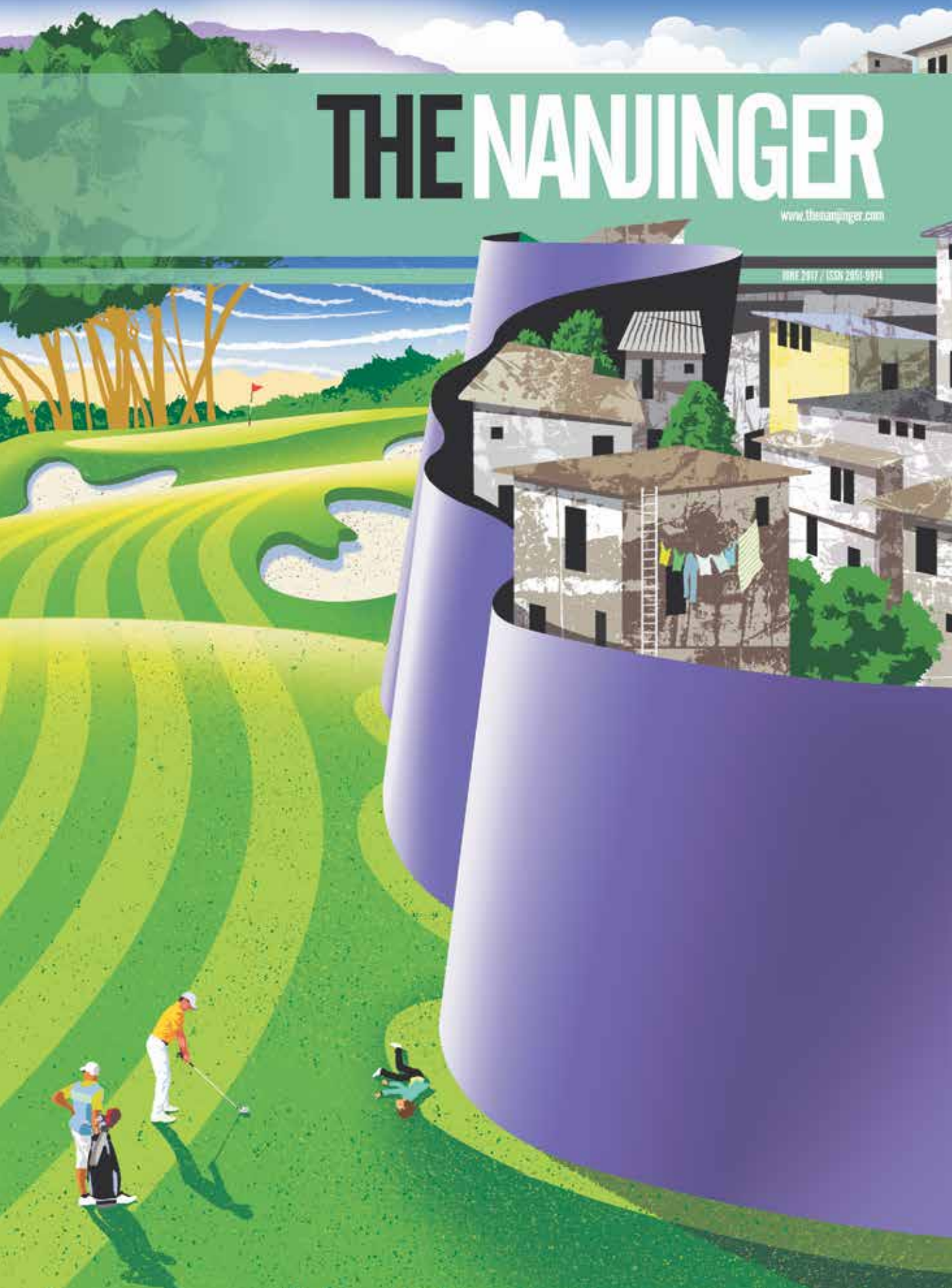


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# THE NANJINGER #66 CONTENTS

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VOLUME #7 / ISSUE #8

6 | Contributors

8 | Editorial

9 | Poem | Nanjing Nomads

10 | Truly Tricked Out of Trust; Bamboozling the Chinese Consumer

14 | Fiat Justitia Ruat Cælum; Forgiveness & Vengeance in Modern China

18 | Politics Of Improvement; China's Discourse On Quality

21 | In Conversation | Pietro Stopponi

22 | For Art's Sake | Hip-hopaganda; this is China

23 | Strainer | Bamboo Salt; the New Green Tea?

24 | Avocado Affluence; Nutritional Lauraceae's Rapid Growth in China

26 | Stir it Up | BBQ Sauce

25 | Unleashed to Thrive | Persevering through the Heat

28 | Our Space

38 | The Index

47 | Metro Map

48 | City Maps

52 | The Gavel | To Help or Not to Help?





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Animal Biology at  
University of Guelph,  
Canada

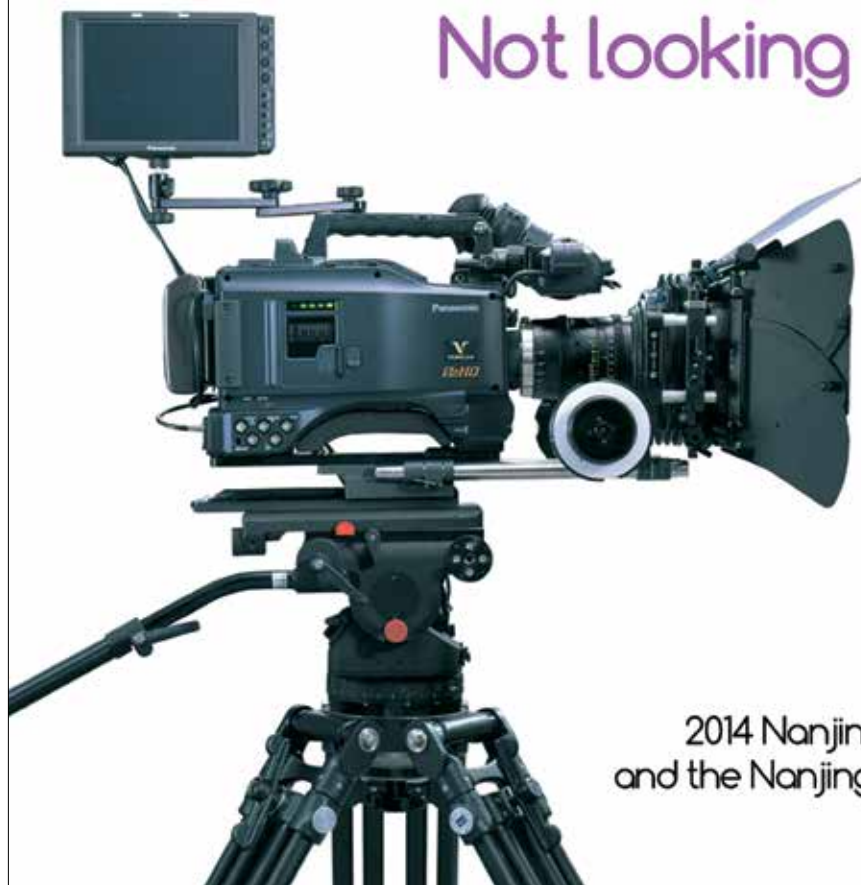


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"Mirror Mirror"

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## Introducing some of our contributors, editors & designers

Our Editor-in-chief and Music Critic, Frank Hossack, has been a radio host and producer for the past 30 years, the past 22 of which working in media in China, in the process winning four New York Festivals awards for his work, in the categories Best Top 40 Format, Best Editing, Best Director and Best Culture & The Arts.

贺福是我们杂志的编辑和音乐评论员，在过去的30年里一直从事电台主持和电台制片的工作。在中国有近20年的媒体工作经验。工作期间他曾经四次获得过纽约传媒艺术节大奖，分别是世界前40强节目奖，最佳编辑奖，最佳导演奖以及最佳文化艺术奖。

As an Australian journalist living in Nanjing for many years, Renee Gray has a background in research, print and online publishing, taking great pleasure in discovering more about Nanjing with every article.

作为在南京居住多年的澳大利亚新闻工作者，Renee Gray有着调研以及印刷品和线上出版物的工作背景。她总是乐于在每篇文章里发现关于南京的内容。

Matthew Stedman has spent years living and working in China. He has sold Chinese tea in the UK, and loves discussing the miraculous leaf with new (and suspicious) audiences. He however never feels happier than when researching the product here in beautiful South China.

Matthew Stedman在中国生活工作了多年。多年在中英两国从事茶叶贸易的他，喜欢和新读者讨论神奇的东方树叶（虽然有时他的读者保持怀疑态度）。没什么比在美丽的江南走访品尝各种茶叶更让他开心的事了。

Legal contributor Carlo D'Andrea is Chair of the Legal & Competition Working group of the European Union Chamber of Commerce in China; Shanghai Chapter, Coordinator of the Nanjing Working Group of the Italian Chamber of Commerce in China and has taught Chinese law (commercial and contractual) at Rome 3 University.

法律专家代开乐担任中国欧盟商会上海分会法律与竞争工作组主席，中国意大利商会劳动集团的协调员与曾经在罗马三大担任企业咨询课程中中国商法、合同法的课程教授。

Roy Ingram has over 25 years experience working as an artist and Creative Director. His early career was with agencies in London but for the past eight years he has lived and worked in Nanjing.

Roy先生有着超过25年的创意总监和艺术家的工作经历。他早期的职业生涯是在伦敦的一家机构里开始的，但是在八年前他决定来到南京生活工作。

## Plus a cooperation with Nanjing University

Contributing editor Ken Ellingwood is a former foreign and national correspondent for the Los Angeles Times and author of *Hard Line: Life and Death on the U.S.-Mexico Border*. Teaching Journalism at Nanjing University's School of Journalism & Communication, he coordinates a program that gives students experience in the real world of publishing through writing work to appear in Nanjing Expat's stable of English media.

特约编辑 Ken Ellingwood 之前是《洛杉矶时报》的国内外通讯记者，同时也是“死亡地带”的作者：描述美国与墨西哥边境的生存与死亡。他目前在南京大学新闻与传播学院讲授新闻学。通过长时间合作，Nanjing Expat 已经成为南大新闻系学生实习基地，很多稿件将有他带领的南大新闻系学生团队完成。

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## Looking Glass

As we trail toward the end of another academic year, as for many in any way involved in education in Nanjing ready themselves for the annual exodus, so The Nanjinger too prepares for its bi-annual break. We shall return in August with a brand new look; we truly hope you will be joining us.

For some of our regular readers, however, the time too has come to say goodbye. We hope that Nanjing has been kind to you, and that you have one or two hilarious stories that shall never leave your memories.

Onto business. For the final issue of this season, The Nanjinger is getting all reflective.

We all know there are a lot of counterfeit goods in China; join Renee Gray as she analyses issues of trust (p10-12). Elsewhere, Angela Chen visits, as only a native can, the crossroads where forgiveness and vengeance meet (p14-16), while Michael Anclam discusses China's discourse on quality; the quality of people, that is (p18-19). Finally, this month's legal column has in it some practical advice for the bystander who can suddenly become not so innocent afterall.

Welcome to Mirror Mirror from The Nanjinger.

# Mirror Fragments

Her first hand-mirror  
She sits in wonder,  
Eyes bright, lips plump and  
waiting  
To taste their first kiss.

A wedding mirror  
New name and new life:  
The daughter becomes a wife-  
And then a mother...

Self in a convex mirror  
The world she now sees,  
Through narrowed  
preconceptions,  
Proves that she is right.

Chance glance in a bathroom  
mirror  
Her ageing face glimpsed:  
Grey hair frames the wrinkled  
brow,  
As winter sets in.

A final mirror's breaking fall  
It caught the night's stars,  
Splintered into tiny sparks  
Then all became dark.

*By Maitiu Brallaghan '17*

## NANJING NOMADS

YOUR LOCAL TRAVELS IN THE DIGITAL REALM

heubwrmuq6 (31st May, 2017) Instagram Post.  
Retrieved from [https://www.instagram.com/p/BUuUsYYh2\\_v/](https://www.instagram.com/p/BUuUsYYh2_v/)



yulia\_mai (31st May, 2017) Instagram Post.  
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vivienne\_aiko (31st May, 2017) Instagram Post.  
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# TRULY TRICKED OUT OF TRUST

Bamboozling the Chinese Consumer

Created by Renee Gray



We at The Nanjinger often spend a vast amount of time contemplating, discussing and analysing Chinese sociology. Laid out on the table this month is societal reflection and what that means for China. So often do we as humans (borders withdrawn) enjoy watching, laughing and poking fun at the misfortunes and foolishness of others; very rarely to we take a deep breath and shine the light on ourselves. After much deliberation, one of the main issues in China's modern era that stood out the most is Habitual Distrust.

Chinese habitual distrust is perceived as a rapidly growing social problem, not only among consumers, but greater society as a whole. As humans, a healthy amount of distrust is essential to survival. We would not dare pet a snake; we have no evidence of trust that it would not bite us. Instinctual distrust is needed, and it seems fair to say that in our modern society, riddled as it is with the all the darkness of Dante's inferno, we may all not only need instincts to protect ourselves and our loved ones, but we need learn caution as well.

As you are most likely aware, over the past 30 years, the Chinese consumer has suffered time and time again from the selling of "fake" goods. Used in this sense, it generally describes an item that is different in some way to the item the consumer thought they were buying. This can range from harmless "fakes", as unwillingly purchasing a pair of New Bar-lun's instead of New Balance, or strolling around bewildered in one of China's fake English or German "towns", to more sinis-

ter and frankly dangerous fakes, such as the practice of faking medicine or food.

In May 2017, a video on Weibo went viral which showed a group of people manufacturing fake Hennessy Whisky from their backyard; the very next day another video went viral in which Budweiser cans are taken straight from a bin, dipped into fake beer and the lid of the can melted back on, to be later packaged and sent to night clubs and KTVs all over Guangzhou. These are just the latest cases in an onslaught of fake foods, medicines, cars, electronics and even people.

It is therefore no wonder the word "Huyou" (忽悠), meaning "bamboozle", or "to trick or con", is used to describe this current state of hyper distrust. Bamboozlement at its all time high came with the not too far back baby milk scandal of 2008. A lack of food safety regulations saw the tainting of baby milk powder that had been adulterated with melamine; six babies died and 54,000 were hospitalized with kidney stones and kidney damage, while a further 12 babies died from malnutrition due to watered down milk. It was after this that parents seriously started looking abroad for food that they could trust.

Over the past 9 years scandals upon scandals such as this have helped give a final push for China's middle class to start seriously buying imported products. We have now a flourishing industry of overseas purchasing agents, big foreign-name supermarkets and serious brand awareness, all built on the backbone of increasing habitual distrust from a nation's affluent mid-

dle class, demanding (and paying for) improved health.


Take a wander through one of the bigger Suguo supermarkets in your area and you will see standing in rank with other trusted Chinese trademarks, the Tesco brand. Big, bold and beautiful, it stands out among the rest and screams, "I'm foreign, cheap and trustworthy; choose me". And we do. British giant Tesco has taken their place among Chinese brands, cutting the need for direct overseas purchasing or online uncertainty. A great example of consumer trust in China is Jiangsu's, Vanguard owned, Suguo supermarket. Suguo is so well known and trusted throughout Jiangsu that the foothold it has over the region only leaves enough space for the mighty Tesco to join the queue to take up a place on the shelves of its supermarkets.



Just putting some English on a product no longer cuts it with China's ever-so-sophisticated consumer, which is why retail giants such as Vanguard have given them what they want; trust in a well-known brand at affordable prices. Fol-

lowing suit is online marketing, consistently providing solutions to problems of distrust and dissatisfaction. As an example, Alipay has helped bridge the gap of distrust between merchants and buyers by introducing third party slow release payment options. Peer-to-peer testimonials are one of the best tools for sellers these days, with word of mouth coming in as the second best method of gaining trust. A study by Brand Karma showed that 42 percent of the world's travel reviews are written by Chinese people, keen to share their experiences and inform fellow Chinese travellers of the dos and don'ts of travel.

While the consumer industry is getting its head around how to gain the trust of the Chinese people, China's civil service is lagging behind. A May 2017 survey conducted by The Nanjinger revealed 80 percent of people did not know whether they trusted the police and a further 70 percent of those surveyed said they would only trust a Chinese doctor with their life "depending on the doctor's reputation". Furthermore, the study exposed that 80 percent of people only "sometimes" trust government statistics, while 50 percent trust their close friends over family members.

Whether vast swathes of their reality, due to the bamboozlement of facts, figures or experience, are what fuel their distrust, or whether it is a deeply ingrained instinctual habit, the fact remains the same; gaining the true, unfiltered and genuine trust of a Chinese person and keeping it is complex and arduous. 

