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BY NANJINGEXPAT

NOVEMBER 2016 / ISSN 2051-9974







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# THE NANJINGER

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## Introducing some of our contributors, editors & designers

Our Editor-in-chief and Music Critic, Frank Hossack, has been a radio host and producer for the past 30 years, the past 22 of which working in media in China, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

贺福是我们杂志的编辑和音乐评论员，在过去的30年里一直从事电台主持和电台制片的工作。在中国有近20年的媒体工作经验。工作期间他曾经四次获得过纽约传媒艺术节大奖，分别是世界前40强节目奖，最佳编辑奖，最佳导演奖以及最佳文化艺术奖。

As an Australian journalist living in Nanjing for many years, Renee Gray has a background in research, print and online publishing, taking great pleasure in discovering more about Nanjing with every article.

作为在南京居住多年的澳大利亚新闻工作者，Renee Gray有着调研以及印刷品和线上出版物的工作背景。她总是乐于在每篇文章里发现关于南京的内容。

Nick McBride is a Personal Trainer specialised in coaching young athletes as well as Director of MIM Sports Ltd., a UK owned business with offices in Nanjing and at home that provides quality sports kit and equipment in addition to running sporting academies in soccer, rugby, tennis and fitness. Nick McBride是英国MIM体育有限公司总经理，同时也是年轻运动员的私人教练。他的公司设在南京和英国两地，提供包括足球、橄榄球、网球和体能在内的多项训练服务，此外也提供各种高质量的运动器材和装备。

Matthew Stedman has spent years living and working in China. He has sold Chinese tea in the UK, and loves discussing the miraculous leaf with new (and suspicious) audiences. He however never feels happier than when researching the product here in beautiful South China.

Mathew Stedman在中国生活工作了多年。多年在中英两国从事茶叶贸易的他，喜欢和新读者讨论神奇的东方树叶（虽然有时他的读者保持怀疑态度）。没什么比在美丽的江南走访品尝各种茶叶更让他开心的事了。

Legal contributor Carlo D'Andrea is Chair of the Legal & Competition Working group of the European Union Chamber of Commerce in China; Shanghai Chapter, Coordinator of the Nanjing Working Group of the Italian Chamber of Commerce in China and has taught Chinese law (commercial and contractual) at Rome 3 University.

法律作家代开乐担任中国欧盟商会上海分会法律与竞争工作组主席，中国意大利商会劳动集团的协调员与曾经在罗马三大担任企业咨询课程中中国商法、合同法的课程教授。

Roy Ingram has over 25 years experience working as an artist and Creative Director. His early career was with agencies in London but for the past eight years he has lived and worked in Nanjing.

Roy先生有着超过25年的创意总监和艺术家的工作经历。他早期的职业生涯是在伦敦的一家机构里开始的，但是在八年前他决定来到南京生活工作。

## Plus a cooperation with Nanjing University

Contributing editor Ken Ellingwood is a former foreign and national correspondent for the Los Angeles Times and author of Hard Line: Life and Death on the U.S.-Mexico Border. Teaching Journalism at Nanjing University's School of Journalism & Communication, he coordinates a program that gives students experience in the real world of publishing through writing work to appear in Nanjing Expat's stable of English media.

特约编辑 Ken Ellingwood 之前是《洛杉矶时报》的国内外通讯记者，同时也是“死亡地带”的作者：描述美国与墨西哥边境的生存与死亡。他目前在南京大学新闻与传播学院讲授新闻学，通过长时间合作，Nanjing Expat 已经成为南大新闻系学生实习基地，很多稿件将有他带领的南大新闻系学生团队完成。



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This magazine is part of the Nanjing Expat family of English publications that together reach a very large proportion of the foreign population living in Nanjing, along with a good dash of locals, comprising:

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## Second Hand News

*In this issue, we continue a series of articles exploring the trading relationship between China and other countries, with a particular focal point; this month, Italy, and er, food.*

*Elsewhere, we welcome a new reviewer to the fold; Alex Szabo investigates what's new on Nanjing's Western dining scene in Our Space (p35).*

*Onto our theme for this month. 'T'was not so long ago that Chinese people would not dare to buy anything that was not brand new.*

*Now, however, the ever popular thrift shop in the West has come to China, albeit in the form of an app; many many apps to be precise.*

*We explain this remarkable change of attitude, taking the used car industry as an example (p10-12). On two wheels, long term contributor Melissa Morgernstern wistfully reflects over times spent on her second hand bike, revealing in the process, surprising attitudes among Nanjing's cyclists (p14-16).*

Welcome to "Second Hand" from The Nanjinger.



# Litany of the Preloved

*..Why do you dress me / In borrowed robes?..* (Macbeth 1.3)

Three pairs of grey trousers, flannel.

An oversized, over-coloured, puffed out jacket- ski.

A jumper, red with small repair to left elbow.

An electronic game: Space Invaders, if I remember.

One Kodak camera, complete with 110 film,  
with picture of me from  
when I asked whether it worked and  
five, poorly lit, of a stranger's day out at a  
zoo.

Three white shirts, one with slightly yellowed armpits  
and distinctive smell.

Two bikes: one pink, one red-  
only one of which I could bring myself to  
ride.

A car I will always remember and love.

A girlfriend I learned not to.

One coffee maker.

One house with hidden fireplace  
and soon after a new-born infant's cry.

...

One set of dreams  
complete with scars which, in time, I shall  
pay forward,  
still untouched- in original packaging.

...

One mortal shell to be passed on  
too soon.

*By Maitiu Brallaghan*

# Letter Of The Month

Dear Editor,

With the emergence of private cars I now frequently use them as I have no more energy left for the bus. Taking the bus used to leave me enraged and emotionally drained before I even started work. So when DiDi came along I breathed a sigh of relief believing my bus rage was over.

It seems however that locals have a knack for getting under the skin of foreigners without even noticing it. The ingrained sense of looking after no.1 and a great lack of awareness for others resonates everywhere in this country and DiDi is no exception.

I call for DiDi etiquette. Naturally a passenger will automatically get into the car from the right hand side...it's natural...everyone does it with some choosing the front and/or back seat. However, if you are in the car and you see another making plans to get in the core just move over...I shouldn't have to ask. And while you're at it speak softly on your phone, move your mountain of shopping onto the floor and keep your eyes to your own phone!

Poppy Walker  
Publicist

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二手车

By Frank Hossack

Never Trust A  
*USED CAR SALESMAN*



After a foul October, and as November dawned in Nanjing, the sun decided to poke its head out from behind the grey gloom. Under the blue skies, it was a crisp, fresh, bright morning.

Not so for Nanjing's Second Hand Car Market that lies just off Daming Lu. What was a hive of activity has been reduced to a handful of dealers, each operating out of a ramshackle office in front of which they peddle their wares, more often than not consisting of a Mini Cooper, a Volkswagen Beetle, a Buick Excelle, a couple of Hyundai and the ubiquitous Honda Accord.

Some of the dealers busy themselves washing their cars, painting the tire walls black, opening the bonnet to show off a souped up, polished engine. Today, others are content to sit in the sun. Dealers, it appears, outnumber buyers.

The culprit? Apps. There can be few of us Nanjingers who have not seen the advertisements playing outside office lifts for second hand car apps in which the middle man vanishes before our very eyes. Such C2C sites that connect car owners and sellers directly include Renrenche and Haoche51. Then there is the plethora of other types of platform, from the traditional B2C model that buys used cars and then sells them on to individuals after pocketing their commission, to more innovative C2B examples such as Youxinpai and Cheyipai whereby car owners can sell their car to a dealer under a bidding scheme.

A few years ago, these same salespeople were also sitting around doing largely nothing, albeit for an altogether different reason; Chinese people simply did not want to buy a used car. Until recently, buying a used auto meant making do or settling for less. Then there was the issue of safety; a good proportion of used vehicles for sale in previous years had been in accidents. Used car salesmen in China are no different to elsewhere; the stereotype that they are economical with the truth is, if anything, reinforced by a market that is

less than transparent. Full Service History? Yeah, right.

Now, the worm has turned. Second hand cars are all the rage in China, thanks to a change in public perceptions, the relatively high price of new cars (or astronomical in the case of imports) and changes in policy from those up on high in Beijing who see used cars as an effective way of raising consumption among lower income groups.

Most of the cars sitting out in the sun this November morning at the Nanjing Second Hand Car Market are 3-4 years old. Born here, their retirement destination may be elsewhere in Jiangsu or even further afield, thanks to vehicle emission standards that differ from city to city. What was a middle class family's runaround in Nanjing is shortly to be a taxi in Huai'an.

One upshot from the policy changes that will see many a vehicle more optimistic of their retirement is a scrapping of regulations that prevented cars from being sold across provincial borders, ostensibly to protect local businesses. Nevertheless, more than 300 cities have introduced limitations on used cars sales, while in Beijing, cars may not be sold if failing to meet the National 5 vehicle emission standards (China's equivalent to the Euro V).

There were a total of 24.6 million car sales in China last year (up 4.68 percent year on year, according to the China Association of Automobile Manufacturers) of which used cars accounted for seven million (up a whopping 17 percent year on year). Such growth is really beginning to shake up the status quo in which China was a mirror image to Western developed economies. Sales of second hand cars in the USA, for example, are 2-2.5 times higher than for new vehicles. In China, the reverse is true, or was true.

Back to those apps. Used car sales through online marketplaces have skyrocketed over the last year, as consumers have been drowned in a sea of advertising that

persuades them to e-shop as it is cheaper, faster, easier and more transparent. Last August, the hugely popular online reality show “Running Man” found a new sponsor in online second hand car marketplace Xin.com, a snip at ¥180 million.

In the physical world, dealerships generally look to slap 20-35 percent on the asking price for a vehicle, and call that their profit. Online, commission rates run at an average of 3 percent.



While the aforementioned Renrenche has sold over 200,000 cars since its formation in April 2014, and this year hit a monthly peak of 18,000 in July, the numbers still do not add up, especially when there is all that advertising to pay for.

Then again, they may not have to pay for it, or at least some of it. The market leaders in the online second hand car market are all backed by major Internet companies. Renrenche has both Xiaomi and Tencent among its stakeholders, while Baidu reclines in a Renrenche boardroom seat.

The situation is far from without precedent. In the cases of the last two Internet sensations; taxi hailing and food delivery, the industry enjoyed an initial honeymoon, buoyed by capital investment, followed by consolidation, after investment was no longer sustained, with the remainder falling by the wayside; no less than six online car wash services have hit the wall this year alone.

With the taxi app wars, Didi Chuxing was the only domestic outfit to survive. In the competition for our stomachs' attention, Ele.me, Meituan Waimai and Baidu Waimai collectively control 80 percent of the food delivery market.

So it will likely be with the online sales of used cars, with Renrenche in the lead to emerge as the final victor. Not only has the startup raised US\$260 million in investment funding (in just 18 months), it also has a formidable team as founders; Du Xiyong, with his 12 years' experience in auto news editing, and three former Baidu IT engineers.

All is not lost for the car dealerships of old, especially with regard to the sale of imported cars. Local drivers may well be unfamiliar with an imported model and will therefore feel a strong need to see and sit in the vehicle in person before committing to a purchase.

China Auto Logistics, a Nasdaq listed firm that buys and sells imported cars, has grown to become China's largest wholesaler of imported luxury vehicles with a network of 3,000 dealers nationwide. With its belief in the long term growth potential for the industry, the company recently took over a 26,000 sq.m. space in Tianjin to turn it into a massive second hand imported vehicle mall; the fabulously named Car King Tianjin.

Both on and offline, the used car market in China is certainly getting the rattling it deserves, with drivers finally sitting behind the wheels of the reasonably priced decent cars they too deserve. The sooner that message gets through to Nanjing's Second Hand Car Market, the better. **NX**

#### *Thinking of buying a used car in China?*

The Nanjinger's Auto Correspondent says, "Visit the markets, check prices online and ignore the salespeople. Make friends with someone in the police and ask them to check the car's accident report. Then, and only then, should you make the dealer an offer".



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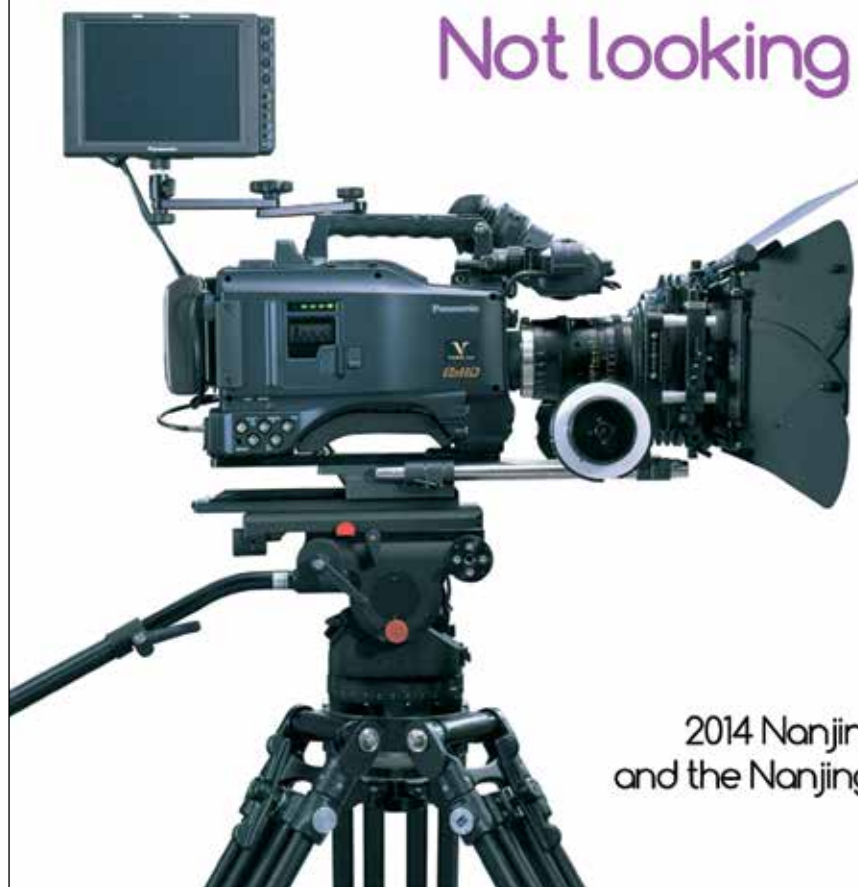


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# ode to a second hand bike



BY MELISSA MORGERNSTERN

Two bus stops away from the Hopkins Nanjing campus, across from a wonderful exhibit on Ming Dynasty treasures found in Nanjing, was the infamous second hand bike alley. After one month back in Wisconsin teaching myself to ride a bike with the help of a Youtube video made by an NYU student, I was determined to buy a bike and become a part of the Nanjing commuting throng.

I went with two classmates to this alley known for pedalling second hand bikes; unfortunately, they were most likely stolen. I sat looking for a bike that most resembled the Dutch commuter bikes or “fiets” of my childhood. And there she sat, quite unassumingly, the Pretty Sheep 4. She had a nice coat of Purple paint and was ready to attack the streets of Nanjing. Who knows what happened to the Pretty Sheep(s) 1, 2, and 3, or if they even existed at all, but the 4th generation was mine for the taking and she would serve as my trusty steed for my two years in Nanjing.

My first biking adventure was a frightful, fitful, and ambling jaunt through the central streets of Xinjiekou and the clubbing district. Experienced, unafraid bikers who had ridden unsecured as toddlers on the back of their mom or dad’s bike, whizzed past me. Somehow, almost being hit by a car did not hurt as much as getting cursed by an older man. I took a break at the park in front of Carrefour and was questioning my desire to become a Nanjing biker. Especially disconcerting were the looks I was getting for my helmet. “Where is she going?” they must have thought, and not in a slow panoramic hair blowing in the wind “who’s that girl” kind of way. More like, “What’s her problem, feh, lao wai”.

After pondering my confidence issues and boiling it down to, “I want to get off campus and I don’t have a car, nor want to die driving one”, I got back on my bike and proudly rode back to campus where I could protect my new favourite companion.

Before I even knew that my bike had already been christened the Pretty Sheep 4, I had already decided on a name that more accurately fit my weird sense of humour. The “Purple Nurple” was born the day I rode her home from her original place of birth. She was Purple, and

the look on people’s faces when I told them her name was too priceless, thus the name stuck. The Purple Nurple was instrumental in getting me to and from work, to my yoga classes, to helping me make relaxing rings around town, and to meeting people for coconut mango desert bowls and kebabs (串儿) late into the night.

Surprisingly, within two very eventful years in Nanjing, the Purple Nurple was never stolen. I got cocky and even left her outside unlocked. When I found her intact without anyone stealing her, I started to wonder if there was something desperately wrong with her. It is almost sad when one starts wondering what is wrong with one’s belongings if no one wants to steal them.

In two years, the only thing taken from me was a really nice night light that I mistakenly left on one of Purple’s handles outside my yoga class. The lack of interest in my bike by thieves made me love the Purple Nurple even more. I rode her around recklessly like a local with nothing to lose. During Golden Week, when I was invited to bike to Yangzhou from Nanjing, I had no doubt that Purple would survive the trip. Looking back, the Nurple in reality had about as much stamina as an on-sale Walmart bike. However, she rode along highways, over dirt roads, and rested on a ferry like a champ. Bikers along the way either thought that I had an amazing bike or an amazing pair of legs. I would like to think both were responsible for the successful trip.

Despite having some very sore legs, the Purple Nurple helped me to see the sites of a China not offered to most. From crawling along major highways to weaving through towns and busy streets, the Purple Nurple held up over two years with the speed and strength of a 1,000 dollar bike. She is featured so many times in my pictures and memories that she almost became part of the family.

“How’s the Nurple?” my mom would unironically ask over Skype. “She’s doing well, she gets me everywhere and anywhere”, my excitement brimming over at a rate that is usually reserved for a young boy’s old junker of a first car.

Over two years, my dependency on cars turned



into a complete lack of understanding of why I would need a car in the first place. Between buses, trains, the subway, the Purple Nurple and the occasional shared or emergency cab ride, why would I want to sit in traffic, when I could lurk from the comfort of the Purple Nurple? I loved my Nurple so much that when it was time for me to leave China, selling her became the last and most painful thing I had to do. I took one last picture and sent Purple on her way with one of my friends who was now the one making a home for herself in Nanjing.



Three years after returning to the US, I went from my ideal life as a cyclist through urban China to being car dependent in Southern California. I would inwardly rage over gas prices and traffic jams, waiting for the weekends when I could set aside some time to cruise on my flea market purchase named Blueberry.

