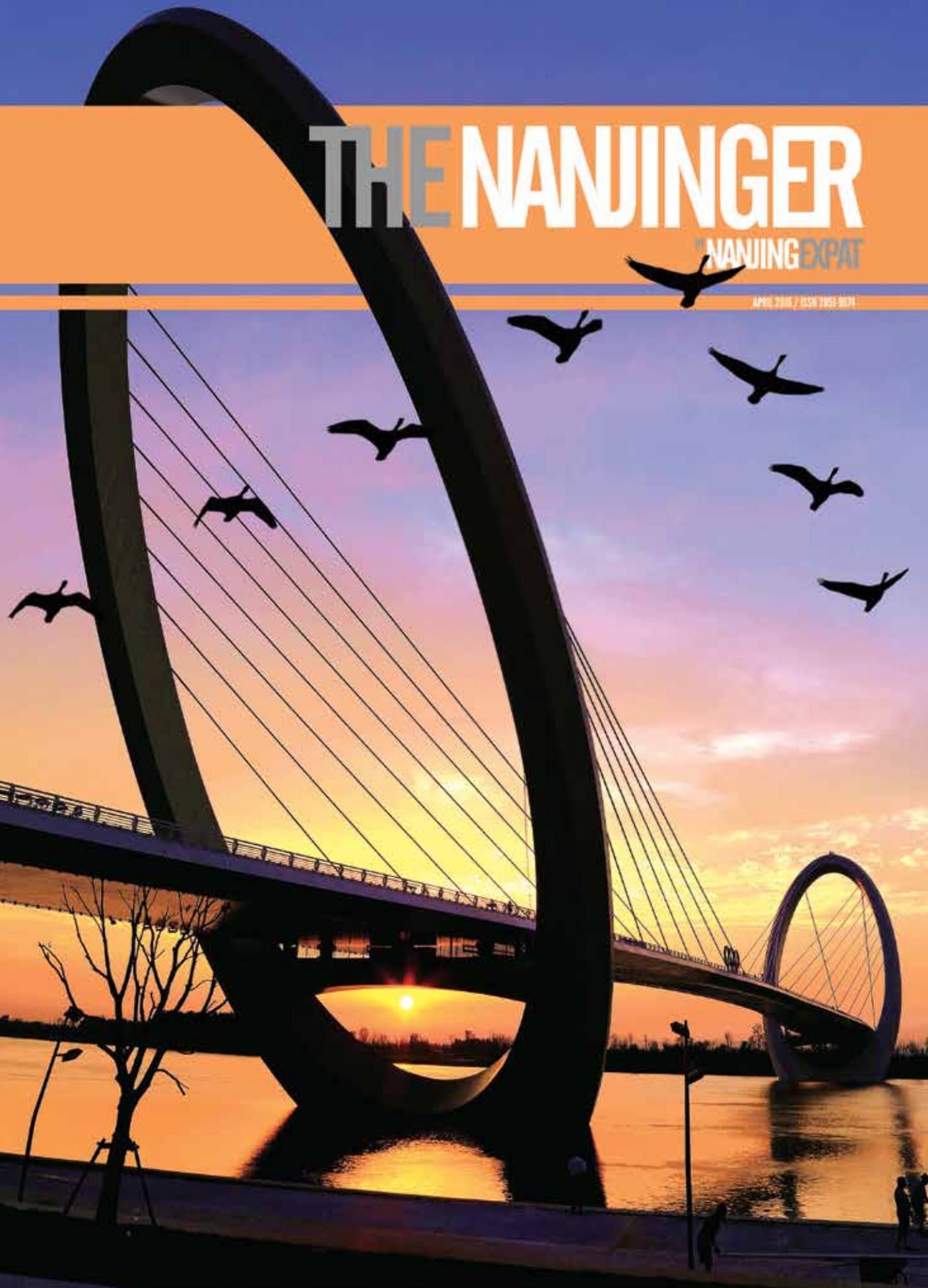


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Nanjing Hefu Cultural Media Co., Ltd. 南京贺福文化传媒有限公司

Contributors 特约撰稿人  
Feng Yinqiu  
Han Dou  
Maitiu Brallagan

Columnists 专栏作家  
Francesca Leiper  
Nick McBride  
Matthew Stedman

Editor-in-chief  
主编  
Frank Hossack 贺福

Contributing Editor 主编顾问  
Ken Ellingwood

Graphic Design and Layout 平面设计与布局  
SinoConnexion 贺福传媒  
Web: [sinoconnexion.com](http://sinoconnexion.com)

Design Intern 设计实习生  
Tommaso L. Jakob 唐明瑞

Client Liason Coordinator 客户联络协调员  
May Mei 梅永陈  
Marketing (UK) 英国市场  
Menglei Zhang 张梦蕾

Legal Consultant 法律顾问  
Ma Haipeng 马海鹏

General Enquires & Advertising: +86 25 58491159  
English/英文: +86 13851522275  
Chinese/中文: +86 15050527655

Email: [thenanjinger@sinoconnexion.com](mailto:thenanjinger@sinoconnexion.com)

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## Introducing some of our contributors, writers and editors

Our Editor-in-chief and Music Critic, Frank Hossack, has been a radio host and producer for the past 30 years, the past 22 of which working in media in China, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

贺福是我们杂志的编辑和音乐评论员，在过去的30年里一直从事电台主持和电台制片的工作。在中国有近20年的媒体工作经验。工作期间他曾经四次获得过纽约传媒艺术节大奖，分别是世界前40强节目奖，最佳编辑奖，最佳导演奖以及最佳文化艺术奖。

Nick McBride is a strength and conditioning coach originally from the UK. A former athletic director, he specializes in coaching young athletes and is now Head Coach for the Xianlin Warriors. In his spare time, he obsesses about Newcastle United Football Club.

Nick McBride是一位来自英国的体能教练。他曾经是一位经验丰富的体育指导员，他目前作为Xianlin Warriors的主教练，专注于训练年轻运动员。他及其热爱纽卡斯尔足球俱乐部。

Legal contributor Carlo D'Andrea is Chair of the Legal & Competition Working group of the European Union Chamber of Commerce in China; Shanghai Chapter, Coordinator of the Nanjing Working Group of the Italian Chamber of Commerce in China and has taught Chinese law (commercial and contractual) at Rome 3 University.

法律作家代开乐担任中国欧盟商会上海分会法律与竞争工作组主席，中国意大利商会劳动集团的协调员与曾经在罗马三大担任企业咨询课程中中国商法、合同法的课程教授。

Roy Ingram has over 25 years experience working as an artist and Creative Director. His early career was with agencies in London but for the past eight years he has lived and worked in Nanjing.

Roy先生有着超过25年的创意总监和艺术家的工作经历。他早期的职业生涯是在伦敦的一家机构里开始的，但是在八年前他决定来到南京生活工作。

## Plus a cooperation with Nanjing University's School of Journalism & Communication

Contributing editor Ken Ellingwood is a former foreign and national correspondent for the Los Angeles Times and author of Hard Line: Life and Death on the U.S.-Mexico Border. He teaches Journalism at Nanjing University and coordinates a program that gives students experience in the real world of publishing through writing work to appear in Nanjing Expat's stable of English media.

特约编辑 Ken Ellingwood 之前是《洛杉矶时报》的国内外通讯记者，同时也是“死亡地带”的作者：描述美国与墨西哥边境的生存与死亡。他目前在南京大学新闻系担任客座教授。通过长时间的合作，Nanjing Expat 已经成为南大新闻系学生实习基地，很多稿件将有他带领的南大新闻系学生团队完成。

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## With a Little Help from My Friends

*The solid bastion of investigative journalism that is the UK's Daily Mail newspaper was last month reporting on staff motivational initiatives found in China that include the hiring of pretty (and "talented") female staff to keep male colleagues interested in their jobs. Not helping, people.*

*Fleet Street's pun department was on the ball though, calling them "cheer leaders".*

*On the other hand, birds of the feathered kind, geese, it is said, fly in a V formation (see cover) so that the lead birds provide lift for those at the back; while as they tire each is rotated the rear of the V to rest. A strong team if ever there was one!*

*China, is a land of extremes, and in this issue we find no exception. For as revealed herein, when generic is out to lunch, in sneaks extreme.*

*Welcome to "Team Building" from The Nanjinger.*



# Together

*"The light delicate blush of the petals reminds me of  
a beating heart,  
while the size could only match the heart of the  
sender!" - Tan Jun Jong*

Mr. Williams tends the blushed hydrangeas  
in his backyard  
Then drags his rake through the  
vacant vegetable plot  
Tines half forming furrows in the brittle soil  
As wrinkles that deeply ripple  
on his own brow.

As a fallow sun passes over the dusty sky, he  
Drops seeds; ties back a flailing branch  
And elsewhere, picks, pinches, prunes  
Fingers deft, eyes not so, now a milky pale.

Mrs. Williams sits at her window, watching  
passing phantoms  
Smiling, runs the brush through ashen hair  
Dresses herself in summer Sunday best  
Even though it's a dark March Tuesday  
Then steps, at six o'clock, out of the house  
And, as general of old, inspects  
each beating flower  
Delicately cupped in a gnarled hand,  
absent smells  
dancing in the wartime ballrooms of her  
fractured mind.

He had thought to stay in bed today:  
But this carefree smile is worth  
the myriad pains.  
She sees him clearly now,  
so brief - the gardener  
Yet more familiar somehow...  
Lovingly, he takes her  
paper-hand. Night draws in.  
Leading her back to her chair  
beside an electric fire  
He makes their tea, too often left untouched,  
softly croons their song.  
And promises tomorrow he will plant a  
flower that bears her name.

*By Maitiu Brallaghan*

# Letter Of The Month

Hi Nanjinger,

I'm writing to comment on last month's [Feb, Ed.] discussion regarding Didi and Uber driving services. Up until now, I did not realize how much was at stake for Uber to bring its business to China, or that it has yet to provide sufficient documentation for its services in the Chinese market.

More than once I have found myself searching in vain for a taxi. This especially seems to happen at the worst of times, like once the metro line is closed and I don't have friends around me to ask for help. When I found out Uber was in China, I felt a sense of relief because I am already familiar with how this service works, the application uses English, and most importantly, Uber can be tied to a foreign payment option. Since I've stubbornly put off getting an Alipay account, this is basically the only driving platform I am able to access in China.

While I certainly wish both companies well, I do hope Uber is able to navigate the cultural and political necessities to legally operate within China. Having a backup option for transportation gives me more freedom to thoroughly explore the fascinating city of Nanjing.

Sincerely, the stranded student  
Kelly Wilson

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Novotel Nanjing East Suning Galaxy is located in the Xuzhuang Software Park on the East Side of Nanjing with the Zhongshan International Golf Resort 27 hole course designed by Gary Player, Sun Yat-Sen's mausoleum, Purple Mountain Observatory and Ming Xiaoling all located nearby.



**NANJING EAST**  
SUNING GALAXY

# BUILDING A CHINESE

# TEAM

By Frank Hossack





“**R**ecover a top secret isotope from a crashed spacecraft and along the way set off an explosive while nobody is inside the indicated blast radius.” Such was the challenge laid down by “Now Get Out of That”, a BBC television show that ran from 1981 to 1984, and now considered to have laid the foundations for “Survivor” type shows that include the likes of “I’m a Celebrity...Get Me Out of Here”. It was also fantastic team building, although the term then had yet to be coined.

When an organisation breaks down, it is almost invariably manifest by a series of collapses in relationships within the organisation. Hence the importance of team building.

While it can help in avoiding frayed relationships, so it can also assist with the bottom line. For their 1993 book, “Organizational change, design and work innovation: A meta-analysis of 131 North American field experiments, 1961–1991”, authors Macy and Izumi conducted a study revealing that team development has a stronger effect on improving organisational structures than even the implementation of financial measures.

Fun is an important part of team building, but it should be remembered that the focus (and point) of the activity is for people to become productive, focused and aligned.

While team building is certainly becoming more popular for Chinese companies and many seem to understand the advantages, the methods employed are on the whole very generic in nature, with little creativity and few bespoke options available, e.g. ones tailored to a company’s specific industry and/or individual needs. There is often too much of the aforementioned fun and too little focus.

The proliferation of local team building businesses is a testament to the fact that they are, after all, pretty easy to establish. All that is needed is a search of the Internet for “team building activities”, a couple of instructors and a suitable park; one can easily come to a mutually beneficial relationship with the owners of such.

Until team building in China reaches a critical mass in terms of demand, there is therefore little reason for the suppliers to invest much more. In many ways, the term “team building” itself has become just another buzzword, also defined as “an English word that can be dropped into Chinese business conversations during meetings”. Buzzword aside, there is a lot of team building in China comprising little more than superficial activities (“team recreation”) that give employees some-

thing in the way of a morale boost, without any transfer of experience gained into the real world of work in an organisational structure.

So with all this mediocrity seeping in, again, Shanghai is where it’s at. The city’s employers are also more likely to have an open mind when it comes to offering their employees something different in the way of team building. In the middle of the city’s Pudong District, The Jinqiao Arena has Bubble Football advertised on its menu of activities; strap on one of those large see-through plastic bubbles you see children paddling, and then simply play football, albeit a little violently.

Away from de-stressing and back in more familiar team building territory, the simple act of cooking might first appear to be an oft overlooked option. Cook In Shanghai organises Chinese cooking classes that also serve as the perfect team building exercise. Classes often include a visit to a local wet market and allow hands-on training for each participant. Co-operating with colleagues to make hand pulled noodles together is surely definitive team building!

Prior to undertaking any team building activities, it is vital to set out goals. In addition to addressing company specific issues (e.g. to understand what makes good content for a story in The Nanjinger), the following are ways in which team building can bring benefit to all organisations.

- 1. Enable self development within teams*
- 2. Make teams internally more innovative and harmonious (there, I said it); less in fighting*
- 3. Increase acceptance of other view points*
- 4. Bring about stress reduction*
- 5. Have long lasting impact that can build success on top of success*
- 6. Help teams to understand company values and mission more clearly*

The last point is perhaps the one that resonates most as a key outcome of team building exercises, to the extent that US worldwide management consulting firm McKinsey & Company “put[s] aside one day a year to reflect as a group on what our values mean to both our work and our lives” (www.mckinsey.com), what it calls “Values Day”.

On his company blog, Gordon Orr, McKinsey Asia

**Team Role Inventories** are the result of 10 years of research by British researcher and management theorist, Meredith Belbin, into how the individual behaves in a team environment. Which one are you?



**The Plant** is great at coming up with creative and unorthodox solutions, but is also likely to do so when least needed.



**The Resource Investigator** appropriates from the outside world and is a good networker but lousy at following up.



**The Implementer** delivers on time, creates action from ideas, embraces that which others shun but can be close minded.



**The Co-ordinator** sees the big picture and can confidently delegate until there is nothing else left to do.



**The Shaper** is task focused, aggressively addicted to achievement and will challenge the team to ensure momentum is not lost.



**The Specialist** is an expert bringing great ability to a team who is also uninterested in that outside their sphere.



**The Monitor Evaluator** sees all with the greatest clarity, moves slowly and surely, but also lacks inspiration.



**The Teamworker** is a natural diplomat with skills underappreciated until absent; makes sure the little jobs get done.



**The Completer/Finisher** is a perfectionist, double checker and excessive worrier over minor details who refuses to delegate.

Chairman based in Shanghai, described a recent Values Day; "We were given a random stack of magazines and newspapers and asked to cut images and words from them to stick to a flip chart in a way that communicated our mission and values. This is a great exercise to do at the table as you discuss what a particular word or image means for one individual and see if it also resonates with the group."

Orr went on to add that the activity gave, "everyone at the table, from all roles in the office, the opportunity to describe what our values mean for them individually".

Another main driver of successful team building exercises is that everyone plays a different role to that which they perform each day at the office. In the above example, the Chairman took on the role of assistant. In this way, the prior experience (or lack thereof) of each participant is much reduced while it is also becomes not so simple for each to use the normal China hierarchy as defence. With groups arranged thus into unfamiliar situations, they face challenges around what each individual member of the team can bring to the table (see side bar on page 12) in terms of common sense, natural ability or mindset.

In order to effectively implement, and learn from, team building activities, a knowledge of the contribution made by the DNA of both team members and leaders is an absolute must. Team DNA is concerned with that part of our genetic makeup as it relates to interacting with others. Both as individuals and as a collective, such DNA helps us understand strengths and weaknesses in order to make better decisions as a group. As leaders, our effectiveness is best concentrated when we know how we ourselves operate and how so do others. Such knowledge becomes absolutely invaluable in times of pressure, working to meet a deadline, we need a good idea NOW, etc.

**Good team building scenarios are people levellers; "Living the learning" is the term used in team building circles to describe the situations created for participants for which each has an equal level of knowledge.**

They therefore face the tasks while confronted by only their own personality, opinions and behavioural problems, while learning how to work with those of their team mates.

"City Upside Down" is one of the activities offered by



Chinint, a team building specialist operating in Shanghai, Xiamen, Sanya, Beijing and Hong Kong. With a creative and original approach, participants are given budget and a set of clues, and go off to experience and discover Shanghai from a different angle, through challenges to pass and secrets to unlock that lead them to locations around the city.

When back in the office, many people perform the same set tasks every day, interact with the same set of colleagues, say many of the same things to them and if lucky, vary the lunch menu a little bit. Hardly surprising then, employees who have worked together for years often confess to barely knowing each other. That's where team building comes in. When the same colleagues are taken out of the office context and made to interact and co-operate in unfamiliar territory, their intense collaborative efforts quickly develops the relationship between them.

One of the under publicised advantages of team building exercises is the accelerated lead times. In the work place, any review of organisational decision making is muddled by there being many external factors and hundreds of variables that all play on an outcome, often over a long period of time. The undiluted team building environment, however, and its compressed time frame format provides for an excellent measure of the quality of decision making.

It is also a fact that disasters sometimes happen. In the real world work environment, they happen all the time. Team building offers a safe environment in which disasters can be made to happen, yet the consequences are limited, unlike in the real world. By being able to experience disorder, participants are able to work together to develop strategies that form a learning framework for managing this chaos.

