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Meet Finlay

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For more information, please contact Jenine Basaraba: 15252493468
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Funny time of year, this. The balmy weather which has graced Nanjing of late was all the more bizarre for it landing slap bang in the middle between two new years. For many of China’s massive populace, the coming year of the snake means good fortune; for others it will not be one of their best. The Nanjing therefore in this issue turns its attention to superstition.

Joining us in 2013 is Miss Rachel Skeels whose experience in the retail trade bring us a new regular column, “Trailing Spouse”, that we hope can provide inspiration for filling one’s day while one’s “worse half” is out all day “working”.

The new year has also brought with it a sparkly new website for us, in the form of www.nanjingexpat.com. We hope you will allow us some time in your busy surfing schedule!

Finally, it only remains for all at Nanjing Expat to wish each and every one of our readers a very lucky year of the snake. May your god go with you.
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Introducing some of our contributors, writers and editors

Jochen Schultz has more than 10 years’ proven management experiences at international training and universities. He has a deep knowledge in professional trainings, personnel and organizational Development and developing relationships with clients from all over the world. He is now the Managing Director in China for a German Training & Consultancy Company.

Simon Northcott has 25 years manufacturing experience; ranging from MNCs to his own business, from Pipelines, Valves and Tobacco to Bottling, with the last 12 years as a world class manufacturing consultant in Asia. This was preceded by a Cranfield MBA and 10 years in the oil industry. He is now resident in Nanjing.

Ronald Paredes is the personification of his motto “mediocrity is a disease we fight every day”. The multi talented designer’s work appears in the design industry’s annual definitive overview of the state of art in web design, “Web Design Index by Content – Volume 5.”

Contributing editor Ken Ellingwood is a former foreign and national correspondent for the Los Angeles Times and author of Hard Line: Life and Death on the U.S.-Mexico Border. He teaches writing at Nanjing University.
Would you live at the scene of a murder?

THE STORY

If you had spent all of your savings to buy an apartment and then discovered that a murder had taken place in that same place you had just bought, how would you feel?

This actually happened in Chengdu in 2007. Mr. Li (the plaintiff) spent more than ¥300,000 to buy a second hand apartment from Mr. Liu (defendant). After the sale, Mr. Li was told by his neighbours that a murder had been committed in the purchased apartment, when Mr. Liu’s son killed a 10 year-old girl. The story was later confirmed by the real estate management company.

Mr. Li was shocked by the news since Mr. Liu had not previously disclosed this information. Mr. Liu eventually admitted that his son had killed the girl in the apartment, but refused to terminate the house purchase agreement and pay back Mr. Li. The dispute was then submitted to The People’s Court.

There were two critical points that made up the crux of this case:

1. Is an apartment where a murder was committed livable?
2. Is a seller allowed not to disclose that a murder occurred on the premises of the property?

Mr. Liu insisted that the plaintiff’s objection to living in the apartment was merely superstition. However, Mr. Li argued that his opposition was based on a Chinese folk-custom, not superstition. In regard to the second point, the defendant cited the clean condition of the apartment and held that the murder was not an attribute of the apartment that he was obligated to share with the purchaser.

SHORT LEGAL ANALYSIS

When talking about the attributes of an apartment, we should contextualize them with background information. It is reasonable to assume that people desire a calm and comfortable living environment. The history of an apartment is an important factor to be considered before making the decision to buy.

In this case, it is a fact that the murder occurred on the apartment premises, so the event is indeed part of the apartment’s history. Although the apartment was not damaged physically by the homicide, the value of the apartment depreciates due to public perception since Chinese people commonly agree that the occurrence of a murder in a residence will influence the future tenants’ psychological well-being.

Hence, the court decreed that the seller, Mr. Liu, had an obligation to disclose the murder to Mr. Li since the result of the event is manifest as an attribute of the apartment. In legal terminology this is called a defect of subject matter. In contract law, the seller is obligated to shoulder the liability for the warrant of defects. In the case that the seller fails to disclose the attribute of the apartment (defects), it is considered fraud since the seller is trying to conceal truthful information.

Based on the same viewpoint, the people’s court canceled the apartment purchase agreement. Mr. Li returned the ownership of the apartment to Mr. Liu and Mr. Liu returned the funds to Mr. Li.

Disclaimer

This article is intended solely for informational purposes and does not constitute legal advice. Although the information in this article was obtained from reliable official sources, no guarantee is made with regard to its accuracy and completeness.
Running With Scissors

By Rachel Skeels
My Nanjing born partner and I have been together for just over three years now and it has been the most interesting three years to say the least. There is never a dull moment between the two of us; I guess this is what makes cross racial relationships so challenging, but equally so exciting! Not only have the three years been filled with belly chuckling moments, it has also been an educational roller-coaster ride, learning a variety of differences between our two worlds and how meaningless things to me can be so important to him and his family. This I can say with full certainty has been the hardest part; juggling two sets of really strong but varying ideals and trying to respect them whilst staying true to my principles and my perspective of the world.

It was early on into the relationship when I figured that this was going to be a fun packed adventure; we had only been dating a few months, so I was not fully prepared for what was about to come next. He had been up all night sweating buckets load with a fever that had struck him on and off three times that very same week and with a disturbingly strong immune system that Chinese seem to possess, with the third onset I started to panic. With my nursing skills only stretching to popping a damp tea towel onto his sweaty forehead I did feel rather worried for him. The good news though was that he suddenly sprung up with relief and came out with a statement that would stick with me forever; “It’s because I’m not wearing my red underpants”...

...After I bleated out one of those dumbfounded, high pitched, Chinese “ah’s”; he continued, “You know, the ghosts will come and haunt me if I’m not wearing them”. By this time “ah” was totally out of the picture and I was sprawled out rolling around the floor in stitches. I know it might have been insensitive in hindsight, but I was well and truly amused by this random announcement.

After several hours of laughter I finally settled for him to explain what it all meant; you see in traditional Chinese culture it is said that if you were born in the current zodiac year of that animal, that year in particular will prove challenging and leave you open to spirits who can bring harm, that is unless you are wearing those all-important red undies!
After researching further into this and asking other Chinese friends I discovered that my partner was not alone with his crazy belief;

**Chinese culture has cultivated various methods for keeping ghosts and other night “things” at bay.**

In fact you only need to look in the local department stores to see this thriving industry selling hoards of red wrist bands, jade and Buddha statues to help keep you in safe hands. It is also important to note that the colour red will only work to protect you against ghosts if it is directly touching the skin; it’s no use wearing large red overalls if you haven’t got your scarlet socks and undies on.

I am almost certain that as the year of the snake takes its grip, we will see the volume of red underwear usually decorated with gold embroidery illustrating the pertinent zodiac animal increase, as probably will the price, due to 1 in 12 people scurrying around in fear of the year ahead or Valentine’s day lovers buying matching pairs of his and hers. So beware anyone born in the snake year; start stocking up on all things red, whilst dragons can finally breathe a sigh of relief!

After finally digesting the idea that I need to be kitted out in jade necklaces, red wristbands and knickers I was then dealt with a new crisis of superstitions. Unfortunately my partner’s Grandma died at a respectable age of 84 and although everyone was sad, they were also happy that she would finally rest in peace, as she had been bedridden for years. The funeral was only two days after she had passed, so it did not give me long to research the superstitions surrounding death and how to handle the shocks that were almost certainly going to bowl me over. I have to say that this funeral was like no other; there were so many procedures that had to be followed with particular attention to detail.

There were in fact so many rules to follow that even the family were a little vague and therefore hired someone to direct the event to ensure that everyone did as they should. We followed strict instructions that included eating tofu and qingcai vegetables, wearing coloured arm bands; different colours for different age generations, jumping over fires, placing fruits, flowers and a bowl of rice at the tomb, that was only two minutes later thrown off and replaced with a lunch of fish and steamed rice. This of course made no sense to me as the tomb was so beautifully decorated and then to only be left in such a mess; my culture would always ensure it was left looking beautiful and presentable, but here they were more worried about her starving, which considering the event seemed somewhat absurd. I finally decided to put it down to another crazy superstition in that without lunch she will simply haunt us all for an eternity; or does it just sum up the importance of food in China?

One of the most memorable parts for me was focused around a music band which had been hired, as I previously said it was an occasion to celebrate due to her age, so the morning we approached his uncles home from where we would proceed, a band stood playing the most depressing sombre music possible, which was sure to make everyone shed a tear. When I later found out that the band would be accompanying us on the coach I remember asking my partner; “they’re not going to play on the bus are they?”

My partner assured me that they definitely would not, but as the coach pulled off, a sudden clash of percussion instruments scared everyone out of their wits and as the band continued to play the whole forty five minutes of the journey with many re-runs of “Auld Lang Syne”, I remember the strong feeling of anger, discomfort and a sense of total disrespect! As the day continued to unfold I was also given the impression that it was some sort of competitive show, a show to display which family were grieving the most or which family were willing to splash the most cash! To me this felt surreal and absurdly rude, but I was quickly reminded by my partner that this was their way and their culture of dealing with such occasions.
On a lighter note that same family occasion came with it not only superstitious activity on the day, but also guidelines to follow, such as my boyfriend not being allowed to cut his hair for a month. Now his hair was long overdue for cutting, not to mention his hair’s freakish ability to grow at a rapid pace. He looked like a little Yeti by the end and despite that, plus my threatening to leave him, he remained fairly confident that he would not break the rules. I also didn’t have the heart to butcher his locks whilst he was sleeping.

So after three years of similar experiences I feel grateful to have shared such intimacy with a family who have shown me much affection, when they could have turned me away. I now know that I must at least try to respect their ways and question that if and when the tables are turned in my country and with my family, would my partner feel my culture ill-mannered for not hiring a band to play on a coach or for us to not argue over money? The world we think we know is not necessarily the right one.
According to An Introduction to Feng Shui by Ole Bruun, qi has “a certain parallel” in the Greek concept of “ether,” but perhaps is “of a more static nature.” The benign energy flow, the idea goes, will create wealth, prosperity, health, sound relationship and vice versa. It is up to us to make adjustments to activate or slow the flow of energy.

A controversial subject, feng shui has always lurked along the sidelines of Chinese history, and is covered by no official guidebooks recognized by authorities. So we’ve gathered up a handful of tips that are universally acknowledged to help you feng shui up your business.

Clear up clutter

An easy start, almost like household work, right? Although you might feel at home working among a lean- ing heap of papers, books and rubbish, all this junk is getting in the way of free flowing good energy. According to Feng Shui Made Easy, a manual written by William Speare, the unwanted negative energy must be addressed before the positive energy can have its way. So, throw out the wilting flowers on the table, send your obsolete files to the recycle bin and change that worn, oil-stained tablecloth. Believe it or not, a tidy environment will have a far-reaching effect, larger than your imagination!

