. That was a brick, molded with the image of a star on the surface, so tightly compressed and congealed that it almost shined. This Tibetan offering, evidently sold through a company in Sichuan, is more loosely packed.

It is also twiggy, very twiggy, much more so than with


a puerh cake. The results of hacking leaves off the brick also produces more dust than you would expect from puerh. The friend who gave it to me selected only the larger pieces for my dedicated “dark tea” clay teapot.

The taste is likewise comparable to an average puerh; nothing to get too excited about. Notably, also, it does not give nearly as many infusions. After two scaldings, it is difficult to draw much more out of these leaves.

Now, it should be said that my experience so far has been inauthentic. Tibetans do not simply infuse leaves and drink the translucent liquor. As I write, I am in the search for some real yak butter to complement my new tea in true Tibetan style.

Perhaps curious readers have already tried the real preparation themselves. If not, I can at least refer you to the Mongolian milk tea that, in powdered form, is quite readily available throughout China. That drink turns out something like a salty Horlicks, with the tea taste relatively hidden in the mix.

It is also worth saying that milk and butter are not the only additives associated with brick tea. Early Chinese sources describe leaves like these being added to fruit peels and even spring onions, boiled together as a soup. This boiling approach has to be tried; I wonder whether a rolling boil could even help coax more from these tough leaves.

As it stands, I don’t feel like I’ve just unearthed my new favourite drink. Yet I do feel privileged to be part of the broad, unfurling history of tea. 

# Love Care Hope

## Butterfly Children's Hospices



Butterfly Children's Hospices supports the Nanjing Social Welfare Institute to provide care for children with life threatening illnesses or life limiting conditions.



For more information about our work in China; [www.butterflych.org/blog](http://www.butterflych.org/blog)



# *Monkeys Mounted on Mares*

I was quite excited about the prospect of celebrating the arrival of my zodiac year this February actually in China. After all, it only comes around every twelve years. But my spirits were dampened when I was told that, as a monkey, this is in fact my most unlucky year.

Superstition in China is ubiquitous and infectious. I began to worry that I do not own a single red item of clothing and found myself in a flurry searching for a crimson number to ward off bad luck. Should I buy myself some red socks, or go all out with most indiscrete vermilion granny pants complete with shimmering gold decoration?

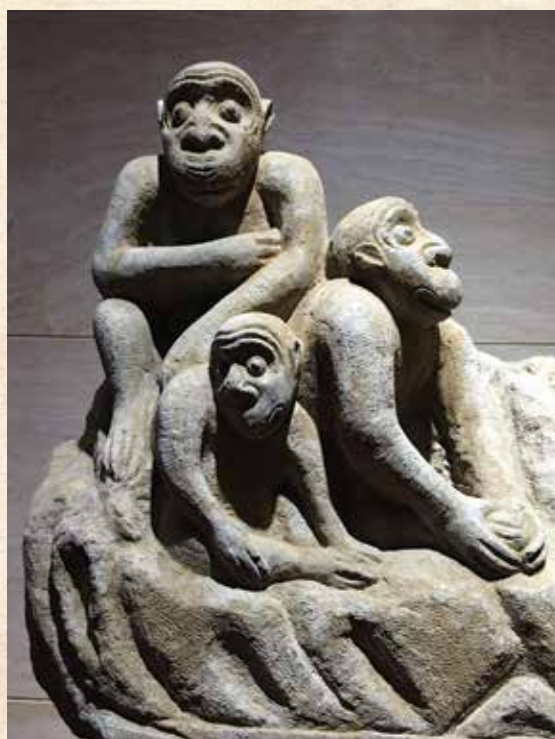
At least perhaps I could learn something about my character. Monkeys, according to Baidu, are entrepreneurial, intelligent and caring; a sufficiently vague definition to cover around one twelfth of the population. So what makes us different? It goes on; monkeys are naturally slim and do not need to loose weight making them the envy of others.

Well. That may be one contemporary definition, but it is true that monkeys have long been regarded in Chinese tradition with high esteem. Representations of these nimble crafty creatures have been found in belt hooks from as early as the 3rd and 4th century BCE, and they remain the subject and inspiration for artists today such as Chi Peng and Ma Hongjie.

The word for monkey in Chinese, hou (猴), is a homophone for marquis or count hou 侯, a noble and influential title in feudal China. Monkeys often therefore appear in artworks as visual puns. The monkey, hou (猴), and a bee, feng (蜂), together create the homophone, fenghou (封侯), meaning “to bestow a noble title” and so are often depicted together. Paintings of this subject matter would have been the perfect gift to offer good fortune to a candidate of the imperial examinations or to congratulate someone on a promotion.

Similarly, a monkey on top of a horse (that common occurrence) in Chinese is a homophone for “mashang fenghou” (马上封侯), meaning “may you immediately be bestowed the rank of a marquis”.

Images such as these can be seen on the top floor of the Nanjing Museum in a small exhibition, lasting until April, which offers an engaging insight into the historic representation of monkeys in Chinese art through a plethora of objects, artworks and trinkets.



Miniature jade and porcelain monkey figurines are so tactile and charming that one can imagine caressing them in the palm of the hand, while a lively black and white woodcut captures the chaotic moment when a monkey clambers to the top of a pavilion interrupting an opera performance. There are also stone sculptures, paintings, shadow puppets and even pebbles whose natural forms resemble the features of monkeys.

So for fellow monkeys like me who failed to do anything ceremonial or superstitious this Chinese New Year, perhaps you might at least take this opportunity to investigate the heritage of an animal that is now somehow attached to your identity. **NUX**



# OUT&ABOUT FUJIABIAN

By Han Dou



Spring time is a beautiful thing: flowers blossoming, birds chirping and juicy strawberries ripening. A lesser-known village near Nanjing will bring you all these pleasant surprises plus beautiful colour and strong rural flavours; if you and your family are in the mood of indulging in some luscious berries and feeding giant birds, Fujiabian village should be definitely be on your radar.

Without Nanjing's epic traffic, Fujiabian village is just an hour and half drive away from the city center. Situated three kilometres west of Lishui District, home to the source of Qinhuai River, this village used to be one of the poorest in Nanjing. Now, thanks to its agricultural tourism, hundreds of thousands of people come to this town every year. Fujiabian village has something special to offer all year around but the best time to visit is during March and April, when the plum blossom and strawberries ripen.



On the road to Fujiabian village, many farmers shall try their best to sell strawberries to you from their small street booth. Be patient until you reach the "Selected strawberry field" as it boasts the biggest strawberry production base and the best quality strawberry in the region. Different from the demanding fieldwork under the glare of the sun, all the strawberries here grow inside greenhouses, which are each run by an individual family.

We stopped at one greenhouse with many chickens roaming in a cage in front of it, all in great shape. The owner of chickens and the strawberries Mr. Zhang is a chatty "laoban" who is very proud of his "babies".

"I have the biggest strawberries in this field." He proceeded to lead us inside his greenhouse where those big red gems were dangling at the edge of each row. We were offered the chance to taste some before picking and after taking a bite of the fresh juicy berries, there was nowhere else we wanted to go.



At double the price of those of the street, strawberry-picking experience at Zhang's also comes with a all-you-need-to-know about strawberry lesson from him, including fascinating secrets such as how to use garlic to kill germs in the strawberry field.

Upon leaving, we learned the secret of his robust chickens; he was feeding them strawberries all this time.



Picking up strawberries is just the beginning of a great day out. Keep on driving for a few more kilometres and you will arrive at the south gate of the Fujiabian agricultural

technology park. Built in 1994 and with a total area of 12.8 square kilometres, this park accommodates many fun activities that include sightseeing, camping, fishing, kite flying and rare birds' feeding. Best of all, it offers free admission and free parking.



After all that hard labour strawberry picking in the morning, we had all worked up a thirst and an appetite. A marching band of ducks and geese soon caught our attention as we arrived at the “Plum Blossom Camping and Resort” not far from the gate. This place offers more than camping and the poultry already suggested; here one can enjoy fresh organic local produce at a reasonable price. The three of us ordered five dishes (including braised duck meat) for only ¥130. Little is more relaxing than basking in the sun by the fishing pond and lingering over a cup of local tea (or a can of cold beer if you prefer) with the background of chatty ducks and geese.



Should you feel the need to walk off any calories later, head along the pebble roads in the 10,000 acres of the Plum Blossoms Garden. Each March, the “Lishui Plum Blossom Festival” takes place here; be prepared to feast your eyes by over 100 varieties of plum blossom.

The highlight of the day came when we reached the “Park of Rare Birds”, near the north gate of the technology park and very easy to walk past. The ¥5 entrance fee guarantees much more than you could imagine. Be greeted by a group of emus and hungry white peacocks by the gate, after which some loud turkeys and pearl chickens will be eager to have a conversation with you. Inside this park also lives a happy ostrich family. Getting up close and personal with the largest bird in the world may seem intimidating at first, but if you bribe them with “leaf Kabab”, they will warm up to you instantly.



With sun slipping towards the horizons, we drove back home with our car boot filled with the fruits of our labour. It was the perfect place for an escape from the city to enjoy some rural family fun, and there is nothing we didn't like about Fujiabian. The only slight problem might be the transportation. Here is how you can get there:

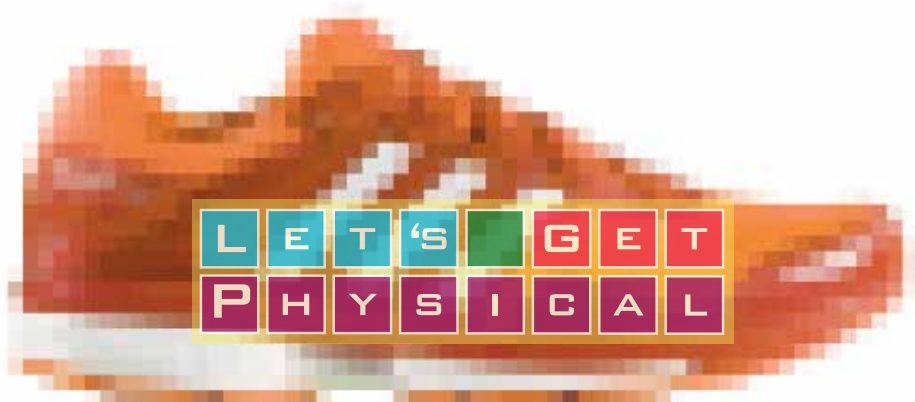
*Location: Honglan Township, Lishui district*

*Transport options:*

*1. Take Nanjing Airport Highway then the Ningxuan Highway to exit at Lishui West.*

*2. Yagao Bus Company offers a countryside tourism service to Fujiabian at ¥35 for the ticket. *





# Back to Basics

## Moving More, Eating Better

With Nick McBride

**T**abata, H.I.T., Insanity training, Kale smoothies, power plates, weighted hula hooping, juicing, hot yoga, ice baths... how many fitness and nutrition crazes have you been through? Not to say they are all bad but just to say that underneath it all there is a fairly simple recipe for getting fit. Move more, eat better. So here are my five golden rules. Stick to them and your body will change. Money back guarantee... if, of course, you had paid any money for this fine publication.

### Golden Rule 1

Get your heart rate up: At least 20 minutes, 3-4 times per week you need to be doing cardiovascular exercise. Not everyone has a heart rate monitor, so work on the idea that you should be sweating, you should be out of breathe but able to talk; not hold a conversation of any intricacy, but be able to string together 3 or 4 words e.g "I can't talk now!" You should not be feeling all that comfortable. And, for any new readers out there, don't even dream of getting your book or a magazine out whilst you're working out. You may allow your copy of The Nanjinger to nestle sweetly at the top of your gym bag, but that's where the line is drawn.

### Golden Rule 2

DO get weight training. Have we busted the myth that weight training does not equate to getting bigger, necessarily? What you need to know is, that if you want to change your body then weight training is 100 percent essential. Building lean muscle increases your metabolism, shreds flab and makes you strong. Resistance or weight training needs to be done at least 4-5 times a week. Make sure you balance your efforts; working on your legs, arms, core and back. Do not be afraid of weight or resistance training. The Internet is the best source of workouts that are ideal for you. Look at workout videos, and easy to follow training sessions you can do, even in a small hotel room.

### Golden Rule 3

Eat right. Nothing crazy people. Don't go cutting out any food groups. Do not go nutty on any faddy craze. Get wise with your portions and make nutritious balanced choices. Abundant in vegetables and fruit, get plenty of lean protein (essential for building muscle), choose whole grains and avoid white rice, white pasta, bread and go easy on starchy potatoes. Also avoid eating (read that as "don't eat") processed foods, cakes, pastries, cookies, candy

or chocolate. Remember also that calories come in liquid form also. Your slim-line gin and tonic is all very well and good until you've had three, and all of a sudden you have the restraint of my wife, with a credit card, in Zara. i.e.. none.

### Golden Rule 4

Consistency. Quite simple, you have got to stick to it. Come hell or high water, nothing gets in the way of your appointment with yourself at the gym; unless of course you really are sick. Set your intentions and stick to them. Importantly remember that it may take a while before you or anybody else notices a visible change in your body, but know and feel that changes are indeed happening and it will pay off. Motivate yourself with new recipes, with pictures on the fridge, with friends, with anything you like. Stick to your plan like Donald Trump sticks to his hair stylist. Get stubborn.

### Golden Rule 5

Measure. What gets measured, gets done. Measure your progress; it will help motivate you. Measure your waist, chest, arms, thighs and hips about once every fortnight. Weigh yourself once a month, same time every month, preferably first thing in the morning, after you've been to the toilet, before you eat or drink and naked. Weighing yourself is more about monitoring; not an ideal way to think about progress as such, but it can be an indicator. Using an app to measure your fitness progress can also be very motivating. Something like My Fitness Pal. Strava is great if you're running or cycling outside too.

So there you have it. Everything you need to achieve your fitness goals. It's simple and yet not at all easy. No weighted hula hoop necessary. 



# Doggy Treats

By Frank Hossack

The pet care market in China is exploding. 2015 saw the industry experience its highest growth levels since records began. Yet, while the marketeers are salivating, the sheer potential presents its own challenges, and worries for central government.

11-12 percent of urban households in China have a dog, cat or rabbit, compared with perhaps 7 percent nationwide. The latter number is at best a guess, well illustrated by the fact that dog registration is a requirement in all Chinese cities yet the compliance rate is an unknown quantity. Then there is the huge number of communally owned dogs in the countryside that is impossible to calculate.

