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BY NANJINGEXPAT

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Introducing some of our contributors, writers and editors

Our Editor-in-chief and Music Critic, Frank Hossack, has been a radio host and producer for the past 30 years, the past 22 of which working in media in China, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

贺福是我们杂志的编辑和音乐评论员，在过去的30年里一直从事电台主持和电台制片的工作。在中国有近20年的媒体工作经验。工作期间他曾经四次获得过纽约传媒艺术节大奖，分别是世界前40强节目奖，最佳编辑奖，最佳导演奖以及最佳文化艺术奖。

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Matthew Stedman has spent years living and working in China. He has sold Chinese tea in the UK, and loves discussing the miraculous leaf with new (and suspicious) audiences. He however never feels happier than when researching the product here in beautiful South China.

Mathew Stedman在中国生活工作了多年。多年在中英两国从事茶叶贸易的他，喜欢和新读者讨论神奇的东方树叶（虽然有时他的读者保持怀疑态度）。没什么比在美丽的江南走访品尝各种茶叶更让他开心的事了。

Legal contributor Carlo D'Andrea is Chair of the Legal & Competition Working group of the European Union Chamber of Commerce in China; Shanghai Chapter, Coordinator of the Nanjing Working Group of the Italian Chamber of Commerce in China and has taught Chinese law (commercial and contractual) at Rome 3 University.

法律作家代开乐担任中国欧盟商会上海分会法律与竞争工作组主席，中国意大利商会劳动集团的协调员与曾经在罗马三大担任企业咨询课程中中国商法、合同法的课程教授。

Roy Ingram has over 25 years experience working as an artist and Creative Director. His early career was with agencies in London but for the past eight years he has lived and worked in Nanjing.

Roy先生有着超过25年的创意总监和艺术家的工作经历。他早期的职业生涯是在伦敦的一家机构里开始的，但是在八年前他决定来到南京生活工作。

Plus a cooperation with Nanjing University

Contributing editor Ken Ellingwood is a former foreign and national correspondent for the Los Angeles Times and author of Hard Line: Life and Death on the U.S.-Mexico Border. Teaching Journalism at Nanjing University's School of Journalism & Communication, he coordinates a program that gives students experience in the real world of publishing through writing work to appear in Nanjing Expat's stable of English media.

特约编辑 Ken Ellingwood 之前是《洛杉矶时报》的国内外通讯记者，同时也是“死亡地带”的作者：描述美国与墨西哥边境的生存与死亡。他目前在南京大学新闻与传播学院讲授新闻学，通过长时间合作，Nanjing Expat 已经成为南大新闻系学生实习基地，很多稿件将由他带领的南大新闻系学生团队完成。

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Here's to you, Mrs. Robinson

The end of an era for some; the upcoming summer break shall witness the annual turnover in Nanjing's foreign population. To those departing, we say a friendly "cheerio". That's as in, "see you later", for we warrant you will be back. China's not finished with you yet.

On that subject, we recently run across a couple who graced the pages of this fine publication in its first ever issue, almost six years ago. Catch up with them, the interim and meet more like them, in "Flash Back" on pages 30-32.

In this issue, we also welcome two new writers to our stable of talent. On the one hand, we have finally got our filthy mits on someone who knows how not to burn a steak, providing opportunity to introduce a Chinese cooking column ("Stir it Up" - p18); while on the other, Myer Amer dons hat as The Nanjinger's new sports columnist, with a rite of passage to write about American football in China (p22-23). Tough test.

It is also that time of year when we welcome students from Nanjing International School's Grade 10 for their Work Week at The Nanjinger. This year, Shelley Chen, Neha Kasturi, Sarah Nappi and Juan Andrade Calderon together tackle both words and pictures for this month's feature stories, from page 10.

Welcome to "Graduate" from The Nanjinger.

Memories of Graduation

There was no ceremony then for us;
No cap nor gown, no speech, no passing on
Of timeworn man-to-man instruction- just

A piece of paper, sent second class post:
“Congratulations you have passed.
Keep in touch.”

But in our hearts we knew we
had then graduated
To men from boys, survivors of that three
week tour of duty
On the tension infused battlefield: the ex-
amination hall.

With stifled coughs, and rapid rustlings,
Silent screams echoing under watchful eyes
Of masters and the fallen, names
emblazoned gold upon the walls.

Nonchalantly then we burned our old
school ties,
Gently folding one with emergent reverence
For the hallowed halls we had
so casually trod

On our passing through to greater things.
Still we trust the words etched
on our hearts:

Forti Nihil Difficile-that is, save letting go.

By Maitiu Brallaghan



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By
Juan Andrade Calderon

THIRD DEGREE GRADUATE

In Chinese society, the great cultural importance put on education cannot be overstated. It is what most children have their lives based around; witness the many teenagers coming home on the metro late in the evening after cramming and other extra clubs. As a result of the social pressure to gain a tertiary education, the number of graduate students aged 25-34 in China is expected to triple by 2030, a trend that has given rise to "Gaokao (College entrance Exam) Factories"; military-like schools training their student body to achieve top marks in the Gaokao.

Not only is the quantity increasing, but the quality of these students is also on the up; 2013 figures showed 40 percent of students majored in STEM topics (science, technology, engineering and mathematics); new and innovative careers with many opportunities as a result. So it is no surprise that when the Gaokao begins in early June, students rush and fight to get their name on that coveted list declaring them eligible to attend one of the many quality public universities; some may even go abroad to a famous foreign school. Last year alone, there were 9.42 million students taking the university entrance exam. To better one's education is natural; there are no age restrictions

on the Gaokao, so even adults seeking higher education in a good college may take the exam, as long as they have legitimate student status.

In China, the attitude towards public colleges is almost the opposite from that in the west, where public or community colleges are considered of below-average quality; in China they are regarded as excellent higher education. As public colleges are backed by the government, a college must be of a very high quality or have a certain prestige for the government to decide to support its growth. These institutions are what most students who pass the Gaokao look forward to as their future. This same attitude puts China in competition with the US in producing high-quality technicians and scientists; the rise of the better-paid, innovation-led workers may even lead to China phasing out their economic need for sweatshops and industrial factories.

Once the students have passed the exams, they are more or less categorised by their scores, which in turn dictates which university they shall be able to attend. The 一本 (yi ben) students, or first-degree students, are the ones who performed exceedingly well in

their exams, allowing them to have many options. An yiben student's intellect might even lead them abroad to prestigious universities such as Harvard or Yale. The students who also did well, but not to the same level as the yiben, are the 二本 (er ben), or second-degree students, who shall be eligible to enter well off public universities, such as Nanjing's own Nanjing University, among many others.

They pack their bags, prepare their books and think about what their shining future holds. If they failed the Gaokao, they can re-take the exam the next year after repeating the senior year of high school; though it is painful, they may still be able to achieve their dreams and goals. But what if they did not pass the entrance exam the second time, or simply do not want to take the exam again? What if they don't have the grades or the sufficient funds to travel abroad?

For these 三本 (san ben) students, a new option is becoming more and more popular; attending a private college. These institutions will take on any student with sufficient financial backing, and educate them until they receive their diplomas. These private colleges have been on the rise in recent years. However, while these degrees are useful, they have their limitations too.


As private colleges are often funded entirely by student's tuition fees and have no government financial backing, they do not offer as high a quality of education as public universities. With some of the "san ben" universities charging twice the tuition of a public university, to only offer a less credible degree, it is not surprising that there is also explosive growth being seen in attendance at vocational colleges.

As elsewhere, students at such institutions are taught the practical skills of blue collar and white collar

jobs, rather than theory. While this can be advantageous; students can gain sufficient skills and practice to find a job from the moment they graduate from the institution, as well as the necessary skills to be successful at that job, the lack of theoretical knowledge occasionally prevents them from moving up their respective job ladders. Furthermore, they would be unsuited to many jobs above blue collar level, and would struggle in management office environments.

For these reasons, and the necessary pride associated with having a degree, the "san ben" universities remain less of a choice and more a lack of options. The third degree graduates may not realise it, but they are a valuable asset to the economy. The rise of China's private colleges stimulates the country's value and economic growth by providing tertiary education for the masses.

It must be noted that a private college degree is far, far better than no degree at all. Whereas a student could live comfortably on the jobs that can be attained from a private university degree, those lacking any credentials after high school will find it exceedingly difficult to find any job offering more than the minimum wage. Moreover, third grade graduates can also apply to do a masters in the first or second grade universities to finish their education and improve their lives. In addition, on a practical level, private schools are essential because there is sometimes simply not enough space for all of the first grade students; they must instead attend a private university because of insufficient accommodation in their public counterparts.

These "sanben" students may feel inferior, but they are helping China and themselves to grow, with the effects of their passion showing through on a global scale. 



CHOICES BETWEEN REALITIES

By Shelley Chen

Did you think about life after graduation before graduating from college? Lots of students in Nanjing Normal University have. The word “graduation” is a symbol of choices to be made; the start of something new.

As there comes an end to the beautiful life as a student, it is also naturally a time for reflection. We think back to the ugly uniforms which we had to wear, the imitating of some Chinese teachers’ local dialect, or the rushing to the dinner hall the second the bell rings as if we had starved for years. Graduation means to turn what was once part of life into memories. Somewhere down the timeline, those memories become dreams, as the door to the adult world opens and we step out from under the wings of a safe community to face everything that is all too real.

When this correspondent asked college students about the expectations their families had for them, all of them stated that “to have a good life” was uppermost. While some parents still hope their offspring shall become graduate students, so as to have more opportunity for jobs with better pay, it is the students themselves who make the choices. In The Nanjinger’s focus group comprising students with a sports education major, a certain pragmatism in their choices was very evident.

Professor Liu Dongcheng holds a doctoral degree in sports now teaching economics in Nanjing

Normal University. Having been teaching there for over 10 years, he noted, “Back then, when I graduated from university, we couldn’t choose jobs. The jobs were all distributed to us by the government in the fourth year of college”. With vocations allocated based on a student’s major in college, the word “graduation” was digestible for Chinese university students as it represented fewer choices to be made. When the government changed regulations to make it optional for students, it created more people with ambition, most of whom choosing to find a job themselves or to go back to university to learn, but some choose to make their own career. This led to an opening of multiple choices after graduation.


Nowadays, partly because of population growth in China, it is even harder to find jobs. More students choose to opt for a steady job which offers them a regular salary. Professor Liu refers to the “iron rice bowl”, the symbol of a job for life meaning that one will never be unemployed in China. Student Lin Pengfei is an advocate of the iron rice bowl, mentioning, “I want to go back to my home town to be a PE teacher. It is a steady job and I will have normal holidays like summer holiday to have other working experiences”. The need for survival and the importance of starting a family felt by the Chinese means, when graduation comes, dreams are often defeated by reality. Another student, Huo Liang, said, “I have thought about going abroad for future learning

in the first year of college, but many aspects made me change my mind".

On account of pressure and the need for a steady job, many graduates do not have a job based on their major. "Nowadays, students are in a contradictory situation", Professor Liu describes of their predicament. They admire and long for the idea of starting their own career, but their minds also lean toward working as a civil servant where they can actually see their future with a family, little worry about basic needs and a bit of amusement once in a while with the people they love, perhaps travelling to another country to spend their summer.

These days, becoming a teacher, doctor or public servant has become the top choice for college students. Another PE major, Chen Xu said, "I want to be a graduate student. Staying in school for a longer time allows for a better opportunity to be a public servant which has a steady and higher salary". Some parents agree. Student Shao Zhenzhu said, "My father wants me to be graduate student". Yet the reality may be very different. Professor Liu continues, "Going back to study after university does not necessarily mean a better chance of a decent job, at least for PE majors". Being a graduate student does mean a higher educational background but it also turns one into a job applicant who is older and with little work experience.

Age is a big problem, especially for females, and when coupled with the lack of experience it can lead to a lower salary or less opportunities for work. Professor Liu showed his wisdom when he said, "The career choices are different for different majors, and sometimes it depends more on luck to get more and better opportunities".

Tellingly, the focus group students were asked to use a short sentence or a word to describe how they feel about graduation. Lin Pengfei described, "the start of a new journey", for there are still things to learn and challenges to face. Shao Zhenzhu mentioned, "plentiful", and stated, "I want to get a steady job like a trainer of a private gym close to home and soon start my own family. Being a trainer allows me to know more people which can help broaden my views". Finally, Huo Liang simply said, "change", in recognition of the pressure he might face from a prospective mother in law. He concluded, "I don't really have a goal; after graduation I might even start by looking for a job matching my major". 



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GRADUATES X PAT XTES

By Sarah Nappi

With an increasing number of high school graduates deciding to attend university, it is those that spend their high school years immersed in the multicultural world of international schools that prosper greatly. Despite some aspects of an expatriate life that can be considered detrimental, it is international schools that truly prepare their students for life in university and thereafter.

A student that attends a school with a homogeneous student body will assume his or her own truths to be true everywhere. The surroundings of students with comparable experiences and similar backgrounds allows a student to make such an assumption. There is simply no one to disagree. An international school teaches its students that these assumptions are often incorrect, or simply too narrow. A student from the United States of America may have grown up believing that their opinion is fact, but when arriving in a classroom with students from a dozen different nationalities and all with greatly diverse experiences, those “facts” become a lot shakier. Students then know to question the “facts” they are presented with. We often take open-mindedness to mean being open to receiving new ideas, but it is a mark of a truly open minded person to challenge the ideas presented as general truths before requiring another to ask them to make such challenges.

Nanjing International School Counselor Scott Langston provided this interesting observation from watching his own students. “At an international school, your friends don’t necessarily think like you, they challenge your thinking. I think international school students stop making assumptions because their thinking is chal-

lenged like that. They wait to find out about someone rather than making quick judgements.”

Another quality that was specified as coming from overseas time was confidence. This comes from former students. British national Sarah Henton graduated from Bangkok Patana School, before returning to the United Kingdom for university. She has since gone on to earn a Ph.D. in volcanology at the University of Fairbanks, in the U.S. Although she says her first years in university were difficult, due in part to reverse culture shock, she said, “I am not afraid of moving far away from my family and I am not scared by new challenges in new places”. The confidence instilled in her from her eight years at an international school has led to her feeling comfortable in unfamiliar situations.

Like Henton, Carlos Andrade found his confidence to have grown, resulting from his time abroad. Andrade, a high school graduate from Taejon International Christian School in South Korea and a university graduate from the Culinary Institute of America, spoke briefly on his experience. “I became much more extroverted in that environment”,s he wrote, “and so when I moved to New York for university, I wasn’t fazed and it was easier for me to blend in.” Ecuadorian-native Andrade then elaborated upon how, when he first moved to South Korea, he experienced culture shock, but because he had that time in Korea, his transition to New York City was seamless.

Other qualities named were tolerance, curiosity and having a global perspective. These qualities all aid in the students’ time in university. A final

trait that seemed to be brought up by all former international school students is the sense of independence that was cultivated by their time abroad. This independence, along with their adaptability, made adjusting to a new life relatively smooth. Nicholas Monahan, an American graduate from the New International School of Thailand and university graduate from the University of Virginia, told *The Nanjinger*, “Adaptability that time at an international school can teach you helps”, in response to what living abroad did for him in terms of transitioning to university.

International schools are able to instill all of these qualities in their students for a few reasons, but former students and faculty alike agree that international schools offering the International Baccalaureate Program are an excellent means of preparation. The IB Organisation is “a non-profit educational foundation” with a “hard-earned reputation for high standards of teaching, pedagogical leadership and student achievement”, or so says the IBO website.



Langston discussed the significance of the two-year Diploma Program, in which there are a few required assignments for graduation, such as the Extended Essay. This assignment is highly unpopular among current students, according to Langston, but almost unanimously, university students look back upon the assignment favourably for its role in preparing for university.

Despite all of the positive qualities that come from growing up abroad and attending inter-

national schools, the drawbacks can have quite an impact as well. For one, the instability that almost always accompanies an expatriate life style can be difficult to cope with. This is both on a short term and long term level. Students can be in international schools for many reasons, but copious amounts of travel is almost always a factor. Parents travelling for work may require children to be pulled out of school for short periods of time, or even full terms. This can impact the unmistakable quality of a consistent education. In the longer term, though, a childhood of uprooting can have long lasting consequences. Associate Professor of Psychology at the University of Virginia, Shigehiro Oishi, says, “We know that children who move frequently are more likely to perform poorly in school and have more behavioural problems. However, the long-term effects of moving on well-being in adulthood have been overlooked by researchers”. In Oishi’s study, adults whose childhood consisted of moving consistently reported less satisfaction in life. This may be due to the fact that these adults often report fewer quality social relationships or possible links between general health and living in undeveloped locations.

In addition to the instability and consequences that can be caused by living the expatriate lifestyle, there is the simple question of timing. The older the students get, the more difficult it is to transition from school to school. International schools are well equipped to deal with such migrations, but it can still be highly demanding on the students. Moving in the middle of the term makes an academic and social transition even more challenging.