Biking through Southern California does not have the same power as racing through the poorly regulated streets of Nanjing. Despite the constant dangers of my reckless bicycling combined with a public that is fairly new to car culture, I felt safer amongst the crazed various forms of transportation vying for the right of way, than amid the wide lanes of Southern California's suburbs. Instead of being traditional transportation for the masses, biking seemed to be more of a labour for those who could not afford a car, an almost unavoidable necessity in highway consumed South California. I thought of the

Purple Nurple and what seemed like easier days, save for the ones consumed with homesickness, term papers or food poisoning.

The Purple Nurple became a symbol for times where I was not trapped by highways, petrol prices or post academic responsibilities. The Blueberry died tragically after an 8 hour trek along any bike path I could find, with both my legs and blueberry's tires destroyed, it was time to find a new bike. I bought a Purple Nurple lookalike from Amazon that despite its newness, shine and complete lack of history, failed to be comfortable or endearing in any sense. It did not help that I still lacked a bike friendly community and that at this point I was living on the top of a massive hill that blocked any effort I put into mastering the uphill climb.

Soon after I had treated myself to the Purple Nurple's new cousin, a major life change came my way in the form of a new position in the Bay area (Berkeley to be exact). The transition was a difficult one to be sure, but almost like a sign from the heavens, my American Purple Nurple was taken the day before I moved. Since moving to the Bay area, I now have a completely new bicycle called Black Pete (a reference to a somewhat controversial Dutch fictional character). I get to fulfill my dream and previous love of bicycle commuting and my ultimate dream of being able to commute to work without a car. The Black Pete lets me glide along the Ohlone greenway, a bike/walking path lined with art and a major enabler of daydreaming (just be careful of the crossings). The Black Pete is a wonderful reminder of my past and a great part of my present; whizzing through Nanjing on a possibly stolen steed of amazing strength turning into an easy glide controlled by very civilised crossings and extremely uncaring high school students, begrudgingly heading to school. Even in the grey, pouring rain, the freedom of a bike on a quiet path made me so happy, it felt like the same type of freedom I enjoyed in Nanjing while giving drivers heart attacks and blatantly ignoring crossing warnings.

Thank you Purple Nurple, for giving me a sense of freedom that I have brought with me back to the US after a wonderful and terrifying two years in Nanjing.

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Surf Green Surf Clean



# SECOND

# HAND

# SELLER

By Renee Gray

Growing up, I was made aware of what was to be handed down to me after there was to be a death in the family, what family heirloom, so precious it was priceless would some day be mine. Crystal is always given, jewellery perhaps or a pocket watch for the boys, but it was silk for the ladies that was always one of the most prized possessions. True, the silk handed down in my family probably was not the finest of Chinese silk but during the days of my ancestors it was. Wealthy aristocratic women from the Roman, Greek and English empires admired Chinese silk so much its beauty became legend.

"I can see clothes of silk, if materials that do not hide the body, nor even one's decency, can be called clothes... Wretched flocks of maids labour so that the adulteress may be visible through her thin dress, so that her husband has no more acquaintance than any outsider or foreigner with his wife's body"; Seneca the Younger (c. 3 BCE – 65 CE), *Declamations Vol. I*. Perhaps unsurprisingly therefore, the Roman Senate famously tried to ban all imports of luxury Chinese silk and commodities on economic and moral grounds.

Chinese legend states that (very similar to another Chinese legend talking of the origins of tea) silk was discovered by Xi Lingsui, Emperor Huang Di's illustrious wife, when a silk cocoon dropped into her hot tea; fine threads unravelled and voila, silk was born. Silk became a precious commodity within China and was strictly enjoyed by royalty. It became a source of trade within China and not before long China began using it as a means of international currency on what was to become known as the Silk Road.

Initially as a means to transport only silk, but over thousands of years the Silk Road assisted in the development of some of the greatest civilizations on earth, that of China, the Indian subcontinent, Persia, Europe, the North of Africa and Arabia.

Listed as a world heritage site and believed to be anywhere from 4-7,000 miles long, what we now know as the Silk Road began materialising as early as the 1st century BCE. Efforts made by the Chinese saw an expansion of it linking the Hexi Corridor (Gansu Corridor) to the Mediterranean around 130 BCE. By the end of the 1st century a maritime route was also up and running, connecting trading ports that included Java, Hanoi, Goa and as far as Zanzibar and Alexandria. Merchants along the Silk Road came primarily from Indonesia, China, India, Persia, Arabia, Somalia and Europe.

Dreadfully inhospitable deserts and mountain ranges was what surrounded a host of oases that provided refuge to the merchants. Caravans would eventually reach China having journeyed from the north. Traders would travel through the Hexi Corridor in order to finally reach the great capital of Changan (what is now Xi'an). The Hexi Corridor was the northern link of the Silk Road that ran northwest from the Yellow River.

As early as the 1st century BCE, silk started appearing in Siberia, after having journeyed through the Hexi Corridor. To the south lies the hostile Tibetan Plateau and to the north the Gobi desert and the savannahs of Outer Mongolia.

During the Han and Tang dynasties, Changan played a major role in events along the Silk Road. As the first point of entry into China via land, this city was a major source of international exchange and multiculturalism, thriving with the hustle and bustle of exotic trade as well as cultural and philosophical exchange. The ancient marketplace that was situated at Changan West Market was a meeting place for music, entertainment, trade along with cultural and language exchange. The Silk Road was reopened during the Tang dynasty and overseen by China's only reigning Empress, Wu Zetian. When she died





representatives from over 61 countries attended to her funeral.

Over the years, demand grew and grew until eventually jade, fine porcelain and silk were among some of the most popular luxury items sought after in aristocratic European circles. The Chinese understandably became *outré* protective of their products that the Great Wall was expanded in order to protect it. Anyone caught smuggling out silk worms was executed. "The art and civilization of the Silk Road achieved its highest point in the 8th century. Western civilization began to reach China in the late 6th century with the assistance of Arab middle men. In China, the Tang Dynasty had united the country and its capital, Changan...had a population of two million people and an estimated five thousand foreigners"; University of California at Irvine.

Aside from what was obviously traded and exchanged along this route, perhaps the biggest legacy of the Silk Road is its exchange and influence of culture, belief systems, philosophy, technology, foodstuffs and luxury items.

Among foods imported into China were walnuts, sesame seeds, alfalfa, string beans, onions, cucumbers, carrots and exotic fruits such as watermelons, peaches, pomegranates and figs. "Most popular food: raisins, nuts, dairy and fruit products in Xinjiang, Muslim beef noodle soup in Lanzhou, roujiamo (like hamburgers) and shish kabobs in Xi'an"; Seasdrums.org.

Central Asia exported camels to China along with military equipment, gold and silver, semi-precious stones and glass items. Other goods included wool, cotton fabrics, gold embroidery, fat-tailed sheep and hunting dogs, leopards and lions. Roman glassware was even found in Nanjing tombs dating from 25–220 BCE.

Mediterranean rugs, carpets, curtains and blankets started to appear. Being unfamiliar with the methods of producing and processing wool, the Chinese greatly welcomed and well harnessed the future techniques of weaving. "Knowledge of winemaking passed eastwards from the Middle East to China, while the idea of noodles moved the

opposite direction"; The Economist.

"Heavenly Horses" from the Greek kingdoms of central Asia were greatly sought after by the Emperor of the Han Dynasty and were brought along the Silk Road into western China; descendants of these horses are still around today. The game Polo was introduced to China over 1,000 years ago and, just as in the West, was thoroughly enjoyed by aristocrats.

During this time it was Indian missionaries who took Buddhism along the Silk Road where it later spread to Japan and Korea. Reaching China during a time of upheaval and struggle, Buddhism gave the Chinese something to put their faith in and it flourished. Various places and communities along the Silk Road added to and changed the original teachings, turning it into what we now know as Chinese Buddhism.

As much as the Silk Road became a vital means of culture and luxury trade for imports to China, in return what China handed down to the world turned out to be some of the most important inventions and commodities of all time.

To name but a few, China handed down to the world gun powder, papermaking, printing, the compass, porcelain, silk, tea, Chinese medicine, thin and delicate porcelain, bronze ornaments and mirrors, umbrellas, and perfumery. Along the Silk Road, merchants also carried tea and rice, corals, amber and asbestos. Additional products dug up from the Gobi desert also include turtle shells, spices, ceramics, cinnamon, ginger plus iron items and bronze weapons. That's not all; then came the abacus, locks, clocks, crossbows, fireworks, the sail and rudder, the spinning wheel, stirrups, the umbrella, zero, kites, the seed drill, noodles, alcohol, acupuncture and toilet paper. Above all however, the most sort after amongst the European elite were fine silks, the thinnest of porcelain and tea.

The transportation of goods by land was not the only means of travel; maritime trade became widely and effectively used, later to become known as the Spice Routes.

These routes supplied markets across the world with cinnamon, pepper, ginger, cloves and nutmeg mainly from the Moluccas islands in Indonesia (the Spice Islands). Technology, science and navigation, astronomy, and shipbuilding were exchanged. Dynamic coastal cities grew around frequented ports such as Alexandria, Muscat, Zanzibar and Goa.

Along with goods, foods, philosophies and religions, disease also ran along the Silk Road; there is evidence to suggest that the bubonic plague, anthrax and leprosy actually came from the Silk Road. However, "researchers [did] excavate 2,000-year-old feces from a latrine along the Silk Road in northwestern China, and found that it contained eggs from the Chinese liver fluke, a parasitic worm that is typically found at least 930 miles (1,500 kilometres) away"; LiveScience, Charles Q Choi.

In order to protect traders along the Silk Road from bandits, General Zhang Qian of the Han Dynasty and his army were dispatched to the road in order to provide security for the roads and to establish trade relationships with other countries; a tradition that started almost 2,000 years ago and is now enjoying a revival thanks to China's "One Belt, One Road" plan.

Essentially a restoration of the old Silk Road, the One Belt, One Road links China to the world again in order to create a thriving trading ground. The "New Silk Road" includes Dubai, Beijing, Mumbai, Chennai, Tokyo, Doha, Kuala Lumpur, Singapore, and Riyadh.

"It will connect China with Southeast Asian countries, Africa and Europe... known as the Silk Road Initiative. Neither the belt nor the road follows any clear line geographically speaking; they serve more as a roadmap for how China wants to further integrate itself into the world economy and strengthen its influence in these regions. Many of the countries have traditionally had close trade and investment relations with China, which

says they should deepen cooperation, especially in terms of building infrastructure and other development projects. The strategy underlines the government's push to have a bigger say in global economic and political affairs, and to export China's technologies and production capacity in oversupplied areas such as steel manufacturing"; Caixin.

However China's new Silk Road plan has met some criticism; there are those who say it is merely a means of trade war over America's domination of the Panama Canal, others suggest simply a plan hatched by Xi Jinping that was not carefully thought out or planned. "Simply put, China is trying to buy friendship and political influence by investing massive amounts of money on infrastructure in countries along the "One Belt, One Road...No matter how cash-flush Beijing is, it will be impossible for China to keep pumping cash into these regions like that", claimed Willy Lam Wo-Lap of Ejinisight.

China has been implementing its One Belt, One Road plan since 2013; seven cities along it have already prospered from it, growth that includes economic and development prosperity; Lanzhou (China), Khorgos (China / Kazakhstan), Terespol (Poland), Alyat (Azerbaijan), Colombo and Hambantota (Sri Lanka) plus Anaklia (Georgia). "By striking up economic and cultural partnerships with other countries, China cements its status as a dominant player in world affairs", commented Anna Bruce-Lockheart of the World Economic Forum.

New or old, the legend of the Silk Road and all the many types of goods passed down from East to West have inevitably facilitated the shaping of some of the greatest civilisations on Earth, in terms of increased multiculturalism as well as language, technological and scientific progress and ideas. The new Silk Road may only have economic intentions but there remains hope that it also continues to help break down barriers and assist in bridging more than one kind of gap between East and West. **NU**







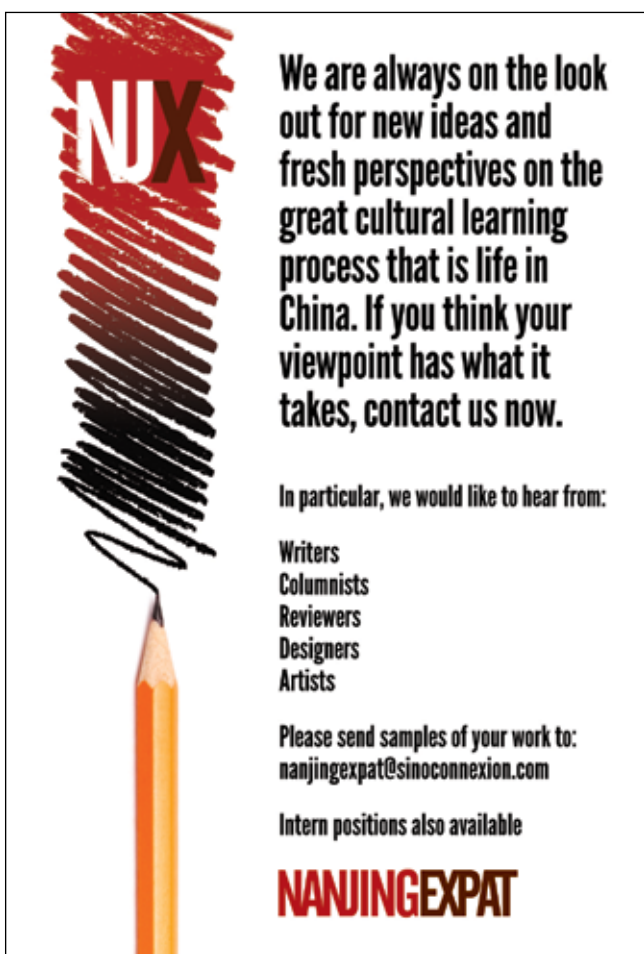
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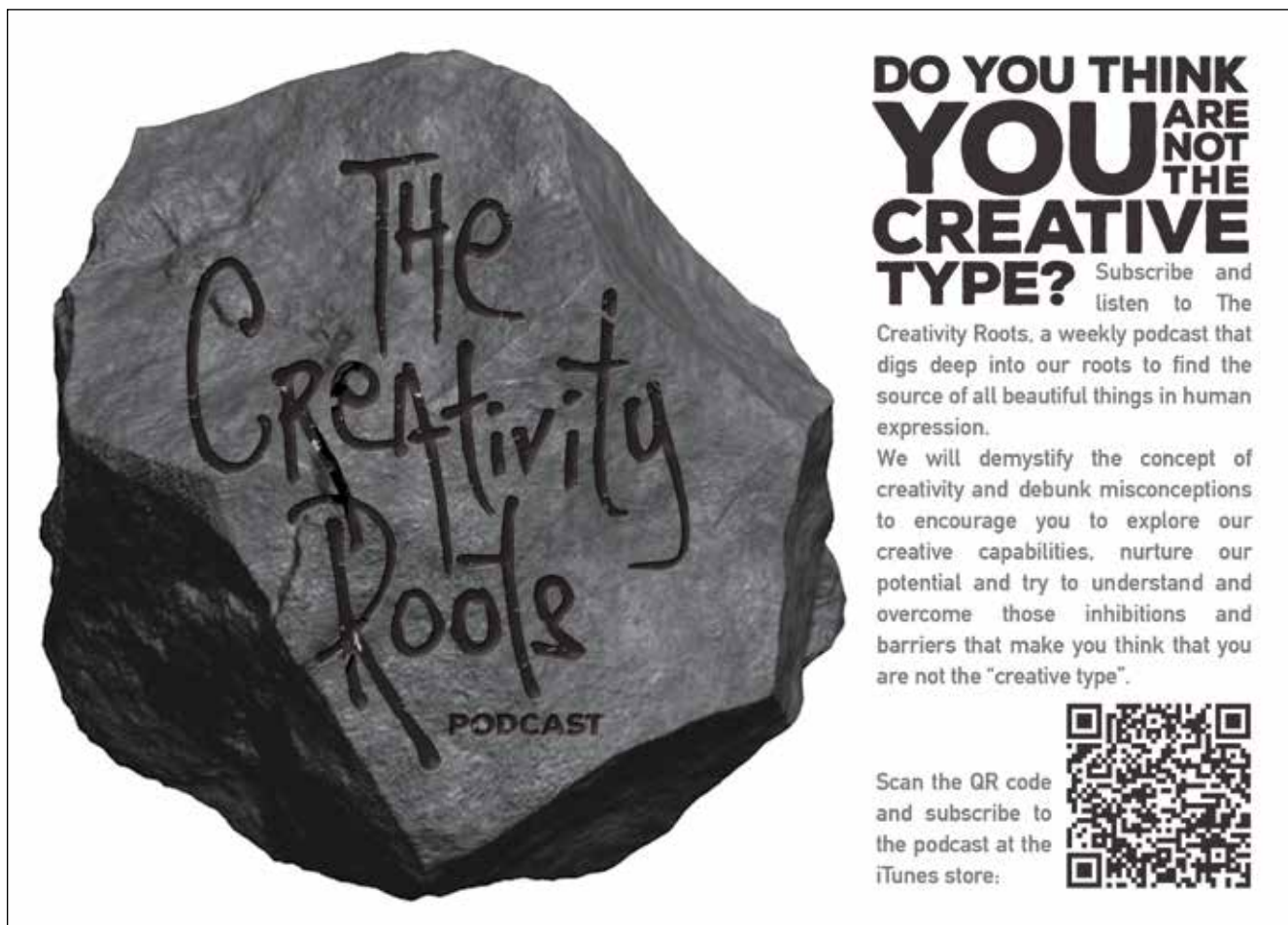
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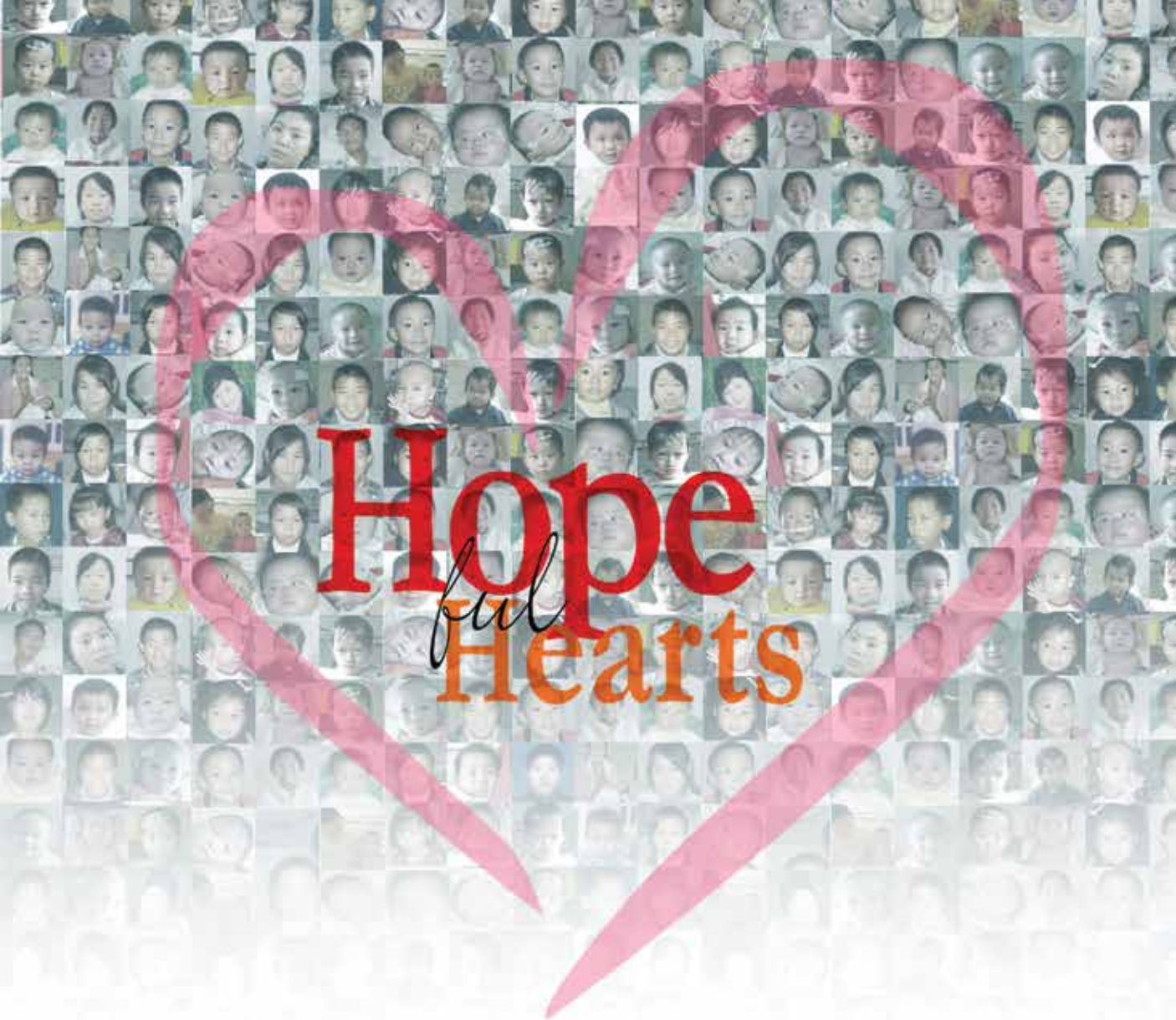
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# Priceless & Timeless