Place your desk in a commanding place

If you are free to replace the furniture, here is the way to gather the utmost in good energy. The desk is where the most productivity is generated and thus should be in a commanding position; opposite the door, not in line with it, and in the area farthest away, allowing you visibility towards the door. Ideally, it should be backed up by a solid wall (which can be substituted by a tall wing chair) rather than an open window. This tradition is evolved from the living habits of primitive people who usually chose to settle nestled against a mountain. The desk should be placed parallel to a wall, rather than at an uneven angle, which feng shui experts say creates a feeling of conflict in the room.

If you don’t have say over where to place the desk, at least put up a mirror or reflective metal that lets you see what’s happening at the entrance.

Remove the blockage

Anchored in the perception of reality in The Book of Changes (Yi Jing), feng shui has undergone thousands of years of evolution, drawing on the essence of other religions and academic fields. Perhaps the most fundamental doctrine is keeping a harmonious relationship with the course of nature. The crucial concept is qi, roughly translated into ‘breath,’ ‘breath of nature’ -- the energy that existed in all matter.
Ideally, there should be no walls facing the entrance or your desk, since it will block the flow of energy, creating a stagnant eddy of energy. But you can magically “remove” the challenging walls by decorating them with inspiring ornaments—anything, even a child’s drawing—that carry the specific energy you crave, thus changing the dull wall into a tool that creates energy and eases its flow. This is not a moment to be snooty about art: the crude portrait of you and your spouse painted by your four-year-old may work better than some gloomy print by Van Gogh. The point is to generate positive energy, so a medal you won, a picture of your loved ones or simply a landscape painting that brightens your mood can suffice.

All you need is a little green
Although you may choose whatever colour lightens up your spirit, the green provided by potted plants is most recommended. Remember the doctrine mentioned earlier; go with nature. Plants in your office can help absorb the toxic elements emitted in many work environments. And feng shui holds that evergreen and wide-leafed plants (such as Dracaena Janet Craig and Peace Lily) are good for absorbing negative energy and should be placed at a spot diagonally from the entrance – known as the Fiscal Position. A strong and lush plant like Golden Pothos or Areca Palm can also serve to create the feeling of a mountain and are thus ideal feng shui backings. On the other hand, vine plants or those with pointed and narrow leaves (cactus or the money plant, for example) should be moved to a balcony or dark corner, since they are thought to create conflicts within the office. Another way to bring nature into your office is to display a little fountain (try to avoid the south direction because it represents the “fire” element that would be snuffed by water). Besides its soothing sound, a fountain can bring the energy of water, a symbol of wealth and prosperity.

Depending on your intuition
The last and the most important concept to bear in mind is to rely on your intuition. William Speare suggests us to “pretend that you know nothing” and to observe your workplace from “emptiness” in order to achieve a state of objectivity. Everything that makes you feel uncomfortable should be changed. You should relate the outer world as if it were simply “a reflection of the inner psyche”, and allow it to sync with body and soul. Now sit back and wait for the magic to take hold. Here’s to a bumper New Year in your freshly feng shui-ed office.
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Foreigners in China

can be forgiven if the events of 2012 left them feeling just the teensiest bit unloved. From Yang Rui’s rant about “foreign trash” to stricter restrictions on visas, international residents here were feeling the sting of their “laowai” label more than usual. While we could answer with a rant about how insensitive modern China can be or how some foreigners can spoil it for the rest (and you know who you are…), we’ll take on the whole “laowai” sensation from a more sober perch. To fully grasp the loaded topic of outsidersness in China, it helps to go back to the ancient scholars and myths that first coloured Chinese perceptions of the “foreigner.”
ABRUPT ENTRY = LIFELONG AMBIVALENCE

It cannot be denied that China’s history is deep, rich, and complex. But the country’s long held view of itself as the center of the universe and civilization met with a rude awakening when Europeans made it to China, bringing their influences with them. Some might say that the realization by Chinese intellectuals of civilization from outside the “central middle kingdom” produced near-trauma by puncturing their view of China as the center of the modern world. This became the basis of the reigning notion of non-Chinese being outsiders.

While China long held the outside world with deep suspicion, major treaties and historical events, such as the 1729 Chinese Anti-Opium edict, which enabled the British East India Company to flood China with opium, and Article 156 of the Treaty of Versailles, which led the Germans to transfer Shandong to Japan, also fed a more negative general view of the foreigner. In China, history and betrayal are not easily forgotten.

Also playing into China’s view of foreigners are local definitions of elitism and bias based on ethnic origin, language differences, religious belief, or social class. While China is home to a highly developed, modern society, traditional prejudices remain. These prejudices are not only geared towards foreigners or minorities; they also exist within the majority population.

The general trend is that those who are “developed” or “modern” tend to receive more deference while those seen as “backward” or “old-fashioned” are held lower on the social pyramid. Chinese elitism and bias is based heavily on personal and communal accomplishments and social standing.

The bursting of the Chinese intellectual bubble, aggravated over the years by opportunistic treaties and local discrimination has led to a centuries-long ambivalence towards the non-Chinese population of Mainland China.

As Western European influence began to seep in, Chinese people sought to understand the “foreigner” by way of homegrown Chinese thought. Europeans were first seen as crude, lustful beings, ignorant of Chinese ways and values. During and after the Opium war, foreigners were taken to be cunning, intelligent and completely unpredictable. Foreign missionaries were alleged to dine on babies and came to be viewed as hairy monsters with intensely bad breath. Some intellectuals theorized that foreign power was simply another form of Chinese scholasticism. An admirer of Western technology and reformist named Wei Yuan claimed that European power grew out of a translation and separate interpretation of the Confucian classics into Latin. According to Wei, Confucian literature was so influential that it helped Jesus to establish Christianity.

Hairy Devils and an Upside Down Civilization

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There are also journals from Guo Songtao and Liu Xihong, two of the first Chinese ministers who were sent to London, in 1876, to learn more about this alien civilization known as Europe. Liu Xihong was very conservative in his writing, yet exemplified the bewilderment over Western customs quite clearly. Liu saw everything in England as the opposite of China.

He theorized that this upside-down relationship stemmed from the fact that England is situated south of the center of the earth: “That is why their customs and systems are all topsy-turvy,” he surmised. Liu posited that this explained why day and night were reversed. So, the next time you feel jet leg, see if doing things backward might help you get over that first-day-back-in-China hump.

With the Communist takeover and near-abandonment of traditional thought and superstition, many myths about foreigners have been turned into more modern-based biases. Many of us have encountered the flippant comment or unspoken belief that all foreigners are rich, alike and are here to teach English. Tumble on your bike and people nearby will gawk, but may do nothing to help. Indeed, Chinese society can offer a perplexing mix of friendly warmth and wary chill. There are days when China feels to a foreigner like a welcoming cottage, embracing with its tea and noodles, and others when people seem to offer only spiny glares. But like much else of Chinese thought, myths about foreigners have a long and complicated history colouring life here to this day.
A Day In The Life Of Chinese Superstition

When a pair of black crows suddenly confronts you or look directly at you from a tree or rooftop, look on it as a warning. Immediately cancel all your important appointments for that day as the crows are said to be the bringers of bad news.

Never stick chopsticks vertically straight into your rice bowl as this a sign of ancestor worship and spells yin spirit formation, bringing bad luck.

One should never use the broom to sweep outwards at the front of the shop. One should always sweep inwards from main door and then progressively work your way to the back of the shop. This pulls in the luck. The front of the house is where good luck enters and the back of the house is where bad luck leaves.

It's never good to give a clock to someone as a gift. In Chinese, clock “zhong” has the same pronunciation as death “zhong”. To elaborate on their similarities, “送钟 sòng zhòng” means to give a clock as a present and “送终 sòng zhōng” means to attend a funeral.

College going kids should avoid reading their text books in the toilet. This implies disrespect for the God of Education who then withholds his blessings. As a result, the child will lack good examination luck and will be hit by bad exam results.

If you step on poo, you can expect some good luck to come to you. It is the same when you dream of poo. Apparently this has to do with the body getting rid of its undesirable negativities. It is also believed that when a bird poops on your head, it means you are about to come into some speculative money.

It is considered very inauspicious to place odd numbered amounts of cash inside a red packet or “Hongbao”. On happy occasions such as weddings and birthdays, money wrapped as gifts should have even numbers and better yet should end in the 0 digit such as 10, 100 or 160. Odd number money is said to signify death.
When visiting sick people never offer pears as this is a symbol that the patient will die. It is also bad luck to send red flowers, especially red roses, as this signifies blood.

Never leave laundry hung in the nocturnal hours, always remember to bring the washing back in when dusk falls, otherwise wandering spirits will be tempted to "attach themselves" to the clothing and take over the personality of the person who wears them.

Try not to have sex on the 1st and 15th days of the Lunar Chinese Calendar. These are the days of the new moon and full moon. While these are auspicious days, they are also days for sacrifice rather than for sexual indulgence.

Avoid whistling at night. According to the old folks, doing so is sure to attract the attention of wandering spirits who then follow you home.

When eating, never point the knife or fork directly at someone, as this is a hostile signal and can cause the other party to have an accident.

Do not place a mirror directly facing your bed or it could cause you to get "trapped" in the inbetween world that exists between sleep and wakefulness. Another explanation is that the mirror attracts wandering spirits who come to steal your consciousness.
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The Nanjinger Cryptic Crossword

By Adam Wilkie

Solutions revealed in our closing pages

Down

1. Family quarrel or precipitation after bombardment (7,7)
2. One member of a sect believing in religious freedom (9)
3. Shed a tear, mix, but not quietly, to describe a fizzy drink (7)
4. Some can’t act less undiplomatically (8)
5. Dismisses confusedly and instal the Boys Brigade for liars (7)
6. A seaman and I get confused: from forgetfulness? (7)
7. Some can’t act less undiplomatically (8)
8. Shed a tear, mix, but not quietly, to describe a fizzy drink (7)
9. Two ways by which to travel, making the vehicle for one of them (7)
10. Good French in what sounds like an American car, resulting in a sort of plague (7)
11. And bridge room destroyed wedding principals (5,3,5)
12. Guard and small pedestal lost holy degree to give assurance (9)
13. These rulers sound like the signs of a hangover (7)
14. Good French in what sounds like an American car, resulting in a sort of plague (7)
15. Tower of London includes a foul decade for a principle (5)
16. Old cow with Tam back in charge of motion (9)
17. Tower of London includes a foul decade for a principle (5)
18. A seaman and I get confused: from forgetfulness? (7)
19. Give the gunners an apple and confuse them for clothes (7)
20. Big guns or church decrees (6)
21. Initially a new green, red, yellow gives rise to this emotion (5)
22. San Francisco included a foul strike for a principles (5)
23. A seaman and I get confused: from forgetfulness? (7)

Across

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20. Big guns or church decrees (6)
21. Initially a new green, red, yellow gives rise to this emotion (5)
22. San Francisco included a foul strike for a principles (5)

CHINESE CORNER

Useful little oddities from an English/Mandarin world: Superstition By Laura Helen Schmitt

Even Western superstition can vary a great deal. In the UK black cats are seen as lucky, whereas in Germany many think they are unlucky.