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# FIAT JUSTITIA RUAT CÆLUM

## Forgiveness & Vengeance in Modern China

By Angela Chen



I have wondered on many occasions if all Chinese people are born with a special type of DNA that contains a passive-aggressive brand of retaliation. To simply put it, we are a nation innately talented at holding grudges. Compared to Westerners, in whose culture a large emphasis is placed on forgiveness, are we just beings with more of a mean streak, or is it deeply ingrained in the roots of Chinese culture?

Our nation's culture certainly has its fair share of idiosyncrasies, and perhaps the hardest concept for foreigners to fully wrap their minds around is "face". A phrase you often hear in China is "saving face", or "losing face." The notion of face can be contrasted with Western notions of self-esteem. Whereas the individual is in control of their self-esteem, face is more similar to the idea of public-esteem, in the sense that it is granted by others.

In Western culture, a person with a high self-esteem is able to think positively about themselves, and can maintain this positivity even when receiving negative information about their character. Therefore, self-esteem is readily enhanced but hard to defeat. It is the opposite when it comes to face. Face is easy to lose, but hard to gain.

Tim MacDonald, the Founder and Managing Director of Chrysalis Consulting and columnist for The Nanjinger, at a recent TEDx talk in Nanjing, voiced his belief in forgiveness through recounting a tragic but revelatory car accident in his life.

The Chinese driver of the car that crashed into him was heavily drunk. Since driving after drinking is illegal in China, the insurance company had zero obligation to pay for any of the damage and the only choice left open to Mr. MacDonald was to sue both the driver and insurance company to repair the loss.

The insurance company ended up paying their debt, and the poverty-stricken family of the driver paid all they had, which was still not enough to fulfill the compensation. However, in court, Mr. MacDonald made the shocking decision to close the case and set the driver, who was now a prisoner, free.

Mr. MacDonald then proceeded to show a picture of his family to the driver, suggesting he may want to meet them, and said: "I totally forgive you." Not just for the money, but for almost taking his life.

Regardless of whether it was due to the cultural background in which Mr. MacDonald grew up that helped shape his beliefs, or due to the influence of other factors, he was kind enough to forgive. He understood that people make mistakes, but that everyone is redeemable, as long as we never give up hope.

This led me to think, if the roles were reversed, would we have done the same thing, or would we react in the way that comes naturally to us; to seek revenge?

Revenge, sadly, is very much part of the equation of bearing a grudge. One would think that we would be exhausted by now. But perhaps it has become such an inherent part of our everyday behaviour that it flows in the air we breathe.

**The truth is, if you  
make someone lose  
face in China, you have  
probably created an  
enemy for life.**

If you are an expat living in China who still think that avenging face-losing situations is just something you see in Chinese soap operas, you are either a newcomer to Chinese culture or blissfully ignorant; something that is not always a bad thing in China.

In Western culture, objectivity and facts are taught to be respected from a young age, and a person's integrity is valued more than anything else. If you admit your wrongdoings, take responsibility for your actions and learn from the past, Westerners are generally forgiving.

During his Presidential run, George W. Bush spoke openly about his addiction to alcohol. If a Chinese official did the same thing, the chances are he



would be currently hiding under a rock, unable to recover from what he considers a devastating loss of face and a momentary indiscretion that jeopardized his political career forever.

Of course, it all comes down to face. There is not a direct translation for the meaning in Chinese; the closest would probably be along the lines of “pride”, “dignity” or “prestige.”

## **As a Chinese myself, I can give you the inside scoop on why we, frankly, hate to forgive.**

When asking for forgiveness, Chinese people tend to think that it highlights our inferior moral position, and therefore we lose face. By offering forgiveness, we are also losing face as there is a feeling that we are relinquishing the right we have over someone.

We would rather blatantly lie to someone than risk having our egos bruised. Why, you ask? I don't completely know. But then again, human nature is the same everywhere, for better or for worse.

Is there ever a downside to the modern, saccharine Western routine of forgiveness? Everyone who has had some interaction with Western culture has heard the admonition “forgive and forget” at one point or another in their lives.

Believing in the prevailing good in someone is a value instilled in Western children from a young age, but does saying “I forgive you” truly liberate your brain, your soul, your karma and your heart?

Most of the time, we say it to make the people around us feel better and to deceive ourselves into believing that if we forgive, the universe will somehow work its magic and reward us with favorable karma.

Yet, smiling tight-lipped to mask your inner seething ball of anger is not called forgiveness. This is corrosion of the soul. We should also

accept that not being able to forgive is just as valid an option.

This does not imply you have to paint the walls of your room black and dwell on your decision while listening to heavy metal music everyday.

Neither does it mean you are less strong or a less honourable person. It simply shows you acknowledge the balance of shrewd judgement and benevolent character, but you are still able to let go of the “bad stuff” and move on, this time with a real smile on your face.

Before we forgive, we should figure out which people are worth forgiving. Perhaps the wisest choice, then, is to take from both worlds; the reluctance to forgive and forget from Chinese culture, and the willingness to embrace the “water under the bridge” mentality of Western culture.

One thing the Chinese should learn from Westerners is that within each of us lies the limitless capacity to forgive.

## **It comes with practice and time, but ultimately, forgiveness is an acceptance that the painful scars we bear which speak of an unbearable time are a part of us. A small, silent, but indelible part.**

It does not have to mean a lack of action, a dismissal of pain or a discounting of the difficulty of a situation. Forgiveness means we recognise that our deepest wounds and greatest agony can be transformed into something beautiful and full of hope.

It does not matter which side of the mirror you are on. No one should ever forget that. 🇨🇳



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# POLITICS OF IMPROVEMENT; CHINA'S DISCOURSE ON QUALITY

By Michael Anclam

On some trains in China, a video is shown that visiting foreigners might find strange and even somewhat funny. Its message seems to be that one should not urinate on a Buddha statue, which, to most people appears to be a no-brainer.

Yet, videos such as this, with instructions on how to behave and not to behave in public, can be found in many places throughout Chinese cities. Some might consider this to be just one more of China's oddities. However, there is a whole societal discourse behind this kind of "public education".

The first time this phenomenon caught the eye of the wider Western press was probably during the forerun to the 2008 Summer Olympics in Beijing. The New York Times and the BBC rather gleefully ran stories, such as "No Spitting on the Road to Olympic Glory, Beijing Says" and "Olympic crack-down on China's bad habits", referring to efforts by the Chinese government as well as civilians to offer a more "presentable" and "civilised" picture of Beijing in the international spotlight.

Even today, the fruits of these public education campaigns can be found everywhere in China; the aforementioned Public Service Announcements (PSA) in trains and buses, murals, propaganda posters, notices in toilets (after all, "civilization begins here", says a sign in the toilets of Nanjing University's Zengxianzi Building, instructing men to stand closer to the urinals), that teach you to recycle and assist the elderly, and so on. Why does China seem so obsessed with appearing civilised, especially considering that it is one of the oldest civilisations on earth?

### ***Some China scholars believe the answer lies in the discourse of "Suzhi" (素质) that permeates Chinese society.***


Suzhi literally means "quality", but it expresses much more than the English term. According to Tamara Jacka, Professor at the Department of Political and Social Change at the College of Asia and the Pacific of the Australian National University, Suzhi is significant on both the broader social and individual level. It signifies education, behaviour, speech, consumption (of the right products) and

urbanity. It intersects with, or is part of other discourses, like the one on "Wenming" (文明) or "civilization". While, according to Jacka, one important aspect of Suzhi is the education of children; it can be found in nearly every part of Chinese society; it also serves as an important category of difference, as in who has low and who has high Suzhi; rural migrants vs. urbanites, women vs. men, and so on.

There are different theories about the origin of this discourse. While some consider it a decidedly neo-liberal concept, connected to individualistic self-improvement and exposure to global culture, others, such as Gary Sigley, Associate Professor for Asian Studies at the University of Western Australia, believe it has older roots. The Suzhi discourse in its current form first appeared in the 1980s and 1990s, but according to Sigley, it is connected to Maoist politics of improvement.

### ***These "politics of improvement" refer to the notion that human beings can be planned and improved through regulation, much like a socialist economy.***

In any case, most scholars seem to agree that the underlying cause for the current discourse on Suzhi lies mainly with concerns, especially by elites, about a perceived "lack" of "quality" in Chinese people. Hence the aforementioned PSAs are all geared toward instructing people to behave in a more "civilised" manner, whatever that means. However, many, especially younger Chinese, consider these messages as not so important. "I personally wouldn't particularly pay attention unless they are pretty witty or reflect a social issue that I relate to", said Li Guanrong, a linguistics student from Shanghai. Li also noted that the messages have become more subtle and less direct in their instructions over the past years.

All these PSAs and other forms might seem silly and superfluous at first glance. However, they can be expressive of deeper social and cultural discourses and they can teach us a lot about what is important when considering proper behaviour in China, or rather that which is perceived and presented as proper behaviour. 



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Maimonides



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**In Conversation with...**

# Former COO of The Body Shop & Accessorize **PIETRO STOPPONI**

*By Frank Hossack*

**...On his ten year stint with the two iconic brands and leading them into the Italian market, his personal forays into the world of entrepreneurialism, why Italians make the best designers and China's "One Belt One Road" initiative.**

"I created Accessorize in Italy; it was not there before. We opened 40 shops. It was a fantastic adventure, because I set the cornerstone. The way to manage the people and the clients is very different from in England; you need adapt the UK culture to Italian culture.

"After doing an MBA at the Chicago School of Business in London, I felt I had enough experience and knowledge to be an entrepreneur. I have to admit I failed at my first try; I tried to sell in the UK through ecommerce. Luckily I lived in the UK, because a failure in Italy can kill you; a failure in the UK gives more opportunity. Investors feel that with a first failure there is a better chance to invest with you the second time. It's an incredible country, on that level.

"I followed the voice inside me, as I lived all my life around the world. So I'm concentrating on small and medium companies. Italy is full of small and medium companies that have no idea how to go abroad; they have no money, no organisation no culture. In China, there are many with the same problem. So I thought there was a need in the market, and I am fulfilling that. It's a need that cannot be fulfilled neither by importers; they want something

ready to sell, they don't care anything about the brand; neither by Amazon or Alibaba; they want something ready online, these people don't even have a photo.

"Italy is lucky. We live in beautiful cities. I think the environment is very important. We have a tradition of mixing colour. If you see a wardrobe of somebody in Tuscany; not wealthy people, medium or lower class; it is covered in a cloth. This taste of dressing well, you have one suit but it lasts all your life. If you go to Florence, you see this mix of architecture that is 2,000 years old, the colours and the proportions are all there, and all this is in your culture every day. The food is great, the weather is great; all the elements [required] for creativity.

"We have America, Russia and Europe with everything that has been happening in the last 3 or 5 years. This, I think, brings disaster to world peace. I think the Chinese understood this and entered with the One Belt One Road plan. It is not only about making it possible to import from Europe to China, it is about infrastructure investment, in all these countries that in the last 50 years were killing each other. When infrastructure comes, labour comes, food comes, and when somebody has a full stomach, they stop fighting and start buying. This plan shows the maturity of China to lead the world in the future. I think this a step forward for future peace and future wealth. Young people should find jobs along this One Belt One Road. There will be thousands of jobs, in every nature, from trading, from engineering, from translation, this is a huge opportunity for the world. We cannot lose." **NU**



# Hip-hopaganda This is China

Four young lads huddle round a mixing deck in Chengdu. Flat caps, groomed eyebrows and baby's bottom chins. They could be TF Boys in their twenties, but then again that would make it 2027. They are in fact a gangster rap band from Sichuan with a sizable domestic following, international fame, and a very unusual twist.

In their 2016 hit record "This is China", Chengdu Revolution (or CD Rev for short) avoided the usual gangster rap themes such as sex, drugs and fancy cars, opting instead to intone the glories of present-day China; of paying with phone apps, of the Shenzhou astronautical program and of Tou Youyou, China's Nobel prize winning chemist. But they also mention the serious stuff too; the 2008 melamine milk crisis, China's choking pollution and scandals involving the use of expired vaccinations.

"Regardless of all the prejudice in the past / Today I wanna restore the impression you have on my country, China / Which have been exactly fabricated by media for a long time." The lyrics open.

The four-minute video went viral clocking up over ten million views. Add to that another ten million mental repeats of that painfully cringe worthy and unavoidably catchy chorus and you can certainly call it something of a success.

"This is China, we love the country / We the Chi-phenomena / The red dragon ain't no evil but a peaceful place / The beautiful land with rich culture remain." It's that good that they even sing it twice.

Dubbed in the US as "China's nationalist gangster rappers", CD Rev rap for the Communist Youth League while three out of four band members have parents who were in the People's Liberation Army. But good old fashioned red and white slogans just don't make the cut anymore and CD Rev's lyricist and singer, Li Yijie, sees their music as a solution.

The party loving group is not alone in its venture, however, as state media companies and organisations seek to carve out a new identity for China in foreign media and to attract young Chinese who are increasingly uninterested in politics. What better way to do that than with catchy animated pop songs?

The 2015 release of "Shisanwu" (十三五), proved to have unfathomable success, despite being a cartoon jingle about one of the driest topics one can think of; China's 13th Five Year Plan. Sung in English, the video follows an animated 2D band as they travel through a montage of iconography singing merrily, but with terrible pronunciation, about the "shisanwu".

There is all sorts of imagery targeted at young audiences such as disco balls, rubber ducks, electric guitars and a retro dog with pilot goggles riding a motorbike. A hefty helping of abominable humour goes down a treat for all the wrong reasons, in particular the square green lollipop holding robot representing an engineer who "deals with poo".



But success is erratic, and if determined by viewer numbers, then there is still much room for improvement. Just last month ahead of Xi Jinping's Belt and Road Forum (otherwise known as BARF), CCTV's international channel released a video in which young children dressed in white sing and strum, "The future's coming now, the belt and road is how". As a multi-cultural gaggle of children summarise the key points of Xi's \$900 billion initiative, pink camels and yellow forklifts come and go like a popup book for the not yet literate. It's unforgivingly patronising.

Scraping less than two thousand views on Youtube, this one was a flop and proof that while China's new hip-hopaganda trend may be picking up some speed, it still faces a long and complicated road, and belt, to success. **NU**





# *Bamboo Salt*

## *The New Green Tea?*

In a previous entry for Strainer, we explored the use of green tea as an additive in various processed goods; from skin creams to air fresheners to slimming pills to ice cream.

We explored how seldom it is the flavour of the green tea that qualifies it as capable of “adding value”, which, by the way, usually means added shareholder wealth, not added customer pleasure.

We explored how green tea carries connotations of “healthfulness” to most people in most countries, as well as ambitious health claims for anyone who cares to seek them out.

We discussed the greenness of the stuff, noting how customers connote nature, trustworthiness and mildness in almost anything thus tinged.

Finally, we noted how green tea has been used as a trope for Asian-ness. That’s dessicated Zen-wisdom to a western customer, respect for local industry to a Chinese customer.

In many ways, it’s the win-win scenario so beloved of diplomats. The green tea of green tea extract doesn’t need to be matcha-grade; it doesn’t need to be the spring-picked, tips-only, high-altitude ambrosia I wrote about in this column last month. It need only be green-ish and come from *camellia sinensis*. High profit margins. Becalmed customers.

This additive role for green tea is a relatively new one. And in many ways it has assumed this role by supplanting a former favourite leaf; mint.

Mint, for all its penetrating vim and pep, lacks the functional connotations of green tea. Mint is a mere flavour. But if mint has been prominent for long

enough to fall out of favour, might green tea also suffer a similar fate eventually?

The reason I ask this is because I have noticed a new theme on the supermarket shelves; bamboo salt. This rewards a little research because the story is a good one.


Salt is sourced from evaporated sea water, then stuffed into pipes of hollow bamboo. A blob of local clay forms a bung on each end. At least an equal weight of timber is felled, burned to roast the bamboo. The kiln reaches 1,000-1,500°C, leaving no visible trace of the plant. The solid bung discs are discarded, the grey, ashen salt heated again to a temperature that turns it into lava.

The clear cooled salt resembles something from *Breaking Bad*. Only if this is repeated several times (nine is auspicious) does it take on the purple hue of the most prized versions.

That’s probably not the version that goes into the toothpaste in Carrefour and Auchan. But this is already a fabulagenic, energy-intensive, unlikely process that’s hard to forget.

It trumps green tea in terms of novelty and sheer Asian-ness. As an icon on a cardboard box, it seems green and natural and caring enough. And the health claims, from headache alleviation to enlightened immortality, more than match the ambitions of the green function powder. It also helps, for now, that this is a product associated with Hallyu and South Korean Cool.

How can green tea possibly compete? As an industrial additive, the game may soon be up.