■ “And how much for this vase, is it Ming?” A man joked as he picked up a jar from a table spread at a car boot sale last weekend. They chuckled, he put the vase down and didn’t buy it.

What if it was Ming? I suppose it would be rather more special, perhaps more beautiful and certainly a few more kuai. But what is it about “the Ming vase” and why do we associate it with the utmost value?

Chinese porcelain first reached Europe one piece at a time as early as the fourteenth century but it was not for another three centuries until porcelain, and in particular blue and white porcelain, became a popular and relatively widespread commodity in Europe. Without the knowledge or technology to make it locally, the illusive material was a thing of wonder; hard and polished, decorative and made into exquisite forms. Porcelain was cheaper than silver; it was also hygienic and a symbol of status.

Blue and white Ming porcelain was readily assumed into local material culture but it also became something more than a mere object. It found starring roles in crime novels, magical tales and even biblical depictions, worshiped for its value and prized for its fragility.

The still life opposite, by Dutch painter Willem Kalf, from 1656, reveals plenty of the complex ideas bound up with this precious Chinese export. In his painting, a blue and white bowl tips under the weight of citrus fruits whose knobbly rough skins contrast with the lustrous shine of the bowl’s edge. Suspended in perfect balance, the bowl bows down to a glistening silver jug and an elaborately mounted goblet, whose indulgence and exoticism place the humble bowl on a pedestal.

In the seventeenth century, Dutch national wealth increased and the emergence of a middle class meant more people could afford ceramics. Much in the same way people today post photos on social media of their latest purchase or their recent holiday to attract the attention of others, so too did the Dutch duplicate their precious belongings in paint to show off their lifestyle and wealth.

The bowl in Kalf’s painting was clearly a prized possession, one to display the owner’s wealth as well as a trophy of

Dutch successes in global exploration and trade with China. It is a kind of, wait for it, kraak bowl, identified by its decoration divided into panels, and was a popular export ware on the Dutch market at that time.



How one bowl and other Ming ceramics came to be represented in Dutch culture was also greatly down to artists themselves, who employed their painterly expertise to mold an identity for Ming porcelain. Oil paint allowed Kalf to capture the bowl’s rich colours in this painting, luminescent against a dark background, as well as the sharp reflection of light off its rim. The artist too could gather more pennies by painting the bowl again and again, pairing it with evermore-luxurious objects and demanding a higher price from his buyer.

In 1644, calamity hit China when the Ming dynasty was overthrown by the Qing, leading to a sudden decline in ceramic export to Europe. True porcelain was first produced in Germany in 1708 and since then, the exotic and magical qualities of porcelain have been in constant decline. Our crockery today come from shelf and not ship, exactly the same as the rest in the cupboard. Yet, still today we have maintained the romantic notion of the beautiful and treasured priceless Ming vase. **NUX**



**Stir It Up** by Ella Fisher

# CRACKER!

■ For the past few months, I have focused on traditional Chinese herbs and spices, but for this issue I am going to cook using a key ingredient that features in nearly all Chinese cookery; the humble egg. Find it in noodles, rice, dumplings, soups, stir fries, curries, stews; the list could just go on and on! For me, eggs give Chinese cuisine a unique texture and subtle background flavour I now expect to experience in my fried rice or noodles. However, I wanted to make a dish where the egg is the main component and taste. Everyone will know and has eaten this particular dish, and it includes another key ingredient I did not think would feature in Chinese food... tomato. As basically stir fried egg and tomato, I would not have thought a dish using these two ingredients would taste so authentically Chinese, but cook this the right way, and it really does taste amazingly both sweet and sour; I can't get enough of it. Here is the recipe and step by step method I used:

- 4-6 eggs (depending on how big they are!)
- 2-3 tomatoes, diced or chopped
- 2 spring onions, chopped (quite thickly; use both the white and green bits)
- 1 tbsp oil (any flavourless cooking oil is fine; NO SESAME OIL)
- Pinch of salt and pepper (white or black is fine)
- 1-2 tsps rice vinegar
- A few pinches of sugar

As another vegetarian dish, it costs very little to buy all the ingredients. I bought my veggies and eggs from my local wet market which turned out cheaper than buying them from a supermarket and they tasted much better too. So if you can, try and find a market near you; it's definitely worth it.

Into a bowl, add the eggs and the white parts of the spring onions. Beat well and add the salt and pepper too. Then grab your wok and heat up ½ tbsp of oil. Wait until the

oil is quite hot, but not smoking otherwise the eggs will burn! I always test the oil by putting a bit of onion in the pan, and when the onion starts bubbling in the oil, then the eggs are ready to go in.

Once the oil is hot enough, add the eggs. Do not mix them at this point; leave the egg for a couple of seconds until the outside of the egg mixture starts to cook and colour a light yellow, then start mixing, making sure the egg breaks into pieces. Cook for 1-2 minutes until they are almost cooked through. Remove from wok.

Add the remaining oil to the pan. In a bowl, mix the tomatoes, sugar and vinegar and then cook in the wok. Stir VERY gently, as you do not want the tomatoes to disintegrate and become a paste. You should cook until you can see the juices running out of the tomatoes and you can smell they have turned sweet and sour. I would advise tasting the tomatoes now so you can alter their seasoning, if they are too sweet, add a bit of vinegar; too sour, add sugar.

Once the tomatoes are cooked, return the egg to the pan and add the green part of the onions, mix together gently until the tomato and egg is evenly distributed. Tip into a bowl and serve.

This dish took me 15 minutes to make; not long to create a very tasty dish! It really did taste very authentic and I loved the contrast of the sweet and sour tang in my mouth; a perfect Chinese style breakfast! It's only problematic aspect is that you need a light touch of hand... which I do not possess. Many a time I stirred the eggs and tomatoes too vigorously and the dish turned into a horrible mush! Stir gently and you will have a great meal that delivers both on texture and flavour. Don't be scared to try it out; sometimes you need to crack a few eggs to make something delicious. **NUX**



# SinoPlonker

## Glasses Run Red in China

By Renee Gray

Traditionally and officially, the colour red undoubtedly represents China. It embodies a sense of power, good fortune and joy, so it is no wonder red wine has been embraced like no other in today's modern China. Along with other luxuries such as coffee, Dior and beef, China's rapidly growing middle class talk more of tucking in to a steak with a glass of red than they ever have before.

Wine is nothing new to China; the earliest known desecration of the grape dates back 4,600 years. Wine consumption, once present in the Bronze Age, was replaced by a range of other alcoholic beverages made from millet, rice, and fruits such as lychee. Wine making was, however, kept alive in the west of China at a state on the Silk Road near modern day Xinjiang during the Tang dynasty.

The Uighur homemade wine called "museles" can still be found today.

The method requires grapes to be crushed by hand, strained using the Uighur atlas silk and boiled with water and sugar.

The wine is later stored in clay urns and sold together with medicine.

In 1980, Cognac giant Remy Martin was the first to enter China and join up with domestic brand Dynasty, creating the first wine production joint venture. Fast forward to 2016 and there are thousands of businesses in China either offering help in importing wine into China and/or selling it here.

It seemed like yesterday when the only sightings of a *copa de vino* were at the many tables of businessmen; each prominently displaying the labels on their bottles to ensure Mr. Partner-to-be had a clear shot at which Chateau la Tuilerie du Puy he was drinking. It feels like just the other day that rich Chinese youths at dinner parties were requesting cans of coke to go with their expensive red in order to dilute the taste... sacrilege... utter sacrilege.

Nevertheless, this acquired taste business is a clear thing of the past. The Chinese have embraced red wine culture, taste and effect properly and they love it. Red, white and rose wines can nowadays be found pretty much anywhere in all major cities in China. And business is booming. According to Vinexpo, by 2017, (with Hong Kong included) China will lead the world's top ten consumers of wine.



From 2007-2016, both domestic production and the import of wine has risen dramatically. Wine Intelligence has compared “Chinese urban upper-middle class imported wine drinker” habits, splitting them into six categories; Frugal Occasionals (15 percent), Health Sippers (16 percent), Social Newbies (23 percent), Adventurous Connoisseurs (7 percent), Prestige-Seeking Traditionalists (19 percent) and Developing Drinkers (19 percent). The last two are most worthy of note; while some spend big based on symbolism and social status, a similar proportion are “consumers developing a habit of drinking wine because they like the taste”.


State clampdowns on government spending and corruption did have an impact on the wine industry but only minor. Just as in the craft beer revolution, as laws and import tariffs relax, with wine too China is selling an escalating number of the smaller, family owned, but all the more tasty, brands from around the world.

On 10th October 2016, China wine tasters won the ultimate prize for dedicated fans of the grape, scooping first place at the International Wine Tasting competition in France. This fierce contest is held annually and is incredibly tough and competitive. To succeed, participants need research every well-known wine from around the world; they must be knowledgeable about identifying wines' countries of origin, grape varieties, vintages, producers and appellation. The Chinese team this year smashed the competition, putting France second; the US third and former reigning champs

Spain in 10th place. Organisers of the event called it a “thunderbolt in the wine world”.

While wine imports continue to soar, local quality production is also on the rise; “the country has begun to devote an increasing amount of its land to vineyards. Last year it had 799,000 hectares (1.97 million acres) of land dedicated to growing grapes, second only to Spain worldwide... In 2011, a Chinese winery beat a host of French rivals to collect an international gold medal for one of its wines”, reported the BBC.

So, what is in store for the future of wine in China? Avid China wine blogger Jim Boyce, recently published an article about the Chinese sending wine into space. He noted, “It raises intriguing questions; will vintages be counted in light years? Are space-borne yeasts feasible? Will flying winemakers be called rocketing winemakers?” Whatever the future holds, I think it is safe to say wine has made its mark in China and with a growing number of female middle-class drinkers, who knows, wine may even come to surpass long time contenders baijiu and beer.

A report by wine merchants Barry Bros. and Rudd, released in 2008 predicts China will emulate premium Bordeaux in 50 years. “I absolutely think China will be a fine wine player rivaling the best wines from France”, said Jasper Morris of Master Wines. “It is entirely conceivable that, in such a vast country, there will be pockets of land, terrain and micro-climate well suited to the production of top quality wines”. 







# *Gaiwan* *and the Green House*

Glass teacups. Maybe you have seen them. Some of them have two glass walls, inside and outside, forming a vacuum cavity. They look pretty cool. They feel nice and bulbous in the hands. Not fragile. All one piece. An engineering marvel. And the point of this vacuum technology is to keep your tea as furiously hot as tea should be, without ever scalding your hands.

Now, just supposing that's true... just supposing they really do keep the tea piping hot... supposing the heat doesn't dissipate through convection by means of that gaping aperture at the top...

Why would anyone want to protect their hands from a scalding liquid only to place said scalding liquid in their mouth? This is just one example of dubious innovation in tea technology.

Another is the tea tower. The tea tower has two chambers; a top chamber and a bottom chamber. The two are separated by a filter and a trap door. Hot water is allowed to steep with tea leaves in the top chamber. The trap door is then opened, pure liquid falling through the filter into the bottom chamber, itself a glass pouring jug.

As with the vacuum cups, transparency is crucial to the concept of the tea tower; everyone loves the simplicity and sensibility of this perspex panopticon.

But in this case, the transparency is short lived. The upper chamber is near impossible to clean. Even if the cheaper, yellowing, plastic portions were replaced with the same glass as the jug part, no orthodontist's brush could reach the tannin deposits in the complex filter mechanism. Another noble failure.

Now, let me tell you about the gaiwan (盖碗); a small lidded bowl. This is the tool of choice for gongfu cha (功夫茶). It is part of a set and using it is part of a process. All of that clinking and leaking hints at inefficiency. The industrialised mind looks at it and ponders how this sequence of actions could be unified. And isn't it all unnecessarily poncey?


No.

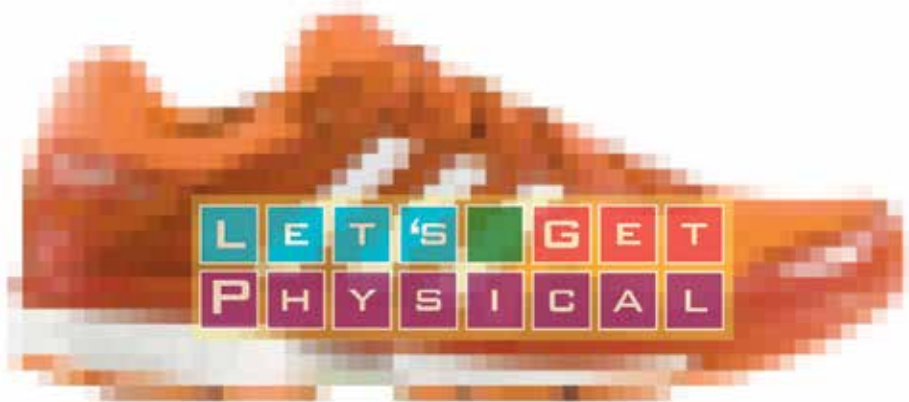
Some tea leaves refuse to cooperate with water that is not furiously hot. But no one wants such hot water in their mouth, any more than they want leaves there. Transferring and filtering the liquid between vessels allows it to become a drinkable liquid in record time.

It gives unparalleled control over the parameters of tea steeping. In addition, since it never dumps on you a huge jug to glug through, it invites you to review these judgments on a continual basis.

I like the fact that it felt slightly unintuitive the first time I tried it. I like the fact that it forced me to develop calluses on my fingers and thumb.

I further remind you that gongfu cha is modular; as well as adding elements like smelling cups or bathing toads (explanation next month), it is possible to streamline it too. I once remember watching a TV documentary about a stressed Shanghai businessman; a man who sipped straight from his gaiwan. Heroic action.

I love the idea of new technologies overturning current conventions. But for now, for Oolongs especially, there is nothing to touch this lovely lidded bowl. 



# That's N.E.A.T!

With Nick McBride

“You'll never change your life until you change something you do daily. The secret of your success is found in your daily routine.” (Unknown)

Let's start with a story.

Once upon a time, there was a middle-aged guy who worked in an office, at a desk. Working 9-5pm. Every day after work he went to the gym to exercise for about 45 minutes before riding the Metro home. He was cautious with his eating habits and generally considered himself to be pretty healthy.

Now, in that same town, there was also a middle-aged lady who worked in a café. She was on her feet all day serving customers. Every day after work, she cycled the short distance home and collapsed for an hour on the sofa with a good meal. She always feels a little bit bad that she doesn't work-out but, feels it's just impossible (insert sigh).

Which one is fitter and healthier? According to the scientific study carried out that involved these two candidates and was documented on the BBC Documentary “The Truth About Exercise”... the punchline is... it was the woman.

I will skip the science but it basically came down to the fact that she had the higher level of N.E.A.T., also known as Non-Exercise Activity Thermogenesis. By making changes to what you do in your daily routine, you can make big gains in the health arena, over time.

The chair is now your enemy. Do you HAVE to sit at your desk? Is there room to make it a standing station? Can you set an alarm to stand up every 30 minutes?

Do you really need to send that as an email, or can you actually walk over to talk to that person instead? Or, arrange to have a conversation as a “Walk 'n' Talk”?

**Getting home. Can you bike it, walk it, run it, or at least get out the taxi a bit earlier or off the bus a couple of stops before?**

Take the stairs. Better still, go up the stairs twice!

Play with the kids, walk the dog for longer, go nuts with the cleaning.