Zài xīfāng de míxìn zhōng cúnzài zhe xǔ duō bùtóng 。Zài Yīngguó hēimāo dàibiǎo hǎoyùn ,kěshì zài Déguó hěn duō rén de yǎn lǐ hēi māo jiù shì bù jílì de xiàngzhēng 。

My Chinese friend could never understand my horror when he walked under a ladder.

Wǒ yǒu yī gè Zhōngguó péngyǒu ,tā zǒngshì bù néng lǐjiě wéi shénme dāng wǒ kàn dào tā chuāngòu tīzǐ shì ,měi cì wǒ juéde hěn bù shūfu 。

The only person who is allowed to run with scissors is Edward Scissorhands.

Zhè gè shìjiè shàng zhǐ yǒu yī gè rén kě yǐ ná zhe jiǎn dāo pǎo ,nà jiù shì jiǎn dāo shǒu ài dé huá 。

My friend once put up her furniture according to Feng Shui and ended up with the bed blocking the door. She must have done something wrong...

Yǒu yī cì wǒ péngyǒu ànzhào fēng shuǐ fàngzhì le tā de jia jù 。Jiéguǒ yīn wéi qiě shūzhǎng de shēngfú fāshēng le tā de jiăo yì 。

Several weeks before Christmas, the last remaining member of the family passed away. The others kept getting letters from the Americans.

Shǎo yī zhī jiăo yì de lièyuè de fāshēng le tā de jiăo yì 。Méi yǒu tā de měiliào de jiăo yì 。Tā hǎi shì yī gè tāngxiăo de jiăo yì 。
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The Nanjing is going national.
Grimy with sweat, my husband and I stepped to the side of a jungle trail while a farmer and his boy rode past on a water buffalo. We all shared smiles. Life was simple, happy, beautiful. It was Palawan.

Palawan, a province consisting of Palawan Island and much smaller surrounding islands, has been dubbed the “last frontier” of the Philippines. It is largely unsettled, and towns are often rustic. Nature overwhelms with green mountains and an amazing seascape covered with a blanket of cerulean water. The beaches are clean and quiet except for the occasional small gatherings of travellers, where one guy strums a guitar and the rest pass around a bottle of rum.

My husband and I decided Palawan Island would have the perfect mix of adventure and relaxation while not being overrun with fellow tourists. Although we went during the rainy season, which extends from June to October, this also meant lower prices for accommodation and travel.

Reaching Palawan can take some time, especially if you plan on visiting magnificent El Nido in the north.

Your flight must first go through Manila then you can take a plane to Puerto Princesa, or “Puerto”, Palawan’s capital. This Palawan city is one of the cleanest in the Philippines and surrounded by a tropical paradise. Natives welcomed us with toothy grins and always had recommendations for activities or accommodation.

A room in Palawan can be found for any budget. My husband and I decided to be as comfortably cheap as possible, opting for fan rooms when available because of the cooler month.
Air-conditioned rooms might be preferable in the summer. It is also important to note that hot showers are a real rarity, and washing usually involves a spigot and a bucket.

Toward Puerto’s center, small night markets lined the streets and stalls sold everything from grilled oysters to fried chicken. The locals were enjoying a festival celebrating their youth members, who performed songs and dances. Restaurants were diverse, and although McDonalds was nonexistent, there was a Pancake House, a Jollibee, and a plethora of seafood restaurants.

For an adventurous day, visitors can tour the Puerto Princesa Subterranean River National Park, where you can float the longest navigable underground river in the world and hike up to the Sabang X Zipline for an 800-metre thrill ride over the ocean. In other tours, take a boat in the pitch-black night to see fireflies light up trees as if Christmas, or visit the Palawan Wildlife Rescue and Conservation Center to see crocodiles that are positively Jurassic in size.

Exotic sun-drenched beaches are best experienced in the north of Palawan Island, where the small town of El Nido hugs Bacuit Bay. After a six-hour bus ride over some extremely rough roads that will make carsick-inclined passengers green, we arrived at night and wandered into an open hotel.

All electricity is turned off in El Nido from 6 a.m. to 2 p.m., so I felt my way out of the room the next morning and was met with an amazing sight. The bay expanded into a blue sea that melted into the horizon. Karst limestone formations towered out of the water like ancient island watchmen, their bottom edges eroded away and the tops green yet weathered. My days were then spent on sand or trekking through jungles toward the pounding sound of waterfalls.

The nightlife unfolded on the town’s beach, where you could drink with your feet in the lulling waves and meet other travellers.

For a small fare, a tricycle will take you to surrounding beaches. Hermit crabs trail designs in the sand, but sandflies are also present and will bite, so wear insect repellent to ward them off. The water around El Nido is mostly calm with small waves or swells. For someone whose roots are firmly in the Appalachian Mountains, even I felt comfortable walking out into the ocean with the water so clear.

Although every day in El Nido was akin to paradise, the best may have been spent touring lagoons inside the limestone islands.

**At a price of 700 pesos, the tour included a six-hour trip, a seafood lunch, and enough freedom to do some exploring of our own.**

During the day we stopped near a coral reef, leapt off the boat, and snorkeled above a vibrant underwater world, where scattered sunlight lit up bizarre sea life and thick blue starfish. The guides; fun and knowledgeable natives, dove from a rock and swam among the tropical fish, as if one with them, to grin and wave up at us.

These moments made Palawan a place to remember and return to. In just a few days, I had fallen in love with the amazing people and the untamed yet simplistic environment. Five months later, pictures I snapped still send me reeling back to the taste of mango juice, the heartbeat of waterfalls, and the true blue of El Nido waters.
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Feedback is essentially just information that if used within a structured system can improve performance or process and increase awareness. It can concern individuals, small groups or even entire departments and companies.

It is important to distinguish between positive and negative feedback. While positive feedback reinforces existing patterns of desirable behavior and habits, negative feedback can be very risky. It can lead to unpredictable changes of behaviour and even a worsening of the original problem.

Where can feedback systems help?
Feedback systems enable a manager to recognise signals at an early stage and allow leaders to develop scenarios for dealing with problems. Feedback can help to design both goals and measures so that development with regular and continuous assessment of the current position can be implemented in a team environment.

Feedback Tools for Soft Skills

The wide range of tools that can be used to measure soft skills include customer surveys, employee surveys, analysis of management and employee potential, assessments, management style analyses, team feedback plus individual development and goal setting interviews. The quality management system should also be prepared for systematic troubleshooting as well as corresponding corrections and improvements from the perspective of a Continuous Improvement Process.

Structuring of Data

In most cases, the chosen tools produce a large quantity of data that requires handling before it can be used. A key requirement is the implementation of a management information system to structure the data. This involves the translation and standardisation of the data that should preferably contain as few variables as possible; it is important for a company to focus on specific information in an employee survey, such as detailed analysis of management style or targeting a specific feedback group. Any system must be tailored to fit the company that is using it.

Dealing with Data

The information produced by feedback systems is only useful if shared with employees. Results that are only seen and interpreted by managers are entirely useless. Measured data needs be reviewed by the team. Transparency is the only way optimisation is possible. It is best if every manager compiles an overview of performance data for his/her own area of responsibility that is then discussed on a monthly basis with the entire team. It should be routine to analyse potential errors and discuss preventive and protective measures. These meetings should also be used to review and measure specific issues, e.g. the processing of errors, individual development and goal setting interviews.

It is highly recommended that a company also holds an annual conference to evaluate the cumulative results from all feedback tools for each manager’s own area. Following the annual meeting, measures can be formulated and their implementation can be planned. The results of this conference can again be used by smaller teams to compare with their interim development. An additional quarterly reflection on the state of development is also advisable.

Any feedback system implemented can be further enhanced with the aid of an Information Technology tool that systematically records the activities and tracks planned and adopted measures, possibly listed according to fields of action, person responsible and measured results of feedback.
Grape vs. grape is, sometimes, an interesting discussion but these arguments are made much more heated by an average alcohol level pointing north of 14%, I discovered. Is the alcohol hit an essential part of the wine experience, or an inconvenience? Whatever your aesthetic philosophy, and certainly a cold February day in Nanjing can influence one's gustatory motivations, it is clear that alcohol levels in wine are on the rise; whites up from 12 to 13.5% and reds judged to have jumped from 12 to 14% on average over the last twenty years.

There are various schools of thought as to why the trend towards higher alcohol in wine has happened, some blame climate change leading to higher sugar levels, but others say it lies more at the door of the producers themselves, catering to a perceived consumer vogue for rounder, and softer styles. This fuller style is more easily captured by a higher alcohol content, and so the grapes are left longer on the vine to achieve this; in the hands of a master winemaker high levels of alcohol won’t necessarily imbalance the wine. All too often, however, a high ABV is immediately noticeable; it generally leads to a fuller-bodied and less acidic wine, but the wine’s structure is rendered incoherent, not unlike an unsuspecting recipient (marked ABV levels generally go unnoticed and are frequently understated in any case).

This quartet of Aussie bruisers, set to spar at an all-in very attractive price for the Middle Kingdom at Times Grocery Store, Yunnan Lu, are certainly not pretending to be ballerinas of the wine stage, but they do make for a well-muscled performing troupe with enough definition, and delivering fruit with enough polish and clarity, to be a notch or two above alcohol bomb student party status.

Warming up with The Big Red Shiraz 2011, which surprises straightaway with a sharp bite and a light flyaway-fruit feel, which all makes for a pleasing, slightly peppery, quaffer overall that, for some, would represent great value simply for supplying 14.5% alcohol and asking only ¥60 (14.5 points).

In the deeper shade of red corner is the 1882 Knuckle Buckle Shiraz (1882 is the date the cornerstone wine property was built in the Clare Valley, not the year of vintage; 2010 in this case) and although named after the last bare knuckle world champ, it is, ironically, a bit of a smoothie - silky even - yielding a little chocolate as it slips richly by; a powerful wolf of a Shiraz in sheep's clothing (Merino) and weighing in at 14.5% ABV and ¥80, garnering 16 points.

Next up, we have Jumbo Dynamo, a name and liquid that rolls right off the tongue (and I’m sure you would remember it also as the name of the US’s first electric power station), and another product from the 1882 wine company. This is a juicy, fleshy and plummy 2009 Merlot, making for a great roundly-fruited glugger, with a solid 14.5% ABV thump for ¥80, and judged the overall winner on a unanimous Corker verdict of 16.5 points.

We finish with the softer, but still authoritative, 14% goodnight cuff from the aptly named Sleepy Red Cabernet Sauvignon 2011; drink after the other three as it is a bit lean on the fruit with a slightly oily finish, but blackcurrant juiciness is there if you can concentrate, though that won’t matter so much at this stage and you may at least find the price tag a tasty digestif in itself at just ¥60 (13.5 points).
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In fields such as graphic design, visual communication and brand development the same is true, except that nobody will die or get seriously ill, but nevertheless your brand is at risk of getting defaced, crippled and unable to communicate effectively. Fortunately any damage can be reversed but not without cost; to avoid the risks and inconvenience of brand butchery there are five ways to spot a bad designer and stay away from hacks.