But as a beverage, it beats purple brine every time. 

# Avocado Affluence

NUTRITIONAL LAURACEAE'S  
RAPID GROWTH IN CHINA

*By Renee Gray*

Just as avocados helped lift the social status of Britain's newly affluent middle class of the 1970s, it is now beginning to rain down prestige on China's new middle class in the same way. It acts as a symbol of wealth, health and status and to have an avocado in your shopping trolley is becoming a must have.

As the world's largest producer and birthplace of avocados, Mexico has traditionally traded first and foremost with the United States. As a result of recent threats made by President Trump to tear up the 1994 North American Free Trade Agreement (NAFTA), and among other reasons this may now change.

Mexicans seem untendered, instead keen to pursue a much larger, hungrier market, China. Mr. David Smith from SVA fruits Shanghai spoke with The Nanjinger and said, "We have strong partnerships directly with the growers and exporters in all three countries of origin... We source from Mexico, Chile, and Peru. [Our aim is to] offer consistent, year-round supply." For the last 5 years Mexican avocado professionals have been hustling the Chinese market. Holding fancy events in order to promote their products, and going to great lengths to educate the Chinese people about the health benefits of the fruit.

Partly due to this, avocado imports have skyrocketed and almost doubled per annum over the last few years. Ramon Paz of the Association of Producers, Exporters and Packers of Avocados from Mexico,

has recently said that Mexico exported 470 metric tons in the 2012-13 seasons and it jumped up to 11,000 tons in the 2015-16 season.

In addition to Mexico's soaring market within China, both Chile and Peru are beginning to make waves within the industry. Both countries have the advantage of a free trade agreement with China, and although Mexico's tariffs have just been reduced from 25 to 10 percent this year, the introduction of Peruvian Hass avocados and Chilean produce will certainly strengthen the market. "The market growing the fastest is China. It's still not big, but it is doubling consumption every year", Paz said.

With China's middle class becoming aware of the versatile health benefits of avocado consumption, so have large food chains as well. This year both KFC and McDonalds have added an "avocado range" of burgers to their menus in efforts to appeal to the middle class. Avocados used for fast food chains and big restaurants in China are sourced mainly from Mexico.

Up until now buying avocados as a consumer in China has been hit and miss due to unripe and overpriced produce. Californian based Mission Avocados, recently completed construction on China's first Ripe Center dedicated to avocados. This center will aim to allow the fruit time to ripen and sell directly to customer's fresh and ready to eat. "What they've done is absolutely an important step by bringing in the right technology and trying to do it the right way, not trying to guess at it," said Mr. Smith.



However, not all avocado sellers feel the need to sell the fruit ripe just yet, "This is something that is a work in progress and will take a lot of time and education of the retailers and consumers about the benefits of selling ripe avocados. As it is, a dark, soft, ripe, ready to eat avocado in the market is a huge risk to any wholesale distributor and they really don't want to manage that sort of fruit, they would rather keep managing emerald green avocados that, although they aren't ready to eat and won't be for any predictable period of time, are much easier to manage as they have a long shelf-life," said Mr. Smith.

Mission Avocado president Steve Bernard expressed his excitement about the opening of the center claiming it will be able to "accelerate market growth". Located near the Yangtze River the center has 4 ripe rooms with a capacity of 80 pallets of ripening space.

"My hope is that this leads consumers to a better understanding of how and when to eat avocados. Once people know about [it] the market will certainly grow. Mission Avocados did a great job of this in the US many years ago. I suspect that if their facility gains traction, you will see a lot of companies rushing to do the same thing and investing in ripening facilities," Mr. Smith commented.

Dramatic climate changes of El Niño last year have severely affected avocado growth in Mexico and have dragged out the dry low season longer than necessary. As a result avocado prices around the world including China have risen, almost doubling in price. All is not over in China as she immediately begins sourcing elsewhere.

Some in the industry suspect it is only a matter of time before China finds a way to produce its own avocados, citing there is plenty of space and potential (48 million hectares) in Southern China with favourable weather conditions to start planting.

Shenzhen based company Kondarl recently announced to the stock exchange that it was close to signing a deal to acquire Australia's largest avocado farm for ¥1b. Unfortunately, Kondarl will have to wait some time due to China's clamp down on money leaving the country. If the deal goes through this could potentially lower the cost of avocados on the market for sale in China. 



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**Stir It Up** by Ella Fisher

# BBQ SAUCE

■ I am writing this column back home in the UK and summer has finally begun. When it stops raining and the sun makes a full appearance in the sky, people will flock to their local supermarket to buy a plethora of meat and veg to throw a great British barbecue.

For a change, I wanted to try and replicate flavourful, Chinese BBQ food at home. My research showed that marinades are widely used to help create an even richer smokier flavour, and the condiment that makes the base of most of the sauces is hoisin. I decided to use this base sauce to make the well known classic which is admittedly my favourite Chinese BBQ dish, "Char Siu" pork. Here is the best recipe I created:

- 800g pork loin
- 5 tbsp. hoisin sauce
- 3 tbsp. light soy sauce
- 2 big garlic cloves (peeled and finely chopped)
- 2cm piece ginger (peeled and chopped into matchsticks)
- 1 star anise
- 4 tsp caster sugar
- 2 tbsp. honey
- ½ tsp five spice powder

Make sure you do buy pork loin and not pork belly. Pork loin is also much cheaper in China too so win-win for you!

Mix all the ingredients, aside from the pork, in a bowl until the ingredients have combined to make a marinade. Place the whole pork loin in the bowl, smother and massage the mixture over the pork. Leave the pork in the bowl with the marinade, cover the bowl with cling film and put into the fridge for a minimum of 4 hours. Preferably you should leave it overnight to ensure maximum flavour when cooked.

When you are ready to cook your pork,


preheat an oven to 210 degrees. Remove it from the fridge and leave it to get to room temperature. Line a baking tray with some tin foil and place the pork on the tray. Pour the marinade over the pork and once the oven is heated, place into the oven for 10 minutes.

Reduce the heat to 170 degrees, and cook for another hour, ensuring you turn the pork and baste with the marinade every 10-15 minutes. When cooked, remove from the oven and leave to rest for 10 minutes. Then it is ready to serve.

Now I have to say, this was my favourite dish to cook by a mile. The meat was so succulent; it just melted in the mouth and had the intense, smoky flavour I would expect from Char Siu pork. It can easily serve 4-6 people and was a real crowd pleaser with all my friends and family back at home.

I do understand this recipe is flawed for most of you expats back in Nanjing.... Chinese kitchens don't really have ovens... I do apologise if you don't have one! I bought a mini one when I was there off Taobao and it was money well spent, so if you are a foodie like me, definitely invest in one.

Aside from the pork loin, what I have provided you with is an amazing marinade and sauce that can be used for pretty much anything. You can marinate and fry chicken wings with it; create Char Siu pork chops simply fried on the hob; give amazing depth of flavour to any meat or veggie stir fries and rice dishes.

Whilst, yes you may have to wait to try my char Siu pork loin when you get back home, please don't wait around to try out this amazing sauce on almost anything else at home in China. 



## PERSEVERING THROUGH THE HEAT

- Each year about this time, residents of Nanjing love to remind each other of the foreboding heat that is about to descend upon the city. You will often hear the comment, "You know, Nanjing is one of the four furnace cities in China; it's going to be hot this summer!"

While folklore includes Nanjing as a top "furnace" city, the meteorology data collected over the last 30 years of the "hottest cities in China" (as reported by China Weather Television on 16 July 2013) dropped Nanjing down the list to number 14.

Is this not often the case? When we look at the data and examine facts, that which we fear is often not as bad as we had imagined.

This is true for many challenges in life. Often voices around us will tell us what can be done, and what cannot be done. Usually, these voices base their input on minimal facts, maximal opinions and limited experience.

In order to thrive in life, it is absolutely essential that we learn the fine art of persevering.

History provides us of many examples of those that have persevered through the "heat" to accomplish the "impossible", resulting in significant contributions to the world.

**Socrates.** Considered one of the greatest thinkers the Classical Era; his contemporaries completely rejected his musing. In fact, he was sentenced to death because his "new-age ideas" branded him "an immoral corrupter of youth".

**Henry Ford.** Prior to founding Ford Motor Company, he overcame bankruptcy five times with failed ventures.

**Vincent Van Gogh.** While alive, was able to sell one painting. He persevered to paint over 800 other pieces, while starving and often destitute. Today his "unappreciated" work sells for hundreds of millions dollars.

**Albert Einstein.** Not considered a "boy genius", his parents and teachers began to think he was mentally handicapped and socially awkward due to that fact he did not begin to speak until the age of 4 or read until he was 7.

**Jack Ma.** Experienced years of failure; 3 times rejected entrance to university in China, 10 times rejected from Harvard. After completing university, received 30 rejections when applying for a job, experienced 2 failed ventures. Then in 1999 he started Alibaba. Now worth >US\$30 billion.


**Elon Musk.** Founder of X.com (later Paypal), SpaceX, Tesla, Solar City, Neuralink and more, Musk has persevered many times through insurmountable odds; auto crash, deathly bout of cerebral malaria, being ousted as CEO twice, 3 failed launches of rockets, etc. Now worth >US\$16 billion.

### TIME FOR A HOLIDAY FROM THE HEAT?

How about you? Are you experiencing a difficult patch? Is the work you are doing seem to be impossible? Are there voices around you telling it is impossible; that it will never work?

Perhaps it is time to find a new data set. Gain additional input from voices that have a different perspective.

It might even be time to take a brief break from the heat. Head to the beach. Head to the mountains. Go to an interesting conference. Surround yourself with new voices. Remind yourself of what you are really trying to accomplish; what is your end game?

Then return to the heat – and persevere. Your company needs you to. Your family needs you to. The world needs you to. 

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**Tim MacDonald is Managing Director of Chrysalis Consulting, a Nanjing based firm that assists MNCs with Operational Excellence, Supply Chain, Organisational and Talent Development challenges. Contact him at [Tim.MacDonald@ChrysalisAsia.com](mailto:Tim.MacDonald@ChrysalisAsia.com)**



## Gastronomy

# Squid, Wasabi, Beer & Regency

By Renee Gray

- Japanese food in Nanjing is not difficult to find; an array of good, authentic and affordable Japanese food is. That is why we at the Nanjinger absolutely loved our visit to the newest kid on the block; Fujiwara.

Located downtown where Guangzhou Lu meets the end of Ninghai Lu, opposite Nanjing Normal University, and directly next door to lively Vie Chat, Fujiwara features large circular doors open inwards as you enter the restaurant. Staff is attentive but seem to refrain from hovering.

Do not be fooled by the rather small downstairs seating area as this restaurant has space to fill well over 100 people. Downstairs and up, tables are hidden behind bamboo sliding glass doors, curtains or lamps.

Sticking to an authentic feel the restaurant offers only


Japanese beverages. Bottle and draft beer is available; the cheapest glass of lager is ¥20. Plum wines and whisky is also available along with a large selection of sake, fruit juice and various tea options.

At around ¥20 per sushi option a selection of the bite sized morsels is affordable and filling. The Nanjinger tried much loved favourites including; the California roll and tuna and pickle and tried out some of the house favourites; the smoked duck and a crispy crab roll which were all served fresh and delicious.

Other menu highlights included; fresh salmon, baked creamy lobster, steak with Himalayan salt, fried prawns, cheese and tomato stacks and traditional drinking accompaniment – squid pickled in wasabi (goes well with beer).

If munching away at all of that still does not hit the spot, on the menu is a selection of Japanese fried rice and udon noodles, soups and salads. Excluding drinks, a selection of various sushi dishes, sashimi and meat dishes will probably come to around ¥150 per person.

Upstairs boasts private rooms accommodating for 12 people and one large area that can accommodate for around 20 people. Call ahead to book and you can receive a free pudding. At present the menus are in Chinese, however, as of next month all menus will have been translated into English. Fujiwara is expecting to open their second restaurant in the same area later this year.

Fujiwara is located at 228-2 Guangzhou Lu 广州路易发科技大厦228-2号. Tel: 83111388 / 83311377. 

## Gastronomy

# Nanjing's (Non) Irish Pub

By Alex Szabo

- If it's an authentic Irish drinking experience you are after, well, best book a plane to Ireland. But if you crave good vibes, live music, and green space? Nanjing's own Irish Pub will do quite nicely.

Located just past Goldstar Cafe off of Shanghai Lu, Irish Pub is a red-headed stepchild that doesn't quite live up



to its name. It's not quite Irish - serving a wide variety of Western dishes - not is it strictly a pub. The layout more closely resembles a house, leading to a variety of unique dining areas. Live music fills the first floor rooms in the evenings, while televised sports rules the upper floor. The biergarten out back, however, is the real winner when it comes to atmosphere. There's literally not a bad seat in the house, or out back, for that matter!



Most Western food items, from salads and sandwiches to pizza and pasta to grilled meats and mashed potatoes, are faithfully executed, while oddly enough, Irish Pub lays claim to the largest pizzas in Nanjing with the biggest coming in at a whopping 22 inches! This makes for a great deal on half-price Wednesdays, so long as you bring a few hungry friends.

Of course, no pub is complete without alcohol, and here Irish Pub lives up to its name. The pub delivers with a large European beer selection, in addition to a decent wine selection and a recently redone cocktail list.

Irish Pub very much feels like a slightly-off Chinese translation; it doesn't quite hit all the specifics, but it certainly gets the point across well. The establishment really nails the feeling of neighborhood community that good pubs have, and even does so with a solid menu to boot! This feeling, often lacking in busy Nanjing, cannot be overstated. The vibe is what elevates Irish Pub to more than a place you visit once just for kicks; it makes it the kind of place where you become a regular. See you there!

Irish Pub is located at 29 Nanxiu Cun, off Shanghai Lu 上海路南秀村29号. Tel: 85439898. 

## Rejuvenation

# Taking a Dip in 40 Soups

By Frank Hossack

■ The breadth and range of leisure options in Nanjing continues its dizzyingly upward spiral, and little proves this point better than 40 Soups, a new style of Japanese Spa in Pukou.

Rooms come in varying sizes, right up to one accompadating eight, presumably very friendly, people. At time of writing, family size rooms (2-4 people) are available at ¥158 on weekdays and ¥218 on weekends for a 2 hour period, which is frankly long enough.

Simple Japanese light meals are delivered to one's room; part of the fun being having to get out of the hot tub in order to answer the door.



Available seperately are a number of family foot baths and a communal outside option which, with the Chrysanthemum in bloom, appears to be utilised more as a photo op backdrop for the ladies in their kimonos that come as part of the package.

The only major downside is the far flung location, which rules it out for those without cars. A taxi would be prohibitively expensive (unless all those very friendly people share); heck, it would worth hiring a car for the day.

40 Soups Spa (四十汤) is located on the northern slopes of Lao Shan National Park 水墨大埧风景区九曲水街A03栋. Tel: 58234440. 





## Dragon Slayer

28 May, 2017

Nanjing's annual Dragon Boat Race, the ICBC Cup, was held on the city's Mochou Lake, in which 25 teams representing local foreign invested companies, competed not only for the grand trophy, but in also the name of team building and sheer prestige. Chang'an Mazda Automobile (above) was in the end triumphant, while also impressively breaking the two minute barrier for the 400 metre race.















## Ain't We Got Fun

3 June, 2017

After a good year in which numbers in the Nanjing Rockets Rugby Club youth and women's sections grew quickly and the adult men's contact team came second in the Sino 10's league, it was a time to relax at the Great Gatsby/1920's themed end-of-season dinner at the Tang Restaurant in Jiangning.



If you would like to see photos from your event on these pages, contact us via [thenanjinger@sinoconnexion.com](mailto:thenanjinger@sinoconnexion.com). Conditions apply.

WINNER

33





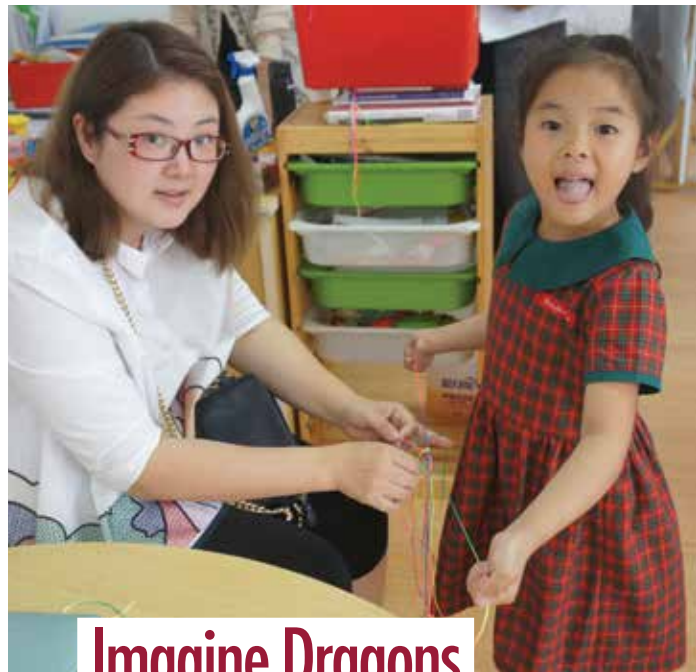
## Rock Lobster

19 May, 2017

Early Years students putting on Nanjing International School's fantastic "Stella the Starfish" show were expressive, energetic and enthusiastic throughout their time on stage, while they developed their confidence, creativity and cooperation skills throughout the production process.