University is of course an important milestone in the academic careers of students. Success in university often directly impacts later life achievement. International schools prepare students around the world by developing qualities that will serve them later in life, qualities such as confidence and open-mindedness. International curriculums improve, or hone, students’ critical thinking skills, and also promotes other characteristics that serve them well in university and beyond. Despite the drawbacks of living as an expatriate, the advantages serve former students well as they graduate and begin the rest of their lives. **NIX**

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Stir It Up by Ella Fisher

GARLIC BREATH

■ I know when I first arrived, I fell into the routine of eating out for every meal. An idyllic lifestyle; being served beautiful authentic Chinese food without having to do anything at all was an affordable luxury! Yet a few months down the line it began to feel monotonous and my lifestyle became unsatisfying. Eating out was taking my enjoyment away from Chinese food, to the point where I didn't want to eat it anymore.

I thought to myself; why am I wasting an opportunity to learn how to create these dishes at home, when I have all the ingredients readily available and all these dishes from which to reference. I am not going to become a lazy expat and neither should you! It is time we learnt how to cook dishes with the flavourings that we expect to taste in authentic Chinese cuisine. I will start with my favourite. Garlic.

A staple in any Chinese kitchen, garlic has been used for over 5,000 years and is known to have medicinal purposes. Mainly used within stir-fries, it is normally chopped or sliced finely to ensure taste is throughout the dish. A flavour from which there is no escape, it can taste both hot and very sweet depending on how you cook it. It is so addictive I can't live without it! A dish very popular with expats heavily featuring garlic is sautéed garlic green beans (干煸四季豆). I have never seen this dish anywhere else on a takeaway menu, but you can find it in pretty much every restaurant here and it simply tastes amazing!

Here we go!

- 200 grams (2 handfuls) green beans; trimmed at both ends
- 2 tbsp of cooking oil (any oil apart from sesame is fine)
- 3 garlic cloves chopped
- 1 tbsp light soy sauce
- 1 tbsp honey

Now all of these ingredients are easily found in most Chinese supermarkets and some are labelled in English too, so you do not have to worry about looking confused and lost! Now it's time to cook.

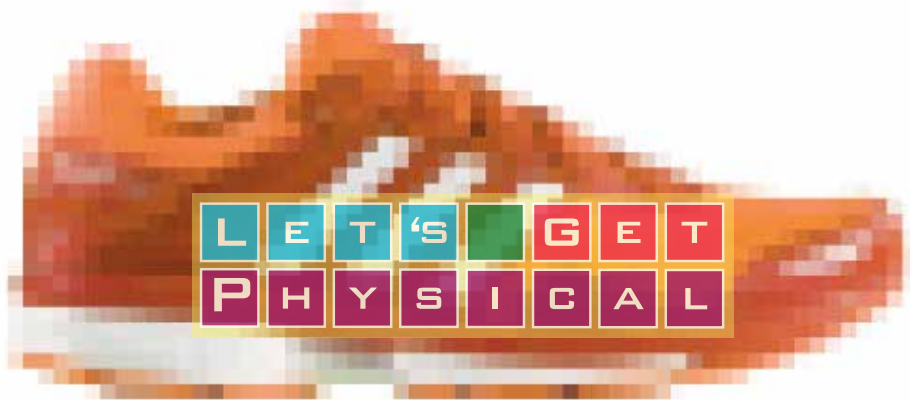
To start with, **DON'T BOIL THE BEANS IN WATER!** When I tried it this way, the beans turned out to be waterlogged and lost all of their texture and flavour. It was pretty disgusting. So, get a wok, turn on the stove on a medium heat, pour in the oil and wait until it is hot enough; you will know when it appears to resemble water and it coats the bottom of the pan when you move it around. Then put in the beans and add a pinch of salt. Lightly toss the beans and turn them every once in a while. Don't be afraid if the beans start to colour. That's what you want to happen! They should turn slightly brown, shrink a little and become tender. I found that leaving the beans to cook for around 8 minutes tenderised them enough. Any longer and they turned to mush!

When the beans are tender, turn the heat to low, add the garlic and stir regularly. You do not want the garlic to brown! Watch carefully and keep cooking until the garlic has softened and is beautifully fragrant.

After that add the soy sauce and honey. Gently cook until the soy and honey have reduced. It should take on a glaze like consistency and coat the beans.

How easy was that? You can add chillies if you want some heat, but I must say, I found cooking this dish extremely easy from start to finish. It was stress free cooking and tasted very similar to the green beans I eat in Chinese restaurants; a great end result! Why don't you give it a try? Break out of your routine and make this a staple dish in your own kitchen. Will you accept my challenge? **NUK**





The Core; Back to the Cheese Aisle

With Nick McBride

Core Blimey - it's that time already!

After weeks of is it or isn't it(?), I think we can say that summer is here. Not least because it's the time of year where in a matter of moments, the expat crew will be evacuating off for holidays. Where did the time go? After weeks of routine involving desk sitting, school runs, grocery shopping, meetings and all the other things that go into making up the fabric of our lives, it's time to shake it off, stretch out and break free. Previously, at this time of year I've talked about trying new exercises and maintaining health over the heady days of summer. This time, instead of thinking about overall health and well-being, I'm going to target one very specific area... THE CORE.

Many people have a weak core and yet this is the foundation of nearly every movement; lifting, pushing, twisting, pulling. Having a strong core is the foundation to doing strength exercises well and, more importantly, being strong and fit to live your life. Make this the summer you strengthen your core, ready to come back from the summer fit for everything life will throw at you... except maybe airport delays, mosquitoes, returning to your desk and that first time you enter the supermarket in China, after weeks of strolling the cheese aisle in your home town. Nothing can prepare you for that.

So, how do you know if you have a weak core? Some indicators could be lower back-pain, poor posture, bad balance (can you stand on one leg, with your eyes closed for at least 10 seconds each side?), general muscular weakness when it comes to actions like punching, throwing and kicking (Try it now with your partner. Kidding). Finally, can you plank for at least 50 seconds? If you want to know what the correct form looks like, look up the guy who just broke the world record in China by planking for over 8 hours. That should give you enough time to work out how to do it properly. New mums, people with back problems and desk dwellers, be mindful and make sure you build up your core strength carefully and with an awareness of your posture, form and any pain.

For beginners and experts alike, Yoga moves are a great place to start building your core strengthening regime because they range in difficulty and can often be

differentiated for different levels of flexibility and strength. I would highly recommend joining a yoga class wherever you find yourself, if you can. Even if you only go once, it will give you some base moves that you can practice on your own.

Once a week is not enough though. Aim for four times a week, five times a week is great. Three times a week is minimum requirement! Pick five exercises from this list and be sure to mix up the exercises each time. Do three sets of 20, or as much as you can do initially. Aim to extend your work out by one set a week over a period of four weeks. Finish your sets by doing a plank for as long as you can hold it! Make it a measure of how well you are doing by seeing how much you can add to your planking time over the four weeks.

Bicycle Crunches

Russian Twists

Reverse Crunches

Flutter Kicks

V sits

Windshield Wipers

Bird Dogs (I'm not responsible for the names!)

Glute Bridges

Leg Circles

Superman Plank (hold for 20 seconds each side)

Star Sit-ups

You can literally do this anywhere.... so no excuses. Bash it out first thing in the morning before a shower and then it's done and you're free to go for your stroll down the cheese aisle. Have a great summer everybody! **NUK**

Great Exhibitions & Not So Great Exhibitions

■ “Curating” is one of those words that for a long time I didn’t really know the meaning of. It was not until I decided it would make a great job that I really understood.

Pretentious meanings aside (a “curated menu”, really?), curating refers to selecting, organising and looking after objects in a collection or exhibition. Curators in museums arrange permanent and temporary displays, and play a hugely influential role in the understanding and perception of one culture by another. They read the storybook to us through objects.

It is no easy job. Living in China, cultural misunderstandings are a part of daily life; often hysterical, sometimes just frustrating (why is there mayonnaise on my fruit salad?). Curators help in some way to bridge this gap, but all too often their contribution is taken for granted. We do not go to museums to challenge what is wrong; we go to learn things that are new.

The information fed to us in museums, however, is laced with a sense of authority, even if it’s not entirely trustworthy. Exhibitions and displays can be as much about presenting another culture as they are about projecting one’s own. The British Museum still has labels to this effect; “this object was rescued from damage by British soldiers during a punitive expedition”. More like, “Britain invaded and ruthlessly stole their treasures”.

Chinese art has always been a thing of fascination to Western cultures, but changing attitudes towards the country go hand in hand with the perception and appreciation of its art. In 17th and 18th century Europe, China was bound up with exotic and enchanting images, relying on the accounts of Jesuit missionaries which spoke of vermilion walls and rooves paved with gold.

This gave way to Chinoiserie, which took the people of Europe by storm. Impressions and ideas of Chinese design were readily incorporated into every art form, from painting to ceramics, gardens to architecture and interior design. Chinoiserie in fact also included Japanese and Indian designs, as they were indistinguishable to


most at the time. “A blue and white plate decorated with a made up Chinese story? Yes please.”

But all was not *famille rose* for long. In Britain, two subsequently unsuccessful trading trips to China by McCartney and Amherst led to increasingly negative images of China, further augmented by the First and Second Opium Wars of the 19th century.

Presented in the press as unruly and barbaric, attitudes towards Chinese people eventually fed into opinions of their art. Once worshiped for its unparalleled beauty and sophistication, Chinese art became viewed as static and unprogressive.

Between the Opium Wars in 1851, China, quite understandably, refused to lend any objects to the Great Exhibition in London which drew an unprecedented number of visitors from around the country. The exhibition displayed objects from around the world, arranged according to Darwinist theories of evolution and hierarchy among races, with Britain as the most innovative and progressive nation. A haphazard display of Chinese objects was gathered from British collectors and dealers and did little to truly represent the great craftsmanship and artistry of the Chinese, nor draw the attention it deserved.

Much has changed since the Great Exhibition of 1851, and exhibitions of Chinese art today are increasingly frequent and popular, not least to mention the recent global emphasis on the Chinese art market. Museums and curators are constantly discussing and challenging how to represent other cultures. They are opening up about provenance and in some cases even repatriating objects.

Yet, as a curator you are not always going to be right. Art historian Virginia Bower recently spoke at the Nanjing Museum of her 30 years curating Chinese art in the US. She learnt from early on in her career that as a curator you must trust your reasoning, but you must also forgive yourself when you are wrong. 

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Tackling New Boundaries

Football in China? You mean the one that is not played with your feet? These are the startled questions that came to mind when I discovered this sport exists in China. I pictured a bunch of skinny, introverted Chinese men running around tackling each other and it just did not add up, so I had to go see for myself. Turns out my imagination misled me, and I was watching a group of 30 or so Chinese men with the stature of a bodybuilder learning to embrace the wonderful sport of American football. In past years, China has not been known for their talent in team sports but rather the individual. Although, since Xi Jinping's time in office, he has pushed the agenda on sports and brought many international stars to the CSL (soccer league), CBA (basketball league), continuing to bridge the gap between China and foreign nations through sports. Now, American Football is starting to tackle its way into China and from what it seems, has a very bright future.



James Fitzgerald is head coach of Nanjing Diwang, the city's first American football team, and a master's student at the Johns Hopkins Centre in Nanjing. Yet, his involvement with the sport dates back three years to his time spent a little further west, when he de-

veloped the Chongqing Dockers and co-founded the first fully padded American football league in China (AFLC). Another league, the Citibowl was developed a year later.

Fitzgerald commented, "The Citibowl was developed for younger teams like ours, who are not ready to compete at an intense level and are still learning the game. Beijing, Shanghai, Chongqing, Guangzhou, Suzhou, Nanjing, Chengdu and Shenzhen were all bold enough to take part in this movement and are now established cities in this sport."

Nanjing Diwang, which actually translates to emperor in Mandarin, was established in 2014, and now has approximately 40 men on its roster, most of Chinese ethnicity, all looked after by Janne, the team's physio. A similar pattern is emerging all over China. From five or six teams at its founding, it is an illustration of the rise of the game in China that there are now 70 to 80 amateur teams trying to fight their way into the AFLC.

In other developments, there has been the creation of the CAFL which deals with competitions between universities while the NFL is beginning to push their way into China. It seems that it is only a matter of time until there is a professional American Football League in China.

How much time? On the charge that China cannot play team sports and its athletes only excel in individual disciplines, Fitzgerald counter argues, "American Football is a sport that requires the utmost teamwork, there isn't usually one star that can carry a team single-handedly to a championship. That being said, we have seen them [the Chinese] advance from be-


ing individuals to becoming a unit of men who know how to work together towards one common goal, or touchdown rather.

We have also seen many of them change from small shy boys, to large confident men who walk with their heads high,

and that makes me proud to know that I have made a difference in these guys lives” .

Fitzgerald also sees a future for the sport that very much follows the precedent set by the NBA many years ago; “We are going to breed a Chinese super-star, he will make his way to the United States and play at the professional level and become famous as being a mainland Chinese American Football star. I also believe that the collegiate level will help some men receive scholarships to play at popular football universities in America and from there the possibilities are endless”.



Being an American expat living in China this move excites me and gives me hope for the future of U.S.-China relations. The term Ping Pong diplomacy was coined after the many years for which China and the US were not on speaking terms, until there was a table tennis tournament in which the two countries participated; after China was victorious it opened up more doors for the two nations and bridged the gap. Look where we are now. Sports have been, and continue to be, an incomparable tool for communication and international relations, and with this growing acceptance of a sport dominated by Americans, the future is positively glowing. 

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By Han Dou

Meet Jacqueline Chen. A girl from my gym who always adds one more practice to her workout routine; taking sweaty selfies. Every time she flaunts her toned abs and robust legs on Weibo, her screen is sure to be filled with hearts and thumbs.

This makes me wonder; has the traditional skinny image of Chinese women started to change?

Not so long ago, an English journalist asked Netizens from around the world to Photoshop her into the standard beauty of their own country. As viewers enjoyed the process of her being transformed into a sexy Brazilian brunette or fair-skinned English lady, it may have startled some when that of China pops on screen, her having been turned into a super skinny scary-looking Chinese Barbie doll.

Surely, we can blame it on the retouching skills, but the image did have some truth to it. In Chinese culture, thin is the default body type and for thousands of years there has been collective pressure to maintain it.

For example, a slender waist is considered to be one of the most desirable features a Chinese woman can possess, no matter in what era. During the Han dynasty (202 BCE - 220 CE), many women starved themselves in order to have a slender waistline, just as Zhao Feiyan, the wife of a Han emperor, who boasted the waist of a swallow, as legend has it.

On the other hand, during the 7th century at the beginning of the Tang dynasty (618 - 907 CE), lithe athleticism was prized in women. They rode, hunted on horseback, and even competed with men on the polo field as an influence of the traditions of northern nomadic tribes.

The slender fascination goes on today, as the "A4 waist challenge" spiced up the Weibo hot topics chart. The rule is that if you can cover your waist with a vertically placed A4 paper (width 21cm), you qualify as a "Shouzi" (a skinny person). Similar challenges such as "iphone 6 legs", "one-yuan arm" and "100 yuan wrist" have ignited further debate.

Due to such beliefs held by the majority of Chinese women, many have resorted to extreme dieting to lose weight in the past. Yet, now more and more are willing to sweat it out through either running, spinning or belly dancing.

As the Wall Street Journal reported, a new fitness craze is catching on among Chinese women. Foreign sportswear brands such as Nike and Adidas see a new marketplace in Chinese women, who wish to get stronger and fitter. Young women like Jacqueline are willing to spend an average of ¥3,000 on brand trainers and neon-colored sports bras per month while working on toning their abs and legs.

In the meantime, fitness tracking apps and gadgets have also become essential in Chinese workouts. One fitness app, Gu-Dong, has over 40 million users and claims the steps all users walked in 2015 could go around the Earth 600 times. WeChat has a function that tracks how many steps you walk per day and ranks you accordingly.

However, a lady was reported to have made it to the top of the chart without much effort by bonding her phone to her dog while enjoying Korean drama in front of the TV.

Despite how it may seem, the psychology behind keeping fit is certainly not just about showing off through gym selfies and cheating your way to the top of the charts.

According to the latest data, 28 of the countries 34 provincial-level administrative units host at least one marathon every year. In 2015, more than 136,000 people participated in 53 marathons nationwide.

From the beginning of 2015 to this March, the China Sports Company made over 257 investments, exceeding 17.4 billion RMB. Fitness was the hottest area for investments.

To those 20-something women who are bleeding out in the job jungle, going to the gym or running a marathon means not only getting a better physique, but also a sense of confidence and an edge in the job market. "It's better than a cosmetic surgery", said Jacqueline who recently landed a job at a leading PR company.

As for those who are already climbing the career ladder, staying physically active helps to take the pressure off after sitting around all day in the office.

Nina Fu, an executive at a foreign trade company told The Nanjinger that no matter how busy she is everyday, she will always make time for her yoga class. "If life gets you down, do yoga. If life really gets you down, do hot yoga", posted Nina on her Weibo with a picture of her doing a tree pose with her 5-year-old daughter, which melted the hearts of many.

Motivated by Jacqueline's posts of huffing and blasting on eager workouts, I want to drop everything and head to the gym right now. If not for a better body image, getting a good selfie to post online will boost my Dopamine just the same.

Student Entrepreneurs

By Yin Fengyun

Iron clothes, fetch hangers, put them up. It seemed that Zhou Lv had done these actions thousands of times. Circling the narrow shop covering no more than five square metres for one year, this 25-year-old girl learned to run a business all on her own.