1- They promised the project would be delivered within hours.

Never trust a designer who offers you over-night delivery. There is always a process to follow in order to create an effective design; a project delivered strikingly soon probably did not go through this process. You might very well be getting something that is not designed at all; there is a good chance it is a ripoff of another design or merely not very well finished. However, there are cases when the process of creation and delivery can be shortened considerably. This would be the case with a very experienced designer or a natural genius, in which case you would be paying a great amount of money for that privilege.

2- The design fee is surprisingly cheap.

Professional designers who know and understand the implications of a work well done would never undervalue their work; good design does not need to be expensive in order to be good but there is always something fishy about a 20 dollar logo. It is always hard to price creative work for there are many influencing factors. However, there is often a market rate for graphic work and creativity that should be identified in order set a fair price.

3- No questions asked.

The brief is the cornerstone of every design project and will determine the effectiveness of the final product. Not asking the right questions when the brief is delivered is a sign of unprofessionalism and a lack of interest in the client, brand and project in question. Professionals will not limit themselves to only the project requirements, but will also ask questions about its context, implementation and objectives.

4- Over complacency.

As a client one might think that this is a good thing, especially if one is a firm believer in the premise, “the customer is always right”, but when it comes to design this is in most cases invalid (for reasons to be revealed in another article). An overly complacent designer who gives in too easily to client opinion may also be willing to compromise on the quality and integrity of their work; this is also indicative that the work presented does not have a concept or argument to support it. Good designers defend their creations and they will have all the right arguments to do so. Regardless of how proud, annoying and even disrespectful one might think this is, a designer who argues and stands for their work shows nothing but passion and commitment for the success of your project, and that is exactly the kind of professional you want working for your brand.

5- They are not even a designer!

Before you even bother giving away your brief it would be good practice to do some background checks on your potential designers. Nowadays, (and for very little money) literally anybody can have a fairly-presentable website and easily-printed business cards. Do not ever fall for a website and a fancy title on a business card; there are now staggering numbers of people who call themselves designers, art directors, creative directors, marketing strategists, branding gurus and so on. Some wrongfully assume that skills with design software and notions about programming or website “construction” are qualifications to label themselves professionals; these self-proclaimed designers make a mockery of this noble practice and a fool of those who decide to put their projects into their unskilled hands.

If you are in any way serious about your company and your brand you will want to make sure that the person who is handling your communication material is fully qualified to do so. After all, it is your face and the face of your brand that is at stake.
World Class Manufacturing: The Five “S”

It is often said that if you can master 5S then anything is possible in business. This Japanese system developed to bring discipline and order to the workplace provides an early opportunity to empower the workforce. Sometimes referred to as “Housekeeping”, it is in fact much more and is as applicable to the office as it is in a factory.

Seiri – Sort: Clear unnecessary items
In order to restore order, we need to identify what is needed for an efficient operation and then clear out everything else. We therefore need rules to establish what should be there and in what quantity, e.g. a minimum and a maximum, with replenishment signals. Demarcation is used to identify storage or equipment areas and safety rules, for instance places where you cannot store anything to allow access to fire equipment.

Seiso – Shine: Clean to the correct standard
Once unnecessary items are removed, we then need to clean the workplace to standards relevant to what you do, using the correct cleaning method, materials and a visual standard. If it needs to be hygienic, then we must measure how clean it is. The purpose behind cleaning is to identify problems and thus we inspect while we clean to see if there are any problems that need fixing. We want all we use to look “as new”. If we can identify the root cause of any dirt and eliminate it, then it follows that we reduce cleaning time.

Seiton – Set in order: A place for everything
If all stock, tools, machinery, documents etc. are in their place, work becomes more efficient as one knows where they are, which eliminates time wasted through searching. In the office, this would apply to filing systems and of course servers and computers. Again we need rules to determine what is where and how much and when to replenish, if necessary.

Seiketsu – Standardise: Self-explanatory!
Here we set standards for the first 3 Ss; visuals that tell us what acceptable practice is and help to identify when and where things are incorrect. Using “Before and After” images assists here in the continuous improvement process as the “After” becomes the next “Before”, helping to raise standards.

Shitsuke – Sustain: Disciplines needed here
To sustain the gains already achieved and to continuously improve, we need a culture where order, cleanliness, discipline, ownership, responsibility and pride are valued. This then helps us to lay the foundations for other Best Practices.

6S
Sometimes these programmes are referred to as 6S, as the business has included Safety into 5S. There is a close link between them, as keeping things clean and in order will enable higher safety standards to be kept. There are many links to other practices in the business, for instance quality, maintenance, changeovers, problem solving, operator ownership and pride.

Get the 5S right and you start off on the right step towards World Class.
High streets in many shapes and forms can be found in any sizeable city all over the world, being usually a long stretch of shops offering the average Joe a reasonable price tag for fashion and quality that is not extortion.

Since arriving in Nanjing six years ago I have often struggled to find this kind of retail shopping and it was only a few years ago when we first saw the H&M and Zara signs go up, that I finally cried a sigh of relief. We can probably all agree that trying to find the right size trousers without random sequins or a t-shirt without English quotes scribbled all over it is often hard to seek out through the rubble. But after several shopping runs in these European high street stores I often left with a niggling feeling of been ripped off knowing that the price would be half that for the same product from exactly the same brand outside of China. Therefore I was left with a huge shopping haul when I went back home, and back to square one.

I have recently browsed the shops along one of Nanjing’s famed shopping streets, namely Hunan Lu, mainly for local street food and flashing lights, but I am now greeted with many interesting looking apparel that is without doubt worth a second glance, for this may just be the answer to Nanjing’s long awaited high street.

One of my most beloved shops is a brand that seems to be on every block; Sanfu into which I had often wandered looking for some cheap tat, but it was not until last year that I bought my first piece of clothing. I was so chuffed with myself, for here was a fleeced lined jacket and it actually fit me! After finding my bargain of the year, I decided I would try my luck again. Next time I came out with two good quality knitted sweaters for around ¥100!

Since then I have become a regular shopper at Sanfu; even the girls at work giggle about my love for the place and as a loyal customer, I once had to prove its worth by taking a colleague in there, who was adamant that it was full of trash. Sure enough after a few minutes of scouring the rails, we soon landed on some cheap knitwear and since then she has been a committed Sanfu punter. Granted the place will certainly not answer all of your shopping woes, but it will help. The initial greeting and impression it will give you may make you look twice at the sign to ensure you have the right place; the colour choices in store will bedazzle you! Be prepared to look past the dodgy sequined leggings and fish net...
vest tops, because it is worth doing to find that sparkling one off that the buyers have obviously let slip through the net. While it is great for sweaters, bags, shoes and even some underwear, stay away from cheap cosmetics that are liable to burn your face off and cheap nightwear where the quality is almost certain to bring you out in a rash!

Another hidden gem I've recently grown a love/hate relationship with is Kawaii; the term interestingly enough meaning cute and adorable in Japanese, which I think says it all, since Kawaii is likely to be the answer to all your seasonal accessory needs. Herein find stacks of half decent gloves, mittens, hats and of course the most important fashion accessory in Asia, lensless glasses! Make sure you take a peek at the back of the store, where hoards of fashionable handbags lurk at phenomenal prices, and you can also amuse yourself with some of the other hideous over cutesy designs on offer! This should be on your checklist before leaving China as it is a great place for picking up nic nac gifts for friends and family back home, such as pretty little key rings, teddy's and funky mouse mats.

The last place to visit during your shop along Nanjing's high street visit has to be Muniton, otherwise known to the locals as Wanli. This place will undeniably give you a fright; the store has little organisation, with stock strung up all over the place. Despite not being as thoughtfully planned as the other shops, you may just stumble upon some rather nice outerwear and the occasional knitted sweaters for both men and ladies. The quality of some styles is actually better than the likes of Zara and I can assure you that wool content is higher in certain cases, which should certainly leave the Spanish outfitter feeling ashamed of themselves.

To all Taobao junkies, what I can tell you is these places offer a similar price, but the great thing about the high street is that you can actually see and feel the quality and even try things on before you purchase. It's also more fun digging through all the piles of junk whilst listening to some K pop and Gangnam style on loop!

Let's hope that the design and branding for these little retail stores develops even further; I am sure as times change and the average money spent on shopping increases, so will the demand for high street shops alike.
Restaurant Review

Gourmet Village

By Frank Hossack

The Nanjing international dining scene currently suffers from growing pains. While we may now have the hardware; really good western food is seemingly popping up on every block, the software department has still quite some way to go. This is often manifested by slow service, inconsistency, virtually across the board, ill-informed staff and/or all three.

Into this hazardous Human Resources maze has recently stepped Gourmet Village, hailing from the same culinary heritage that brought us Pisa Pizza, lying through a few walls to the north on Shanghai Lu. For chef turned entrepreneur Maric, it has been a road with many unexpected twists and turns.

From being a chef at the first Hilton in Nanjing (now the Grand Metropark), and after a stint at InterContinental Dubai, Maric found himself working as chef on a 95 metre yacht of which the elderly British tycoon owner was tragically soon to be gunned down by terrorists during the 2008 attacks on the Taj hotel.

Bringing with him the tools of such high level hospitality back to Nanjing, Maric set up shop in Pisa Pizza. In August last year Maric brought himself and his obvious affinity to all things Italian into a partnership to open Gourmet Village.

Such an affinity reveals itself through also the choice of menu items, that represent solid, simple sophistication. We enjoyed Greek salad (¥48) and sausage platter (¥58) as very hearty appetizers, followed by grilled salmon (¥66) and a herb-infused chicken breast (¥88) accompanied by roast herb potatoes.

For the moment, Gourmet Village is open for dinner only, but also offers a deli side that is another good option for picking up the likes of real imported crisps one rarely sees in Nanjing as well as a good range of spices and herbs, mustard and pasta plus jams, marmalades, cheeses, sausages, wine and of course the wonderful salami that graces the dishes in Pisa Pizza.

While not immune to the challenges posed by the immaturity of the human resources market in China, Gourmet Village has one major thing going for it; the legacy that lies in its all-but-next-door predecessor. If they can hang around for a bit, Gourmet Village’s international aspirations are sure to pay off.
Drinks Review
Nanjing’s Margaritas
By Rachel Skeels

Margarita the world renowned cocktail is famous for its sharp signature taste and fancy glass. It is said that the finest drink should be made from quality tequila and only the freshest ingredients, so let us see how some of Nanjing’s bars score on these pointers, reviewed by a frequent margarita swigger.

Solar - 14/20
• How it Tastes 4/5
Made using fresh lemon juice, it had a gorgeous zesty tang, but not too tarty.
• How it looks 3/5
Loved the glass, but disappointed with the measures
• How easy on the Wallet 3/5
At ¥35 I would expect a wee bit more source
• Bar environment 4/5
A great bar to unwind in, whilst sipping a cocktail or two!