The number one concern for government policy on disease control is rabies. Evident in very rural parts where there is interaction between humans and animals, mainly in south west of China, the country has not had a case of rabies in an urban area for decades. Government policy is to keep it that way, to the degree that the rabies vaccination is given away for free on many an occasion, throughout the country.

Disease aside, it is Responsible Pet Ownership that is the big thing for the Chinese government. After all, everyone should be able to live in harmony with each other but still have pets; difficult with dog fights going on, defecation on the streets and barking late at night. Local authorities have enough to do, without fielding a barrage of complaints about neighbours and their pets.

When it comes to making money, food is the biggest spend in pet care while, in other segments, medical care accounts for approximately 30 percent. Hence the very strong growth

in the value and volume of prepared pet food, with people now realising that human food from table scraps is not a balanced diet for a dog or a cat. It is also this area that presents the most opportunity for domestic enterprises, especially in the third and fourth tier cities to which the big foreign brand names have not yet ventured.

Then there is the issue of “humanisation”. To keep abreast of changing lifestyles, pets are treated as family

members. Indeed, Buddhism teaches us that all life forms should be treated with equal respect. As a result, pet products are becoming increasingly “human” and sophisticated.

“You need to understand the species dog, and the species cat, to know their behavioural needs, because that is in their DNA”, explains Nis Peter Lorentzen, Co-Founder & CEO of Doctors Beck & Stone, a Hong Kong based pet care specialist that opened their new clinic in Nanjing (the 11th in mainland China) at the end of January. As mainly a medical company, nearly 80 percent of the firm’s revenue is derived from the medical area. The remainder is boarding, grooming and food.

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159 Forest Mall City Barcode West, 301 Zhongshanmen  
Street, Xuanwu District, Nanjing.

Lorentzen continues, “A dog that is not exercised enough; same as children, will be moody and start to misbehave. A dog also needs discipline and rules; just like a child. A dog is a pack animal and we are part of their pack. They need to know who is the boss, who is second in command, and so on; just like a child.

“When you humanise your pet, a lot of people think that means just love. But that’s not true. It’s exercise, discipline and then love”.



## BOTTOM-UP CHANGE MANAGEMENT; CAN EMPOWERMENT WORK IN CHINA?

Top down, dictatorial management practices are slowly giving way to leaders sharing authority and control with lower levels of management. Many employers are seeking to empower and engage their employees; all the way to the lowest levels of their organisation as a drive towards World Class. After all, engaged employees deliver significantly improved levels of quality and productivity and enjoy their job more. However, this practice is a radical change for many in China. As more change is inevitable and demand for quality increases, management mind-sets will need to continue to develop.

### As It Was

*The Boss is always right and he makes all the decisions, I just do my job, which is what he tells me to do. I get my money at the end of the month and everyone is happy. As I am a migrant worker, running this machine, my only concern is to ensure I have enough to send to my family every month. So I am not going to take any responsibility in case I make a mistake and anyway the bosses are always making those decisions. But now they want to change things, saying there is too much going on for them to deal with everything and want me to start doing some new stuff, which is certainly not in my job description.*

### The New Way

*This guy the bosses have brought in talks about empowering us, which sounds like physical exercise and seems to be giving us more work. They are forming us into teams, with the team leader getting loads a new responsibilities, even though he's just one of us. He's got the bosses worried, as they do not know what they are going to do – hehe! Seems ok on the face of it, as they also are talking about some more money, but we all think it will last a couple of months as the bosses will get busy doing something else and they will forget as usual. Also, means they keep their jobs. Usually, this means a bit of training (at least we get a decent lunch and a break from the line), more work to do and then no more pay – wait & see, I say.*

*Surprise – we had the bosses joining us cleaning up the machines – at least we could show them the state of the machines, which they expect us to clean with rags and cold*

*water and keep running at high output levels. Seems a good start – then they gave us a schedule, but only 10 mins to keep the kit clean, some gloves, some cleaning stuff and warm water – getting better, I suppose.*

*Someone has drawn some colour pictures of what we are meant to be doing – Visual Something they call it. Now everyone can see the state of the machines, but we still get blamed for when things go wrong and the bosses telling us we should have sorted it earlier. Same old...*

### Making Progress


*6 months on and we are now being asked what we can see to improve, and they listen (half the time) and some things get changed. Ok, but the toilets still need sorting! The kit is behaving better so the bosses get more products to sell and we are getting a bit more pay every month, so I can save a bit for the Spring Festival. Mrs Ma will be happy. They are also doing some bigger projects and getting a few of us who are interested involved, teaching us funny stuff about something called Six Sigma.*

*Think they really should use us more, now they know who can run the machinery well.*

*2 years on and 40 percent of my pay is performance based, so I can impact how much I earn. Other plants are using us as a benchmark and I show them around, so they can see who is the real boss now! No, that's a joke but as a Team Leader, I do feel part of the management team, so we understand when things get tough and when they go well and we all get a fair share.*

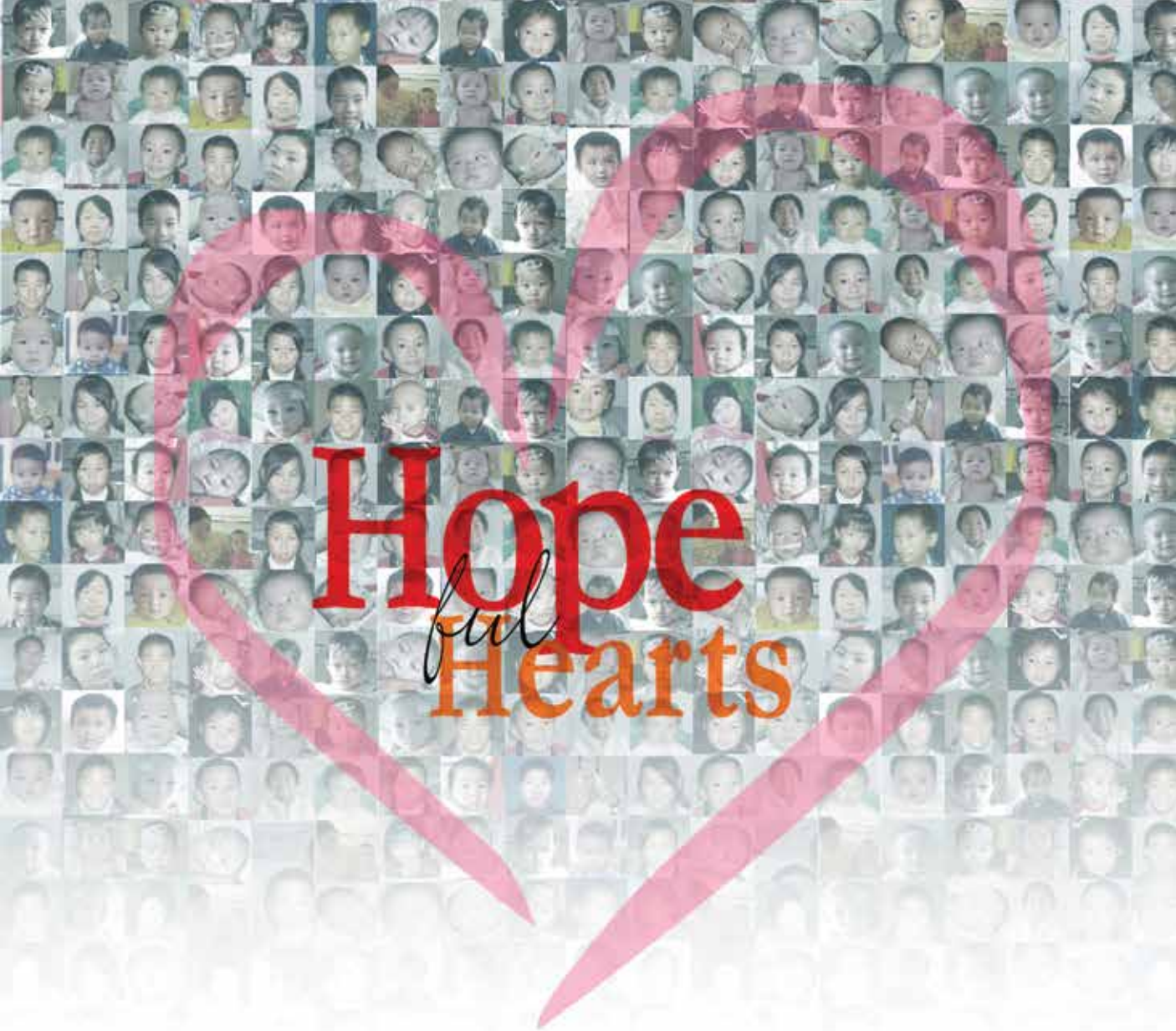
*Sorry about my English but I am using QQ Translate. We started an English Corner last week for the Team.*

### Last Word from the Boss

*More empowerment delivers more engagement, causing all to thrive!* 

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**Simon Northcott is Consulting Director for Chrysalis Consulting, a Nanjing based firm that focuses on strengths-based leadership and WCM programs. Contact him on [simon.northcott@chrysalisasia.com](mailto:simon.northcott@chrysalisasia.com)**



*Help keep the young hearts beating...*

The reality is, these children may not have survived if it weren't for the generosity of people like you.

97% of all money raised goes directly to paying for heart operations.

Hopeful Hearts assists in funding life-saving heart operations for local children.

These children have often been abandoned because of their condition, or come from a farming community where their family may have an annual income of about 1,200RMB.

Your time, talents and donations would be greatly appreciated in helping save the lives of more children like these.

For more information on how you can help, please email: [hopefulhearts10@yahoo.com](mailto:hopefulhearts10@yahoo.com)

**[www.hopefulhearts.info](http://www.hopefulhearts.info)**



# CHINESE DREAM PROJECT

## Dreams of Journalism

By Bai Yiting

It is nothing new for journalism students in China to experience idealism bumping into reality. Even if it is often idealism that gets hurt, some stay optimistic while others become disappointed and resort to more practical options such as being a product manager. Hold on to the dream or go with the stream? This is the question.

At 10 am on Thursday, Li Muyan is sitting in a classroom together with undergraduates, waiting for her professor who teaches Advanced News Interviewing and Writing. Already a graduate student at Nanjing University, Muyan lives on a different campus, an hour away from this classroom. To attend this class, she gets up before 8 am every Thursday to take the school bus. “I’m not a morning person. But I really want to do this,” says Muyan.

At approximately the same moment, four subway stations away, Brian is sitting in a big conference room at one branch office of Xinhua News Agency, along with colleagues, waiting for his department head. Looking up to the front of the room, a banner reads “Earnestly carry out the new media reform”. “I always find these slogans amusing. Like the internet has anything to do with words like ‘earnestly’ or ‘reform’. If anything, it’s a revolution, for God sake,” said Brian [who requested anonymity for the purposes of this article].

Li Muyan and Brian graduated respectively from Nanjing University and Wuhan University, in June, 2014, among nearly 40,000 journalism majors who obtained a bachelor’s degree that year. According to statistics from the School of Journalism and Communication at Nanjing University, no more than 15

percent of their bachelor students actually became journalists after graduation from 2011 to 2014. Same thing goes at Wuhan University, according to Brian. Landing a job at Xinhua News Agency made Brian one of the few while Muyan chose to continue her education as a graduate student.

“I’m much less high-spirited and vigorous now,” said Brian with an adult-like sigh, “Guess I become more practical, but that’s not necessarily a bad thing.” Having worked at one of China’s biggest news agencies for almost a year, Brian has stayed in two departments and experienced a lot, though a large part of this has subverted his original expectation.

Li Muyan, on the other hand, sounds rather optimistic. She sees all the negative sides and difficulties while looking forward to the opportunities that come along. “I sometimes feel that journalists may have more room to act from their own free will and get creative in the current environment, kind of like *The Wild West*,” said Muyan.

One motivation that drags Muyan from bed every Thursday is the professor of that course, who used to be a news producer at CCTV, and in Muyan’s words is, “my ideal type of Chinese journalist”. The professor always tells them that a good journalist is a good story-teller, whose skills should always be sharpened and updated to match his or her ideal.

A friend of Brian’s, who participated actively in school newspapers and had “an unusual literary talent”, according to Brian, ended up working for a famous real estate company. In response to classmates’ astonishment and morning, he wrote a



long article with his still trenchant pen, now producing stylish advertorials, entitled “Those who sell ideals should not disdain those who sell houses”.

“At some places, selling ideals and selling houses become the same thing,” said Brian. The department he works for is called Feature Centre; “But it has nothing to do with the kind of feature stories you have in mind”. According to Brian, a large part of his daily job is writing advertorials for big companies and local governments of different cities in Jiangsu. “This is the only way for traditional media to make money nowadays, [by] selling our authoritativeness and credibility,” said Brian.

Asked why he ended up working in this department and whether he had any choice in the matter, Brian paused for a moment then answered curtly, “100,000 yuan a year and flexible working hours, no night shifts.” This offer was better both in salary and workload than what he had in the news centre, where he needed to be on-call 24-7 for breaking news. Now, sitting in his office with air-conditioning 8 hours a day, Brian sometimes feels that he is isolated from the society out there. “But I can’t go back and they won’t have me back,” Brian said.

Bored with his job, Brian is thinking about resigning and he plans to become a product manager. In his view, the Internet changes everything and one should abandon all kinds of old thinking patterns. “It’s not like you can combine traditional media and the Internet. The form of news is different today. It’s about making a product now,” said Brian. Therefore, he thinks that being a journalist and being a product manager are essentially the same as it’s all about telling a good story.

Although Li Muyan is also determined to be a good storyteller, she believes that news has some unique value that general content products such as a life-style APP or travel guide can’t carry.

Listing Journalism and Communication as the first major against her parents’ will, Muyan’s argument was, “As a liberal arts student, journalism is the only major that could help me to make a real difference in the world.” She laughed about this dream herself; “too young, too simple”. But this choice of major after the College Entrance Exam was the only time that she was persistent about one thing. And now, “my dream has been lit up again,” said Muyan. Inspired by the professor, Muyan tries to be proficient in her skills in order to fulfill her dream.

Muyan co-founded an internet TV studio called NTV when she was a junior. She and her partner started preparation on

April and the first programme went online on June, 2013. It was a feature interview of an IT geek in school, flavour of the month on social website Renren. “We wanted to make a show like what Chai Jing did at CCTV, focusing on people and their stories,” said Muyan.

In retrospect, Muyan doesn’t think programs at NTV are strictly news. “I think news should have more social value, going out of the campus and beyond fun, focusing on facts,” said Muyan. Being the producer at NTV, Muyan pursued perfection at a technological level. “At that time, I was mainly concerned with our viewers, trying to create some visual feasts. Now, I believe that content rules.”