An excellent way to motivate you in your quest for less sitting, could be a pedometer. A pedometer calculates your steps. You can go as no-frills to as fancy as you like with this. You may have heard of the popular FitBit, which is a good example of a way to calculate your steps. The golden number is 10,000 steps a day. As you know, a spot of motivation, plus a goal is a recipe for success!

Now, this is an add on, not an instead of. So if you are Mr. or Mrs. 9 to 5 At-The-Desk, don't give up the gym and expect standing at your computer to change your life for the better!

Small changes to your daily routine can change your life...not least by extending it. Neat huh! 

## ARE YOU SMART ENOUGH TO BE WISE?

- With the advent of increasingly more “smart” technology, it can be difficult to know how to navigate with wisdom the paths of everyday work and life.

Wisdom. What is it? How do you define it? I have often thought of wisdom as, *Applying skills, knowledge and talent at precisely the right time, in the right manner.*

Have you ever met someone that is very smart, or intelligent, but not very wise? Of course you have! If you are honest, you have probably been that person once or twice; I certainly have.

Let’s try a simple example. Your partner or best friend just returns from getting their hair done. It is the worst cut you have ever seen. How do you respond?

- A. “Oh my gosh, what happened to you?”
- B. “Wow, what a great new look!”
- C. “You got a haircut! Do you like it?”

While there may be cultural bias in my response; by way of experience with all three answers, I have found “C” is the wisest reply. You acknowledge the obvious; they have had a haircut. Then you follow with a gauge on whether they like it or not (as that is what is most important!). If they answer, “Of course not, I hate it!” you give encouragement; “Don’t worry, the haircut takes away nothing from the real you”. If they like the cut, you simply affirm them, “That’s what I like about you, you are so unique!”

So back to the question at hand; how can we walk with wisdom as more and more smart technology surrounds us?

Consider the use of the mobile device formerly referred to as a phone. For many, these little gadgets have taken over as command central, providing most brain function. Some cannot take two steps or let 3 seconds pass without consulting the little brain. One study showed that young adults check their devices

each day, on average 86 times, using the device for more than 5 hours daily.

They tell us where to go, with whom to have a relationship and what we should be watching, listening to or believing. We can control our home appliances, pay our bills, track our exercising and even have an eye exam.

Examples of smart technology applications are growing daily, which is not necessarily a bad thing. Our challenge will be to maintain a balance of using and developing our innate talents, increasing our skills and knowledge in such a way that we stay in touch with current technologies, but do not become enchained to them.

Equally or more important than just knowing how to wisely respond to your friend’s new haircut, we need wisdom to make so many life and business decisions; hiring new employees, strategic changes, investments, education for children or employees, etc. While many technologies can assist us, it is likely unwise to let them make the decisions for us.

Perhaps the best thing we can do on a regular basis is to spend a screenless day either alone, or with colleagues or family, during which we can take time to think, reflect, assess, have fun together! Maybe even answer the questions: “where are you?”, “where do you want to be?” and “how will you best get there?”

Ironically, the next generation of “smart” technology is being called “wisdom” technology. Fasten your seat belts, the ride has just begun! 

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# CHERRYHOG

## Pets Need Dental Care Too

With Dr. Naty Yadlin

■ We are all very well aware of the need for good dental hygiene. We know about plaque control, cavity prevention and most of us brush our teeth after every meal and visit their dentist regularly.

Many pet owners, however, do not realise their animals have the same needs. According to the American Veterinary Dental Society, more than 80 percent of dogs and 70 percent of cats will develop gum disease by the age of three years.

The problem begins when plaque and calculus are allowed to build up on the pet's teeth, especially below the gum-line, potentially causing periodontal disease, receding gums, bad breath, infection and eventually tooth loss. Furthermore, bacteria in the teeth and gums can also enter the bloodstream and lead to even more severe health risks, such as heart, liver and/or kidney problems.

Pet owner dental care partly involves taking pets to the veterinarian for routine dental check-ups. In addition, regular at-home dental care is also a crucial part of a pet's dental care, but it cannot correct a problem. Moreover, if there is a painful condition in the mouth, brushing will obviously be very unpleasant for the animal. Therefore, a home-care program should be started after a thorough oral evaluation to ensure that there are no problems that need to be attended prior to commencing brushing.

The goal of brushing our pets teeth is to remove plaque before it becomes firmly attached to the tooth surface and mineralises to become tartar (that hard brown stuff). Plaque will form on a clean tooth within hours and can start to turn into tartar within a few days. This is the reason why it is essential to brush our pets teeth at least every other day; ideally, daily. Longer intervals between brushing will provide no benefit.


Most dogs enjoy interacting with their owners and many will come to see having their teeth brushed as a playful time that

they may eventually look forward to. Pet toothbrushes come in two main designs; one that fits over the finger and one that has a handle. A soft child's toothbrush is an inexpensive alternative to purchasing a toothbrush specifically for pets. When brushing the teeth, keep the brush at a 45-degree angle and use small circular movements, paying special attention to where the teeth meet the gums.

***Pet toothpaste and human toothpaste are not interchangeable. Fluoride contained in our toothpaste is toxic to our pets.***

It is the brushing that does most of the cleaning. In fact, there is no valid research to show that many veterinary home care products currently on the market are of any benefit.

Dental care for cats is similar to dental care for dogs, but it definitely can be a little daunting experience at first and one that neither pet owner nor pet may look forward to. For this reason, it is important to start as early as possible so that cats are adjusted to having their mouths opened when they are kittens. Initially, one may use a finger covered with gauze to brush over the teeth and gums. This will help the cat adjust to the intrusion and can later be replaced with a toothbrush. Patience is key.

A greater awareness of canine and feline dental disease amongst veterinary practitioners and pet owners greatly contributes to the early recognition and prevention of dental problems. This is important, because dental disease may have a serious impact on a pet's well-being and general health. Great advances have been made in veterinary dentistry and a wide spectrum of dental therapeutic options are now available. 

*Dr. Naty Yadlin, DVM/MRCVS is a VIP Consultant at Doctors Beck & Stone, Nanjing, which is committed to helping pet owners provide a long, happy, and health life for their pets across China, Hong Kong, and Singapore. Contact him via [drnatyyadlin@drbns.com](mailto:drnatyyadlin@drbns.com) or visit [doctorsbeckandstone.com](http://doctorsbeckandstone.com)*



# THE ITALIAN JOB

By Frank Hossack



They are called the “The Magnificent Eight”, China’s most successful entrepreneurs, namely Ren Jinxin (ChemChina), Tian Guoli (Bank of China), Wang Shi (Vanke), Nianxia Xu and Liang Xinjun (Fosun), Zhang Jindong (Suning), Liu Donghua (Poly Group) and Shu Yinbiao (State Grid).

When this collection of riff-raff sat down to lunch with the Italian prime minister Matteo Renzi during his recent visit to China for the G20 in Hangzhou, the meeting sent out a powerful message; Italy is not only very serious about China, but it is also commanding a respect from the Chinese that shows Italy is more than punching above its weight when it comes to trade with China.

To put a number on it, Italy is presently China’s number 4 European trading partner, behind the three giants that are Germany, France and the UK. One factor very much in play when it comes to explaining the phenomenon is the sheer quantity of Sino-Italy cooperative institutions; Fondazione Italia Cina, China-Italy Chamber of Commerce, Italian Trade Agency, Associazione Donne Italiane a Shanghai, Istituto Italiano di Cultura, Italian University Professor Association of Eastern China as well as less formal organisations such as the Associazione Giovani Italiani in Cina, to name but a few.

Speaking with The Nanjinger, Stefano Beltrame, Italian Consul General in Shanghai, commented, “Our relationship can be improved and increased in several areas, like health care, environment protection, food safety. Those are all sectors where the role of institutions is very important, because there is political control and institutional support”.

Carlo D’Andrea, Vice Chairman of the European Chamber’s Shanghai Board said, “The relations between Italy and China are growing year by year. Unity is very important and the organisations and the Italian offices should keep close contacts with their Chinese equivalent and actually, this is what has been happening in the last few years. In Nanjing there has been a working group of Italian companies for quite some long time, which represents the biggest investment in Jiangsu from the Italian point of view”.

Earlier this year, it was revealed that the legendary Milan FC would pass into Chinese hands

when former Italian Prime Minister Silvio Berlusconi announced that his group Fininvest had agreed to the sale for 740 million Euros. It is the highest profile case amid a slew of acquisitions of Italian companies by Chinese investors. Those who are alarmed can take solace in that, thanks to these investments, some niche Italian fashion or regional food products may be saved from the fragile European economies that threaten their very existence.




From left: Ms Simona Marchetta, Vice President, EUCCC; Mr Matteo Renzi, Italian Prime Minister; Mr Davide Cucino, President Emeritus, EUCCC; Mr Carlo Diego D’Andrea, Vice Chairman; EUCCC Shanghai Board

Politics and international Mergers & Acquisitions aside, it should also not be underestimated just how much the little country’s cuisine has done to put Italy into China’s consciousness.

Giuseppe Parisi has been bringing authentic Italian tastes to Nanjing for 16 years, beginning at Bella Napoli in its original location on Hongwu Lu to buying up Bellini in February of this year. He recalled, “When we started, I remember only one company imported material from Europe. So difficult to find cheese, and very very expensive”.

Tastes of Parisi’s faithful patron’s have also become a lot more sophisticated; now Chinese people know what they want from their Italian food. Parisi remarked it is now common to hear customers say, ““I want noodles Italian style; hard”. Before, you give hard to a Chinese, impossible. They wanted soft. Not soft a little, soft a lot!”

In a gesture of solidarity, representatives of the Italian business community recently dined in Bellini on Amatriciana Pasta, as part of an initiative whereby Italian restaurants all over the world raise funds to help reconstruct parts of central Italy devastated by the August earthquake. 



## **NIX** OURSPACE

Theatre

### Sisters United; W5MEN

By Renee Gray

- The lady next to me gasped when an unexpected screech burst from one of the dancers. The woman in front frantically snapped the camera button on her phone, then there rumbled all around the sound of shutters and whispers.

Filled with the best of Nanjing's glitterati and ultra-chic upper class, this Soho-esque gathering was assembled for only one reason; to watch the latest performance by the KheN dance group. Blessing Nanjing's artistic scene, this unexpected piece of dance theatre was a refreshing delight.

Dramatically elegant story telling spoke of a changing Chinese youth through the eyes of modern middle upper class Chinese women. Focusing on the struggles of intense relationships, gossip and power, this piece helped highlight parts of a modern Chinese psyche.

With the use of minimal props and the audience situated on all sides of the act, the dancers did a fantastic job utilising what they had in order to help tell the story better. Abstract gestures saw the dancers riding to the rhythm of each other and the music.

Audience members appeared struck by immense emotion while others simply peered over their phones with a perplexed look wondering what on Earth was this all about. In order to portray a certain sense of intimacy and strong emotion, it was the techniques used by the dances that allowed for this. Rarely did the women move in unison so completely as to render the display of feelings we so often experience in intense relationships.

Well-rehearsed, clean and polished, this contemporary ensemble delivered a show that was passionate, elegant and thought provoking. This show was a deliberately female driven team with femininity, girl plus woman and sisterhood at the heart of the piece.

W5MEN continues to be staged in various Chinese cities thru November. **NIX**



## @ the Tapa the Food Chain; Brownstone Lounge and Bar

By Alex Szabo

- As the weather gets colder, we are moving into the time of year where we long for nice, cozy places to relax and unwind. Brownstone, an upscale bar and tapas restaurant located at the base of Zifeng Tower, offers one such respite.

Billing itself as a lounge just as much as an eatery, Brownstone boasts a warm red-brick interior (perhaps it should be called redstone?) and friendly staff, the majority of whom speak English. The lounge area here is a standout, featuring comfy booth style seating as well as candle-lit dining at night. The atmosphere toes the line between cool and cozy, and often somehow manages to be both at once. It would be very easy to sit back, order a drink and a few tapas, and pass the time with good company, and indeed this reviewer has done just that on several occasions.

The bar area offers an exciting change of pace, with a DJ playing on select nights, video clips being projected on the wall behind the booth, and, on occasion, fireworks. Yes, you read that right! On the chance you go on a special occasion, the bartender may set off sparklers the size of road flares to add an extra spark to your celebration. Though Brownstone serves Spanish cuisine, this touch feels distinctly Chinese.


The tapas menu is vast, and ranges from simple delights; the traditional tortilla Española, or Spanish omelette; to the more advanced, with various seafood options and vegetable dishes also available. While some are excellent, such as the seared tuna and avocado, others including the chorizo are a bit underwhelming. Fortunately, tapas are best ordered to share, and you are more likely than not to receive a good selection if ordering a few varieties.

Brownstone features a number of other choices, including flatbreads, soups, salads and full entrees, although the latter is nothing that cannot be found at any higher-end

Western restaurant in Nanjing. Given the variety on offer, it is natural that prices also vary. Tapas are the cheapest option, ranging from ¥30 to ¥80 apiece, while full entrees can go for upwards of ¥200. Those wishing to get more yum for their yuan should look into going on a Monday, when all tapas are half price. Based on personal experience, this is a real bargain!




While the lounge's ambiance, food, and drink are mostly excellent, it should be noted that every inch of the space is used. So much so, in fact, that there is no bathroom within the premises, though there is one accessible through the neighbouring Zifeng mall. Yet, if this is the biggest shortcoming of what is ultimately a very enjoyable dining experience, it is a small price to pay.

Brownstone is located at 1F, Greenland Square, Zifeng Tower, 6 Zhongshan Bei Lu. Tel: 18205094615. 

### Correction

## Nanjing Metro App

- In its review dated October 2016, The Nanjinger implied the app's name to be "Nanjing". It appears thus only under the app icon after it has been downloaded to a device. In the AppStore, the full name is "Nanjing Metro - Subway Transportation Offline Map". 



## Born to Run

21 October, 2016

Students from PreK-Grade 1 participated in Nanjing International School's Early Years Field Day that was the culminating event of the Athletics Unit in the first 10 weeks of the school year. The students have worked hard to improve their running, jumping, and throwing skills, and experimented with different ways of applying those skills.







## Everybody's Selling Something

22 October, 2016

While it may have poured down on the day, China's new found interest in second hand purchasing meant that the third Nanjing Car Boot Sale was far from a washout. Sellers donated a part of their proceeds to the Pfrang Association.







*Eton House International School Nanjing celebrated Halloween as part of the school's International Week festivities, in which events included a costume parade, Halloween games and a trick or treat visit to classrooms by the Early Years students.*







## Big Big World

21 October, 2016

UN Day 2016 got off to an early start at The British School of Nanjing with students, teachers and parents coming together in a riot of colourful costumes to learn more about different cultures through playful activities, fierce debate and extraordinary food prepared by the school's community of parents.





"Give a man a fish and you feed him for a day;  
teach a man to fish and you feed him for a lifetime."

Maimonides



Your generosity has enabled the Pfrang Association to provide scholarships for more than 15 years to underprivileged children of rural areas in Jiangsu and Anhui provinces.

**Education, a gift for life!**

正是因为您的慷慨，十五年来，普方基金才能够为江苏北部和安徽农村地区的贫困儿童提供助学基金。

**教育，成就一生！**



Pfrang  
Association

A Community Service  
Partner With  
Nanjing International School





# NUX THE INDEX

Many listings herein include handy codes as to their Nanjing Zone; a coloured square that assists in sourcing places of interest in areas frequented by expats. Cross reference the listings with the maps towards the rear of The Nanjinger.

## About The Index

Locations that appear within The Index have been hand picked by The Nanjinger's editorial team for offering quality, consistency and service. Descriptions are written following The Nanjinger's editorial policies as regards objectivity and impartiality. The listings are not for sale.

## Food & Drink

### Western Bars & Restaurants

#### William's 威廉餐吧

Chic Hills, 286 Zhongshan Lu  
中山路286号羲和广场一楼  
85878066

Stays true to the unique cooking processes and characters that have become hallmarks of great American barbecue. Applewood log smokers subdue meat cuts hours of "low 'n' slow" smokin' heaven!

#### Bellini Italian Bar & Restaurant 贝丽妮

12 Nanxiucun 南秀村12号  
52888857

#1-106, 9 Wenfan Lu, Xianlin  
仙林大学城文苑路9号1-106室  
85791577

www.bellinirestaurants.com

Stylish and elegant yet easy in which to relax, award winning Bellini serves up an array of signature dishes and drinks. Ranked #7 among TripAdvisor's 2,600 plus restaurants in Nanjing.

#### Ciao Italia 你好意大利

193-2 Shigu Lu 石鼓路193-2号  
86608807

30 kinds of pizza and more than 50 wines exclusively imported from Italy, all prepared by highly qualified Italian chefs, plus a host of other dishes.

#### En Space

恩空间

8 Saoshou Xiang 扫帚巷8号  
18918669180

Shanghai managed eatery/art gallery serving up a dining experience of real quality in a second to none location that sits into the side of the spectacular new Porcelain Tower (Bao'en Si) beside 1865.

#### Oasis 绿洲西餐吧

133 Mingwalang 明瓦廊133号  
83191933

Modern Western flair plus house music, stylish decor and fabulous lighting create just the right environment in which to sip a cocktail or two. Pizza, lasagna and macaroni cheese dishes are particularly popular with foreign patrons, and with good reason.

#### Finnegans Wake 芬尼根爱尔兰酒吧餐厅

6 Xinanli Block, 400 Zhongshan Nan Lu  
中山南路400号熙南里街区6号

52207362 / 13057623789

www.finneganswake.com.cn

A carefully prepared selection of authentic Western food in a cozy atmosphere. Upstairs in "The Malt Room", enjoy an unrivalled range of whisky from every corner of Scotland.

#### Blue Sky Expat Bar & Grill 蓝澳西餐厅

77 Shanghai Lu 上海路77号

86639197

www.theblueskybar.com

One of the original expat bars to open in Nanjing, serving burgers, pizzas, Aussie meat pies and Bundaburg Rum (Bundy). There are also weekly and monthly pool competitions, board games' nights and plenty of music you thought you had forgotten.

#### Brewsell's 比利时啤酒餐厅

77-1 Shanghai Lu (next to Guangzhou Lu)

上海路77-1号(靠近上海路和广州路的路口)

58779429

www.brewsells.com

Quality Belgian drinks & cuisine in a smoke free environment. Imported Belgian draft beers and daily happy hour from 5 to 8pm; kitchen open until 11pm.