Having graduated from Nanjing Normal University three years ago with a bachelor's degree in environmental engineering, Zhou decided to open a clothing shop near Xianlin campus of Nanjing University in 2014 after working in an office for two years.

Zhou is not the only graduate who has devoted herself to entrepreneurship. Fifty thousand young people in Jiangsu Province choose to start their own business when they step out of the schoolyard, according to Shen Jian, the commissioner of education for Jiangsu Province.

The number of graduates across China was 7.49 million in 2015, which is 200 thousand more than that of 2014, through data released by the department of education. Each new year is called the "most difficult year" for young graduates in China. Increasing employment pressure, uncomfortable working environment and the desire for a freer life; all these factors are pushing more young graduates to start their own business.

"It's a hard time", Zhou said when she talked about the days when she started her business. Operating the clothing shop, Zhou had to purchase new clothes from Shanghai every two weeks. To save ¥60 per ticket, she travelled by ordinary train rather than the high-speed version, which means that she has to spend two more hours in crowded and smelly carriages.

While it may sound difficult, Zhou is enjoying every second of her current life.

"There is no man standing in the middle of the room telling me what I must do and what I can't do any more", Zhou smiled.

Wearing a pair of cartoonish round glasses, this little girl seems to have bright prospects in her future.

Wang Rui, a schoolfellow of Lv, with a major in advertising, now is in charge of

a foreign trade corporation in Nanjing. Wang was forced by her father to resign from her previous job because of the low wage. Been a script painter, Wang could earn no more than three thousand yuan every month, which made it nearly impossible to maintain a decent life in Nanjing. Life has become much easier for her since she opened her own company, with the support of her father. "Now I can make ten times more money than I did a year ago", Wang said. Although satisfied with her current life as a merchant, Wang has not yet given up the dream of becoming a cartoonist.

Back to ten years ago, graduates such as Zhou and Wang who have given up their bachelor degrees and jumped out of regular circles would be considered as ridiculous and difficult to understand. The environment is changing, however. Now graduates starting their own business have become a norm and people show more tolerant attitudes toward these unconventional young people. Since Prime Minister Li Ke-qiang took over the government, he has encouraged college students to take chances. "Be the venture pioneer, never afraid of falling. Seek knowledge in schoolyard and carve out [a niche] when you step into the society," the Prime Minister told college students when he visited Hunan University in 2014.

Young entrepreneurs are trying to keep step with the outside world, including the Internet and social media. Wang Xinkai, who graduated from Qingdao University of Science and Technology with a major of telecommunications, opened an Internet technology company in 2014, a year after his graduation.

Zhou Lv also targets her future development on the Internet. She decided to close her shop in June. By moving her physical store on to Wechat, which is the most popular social media among young people, Zhou found a new way to sustain her business. "Doing business by Wechat may be annoying to some people, but it truly has become a good marketing tool for us", Zhou explained. Decreasing the risk of failure, e-commerce has become a new direction for the ambitious graduates to test the waters.

Chen Linpei is still a graduate student studying public administration of Shandong University. But he is also running

"Chinese Dreams" stories grew from a month long journalism workshop for students at Nanjing University's School of Journalism and Communication that explored the lives and attitudes of young people in China, directed by Visiting Fellow Ken Ellingwood. Written in the students' second language, the pieces have undergone limited editing by The Nanjinger for grammar and style, but otherwise appear as submitted. More can be read online at www.nanjingexpat.com. The series runs from August 2015 to June 2016.

a campus branch of an outdoor-products company. One year ago when he went to Xinjiang Province as a volunteer teacher, he and his friends found that people in that area were fond of outdoor sports, which was not a common phenomenon in his hometown in Shandong. He experienced camping several times and felt completely relaxed during the process. When he came back to start his post-graduate life, he decided to introduce these sports to people.

“Life has many possibilities and I want to experience as much as I can”, Chen said. He added that he is determined to do this business not only to make money but also to test his ability. “The outdoor product industry has a large undeveloped market in China, but it’s really fun”, Chen said. He and his team think that there is still much effort they should make to popularise outdoor sports.

Young people are showing a character distinctive from their elder generations. They refuse life without change and sometimes have to fight with their parents, though they cannot ignore their financial support. More than 60 percent of graduate entrepreneurs get their first bucket of funds from parents, according to data released in 2014 by Max, an educational consulting company. It is not easy to find a real investor for a newly graduated student and accepting money from parents seems to be the most convenient shortcut. “But I stopped asking for money from them since I began to make profits”, Wang (Xinkai) said.

Zhou Lv prepared for the graduate-school entrance examination all of last year. Now she is looking forward to the coming September when she will enter Nanjing University. “But I will carry on my business”, she said, noting it is hard to keep a balance between study and business, but she would keep trying.

Wang Rui is also faced with an urgent problem. She finds that it is easy to embarrass herself because of her inability in English. Foreign trading demands a high level of English skill. Wang has to spare a few hours everyday to study English.

“What I thought was boring in university seems to become interesting now,” Wang said, pointing at the English-study mobile app on her cellphone.

It now seems more normal for college students to talk about topics of entrepreneurship. Sometimes they also experience failure. Wei Zheming, Zhou Lv’s boyfriend, who tried to open his own studio, had to give up in the end.

“There is still a long way to go,” Zhou said when she comforted her boyfriend. **NX**



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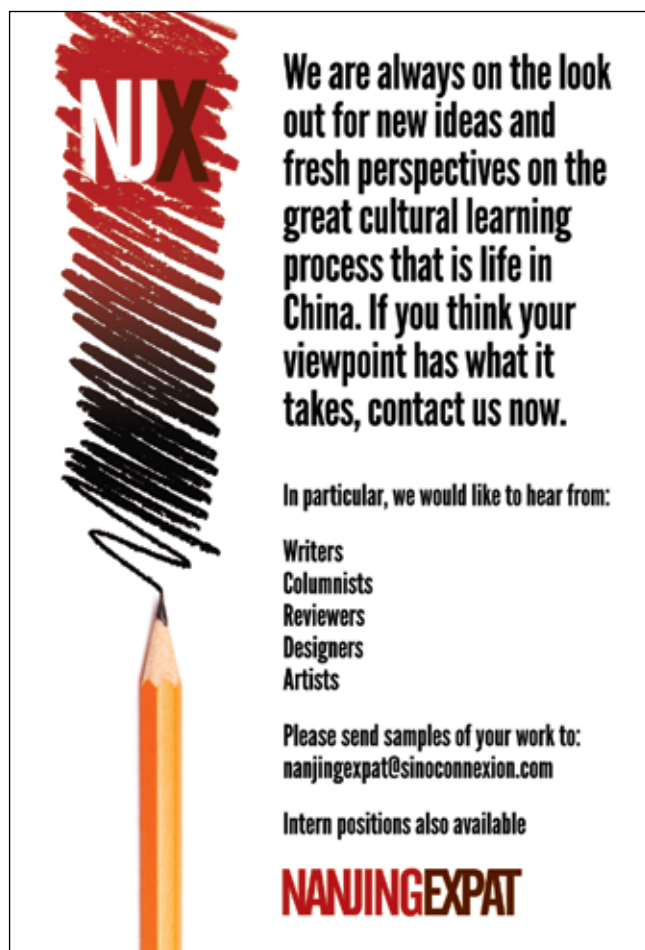
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UNLEASHED TO THRIVE

With Allan Tuan

“INITIATIVE [IS] THE MOST POWERFUL WORK SKILLS TOOL FOR BRIDGING THE CHASM BETWEEN THE INTELLIGENT, AVERAGE WORKER AND THE SUPER PRODUCTIVE, STAR WORKER.”

Robert E. Kelley
Carnegie Mellon University

The above assessment affirms what most companies already know; initiative is critical to success. Most global corporate leaders find initiative is a rare jewel among their staff. In China, these treasures are especially valuable as the country transitions from a manufacturing centre to an innovation hub.

Westerners tend to believe Chinese are unwilling or unable to show initiative, making it a radical expectation for Chinese companies to take risks and make innovations. It is not difficult to see how these prevailing thoughts developed, given the fundamental differences between traditional Eastern and Western worldviews.

Plato, Aristotle, and Socrates shaped Western worldview. Westerners derive from them a passion for discovering knowledge, understanding the true nature of things, and the dialectic approach to learning. In contrast, Confucius molded Eastern worldview. He advocated the creation of a perfect society characterised by stability and harmonious relationships, achieved by defining social classes and relationship categories.


In the West, heroes include Copernicus, Galileo, George Washington, Joan of Arc, and Steve Jobs. These people defied traditional wisdom of their time, often at great personal cost, to initiate great change. In the East, historical figure Guan Yu is viewed as the epitome of loyalty and honour. In one famous story, he is admired for obeying orders, even though he knew his superior would betray him, kill his loved ones and ultimately become the next ruler.

These differing worldviews affect the way failure is judged. That hotbed of innovation Silicon Valley is a great example of the Western (perhaps American) mentality towards failure. The common refrain, “fail early, fail fast, and fail often”, is a modern interpretation of Plato, Aristotle and Socrates. Failures, while not desirable, can reveal opportunities and result in greater knowledge and understanding, driving the trial-and-error approach to growth common in Western countries. In contrast, Chinese learn to fear mistakes and failure. Parents and teachers are quick to correct a child's

errors as a means to teach proper behaviour. Following rules is rewarded, while showing initiative is often penalised.

Although the Eastern worldviews have driven a wait-and-see approach to change and growth in China, things are changing. The wait-and-see attitude is vanishing, especially among young, urban Chinese. Xiaomi's founder, Lei Jun, took a radically new approach to the smartphone business model by selling devices in attention-getting flash sales. BGI is bringing DNA sequencing out of the laboratory with aggressive goals to organise the world's biological information. Haier's CEO, Zhang Rui Min, boldly took the risky approach of allowing their 80,000 employees to self-organise and eliminate poor leaders. Each of these examples demonstrate successful initiative in the Chinese market.

Rare jewels can be found in China. How can we encourage initiative-taking innovators so they are unleashed to thrive? First, recognise and respect the vast differences in culture and worldview. One is knowledge-seeking and change-driven; the other is stability-seeking and relationship-driven. Second, do not judge; rather, let the recognition of these differences temper your expectations and your engagement with the Chinese. Focus on communicating the consequences of various kinds of results; it must be clear failure is NOT a punishable offence, and positive results stemming from Chinese initiative will be celebrated.

Rare jewels are not only discovered, but also polished and faceted. For expats in China, understanding our contrasting worldviews can make the difference between squashing or extracting the latent initiative in the local people. A thoughtful, considerate approach to Chinese-Western working relationships can be as effective as a jeweler's touch to a diamond in the rough. 

Dr. Allan Tuan is Emerging Leaders Program Director for Chrysalis Asia, a Nanjing based firm that focuses on strengths-based leadership and WCM programs. Contact him on allan.tuan@chrysalisasia.com

Moving abroad a life of normality, comfort and predictability is left behind. Setting up shop in any foreign country is one of life's many trials; doing so in a second tier Chinese city is no less challenging. Playing host to a number of expats, ranging from students, ESL teachers, International teachers and their parents, businessmen and the lucky talented few, countless before have flourished (and wilted) at making Nanjing their home.

Stories of people arriving and turning straight back around because the shock of it all is too much to bare have been told a thousand times over. However, for those willing to open their hearts and minds to the possibilities that may present themselves, miracles can happen, friendships are forged, soul mates are introduced and a deep love for this city and its people will linger in hearts and minds forever.

Six years ago the Nanjinger published its first ever issue, which included an article on fifteen people in Nanjing who answered the question, "with three months left, what do you hope to accomplish by the end of the year?" Two of those people Summer and James are now happily married with a beautiful daughter. Summer had hoped to get a UK visa and James wanted to be able to order a meal in Chinese by himself.

Both achieved their goals. The Nanjinger caught up with them recently to chat about Nanjing life, changes, challenges and how the last six years has been for them both.

"I studied marketing at university; a lot of conversation involved how China at the time was having a massive global impact and was coming to eat our lunch! But it was a big unknown to me. So, my ambition was to travel through Asia and come to China to get a glimpse on what was happening here", said James.

Such was the case, with China having nudged her doors open to the west, she invited select "lao wai" here, to fill a large variety of "foreign expert" positions that were becoming available. We arrived in

By Renee Gray



truckloads; from the weird and the wonderful to the downright insane and the curious soul, all looking for adventure.

"I started in Sri Lanka and worked my way up through India and then Nepal. Of course, Kathmandu was a complete backpacker ghetto but no one I met was going to China. The reason as to why all those people were skipping one of the largest countries in the world only added to the intrigue", James said. "In the beginning it was pure curiosity. I find the 'Great Firewall' works both ways. Chinese people don't know a hell of a lot about the West but the Western world also doesn't know an awful lot about China.

"It was during my time in Qingdao that the magnitude of the economic recession was starting to really make itself clear. A lot of my friends were getting laid off and seeking temp work, even my own mother was telling me to stay out of the UK for a year or two!

"My plans were to work for a couple of years, save up, travel through Asia and then head back to the UK to begin a career. Of course, that hasn't happened. First the economic crash hit so I stayed in China. Then my plan was to spend a year in Nanjing before possibly heading to another city in China or country in Asia to teach, then I met Summer, so I stayed here."

"We met at Jimmy's one summer evening in June 2009," Summer said. Bars and restaurants in Nanjing including institutions such as Blue Sky and Castle Bar have long served as somewhat romantic watering holes for expat and Chinese singles.

While many expats stick around, many too may decide to leave; whether they return home or whether they move on to another country, maintaining friendships is hard.

"I used to know four other people from that first issue, but they are all gone now. That's the sad thing... So many friends have left Nanjing in the past few years; we have joined too many farewell parties", said Summer.

"I also feel it's time for me. Lots of my friends have left and it's difficult to build any kind of bond with people in such a transient expat scene. Perhaps people have a predetermined amount of time that they have in China, and I've reached mine," James commented.

While maintaining friendships is a challenge and a low for most expats, the career opportunities and avenues

to improve are definitely among the highs. "I was just starting out with teaching back then. I'm now an academic director for EF's (English First) three centres. I've also just finished a Masters in management, which has really helped me develop, too.

"I've been able to achieve a lot in terms of travel and living in another country. I've also been able to learn Chinese, which has been great and something I want to continue developing", said James.

While career opportunities in China for foreigners seem brighter to some than those at home, a western education is still sought after and widely respected, which inevitably brings life in China to an end for most couples concerned with their child's up bringing.

"I am worried about her education; my childhood was about playing football and generally messing about with friends. As a teacher, I know the pressures the kids are under here and I don't want to subject Meghan to that. Maybe I worry about how well she will be accepted, too. No matter how long I've been here and how fluent I become in Chinese, I will always be the 'lao wai'. The school playground can be the nastiest place in the world, kids prey on differences and I worry that she will be subjected to prejudice there", James said.

Summer added, "Being a teacher in China for over seven years, I have felt Chinese students and parents both have overloaded pressure from school and society. And I don't want Meghan to have her childhood filled with homework and pressure; also the PM2.5 really bothers me as well".

"Someone once told me that the more Chinese you learn, the less you will wish you knew, which is true in some aspects", said James. This can be true, the more you know the less elusive things become, ignorance really can be bliss.

"I feel like I'm suffering from a kind of very delayed culture shock ever since we travelled to Singapore last year with Meghan. Everything there is so well set up to raise a child; elevators for your stroller everywhere, baby changing cubicles, and people will give you priority for various things. It made me realise just how hard it's been to raise a child in Nanjing and some things I just can't accept", James continued.

"Being a mum has totally changed my life in many ways, the most important change is being more



Summer, Nanjing

"Get a UK visa"

thoughtful and responsible", she added.

So while our friends Summer and James prepare to move their family to the UK, some have recently returned. Like a swinging door the expat migration happens again.

Fashion designer Alex and her beau JP, who also met here in Nanjing, have recently become engaged and have returned after a few years spent in the UK.

"It was a grass is greener type of situation. After a long stint in China we missed our families and friends, right down to the smaller comforts of Sainsbury's. My girlfriend is Italian so not native to England. Our house was far from the city centre and this made it hard for her to make friends which left her feeling very isolated," said JP.

After such a long time in China, marketing yourself as a "China Specialist" in the UK when you return can work well for some, "but in my case I was travelling [back to China] more than I ever have and was away from my family all the time, it didn't make any sense," he said. "When we decided to leave we didn't think about details or make any plans, for example if you are in the UK for longer than 90 days you must pay tax, so planning to return after the tax year would have saved us a lot of hassle. Other factors like if the UK will stay in the EU will definitely influence our decisions to move back next time.

"We thought we may as well return to China where we can enjoy all the perks that come along with it, a higher salary, money goes further and more opportunities for personal and professional growth appear a lot more frequently. When we were in the UK we felt like we struggled a lot more financially and emotionally", said JP.

The biggest reason for pulling anyone back home is family, "even though I miss my family and they miss me, our life in China is a lot more enjoyable, things are becoming a lot easier now what with places like Fields, missing Sainsbury's isn't a problem", he said.

"For the time being we have no plans to move back. We have decided to have our children here and are already looking at schools. Yeah, it sucks when your nieces and nephews don't know who you are or you miss out on things like births and weddings, but you have to do what's right for you and we are happy to be back", said JP.

Living abroad changes people's lives for the better. In Nanjing alone there are so many love stories to celebrate. While its hard to see people go, let's face it; your friends become your family out here. It is always a bonus when they come back.