## Imagine Dragons

26 May, 2017

EtonHouse Nanjing celebrated the Dragon Boat Festival with a day of activities for students and parents, culminating with a Dragon Boat parade, showcasing dragons created by each class entirely made from recycled material.







# Sunny Afternoon

20 May, 2017

Over 1,000 people attended The British School of Nanjing's annual summer fair, in which wide range of fun-filled activities and stalls kept the crowd amused over four hours with all profits from BSN stalls and the raffle going to two children's charities in China; Hopeful Hearts and the Pfrang Association.







## Walk This Way

4 June, 2017

Once a month on a Sunday, a fine group of Hash House Harriers meet to run or walk through the streets and beauty spots of Nanjing, aiming to follow a chalk trail to the ice cold beer waiting for them. Occasionally a Hasher will lose the trail, but they turn up eventually!





# THE INDEX

Many listings herein include handy codes as to their Nanjing Zone; a coloured square that assists in sourcing places of interest in areas frequented by expats. Cross reference the listings with the maps towards the rear of The Nanjinger.

## About The Index

Locations that appear within The Index have been hand picked by The Nanjinger's editorial team for offering quality, consistency and service. Descriptions are written following The Nanjinger's editorial policies as regards objectivity and impartiality. The listings are not for sale.

## Food & Drink

### Western Bars & Restaurants

#### En Space 恩空间

8 Saozhou Xiang 扫帚巷 8 号  
18918669180

Eatery/art gallery serving up a dining experience of real quality with a French flair in a second-to-none location that sits into the side of the spectacular new Porcelain Tower (Bao'en Si) beside 1865.

#### Gilly's Restaurant

#3-108, 9 Wenfan Lu, Xianlin  
栖霞区文范路9号康桥圣菲3栋108室  
66066188

Highly regarded New York style pizza, along with other quality western style dishes, has made this a staple of the Xianlin community that now draws increasing numbers all the way from downtown.

#### Glo London

4F, House of Fraser, 2 Zhongshan Nan Lu  
中山南路 2 号东方福来德 4F  
84784287

Authentic British fare; think fish and chips with cod from the seas around Iceland, plus a selection of international dishes served up in the ultimate mall environment. Great value lunch platters on weekdays.

#### Oasis 绿洲西餐吧

133 Mingwalang  
明瓦廊133号  
83191933

Modern Western flair plus house music, stylish decor and fabulous lighting create just the right environment for cocktails plus pizza, lasagna and macaroni cheese dishes that are particularly popular with foreign patrons, and with good reason.

#### Ciao Italia 你好意大利

193-2 Shigu Lu  
石鼓路193-2号  
86608807

30 kinds of pizza and more than 50 wines exclusively imported from Italy, all prepared by highly qualified Italian chefs, plus a host of other dishes.

#### Finnegans Wake

芬尼根爱尔兰酒吧餐厅  
6 Xinanli Block, 400 Zhongshan Nan Lu  
中山南路 400 号熙南里街区 6 号  
52207362 / 13057623789  
www.finneganswake.com.cn

A carefully prepared selection of authentic Western dishes in a cozy atmosphere. Upstairs in "The Malt Room", enjoy an unrivalled range of whisky from every corner of Scotland.

#### Blue Sky Expat Bar & Grill 蓝澳西餐厅

77 Shanghai Lu  
上海路 77 号  
86639197

One of the original expat bars to open in Nanjing, serving burgers, pizzas, Aussie meat pies and Bundaburg Rum (Bundy). There are also weekly and monthly pool competitions and board games' nights.

#### Brewsell's 比利时啤酒餐厅

77-1 Shanghai Lu (first place up from Guangzhou Lu)  
上海路 77-1 号 (靠近上海路和广州路的路口)  
58779429

www.brewsells.com

Quality Belgian drinks & cuisine in a smoke free environment with a kitchen open until 11pm.

#### Element Fresh 新元素餐厅

A109, 1F, Nanjing IST Mall, 100 Zhongshan Lu  
中山路 100 号艾尚天地购物中心一层 A109  
85656093

www.elementfresh.com

Born from an expat's passion for food, the multi-award winning Element Fresh first opened its doors in Shanghai in 2002. Since, the chain has expanded to Beijing and Guangzhou and Nanjing.

#### Studio 21 Grill Restaurant 藤美

193 Shigu Lu (behind the Sheraton)  
石鼓路 193 号 (石鼓湾美食休闲街区)  
86795269 / 13072525212

Genuine European flavours, grilled meat, seafood specialties and renowned home made desserts. Special Set Lunch Menu with great prices and specials for students and teachers.

#### William's 威廉餐吧

Chic Hills, 286 Zhongshan Lu  
中山路 286 号羲和广场一楼  
85878066

Stays true to the unique cooking processes that have become hallmarks of great American barbeque. Applewood log smokers subdue meat cuts to 6-15 hours of "low 'n' slow" smokin' heaven.

#### Hacker-Pschorr 赫佰仕

Basement, Asia Pacific Tower, Jinling Hotel,  
2 Hanzhong Lu  
汉中路 2 号金陵饭店亚太商务楼负 BF1-15  
84660099

German brauhaus that is the first Hacker-Pschorr in China, serving up a proprietary brew created in house, along with the pre-requisite sausages.

#### Jimmy's 吉米来吧

193 Shigu Lu (inside Sunslow Bay  
near the Sheraton)  
石鼓路 193 号  
86792599

www.jimmysnj.com

The place to be for live and recorded sports, especially on Saturday nights, while enjoying American style pizza, BBQ steaks, burgers, hotdogs, tacos and more, accompanied by a large selection of draft and bottled beers plus single malt whiskys and bourbon.

#### Jack's Place 杰克地方西餐厅

422, Dongcheng Hui Shopping Mall, Xianlin 文苑  
路与学思路交叉口东城汇 4 楼  
85807866  
35 Wang Fu Da Jie 王府大街 35 号  
84206485

160 Shanghai Lu 上海路 160 号  
83323616

Humble yet honest, Jack's Place has been around Nanjing for more than 15 years, serving up Italian

favourites popular with expats and locals alike. Strengths lie in the pastas and mains.

#### The Wing Italian Restaurant

意之翼-意大利餐厅

4F, The Central, Hexi CBD  
江东中路237号中央商场4楼 (雨润国际广场)  
13913983339 / 52251609

Open kitchen allows for observation of the chefs at work, while hand-made Italian thin-crust pizza comes from a professional oven. Mix and match your own pasta and great value set lunches available along with MSG-free chicken.

#### Pissa

82-1 Shanghai Lu 上海路82-1号  
83308105 / 15805177575

Formerly Pisa Pizza, that quickly gained a following among expats when it opened in 2009 for authentic pizza in an informal atmosphere.

#### La Mona 拉莫纳

48, South Commercial District, Lower Car Park,  
Olympic Centre  
奥体中心南商务区 48 号停车柱  
83353881 / 83363881

From the makers of Pisa Pizza comes classy decor and simply fabulous pizza, rivaling the more established Italian eateries in town.

#### Les 5 Sens 乐尚西餐厅

52-1 Hankou Lu  
汉口路 52-1, 靠近南京大学  
83595859

Remaining surprisingly inexpensive since opening its doors in 2005, Les 5 Sens serves authentic and homemade traditional French dishes (the foie gras is a favourite) in a homely atmosphere.

#### Tap Planet 啤球工厂

F109, 1F, Chic Hills Plaza, 286 Zhongshan Lu  
中山路 286 号羲和商业广场 1 楼 F109  
57519177

40 craft beers on tap, accompanied by slick service and a mouth-watering food menu.

#### The Uncle Pizza 披萨大叔

Shanghai Lu Market, 22 Hankou Xi Lu  
汉口西路 22 号上海路菜场 53 号  
8012979506

Big hit with the student population on account of cheap prices for serious quality pizza, despite being hidden down an alley that is easy to miss.

#### Motu Burger 摩图

107 Gutong Xiang, Laomendong  
老门洞箍桶巷107号  
17701598220

Small balcony affords great people watching while munching on delicious Kiwi burgers and ice cream washed down with fine ales.

#### Florentina

2-107, 83 Shanghai Lu  
上海路 83 号 2 栋 107 号  
18602560788

Ideal for peaceful chat over drinks; over 100 bottled craft beers waiting for you to try!

#### Henry's Home 亨利之家

82-2 Fuchunjiang Dong Jie  
奥体富春江东街 82-2 号  
58577088

One of Nanjing's oldest Western restaurants, with over 20 years experience in serving up western meals; specialties include steaks, fajitas, pizza and organic salads.

#### Selección Española

57 Zhongshan Dong Lu  
中山东路 57 号  
15295537959

Family business opened in 2012 with the ambition to spread Spanish culture by offering a special culinary experience and home made traditional food. Open Tue-Sun, 5-10 pm.

#### **Eminence Cellar** 香松酒窖

Inside Wutaishan off Guanzhou Lu  
广州路·五台山体育场(银联体育馆一楼西北区)  
66012088  
High quality Western restaurant offering organic food, breads baked on-site, cigar bar and wine cellar.

#### **Wagas** 沃歌斯

1F, Nanjing IST Mall, 100 Zhongshan Lu  
中山路100号艾尚天地购物中心一层108号  
85656120  
www.wagas.com.cn  
Western and modern Asian fare with a special focus on food quality, consistency and safety.

#### **Potato Bistro** 马铃薯

#5-301 Kangqiao Sheng Fei, 9 Wenfan Lu, Xianlin  
仙林文苑路9号康乔圣菲5幢301  
85791293  
15 Bianying, Laomendong  
边营15号老门东历史文化街区  
58776616  
A bistro based on green, organic, fresh foods and authentic taste. Large balcony offers outdoor BBQ for up to 150 people.

#### **Axis Mexican Restaurant & Pub**

Axis 墨西哥餐厅  
Yadong Commercial Plaza, 12 Xianyin Bei Lu  
仙隐北路12号亚东商业广场  
Suning Hui Gu, Ji Qingmen Da Jie  
集庆门大街苏宁慧谷  
15895872728  
Mexican dining with a wide variety of traditional Mexican dishes and a popular delivery service.

#### **Nail Jazz Bar** 钉子爵士酒吧

10 Luolang Xiang (200m south of the Sheraton)  
罗廊巷10号·离金丝利酒店200米  
86532244  
A relaxed atmosphere in which to enjoy a wide variety of imported beers and the odd bit of live music.

#### **Vegetarian**

#### **Jimingsi Vegetarian Restaurant**

鸡鸣寺百味斋素食馆  
1 Jimingsi Lu 鸡鸣寺路1号  
57713690  
Open since the 1980s and popular on the tourist trail, standout items include soy-based mock meat dishes. Service can be erratic.

#### **Green Cuisine** 绿野香踪素食馆

1F Zhengyang Building, 56 Yudao Jie  
御道街56号正阳大厦一楼  
6661 9222  
A wide selection of creative dishes and plenty of fresh vegetables along with special drinks and teas.

#### **Tiandi Sushi** 天帝素食

21 Huji Bei Lu, Entrance to Gulín Park  
鼓楼区虎踞北路21号古林公园正门口(近北京西路)  
83701391  
Serves free vegetarian noodles on the 15th day of each lunar month.

#### **Middle Eastern Cuisine**

#### **Dubai** 西侧翡冷翠餐厅

9 Zhuangyuan Jing (inside the Mandarin Hotel)  
南京市夫子庙状元楼酒店一楼  
58570611 / 18652008407  
Tasty dishes from Dubai and all over the Arabic world served inside or on an enticing, western-facing patio. All meat is Halal.

#### **Jackob Arabic Restaurant** 嘉珂帕

61 Hankou Lu 汉口路61号  
86521668  
Jiangjin Lu Community, Nanjing University of Aeronautics & Astronautics, Shengtai Lu  
胜太西路南京航空航天大学将军路校区  
17705162357  
Classic go-to for Middle Eastern fare; grilled Hallal meats, shawarmas and a mouth-watering assortment of dips. Prayer room also available.

#### **Indian Cuisine**

#### **Baba Restaurant** 巴巴餐厅

B1, Jinyuan Food Court, 11 Hexi Central Park, 341 Jiangdong Lu  
江东中路341号出口南京金源美食广场11号负1楼  
13611574929  
Reincarnation of Kohinoor, Nanjing's long serving Pakistani restaurant, features a menu that boasts over 200 dishes, all of which taste nothing alike.

#### **Nanjing Ganesh Indian Restaurant**

甘尼仕印度餐厅  
3 Kunlun Lu 昆仑路3号  
85860955  
www.ganeshchina.com  
The unlikely combination of Indian food and jazz music that nevertheless has stood the test of time in both Suzhou and Wuxi. Fabulous decoration in a great location by the city wall at Xuanwu Lake.

#### **Himalaya-Nepalese & Indian Restaurant**

喜马拉雅尼泊尔印度餐厅  
193 Shigu Lu (behind the Sheraton)  
石鼓路193号  
8666 1828  
Popular restaurant serving Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves.

#### **Taj Mahal** 泰姬玛哈印度料理

117 Fengfu Lu  
丰富路117号  
84214123  
187-1 Shanghai Lu 上海路187-1号  
83350491  
Established in 2003, the Taj Mahal offers a great variety and exotic blend of high quality authentic Indian cuisine that it continues to this day, making it forever popular with the foreign community.

#### **Masala Kitchen** 玛莎拉印度餐厅·酒吧

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu  
仙隐北路12号亚东商业广场A05  
84448858  
Vegetarian and meat dishes plus savory Tandoori oven dishes and exotic curries cooked fresh by a Hyderabad-born chef with over 20 years of experience.

#### **Korean Cuisine**

#### **Xianpingjia** 咸平家

#6, Block 1, Dongfangtianjun, Xianlin  
仙林杉湖西路东方天郡门面房6号  
83699086 / 13357739720  
Run by a Korean grandma who has over 30 years of cooking experience.

#### **THE Korean** 本家

B1, Golden Wheel Tower, 108 Hanzhong Lu  
新街口汉中路108号金轮大厦B1  
84469445  
B1, Grand Metropark Hotel, 319 Zhongshan Dong Lu  
中山东路319号维景国际大酒店B1层  
84469190

#### **Ke Jia Fu** 可家福

7 Nan Da Heyuan, 168 Xianlin Dadao  
仙林大道168号南大和园7号  
86331006

#### **Neolithic Barbecue** 新石器烤肉

B1, Deji Plaza, 18 Zhongshan Lu  
中山路18号德基广场B1楼B116-117号  
84764545  
#B17, B1, Tianyin Plaza, 336 Shangyuan Lu, Jiangning District  
上元大街336号天印广场B1楼B17室  
81032949  
B1, Wonder City, 222 Changhong Lu  
长虹路222号虹悦城B1楼  
52275687  
B1, One City, 58 Daqiao Bei Lu, Pukou  
大桥北路58号新一城B1楼  
58400640 / 58402105  
B113, Unipark Mall, 8 Fengxi Lu  
凤熙路8号中海环宇城B113铺  
57018998

#### **Japanese Cuisine**

#### **Zhongzhou Tonkotsu Ramen**

中洲豚骨拉面  
4-2 Taogu Xin Cun, Hankou Lu  
鼓楼区汉口路陶谷新村4-2号(南楼102室)  
86617101  
Tiantang Street, Hanzhong Lu  
秦淮区汉中路天堂街小区内  
84201496  
Rides the current wave of popularity for all things ramen, with organic credentials that are tri-certified, no less.

#### **Dason Bistro** 大森料理

6 Sanyuan Xiang, Xinjiekou  
新街口三元巷6号  
84217148  
Initiator of the fad for pubs that cut your hair, with now a Japanese restaurant thrown into the mix that offers an impressive selection of sashimi, classic sushi, shallow fried meats plus fish and tempura.

#### **Taiyo Teppanyaki**

大渔铁板烧  
57 Zhongshan Lu 中山路57号  
84729518  
1F, Unit 6, Building 2, 1912  
1912商业区2号楼6单元1楼  
84458310  
3F, Golden Wheel, 8 Hanzhong Lu  
汉中路8号金轮新天地购物中心3楼  
84773318  
3 Kunlun Lu 昆仑路3号明城汇内  
58850588  
Popular for its all you can eat and drink special offer that includes sushi, sashimi, sake, beer and much more.