#### Element Fresh 新元素餐厅

A109, 1F, Nanjing IST Mall, 100 Zhongshan Lu

中山路100号艾尚天地购物中心一层A109

85656093

www.elementfresh.com

Born from an expat's passion for food, the multi-award winning Element Fresh first opened its doors in Shanghai in 2002. Since, the chain has expanded to Beijing and Guangzhou and Nanjing.

#### Studio 21 Grill Restaurant 藤美

193 Shigu Lu (behind the Sheraton)

石鼓路193号(石鼓湾美食休闲街区)

86795269 / 13072525212

Genuine European flavours, grilled meat, seafood specialties and renowned home made desserts. Special Set Lunch Menu with great prices and specials for students and teachers.

#### Hacker-Pschorr 赫佰仕

Basement, Asia Pacific Tower, Jinling Hotel,  
2 Hanzhong Lu

汉中中路2号金陵饭店亚太商务楼1楼

84660099

www.hacker-pschorr-brauhaus.com/nanjing

German brauhaus that is the first Hacker-Pschorr in China, serving up a proprietary brew created in house, along with the pre-requisite sausages.

#### Jimmy's 吉米来吧

193 Shigu Lu (inside Sunglow Bay near the Sheraton)

石鼓路193号

86792599

www.jimmysnj.com

The place to be for live and recorded sports, especially on Saturday nights, while enjoying American style pizza, BBQ steaks, burgers, hotdogs, tacos and more, accompanied by a large selection of draft and bottled beers plus single malt whisky and bourbon.

#### Jack's Place 杰克地方西餐厅

422, Dongcheng Hui Shopping Mall, Xianlin 文苑路  
与学思路交叉口东城汇4楼

85807866

35 Wang Fu Da Jie 王府大街35号

84206485

160 Shanghai Lu 上海路160号

83323616

Humble yet honest, Jack's Place has been around Nanjing for more than 15 years, serving up Italian favourites popular with expats and locals alike. Strengths lie in the pastas and mains.

#### The Wing Italian Restaurant

意之翼-意大利餐厅

4F, The Central, Hexi CBD

江东中路237号中央商场4楼(雨润国际广场)

13913983339 / 52251609

Open kitchen allows for observation of the chefs at work, while hand-made Italian thin-crust pizza comes from a professional oven. Mix and match your own pasta and great value set lunches available along with MSG-free chicken.

#### Pissa

82-1 Shanghai Lu 上海路82-1号

83308105 / 15805177575

Formerly Piza Pizza, that quickly gained a following among expats when it opened in 2009 for authentic pizza in an informal atmosphere.

#### La Mona 拉莫纳

48, South Commercial District, Lower Carpark,  
Olympic Centre 奥体中心南商务区48号停车柱

83353881

From the makers of Piza Pizza comes classy decor and simply fabulous pizza, fresh out of an impressively large stone oven that rivals the more established Italian eateries in town.

#### Les 5 Sens 乐尚西餐厅

52-1 Hankou Lu 汉口路52-1, 靠近南京大学

83595859

Remaining surprisingly inexpensive since opening its doors in 2005, Les 5 Sens serves authentic and homemade traditional French dishes (the foie gras is a favourite) in a homely atmosphere.

#### Dream House 梦想之家音乐西餐厅

Zhonghui Mansion, 20 Jiangjun Da Dao, Jiangning  
江宁区将军大道20号中慧大厦(南航东门斜对面)

52837977

Continuing Nanjing's fascination with Western food and drink leaning toward the Germanic. Popular with students from NUAA across the street.

#### Behind the Wall 答案墨西哥餐厅

150 Shanghai Lu (in Nanxiu Cun)

上海路150号, 在南秀村

83915630

One of the oldest bars in Nanjing serving drinks and food in a relaxed atmosphere, with perhaps the finest terrace in the city. Live musical performances go well with strong sangria and beer.

#### Florentina

2-107, 83 Shanghai Lu 上海路83号2栋107号

18602560788

Ideal for peaceful chat over drinks; over 100 bottled craft beers waiting for you to try!

#### Henry's Home 亨利之家

82-2 Fuchunjiang Dong Jie 奥体富春江东街82-2号

85877088

One of Nanjing's oldest Western restaurants, with over 20 years experience in serving up western meals; specialties include steaks, fajitas, pizza and organic salads.

#### Selección Española

57 Zhongshan Dong Lu 中山东路57号

Family business opened in 2012 with the ability to spread Spanish culture by offering a special culinary experience and home made traditional food. Open Tue-Sun, 5-10 pm.

#### Eminence Cellar 香松酒窖

Inside Wutaishan off Guangzhou Lu

广州路, 五台山体育场

66012088

High quality Western restaurant offering organic food, breads baked on-site, cigar bar and wine cellar.

#### Tap Planet 啤球工厂

F109, 1F, Chic Hills Plaza, 286 Zhongshan Lu

中山路286号羲和商业广场1楼F109

57519177

40 craft beers on tap, making it the largest se-

lection of such in China, accompanied by slick service and a mouth watering food menu.

### **The Uncle Pizza** 披萨大叔

Shanghai Lu Market, 22 Hankou Xi Lu  
汉口西路22号上海路菜场53号  
8012979506

Big hit with the student population on account of cheap prices for serious quality pizza, despite being hidden down an alley that is easy to miss.

### **Motu Burger** 摩图

107 Gutong Xiang, Laomendong  
老门洞箍桶巷107号  
17701598220

Small balcony affords great people watching while munching on delicious Kiwi burgers and ice cream washed down with fine ales.

### **Wagas** 沃歌斯

1F, Nanjing IST Mall, 100 Zhongshan Lu  
中山路100号艾尚天地购物中心一层108号  
85656120

www.wagas.com.cn

Western and modern Asian fare with a special focus on food quality, consistency and safety.

### **Potato Bistro** 马铃薯

#5-301 Kangqiao Sheng Fei, 9 Wenfan Lu, Xianlin  
仙林文苑路9号 康乔圣菲5幢301  
85791293

A bistro based on green, organic, fresh foods and authentic taste. Large balcony offers outdoor BBQ for up to 150 people.

### **Axis Mexican Restaurant & Pub**

Axis墨西哥餐厅

Yadong Commercial Plaza, 12 Xianyin Bei Lu  
仙隐北路12号亚东商业广场  
Suning Hui Gu, Ji Qingmen Da Jie  
集庆门大街苏宁慧谷  
15895872728

Mexican dining experience offering a wide variety of traditional Mexican dishes and a popular delivery service.

### **Nail Jazz Bar** 钉子爵士酒吧

10 Luolang Xiang (200m south of the Sheraton)  
罗廊巷10号, 离金丝利酒店200米  
86532244

A relaxed atmosphere in which to enjoy a wide variety of imported beers and the odd bit of live music.

### **Ellens Bar** 艾伦酒吧

132-3 Guangzhou Lu 广州路132-3号  
83641119  
37 Hunan Lu 湖南路37号  
83641118

Laid back and relaxed atmosphere plus food & drinks at great value prices.

## **Vegetarian**

### **Jimingsi Vegetarian Restaurant**

鸡鸣寺百味斋素食馆

1 Jimingsi Lu 鸡鸣寺路1号  
57713690

Open since the 1980s and popular on the tourist trail, standout items include soy-based mock meat dishes. Service can be erratic.

### **Green Cuisine** 绿野香踪素食馆

1F Zhengyang Building, 56 Yudao Jie  
御道街56号正阳大厦一楼  
6661 9222

A wide selection of creative dishes and plenty of fresh vegetables along with special drinks and teas.

### **Tiandi Sushi** 天帝素食

21 Huji Bei Lu, Entrance to Gulín Park  
鼓楼区虎踞北路21号古林公园正门口(近北京西路)  
83701391

Famed for its offer of free vegetarian noodles on the 15th of every lunar month, and little else.

## **Middle Eastern Cuisine**

### **Dubai** 西侧翡翠餐厅

9 Zhuangyuan Jing (inside the Mandarin Hotel)  
南京市夫子庙状元楼酒店一楼  
18652008407

Tasty dishes from Dubai and all over the Arabic world served inside or on an enticing, western-facing patio. All meat is Halal.

### **Jackob Arabic Restaurant** 嘉珂阿

61 Hankou Lu 汉口路61号

86521668

Classic go-to for Middle Eastern fare; grilled Hallal meats, shawarmas and a mouth-watering assortment of dips. Prayer room on the second floor.

## **Indian Cuisine**

### **Baba Restaurant** 巴巴餐厅

B1, Jinyuan Food Court, 11 Hexi Central Park, 341 Jiangdong Lu  
江东中路341号出口南京金源美食广场11号负1楼  
13611574929

Reincarnation of Kohinoor, Nanjing's long serving Pakistani restaurant, features a menu that boasts over 200 dishes, all of which taste nothing alike.

### **Nanjing Ganesh Indian Restaurant**

甘尼仕印度餐厅

3 Kunlun Lu 昆仑路3号

85860955

www.ganeshchina.com

The unlikely combination of Indian food and jazz music that nevertheless has stood the test of time in both Suzhou and Wuxi. Fabulous decoration in a great location by the city wall at Xuanwu Lake.

### **Himalaya-Nepalese & Indian Restaurant**

喜马拉雅尼泊尔印度餐厅

193 Shigu Lu (behind the Sheraton)

石鼓路193号

8666 1828

Popular restaurant serving Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves.

### **Taj Mahal** 泰姬玛哈印度料理

117 Fenggu Lu

丰富路117号

84214123

187-1 Shanghai Lu 上海路187-1号

83350491

Established in 2003, the Taj Mahal offers a great variety and exotic blend of high quality authentic Indian cuisine that it continues to this day, making it forever popular with the foreign community.

### **Masala Kitchen** 玛莎拉印度餐厅-酒吧

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu  
仙隐北路12号亚东商业广场A05  
84448858

Offers vegetarian and meat dishes plus savory Tandoori oven dishes and exotic curries cooked fresh by a chef with over 20 years of experience in his hometown of Hyderabad.

## **Korean Cuisine**

### **Xianpingjia** 咸平家

#6, Block 1, Dongfangtianjun, Xianlin

仙林杉湖西路东方天都门面房 6号

83699086 / 13357739720

Run by a Korean grandma who has over 30 years of cooking experience. Bulgogi-marinated beef

served with vegetables which you cook on the table with Kimchi is a must!

### **THE Korean** 本家

B1, Golden Wheel Tower, 108 Hanzhong Lu  
新街口汉中路108号 金轮大厦B1  
84469445

### **Ke Jia Fu** 可家福

7 Nan Da Heyuan, 168 Xianlin Dadao  
仙林大道168号南大和园7号  
86331006

### **Neolithic Barbecue** 新石器烤肉

B1, Deji Plaza, 18 Zhongshan Lu

中山路18号德基广场B1楼B116-117号

84764545

#B17, B1, Tianyin Plaza, 336

Shangyuan Lu, Jiangning District

上元大街336号天印广场B1楼B17室

81032949

B1, Wonder City, 222 Changhong Lu

长虹路222号虹悦城B1楼

52275687

#121, Bldg. 1, Chenggowu Garden Centre, 699

Zhongshan Men Da Jie, Maqun

中山门大街699号花园城购物中心1楼121号商铺

85568090

B1, One City, 58 Daqiao Bei Lu, Pukou

大桥北路58号新一城B1楼

58400640

58402105

## **Japanese Cuisine**

### **Dason Bistro**

大森料理

6 Sanyuan Xiang, Xinjiekou

新街口三元巷6号

84217148

Initiator of the fad for pubs that cut your hair, with now a Japanese restaurant thrown into the mix. Offers an impressive selection of sashimi, classic sushi, shallow fried meats plus fish and tempura, while after 8:30pm the lights dim, the music turns up and the bar springs to life.

### **Taiyo Teppanyaki** 大渔铁板烧

57 Zhongshan Lu 中山路57号

84729518

1F, Unit 6, Building 2, 1912

1912商业区2号楼6单元1楼

84458310

3F, Golden Wheel, 8 Hanzhong Lu

汉中路8号金轮新天地购物中心3楼

84773318

3 Kunlun Lu 昆仑路3号明城汇内

58850588

Has stood the test of time with its popular all you can eat and drink special offer that includes sushi, sashimi, sake, beer and much more being a staple of the Nanjing community.

## **Other Asian Cuisine**

### **Thai Tasty** 泰式料理

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu  
仙隐北路12号亚东商业广场A05  
84448858

An extraordinary array of distinctive dishes employing authentic seasonings with fresh local produce.

### **Thai Orchid** 梵泰蘭

86-1 Fuchunjiang Dong Jie

富春江东街86-1号拉德芳斯异国风情花街 (近恒山路口)

83564567

Thai nationals serve as chefs; fantastic group deals available, e.g. set meal of ten dishes for half price.

### **Pho Saigon**

西贡堤岸越南餐厅

2F Huanya Plaza, 33 Shigu Lu

石鼓路33号环亚广场2楼

84465722

Popular and inexpensive fare that includes the must try Vietnamese noodles, hence "pho".

### Kezigu Muslim Restaurant

克兹古丽餐厅

43 Luolang Xiang

罗廊巷43号

85891799

Xinjiang restaurant popular with expats; spicy noodles, potatoes, vegetable, chicken and lamb dishes accompanied by dance performances.

### Bakery & Café (see also Hotels & Hostels and Shopping)

#### Iced Baking

46-13 Xianyin Nan Lu, Xianlin

仙林仙隐南路仙龙湾46-13室

18014847503

www.icedbakingnanjing.com

Specialty baked goods such as cakes, cupcakes and scones plus a host of baking supplies, including cocoa powder, cream cheese, fondant, sprinkles and shortening. Also provides training and education in the field of food services to underserved women and at risk youth.

#### Skyways 云中食品店

160 Shanghai Lu 上海路160号

83317103

#A18, Yadong Commercial Plaza, 12 Xianyin Bei Lu

仙隐北路12号 亚东广场A18室

85791391

Wanda West, 222-2 Jiqing Men Da Jie

集庆门大街222-2万达西地区

85637995

Breads, made-to-order sandwiches, cakes, desserts, plus imported deli items such as cheese and salami. Shanghai Lu location has a long queue at lunchtimes.

#### Sculpting in Time Café 雕刻时光咖啡店

2F, 47 Hankou Lu

汉口路47号2楼

83597180

32 Dashiba Jie (Fizimiao East Gate)

大石坝街32号 (夫子庙东门)

52266082

Delightful atmosphere in which to enjoy coffee, tea, a variety of Western food, plus widely known brownies. Balcony at the Confucious temple branch offers romantic night time views over the Qinhuai river.

#### Goldstar Café 维娜里咖啡

150 Shanghai Lu (at the junction with Nancuixun)

鼓楼区 上海路150号

83556176

Canadian outfit aiming to be a luxury café in an Scandinavian style; lots of natural light, contemporary design and fair-trade organic espresso.

#### Maan Coffee 漫咖啡

1 Qingjiang Lu 清江路1号天水滨江花园

85872858 / 85607277

1F, Dushi Xihe, 8 Xuejia Xiang

薛家巷8号金润发超市旁都市襄和一楼

85607266

81-1 Fuchunjiang Dong Jie 富春江东街81-1号拉德芳斯异国风情花街

85607288

1912 Leisure District 1912时尚休闲街区9号楼

Korean chain serving waffles, salads and all day breakfast options that go down well amid decor that juxtaposes cement, glass and chandeliers.

#### Délíce Capy DC莫奈花园

1st and 2nd Floor, Friendship Mall, 27 Hanzhong Lu, Nanjing

南京市汉中中路27号友谊广场1楼2楼

86829191

Lounge in comfortable armchairs and indulge in gooey macaroons and hazelnut slices to molten chocolate cakes.

### Chinese Teahouses

#### Lao Cui Tea House

老崔茶馆

Houhuyinyue, Huanhu Lu, Nanjing city wall, 8

Jiefang Men, Xuanwu

城墙台城段临湖厅;玄武湖环湖路“后湖印月”

52628899

15 Yingtian Da Jie 应天大街15号

86560632

Holds activities such as lectures on tea drinking and tea culture. Location in the city wall is one of Nanjing's must-sees.

#### iTea 我茶

6F, Xinhua Bookstore, 56 Zhongshan Dong Lu 中山

东路56号新华书店6楼

86816246

Taiwanese delicacies and soothing herbal tea, brewed intricately before your eyes by one of the restaurant's tea aficionados.

### Nightclubs

#### Kamakama

1912 Leisure District

1912时尚休闲街区2号楼1层

86701912

Nanjing's answer to the sleek sophisticated cocktail bars of Shanghai; signature cocktails, selected fine wines and classic malts all the way.

#### MAZZO Club 玛索国际娱乐

1912 Leisure District

1912时尚休闲街区6号楼

84418579

One of the oldest clubs in Nanjing and hangout for the foreign community playing contemporary electronica.

#### Club TNT

潮人会所

2-1 Changjiang Hou Jie

长江后街2-1号

84401199 / 13151090136

A big name in the Chinese nightclub industry, with clubs in Nanjing, Chongqing and Hefei.

#### Enzo

8-3 Changjiang Hou Jie

长江后街8-3号2楼

83789898

Accesses many of the big names in entertainment; Paul Oakenfold, DJ R3hab and LMFAO have all played here.

### Tourism, Sport & Leisure

#### Hotel & Hostel

#### Somerset Youth Olympic Nanjing

南京盛捷青奥国际社区

9 Qing'ao Nan Lu

青奥南路9号

83080888

www.ascottchina.com

Comfortable and international serviced residence providing extremely spacious three-bedroom apartments for executives and their families.

#### Han Yue Lou Solis Hotel

南京涵月楼首丽斯酒店

235 Jiangdong Zhong Lu, Jianye District

建邺区江东中路235号

68176000

www.solishotels.com

First establishment in China for Solis and official hotel for the Youth Olympic Games in 2014. Chinese elements are incorporated as threads woven into the fabric of the hotel.

#### Jinling Hotel Nanjing

南京金陵饭店

2 Hanzhong Lu, Xinjiekou Square

新街口汉中中路2号

84711888

The first five star hotel in China with a city centre location putting the prize-winning iconic landmark only two minutes' walk from Xinjiekou Metro Station. International flight and train ticket purchase counter plus bakery also available.

#### Renaissance Nanjing Olympic Centre Hotel

南京华泰万丽酒店

139 Aoti Da Jie, Jianye District

建邺区奥体大街139号

83388888

cn.renaissancenanjing.com

First Marriot hotel in Nanjing. with signature Navigator service available to guests; a local who knows the hotspots inside out. Bakery sells fresh breads.