Muyan feels that this first year of graduate study has given her time to think about what kind of news she really likes to make. Agreeing with all the values of professional journalism, she feels more attracted to people and their stories. “No matter on TV or in print or on the Internet, I want to tell good stories.” She sometimes senses that professional rules can only get a journalist so far; “Great news pieces are always highly individualised, fair but never impersonal.”

Determined to be a good story-teller, Muyan does not struggle with the choices of different types of media anymore, which used to bother her for quite a while. Talking about future and finding a job, Muyan is “not worried at all”. For her, a job is simply a way of being part of the society, which is merely a means but not the goal itself. “The only thing I’m really afraid of is not doing what I love,” said Muyan.

In a survey conducted on 24th May, 2015, among 40 journalism students (undergraduates and graduates) at Nanjing University, Sun Yat-Sen University, Renmin University of China and the Communication University of China, one question was: Do you have a journalistic dream or ideal?

17 students answered “yes” and one answered “no” while 22 students answered “hard to say”.

Asked this very question, Muyan said “yes” within a second while Brian laughed. “Journalistic ideal just seems to be so far away now. If you ask people at my work this question, they’ll laugh too,” said Brian. Knowing that there are job opportunities of doing real news out there, Brian simply does not feel motivated enough. Thinking like a product manager is something in which he strongly believes. Besides this, everything is undecided. “I may resign, or not. There are other things to think about. Not everyone gets to do what he loves,” said Brian. **NU**

“Chinese Dreams” stories grew from a month long journalism workshop for students at Nanjing University’s School of Journalism and Communication that explored the lives and attitudes of young people in China, directed by Visiting Fellow Ken Ellingwood. Written in the students’ second language, the pieces have undergone limited editing by The Nanjinger for grammar and style, but otherwise appear as submitted. More can be read online at [www.nanjingexpat.com](http://www.nanjingexpat.com). The series runs from August 2015 to June 2016.





## Delivery

# Lady Friendly Line 0

By Han Dou

- For whatever reason, there seems to be a food delivery bubble expanding nationwide. On top of existing incumbents such as Baidu Delivery, Meituan Delivery and ele.me (“Are you hungry”), along with your typical Pizzahut and KFC options, it’s becoming a crowded arena when you also add into the mix Line 0, our very own Nanjing-based food delivery service that is winning the hearts of many a lady.

Line Zero is an O2O venture-based startup which raised US\$30 million last year and is now available in 15 cities nationwide; the fledgling having actually been launched in Nanjing in June 2012 by three post-80s overseas returnees.

With the other ten existing O2O food delivery services in the market vying to bring food to your door, Line Zero has its own niche. Unlike the other delivery apps, it has its own delivery team, which are made up of mostly post-80s or 90s young men, wearing a eye-catching yellow helmet and blue denim overall uniform (relating to the cartoon character Minion); “little yellow guys” is what customers call them.

Aimed at office workers in the city with a relatively high income, according to its statistics, 70 percent of Line 0 users are female.

Line Zero’s app interface is aesthetically-pleasing and easy to navigate. It offered up a nice variety of eateries in the area, while one can also browse by category such as Chinese or western, office lunch or afternoon tea, etc. Health and Safety credentials, such as origin of ingredients and condition of the kitchen are also to hand for more picky office workers to check out.

Eventually, another lady co-worker and I settled on SaladAwake, a eatery boasting healthy light food such as salads and high protein meals for those who want to diet; a good option as we both want to lose the weight we put on during the holiday. However, we found it difficult to find user recommendations as Line Zero does not offer a direct link to dianping.com, China’s largest review site, unlike many of the other food delivery apps.

After consultation using another browser, we picked the “High-Protein Diet” Fish Sandwich (¥24) and a “Popeye Style” Spinach Chicken Gyro (¥19). Next step was the many payment options that include cash on delivery, good news for those with difficulties in navigating local online banking. Then there came three delivery time options and after receiving confirmation the icon of a little yellow guy appeared on the screen. This is part of Line 0’s Unique Selling Point; a cool feature that lets you have a peak at your delivery guy’s looks and service score based on previous customer ratings. His phone number is also supplied in case of delivery problems.

This turned out not to be necessary as the app updated nearly every step of the way; from the moment the restaurant accepted the order, to when Zhao picked it up, to when he was making his way toward our office. I received a push notification after 55 minutes of waiting that our deliveryman, Zhao Long, had arrived. One minute later Zhao Long showed up at our fourteenth-floor office, dressed in a yellow vest and casual street clothes instead of the trademark yellow helmet and denim overalls, smiling timidly while handing over our food in a plastic bag.

The quality and flavour of the food was decent; the fish sandwich was very fresh and the Chicken spinach roll came with with large amounts of sliced chicken. While they both looked small in portion, they turned out to be surprisingly filling in the end. My female colleague and I



both felt energised and guilt free when we finished our lunch from SaladAwake.

With a delivery fee of ¥7 and a nice discount of ¥10 from the restaurant, our not-so-little lunch came to a total of ¥40. Not bad at all, yet the wait of almost an hour was a little disappointing, especially when considering Line Zero guarantee a 40 minutes delivery within 6 kilometres. Nevertheless, the online ordering system was slick and seamless, while the real-time tracker was a nice touch. And the good looks of their delivery guys definitely count! **NUX**

Art Exhibition

## Theology of Relationships

By Francesca Leiper

■ The White Cube; a sanctuary for the seasoned art snob. And everyone else? Well, a little bit uncomfortable to be honest. Fill it with colourful canvases, groovy Venezuelan music and a stack of paper for doodling and you get Ronald Paredes's show.

Located on the second floor of the salubrious KIC boutique mall, the exhibition explores human relationships and their impact on our lives through the artist's use of the line. Paredes takes his line for a walk across the canvas, the floor and the walls, to create clever and perfectly balanced mazes, hinting at human and natural forms along the way.

Lines intersect to create shapes, but no shape is sealed or isolated, rather it remains part of a larger and much more complex picture, just as humans in society are inextricably linked to one another.

"The use of one single line to produce the entire composition corresponds to a necessity I have of challenging myself," he says, "I don't believe in easy art".

Each piece demands your attention, compelling you to trace the journey of a single line from start to finish as if to prove to yourself that it really is unbroken. You are invited to stare at and engage with the works even if art is not your "thing". "That stare is a big part of the strategy behind my pieces, to somehow produce that invaluable time of interaction between the piece and the spectator."



Beneath curving corner-turning contours are smears of colour, supposed to represent different human emotions, but they are a bit too squeezed-out-the-tube for me. Attractive, yes, but too safe and pretty. I want something more crunchy, something unexpected or challenging.

But the exhibition isn't simply about looking, it's also an ongoing dialogue; "I want people to interact with the show and with me". He shows me some of the visual responses produced in the gallery by visitors. "Lots of people try to imitate my logo, I like that!" Others draw whatever they fancy, there's even some on the lewd side; "I love it, I think it's cool!"

By encouraging people to take part in the exhibition, and to engage with the artist himself, Paredes subverts the conventional code of the White Cube and succeeds in breaking down the barriers between art and spectator. So come for an ogle, a groove and a doodle.

Ronald Paredes: Theology of Relationships is on daily 10am-9pm until the end of April at L211, KIC Gallery Shopping Mall, 333 Jiangdong Zhong Lu, Hexi. Admission is free. **NUX**





## One Love

February, 2016

*The British School of Nanjing celebrated their first Chinese New Year in the new Mountain View Campus; students and staff entertained and were entertained by visiting Chinese artists, while after the show, students joined in many activities as part of their language week.*







## Bear Necessities

February, 2016

Hopeful Hearts fulfilled its "A Gift from the Heart" project after several months of work with 2 days of visits to three hospitals in Nanjing whereupon volunteers met 93 children all suffering from heart defects. Each and every child was given a teddy bear along with a message from the generous "heart" of sponsors including, among others, students of the British School of Nanjing.







## Love Makes a Family

27 & 28 February, 2016

Nanjing International School played host to the ACAMIS "Think, Speak, Act" festival and welcomed over 300 students to participate in events over weekend, including competitions, panels and workshops. Most of the Model United Nations panels passed their resolutions, with all delegates having the opportunity to speak and convey the perspectives of the countries they represented.







## Beer Run

28 February, 2016

*They run, they walk, they crawl, but they get to the next beer! Hash is the social activity that is exercise as well; the Hare goes out and marks the trail, then the luckless Hashers do their best to find the route. Beer, soft drinks, and food complete the mix.*





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Through the monthly magazine *The Nanjinger*, the websites *Nanjing Expat* and *Hello Nanjing*, the annual *City Guide* and weekly email newsletter *LifeCycle*, plus a host of social media platforms, *Nanjing Expat* is the only group of English publications offering high visibility online and print media in Nanjing

13851522275 (English)

info@sinoconnexion.com

15050527655 (中文)

# NUX THE INDEX

Many listings herein include handy codes as to their Nanjing Zone; a coloured square that assists in sourcing places of interest in areas frequented by expats. Cross reference the listings with the maps towards the rear of The Nanjinger.

## About The Index

Locations that appear within The Index have been hand picked by The Nanjinger's editorial team for offering quality, consistency and service. Descriptions are written following The Nanjinger's editorial policies as regards objectivity and impartiality. The listings are not for sale.

## Food & Drink

### Western Bars & Restaurants

#### William's 威廉餐厅

Chic Hills, 286 Zhongshan Lu  
中山路 286 号羲和广场一楼  
85878066

Stays true to the unique cooking processes and characters that have become hallmarks of great American barbeque. Applewood log smokers subdue meat cuts hours of "low 'n' slow" smokin' heaven!

#### Oasis 绿洲西餐吧

133 Mingwalang  
明瓦廊 133 号  
83191933

Modern Western flair plus house music, stylish decor and fabulous lighting create just the right environment in which to sip a cocktail or two. Pizza, lasagna and macaroni cheese dishes are particularly popular with foreign patrons, and with good reason.

#### Bellini Italian Bar & Restaurant

贝丽妮  
12 Nanxiucun 南秀村 12 号  
52888857  
#1-106, 9 Wenfan Lu, Xianlin  
仙林大学城文苑路 9 号 1-106 室  
85791577  
www.bellinirestaurants.com

Stylish and elegant yet easy in which to relax, award winning Bellini serves up an array of signature dishes and drinks. Ranked #7 among TripAdvisor's 2,600 plus restaurants in Nanjing.

#### Ciao Italia 你好意大利

193-2 Shigu Lu  
石鼓路 193-2 号  
86608807  
30 kinds of pizza and more than 50 wines exclusively imported from Italy, all prepared by highly qualified Italian chefs, plus a host of other dishes.

#### Finnegans Wake

芬尼根爱尔兰酒吧餐厅

6 Xinanli Block, 400 Zhongshan Nan Lu  
中山南路 400 号熙南里街区 6 号  
52207362 / 13057623789  
www.finneganswake.com.cn

A carefully prepared selection of authentic Western food in a cozy atmosphere. Upstairs in "The Malt Room", enjoy an unrivalled range of whisky from every corner of Scotland.

#### Blue Sky Expat Bar & Grill

蓝澳西餐厅  
77 Shanghai Lu  
上海路 77 号  
86639197

www.theblueskybar.com

One of the original expat bars to open in Nanjing, serving burgers, pizzas, Aussie meat pies and Bundaburg Rum (Bundy). There are also weekly and monthly pool competitions, board games' nights and plenty of music you thought you had forgotten.

#### Brewsell's

比利时啤酒餐厅

77-1 Shanghai Lu (first place up from Guangzhou Lu)  
上海路 77-1 号 (靠近上海路和广州路的路口)  
58779429

www.brewsells.com

Quality Belgian drinks & cuisine in a smoke free environment. Imported Belgian draft beers and daily happy hour from 5 to 8pm; kitchen open until 11pm.

#### Element Fresh

新元素餐厅

A109, 1F, Nanjing IST Mall, 100 Zhongshan Lu  
中山路 100 号艾尚天地购物中心一层 A109  
85656093

www.elementfresh.com

Born from an expat's passion for food, the multi-award winning Element Fresh first opened its doors in Shanghai in 2002. Since, the chain has expanded to Beijing and Guangzhou and Nanjing.

#### Studio 21 Grill Restaurant

藤美

193 Shigu Lu (behind the Sheraton)  
石鼓路 193 号 (石鼓湾美食休闲街区)  
86795269 / 13072525212

Genuine European flavours, grilled meat, seafood specialties and renowned home made desserts. Special Set Lunch Menu with great prices and specials for students and teachers.

#### Hacker-Pschorr 赫佰仕

Basement, Asia Pacific Tower, Jinling Hotel,  
2 Hanzhong Lu  
汉中路 2 号金陵饭店亚太商务楼负 1 楼  
84660099

www.hacker-pschorr-brauhaus.com/nanjing

German brauhaus that is the first Hacker-Pschorr in China, serving up a proprietary brew created in house, along with the pre-requisite sausages.

#### Jimmy's

吉米来吧

193 Shigu Lu (inside Sunglow Bay  
near the Sheraton)  
石鼓路 193 号  
86792599

www.jimmysnj.com

The place to be for live and recorded sports, especially on Saturday nights, while enjoying American style pizza, BBQ steaks, burgers, hotdogs, tacos and more, accompanied by a large selection of draft and bottled beers plus single malt whisky and bourbon.

#### Jack's Place 杰克地方西餐厅

422, Dongcheng Hui Shopping Mall, Xianlin 文苑  
路与学思路交叉口东陈汇 4 楼  
85807866  
35 Wang Fu Da Jie 王府大街 35 号  
84206485  
160 Shanghai Lu 上海路 160 号  
83323616

Humble yet honest, Jack's Place has been around Nanjing for more than 15 years, serving up Italian favourites popular with expats and locals alike. Strengths lie in the pastas and mains.

#### The Wing Italian Restaurant

意之翼-意大利餐厅

4F, The Central, Hexi CBD

江东中路 237 号中央商场 4 楼 (雨润国际广场)  
13913983339 / 52251609

Open kitchen allows for observation of the chefs at work, while hand-made Italian thin-crust pizza comes from a professional oven. Mix and match your own pasta and great value set lunches available along with MSG-free chicken.

#### Pizza

82-1 Shanghai Lu

上海路 82-1 号

83308105 / 15805177575

Formerly Pisa Pizza, that quickly gained a following among expats when it opened in 2009 for authentic pizza in an informal atmosphere.