#### **Other Asian Cuisine**

#### **Thai Tasty** 泰式料理

A05, Yadong Commercial Plaza, 12 Xianyin Bei Lu  
仙隐北路12号亚东商业广场A05  
84448858  
An extraordinary array of distinctive dishes employing authentic seasonings with fresh local produce.

#### **Thai Orchid** 梵泰蘭

86-1 Fuchunjiang Dong Jie (La Defense Flower Street)  
富春江东路86-1号拉德芳斯异国风情花街(近恒山路口)  
83564567  
Thai nationals serve as chefs; fantastic group deals available, e.g. set meal of ten dishes for half price.

#### **Pho Saigon** 西贡堤岸越南餐厅

2F Huanya Plaza, 33 Shigu Lu  
石鼓路33号环宇广场2楼  
84465722



4F, Golden Eagle Mall, 1 Zhujiang Lu

珠江路1号金鹰购物中心北馆4楼 85208521

Popular and inexpensive fare that includes the must try Vietnamese noodles, hence "pho".

#### **Kezigu Muslim Restaurant 克兹古丽餐厅**

43 Luolang Xiang 罗廊巷43号 85891799

Xinjiang restaurant popular with expats; spicy noodles, potatoes, vegetable, chicken and lamb dishes accompanied by dance performances.

#### **Fusion Cuisine**

#### **Walnut Music Brasserie 胡桃里音乐酒馆**

Catherine Park, 1 Beijing Xi Lu 北京东路1号环亚凯瑟琳广场

8533979

Suyao Park, 15 Dongxin Nan Lu, Jiangning

南京市江宁区东新南路15号苏尧广场1楼

83369797

Capitalises on the current trend for retro decoration in which locals can revisit their youth and expats experience a China that has all but disappeared.

#### **Bakery & Café (see also Hotels & Hostels and Shopping)**

#### **Iced Baking**

46-13 Xianyin Nan Lu, Xianlin

仙林仙隐南路仙龙湾46-13室

18014847503

Specialty baked goods such as cakes, cupcakes and scones plus a host of baking supplies, including cocoa powder, cream cheese, fondant, sprinkles and shortening. Hummus also available!

#### **Skways 云中食品店**

160 Shanghai Lu 上海路160号

83317103

#A18, Yadong Commercial Plaza, 12 Xianyin Bei Lu

仙隐北路12号亚东广场A18室

85791391

Wanda West, 222-2 Jiqing Men Da Jie

集庆门大街222-2万达西地区

85637995

A favourite of the expat community with breads, made-to-order sandwiches, cakes, chocolates, desserts, plus imported deli items such as cheese and salami. Shanghai Lu location has a long queue at lunchtimes.

#### **Sculpting in Time Café 雕刻时光咖啡馆**

2F, 47 Hankou Lu 汉口路47号2楼

83597180

32 Dashiba Jie (Fizimiao East Gate)

大石坝街32号(夫子庙东门)

52266082

Delightful atmosphere in which to enjoy coffee, tea, a variety of Western food, plus widely known brownies. Balcony at the Confucius temple branch offers romantic night time views over the Qinhuai river.

#### **Goldstar Café 维娜里咖啡**

150 Shanghai Lu (at the junction with Nancaixun)

鼓楼上海路150号

83556176

Canadian outfit aiming to be a luxury café in an Scandinavian style; lots of natural light, contemporary design and fair-trade organic espresso.

#### **Délíce Capy DC 莫奈花园**

1st and 2nd Floor, Friendship Mall, 27 Hanzhong Lu, Nanjing

南京市汉中中路27号友谊广场1楼2楼

86829191

Lounge in comfortable armchairs and indulge in gooey macaroons and hazelnut slices to molten chocolate cakes.

#### **Maan Coffee 漫咖啡**

1 Qingjiang Lu 清江路1号天水滨江花园

85872858 / 85607277

1F, Dushi Xihe, 8 Xuejia Xiang

薛家巷8号金润发超市旁都市羲和一楼

85607266

81-1 Fuchunjiang Dong Jie

富春江东街81-1号拉德芳斯异国风情花街

85607288

1912 Leisure District

1912时尚休闲街区9号楼

Korean chain serving waffles, salads and all day breakfast options that go down well amid decor that juxtaposes cement, glass and chandeliers.

#### **Chinese Teahouses**

#### **Lao Cui Tea House 老崔茶馆**

Houhuyinyue, Huanhu Lu, Nanjing City Wall, 8

Jiefang Men, Xuanwu

城墙台城段临湖厅·玄武湖环湖路“后湖印月”

52628899

15 Yingtian Da Jie 应天大街15号

86560632

Holds activities such as lectures on tea drinking and tea culture. Location in the city wall is one of Nanjing's must-sees.

#### **iTea 我茶**

6F, Xinhua Bookstore, 56 Zhongshan Dong Lu 中山东路56号新华书店6楼

86816246

Taiwanese delicacies and soothing herbal tea, brewed intricately before your eyes by one of the restaurant's tea aficionados.

#### **Nightclubs**

#### **Kamakama**

1912 Leisure District

1912时尚休闲街区2号楼1层

86701912

Nanjing's answer to the sleek sophisticated cocktail bars of Shanghai; signature cocktails, selected fine wines and classic malts all the way.

#### **MAZZO Club 玛索国际娱乐**

1912 Leisure District

1912时尚休闲街区6号楼

84418579

One of the oldest clubs in Nanjing and hangout for the foreign community playing contemporary electronica.

#### **Club TNT 潮人会**

2-1 Changjiang Hou Jie

长江后街2-1号

84401199 / 13151090136

A big name in the Chinese nightclub industry, with clubs in Nanjing, Chongqing and Hefei.

#### **Enzo**

8-3 Changjiang Hou Jie

长江后街8-3号2楼

83789898

Accesses many of the big names in entertainment; Paul Oakenfold, DJ R3hab and LMFAO have all played here.

## **Tourism, Sport & Leisure**

#### **Hotel & Hostel**

#### **Jinling Hotel Nanjing 南京金陵饭店**

2 Hanzhong Lu, Xinjiekou Square

新街口汉中中路2号

84711888

The first five star hotel in China with a city centre location putting the prize-winning iconic landmark only two minutes' walk from Xinjiekou Metro Sta-

tion. International flight and train ticket purchase counter plus bakery also available.

#### **Somersett Youth Olympic Nanjing**

南京盛捷青奥国际社区

9 Qing'ao Nan Lu

青奥南路9号

83083888

www.ascottchina.com

Comfortable and international serviced residence providing extremely spacious three-bedroom apartments for executives and their families.

#### **Renaissance Nanjing Olympic Centre Hotel**

南京华泰万丽酒店

139 Aoti Da Jie, Jianye District

建邺区奥体大街139号

83388888

cn.renaissancenanjing.com

First Marriott hotel in Nanjing. with signature Navigator service available to guests; a local who knows the hotspots inside out. Bakery sells fresh breads.

#### **Hanyuelou Hotel 涵月楼酒店**

235 Jiangdong Zhong Lu, Jianye District

建邺区江东中路235号

68176000

www.solishotels.com/nanjing

First establishment in China for Solis and official hotel for the Youth Olympic Games in 2014. Chinese elements are incorporated as threads woven into the fabric of the hotel.

#### **Wanda Realm 南京万达嘉华酒店**

59 Zhushan Lu, Jiangning District

江宁区竹山路59号

52838888

www.wandahotels.com

302 stylish rooms and suites plus a 1,000 sq.m. pillarless Grand Ballroom.

#### **Novotel Nanjing East Suning Galaxy**

南京玄武苏宁银河诺富特酒店

9 Suning Dadao, Xianlin

徐庄软件园苏宁大道9号

85208888

www.novotel.com

Good spot for a weekend escape from the city, with Purple Mountain on its doorstep, while the Nanjing Zhongshan International Golf Resort 27 hole course designed by Gary Player is just 5 minutes away.

#### **Fraser Suites Nanjing 南京辉盛阁国际公寓**

116 Lushan Lu

庐山路116号

87773777

www.frasershospitality.com

International serviced apartment suites offering full balconies, clubhouse and leisure facilities.

#### **The Westin Nanjing 南京威斯汀大酒店**

Nanjing International Center, 201 Zhongyang Lu

中央路201号南京国际广场

85568888

www.westin.com/nanjing

A haven of Chinese distinction in which every room affords a view of scenic Xuanwu Lake.

#### **Sheraton Nanjing Kingsley 金丝利喜来登酒店**

169 Hanzhong Lu

汉中中路169号

86668888

Excellent downtown location with amenities including baby sitting and butler service plus car rentals.

#### **Fairmont Nanjing 南京金奥费尔蒙酒店**

333 Jiangdong Zhong Lu, Jianye District

建邺区江东中路333号

86728888

www.fairmont.com/nanjing

Elegant international hotel famous for its services and cultural features; the building itself resembles a Chinese lantern.

#### **InterContinental Hotel 紫峰洲际酒店**

1 Zhongyang Lu, Zifeng Tower  
中央路 1 号紫峰大厦  
83538888  
www.intercontinental.com  
A statement of grandeur in the 450 metre high Zifeng Tower; Nanjing's tallest building.

#### **Sofitel Galaxy 南京索菲特银河大酒店**

9 Shanxi Lu  
山西路 9 号  
83718888  
www.sofitel.com  
resoff@sofitelnanjing.com  
The accommodation of choice for many visitors coming to Nanjing, along with all French dignitaries.

#### **Hilton Nanjing Riverside**

南京世茂滨江希尔顿酒店  
1 Huaibin Lu (cross of Qinhuai and Yangtze Rivers)  
淮滨路 1 号 (近秦淮河和扬子江交汇处)  
83158888  
nanjingriverside.hilton.com  
nanjingriverside.info@hilton.com  
A more serene statement from Hilton; extensive conference and recreation facilities and rooms with balconies overlooking the Yangtze.

#### **Nanjing Sunflower International Youth Hostel**

南京瞻园国际青年旅社  
142 Dashiba Jie (Fuzimiao west gate)  
大石坝街 142 号, 在夫子庙西门的附近  
52266858 / 66850566  
www.nanjingyha.com  
A popular youth hostel that includes free pool, DVDs, cable TV, football and English speaking staff.

### Resorts

#### **Kayumanis Private Villas & Spa**

南京香樟华莘温泉度假别墅  
12 Wenquan Lu, Tangshan  
江宁区汤山街道温泉路 12 号  
84107777  
www.kayumanis.com  
nanjing@kayumanis.com  
High-end private villa with refreshing natural hot spring and mountain view.

#### **Regalia Resort & Spa (Qinhuai River)**

南京御庭精品酒店 (秦淮河)  
Bldg. E5, 388, Yingtian Da Jie  
(inside Chenguang 1865 Technology Park)  
应天大街 388 号 (晨光 1865 科技创新产业园) 第 E5 幢  
51885688  
www.regalia.com.cn  
A Thai style spa offering a holistic approach to rejuvenation and relaxation.

#### **Tangshan Easpring Hot Spring Resort**

汤山颐尚温泉度假村  
8 Wenquan Lu, Tangshan, Jiangning  
江宁区汤山镇温泉路 8 号  
51190666  
A leisure hotel in Tangshan offering different types of bathing.

### Museums

#### **Nanjing Massacre Memorial**

侵华日军南京大屠杀遇难同胞纪念馆  
418 Shuiximen Da Jie  
水西门大街 418 号  
86612230 / 86610931  
Hours: Tue - Sun from 8:30 to 16:30

www.nj1937.org  
Located on a former execution ground and mass burial place of the Nanjing Massacre. Admission is free.

#### **Nanjing Museum**

南京博物院  
321 Zhongshan Dong Lu  
中山东路 321 号  
One of China's three national level museums displaying Chinese art, pottery and a life-sized Republic of China street scene. Admission is free with valid ID.

#### **Nanjing Municipal Museum (Chaotian Palace)**

南京市博物馆  
4 Chaotiangong  
朝天宫 4 号  
World class museum presenting ancient pottery and earthenware, calligraphy, clothing, jade etc.

#### **Six Dynasties Museum**

六朝博物馆  
Changjiang Lu / Hanfu Jie  
长江路 302 号 (长江路 / 汉府街)  
Constructed on the ruins of Jiankang Castle, visitors can see over 1,200 artifacts, including porcelain, pottery, epigraphs, stone inscriptions, calligraphy and paintings and even a section of the city wall.

#### **Nanjing Jiangning Imperial Silk Manufacturing Museum**

南京江宁织造博物馆  
123 Changjiang Lu, Xuanwu District  
南京市玄武区长江路 123 号  
Exhibitions of silk manufacturing, brocade, qipao and most interestingly, one dedicated to "Dream of Red Mansions" in which one can experience settings where many events in the novel happened.

#### **Rabe House**

拉贝故居  
1 Xiaofenqiao, Guangzhou Lu  
小粉桥 1 号  
Monday - Friday from 8:30 to 16:30  
German industrialist's former home that served as a refugee shelter and saved thousands in 1937.

#### **Purple Mountain Observatory**

紫金山天文台  
Tianwen Lu, Purple Mountain Area, Nanjing  
南京市紫金山天文路  
84440768  
Very first observatory to be built in mainland China that is known as "the cradle of Chinese astronomy".

#### **Tangshan Homo Erectus Fossil Museum**

汤山直立人化石遗址博物馆  
Jiangning District, Tangshan Scenic District  
南京汤山国家地质公园内  
68720777  
Insight into the prehistoric life of the Nanjing cave couple, a pair of 600 000 year old skulls discovered in the Tangshan area of Nanjing in 1993. Designed by French architect Odile Decq. Closed on Mondays.

#### **Nanjing Brocade Museum**

南京云锦博物馆  
240 Chating Dong Jie  
茶亭东街 240 号  
86518580  
Observe wooden looms producing the world's finest brocade. Fabric is also available for purchase.

#### **Nanjing Taiping Heavenly Kingdom History Museum**

南京市太平天国历史博物馆  
128 Zhanyuan Lu 瞻园路 128 号  
52201849  
Houses the largest collection of artifacts and documents from the Taiping Heavenly Kingdom.

#### **Nanjing Science Museum**

南京科技馆  
9 Zijinghua Lu, Yuhua District  
雨花台区紫荆花路 9 号

58076111  
Hands-on fun and learning for kids. IMAX Cinema.

#### **Nanjing Museum of Paleontology**

南京古生物博物馆  
39 Beijing Dong Lu  
北京东路 39 号  
83282252  
Full dinosaur skeletons, a mass of fossils from significant digs in China and an interesting lesson in local geology. Open at weekends only. Chinese language.

#### **Nanjing Folk Museum**

甘家大院  
15 Nanbuting, Zhongshan Nan Lu  
中山南路南捕厅 15 号  
52217104  
Visitors can study traditional Chinese architecture, including the so-called "99 and a half rooms". Various displays of traditional folk art throughout the year.

#### **Jinghai Temple**

静海寺  
288 Jianning Lu  
建宁路 288 号  
58808703  
www.yuejianglou.com  
In addition to enjoying an insight into the Chinese view of the "unfair treaty" ceding Hong Kong to the British, visitors can learn about the voyages of Zheng He.

#### **Zheng He Treasure Shipyard**

南京郑和宝船遗址公园  
57 Lijiang Lu  
鼓楼区漓江路 57 号  
Climb aboard a mockup of the famous navigator's fleet in the location that built the very same almost 600 years ago.

### Parks & Attractions

#### **Qingliangshan Park**

清凉山公园  
83 Qingliangshan Lu, near Huju Lu  
清凉山路 83 号  
Calligraphy and stone museums, as well as an art gallery and pottery studio.

#### **Zixia Lake**

紫霞湖  
Northeast Quadrant, Mingxiao Ling, Zhongshan Ling Scenic Area  
中山门外石家路 7 号中山陵风景区明孝陵景区东北角  
A cold water mountain-fed lake. Exercise with care; the cold undercurrents can cause life-threatening cramps.

#### **Mochou Lake Park**

莫愁湖公园  
35 Hanzhongmen Da Jie  
汉中门大街 35 号  
Home to the annual Dragon Boat Race, and great for boating or a walk in a peaceful environment.

#### **Happy World**

弘阳欢乐世界  
48 Daqiao Bei Lu, Pukou District  
浦口区大桥北路 48 号  
Thrill rides plus giant water slide.

#### **Jiuhua Shan Park**

九华山公园  
20 Jiuhua Shan 九华山 20 号  
Visit the pagoda and get on the city wall for gorgeous views of the city.