James, England

"Want to be able to order a full meal in Chinese on my own"



Confessions

of a Yunnan Virgin

Well, that was frustrating. I was dearly hoping that this would be the moment of my Pu Erh epiphany; a first visit to Yunnan is something I had mentioned more than once in these pages.

Admittedly, the recent break was not a full-on tea odyssey. Our location; beautiful Lijiang (丽江) - is still over 1,000km from the heart of Pu Erh county (普洱县). The closest we reached to a tea tree was from the bottom of a mountain, whilst on horseback! But this was real Yunnan – and I now know a lot more about the complexion of the region's tea than I had previously.

Fortunately, my beloved Dian Hong (滇红) was everywhere. Sellers told me something I hadn't known – that Queen Elizabeth II had visited the Province in 1986. Like many of us foreigners, I learnt, she is a firm fan of Yunnan Black tea. Yunnan likewise remains a fan of hers; my wife's horse was named 伊丽莎白 (Yi Li Sha Bai) after her. Mine was 奥巴马 (look it up!).

The highest grades of dianhong, commanding high prices, resembled fox-fur versions of the white tea from Fujian. Less tippy examples containing whole leaves (in fully-oxidised black) were also as tasty as any I've had.

There was a local "green tea" available; tea of an unappetising grey of which even the sellers seemed ashamed, urging me instead to focus on the darker teas. Remember that, from Yunnan, West Lake is three times further away than Assam.

I was usually offered cooked varieties of Pu Erh, which, contrary to my previous understanding, are


not just artificially accelerated attempts to reach the mature state of a raw Pu Erh. The cooked tea is indeed believed to improve with age. The best I drank was broken off a thirteen-year old cake, and a very mellow experience it was. Most of that liquorice bite at the back of the tongue was completely absent here.

I could recognise this as an improvement on teas I had previously tried. And I can imagine taste possibilities appearing in several directions, in better teas, perhaps. But I honestly cannot say I have received the revelation yet. The fragrance, about which our host was so enthusiastic, continued to disappoint when I compared it more aromatic categories.

I frequently heard the explanation that the altitude prevents water from remaining as a liquid beyond 80 something degrees. More aromas may indeed emerge from fiercer scaldings. Yet, this does not prevent me from thinking of this as principally a mouth experience.

Whatever further developments transpire in my palate, my perception of Pu Erh will forever be informed by these impressions of Yunnan; the tamarind, the tobacco, the dried earth and, yes, the horses!

Now, I am aware that I may be writing to pu erh fans, to people further along the journey than me. Please at least appreciate my earnestness when I confess that the definitive experience eludes me.

Pu Erh is known as the tea fan's tea, the one we all grow into eventually. I retain an open mind. 

NIX OURSPACE

Gastronomy

Selección Española; I Ham Bowled Over

By Francesca Leiper



■ Good Spanish restaurants are the kind of thing you have to go to Shanghai for (or Spain). Not to mention forking out an arm and leg. But Nanjing, quite remarkably, has its own treasure, and an affordable one. It's win-win.

Thinking at first it was named after the Spanish national football team, do not be fooled that this is some grimy old sports bar. The food is serious, and seriously good, while the service makes you feel as though you've ambled down Mercado de San Miguel to a scrumptious local eatery. You will quickly forget you are in Xinjiekou.

Our culinary adventure began with ham. This is no Walmart or Carrefour facon. This ham deserves a business class seat from Spain. Layered over a smear of tomato on a crunchy little toast, and paired with its eternal lover, cheese, this is a nostalgic kick and a revelation at once (Gasol, ¥62). Etiquette went out the window as we indulged with our hands, licking our fingers to savour every last hint.

In between mouthfuls of salty goodness we sipped spoonfuls of gazpacho (¥35). With Miró-esque splodges of balsamic vinegar, the refreshing soup was balanced in colour, flavour and acidity, topped with more of that delectable ham.

Gazpacho implies summer as does, of course, sangria. But try the Andaluz, a white wine version from the south made with soda, lime and mint. We ordered a jug (¥90) without hesitation, although I would have rather had the whole thing to myself.

Further down the comfort food end of the scale were the Manolos (¥45); boiled eggs stuffed with tuna, mayonnaise and apparently crab, balanced on a ring of cucumber for an elevating crunch. We had wanted the Spanish tortilla (¥90), but they need time to make it properly, so order a day in advance.

Then there was the Lorenzo (¥110), as if there hadn't been enough mmms and uuhs already. Charred outside and pink within, these pork sirloin morsels are so tender you can put

down the steak knife. In fact, you can put the fork down too and just tip the plate into your mouth. Fruit and meat can be an awkward pair but the bitterness of the orange and tang of the mustard complement the pork well. I am more sceptical, however, of blueberry jam which also lurks on the menu.



For lack of space in the kitchen, desserts are rather dreary, made up for, however, by the excellence of everything else. Selección Española is somewhere of which even the Shanghai food snobs can be jealous. **NIX**

Gastronomy

Japanese Cuisine by Day; Pub by Night

By Renee Gray

- A longer term trend has seen Nanjing play host to a steady growth of Japanese joints scattered about the city. What Dason Bistro has done right has been to include an impressive selection of Japanese delights that cater for lovers of sashimi, classic sushi, shallow fried meats and fish and tempura. If that doesn't fill you up try out the freshly made dumplings and salmon fried rice or opt for a delicious and sizable ramen dish.

The California roll at ¥30 was a delightfully fresh 6 piece plate. The fresh bed of thin cut salmon (¥68) came cold;

drizzling some lemon on top we enjoyed this refreshingly light summer mixture with some eel sushi (¥22). All fish comes from Shanghai and guarantees of "freshness" are assured.

Catering for every appetite, the menu is large enough to fill bellies and curb those Japanese cravings. If it's something a little more filling you're after, the dumplings (¥30) came hot and fresh with a lovely hint of ginger and the grilled marinated beef and mushroom blend simply melted in our mouths. However, the iron plate short ribs (¥68) were a fatty, miniscule and over priced disappointment.


A rather comprehensive selection of cocktails, long and short drinks, margaritas and shots feature in the drinks menu. Upon spotting San Miguel on the menu for (¥25) a pint we immediately ordered two. However, were deeply saddened when we discovered it was sold out, so settled for a Budweiser and a fruity (¥65) pint of IPA. Assurances that San Miguel would be back were made. Vedett extra white is also available at ¥45 a pint.



After 8:30pm the lights dim, the music turns up and the bar springs to life. On weekends you can look forward to live music from Chinese and foreign artists. Take a seat inside and up close or relax in one of the two seating areas outside.

If you're in need of a trim, take your pina colada and head on upstairs for a tidy up. No need to worry if your 3 pina's down, the salon upstairs; Mei Lun Shang Pin (they like to call it a "saloon" - very cool) provides on site foreign stylists and translators.

Make no mistake, this is not just your average neighbourhood Japanese joint, no no, this where food, booze and hair unite as one.

Dason Bistro is located on metro line one via Zhangfuyuan station. Address: 6 Sanyuan Xiang, Xijiekou 新街口三元巷6号. Tel: 84217148 

Gastronomy

The Uncle Pizza; Chow Down

By Tomasso L Jakob

- Business is booming at this new little pizza shop in Gulou. It is not only the very reasonable pricing that makes The Uncle Pizza so successful, it's also hands down in for the competition of the best slice in town.




Located in a small alleyway left to the wet market on Hankou Xi Lu (you will find an ICBC across the street), the shop is truly a hidden gem of Nanjing. Inside, just enough space for the kitchen, oven and chef; there are seats and tables out front and they are well patronised. Speaking of which, this is not the place you would bring your significant other for a romantic candlelight dinner; it's where you sit with friends in an alley having a chat while enjoying your pizza, salad, sandwich or lasagna. Personal favorite on the menu is the Devil Pizza (¥35), keeping it simple with spicy salami and black olives.

Talking to the owner, I learned that he aims to give overseas students a taste of home that they can afford on a regular basis. Before stepping into the pizza business, he had already made a name for himself amongst the students of Nanjing University, selling sandwiches on the campus following the same principle. Now he is thinking about serving Italian coffee at his shop. This idea might prove to be beneficial for him, not only because people love a good espresso, but also since he himself keeps his shop open until 10pm every day.



At The Uncle Pizza, expect great pizza for a decent price in a shop run with passion. What you can also expect is a small challenge to find the shop, a similar atmosphere to your local Chinese street-food places and some waiting in line if stopping by during lunch or dinner hours. The Uncle Pizza has definitely softened my sceptical view on pizza in China and if you are of a like mind, it might do the same trick for you.

The Uncle Pizza is located at Shanghai Lu Market, 22 Hankou Xi Lu 汉口西路22号上海路菜场53号.
Tel: 18012979506 

Gastronomy

En Space; En Vogue

By Frank Hossack

- Wrongly or rightly, the quality of a dining experience is about so much more than just food. That Shanghai owned En Space has guanxi sufficient to secure themselves a location that sits into the spectacular setting that is the new Porcelain Tower (Bao'en Si) beside 1865 is a huge positive first step in the right direction. Next, this is a restaurant with the added attraction of being located in an art exhibition space. Or perhaps it is the other way round. Finally, there is a menu composed in a

language intended to baffle one into submission of the advertised prices.

You get what you pay for; En Space indeed serves a quality that is virtually second to none in Nanjing. Our waitress was quick to point out the sauce accompanying the Herb Roast Chicken (500 g @ ¥98) is a special creation from their chef bestowed with a miniature symbol prescribed by Michelin was a nice touch, one that nevertheless is eclipsed by the more simple addition of fresh sprigs of rosemary.

Elsewhere, the margherita pizza (¥88) puts En Space up with the best of the best in Nanjing, the price being the only drawback, while the caprese salad (¥68) was heavy on the roasted peppers (as advertised, admittedly) and light on the mozzarella. The foie gras with toast (¥128) was the finest I have had in China and the Australian M3 striploin (¥238) a succulent treat, cooked perfectly, for once, to our bloody liking.

Given their pedigree, En Space is certainly capable of offering the kind of semi sophisticated western dining that has become the norm in Shanghai since the turn of the millenium, were it not for the random service; we were served



pizza first, followed by one of the mains, then the two appetisers and finally the other main, all at 15 minute intervals; and the quality of the staff uniforms, they being more reminiscent of those adorning workers in fast food chains.

We could have also done without the outside view of a public toilet, thoroughly spoiling stolen glimpses of the city wall through enchanting greenery.

En Space is located at 8 Saozhou Xiang 扫帚巷8号.

Tel: 18918669180 



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Everybody's Selling Something

12-15 May, 2016

The Hopeful Hearts Charity Garage Sale in May raised over ¥7,000 to "Keep the Young Hearts Beating". A big thank you to all those who donated and bought items plus the many individuals who volunteered.





Sliced Tomatoes

16 May, 2016

Renaissance Nanjing flew in a chef from Thailand, along with his authentic ingredients, for a cooking class in which participants were taught how to prepare Papaya Salad as well as Red Curry with Duck, afterwards comparing their creations with those of the chef.





Welcome to the Jungle

18 May, 2016

Students from Nanjing International School's Pre K, K1, K2 and Grade I, with direction and support from art teachers, homeroom teachers and TAs, theatre tech team and helpful parents, put on their production, "Animal Rumble Grumble", in the school's Performing Art Centre.





Govinda

20 May, 2016

While the weather was grim, the mood was very festive for "Bollywood Night", a fun filled fundraiser for Butterfly Children's Hospices at Masala Kitchen/Thai Tasty in Xianlin, comprising Indian traditions, dance performances, delicious Indian food and of course Bollywood music. Thanks to everyone involved, ¥20,000 was raised.







All Things Bright and Beautiful

23 April, 2016

The weather was largely at bay for over 900 guests turning out for this year's Summer Fair at the British School of Nanjing. With live music from student bands, innovative games such as "Eat it or Wear it" and the ever popular "Soak the Teacher", the fair proved to not only be the biggest but also the best in the school's history.





That's How Much I Care

7 May, 2016

Thanks to the Nanjing community and generous sponsors, the 16th annual Pfrang Gala was a fabulous evening of food, dance and philanthropy that drew over 270 guests and raised a record ¥330,000 to provide scholarships to students in rural Jiangsu and Anhui provinces. Photos by Nicolas Harter.





Love Care Hope

Butterfly Children's Hospices



Butterfly Children's Hospices supports the Nanjing Social Welfare Institute to provide care for children with life threatening illnesses or life limiting conditions.



For more information about our work in China; www.butterflych.org/blog

NUX THE INDEX

Many listings herein include handy codes as to their Nanjing Zone; a coloured square that assists in sourcing places of interest in areas frequented by expats. Cross reference the listings with the maps towards the rear of The Nanjinger.

About The Index

Locations that appear within The Index have been hand picked by The Nanjinger's editorial team for offering quality, consistency and service. Descriptions are written following The Nanjinger's editorial policies as regards objectivity and impartiality. The listings are not for sale.

Food & Drink

Western Bars & Restaurants

William's 威廉餐吧

Chic Hills, 286 Zhongshan Lu
中山路 286 号羲和广场一楼
85878066

Stays true to the unique cooking processes and characters that have become hallmarks of great American barbeque. Applewood log smokers subdue meat cuts hours of "low 'n' slow" smokin' heaven!

Oasis 绿洲西餐吧

133 Mingwalang
明瓦廊 133 号
83191933

Modern Western flair plus house music, stylish decor and fabulous lighting create just the right environment in which to sip a cocktail or two. Pizza, lasagna and macaroni cheese dishes are particularly popular with foreign patrons, and with good reason.

Bellini Italian Bar & Restaurant

贝丽妮
12 Nanxiucun 南秀村 12 号
52888857
#1-106, 9 Wenfan Lu, Xianlin
仙林大学城文范路 9 号 1-106 室
85791577
www.bellinirestaurants.com
Stylish and elegant yet easy in which to relax, award winning Bellini serves up an array of signature dishes and drinks. Ranked #7 among TripAdvisor's 2,600 plus restaurants in Nanjing.

Ciao Italia 你好意大利

193-2 Shigu Lu
石鼓路 193-2 号
86608807
30 kinds of pizza and more than 50 wines exclusively imported from Italy, all prepared by highly qualified Italian chefs, plus a host of other dishes.

Finnegans Wake

芬尼根爱尔兰酒吧餐厅
6 Xinanli Block, 400 Zhongshan Nan Lu
中山南路 400 号熙南里街区 6 号
52207362 / 13057623789
www.finneganswake.com.cn
A carefully prepared selection of authentic Western food in a cozy atmosphere. Upstairs in "The Malt Room", enjoy an unrivalled range of whisky from every corner of Scotland.

Blue Sky Expat Bar & Grill

蓝澳西餐厅
77 Shanghai Lu
上海路 77 号
86639197

www.theblueskybar.com

One of the original expat bars to open in Nanjing, serving burgers, pizzas, Aussie meat pies and Bundaburg Rum (Bundy). There are also weekly and monthly pool competitions, board games' nights and plenty of music you thought you had forgotten.

Brewsell's

比利时啤酒餐厅
77-1 Shanghai Lu (first place up from Guangzhou Lu)
上海路 77-1 号 (靠近上海路和广州路的路口)
58779429
www.brewsells.com
Quality Belgian drinks & cuisine in a smoke free environment. Imported Belgian draft beers and daily happy hour from 5 to 8pm; kitchen open until 11pm.

Element Fresh

新元素餐厅
A109, 1F, Nanjing IST Mall, 100 Zhongshan Lu
中山路 100 号艾尚天地购物中心一层 A109
85656093
www.elementfresh.com
Born from an expat's passion for food, the multi-award winning Element Fresh first opened its doors in Shanghai in 2002. Since, the chain has expanded to Beijing and Guangzhou and Nanjing.

Studio 21 Grill Restaurant

藤美
193 Shigu Lu (behind the Sheraton)
石鼓路 193 号 (石鼓湾美食休闲街区)
86795269 / 13072525212
Genuine European flavours, grilled meat, seafood specialties and renowned home made desserts. Special Set Lunch Menu with great prices and specials for students and teachers.

Hacker-Pschorr

赫佰仕
Basement, Asia Pacific Tower, Jinling Hotel,
2 Hanzhong Lu
汉中路 2 号金陵饭店亚太商务楼 B1 楼
84660099
www.hacker-pschorr-brauhaus.com/nanjing
German brauhaus that is the first Hacker-Pschorr in China, serving up a proprietary brew created in house, along with the pre-requisite sausages.

Jimmy's

吉米来吧
193 Shigu Lu (inside Sunglow Bay near the Sheraton)
石鼓路 193 号
86792599
www.jimmysnj.com
The place to be for live and recorded sports, especially on Saturday nights, while enjoying American style pizza, BBQ steaks, burgers, hotdogs, tacos and more, accompanied by a large selection of draft and bottled beers plus single malt whisky and bourbon.

Jack's Place

杰克地方西餐厅
422, Dongcheng Hui Shopping Mall, Xianlin 文苑路
与学思路交叉口东城汇 4 楼
85807866
35 Wang Fu Da Jie 王府大街 35 号
84206485
160 Shanghai Lu 上海路 160 号
83323616
Humble yet honest, Jack's Place has been around Nanjing for more than 15 years, serving up Italian favourites popular with expats and locals alike. Strengths lie in the pastas and mains.