Myth Bar - 16/20
• How it Tastes 5/5
Made with fresh ingredients, giving it a sweet and sour combo, this was my top taster.
• How it looks 4/5
Presented quickly and professionally by an Italian barman the salt was perfectly rimmed & it even had a small mouth space for those who might wince at the salt.
• How easy on the Wallet 4/5
At ¥30 this has to be the best deal, just make sure you get the right cocktail maker.
• Bar environment 3/5
Not one of my favourite spots, despite good events, could be the trusty cocktail bar with cheesy music to get feet tapping.

Villa - 14/20
• How it Tastes 2/5
Extensive cocktail menu that didn’t live up to expectation and far too strong to enjoy.
• How it looks 3/5
I didn’t feel very glam holding this with random salt lashings, but the glass was perfect and the colour inviting.
• How easy on the Wallet 4/5
At ¥30 this is another winner, but a case of you pay for what you get, better to play it safe with a bottle of beer.
• Bar environment 5/5
With rustic decor and regular live music venues, this place has a fun and chilled atmosphere.
Restaurant Review
Ms Bon Bon
By Rachel Skeels

Ms Bon Bon is a trendy little café that suddenly dropped out of no-where, finally offering us a proper brunch and afternoon tea, with excellent service and proper English tea. The décor is clean and cosy and you may indeed feel like you’ve switched cities.

At first glance the menu may seem a little expensive, but once you clap eyes on portion sizes and taste the quality it suddenly makes sense. Make sure you go with friends to share a few of the delightful treats on offer otherwise it could be a case of food envy.

Brunch is served between 10am – 2pm: includes eggs benedict, focaccia sandwiches and mini sausages wrapped in bacon, which are heaven on a stick with a surprising spicy twang. You can also choose one little extra with your brunch such as yoghurt, fruit or a refillable cup of coffee.

Afternoon Tea is served between 2 and 4pm: it includes 2 and 3 tiered cake stands, with little club sandwiches, scones, mini waffles and topped off with classy little macaroons that will more than likely need to be taken away. Just a shame about the take away bags, a box would have been much more suitable.

And if all that doesn’t tickle your taste buds then why not opt for scarily large waffles with huge scoops of ice-cream or one of the other gigantic luxury treats that will send the best of us into a diabetic coma. Evening dining is also an option as they have a small selection of pasta dishes and yummy side orders.

This place has already become popular amongst young groups of Chinese couples and friends hanging out for a spot of afternoon tea, so don’t be surprised to find hoards of people queuing outside the doors. Make sure you leave plenty of time for brunch; otherwise you may just miss out.

Tribeca - 13/20
• How it Tastes 3/5
A good sipping margarita, but needed more fresh juice and Cointreau adding to it.
• How it looks 4/5
Pretty nice, however not nice enough to order a second round.
• How easy on the Wallet 2/5
¥58 on Wednesday’s aperitivo nights, it is the most expensive, but comes with quiche and other mini snacks.
• Bar Environment 3/5
Relaxed and chilled with friendly bar staff and other regular customers.

Sky Bar - 13/20
• How it Tastes 4/5
Pretty nice, however not nice enough to order a second round.
• How it looks 4/5
Neatly presented, however the glass was not easy to hold and I got rather nervous about slopping it on the floor.
• How easy on the Wallet 2/5
¥45 I think it was a little overpriced especially after a few rounds.
• Bar Environment 3/5
Not a favourite, it seemed rather claustrophobic and cluttered but a great place to chat with friends.
Movie Review
Les Misérables
Oh, what a joy!
By Laura Helen Schmitt

After waiting for over half a year, I finally got to see the highly anticipated film adaptation of the longest running musical of all time. First off, a small warning, unlike most other musical adaptations Les Miz has gone with a non-stop singing policy, so if you want to watch this movie with non-native speakers, try and find a screening with subtitles.

Watching the bombastic cast sing their way through one classic after the other, I was surprised to find my initial perceptions turned upside down. While Hugh Jackman’s acting as lead Jean Valjean was as spot on as to be expected from the man who gave us Wolverine and Australia, his vocals are less convincing. I was even more surprised by the crystal clear tones emanating from Russel Crowe’s vocal chords. Didn’t see that one coming.

The highlight, however, was undoubtedly Anne Hathaway.

I never thought I would call the former princess and Meryl Streep door mat the next Judy Garland, but by God, or Hammerstein, I am! We have seen her grow as an actress in her “purr-fect” rendition of cat woman, but her performance in Les Miz is anything but miserable. Even Mamma Mia musical mistress Amanda Seyfried looks and sounds very pale against her movie mother. Another personal favourite of mine were Team Cohen – Carter. Who would have thought that Borat and Bellatrix Lestrange would be the ones to make us laugh throughout this dramatic story? Certainly not me.

Most interestingly, the real highlight of the movie is not the big names, but rather the unknown and new talent, who turned out to be far more impressive in their singing and acting than any of their famous colleagues. Be they child actors Isabelle Allen (young Colette) and Daniel Huttlestone (Gavroche) or Eddie Redmayne (Marius) and Samantha Barks (Éponine); all undoubtedly the best voices of the film. It was refreshing to see that Les Miz did not just go for names at the cost of talent, unlike Mamma Mia, some may say. We have not heard the last of these four.

Apart from the obvious great songs, Les Miz sparkled through grandiose camera work that enhanced the “Vive La Revolution” feeling of the movie so much. For non-musical fans the 2 ½ hours singathon might be a bit much to handle, but if it is great music, great acting, great shots you are after, Les Miz may leave you with a tear in your eye, but far from miserable.
With very little, you can help to write a new story in the lives of hundreds of children in China.

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www.pfrang-association.org
Nanjing’s first international serviced apartments. Fully furnished one to three bedroom apartment suites ranging from 138 sqm to 249 sqm; offering full balconies, and a clubhouse with leisure facilities make this the accommodation of choice for many expats.

**Sofitel Zhongshan Golf Resort**
265 Xuanwu Lake Road, 210046
www.sofitel.com

Nanjing’s first international serviced apartments. Fully furnished one to three bedroom apartment suites ranging from 138 sqm to 249 sqm; offering full balconies, and a clubhouse with leisure facilities make this the accommodation of choice for many expats.

**Jinling Hotel**
831 Zhongshan Road, 210001
www.intercontinental.com

Located in Gulou with a birds-eye view of Nanjing's skyline. The hotel makes a grand statement centrally within walking distance of Xinjiekou. Amenities include fitness centre, baby sitting and butler service plus car rentals and much more.

**The Westin Nanjing**
65 Ailing Road, 210001
www.intercontinental.com

Located in Gulou with a birds-eye view of Nanjing’s skyline. The hotel makes a grand statement and can be found in the 450 metre high Zifeng Tower; the tallest building in Nanjing. The accommodation of choice for many visitors coming to Nanjing, along with all French dignitaries.

**Nanjing Sunflower International Youth Hostel**
80 Zhanyuan Lu (Fuzimiao west gate)
www.nanjingyha.com

A popular youth hostel that includes free pool, DVDs, cable TV, football, WiFi, travel info, English menu and English speaking staff.

**Regalia Resort & Spa (Qinhuai River)**
94 Zhaoze Road
www.regalia.com.cn

A Thai style Spa offering a holistic approach to rejuvenation and relaxation, exuding serenity, peace and solitude.

**Nanjing Massacre Museum**
Xuanwu Lane, 210001
www.nanjingmuseum.com

Located on a former execution ground and mass burial place of the massacre. Admission is free.

**Nanjing Wanda Plaza, a development of luxury shopping outlets, expansive malls, entertainment facilities and office towers. The hotel is a 2 min. walk from the metro, 20 mins. drive from the city center and railway station and 40 mins. from the airport.**

**Kayumanis Private Villas & Spa**
80 Zhanyuan Lu (cross of Qinhuai and Yangtze Rivers)
www.kayumanis.com

A Leisure hotel in Tangshan offering different types of bathing.

**Nanjing Memorial Hall**
92 Zhongshan Road, 210001
www.memorialhall.com

Located on a former execution ground and mass burial place of the massacre. Admission is free.

**Shanxi Road 1 Hotel & Hostel**
1 Shanxi Lu
www.nanjingyha.com

A haven of Chinese distinction, located only minutes from major corporations, restaurants and shopping, in which every room overlooks scenic Xuanwu Lake.

**Qinhuai River**
A landmark hotel and one of the original high-class establishments in Nanjing with numerous top notch restaurants plus train ticket purchase counter.

**Kayumanis Private Villas & Spa**
80 Zhanyuan Lu (cross of Qinhuai and Yangtze Rivers)
www.kayumanis.com

A Leisure hotel in Tangshan offering different types of bathing.

**Nanjing Massacre Museum**
Xuanwu Lane, 210001
www.nanjingmuseum.com

Located on a former execution ground and mass burial place of the massacre. Admission is free.

**Shanxi Road 1 Hotel & Hostel**
1 Shanxi Lu
www.nanjingyha.com

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80 Zhanyuan Lu (cross of Qinhuai and Yangtze Rivers)
www.kayumanis.com

A Leisure hotel in Tangshan offering different types of bathing.

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Xuanwu Lane, 210001
www.nanjingmuseum.com

Located on a former execution ground and mass burial place of the massacre. Admission is free.

**Shanxi Road 1 Hotel & Hostel**
1 Shanxi Lu
www.nanjingyha.com

A haven of Chinese distinction, located only minutes from major corporations, restaurants and shopping, in which every room overlooks scenic Xuanwu Lake.