#### **Xuanwu Lake Park**

玄武湖公园  
1 Xuanwu Xiang 玄武巷 1 号  
Idyllic islands with playgrounds, gardens, restaurants plus boats and bikes for rent.

#### **Yaxi International Slow City**

桧溪国际慢城



6 Shengtai Lu, Yaxi Town  
高淳区桠溪镇生态路 6 号  
56861235  
The village of 20,000 designated China's first  
"Slow City" by Cittaslow.

**Pearl Spring Resort** 南京珍珠泉风景区  
178 Zhenzhu Jie, Pukou District  
浦口区珍珠街 178 号  
A 8.9 sq.km scenic area that includes a zoo, circus,  
dodgems and cable-car to a so called Great Wall.

**Gulin Park** 古林公园  
21 Huju Bei Lu 虎踞北路 21 号  
Gardens, paintball and BBQ plus a view of the  
city from atop the TV tower.

**Zhongshan Botanical Garden** 中山植物园 🌿  
1 Qianhuohucun  
前湖后村 1 号  
84347062  
Covers over 186 hectares and home to more than  
3000 plant species.

**Nanjing Yangtze River Bridge Park**  
南京长江大桥 (公园)  
7 Baotiaoqiao Dong Jie  
宝塔桥东街 7 号  
Memorabilia dating from the construction of the bridge  
plus access to observation deck.

**Memorial for Revolutionary Martyrs**  
雨花台烈士纪念馆 🏛️  
Yuhua Dong Lu (north gate)  
南京市雨花台烈士纪念馆北大门雨花东路  
A surprisingly relaxing memorial park, yet used as  
a mass execution ground during the anti-commu-  
nist revolution of 1927.

**Drum Tower/Gulou Park** 鼓楼公园 🏯  
1 Gulou Jie, at the end of Beijing Xi Lu  
鼓楼街 1 号, 在北京西路口  
The traditional centre of a Chinese city.

**Lao Shan National Forest Park**  
老山国家森林公园  
Chalukou, Pukou  
浦口区岔路口  
Enjoy a more rustic experience in Nanjing's sec-  
ond National Park; away from the crowds soak in  
the virgin forest that is rich in species.

**Lamending Neighbourhood** 城南·老门东  
50 Changle Lu 长乐路 50 号  
52201611  
Cultural activities, traditional Chinese architecture  
and distinctive local eateries.

**Datangjin Fragrant Valley**  
大塘金香草谷主题餐厅  
Zhengfang Da Dao, Jiangning District  
江宁区谷里街道大塘金正方大道薰衣草庄园  
52716207  
Breathe in the intoxicating scents while strolling  
through the fields of lavender that lead to the  
shop filled with perfumes, eye patches, pillows,  
face masks and even lavender perfume.

## Sports

**Jijianheng Martial Arts Training Centre**  
15996493275  
Offers the mental and spiritual training neces-  
sary for Kung Fu mastery to students of all ages  
and abilities.

**Century Star Ice Skating Club**  
世纪星滑冰俱乐部  
4F, Deji Plaza Phase 2, 18 Zhongshan Lu  
中山路 18 号德基广场 2 期 4 楼 🏠  
86777456  
222 Jiangdong Zhong Lu (Inside Olympic Center)  
江东中路 222 号奥体中心内 🏠  
86690465 / 86690467  
4F, Wonder City, 619 Yingtian Street

应天大街 619 号虹悦城 4 楼 🏠  
52275768 ext. 8001/8002

**Nanjing Zhongshan International Golf Club**  
南京钟山国际高尔夫俱乐部  
9 Huanling Lu 环陵路 9 号  
84606666

**Nanjing Harvard Golf Club**  
南京昭富国际高尔夫俱乐部  
176 Zhenzhu Jie, Pukou  
南京市浦口区珍珠街 176 号  
58853333

**Nanjing Gingko Lake International Golf**  
南京银杏湖国际高尔夫俱乐部  
1 Guli Yinxing Hu 江宁区谷里银杏湖 1 号  
86139988

**Nanjing Leiniaog Paragliding Club** 🪂  
南京雷鸟滑翔伞俱乐部  
Huanhucun, 2 Zhongyang Lu  
中央路 2 号环湖村  
15335179782

**Pisarev Ballet** 比萨列夫芭蕾舞学校 🎭  
#B901 Junlin International Mansion, 5 Guangzhou Lu  
广州路 5 号君临国际 B901 室  
86975095

**Changqing Taekwondo** 长青跆拳道馆 🥋  
9F, Quanmin Jianshen Plaza, 145 Zhongshan  
Dong Lu  
玄武区中山东路 145 号全民健身中心 9 楼  
84541055

## Spa

**Pathways Spa & Lifestyle Club** 🧖  
颐庭 Spa 生活会馆  
13F, Tian'an International Building,  
98 Zhongshan Nan Lu 中山南路 98 号天安国际大厦  
13 楼  
84701266 x 8019  
www.pathway-spa.com

## Theatre

**Nanjing Poly Grand Theatre** 🎭  
南京保利大剧院  
6 Yecheng Lu, Jianye District (inside Nanjing Inter-  
national Youth Culture Centre)  
建邺区郑城路 6 号 (南京国际青年文化中心)  
58839008 58839098

**Nanjing Art and Cultural Centre** 🎨  
南京文化艺术中心  
101 Changjiang Lu 长江路 101 号  
84797961

**Jiangnan Theatre** 江南剧场  
5 Yanling Xiang 延龄巷 5 号  
84522257

**Nanjing Art Academy Concert Hall**  
南京艺术学院音乐厅  
15 Huju Lu 虎踞北路 15 号  
83498249

**Jiangsu Kunqu Theatre** 兰苑剧场 🎭  
4 Chaotian Gong 朝天宫 4 号  
84469284

## Business & Education

### International Education

**The British School of Nanjing** 🇬🇧  
南京英国学校  
16 Hanfu Lu, Jiangning District  
江宁区韩府路 16 号  
52108987  
www.bsn.org.cn

Serves expat children a private education of the  
highest standard, with a day-to-day focus on  
helping pupils to thrive in their own unique way.  
Based based on the English National Curriculum.

**Nanjing International School** 南京国际学校 🏫  
8 Xueheng Lu, Xianlin College  
and University Town  
仙林大学城学衡路 8 号  
85899111  
www.nanjing-school.com  
An inclusive learning community inspiring interna-  
tional mindedness, personal excellence, creative  
thinking. An IB World School.

**EtonHouse Nanjing** 伊顿国际教育集团  
8 Qing'ao Nan Lu, Jianye District  
南京市建邺区青奥南路 8 号  
85596778

Singapore chain with more than 100 pre-schools  
and schools spread across Asia. Curriculum  
based on an international, inquiry-based program.

**The Overseas** 海外国际 🌐  
Nanjing Novas International Business Consulting  
Co. Ltd, #1606 Block A, Junlin International, 5  
Guangzhou Lu  
广州路 5 号君临国际 A 幢 1606 室  
84533133  
admin@the-overseas.com

**Youth Moment Educational  
Investment Co., Ltd.** ✨  
南京青梦家教育投资有限公司  
3rd Floor Building E, Kingdee Science and Tech-  
nology Industrial Park  
532 Zhongshan Dong Lu  
中山东路 532 号金蝶科技产业园 E 栋 3 楼  
69816666  
www.qingmengjia.com  
maludaily@qingmengjia.com  
Career guidance, entrepreneurial support, overseas  
study services for Chinese and foreign students.

## Business Services

**Sharehouse (Nanjing) Co., Ltd.**  
赛浩企业管理服务 (南京) 有限公司  
Maqun Scientific Park, 3 Jinma Lu  
南京栖霞区马群科技园金马路 3 号  
85720118  
www.sharehousechina.com  
Enables SMEs to establish their own legal entity in  
China while keeping overhead costs low through  
shared resources.

## Foreign Trade & Economic Development Agencies

**American Chamber of Commerce** 🇺🇸  
Jinling Hotel Asia Pacific Tower Room 801  
南京市金陵饭店亚太商务楼 801 室  
18501538478  
nanjing.amcham-shanghai.org

**European Union Chamber of Commerce**  
中欧商会 (南京) 🇪🇺  
#806, Haihua Mansion, 99 Zhongshan Lu  
中山路 99 号海华大厦 806 室  
83627330

**China-Britain Business Council, Nanjing**  
英中贸易协会南京代表处 🇬🇧  
#2514-2515, 50 Zhonghua Lu  
中华路 50 号 2514-2515 室  
52311740

**Netherlands Business Support Office**  
荷兰贸易促进委员会南京代表处 🇳🇱  
#2316, Bldg. B, 23F, Phoenix Plaza, 1 Hunan Lu  
湖南路 1 号凤凰国际广场 B 楼 23 层 2316 室  
84703707

### Baden-Württemberg International

德国巴登符腾堡州国际经济和科技合作协会  
7-3 Dabai Xiang Meiyuan Xin Cun  
梅园新村大悲巷 7-3 号  
84729068  
www.bw-i.cn

### Australian Trade Commission

澳大利亚贸易委员会南京代表处  
#1163, Jinling World Trade Center, 2 Hanzhong Lu  
汉中中路 2 号金陵饭店世界贸易中心 1163 室  
84711888 -1163

### Canadian Trade Office Nanjing

加拿大驻南京商务代表处  
#1261, Jinling World Trade Center,  
2 Hanzhong Lu  
汉中中路 2 号金陵饭店世界贸易中心 1261 房  
84704574

### Language Training

#### JESIE - Goethe-Language Centre

JESIE - 歌德语言中心  
Jiangsu College for International Education, 3F, 205  
Shanghai Lu  
上海路 205 号江苏国际预科学院 3 层  
83335690  
www.goethe-siz.js.cn

#### Nanjing No.1 High School

南京市第一中学  
301 Zhongshan Nan Lu 中山南路 301 号  
52216244  
Only high school designated by the International Office of National Chinese Language Promotion as base for the international promotion of Chinese language.

#### Alliance Française de Nanjing 南京法语联盟

27D, Block B, Changfa Centre, 300 Zhongshan Dong Lu  
南京市中山东路 300 号长发中心 B 座 27D  
28D, Block A, Changfa Centre, 300 Zhongshan Dong Lu 南京市中山东路 300 号长发中心 A 座 28D  
83598762 83598876  
afnanjing.njnu.edu.cn/  
info2.nanjing@afchine.org  
French language and culture centre with classes, cultural events and a modern library with free access to collections.

### Clubs

#### Nanjing International Community Clubhouse

南京国际社区中心  
1-B-01, British School of Nanjing, Hanfu Lu, Jiangning District  
江宁区韩府路南京英国学校 1-B-01  
www.yournicc.net  
info@yournicc.net  
Provides services to expats such as online shopping and ticket purchase as well as activities that include classes for adults and children.

#### Nanjing International Club

南京国际俱乐部  
Maqun Scientific Park, 3 Jinma Lu, Xianlin, Qixia District  
栖霞区马群科技园金马路 3 号  
www.nanjinginternationalclub.org  
500+ members from all around the world enjoy a large variety of events; cooking, kids' club, book club, dinners, balls, outings, BBQ, concerts, bazaar and more. Fundraising for charities plus opportunities volunteer and become part of an exciting team.

#### Nanjing Hash

nanjinghash@gmail.com  
Continues the tradition of being a drinking club with a running problem; Sunday monthly run or walk plus a night Hash on Mondays at 7pm to a mystery destination, to see unusual scenic parts of Nanjing, and surrounding areas, followed by great food and drinks.

### Nanjing Golf Society

15850764645  
Arranges friendly golf games at local courses, for ladies and gents of all abilities. Games are usually weekly, with practice at various ranges around the city.

### Charities

#### Y.M.C.A / Y.W.C.A

南京基督教青年会和女青年会  
66-9 Dajianyin Xiang, Gulou District  
南京市鼓楼区大铜银巷 66-9 号  
83307098 / 83714117  
www.njymca-ywca.org  
Endowed by Dr. Sun Yat-sen in 1912, the Nanjing branch of the organisation provides volunteering services and organises overseas exchange programs.

#### Hopeful Hearts

www.hopefulhearts.info  
Fundraising for the medical treatment of children with heart conditions. Over 400 children assisted to date. Operates under the umbrella of The Amity Foundation with other branches in Chengdu and Guangzhou.

#### Pirang Association 普方基金会

3 Jinma Lu, Maqun Scientific Park, Xianlin, Qixia District 马群科技园金马路 3 号  
85720118  
www.pirangassociation.org  
Raises funds to sponsor the 6-year high school education of underprivileged children in Jiangsu province, providing them with the chance to lead a self-directed and fulfilled life.

#### Butterfly Hospice

www.butterflych.org  
Provides loving care and treatment for children with life-threatening illnesses, through a children's hospice in Changsha, and a local support project in Nanjing with specialist nursing care for palliative children.

#### Ray of Light Cambodia

www.rayoflightcambodia.com  
Provides opportunities to 3-18 year olds in an orphanage in Phnom Penh.

### Cultural Education

#### Confucius Temple Primary School

南京市夫子庙小学  
22 Zhanyuan Lu 瞻园路 22 号  
52230929  
Founded in 1907 to explore and promulgate the ideology and culture of Confucius.

### Shopping

#### International Groceries

#### Epermarket

上海赢盘实业有限公司  
www.epermarket.com  
4007760776  
First online supermarket in China to be ISO 9001 certified, delivering more than 5,000 imported & local goods, plus a growing selection of organic products.

#### Fields

www.fieldschina.com  
4000210049  
cs@fieldschina.com  
Online grocery store that delivers safe, delicious, high quality and imported groceries directly to your door. Also offers beverages, organic produce, baby & personal care products, plus ready-to-serve items.

#### Time Farm

18551768576

www.timefarm.com.cn

Permaculture facility in Jiangning producing vegetables, brown and black rice, whole-wheat flower, free-range eggs and canola oil.

#### Times Grocery

泰晤士  
50-1 Yunnan Lu 云南路 50-1 号  
83685530  
Compact yet its location breeds popularity; wide selection of imported but sometimes pricey food.

#### Happy Orange

乐橙便利店  
Cuiping International (North Gate), Hanfu Lu, 20 Jiangjun Avenue, Jiangning  
将军大道 20 号翠屏国际城北门 (银杏苑 23-4)  
52158366  
Small shop with a nice selection of imported items run by a charming couple from Taiwan.

#### Petite Abeille

法国小蜂蜜进口商店  
80 Nenjiang Lu 嫩江路 80 号  
83237878  
Largest selection of French produce in Nanjing, with an emphasis on biscuits (petite pains, biscottes), chocolate plus home-made heavy breads and baguettes, croissants and apple pie.

#### Ronnie's Pies

13912379301  
www.ronnies.com.cn  
Home made Aussie pies in a variety of flavours, including delights such as Cornish pasties, Lancashire pasties and sausage rolls. Delivers from Yangzhou.

#### Metro 麦德龙

288 Ningli Lu 宁溧路 288 号  
300 Jianning Lu 鼓楼区建宁路 300 号  
Originally a B2B operation in which private individuals can now shop that carries the city's widest selection of foreign foods plus wines, beers and spirits. Passport/ID sometimes required. Very busy at peak times.

#### Carrefour 家乐福

235 Zhongshan Dong Lu  
中山东路 235 号  
341 Jiangdong Zhong Lu  
江东中路 341 号  
26 Jiqingmen Da Jie  
集庆门大街 26 号  
7 Daqiao Nan Lu  
大桥南路 7 号  
3 Liuzhou Nan Lu, Pukou  
浦口区柳州南路 3 号  
Good range of dairy products, especially imported butter, cream and cheese plus snacks, pasta and wine.

#### Auchan 欧尚

151 Hanzhongmen Da Jie  
汉中门大街 151 号 (近纪念馆东路)  
11 Qinhuai Zhong Lu  
秦淮中路 11 号  
866 Yingtian Da Jie  
应天大街 866 号  
Another French hypermarché with probably the city's best selection of cheese.

#### BHG Marketplace

B2, Aqua City, 1 Jiankang Lu  
健康路 1 号水游城地下 B2 层  
C119, B1, Deji Plaza, Zhongshan Lu  
德基二期地下 B1 层 C119  
B1, Jingmao Shopping Mall, 201 Zhongyang Lu  
鼓楼区中央路 201 号金茂汇 B1 楼  
B1, The Central, 237 Jiangdong Zhong Lu  
江东中路 237 号中央商场 B1 楼  
B1, Forest Mall, 301 Zhongshan Men Da Jie  
中山门大街 301 号森林摩尔商业街区 B1 楼



B1, Raydu Plaza, 1222 Shuanglong Da Dao, Jiangning 经济技术开发区双龙大道 1222 号 B1 中厅  
Features a very large stock of imported goods plus fresh organic fruit and veg plus passable sliced bread. Many items are pricey, but that keeps the crowds away.