#### La Mona 拉莫纳

48, South Commercial District, Lower Carpark,  
Olympic Centre  
奥体中心南商务区 48 号停车柱  
83353881

From the makers of Pisa Pizza comes classy decor and simply fabulous pizza, fresh out of an impressively large stone oven that rivals the more established Italian eateries in town.

#### Les 5 Sens

乐尚西餐厅

52-1 Hankou Lu  
汉口路 52-1, 靠近南京大学  
83595859

Remaining surprisingly inexpensive since opening its doors in 2005, Les 5 Sens serves authentic and homemade traditional French dishes (the foie gras is a favourite) in a homely atmosphere.

#### Tap Planet

啤球工厂

F109, 1F, Chic Hills Plaza, 286 Zhongshan Lu  
中山路 286 号羲和商业广场 1 楼 F109  
57519177

40 craft beers on tap, making it the largest selection of such in China, accompanied by slick service and a mouth watering food menu.

#### Motu Burger

摩图

107 Gutong Xiang, Laomendong  
老门洞箍桶巷 107 号  
17701598220

Small balcony affords great people watching while munching on delicious Kiwi burgers and ice cream washed down with fine ales.

#### Dream House 梦想之家音乐西餐厅

Zhonghui Mansion, 20 Jiangjun Da Dao, Jiangning  
江宁区将军大道 20 号中慧大厦 (南航东门斜对面)  
52837977

Continuing Nanjing's fascination with Western food and drink leaning toward the Germanic. Popular with students from NUA across the street.

#### Behind the Wall

答案墨西哥餐厅

150 Shanghai Lu (in Nanxiu Cun)  
上海路 150 号, 在南秀村  
83915630

One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, with perhaps the finest terrace in the city. Live musical performances go well with strong sangria and beer.

#### Florentina

2-107, 83 Shanghai Lu  
上海路 83 号 2 栋 107 号  
18602560788

Ideal for peaceful chat over drinks; over 100 bottled craft beers waiting for you to try!

### Henry's Home

亨利之家 82-2 Fuchunjiang Dong Jie 奥体富春江东街 82-2 号 58577088

One of Nanjing's oldest Western restaurants, with over 20 years experience in serving up western meals; specialties include steaks, fajitas, pizza and organic salads.

### Selección Española

57 Zhongshan Dong Lu 中山东路 57 号

Family business opened in 2012 with the ambition to spread Spanish culture by offering a special culinary experience and home made traditional food. Open Tue-Sun, 5-10 pm.

### Eminence Cellar 香松酒窖

Inside Wutaishan off Guanzhou Lu 广州路·五台山体育场 66012088

High quality Western restaurant offering organic food, breads baked on-site, cigar bar and wine cellar.

### Wagas 沃歌斯

1F, Nanjing IST Mall, 100 Zhongshan Lu 中山路 100 号艾尚天地购物中心一层 108 号 85656120

www.wagas.com.cn

Western and modern Asian fare with a special focus on food quality, consistency and safety.

### Potato Bistro

马铃薯 #5-301 Kangqiao Sheng Fei, 9 Wenfan Lu, Xianlin 仙林文苑路 9 号 康乔圣菲 5 幢 301 85791293

A bistro based on green, organic, fresh foods and authentic taste. Large balcony offers outdoor BBQ for up to 150 people.

### Axis Mexican Restaurant & Pub

Axis 墨西哥餐厅 Yadong Commercial Plaza, 12 Xianyin Bei Lu 仙隐北路 12 号亚东商业广场 Suning Hui Gu, Ji Qingmen Da Jie (opening mid-march 2016) 集庆门大街苏宁慧谷 (2016 年三月中旬开业) 15895872728

Mexican dining experience offering a wide variety of traditional Mexican dishes and a popular delivery service.

### Nail Jazz Bar

钉子爵士酒吧 10 Luolang Xiang (200m south of the Sheraton) 罗廊巷 10 号, 离金丝利酒店 200 米 86532244 A relaxed atmosphere in which to enjoy a wide variety of imported beers and the odd bit of live music.

### Ellens Bar

艾伦酒吧 132-3 Guangzhou Lu 广州路 132-3 号 83641119 37 Hunan Lu 湖南路 37 号 83641118 Laid back and relaxed atmosphere plus food & drinks at great value prices.

### Middle Eastern Cuisine

#### Dubai 西侧翡翠餐厅

9 Zhuangyuan Jing (inside the Mandarin Hotel) 南京市夫子庙状元楼酒店一楼 18652008407 Tasty dishes from Dubai and all over the Arabic

world served inside or on a enticing, western-facing patio. All meat is Halal.

### Jacob Arabic Restaurant

嘉珂船 61 Hankou Lu 汉口路 61 号 86521668 Classic go-to for Middle Eastern fare; grilled Hallal meats, shawarmas and a mouth-watering assortment of dips. Prayer room on the second floor.

### Indian Cuisine

#### Baba Restaurant 巴巴餐厅

B1, Jinyuan Food Court, 11 Hexi Central Park, 341 Jiangdong Lu 江东中路 341 号出口南京金源美食广场 11 号负 1 楼 13611574929 Reincarnation of Kohinoor, Nanjing's long serving Pakistani restaurant, features a menu that boasts over 200 dishes, all of which taste nothing alike.

#### Nanjing Ganesh Indian Restaurant

甘尼什印度餐厅 3 Kunlun Lu 昆仑路 3 号 85860955 www.ganeshchina.com The unlikely combination of Indian food and jazz music that nevertheless has stood the test of time in both Suzhou and Wuxi. Fabulous decoration in a great location by the city wall at Xuanwu Lake.

#### Himalaya-Nepalese & Indian

Restaurant 喜马拉雅尼泊尔印度餐厅 193 Shigu Lu (behind the Sheraton) 石鼓路 193 号 8666 1828 Popular restaurant serving Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves.

#### Taj Mahal 泰姬玛哈印度料理

117 Fengtu Lu 丰富路 117 号 84214123 187-1 Shanghai Lu 上海路 187-1 号 83350491 Established in 2003, the Taj Mahal offers a great variety and exotic blend of high quality authentic Indian cuisine that it continues to this day, making it forever popular with the foreign community.

#### Masala Kitchen

玛莎拉印度餐厅 - 酒吧 A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu 仙隐北路 12 号亚东商业广场 A05 84448858 Offers vegetarian and meat dishes plus savory Tandoori oven dishes and exotic curries cooked fresh by a chef with over 20 years of experience in his hometown of Hyderabad.

### Korean Cuisine

#### Xianpingjia 咸平家

#6, Block 1, Dongfangtianjun, Xianlin 仙林杉湖西路东方天郡门面房 6 号 83699086 / 13357739720 Run by a Korean grandma who has over 30 years of cooking experience. Bulgogi-marinated beef served with vegetables which you cook on the table with Kimchi is a must!

#### THE Korean 本家

B1, Golden Wheel Tower, 108 Hanzhong Lu 新街口汉中路 108 号 金轮大厦 B1 84469445

#### Ke Jia Fu 可家福

7 Nan Da Heyuan, 168 Xianlin Dadao 仙林大道 168 号南大和园 7 号 86331006

### Neolithic Barbecue 新石器烤肉

B1, Deji Plaza, 18 Zhongshan Lu 中山路 18 号德基广场 B1 楼 B116-117 号 84764545 #B17, B1, Tianyin Plaza, 336 Shangyuan Lu, Jiangning District 上元大街 336 号天印广场 B1 楼 B17 室 81032949 B1, Wonder City, 222 Changhong Lu 长虹路 222 号虹悦城 B1 楼 52275687 #121, Bldg. 1, Chenggowu Garden Centre, 699 Zhongshan Men Da Jie, Maqun 中山门大街 699 号花园城购物中心 1 楼 121 号商铺 85568090 B1, One City, 58 Daqiao Bei Lu, Pukou 大桥北路 58 号新一城 B1 楼 58400640 58402105

### Japanese Cuisine

#### Taiyo Teppanyaki 大渔铁板烧

57 Zhongshan Lu 中山路 57 号 84729518 1F, Unit 6, Building 2, 1912 1912 商业区 2 号楼 6 单元 1 楼 84458310 3F, Golden Wheel, 8 Hanzhong Lu 汉中中路 8 号金轮新天地购物中心 3 楼 84773318 3 Kunlun Lu 昆仑路 3 号明城汇内 58850588 Has stood the test of time with its popular all you can eat and drink special offer that includes sushi, sashimi, sake, beer and much more being a staple of the Nanjing community.

### Other Asian Cuisine

#### Thai Tasty 泰式料理

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu 仙隐北路 12 号亚东商业广场 A05 84448858 An extraordinary array of distinctive dishes employing authentic seasonings with fresh local produce.

#### Thai Orchid 梵泰蘭

86-1 Fuchunjiang Dong Jie (La Defense Flower Street) 富春江东街 86-1 号拉德芳斯异国风情花街 (近恒山路路口) 83564567 Thai nationals serve as chefs; fantastic groupon deals available, e.g. set meal of ten dishes for half price.

#### Pho Saigon

西贡堤岸越南餐厅 2F Huanya Plaza, 33 Shigu Lu 石鼓路 33 号环亚广场 2 楼 84465722 Popular and inexpensive fare that includes the must try Vietnamese noodles, hence "pho".

#### Keziguli Muslim Restaurant

克兹古丽餐厅 43 Luolang Xiang 罗廊巷 43 号 85891799 Xinjiang restaurant popular with expats; spicy noodles, potatoes, vegetable, chicken and lamb dishes accompanied by dance performances.

### Vegetarian

#### Jimingsi Vegetarian Restaurant

鸡鸣寺百味斋素食馆 1 Jimingsi Lu 鸡鸣寺路 1 号 57713690 Open since the 1980s and popular on the tourist



trail, standout items include soy-based mock meat dishes. Service can be erratic.

### Green Cuisine 绿野香踪素食馆

1F Zhengyang Building, 56 Yudao Jie  
御道街 56 号正阳大厦一楼  
6661 9222

A wide selection of creative dishes and plenty of fresh vegetables along with special drinks and teas.

### Tiandi Sushi 天帝素食

21 Huji Bei Lu, Entrance to Gulin Park  
鼓楼区虎踞北路 21 号古林公园正门口 (近北京西路)  
83701391

### Bakery & Café (see also Hotels & Hostels and Shopping)

#### Iced Baking

46-13 Xianyin Nan Lu, Xianlin  
林仙隐南路仙龙湾 46-13 室  
18014847503  
www.icedbakingnanjing.com  
Specialty baked goods such as cakes, cupcakes and scones plus a host of baking supplies, including cocoa powder, cream cheese, fondant, sprinkles and shortening. Also provides training and education in the field of food services to underserved women and at risk youth.

#### Skyways 云中食品店

160 Shanghai Lu 上海路 160 号  
83317103

Weilan Zhidu Homeland,  
6-4 Hanzhong Men Da Jie  
汉中门大街 6-4 号蔚蓝之都家园商业裙楼 1 楼  
83378812

#A18, Yadong Commercial Plaza, 12 Xianyin Bei Lu  
仙隐北路 12 号亚东广场 A18 室  
85791391

Wanda West, 222-2 Jiqing Men Da Jie  
集庆门大街 222-2 万达西地区  
85637995

Breads, made-to-order sandwiches, cakes, desserts, plus imported deli items such as cheese and salami. Shanghai Lu location has a long queue at lunchtimes.

#### Sculpting in Time Café 雕刻时光咖啡馆

2F, 47 Hankou Lu  
汉口路 47 号 2 楼  
83597180  
32 Dashiba Jie (Fizimiao East Gate)  
大石坝街 32 号 (夫子庙东门)  
52266082  
Delightful atmosphere in which to enjoy coffee, tea, a variety of Western food, plus widely known brownies. Balcony at the Confucious temple branch offers romantic night time views over the Qinhuai river.

#### Maan Coffee 漫咖啡

1 Qingjiang Lu 清江路 1 号天水滨江花园  
85872858 / 85607277  
1F, Dushi Xihe, 8 Xuejia Xiang  
薛家巷 8 号金润发超市旁都市羲和一楼  
85607266  
81-1 Fuchunjiang Dong Jie 富春江东街 81-1 号拉德芳斯异国风情花街  
85607288  
1912 Leisure District 1912 时尚休闲街区 9 号楼  
Korean chain serving waffles, salads and all day breakfast options that go down well amid decor that juxtaposes cement, glass and chandeliers.

#### Délíce Capy DC

莫奈花园  
1st and 2nd Floor, Friendship Mall, 27 Hanzhong Lu, Nanjing  
南京市汉中中路 27 号友谊广场 1 楼 2 楼  
86829191  
Lounge in comfortable armchairs and indulge in gooey macaroons and hazelnut slices to molten chocolate cakes.

### Chinese Teahouses

#### Lao Cui Tea House

老崔茶馆  
Houhuyinyue, Huanhu Lu, Nanjing city wall, 8 Jiefang Men, Xuanwu  
城墙台城段临湖厅, 玄武湖环湖路 “后湖印月”  
52628899  
15 Yingtian Da Jie 应天大街 15 号  
86560632

Holds activities such as lectures on tea drinking and tea culture. Location in the city wall is one of Nanjing's must-sees.

#### iTea 我茶

6F, Xinhua Bookstore, 56 Zhongshan Dong Lu 中山东路 56 号新华书店 6 楼  
86816246  
Taiwanese delicacies and soothing herbal tea, brewed intricately before your eyes by one of the restaurant's tea aficionados.

### Nightclubs

#### Kamakama

1912 Leisure District  
1912 时尚休闲街区 2 号楼 1 层  
86701912  
Nanjing's answer to the sleek sophisticated cocktail bars of Shanghai; signature cocktails, selected fine wines and classic malts all the way.

#### MAZZO Club 玛

索国际娱乐  
1912 Leisure District  
1912 时尚休闲街区 6 号楼  
84418579  
One of the oldest clubs in Nanjing and hangout for the foreign community playing contemporary electronica.

#### Club TNT

潮人会所  
2-1 Changjiang Hou Jie  
长江后街 2-1 号  
84401199 / 13151090136  
A big name in the Chinese nightclub industry, with clubs in Nanjing, Chongqing and Hefei.

#### Enzo

8-3 Changjiang Hou Jie  
长江后街 8-3 号 2 楼  
83789898  
Accesses many of the big names in entertainment; Paul Oakenfold, DJ R3hab and LMFAO have all played here.

### Tourism, Sport & Leisure

### Hotel & Hostel

#### Somerset Youth Olympic Nanjing

南京盛捷青奥国际社区  
9 Qing'ao Nan Lu  
青奥南路 9 号  
83083888  
www.ascottchina.com  
Comfortable and international serviced residence providing extremely spacious three-bedroom apartments for executives and their families.