**Kayumanis Private Villas & Spa**
80 Zhanyuan Lu (cross of Qinhuai and Yangtze Rivers)
www.kayumanis.com

A Leisure hotel in Tangshan offering different types of bathing.
Zhongshan Botanical Garden
Chinese: 中国植物园
Chinese-language: 覆盖超过186公顷，以及房屋和来自3000种植物的更多。

Business & Education

International Education

British School of Nanjing
南京英国学校
Building 2, Jinling Resotel, Baishu Dong Lu
佳湖东路88号金陵饭店2号楼
52108987

Nanjing International School
南京国际学校
No. 2 Xueheng Lu, Xianlin College and University Town
仙林大学城学衡路8号
85899111

Novas Education Management
诺瓦斯国际
2405, Building A, New World Centre, 89 Zhongliu Lu
珠江路88号新世界中心A座2405
68858565

Foreign Trade & Economic Development

Australian Trade Commission
澳大利亚贸发委员会
南京代表处
1163, 11F, World Trade Center, 2 Hanzhong Lu
汉中路2号金陵饭店世界贸易中心11层1163室
84711888-1163

Netherlands Business Support Office
荷兰商务促进委员会
南京代表处
Suite 2316, Building B, 23/F, Phoenix Plaza, 1 Hunan Lu
湖南路1号凤凰国际广场23层2316室
84703707

Baden-Württemberg International
德国巴登符腾堡州国际经济和科技合作协会
7-3 Dabei Xiang Meiyuan Xin Cun
大悲巷7-3号
84728985

China-Britain Business Council, Nanjing
中英贸易协会南京代表处
Rm 2514-2515, 50 Zhonghuan Lu
中华路2514-2515室
52311740

European Union Chamber of Commerce
中国欧盟商会(南京)
30F, 1 Zhuzhuang Lu, Jinli Rocket Hotel
汉中路1号金陵饭店商务中心30楼
84704574

Korea Trade Investment promotion agency
大韩贸易投资振兴公社
南京代表处
Unit A, 40F, 1 Zhuzhuang Lu
玄武区珠江路1号金陵饭店大厦40楼A座
84704574

Language Training

New Concept Mandarin
新概念汉语
3302, Block A, New Century Plaza, 288 Zhongshan Dong Lu
玄武区新世纪广场A座3302
84872991
www.newconceptmandarin.com
nanjing@newconceptmandarin.com

Alliance Française de Nanjing
南京法语联盟
4F, Dun Lou, 72 Beijing Xi Lu
北京西路73号德林国际坊
83586762
ng.org
info.nanjing@afchine.org

JESIE-Goethe-Language Centre
JESIE-歌德语言中心
Jiangsu University, for International Education, 3rd Flrd, 265 Shangha Lu
江苏省国际教育学院3楼
83356960
www.goethe-slz.js.cn

Jack's Mandarin Team-Times New Language
Jack汉语-时代新语
5F, Jiangsu Culture Mansion, 89 Zhongshan Nan Lu
中山南路89号文化大厦5楼
13851864492
smartcousin@hotmail.com

Nanjing International Club
南京国际俱乐部
www.nanjinginternationalclub.com
86511888

Nanjing Toastmasters
南京第一英语演讲会俱乐部
86511888
www.nanjingtoastmasters.com

Clubs & Charities

Hopeful Hearts
www.hopefulhearts.info
提供基金来为有心脏病的儿童和有心理健康问题的儿童提供支持。

Prang Association
普方基金会
7-3 Dabei Xiang Meiyuan Xin Cun
大悲巷7-3号
84728985
www.pfrang-association.org

Helps sponsor the education of children in poor regions of Jiangsu province.

Shopping

For the Home

B&Q 百安居
9a Breakfast Lao (beside Metro)
南京卡子门大街90号
52450077

IKEA 宜家家居
99 Mingchi Lu (East side of Zhongzhan Plaza)
南京市秦淮区明匙路9号
4008002345

Working House

Working House
4F, Ziling Tower, Zhongshan Bei Lu
中山北路金陵大厦购物广场4F
52360109

Hongxing Furniture
红星家具
224 Zhongliu Lu, Central Building 224
83118005

Large furniture store with many shops. Large range of prices, styles, etc.

Jinsheng Market
金盛百货大市场
2 Jianling Lu
下关区建宁路2号
9 Wangjingshi (off Changjiang Lu)
玄武区长江路9号

Dazhao Bei Lu (North bus station)
江苏省南京市鼓楼区大桥北路（长途北站）
58507000

Large indoor market with everything from home decor to wires, Christmas trinkets and electronics. Cheap but be prepared to bargain.

Jinling Decoration Market
金陵装饰城
BB Jiangdong Zhong Lu
江东中路88
68511888

Everything needed for a new home.

Longjiang Flower Market
龙江花卉市场
78 Qingliangmen Da Jie
清江门大街78号
84506789

Huge flower market with plants, cut flowers, fish tanks and fish, plus a selection of gardening tools.

Modern House NJ (Remo)
摩登仓
Ground Floor, Lan of mercy and Social Hall, off Huaxiao Lu
南京市秦淮区明匙路99号
86555666
www.amodernhouse.com.cn
Copy designer furniture & décor.

Jiangsu Art Gallery
江苏省美术馆
268 Changjiang Lu
84506789

Local artists' work, changed frequently.
**Nanjing Drug Art Museum**
Building 22, 12 Dinghuai Men Jie
定湖门12号(世界之窗软件园) 22号房
83752646
Social experiments between local and foreign artists.

**Deji Plaza 德基广场**
18 Zhongshan Lu 中山路18号
84788066
A premier mall with wide variety of high class shops such as Louis Vuitton and Burberry. Also have a movie theatre.

**Nanjing Aqua City 南京水游城**
1 Jiankang Lu 建康路1号
52233999
Home to many restaurants and western brand name shops as well as a cinema and the BHG import supermarket.

**Golden Eagle Shopping Center 金鹰国际商城**
珠江路699号东鼎照材市场
99 Hanzhong Lu 汉中路99号
84708899
A multitude of stores that selling everything you can imagine and more; computers, cameras, MP3 and MP4 players, iPAD, webcams, hard drives, and portable flash drives.

**Suning Electronics 苏宁电器**
Local firm that is now one of China’s largest retailer for electrical household appliances. Branches all over Nanjing.

**Sports**

Decathlon 迪卡侬
286 Ningli Lu (next to Metro)
宁锁路286号（麦德龙对面）
Sport Megastore, 9am-9pm

Giant 捷安特
178 Zhongshan Bei Lu, opposite the fabric market “Bu Bu Bu”
中山北路178号
83611227
Largest branch of the popular bike manufacturer.

Jinxiaojie Rd 进香河路
The outdoor store street in Nanjing; shops for biking, hiking, backpacks, equipment and apparel for outdoors.

**Groceries**

*Fields*
www.fieldschinaha.com
Shanghai’s premier online grocery store for safe, high quality, delicious food delivery to your door. Delivering to Nanjing residents every Wednesday with free delivery for all orders over ¥500.

*Nanjing Bakery*
www.nanjingbakery.com
Delivery of home made cakes, ready to bake pizzas, lasagna etc. plus a range of grocery items such as pasta, butter, cheese, sauces and spices.

**HomeGrocerChina**
Rm 503, Building 65, Yushuiwan Garden, 169 Yudiao Jie 御道街169号御水花园65室503室
84400397
www.homegrocerchina.com
Online shopping of premium imported products conveniently delivered to your door.

Metro 麦德龙
288 Ningli Lu 宁锁路288号
300 Jining Lu 下元区建锁路300号
German hypermarket with a wide selection of foreign foods.

Carrefour 卡乐福
235 Zhongshan Dong Lu 中山东路235号
84658568
The omnipresent French hypermarche with four stores in Nanjing and a fifth (Pukou) on the way.

RT Mart 金润发
39 Danfeng Jie 丹凤街-手机
39 Danfeng Jie 丹凤街39号（近南京东路）
83358788 / 83356077
Largest branch of the popular bike manufacturer.

**Wine Outlets**

*Foreign Language Bookstores*

**Foreign Language Bookstore**

Foreign Language Bookstore
218 Zhongshan Dong Lu (Beside Taiping Nan Lu)
中山东路218号长江国际(太平南路口)
57713287

**Xinhua Bookstores**

Xinhua Bookstores

新华书店
56 Zhongshan Dong Lu (near Hongwu Lu)
新华书店(近洪武路) 56号
86645151

43
Nanjing Zhonghuamen Coach Terminal
南京中华门长途汽车总站
508 Yingliang Da Jie 应天大街508号
52418504

Nanjing North-Central Coach Terminal
南京北中长途客运中心
160 Huoshuucun 秦淮区红花村160号

Nanjing Zhongyangmen Coach Terminal
南京中央门长途汽车总站
1 Jianning Lu 建宁路1号
85531288

Lufthansa German Airlines
汉莎航空公司
400 868 868 (CH/EN)
Sales Office: Room 951, World Trade Center, 2 Hanzhong Lu 汉中路2号世贸中心世贸中心951室
Fax: 8472624 nanjing_lufthansa@dth.de

Lukou Airport Int’l Check-in Service - Room 417

Transportation

Nanjing Train Station
南京火车站
141 Longpan Lu 汉中路141号
85822222 (enquiry) 85824224 (tickets)
www.njstation.com

Nanjing South Train Station
南京南站
Shuanglong Dadao / Yunan Lu 双龙大道/云兰路
52414183

Nanjing Lukou International Airport
南京禄口国际机场
Lukou Town, Jiangning District 南京市江宁区
968890 52480499

Airport Shuttle Bus
机场大巴
V20
1. East square, Nanjing Railway Station, 221 LongPan Zhong Lu 南京火车站 2楼 221号
8am-8.30pm, leaving every 30mins
2. Nanjing Zhonghua Men Station, 508 Yingliang Da Jie 应天大街508号
8am-9.00pm, leaving every 20mins

Nanjing Coach Terminals
南京长途汽车总站
Coach timetable/ticket enquriy 96196

Healthcare

Nanjing International SOS Clinic
南京国际(SOS)急救救援诊所
1F, Grand Metropark Hotel Nanjing. 319 East Zhongshanlu 中山东路319号金陵饭店世贸中心1楼
8430617497 (by appt.)
Monday-Friday 9am-5pm, Saturday 9am-12noon / 24hr Ambulance: 010 6462 9100

Flossey Care
福乐氏齿科诊所
#105, 1 Huaneng Garden, Taiping Bei Lu 1号，太平北路1号
83433333 / 4001108899

Global Doctor
环球医生
6 Mochou Hu Dong Lu (next to Shuiqinmen Da Jie) 莫愁湖东路6号
86519991 -825 8am-9pm

Nanjing Union Dental Clinic
南京友联齿科
D6, 9F, Huawei Mansion, 107 Shigu Lu 石鼓路107号华威大厦9楼
84217177

Sun Homes Real Estate
南京中海房地产经纪有限公司
Room 1901, Xinghan Mansion, 180 Hanzhong Lu 汉中路180号星汉大厦1901室
51860522 / 5186 0590
www.shre.com.cn

People’s Hospital
人民医院
300 Guangzhou Lu 广州路300号
83718836

Yifeng Super Drugstore
益丰大药房
159 Hanzhong Lu (west of JS hospital of TCM) 汉中路159号（省中医院往西30米）
86795111-825 8am-9pm

Jiangsu Provincial Hospital of TCM
江苏省中医院
155 Hanzhong Lu 汉中路155号
86617141

Jiangsu People’s Hospital
江苏省人民医院
300 Guangzhou Lu 广州路300号
83718836

BENQ Hospital
明基医院
71 Hexi Da Jie 西大街71号
58807810

Nanjing Maternity and Child Healthcare Hospital
南京妇幼保健院
123 Tianlei Xiang 天机路123号
84640777

Dan-Dental Clinic
丹德牙科
D6, 9F, Huawe Mansion, 107 Shigu Lu 石鼓路107号华威大厦9楼
84217177

Centrally located dental clinic with western standards and several other branches.

K&B Dental Clinic
康贝佳口腔医院
Huashui Mansion, 31 Fujian Lu 福建路31号华福大厦
83433333 / 4001108899
www.kangbei.com

Nanjing Union Dental Clinic
南京友联齿科
1F, Grand Metropark Hotel Nanjing, 319 Zhongshan Dong Lu 中山东路319号
84818881 / 84808888

Western standard dental care with English language.