The Wing Italian Restaurant

意之翼意大利餐厅
4F, The Central, Hexi CBD
江东中路 237 号中央商场 4 楼 (雨润国际广场)
13913983339 / 52251609
Open kitchen allows for observation of the chefs at work, while hand-made Italian thin-crust pizza comes from a professional oven. Mix and match your own pasta and great value set lunches available along with MSG-free chicken.

Pizza

82-1 Shanghai Lu
上海路 82-1 号
83308105 / 15805177575
Formerly Pisa Pizza, that quickly gained a following among expats when it opened in 2009 for authentic pizza in an informal atmosphere.

La Mona 拉莫纳

48, South Commercial District, Lower Carpark, Olympic Centre
奥体中心南商务区 48 号停车柱
83353881
From the makers of Pisa Pizza comes classy decor and simply fabulous pizza, fresh out of an impressively large stone oven that rivals the more established Italian eateries in town.

Les 5 Sens

乐尚西餐厅
52-1 Hankou Lu
汉口路 52-1, 靠近南京大学
83595859
Remaining surprisingly inexpensive since opening its doors in 2005, Les 5 Sens serves authentic and homemade traditional French dishes (the fois gras is a favourite) in a homely atmosphere.

Tap Planet

啤酒工厂
F109, 1F, Chic Hills Plaza, 286 Zhongshan Lu
中山路 286 号羲和商业广场 1 楼 F109
57519177
40 craft beers on tap, making it the largest selection of such in China, accompanied by slick service and a mouth watering food menu.

Motu Burger

摩图
107 Gutong Xiang, Laomendong
老门洞箍巷 107 号
17701598220
Small balcony affords great people watching while munching on delicious Kiwi burgers and ice cream washed down with fine ales.

Dream House 梦想之家音乐西餐厅

Zhonghui Mansion, 20 Jiangjun Da Dao, Jiangning
江宁区将军大道 20 号中惠大厦 (南航东门斜对面)
52837977
Continuing Nanjing's fascination with Western food and drink leaning toward the Germanic. Popular with students from NUAU across the street.

Behind the Wall

答案墨西哥餐厅
150 Shanghai Lu (in Nanxiu Cun)
上海路 150 号, 在南秀村
83915630
One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, with perhaps the finest terrace in the city. Live musical performances go well with strong sangria and beer.

Florentina

2-107, 83 Shanghai Lu
上海路 83 号 2 栋 107 号
18602560788

Ideal for peaceful chat over drinks; over 100 bottled craft beers waiting for you to try!

Henry's Home

亨利之家 82-2 Fuchunjiang Dong Jie 奥体富春江东街 82-2 号 58577088

One of Nanjing's oldest Western restaurants, with over 20 years experience in serving up western meals; specialties include steaks, fajitas, pizza and organic salads.

Selección Española

57 Zhongshan Dong Lu 中山东路 57 号

Family business opened in 2012 with the ambition to spread Spanish culture by offering a special culinary experience and home made traditional food. Open Tue-Sun, 5-10 pm.

Eminence Cellar 香松酒窖

Inside Wutaishan off Guanzhou Lu 广州路·五台山体育场 66012088

High quality Western restaurant offering organic food, breads baked on-site, cigar bar and wine cellar.

Wagas 沃克斯

1F, Nanjing IST Mall, 100 Zhongshan Lu 中山路 100 号艾尚天地购物中心一层 108 号 85656120
www.wagas.com.cn
Western and modern Asian fare with a special focus on food quality, consistency and safety.

Potato Bistro

马铃薯 #5-301 Kangqiao Sheng Fei, 9 Wenfan Lu, Xianlin 仙林文苑路 9 号 康乔圣菲 5 幢 301 85791293
A bistro based on green, organic, fresh foods and authentic taste. Large balcony offers outdoor BBQ for up to 150 people.

Axis Mexican Restaurant & Pub

Axis 墨西哥餐厅 Yadong Commercial Plaza, 12 Xianyin Bei Lu 仙隐北路 12 号亚东商业广场 Suning Hui Gu, Ji Qingmen Da Jie 集庆门大街苏宁慧谷 15895872728
Mexican dining experience offering a wide variety of traditional Mexican dishes and a popular delivery service.

Nail Jazz Bar

钉子爵士酒吧 10 Luolang Xiang (200m south of the Sheraton) 罗廊巷 10 号·离金丝利酒店 200 米 86532244
A relaxed atmosphere in which to enjoy a wide variety of imported beers and the odd bit of live music.

Ellens Bar

艾伦酒吧 132-3 Guangzhou Lu 广州路 132-3 号 83641119
37 Hunan Lu 湖南路 37 号 83641118
Laid back and relaxed atmosphere plus food & drinks at great value prices.

Vegetarian

Jimingsi Vegetarian Restaurant

鸡鸣寺百味斋素食馆 1 Jimingsi Lu 鸡鸣寺路 1 号

57713690

Open since the 1980s and popular on the tourist trail, standout items include soy-based mock meat dishes. Service can be erratic.

Green Cuisine 绿野香踪素食馆

1F Zhengyang Building, 56 Yudao Jie 御道街 56 号正阳大厦一楼 6661 9222

A wide selection of creative dishes and plenty of fresh vegetables along with special drinks and teas.

Tiandi Sushi 天帝素食

21 Huju Bei Lu, Entrance to Gulun Park 鼓楼区虎踞北路 21 号古林公园正门口 (近北京西路) 83701391

Middle Eastern Cuisine

Dubai 西侧翡冷翠餐厅

9 Zhuangyuan Jing (inside the Mandarin Hotel) 南京市夫子庙状元楼酒店一楼 18652008407
Tasty dishes from Dubai and all over the Arabic world served inside or on an enticing, western-facing patio. All meat is Halal.

Jacob Arabic Restaurant

嘉珂船 61 Hankou Lu 汉口路 61 号 86521668
Classic go-to for Middle Eastern fare; grilled Hallal meats, shawarmas and a mouth-watering assortment of dips. Prayer room on the second floor.

Indian Cuisine

Baba Restaurant 巴巴餐厅

B1, Jinyuan Food Court, 11 Hexi Central Park, 341 Jiangdong Lu 江东路 341 号出口南京金源美食广场 11 号负 1 楼 13611574929
Reincarnation of Kohinoor, Nanjing's long serving Pakistani restaurant, features a menu that boasts over 200 dishes, all of which taste nothing alike.

Nanjing Ganesh Indian Restaurant

甘尼仕印度餐厅 3 Kunlun Lu 昆仑路 3 号 85860955
www.ganeshchina.com
The unlikely combination of Indian food and jazz music that nevertheless has stood the test of time in both Suzhou and Wuxi. Fabulous decoration in a great location by the city wall at Xuanwu Lake.

Himalaya-Nepalese & Indian

喜马拉雅尼泊尔印度餐厅 193 Shigu Lu (behind the Sheraton) 石鼓路 193 号 8666 1828
Popular restaurant serving Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves.

Taj Mahal 泰姬玛哈印度料理

117 Fengfu Lu 丰富路 117 号 84214123
187-1 Shanghai Lu 上海路 187-1 号 83350491
Established in 2003, the Taj Mahal offers a great variety and exotic blend of high quality authentic Indian cuisine that it continues to this day, making it forever popular with the foreign community.

Masala Kitchen

玛莎拉印度餐厅·酒吧 A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu 仙隐北路 12 号亚东商业广场 A05

84448858

Offers vegetarian and meat dishes plus savory Tandoori oven dishes and exotic curries cooked fresh by a chef with over 20 years of experience in his hometown of Hyderabad.

Korean Cuisine

Xianpingjia 咸平家

#6, Block 1, Dongfangtianjun, Xianlin 仙林杉湖西路东方天都门面房 6 号 83699086 / 13357739720
Run by a Korean grandma who has over 30 years of cooking experience. Bulgogi-marinated beef served with vegetables which you cook on the table with Kimchi is a must!

THE Korean 本家

B1, Golden Wheel Tower, 108 Hanzhong Lu 新街口汉中中路 108 号 金轮大厦 B1 84469445

Ke Jia Fu 可家福

7 Nan Da Heyuan, 168 Xianlin Dadao 仙林大道 168 号南大和园 7 号 86331006

Neolithic Barbecue 新石器烤肉

B1, Deji Plaza, 18 Zhongshan Lu 中山路 18 号德基广场 B1 楼 B116-117 号 84764545
#B17, B1, Tianyin Plaza, 336 Shangyuan Lu, Jiangning District 上元大街 336 号天印广场 B1 楼 B17 室 81032949
B1, Wonder City, 222 Changhong Lu 长虹路 222 号虹悦城 B1 楼 52275687
#121, Bldg. 1, Chenggowu Garden Centre, 699 Zhongshan Men Da Jie, Maqun 中山门大街 699 号花园城购物中心 1 楼 121 号商铺 85568090
B1, One City, 58 Daqiao Bei Lu, Pukou 大桥北路 58 号新一城 B1 楼 58400640 58402105

Japanese Cuisine

Taiyō Teppanyaki 大渔铁板烧

57 Zhongshan Lu 中山路 57 号 84729518
1F, Unit 6, Building 2, 1912 1912 商业区 2 号楼 6 单元 1 楼 84458310
3F, Golden Wheel, 8 Hanzhong Lu 汉中中路 8 号金轮新天地购物中心 3 楼 84773318
3 Kunlun Lu 昆仑路 3 号明城汇内 58850588
Has stood the test of time with its popular all you can eat and drink special offer that includes sushi, sashimi, sake, beer and much more being a staple of the Nanjing community.

Other Asian Cuisine

Thai Tasty 泰式料理

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu 仙隐北路 12 号亚东商业广场 A05 84448858
An extraordinary array of distinctive dishes employing authentic seasonings with fresh local produce.

Thai Orchid 梵泰蘭

86-1 Fuchunjiang Dong Jie (La Defense Flower Street) 富春江东街 86-1 号拉德芳斯异国风情花街 (近恒山路路口) 83564567
Thai nationals serve as chefs; fantastic group deals available, e.g. set meal of ten dishes for half price.

Pho Saigon

西贡堤岸越南餐厅

2F Huanya Plaza, 33 Shigu Lu
石鼓路 33 号环亚广场 2 楼
84465722

Popular and inexpensive fare that includes the must try Vietnamese noodles, hence "pho".

Kezigu Muslim Restaurant

克兹古丽餐厅

43 Luolang Xiang
罗廊巷 43 号
85891799

Xinjiang restaurant popular with expats; spicy noodles, potatoes, vegetable, chicken and lamb dishes accompanied by dance performances.

Bakery & Café (see also Hotels & Hostels and Shopping)

Iced Baking

46-13 Xianyin Nan Lu, Xianlin
林仙隐南路仙龙湾 46-13 室
18014847503

www.icedbakingnanjing.com

Specialty baked goods such as cakes, cupcakes and scones plus a host of baking supplies, including cocoa powder, cream cheese, fondant, sprinkles and shortening. Also provides training and education in the field of food services to underserved women and at risk youth.

Skyways

云中食品店

160 Shanghai Lu 上海路 160 号
83317103

#A18, Yadong Commercial Plaza, 12 Xianyin Bei Lu
仙隐北路 12 号 亚东广场 A18 室

85791391

Wanda West, 222-2 Jiqing Men Da Jie

集庆门大街 222-2 万达西地区

85637995

Breads, made-to-order sandwiches, cakes, desserts, plus imported deli items such as cheese and salami. Shanghai Lu location has a long queue at lunchtimes.

Sculpting in Time Café 雕刻时光咖啡馆

2F, 47 Hankou Lu

汉口路 47 号 2 楼

83597180

32 Dashiba Jie (Fizimiao East Gate)

大石坝街 32 号 (夫子庙东门)

52266082

Delightful atmosphere in which to enjoy coffee, tea, a variety of Western food, plus widely known brownies. Balcony at the Confucious temple branch offers romantic night time views over the Qinhuai river.

Maan Coffee

漫咖啡

1 Qingjiang Lu 清江路 1 号天水滨江花园

85872858 / 85607277

1F, Dushi Xihe, 8 Xuejia Xiang

薛家巷 8 号金润发超市旁都市羲和一楼

85607266

81-1 Fuchunjiang Dong Jie 富春江东街 81-1 号拉德

芳斯异国风情花街

85607288

1912 Leisure District 1912 时尚休闲街区 9 号楼
Korean chain serving waffles, salads and all day breakfast options that go down well amid decor that juxtaposes cement, glass and chandeliers.

Délíce Capy DC

莫奈花园

1st and 2nd Floor, Friendship Mall, 27 Hanzhong Lu, Nanjing

南京市汉中中路 27 号友谊广场 1 楼 2 楼

86829191

Lounge in comfortable armchairs and indulge in gooey macaroons and hazelnut slices to molten chocolate cakes.

Chinese Teahouses

Lao Cui Tea House

老崔茶馆

Houhuyinyue, Huanhu Lu, Nanjing city wall, 8 Jiefang Men, Xuanwu
城墙台城段临湖岸, 玄武湖环湖路 "后湖印月"
52628899

15 Yingtian Da Jie 应天大街 15 号

86560632

Holds activities such as lectures on tea drinking and tea culture. Location in the city wall is one of Nanjing's must-sees.

iTea 我茶

6F, Xinhua Bookstore, 56 Zhongshan Dong Lu 中山
东路 56 号新华书店 6 楼

86816246

Taiwanese delicacies and soothing herbal tea, brewed intricately before your eyes by one of the restaurant's tea aficionados.

Nightclubs

Kamakama

1912 Leisure District

1912 时尚休闲街区 2 号楼 1 层

86701912

Nanjing's answer to the sleek sophisticated cocktail bars of Shanghai; signature cocktails, selected fine wines and classic malts all the way.

MAZZO Club 玛

索国际娱乐

1912 Leisure District

1912 时尚休闲街区 6 号楼

84418579

One of the oldest clubs in Nanjing and hangout for the foreign community playing contemporary electronica.

Club TNT

潮人会所

2-1 Changjiang Hou Jie

长江后街 2-1 号

84401199 / 13151090136

A big name in the Chinese nightclub industry, with clubs in Nanjing, Chongqing and Hefei.

Enzo

8-3 Changjiang Hou Jie

长江后街 8-3 号 2 楼

83789898

Accesses many of the big names in entertainment; Paul Oakenfold, DJ R3hab and LMFAO have all played here.

Tourism, Sport & Leisure

Hotel & Hostel

Somerset Youth Olympic Nanjing

南京盛捷青奥国际社区

9 Qing'ao Nan Lu

青奥南路 9 号

83080888

www.ascottchina.com

Comfortable and international serviced residence providing extremely spacious three-bedroom apartments for executives and their families.

Han Yue Lou Solis Hotel

南京涵月楼首丽斯酒店

235 Jiangdong Zhong Lu, Jianye District

建邺区江东中路 235 号

68176000

www.solishotels.com

First establishment in China for Solis and official hotel for the Youth Olympic Games in 2014. Chinese elements are incorporated as threads woven into the fabric of the hotel.

Jinling Hotel Nanjing

南京金陵饭店

2 Hanzhong Lu, Xinjiekou Square

新街口汉中中路 2 号

84711888

The first five star hotel in China with a city centre location putting the prize-winning iconic landmark only two minutes' walk from Xinjiekou Metro Station. International flight and train ticket purchase counter plus bakery also available.

Renaissance Nanjing Olympic Centre Hotel

南京华泰万丽酒店

139 Aoti Da Jie, Jianye District

建邺区奥体大街 139 号

83388888

cn.renaissancenanjing.com

First Marriot hotel in Nanjing. with signature Navigator service available to guests; a local who knows the hotspots inside out. Bakery sells fresh breads.

Novotel Nanjing East Suning Galaxy

南京玄武苏宁银河诺富特酒店

9 Suning Dadao, Xianlin

徐庄软件园苏宁大道 9 号

85208888

www.novotel.com

Good spot for a weekend escape from the city, with Purple Mountain on its doorstep, while the Nanjing Zhongshan International Golf Resort 27 hole course designed by Gary Player is just 5 minutes away.

Fraser Suites Nanjing

南京辉盛阁国际公寓

116 Lushan Lu

庐山路 116 号

87773777

www.frasershospitality.com

International serviced apartment suites offering full balconies, clubhouse and leisure facilities.

The Westin Nanjing

南京威斯汀大酒店

Nanjing International Center, 201 Zhongyang Lu

中央路 201 号南京国际广场

85568888

www.westin.com/nanjing

A haven of Chinese distinction in which every room affords a view of scenic Xuanwu Lake.

Sheraton Nanjing Kingsley

金丝利喜来登酒店

169 Hanzhong Lu

汉中中路 169 号

86668888

Excellent downtown location with amenities including baby sitting and butler service plus car rentals.

Fairmont Nanjing

南京金奥费尔蒙酒店

333 Jiangdong Zhong Lu, Jianye District

建邺区江东中路 333 号

86728888

www.fairmont.com/nanjing

Elegant international hotel famous for its services and cultural features; the building itself resembles a Chinese lantern.

InterContinental Hotel 紫峰洲际酒店

1 Zhongyang Lu, Zifeng Tower

中央路 1 号紫峰大厦

83538888

www.intercontinental.com

A statement of grandeur in the 450 metre high Zifeng Tower; Nanjing's tallest building.