Not to be outdone, Beijing based cultural experience provider The Hutong offers a unique collection of team building activities that could take employees along the Great Wall or up the Beijing Northern Hills. In their version of the scavenger hunt, participants must complete cultural challenges and interact with historical characters during the process. Even they also have a cooking class, leading us to wonder whether dicing and cutting with colleagues has become a team building cliché unto itself.

Back to the '80s and our crashed spacecraft. It may interest readers to know that "set off an explosive" was actually a euphemism for "pop a balloon".



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# KISSING RUBBISH BINS

By Han Dou

While some may complain about being fed up with clichéd team-building activities; starting the day with a scavenger hunt, spending the afternoon in a boring keynote speaker session and heading home with cheap coffee mugs emblazoned with company logo, you might just feel lucky after learning of the extreme measures some Chinese companies take to foster so-called “team spirit”.

Earlier this year the dancing “da mas” (old ladies) on Nanjing’s Heyan Lu were upstaged by a maddened crowd of young people. It was just after 8.30 pm. when 11 young men and women gathered in a nearby square and started to shout, “Yes, we can! Yes, we can!”, repeatedly as if under a spell.

Standing to attention on a freezing winter night, these young people seemed unaffected by the cold and warmed by each other’s passion. One man who seemed to be the leader of the bunch stepped out and exclaimed to those gathered; “Is Jack Ma rich?” The fervent crowd

shouted their answer; “Yes!”

“Can we beat him?”

“Yes, we can!”

The leader went on to demand increasingly more outrageous behaviour. “Who would like to kiss the rubbish bin over there?”

“Me!”, a young lad volunteered. To the astonishment of the da mas and passersby, he rushed to a nearby litter receptacle and offered it a gentle peck.

**The crowd continued to shout slogans until, all of a sudden, everyone lay down on the cold hard ground upon the order given by the leader.**

“I think they are crazy”, one of the old ladies commented. So did many residents nearby and one of them eventually reported the strange antics to the local police.



The overexcited crowd began to cool down when the police arrived at the scene. The leader told the police that they all belong to the sales team of a company nearby. Their jobs involve selling products door to door. “These are newbies, fresh out of college”, said the leader. “They are too shy and timid. That’s why we are pushing their limits.”

The company concerned did not offer verification of the claim but online search results show that the firm is notorious for their so-called “creative training methods” for new recruits.

In China, similar motivational steps are adopted by a number of small companies that struggle to survive, especially sales companies, restaurants and hair salons. Apart from the most common approaches that are physical exercise and singing emotional songs together, there are also many other imaginative techniques employed to train young recruits, some of which date back many years.

On 15th April, 2005, a hair salon in Nanjing made their employees kneel down and “worship” passersby during rush hours on Shuiximen Da Jie.

Two years ago, a sales company in Guangdong forced their employee to run 5km on the street in their underwear as a punishment for failure to reach an annual sales target. One of the employees said he did not mind because he was told that billionaires all went through humiliations like this once.

Closer to home, in our neighbouring Zhejiang province, in April 2015 a web technology development company made its employees climb the local Huangren mountain in the middle of the night, again for not reaching a sales goal. They were also required to come to work by five in the morning and stand up while making phone calls.

Also in Zhejiang, a company in Ningbo made a new rule for all those in management to shave their head. Those who followed the rule would receive a ¥10,000 reward (but must shave every month to remain bald) while those who refused to obey the rule were fired or required to pay a ¥10,000 fine.

Another hotpot restaurant in Shenyang asked its employees to kneel down to their boss while shouting slogans. The restaurant said this scene was caught on tape for the purpose of propagating their unique corporate culture.


Some of those companies brazenly claim that actions such as making their employees do push-ups, running marathons and even crawling on the street can help them reach their full potential and boost morale.

How do employees react to these incentives? When I threw this question to Xiao Li, my hairdresser, he smirked and asked me if I would like to start the day with 50 jumping jacks on the street at 6 am before heading back to wash 50 customers’ heads for the day.

Wen Qing, an expert from the Nanjing 12355 Psychology Hotline said these so-called “motivations” are simply just wrong, and merely make employees feel frustrated and embarrassed.

**“It can be even seen as humiliation of employees that further creates a negative impact on the company’s image”, Wen added.**

Some years ago it was reported that quite a number of Chinese companies designed military training programmes for fledgling young recruits. “The goal isn’t to make the employees battle-ready, but to instil in them a sense of collectivism and obedience,” one of the anonymous trainers said of the programs. A main goal was to “temper willpower”.

Despite what these companies claimed, the whole purpose of team building activities should be to enable better communication, better relationships and ultimately increase productivity in the office. If a company truly strives to be successful, perhaps some time could be spent thinking about more worthwhile and encouraging methods of motivation, ones that do not involve kissing a rubbish bin. That would certainly be better than complaining about how mean your boss is. 

# Team Building Tales

**Industrial plugs manufacturer, Nanjing based Mennekes, is one local firm embracing the power of team building. The Nanjinger caught up with some employees to see how it all went down**

**Melinda Xie**  
**Marketing Assistant**



**Q: In what ways can you work together better with your colleagues as a result of team building?**

1. *We should have more communications among colleagues and help each other.*
2. *Don't always insist your own idea, sometimes others may have better ideas than you.*
3. *Don't believe that you can finish everything alone. Sometimes you can finish alone, but it may take more time and influence the efficiency of other things.*
4. *Don't just follow others, dare to put forward your idea, it may be useful.*
5. *One team must has one who plays the leadership role. As long as the final decision is done, you should keep your efficiency and don't query any more. Query time is over.*

**Q. In what way did your team building activity surprise you?**

*A. When we do some competition in different group, I can feel the collective sense of honor among each person.*

**Q. What did you learn about yourself from the team building activity?**

*A. Trust yourself, there is always a better way to solve the problem, everything is possible.*

**Q. In what ways can you work together better with your colleagues as a result of team building?**

*A. Brainstorming, think outside of the box.*

**Jane Yang,**  
**HR Assistant**



**Q. In what way did your team building activity surprise you?**

*1. I think it's essential for the team building activity to create a happy atmosphere and make sure that the team will actually gain some benefits from the event.*

**Q. What did you learn about yourself from the team building activity?**

*2. Communication. It is the key for the easy exchange of ideas, and also for gaining the perspectives of others.*

**Chris Chen,**  
**Production Manager**





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LifeCycle 13:55

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# Yunnan

## Dianhong

The last tea I introduced in Strainer; west China brick tea (砖茶), was the subject of historical intrigue and something of a personal quest. However today, I would like to spend some time with you discussing a true favourite of mine that is a stone cold classic; Yunnan Dianhong (云南滇红茶).

It is a source of constant frustration (especially during this confounded Milk Tea boom!) that even lovers of tea in China so badly under-appreciate the red teas (black tea in the west) produced here.

There is no excuse for neglecting great teas such as Keemun (祁门红茶) or Lapsang (拉普山小种). Well, at least in the case of Dianhong, perhaps the relative youth of the variety (a mere seventy or so years!) could be considered a kind of excuse; so too could the identity of this tea as an “export” tea.

Production only began in the late 1930s, with the state-owned China Tea Company recognising the high annual yield opportunity presented by the larger leaved *Camellia Sinensis Assamica* plants thriving in Yunnan. Since those days, tea from this area has been bought in large quantities by international blenders such as Lipton.

But the remarkable sweetness of these tea leaves (still produced by the modern Dianhong Group company) is best expressed in the full-leaf, high quality Dianhong teas; unavailable in supermarkets but sold by all dedicated pu'er sellers and by many others.


As you pay more (often for varieties called “gold” or

“tippy”), the higher the proportion of lighter coloured leaves you shall find in your batch. These pale, downy leaves are the veal meat of Dianhong; the spindly tips of the plant. Sure, there is generally more sweetness (as opposed to maltiness) in these tea leaves. But much satisfaction can be had from the mostly brown batches too. Furthermore, at Chinese prices of around ¥200 per jin, this drink is firmly in everyday luxury territory.

Sweetness is a complex issue; teas can leave sweet after taste effects (known in Chinese as *huigan*). But this tea, even while filling the mouth, is about as sweet as tea gets. It is also this sweetness that somehow clings to the leaf for as many infusions as you wring it through.

The exact origin of this sweetness is a matter of some debate. Some have suggested that the oxidation processing of the leaves takes place in close proximity to lychee and longan fruit. This made sense to me when I first heard it; there are especially strong notes of the latter in the finished product. I would add to that a number of other “reminder” aromas, including tobacco, sweet potato and even granola!

So how exactly does this state-owned monopoly company produce its teas? This is a mystery I am eager to clear up. Certainly, a trip to Yunnan beckons. In the meantime, I am content to sip this fine example I picked up in a local tea market last month.

Oh, I forgot to mention: it's surprisingly good with a drop of fresh lemon juice. A fabulous comfort drink for changeable weather conditions! 



■ There are few places in this city more cosy and serene than Zhu Yingchun's (朱赢椿) office. The local Nanjing book designer artist and insect fanatic, known as Chun, graduated from Nanjing Normal University in 1995 with a degree in painting. For several years he worked tirelessly to meet deadlines at NNU publishing house, but still found the time to do what he loved; designing books. The first book of his own "Ant", published in 2007, was a turning point in his career and his life; it was also the same year he won a prestigious German prize for "The World's Most Beautiful Book". Welcoming me through his wicker gate with a smile as round as his glasses he told me a little more about his life and work.

**Do you think of yourself as a book designer or an artist?**

"I used to be a book designer, but now I am an artist. I never studied design, but when I started making books I was constantly drawing and making things and that way I discovered my talents. Making books is not design; it's turning books into art."

**How did studying painting at NNU impact your work today?**

"NNU teaches students to educate others, so we studied all kinds of painting not just Chinese painting. This helped me later when I began with my own work because I already had the basic skills in a wide range of things; painting, sculpture, film, although now I think in a different and more sophisticated way, so I can do all those things more successfully."

**It strikes me you are very content and free in what you do. How did you get to this stage?**

"I worked under a lot of pressure at the publishing house with very tight deadlines. It's important to have balance, first complete what's necessary and then do what you enjoy. As my own work became more and more fun, I had greater power to make my own decisions. Publishers approached me and I needn't worry whether or not my books would sell, so gradually I could make my hobby into my livelihood."

**How did your interest in insects come about?**

"It was after publishing my first book 'Ant'. At the time I was extremely busy and tired, like a little ant working away everyday. So I used ants to tell my own story and from there I began to observe other insects."

**How do you work today?**

"I empty my mind and become completely relaxed, then I discover all the things in nature that fascinate me, things I cannot grasp. I don't plan anything in advance; I wait for the insects come to me. It's the insects, not me, who make the art."

**Your book "Chongzi Shu" is compiled from a collection of marks created by insects which look like Chinese characters, but are equally illegible to a Chinese or English speaker. Did you want to the book to have a particularly Chinese identity?**



"Originally it had a more Chinese feel, for example all the 'text' was written vertically, but then I changed it to horizontal. I didn't want to make it too Chinese, I wanted people from all over the world to be equally captivated, otherwise they might just think 'oh it's a Chinese book' and put it down."


**Do you think by displaying your artwork in books, people appreciate it in a different way?**

"It's more convenient. It's not possible for all my work to be on display or for everyone to see it. Each book I make is a museum, it can be moved around and taken anywhere."

**Finally, if you could speak to insects what would you say?**

"I would say, don't think that people are greater than you; they are just different from you. Don't think that life is very short; a human's life is also very short in the universe. We are the same."

**And would you like to spend a day as an insect?**

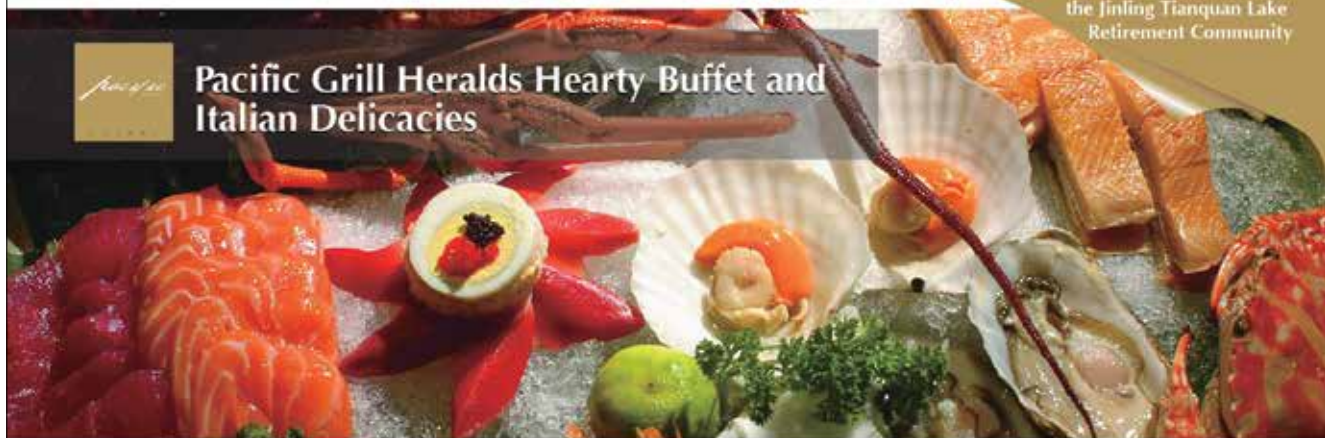
"Yes. I could do one day. I wouldn't want to be an insect forever though, being human is still pretty good." 



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# CHINESE DREAM PROJECT

## Young Chinese and the CPC

By Feng Yinqiu

The Communist Party members, according to statistics from the Central Organising Department of China, come to 87.79 million by the end of 2015. Furthermore, 27.9 percent of them are students under 35 years old. Rather than “serve the people heart and soul”, in fact, the real motivations of youth Party members are often the interests of themselves.

10th May is the day in Xiamen University when probationary Party members become formal members. “I’m so tired,” said Wang Dali, a junior medical science student who had deeply breathed a sigh of relief after she realised she had qualified. Wang had submitted the application to be a Party member when she was a freshman. After two years of lectures in the Party’s lead theories and organisation, she finally became a formal member.

The rules of the Party said that the one who apply for the Party’s membership must have two references of the people who are already Party members. After one year’s investigation and one year’s probationary period, they can formally become a member of the Party.

Strict as the requirements to join the Party are, college students make up almost one third of new Party members; the reasons why they join are often about education and job-hunting.

Wang Hongsheng, a student from Tsinghua University, has become a Party member since he was a high school student. He paid all his attention on his study and didn’t have any social experience so that his parents helped him arranged all of his life including whether to join the Party or not. “Many people said it will benefit my future development, so I joined the Party as my parents’ willing. But nobody knows what the specific benefit really is,” said Hongsheng.

With the development of China’s economic system reform, young Chinese faced with more and more competition pressures. A number of big state-owned companies require their employees to have high degrees, political level (whether they are party members), work experience and so on.

Wang Xiaohui, a junior media student who is a probationary Party member in Nanjing University, wants to work in The People’s Daily after graduation. There will be a greater chance to be admitted if she is a party member.

On the second Sunday of a semester, Nanjing University holds two political lectures

for the probationary Party members. On that day, about 200 students have to stand in a long line to check in to attend the lecture. “As a probationary member, I have to attend. It’s so boring but I’m so helpless,” Xiaohui sighed.

There is to be a leader’s inspection of her department this Sunday, but no one is willing to attend as the lecture’s audience, so the teacher said all Party members must attend. “Any lack in people’s activities will become a political tool; our Party members are always controlled casually as free labour,” Xiaohui complained on her WeChat. “It’s unfair!”

Commenting on Xiaohui’s post, Duoduo is Xiaohui’s classmate who didn’t join the Party. He can’t understand why young Chinese must join the Party; “They are unlucky. Their obligations are much more than their rights”.

“I want to study abroad and then get green card,” simply answered by Duoduo. “Because Party members will have a lot of difficulties when they apply for a green card.” Unlike those people just want to get good jobs through the Party, he is a typical example of a group of young Chinese who was influenced by globalisation and Internet.

Nowadays, teenagers become more self-considered and utilitarian, they join the Party just for their own interests. On the contrary, some old Party members’ opinions are different from the youth. Compared with young members, they have more willing to contributing to others and always consider the interests of the collective rather than themselves.

Wang Guixian, a 68-year-old retired primary school teacher and Party member, devoted all her time in teaching child. She believed that the concept of the Party is correct and it can teach people to do something to benefit society. What she thought and what she did is similar to other old Party members; they join the Party just in order to devote their ability and experience to others who need help.

“There were not so many benefits at the time I joined the Party. I just believed that the Party can bring us a better life,” she said. “My granddaughter is a Party member too, I agree with her opinions to get more interests through the Party. After all, our society has already changed.” **NJ**

“Chinese Dreams” stories grew from a month long journalism workshop for students at Nanjing University’s School of Journalism and Communication that explored the lives and attitudes of young people in China, directed by Visiting Fellow Ken Ellingwood. Written in the students’ second language, the pieces have undergone limited editing by The Nanjinger for grammar and style, but otherwise appear as submitted. More can be read online at [www.nanjingexpat.com](http://www.nanjingexpat.com). The series runs from August 2015 to June 2016.



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# NJ QR!

Text by Han Dou  
Photo by Tommaso L. Jakob

a hint of what this place was like 600 years ago. For "The Clear Tile Corridor" was once a market place for translucent tiles during the Ming Dynasty.

In the past, anything made from glass was considered a luxury. So as a substitute, people in ancient China ground oysters and clam shells and then mounted them on wooden grates

## ***"Wandering around in Nanjing is like shopping in a boutique",***

Zhu Ziqing, a famous Chinese essayist from the Republican era, once said. Indeed, 2,500 years of history over ten dynasties has made Nanjing a city like no other.

Compared with the magnificent mausoleums and temples, the streets around Nanjing may seem too obscure to mention but some of them have also been around for over a thousand years.

Historic street names are a constant reminder of our city's colourful past. In an effort to preserve street names, the Nanjing Street Name Association launched a program at the end of last year to put QR codes on street sign posts for people to find out what stories lie behind the names. By scanning the QR code, one will find everything one needs to know about its origin, historical development and the surrounding area.