#### Han Yue Lou Solis Hotel

南京涵月楼首丽斯酒店  
235 Jiangdong Zhong Lu, Jianye District  
建邺区江东中路 235 号  
68176000  
www.solishotels.com  
First establishment in China for Solis and official hotel for the Youth Olympic Games in 2014. Chinese elements are incorporated as threads woven into the fabric of the hotel.

### Jinling Hotel Nanjing

南京金陵饭店  
2 Hanzhong Lu, Xinjiekou Square  
新街口汉中中路 2 号  
84711888  
The first five star hotel in China with a city centre location putting the prize-winning iconic landmark only two minutes' walk from Xinjiekou Metro Station. International flight and train ticket purchase counter plus bakery also available.

### Renaissance Nanjing Olympic Centre Hotel

南京华泰万丽酒店  
139 Aoti Da Jie, Jianye District  
建邺区奥体大街 139 号  
83388888  
cn.renaissancenanjing.com  
First Marriot hotel in Nanjing. with signature Navigator service available to guests; a local who knows the hotspots inside out. Bakery sells fresh breads.

### Novotel Nanjing East Suning Galaxy

南京玄武苏宁银河诺富特酒店  
9 Suning Dadao, Xianlin  
徐庄软件园苏宁大道 9 号  
85208888  
www.novotel.com  
Good spot for a weekend escape from the city, with Purple Mountain on its doorstep, while the Nanjing Zhongshan International Golf Resort 27 hole course designed by Gary Player is just 5 minutes away.

### Fraser Suites Nanjing

南京辉盛阁国际公寓  
116 Lushan Lu  
庐山路 116 号  
87773777  
www.frasershospitality.com  
International serviced apartment suites offering full balconies, clubhouse and leisure facilities.

### The Westin Nanjing

南京威斯汀大酒店  
Nanjing International Center, 201 Zhongyang Lu  
中央路 201 号南京国际广场  
85568888  
www.westin.com/nanjing  
A haven of Chinese distinction in which every room affords a view of scenic Xuanwu Lake.

### Sheraton Nanjing Kingsley

金丝利喜来登酒店  
169 Hanzhong Lu  
汉中中路 169 号  
86668888  
Excellent downtown location with amenities including baby sitting and butler service plus car rentals.

### Fairmont Nanjing

南京金奥费尔蒙酒店  
333 Jiangdong Zhong Lu, Jianye District  
建邺区江东中路 333 号  
86728888  
www.fairmont.com/nanjing  
Elegant international hotel famous for its services and cultural features; the building itself resembles a Chinese lantern.

### InterContinental Hotel 紫峰洲际酒店

1 Zhongyang Lu, Zifeng Tower  
中央路 1 号紫峰大厦  
83538888  
www.intercontinental.com  
A statement of grandeur in the 450 metre high Zifeng Tower; Nanjing's tallest building.

### Sofitel Galaxy 南京索菲特银河大酒店

9 Shanxi Lu  
山西路 9 号  
83718888

www.sofitel.com  
resoff@sofitelnanjing.com  
The accommodation of choice for many visitors coming to Nanjing, along with all French dignitaries.

### Hilton Nanjing Riverside

南京世茂滨江希尔顿酒店  
1 Huaibin Lu (cross of Qinhuai and Yangtze Rivers)  
淮滨路 1 号 (近秦淮河和扬子江交汇处)  
83158888  
nanjingriverside.hilton.com  
nanjingriverside.info@hilton.com  
A more serene statement from Hilton; extensive conference and recreation facilities and rooms with balconies overlooking the Yangtze.

### Nanjing Sunflower International Youth Hostel

南京瞻园国际青年旅社  
142 Dashiba Jie (Fuzimiao west gate)  
大石坝街 142 号, 在夫子庙西门的附近  
52266858 / 66850566  
www.nanjingyha.com  
Popular youth hostel that includes free pool, DVDs, cable TV, foosball and English speaking staff.

## Resorts

### Kayumanis Private Villas & Spa

南京香樟华莘温泉度假别墅  
12 Wenquan Lu, Tangshan  
江宁区汤山街道温泉路 12 号  
84107777  
www.kayumanis.com  
nanjing@kayumanis.com  
High-end private villa with refreshing natural hot spring and mountain view.

### Regalia Resort & Spa (Qinhuai River)

南京御庭精品酒店 (秦淮河)  
Bldg. E5, 388, Yingtian Da Jie  
(inside Chenguang 1865 Technology Park)  
应天大街 388 号 (晨光 1865 科技创意产业园) 第 E5 幢  
51885688  
www.regalia.com.cn  
A Thai style spa offering a holistic approach to rejuvenation and relaxation.

### Tangshan Easpring Hot Spring Resort

汤山颐尚温泉度假村  
8 Wenquan Lu, Tangshan, Jiangning  
江宁区汤山镇温泉路 8 号  
51190666  
A leisure hotel in Tangshan offering different types of bathing.

## Museums

### Nanjing Massacre Memorial

侵华日军南京大屠杀遇难同胞纪念馆  
418 Shuiximen Da Jie  
水西门大街 418 号  
86612230 / 86610931  
Hours: Tue - Sun from 8:30 to 16:30  
www.nj1937.org  
Located on a former execution ground and mass burial place of the Nanjing Massacre. Admission is free.

### Nanjing Museum

南京博物院  
321 Zhongshan Dong Lu  
中山东路 321 号  
One of China's three national level museums displaying Chinese art, pottery and a life-sized Republic of China street scene. Admission is free with valid ID.

### Nanjing Municipal Museum (Chaotian Palace)

南京市博物馆  
4 Chaotiangong  
朝天宫 4 号

World class museum presenting ancient pottery and earthenware, calligraphy, clothing, jade etc.

### Six Dynasties Museum

六朝博物馆  
Changjiang Lu / Hanfu Jie  
长江路 / 汉服街  
Constructed on the ruins of Jiankang Castle, visitors can see over 1,200 artifacts, including porcelain, pottery, epigraphs, stone inscriptions, calligraphy and paintings and even a section of the city wall.

### Nanjing Jiangning Imperial Silk Manufacturing Museum

南京江宁织造博物馆  
123 Changjiang Lu, Xuanwu District  
南京市玄武区长江路 123 号  
83416801  
Exhibitions of silk manufacturing, brocade, qipao and most interestingly, one dedicated to "Dream of Red Mansions" in which one can experience settings where many events in the novel happened. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

### Rabe House

拉贝故居  
1 Xiaofenqiao, Guangzhou Lu  
小粉桥 1 号  
Monday - Friday from 8:30 to 16:30  
German industrialist's former home that served as a refugee shelter and saved thousands in 1937. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

### Purple Mountain Observatory

紫金山天文台  
Tianwen Lu, Purple Mountain Area, Nanjing  
南京市紫金山天文路  
84440768  
Very first observatory to be built in mainland China that is known as "the cradle of Chinese astronomy".

### Tangshan Homo Erectus Fossil Museum

汤山直立人化石遗址博物馆  
Jiangning District, Tangshan Scenic District  
南京汤山国家地质公园内  
68720777  
Insight into the prehistoric life of the Nanjing cave couple, a pair of 600 000 year old skulls discovered in the Tangshan area of Nanjing in 1993. Designed by French architect Odile Decq. Closed on Mondays.

### Nanjing Brocade Museum

南京云锦博物馆  
240 Chating Dong Jie  
茶亭东路 240 号  
86518580  
Observe wooden looms producing the world's finest brocade. Fabric is also available for purchase.

### Nanjing Taiping Heavenly Kingdom History Museum

南京市太平天国历史博物馆  
128 Zhanyuan Lu 瞻园路 128 号  
58800123  
Houses the largest collection of artifacts and documents from the Taiping Heavenly Kingdom.

### Nanjing Science Museum

南京科技馆  
9 Zijinghua Lu, Yuhua District  
雨花台区紫荆花路 9 号  
58076158  
Hands-on fun and learning for kids. IMAX Cinema.

### Nanjing Museum of Paleontology

南京古生物博物馆  
39 Beijing Dong Lu  
北京东路 39 号  
83282252  
Full dinosaur skeletons, a mass of fossils from significant digs in China and an interesting lesson in local geology. Open at weekends only.

### Nanjing Folk Museum

甘家大院  
15 Nanbuting, Zhongshan Nan Lu  
中山南路南捕厅 15 号  
52217104  
Visitors can study traditional Chinese architecture, including the so-called "99 and a half rooms". Various displays of traditional folk art throughout the year.

### Jinghai Temple

静海寺  
288 Jianning Lu  
建宁路 288 号  
58590298  
www.yuejianglou.com  
In addition to enjoying an insight into the Chinese view of the "unfair treaty" ceding Hong Kong to the British, visitors can learn about the voyages of Zheng He.

### Zheng He Treasure Shipyard

南京郑和宝船遗址公园  
57 Lijiang Lu  
鼓楼区漓江路 57 号  
Climb aboard a mockup of the famous navigator's fleet in the location that built the very same almost 600 years ago

## Parks & Attractions

### Qingliangshan Park 清凉山公园

83 Qingliangshan Lu, near Huju Lu  
清凉山路 83 号  
Calligraphy and stone museums, as well as an art gallery and pottery studio.

### Zixia Lake 紫霞湖

A cold water mountain-fed lake. Exercise with care; the cold undercurrents can cause life-threatening cramps.

### Mochou Lake Park 莫愁湖公园

35 Hanzhongmen Da Jie  
汉中门大街 35 号  
Home to the annual Dragon Boat Race, and great for boating or a walk in a peaceful environment.

### Happy World 弘阳欢乐世界

Daqiao Bei Lu, Pukou District  
浦口区大桥北路  
Fairly violent looking thrill rides plus giant water slide.

### Jiuhuashan Park 九华山公园

20 Juihua Shan 九华山 20 号  
Visit the pagoda and get on the city wall for gorgeous views of the city.

### Xuanwu Lake Park 玄武湖公园

1 Xuanwu Xiang 玄武巷 1 号  
Idyllic islands with playgrounds, gardens, restaurants plus boats and bikes for rent.

### Yaxi International Slow City

桧溪国际慢城  
6 Shengtai Lu, Yaxi Town  
高淳区桧溪镇生态路 6 号  
56861235  
The village of 20,000 was designated China's first "Slow City" by Cittaslow.

### Pearl Spring Resort 南京珍珠泉风景区

178 Zhenzhu Jie, Pukou District  
浦口区珍珠街 178 号  
A 8.9 sq.km scenic area that includes a zoo, circus, dodgems and cable-car to a so called Great Wall.

### Gulin Park 古林公园

21 Huji Bei Lu 虎鹿北路 21 号  
Gardens, paintball and BBQ plus a view of the city from atop the TV tower.

### Zhongshan Botanical Garden

钟山植物园  
1 Qianhuocun 前湖后村  
84347062

Covers over 186 hectares and home to more than 3000 plant species.

#### Nanjing Yangtze River Bridge Park

南京长江大桥 (公园)  
7 Baotiaoqiao Dong Jie  
宝塔桥东街7号  
Memorabilia dating from the construction of the bridge. Ascend to the deck of the bridge by elevator for the obligatory photo.

#### Memorial for Revolutionary Martyrs

雨花台烈士纪念馆  
Yuhua Dong Lu (north gate)  
南京市雨花台烈士纪念馆北大门雨花东路  
A surprisingly relaxing memorial park, yet used as a mass execution ground during the anti-communist revolution of 1927.

#### Drum Tower/Gulou Park

鼓楼公园  
1 Gulou Jie, at the end of Beijing Xi Lu  
鼓楼街1号, 在北京西路口  
The traditional centre of a Chinese city.

#### Lao Shan National Forest Park

老山国家森林公园  
Chalukou, Pukou  
浦口区岔路口  
Enjoy a more rustic experience in Nanjing's second National Park; away from the crowds soak in the virgin forest that is rich in species.

#### Lamendong Neighbourhood

城南·老门东  
50 Changle Lu 长乐路 50 号  
52201611  
A new name card of Nanjing with cultural activities, traditional Chinese architecture and distinctive local features. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

#### Datangjin Fragrant Valley

大塘金草谷主题餐厅  
Zhengfang Da Dao, Jiangning District  
江宁区谷里街道大塘金正方大道薰衣草庄园  
52716207  
Breathe in the intoxicating scents while strolling through the fields of lavender that lead to the shop filled with perfumes, eye patches, pillows, face masks and even lavender perfume.

### Sports

#### Jijianheng Martial Arts Training Center

15996493275  
Offers the mental and spiritual training necessary for Kung Fu mastery to students of all ages and abilities. Founded by Shaolin Master Shi Jianhu in 2015. Bi-annual Shaolin Homecoming weekend trips, led by Master Shi and his foreign wife Maggie, also available.

#### Century Star Ice Skating Club

世纪星滑冰俱乐部  
222 Jiangdong Zhong Lu (Inside Olympic Center)  
江东中路 222 号奥体中心内  
86690465 / 86690467  
4F, Wonder City, 619 Yingtian Street  
应天大街 619 号虹悦城 4 楼  
52275768 ext. 8001/8002

#### Nanjing Zhongshan International Golf Club

南京钟山国际高尔夫俱乐部  
9 Huanling Lu 环陵路 9 号  
84606666

#### Nanjing Harvard Golf Club

南京昭富国际高尔夫俱乐部  
176 Zhenzhu Jie, Pukou  
南京市浦口区珍珠街 176 号  
58853333

#### Nanjing Gingko Lake International Golf

南京银杏湖国际高尔夫俱乐部

1 Guli Yinxing Hu 江宁区谷里银杏湖 1 号  
86139988

#### Nanjing Leiniaio Paragliding Club

南京雷鸟滑翔伞俱乐部  
Wutaishan Sport Center Tennis Stadium  
五台山体育中心网球场  
84458450 / 15335179782

#### Pisarev Ballet 比萨列夫芭蕾舞学校

#B901, Junlin International Mansion, 5 Guangzhou Lu  
广州路 5 号君临国际 B901 室  
86975095

#### Changqing Taekwondo

长青跆拳道馆  
9F, Quanmin Jianshen Plaza, 145 Zhongshan Dong Lu  
玄武区中山东路 145 号全民健身中心 9 楼  
84541055

### Gym

#### Lucky Bird Fitness

金吉鸟健身  
83518366  
www.jinjiniao.com  
28 branches in Nanjing offering Workout area, gymnasium, yoga studio etc. Eight branches also have swimming pools.