Sofitel Galaxy 南京索菲特银河大酒店

9 Shanxi Lu

山西路 9 号

83718888

www.sofitel.com
resoff@sofitelnanjing.com
The accommodation of choice for many visitors coming to Nanjing, along with all French dignitaries.

Hilton Nanjing Riverside

南京世茂滨江希尔顿酒店
1 Huaibin Lu (cross of Qinhuai and Yangtze Rivers)
淮滨路 1 号 (近秦淮河和扬子江交汇处)
83158888
nanjingriverside.hilton.com
nanjingriverside.info@hilton.com
A more serene statement from Hilton; extensive conference and recreation facilities and rooms with balconies overlooking the Yangtze.

Nanjing Sunflower International Youth Hostel

南京瞻园国际青年旅社
142 Dashiba Jie (Fuzimiao west gate)
大石坝街 142 号, 在夫子庙西门的附近
52266858 / 66850566
www.nanjingyha.com
Popular youth hostel that includes free pool, DVDs, cable TV, foosball and English speaking staff.

Resorts

Kayumanis Private Villas & Spa

南京香樟华莘温泉度假别墅
12 Wenquan Lu, Tangshan
江宁区汤山街道温泉路 12 号
84107777
www.kayumanis.com
nanjing@kayumanis.com
High-end private villa with refreshing natural hot spring and mountain view.

Regalia Resort & Spa (Qinhuai River)

南京御庭精品酒店 (秦淮河)
Bldg. E5, 388, Yingtian Da Jie
(inside Chenguang 1865 Technology Park)
应天大街 388 号 (晨光 1865 科技创意产业园) 第 E5 幢
51885688
www.regalia.com.cn
A Thai style spa offering a holistic approach to rejuvenation and relaxation.

Tangshan Easpring Hot Spring Resort

汤山颐尚温泉度假村
8 Wenquan Lu, Tangshan, Jiangning
江宁区汤山镇温泉路 8 号
51190666
A leisure hotel in Tangshan offering different types of bathing.

Museums

Nanjing Massacre Memorial

侵华日军南京大屠杀遇难同胞纪念馆
418 Shuiximen Da Jie
水西门大街 418 号
86612230 / 86610931
Hours: Tue - Sun from 8:30 to 16:30
www.nj1937.org
Located on a former execution ground and mass burial place of the Nanjing Massacre. Admission is free.

Nanjing Museum

南京博物院
321 Zhongshan Dong Lu
中山东路 321 号
One of China's three national level museums displaying Chinese art, pottery and a life-sized Republic of China street scene. Admission is free with valid ID.

Nanjing Municipal Museum (Chaotian Palace)

南京市博物馆
4 Chaotiangong
朝天宫 4 号

World class museum presenting ancient pottery and earthenware, calligraphy, clothing, jade etc.

Six Dynasties Museum

六朝博物馆
Changjiang Lu / Hanfu Jie
长江路 / 汉服街
Constructed on the ruins of Jiankang Castle, visitors can see over 1,200 artifacts, including porcelain, pottery, epigraphs, stone inscriptions, calligraphy and paintings and even a section of the city wall.

Nanjing Jiangning Imperial Silk Manufacturing Museum

南京江宁织造博物馆
123 Changjiang Lu, Xuanwu District
南京市玄武区长江路 123 号
83416801
Exhibitions of silk manufacturing, brocade, qipao and most interestingly, one dedicated to "Dream of Red Mansions" in which one can experience settings where many events in the novel happened. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Rabe House

拉贝故居
1 Xiaofenqiao, Guangzhou Lu
小粉桥 1 号
Monday - Friday from 8:30 to 16:30
German industrialist's former home that served as a refugee shelter and saved thousands in 1937. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Purple Mountain Observatory

紫金山天文台
Tianwen Lu, Purple Mountain Area, Nanjing
南京市紫金山天文路
84440768
Very first observatory to be built in mainland China that is known as "the cradle of Chinese astronomy".

Tangshan Homo Erectus Fossil Museum

汤山直立人化石遗址博物馆
Jiangning District, Tangshan Scenic District
南京汤山国家地质公园内
68207777
Insight into the prehistoric life of the Nanjing cave couple, a pair of 600 000 year old skulls discovered in the Tangshan area of Nanjing in 1993. Designed by French architect Odile Decq. Closed on Mondays.

Nanjing Brocade Museum

南京云锦博物馆
240 Chating Dong Jie
茶亭东路 240 号
86518580
Observe wooden looms producing the world's finest brocade. Fabric is also available for purchase.

Nanjing Taiping Heavenly Kingdom History Museum

南京市太平天国历史博物馆
128 Zhanyuan Lu 瞻园路 128 号
58800123
Houses the largest collection of artifacts and documents from the Taiping Heavenly Kingdom.

Nanjing Science Museum

南京科技馆
9 Zijinghua Lu, Yuhua District
雨花台区紫荆花路 9 号
58076158
Hands-on fun and learning for kids. IMAX Cinema.

Nanjing Museum of Paleontology

南京古生物博物馆
39 Beijing Dong Lu
北京东路 39 号
83282252
Full dinosaur skeletons, a mass of fossils from significant digs in China and an interesting lesson in local geology. Open at weekends only.

Nanjing Folk Museum

甘家大院
15 Nanbuting, Zhongshan Nan Lu
中山南路南捕厅 15 号
52217104
Visitors can study traditional Chinese architecture, including the so-called "99 and a half rooms". Various displays of traditional folk art throughout the year.

Jinghai Temple

静海寺
288 Jianning Lu
建宁路 288 号
58590298
www.yuejianglou.com
In addition to enjoying an insight into the Chinese view of the "unfair treaty" ceding Hong Kong to the British, visitors can learn about the voyages of Zheng He.

Zheng He Treasure Shipyard

南京郑和宝船遗址公园
57 Lijiang Lu
鼓楼区漓江路 57 号
Climb aboard a mockup of the famous navigator's fleet in the location that built the very same almost 600 years ago

Parks & Attractions

Qingliangshan Park 清凉山公园

83 Qingliangshan Lu, near Huju Lu
清凉山路 83 号
Calligraphy and stone museums, as well as an art gallery and pottery studio.

Zixia Lake 紫霞湖

A cold water mountain-fed lake. Exercise with care; the cold undercurrents can cause life-threatening cramps.

Mochou Lake Park 莫愁湖公园

35 Hanzhongmen Da Jie
汉中门大街 35 号
Home to the annual Dragon Boat Race, and great for boating or a walk in a peaceful environment.

Happy World 弘阳欢乐世界

Daqiao Bei Lu, Pukou District
浦口区大桥北路
Fairly violent looking thrill rides plus giant water slide.

Jiuhua Shan Park 九华山公园

20 Juihua Shan 九华山 20 号
Visit the pagoda and get on the city wall for gorgeous views of the city.

Xuanwu Lake Park 玄武湖公园

1 Xuanwu Xiang 玄武巷 1 号
Idyllic islands with playgrounds, gardens, restaurants plus boats and bikes for rent.

Yaxi International Slow City

桧溪国际慢城
6 Shengtai Lu, Yaxi Town
高淳区桧溪镇生态路 6 号
56861235
The village of 20,000 was designated China's first "Slow City" by Cittaslow.

Pearl Spring Resort 南京珍珠泉风景区

178 Zhenzhu Jie, Pukou District
浦口区珍珠街 178 号
A 8.9 sq.km scenic area that includes a zoo, circus, dodgems and cable-car to a so called Great Wall.

Gulin Park 古林公园

21 Huji Bei Lu 虎鹿北路 21 号
Gardens, paintball and BBQ plus a view of the city from atop the TV tower.

Zhongshan Botanical Garden

钟山植物园
1 Qianhuocun 前湖后村
84347062

Covers over 186 hectares and home to more than 3000 plant species.

Nanjing Yangtze River Bridge Park

南京长江大桥 (公园)
7 Baotiaoqiao Dong Jie
宝塔桥东街7号
Memorabilia dating from the construction of the bridge. Ascend to the deck of the bridge by elevator for the obligatory photo.

Memorial for Revolutionary Martyrs

雨花台烈士纪念馆
Yuhua Dong Lu (north gate)
南京市雨花台烈士纪念馆北大门雨花东路
A surprisingly relaxing memorial park, yet used as a mass execution ground during the anti-communist revolution of 1927.

Drum Tower/Gulou Park

鼓楼公园
1 Gulou Jie, at the end of Beijing Xi Lu
鼓楼街1号, 在北京西路口
The traditional centre of a Chinese city.

Lao Shan National Forest Park

老山国家森林公园
Chalukou, Pukou
浦口区岔路口
Enjoy a more rustic experience in Nanjing's second National Park; away from the crowds soak in the virgin forest that is rich in species.

Lamendong Neighbourhood

城南·老门东
50 Changle Lu 长乐路 50 号
52201611
A new name card of Nanjing with cultural activities, traditional Chinese architecture and distinctive local features. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

Datangjin Fragrant Valley

大塘金草谷主题餐厅
Zhengfang Da Dao, Jiangning District
江宁区谷里街道大塘金正方大道薰衣草庄园
52716207
Breathe in the intoxicating scents while strolling through the fields of lavender that lead to the shop filled with perfumes, eye patches, pillows, face masks and even lavender perfume.

Sports

Jijianheng Martial Arts Training Center

15996493275
Offers the mental and spiritual training necessary for Kung Fu mastery to students of all ages and abilities. Founded by Shaolin Master Shi Jianhu in 2015. Bi-annual Shaolin Homecoming weekend trips, led by Master Shi and his foreign wife Maggie, also available.

Century Star Ice Skating Club

世纪星滑冰俱乐部
222 Jiangdong Zhong Lu (Inside Olympic Center)
江东中路 222 号奥体中心内
86690465 / 86690467
4F, Wonder City, 619 Yingtian Street
应天大街 619 号虹悦城 4 楼
52275768 ext. 8001/8002

Nanjing Zhongshan International Golf Club

南京钟山国际高尔夫俱乐部
9 Huanling Lu 环陵路 9 号
84606666

Nanjing Harvard Golf Club

南京昭富国际高尔夫俱乐部
176 Zhenzhu Jie, Pukou
南京市浦口区珍珠街 176 号
58853333

Nanjing Gingko Lake International Golf

南京银杏湖国际高尔夫俱乐部

1 Guli Yinxing Hu 江宁区谷里银杏湖 1 号
86139988

Nanjing Leiniaio Paragliding Club

南京雷鸟滑翔伞俱乐部
Wutaishan Sport Center Tennis Stadium
五台山体育中心网球场
84458450 / 15335179782

Pisarev Ballet 比萨列夫芭蕾舞学校

#B901, Junlin International Mansion, 5 Guangzhou Lu
广州路 5 号君临国际 B901 室
86975095

Changqing Taekwondo

长青跆拳道馆
9F, Quanmin Jianshen Plaza, 145 Zhongshan Dong Lu
玄武区中山东路 145 号全民健身中心 9 楼
84541055

Gym

Lucky Bird Fitness

金吉鸟健身
83518366
www.jinjiniao.com
28 branches in Nanjing offering Workout area, gymnasium, yoga studio etc. Eight branches also have swimming pools.

Theatre

Nanjing Poly Grand Theatre

南京保利大剧院
6 Yecheng Lu, Jianye District (inside Nanjing International Youth Culture Centre) 建邺区郑城路 6 号 (南京国际青年文化中心)
58839008 58839098

Nanjing Art and Cultural Center

南京文化艺术中心
101 Changjiang Lu 长江路 101 号
84797920

Jiangnan 631 Niuda Theatre

江南 631 牛达剧场
5 Yanling Xiang 延龄巷 5 号
84419786

Nanjing Art Academy Concert Hall

南京艺术学院音乐厅
15 Huju Lu 虎踞北路 15 号
83498249

Jiangsu Kunqu Theater 兰苑剧场

4 Chaotian Gong 朝天宫 4 号
84469284

Business & Education

International Education

British School of Nanjing

南京英国学校
Hanfu Lu, Jiangning District
江宁区韩府路
52108987
www.bsn.org.cn
Serves expat children with a private education of the highest standard, with a day-to-day focus on helping pupils to thrive in their own unique way. Based based on the English National Curriculum.

Nanjing International School

南京国际学校
8 Xueheng Lu, Xianlin College
and University Town
仙林大学城学衡路 8 号

85899111

www.nanjing-school.com
An inclusive learning community inspiring international mindedness, personal excellence, creative thinking. An IB World School.

EtonHouse Nanjing

伊顿国际教育集团
8 Qing'ao Nan Lu, Jianye District
南京市建邺区青奥南路 8 号
85596778
Singapore based chain with more than 100 pre-schools and schools spread across Asia and a curriculum based on an international, inquiry-based program.

The Overseas

海外国际
Nanjing Novas International Business Consulting Co. Ltd, #1606 Block A, Junlin International, 5 Guangzhou Lu
广州路 5 号君临国际 A 幢 1606 室
84533133
admin@the-overseas.com
Wechat: overseas

Youth Moment Educational

Investment Co., Ltd.
南京青梦家教育投资有限公司
3rd Floor Building E, Kingdee Science and Technology Industrial Park
532 Zhongshan Dong Lu
中山东路 532 号金蝶科技产业园 E 栋 3 楼
68165526 / 18621932120
www.qingmengjia.com
enquiries@qingmengjia.com
Career guidance, entrepreneurial support, overseas study services for Chinese and foreign students.

Higher Education

Nanjing University of

Science & Technology
南京理工大学
200 Xiaolingwei 孝陵卫 200 号
84303232 / 84303135
study.njust.edu.cn
Offers both Chinese and English taught programs for undergraduates and postgraduates in a large range of vocations; everything from science, engineering, liberal arts and economics to business, management, law and education for coordinated development.

Business Services

Sharehouse (Nanjing) Co., Ltd.

赛浩企业管理服务(南京)有限公司
Maqun Scientific Park, 3 Jinma Lu
南京栖霞区马群科技园金马路 3 号
85720118
www.sharehousechina.com
Enables SMEs to establish their own legal entity in China while keeping overhead costs low through shared resources.

Foreign Trade & Economic Development Agencies

European Union Chamber of Commerce

中国欧盟商会(南京)
#806, Haihua Mansion, 99 Zhongshan Lu
中山路 99 号海华大厦 806 室
83627330

China-Britain Business Council, Nanjing

英中贸易协会南京代表处
#2514-2515, 50 Zhonghua Lu
中华路 50 号 2514-2515 室
52311740

Netherlands Business Support Office

荷兰贸易促进委员会南京代表处 ☞
#2316, Bldg. B, 23F, Phoenix Plaza, 1 Hunan Lu
湖南路 1 号凤凰国际广场 B 楼 23 层 2316 室
84703707

Baden-Württemberg International

德国巴登符腾堡州国际经济科技协会 ☞
7-3 Dabai Xiang Meiyuan Xin Cun
梅园新村大悲巷 7-3 号
84729068
www.bw-i.cn

Australian Trade Commission

澳大利亚贸易委员会南京代表处 ☞
#1163, Jinling World Trade Center, 2 Hanzhong Lu
汉中中路 2 号金陵饭店世界贸易中心 1163 室
84711888 -1163

Canadian Trade Office Nanjing

加拿大驻南京商务代表处 ☞
#1261, Jinling World Trade Center, 2 Hanzhong Lu
汉中中路 2 号金陵饭店世界贸易中心 1261 房
84704574

Language Training

New Concept Mandarin 新概念汉语 ☞

#821, 8F, PICC building, 98 Jianye Lu, Qinhua
district
秦淮区建邺路98号鸿信大厦8楼821室
84872361
www.newconceptmandarin.com
nanjing@newconceptmandarin.com
Over 20-years experience in applied linguistic re-
search and global teaching.

JESIE - Goethe-Language Centre

JESIE - 歌德语言中心 ☞
Jiangsu College for International Education, 3F, 205
Shanghai Lu
上海路 205 号江苏国际预科学院 3 层
83335690
www.goethe-sljz.js.cn

Nanjing No.1 High School

南京市第一中学
301 Zhongshan Nan Lu
中山南路 301 号
52216244
Only high school designated by the International
Office of National Chinese Language Promotion as
base for the international promotion of Chinese lan-
guage.

Alliance Française de Nanjing

南京法语联盟
4F, Qun Lou, 73 Beijing Xi Lu
北京西路 73 号裙楼 4 楼
83598762 83598876
www.afnanjing.org
info.nanjing@afchina.org
French language and culture centre with classes
for individuals and corporations at all levels, cultural
events plus a modern library with free access to
collections.

Clubs & Charities

Nanjing International Community

Clubhouse ☞
南京国际社区中心
1-B-01, British School of Nanjing, Hanfu Lu, Jiangn-
ing District
江宁区韩府路南京英国学校 1-B-01
www.yournicc.net
info@yournicc.net
Helps expats to understand and enjoy their experi-
ence of living in Nanjing through a service centre;
classes for adults, such as calligraphy; for children,
such as ballet, a monthly ladies night and many
more activities.

Nanjing International Club

南京国际俱乐部
Maqun Scientific Park, 3 Jinma Lu, Xianlin, Qixia
District
栖霞区马群科技园金马路 3 号
www.nanjinginternationalclub.org
A club with over 500 Members from all around the
world and a large variety of events; cooking, kids'
club, book club, dinners, balls, outings, BBQ, con-
certs, bazaar and more. Fundraising for charities
plus opportunities to support, volunteer and become
part of an exciting team.