### ***Mingwa Lang 明瓦廊***

Anyone calling themselves a true Nanjinger would not go to Confucius Temple if in need of an authentic bite of Nanjing. Mingwa Lang is the perfect destination that is well deserving of its reputation as "Nanjing office worker's canteen". Awaiting one here are juicy soup dumplings (小笼包), fried dumplings (锅贴), mouth-watering roasted duck (烤鸭) and so much more. Located parallel to Zhongshan Nan Lu, the Mingwa Lang street name gives us

to make translucent tiles for windows or ceilings.

But even oysters and clams were scarce in Nanjing as it cost too much to transport them from the sea and they tended to break easily. Instead, the clever craftsmen used goat horns. They boiled the horns into a jell sheet form and made them into tiles which were much more durable and cost less. These days, this type of translucent tiles can only be found in some ancient temples.

Note: Much of this information can also be found on a large plaque on the street side at the northern end of the street.

### ***Wuyi Xiang 乌衣巷***

Located amid the hustle and bustle of the Confucius Temple's southern corner, Wuyi Xiang was once an army base for Emperor Sun Quan between his reign from 222-280 CE. Since soldiers of Sun all wore black uniforms, people referred to them as the "Wuyi" (black clothes). We therefore know the alley as "Wuyi Xiang", or "Men in Black Alley".



Another piece of folklore surrounding the name's origins sheds a more mythical and romantic light on this alley. Once upon a time, between 3 and 6 CE, a noble man from Nanjing called Wang Xie was sailing one day when his ship capsized at the sea. Drifted for days holding onto a wooden board, Wang was finally rescued by an old couple who led him to their hometown, "The Black Cloak Kingdom" of the north, where everyone was dressed in black.

Wang Xie got married to the old couple's daughter but after a while he started to miss his home in Nanjing and decided to leave for the south. In her sadness at not being able to accompany him, his wife sent two swallows to follow him instead.

In the end, Wang came to realise that the Black Cloak Kingdom was actually made up of swallows and his wife was a swallow princess. She later sent him a goodbye poem saying she will not fly to the south ever again because it would hurt to see they could never be with each other. Wang did not see another swallow for the rest of his life.

Later on people referred to the alley where Wang Xie's residence once lay as the "Wuyi Xiang" to mark the tragic love story between man and bird.

### Taoye Du 桃叶渡

The "Peach Leaf Port" is also located near Confucius Temple. Legend has it that from the year 3 CE, renowned calligrapher and poet Wang Xianzhi lived there with his wife Taoye; "Peach Leaf".

The port used to be very dangerous and many a ship would capsize due to heavy winds on the deep waters. Worried for Peach Leaf, Wang Xianzhi waited at the port each day for his wife to return.

While waiting, he wrote poems and songs for her that went, "Storm of impermanence! Anyone crossing is threatened by death. But don't worry my love! I shall wait here for you and keep you safe!"

During the Qing dynasty a bridge was built over the troubled waters to put an end to shipwrecks but the romantic tale of the couple lived on for centuries.

### North Yinyang Yin 北阴阳营

One could easily walk past this small alley in Gulou district without paying it the slightest attention. Yet, this area used to be home to a primitive tribe of the earliest Nanjing residents some 5-6,000 years ago.

According to archaeologists, this was the perfect environment for our ancestors to hunt and gather as there were many hills with animals and fresh water sources. It is also interesting to note that polished river stones were found in the mouths of those who were buried here, proving that our fascination for these stones dated back as far as the Neolithic Age.

### A total of 24 street sign posts

carry such QR codes at present, namely 龙蟠中路、建康路、贡院西街、乌衣巷、大石坝街、小石坝街、来燕路、大福巷、东牌楼、义兴巷、瞻园路、中华路、桃叶渡（巷）、党家巷、姚家巷、东关路、长白街、太平南路、长乐路、白下路、莲子营、琵琶街 and 钞库街. Most are in the Confucius Temple area. In the future, the Nanjing Street Names Association aims to bring out street name QR codes for the entire city.

According to statistics, there are a total of 250,000 street names in Nanjing, but over the past 18 years, more than 1,900 have disappeared. The local government is stepping up efforts to protect this disappearing cultural heritage,

among which is the publication of a book called "The Compilation of Nanjing Street Names".

"Streets are more than just simple names", says Ma Yongli, one of the compilation's authors, "They are a part of the entire historic fabric of the city. They should not be forgotten".



# What You Think You Look Like vs. What You Really Look Like

With Nick McBride

**I**f you are ever in need of a short 5 minutes of procrastination, type this month's headline in to Google Images. Hilarious.... and you know why? Because, funny things are often those things to which we can relate. It's that moment where, in your mind, you are gracefully placed on your yoga mat, demonstrating the perfect triangle in your downward-facing dog. You glance up to the mirror to discover that your back is hunched, your sleek yoga pants have slipped, rather cruelly, to expose your winter-wobbly midriff and, oh my... is one leg shorter than the other? The moment when you are pumped with your tunes, breaking in to a slight glow; you're feeling pretty good having cracked all the mysteries of the cable machine.... only to be interrupted by some well-meaning (hideous) person, who tells you that, in actual fact, you are posing a major health and safety risk by positioning yourself between the cables. "Oh".

But you know what? It's not what you look like... thank goodness, because some of those yoga poses are not kind on the eyes. But it IS important to use correct form. Correct form is the difference between injury and gains. 25 press-ups using poor form is likely to lead to injury, eventually, if not now. You are enormously better off correcting your form, and only being able to do 1 or 2 press-ups using correct form. In fact, it is essential. Tuck your pride in your compression vest and go back to basics.

So, how do you know if you are performing exercises correctly? Well, you will need a mirror or a willing friend with a video camera, and a stick; a broom stick or brush with a pole about 1.5 metres, and a simple functional screen, such as the one I shall detail below. A functional screen is a simple test which will reveal the location of some of your weaknesses:

**Step 1** Dress right... you need to be able to see your feet, knees, torso and arms. T-shirt & shorts are fine.

**Step 2** Stand with your feet parallel between hip & shoulder length apart. Feet must be placed facing forward. Correct your feet if they should wander inwards or outwards.

**Step 3** Take your stick and hold it on your head, so that your arms are making a 90 degree angle. Now push your arms up, until your elbows are fully extended.

**Step 4** Squat as low as you can, move slowly, keep your arms stretched up and your body upright. Do four repetitions.

Now score yourself:

**1** Do your feet stay aligned?

If your feet turn outwards, it could mean you have tight external hip rotators. Look for stretches you can do to loosen these, such as a seated hip stretch.

**2** Do your knees stay over your feet?

If your knees move inwards, the muscle on the outside of your hip (gluteus medius) may need to be strengthened. Exercises such as the single leg lunge can help.

**3** Do your heels stay on the floor?

If your heels lift off the floor, you might have tight calf muscles. Look for exercises to loosen the soleus.

**4** Do your hips reach parallel to the floor or lower?

If you cannot get the depth in your squat, there could be a range of muscles that are not reaching their potential. Counterbalance squats and bridging will help.

**5** Do your arms stay overhead?

If your arms lean forward from your torso, then it is important for you to stretch the muscles of the chest. Look for exercises to stretch the scapula and latissimus dorsi muscle.

This basic functional screen is an indicator of muscles you might want to strengthen. It is not an in-depth analysis. What I hope to achieve is for you to be mindful of your form. Get your video function going, DO observe yourself in the mirror and analyse your form. Spend time correcting it. A word of warning; do not do this in a packed out gym, especially if you have a propensity for tight lycra and sweatbands. It will kill your social standing. BUT, done in privacy or in a quiet spot of the gym with a friend... it will change your game and your gain. Most importantly, it will help to safe-guard against imbalance and injury. **NM**



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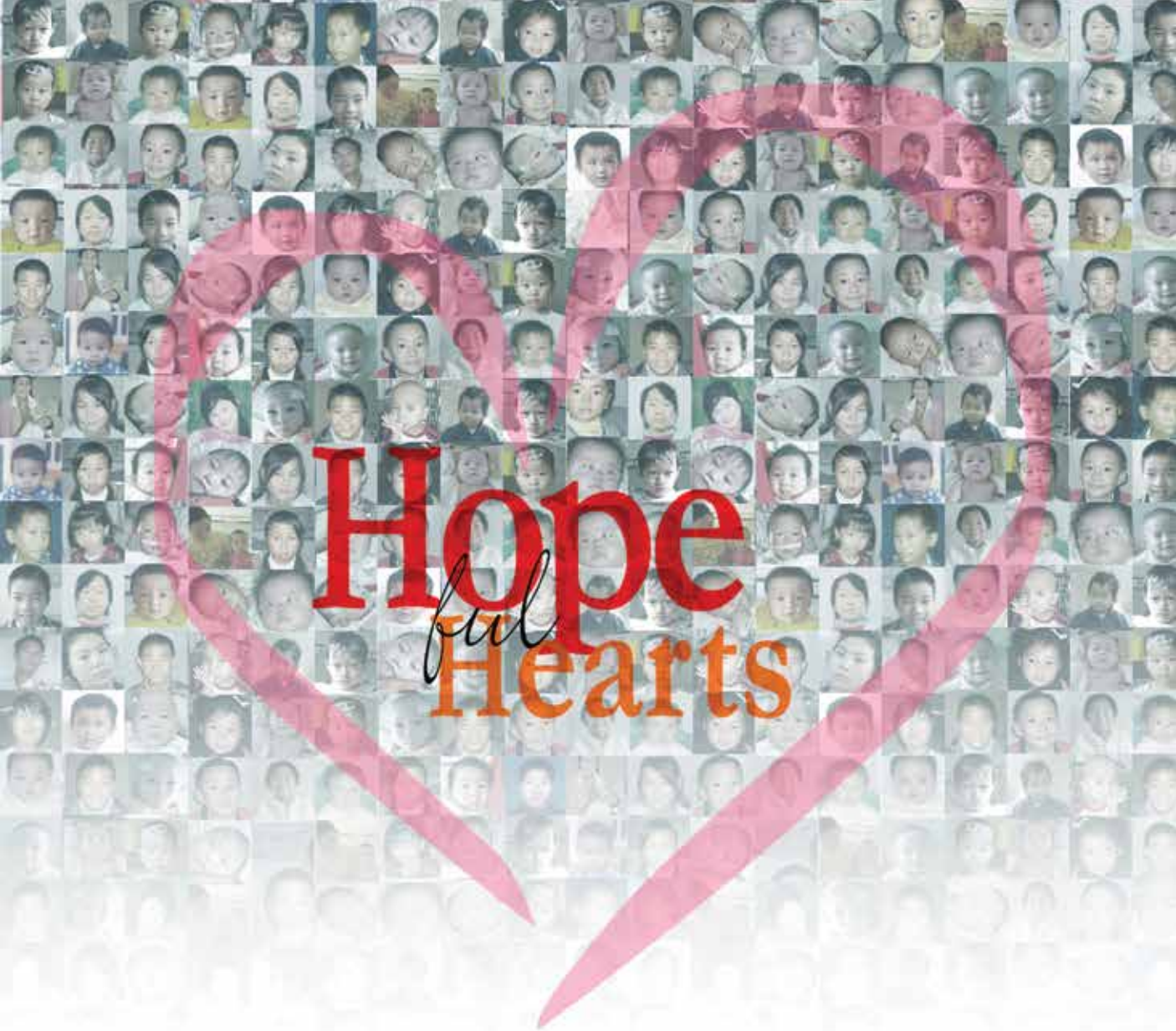
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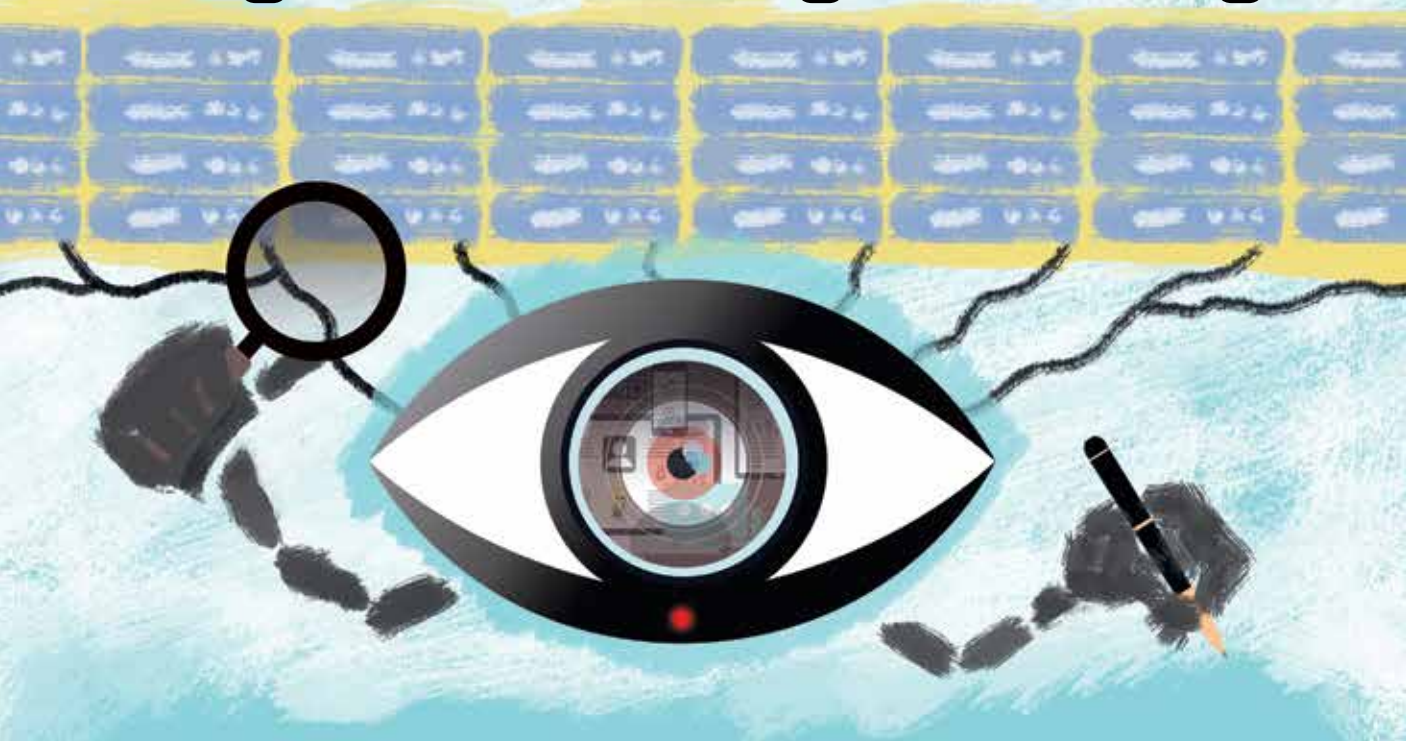
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# Big Data...Big Money



2016 is set to be the year of big data. Given its implications and the population of China, this means very very big data. It also means different things for different people. China Daily is content for it to simply mean “big infographic”, for BAT (Baidu, Alibaba, Tencent) it means goldmine, and for the individual it means unprecedented access to information covering every facet of modern life, and some of the more mundane too.

So how does big data really work? Well, it’s simple really. So simple a computer can do it. What it all boils down to is databases, or specifically, relational database management systems (RDBMS).

Let’s say you’re growing a plant; a radish plant for example. Your website [nanjingbigradish.com](http://nanjingbigradish.com) uses a MySQL database (named, interestingly, after co-founder Michael Widenius’s daughter, My), as do a very large percentage of the world’s websites, to store the data about your radish. As you go off outside trying to find buyers for your radish, your colleague enters information about it

into the website’s database. You are then able to sit with your client and look at the website to show quantitative data over how nice and globular is the root of your radish.

That’s Step 1. Step 2 is to take out the part where you visit your clients. To do this, your website’s database needs to “talk” to that of [nanjingwetmarket.com](http://nanjingwetmarket.com). Suddenly now, there is a big league table of all the radishes in Nanjing; good news on one hand, as your market has become much bigger; bad news on the other, as you have to be more competitive.

The challenge of big data lies in the aforementioned talking between databases. Last month, the European Chamber of Commerce, Nanjing Chapter, held a one-day training course on big data on 10 March, that attracted members from the auto part, home appliance and airline industries. As well as really getting down to he nuts and bolts of those databases, the seminar was also a fascinating insight (albeit at times slightly over this correspondent’s head) to the inner churning that powers the likes of Google and Facebook.



# ...Big BROTHER

By Frank Hossack

Mei Zhang, General Manager EUCCC Nanjing, commented, "To transform the country from the world's factory into a more sophisticated manufacturing power, China has launched the initiatives of China Manufacturing 2025 and Internet+. Against this background, the European Chamber Nanjing has organised events centred on the initiatives, including big data, cloud computing and smart factory tour, to facilitate the exchange of knowledge and technology between members".

The State Council's action framework for promoting big data, as ratified by Premier Li Keqiang, seeks to establish a new model for social governance over the next 5-10 years. With an initial and ambitious deadline that is the end of next year, it seeks to create a data sharing platform between government departments that allows the general public to access all manner of data, including that relating to credit, transport, health, employment, culture, education, science, agriculture, finance and weather.

In the words of an official statement released by the Council, "the government will set up an overall coordination mechanism for big data development and application, speed up the establishment of relevant rules, and encourage cooperation between the government, enterprises and institutions".

That's all very well, and it certainly sounds nice, on the surface. However, it is banded about that the most important (read "profitable") use of consumer data is the extraction of purchase preferences and patterns to create highly targeted value-added services and products. Since knowing I was going to have to write this article, I have been struggling to get to get to grips with what makes me so


uncomfortable about this, and finally I know. It's the big brother of it all.

According to an article on the website ClickZ, "Baidu alone has thousands of analysts assessing data every day – will give retailers and other industries unprecedented accuracy in profiling the people buying their products and using their services, rich in both detail and opportunity". That was two years ago; imagine how many they have now.

One such data exploitation has been made by Alibaba, in it taking the data accumulated by its online shops to assess a borrower's ability to repay a loan. Juxtapose this with George Orwell's "1984" in which the Party [not to be confused] presents its vision of the future; "Always there will be the intoxication of power, constantly increasing and constantly growing subtler", and my fears have become manifest.