#### RT Mart 金润发

39 Danfeng Jie 丹凤街 39 号 (近北京东路)  
B1, New City Mall, 99 Caochangmen Da Jie 草场门大街 99 号新城广场 B1  
260 Longpan Zhong Lu 龙蟠中路 260 号  
Shanghai based supermarket with a decent imported food section, dairy and bakery items.

#### For the Home

#### EAsmart

1F-Z, Wanda Plaza, 68 Zhushan Lu, Jiangning 竹山路 68 号万达广场 1F  
www.eading.com  
Fantastic selection of stationary plus coffee machines, electrical and IT appliances, kitchenware and home decoration items.

#### Living Story 欧洲生活馆

173 Shanghai Lu 上海路 173 号  
86634155 / 13905174137  
Compact yet manages to offer coffee grinders, espresso makers, stylish kitchen utensils, picture frames, oil burners and oils, candles, clocks, various pieces of art, wine racks plus a few bottles of wine thrown in for good measure.

#### Hongxing Furniture 红星国际家具广场

224 Zhongyang Lu 中央路 224 号  
83118005  
Large furniture mall with many shops. Large range of prices, styles, etc.

#### Jinsheng Market 金盛百货大市场

2 Janning Lu 建宁路 2 号 (南京商厦对面)  
9 Wangjinshi (off Changjiang Lu)  
长江路网中市 9 号  
Daqiao Bei Lu (beside North bus station) 大桥北路 (长途北站旁)  
382 Jiangdong Bei Lu 江东北路 382 号  
Everything from home décor to wires, Christmas trinkets and electronics. Cheap but be prepared to bargain.

#### Jinling Decoration Market 金陵国际家居

88 Jiangdong Zhong Lu 江东中路 88 号  
68133600  
Everything needed for a new home.

#### Longjiang Flower Market 龙江花卉市场

178 Qingliangmen Da Jie 清凉门大街 178 号  
Huge selection of plants, cut flowers, fish tanks and fish, plus gardening tools.

#### B&Q 百安居

90 Kazimen Da Jie (beside Metro) 卡子门大街 90 号麦德龙旁  
52450077

#### IKEA 宜家家居

99 Mingchi Lu (East side of Kazimen Plaza) 明匙路 99 号 (卡子门广场东侧)  
4008002345

#### Internet, Electronics, Photography & Gaming

#### NetFreeRouter

www.netfreerouter.com  
Watch your favourite shows from BBC, Netflix, ABC, NBC, Amazon and many more, using a

specialised router plus a dedicated US, UK or HK IP address that provides VPN, wifi and online TV across all devices.

#### Camera & Photography Equipment Market

东鼎照相器材市场  
Dongding Plaza, 699 Zhujiang Lu 珠江路 699 号东鼎照相器材市场  
Widely regarded as the best camera and equipment market in Nanjing.

#### Mobile phone shops on Danfeng Jie

丹凤街 - 手机  
Indoor markets specialized in new and second-hand mobile phones and repairs.

#### IT products on Zhujiang Lu

珠江路 - IT 产品  
A multitude of stores selling everything you can imagine and more; computers, cameras, MP3 and MP4 players, iPad, webcams, hard drives, and portable flash drives.

#### Video games on Zhongyang Lu

中央路 - 电子游戏  
Any type of video game for all game systems. Also do minor repairs.

#### Beauty

#### China Ink Tattoo

东方印客  
B15, B1F, Lucky Square, 169 Yunjin Lu 南京市建邺区云锦路 169 号乐基广场 B1 层  
87750906  
Opened by Vincent Chang with shops in Taipei, Suzhou, Hangzhou and now Nanjing. Expect great service in a safe and sterile environment. All equipment is imported, including inks.

#### Art

#### Art Home

聚贤堂  
84 Shitoucheng Lu 石头城路 84 号  
Arguably the best stocked art supplies shop in Nanjing; oil and acrylic paints plus many products by Faber-Castell and Staedtler. Framing service also available.

#### Jiangsu Fande Culture and Art Block

江苏凡德文化艺术街区  
1 Zhengxue Lu 秦淮区正学路 1 号  
84711180  
An inclusive cultural industry platform for the research and development, creation, display and transaction of art works.

#### Fangshan Culture and Art Creative Industry Park

南京方山文化艺术创意产业园  
1 Donghuyuan, 588 Longmian Da Dao 江宁区龙眠大道 588 号东湖苑 1 号  
52712282  
Home to 100 cultural industry enterprises, four art institutions and over 40 famous artists in photography, oil painting, Chinese painting, sculpture and pottery.

#### Jiangsu Art Gallery

江苏省美术馆  
266 Changjiang Lu 长江路 266 号  
84506789  
333 Changjiang Lu 长江路 333 号  
89610840  
Local artists' work, changed frequently.

#### Nanjing Luhe Phoenix Art Gallery

南京六合凤凰山艺术馆  
Fenghuang Shan Park, Yanan Lu, Pukou 六合区延安路凤凰山公园内

57751345

A non-profit institution staging exhibitions and serving as a platform for people to exchange information and experience in art creation and collection.

#### Shenghua Art Center

南京圣划艺术中心  
2 Zhoutai Lu, on Jiangxin Zhou (Grape Island) 江心洲民俗街洲泰路 2 号 (原乡土乐园)  
86333097 86333100  
Exhibition of contemporary Chinese art.

#### Stone City Modern Art Creation Gallery 石头城

现代艺术创意园  
72 Beijing Xi Lu 北京西路 72 号  
55583708  
Exhibition of modern Chinese art.

#### Yipai Art

南京艺派文化用品中心  
81 Stone City 石头城 81 号  
83704786  
epair8888@126.com  
Well stocked art supplies shop, with oil paints, brushes, spatulas, charcoal, easels, drawing instruments, sketch books plus a very large selection of pens, pencils and lead refills.

#### Sports & Outdoor

#### Decathlon 迪卡侬

866 Yingtian Xi Lu (same building as Auchan) 应天西路 866 号  
84218420  
286 Ningli Lu (next to Metro) 宁漂路 286 号 (麦德龙对面)  
52401018  
1 Beijing Dong Lu 玄武区北京东路 1 号  
58815608  
French sports megastore chain that also stocks a big selection of informal-wear shoes in sizes up to 48 and outdoor clothing plus swimwear. Current fad for fitness means best avoided at weekends.

#### Sanfo 三夫户外

57 Zhongshan Lu 中山路 57 号  
84721228 / 84720512  
31-5 Jinxinghe Lu 进香河路 31-5 号  
83601199  
Chinese outdoor chain store stocking equipment for biking and hiking plus backpacks and apparel for outdoor from big names such as Northland, Kailas and The North Face.

#### Foreign Language Bookstores

#### Foreign Language Bookstore

外文书店  
218 Zhongshan Dong Lu (Beside Taiping Nan Lu) 中山东路 218 号长安国际 (太平南路口)

#### Xinhua Bookstores

新华书店  
56 Zhongshan Dong Lu (near Hongwu Lu) 中山东路 56 号 (近洪武路)  
86645151  
Longyin Plaza, 217 Zhongshan Bei Lu 中山北路 217 号龙吟广场  
83374645

#### Phoenix International Book Mall

凤凰国际书城  
1 Hunan Lu 湖南路 1 号八佰伴旁 (近中央路)  
83657000 / 83657111

#### Wine Outlets

#### Everwines 咏菊

300 Changjiang Lu 长江路 300 号  
58951779

nanjingcshop@everwines.com

The retail arm in China of Torres, the family owned Catalan based wine operation, that offers tastings plus the opportunity to learn about wine; Small classes in English or Chinese available.

#### Newold Wine World 纽奥酒世界

Area B, F1, New City Mall, 99 Caochangmen Da Jie 草场门大街 99 号新城市购物中心负一楼 B 区 86265959

Stocks wine more keenly priced than the super-markets on any direct brand comparison. Catch the boss, Mr. Fang Bin, as he has more than passable English and really knows his wine onions.

#### Jiangsu Jiuchao Distillery 江苏九朝酒业

284 Hongwu Lu 洪武路 284 号 84404159

#### Jayson Wines 南京杰森酒业

52 Taiping Bei Lu 太平北路 52 号 8370 7195

#### Eminence Cellar 香松酒窖

Inside Wutaishan (opposite to Tai Inn) Guangzhou Lu 广州路五台山体育场 66012088

#### Aussino Cellar 富隆酒窖

1 Bancang Jie 板仓街 1 号 85895999  
1F, Jiangsu Broadcasting Corporation, 4 Beijing Xi Lu 北京西路 4 号江苏省电视台 1 楼 83188959  
www.aussino.net

## Services

### Healthcare

#### Hscybele Hospital 华世佳宝妇产医院

9 Wenti Xi Lu 文体西路 9 号  
24 hour English hotline: 18013919815  
www.hswoman.com/en/  
Combines an Obstetrics and Gynecology Department, Neonatology Department and Pediatrics Department with a tranquil atmosphere, high standards of hygiene and more than competent English service, including 24/7 telephone hotline. Underwater birth available; international medicare accepted.

#### Raffles Medical

1F, Grand Metropark Hotel Nanjing, 319 Zhongshan Dong Lu 中山东路 319 号维景国际酒店 1 楼 84802842 (by appt.)  
Mon-Fri 9am-6pm, Sat 9am-12noon / 24hr Assistance Center: 010 64629100  
www.afflesmedicalgroup.com  
Delivers integrated, quality, comprehensive medical care. Services span from family medicine to 24/7 emergency services. Languages spoken include; English, Chinese, German, and Japanese.

#### Angel Flossy-Care Dental Center

天使福乐氏口腔连锁  
4F, 10 Ke Xiang, Qinhuai District 南京市秦淮区科巷 10 号 4 楼 84069389 / 13951994471  
www.025ya.com  
Offers all kinds of oral treatments including dental implants, crowns or bridges, dental whitening, cosmetic dentistry, root canal therapy, orthodontics and more. 100% bilingual staff; other branches in Suzhou, Nanning, Beijing and Shanghai.

#### Keya Dentistry 科雅口腔

#411, Bldg. E, Wanda Plaza, Hexi 南京河西万达广场 E 座 411 4008919828 / 83308686  
www.keya.com  
Providers of Invisalign; a popular, Western alternative to braces, plus reconstructive and cosmetic teeth surgery. Axa Assistance, CSETH Insurance, BUPA, METIFE, SOS, Bupa and Medilink accepted.

#### Global Doctor International Medical Centre

环球医生国际医疗中心  
1F, Zuolinfengdu, 6 Mochouhu Dong Lu 莫愁湖东路 6 号左邻风度 1 栋 1 楼 86519991 (24 Hours)  
www.globaldoctor.com.au  
International medical centre offers family medicine & specialist services plus 24 hour emergency assistance to expatriates in Nanjing. Mon-Sat 09:00-18:00. Multilingual staff: EN/JP/ES/KO/CN.

#### BEN-Q Medical Centre 明基医院

71 Hexi Da Jie 河西大街 71 号 52238800  
Another popular choice for expats, BENQ is staffed by local specialists, with occasional visits from Taiwanese doctors.

#### Nanjing Union Dental Clinic

南京友联齿科  
1F, Grand Metropark Hotel Nanjing, 319 Zhongshan Dong Lu 中山东路 319 号维景国际酒店一层 84818891 / 84808888-6555  
dentist@uniondental.cn

#### Health Examination Centre

江苏省国医馆  
168 Qingliangmen Da Jie 清凉大街 168 号 86216721  
www.jssgyg.com  
English speaking staff, diagnosis by imported advanced medical technology and treatment by Traditional Chinese Medicine. 100% non-invasive.

#### Nanjing Entrance-Exit Inspection and Quarantine Bureau

南京出入境检验检疫局  
1 Guojian Lu, Jiangjun Da Dao, Jiangning District 江宁区将军大道国检路 1 号 52345354  
Health checks for work permit and visa applications.

#### Nanjing Gulou Hospital

南京鼓楼医院  
321 Zhongshan Lu 中山路 321 号 83304616 / 83106666  
The major trauma hospital (24 hr).

#### Jiangsu Provincial Hospital

江苏省人民医院  
300 Guangzhou Lu 广州路 300 号 83718836  
The major Western medicine hospital.

#### Nanjing Children's Hospital 南京市儿童医院

72 Guangzhou Lu 广州路 72 号 83117500 83116969

#### Jiangsu Provincial Hospital of TCM

江苏省中医院  
155 Hanzhong Lu 汉中中路 155 号 86618472  
The major Chinese medicine hospital.

#### Nanjing Maternity and Child Healthcare Hospital

南京市妇幼保健院  
123 Tianfei Xiang 天妃巷 123 号 52226777  
The major maternity hospital in Nanjing.

## Legal

#### D'Andrea & Partners Law Firm

D'Andrea & Partners 律师事务所  
#920, Jinglun International Mansion, 8 Hanzhong Lu 汉中中路 8 号金轮国际广场 920 室 86505593 / 86505693  
nanjing@dandreaapartners.com  
International consulting firm present in China since 2004 offering legal services in Italian, Chinese, English, French, German and Russian plus assistance in foreign direct investment in China, mergers and acquisitions, international contract law and labour law.

#### Jeffrey Wang Attorney at Law

王煜卓 | 南京办公室 | 合伙人 / 律师  
Deheng Law Offices, 3F, 2 Chuangzhi Lu 建邺区河西大街创智路 2 号 3 楼 | 德恒律师事务所 18066065862 / 58993266  
www.chinalawexpert.com  
info@chinalawexpert.com  
Business lawyer with more than fifteen years legal practice in Nanjing plus fluent English and legal knowledge in both business and personal areas.

#### Dacheng Law Offices 大成律师事务所

9-10F, Lianchuang Scientific Mansion, 18 Jihui Lu, Gulou District 鼓楼区集慧路 18 号联创科技大厦 A 座 9-10 楼 83755108  
nanjing.dachenglaw.com  
Hongliang.Hu@dachenglaw.com  
Ranked #1 in Asia by size, with branches in 26 countries and all over China. Nanjing branch is ranked #1 in Jiangsu Province (EN/CH/ES/JP/KO).

## Property Services

#### Sun Home Real Estate

南京中清房产经纪咨询有限公司  
#1901, Xinghan Mansion, 180 Hanzhong Lu 汉中中路 180 号星汉大厦 1901 室 51860592 / 5186 0590  
www.shre.com.cn  
Pre-move consulting home search service, orientation and settling-in programs plus vehicle leasing.

#### HomeLife

84727590 / 18651613688  
www.0086house.com  
Specialists in rentals of houses, condominiums, apartments and offices with over 10 years experience in helping expats.

#### Juee Real Estate 中城居易

15 years' experience in providing relocation services to more than 30 multi-nationals and represented in many cities in China.  
www.juee.com  
52315699 84649106 13776416067

#### Nanjing Houses

#720, Section 1, Unit 2, 128 Tianyuan Lu, Jiangning District 天元中路 128 号 2 栋 1 单元 720 室 87735531  
www.nanjinghouses.com  
Provides a unique-to-the-industry process of pre-screening options in order to save time and energy while looking for an apartment or villa.

#### Home Caught Relocation Service

吴鸿房地产咨询顾问有限公司  
916 Longtai International Mansion, 198 Zhongshan Dong Lu 中山东路 198 号龙台国际 916 室 84800918  
www.homecaught.com  
Supplies many a multinational firm with home search and rental services plus bus fleet solutions.



### Crown Relocations

嘉柏(中国)国际货运代理有限公司  
#4210, Block A, New World Centre,  
Zhujiang Lu  
南京市珠江路新世界中心A座 4210室  
84541017

Provides moving services, housing services,  
school search, immigration services, and orienta-  
tion services with a global network spanning 60  
countries.

### CMR Corporate Property & Relocation

南京浩麦房地产咨询  
12C1, Jinlun Mansion, 108 Hanzhong Lu  
汉中中路 108 号金轮大厦 12C1 座  
84701658  
www.cmrchina.com  
Supplies multinationals, with additional services in-  
cluding driver's license and import/export of pets.

### Foreign Airlines

#### Dragonair 港龍航空有限公司

#751-754, Jinlun World Trade Center, 2 Hanzhong Lu  
汉中中路 2 号金陵饭店世界贸易中心 751-754 室  
84717286

#### Lufthansa German Airlines

德国汉莎航空公司  
Sales Office: #951, World Trade Center, 2 Han-  
zhong Lu  
汉中中路 2 号金陵饭店世贸中心 951 室  
Reservation Service:  
4008 868 868 (CH,EN)

#### D.T. Travel

大唐国际(香港)商旅服务有限公司  
22E, Jinlun Building, 108 Hanzhong Lu  
汉中中路 108 号金轮大厦 22E  
400 886 1212  
Professional English service incl. air ticket, visas,  
hotels, individual travel and Corporate Business Plus.