Property Services

Crown Relocations
喜贸（中国）国际货运代理有限公司
Rm 301, Block B, New Century Plaza, 1 Taiping Nan Lu 太平南路1号新世纪广场301
84541017

Provides moving services, school search, intercultural services and a host of departure and destination services for relocating employees, expatriates, diplomats and private customers.
Gyms & Sports

Yanlord Tower Club
仁恒国际俱乐部
116 Lushan Lu
南京市建邺区庐山路116号
87785111
www.yanlordtowerclub.com
A wide range of leisure and entertainment facilities.

Olympic Century Star Ice Skating Club
南京世纪星滑冰俱乐部
222 Jiangdong Zhong Lu (Inside Olympic Center)
江东中路222号体育中心内
86609045 / 86609046

Nanjing North Star Ice Skating Club
南京北极星滑冰俱乐部
 Qinhuai Sports Center,
20 Pingjiangfu Lu
秦淮区平江府路20号
52200031

Ninth City Billiards
9城花式撞球
135 Hongwu Lu, Lu 洪武路135号
5187158

Zhangshan Shooting Club
中山射击俱乐部
新都市体育中心
12 Li Fu Jie
白下区李府街12号
84615141

Karate Eifuukaikan
空手道影风道场
84504303

Beauty

Wan Yan Shi Beauty Salon
万燕仕美容沙龙
Room 108, Building 2, 9 Wenfan Lu
文范路9号2幢108室
85791042

Food & Drinks

The Lobby Restaurant at Fraser Suites
仁恒瑞尚阁国际公寓大堂餐厅
116 Lushan Lu
建邺区庐山路116号
86268888 Ext. 643

Kohinoor Restaurant
克孜古丽餐厅
53 Wangfu Da Jie
王府大街53号
85981468

Silk Road Moslem Restaurant
丝绸之路穆斯林餐厅
260 Guangzhou Lu
广州路260号
83705680

Sofitel Zhongshan Golf Resort
钟山高尔夫俱乐部
7 Huayuan Lu
84606666

Nanjing Harvard Golf Club
南京哈佛国际高尔夫俱乐部
176 Zhenhai Jie
普客路176号
58833333

Gingko Lake Golf Club
银杏湖高尔夫俱乐部
1 Guli Yinxing Hu
辽宁省营口市银湖1号
86139988

Nanjing Art & Cultural Center
南京文化艺术中心
101 Changjiang Lu 长江路101号
84797920
Regular large-scale shows by professional Chinese and foreign performers.

Jiangnan 631 Niuda Theatre
江南631牛达剧场
5 Yanling Xiang 廖家湾5号
84419786
Weekend Chinese modern small theater shows.

Nanjing Art and Cultural Center
南京艺术学院音乐厅
15 Hufu Lu 虎府路15号
83498249
Irregular performances by Chinese and overseas students and faculty.

Jiangsu Kunqu Theater
江苏昆曲剧院
4 Chaolian Gong 蔡元培4号
84469284
Live performance of Kunqu opera.

The Lobby Restaurant at Fraser Suites
仁恒瑞尚阁国际公寓大堂餐厅
116 Lushan Lu
建邺区庐山路116号
86268888 Ext. 643
Mouth-watering delights such as tender-grilled rib-eye steak, roasted chicken, or the seafood linguine cooked in spicy tomato sauce. Asian must-trys also include Hainanese chicken rice and laksi.

Kezgul Muslim Restaurant
克孜古丽餐厅
53 Wangfu Da Jie
王府大街53号
85981468

A delicious change from the standard Chinese cuisine: spicy noodles, potatoes, chicken and lamb dishes. Xinjiang performance.

The Lobby Restaurant at Fraser Suites
仁恒瑞尚阁国际公寓大堂餐厅
116 Lushan Lu
建邺区庐山路116号
86268888 Ext. 643

Mouth-watering delights such as tender-grilled rib-eye steak, roasted chicken, or the seafood linguine cooked in spicy tomato sauce. Asian must-trys also include Hainanese chicken rice and laksi.

Silk Road Moslem Restaurant
丝绸之路穆斯林餐厅
260 Guangzhou Lu
广州路260号
83705680
Some stay away, since it is not obvious that Silk Road has an English menu, with photos to boot. Signature dish boiled lamb chop and homemade yoghurt with
raisins are among the must-trys in a colourfully decorated environment accompanied by Uigur music.

Istanbul Turkish Cafe
食正坊咖啡店
209 Shanghai Lu
上海路209号
83309030
A range of Turkish and Vietnamese food, including Turkish "pizza", kebabs, wraps, freshly made yoghurt, and some desserts. All food is halal. No smoking section available.

Pho Saigon
金禾泰大餐厅
2F, Huayuan Plaza, 33 ShiLu
白下区石鼓路33号亚东广场B楼
84465722
Popular fare includes Vietnamese style noodles (pho) and others such as vegetarian dishes and seafood as well as the standard beef, pork, chicken and duck selections. Mains range from ¥26-50.

Indian Cuisine

Masala Kitchen
玛莎拉印度料理
A05, No 12 Xin Yan Bei Lu, Xianlin
南京市栖霞区仙林路12号亚东商业广场A05
84448858

Taj Mahal
泰姬玛哈印度餐厅
117 Fenglu Lu
丰乐路117号
84214123

Himalaya-Nepalese & Indian Restaurant
喜马拉雅尼泊尔印度餐厅
2 Shizi Qiao, Hunan Lu
湖南路狮子桥2号
83309030

Punjabi Restaurant
本杰比印度餐厅
2F, Ramada Hotel, 45 Zhongshan Bei Lu
建邺区庐山路45号华美达怡华酒店4楼
83122522

Vegetarian and non-vegetarian dishes served in the original unimitable style of Indian and Pakistani cuisine prepared by chefs brought especially from the mystery lands.

Kohinoor Restaurant
科伊诺尔餐厅
2F, Shangri-La Hotel, 45 Zhongshan Bei Lu
建邺区庐山路45号华美达怡华酒店4楼
83245421
A well-established Indian restaurant in Nanjing offering traditional Kadhais, Murghs, Masalas and Vindaloos in addition to more familiar Chinese dishes. Free delivery within 3 kilometres.

Himalaya-Nepalese & Indian Restaurant
喜马拉雅尼泊尔印度餐厅
195 ShiGu Lu (behind the Sheraton)
石鼓路195号
8666 1828
Himalaya is a very popular restaurant serving a variety of Nepali and Indian foods in a setting as authentic and inspired as the dishes themselves. English menu, English speaking staff, free delivery within 1 kilometre. Will available.
Japanese Cuisine

Wadouraku
和道乐日本居酒屋
121 Shigu Lu
8445760
Patronised by many from Nanjing’s Japanese community, and largely thought of as the genuine Japanese experience in Nanjing.

Taiwan Teppan Corner
南京市建邺区三铁餐厅
5148, Jinyuan Hexi Commercial Plaza, 341
Quality and affordable Teppanyaki experience aimed at office workers for lunch and dinner.

Taiyo Teppanyaki大浪铁板
57 Zhongshan Lu
84729518
54 Taiping Bei Lu (in 1912)
Tarian Bi Lu 54, in 1912
57 Zhongshan Lu
84458301
3 Kunlun Lu
58850588
You can eat and drink special offer includes sushi, sashimi, sake, beer, and everything on the menu.

Korean Cuisine

Fudefang 福德坊
6 Taqiaoxun, Hankou Lu
汉口路陶谷新村6号
83312091
Ke Jia Fu 可家福
38 Nanyangxiangjia (near Nangfeng Lu)
鼓楼区南阴阳营38号 (近宁海路)
83314283

Vegetarian

The Green Field – Vegetarian Restaurant
绿野香踪素食馆
1F Zhengyang Building, 56 Yudao Jie
御道街56号正阳大厦一楼
6661 9222
A wide selection of creative dishes and plenty of fresh vegetables along with special drinks and teas.

Pure Lotus 绿心莲
1 Section C, Shumiqinhui, 99 Shitoucheng Lu
石头城路99号水木秦淮C区1号
83752306
LvLuYu (Living by Green Willow) 小绿情缘素食
248 Taiping Nan Lu (near Changfu Jie)
太平南路248号1-2楼 (近常府街)
86643644

Western Bars & Restaurants

Studio 21 Grill Restaurant
藤美
193 Shigu Lu (behind the Sheraton)
石鼓路193号 (石鼓湾美食休闲街区)
86732556 / 13072525212
With genuine European flavours, grilled meat and seafood specialties, Studio 21 also offers renowned home made desserts, all in an elegant and relaxing atmosphere. Special Bel Lunch Menu with prices from X38 and specials for students and teachers, plus live music every Friday and Saturday during dinner.

Myth Bar 迷吧
60-6 Jiangsu Lu
83307877
Up-scale drinking and entertainment centre. Featuring live music, an Italian DJ, pool table and draught beers. Myth also features regular parties that draw large numbers of foreign patrons.

Danny’s Irish Restaurant & Pub
丹尼 爱尔兰餐厅 & 酒吧
4F, Sheraton Nanjing, 169 Hangzhou Lu
汉中路169号新世界百货4楼
8666 8888 7775
Quality hotel dinners plus the usual selection of beer and liquor in addition to being a good place to sit and chat. Live performances and TV sport. Open from 6 pm.

C-Lounge 云酒廊
237 Zhongshan Dong Lu (back of the Central Hotel)
中华东路237号 (中央饭店后门)
An altogether more ambient vibe from the people who brought us Castle Bar, differentiating itself with Chinese nostalgia themed events and parties. Open from 6pm - 2am on weekdays and often later at weekends. Free wifi.

La Cantina 南京米家创业有限公司
#2-7 East Nantai Xiang (off Wangfu Da Jie)
南京东2-7号
58787665 / 13813842543
A small wine bar of appreciation and plain old relaxation with a considerable selection of wine (largely Italian) complimented by snacks and friendly Italian/Chinese service.

Tony Music Bar
南京托尼酒吧
6 Jinxianghe Lu
建邺河6号
84061678
Hangout that captures an elusive quality in the often indefinable persona that makes one feel immediately at home amid new surroundings and completely as one with total strangers.

Nail Jazz Bar
钉子吧
10 Luolang Xiang (200m south of the Sheraton)
10 Luolang Xiang (200m south of the Sheraton)
84068176
This pub doubles as a Spanish restaurant offering a surprising variety of beers and liquors, as well as a good selection of food.

Talking, Talking 2, Talking 5
对话西餐厅
Room 101, 9 Pei De Li, Nanjing Hu
宁海路培德里9号栋101室
83200844
Jinlin Street
金陵街
83329689
This pub doubles as a Spanish restaurant offering a surprising variety of beers and liquors, as well as a good selection of food.

Blue Martin
蓝鲸音乐餐吧
8 Changjiang Hou Jie, 1912
南京市玄武区长江后街8号1912酒吧街
84537376
Liyuan Zhong Lu, Nanjing (near Baojia Lake)
12 Xianyin Bei Lu
83933517
One of the more established hangouts in Nanjing that with new locations make it still popular with expats. Offers quality drinks plus German and European dishes. Happy hour from 4-7pm.