Big data also pushes the individual out of the window, attempting to reduce us to averages, those that statistically say I should be interested in this, as are x percent of "similar people".

Have we been enriched by big data? Is everything that much better because of it? The fact that I have driven down to Metro should be indication enough that I don't care that one particular product is 0.9 kuai cheaper than at Auchan, so why waste my time on the opportunity cost presented by having to go through the chaos that your car park represents? Big data can't work that out for you? Your text messages are nothing more than a nuisance.

Next time around, we hope for "big data; big interest". In the meantime, what I would like to see a lot more of is, Small Data. Let's see if the government can deliver that by 2017. 

# NX OURSPACE

Café Culture

## For Canada & Country

By Tommaso L. Jakob



**L**ots of natural light, contemporary design and fair-trade organic espresso. If this combination doesn't immediately bring the picture of Nanjing's coffee shops to your mind, I am not surprised. Goldstar Café on Shanghai Lu however is trying to change that.

In September of last year the Canada based company opened the doors of its first store in China, here in Nanjing. Bringing with them, what they call a "boutique hotel lobby lifestyle". Goldstar Café aims to be a luxury café with an Scandinavian style and does a good job to fulfill this, not only in decor and quality but also with its prices.

My personal favorite is the Sri Lanka black tea, which is one of only two teas Gold Star has to offer. What the menu does not tell you however is that you're not paying for only one cup but for a pot of tea, served with two slices of green lemon, a thermos jug of hot water, two cups and a small plate of cookies. This combination makes the stiff price of ¥48 way more reasonable.

On the coffee front I was very pleased with the espresso (¥18), which was neither too sour nor too bitter, as well as with the latte (¥28) and its heart-shaped foam on top. It is worth mentioning that Gold Star uses its own fair-trade and organic coffee blend, which they import from Canada and also sell in their local store.

If you feel hungry, the menu does not only offer cake but also a variety of finger food and filling meals. From Sandwich, French Fries and Popcorn Chicken to Salad, Chicken Rice and Pizza the overall quality is very pleasing but doesn't come cheap. The spicy Pizza with beef and chili peppers (¥68) is not amongst Nanjing's top five but fairly good for a coffee shop and makes you wonder if they learned a thing or two from the nearby Italian restaurant.

The staff is noticeably concerned to keep the customers happy, which also results in keeping the place rigorously clean. One of my Chinese friends even remarked how the bathroom with its western style toilets make him feel like in a fancy hotel.



The interior design is visually pleasing, with the bright white walls contributing to the overall clean and calm atmosphere. The big windows fill the space with natural light which makes it a great alternative to the typical dimmed down and cozy coffee shops. On warmer days you can also enjoy your coffee on the outside terrace. Fancied by Chinese people and foreigners alike, Gold Star Café is a good place for a coffee date with a friend but thanks to the decent WiFi and many wall sockets, it doesn't fall short as an remote work station either. The only downside is their country CD by Chely Wright that literally seems to hunt me down and is sometimes even played more than once while I am there, hence I always make sure to bring my headphones with me if I intend to study. Since they keep their doors open until 11pm, you do however have lots of time to get your work done.





I found the café to have friendly and attentive service, good organic coffee and an overall great design, which makes it definitely worth checking out. And facing the fact that it is not always easy to find a free table, it seems like i am not the only one who feels that way.

Goldstar is located at 150 Shanghai Lu (at the junction with Nancuixun) 鼓楼区 上海路150号 Tel: 83556176 

## Gastronomy

# Scotland Upstairs; England & Ireland Downstairs

By Frank Hossack

■ Folks from Shanghai have, well, certain expectations. Therefore, when they rock into town, it's time to get out the big guns. After all, we don't want them headed back to the "Hu" blagging about how uncouth Nanjing is.



With its business card that is two millimetres thick, The Malt Room sets out from the start to install a sense of quality. That it sits atop the premier Irish bar in Nanjing;

Finnegans Wake, is also a help. Even the most demanding "sanhaining" is sure to be impressed.

Downstairs, Finnegans Wake serves up an array of signature British dishes, all so obvious it is very surprising they are at best sparse on the menus of other international restaurants in town; classics such as Roast Beef, Steak and Guinness Pie plus Fish and Chips. Then there is a Full Breakfast; again, there are sufficient party animals in Nanjing in need of sustenance on early weekend afternoons that you would think a few more places would be offering it.

I digress.

That the menu also offers more than a nod to the land north of the England-Scotland border, in Haggis and Cloutie Dumpling (surely the only place serving this delight in all of China?), serves as a hint to the fact that the owner is Scottish (staff are also impeccably dressed in tartan) and a preview of what lies in wait up the stairs when it comes time for that all important digestif. Elsewhere on the menu, and in the case one has gone for "The Daddy" that is a triple decker burger (a snip at ¥150), the tippie invented as an aid to digestion may be a more than necessary evil.

Opened towards the end of last year, the Malt Room follows the same discerning sense for standards that has stood the 'Wake in good stead since 2008, standards that, to be frank, leave one feeling as if one has stepped out of China. Big old fashioned armchairs, dark wood and soft lighting mean one could be in a book shop in colonial Singapore. Throw in an unrivalled selection of Scotch whisky and, were it not for these days of political correctness, a cigar would also likely be mandatory.

The Malt Room boasts a collection of whiskies from the finest and oldest single malt Scotch whisky distilleries in the world, one that springs from every corner of the little country, each with a character as rich and complex as its history, and as fresh as the landscape that surrounds.

As well as hanging around in hopes that one may ask for a refill, staff at The Malt Room are also happy to introduce this enchanting world, and guide one through the what, why and how of whisky; all facilitated by a back room dominated by an overbearing map of Scotland and its distilleries that feels about ready to leap off the wall and challenge one to a drinking contest.

From a personal perspective, The Malt Room passes my not so acid test; the mere stocking of Talisker, one of the

six Classic Malts, chosen as being best representative of Scotland's principal whisky producing regions. What it all boils down to is the local water and the choice of wood for the barrels that do the "finishing", in Talisker's case a Spanish sherry.



For water is indeed the key; Scotland's most famous poet, Robert Burns, himself claimed that should one meet the devil, one would only survive if fortified with "uisge beatha"; whisky, the water of life. **NUK**

## Fitness

# Sun Palace Reborn

By Han Dou

Situated at the base of purple mountain and a landmark at the east side of Xuanwu Lake with its distinctive dome structure, Sun Palace (太阳宫) was the largest indoor water park in Nanjing when it opened 2003.

When I was little, this was the perfect place to escape Nanjing's sweltering heat in summer. I remember floating on the man-made "river" inside, watching the August sunrays shining through the glass dome above me. I could not help but feel nostalgic when it went out of business in 2010 and mould started to creep over its exterior. Rumor had it that the former-day palace would be demolished altogether as it had become a sore to the eye.

Then in 2014 heavy construction began which promised to turn Sun Palace into a brand new entertainment complex with restaurants, theatre, shopping mall and ocean themed fitness center iGYM. After two years of waiting, it is ready to face the public again around the middle of April.

Since iGYM is the first facility to open and offers free try-outs, I went inside the restored Sun Palace for the first time after 8 years.

Founded in Shandong in 2004, iGYM now has 33 branches across the country. Each has its unique decoration and in Nanjing's case, this is a 3,000 sqm. ocean themed fitness centre with dazzling neon lights and dolphin shaped balloons.

It features an indoor 25m by 15m swimming pool at 28 degrees all year around. Now in its last stage of furnishing, the pool will be open to the public by 10 April.

As for the fitness equipment, iGYM Nanjing boasts 22 imported LifeFitness treadmills, each supposedly worth over ¥260,000 and 8 elliptical machines. Personal trainers are very helpful as they stick around and ready to offer you body building tips and advice.

Rui Songqing, a former soldier in the special forces and internationally credited personal trainer, ran a fitness exam on me with the latest technology of body composition analysis and designed my personal training schedule.



Apart from their highly qualified instructors, iGYM also offers fitness programs that includes 10 of the LesMills' trademarked aerobic classes covering spin, kickboxing, yoga, pilates, etc.

Overall iGYM provides a first-class professional training atmosphere and much personal attention from the staff. As I was tempted by the chance to swim again in Sun Palace and ready to register for a membership, a grandpa who seemed like a bodybuilder looked around the fancy surroundings and laughed, "I'm not paying ¥3,880 yuan a year when I can run alongside the beautiful Xuanwu Lake, or swim in Baima park, everyday for free!" Well, now I feel a bit embarrassed.

iGYM is located at 3F, Sun Palace. 3 Yangguang Lu, Taiping Men  
南京市太平门阳光路3号3楼 Tel: 66880008 **NUK**



THIS IS A BIG AD FOR

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Through the monthly magazine *The Nanjinger*, the websites *Nanjing Expat* and *Hello Nanjing*, the annual *City Guide* and weekly email newsletter *LifeCycle*, plus a host of social media platforms, *Nanjing Expat* is the only group of English publications offering high visibility online and print media in Nanjing

13851522275 (English)

info@sinoconnexion.com

15050527655 (中文)





## We Didn't Start the Fire

19 March, 2016

*Making emotional connections with people about safety was the key message in Lenzing (Nanjing) Fibers' safety poster competition, with entries submitted by employee's children; families were also given the chance to look around an on-site ambulance and see a live fire drill.*







# Love is an Open Door

18 March, 2016

Lucky numbers all round; 8 years in the making and with 80 students from other schools in the group also attending as part of the British Schools Foundation's week long annual Music Festival, culminating with the inaugural Battle of the Bands, Deputy British Consul (Shanghai), Matthew Forbes (above right), was among guests from all over the world in Nanjing to celebrate the official opening of The British School of Nanjing's new campus.







# Wonderful World

12 March, 2016

Over 1000 people from local communities came to Nanjing International School's annual International Day event; from dressing up as Greek Gods and to roasting Canadian marshmallows to modern Australian dance plus traditional Thai and Indian dance, cultures and lifestyles from all over the world were beautifully displayed.







## Rat in Mi Kitchen

23 March, 2016

*Ladies from Community Clubhouse spent the morning learning how to make Chinese pumpkin cake under expert instruction and in the premier surroundings of a Bosch showcase kitchen!*







# White Rabbit

27 March, 2016

*With a Lucky Draw in which two return air tickets from Shanghai to Europe were up for grabs, fun Easter games for children and adults alike, live music plus food and wine, the Easter Brunch put on by the European Chamber of Commerce, Nanjing Chapter, was nothing short of an eggstravagant bonanza!*







## Ragged Old Flag

16 March, 2016

*AmCham Shanghai Chairman Ker Gibbs, President Kenneth Jarrett, Nanjing Centre Advisory Council Chair Patrick Wilburn and representatives from the U.S. Consulate in Shanghai all joined with local government officials the long awaited opening of AmCham's Nanjing Centre.*







## Earth Song

19 March, 2016

Eco-friendly life was the theme of the Jinling Hotel's activities for this year's "Earth Hour". Guests were treated to a buffet dinner and a unique laser show, while the hotel's General Manager of Operations, Celine Lv, (above centre) was on hand to personally greet attendees.





# NUX THE INDEX

Many listings herein include handy codes as to their Nanjing Zone; a coloured square that assists in sourcing places of interest in areas frequented by expats. Cross reference the listings with the maps towards the rear of The Nanjinger.

## About The Index

Locations that appear within The Index have been hand picked by The Nanjinger's editorial team for offering quality, consistency and service. Descriptions are written following The Nanjinger's editorial policies as regards objectivity and impartiality. The listings are not for sale.

## Food & Drink

### Western Bars & Restaurants

#### William's 威廉餐吧

Chic Hills, 286 Zhongshan Lu  
中山路 286 号羲和广场一楼  
85878066

Stays true to the unique cooking processes and characters that have become hallmarks of great American barbeque. Applewood log smokers subdue meat cuts hours of "low 'n' slow" smokin' heaven!

#### Oasis 绿洲西餐吧

133 Mingwalang  
明瓦廊 133 号  
83191933

Modern Western flair plus house music, stylish decor and fabulous lighting create just the right environment in which to sip a cocktail or two. Pizza, lasagna and macaroni cheese dishes are particularly popular with foreign patrons, and with good reason.

#### Bellini Italian Bar & Restaurant

贝丽妮  
12 Nanxiucun 南秀村 12 号  
52888857  
#1-106, 9 Wenfan Lu, Xianlin  
仙林大学城文范路 9 号 1-106 室  
85791577  
www.bellinirestaurants.com  
Stylish and elegant yet easy in which to relax, award winning Bellini serves up an array of signature dishes and drinks. Ranked #7 among TripAdvisor's 2,600 plus restaurants in Nanjing.

#### Ciao Italia 你好意大利

193-2 Shigu Lu  
石鼓路 193-2 号  
86608807  
30 kinds of pizza and more than 50 wines exclusively imported from Italy, all prepared by highly qualified Italian chefs, plus a host of other dishes.

#### Finnegans Wake

##### 芬尼根爱尔兰酒吧餐厅

6 Xinanli Block, 400 Zhongshan Nan Lu  
中山南路 400 号熙南里街区 6 号  
52207362 / 13057623789  
www.finneganswake.com.cn  
A carefully prepared selection of authentic Western food in a cozy atmosphere. Upstairs in "The Malt Room", enjoy an unrivalled range of whisky from every corner of Scotland.

#### Blue Sky Expat Bar & Grill

蓝澳西餐厅  
77 Shanghai Lu  
上海路 77 号  
86639197

www.theblueskybar.com

One of the original expat bars to open in Nanjing, serving burgers, pizzas, Aussie meat pies and Bundaburg Rum (Bundy). There are also weekly and monthly pool competitions, board games' nights and plenty of music you thought you had forgotten.

#### Brewsell's

##### 比利时啤酒餐厅

77-1 Shanghai Lu (first place up from Guangzhou Lu)  
上海路 77-1 号 (靠近上海路和广州路的路口)  
58779429  
www.brewsells.com  
Quality Belgian drinks & cuisine in a smoke free environment. Imported Belgian draft beers and daily happy hour from 5 to 8pm; kitchen open until 11pm.

#### Element Fresh

##### 新元素餐厅

A109, 1F, Nanjing IST Mall, 100 Zhongshan Lu  
中山路 100 号艾尚天地购物中心一层 A109  
85656093  
www.elementfresh.com  
Born from an expat's passion for food, the multi-award winning Element Fresh first opened its doors in Shanghai in 2002. Since, the chain has expanded to Beijing and Guangzhou and Nanjing.

#### Studio 21 Grill Restaurant

藤美  
193 Shigu Lu (behind the Sheraton)  
石鼓路 193 号 (石鼓湾美食休闲街区)  
86795269 / 13072525212  
Genuine European flavours, grilled meat, seafood specialties and renowned home made desserts. Special Set Lunch Menu with great prices and specials for students and teachers.

#### Hacker-Pschorr

赫佰仕  
Basement, Asia Pacific Tower, Jinling Hotel,  
2 Hanzhong Lu  
汉中路 2 号金陵饭店亚太商务楼 B1 楼  
84660099  
www.hacker-pschorr-brauhaus.com/nanjing  
German brauhaus that is the first Hacker-Pschorr in China, serving up a proprietary brew created in house, along with the pre-requisite sausages.

#### Jimmy's

##### 吉米来吧

193 Shigu Lu (inside Sunglow Bay near the Sheraton)  
石鼓路 193 号  
86792599  
www.jimmysnj.com  
The place to be for live and recorded sports, especially on Saturday nights, while enjoying American style pizza, BBQ steaks, burgers, hotdogs, tacos and more, accompanied by a large selection of draft and bottled beers plus single malt whisky and bourbon.

#### Jack's Place

##### 杰克地方西餐厅

422, Dongcheng Hui Shopping Mall, Xianlin 文苑路  
与学思路交叉口东城汇 4 楼  
85807866  
35 Wang Fu Da Jie 王府大街 35 号  
84206485  
160 Shanghai Lu 上海路 160 号  
83323616  
Humble yet honest, Jack's Place has been around Nanjing for more than 15 years, serving up Italian favourites popular with expats and locals alike. Strengths lie in the pastas and mains.

#### The Wing Italian Restaurant

##### 意之翼意大利餐厅

4F, The Central, Hexi CBD  
江东中路 237 号中央商场 4 楼 (雨润国际广场)  
13913983339 / 52251609  
Open kitchen allows for observation of the chefs at work, while hand-made Italian thin-crust pizza comes from a professional oven. Mix and match your own pasta and great value set lunches available along with MSG-free chicken.

#### Pizza

82-1 Shanghai Lu  
上海路 82-1 号  
83308105 / 15805177575  
Formerly Pisa Pizza, that quickly gained a following among expats when it opened in 2009 for authentic pizza in an informal atmosphere.

#### La Mona 拉莫纳

48, South Commercial District, Lower Carpark, Olympic Centre  
奥体中心南商务区 48 号停车柱  
83353881  
From the makers of Pisa Pizza comes classy decor and simply fabulous pizza, fresh out of an impressively large stone oven that rivals the more established Italian eateries in town.

#### Les 5 Sens

##### 乐尚西餐厅

52-1 Hankou Lu  
汉口路 52-1, 靠近南京大学  
83595859  
Remaining surprisingly inexpensive since opening its doors in 2005, Les 5 Sens serves authentic and homemade traditional French dishes (the fois gras is a favourite) in a homely atmosphere.

#### Tap Planet

##### 啤酒工厂

F109, 1F, Chic Hills Plaza, 286 Zhongshan Lu  
中山路 286 号羲和商业广场 1 楼 F109  
57519177  
40 craft beers on tap, making it the largest selection of such in China, accompanied by slick service and a mouth watering food menu.

#### Motu Burger

##### 摩图

107 Gutong Xiang, Laomendong  
老门洞箍巷 107 号  
17701598220  
Small balcony affords great people watching while munching on delicious Kiwi burgers and ice cream washed down with fine ales.

#### Dream House 梦想之家音乐西餐厅

Zhonghui Mansion, 20 Jiangjun Da Dao, Jiangning  
江宁区将军大道 20 号中慧大厦 (南航东门斜对面)  
52837977  
Continuing Nanjing's fascination with Western food and drink leaning toward the Germanic. Popular with students from NUAU across the street.