### Faith Houses

#### Mochou Lu Church

莫愁路教堂  
390 Mochou Lu  
莫愁路 390 号  
84461835  
www.njmclchurch.org  
English service is held from 3.30-5 pm every  
Sunday. English Bible Study is every Wednesday  
from 7.00-9 pm.

#### St. Paul's Church

圣保罗教堂  
396 South Taiping Road  
太平南路 396 号  
86647225  
www.njstpaul.org  
English service is held at 10:50 am on Sundays  
and English Bible study is at 14:00 on Saturdays.

#### Shigulu Catholic Church

石鼓路天主教堂  
112 Shigulu Lu 石鼓路 112 号  
84706863  
English/Chinese Service: Sun 4.30pm

#### The Church of Jesus Christ of Latter Day Saints

Yuhua Jingli Hotel, 8 Xiaohang Yaojia'ao  
雨花区小行尤家凹 8 号雨花晶丽酒店  
Mormon service on Sundays at 10am. Foreign  
passport holders only.

#### Shengxun Church

English service is held on Sundays from 10.30-12 pm  
and Chinese service from 2-4 pm on Sundays.  
圣训堂  
150 Leshan Lu  
南京市建邺区乐山路 150 号

#### Jiangsu Lu Church 江苏路教堂

60-10 Jiangsu Lu  
江苏路 60-10 号  
83724547

#### Gulou Religious Activity Site

基督教会鼓楼聚会场所  
2-2 West Beijing Lu  
北京西路 2-2 号 2F  
86638009  
Services held Mon-Sat from 7-8 am and Sundays  
from 7-8 am, 8.30-10 am and 4.30-5.30 pm.

#### Jinsu Nunnery 金

粟庵  
18 Fufu Jie, Jiqingmen, Qinhuai District  
秦淮区集庆门五福街 18 号  
86626905

#### Nanjing Islam Association

伊斯兰教协会  
28 Shengzhou Road, Qinhuai District  
秦淮区升州路 28 号  
52211540

#### Jizhaoying Mosque 吉兆营清真寺

3 Jizhaoying 吉兆营 43 号  
83605565

#### Caoqiao Mosque

草桥清真寺  
26-32 Ganyu Xiang  
甘雨巷 26 - 32 号  
52209482

### Training, Coaching & Consulting

#### Chrysalis Consulting 智变

#932, 699 Zhongshan Men Da Jie, Maqun, Qixia  
District  
栖霞区马群中山大街699号紫金尚园商办综合楼932室  
18551737659  
www.chrysalisasia.com  
thrive@chrysalisasia.com

A multi-national consulting firm involved in busi-  
ness consulting, solution services, young profes-  
sional services, business start-ups and care for  
orphans.

#### MTI Nanjing

#714, Building 7, Wanda Dongfang, 58 Yunjin Lu  
云锦路 58 号万达广场 7 栋 714 室  
84714552  
www.mticonsulting.com  
HR coaching and training solutions, combining  
international standards with local market needs.

#### McBride Sports

15951982141  
mcbridesports@gmail.com  
Coaching for young athletes, adult-personal train-  
ing and/or Boot Camps.

### Pets

#### Doctors Beck & Stone

贝克 & 史东医生国际动物医院  
159 Forrest Mall, 301 Zhongshanmen Street, Xuan-  
wu District  
玄武区中山门大街 301 号森林摩尔商业街区条形码区西  
159 号  
87761656 / 877616136 / 400 103 8686  
Leading international pet hospital group, supporting  
responsible pet ownership, and providing the highest  
level of veterinary services that include grooming,  
boarding, and pet food.

#### Meeow Pet Center

咪噜宠物中心  
1 Dingxin Lu 鼎新路 1 号  
86662858  
Pet stayover and dog walking service, retail outlet  
and English speaking staff.

#### Amy Hao Hao Pet Care

爱咪好好  
18 Nantai Xiang Xi (off Wang Fu Da Jie)  
王府大街南台巷西 18 号  
13952034351  
Professional cat and dog grooming service run by  
a local Nanjing girl who speaks fluent English.

### Hairdressers

#### M.a.W. Concept Expat Salon

12-3 Nantai Alley, Xinjiekou  
新街口南台巷西 12-3  
86809010 18362950127 13918025454  
Strives to provide the highest possible standard in  
beauty services while catering to every guest's  
need, with a combined 30+ years of international  
experience in Australia, France, the U.S.A., U.A.E  
and now China.

#### V-Salon 香港时光设计有限公司

32F, Golden Eagle Plaza, 89 Hanzhong Lu, Gulou  
District  
汉中中路 89 号 金鹰国际商城 32 楼  
86292980  
Run by a stylist to many pop and movie stars,  
including none less than Nicolas Cage and  
Julia Roberts.

### Photography

#### Nicolas Harter Photography

13770761603  
www.nicolasharter.com  
A French photographer specialising in wedding,  
commercial and event photography, and author  
of photo-book "Africa Square", a profile of African  
artists at the 2010 Shanghai Expo.

### Translation

#### Wow-Super A Translation Service

南京领域翻译有限公司  
#4004, 40th Floor, TianAn International, Shigu Lu,  
Gulou District  
新街口大洋百货天安国际 40 楼 4004 (地铁 1、2 号线  
新街口站 15 号出口)  
13813906747  
www.wowtran.com  
Offers a full suite of translation services for business,  
legal, technical and personal use, including official  
and notary translations, marriage certificates, drivers'  
licenses plus interpreter services.

### Media & Design

#### VOZ Industries

嗓音设计  
18305161245  
Professional graphic design and brand develop-  
ment. Design for printed and online communica-  
tion and sales materials. Design and illustration  
for clothing and several applications.

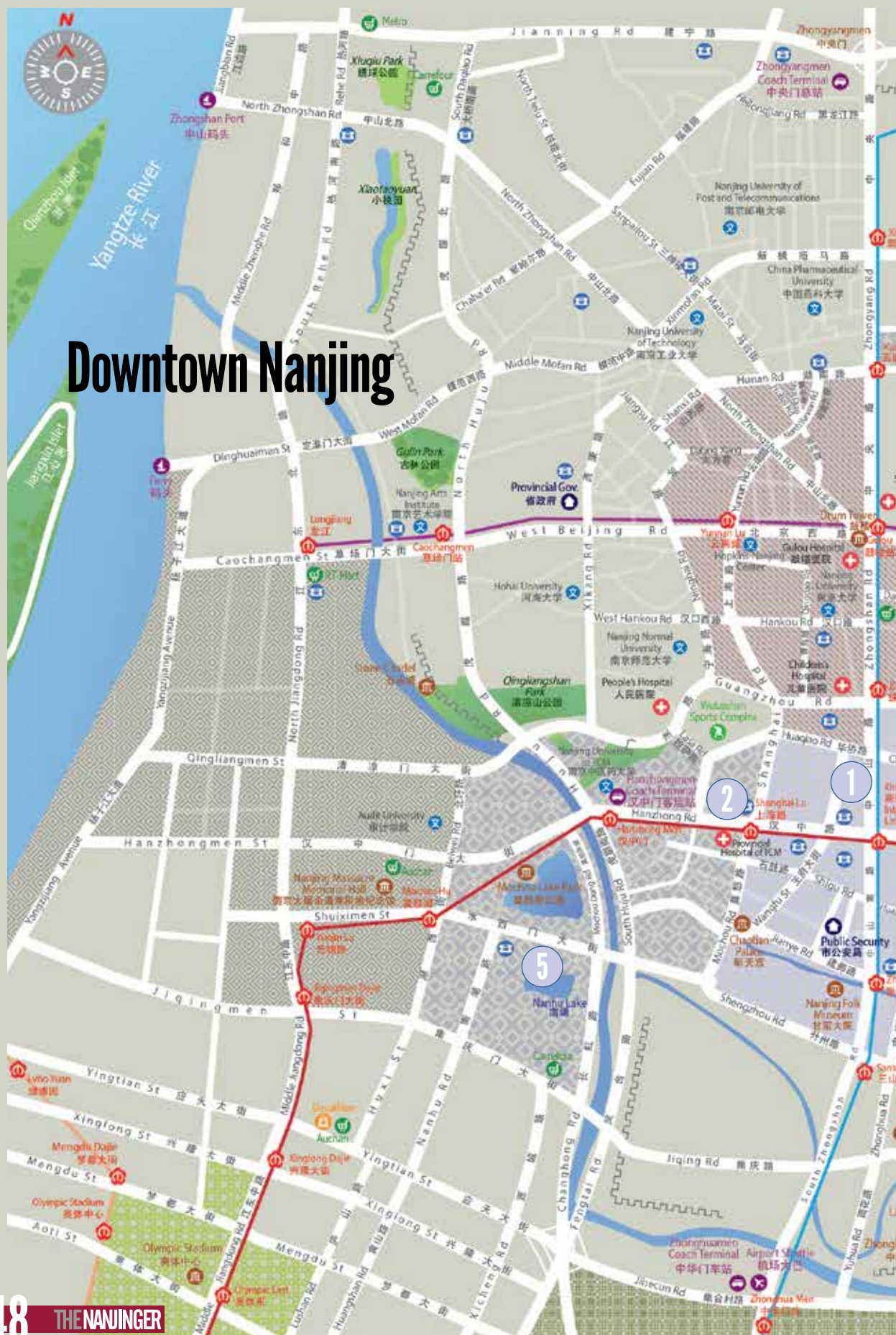
#### SinoConnexion

南京贺福文化传媒传媒有限公司  
14F, Building 1, World Times Square, 8 Dongbao  
Lu, Gulou District  
鼓楼区东宝路 8 号时代天地广场 1 幢 1417 室  
58491159 / 13851522275  
www.sinoconnexion.com  
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# Downtown Nanjing





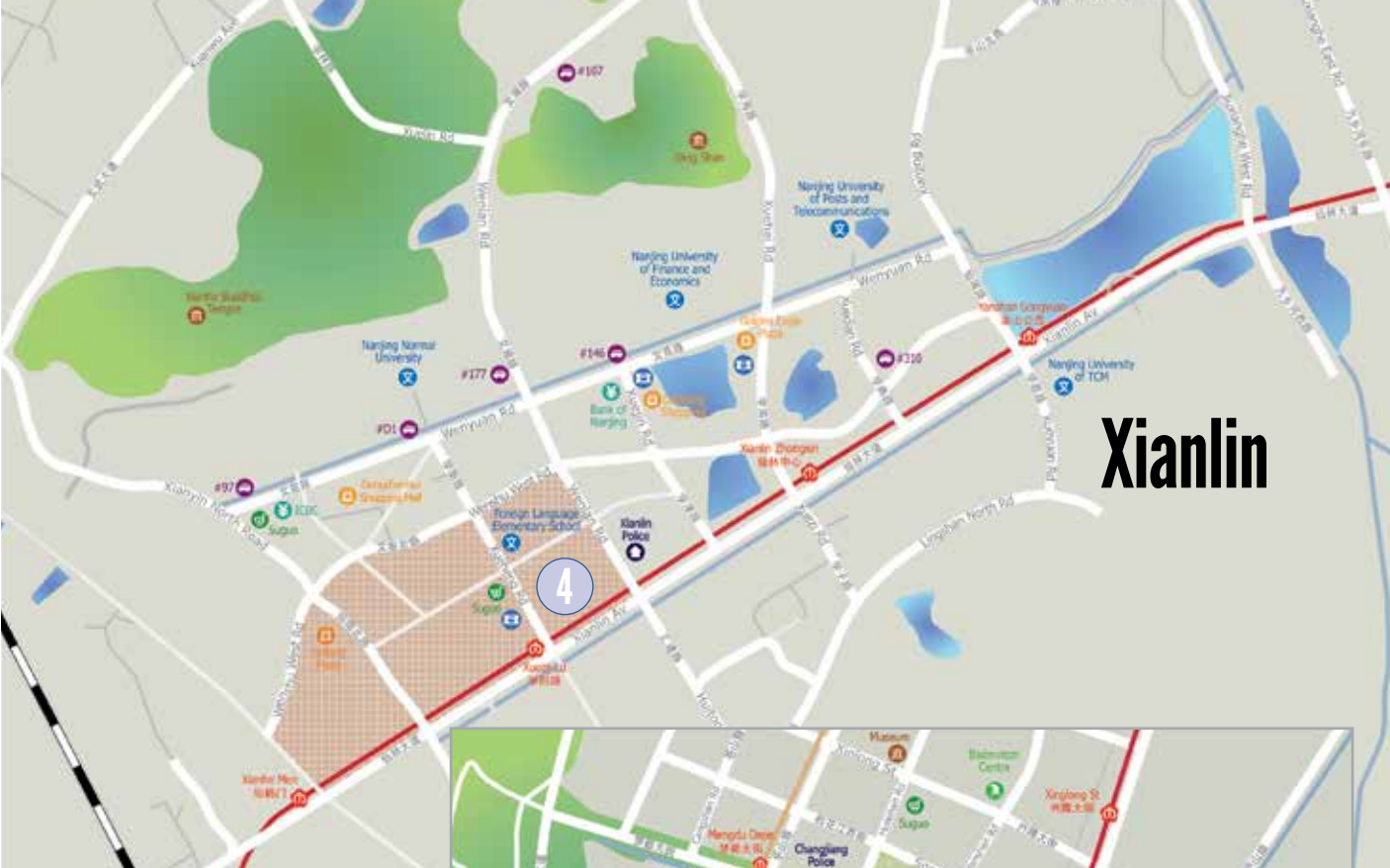






# Jiangning

3



# Xianlin

## The Nanjing Metro

- Metro Line 1
- Metro Line 2
- Metro Line 3
- Metro Line 4
- Metro Line 10
- Metro Line S1

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1



2

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5



6



# Olympia



## To Help or Not to Help?

■ Before you came to China, you must have been given some advice regarding Do's and Don'ts in China. Among the advice, wasn't there a piece of advice not to help a fallen aged man/woman, unless you are rich?

There have indeed been cases of "helping the elderly" that caused significant repercussions in China, in which the defendants all claimed they were just helping the fallen to get up. They ended up being sued. The results of subsequent rulings were not in the defendants' favour.

However, in one of the most influential cases, the defendant admitted a few years later that he really did hit the elderly person, while in the other cases, there was indirect evidence showing that the plaintiffs' injury was indeed related to the defendants' behaviour. They (the defendants) were not as innocent as they first appeared.

Of course, it is undeniable that some people who have acted as good samaritans have been sued for compensation in China. In the past two years, however, most cases have been clarified either by cameras or witnesses, but there were still a small number of the disputes couldn't be clarified.

Then should we help or not help when we see someone who obvious is in need?


In China, the general civil litigation burden of proof is "who advocates, who proves", whereby the parties concerned shall be responsible for providing evidence to prove the facts on which their own allegations are based, or the facts on which the allegations of the other party are refuted.

Where any party cannot provide evidence or the evidence produced cannot support the facts on which the allegations are based, the party who bears the burden of proof shall pay the consequences. In other words, if the fallen wants to claim against you, they need to prove that their fall and the injury was caused by you; if the counter party cannot prove it, the court shall not order you to bear the liability.

However, it is important to note that the situation is different if you are driving a vehicle. In traffic disputes between a motor vehicle and a non-motorised vehicle or pedestrian, the burden of proof is inverted, which means, the motor vehicle driver can only reduce their liability by proving that the other party is in the wrong

From the legal point of view, unlike some countries, helping people in need is not a legal obligation of citizens but the traditional morality in China, so we should help from the moral point of view. China's legislators are furthermore promoting and encouraging this good ethos in the form of legislation. In accordance with Article 184 of the General Principles of Civil Law of the People's Republic of China issued on 15 March, 2017 (effective from 1st October, 2017), in the case victim damage caused by voluntary implementation of emergency relief, the rescuer shall be exempt from civil liability.

Therefore, from a humane and moral point of view, it is still suggested to give a hand to someone in need. From the legal point of view, if you are concerned about potential risk, you can do the followings before entering the fray:

- (i) Ask other people nearby to assist you, or at least get their attention so they may become potential witnesses in the future;
- (ii) Call 110 for police or 120 for emergency ambulance before you get close;
- (iii) Take pictures or video before you get close;
- (iv) If you are driving a vehicle, make sure to park your car at a distance from the scene. 

### Disclaimer

This article is intended solely for informational purposes and does not constitute legal advice. Although the information in this article was obtained from reliable official sources, no guarantee is made with regard to its accuracy and completeness. For more information please visit [dandreapartners.com](http://dandreapartners.com) or WeChat: dandreapartners.

**“A good newspaper,  
I suppose, is a nation  
talking to itself.”**

**ARTHUR MILLER**

# **English news for the Nanjing Expat community**



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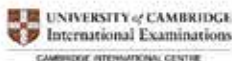


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