### Theatre

#### Nanjing Poly Grand Theatre

南京保利大剧院  
6 Yecheng Lu, Jianye District (inside Nanjing International Youth Culture Centre) 建邺区郑城路 6 号 (南京国际青年文化中心)  
58839008 58839098

#### Nanjing Art and Cultural Center

南京文化艺术中心  
101 Changjiang Lu 长江路 101 号  
84797920

#### Jiangnan 631 Niuda Theatre

江南 631 牛达剧场  
5 Yanling Xiang 延龄巷 5 号  
84419786

#### Nanjing Art Academy Concert Hall

南京艺术学院音乐厅  
15 Huju Lu 虎踞北路 15 号  
83498249

#### Jiangsu Kunqu Theater 兰苑剧场

4 Chaotian Gong 朝天宫 4 号  
84469284

## Business & Education

### International Education

#### British School of Nanjing

南京英国学校  
Hanfu Lu, Jiangning District  
江宁区韩府路  
52108987  
www.bsn.org.cn  
Serves expat children with a private education of the highest standard, with a day-to-day focus on helping pupils to thrive in their own unique way. Based based on the English National Curriculum.

#### Nanjing International School

南京国际学校  
8 Xueheng Lu, Xianlin College and University Town  
仙林大学城学衡路 8 号

85899111

www.nanjing-school.com  
An inclusive learning community inspiring international mindedness, personal excellence, creative thinking. An IB World School.

#### EtonHouse Nanjing

伊顿国际教育集团  
8 Qing'ao Nan Lu, Jianye District  
南京市建邺区青奥南路 8 号  
85596778  
Singapore based chain with more than 100 pre-schools and schools spread across Asia and a curriculum based on an international, inquiry-based program.

#### The Overseas

海外国际  
Nanjing Novas International Business Consulting Co. Ltd, #1606 Block A, Junlin International, 5 Guangzhou Lu  
广州路 5 号君临国际 A 幢 1606 室  
84533133  
admin@the-overseas.com  
Wechat: overseas

#### Youth Moment Educational

Investment Co., Ltd.  
南京青梦家教育投资有限公司  
3rd Floor Building E, Kingdee Science and Technology Industrial Park  
532 Zhongshan Dong Lu  
中山东路 532 号金蝶科技产业园 E 栋 3 楼  
68165526 / 18621932120  
www.qingmengjia.com  
enquiries@qingmengjia.com  
Career guidance, entrepreneurial support, overseas study services for Chinese and foreign students.

### Higher Education

#### Nanjing University of

Science & Technology  
南京理工大学  
200 Xiaolingwei 孝陵卫 200 号  
84303232 / 84303135  
study.njust.edu.cn  
Offers both Chinese and English taught programs for undergraduates and postgraduates in a large range of vocations; everything from science, engineering, liberal arts and economics to business, management, law and education for coordinated development.

### Business Services

#### Sharehouse (Nanjing) Co., Ltd.

赛浩企业管理服务(南京)有限公司  
Maqun Scientific Park, 3 Jinma Lu  
南京栖霞区马群科技园金马路 3 号  
85720118  
www.sharehousechina.com  
Enables SMEs to establish their own legal entity in China while keeping overhead costs low through shared resources.

### Foreign Trade & Economic Development Agencies

#### European Union Chamber of Commerce

中国欧盟商会(南京)  
#806, Haihua Mansion, 99 Zhongshan Lu  
中山路 99 号海华大厦 806 室  
83627330

#### China-Britain Business Council, Nanjing

英中贸易协会南京代表处  
#2514-2515, 50 Zhonghua Lu  
中华路 50 号 2514-2515 室  
52311740



### Netherlands Business Support Office

荷兰贸易促进委员会南京代表处 ☞  
#2316, Bldg. B, 23F, Phoenix Plaza, 1 Hunan Lu  
湖南路 1 号凤凰国际广场 B 楼 23 层 2316 室  
84703707

### Baden-Württemberg International

德国巴登符腾堡州国际经济和技术协会 ☞  
7-3 Dabai Xiang Meiyuan Xin Cun  
梅园新村大悲巷 7-3 号  
84729068  
www.bw-i.cn

### Australian Trade Commission

澳大利亚贸易委员会南京代表处 ☞  
#1163, Jinling World Trade Center, 2 Hanzhong Lu  
汉中中路 2 号金陵饭店世界贸易中心 1163 室  
84711888 -1163

### Canadian Trade Office Nanjing

加拿大驻南京商务代表处 ☞  
#1261, Jinling World Trade Center, 2 Hanzhong Lu  
汉中中路 2 号金陵饭店世界贸易中心 1261 房  
84704574

### Language Training

#### New Concept Mandarin 新概念汉语 ☞

#821, 8F, PICC building, 98 Jianye Lu, Qinhua  
district  
秦淮区建邺路98号鸿信大厦8楼821室  
84872361  
www.newconceptmandarin.com  
nanjing@newconceptmandarin.com  
Over 20-years experience in applied linguistic re-  
search and global teaching.

#### JESIE - Goethe-Language Centre

JESIE - 歌德语言中心 ☞  
Jiangsu College for International Education, 3F, 205  
Shanghai Lu  
上海路 205 号江苏国际预科学院 3 层  
83335690  
www.goethe-slz.js.cn

#### Nanjing No.1 High School

南京市第一中学  
301 Zhongshan Nan Lu  
中山南路 301 号  
52216244  
Only high school designated by the International  
Office of National Chinese Language Promotion as  
base for the international promotion of Chinese lan-  
guage.

#### Alliance Française de Nanjing

南京法语联盟  
4F, Qun Lou, 73 Beijing Xi Lu  
北京西路 73 号裙楼 4 楼  
83598762 83598876  
www.afnanjing.org  
info.nanjing@afchina.org  
French language and culture centre with classes  
for individuals and corporations at all levels, cultural  
events plus a modern library with free access to  
collections.

### Clubs & Charities

#### Nanjing International Community

Clubhouse ☞  
南京国际社区中心  
1-B-01, British School of Nanjing, Hanfu Lu, Jiangn-  
ing District  
江宁区韩府路南京英国学校 1-B-01  
www.yournicc.net  
info@yournicc.net  
Helps expats to understand and enjoy their experi-  
ence of living in Nanjing through a service centre;  
classes for adults, such as calligraphy; for children,  
such as ballet, a monthly ladies night and many  
more activities.

### Nanjing International Club

南京国际俱乐部  
Maqun Scientific Park, 3 Jinma Lu, Xianlin, Qixia  
District  
栖霞区马群科技园金马路 3 号  
www.nanjinginternationalclub.org  
A club with over 500 Members from all around the  
world and a large variety of events; cooking, kids'  
club, book club, dinners, balls, outings, BBQ, con-  
certs, bazaar and more. Fundraising for charities  
plus opportunities to support, volunteer and become  
part of an exciting team.

#### Y.M.C.A / Y.W.C.A ☞

南京基督教青年会和女青年会  
66-9 Dajianyin Xiang, Gulou District  
南京市鼓楼区大铜巷 66-9 号  
83307098 / 83714117  
www.njymca-ywca.org  
Endowed by Dr. Sun Yat-sen himself in 1912, the  
Nanjing branch of the infamous organisation provides  
volunteering services and organises overseas exchange  
programs.

#### Hopeful Hearts

www.hopefulhearts.info  
Raises funds for the medical treatment of children  
with heart conditions. Over 400 children assisted  
to date. Operates under the umbrella of The Amity  
Foundation with other branches in Chengdu and  
Guangzhou.

#### Pfrang Association 普方基金会

3 Jinma Lu, Maqun Scientific Park, Xianlin, Qixia  
District  
栖霞区马群科技园金马路 3 号  
85720118  
www.pfrangassociation.org  
Raises funds to sponsor the 6-year high school edu-  
cation of underprivileged children in Jiangsu province,  
providing them with the chance to lead a self-directed  
and fulfilled life.

#### Butterfly Hospice

www.butterflych.org  
Provides loving care and treatment for children  
with life-threatening illnesses, through a children's  
hospice in Changsha, and a local support project  
in Nanjing with specialist nursing care for palliative  
children.

#### Ray of Light Cambodia

www.rayoflightcambodia.com  
Provides opportunities to 3-18 year olds in an or-  
phanage in Phnom Penh.

### Cultural Education

#### Confucius Temple Primary School

南京市夫子庙小学  
22 Zhanyuan Lu 瞻园路 22 号  
52230929  
Founded in 1907 to explore and promulgate the  
ideology and culture of Confucius.

### Shopping

#### International Groceries

#### Epermarket 上海赢盘实业有限公司

www.epermarket.com  
4007760776  
First online supermarket in China to be ISO 9001  
certified, delivering more than 5,000 imported & local  
goods.

#### Fields

www.fieldschina.com  
4000210049  
Online grocery store that delivers safe, delicious, high

quality and imported groceries directly to your door.

#### Time Farm

18551768576  
www.timefarm.com.cn  
Permaculture facility in Jiangning producing vegeta-  
bles, rice, whole-wheat flower, free-range eggs and  
canola oil.

#### Nanjing Bakery

www.nanjingbakery.com  
Home made cakes, ready to bake pizzas, lasagna  
etc. plus a range of items such as pasta, butter,  
cheese, sauces and spices.

#### Wendy's Bakery

温底手作  
13611577210  
wendybakery.taobao.com  
Classic apple pie, bacon-cheese scones and in-  
ventive cranberry shortbread utilising only import-  
ed ingredients.

#### Petite Abeille

法国小蜂蜜进口商店  
22 Hankou Xi Lu 汉口西路 22 号 ☞  
83237878  
80 Nenjiang Lu 嫩江路 80 号 ☞  
83217096  
Largest selection of French produce in Nanjing,  
with petite pains, biscottes, chocolate plus home-  
made heavy breads and baguettes, croissants and  
apple pie.

#### Times Grocery

泰晤士 ☞  
48 Yunnan Lu 云南路 48 号  
83685530  
Compact yet its location breeds popularity; wide  
selection of imported but sometimes pricey food.

#### Happy Orange

乐橙便利店 ☞  
Cuiping International (North Gate), Hanfu Lu, 20  
Jiangjun Avenue, Jiangning  
将军大道 20 号翠屏国际城北门 (韩府路)  
52158366  
Small shop with a nice selection of imported items  
run by a charming couple from Taiwan.

#### Ronnie's Pies

13912379301  
www.ronnies.com.cn  
Home made Aussie pies in a variety of flavours, in-  
cluding delights such as Cornish pasties, Lancashire  
pasties and sausage rolls. Delivers from Yangzhou.

#### Metro


麦德龙  
288 Ningli Lu 宁溧路 288 号 ☞  
300 Jianning Lu 鼓楼区建宁路 300 号  
Foreign foods plus wines, beers and sprits. Pass-  
port/ID sometimes required.

#### Carrefour

家乐福  
235 Zhongshan Dong Lu  
中山东路 235 号 ☞  
341 Jiangdong Zhong Lu  
江东中路 341 号 ☞  
26 Jiqingmen Da Jie  
集庆门大街 26 号 ☞  
7 Daqiao Nan Lu  
大桥南路 7 号  
3 Liuzhou Nan Lu, Pukou  
浦口区柳州南路 3 号  
Good range of dairy products, especially imported  
butter, cream and cheese plus snacks, pasta and  
wine.

#### Auchan

欧尚  
151 Hanzhongmen Da Jie  
汉中门大街 151 号 (近纪念馆东路) ☞

11 Qinhuai Zhong Lu  
秦淮中路 11 号   
866 Yingtian Da Jie  
应天大街 866 号  
Another French hypermarché with probably the city's best selection of cheese.


#### BHG Marketplace

B2, Aqua City, 1 Jiankang Lu  
健康路 1 号水游城地下 B2 层  
B1, Deji Plaza, Zhongshan Lu  
德基二期地下 B1 层  
B1, Jingmao Shopping Mall, 201 Zhongyang Lu  
鼓楼中央路 201 号金茂汇 B1 楼  
B1, The Central, 237 Jiangdong Zhong Lu  
江东中路 237 号中央商场 B1 楼   
B1, Forest Mall, 301 Zhongshan Men Da Jie  
中山门大街 301 号森林摩尔商业街区 B1 楼  
B1, Raydu Plaza, 1222 Shuanglong Da Dao, Jiangning   
经济技术开发区双龙大道 1222 号 B1 中厅  
Imported goods plus organic fruit and veg. Pricy, but that keeps the crowds away.

#### RT Mart

金润发  
39 Danfeng Jie   
丹凤街 39 号 (近北京东路)  
B1, New City Mall, 99 Caochangmen Da Jie  
草场门大街 99 号新城广场 B1 楼   
260 Longpan Zhong Lu 龙蟠中路 260 号  
Decent imported food section, dairy and bakery items.

#### Q.E. Mart


青恩   
7 Wenshu Dong Lu, Xianlin 文枢东路 7 号  
85862080  
Medium-sized supermarket (labelled "Korean Market") with a wide range of Korean produce.

#### For the Home

#### EAsmart

1F-Z, Wanda Plaza, 68 Zhushan Lu, Jiangning  
竹山路 68 号万达广场 1F  
52187886  
www.eading.com  
Fantastic selection of stationary plus coffee machines, electrical and IT appliances, kitchenware and home decoration items.


#### Living Story

欧洲生活馆   
173 Shanghai Lu 上海路 173 号  
86634155  
Compact yet manages to offer coffee grinders, espresso makers, stylish kitchen utensils, picture frames, oil burners and oils, candles, clocks, various pieces of art, wine racks plus a few bottles of wine thrown in for good measure.


#### Hongxing Furniture

红星国际家具广场  
224 Zhongyang Lu 中央路 224 号  
83118005  
Large furniture mall with many shops. Large range of prices, styles, etc.


#### Jinsheng Market

金盛百货大市场  
2 Jianning Lu  
建宁路 2 号 (南京商厦对面)  
9 Wangjinshi (off Changjiang Lu)   
长江路网巾市 9 号  
Daqiao Bei Lu (beside North bus station)  
大桥北路 (长途北站旁)  
Everything from home décor to wires, Christmas trinkets and electronics. Cheap but be prepared to bargain.

#### Jinling Decoration Market

金陵国际家居   
88 Jiangdong Zhong Lu  
江东中路 88 号  
86511888  
Everything needed for a new home.

#### Longjiang Flower Market

龙江花卉市场   
78 Qingliangmen Da Jie  
清凉门大街 78 号  
Huge selection of plants, cut flowers, fish tanks and fish, plus gardening tools.