#### Behind the Wall

##### 答案墨西哥餐厅

150 Shanghai Lu (in Nanxiu Cun)  
上海路 150 号, 在南秀村  
83915630  
One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, with perhaps the finest terrace in the city. Live musical performances go well with strong sangria and beer.

#### Florentina

2-107, 83 Shanghai Lu  
上海路 83 号 2 楼 107 号  
18602560788

Ideal for peaceful chat over drinks; over 100 bottled craft beers waiting for you to try!

#### Henry's Home

亨利之家

82-2 Fuchunjiang Dong Jie

奥体富春江东街 82-2 号

58577088

One of Nanjing's oldest Western restaurants, with over 20 years experience in serving up western meals; specialties include steaks, fajitas, pizza and organic salads.

#### Selección Española

57 Zhongshan Dong Lu

中山东路 57 号

Family business opened in 2012 with the ambition to spread Spanish culture by offering a special culinary experience and home made traditional food. Open Tue-Sun, 5-10 pm.

#### Eminence Cellar 香松酒窖

Inside Wutaishan off Guanzhou Lu

广州路·五台山体育场

66012088

High quality Western restaurant offering organic food, breads baked on-site, cigar bar and wine cellar.

#### Wagas 沃歌斯

1F, Nanjing IST Mall, 100 Zhongshan Lu

中山路 100 号艾尚天地购物中心一层 108 号

85656120

www.wagas.com.cn

Western and modern Asian fare with a special focus on food quality, consistency and safety.

#### Potato Bistro

马铃薯

#5-301 Kangqiao Sheng Fei, 9 Wenfan Lu, Xianlin

仙林文苑路 9 号 康乔圣菲 5 幢 301

85791293

A bistro based on green, organic, fresh foods and authentic taste. Large balcony offers outdoor BBQ for up to 150 people.

#### Axis Mexican Restaurant & Pub

Axis 墨西哥餐厅

Yadong Commercial Plaza, 12 Xianyin Bei Lu

仙隐北路 12 号亚东商业广场

Suning Hui Gu, Ji Qingmen Da Jie (opening mid-march 2016)

集庆门大街苏宁慧谷 (2016 年三月中旬开业)

15895872728

Mexican dining experience offering a wide variety of traditional Mexican dishes and a popular delivery service.

#### Nail Jazz Bar

钉子爵士酒吧

10 Luolang Xiang (200m south of the Sheraton)

罗廊巷 10 号, 离金丝利酒店 200 米

86532244

A relaxed atmosphere in which to enjoy a wide variety of imported beers and the odd bit of live music.

#### Ellens Bar

艾伦酒吧

132-3 Guangzhou Lu 广州路 132-3 号

83641119

37 Hunan Lu 湖南路 37 号

83641118

Laid back and relaxed atmosphere plus food & drinks at great value prices.

#### Vegetarian

#### Jimingsi Vegetarian Restaurant

鸡鸣寺百味斋素食馆

1 Jimingsi Lu 鸡鸣寺路 1 号

57713690

Open since the 1980s and popular on the tourist trail, standout items include soy-based mock meat dishes. Service can be erratic.

#### Green Cuisine 绿野香踪素食馆

1F Zhengyang Building, 56 Yudao Jie

御道街 56 号正阳大厦一楼

6661 9222

A wide selection of creative dishes and plenty of fresh vegetables along with special drinks and teas.

#### Tiandi Sushi 天帝素食

21 Huju Bei Lu, Entrance to Gulun Park

鼓楼区虎踞北路 21 号古林公园正门口 (近北京西路)

83701391

#### Middle Eastern Cuisine

#### Dubai 西侧翡冷翠餐厅

9 Zhuangyuan Jing (inside the Mandarin Hotel)

南京市夫子庙状元楼酒店一楼

18652008407

Tasty dishes from Dubai and all over the Arabic world served inside or on an enticing, western-facing patio. All meat is Halal.

#### Jacob Arabic Restaurant

嘉珂船

61 Hankou Lu 汉口路 61 号

86521668

Classic go-to for Middle Eastern fare; grilled Hallal meats, shawarmas and a mouth-watering assortment of dips. Prayer room on the second floor.

#### Indian Cuisine

#### Baba Restaurant 巴巴餐厅

B1, Jinyuan Food Court, 11 Hexi Central Park, 341

Jiangdong Lu

江东中路 341 号出口南京金源美食广场 11 号负 1 楼

13611574929

Reincarnation of Kohinoor, Nanjing's long serving Pakistani restaurant, features a menu that boasts over 200 dishes, all of which taste nothing alike.

#### Nanjing Ganesh Indian Restaurant

甘尼什印度餐厅

3 Kunlun Lu 昆仑路 3 号

85860955

www.ganeshchina.com

The unlikely combination of Indian food and jazz music that nevertheless has stood the test of time in both Suzhou and Wuxi. Fabulous decoration in a great location by the city wall at Xuanwu Lake.

#### Himalaya-Nepalese & Indian

Restaurant

喜马拉雅尼泊尔印度餐厅

193 Shigu Lu (behind the Sheraton)

石鼓路 193 号

8666 1828

Popular restaurant serving Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves.

#### Taj Mahal 泰姬玛哈印度料理

117 Fengfu Lu

丰富路 117 号

84214123

187-1 Shanghai Lu 上海路 187-1 号

83350491

Established in 2003, the Taj Mahal offers a great variety and exotic blend of high quality authentic Indian cuisine that it continues to this day, making it forever popular with the foreign community.

#### Masala Kitchen

玛莎拉印度餐厅·酒吧

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu

仙隐北路 12 号亚东商业广场 A05

84448858

Offers vegetarian and meat dishes plus savory Tandoori oven dishes and exotic curries cooked fresh by a chef with over 20 years of experience in his hometown of Hyderabad.

#### Korean Cuisine

#### Xianpingjia 咸平家

#6, Block 1, Dongfangtianjun, Xianlin

仙林杉湖西路东方天都门面房 6 号

83699086 / 13357739720

Run by a Korean grandma who has over 30 years of cooking experience. Bulgogi-marinated beef served with vegetables which you cook on the table with Kimchi is a must!

#### THE Korean 本家

B1, Golden Wheel Tower, 108 Hanzhong Lu

新街口汉中中路 108 号 金轮大厦 B1

84469445

#### Ke Jia Fu 可家福

7 Nan Da Heyuan, 168 Xianlin Dadao

仙林大道 168 号南大和园 7 号

86331006

#### Neolithic Barbecue 新石器烤肉

B1, Deji Plaza, 18 Zhongshan Lu

中山路 18 号德基广场 B1 楼 B116-117 号

84764545

#B17, B1, Tianyin Plaza, 336

Shangyuan Lu, Jiangning District

上元大街 336 号天印广场 B1 楼 B17 室

81032949

B1, Wonder City, 222 Changhong Lu

长虹路 222 号虹悦城 B1 楼

52275687

#121, Bldg. 1, Chenggowu Garden Centre, 699

Zhongshan Men Da Jie, Maqun

中山门大街 699 号花园城购物中心 1 楼 121 号商铺

85568090

B1, One City, 58 Daqiao Bei Lu, Pukou

大桥北路 58 号新一城 B1 楼

58400640 58402105

#### Japanese Cuisine

#### Taiyō Teppanyaki 大渔铁板烧

57 Zhongshan Lu 中山路 57 号

84729518

1F, Unit 6, Building 2, 1912

1912 商业区 2 号楼 6 单元 1 楼

84458310

3F, Golden Wheel, 8 Hanzhong Lu

汉中中路 8 号金轮新天地购物中心 3 楼

84773318

3 Kunlun Lu 昆仑路 3 号明城汇内

58850588

Has stood the test of time with its popular all you can eat and drink special offer that includes sushi, sashimi, sake, beer and much more being a staple of the Nanjing community.

#### Other Asian Cuisine

#### Thai Tasty 泰式料理

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu

仙隐北路 12 号亚东商业广场 A05

84448858

An extraordinary array of distinctive dishes employing authentic seasonings with fresh local produce.

#### Thai Orchid 梵泰蘭

86-1 Fuchunjiang Dong Jie (La Defense Flower

Street)

富春江东街 86-1 号拉德芳斯异国风情花街 (近恒山路口)

83564567

Thai nationals serve as chefs; fantastic group deals available, e.g. set meal of ten dishes for half price.



### Pho Saigon

西贡堤岸越南餐厅

2F Huanya Plaza, 33 Shigu Lu  
石鼓路 33 号环亚广场 2 楼  
84465722

Popular and inexpensive fare that includes the must try Vietnamese noodles, hence "pho".

### Kezigu Muslim Restaurant

克兹古丽餐厅

43 Luolang Xiang  
罗廊巷 43 号  
85891799

Xinjiang restaurant popular with expats; spicy noodles, potatoes, vegetable, chicken and lamb dishes accompanied by dance performances.

### Bakery & Café (see also Hotels & Hostels and Shopping)

#### Iced Baking

46-13 Xianyin Nan Lu, Xianlin  
林仙隐南路仙龙湾 46-13 室  
18014847503

www.icedbakingnanjing.com

Specialty baked goods such as cakes, cupcakes and scones plus a host of baking supplies, including cocoa powder, cream cheese, fondant, sprinkles and shortening. Also provides training and education in the field of food services to underserved women and at risk youth.

#### Skyways

云中食品店

160 Shanghai Lu 上海路 160 号  
83317103

#A18, Yadong Commercial Plaza, 12 Xianyin Bei Lu  
仙隐北路 12 号亚东广场 A18 室

85791391

Wanda West, 222-2 Jiqing Men Da Jie

集庆门大街 222-2 万达西地区

85637995

Breads, made-to-order sandwiches, cakes, desserts, plus imported deli items such as cheese and salami. Shanghai Lu location has a long queue at lunchtimes.

#### Sculpting in Time Café 雕刻时光咖啡馆

2F, 47 Hankou Lu

汉口路 47 号 2 楼

83597180

32 Dashiba Jie (Fizimiao East Gate)

大石坝街 32 号 (夫子庙东门)

52266082

Delightful atmosphere in which to enjoy coffee, tea, a variety of Western food, plus widely known brownies. Balcony at the Confucious temple branch offers romantic night time views over the Qinhuai river.

#### Maan Coffee

漫咖啡

1 Qingjiang Lu 清江路 1 号天水滨江花园

85872858 / 85607277

1F, Dushi Xihe, 8 Xuejia Xiang

薛家巷 8 号金润发超市旁都市羲和一楼

85607266

81-1 Fuchunjiang Dong Jie 富春江东街 81-1 号拉德

芳斯异国风情花街

85607288

1912 Leisure District 1912 时尚休闲街区 9 号楼  
Korean chain serving waffles, salads and all day breakfast options that go down well amid decor that juxtaposes cement, glass and chandeliers.

#### Délíce Capy DC

莫奈花园

1st and 2nd Floor, Friendship Mall, 27 Hanzhong Lu, Nanjing

南京市汉中中路 27 号友谊广场 1 楼 2 楼

86829191

Lounge in comfortable armchairs and indulge in gooey macaroons and hazelnut slices to molten chocolate cakes.

### Chinese Teahouses

#### Lao Cui Tea House

老崔茶馆

Houhuyinyue, Huanhu Lu, Nanjing city wall, 8 Jiefang Men, Xuanwu  
城墙台城段临湖岸, 玄武湖环湖路 "后湖印月"  
52628899

15 Yingtian Da Jie 应天大街 15 号

86560632

Holds activities such as lectures on tea drinking and tea culture. Location in the city wall is one of Nanjing's must-sees.

#### iTea 我茶

6F, Xinhua Bookstore, 56 Zhongshan Dong Lu 中山  
东路 56 号新华书店 6 楼

86816246

Taiwanese delicacies and soothing herbal tea, brewed intricately before your eyes by one of the restaurant's tea aficionados.

### Nightclubs

#### Kamakama

1912 Leisure District

1912 时尚休闲街区 2 号楼 1 层

86701912

Nanjing's answer to the sleek sophisticated cocktail bars of Shanghai; signature cocktails, selected fine wines and classic malts all the way.

#### MAZZO Club 玛

索国际娱乐

1912 Leisure District

1912 时尚休闲街区 6 号楼

84418579

One of the oldest clubs in Nanjing and hangout for the foreign community playing contemporary electronica.

#### Club TNT

潮人会所

2-1 Changjiang Hou Jie

长江后街 2-1 号

84401199 / 13151090136

A big name in the Chinese nightclub industry, with clubs in Nanjing, Chongqing and Hefei.

#### Enzo

8-3 Changjiang Hou Jie

长江后街 8-3 号 2 楼

83789898

Accesses many of the big names in entertainment; Paul Oakenfold, DJ R3hab and LMFAO have all played here.

### Tourism, Sport & Leisure

#### Hotel & Hostel

#### Somerset Youth Olympic Nanjing

南京盛捷青奥国际社区

9 Qing'ao Nan Lu

青奥南路 9 号

83083888

www.ascottchina.com

Comfortable and international serviced residence providing extremely spacious three-bedroom apartments for executives and their families.

#### Han Yue Lou Solis Hotel

南京涵月楼首丽斯酒店

235 Jiangdong Zhong Lu, Jianye District

建邺区江东中路 235 号

68176000

www.solishotels.com

First establishment in China for Solis and official hotel for the Youth Olympic Games in 2014. Chinese elements are incorporated as threads woven into the fabric of the hotel.

### Jinling Hotel Nanjing

南京金陵饭店

2 Hanzhong Lu, Xinjiekou Square

新街口汉中中路 2 号

84711888

The first five star hotel in China with a city centre location putting the prize-winning iconic landmark only two minutes' walk from Xinjiekou Metro Station. International flight and train ticket purchase counter plus bakery also available.

### Renaissance Nanjing Olympic Centre Hotel

南京华泰万丽酒店

139 Aoti Da Jie, Jianye District

建邺区奥体大街 139 号

83388888

cn.renaissancenanjing.com

First Marriot hotel in Nanjing. with signature Navigator service available to guests; a local who knows the hotspots inside out. Bakery sells fresh breads.

### Novotel Nanjing East Suning Galaxy

南京玄武苏宁银河诺富特酒店

9 Suning Dadao, Xianlin

徐庄软件园苏宁大道 9 号

85208888

www.novotel.com

Good spot for a weekend escape from the city, with Purple Mountain on its doorstep, while the Nanjing Zhongshan International Golf Resort 27 hole course designed by Gary Player is just 5 minutes away.

### Fraser Suites Nanjing

南京辉盛阁国际公寓

116 Lushan Lu

庐山路 116 号

87773777

www.frasershospitality.com

International serviced apartment suites offering full balconies, clubhouse and leisure facilities.

### The Westin Nanjing

南京威斯汀大酒店

Nanjing International Center, 201 Zhongyang Lu

中央路 201 号南京国际广场

85568888

www.westin.com/nanjing

A haven of Chinese distinction in which every room affords a view of scenic Xuanwu Lake.

### Sheraton Nanjing Kingsley

金丝利喜来登酒店

169 Hanzhong Lu

汉中中路 169 号

86668888

Excellent downtown location with amenities including baby sitting and butler service plus car rentals.

### Fairmont Nanjing

南京金奥费尔蒙酒店

333 Jiangdong Zhong Lu, Jianye District

建邺区江东中路 333 号

86728888

www.fairmont.com/nanjing

Elegant international hotel famous for its services and cultural features; the building itself resembles a Chinese lantern.

### InterContinental Hotel 紫峰洲际酒店

1 Zhongyang Lu, Zifeng Tower

中央路 1 号紫峰大厦

83538888

www.intercontinental.com

A statement of grandeur in the 450 metre high Zifeng Tower; Nanjing's tallest building.

### Sofitel Galaxy 南京索菲特银河大酒店

9 Shanxi Lu

山西路 9 号

83718888

www.sofitel.com  
resoff@sofitelnanjing.com  
The accommodation of choice for many visitors coming to Nanjing, along with all French dignitaries.

### Hilton Nanjing Riverside

南京世茂滨江希尔顿酒店  
1 Huaibin Lu (cross of Qinhuai and Yangtze Rivers)  
淮滨路 1 号 (近秦淮河和扬子江交汇处)  
83158888  
nanjingriverside.hilton.com  
nanjingriverside.info@hilton.com  
A more serene statement from Hilton; extensive conference and recreation facilities and rooms with balconies overlooking the Yangtze.

### Nanjing Sunflower International Youth Hostel

南京瞻园国际青年旅社  
142 Dashiba Jie (Fuzimiao west gate)  
大石坝街 142 号, 在夫子庙西门的附近  
52266858 / 66850566  
www.nanjingyha.com  
Popular youth hostel that includes free pool, DVDs, cable TV, foosball and English speaking staff.

## Resorts

### Kayumanis Private Villas & Spa

南京香樟华莘温泉度假别墅  
12 Wenquan Lu, Tangshan  
江宁区汤山街道温泉路 12 号  
84107777  
www.kayumanis.com  
nanjing@kayumanis.com  
High-end private villa with refreshing natural hot spring and mountain view.

### Regalia Resort & Spa (Qinhuai River)

南京御庭精品酒店 (秦淮河)  
Bldg. E5, 388, Yingtian Da Jie  
(inside Chenguang 1865 Technology Park)  
应天大街 388 号 (晨光 1865 科技创意产业园) 第 E5 幢  
51885688  
www.regalia.com.cn  
A Thai style spa offering a holistic approach to rejuvenation and relaxation.

### Tangshan Easpring Hot Spring Resort

汤山颐尚温泉度假村  
8 Wenquan Lu, Tangshan, Jiangning  
江宁区汤山镇温泉路 8 号  
51190666  
A leisure hotel in Tangshan offering different types of bathing.

## Museums

### Nanjing Massacre Memorial

侵华日军南京大屠杀遇难同胞纪念馆  
418 Shuiximen Da Jie  
水西门大街 418 号  
86612230 / 86610931  
Hours: Tue - Sun from 8:30 to 16:30  
www.nj1937.org  
Located on a former execution ground and mass burial place of the Nanjing Massacre. Admission is free.

### Nanjing Museum

南京博物院  
321 Zhongshan Dong Lu  
中山东路 321 号  
One of China's three national level museums displaying Chinese art, pottery and a life-sized Republic of China street scene. Admission is free with valid ID.