#### Novotel Nanjing East Suning Galaxy

南京玄武苏宁银河诺富特酒店

9 Suning Dadao, Xianlin

徐庄软件园苏宁大道9号

85208888

www.novotel.com

Good spot for a weekend escape from the city, with Purple Mountain on its doorstep, while the Nanjing Zhongshan International Golf Resort 27 hole course designed by Gary Player is just 5 minutes away.

#### Fraser Suites Nanjing

南京辉盛阁国际公寓

116 Lushan Lu

庐山路116号

87773777

www.fraserhospitality.com

International serviced apartment suites offering full balconies, clubhouse and leisure facilities.

#### The Westin Nanjing

南京威斯汀大酒店

Nanjing International Center, 201 Zhongyang Lu

中央路201号南京国际广场

85568888

www.westin.com/nanjing

A haven of Chinese distinction in which every room affords a view of scenic Xuanwu Lake.

#### Sheraton Nanjing Kingsley

金丝利喜来登酒店

169 Hanzhong Lu

汉中中路169号

86668888

Excellent downtown location with amenities including baby sitting and butler service plus car rentals.

#### Fairmont Nanjing

南京金奥费尔蒙酒店

333 Jiangdong Zhong Lu, Jianye District

建邺区江东中路333号

86728888

www.fairmont.com/nanjing

Elegant international hotel famous for its services and cultural features; the building itself resembles a Chinese lantern.

#### InterContinental Hotel 紫峰洲际酒店

1 Zhongyang Lu, Zifeng Tower

中央路1号紫峰大厦

83538888

www.intercontinental.com

A statement of grandeur in the 450 metre high Zifeng Tower; Nanjing's tallest building.

#### Sofitel Galaxy 南京索菲特银河大酒店

9 Shanxi Lu

山西路9号

83718888



www.sofitel.com  
resoff@sofitelnanjing.com  
The accommodation of choice for many visitors coming to Nanjing, along with all French dignitaries.

### Hilton Nanjing Riverside

南京世茂滨江希尔顿酒店  
1 Huaibin Lu (cross of Qinhuai and Yangtze Rivers)  
淮滨路1号(近秦淮河和扬子江交汇处)  
83158888  
nanjingriverside.hilton.com  
nanjingriverside.info@hilton.com  
A more serene statement from Hilton; extensive conference and recreation facilities and rooms with balconies overlooking the Yangtze.

### Nanjing Sunflower International Youth Hostel

南京瞻园国际青年旅社  
142 Dashiba Jie (Fuzimiao west gate)  
大石坝街142号·在夫子庙西门的附近  
52266858 / 66850566  
www.nanjingyha.com  
Popular youth hostel that includes free pool, DVDs, cable TV, foosball and English speaking staff.

## Resorts

### Kayumanis Private Villas & Spa

南京香樟华莘温泉度假别墅  
12 Wenquan Lu, Tangshan  
江宁区汤山街道温泉路12号  
84107777  
www.kayumanis.com  
nanjing@kayumanis.com  
High-end private villa with refreshing natural hot spring and mountain view.

### Regalia Resort & Spa (Qinhuai River)

南京御庭精品酒店(秦淮河) 𨳊  
Bldg. E5, 388, Yingtian Da Jie  
(inside Chengguang 1865 Technology Park)  
应天大街388号(晨光1865科技创意产业园)第E5幢  
51885688  
www.regalia.com.cn  
A Thai style spa offering a holistic approach to rejuvenation and relaxation.

### Tangshan Easpring Hot Spring Resort

汤山颐尚温泉度假村  
8 Wenquan Lu, Tangshan, Jiangning  
江宁区汤山镇温泉路8号  
51190666  
A leisure hotel in Tangshan offering different types of bathing.

## Museums

### Nanjing Massacre Memorial 𨳊

侵华日军南京大屠杀遇难同胞纪念馆  
418 Shuiximen Da Jie  
水西门大街418号  
86612230 / 86610931  
Hours: Tue - Sun from 8:30 to 16:30  
www.nj1937.org  
Located on a former execution ground and mass burial place of the Nanjing Massacre. Admission is free.

### Nanjing Museum

南京博物院 𨳊  
321 Zhongshan Dong Lu  
中山东路321号  
One of China's three national level museums displaying Chinese art, pottery and a life-sized Republic of China street scene. Admission is free with valid ID.

### Nanjing Municipal Museum (Chaotian Palace) 𨳊

南京市博物馆  
4 Chaotiangong  
朝天宫4号

World class museum presenting ancient pottery and earthenware, calligraphy, clothing, jade etc.

### Six Dynasties Museum

六朝博物馆 𨳊  
Changjiang Lu / Hanfu Jie  
长江路/汉府街  
Constructed on the ruins of Jiankang Castle, visitors can see over 1,200 artifacts, including porcelain, pottery, epigraphs, stone inscriptions, calligraphy and paintings and even a section of the city wall.

### Nanjing Jiangning Imperial Silk Manufacturing Museum 𨳊

南京江宁织造博物馆  
123 Changjiang Lu, Xuanwu District  
南京市玄武区长江路123号  
83416801  
Exhibitions of silk manufacturing, brocade, qipao and most interestingly, one dedicated to "Dream of Red Mansions" in which one can experience settings where many events in the novel happened. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

### Rabe House

拉贝故居 𨳊  
1 Xiaofenqiao, Guangzhou Lu  
小粉桥1号  
Monday - Friday from 8:30 to 16:30  
German industrialist's former home that served as a refugee shelter and saved thousands in 1937. One of 17 locations in Nanjing awarded Cultural Exchange Base status in 2014.

### Purple Mountain Observatory

紫金山天文台 𨳊  
Tianwen Lu, Purple Mountain Area, Nanjing  
南京市紫金山天文路  
84440768  
Very first observatory to be built in mainland China that is known as "the cradle of Chinese astronomy".

### Tangshan Homo Erectus Fossil Museum

汤山直立人化石遗址博物馆  
Jiangning District, Tangshan Scenic District  
南京市汤山国家地质公园内  
68720777  
Insight into the prehistoric life of the Nanjing cave couple, a pair of 600 000 year old skulls discovered in the Tangshan area of Nanjing in 1993. Designed by French architect Odile Decq. Closed on Mondays.

### Nanjing Brocade Museum

南京云锦博物馆 𨳊  
240 Chating Dong Jie  
茶亭东街240号  
86518580  
Observe wooden looms producing the world's finest brocade. Fabric is also available for purchase.

### Nanjing Taiping Heavenly Kingdom History Museum

南京市太平天国历史博物馆  
128 Zhanyuan Lu  
瞻园路128号  
58800123  
Houses the largest collection of artifacts and documents from the Taiping Heavenly Kingdom.

### Nanjing Science Museum

南京科技馆 𨳊  
9 Zijinghua Lu, Yuhua District  
雨花台区紫荆花路9号  
58076158  
Hands-on fun and learning for kids. IMAX Cinema.

### Nanjing Museum of Paleontology

南京古生物博物馆 𨳊  
39 Beijing Dong Lu  
北京东路39号  
83282252  
Full dinosaur skeletons, a mass of fossils from significant digs in China and an interesting lesson in local geology. Open at weekends only.

### Nanjing Folk Museum

甘家大院 𨳊  
15 Nanbuting, Zhongshan Nan Lu  
中山南路南捕厅15号  
52217104  
Visitors can study traditional Chinese architecture, including the so-called "99 and a half rooms". Various displays of traditional folk art throughout the year.

### Jinghai Temple

静海寺  
288 Jianning Lu  
建宁路288号  
58590298  
www.yuejianglou.com  
In addition to enjoying an insight into the Chinese view of the "unfair treaty" ceding Hong Kong to the British, visitors can learn about the voyages of Zheng He.

### Zheng He Treasure Shipyard

南京郑和宝船遗址公园  
57 Lijiang Lu  
鼓楼区漓江路57号  
Climb aboard a mockup of the famous navigator's fleet in the location that built the very same almost 600 years ago

## Parks & Attractions

### Qingliangshan Park

清凉山公园  
83 Qingliangshan Lu, near Huju Lu  
清凉山路83号  
Calligraphy and stone museums, as well as an art gallery and pottery studio.

### Zixia Lake

紫霞湖  
A cold water mountain-fed lake. Exercise with care; the cold undercurrents can cause life-threatening cramps.

### Mochou Lake Park

莫愁湖公园 𨳊  
35 Hanzhongmen Da Jie  
汉中门大街35号  
Home to the annual Dragon Boat Race, and great for boating or a walk in a peaceful environment.

### Happy World

弘阳欢乐世界  
Daqiao Bei Lu, Pukou District  
浦口区大桥北路  
Fairly violent looking thrill rides plus giant water slide.

### Jiuhushan Park

九华山公园 𨳊  
20 Juihua Shan 九华山20号  
Visit the pagoda and get on the city wall for gorgeous views of the city.

### Xuanwu Lake Park

玄武湖公园 𨳊  
1 Xuanwu Xiang 玄武巷1号  
Idyllic islands with playgrounds, gardens, restaurants plus boats and bikes for rent.

### Yaxi International Slow City

桤溪国际慢城  
6 Shengtai Lu, Yaxi Town  
高淳区桤溪镇生态路6号  
56861235  
The village of 20,000 was designated China's first "Slow City" by Cittaslow.

### Pearl Spring Resort

南京珍珠泉风景区  
178 Zhenzhu Jie, Pukou District  
浦口区珍珠街178号  
A 8.9 sq.km scenic area that includes a zoo, circus, dodgems and cable-car to a so called Great Wall.

### Gulin Park

古林公园  
21 Huji Bei Lu 虎踞北路21号  
Gardens, paintball and BBQ plus a view of the city from atop the TV tower.

### Zhongshan Botanical Garden

钟山植物园 ✨  
1 Qianhuocun 前湖后村  
84347062  
Covers over 186 hectares and home to more than 3000 plant species.

### Nanjing Yangtze River Bridge Park

南京长江大桥(公园)  
7 Baotiao Dong Jie  
宝塔桥东街7号  
A memorabilia dating from the construction of the bridge. Ascend to the deck of the bridge by elevator for the obligatory photo.

### Memorial for Revolutionary Martyrs

雨花台烈士纪念馆 🏛️  
Yuhua Dong Lu (north gate)  
南京市雨花台烈士纪念馆北大门雨花东路  
A surprisingly relaxing memorial park, yet used as a mass execution ground during the anti-communist revolution of 1927.

### Drum Tower/Gulou Park

鼓楼公园 🏯  
1 Gulou Jie, at the end of Beijing Xi Lu  
鼓楼街1号, 在北京西路口  
The traditional centre of a Chinese city.

### Lao Shan National Forest Park

老山国家森林公园  
Chalukou, Pukou  
浦口区岔路口  
Enjoy a more rustic experience in Nanjing's second National Park; away from the crowds soak in the virgin forest that is rich in species.

### Lamending Neighbourhood

城南·老门东  
50 Changle Lu 长乐路50号  
52201611  
A new name card of Nanjing with cultural activities, traditional Chinese architecture and distinctive local features.

### Datangjin Fragrant Valley

大唐金香草谷主题餐厅  
Zhengfang Da Dao, Jiangning District  
江宁区谷里街道大唐金正方大道薰衣草庄园  
52716207  
Breathe in the intoxicating scents while strolling through the fields of lavender that lead to the shop filled with perfumes, eye patches, pillows, face masks and even lavender perfume.

### Sports

### Jijianheng Martial Arts Training Center

15996493275  
Offers the mental and spiritual training necessary for Kung Fu mastery to students of all ages and abilities. Founded by Shaolin Master Shi Jianhu in 2015. Bi-annual Shaolin Homecoming weekend trips, led by Master Shi and his foreign wife Maggie, also available.

### Century Star Ice Skating Club

世纪星滑冰俱乐部  
222 Jiangdong Zhong Lu (Inside Olympic Center)  
江东中路222号奥体中心内 🏒  
86690465 / 86690467  
4F, Wonder City, 619 Yingting Street  
应天大街619号虹悦城4楼 🏒  
52275768 ext. 8001/8002

### Nanjing Zhongshan International Golf Club

南京钟山国际高尔夫俱乐部  
9 Huanling Lu 环陵路9号  
84606666

### Nanjing Harvard Golf Club

南京昭富国际高尔夫俱乐部  
176 Zhenzhu Jie, Pukou  
南京市浦口区珍珠街176号  
5853333

### Nanjing Gingko Lake International Golf

南京银杏湖国际高尔夫俱乐部  
1 Guli Yinxing Hu 江宁区谷里银杏湖1号  
86139988

### Nanjing Leiniaio Paragliding Club

南京雷鸟滑翔伞俱乐部 🪂  
Wutaishan Sport Center Tennis Stadium  
五台山体育中心网球场  
84458450 / 15335179782

### Pisarev Ballet

比萨列夫芭蕾舞学校 🩰  
#B901, Junlin International Mansion, 5 Guangzhou Lu  
广州路5号君临国际B901室  
86975095

### Changqing Taekwondo 长青跆拳道馆 🥋

9F, Quanmin Jianshen Plaza, 145 Zhongshan Dong Lu  
玄武区中山东路145号全民健身中心9楼  
84541055

### Gym

### Lucky Bird Fitness 金吉鸟健身

83518366  
www.jinjiniao.com  
28 branches in Nanjing offering Workout area, gymnasium, yoga studio etc. Eight branches also have swimming pools.

### Theatre

### Nanjing Poly Grand Theatre

南京保利大剧院 🎭  
6 Yecheng Lu, Jianye District (inside Nanjing International Youth Culture Centre)建邺区郑城路6号 (南京国际青年文化中心)  
58839008 / 58839098

### Nanjing Art and Cultural Center

南京文化艺术中心 🎨  
101 Changjiang Lu 长江路101号  
84797920

### Jiangnan 631 Niuda Theatre 江南631牛达剧场

5 Yanling Xiang 延龄巷5号  
84419786

### Nanjing Art Academy Concert Hall

南京艺术学院音乐厅  
15 Huju Lu 虎踞北路15号  
83498249

### Jiangsu Kunqu Theater 兰苑剧场 🎭

4 Chaotian Gong 朝天宫4号  
84469284

## Business & Education

### International Education

### British School of Nanjing 南京英国学校 🇬🇧

Hanfu Lu, Jiangning District  
江宁区韩府路  
52108987  
www.bsn.org.cn  
Serves expat children with a private education of the highest standard, with a day-to-day focus on helping pupils to thrive in their own unique way. Based based on the English National Curriculum.

### Nanjing International School 南京国际学校 🇬🇧

8 Xueheng Lu, Xianlin College  
and University Town

仙林大学城学衡路8号

85899111

www.nanjing-school.com

An inclusive learning community inspiring international mindedness, personal excellence, creative thinking. An IB World School.

### EtonHouse Nanjing 伊顿国际教育集团

8 Qing'ao Nan Lu, Jianye District  
南京市建邺区青奥南路8号  
85596778  
Singapore based chain with more than 100 pre-schools and schools spread across Asia and a curriculum based on an international, inquiry-based program.

### The Overseas 海外国际 🌐

Nanjing Novas International Business Consulting Co. Ltd, #1606 Block A, Junlin International, 5 Guangzhou Lu  
广州路5号君临国际A幢1606室  
84533133  
admin@the-overseas.com  
Wechat: overseas

### Youth Moment Educational Investment Co., Ltd.

南京青梦家教育投资有限公司 ✨  
3rd Floor Building E, Kingdee Science and Technology Industrial Park  
532 Zhongshan Dong Lu  
中山东路532号金蝶科技产业园E栋3楼  
68165526 / 18621932120  
www.qingmengjia.com  
enquiries@qingmengjia.com  
Career guidance, entrepreneurial support, overseas study services for Chinese and foreign students.

### Higher Education

### Nanjing University of Science & Technology

南京理工大学  
200 Xiaolingwei 孝陵卫200号  
84303232 / 84303135  
study.njust.edu.cn  
Offers both Chinese and English taught programs for undergraduates and postgraduates in a large range of vocations; everything from science, engineering, liberal arts and economics to business, management, law and education for coordinated development.

### Business Services

### Sharehouse (Nanjing) Co., Ltd.

赛浩企业管理服务(南京)有限公司  
Maqu Scientific Park, 3 Jinma Lu  
南京栖霞区马群科技园金马路3号  
85720118  
www.sharehousechina.com  
Enables SMEs to establish their own legal entity in China while keeping overhead costs low through shared resources.

### Foreign Trade & Economic Development Agencies

### American Chamber of Commerce

Jinling Hotel Asia Pacific Tower Room 801  
南京市金陵饭店亚太商务楼801室  
18501538478  
nanjing.amcham-shanghai.org

### European Union Chamber of Commerce

中欧联盟商会(南京) 🇪🇺  
#806, Haihua Mansion, 99 Zhongshan Lu  
中山路99号海华大厦806室  
83627330

### China-Britain Business Council, Nanjing

英中贸易协会南京代表处  
#2514-2515, 50 Zhonghua Lu  
中华路50号2514-2515室  
52311740

### Netherlands Business Support Office

荷兰贸易促进委员会南京代表处 ☞  
#2316, Bldg. B, 23F, Phoenix Plaza, 1 Hunan Lu  
湖南路1号凤凰国际广场B楼23层2316室  
84703707

### Baden-Württemberg International

德国巴登符腾堡州国际经济科技协会 ☞  
7-3 Dabai Xiang Meiyuan Xin Cun  
梅园新村大悲巷7-3号  
84729068  
www.bw-i.cn

### Australian Trade Commission

澳大利亚贸易委员会南京代表处 ☞  
#1163, Jinling World Trade Center, 2 Hanzhong Lu  
汉中中路2号金陵饭店世界贸易中心1163室  
84711888 -1163

### Canadian Trade Office Nanjing

加拿大驻南京商务代表处 ☞  
#1261, Jinling World Trade Center, 2 Hanzhong Lu  
汉中中路2号金陵饭店世界贸易中心1261房  
84704574

## Language Training

### New Concept Mandarin 新概念汉语 ☞

#821, 8F, PICC building, 98 Jianye Lu, Qinhuai district  
秦淮区建邺路98号鸿信大厦8楼821室  
84872361  
www.newconceptmandarin.com  
nanjing@newconceptmandarin.com  
Over 20-years experience in applied linguistic research and global teaching.

### JESIE - Goethe-Language Centre

JESIE - 歌德语言中心 ☞  
Jiangsu College for International Education, 3F, 205 Shanghai Lu  
上海路205号江苏国际预科学院3层  
83335690  
www.goethe-slz.js.cn

### Nanjing No.1 High School

南京市第一中学  
301 Zhongshan Nan Lu  
中山南路301号  
52216244  
Only high school designated by the International Office of National Chinese Language Promotion as base for the international promotion of Chinese language.