Y.M.C.A / Y.W.C.A ☞

南京基督教青年会和女青年会
66-9 Dajianyin Xiang, Gulou District
南京市鼓楼区大铜巷 66-9 号
83307098 / 83714117
www.njymca-ywca.org
Endowed by Dr. Sun Yat-sen himself in 1912, the
Nanjing branch of the infamous organisation provides
volunteering services and organises overseas exchange
programs.

Hopeful Hearts

www.hopefulhearts.info
Raises funds for the medical treatment of children
with heart conditions. Over 400 children assisted
to date. Operates under the umbrella of The Amity
Foundation with other branches in Chengdu and
Guangzhou.

Pfrang Association 普方基金会

3 Jinma Lu, Maqun Scientific Park, Xianlin, Qixia
District
栖霞区马群科技园金马路 3 号
85720118
www.pfrangassociation.org
Raises funds to sponsor the 6-year high school edu-
cation of underprivileged children in Jiangsu province,
providing them with the chance to lead a self-directed
and fulfilled life.

Butterfly Hospice

www.butterflych.org
Provides loving care and treatment for children
with life-threatening illnesses, through a children's
hospice in Changsha, and a local support project
in Nanjing with specialist nursing care for palliative
children.

Ray of Light Cambodia

www.rayoflightcambodia.com
Provides opportunities to 3-18 year olds in an or-
phanage in Phnom Penh.

Cultural Education

Confucius Temple Primary School

南京市夫子庙小学
22 Zhanyuan Lu 瞻园路 22 号
52230929
Founded in 1907 to explore and promulgate the
ideology and culture of Confucius.

Shopping

International Groceries

Epermarket 上海赢盘实业有限公司

www.epermarket.com
4007760776
First online supermarket in China to be ISO 9001
certified, delivering more than 5,000 imported & local
goods.

Fields

www.fieldschina.com
4000210049
Online grocery store that delivers safe, delicious, high

quality and imported groceries directly to your door.

Time Farm

18551768576
www.timefarm.com.cn
Permaculture facility in Jiangning producing vegeta-
bles, rice, whole-wheat flower, free-range eggs and
canola oil.

Nanjing Bakery

www.nanjingbakery.com
Home made cakes, ready to bake pizzas, lasagna
etc. plus a range of items such as pasta, butter,
cheese, sauces and spices.

Wendy's Bakery

温底手作
13611577210
wendybakery.taobao.com
Classic apple pie, bacon-cheese scones and in-
ventive cranberry shortbread utilising only import-
ed ingredients.

Petite Abeille

法国小蜂蜜进口商店
22 Hankou Xi Lu 汉口西路 22 号 ☞
83237878
80 Nenjiang Lu 嫩江路 80 号 ☞
83217096
Largest selection of French produce in Nanjing,
with petite pains, biscottes, chocolate plus home-
made heavy breads and baguettes, croissants and
apple pie.

Times Grocery

泰晤士 ☞
48 Yunnan Lu 云南路 48 号
83685530
Compact yet its location breeds popularity; wide
selection of imported but sometimes pricey food.

Happy Orange

乐橙便利店 ☞
Cuiping International (North Gate), Hanfu Lu, 20
Jiangjun Avenue, Jiangning
将军大道 20 号翠屏国际城北门 (韩府路)
52158366
Small shop with a nice selection of imported items
run by a charming couple from Taiwan.

Ronnie's Pies

13912379301
www.ronnies.com.cn
Home made Aussie pies in a variety of flavours, in-
cluding delights such as Cornish pasties, Lancashire
pasties and sausage rolls. Delivers from Yangzhou.

Metro


麦德龙
288 Ningli Lu 宁溧路 288 号 ☞
300 Jianning Lu 鼓楼区建宁路 300 号
Foreign foods plus wines, beers and sprits. Pass-
port/ID sometimes required.

Carrefour

家乐福
235 Zhongshan Dong Lu
中山东路 235 号 ☞
341 Jiangdong Zhong Lu
江东中路 341 号 ☞
26 Jiqingmen Da Jie
集庆门大街 26 号 ☞
7 Daqiao Nan Lu
大桥南路 7 号
3 Liuzhou Nan Lu, Pukou
浦口区柳州南路 3 号
Good range of dairy products, especially imported
butter, cream and cheese plus snacks, pasta and
wine.


Auchan

欧尚
151 Hanzhongmen Da Jie
汉中门大街 151 号 (近纪念馆东路) ☞

11 Qinhuai Zhong Lu
秦淮中路 11 号 
866 Yingtian Da Jie
应天大街 866 号
Another French hypermarché with probably the city's best selection of cheese.

BHG Marketplace
B2, Aqua City, 1 Jiankang Lu
健康路 1 号水游城地下 B2 层
B1, Deji Plaza, Zhongshan Lu
德基二期地下 B1 层
B1, Jingmao Shopping Mall, 201 Zhongyang Lu
鼓楼中央路 201 号金茂汇 B1 楼
B1, The Central, 237 Jiangdong Zhong Lu
江东中路 237 号中央商场 B1 楼 
B1, Forest Mall, 301 Zhongshan Men Da Jie
中山门大街 301 号森林摩尔商业街区 B1 楼
B1, Raydu Plaza, 1222 Shuanglong Da Dao, Jiangning District 
经济技术开发区双龙大道 1222 号 B1 中厅
Imported goods plus organic fruit and veg. Pricy, but that keeps the crowds away.

RT Mart
金润发
39 Danfeng Jie 
丹凤街 39 号 (近北京东路)
B1, New City Mall, 99 Caochangmen Da Jie
草场门大街 99 号新城广场 B1 
260 Longpan Zhong Lu 龙蟠中路 260 号
Decent imported food section, dairy and bakery items.

Q.E. Mart
青恩 
7 Wenshu Dong Lu, Xianlin 文枢东路 7 号
85862080
Medium-sized supermarket (labelled "Korean Market") with a wide range of Korean produce.

For the Home


EAsmart
1F-Z, Wanda Plaza, 68 Zhushan Lu, Jiangning
竹山路 68 号万达广场 1F
52187886
www.eading.com
Fantastic selection of stationary plus coffee machines, electrical and IT appliances, kitchenware and home decoration items.

Living Story
欧洲生活馆 
173 Shanghai Lu 上海路 173 号
86634155
Compact yet manages to offer coffee grinders, espresso makers, stylish kitchen utensils, picture frames, oil burners and oils, candles, clocks, various pieces of art, wine racks plus a few bottles of wine thrown in for good measure.

Hongxing Furniture
红星国际家具广场
224 Zhongyang Lu 中央路 224 号
83118005
Large furniture mall with many shops. Large range of prices, styles, etc.

Jinsheng Market
金盛百货大市场
2 Jianning Lu
建宁路 2 号 (南京商厦对面)
9 Wangjinshi (off Changjiang Lu) 
长江路网巾市 9 号
Daqiao Bei Lu (beside North bus station)
大桥北路 (长途北站旁)
Everything from home décor to wires, Christmas trinkets and electronics. Cheap but be prepared to bargain.

Jinling Decoration Market
金陵国际家居 
88 Jiangdong Zhong Lu
江东中路 88 号
86511888
Everything needed for a new home.


Longjiang Flower Market
龙江花卉市场 
78 Qingliangmen Da Jie
清凉门大街 78 号
Huge selection of plants, cut flowers, fish tanks and fish, plus gardening tools.


B&Q 百安居 
90 Kazimen Da Jie (beside Metro)
卡子门大街 90 号麦德龙旁
52450077

IKEA 宜家家居 
99 Mingchi Lu (East side of Kazimen Plaza)
明匙路 99 号 (卡子门广场东侧)
4008002345


Electronics, Photography & Gaming

Professional Photography Equipment Market 
照相器材专业市场
3F, Binjiang Friendship Shopping Center, 301 Ji-angdong Bei Lu
江东北路 301 号滨江友好商城三楼
Specialists in wedding photography with equipment including lighting, flash etc.

Camera & Photography Equipment Market 
东鼎照相器材市场
Dongding Plaza, 699 Zhujiang Lu
珠江路 699 号东鼎照相器材市场
Widely regarded as the best camera and equipment market in Nanjing.

Mobile phone shops on Danfeng Jie
丹凤街 - 手机 
Indoor markets specialized in new and second-hand mobile phones and repairs.

IT products on Zhujiang Lu
珠江路 - IT 产品 
A multitude of stores selling everything you can imagine and more; computers, cameras, MP3 and MP4 players, iPad, webcams, hard drives, and portable flash drives.

Video games on Zhongyang Lu
中央路 - 电子游戏 
Any type of video game for all game systems. Also do minor repairs.

Art

Art Home 聚贤堂
84 Shitoucheng Lu 石头城路 84 号
Arguably the best stocked art supplies shop in Nanjing; oil and acrylic paints plus many products by Faber-Castell and Staedtler. Framing service also available.

Jiangsu Fande Culture and Art Block
江苏凡德文化艺术街区 
1 Zhengxue Lu 秦淮区正学路 1 号
84711180
An inclusive cultural industry platform for the research and development, creation, display and transaction of art works.

Fangshan Culture and Art Creative Industry Park
南京方山文化艺术创意产业园
1 Donghuyuan, 588 Longmian Da Dao 江宁区龙眠大道 588 号东湖苑 1 号
52712282

Home to four art institutions and over 40 famous artists in photography, oil painting, Chinese painting, sculpture and pottery.

Jiangsu Art Gallery 江苏省美术馆 
266 Changjiang Lu 长江路 266 号
84506789
333 Changjiang Lu 长江路 333 号
89610840
Local artists' work, changed frequently.

Nanjing Luhe Phoenix Art Gallery
南京六合凤凰山艺术馆
Fenghuang Shan Park, Yanan Lu, Pukou
六合区延安路凤凰山公园内
57751345



A non-profit institution with exhibitions and serving as a platform for people to exchange information and experience in art creation and collection.

Shenghua Art Center 南京圣划艺术中心
2 Zhoutai Lu, on Jiangxin Zhou (Grape Island)
江心洲民俗街洲泰路 2 号 (原乡土乐园)
86333097 86333100
Exhibition of contemporary Chinese art.

Stone City Modern Art Creation Gallery 石头城现代艺术创意园
72 Beijing Xi Lu 北京西路 72 号
55583708
Exhibition of modern Chinese art.

Yipai Art 南京艺派文化用品中心
81 Stone City 石头城 81 号
83704786
epair8888@126.com
Oil paints, brushes, spatulas, charcoal, easels, drawing instruments, sketch books and a selection of pens, pencils and refills.

Sports & Outdoor

Decathlon 迪卡侬
866 Yingtian Xi Lu (same building as Auchan)
应天西路 866 号
84218420
286 Ningli Lu (next to Metro)
宁漂路 286 号 (麦德龙对面) 
52401018
1 Beijing Dong Lu 玄武区北京东路 1 号 
French sports megastore chain that also stocks informal-wear shoes in sizes up to 48.

Sanfo 三夫户外
57 Zhongshan Lu 中山路 57 号 
84721228 / 84720512
Jinxianghe Lu 进香河路 
83601199
4F, Zifeng Tower, Zhongshan Bei Lu
中山北路紫峰大厦购物广场 4F 
83518681 / 83518682
Chinese outdoor chain store stocking equipment for biking and hiking plus backpacks and apparel for outdoor.

Foreign Language Bookstores

Foreign Language Bookstore 外文书店
218 Zhongshan Dong Lu (Beside Taiping Nan Lu) 
中山东路 218 号长安国际 (太平南路口)

Xinhua Bookstores 新华书店
56 Zhongshan Dong Lu (near Hongwu Lu)
中山东路 56 号 (近洪武路)
86645151
217 Zhongshan Bei Lu
中山北路 217 号
83374645

Phoenix International Book Mall
凤凰国际书城 

1 Hunan Lu
湖南路 1 号八佰伴旁 (近中央路)
83657000 / 83657111

Wine Outlets

Everwines 咏菊
300 Changjiang Lu 长江路 300 号
58951779
nanjingcslshop@everwines.com
The retail arm in China of Torres that offers tastings plus the opportunity to learn about wine; Small classes in English or Chinese available.

Newold Wine World 纽澳酒世界
Area B, F1, New City Mall, 99 Caochangmen Da Jie
草场门大街 99 号新城市购物中心负一楼 B 区
86265959

Jiangsu Jiuchao Distillery
江苏九朝酒业
278 Hongwu Lu
洪武路 278 号
84404159

Jayson Wines 南京杰森酒业
52 Taiping Bei Lu 太平北路 52 号
8370 7195

Eminence Cellar 香松酒窖
Inside Wutaishan (opposite to Jin Inn)
Guangzhou Lu 广州路五台山体育场
66012088

Aussino Cellar 富隆酒窖
#109, 198 Zhongshan Dong Lu
中山东路 198 号 109 室
84679799
www.aussino.net

Services

Healthcare

Hscybele Hospital
华世佳宝妇产医院
9 Wenti Xi Lu 文体西路 9 号
24 hour English hotline: 18013919815
www.hswoman.com/en/
Combines an Obstetrics and Gynecology Department, Neonatology Department and Pediatrics Department with a tranquil atmosphere, high standards of hygiene and more than competent English service, including 24/7 telephone hotline. Underwater birth available; international medicare accepted.

International SOS Nanjing Clinic
南京国际 (SOS) 紧急救援诊所
1F, Grand Metropark Hotel Nanjing,
319 East Zhongshan Lu
中山东路 319 号维景国际酒店 1 楼
84802842 (by appt.)
Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Assistance Center: 010 64629100
www.internationalsos.com
Delivers integrated, quality, comprehensive medical care. Services span from family medicine to 24/7 emergency services. Languages spoken include: English, Chinese, German, and Japanese.

Angel Flossy-Care Dental Center
天使福乐氏口腔连锁
4F, 10 Ke Xiang, Qinhuai District
南京市秦淮区科巷 10 号 4 楼
86502567 / 18551700071
www.tsq025.net
Offers all kinds of oral treatments including dental implants, crowns or bridges, dental whitening, cosmetic dentistry, root canal therapy, orthodontics and more. 100 percent bilingual staff; other branches in Suzhou, Nanning, Beijing and Shanghai.

Keya Dentistry
科雅口腔
#411, Bldg. E, Wanda Plaza, Hexi
南京河西万达广场 E 座 411
4008919828 / 83308686
www.keyaath.com
Providers of Invisalign; a popular, Western alternative to braces, plus reconstructive and cosmetic teeth surgery. Axa Assistance, CSETH Insurance, BUPA, METIFE, SOS, Bupa and Medilink accepted.

Global Doctor International Medical Centre
环球医生国际医疗中心
1F, Zuolinfengdu, 6 Mochouhu Dong Lu
莫愁湖东路 6 号左邻风度 1 栋 1 楼
86519991 (24 Hours)
www.globaldoctor.com.au
International medical centre offers family medicine & specialist services plus 24 hour emergency assistance to expatriates in Nanjing. Mon-Sat 09:00-18:00. Multilingual staff: EN/JP/ES/KO/CN.

BEN-Q Medical Centre 明基医院
71 Hexi Da Jie 河西大街 71 号
52238800
Another popular choice for expats, BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors.

Nanjing Union Dental Clinic
南京友联齿科
1F, Grand Metropark Hotel Nanjing,
319 Zhongshan Dong Lu
中山东路 319 号维景国际酒店一层
84818891 / 84808888-6555
dentist@uniondental.cn

Health Examination Center
江苏省国医馆
168 Qingliangmen Da Jie
清凉门大街 168 号
86216721
www.jssgyg.com
English speaking staff, diagnosis by imported advanced medical technology and treatment by Traditional Chinese Medicine. 100% non-invasive.

Nanjing Entrance-Exit Inspection and Quarantine Bureau
南京出入境检验检疫局
1 Guojian Lu, Jiangjun Da Dao,
Jiangning District
江宁区将军大道国检路 1 号
52345354
Health checks for work permit and visa applications.

Nanjing Gulou Hospital 南京鼓楼医院
321 Zhongshan Lu 中山路 321 号
83304616
The major trauma hospital (24 hr).

Jiangsu Provincial Hospital 江苏省人民医院
300 Guangzhou Lu 广州路 300 号
83718836
The major Western medicine hospital.

Nanjing Children's Hospital
南京市儿童医院
72 Guangzhou Lu 广州路 72 号
83117500 83116969

Jiangsu Provincial Hospital of TCM
江苏省中医院
155 Hanzhong Lu 汉中中路 155 号
86617141
The major Chinese medicine hospital.

Nanjing Maternity and Child Healthcare Hospital
南京市妇幼保健院
123 Tianfei Xiang 天妃巷 123 号
52226777
The major maternity hospital in Nanjing.

Legal

D'Andrea & Partners Law Firm
D'Andrea & Partners 律师事务所
#920, Jinglun International Mansion, 8 Hanzhong Lu
汉中中路 8 号金轮国际广场 920 室
86505593 / 86505693
nanjing@dandareapartners.com
International consulting firm present in China since 2004 offering legal services in Italian, Chinese, English, French, German and Russian plus assistance in foreign direct investment in China, mergers and acquisitions, international contract law and labour law.