### Nanjing Municipal Museum (Chaotian Palace)

南京市博物馆  
4 Chaotiangong  
朝天宫 4 号

World class museum presenting ancient pottery and earthenware, calligraphy, clothing, jade etc.

### Six Dynasties Museum

六朝博物馆  
Changjiang Lu / Hanfu Jie  
长江路 / 汉服街  
Constructed on the ruins of Jiankang Castle, visitors can see over 1,200 artifacts, including porcelain, pottery, epigraphs, stone inscriptions, calligraphy and paintings and even a section of the city wall.

### Nanjing Jiangning Imperial Silk Manufacturing Museum

南京江宁织造博物馆  
123 Changjiang Lu, Xuanwu District  
南京市玄武区长江路 123 号  
83416801  
Exhibitions of silk manufacturing, brocade, qipao and most interestingly, one dedicated to "Dream of Red Mansions" in which one can experience settings where many events in the novel happened. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

### Rabe House

拉贝故居  
1 Xiaofenqiao, Guangzhou Lu  
小粉桥 1 号  
Monday - Friday from 8:30 to 16:30  
German industrialist's former home that served as a refugee shelter and saved thousands in 1937. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

### Purple Mountain Observatory

紫金山天文台  
Tianwen Lu, Purple Mountain Area, Nanjing  
南京市紫金山天文路  
84440768  
Very first observatory to be built in mainland China that is known as "the cradle of Chinese astronomy".

### Tangshan Homo Erectus Fossil Museum

汤山直立人化石遗址博物馆  
Jiangning District, Tangshan Scenic District  
南京汤山国家地质公园内  
68720777  
Insight into the prehistoric life of the Nanjing cave couple, a pair of 600 000 year old skulls discovered in the Tangshan area of Nanjing in 1993. Designed by French architect Odile Decq. Closed on Mondays.

### Nanjing Brocade Museum

南京云锦博物馆  
240 Chating Dong Jie  
茶亭东路 240 号  
86518580  
Observe wooden looms producing the world's finest brocade. Fabric is also available for purchase.

### Nanjing Taiping Heavenly Kingdom History Museum

南京市太平天国历史博物馆  
128 Zhanyuan Lu 瞻园路 128 号  
58800123  
Houses the largest collection of artifacts and documents from the Taiping Heavenly Kingdom.

### Nanjing Science Museum

南京科技馆  
9 Zijinghua Lu, Yuhua District  
雨花台区紫荆花路 9 号  
58076158  
Hands-on fun and learning for kids. IMAX Cinema.

### Nanjing Museum of Paleontology

南京古生物博物馆  
39 Beijing Dong Lu  
北京东路 39 号  
83282252  
Full dinosaur skeletons, a mass of fossils from significant digs in China and an interesting lesson in local geology. Open at weekends only.

### Nanjing Folk Museum

甘家大院  
15 Nanbuting, Zhongshan Nan Lu  
中山南路南捕厅 15 号  
52217104  
Visitors can study traditional Chinese architecture, including the so-called "99 and a half rooms". Various displays of traditional folk art throughout the year.

### Jinghai Temple

静海寺  
288 Jianning Lu  
建宁路 288 号  
58590298  
www.yuejianglou.com  
In addition to enjoying an insight into the Chinese view of the "unfair treaty" ceding Hong Kong to the British, visitors can learn about the voyages of Zheng He.

### Zheng He Treasure Shipyard

南京郑和宝船遗址公园  
57 Lijiang Lu  
鼓楼区漓江路 57 号  
Climb aboard a mockup of the famous navigator's fleet in the location that built the very same almost 600 years ago

## Parks & Attractions

### Qingliangshan Park 清凉山公园

83 Qingliangshan Lu, near Huju Lu  
清凉山路 83 号  
Calligraphy and stone museums, as well as an art gallery and pottery studio.

### Zixia Lake 紫霞湖

A cold water mountain-fed lake. Exercise with care; the cold undercurrents can cause life-threatening cramps.

### Mochou Lake Park 莫愁湖公园

35 Hanzhongmen Da Jie  
汉中门大街 35 号  
Home to the annual Dragon Boat Race, and great for boating or a walk in a peaceful environment.

### Happy World 弘阳欢乐世界

Daqiao Bei Lu, Pukou District  
浦口区大桥北路  
Fairly violent looking thrill rides plus giant water slide.

### Jiuhuashan Park 九华山公园

20 Juihua Shan 九华山 20 号  
Visit the pagoda and get on the city wall for gorgeous views of the city.

### Xuanwu Lake Park 玄武湖公园

1 Xuanwu Xiang 玄武巷 1 号  
Idyllic islands with playgrounds, gardens, restaurants plus boats and bikes for rent.

### Yaxi International Slow City

桧溪国际慢城  
6 Shengtai Lu, Yaxi Town  
高淳区桧溪镇生态路 6 号  
56861235  
The village of 20,000 was designated China's first "Slow City" by Cittaslow.

### Pearl Spring Resort 南京珍珠泉风景区

178 Zhenzhu Jie, Pukou District  
浦口区珍珠街 178 号  
A 8.9 sq.km scenic area that includes a zoo, circus, dodgems and cable-car to a so called Great Wall.

### Gulin Park 古林公园

21 Huji Bei Lu 虎鹿北路 21 号  
Gardens, paintball and BBQ plus a view of the city from atop the TV tower.

### Zhongshan Botanical Garden

钟山植物园  
1 Qianhuocun 前湖后村  
84347062



Covers over 186 hectares and home to more than 3000 plant species.

### Nanjing Yangtze River Bridge Park

南京长江大桥 (公园)  
7 Baotiaoqiao Dong Jie  
宝塔桥东街 7 号  
Memorabilia dating from the construction of the bridge. Ascend to the deck of the bridge by elevator for the obligatory photo.

### Memorial for Revolutionary Martyrs

雨花台烈士纪念馆  
Yuhua Dong Lu (north gate)  
南京市雨花台烈士纪念馆北大门雨花东路  
A surprisingly relaxing memorial park, yet used as a mass execution ground during the anti-communist revolution of 1927.

### Drum Tower/Gulou Park

鼓楼公园  
1 Gulou Jie, at the end of Beijing Xi Lu  
鼓楼街 1 号, 在北京西路口  
The traditional centre of a Chinese city.

### Lao Shan National Forest Park

老山国家森林公园  
Chalukou, Pukou  
浦口区岔路口  
Enjoy a more rustic experience in Nanjing's second National Park; away from the crowds soak in the virgin forest that is rich in species.

### Lamending Neighbourhood

城南·老门东  
50 Changle Lu 长乐路 50 号  
52201611  
A new name card of Nanjing with cultural activities, traditional Chinese architecture and distinctive local features. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

### Datangjin Fragrant Valley

大塘金草谷主题餐厅  
Zhengfang Da Dao, Jiangning District  
江宁区谷里街道大塘金正方大道薰衣草庄园  
52716207  
Breathe in the intoxicating scents while strolling through the fields of lavender that lead to the shop filled with perfumes, eye patches, pillows, face masks and even lavender perfume.

## Sports

### Jijianheng Martial Arts Training Center

15996493275  
Offers the mental and spiritual training necessary for Kung Fu mastery to students of all ages and abilities. Founded by Shaolin Master Shi Jianhu in 2015. Bi-annual Shaolin Homecoming weekend trips, led by Master Shi and his foreign wife Maggie, also available.

### Century Star Ice Skating Club

世纪星滑冰俱乐部  
222 Jiangdong Zhong Lu (Inside Olympic Center)  
江东中路 222 号奥体中心内  
86690465 / 86690467  
4F, Wonder City, 619 Yingtian Street  
应天大街 619 号虹悦城 4 楼  
52275768 ext. 8001/8002

### Nanjing Zhongshan International Golf Club

南京钟山国际高尔夫俱乐部  
9 Huanling Lu 环陵路 9 号  
84606666

### Nanjing Harvard Golf Club

南京昭富国际高尔夫俱乐部  
176 Zhenzhu Jie, Pukou  
南京市浦口区珍珠街 176 号  
58853333

### Nanjing Ginkgo Lake International Golf

南京银杏湖国际高尔夫俱乐部

1 Guli Yinxing Hu 江宁区谷里银杏湖 1 号  
86139988

### Nanjing Leiniaio Paragliding Club

南京雷鸟滑翔伞俱乐部  
Wutaishan Sport Center Tennis Stadium  
五台山体育中心网球场  
84458450 / 15335179782

### Pisarev Ballet 比萨列夫芭蕾舞学校

#B901, Junlin International Mansion, 5 Guangzhou Lu  
广州路 5 号君临国际 B901 室  
86975095

### Changqing Taekwondo

长青跆拳道馆  
9F, Quanmin Jianshen Plaza, 145 Zhongshan Dong Lu  
玄武区中山东路 145 号全民健身中心 9 楼  
84541055

## Gym

### Lucky Bird Fitness

金吉鸟健身  
83518366  
www.jinjiniao.com  
28 branches in Nanjing offering Workout area, gymnasium, yoga studio etc. Eight branches also have swimming pools.

## Theatre

### Nanjing Poly Grand Theatre

南京保利大剧院  
6 Yecheng Lu, Jianye District (inside Nanjing International Youth Culture Centre) 建邺区郑城路 6 号 (南京国际青年文化中心)  
58839008 58839098

### Nanjing Art and Cultural Center

南京文化艺术中心  
101 Changjiang Lu 长江路 101 号  
84797920

### Jiangnan 631 Niuda Theatre

江南 631 牛达剧场  
5 Yanling Xiang 延龄巷 5 号  
84419786

### Nanjing Art Academy Concert Hall

南京艺术学院音乐厅  
15 Huju Lu 虎踞北路 15 号  
83498249

### Jiangsu Kunqu Theater 兰苑剧场

4 Chaotian Gong 朝天宫 4 号  
84469284

## Business & Education

### International Education

### British School of Nanjing

南京英国学校  
Hanfu Lu, Jiangning District  
江宁区韩府路  
52108987  
www.bsn.org.cn  
Serves expat children with a private education of the highest standard, with a day-to-day focus on helping pupils to thrive in their own unique way. Based based on the English National Curriculum.

### Nanjing International School

南京国际学校  
8 Xueheng Lu, Xianlin College  
and University Town  
仙林大学城学衡路 8 号

85899111

www.nanjing-school.com  
An inclusive learning community inspiring international mindedness, personal excellence, creative thinking. An IB World School.

### EtonHouse Nanjing

伊顿国际教育集团  
8 Qing'ao Nan Lu, Jianye District  
南京市建邺区青奥南路 8 号  
85596778  
Singapore based chain with more than 100 pre-schools and schools spread across Asia and a curriculum based on an international, inquiry-based program.

### The Overseas

海外国际  
Nanjing Novas International Business Consulting Co. Ltd, #1606 Block A, Junlin International, 5 Guangzhou Lu  
广州路 5 号君临国际 A 幢 1606 室  
84533133  
admin@the-overseas.com  
Wechat: overseas

### Youth Moment Educational

Investment Co., Ltd.  
南京青梦家教育投资有限公司  
3rd Floor Building E, Kingdee Science and Technology Industrial Park  
532 Zhongshan Dong Lu  
中山东路 532 号金蝶科技产业园 E 栋 3 楼  
68165526 / 18621932120  
www.qingmengjia.com  
enquiries@qingmengjia.com  
Career guidance, entrepreneurial support, overseas study services for Chinese and foreign students.

## Higher Education

### Nanjing University of

Science & Technology  
南京理工大学  
200 Xiaolingwei 孝陵卫 200 号  
84303232 / 84303135  
study.njust.edu.cn  
Offers both Chinese and English taught programs for undergraduates and postgraduates in a large range of vocations; everything from science, engineering, liberal arts and economics to business, management, law and education for coordinated development.

## Business Services

### Sharehouse (Nanjing) Co., Ltd.

赛浩企业管理服务(南京)有限公司  
Maqun Scientific Park, 3 Jinma Lu  
南京栖霞区马群科技园金马路 3 号  
85720118  
www.sharehousechina.com  
Enables SMEs to establish their own legal entity in China while keeping overhead costs low through shared resources.

## Foreign Trade & Economic Development Agencies

### European Union Chamber of Commerce

中国欧盟商会(南京)  
#806, Haihua Mansion, 99 Zhongshan Lu  
中山路 99 号海华大厦 806 室  
83627330

### China-Britain Business Council, Nanjing

英中贸易协会南京代表处  
#2514-2515, 50 Zhonghua Lu  
中华路 50 号 2514-2515 室  
52311740

### Netherlands Business Support Office

荷兰贸易促进委员会南京代表处 ☞  
#2316, Bldg. B, 23F, Phoenix Plaza, 1 Hunan Lu  
湖南路 1 号凤凰国际广场 B 楼 23 层 2316 室  
84703707

### Baden-Württemberg International

德国巴登符腾堡州国际经济和技术协会 ☞  
7-3 Dabei Xiang Meiyuan Xin Cun  
梅园新村大悲巷 7-3 号  
84729068  
www.bw-i.cn

### Australian Trade Commission

澳大利亚贸易委员会南京代表处 ☞  
#1163, Jinling World Trade Center, 2 Hanzhong Lu  
汉中中路 2 号金陵饭店世界贸易中心 1163 室  
84711888 -1163

### Canadian Trade Office Nanjing

加拿大驻南京商务代表处 ☞  
#1261, Jinling World Trade Center, 2 Hanzhong Lu  
汉中中路 2 号金陵饭店世界贸易中心 1261 房  
84704574

### Language Training

#### New Concept Mandarin 新概念汉语 ☞

#821, 8F, PICC building, 98 Jianye Lu, Qinhua  
district  
秦淮区建邺路98号鸿信大厦8楼821室  
84872361  
www.newconceptmandarin.com  
nanjing@newconceptmandarin.com  
Over 20 years experience in applied linguistic re-  
search and global teaching.

#### JESIE - Goethe-Language Centre

JESIE - 歌德语言中心 ☞  
Jiangsu College for International Education, 3F, 205  
Shanghai Lu  
上海路 205 号江苏国际预科学院 3 层  
83335690  
www.goethe-sz.js.cn

#### Nanjing No.1 High School

南京市第一中学  
301 Zhongshan Nan Lu  
中山南路 301 号  
52216244  
Only high school designated by the International  
Office of National Chinese Language Promotion as  
base for the international promotion of Chinese lan-  
guage.

#### Alliance Française de Nanjing

南京法语联盟  
4F, Qun Lou, 73 Beijing Xi Lu  
北京西路 73 号裙楼 4 楼  
83598762 83598876  
www.afnanjing.org  
info.afnanjing@afchina.org  
French language and culture centre with classes  
for individuals and corporations at all levels, cultural  
events plus a modern library with free access to  
collections.

### Clubs & Charities

#### Nanjing International Community

Clubhouse ☞  
南京国际社区中心  
1-B-01, British School of Nanjing, Hanfu Lu, Jiangn-  
ing District  
江宁区韩府路南京英国学校 1-B-01  
www.yournicc.net  
info@yournicc.net  
Helps expats to understand and enjoy their experi-  
ence of living in Nanjing through a service centre;  
classes for adults, such as calligraphy; for children,  
such as ballet, a monthly ladies night and many  
more activities.

### Nanjing International Club

南京国际俱乐部  
Maqun Scientific Park, 3 Jinma Lu, Xianlin, Qixia  
District  
栖霞区马群科技园金马路 3 号  
www.nanjinginternationalclub.org  
A club with over 500 Members from all around the  
world and a large variety of events; cooking, kids'  
club, book club, dinners, balls, outings, BBQ, con-  
certs, bazaar and more. Fundraising for charities  
plus opportunities to support, volunteer and become  
part of an exciting team.

#### Y.M.C.A / Y.W.C.A ☞

南京基督教青年会和女青年会  
66-9 Dajianyin Xiang, Gulou District  
南京市鼓楼区大铜巷 66-9 号  
83307098 / 83714117  
www.njymca-ywca.org  
Endowed by Dr. Sun Yat-sen himself in 1912, the  
Nanjing branch of the infamous organisation provides  
volunteering services and organises overseas exchange  
programs.

#### Hopeful Hearts

www.hopefulhearts.info  
Raises funds for the medical treatment of children  
with heart conditions. Over 400 children assisted  
to date. Operates under the umbrella of The Amity  
Foundation with other branches in Chengdu and  
Guangzhou.

#### Pfrang Association 普方基金会

3 Jinma Lu, Maqun Scientific Park, Xianlin, Qixia  
District  
栖霞区马群科技园金马路 3 号  
85720118  
www.pfrangassociation.org  
Raises funds to sponsor the 6-year high school edu-  
cation of underprivileged children in Jiangsu province,  
providing them with the chance to lead a self-directed  
and fulfilled life.

#### Butterfly Hospice

www.butterflyhospice.org  
Provides loving care and treatment for children  
with life-threatening illnesses, through a children's  
hospice in Changsha, and a local support project  
in Nanjing with specialist nursing care for palliative  
children.

#### Ray of Light Cambodia

www.rayoflightcambodia.com  
Provides opportunities to 3-18 year olds in an or-  
phanage in Phnom Penh.

### Cultural Education

#### Confucius Temple Primary School

南京市夫子庙小学  
22 Zhanyuan Lu 瞻园路 22 号  
52230929  
Founded in 1907 to explore and promulgate the  
ideology and culture of Confucius.

### Shopping

#### International Groceries

#### Epermarket 上海赢盘实业有限公司

www.epermarket.com  
4007760776  
First online supermarket in China to be ISO 9001  
certified, delivering more than 5,000 imported & local  
goods.

#### Fields

www.fieldschina.com  
4000210049  
Online grocery store that delivers safe, delicious, high

quality and imported groceries directly to your door.

#### Time Farm

18551768576  
www.timefarm.com.cn  
Permaculture facility in Jiangning producing vegeta-  
bles, rice, whole-wheat flour, free-range eggs and  
canola oil.

#### Nanjing Bakery

www.nanjingbakery.com  
Home made cakes, ready to bake pizzas, lasagna  
etc. plus a range of items such as pasta, butter,  
cheese, sauces and spices.