#### B&Q 百安居

90 Kazimen Da Jie (beside Metro)  
卡子门大街 90 号麦德龙旁  
52450077

#### IKEA 宜家家居


99 Mingchi Lu (East side of Kazimen Plaza)  
明匙路 99 号 (卡子门广场东侧)  
4008002345

#### Electronics, Photography & Gaming


#### Professional Photography

Equipment Market   
照相器材专业市场  
3F, Binjiang Friendship Shopping Center, 301 Ji-  
angdong Bei Lu  
江东北路 301 号滨江友好商城三楼  
Specialists in wedding photography with equip-  
ment including lighting, flash etc.


#### Camera & Photography Equipment

Market   
东鼎照相器材市场  
Dongding Plaza, 699 Zhujiang Lu  
珠江路 699 号东鼎照相器材市场  
Widely regarded as the best camera and equip-  
ment market in Nanjing.


#### Mobile phone shops on Danfeng Jie

丹凤街 - 手机   
Indoor markets specialized in new and second-  
hand mobile phones and repairs.

#### IT products on Zhujiang Lu

珠江路 - IT 产品   
A multitude of stores selling everything you can  
imagine and more; computers, cameras, MP3 and  
MP4 players, iPad, webcams, hard drives, and  
portable flash drives.

#### Video games on Zhongyang Lu

中央路 - 电子游戏   
Any type of video game for all game systems. Also  
do minor repairs.

#### Art

#### Art Home 聚贤堂

84 Shitoucheng Lu 石头城路 84 号  
Arguably the best stocked art supplies shop in Nan-  
jing; oil and acrylic paints plus many products by  
Faber-Castell and Staedtler. Framing service also  
available.

#### Jiangsu Fande Culture and Art Block

江苏凡德文化艺术街区   
1 Zhengxue Lu 秦淮区正学路 1 号  
84711180  
An inclusive cultural industry platform for the  
research and development, creation, display and  
transaction of art works.

#### Fangshan Culture and Art Creative Industry Park

南京方山文化艺术创意产业园  
1 Donghuyuan, 588 Longmian Da Dao 江宁区龙  
眠大道 588 号东湖苑 1 号  
52712282

Home to four art institutions and over 40 famous  
artists in photography, oil painting, Chinese painting,  
sculpture and pottery.

#### Jiangsu Art Gallery 江苏省美术馆

266 Changjiang Lu 长江路 266 号  
84506789  
333 Changjiang Lu 长江路 333 号  
89610840  
Local artists' work, changed frequently.

#### Nanjing Luhe Phoenix Art Gallery

南京六合凤凰山艺术馆  
Fenghuang Shan Park, Yanan Lu, Pukou  
六合区延安路凤凰山公园内  
57751345

A non-profit institution with exhibitions and serving  
as a platform for people to exchange information  
and experience in art creation and collection.

#### Shenghua Art Center 南京圣划艺术中心

2 Zhoutai Lu, on Jiangxin Zhou (Grape Island)  
江心洲民俗街洲泰路 2 号 (原乡土乐园)  
86333097 86333100  
Exhibition of contemporary Chinese art.

#### Stone City Modern Art Creation



Gallery 石头城现代艺术创意园  
72 Beijing Xi Lu 北京西路 72 号  
55583708  
Exhibition of modern Chinese art.

#### Yipai Art 南京艺派文化用品中心

81 Stone City 石头城 81 号  
83704786  
epair8888@126.com  
Oil paints, brushes, spatulas, charcoal, easels, draw-  
ing instruments, sketch books and a selection of  
pens, pencils and refills.

#### Sports & Outdoor

#### Decathlon 迪卡侬


866 Yingtian Xi Lu (same building as Auchan)  
应天西路 866 号  
84218420  
286 Ningli Lu (next to Metro)  
宁漂路 286 号 (麦德龙对面)   
52401018  
1 Beijing Dong Lu 玄武区北京东路 1 号   
French sports megastore chain that also stocks infor-  
mal-wear shoes in sizes up to 48.

#### Sanfo 三夫户外

57 Zhongshan Lu 中山路 57 号   
84721228 / 84720512  
Jinxianghe Lu 进香河路   
83601199  
4F, Zifeng Tower, Zhongshan Bei Lu  
中山北路紫峰大厦购物广场 4F   
83518681 / 83518682  
Chinese outdoor chain store stocking equipment  
for biking and hiking plus backpacks and apparel  
for outdoor.

#### Foreign Language Bookstores


#### Foreign Language Bookstore 外文书店

218 Zhongshan Dong Lu (Beside Taiping Nan Lu)  
  
中山东路 218 号长安国际 (太平南路口)

#### Xinhua Bookstores 新华书店

56 Zhongshan Dong Lu (near Hongwu Lu)  
中山东路 56 号 (近洪武路)  
86645151  
217 Zhongshan Bei Lu  
中山北路 217 号  
83374645

#### Phoenix International Book Mall

凤凰国际书城 

1 Hunan Lu  
湖南路 1 号八佰伴旁 (近中央路)  
83657000 / 83657111

## Wine Outlets

**Everwines 康葡** 🍷  
300 Changjiang Lu 长江路 300 号  
58951779  
nanjingcslshop@everwines.com  
The retail arm in China of Torres that offers tastings plus the opportunity to learn about wine; Small classes in English or Chinese available.

**Newold Wine World 纽澳酒世界** 🍷  
Area B, F1, New City Mall, 99 Caochangmen Da Jie  
草场门大街 99 号新城市购物中心负一楼 B 区  
86265959

**Jiangsu Jiuchao Distillery**  
江苏九朝酒业 🍷  
278 Hongwu Lu  
洪武路 278 号  
84404159

**Jayson Wines** 南京杰森酒业 🍷  
52 Taiping Bei Lu 太平北路 52 号  
8370 7195

**Eminence Cellar 香松酒窖** 🍷  
Inside Wutaishan (opposite to Jin Inn)  
Guangzhou Lu 广州路五台山体育场  
66012088

**Aussino Cellar 富隆酒窖** 🍷  
#109, 198 Zhongshan Dong Lu  
中山东路 198 号 109 室  
84679799  
www.aussino.net

## Services

### Healthcare

**Hscybele Hospital**  
华世佳宝妇产医院 🏥  
9 Wenti Xi Lu 文体西路 9 号  
24 hour English hotline: 18013919815  
www.hswoman.com/en/  
Combines an Obstetrics and Gynecology Department, Neonatology Department and Pediatrics Department with a tranquil atmosphere, high standards of hygiene and more than competent English service, including 24/7 telephone hotline. Underwater birth available; international medicare accepted.

**International SOS Nanjing Clinic**  
南京国际 (SOS) 紧急救援诊所 🏥  
1F, Grand Metropark Hotel Nanjing,  
319 East Zhongshan Lu  
中山东路 319 号维景国际酒店 1 楼  
84802842 (by appt.)  
Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Assistance Center: 010 64629100  
www.internationalsos.com  
Delivers integrated, quality, comprehensive medical care. Services span from family medicine to 24/7 emergency services. Languages spoken include: English, Chinese, German, and Japanese.

**Angel Flossy-Care Dental Center**  
天使福乐氏口腔连锁 🦷  
4F, 10 Ke Xiang, Qinhuai District  
南京市秦淮区科巷 10 号 4 楼  
86502567 / 18551700071  
www.tsq025.net  
Offers all kinds of oral treatments including dental implants, crowns or bridges, dental whitening, cosmetic dentistry, root canal therapy, orthodontics and more. 100 percent bilingual staff; other branches in Suzhou, Nanning, Beijing and Shanghai.

### Keya Dentistry

科雅口腔 🦷  
#411, Bldg. E, Wanda Plaza, Hexi  
南京河西万达广场 E 座 411  
4008919828 / 83308686  
www.keyath.com  
Providers of Invisalign; a popular, Western alternative to braces, plus reconstructive and cosmetic teeth surgery. Axa Assistance, CSETH Insurance, BUPA, METIFE, SOS, Bupa and Medilink accepted.

### Global Doctor International Medical Centre

环球医生国际医疗中心 🏥  
1F, Zuolinfengdu, 6 Mochohu Dong Lu  
莫愁湖东路 6 号左邻风度 1 栋 1 楼  
86519991 (24 Hours)  
www.globaldoctor.com.au  
International medical centre offers family medicine & specialist services plus 24 hour emergency assistance to expatriates in Nanjing. Mon-Sat 09:00-18:00. Multilingual staff: EN/JP/ES/KO/CN.

### BEN-Q Medical Centre 明基医院

71 Hexi Da Jie 河西大街 71 号  
52238800  
Another popular choice for expats, BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors.

### Nanjing Union Dental Clinic

南京友联齿科 🦷  
1F, Grand Metropark Hotel Nanjing,  
319 Zhongshan Dong Lu  
中山东路 319 号维景国际酒店一层  
84818891 / 84808888-6555  
dentist@uniondental.cn

### Health Examination Center

江苏省国医馆 🏥  
168 Qingliangmen Da Jie  
清凉门大街 168 号  
86216721  
www.jssgyg.com  
English speaking staff, diagnosis by imported advanced medical technology and treatment by Traditional Chinese Medicine. 100% non-invasive.

### Nanjing Entrance-Exit Inspection and Quarantine Bureau

南京出入境检验检疫局  
1 Guojian Lu, Jiangjun Da Dao,  
Jiangning District  
江宁区将军大道国检路 1 号  
52345354  
Health checks for work permit and visa applications.

### Nanjing Gulou Hospital 南京鼓楼医院

321 Zhongshan Lu 中山路 321 号  
83304616  
The major trauma hospital (24 hr).

### Jiangsu Provincial Hospital 江苏省人民医院

300 Guangzhou Lu 广州路 300 号  
83718836  
The major Western medicine hospital.

### Nanjing Children's Hospital

南京市儿童医院 🏥  
72 Guangzhou Lu 广州路 72 号  
83117500 83116969

### Jiangsu Provincial Hospital of TCM

江苏省中医院 🏥  
155 Hanzhong Lu 汉中路 155 号  
86617141  
The major Chinese medicine hospital.

### Nanjing Maternity and Child

Healthcare Hospital 🏥  
南京市妇幼保健院  
123 Tianfei Xiang 天妃巷 123 号  
52226777  
The major maternity hospital in Nanjing.

## Legal

### D'Andrea & Partners Law Firm

D'Andrea & Partners 律师事务所 🏢  
#920, Jinglun International Mansion, 8 Hanzhong Lu  
汉中路 8 号金轮国际广场 920 室  
86505593 / 86505693  
nanjing@dandreapartners.com  
International consulting firm present in China since 2004 offering legal services in Italian, Chinese, English, French, German and Russian plus assistance in foreign direct investment in China, mergers and acquisitions, international contract law and labour law.

### Jeffrey Wang Attorney at Law

王煜卓 | 南京办公室 | 合伙人 / 律师  
Deheng Law Offices, 3F, 2 Chuangzhi Lu  
建邺区河西大街创智路 2 号 3 楼 | 德恒律师事务所  
18066065862 / 58993266  
www.chinalawexpert.com  
info@chinalawexpert.com  
Business lawyer with more than fifteen years legal practice in Nanjing plus fluent English and legal knowledge in both business and personal areas.

### Dacheng Law Offices

大成律师事务所  
9-10F, Lianchuang Scientific Mansion, 18 Jihui Lu, Gulou District  
鼓楼区集慧路 18 号联创科技大厦 A 座 9-10 楼  
83755108  
nanjing.dachenglaw.com  
Hongliang.Hu@dachenglaw.com  
Ranked #1 in Asia by size, with branches in 26 countries and all over China. Nanjing branch is ranked #1 in Jiangsu Province (EN/CH/ES/JP/KO).

## Property Services

### Sun Home Real Estate

南京中房房地产经纪咨询有限公司  
#1901, Xinghan Mansion, 180 Hanzhong Lu 汉中路  
180 号星汉大厦 1901 室  
51860592 / 5186 0590  
www.shre.com.cn  
sunhome@shre.com.cn  
Pre-move consulting home search service, orientation and settling-in programs plus vehicle leasing.

### HomeLife

84727590 / 18651613688  
www.0086house.com  
Specialists in rentals of houses, condominiums, apartments and offices with over 10 years experience in helping expats.

### Nanjing Houses

#720, Section 1, Unit 2, 128 Tianyuan Lu, Jiangning District  
天元中路 128 号 2 栋 1 单元 720 室  
87735531  
www.nanjinghouses.com  
info@nanjinghouses.com  
Provides a unique-to-the-industry process of pre-screening options in order to save time and energy while looking for an apartment or villa.

### Home Caught Relocation Service

昊鸿房地产咨询顾问有限公司 🏠  
4F, 669 Zhujiang Lu 珠江路 669 号 4F  
84800918  
www.homecaught.com  
lease@homecaught.com  
Supplies many a multinational firm with home search and rental services plus bus fleet solutions.

### Crown Relocations

嘉柏 (中国) 国际货运代理有限公司  
#4210, Block A, New World Centre,  
Zhujiang Lu  
南京市珠江路新世界中心 A 座 4210 室  
84541017



slaing@crowwww.com

Provides moving services, housing services, school search, immigration services, and orientation services with a global network spanning 60 countries.

**Apex International Logistics Co., Ltd** 上海正流国际运输代理有限公司

58702129

www.apex15.com

nanjing@apex15.com

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**CMR Corporate Property & Relocation**

南京浩麦房地产咨询

12C1, Jinlun Mansion, 108 Hanzhong Lu

汉中中路 108 号金轮大厦 12C1 座

84701658

www.cmchina.com

Supplies multinationals, with additional services including driver's license and import/export of pets.

**Faith Houses**

**Mochou Lu Church**

莫愁路教堂

390 Mochou Lu

莫愁路 390 号

84708782

www.njmclchurch.org

English service is held from 3.30-5 pm every Sunday. English Bible Study is every Wednesday from 7.00-9 pm.

**St. Paul's Church**

圣保罗教堂

396 South Taiping Road

太平南路 396 号

86647225

www.njstpaul.org

English service is held at 10:50 am on Sundays and English Bible study is at 14:00 on Saturdays.

**Shigulu Catholic Church**

石鼓路天主教堂

112 Shigu Lu 石鼓路 112 号

84706863

English/Chinese Service: Sun 4.30pm

**The Church of Jesus Christ of Latter Day Saints**

Yuhua Jingli Hotel, 8 Xiaohang Yaojia'ao

雨花区小行尤家凹 8 号雨花晶丽酒店

Mormon service on Sundays at 10am. Foreign passport holders only.