Jeffrey Wang Attorney at Law
王煜卓 | 南京办公室 | 合伙人 / 律师
Deheng Law Offices, 3F, 2 Chuangzhi Lu
建邺区河西大街创智路 2 号 3 楼 | 德恒律师事务所
13605182614 / 58993266
www.dehenglaw.com
wangyuzhuo@dehenglaw.com
Business lawyer with more than fifteen years legal practice in Nanjing plus fluent English and legal knowledge in both business and personal areas, offering professional services via DeHeng Law Offices, and their network of 21 domestic branches in China and five overseas offices.

Dacheng Law Offices
大成律师事务所
9-10F, Lianchuang Scientific Mansion, 18 Jihui Lu, Gulou District
鼓楼区集慧路 18 号联创科技大厦 A 座 9-10 楼
83755108
nanjing.dachenglaw.com
Hongliang.Hu@dachenglaw.com
Ranked #1 in Asia by size, with branches in 26 countries and all over China. Nanjing branch is ranked #1 in Jiangsu Province (EN/CH/ES/JP/KO).

Property Services

Sun Home Real Estate
南京中清房产经纪咨询有限公司
#1901, Xinghan Mansion, 180 Hanzhong Lu 汉中中路 180 号星汉大厦 1901 室
51860592 / 5186 0590
www.shre.com.cn
sunhome@shre.com.cn
Pre-move consulting home search service, orientation and settling-in programs plus vehicle leasing.

HomeLife
84727590 / 18651613688
www.0086house.com
Specialists in rentals of houses, condominiums, apartments and offices with over 10 years experience in helping expats.

Nanjing Houses
#720, Section 1, Unit 2, 128 Tianyuan Lu, Jiangning District
天元中路 128 号 2 栋 1 单元 720 室
87735531
www.nanjinghouses.com
info@nanjinghouses.com
Provides a unique-to-the-industry process of pre-screening options in order to save time and energy while looking for an apartment or villa.

Home Caught Relocation Service
奥鸿房地产咨询顾问有限公司
4F, 669 Zhujiang Lu 珠江路 669 号 4F
84800918
www.homecaught.com
lease@homecaught.com
Supplies many a multinational firm with home search and rental services plus bus fleet solutions.

Crown Relocations
嘉柏 (中国) 国际货运代理有限公司
#4210, Block A, New World Centre,

Zhujiang Lu
南京市珠江路新世界中心A座 4210室
84541017
slaing@crownew.com
Provides moving services, housing services, school search, immigration services, and orientation services with a global network spanning 60 countries.

Apex International Logistics Co., Ltd 上海正流国际运输代理有限公司
58702129
www.apex15.com
nanjing@apex15.com
Domestic and local moves, office relocation, storage and warehousing, pet relocation, insurance/risk management plus immigration services.

CMR Corporate Property & Relocation
南京浩麦房地产咨询
12C1, Jinlun Mansion, 108 Hanzhong Lu
汉中中路 108 号金轮大厦 12C1 座
84701658
www.cmrchina.com
Supplies multinationals, with additional services including driver's license and import/export of pets.

Faith Houses

Mochou Lu Church 莫愁路教堂
390 Mochou Lu
莫愁路 390 号
84708782
www.njmcchurch.org
English service is held from 3.30-5 pm every Sunday. English Bible Study is every Wednesday from 7.00-9 pm.

St. Paul's Church 圣保罗教堂
396 South Taiping Road
太平南路 396 号
86647225
www.njstpaul.org
English service is held at 10:50 am on Sundays and English Bible study is at 14:00 on Saturdays.

Shigulu Catholic Church 石鼓路天主教堂
112 Shigu Lu 石鼓路 112 号
84706863
English/Chinese Service: Sun 4.30pm

The Church of Jesus Christ of Latter Day Saints
Yuhua Jingli Hotel, 8 Xiaohang Yaojia'ao
雨花区小行尤家凹 8 号雨花晶丽酒店
Mormon service on Sundays at 10am. Foreign passport holders only.

Biyao Catholic Church 碧瑶天主堂
Biyao Garden Square, 189 Leshan Lu
南京市建邺区乐山路 189 号碧瑶花园广场
84706863

Shengxun Church
English service is held on Sundays from 10.30-12 pm and Chinese service from 2-4 pm on Sundays.
圣训堂
158 Leshan Lu
南京市建邺区乐山路 158 号

Jiangsu Lu Church 江苏路教堂
60-10, Jiangsu Lu
江苏路 60-10 号
83724547

Gulou Religious Activity Site
基督教会鼓楼聚会场所
2-2 Beijing Xi Lu
北京西路 2-2 号 2F
84435660
Services held Mon-Sat from 7-8 am and Sundays from 7-8 am, 8.30-10 am and 4.30-5.30 pm.

Jinsu Nunnery 金粟庵
18 Wufu Jie, Jiqing Men, Qinhuai District
秦淮区集庆门五福街 18 号
86626905

KuanEumHui Korean Buddhist Club
观音会南京韩人佛教会
#1703, Bldg. 2, Fuli Shanzhuang
富丽山庄 3 栋 1703 室
13222018582
Service: 11:00am

Nanjing Islam Association
伊斯兰教协会
28 Shengzhou Road, Qinhuai District
秦淮区升州路 28 号
52216974

Jizhaoying Mosque 吉兆营清真寺
3 Jizhaoying 吉兆营 43 号
83605565

Taiping Lu Mosque 太平路清真寺
299 South Taiping Lu
太平南路 299 号
84525352

Caoqiao Mosque 草桥清真寺
26-32 Ganyu Xiang
甘雨巷 26 - 32 号
52209482

Training, Coaching & Consulting

Chrysalis Consulting
智变
#932, 699 Zhongshan Men Da Jie, Maqun, Qixia District
栖霞区马群中山门大街699号紫金尚商办综合楼932室
18551737659
www.chrysalisasia.com
thrive@chrysalisasia.com
A multi-national consulting firm involved in business consulting, solution services, young professional services, business start-ups and care for orphans.

MTI Nanjing
#714, Building 7, Wanda Dongfang, 58 Yunjin Lu
云锦路 58 号万达广场 7 栋 714 室
84714552
www.mticonsulting.com
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15951982141
mcbridesports@gmail.com
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Pets

Doctors Beck & Stone
贝克 & 史东医生国际动物医院
159 Forrest Mall, 301 Zhongshanmen Street, Xuanwu District
玄武区中山门大街 301 号森林摩尔商业街区条形码区西 159 号
87761656 / 877616136 / 400 103 8686
Leading international pet hospital group, supporting responsible pet ownership, and providing the highest level of veterinary services that include grooming, boarding, and pet food.

Amy Hao Hao Pet Care
爱咪好好
18 Nantai Xiang Xi (off Wang Fu Da Jie)
王府大街南台巷西 18 号
84203097 / 13952034351
Professional cat and dog grooming service run by a local Nanjing girl who speaks fluent English.

Puppy & Kitten Pet Store
狗仔猫仔宠物店
81 Shitoucheng Lu
鼓楼区石头城路 81 号
83322380 / 18625184686
Large range of natural and/or organic imported dog food complimented by the necessary selection of treats, chews, leads and bowls.

Tom Dog Pet Center 汤姆狗宠物中心
1 Dingxin Lu 鼎新路 1 号
86662858
Pet stayover and dog walking service, retail outlet and English speaking staff.

Hairdressers

V-Salon
香港时光设计有限公司
32F, Golden Eagle Plaza, 89 Hanzhong Lu, Gulou District
汉中中路 89 号金鹰国际商城 32 楼
86292980
Run by a stylist to many pop and movie stars, including none less than Nicolas Cage and Julia Roberts.

Photography

Nicolas Harter Photography
13770761603
www.nicolasharter.com
A French photographer specialising in wedding, commercial and event photography, and author of photo-book "Africa Square", a profile of African artists at the 2010 Shanghai Expo.

Media & Design

SinoConnexion
南京贺福文化传媒有限公司
14F, Building 1, World Times Square, 8 Dongbao Lu, Gulou District
鼓楼区东宝路 8 号时代天地广场 1 幢 1417 室
58491159 / 13851522275
www.sinoconnexion.com
info@sinoconnexion.com
International award winning professional foreign owned video and media production company with 30+ years experience, and 23 years of work in China. Also offers agency services, print and digital publication production, broadcast media, internet advertising, social media promotion and production of audio materials.

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www.vozdesign.com
mundosanto@gmail.com
Professional marketing oriented graphic design and brand development. No copies, no templates, only creativity and lots of brain juice. Mediocrity is a disease we fight everyday.

Translation

Wow-Super A Translation Service
南京领域翻译有限公司
#4004, 40th Floor, Tian'An International, Shigu Lu, Gulou District
新街口大洋百货天安国际 40 楼 4004 (地铁 1、2 号线新街口站 15 号出口)
13813906747
www.wowtran.com
Offers a full suite of translation services for business, legal, technical and personal use, including official and notary translations, marriage certificates, drivers' licenses plus interpreter services.

THE NANJINGER BUS TABLE

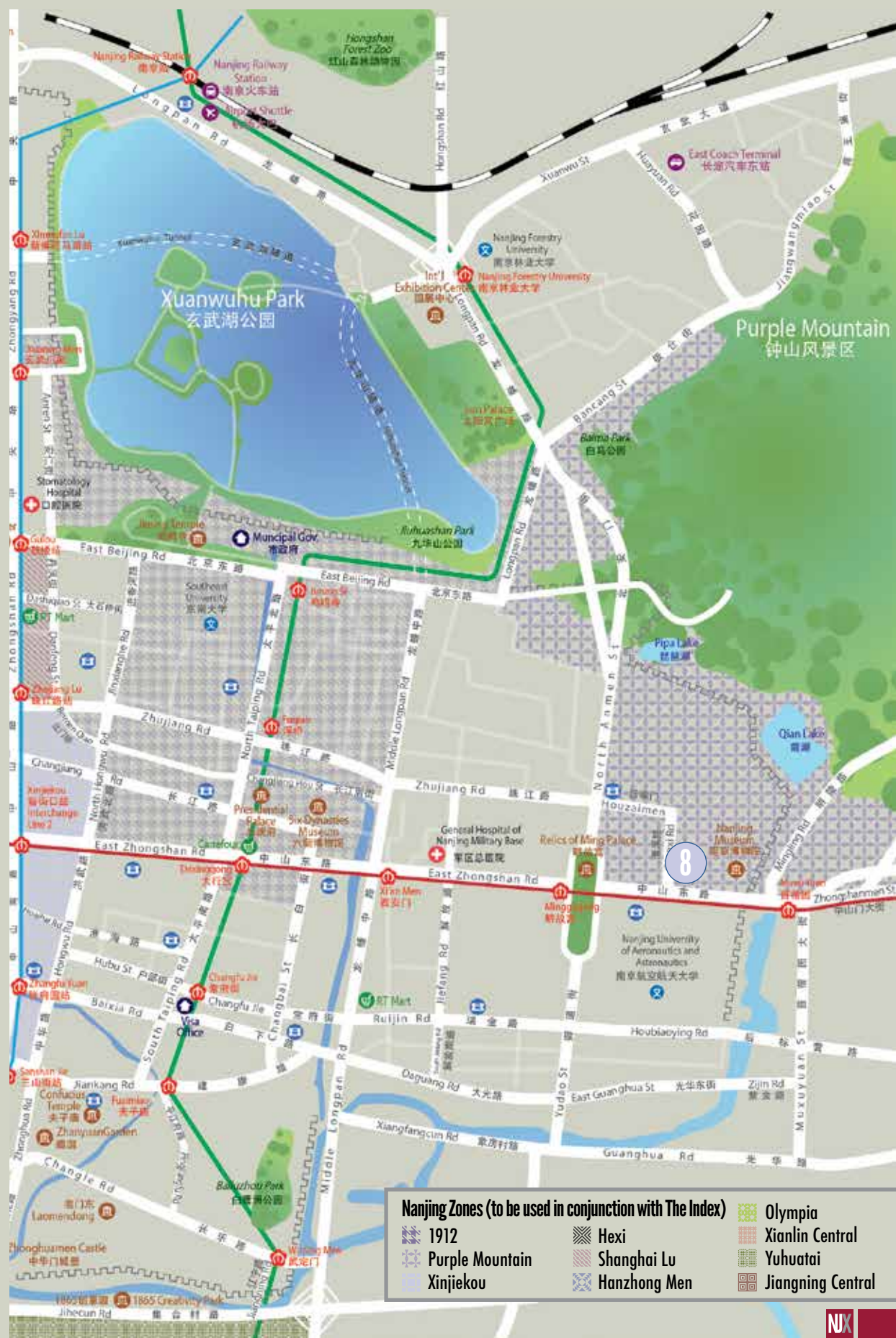
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Notes on using The Nanjinger Bus Table

This handy bus table is a cut down version of the entire Nanjing public bus system that focuses on parts of the city of interest to expats. If you are looking, for example, to travel from your home in Xianlin to Nanjing Railway station, look at the Xianlin area of the table (orange), then look to the right to see which lines run between the two locations. In this case number 97. Easy, huh?



[illegible]



Nanjing Zones (to be used in conjunction with The Index)

- | | | |
|-----------------|--------------|-------------------|
| 1912 | Hexi | Olympia |
| Purple Mountain | Shanghai Lu | Xianlin Central |
| Xijiekou | Hanzhong Men | Yuhuatai |
| | | Jiangning Central |



Jiangning



Xianlin

Premium Partners



1



2

The British School of Nanjing



3



4



5



6



7



8



9



10



Olympia

Hiring Graduates; the Tripartite Agreement

- It is that time of year and universities across China will begin assisting graduates with their Tripartite Agreements.

What is a Tripartite Agreement?

It is an agreement signed by the graduate, the employer and the university prior to commencing work. Tripartite Agreement (TA), short for Common Colleges and Universities Graduate and Postgraduate Employment Agreement (普通高等学校毕业生、毕业研究生就业协议书) is a written agreement that constitutes the rights and obligations of three parties. It assists in resolving any issues such as permanent residency, archives, social insurance, pension and so on.

General Terms and Conditions

In accordance with the rules and regulations of the PRC Ministry of Education, a TA generally includes identity, position, work place, term of service, probation period and its commencement date, monthly salary during the probation period and after the probation period, the benefits for the graduate and the amount of damages payable by the breaching party.

The Nature of a Tripartite Agreement

The TA is a preliminary agreement, a letter of intent on employment or a “pre-contract” (预约合同). The labour contract is signed only after the graduate commences work at which time the TA automatically terminates.

Case 1 Under a TA can an employer sue the employee on the basis of premature resignation?

The employee/defendant (D1) was hired as an intern on 6 June, 2014 with employer/plaintiff (P1). D1 received his/her certificate of graduation on 12 June and officially started work on 10 July. D1, P1 and the university signed a TA on 15 July. Work time 1-year damages were set at ¥4,500. No labour contract was signed. D1 resigned on 31 August, 2014.

P1 filed a lawsuit and claiming ¥4,500 in damages. The court concluded that all parties had performed their rights and obligations in accordance with the TA, D1 had not breached the TA, and P1's claims proved groundless.

The counterclaim from D1 for the difference of double salary during the period of 10 August to 31 August, 2014 for failure to submit a written labour contract by P1 was successfully approved by the court.

Case 2 Can a TA serve the same function as a written labour contract?

The employee (P2), employer (D2) and the university signed a TA in May, 2013. P2 received his/her certificate of graduation in June, 2013. P2 continued to work without a written labour contract; additionally D2 did not procure social insurance for P2. P2 resigned in June, 2014 and filed a lawsuit against D2 for the payment of double salary from June, 2013. P2 had requested a social insurance form in June, 2013.

D2 argued P2 was paid ¥500 a month extra in cash for social insurance. D2 claimed the TA was as good as a written labour contract, as a result the court denied this claim.

An employer should implement a written labour contract with the employee according to the law after work commences. Failure to do so after one month will result in a monthly double salary paid to the employee. The TA is not the same as a labour contract thus the court favoured P2.

HR Tip

If your company wants to recruit graduates, a written labour contract as specified by the TA and as required by the Labour Contract Law need be drawn up and signed prior to the commencement of work. The TA does not replace a written labour contract, which needs to be signed after work begins. Doing business in full compliance with PRC labour laws is a good and safe practice, not only the basis for building harmonious labour relations but also to control and avoid any legal risk for the company and graduate. 📌

Disclaimer

This article is intended solely for informational purposes and does not constitute legal advice. Although the information in this article was obtained from reliable official sources, no guarantee is made with regard to its accuracy and completeness. For more information please visit dandreapartners.com or WeChat: dandreapartners.

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Yangzhou

Four Points by Sheraton Yangzhou

Taizhou

Double Tree by Hilton

Tianjin

Wellington College International Tianjin

Changzhou

Sheraton Changzhou Wujin Hotel

Sheraton Changzhou Xinbei Hotel

Sheraton Jiangyin Hotel

Oxford College

Wuxi

EtonHouse International School

International School Wuxi

Sheraton Wuxi Binhu Hotel

Taihu International School

Suzhou

Dulwich College Suzhou

EtonHouse International School

Zhenjiang

Sheraton Zhenjiang Hotel

Hefei

Sheraton Hefei Xinzhan Hotel

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