### Alliance Française de Nanjing

南京法语联盟  
4F, Qun Lou, 73 Beijing Xi Lu  
北京西路73号裙楼4楼  
83598762 83598876  
www.afnanjing.org  
info.nanjing@afchine.org  
French language and culture centre with classes for individuals and corporations at all levels, cultural events plus a modern library with free access to collections.

## Clubs

### Nanjing International Community

Clubhouse ☞  
南京国际社区中心  
1-B-01, British School of Nanjing, Hanfu Lu, Jiangning  
江宁区韩府路南京英国学校1-B-01  
www.yournicc.net  
info@yournicc.net  
Helps expats to understand and enjoy their experience of living in Nanjing through a service centre; classes for adults and children, a monthly ladies night, car boot sale and many more activities.

### Nanjing International Club

南京国际俱乐部  
Maqun Scientific Park, 3 Jinma Lu, Xianlin, Qixia  
栖霞区马群科技园金马路3号

www.nanjinginternationalclub.org

A club with over 500 Members from all around the world and a large variety of events; cooking, kids' club, book club, dinners, balls, outings, BBQ, concerts, bazaar and more. Fundraising for charities plus opportunities to support, volunteer and become part of an exciting team.

### Nanjing Hash

nanjinghash@gmail.com  
Continues the tradition of being a drinking club with a running problem; Sunday monthly run or walk plus a night Hash on Mondays at 7pm to a mystery destination, to see unusual scenic parts of Nanjing, and surrounding areas, followed by great food and drinks.

### Nanjing Golf Society

15850764645  
Arranges friendly golf games at local courses, for ladies and gents of all abilities. Games are usually weekly, with practice at various ranges around the city.

## Charities

### Y.M.C.A. / Y.W.C.A. ☞

南京基督教青年会和女青年会  
66-9 Dajianyin Xiang, Gulou District  
南京市鼓楼区大铜银巷66-9号  
83307098 / 83714117  
www.njmca-ywca.org  
Endowed by Dr. Sun Yat-sen in 1912, the Nanjing branch of the organisation provides volunteering services and organises overseas exchange programs.

### Hopeful Hearts

www.hopefulhearts.info  
Fundraising for the medical treatment of children with heart conditions. Over 400 children assisted to date. Operates under the umbrella of The Amity Foundation with other branches in Chengdu and Guangzhou.

### Pfrang Association 普方基金会

3 Jinma Lu, Maqun Scientific Park, Xianlin, Qixia  
栖霞区马群科技园金马路3号  
85720118  
www.pfrangassociation.org  
Raises funds to sponsor the 6-year high school education of underprivileged children in Jiangsu province, providing them with the chance to lead a self-directed and fulfilled life.

### Butterfly Hospice

www.butterflych.org  
Provides loving care and treatment for children with life-threatening illnesses, through a children's hospice in Changsha, and a local support project in Nanjing with specialist nursing care for palliative children.

### Ray of Light Cambodia

www.rayoflightcambodia.com  
Provides opportunities to 3-18 year olds in an orphanage in Phnom Penh.

## Cultural Education

### Confucius Temple Primary School

南京市夫子庙小学  
22 Zhanyuan Lu 瞻园路22号  
52230929  
Founded in 1907 to explore and promulgate the ideology and culture of Confucius.

## Shopping

### International Groceries

### Epermarket 上海嘉盛实业有限公司

www.epermarket.com  
4007760776  
First online supermarket in China to be ISO 9001 certified, delivering more than 5,000 imported & local goods.

### Fields

www.fieldschina.com  
4000210049  
Online grocery store that delivers safe, delicious, high quality and imported groceries directly to your door.

### Time Farm

18551768576  
www.timefarm.com.cn  
Permaculture facility in Jiangning producing vegetables, rice, whole-wheat flower, free-range eggs and canola oil.

### Nanjing Bakery

www.nanjingbakery.com  
Home made cakes, ready to bake pizzas, lasagna etc. plus a range of items such as pasta, butter, cheese, sauces and spices.

### Wendy's Bakery

温底手作  
13611577210  
wendybakery.taobao.com  
Classic apple pie, bacon-cheese scones and inventive cranberry shortbread utilising only imported ingredients.

### Tasty Baking Supplies Store 苔丝特烘焙材料店

#703, Suyuan Mansion, 121 Hongwu Lu  
洪武路121号苏苑大厦703  
84481007  
Cheap baking supplies at the prices they should be; think ¥6 for a 12" pizza base. Also offers a selection of baking equipment.

### Petite Abeille

法国小蜂蜜进口商店  
国小蜂蜜进口商店  
22 Hankou Xi Lu 汉口西路22号 ☞  
83237878  
80 Nenjiang Lu 嫩江路80号 ☞  
83217096  
Largest selection of French produce in Nanjing, with petite pains and biscottes plus home-made heavy breads, baguettes, croissants and apple pie.

### Times Grocery

泰晤士 ☞  
48 Yunnan Lu 云南路48号  
83685530  
Compact yet its location breeds popularity; wide selection of imported but sometimes pricy food.

### Happy Orange

乐橙便利店 ☞  
Cuiping International (North Gate), Hanfu Lu, 20 Jiangjun Avenue, Jiangning  
将军大道20号翠屏国际城北门 (韩府路)  
52158366  
Small shop with a nice selection of imported items run by a charming couple from Taiwan.

### Ronnie's Pies

13912379301  
www.ronnies.com.cn  
Home made pies, including Cornish and Lancashire pasties plus sausage rolls. Delivers from Yangzhou.

### Metro

麦德龙  
288 Ningli Lu 宁溧路288号 ☞  
300 Jianning Lu 鼓楼区建宁路300号  
Foreign foods plus wines, beers and spirits. Passport/ID required.

### Carrefour

家乐福  
235 Zhongshan Dong Lu 中山东路235号 ☞  
341 Jiangdong Zhong Lu 江东中路341号 ☞  
26 Jiqingmen Da Jie 集庆门大街26号 ☞  
7 Daqiao Nan Lu 大桥南路7号  
3 Liuzhou Nan Lu, Pukou 浦口区柳州南路3号  
Good range of dairy products, especially imported.



ed butter, cream and cheese plus snacks, pasta and wine.

#### Auchan

欧尚

151 Hanzhongmen Da Jie

汉中门大街151号(纪念馆东路)

11 Qinhua Zhong Lu

秦淮中路11号

866 Yingtian Da Jie

应天大街866号

Probably the city's best selection of cheese.

#### BHG Marketplace

B2, Aqua City, 1 Jiankang Lu 健康路1号水游城地下B2层

B1, Deji Plaza, Zhongshan Lu 德基二期地下B1层

B1, Jingmao Shopping Mall, 201 Zhongyang Lu

鼓楼区中央路201号金茂汇B1楼

B1, The Central, 237 Jiangdong Zhong Lu

江东中路237号中央商场B1楼

B1, Forest Mall, 301 Zhongshan Men Da Jie

中山门大街301号森林摩尔商业街区B1楼

B1, Raydu Plaza, 1222 Shuanglong Da Dao, Jiangning District

经济技术开发区双龙大道1222号B1中厅

Imported goods plus organic fruit and veg. Pricy, but that keeps the crowds away.

#### RT Mart

金润发

39 Danfeng Jie 丹凤街39号(近北京东路)

B1, New City Mall, 99 Caochangmen Da Jie

草场门大街99号新城广场B1

260 Longpan Zhong Lu 龙蟠中路260号

Decent imported food section, dairy and bakery.

#### Q.E. Mart

青恩

7 Wenshu Dong Lu, Xianlin 文枢东路7号

85862080

Medium-sized supermarket (labelled "Korean Market") with a wide range of Korean produce.

#### For the Home

#### EASmart

1F-Z, Wanda Plaza, 68 Zhushan Lu, Jiangning

竹山路68号万达广场1F

52187886

www.eading.com

Fantastic selection of stationary plus coffee machines, electrical and IT appliances, kitchenware and home decoration items.

#### Living Story 欧洲生活馆

173 Shanghai Lu 上海路173号

86634155

Compact yet manages to offer coffee grinders, espresso makers, stylish kitchen utensils, picture frames, oil burners and oils, candles, clocks, various pieces of art, wine racks plus a few bottles of wine thrown in for good measure.

#### Hongxing Furniture 红星国际家具广场

224 Zhongyang Lu 中央路224号

83118005

Large furniture mall with many shops. Large range of prices, styles, etc.

#### Jinsheng Market 金盛百货大市场

2 Jianning Lu

建宁路2号(南京商厦对面)

9 Wangjinshi (off Changjiang Lu)

长江路网巾市9号

Daqiao Bei Lu (beside North bus station)

大桥北路(长途北站旁)

Everything from home décor to wires, Christmas trinkets and electronics. Cheap but be prepared to bargain.

#### Jinling Decoration Market 金陵国际家居

88 Jiangdong Zhong Lu 江东中路88号

86511888

Everything needed for a new home.

#### Longjiang Flower Market 龙江花卉市场

78 Qingliangmen Da Jie

清凉门大街78号

Huge selection of plants, cut flowers, fish tanks and fish, plus gardening tools.

#### B&Q 百安居

90 Kazimen Da Jie (beside Metro)

卡子门大街90号麦德龙旁

52450077

#### IKEA 宜家家居

99 Mingchi Lu (East side of Kazimen Plaza)

明匙路99号(卡子门广场东侧)

4008002345

#### Internet, Electronics, Photography & Gaming

#### NetFreeRouter

www.netfreerouter.com

Watch your favourite shows from BBC, Netflix, ABC, NBC, Amazon and many more, using a specialised router plus a dedicated US, UK or HK IP address that provides VPN, wifi and online TV across all devices.

#### Professional Photography

#### Equipment Market

照相器材专业市场

3F, Binjiang Friendship Shopping Center, 301 Jiandong Bei Lu

江东北路301号滨江友好商城三楼

Specialists in wedding photography with equipment including lighting, flash etc.

#### Camera & Photography Equipment

#### Market

东鼎照相器材市场

Dongding Plaza, 699 Zhujiang Lu

珠江路699号东鼎照相器材市场

Widely regarded as the best camera and equipment market in Nanjing.

#### Mobile phone shops on Danfeng Jie

丹凤街-手机

Indoor markets specialized in new and second-hand mobile phones and repairs.

#### IT products on Zhujiang Lu

珠江路-IT产品

A multitude of stores selling everything you can imagine and more; computers, cameras, MP3 and MP4 players, iPad, webcams, hard drives, and portable flash drives.

#### Video games on Zhongyang Lu

中央路-电子游戏

Any type of video game for all game systems. Also do minor repairs.

#### Beauty

#### China Ink Tattoo

东方印客

B15, B1F, Lucky Square, 169 Yunjin Lu

南京市建邺区云锦路169号乐基广场B1层

87750906

Opened by Vincent Chang with shops in Taipei, Suzhou, Hangzhou and now Nanjing, expect great service in a safe and sterile environment. All equipment is imported, including inks.

#### Art

#### Art Home 聚贤堂

84 Shitoucheng Lu 石头城路84号

Arguably the best stocked art supplies shop in Nanjing; oil and acrylic paints plus many products by Faber-Castell and Staedtler. Framing service also available.

#### Jiangsu Fande Culture and Art Block

江苏凡德文化艺术街区

1 Zhengxue Lu 秦淮区正学路1号

84711180

An inclusive cultural industry platform for the research and development, creation, display and transaction of art works.

#### Fangshan Culture and Art Creative Industry Park

南京方山文化艺术创意产业园

1 Donghuyuan, 588 Longmian Da Dao 江宁区龙

眠大道588号东湖苑1号

52712282

Home to four art institutions and over 40 famous artists in photography, oil painting, Chinese painting, sculpture and pottery.

#### Jiangsu Art Gallery 江苏省美术馆

266 Changjiang Lu 长江路266号

84506789

333 Changjiang Lu 长江路333号

89610840

Local artists' work, changed frequently.

#### Nanjing Luhe Phoenix Art Gallery

南京六合凤凰山艺术馆

Fenghuang Shan Park, Yanan Lu, Pukou

六合区延安路凤凰山公园内

57751345

A non-profit institution with exhibitions and serving as a platform for people to exchange information and experience in art creation and collection.

#### Stone City Modern Art Creation

Gallery 石头城现代艺术创意园

72 Beijing Xi Lu 北京西路72号

55583708

Exhibition of modern Chinese art.

#### Yipai Art 南京艺派文化用品中心

81 Stone City 石头城81号

83704786

epair8888@126.com

Oil paints, brushes, spatulas, charcoal, easels, drawing instruments, sketch books and a selection of pens, pencils and refills.

#### Sports & Outdoor

#### Decathlon 迪卡侬

866 Yingtian Xi Lu (same building as Auchan)

应天西路866号

84218420

286 Ningli Lu (next to Metro)

宁溧路286号(麦德龙对面)

52401018

1 Beijing Dong Lu 玄武区北京东路1号

French sports megastore chain that also stocks informal-wear shoes in sizes up to 48.

#### Sanfo 三夫户外

57 Zhongshan Lu 中山路57号

84721228 / 84720512

Jinxianghe Lu 进香河路

83601199

4F, Zifeng Tower, Zhongshan Bei Lu

中山北路紫峰大厦购物广场4F

83518681 / 83518682

Chinese outdoor chain store stocking equipment for biking and hiking plus backpacks and apparel for outdoor.

#### Foreign Language Bookstores

#### Foreign Language Bookstore 外文书店

218 Zhongshan Dong Lu (Beside Taiping Nan Lu)

中山东路218号长安国际(太平南路口)

#### Xinhua Bookstores 新华书店

56 Zhongshan Dong Lu (near Hongwu Lu)

中山东路56号(近洪武路)

86645151

217 Zhongshan Bei Lu

中山北路217号

83374645

#### Phoenix International Book Mall

凤凰国际书城

1 Hunan Lu  
湖南路1号八佰伴旁(近中央路)  
83657000 / 83657111

## Wine Outlets

**Everwines 咏菊**  
300 Changjiang Lu 长江路300号  
58951779  
nanjingcshop@everwines.com  
The retail arm in China of Torres that offers tastings plus the opportunity to learn about wine; Small classes in English or Chinese available.

**Newold Wine World 纽澳酒世界**  
Area B, F1, New City Mall, 99 Caochangmen Da Jie  
草场门大街99号新城市购物中心负一楼B区  
86265959

**Jiangsu Jiuchao Distillery**  
江苏九朝酒业  
278 Hongwu Lu  
洪武路278号  
84404159

**Jayson Wines** 南京杰森酒业  
52 Taiping Bei Lu 太平北路52号  
8370 7195

**Eminence Cellar 香松酒窖**  
Inside Wutaishan (opposite to Jin Inn)  
Guangzhou Lu 广州路五台山体育场  
66012088

**Aussino Cellar 富隆酒窖**  
#109, 198 Zhongshan Dong Lu  
中山东路198号109室  
84679799  
www.aussino.net

## Services

### Healthcare

**Hscybele Hospital**  
华世佳宝妇产医院  
9 Wenti Xi Lu 文体西路9号  
24 hour English hotline: 18013919815  
www.hswoman.com/en/  
Combines an Obstetrics and Gynecology Department, Neonatology Department and Pediatrics Department with a tranquil atmosphere, high standards of hygiene and more than competent English service, including 24/7 telephone hotline. Underwater birth available; international medicare accepted.

**Raffles Medical**  
1F, Grand Metropark Hotel Nanjing,  
319 East Zhongshan Lu  
中山东路319号维景国际酒店1楼  
84802842 (by appt.)  
Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Assistance Center: 010 64629100  
www.internationalsos.com  
Delivers integrated, quality, comprehensive medical care. Services span from family medicine to 24/7 emergency services. Languages spoken include: English, Chinese, German, and Japanese.

**Angel Flossy-Care Dental Center**  
天使福乐氏口腔连锁  
4F, 10 Ke Xiang, Qinhui District  
南京市秦淮区科巷10号4楼  
86502567 / 18551700071  
www.tsq025.net  
Offers all kinds of oral treatments including dental implants, crowns or bridges, dental whitening, cosmetic dentistry, root canal therapy, orthodontics and more. 100 percent bilingual staff; other branches in Suzhou, Nanning, Beijing and Shanghai.

**Keya Dentistry**  
科雅口腔  
#411, Bldg. E, Wanda Plaza, Hexi  
南京河西万达广场E座411  
4008919828 / 83308686  
www.keyaath.com  
Providers of Invisalign; a popular, Western alternative to braces, plus reconstructive and cosmetic teeth surgery. Axa Assistance, CSETH Insurance, BUPA, METIFE, SOS, Bupa and Medilink accepted.

**Global Doctor International Medical Centre**  
环球医生国际医疗中心  
1F, Zuolinfengdu, 6 Mochouhu Dong Lu  
莫愁湖东路6号左邻风度1栋1楼  
86519991 (24 Hours)  
www.globaldoctor.com.au  
International medical centre offers family medicine & specialist services plus 24 hour emergency assistance to expatriates in Nanjing. Mon-Sat 09:00-18:00. Multilingual staff: EN/JP/ES/KO/CN.

**BEN-Q Medical Centre 明基医院**  
71 Hexi Da Jie 河西大街71号  
52238800  
Another popular choice for expats, BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors.

**Nanjing Union Dental Clinic**  
南京友联齿科  
1F, Grand Metropark Hotel Nanjing,  
319 Zhongshan Dong Lu  
中山东路319号维景国际酒店一层  
84818891 / 84808888-6555  
dentist@uniondental.cn

**Health Examination Center**  
江苏省国医馆  
168 Qingliangmen Da Jie  
清凉门大街168号  
86216721  
www.jssgyg.com  
English speaking staff, diagnosis by imported advanced medical technology and treatment by Traditional Chinese Medicine. 100% non-invasive.

**Nanjing Entrance-Exit Inspection and Quarantine Bureau**  
南京出入境检验检疫局  
1 Guojian Lu, Jiangjun Da Dao,  
Jiangning District  
江宁区将军大道国检路1号  
52345354  
Health checks for work permit and visa applications.

**Nanjing Gulou Hospital 南京鼓楼医院**  
321 Zhongshan Lu 中山路321号  
83304616  
The major trauma hospital (24 hr).

**Jiangsu Provincial Hospital 江苏省人民医院**  
300 Guangzhou Lu 广州路300号  
83718836  
The major Western medicine hospital.

**Nanjing Children's Hospital**  
南京市儿童医院  
72 Guangzhou Lu 广州路72号  
83117500 83116969

**Jiangsu Provincial Hospital of TCM**  
江苏省中医院  
155 Hanzhong Lu 汉中中路155号  
86617141  
The major Chinese medicine hospital.