#### Wendy's Bakery

温底手作  
13611577210  
wendybakery.taobao.com  
Classic apple pie, bacon-cheese scones and in-  
ventive cranberry shortbread utilising only import-  
ed ingredients.

#### Petite Abeille

法国小蜂蜜进口商店  
22 Hankou Xi Lu 汉口西路 22 号 ☞  
83237878  
80 Nenjiang Lu 嫩江路 80 号 ☞  
83217096  
Largest selection of French produce in Nanjing,  
with petite pains, biscottes, chocolate plus home-  
made heavy breads and baguettes, croissants and  
apple pie.

#### Times Grocery

泰晤士 ☞  
48 Yunnan Lu 云南路 48 号  
83685530  
Compact yet its location breeds popularity; wide  
selection of imported but sometimes pricey food.

#### Happy Orange

乐橙便利店 ☞  
Cuiping International (North Gate), Hanfu Lu, 20  
Jiangjun Avenue, Jiangning  
将军大道 20 号翠屏国际城北门 (韩府路)  
52158366  
Small shop with a nice selection of imported items  
run by a charming couple from Taiwan.

#### Ronnie's Pies

13912379301  
www.ronnies.com.cn  
Home made Aussie pies in a variety of flavours, in-  
cluding delights such as Cornish pasties, Lancashire  
pasties and sausage rolls. Delivers from Yangzhou.

#### Metro

麦德龙  
288 Ningli Lu 宁溧路 288 号 ☞  
300 Jianning Lu 鼓楼区建宁路 300 号  
Foreign foods plus wines, beers and sprits. Pass-  
port/ID sometimes required.


#### Carrefour

家乐福  
235 Zhongshan Dong Lu  
中山东路 235 号 ☞  
341 Jiangdong Zhong Lu  
江东中路 341 号 ☞  
26 Jiqingmen Da Jie  
集庆门大街 26 号 ☞  
7 Daqiao Nan Lu  
大桥南路 7 号  
3 Liuzhou Nan Lu, Pukou  
浦口区柳州南路 3 号  
Good range of dairy products, especially imported  
butter, cream and cheese plus snacks, pasta and  
wine.

#### Auchan


欧尚  
151 Hanzhongmen Da Jie  
汉中门大街 151 号 (近纪念馆东路) ☞



11 Qinhuai Zhong Lu  
秦淮中路 11 号   
866 Yingtian Da Jie  
应天大街 866 号  
Another French hypermarché with probably the city's best selection of cheese.

**BHG Marketplace**  
B2, Aqua City, 1 Jiankang Lu  
健康路 1 号水游城地下 B2 层  
B1, Deji Plaza, Zhongshan Lu  
德基二期地下 B1 层  
B1, Jingmao Shopping Mall, 201 Zhongyang Lu  
鼓楼中央路 201 号金茂汇 B1 楼  
B1, The Central, 237 Jiangdong Zhong Lu  
江东中路 237 号中央商场 B1 楼   
B1, Forest Mall, 301 Zhongshan Men Da Jie  
中山门大街 301 号森林摩尔商业街区 B1 楼  
B1, Raydu Plaza, 1222 Shuanglong Da Dao, Jiangning District   
经济技术开发区双龙大道 1222 号 B1 中厅  
Imported goods plus organic fruit and veg. Pricy, but that keeps the crowds away.

**RT Mart**  
金润发  
39 Danfeng Jie   
丹凤街 39 号 (近北京东路)  
B1, New City Mall, 99 Caochangmen Da Jie  
草场门大街 99 号新城广场 B1   
260 Longpan Zhong Lu 龙蟠中路 260 号  
Decent imported food section, dairy and bakery items.

**Q.E. Mart**  
青恩   
7 Wenshu Dong Lu, Xianlin 文枢东路 7 号  
85862080  
Medium-sized supermarket (labelled "Korean Market") with a wide range of Korean produce.

#### For the Home


**EAsmart**  
1F-Z, Wanda Plaza, 68 Zhushan Lu, Jiangning  
竹山路 68 号万达广场 1F  
52187886  
www.eading.com  
Fantastic selection of stationary plus coffee machines, electrical and IT appliances, kitchenware and home decoration items.

**Living Story**  
欧洲生活馆   
173 Shanghai Lu 上海路 173 号  
86634155  
Compact yet manages to offer coffee grinders, espresso makers, stylish kitchen utensils, picture frames, oil burners and oils, candles, clocks, various pieces of art, wine racks plus a few bottles of wine thrown in for good measure.

**Hongxing Furniture**  
红星国际家具广场  
224 Zhongyang Lu 中央路 224 号  
83118005  
Large furniture mall with many shops. Large range of prices, styles, etc.

**Jinsheng Market**  
金盛百货大市场  
2 Jianning Lu  
建宁路 2 号 (南京商厦对面)  
9 Wangjinshi (off Changjiang Lu)   
长江路网巾市 9 号  
Daqiao Bei Lu (beside North bus station)  
大桥北路 (长途北站旁)  
Everything from home décor to wires, Christmas trinkets and electronics. Cheap but be prepared to bargain.

**Jinling Decoration Market**  
金陵国际家居   
88 Jiangdong Zhong Lu  
江东中路 88 号  
86511888  
Everything needed for a new home.

**Longjiang Flower Market**  
龙江花卉市场   
78 Qingliangmen Da Jie  
清凉门大街 78 号  
Huge selection of plants, cut flowers, fish tanks and fish, plus gardening tools.


**B&Q 百安居**   
90 Kazimen Da Jie (beside Metro)  
卡子门大街 90 号麦德龙旁  
52450077


**IKEA 宜家家居**   
99 Mingchi Lu (East side of Kazimen Plaza)  
明匙路 99 号 (卡子门广场东侧)  
4008002345


#### Electronics, Photography & Gaming

**Professional Photography Equipment Market**   
照相器材专业市场  
3F, Binjiang Friendship Shopping Center, 301 Ji-angdong Bei Lu  
江东北路 301 号滨江友好商城三楼  
Specialists in wedding photography with equipment including lighting, flash etc.

**Camera & Photography Equipment Market**   
东鼎照相器材市场  
Dongding Plaza, 699 Zhujiang Lu  
珠江路 699 号东鼎照相器材市场  
Widely regarded as the best camera and equipment market in Nanjing.

**Mobile phone shops on Danfeng Jie**  
丹凤街 - 手机   
Indoor markets specialized in new and second-hand mobile phones and repairs.

**IT products on Zhujiang Lu**  
珠江路 - IT 产品   
A multitude of stores selling everything you can imagine and more; computers, cameras, MP3 and MP4 players, iPad, webcams, hard drives, and portable flash drives.

**Video games on Zhongyang Lu**  
中央路 - 电子游戏   
Any type of video game for all game systems. Also do minor repairs.

#### Art

**Art Home 聚贤堂**  
84 Shitoucheng Lu 石头城路 84 号  
Arguably the best stocked art supplies shop in Nanjing; oil and acrylic paints plus many products by Faber-Castell and Staedtler. Framing service also available.

**Jiangsu Fande Culture and Art Block**  
江苏凡德文化艺术街区   
1 Zhengxue Lu 秦淮区正学路 1 号  
84711180  
An inclusive cultural industry platform for the research and development, creation, display and transaction of art works.

**Fangshan Culture and Art Creative Industry Park**  
南京方山文化艺术创意产业园  
1 Donghuyuan, 588 Longmian Da Dao 江宁区龙眠大道 588 号东湖苑 1 号  
52712282

Home to four art institutions and over 40 famous artists in photography, oil painting, Chinese painting, sculpture and pottery.

**Jiangsu Art Gallery 江苏省美术馆**   
266 Changjiang Lu 长江路 266 号  
84506789  
333 Changjiang Lu 长江路 333 号  
89610840  
Local artists' work, changed frequently.

**Nanjing Luhe Phoenix Art Gallery**  
南京六合凤凰山艺术馆  
Fenghuang Shan Park, Yanan Lu, Pukou  
六合区延安路凤凰山公园内  
57751345

A non-profit institution with exhibitions and serving as a platform for people to exchange information and experience in art creation and collection.

**Shenghua Art Center 南京圣划艺术中心**  
2 Zhoutai Lu, on Jiangxin Zhou (Grape Island)  
江心洲民俗街洲泰路 2 号 (原乡土乐园)  
86333097 86333100  
Exhibition of contemporary Chinese art.

**Stone City Modern Art Creation Gallery** 石头城现代艺术创意园  
72 Beijing Xi Lu 北京西路 72 号  
55583708  
Exhibition of modern Chinese art.

**Yipai Art 南京艺派文化用品中心**  
81 Stone City 石头城 81 号  
83704786  
epair8888@126.com  
Oil paints, brushes, spatulas, charcoal, easels, drawing instruments, sketch books and a selection of pens, pencils and refills.

#### Sports & Outdoor

**Decathlon 迪卡侬**  
866 Yingtian Xi Lu (same building as Auchan)  
应天西路 866 号  
84218420  
286 Ningli Lu (next to Metro)  
宁漂路 286 号 (麦德龙对面)   
52401018  
1 Beijing Dong Lu 玄武区北京东路 1 号   
French sports megastore chain that also stocks informal-wear shoes in sizes up to 48.

**Sanfo 三夫户外**  
57 Zhongshan Lu 中山路 57 号   
84721228 / 84720512  
Jinxianghe Lu 进香河路   
83601199  
4F, Zifeng Tower, Zhongshan Bei Lu  
中山北路紫峰大厦购物广场 4F   
83518681 / 83518682  
Chinese outdoor chain store stocking equipment for biking and hiking plus backpacks and apparel for outdoor.

#### Foreign Language Bookstores

**Foreign Language Bookstore 外文书店**  
218 Zhongshan Dong Lu (Beside Taiping Nan Lu)   
中山东路 218 号长安国际 (太平南路口)

**Xinhua Bookstores 新华书店**  
56 Zhongshan Dong Lu (near Hongwu Lu)  
中山东路 56 号 (近洪武路)  
86645151  
217 Zhongshan Bei Lu  
中山北路 217 号  
83374645

**Phoenix International Book Mall**  
凤凰国际书城 

1 Hunan Lu  
湖南路 1 号八佰伴旁 (近中央路)  
83657000 / 83657111

## Wine Outlets

**Everwines 咏菊**  
300 Changjiang Lu 长江路 300 号  
58951779  
nanjingcslshop@everwines.com  
The retail arm in China of Torres that offers tastings plus the opportunity to learn about wine; Small classes in English or Chinese available.

**Newold Wine World 纽澳酒世界**  
Area B, F1, New City Mall, 99 Caochangmen Da Jie  
草场门大街 99 号新城市购物中心负一楼 B 区  
86265959

**Jiangsu Jiuchao Distillery**  
江苏九朝酒业  
278 Hongwu Lu  
洪武路 278 号  
84404159

**Jayson Wines 南京杰森酒业**  
52 Taiping Bei Lu 太平北路 52 号  
8370 7195

**Eminence Cellar 香松酒窖**  
Inside Wutaishan (opposite to Jin Inn)  
Guangzhou Lu 广州路五台山体育场  
66012088

**Aussino Cellar 富隆酒窖**  
#109, 198 Zhongshan Dong Lu  
中山东路 198 号 109 室  
84679799  
www.aussino.net

## Services

### Healthcare

**Hscybele Hospital**  
华世佳宝妇产医院  
9 Wenti Xi Lu 文体西路 9 号  
24 hour English hotline: 18013919815  
www.hswoman.com/en/  
Combines an Obstetrics and Gynecology Department, Neonatology Department and Pediatrics Department with a tranquil atmosphere, high standards of hygiene and more than competent English service, including 24/7 telephone hotline. Underwater birth available; international medicare accepted.

**International SOS Nanjing Clinic**  
南京国际 (SOS) 紧急救援诊所  
1F, Grand Metropark Hotel Nanjing,  
319 East Zhongshan Lu  
中山东路 319 号维景国际酒店 1 楼  
84802842 (by appt.)  
Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Assistance Center: 010 64629100  
www.internationalsos.com  
Delivers integrated, quality, comprehensive medical care. Services span from family medicine to 24/7 emergency services. Languages spoken include: English, Chinese, German, and Japanese.

**Angel Flossy-Care Dental Center**  
天使福乐氏口腔连锁  
4F, 10 Ke Xiang, Qinhuai District  
南京市秦淮区科巷 10 号 4 楼  
86502567 / 18551700071  
www.tsq025.net  
Offers all kinds of oral treatments including dental implants, crowns or bridges, dental whitening, cosmetic dentistry, root canal therapy, orthodontics and more. 100 percent bilingual staff; other branches in Suzhou, Nanning, Beijing and Shanghai.

**Keya Dentistry**  
科雅口腔  
#411, Bldg. E, Wanda Plaza, Hexi  
南京河西万达广场 E 座 411  
4008919828 / 83308686  
www.keyaath.com  
Providers of Invisalign; a popular, Western alternative to braces, plus reconstructive and cosmetic teeth surgery. Axa Assistance, CSETH Insurance, BUPA, METIFE, SOS, Bupa and Medilink accepted.

**Global Doctor International Medical Centre**  
环球医生国际医疗中心  
1F, Zuolinfengdu, 6 Mochouhu Dong Lu  
莫愁湖东路 6 号左邻风度 1 栋 1 楼  
86519991 (24 Hours)  
www.globaldoctor.com.au  
International medical centre offers family medicine & specialist services plus 24 hour emergency assistance to expatriates in Nanjing. Mon-Sat 09:00-18:00. Multilingual staff: EN/JP/ES/KO/CN.

**BEN-Q Medical Centre 明基医院**  
71 Hexi Da Jie 河西大街 71 号  
52238800  
Another popular choice for expats, BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors.

**Nanjing Union Dental Clinic**  
南京友联齿科  
1F, Grand Metropark Hotel Nanjing,  
319 Zhongshan Dong Lu  
中山东路 319 号维景国际酒店一层  
84818891 / 84808888-6555  
dentist@uniondental.cn

**Health Examination Center**  
江苏省国医馆  
168 Qingliangmen Da Jie  
清凉门大街 168 号  
86216721  
www.jssgyg.com  
English speaking staff, diagnosis by imported advanced medical technology and treatment by Traditional Chinese Medicine. 100% non-invasive.

**Nanjing Entrance-Exit Inspection and Quarantine Bureau**  
南京出入境检验检疫局  
1 Guojian Lu, Jiangjun Da Dao,  
Jiangning District  
江宁区将军大道国检路 1 号  
52345354  
Health checks for work permit and visa applications.

**Nanjing Gulou Hospital 南京鼓楼医院**  
321 Zhongshan Lu 中山路 321 号  
83304616  
The major trauma hospital (24 hr).

**Jiangsu Provincial Hospital 江苏省人民医院**  
300 Guangzhou Lu 广州路 300 号  
83718836  
The major Western medicine hospital.

**Nanjing Children's Hospital**  
南京市儿童医院  
72 Guangzhou Lu 广州路 72 号  
83117500 83116969

**Jiangsu Provincial Hospital of TCM**  
江苏省中医院  
155 Hanzhong Lu 汉中中路 155 号  
86617141  
The major Chinese medicine hospital.

**Nanjing Maternity and Child Healthcare Hospital**  
南京市妇幼保健院  
123 Tianfei Xiang 天妃巷 123 号  
52226777  
The major maternity hospital in Nanjing.

## Legal

**D'Andrea & Partners Law Firm**  
D'Andrea & Partners 律师事务所  
#920, Jinglun International Mansion, 8 Hanzhong Lu  
汉中中路 8 号金轮国际广场 920 室  
86505593 / 86505693  
nanjing@dandareapartners.com  
International consulting firm present in China since 2004 offering legal services in Italian, Chinese, English, French, German and Russian plus assistance in foreign direct investment in China, mergers and acquisitions, international contract law and labour law.

**Jeffrey Wang Attorney at Law**  
王煜卓 | 南京办公室 | 合伙人 / 律师  
Deheng Law Offices, 3F, 2 Chuangzhi Lu  
建邺区河西大街创智路 2 号 3 楼 | 德恒律师事务所  
13605182614 / 58993266  
www.dehenglaw.com  
wangyuzhuo@dehenglaw.com  
Business lawyer with more than fifteen years legal practice in Nanjing plus fluent English and legal knowledge in both business and personal areas, offering professional services via DeHeng Law Offices, and their network of 21 domestic branches in China and five overseas offices.

**Dacheng Law Offices**  
大成律师事务所  
9-10F, Lianchuang Scientific Mansion, 18 Jihui Lu, Gulou District  
鼓楼区集慧路 18 号联创科技大厦 A 座 9-10 楼  
83755108  
nanjing.dachenglaw.com  
Hongliang.Hu@dachenglaw.com  
Ranked #1 in Asia by size, with branches in 26 countries and all over China. Nanjing branch is ranked #1 in Jiangsu Province (EN/CH/ES/JP/KO).

## Property Services

**Sun Home Real Estate**  
南京中清房产经纪咨询有限公司  
#1901, Xinghan Mansion, 180 Hanzhong Lu 汉中中路 180 号星汉大厦 1901 室  
51860592 / 5186 0590  
www.shre.com.cn  
sunhome@shre.com.cn  
Pre-move consulting home search service, orientation and settling-in programs plus vehicle leasing.

**HomeLife**  
84727590 / 18651613688  
www.0086house.com  
Specialists in rentals of houses, condominiums, apartments and offices with over 10 years experience in helping expats.

**Nanjing Houses**  
#720, Section 1, Unit 2, 128 Tianyuan Lu, Jiangning District  
天元中路 128 号 2 栋 1 单元 720 室  
87735531  
www.nanjinghouses.com  
info@nanjinghouses.com  
Provides a unique-to-the-industry process of pre-screening options in order to save time and energy while looking for an apartment or villa.

**Home Caught Relocation Service**  
奥鸿房地产咨询顾问有限公司  
4F, 669 Zhujiang Lu 珠江路 669 号 4F  
84800918  
www.homecaught.com  
lease@homecaught.com  
Supplies many a multinational firm with home search and rental services plus bus fleet solutions.