**Biyao Catholic Church** 碧瑶天主堂

Biyao Garden Square, 189 Leshan Lu

南京市建邺区乐山路 189 号碧瑶花园广场

84706863

**Shengxun Church**

English service is held on Sundays from 10.30-12 pm and Chinese service from 2-4 pm on Sundays.

圣训堂

158 Leshan Lu

南京市建邺区乐山路 158 号

**Jiangsu Lu Church** 江苏路教堂

60-10 Jiangsu Lu

江苏路 60-10 号

83724547

**Gulou Religious Activity Site**

基督教会鼓楼聚会场所

2-2 Beijing Xi Lu

北京西路 2-2 号 2F

84435660

Services held Mon-Sat from 7-8 am and Sundays from 7-8 am, 8.30-10 am and 4.30-5.30 pm.

**Jinsu Nunnery** 金粟庵

18 Wufu Jie, Jiqing Men, Qinhuai District

秦淮区集庆门五福街 18 号

86626905

**KuanEumHui Korean Buddhist Club**

观音会南京韩人佛教会

#1703, Bldg. 2, Fuli Shanzhuang

富丽山庄 3 栋 1703 室

13222018582

Service: 11.00am

**Nanjing Islam Association**

伊斯兰教协会

28 Shengzhou Road, Qinhuai District

秦淮区升州路 28 号

52216974

**Jizhaoying Mosque** 吉兆营清真寺

3 Jizhaoying 吉兆营 43 号

83605565

**Taiping Lu Mosque** 太平路清真寺

299 South Taiping Lu

太平南路 299 号

84525352

**Caoqiao Mosque** 草桥清真寺

26-32 Ganyu Xiang

甘雨巷 26 - 32 号

52209482

**Training, Coaching & Consulting**

**Chrysalis Consulting**

智变

#932, 699 Zhongshan Men Da Jie, Maqun, Qixia District

栖霞区马群中山门大街699号紫金尚园商办综合楼932室

18551737659

www.chrysalisasia.com

thrive@chrysalisasia.com

A multi-national consulting firm involved in business consulting, solution services, young professional services, business start-ups and care for orphans.

**MTI Nanjing**

#714, Building 7, Wanda Dongfang, 58 Yunjin Lu

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Professional cat and dog grooming service run by a local Nanjing girl who speaks fluent English.

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86662858

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**Hairdressers**

**V-Salon**

香港时光设计有限公司

32F, Golden Eagle Plaza, 89 Hanzhong Lu, Gulou District

汉中中路 89 号金鹰国际商城 32 楼

86292980

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**Photography**

**Nicolas Harter Photography**

13770761603

www.nicolasharter.com

A French photographer specialising in wedding, commercial and event photography, and author of photo-book "Africa Square", a profile of African artists at the 2010 Shanghai Expo.

**Media & Design**

**SinoConnexion**

南京贺福文化传媒有限公司

14F, Building 1, World Times Square, 8 Dongbao Lu, Gulou District

鼓楼区东宝路 8 号时代天地广场 1 幢 1417 室

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13813906747

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Offers a full suite of translation services for business, legal, technical and personal use, including official and notary translations, marriage certificates, drivers' licenses plus interpreter services.

## THE NANJINGER BUS TABLE

[illegible]

## Notes on using The Nanjing Bus Table

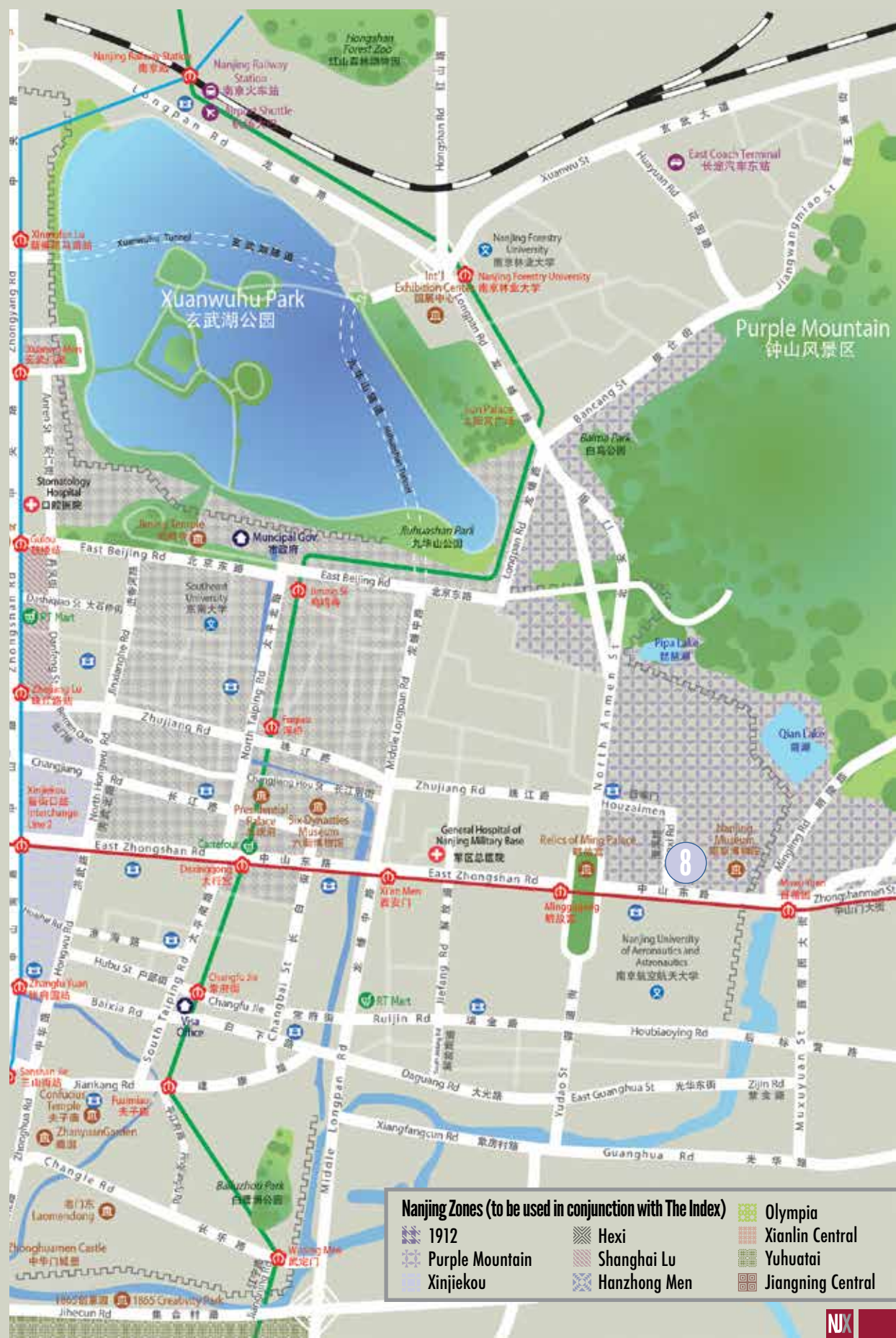
This handy bus table is a cut down version of the entire Nanjing public bus system that focuses on parts of the city of interest to expats. If you are looking, for example, to travel from your home in Xianlin to Nanjing Railway station, look at the Xianlin area of the table (orange), then look to the right to see which lines run between the two locations. In this case number 97. Easy, huh?





# Downtown Nanjing







# Jiangning





# Xianlin

## Premium Partners



1



2

The British School of Nanjing



3



4



5



6



7



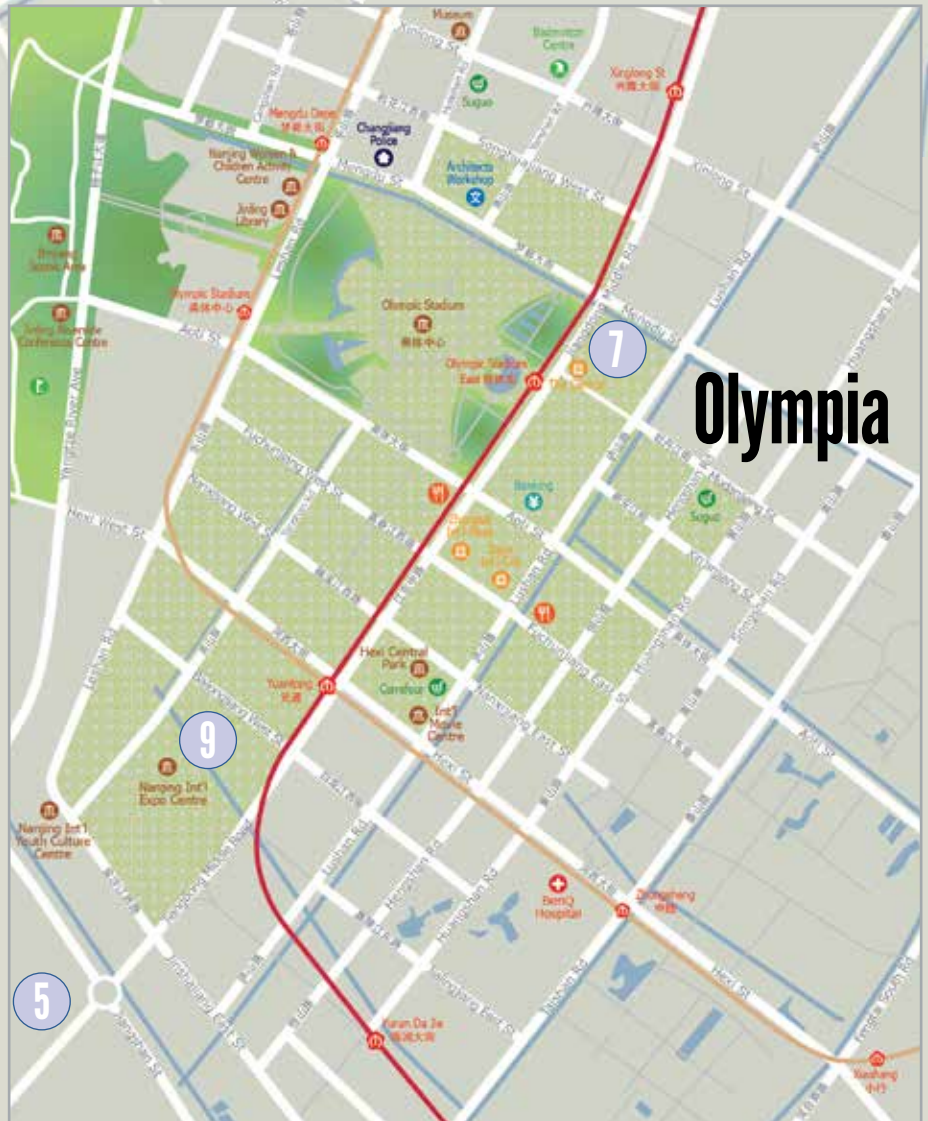
8



9



10



# Olympia



## *The Four Steps in China's Fight Against Terrorism*

■ On 1st January 2016, as approved by the Standing Committee of the National People's Congress of China the Counter-terrorism Law entered into force, and was greeted with an understandable mix of feelings in China; warmly welcomed on the one hand as an important safeguard for society, it is also observed with caution for the threats it might bring to the enjoyment of human rights as subjects of Chinese society.

### **Main critical points**

(i) When analyzing in depth the CTL, it is easily noticeable the particular care that the Legislator put in organising and disciplining in detail all aspects touched by the reform. Indeed, CTL represents one of the highest levels of legal refinement and human rights protection ever touched by the People's Republic of China.

(ii) The Law opens with a definition of the key terms of the matter, the most important of which appears to be the word "Terrorism" (Art. 3). It includes all the activities that "create social panic, endanger public safety, violate person and property, or coerce national organs or international organisations, through methods such as violence, destruction or intimidation, so as to achieve their political, ideological or other objectives".

This gives Law enforcers a huge power in determining of which actions (for example) constitute or not an action of advocating terrorism; the fear is that someone simply wearing a t-shirt with a sentence written on might be considered a terrorist advocate. If it is true that power and right are two opposed juridical positions, a greater power means always a minor freedom in the enjoyment of someone's personal right; in this case, the right of expressing opinions. Nevertheless, Article 6 of the CTL stipulates the highest level of respect for human rights, stating that "Counter-terrorism work shall be conducted in accordance with law, respect and protect human rights, and preserve citizens' and organizations' lawful rights and interests. Citizens' freedom of religious belief and ethnic customs shall be respected in counter-terrorism efforts, and any practices discriminating on the basis of geography, ethnicity or religion is prohibited".

(iii) Another important innovation of the CTL is the provision of a special administration to designate who is a suspect of terrorism, plus what actions are to be defined, in practical cases, as "terroristic", etcetera. In addition,

the People's Courts at the Intermediate level and above are entitled, while hearing criminal cases, to give such designations. If the entitlement for the Courts is a welcomed new in the optics of the Rule of Law, the creation of a specific administration for CTL-related issues worries the public opinion; all the risks connected to possible abuses of power, though, are evaded by the presence of Articles 88, 94 and 96 of the Law, submitting the administrations to administrative review by the same organs, but also and moreover (and this is a great step-up for the respect of Rule of Law in PRC contained in the CTL) to administrative review in Court under the Administrative Litigation Law for regulatory matters connected to the CTL; among which, particular importance is given to the sanctions for officials lightly abusing their functions, and to review in Court under Criminal Law and Criminal Litigation Law, for huge abuses of power.

(iv) Concerning investigation, technological investigation (Art. 45), information content monitoring systems (Art. 19), and inspections on people or goods on public transports or on goods via post (Art. 20), which all represent deep inspecting ways capable of intruding sensitive information of people and organisation's privacy, are to be conducted under limitation to the relevant information for counter-terrorist use. Where State secrets, commercial secrets or personal privacy is infringed, the CTL recognises legal liability on both administrations/organisations and persons infringing and disclosing such secrets or privacy (Art. 48).

### **Conclusions**

The quality and innovation represented by the CTL is deeply convincing; a legal document sanctioning not only a turning point for the organisation of both public administration and human society in the prevention and fight against terrorism, but also a turning point for the inspiration of laws, careful both to the aim of the Law and to the protection of rights, including fundamental principles of internationally-recognised high standards of Law.

#### **Disclaimer**

This article is intended solely for informational purposes and does not constitute legal advice. Although the information in this article was obtained from reliable official sources, no guarantee is made with regard to its accuracy and completeness. For more information please visit [dandreapartners.com](http://dandreapartners.com) or WeChat: dandreapartners.

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