**Nanjing Maternity and Child Healthcare Hospital**  
南京市妇幼保健院  
123 Tianfei Xiang 天妃巷123号  
52226777  
The major maternity hospital in Nanjing.

## Legal

**D'Andrea & Partners Law Firm**  
D' Andrea & Partners 律师事务所  
#920, Jinglun International Mansion, 8 Hanzhong Lu  
汉中中路8号金轮国际广场920室  
86505593 / 86505693  
nanjing@dandareapartners.com  
International consulting firm present in China since 2004 offering legal services in Italian, Chinese, English, French, German and Russian plus assistance in foreign direct investment in China, mergers and acquisitions, international contract law and labour law.

**Jeffrey Wang Attorney at Law**  
王煜卓 | 南京办公室 | 合伙人/律师  
Deheng Law Offices, 3F, 2 Chuangzhi Lu  
建邺区河西大街创智路2号3楼 | 德恒律师事务所  
13605182614 / 58993266  
www.dehenglaw.com  
wangyuzhuo@dehenglaw.com  
Business lawyer with more than fifteen years legal practice in Nanjing plus fluent English and legal knowledge in both business and personal areas, offering professional services via DeHeng Law Offices, and their network of 21 domestic branches in China and five overseas offices.

**Dacheng Law Offices**  
大成律师事务所  
9-10F, Lianchuang Scientific Mansion, 18 Jihui Lu, Gulou District  
鼓楼区集慧路18号联创科技大厦A座9-10楼  
83755108  
nanjing.dachenglaw.com  
Hongliang.Hu@dachenglaw.com  
Ranked #1 in Asia by size, with branches in 26 countries and all over China. Nanjing branch is ranked #1 in Jiangsu Province (EN/CH/ES/JP/KO).

## Property Services

**Sun Home Real Estate**  
南京中清房产经纪咨询有限公司  
#1901, Xinghan Mansion, 180 Hanzhong Lu 汉中中路180号星汉大厦1901室  
51860592 / 5186 0590  
www.shre.com.cn  
sunhome@shre.com.cn  
Pre-move consulting home search service, orientation and settling-in programs plus vehicle leasing.

**HomeLife**  
84727590 / 18651613688  
www.0086house.com  
Specialists in rentals of houses, condominiums, apartments and offices with over 10 years experience in helping expats.

**Nanjing Houses**  
#720, Section 1, Unit 2, 128 Tianyuan Lu, Jiangning District  
天元中路128号2栋1单元720室  
87735531  
www.nanjinghouses.com  
info@nanjinghouses.com  
Provides a unique-to-the-industry process of pre-screening options in order to save time and energy while looking for an apartment or villa.

**Home Caught Relocation Service**  
奥鸿房地产咨询顾问有限公司  
4F, 669 Zhujiang Lu 珠江路669号4F  
84800918  
www.homecaught.com  
lease@homecaught.com  
Supplies many a multinational firm with home search and rental services plus bus fleet solutions.

**Crown Relocations**  
嘉柏(中国)国际货运代理有限公司  
#4210, Block A, New World Centre,

**Zhujiang Lu**  
南京市珠江路新世界中心A座 4210室  
84541017  
slaing@crownew.com  
Provides moving services, housing services, school search, immigration services, and orientation services with a global network spanning 60 countries.

**Apex International Logistics Co., Ltd**上海正流国际运输代理有限公司  
58702129  
www.apex15.com  
nanjing@apex15.com  
Domestic and local moves, office relocation, storage and warehousing, pet relocation, insurance/risk management plus immigration services.

**CMR Corporate Property & Relocation**  
南京浩麦房地产咨询  
12C1, Jinlun Mansion, 108 Hanzhong Lu  
汉中路108号金轮大厦12C1座  
84701658  
www.cmrchina.com  
Supplies multinationals, with additional services including driver's license and import/export of pets.

## Faith Houses

**Mochou Lu Church**莫愁路教堂  
390 Mochou Lu  
莫愁路390号  
84708782  
www.njmclchurch.org  
English service is held from 3.30-5 pm every Sunday. English Bible Study is every Wednesday from 7.00-9 pm.

**St. Paul's Church**圣保罗教堂  
396 South Taiping Road  
太平南路396号  
86647225  
www.njstpaul.org  
English service is held at 10:50 am on Sundays and English Bible study is at 14:00 on Saturdays.

**Immaculate Conception Cathedral**  
石鼓路天主教堂  
112 Shigu Lu 石鼓路112号  
84706863  
English service: Sunday @ 6pm  
Korean service: Sunday @ 11am

**The Church of Jesus Christ of Latter Day Saints**  
Yuhua Jingli Hotel, 8 Xiaohang Yaojia'ao  
雨花村小行尤家凹8号雨花晶丽酒店  
Mormon service on Sundays at 10am. Foreign passport holders only.

**Biyao Catholic Church**碧瑶天主堂  
Biyao Garden Square, 189 Leshan Lu  
南京市建邺区乐山路189号碧瑶花园广场  
84706863

**Shengxun Church**  
English service is held on Sundays from 10.30-12 pm and Chinese service from 2-4 pm on Sundays.  
圣训堂  
158 Leshan Lu  
南京市建邺区乐山路158号

**Jiangsu Lu Church**江苏路教堂  
60-10 Jiangsu Lu  
江苏路60-10号  
83724547

**Gulou Religious Activity Site**  
基督教会鼓楼聚会场所  
2-2 Beijing Xi Lu  
北京西路2-2号2F  
84435660  
Services held Mon-Sat from 7-8 am and Sundays from 7-8 am, 8.30-10 am and 4.30-5.30 pm.

**Jinsu Nunnery**金粟庵  
18 Wufu Jie, Jiqing Men, Qinhuai District  
秦淮区集庆门五福街18号  
86626905

**KuanEumHui Korean Buddhist Club**  
观音会南京韩人佛教会  
#1703, Bldg. 2, Fuli Shanzhuang  
富丽山庄3栋1703室  
13222018582  
Service: 11:00am

**Nanjing Islam Association**  
伊斯兰教协会  
28 Shengzhou Road, Qinhuai District  
秦淮区升州路28号  
52216974

**Jizhaoying Mosque**吉兆营清真寺  
3 Jizhaoying 吉兆营43号  
83605565

**Taiping Lu Mosque** 太平路清真寺  
299 South Taiping Lu  
太平南路299号  
84525352

**Caoqiao Mosque**草桥清真寺  
26-32 Ganyu Xiang  
甘雨巷26-32号  
52209482

## Training, Coaching & Consulting

**Chrysalis Consulting**  
智变  
#932, 699 Zhongshan Men Da Jie, Maqun, Qixia District  
栖霞区马群中山门大街699号紫金尚园商办综合楼932室  
18551737659  
www.chrysalisasia.com  
thrive@chrysalisasia.com  
A multi-national consulting firm involved in business consulting, solution services, young professional services, business start-ups and care for orphans.

**MTI Nanjing**  
#714, Building 7, Wanda Dongfang, 58 Yunjin Lu  
云锦路58号万达东坊7栋714室  
84714552  
www.mticonsulting.com  
HR coaching and training solutions, combining international standards with local market needs.

**McBride Sports**  
15951982141  
mcbridesports@gmail.com  
Coaching for young athletes, adult-personal training and/or Boot Camps.

## Pets

**Doctors Beck & Stone**  
贝克&史东医生国际动物医院  
159 Forrest Mall, 301 Zhongshanmen Street, Xuanwu District  
玄武区中山门大街301号森林摩尔商业街区条形码区西159号  
87761656 / 877616136 / 400 103 8686  
Leading international pet hospital group, supporting responsible pet ownership, and providing the highest level of veterinary services that include grooming, boarding, and pet food.

**Amy Hao Hao Pet Care**  
爱咪好好  
18 Nantai Xiang Xi (off Wang Fu Da Jie)  
王府大街南台巷西18号  
84203097 / 13952034351  
Professional cat and dog grooming service run by a local Nanjing girl who speaks fluent English.

**Puppy & Kitten Pet Store**  
狗仔猫仔宠物店  
81 Shitoucheng Lu  
鼓楼区石头城路81号  
83322380 / 18625184686  
Large range of natural and/or organic imported dog food complimented by the necessary selection of treats, chews, leads and bowls.

**Tom Dog Pet Center**汤姆狗宠物中心  
1 Dingxin Lu 鼎新路1号  
86662858  
Pet stayover and dog walking service, retail outlet and English speaking staff.

## Hairdressers

**V-Salon**  
香港时光设计有限公司  
32F, Golden Eagle Plaza, 89 Hanzhong Lu, Gulou District  
汉中路89号 金鹰国际商城32楼  
86292980  
Run by a stylist to many pop and movie stars, including none less than Nicolas Cage and Julia Roberts.

## Photography

**Nicolas Harter Photography**  
13770761603  
www.nicolasharter.com  
A French photographer specialising in wedding, commercial and event photography, and author of photo-book "Africa Square", a profile of African artists at the 2010 Shanghai Expo.

## Media & Design

**SinoConnexion**  
南京贺福文化传媒有限公司  
14F, Building 1, World Times Square, 8 Dongbao Lu, Gulou District  
鼓楼区东宝路8号时代天地广场1幢1417室  
58491159 / 13851522275  
www.sinoconnexion.com  
info@sinoconnexion.com  
International award winning professional foreign owned video and media production company with 30+ years experience, and 23 years of work in China. Also offers agency services, print and digital publication production, broadcast media, internet advertising, social media promotion and production of audio materials.

**VOZ Design** 嗓音设计  
18305161245 / 15950575174  
www.vozdesign.com  
mundosanto@gmail.com  
Professional marketing oriented graphic design and brand development. No copies, no templates, only creativity and lots of brain juice. Mediocrity is a disease we fight everyday.

## Translation

**Wow-Super A Translation Service**  
南京领域翻译有限公司  
#4004, 40th Floor, Tian'An International, Shigu Lu, Gulou District  
新街口大洋百货天安国际40楼4004 (地铁1、2号线新街口站15号出口)  
13813906747  
www.wowtran.com  
Offers a full suite of translation services for business, legal, technical and personal use, including official and notary translations, marriage certificates, drivers' licenses plus interpreter services.



## THE NANJINGER BUS TABLE

[illegible]

## Notes on using The Nanjing Bus Table

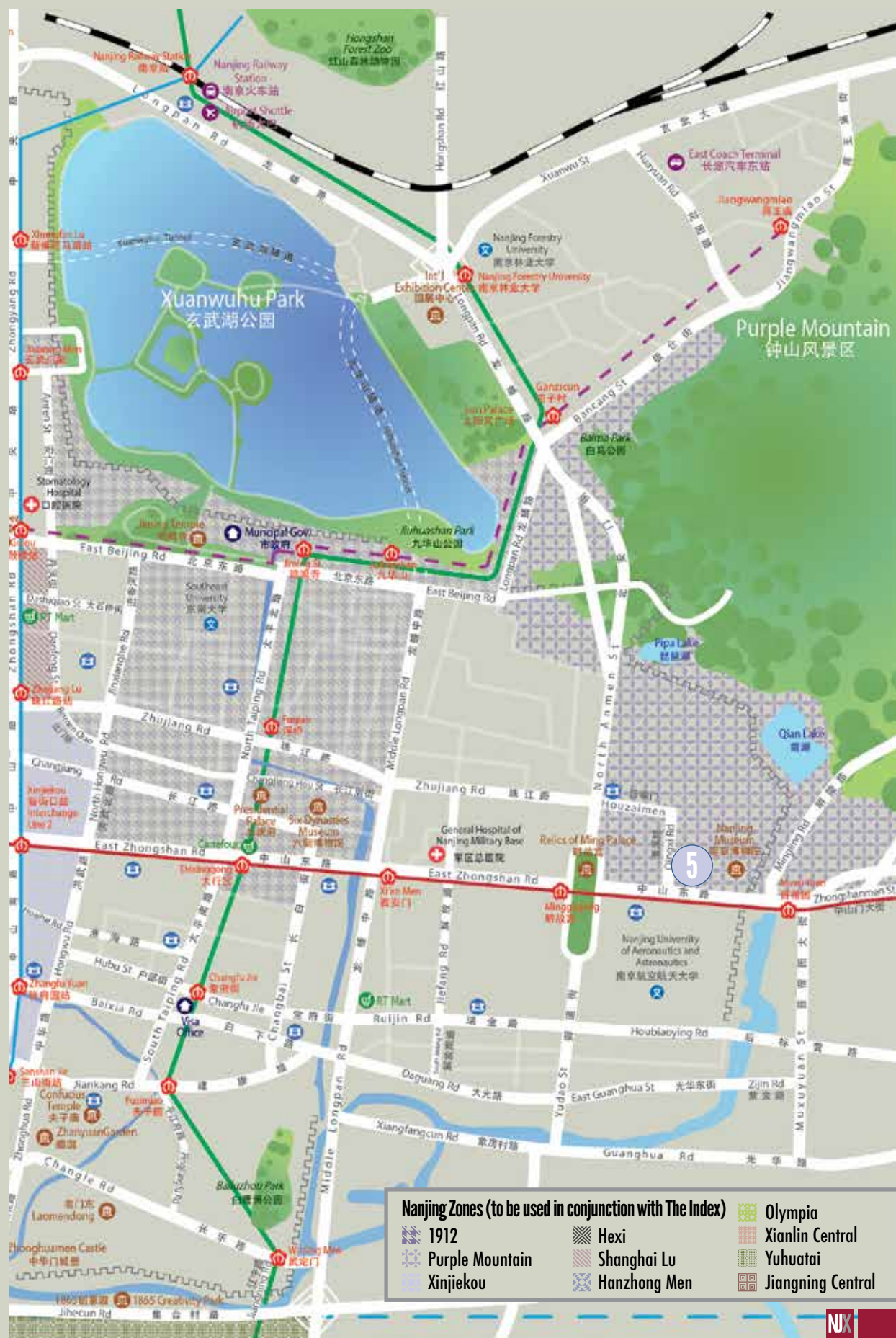
This handy bus table is a cut down version of the entire Nanjing public bus system that focuses on parts of the city of interest to expats. If you are looking, for example, to travel from your home in Xianlin to Nanjing Railway station, look at the Xianlin area of the table (orange), then look to the right to see which lines run between the two locations. In this case number 97. Easy, huh?





# Downtown Nanjing





### Nanjing Zones (to be used in conjunction with The Index)

- |                 |              |                   |
|-----------------|--------------|-------------------|
| 1912            | Hexi         | Olympia           |
| Purple Mountain | Shanghai Lu  | Xianlin Central   |
| Xijiekou        | Hanzhong Men | Yuhuatai          |
|                 |              | Jiangning Central |



# Jiangning





# Xianlin

## The Nanjing Metro

- Metro Line 1
- Metro Line 2
- Metro Line 3
- Metro Line 4 Est. Opening Jan. 2017
- Metro Line 10
- Metro Line S1

## Premium Partners



1



2

The British School of Nanjing



3



4

RafflesMedical

5

RENAISSANCE  
Nanjing Int'l Expo Centre

6

华世佳宝妇产医院  
HYOBILE OBSTETRICS & GYNECOLOGY HOSPITAL

7



# Olympia

## Second Hand Property Transactions in China

- The real estate market in the first tier cities of China remains red hot. While the Chinese government recently issued several new policies to control soaring house prices, even they cannot extinguish the fire that is the of passion to buy houses.

The fact is that house prices in China continue to soar. For those who cannot afford the price of a newly-built apartment, a second-hand alternative becomes their first choice. Compared to newly-built real estate, second-hand represents a much better cost-efficiency.

However, tumultuous second-hand house transactions sometimes cause trouble. Not every buyer can smoothly close the deal. Trade is always accompanied by risk while the amount of real estate business contract litigation continuously increases.

When you buy a second-hand house, you need to pay attention to the following points:

### (i) Basic Situation of the House

Under normal conditions, a seller always has a housing mortgage, for different reasons. As a buyer, we should be very concerned about the basic situation of the house, especially that regarding the mortgage. Only unsecured houses are qualified for transfer in the Real Estate Trading Centre, which means the seller shall ensure to release all the mortgage(s).

### (ii) Risk of Seizure by Court

All the contracts have been signed, the documents needed for Real Estate Trading Centre have been submitted, it seems everything is going well. You only need to wait for the Real Estate Trading Centre to finish the transfer within 15 days. Unfortunately, you are soon notified that the house you want to buy has been seized by the Court. How is this possible? Note that during the processing by the Real Estate Trading Centre, the house is still under the seller's name. The seller's creditors may apply to a Court to seize the seller's house at the a time when the property

is without a mortgage. If this happens, you do not have the house-ownership; what you have is only creditor's rights, meaning you can claim against the seller according to the house sale contract.

### (iii) Seller Jumps Price

The sustained rise of real estate prices makes the seller break the contract which has signed with you. The seller refuses to perform the contract with excuses, such as not all of the owners signed, you did not complete the loan procedure or they just terminate the contract unilaterally.

How should you handle this situation? According to the Contract Law of the PRC, if the party that receives the deposit fails to perform the agreed obligations, it shall return twice the amount of the deposit. In order to reduce your losses, the best way is to stipulate a high deposit. If then, without reasonable ground, the seller breaks the contract, they shall face a significant penalty.

### (iv) Preserve Evidence

No matter what kind of reasons you may have to buy a second-hand house, improving evidence consciousness for ordinary people is very important. Everything talked through need to be fixed in a written form, in case of possible future confrontations.

Consider hiring a lawyer to handle all the negotiations and procedures to ease your burden and decrease the risks. Take faith that every important asset investment shall be treated discreetly in your best interests.

Good luck in the Chinese second hand property market! 🍀

#### Disclaimer

This article is intended solely for informational purposes and does not constitute legal advice. Although the information in this article was obtained from reliable official sources, no guarantee is made with regard to its accuracy and completeness. For more information please visit [dandreapartners.com](http://dandreapartners.com) or WeChat: dandreapartners.



BEERS FROM AROUND THE WORLD



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AUSSIE RESTAURANT & BAR  
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**ON TAP Incl.**  
**BECK'S**



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of Nanjing**

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International Examinations  
CAMBRIDGE INTERNATIONAL CENTRE

 **COBIS**  
ASSOCIATE MEMBER