**Crown Relocations**  
嘉柏 (中国) 国际货运代理有限公司  
#4210, Block A, New World Centre,



**Zhujiang Lu**  
南京市珠江路新世界中心A座 4210室  
84541017  
slaing@crownew.com  
Provides moving services, housing services, school search, immigration services, and orientation services with a global network spanning 60 countries.

**Apex International Logistics Co., Ltd** 上海正流国际运输代理有限公司  
58702129  
www.apex15.com  
nanjing@apex15.com  
Domestic and local moves, office relocation, storage and warehousing, pet relocation, insurance/risk management plus immigration services.

**CMR Corporate Property & Relocation**  
南京浩麦房地产咨询  
12C1, Jinlun Mansion, 108 Hanzhong Lu  
汉中中路 108 号金轮大厦 12C1 座  
84701658  
www.cmrchina.com  
Supplies multinationals, with additional services including driver's license and import/export of pets.

#### Faith Houses

**Mochou Lu Church** 莫愁路教堂  
390 Mochou Lu  
莫愁路 390 号  
84708782  
www.njmcchurch.org  
English service is held from 3.30-5 pm every Sunday. English Bible Study is every Wednesday from 7.00-9 pm.

**St. Paul's Church** 圣保罗教堂  
396 South Taiping Road  
太平南路 396 号  
86647225  
www.njstpaul.org  
English service is held at 10:50 am on Sundays and English Bible study is at 14:00 on Saturdays.

**Shigulu Catholic Church** 石鼓路天主教堂  
112 Shigu Lu 石鼓路 112 号  
84706863  
English/Chinese Service: Sun 4.30pm

**The Church of Jesus Christ of Latter Day Saints**  
Yuhua Jingli Hotel, 8 Xiaohang Yaojia'ao  
雨花区小行尤家凹 8 号雨花晶丽酒店  
Mormon service on Sundays at 10am. Foreign passport holders only.

**Biyao Catholic Church** 碧瑶天主堂  
Biyao Garden Square, 189 Leshan Lu  
南京市建邺区乐山路 189 号碧瑶花园广场  
84706863

**Shengxun Church**  
English service is held on Sundays from 10.30-12 pm and Chinese service from 2-4 pm on Sundays.  
圣训堂  
158 Leshan Lu  
南京市建邺区乐山路 158 号

**Jiangsu Lu Church** 江苏路教堂  
60-10, Jiangsu Lu  
江苏路 60-10 号  
83724547

**Gulou Religious Activity Site**  
基督教会鼓楼聚会场所  
2-2 Beijing Xi Lu  
北京西路 2-2 号 2F  
84435660  
Services held Mon-Sat from 7-8 am and Sundays from 7-8 am, 8.30-10 am and 4.30-5.30 pm.

**Jinsu Nunnery** 金粟庵  
18 Wufu Jie, Jiqing Men, Qinhuai District  
秦淮区集庆门五福街 18 号  
86626905

**KuanEumHui Korean Buddhist Club**  
观音会南京韩人佛教会  
#1703, Bldg. 2, Fuli Shanzhuang  
富丽山庄 3 栋 1703 室  
13222018582  
Service: 11:00am

**Nanjing Islam Association**  
伊斯兰教协会  
28 Shengzhou Road, Qinhuai District  
秦淮区升州路 28 号  
52216974

**Jizhaoying Mosque** 吉兆营清真寺  
3 Jizhaoying 吉兆营 43 号  
83605565

**Taiping Lu Mosque** 太平路清真寺  
299 South Taiping Lu  
太平南路 299 号  
84525352

**Caoqiao Mosque** 草桥清真寺  
26-32 Ganyu Xiang  
甘雨巷 26 - 32 号  
52209482

#### Training, Coaching & Consulting

**Chrysalis Consulting**  
智变  
#932, 699 Zhongshan Men Da Jie, Maqun, Qixia District  
栖霞区马群中山门大街699号紫金尚园商办综合楼932室  
18551737659  
www.chrysalisasia.com  
thrive@chrysalisasia.com  
A multi-national consulting firm involved in business consulting, solution services, young professional services, business start-ups and care for orphans.

**MTI Nanjing**  
#714, Building 7, Wanda Dongfang, 58 Yunjin Lu  
云锦路 58 号万达广场 7 栋 714 室  
84714552  
www.mticonsulting.com  
HR coaching and training solutions, combining international standards with local market needs.

**McBride Sports**  
15951982141  
mcbridesports@gmail.com  
Coaching for young athletes, adult-personal training and/or Boot Camps.

#### Pets

**Doctors Beck & Stone**  
贝克 & 史东医生国际动物医院  
159 Forrest Mall, 301 Zhongshanmen Street, Xuanwu District  
玄武区中山门大街 301 号森林摩尔商业街区条形码区西 159 号  
87761656 / 877616136 / 400 103 8686  
Leading international pet hospital group, supporting responsible pet ownership, and providing the highest level of veterinary services that include grooming, boarding, and pet food.

**Amy Hao Hao Pet Care**  
爱咪好好  
18 Nantai Xiang Xi (off Wang Fu Da Jie)  
王府大街南台巷西 18 号  
84203097 / 13952034351  
Professional cat and dog grooming service run by a local Nanjing girl who speaks fluent English.

**Puppy & Kitten Pet Store**  
狗仔猫仔宠物店  
81 Shitoucheng Lu  
鼓楼区石头城路 81 号  
83322380 / 18625184686  
Large range of natural and/or organic imported dog food complimented by the necessary selection of treats, chews, leads and bowls.

**Tom Dog Pet Center** 汤姆狗宠物中心  
1 Dingxin Lu 鼎新路 1 号  
86662858  
Pet stayover and dog walking service, retail outlet and English speaking staff.

#### Hairdressers

**V-Salon**  
香港时光设计有限公司  
32F, Golden Eagle Plaza, 89 Hanzhong Lu, Gulou District  
汉中中路 89 号金鹰国际商城 32 楼  
86292980  
Run by a stylist to many pop and movie stars, including none less than Nicolas Cage and Julia Roberts.

#### Photography

**Nicolas Harter Photography**  
13770761603  
www.nicolasharter.com  
A French photographer specialising in wedding, commercial and event photography, and author of photo-book "Africa Square", a profile of African artists at the 2010 Shanghai Expo.

#### Media & Design

**SinoConnexion**  
南京贺福文化传媒传媒有限公司  
14F, Building 1, World Times Square, 8 Dongbao Lu, Gulou District  
鼓楼区东宝路 8 号时代天地广场 1 幢 1417 室  
58491159 / 13851522275  
www.sinoconnexion.com  
info@sinoconnexion.com  
International award winning professional foreign owned video and media production company with 30+ years experience, and 23 years of work in China. Also offers agency services, print and digital publication production, broadcast media, internet advertising, social media promotion and production of audio materials.

**VOZ Design** 嗓音设计  
18305161245 / 15950575174  
www.vozdesign.com  
mundosanto@gmail.com  
Professional marketing oriented graphic design and brand development. No copies, no templates, only creativity and lots of brain juice. Mediocrity is a disease we fight everyday.

#### Translation

**Wow-Super A Translation Service**  
南京领域翻译有限公司  
#4004, 40th Floor, Tian'An International, Shigu Lu, Gulou District  
新街口大洋百货天安国际 40 楼 4004 (地铁 1、2 号线新街口站 15 号出口)  
13813906747  
www.wowtran.com  
Offers a full suite of translation services for business, legal, technical and personal use, including official and notary translations, marriage certificates, drivers' licenses plus interpreter services.

## THE NANJINGER BUS TABLE

Area	Stop name		Serves	303	60	129	9	13	65	83	552	48	119	91	1	28	33	139	323	138	321	192	190	34	35	317	6	52	68	25	85	江宁8	23	63	78	19	127	133	96	153	158	186	305	57	97			
Downtown	白马公园	Baima Park	Baima Park, Starting point for Purple Mountain, Sun-Yat Sen Mausoleum, Ming Tombs																																													
	长江路	Changjiang Lu	1912, Art Museum, Library, Element Fresh, IST																																													
	大行宫	Daxinggong	1912, Library, Presidential, Shi Popo An Bar Street																																													
	浮桥	Fujiao	Flossy Care Dentist																																													
	夫子庙	Fuzimiao	Confucius Temple																																													
	鼓楼	Gulou	Gulou Hospital, Drum Tower, Zifeng Tower																																													
	鼓山路	Gushan Lu	Jiangning Wanda																																													
	汉中门	Hanzhong Men	Skyways 3 Bakery, TCM Clinic																																													
	湖北路	Hubei Lu	Ellens																																													
	湖南路	Hunan Lu																																														
	鸡鸣寺	Jimingsi	Jiming Temple																																													
	结慧巷	Laomendong																																														
	明故宫(东)	Minggugong (East)	NI Museum, SBS Clinic, Ming Gugong																																													
	莫愁湖公园	Mochou Lake	Global Doctors																																													
	南京站	Nanjing Railway Station	Railway Station																																													
	宁海路	Ninghai Lu	NI Normal Uni																																													
	上海路 / 云南路	Shanghai Lu/ Yunnan Lu	Skyways 1 Bakery, Times Grocery																																													
	石鼓路(西)	Shigulu (West)	Jimmy's, Studio 21																																													
	泰山路(南)	Taishan Lu (South)	BenQ International Hospital																																													
	五台山东	Wutaishan (North)	Blue Sky, Brewsells, Shanghai Lu																																													
	新街口(东)	Xinjiekou (East)																																														
	新街口北	Xinjiekou (North)																																														
	新街口(南)	Xinjiekou (South)																																														
	新街口(西)	Xinjiekou (West)	Golden Wheel B&M																																													
	新街口(正洪街)	Xinjiekou (Zhonghong Jie)																																														
	玄武门/玄武湖	Xuanwu Men/ Xuanwu Lake	Xuanwu Lake																																													
	应天大街	Yingtian Dajie	Auchan, Decathlon, Beijing Duck																																													
	中山陵	Zhongshanling	Sun Yat Sen Mausoleum																																													
	中央门	Zhongyang Men	Long distance bus station																																													
	珠江路	Zhujiang Lu	Electronics, Rabe House, NI Uni																																													
Xianlin	文苑路	XL Campuses, NI Normal Uni, NUPT, NUFE																																														
	仙隐北路	Xianyin Bei Lu	Skyways 2, Thai Tasty, Masala Kitchen, Axis,																																													
	学则路	Xueze Lu	NIS, Evian Valley, Bellini Xianlin																																													
Hexi	东宝路	Dongbao Lu	Sinoconnexion Ltd																																													
	富春江东街(西)	Fuchunjiang Dong Jie (West)	La Defense Food Street																																													
	建邺/江东万达广场	Wanda Plaza (Hexi)	Hexi Wanda Shopping Centre																																													
	江心洲	Jiangxinzhou	Jiangxin Zhou Island																																													
Jiangning	奥体中心(东门)	Olympic Stadium (East Gate)	Olympic Stadium, Fraser Suites, The Central, Brisk																																													
	卡子门	Kazi Men	HEA																																													
	南京南站	Nanjing South Railway Station	Airport Metro																																													
	胜太路	Shengtai Lu	BSN																																													

### Notes on using The Nanjinger Bus Table

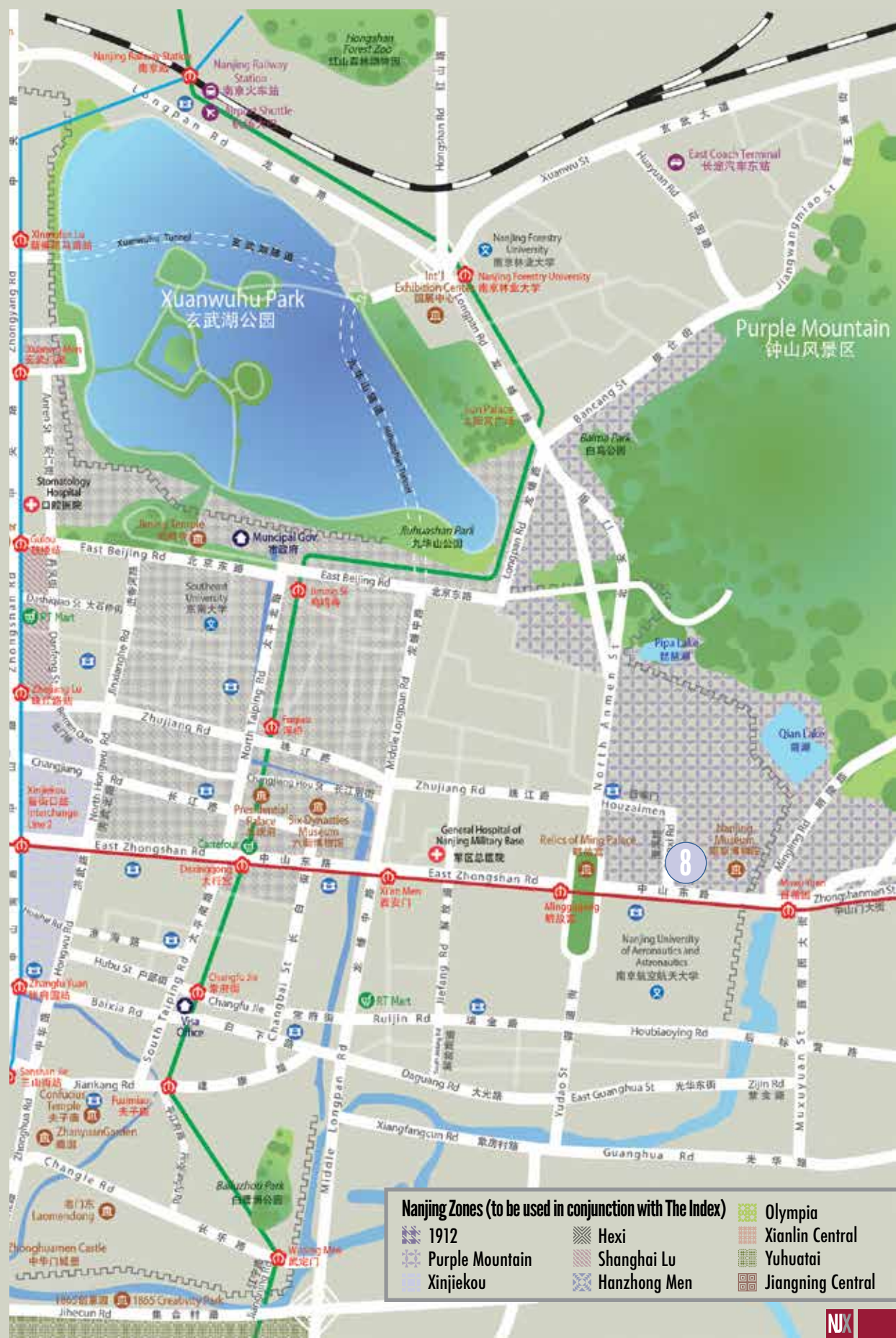
This handy bus table is a cut down version of the entire Nanjing public bus system that focuses on parts of the city of interest to expats. If you are looking, for example, to travel from your home in Xianlin to Nanjing Railway station, look at the Xianlin area of the table (orange), then look to the right to see which lines run between the two locations. In this case number 97. Easy, huh?





# Downtown Nanjing







# Jiangning





# Xianlin

## Premium Partners



1



2

The British School of Nanjing



3



4



5



6



7



8



9



10



# Olympia



## FOOD LABELLING & FAIR COMPETITION

■ The wide and important field of food safety law has been recently explored, analysed, studied and explained all over the world. As a matter of fact, this particular branch of legislation is one of the few in which doctrine is not divided into distinguished schools of thought.

### China vs. USA

In the two biggest Countries; PRC and USA, solutions utilised to regulate food labelling are different. In China, the State is invested in a paternalistic control over citizens while in the USA, the lobbies govern (as with much else) how the food market operates. No matter; the results are identical in the visuals of the labelling, where citizens, in both countries, were (and often, still nowadays, are) not properly informed.

### Confucius vs. Lobbyist

In other words, changing the point of view from the political and economic to those of citizens, neither a Chinese consumer nor an American consumer enjoys accurate information regarding their foodstuffs, meaning neither are free to choose their own diet, take risks according to their own feeling, select which product is the most appropriate for the growth of their children, etc. Expanding on the aforementioned principles, the Chinese system deems it appropriate to operate exemplified choices for its citizens, operating from the assumption that knowledge is held by the rulers (in a revised Confucian political philosophy) and not by common people. On the other hand, in the American system, liberal in its declarations but dominated by other kinds of bureaucracies, In particular (not the political, but) the lobbyist types, such choices are made by the ruling economical powers. And while China's power choices are aimed at protecting the health of citizens, as a parent protects the health of their own children, those of the US are aimed at "protecting an uncovered unfair competition", as pointed out by consumers' associations.

### A United Humankind

Those two visions, so far from each other in approach, share a common feature; one system protects the health,


the other the competition, but neither protect both fundamental aspects.

Another area with common ground, not only between China and the US, but all of human society, is that of the importance of a functional food labelling system, in which public administrations set forth general rules, companies comply, citizens control and tribunals protect.

Food labelling's peculiarity is the development of a unique issue for two main reasons and legal goals; on the one hand, informing consumers by providing a complete, non-misleading, truthful, etc. labelling system that means ensuring the truthfulness of the quality of the food it represents; on the other hand, ensuring fair competition.

These considerations lead us to the core of the labelling regime; a system of "subsidiary controls", in which the State issues general rules with the will of protecting the right to healthy and fair competition, the companies act as issuer and the consumers act as controllers, all in full respect of the principle of subsidiarity.

In this way, trusting consumers' knowledge and opinions, a good labelling system shall mean a good system for the food law itself. Syllogistically, indeed, if it is true that the label shows the content (and this task is given to the legislator and the enactors) and, at the same time, that the label is truthful, then the content is also truthful.

Furthermore, in a proper labelling regime, no company would logically be able to provide false or misleading declaration, as this would mean a (marketing and procedural) failure of the company. In other words, a truthful, complete and non-misleading label shall mean a higher level of respect for human health and fair competition. 

#### Disclaimer

This article is intended solely for informational purposes and does not constitute legal advice. Although the information in this article was obtained from reliable official sources, no guarantee is made with regard to its accuracy and completeness. For more information please visit [dandreapartners.com](http://dandreapartners.com) or WeChat: dandreapartners.





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