Mediterranean Bar & Food
地中海餐厅酒吧
Jinyin Jie, 158 Shanghai Lu
86532244
This pub doubles as a Spanish restaurant offering a surprising variety of beers and liquors, as well as a good selection of food.

Ciao Italia
你好意大利
58785177
A small wine bar of appreciation and plain old relaxation with a considerable selection of wine (largely Italian) complimented by snacks and friendly Italian/Chinese service.

Don Quixote
唐吉诃德餐厅与酒吧
39 Chengxian Street, off Zhujiang Lu
南京市秦淮区39号101室
86539517
This pub doubles as a Spanish restaurant offering a surprising variety of beers and liquors, as well as a good selection of food.

Sancho Panza
堂吉诃德
173 Guangzhou Lu, Wutaishan Stadium North gate
173 Guangzhou Lu, Wutaishan Stadium North gate
83359517
A 2-floor bar featuring live music, pool, food and quality eats plus a fully-stocked bar.

Cosima
可西玛
120 Shanghai Lu (near to Hankou Lu)
120 Shanghai Lu (near to Hankou Lu)
83375777
Offers a surprisingly large variety of beers and liquors, as well as a good selection of food.

Niu Bebibi
比利时
6661 9222
A 2-floor bar featuring live music, pool, food and quality eats plus a fully-stocked bar.

Niu Myth Bar
谜吧
60-6 Jiangsu Lu
83307877
Up-scale drinking and entertainment centre. Featuring live music, an Italian DJ, pool table and draught beers. Myth also features regular parties that draw large numbers of foreign patrons.

Niu Danny’s Irish Restaurant & Pub
丹尼 爱尔兰餐厅 & 酒吧
4F, Sheraton Nanjing, 169 Hangzhou Lu
汉中路169号新世界百货4楼
8666 8888 7775
Quality hotel dinners plus the usual selection of beer and liquor in addition to being a good place to sit and chat. Live performances and TV sport. Open from 6 pm.

Niu C-Lounge 云酒廊
237 Zhongshan Dong Lu (back of the Central Hotel)
中华东路237号 (中央饭店后门)
An altogether more ambient vibe from the people who brought us Castle Bar, differentiating itself with Chinese nostalgia themed events and parties. Open from 6pm - 2am on weekdays and often later at weekends. Free wifi.

Niu La Cantina 南京米家创业有限公司
#2-7 East Nantai Xiang (off Wangfu Da Jie)
南京东2-7号
58787665 / 13813842543
A small wine bar of appreciation and plain old relaxation with a considerable selection of wine (largely Italian) complimented by snacks and friendly Italian/Chinese service.

Niu Tony Music Bar
南京托尼酒吧
6 Jinxianghe Lu
建邺河6号
84061678
Hangout that captures an elusive quality in the often indefinable persona that makes one feel immediately at home amid new surroundings and completely as one with total strangers.

Niu Nail Jazz Bar
钉子吧
10 Luolang Xiang (200m south of the Sheraton)
10 Luolang Xiang (200m south of the Sheraton)
84068176
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Niu Don Quixote
唐吉诃德餐厅与酒吧
39 Chengxian Street, off Zhujiang Lu
南京市秦淮区39号101室
86539517
This pub doubles as a Spanish restaurant offering a surprising variety of beers and liquors, as well as a good selection of food.

Niu Sancho Panza
堂吉诃德
173 Guangzhou Lu, Wutaishan Stadium North gate
173 Guangzhou Lu, Wutaishan Stadium North gate
83359517
A 2-floor bar featuring live music, pool, food and quality eats plus a fully-stocked bar.

Niu Ciao Italia
你好意大利
58785177
A small wine bar of appreciation and plain old relaxation with a considerable selection of wine (largely Italian) complimented by snacks and friendly Italian/Chinese service.

Niu Don Quixote
唐吉诃德餐厅与酒吧
39 Chengxian Street, off Zhujiang Lu
南京市秦淮区39号101室
86539517
This pub doubles as a Spanish restaurant offering a surprising variety of beers and liquors, as well as a good selection of food.

Niu Sancho Panza
堂吉诃德
173 Guangzhou Lu, Wutaishan Stadium North gate
173 Guangzhou Lu, Wutaishan Stadium North gate
83359517
A 2-floor bar featuring live music, pool, food and quality eats plus a fully-stocked bar.

Niu Ciao Italia
你好意大利
58785177
A small wine bar of appreciation and plain old relaxation with a considerable selection of wine (largely Italian) complimented by snacks and friendly Italian/Chinese service.
**Pisa Pizza**
81-8 Shanghai Road
Located in an old house very close to Nanjing University, Soul Mate serves French style pizzas, omelettes, mixed drinks, wines, and beers. Open from 11:30 am to 10 pm.

**Country Road**
20-1 Nanxiucun
Located in an old house very close to Nanjing University, Soul Mate serves French style pizzas, omelettes, mixed drinks, wines, and beers. Open from 11:30 am to 10 pm.

**Blue Sky Expat Bar & Grill**
77 Shanghai Lu
Located in an old house very close to Nanjing University, Soul Mate serves French style pizzas, omelettes, mixed drinks, wines, and beers. Open from 11:30 am to 10 pm.

**Soul Mate**
French style restaurant located right in the middle of Nanjing University’s campus. Serves French style pizzas, omelettes, mixed drinks, wines, and beers. Open from 11:30 am to 10 pm.

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Jobs - Positions Vacant

- **Director of Foreign Recruitment**

Ameson Academy of International Education is looking for a full time Director of Foreign Recruitment to work out of their Nanjing office. A small amount of travel is expected. This position must be filled with a Westerner who has outstanding writing and speaking skills in the English Language. Good technical and people skills are a must.

The position is a combination of Human Resources and Education. You will be responsible for hiring all international teachers for our American High School Program. The candidate should have either a background in HR or Education. Ideally they will have been an administrator for an American educational program or an HR administrator for a medium to large size company. The position will require you to work closely with the academic team, forecasting the needs for the company for the upcoming academic school year. The candidate will have a good understanding of American teacher certification, college programs for education, and a good knowledge of accredited institutions throughout the world. You should be able to conduct meaningful interviews with candidates and ascertain a candidate’s ability to successfully perform in an AP program in China for Chinese students. You will also be responsible for making sure candidates are adapting to China once they arrive as well as deal with a multitude of professional and personal issues for a staff of nearly one hundred international teachers across China.

Salary and benefits are competitive and will be discussed with candidates who qualify for the position during the interview process. Interviews will be conducted in-person and via Skype.

Please send your resume and picture for consideration.

Email: nicholas@ameson.org

For full advertisement text, visit: www.nanjingexpat.com

- **English teachers needed**

Part-time English teachers needed for two locations. Only two positions available. One per location.

Kids MBA is looking for part-time English teachers for our Nanjing and Ma Anshan locations. Interested parties with some teaching experience teaching should apply; however we do offer training so this is not a requirement. We offer a competitive per hour rate which ranges between 150 - 200 RMB per hour. In addition we offer bonuses for retaining students as well as signing students from demo classes. The duties will encompass the teaching of regular English classes, activity classes as well as demo classes. The work hours will be minimal and no office hours are required. It is imperative that only native English speakers apply for these positions.

Please feel free to email the principal.

Email: jeff@4006530560.com

Phone: 13482532728

For full advertisement text, visit: www.nanjingexpat.com

- **Natural English*** Teachers Needed!!

We are an English language training centre looking to hire English teachers (full time / part time) for our newly opened Nanjing Branch.

We are conveniently located seconds away from Jijingmenjia Metro Station, near Hexi Wenda shopping mall.

Our school provides one to one and group classes to students of all ages, and levels of English proficiency.

The salary we offered is among the highest in the similar industries in Nanjing.

Requirements:

1. Native Speakers
2. Bachelor degree or above preferred
3. Teaching experience, or teaching qualification preferred E.g TESL, TESOL, or CELTA
4. Professional, responsible, punctual, Enthusiastic, and patient candidates
5. Chinese ability is an advantage

Please send your CV and a picture of yourself.

Email: klasfelber@gmail.com

Phone: 86663658

For full advertisement text, visit: www.nanjingexpat.com
Many of you have probably made some resolution this year, just like last year, and many of you will unfortunately forget about them or fail very soon. Most people do.

Now why do you fail? Because you do not have any tangible reason to succeed.

When you make a resolution or a deadline, do you give yourself some reward? “If I party only once a week I will have more time to get work done,” “If I lose 4kg, I’ll buy myself a new outfit.” “If I get a new job, I’ll make more money.”

You see there is a potential reward, but it’s not very exact. Even if you make it more specific, “If I do this, I will go to the party on Friday,” it can fail. It’s still too abstract, and if you don’t go, you’ll just be a little disappointed.

When you really want to get something done, punish yourself for failing.

Your friends are planning to go to a concert or movie in two weeks, you will be going with them, but you need to work on a project for school or work first. Give yourself a deadline, that project has to be done before you go. You want to go see it, you have plans to see it, and have agreed to go. But unless that project is done and handed in by the deadline, you’re going to have to cancel.

You want to buy something, say a new computer. You’ve saved up the money, and you can feel it in your hands. Now you want to start exercising more. A month before you buy it, you join a gym and dedicate yourself to going twice a week. If you miss a day, you don’t buy the computer for another week, and you have to make up the missed session.

You see, you don’t simply say I want this, if I do something I’ll get it. In many cases it’s not real enough for you to REALLY want it. Yes, it may be nice, but if you don’t get it, it’s not the end of the world. But if you have planned for something, if you truly want it, then putting that on the line will provide the necessary motivation to get the work done.

When you’ve spent a month or more saving up the money to buy something, putting it on the line suddenly matters more than simply promising yourself something nice. Having to cancel something with friends or worse your boyfriend or girlfriend, is embarrassing. In both cases you’ll work very hard to make sure you can do what you want.

So make resolutions, and then put something valuable on the line. Not just a dream, but something tangible that you truly want.

Have a happy Chinese new year!
Help keep the young hearts beating...

The reality is, these children may not have survived if it weren’t for the generosity of people like you. 97% of all money raised goes directly to paying for heart operations. Hopeful Hearts assists in funding life-saving heart operations for local children. These children have often been abandoned because of their condition, or come from a farming community where their family may have an annual income of about 1,200 RMB.

Your time, talents and donations would be greatly appreciated in helping save the lives of more children like these. For more information on how you can help, please email: hopefulhearts10@yahoo.com

www.hopefulhearts.info
The Best of British International Education

Visit us:
Building 2, Jinling Resort, Jiahu Dong Lu Jiangning District
市江宁区佳湖东路9号湖滨金陵饭店2号楼

Contact us:
025 5210 8987
info@bsn.org.cn

The British School of Nanjing

Mountain View Campus Opening Autumn 2014